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## Fabrication and evaluation of 3D printed BCP scaffolds reinforced with ZrO<sub>2</sub> for bone tissue applications

Min-Woo Sa<sup>1</sup>, Bao-Ngoc B. Nguyen<sup>2</sup>, Rebecca A. Moriarty<sup>2</sup>, Timur Kamalidinov<sup>2</sup>, John P. Fisher<sup>2</sup>, and Jong Young Kim<sup>3,#</sup>

<sup>1</sup>Research Institute, SJ TOOLS, Daegu, Korea

<sup>2</sup>Fischell Department of Bioengineering, University of Maryland, College Park, MD, USA

<sup>3</sup>Department of Mechanical Engineering, Andong National University, Andong-si, Korea

### Abstract

Fused deposition modeling (FDM) is a promising 3D printing and manufacturing step to create well interconnected porous scaffold designs from the computer-aided design (CAD) models for the next generation of bone scaffolds. The purpose of this study was to fabricate and evaluate a new biphasic calcium phosphate (BCP) scaffold reinforced with zirconia (ZrO<sub>2</sub>) by a FDM system for bone tissue engineering. The 3D slurry foams with blending agents were successfully fabricated by a FDM system. Blending materials were then removed after the sintering process at high temperature to obtain a targeted BCP/ZrO<sub>2</sub> scaffold with the desired pore characteristics, porosity, and dimension. Morphology of the sintered scaffold was investigated with SEM/EDS mapping. A cell proliferation test was carried out and evaluated with osteosarcoma MG-63 cells. Mechanical testing and cell proliferation evaluation demonstrated that 90% BCP and 10% ZrO<sub>2</sub> scaffold had a significant effect on the mechanical properties maintaining a structure compared that of only 100% BCP with no ZrO<sub>2</sub>. Additionally, differentiation studies of human mesenchymal stem cells (hMSCs) on BCP/ZrO<sub>2</sub> scaffolds in static and dynamic culture conditions showed increased expression of bone morphogenic protein-2 (BMP-2) when cultured on BCP/ZrO<sub>2</sub> scaffolds under dynamic conditions compared to on BCP control scaffolds. The manufacturing of BCP/ZrO<sub>2</sub> scaffolds through this innovative technique of a FDM may provide applications for various types of tissue regeneration, including bone and cartilage.

### Keywords

Bone tissue engineering; Biphasic calcium phosphate; Zirconia; Scaffold; 3D printing

## 1. Introduction

In recent years, scaffolds composed of bio-ceramics such as hydroxyapatite (HA) and  $\beta$ -tricalcium phosphate ( $\beta$ -TCP) have been widely used for dental and orthopedic research application. As a hopeful substitute for the remedy of defected sites, a scaffold should

<sup>#</sup>Corresponding author: Full Postal Address: Professor Jong Young Kim, Department of Mechanical Engineering, Andong National University, 1375Gyeongdong-ro, Andong, Gyeongbuk 36729, Korea. jykim@anu.ac.kr, Tel: +82-54-820-5669.

address the appropriate surface and chemistry of the tissue with 3D structural characteristics for cell adhesion, proliferation, and differentiation. In addition, it should have adequate mechanical strength to withstand implantation (Sa et al., 2013; Song and Cho, 2014).

Several recent studies have focused on 3D scaffold building methods to fabricate the tissue engineering scaffolds. Previous fabrication methods, including phase separating, freeze casting, and gas foaming have been used as scaffolding mechanism for the regeneration of tissues and organs. However, it is still difficult to formulate interconnected pores and intricate 3D geometry using those techniques. Nevertheless, these methods are shown promise in fabricating porous shapes similar to the bone structure (Kim et al., 2014; Chuenjittkuntawom et al., 2010; Guobao et al., 2004; Salerno et al., 2009; Macchetta et al., 2009; Shuai et al., 2013). In recent works, the various 3D printing technologies including a variety of techniques, such as fused deposition modeling (FDM), stereolithography apparatus (SLA), selective laser sintering (SLS) and robocasting (direct-write assembly) have been explored for the fabrication of porous and well-interconnected scaffolds (Sachlos and Czernuszka, 2003; Miranda et al., 2008). Among these techniques, direct-write assembly technology is particularly attractive for the fabrication of bioceramics slurry-based structure with controllable internal/external architecture. This technique can directly print the slurry filaments through an extruded nozzle.

Previous studies on bone tissue engineering have reported the effect of polymer addition on mechanical properties of bioceramics (Kim et al., 2010; Martinez-Vazquez et al., 2010; Jayakumar et al., 2011; Gao et al., 2013). Martinez-Vazquez et al. have investigated the effect of biodegradable polymer (polylactic acid (PLA) and poly ( $\epsilon$ -caprolactone) (PCL)) on the compressive strength of TCP scaffolds using a robocasting method. Gao et al. fabricated BCP scaffolds blended with poly (L-lactic acid) (PLLA) content (0~2 wt.%) by SLS.

In addition, many studies have concentrated on the fabrication of bioceramic-bioceramic composite scaffolds to increase cell proliferation and compressive strength (An et al., 2012; Liu et al., 2012; Feng et al., 2014a; Fielding et al., 2012; Tiainen et al., 2012; Padmanabhan et al., 2013; Ahn et al., 2013; Feng et al., 2014b). An et al. have fabricated zirconia-hydroxyapatite ( $ZrO_2/HA$ ) composite scaffolds with different  $ZrO_2/HA$  ratios. The results suggest that a porous  $ZrO_2/HA$  composite scaffold has outstanding mechanical properties and cellular compatibility (An et al., 2012). Liu et al. fabricated HA/silica scaffold using a novel SLS technique (Liu et al., 2012). Feng et al. fabricated the calcium silicate ceramic scaffolds toughened with HA powders ranging from 0 to 30 wt% using SLS to improve the mechanical strength and fracture resistance. The authors reported that calcium silicate ceramic scaffold reinforced with HA powders showed great outlook in bone tissue applications (Feng et al., 2014a).

Biphasic calcium phosphate (BCP) bioceramics, which consists of HA ( $Ca_{10}(PO_4)_6(OH)_2$ ) and TCP ( $Ca_3(PO_4)_2$ ), have great potential for applications as a bone substitute because of their excellent chemical bone-bonding ability and higher bioresorption property (Kim et al., 2014; Gao et al., 2013). However, in the recovery of large bone fractures, its clinical application may be problematic because of brittleness and the limited manufacturability (Martinez-Vazquez et al., 2010; Seol et al., 2013). In particular, bio-ceramic mixtures of

60% HA and 40%  $\beta$ -TCP showed the ability of enriched bone tissue regeneration than other weight ratios (Song and Cho, 2014; Park et al., 2006). However, most calcium phosphate series of ceramics have a reduced mechanical strength compared to other biomaterials for bone regeneration applications. In response to this problem, the addition of  $ZrO_2$  has been shown to improve mechanical strength in bone tissue engineering.  $ZrO_2$  is a biocompatible bioceramic known for its excellent mechanical strength and toughness (Tiainen et al., 2012).

Therefore, in an effort to produce a biocompatible scaffold with enhanced compressive strength, the present study fabricated and investigated BCP scaffold reinforced with  $ZrO_2$  using a 3D printer. To realize this objective, a novel scaffolding material consisting of 10 wt %  $ZrO_2$  and BCP was blended into the nozzle of a printing dispenser to increase the compressive strength. We fabricated the 3D slurry foams using FDM system based on 3D printing technology. Furthermore, the shrinkage and weight loss of the scaffolds were investigated. The microstructures and morphologies of the BCP/ $ZrO_2$  were confirmed using scanning electron microscopy (SEM). The mechanical strength was evaluated through compression testing machine. To determine the biocompatibility of BCP and BCP/ $ZrO_2$  scaffolds with 10 wt%, we investigated their effects on MG63 cell using cell proliferation assays. To demonstrate the use of BCP/ $ZrO_2$  in a bone tissue engineering applications, we seeded human mesenchymal stem cells (hMSCs) onto BCP or BCP/ $ZrO_2$  scaffolds and observed their osteogenic differentiation potential under static or dynamic culturing conditions. Specifically, we utilized the tubular perfusion system (TPS) bioreactor to apply shear flow to the cells, which has demonstrated enhanced osteogenic differentiation in hMSCs.

## 2. Materials and Methods

### 2.1 Materials

BCP powder (synthesis of 60 wt% HA and 40 wt%  $\beta$ -TCP, Megagen Implant Co., Korea) was used in this work. The BCP powder has an average particle size of 100  $\mu$ m. The blended slurry was prepared by first preparing 0.8 g of BCP. Then 0.4 g Hydroxypropyl methylcellulose (HPMC, sigma-Aldrich, USA) was added to increase viscosity. Next, the stability of the powder mixture was achieved by dissolving it in 1.2 mL of Darvan® C (polymethacrylate, R. T. Vanderbilt, USA). And lastly, 0.3 mL of polyethylenimine (PEI, sigma-Aldrich, USA) was mixed in as a flocculant. The blended slurry was dried in an oven of 60°C for 20 minutes and then loaded into a 10 cc syringe. In this study,  $ZrO_2$  was added to BCP scaffold to enhance mechanical strength and osteogenic differentiation of 3D BCP scaffold as previously shown. To maintain the same fabrication process conditions for BCP and BCP/ $ZrO_2$  scaffolds, 10 wt% of  $ZrO_2$  was added to the BCP slurry mixture prior to extrusion. When amounts less than 10 wt% were added, the scaffolds exhibited similar mechanical strength properties as compared to BCP only scaffolds. However, greater than 10 wt% of  $ZrO_2$  resulted in non-uniform extrusion during the 3D printing process as the slurry became too viscous to extrude. As a result, 10 wt%  $ZrO_2$  in BCP was chosen to allow for printable conditions in the scaffold fabrication process while providing beneficial properties for bone tissue applications.

## 2.2 FDM system

**2.2.1 System operation device**—In this study, a FDM system was used to fabricate the various 3D scaffolds as previously described (Sa and Kim, 2013). Briefly, the X-axis linear guide (HSR10R1UUMC1 + 120LMP, Samick THK, Korea) and linear motor (IL06050A1C1, Kollmorgen, England), the Y-axis linear guide (HSR12R1UUMC1 + 390LMP, Samick THK, Korea) and linear motor (IL06-075A1C1, Kollmorgen, England), and the X–Y axes linear encoder (ST36, Mitutoyo, Japan) were used to increase the resolution, accuracy, and repeatability of the X–Y motion axes. The Z-axis was used to obtain a precision control by a ball screw (BNK0802-3RRG0 + 155LC5Y, Samick THK, Korea), AC servo motor (CSMT-01BR1ABT3, Musashi, Japan), and linear guide (SSR20XW2UUC1 + 580LP, Samick THK, Korea).

**2.2.2 Dispensing device**—The FDM system was used to fabricate the 3D slurry foams. Fig. 1 shows actual images of a FDM system consisting of X-Y-Z linear stages, resistance thermometer bulb-type temperature control unit (Thermo master TCU-02/TB-E-K, Musashi, Japan) and one-touch automatic compensation high precision dispenser (Super ΣEX-V7, Musashi, Japan). To dry the slurry struts, we used a pressure controller (AD2000C, Iwashita Engineering, Inc., Japan) which adjusts dispensing volume finely by 3-digit digital timer. To discharge the slurry, a taper nozzle (TPND-22G, Musashi, Japan) is most disposable in dispense of highly viscosity liquid agent. A clear syringe (PSY-10E, Musashi, Japan) is available with graduated marking to check the material level. The wide workspaces for scaffold fabrication are  $160 \times 160 \times 50 \text{ mm}^3$ .

## 2.3 Fabrication of 3D slurry foams

**2.3.1 Design of 3D slurry foam**—Fig. 2(a) shows the Pro-E model for fabricating a scaffold. A 3D scaffold was designed with lattice structures. A lattice pattern was implemented in order to produce fully interconnected square pores. The 3D slurry foam was determined as a layer by layer selectively along the path directed by CAD (computer aided designing) drawing. The slurry foams were performed under following design parameters: overall size of  $7.5 \times 7.5 \times 3.2 \text{ mm}^3$ ; diameter between line and line of 1.5 mm; and layer thickness of 0.4 mm.

**2.3.2 Fabrication of 3D slurry foam**—The FDM system was utilized to fabricate the 3D ceramic slurry foam. The dimension of the 3D slurry foam was maintained at  $8.2 \times 8.2 \times 3.2 \text{ mm}^3$ . The ceramic slurry was deposited with an average pneumatic pressure of 600 kPa and feed rate of 100 mm/min. The ceramic slurry was deposited through a taper nozzle of 610  $\mu\text{m}$ . The 3D slurry foam with lattice-type shape was fabricated by a layer by layer fabrication process. The line width and pore size of the 3D slurry foam were 600 and 400  $\mu\text{m}$ , respectively. The fabricated slurry foam was heated and dried using the oven for 1 h at 100°C. Finally, 3D slurry foam was successfully fabricated using a FDM system, as shown in Fig. 2(b and c). Fig. 2(b and c) shows the BCP and BCP/ZrO<sub>2</sub> slurry foams from top after printing and curing.

## 2.4 Sintering process of the slurry foam

All fabricated slurry foams were dried at room environment for 1 day to sinter by a furnace. Sintering process is very essential requirements to achieve pure bioceramics scaffolds. The dried slurry foams were sintered according to the heating schedule. In first step, the sintering temperature was risen for 2 h from room temperature to 600°C. In second step, slurry foams were maintained for 1 h at 600°C to burn out the blending materials. Lastly, scaffolds were maintained for 2 h after rising for 1 h to 1,100°C.

## 2.5 SEM/EDS analysis

All prepared scaffolds were gold-coated with a sputter coater for 50 s. Then, a scanning electron microscope-energy dispersive spectroscopy (SEM-EDS, Tescan VEGA II, Czech) was used to confirm the morphology and chemical composition of scaffolds. Observation of scaffolds was carried out at acceleration of 20 kV. After setting up all adjusting functions, overall shape and pore of scaffolds were observed. Ions component on surface of scaffolds were also measured by EDS analysis.

## 2.6 Mechanical strength evaluation

The compression testing machine (JSV-H1000, JISC, Japan) was used for the mechanical testing of fabricated scaffolds. The scaffolds had the dimension of about  $6.0 \times 6.0 \times 3.0$  mm<sup>3</sup>. In the compression test, scaffolds were compressed at a cross-head speed of 1 mm/min in the direction perpendicular. Compressive strength was calculated from the stress-strain curves. The stress-strain data was computed from load-displacement measurements. Compressive modulus was determined based on the slope of the stress-strain curve in the elastic region.

## 2.7 Cell culture and seeding using MG63

Osteoblast-like osteosarcoma MG-63 cells we cultured in Dulbecco's modified Eagle's medium (DMEM, Hyclone, Logan, UT, USA) containing 10% fetal bovin serum (FBS, Gibco, Rockville, MD, USA) and 1% penicillin/streptomycin (PS, Sigma, St. Louis, MO, USA) in an atmosphere of 5% CO<sub>2</sub> at 37°C for 4 days, and the culture medium was replaced every day.  $5 \times 10^4$  cells/scaffold was seeded onto each scaffold. Cell proliferation was assessed by cell counting kit-8 (CCK-8, Dojindo Molecular technologies, Japan) assay. The culture media and CCK-8 solution were mixed at a ratio of 10:1. The optical density (OD) level of extracted suspension was determined by measuring at 450 nm using a micro reader (UVM 340, Elisa, USA).

## 2.8 Cell seeding and differentiation using hMSCs

**2.8.1 Cell seeding, differentiation, and cell viability—hMSCs (passage 3)**  
(RoosterBio, Frederick, MD) were seeded onto various types of scaffolds (1 million cells/scaffold) and cultured for 5 days in hMSC growth media under static conditions. This allowed for confluency and proliferation of hMSCs on the scaffolds. Cell-seeded scaffolds were then osteogenically differentiated for 21 days using hMSC growth media supplemented with 100 nM dexamethasone, 10 mM β-glycerophosphate, and 173 mM ascorbic acid as previously described in either static or dynamic conditions using the TPS bioreactor (Yeatts

et al., 2011a; Yeatts and Fisher, 2011b; Nguyen et al., 2016a; Nguyen et al., 2016b). Static scaffolds were cultured in 6-well plates (Corning) and 5 mL of osteogenic media, while scaffolds under dynamic conditions were cultured under 3 mL shear flow in the TPS bioreactor. Static control scaffolds in hMSC growth media were used as control. Media was exchanged every 2–3 days. On days 1, 14, and 21, scaffolds were removed and cells were isolated for further analysis, such as viability, gene, and protein expressions. To observe cell viability, BCP and BCP/ZrO<sub>2</sub> scaffold samples were incubated with 4 μm Ethidium Homodimer (EH) and 2 μm Calcein AM (Life Technologies) in PBS for 30 minutes and then imaged with a fluorescent microscope (Zeiss, Germany). Images on Day 21 were further analyzed using Image J (NIH) to quantify the percent viability of the cells in each group (n=3).

**2.8.2 qRT-PCR**—To quantify gene expression of differentiated hMSCs, the cells were removed and isolated from the scaffolds using trypsin/EDTA (Invitrogen) and a cell pellet was formed by centrifugation. The RNeasy Plus Mini Kit (Qiagen, Frederick, MD) was used to isolate total RNA from hMSCs using following standard protocols. Total RNA was quantified using a Nanodrop Spectrometer (Thermo Scientific, Wilmington, DE). Isolated RNA was then reverse transcribed to cDNA using a High Capacity cDNA Archive Kit (Life Technologies, Frederick, MD). Quantitative RT-PCR was performed by combining the cDNA solution with a Universal Master Mix (Life Technologies), as well as oligonucleotide primers and Taqman probes for BMP-2, and compared to the endogenous gene control glyceraldehyde 3 phosphate dehydrogenase (GAPDH) (Life Technologies). The reaction was performed using a 7900HT real-time PCR System (Applied Biosystems) at thermal conditions of 2 min at 50°C, 10 min at 95°C, 40 cycles of 15 s at 95°C, and 1 min at 60°C. The relative gene expression level of each target gene was then normalized to the mean of day 0 GAPDH expression in each group and. Fold change was calculated using the  $2^{-CT}$  relative comparative method as described previously and represented in comparison to day 0 static control results. Samples were completed in technical triplicates and standard deviations are reported (n=3).

## 2.9 Statistics

All data was analyzed using one-way analysis of variance and Turkey's multiple-comparison test to determine statistical differences between hydrogels. A confidence interval of 95% ( $\alpha = 0.05$ ) was used for all analyses, and means and SDs are shown in each figure.

## 3. Results and discussion

### 3.1 Fabrication and morphology of BCP/ZrO<sub>2</sub> scaffold

In this study, BCP and BCP/ZrO<sub>2</sub> scaffolds were sintered at 1,100°C to obtain the stable  $\beta$ -TCP phase preferred as scaffold requirements of chemical stability, mechanical strength, and proper bioresorption rate (Ryu et al., 2002). Fig. 3 shows weight loss and shrinkage results of BCP and BCP/ZrO<sub>2</sub> scaffolds after sintering process. Fig. 3(a) shows weight loss result of the scaffolds. Weight of BCP and BCP/ZrO<sub>2</sub> scaffolds was decreased after sintering, and showed a difference value of 4.4 %. Fig. 3(b) presents shrinkage result about dimension of the scaffolds. Dimension of the scaffolds was decreased after sintering, and showed a

difference value of 4.5 %. These results are direct proof that the scaffolds have a similar difference value between weight loss and shrinkage through sintering process. The main reason may be that weight loss and shrinkage phenomenon will be caused by the removal of the blending materials and the aggregation of bio-ceramic powders, respectively.

The SEM images of the BCP/ZrO<sub>2</sub> scaffold were shown in Fig. 4. The fabricated scaffold had an overall size of 6.0 × 6.0 × 3.0 mm<sup>3</sup>. The BCP/ZrO<sub>2</sub> scaffold was approximately 350 μm in pore size and 500 μm in line width from the SEM image. The EDS mapping given in Fig. 5 reveal that the surface of the BCP scaffold consists of phosphate (P) and calcium (Ca) whereas other ions are not detected. The EDS mapping given in Fig. 6 reveals that the surface of the BCP/ZrO<sub>2</sub> scaffold consists of mainly P, Ca, and zirconia (Zr) whereas other ions are not detected. The ZrO<sub>2</sub> particles were uniformly distributed with BCP particles in BCP/ZrO<sub>2</sub> scaffold. The results show that all of the organic components in the BCP/ZrO<sub>2</sub> scaffolds are burned out during sintering process.

### 3.2 Mechanical property of porous BCP/ZrO<sub>2</sub> scaffold

The compressive strength of the fabricated BCP/ZrO<sub>2</sub> scaffolds was investigated by a compression testing machine. The graph on compressive strength of BCP and BCP/ZrO<sub>2</sub> scaffolds was respectively shown in Fig. 7. It could be seen that the compressive strength of BCP scaffold with 0 wt% ZrO<sub>2</sub> powders was 0.5 MPa and increased to 1.0 MPa with 10 wt % ZrO<sub>2</sub> powders. The compressive strength of BCP scaffold increased almost linearly with cracking. In contrast, BCP/ZrO<sub>2</sub> scaffold presented apparent transgranular fracture due to the agglomeration of 10 wt% ZrO<sub>2</sub> powder. Through this study, it is demonstrated that the compressive strength can be greatly enhanced by addition of ZrO<sub>2</sub> powders. The compressive strength of human cancellous bone ranges between 2~12 Mpa (Triphthi and Basu, 2012). However, the BCP/ZrO<sub>2</sub> scaffold on this step has not any sufficient compressive strength for bone unfortunately.

The 3D scaffold must have a sufficient strength to maintain the space for the formation of a substrate and the growth of cells within *in-vitro*. In an *in-vivo*, it is reported that the compressive strength of porous 3D scaffold for bone tissue regeneration may be one of the important factors because bone is under physiological stress such as bone compression, tension, torsion, bending. Therefore, the mechanical properties of the grafted scaffold should be approximately similar to the living bone as it can expect the fast recovery of the wound (O'Brien, 2011; Hollister, 2005). To increase the mechanical strength, BCP/ZrO<sub>2</sub> scaffold can perform the additional study that raise sintering temperature or increase amount of ZrO<sub>2</sub> powder. However, *Ryu et al.* reported that β-TCP is stable below 1,180°C. Also it has certain characteristics that are preferred as bioresorption rate (Ryu et al., 2003). Hence, in this study, the BCP and BCP/ZrO<sub>2</sub> scaffolds were sintered at 1,100°C for 2 h.

According to the recent studies, some biomaterials such as ZrO<sub>2</sub>, SiO<sub>2</sub>, and PLLA had been applied to increase the mechanical properties of bioceramics scaffolds. *An et al.* fabricated ZrO<sub>2</sub>/HA scaffold with (ZrO<sub>2</sub>/HA: 0/100, 50/50, 60/40, 70/30, 80, and 100/0) using polyurethane sponge method. Compressive strength of ZrO<sub>2</sub>/HA scaffolds sintered at 1,500°C for 5 h increased from 0.3 ± 0.01 to 13.8 ± 0.94 MPa as addition of the ZrO<sub>2</sub>. These results suggested that ZrO<sub>2</sub>/HA scaffold was due to the phase change of β-TCP into α-TCP

phase and densification of ZrO<sub>2</sub> by very high sintering temperature over 1,500 °C (An et al., 2012). *Feng et al.* reported the effect of HA toughness on calcium silicate scaffolds using SLS technique. Compressive strength of calcium silicate scaffolds was improved from 18.19 ± 1.25 MPa to 27.28 ± 0.70 MPa as the HA whiskers increased from 0 to 30 wt% (Feng et al., 2014a).

### 3.3 Cell proliferation evaluation using MG63 cells

To ensure that the 3D printed scaffolds are in-vitro biocompatibility to relevant bone tissue engineering cell types, osteoblast-like MG63 cells were cultured on BCP and BCP/ZrO<sub>2</sub> using CCK-8 assay. MG63 are a common cell type used to study cell proliferation on scaffolds, as they not only indicate non-cytotoxicity of the substrate but also mimic the final cell type in bone tissue engineering applications. Fig. 8 shows the proliferation result of MG63 cells after culturing for 7 days. At day 7 of culture, OD value of both BCP and BCP/ZrO<sub>2</sub> scaffolds showed significantly higher cell proliferation. In this study, it is demonstrated that the addition of 10 wt% ZrO<sub>2</sub> powder does not bring into any bad influence in cell proliferation. These results suggest that the addition of ZrO<sub>2</sub> powder could significantly increase in-vitro biocompatibility of porous BCP/ZrO<sub>2</sub> scaffold.

### 3.4 Cell viability and differentiation

To investigate the use of BCP or ZrO<sub>2</sub>-reinforced BCP scaffolds in bone tissue engineering applications, we seeded human mesenchymal stem cells (hMSCs) onto the scaffolds and observed their osteogenic differentiation potential under static or dynamic culturing conditions. Observations from this cell culture study would reinforce the biocompatibility and non-cytotoxic characteristics of the 3D-printed scaffolds, and demonstrate the ability for hMSCs to differentiate into precursors of osteoblasts, similar to MG63 cells. Specifically, we utilized the tubular perfusion system (TPS) bioreactor to apply shear flow to the cells, which has demonstrated enhanced osteogenic differentiation in hMSCs. Throughout the study, cell viability was evaluated using fluorescence staining (Fig. 9a). Images taken at 2.5x magnification (top row) after 5 days of hMSCs proliferation showed a homogenous distribution of cells on the surface of the scaffolds. The cells remained highly viable (green) on both scaffold types in static and dynamic conditions and formed a confluent layer by day 21. Cells cultured in static growth media visibly proliferated and occupied the pores of the scaffold by day 14 and 21. These fluorescent viability images taken on Day 21 at 10x magnification were quantified using Image J to determine the percent live and dead for each group (Fig. 9b, n=3). The results confirmed the qualitative data, showing high viability, greater than 65% in each group and reaching 91% in the dynamic culturing conditions on BCP scaffolds. The percent of non-viable cells was highest in the static BCP group at 35%, followed by the static control BCP group and the static BCP/ZrO<sub>2</sub> group at 21.8% and 21.1%, respectively. However, the fluorescent images showed formation of cell layers across the scaffold pores in static conditions, as seen in Fig 9a, panel labeled Day 21 static control BCP. Similar cell layer formation was not seen in the dynamic groups. This is hypothesized to be due to the force of the flow through the scaffold and pores, preventing cells from migrating and crossing through the approximately 400 μm pore. Overall, the continued viability of cells in both culture conditions, static and dynamic, demonstrates that cells remained alive throughout the scaffold and that pore dimensions were sufficient in providing



vital nutrients to cells in the core of the scaffold. To quantify expression of osteogenic markers, we analyzed the cells for BMP-2 gene expression, an important marker and growth factor of osteogenesis (Fig. 10). On day 1 of static or dynamic culture, we did not see a difference between BMP-2 expressions on the different scaffolds or between culture conditions. On day 14, BMP-2 expression in the control group (solid green) had not significantly changed from day 1 values. However, all other groups (static BCP, static BCP/ZrO<sub>2</sub>, dynamic BCP, and dynamic BCP/ZrO<sub>2</sub>) showed statistically significant increases in BMP-2 expression over the static control group. There were also statistically significant differences in expression between static and dynamic BCP scaffolds, but no difference between static and dynamic BCP/ZrO<sub>2</sub> scaffolds. Lastly, we observed continuous increased BMP-2 expression over 21 days of culture, especially in cells cultured in the TPS bioreactor (striped bars) compared to static conditions (solid bars). More importantly, cells seeded on BCP-ZrO<sub>2</sub> scaffolds expressed significantly greater BMP-2 mRNA compared to BCP control group by day 21. Yet the addition of dynamic culture to BCP/ZrO<sub>2</sub> cell-seeded scaffolds did not result in any significant increase in BMP-2 expression compared to the same scaffold in static culture. This indicates that while dynamic culture may make a noticeable impact on day 14 of osteogenic differentiation, by day 21, the important benefit of ZrO<sub>2</sub> when added to BCP scaffolds is more critical for osteogenic differentiation than dynamic culture. In Fig 10, groups with the same letters indicate no statistical difference between groups for that time point, with  $p < 0.05$ .

#### 4. Conclusion

In this study, the blended BCP/ZrO<sub>2</sub> scaffold was fabricated by FDM system. BCP scaffold with the addition of 10 wt% ZrO<sub>2</sub> powder has led to higher compressive strength. Besides, we evaluated the cell proliferation of BCP/ZrO<sub>2</sub> scaffold, and it was found that BCP/ZrO<sub>2</sub> scaffold had a good biocompatible property on proliferation of MG63 cells for 7 days. hMSCs also showed great viability on the 3D printed BCP and BCP/ZrO<sub>2</sub> scaffolds over 21 days in culture. Additional results of this study demonstrated the use of a novel biomaterial for osteogenic differentiation of hMSCs when cultured on 3D printed BCP-ZrO<sub>2</sub> scaffolds in the TPS bioreactor. Specifically, increased expression of osteogenic genes and proteins suggests a synergistic effect of zirconia-fortified scaffolds and dynamic culture on osteogenic differentiation for the application of bone tissue engineering.

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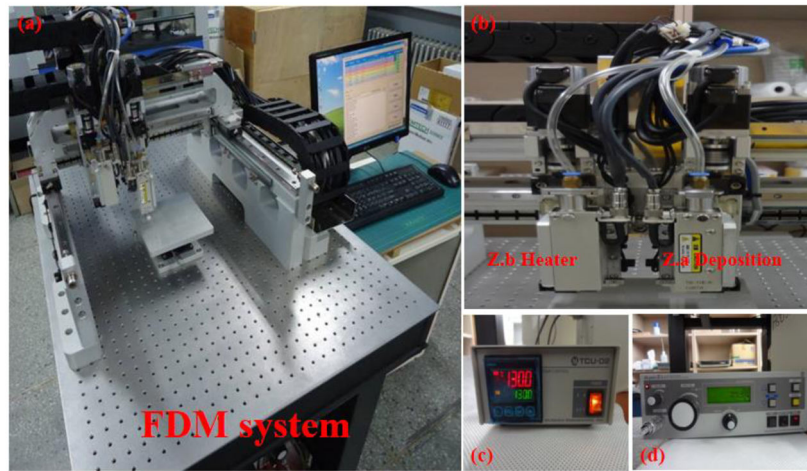
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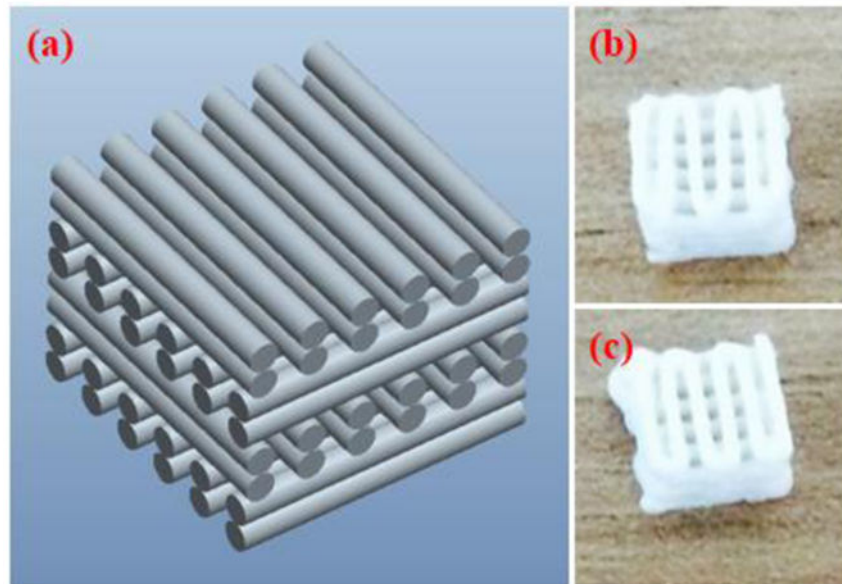
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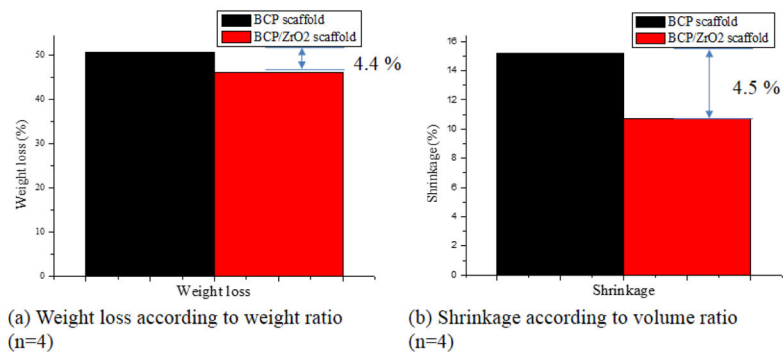
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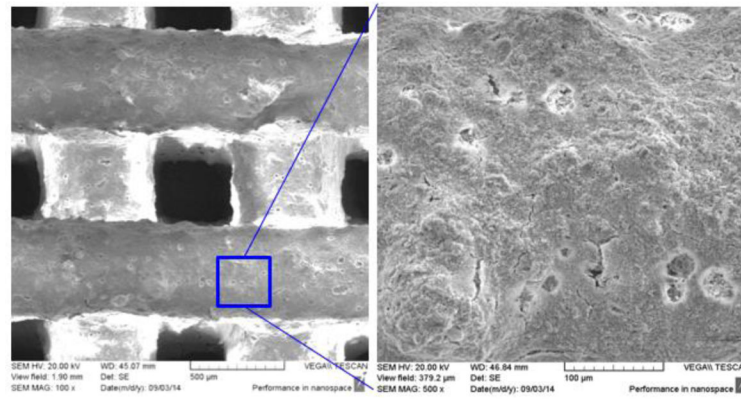
**Figure 1.** FDM 3D printing setup. (a) FDM system, (b) deposition heads, (c) temperature controller, and (d) pressure controller.



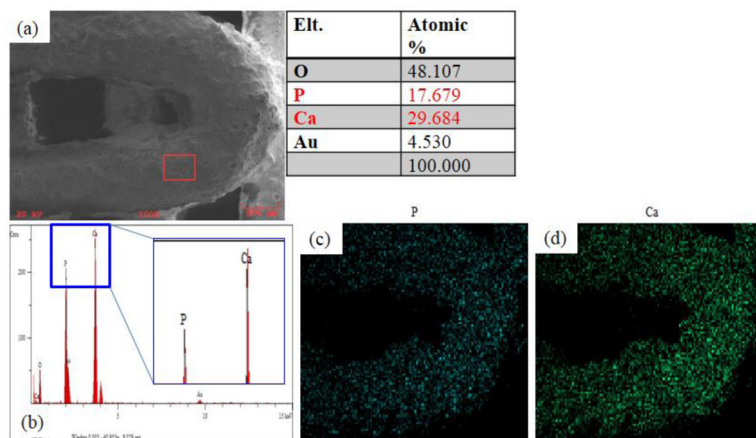
**Figure 2.** CAD drawing and 3D printed BCP scaffolds. (a) Pro-E model of the fabricated slurry foams, showing alternating lattice structures, producing fully interconnected square pores. (b) BCP slurry foam from top after printing and curing (c) BCP/ZrO<sub>2</sub> slurry foam from bottom after printing and curing. Final dimension of the printed scaffolds was at 8.5 × 8.5 × 3.2 mm.



**Figure 3.** Weight loss and shrinkage results of BCP and BCP/ZrO<sub>2</sub> scaffolds after sintering process. (a) Calculated weight loss using the weight ratio between BCP and BCP/ZrO<sub>2</sub> scaffolds, depicting a 4.4% greater weight loss in BCP/ZrO<sub>2</sub> scaffolds. (n=4) (b) Shrinkage of the scaffolds using volume ratios showed a 4.5% difference between BCP and BCP/ZrO<sub>2</sub> scaffolds. (n=4)

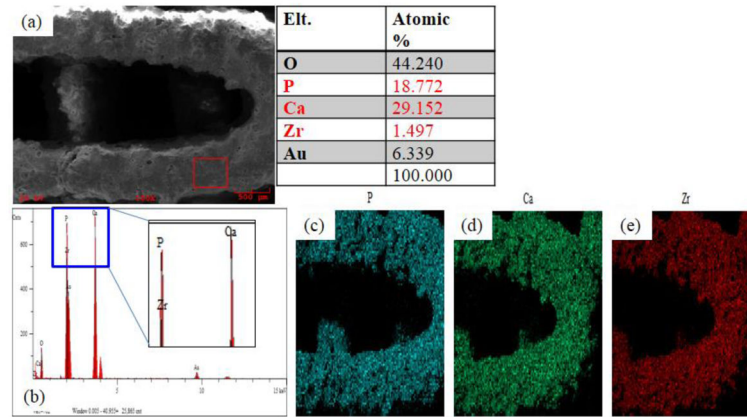


**Figure 4.** SEM images of BCP/ZrO<sub>2</sub> scaffold. Left image shows pore size of approximately 350 μm and printed lattice width of 500 μm. Right side depicts a granular surface of the 3D printed scaffold after printing and sintering.

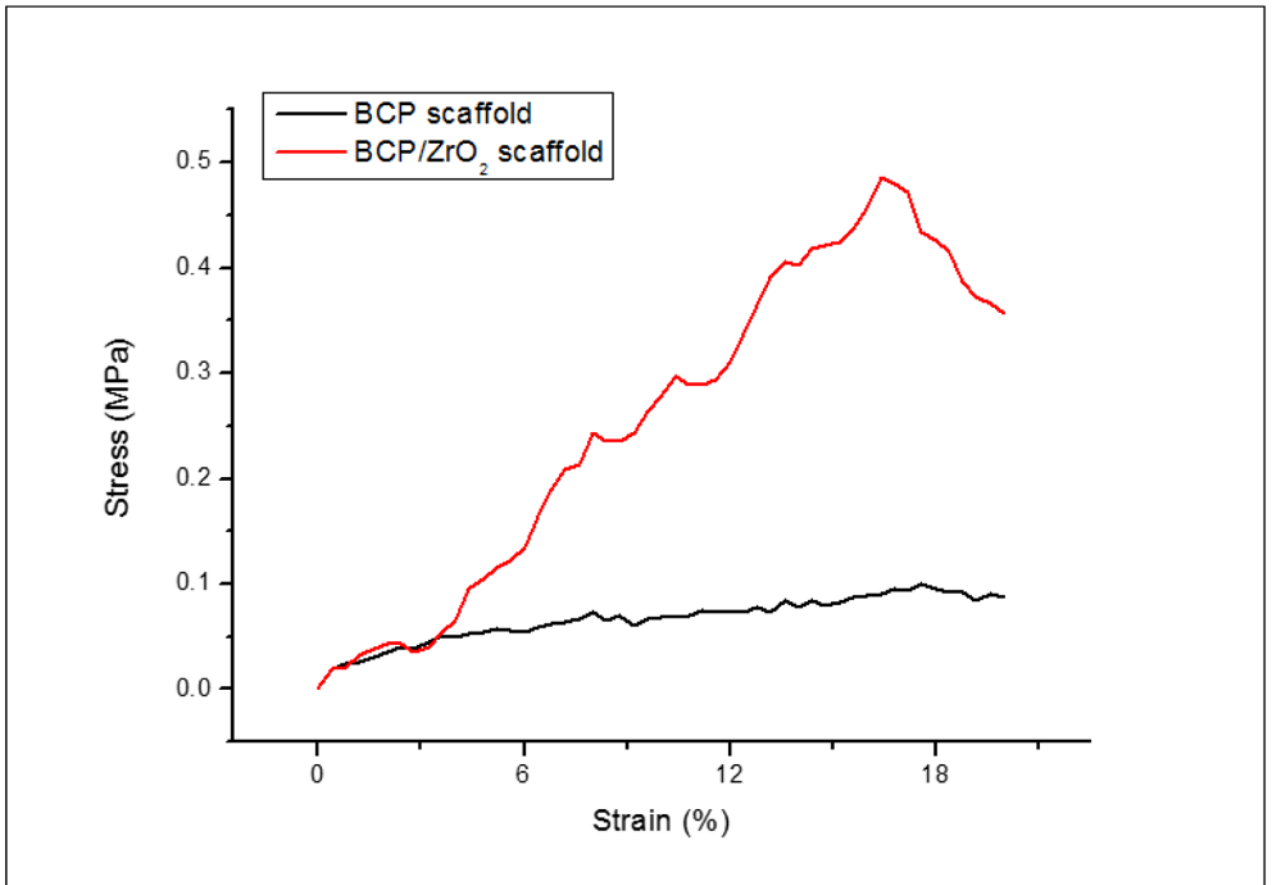


**Figure 5.** Quantitative analysis results of BCP scaffold using EDS on SEM. (a) Image of surface area used to analyze the scaffolds for their composition. Table results show the percentage of oxygen, phosphate, calcium, and gold (from sputtering). (b) Graph shows that majority of the surface composition of the scaffold is made up of phosphate and calcium. (c) Mapping image of phosphate. (d) Mapping image of calcium.

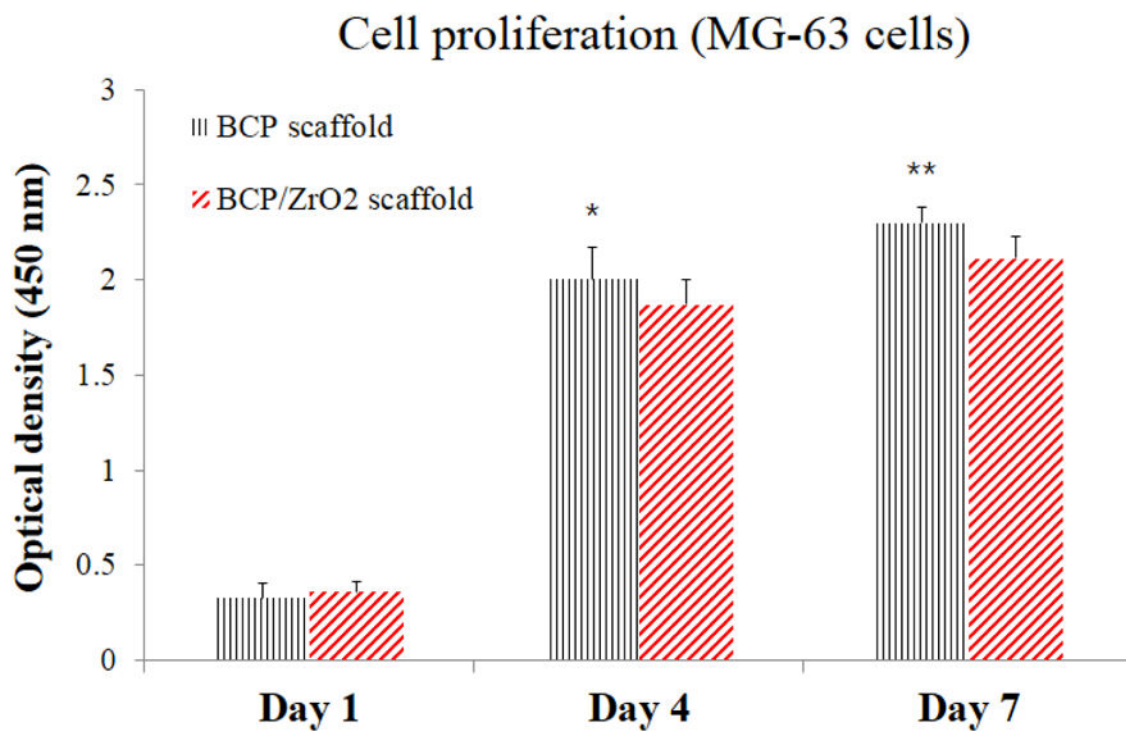




**Figure 6.** Quantitative analysis results of BCP/ZrO<sub>2</sub> scaffold using EDS on SEM. (a) Image of surface area used to analyze the scaffolds for their composition. Table results show the percentage of oxygen, phosphate, calcium, zirconia, and gold (from sputtering). (b) Graph shows that majority of the surface composition of the scaffold is made up of phosphate, calcium, and zirconia. (c) Mapping image of phosphate. (d) Mapping image of calcium. (e) Mapping image of zirconia.



**Figure 7.** Stress-strain curves of BCP and BCP/ZrO<sub>2</sub> scaffolds. The stress-strain curve was used to calculate the compressive strength of the scaffolds. Results indicate that the compressive strength for BCP/ZrO<sub>2</sub> scaffolds (red) is greater compared to BCP scaffolds (black).



**Figure 8.**

Cell proliferation results on the BCP and BCP/ZrO<sub>2</sub> scaffolds using MG63 cells for 7 days. Statistical difference between OD levels was observed between the BCP and BCP/ZrO<sub>2</sub> scaffolds over the 7 days, excluding day 1. However, cells seeded on BCP scaffolds (black) and BCP/ZrO<sub>2</sub> scaffolds (red) showed similar cell proliferation after 7 days, indicating no adverse effects on cell viability due to the addition of ZrO<sub>2</sub>. (\* $p < 0.05$  and \*\* $p < 0.01$ , compared with a BCP/ZrO<sub>2</sub> scaffold,  $n=4$ )

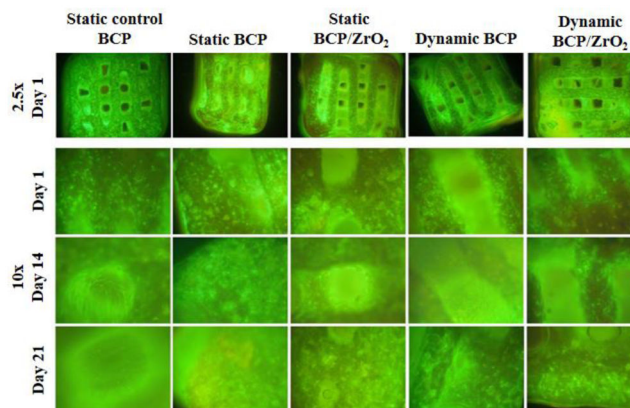


Figure 9a

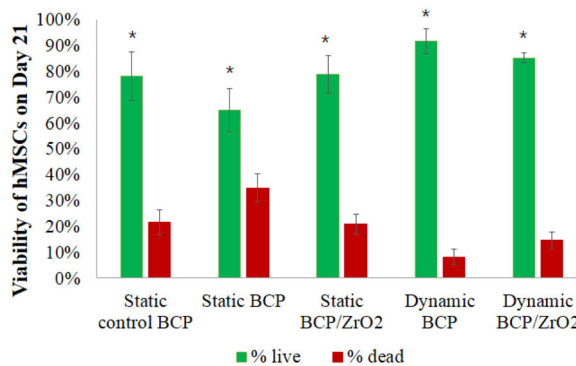
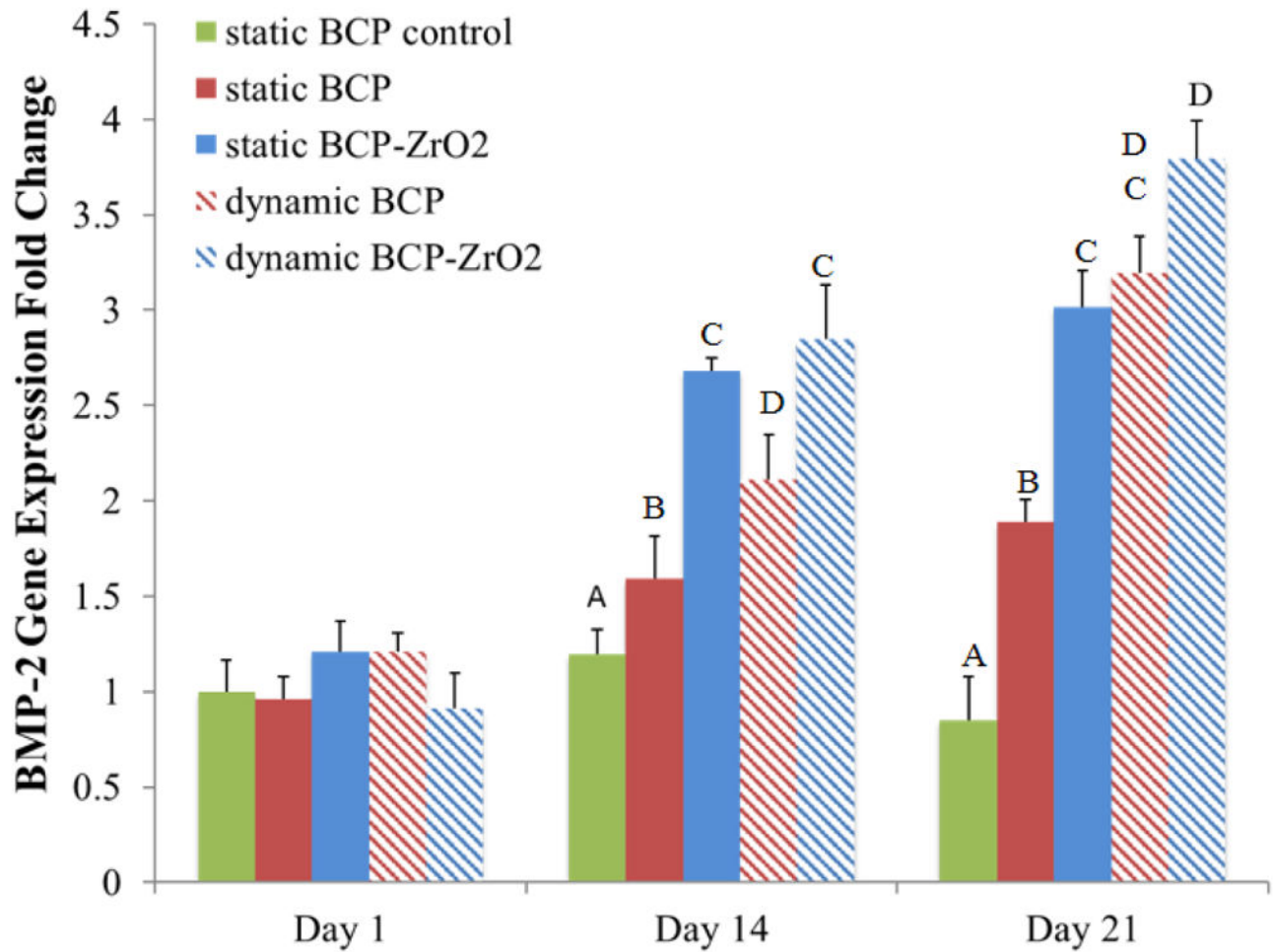


Figure 9b

**Figure 9.**

Figure 9a. Fluorescent viability imaging of hMSCs on BCP and BCP/ZrO<sub>2</sub> scaffolds. Cells were labeled with Ethidium Homodimer (green, live) and Calcein AM (red, dead). Top row shows images taken at 2.5x, and rows 2–4 show images at 10x.

Figure 9b. Quantification of hMSCs viability on BCP scaffolds on Day 21 under static and dynamic conditions. Fluorescence images of cells on scaffolds were counted (n=3), yielding percent viable (green) and percent non-viable cells (red) of total cells counted. Results indicate significantly greater viability of cells compared to non-viable cells in all groups on day 21 (p<0.05).



**Figure 10.**

Osteogenic gene expressions of hMSCs on BCP and BCP/ZrO<sub>2</sub> scaffolds. Groups with the same letters indicate no statistical difference between groups for that time point, with  $p < 0.05$ . Results indicate significantly greater expression of BMP-2 in BCP/ZrO<sub>2</sub> compared to BCP scaffolds on Day 21, but dynamic culture did not affect BMP-2 gene expression.