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A Multi-Way Multi-Task Learning Approach for Multinomial Logistic Regression: An Application in Joint Prediction of Appointment Miss-Opportunities across Multiple Clinics

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Summary

Objectives—Whether they have been engineered for it or not, most healthcare systems experience a variety of unexpected events such as appointment miss-opportunities that can have significant impact on their revenue, cost and resource utilization. In this paper, a multi-way multi-task learning model based on multinomial logistic regression is proposed to jointly predict the occurrence of different types of miss-opportunities at multiple clinics.

Methods—An extension of L_1/L_2 regularization is proposed to enable transfer of information among various types of miss-opportunities as well as different clinics. A proximal algorithm is developed to transform the convex but non-smooth likelihood function of the multi-way multi-task learning model into a convex and smooth optimization problem solvable using gradient descent algorithm.

Results—A dataset of real attendance records of patients at four different clinics of a VA medical center is used to verify the performance of the proposed multi-task learning approach. Additionally, a simulation study, investigating more general data situations is provided to highlight the specific aspects of the proposed approach. Various individual and integrated multinomial logistic regression models with/without LASSO penalty along with a number of other common classification algorithms are fitted and compared against the proposed multi-way multi-task learning approach. Fivefold cross validation is used to estimate comparing models parameters and their predictive accuracy. The multi-way multi-task learning framework enables the proposed approach to achieve a considerable rate of parameter shrinkage and superior prediction accuracy across various types of miss-opportunities and clinics.

Conclusions—The proposed approach provides an integrated structure to effectively transfer knowledge among different miss-opportunities and clinics to reduce model size, increase estimation efficacy, and more importantly improve predictions results. The proposed framework can be effectively applied to medical centers with multiple clinics, especially those suffering from information scarcity on some type of disruptions and/or clinics.

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Keywords

Multinomial logistic regression; Multi-way multi-task learning; Regularization; Miss-opportunities prediction; Proximal gradient descent

1. Introduction

The problem of miss-opportunities for scheduled appointments creates significant disruption in the smooth operation of almost all healthcare systems. For example, when patients do not show-up for their appointments or show up late, resources will be underutilized and other patients cannot get timely access to the care. Also, when scheduled patients cancel their appointments, they reduce the system (available) time to fill the schedule, which can cause even more problems than no-show. While, overbooking may help to some extent in these circumstances, it can result in congestion and patient frustration. Indeed, miss-opportunities negative effects on healthcare operations efficiency, patient satisfaction, and clinic costs, can reach hundreds of thousands of dollars yearly [1–5]. Hence, accurate prediction of no-show and cancellation probability is a cornerstone for any scheduling system and miss-opportunity reduction strategy [2, 5–9].

This paper presents a multi-way multi-task learning methodology based on multinomial logistic regression and an extension of L_1/L_2 regularization to jointly predict two major types of disruptions, namely no-show and cancellation across different clinics of medical centers, while transferring the information among miss-opportunities and clinics to improve the prediction results. The proposed approach can result in better appointment scheduling systems and more effective miss-opportunity reduction strategies [10–17].

The remainder of the paper is organized as follows: Section 2 discusses the related works in the literature. Section 3 explains various pieces of the proposed model. Section 4 evaluates the performance of the proposed prediction approach based on a real healthcare dataset from a VA medical center. Section 5 discusses the major features and some of the challenges using the proposed approach. Finally, Section 6 summarizes the experimental results and potential applications of the proposed approach.

2. Relevant background and problem formulation

While very few researchers consider the prediction of cancellation [10], numerous studies focus on no-show [18–22]. The probability of no-show in the literature fluctuates considerably for different diagnoses and demographics, stretching from almost zero up to 64% [3, 23–25]. Various reasons are reported for no-show ranging from conflict with other appointment to lack of transportation to forgetting the appointments [10, 26–30]. Several contributing factors are also associated with non-attendance behavior [9, 17, 31–34]. Some studies discuss the relationship between miss-opportunities and some specific health outcomes including primary care, psychiatric, and diabetes [35–39]. Several papers also discuss strategies to reduce appointment no-shows [40–47]. Meanwhile, the effectiveness of most of miss-opportunities reduction strategies depends on the accurate prediction of miss-opportunities in individual patients [9].

From a methodological perspective, most miss-opportunity prediction models use logistic regression [22]. There have also been researches based on classification and regression trees and rule-based [48]. Neural networks, Support Vector Machines (SVM), and Boosting methods are other data mining techniques that have been used for predicting miss-opportunities [10, 49]. Time series methods, filtering and smoothing algorithms are other examples of methods built on individual patients non/attendance records [10, 49].

While at least some of the existing approaches in the literature are shown to have acceptable performance in predicting a single type of miss-opportunity, most of them are not effective in modeling one or more of the following scenarios that occur commonly in healthcare: (1) multiple types of disruptions, i.e. no-show and cancellation, that are to be considered simultaneously, (2) multiple clinics in a medical center with significant miss-opportunities problem, (3) data/information scarcity for some types of disruptions and/or clinics, (4) too many (potential) factors suspected to affect miss-opportunities. The major problem with the existing approaches in dealing with above mentioned scenarios is that they cannot effectively transfer the information/knowledge from one type of disruption to another in order to improve the prediction results and help sparsity. Neither can they use the information/knowledge gained from one clinic (population) to advance the inference on the other/s. In the next section, a multi-way multi-task learning methodology is developed based on multinomial logistic regression and an extension of L_1/L_2 regularization to jointly predict two major types of disruptions, namely no-shows, and cancellations while transferring the information among various types of miss-opportunities as well as different clinics to improve the predictions.

3. The proposed multi-way multi-task learning

The proposed multi-way multi-task learning model is composed of three major components: (1) a multinomial logistic regression for joint estimation of no-show and cancellation, (2) a multi-way multi-task learning approach for transferring knowledge among different miss-opportunities and clinics, and (3) a proximal gradient descent algorithm for estimating the parameters of the proposed model (See Figure 1).

3.1 A multinomial logistic regression for joint estimation of no-show and cancellation

The proposed approach begins with developing a multinomial logistic regression for joint estimation of no-show and cancellation based on general social and demographical information of clinical population. Let Y denotes an appointment outcome (attendance, no-show, cancellation) in a clinic, i.e. mental health ophthalmology, dental care, and dermatology, and X denotes the associated risk factors (explanatory variables) including: gender, age, marital status, medical service coverage, distance to medical center, appointment time, and appointment weekday (See also Table 1). The multinomial logistic regression $F(X, B_k)$ then takes the form:

$$\begin{cases} P_k = \frac{\exp(XB_k)}{1 + \sum_{k=1}^K \exp(XB_k)}, & k=1, 2 \\ P_0 = \frac{1}{1 + \sum_{k=1}^K \exp(XB_k)} \end{cases} \quad (1)$$

where P_k denotes the k^{th} event probability, and k is in the index of the possible outcome (attendance, no-show, cancellation) and that $k=0,1,2$.

To learn the parameters of the multinomial logistic regression one can use a negated log-likelihood estimator $L(\mathbf{B})$, where $\mathbf{B}=[B_1, \dots, B_K]^T$ is a $K \times P$ matrix ($K=2$), whose k^{th} row corresponds to the coefficients for the k^{th} miss-opportunity (no-show, cancellation), and p^{th} column corresponds to the coefficients of the p^{th} factor in the model. In that case, the negated log-likelihood estimator for all the miss-opportunity probabilities is given by:

$$L(\mathbf{B}) = -\log \left\{ \prod_{k=1}^K \left\{ \prod_{n=1}^N P(y_{kn} | X_n, B_k) \right\} \right\} = - \left\{ \sum_{n=1}^N \left\{ \sum_{k=1}^K y_{kn} X_n B_k - \log \sum_{k=1}^K \exp(X_n B_k) \right\} \right\} \quad (2)$$

To achieve a sparse solution to facilitate the interpretation of the model, a regularization term such as B_2 can be considered in the model, which changes Equation (2) to the following loss function.

$$H(\mathbf{B}) = L(\mathbf{B}) + \lambda \sum_{k=1}^K \|B_k\|_2 \quad (3)$$

The second term in the above equation indicates a L_2 penalty that encourage sparsity,

$$B_{k2} = \sqrt{\sum_{p=1}^P \beta_{kp}^2}, \text{ and } \lambda \geq 0 \text{ is a tuning parameter that control the amount of shrinkage [50].}$$

This optimization problem can be solved by gradient descent algorithm or any other appropriated mean.

3.2. A multi-way multi-task learning approach for transferring knowledge among different miss-opportunities and clinics

The probabilities of no-show and cancellation resulted from the proposed multinomial logistic regression are related and this information can be used to further to improve the predictions. This motivates the introduction of the multi-task learning paradigm that exploits the correlations amongst different miss-opportunities by learning them simultaneously rather than individually [51]. Several recent studies on multi-task learning have shown that the accuracy of predictive models can be improved when the tasks, e.g. classification problems, are related [52–55].

Exploiting the correlations amongst multiple tasks can be achieved by developing a group regularization penalty that enforces learning multinomial logistic regression for no-show and cancellation simultaneously rather than individually.

Reconsidering matrix $[\mathbf{B}]_{K \times P}$ of the multinomial logistic regression coefficients in Equations (1–2), Then a L_1/L_2 group penalty can be defined as follows:

$$\|\mathbf{B}\|_{L_1/L_2} = \sum_{p=1}^P \|B_p\|_2 \quad (4)$$

where $B_{p2} = \sqrt{\sum_{k=1}^K \beta_{kp}^2}$. In this case, L_1 penalty is applied over the L_2 norms of the vectors of regression coefficients, rather than individual elements of regression coefficients in regularization. Using this penalty, L_1/L_2 regularized multinomial logistic regression for joint prediction of multiple miss-opportunities estimates the matrix of regression coefficients (\mathbf{B}) by solving the following optimization problem:

$$\min_{\mathbf{B}} H(\mathbf{B}) = L(\mathbf{B}) + \lambda \|\mathbf{B}\|_{L_1/L_2} \quad (5)$$

where λ is the tuning parameter that determines the magnitude of penalization. Equation (5) can be viewed as a special group LASSO for multinomial logistic regression [56–58], in which groups are defined over individual risk factors, e.g. gender, at different miss-opportunities, namely no-show and cancellation. Consequently, the L_1/L_2 penalization shrinks the regression coefficients β_p for the p^{th} risk factor across all miss-opportunities to zero jointly, if that factor is not associated with any miss-opportunity, thus reducing the number of false positives. Conversely, if the factor is relevant to one or more miss-opportunities, i.e. no-show or cancellation, all elements in β_p will be jointly set to have non-zero values, but the L_2 norm still allows the association strengths to be different across different types of miss-opportunities for the p^{th} risk factor. Thus, the joint inference made by the L_1/L_2 penalty enables us to infer association between the risk factors by borrowing strength across different miss-opportunities and setting the corresponding regression coefficients jointly to non-zero values. One may notice that a large value of λ will set more columns β_p 's of \mathbf{B} to zero.

In addition to the correlation among different types of miss-opportunities, there also exists correlation among specific miss-opportunities across various clinics in a medical center, i.e. mental health ophthalmology, dental care, and dermatology, that can be exploited to further improve the predictions. Such generalization will extend the matrix \mathbf{B} of the multinomial logistic regression coefficients into a three dimensional array $[\mathbf{B}]_{K \times P \times H}$ where the H^{th} dimension corresponds to the regression coefficients for the H^{th} clinic (population) while p and k interpretation stays the same as before (See Figure 2).

Given the structure of the three dimensional array $[\mathbf{B}]_{K \times P \times H}$, an additional group regularization term needs be added to Equation (6) to capture the correlation among clinics.

$$\min_{\mathbf{B}} H(\mathbf{B}) = L(\mathbf{B}) + \lambda_1 \sum_{h=1}^H \sum_{p=1}^P \|B_{ph}\|_2 + \lambda_2 \sum_{p=1}^P \sum_{k=1}^K \|B_{kp}\|_2 \quad (6)$$

where $\|B_{ph}\|_2 = \sqrt{\sum_{k=1}^K \beta_{kph}^2}$, and $\|B_{kp}\|_2 = \sqrt{\sum_{h=1}^H \beta_{kph}^2}$. The second and third terms of Equation (6) are L_1/L_2 regularization terms for exploiting the correlation among different miss-opportunities and clinics and influence different dimensions of the array \mathbf{B} of regression parameters. Similar to Equation (5), Equation (6) can be viewed as a special group LASSO for multinomial logistic regression [56–58], in which two sets of groupings are defined over: (1) individual risk factors across different clinics, and (2) individual risk factors across different miss-opportunities. This multi-way regularization of the multinomial logistic regression likelihood function for joint learning of multiple tasks (miss-opportunities), i.e. no-show and cancelation, at multiple populations (clinics), i.e. mental health ophthalmology, dental care, and dermatology, etc. is referred to as “multi-way multi task learning” in this paper (See also Figure 3).

Various block-structured norms in the form of L_1/L_q , $q > 0$, can be used to combine information from multiple tasks. For instance, in group LASSO, the grouping structure of the risk factors is assumed to be known, and the L_q part of the L_1/L_q norm is defined over regression coefficients for the members in each group, so that they are jointly selected or deselected. In multi-response regression, the L_q part of the L_1/L_q norm acts over the regression coefficients for all responses associated with each risk factor, and a risk factor is selected to be jointly influencing all of the responses. The proposed use of L_1/L_2 norm differs from these previous methods in that: (1) it takes advantage of the grouping structure among the risk factors/responses as well as samples, wherein each group corresponds to a miss-opportunity and/or clinic, and (2) it applies the L_1/L_2 regularization in a multi-way (two-way) rather than one way to affect different dimensions of array \mathbf{B} .

Obozinski et al. [59] found that for k regressions, under certain conditions, the sample complexity for L_1/L_2 , is up to k times smaller than the LASSO sample complexity, with weak assumptions of shared support. Thus, we can expect under certain conditions, the proposed multi-way (two-way) L_1/L_2 app will approximately require up to $k/2$ times fewer samples than LASSO to obtain the correct set of regression coefficients.

3.3. Parameter estimation

The regression coefficients \mathbf{B} are estimated by solving the optimization problem in Equation (6). The first tem of Equation (6), the log-likelihood of multinomial logistic regression, is a smooth convex function which can be easily minimized using first-order gradient algorithms. However, the second and third terms of Equation (6), L_1/L_2 penalties, are

convex but not smooth at zero, and for this reason, methods based on the first-order gradient cannot be used directly for optimizing it. Here, a variation of Fast Iterative Thresholding Algorithm (FISTA) [60] is proposed to address the above problem. FISTA is an extension of proximal gradient descent algorithms for non-smooth functions where proximal gradient step is performed on the extrapolated point based on the previous two iterates to improve the convergence rate of the algorithm [61–65]. It should be noted that, instead of FISTA, one may use global optimization algorithms, such as simulated annealing [66] or pattern search [67], which don't require transformation of non-smooth function. In our simulation studies, these algorithms provide slightly less accurate estimates, but better computational complexity, which make them suitable for large scale problems.

FISTA for multi-way multi-task learning multiple logistic regression—Let H represents the total number of clinics and N_h denotes the number of patients in clinic h , with $N_h \in \{N_1, \dots, N_H\}$, $\sum_{h=1}^H N_h = N$; FISTA begins with rewriting the optimization problem in Equation (6) as:

$$\min_{\mathbf{B}} H(\mathbf{B}) = L(\mathbf{B}) + G(\mathbf{B}), \quad (7.a)$$

$$L(\mathbf{B}) = - \sum_{h=1}^H \left\{ \sum_{n_h=1}^{N_h} \left\{ \sum_{k=1}^K y_{kn_h} X_{N_h} B_{kh} - \log \left(1 + \sum_{k=1}^K \exp(X_{N_h} B_{kh}) \right) \right\} \right\} \quad (7.b)$$

$$G(\mathbf{B}) = \lambda_1 \sum_{h=1}^H \sum_{p=1}^P \|B_{ph}\|_2 + \lambda_2 \sum_{p=1}^P \sum_{k=1}^K \|B_{pk}\|_2 \quad (7.c)$$

where $L(\mathbf{B})$ is the negated log-likelihood of multinomial regression for multiple clinics $h = \{1, \dots, H\}$ which is a continuously differentiable with Lipschitz continuous gradient, and $G(\mathbf{B})$ is a set of continuous non-smooth convex group LASSO penalties with inexpensive prox-operator.

FISTA algorithm solves Equation (7) by generating a sequence $\mathbf{B}^{(m)}$ via:

$$\mathbf{B}^* = \mathbf{B}^{(m-1)} + \frac{m-2}{m+1} (\mathbf{B}^{(m-1)} - \mathbf{B}^{(m-2)}) \quad (8.a)$$

$$\mathbf{B}^{(m)} = \text{prox}_{sg}(\mathbf{B}^* - s \nabla L(\mathbf{B}^*)) \quad (8.b)$$

where the first step is an extrapolation step and the second step is the proximal gradient descent, and s is the step size determined by the line search. In the remainder of this section, first proximal gradient descent and line search criterion are briefly explained and then integrated into the final algorithm for parameter estimation.

Proximal gradient descent (PGD)—PGD minimizes $G(B)$ plus a simple quadratic local model of $L(B)$ around \mathbf{B}^* as follows:

$$\mathbf{B}^{(m)} = \text{prox}_{sg}(\mathbf{B}^* - s\nabla L(\mathbf{B}^*)) \quad (9.a)$$

$$= \text{argmin}_{\mathbf{u}} \left(G(\mathbf{u}) + \frac{1}{2s} \|\mathbf{u} - \mathbf{B}^* + s\nabla L(\mathbf{B}^*)\|_2^2 \right) \quad (9.b)$$

$$= \text{argmin}_{\mathbf{u}} \left(G(\mathbf{u}) + L(\mathbf{B}^*) + \nabla L(\mathbf{B}^*) (\mathbf{u} - \mathbf{B}^*) + \frac{1}{2s} \|\mathbf{u} - \mathbf{B}^*\|_2^2 \right) \quad (9.c)$$

where s the step size, which can be determined using line search. In Equation (9), $L(\mathbf{B})$, the negated log-likelihood of the multinomial logistic regression, is a differentiable function with gradient:

$$\nabla L(\mathbf{B}^*) = \begin{bmatrix} \left[\frac{\partial L(\mathbf{B}^*)}{\partial \beta_{111}}, \dots, \frac{\partial L(\mathbf{B}^*)}{\partial \beta_{1P1}} \right] & \dots & \left[\frac{\partial L(\mathbf{B}^*)}{\partial \beta_{11H}}, \dots, \frac{\partial L(\mathbf{B}^*)}{\partial \beta_{1PH}} \right] \\ \vdots & \ddots & \vdots \\ \left[\frac{\partial L(\mathbf{B}^*)}{\partial \beta_{K11}}, \dots, \frac{\partial L(\mathbf{B}^*)}{\partial \beta_{KP1}} \right] & \dots & \left[\frac{\partial L(\mathbf{B}^*)}{\partial \beta_{K1H}}, \dots, \frac{\partial L(\mathbf{B}^*)}{\partial \beta_{KPH}} \right] \end{bmatrix} \quad (10.a)$$

$$\frac{\partial L(\mathbf{B}^*)}{\partial \beta_{kph}} = - \sum_{n_h=1}^{N_h} \left\{ y_{khn_h} x_{pn_h} - \frac{\exp\left(\sum_{q=1}^P x_{qn_h} \beta_{kqh}\right)}{1 + \exp\left(\sum_{q=1}^P x_{qn_h} \beta_{kqh}\right)} \cdot x_{pn_h} \right\} \quad (10.b)$$

From sub-gradient definition of prox_{sg} , $G(\mathbf{u})=0$, if and only if \mathbf{B} minimizes $L(\mathbf{B}) + G(\mathbf{B})$.

Line search criterion—One natural and commonly used line search criterion is to require that the objective function value is monotonically decreasing. More specifically, one may propose to accept the step size $s^{(m)}$ at the outer iteration k if the following monotone line search criterion is satisfied:

$$G(\mathbf{B}^{(m+1)}) \leq G(\mathbf{B}^{(m)}) - \frac{\sigma}{2} s^{(m)} \mathbf{B}^{(m+1)} - \mathbf{B}^{(m)2} \quad (11)$$

where σ is a constant in the interval $\sigma \in (0, 1)$ [68].

Proposed FISTA algorithm—Given the proximal gradient descent and line search criterion, the FISTA steps can be summarized in Algorithm 1. **Step 1** sets the parameters of the algorithm. **Step 2** initializes the starting point \mathbf{B} and the outer loop counter of the algorithm. **Steps 3-10** represent the outer loop of the algorithm with **Step 4** initializing the step size. A good step size is critical for the fast convergence of the algorithm. In this paper, we propose to initialize the step size by adopting the Barzilai-Borwein (BB) rule [69], which uses a diagonal matrix $s^{(m)} I$ to approximate the Hessian matrix $\nabla^2 L(\mathbf{B}^{(m)})$ as follows:

$$s^{(m)} = \frac{(\mathbf{B}^{(m)} - \mathbf{B}^{(m-1)})^{Tr} (\nabla l(\mathbf{B}^{(m)}) - \nabla l(\mathbf{B}^{(m-1)}))}{(\mathbf{B}^{(m)} - \mathbf{B}^{(m-1)})^{Tr} (\mathbf{B}^{(m)} - \mathbf{B}^{(m-1)})} \quad (12)$$

wherein $\mathbf{B}^{(m)}$ should be in the vectorized form. **Steps 5-8** constitute the inner loop of the algorithm with the proximal gradient descent in **Step 6**, step size updation in **Step 7**, and line search criterion check in **Step 8**. Finally **Step 9-10** increase the counter and check the stopping criterion of the outer iteration.

Algorithm 1

FISTA for Multi-Way Multi-Task Learning Multinomial Logistic Reg.

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1. Choose parameters $\eta > 1$ and s_{min}, s_{max} with $0 < s_{min} < s_{max}$
 2. Initialize iteration counter $m \leftarrow 0$ and a bounded $\mathbf{B}^{(0)}$
 3. **Repeat**
 4. $s^{(m)} \leftarrow$ Equation (12)
 5. **Repeat**
 6. $\mathbf{B}^{(m)} \leftarrow$ Equation (9)
 7. $s^{(m)} \leftarrow \eta s^{(m)}$
 8. **Until** Equation (11) satisfies
 9. $m \leftarrow m+1$
 10. **Until** some stopping criterion satisfied
-

4. Experimental results

In this section, first using a real dataset of attendance records at a VA medical center, the performance of the proposed multi-way multi-task learning approach is studied in comparison with classical and LASSO regularized multinomial logistic regression as well as a number of other predictive models including support vector machine, random forest, Bayesian network, and multilayer perceptron. Next, a simulation study, investigating more general data situations is provided to highlight the specific aspects of the proposed approach. Matlab (R2016.a) has been used for developing the computer code, which is published available as Online Appendix 1.

4.1. Real-world case study

The real-world case study is based on a set of 410 attendance records to predict no-show and cancellation events at four clinics, i.e. mental health, ophthalmology, dental care, and dermatology at a Veteran Affairs (VA) Medical Center (See Table 1).

Regarding the size of dataset, using a small dataset such as the one considered for this research can better demonstrate the performance of the proposed framework in the presence of data scarcity, which is a common problem in some healthcare areas [70, 71]. In addition, while it might be more desirable to have a larger dataset, acquiring a dataset containing multiple clinics with some common patients is challenging.

4.1.1. Comparison with classical and LASSO regularized multinomial logistic regression—Given the dataset of patient information, various models of multinomial logistic regression are fitted and compared against proposed multi-way multi-task learning approach. These methods include individually fitted multinomial logistic regression for each clinic with/without regularization, and integrated multinomial logistic regression wherein clinics are incorporated as a 3-level risk factor into the model with/without regularization (See Table 2). LASSO penalty is used for regularized models, while L_1/L_2 regularization is considered for transferring information among both clinics and miss-opportunities in the proposed approach. As shown in Table 2, from the sparsity stand point, the proposed multi-way multi-task learning model achieves a higher shrinkage ratio compared to the other models, because of regularizing the parameters in two directions, i.e. miss-opportunities and clinics.

Five-fold cross validation [72] with three training subset, one validation subset and one test subset in each of the five repetitions is used to train the parameters of comparing models, optimize the tuning parameters, and test their predictive accuracy. Figure 4 illustrates the contour plot of the validation Mean Squared Error (MSE) for the proposed multi-way multi-task learning approach as function of tuning parameters (λ_1, λ_2) . The large number of parameters in the model inflates the shrinkage penalty terms $(G(\mathbf{B}))$, and therefore MSE can be minimized over a relatively small range of tuning parameters with a minimum at $(\lambda_1^*, \lambda_2^*) = (0.1, 0.1)$.

Figure 1 in Online Appendix 2 shows the effect of varying tuning parameters (λ_1, λ_2) on the estimated parameters (excluding the intercept) and sparsity of the proposed multi-way multi-

task learning approach for mental clinic. At the optimal level of tuning parameters, i.e. $(\lambda_1^*, \lambda_2^*) = (0.1, 0.1)$, the estimated parameters can be roughly grouped into three categories: (1) parameters shrunk to zero which show deselected risk factors, such as late afternoon, (2) parameters associated with risk factors having relatively small effect on the model outcome, such as gender, and finally (3) parameters associated with risk factors having significant effect on the outputs, such as distance to medical center. Similar grouping behaviors are also observed across other clinics and miss-opportunities. Another observation is similar shrinkage behavior of some of the risk factors across different miss-opportunities and/or clinics, such as “being divorced” which turn out to be insignificant for predicting no-shows at mental, ophthalmology, and dental care.

Table 3 illustrates the estimated parameters of the proposed multi-way multi-task learning approach for the optimal level tuning parameters, i.e. $(\lambda_1^*, \lambda_2^*) = (0.1, 0.1)$. The specific structure of L_1/L_2 regularization exploits the correlation among different miss-opportunities and different clinics for influencing different dimensions of the array \mathbf{B} of regression parameters. This enables automatic individual and group selection/deselection of risk factors across both clinics and miss-opportunities.

In addition, Table 3 shows correlation among selected risk factors across different types of miss-opportunities, i.e. no-show and cancellation. It also shows some degrees of similarity among selected risk factors across different clinics, i.e. dental care and dermatology clinics. Such observation supports the idea (hypothesis) of existence of association among risk factors, miss-opportunities and different clinics. Therefore, a multi-way multi-task learning approach that elicits such relationship can indeed advance the predictive accuracy of the results.

Figures 5.a and 5.b demonstrate the correct classification rate of the comparing methods across the four clinics of the study, i.e. mental health, ophthalmology, dental care, dermatology, for predicting no-show and cancellation events. As shown in the Figure the proposed approach performs superior to its counterparts across all clinics and miss-opportunities. Meanwhile there is not much of a difference among the performance of other individual- and integrated- multinomial logistic models except for the individual multinomial logistic model on predicting no-shows in clinic 3, i.e. dental care. In addition, the models with LASSO penalty perform on a par with the classical methods except for predicting no-show in clinic 4, i.e. dermatology, which has fewer records compared to other clinics.

Figure 2 in Online Appendix 2 provides the Receiver Operating Characteristic (ROC) curves of the comparing methods performance for no-show (blue), cancellation (green) and show-up (red) predictions across four clinics of the study. Similar to Figure 5 results, the proposed multi-way multi-task learning approach shows a consistent superior performance across all types of miss-opportunities and clinics compared to classical methods. Meanwhile, the difference in the predictive performance of the proposed approach gets considerably more distinctive for mental and ophthalmology clinics.

In addition, while for some classical methods the results supports better accuracy for prediction of show-up and no-show events compared to cancelation event, the results are more consistent across different types of miss-opportunities for the proposed approach. As discussed earlier in the paper, such improvement in the predictive performance is largely because of the information transfer between miss-opportunities and clinics using the specific structure of L_1/L_2 regularization.

4.1.2. Comparison with other predictive models—Here, the performance of the proposed approach is compared against a number of other common classification algorithms, the details of which is provided in Table 4. Like earlier analysis all methods are tuned and evaluated using the same dataset described in Section 4.1 and based on five-fold cross validation.

Figures 6.a and 6.b illustrate the correct classification rate of the comparing methods across the four clinics of the study for predicting no-show and cancellation events. With an exception of predicting cancellations in clinic 4, i.e. dermatology, the proposed approach performs uniformly better than all other methods across all clinics and miss-opportunities. After that, support vector machine, Bayesian network and random forest demonstrate comparable performances. However, MLP does not compare well with the other classifiers for none of the clinics or miss-opportunities.

Finally, Figure 3 in Online Appendix 2 provides the ROC curves of the comparing methods for predicting no-show (blue), cancellation (green) and show-up (red) predictions across four clinics of the study. Similar to Figure 6, the proposed multi-way multi-task learning approach demonstrate a consistent superior performance across most of miss-opportunities and clinics.

4.2. Simulation study

The simulation study is based on a set of 3,000 computer generated records ($N = 3,000$) to predict 4 types of events ($k=0, 1, 2, 3$), i.e. show-up, no-show, cancellation, tardiness, and 30 risk factors ($P=30$), i.e. age, gender, etc. The 3,000 records have been evenly distributed among 6 population groups ($H=6$), i.e. mental health, ophthalmology, etc., such that each population contains 500 records ($N_H=500$). The simulation dataset consists of three major elements: (1) the three-dimensional matrix of risk factors $[X]_{N_H \times P \times H}$, (2) the three-dimensional matrix of regression coefficients $[B]_{K \times P \times H}$, and (3) the matrix of observed events (responses) $[Y]_{N_H \times H}$. The matrix of risk factors (X) is generated based on independent and identically distributed (i.i.d.) random numbers from uniform distribution $U(0, 1)$.

The individual elements of the matrix of regression coefficients (B) are initially generated from normal distribution $N(0, 6)$. To add sparsity to the regression coefficients of each population, *Bernoulli* (0.25) distribution is used to randomly select some of the risk factors, an turn the associated regression coefficients to zero across all events in that population, i.e.

$B_{kph}=0, (\forall p \in \Omega, k=0, \dots, K)$, where Ω denotes the index of regression coefficients associated with selected risk factors. To add sparsity to the regression coefficients across all populations, *Bernoulli* (0.25) distribution is used to randomly select some pairs of risk factors and events, then turn the associated regression coefficients to zero across all populations, i.e. $B_{kph}=0, (\forall k, p \in \Omega, h=0, \dots, H)$, where Ω denotes the index of regression coefficients for selected pairs of risk factors and events.

To add correlation among risk factors at each population, *Bernoulli* (0.25) distribution is used to randomly select some of the risk factors, and scale the regression coefficients associated with each of them to have a sum of one across all events, i.e.

$\sum_{k=1}^K B_{kph}=1, (\forall p \in \Omega)$, where Ω denotes the index of regression coefficients associated with selected risk factors. To add correlation among populations, *Bernoulli* (0.25) distribution is used to randomly select pairs of risk factors and events, and scale the regression coefficients associated with each of the pairs to have a sum of one across all populations, i.e.

$\sum_{h=1}^H B_{kph}=1, (\forall p \in \Omega)$, where Ω denotes the index of regression coefficients for selected pairs of risk factors and events. Figure 4 in Online Appendix 2 shows the heat map of the **B** matrix generated using above procedure.

Having **X** and **B** matrices generated, equation (1) is used to calculate the probability of each event occurrence for all records, i.e. $P(y_{kn}|X_n, B_k)$. These probabilities are then turned into observed responses (y_{kn}) using random number generation from *ultinomial* (p_1, \dots, p_K) distribution.

Next, we use the simulated dataset to evaluate the performance of the proposed multi-way multi-task learning approach in comparison with some of the best performing predictive models in the previous section, including support vector machine, random forest, Bayesian network, and individual multinomial logistic regressions with LASSO regularization for each population. The details of the comparing methods and the analysis procedure are kept the same as the previous section.

Figures 7.a and 7.b demonstrate the correct classification rate of the comparing methods across different populations and events. Similar to the previous section, the proposed approach clearly outperforms all of its counterparts across different populations and events. The proposed approach also provides the most consistent correct classification rates across different populations and events. Meanwhile, there is not much of a difference among the performance of other methods expect for individual multinomial logistic regressions with LASSO for population 6 and event 1. The result of simulation study further demonstrates the improvements made by the proposed multi-way multi-task learning approach by transferring information among events and populations using the specific structure of L_1/L_2 Regularization.

5. Discussion

Most miss-opportunity prediction models focus on only one type of disruption, i.e. no-show, and one clinical population, i.e. primary care. They also require relatively large datasets for training the model parameters. This paper has focused on developing a joint model for both different types of disruptions and multiple clinics by: (1) Developing a multi-way multi-task learning approach for multinomial logistic regression based on extension of L_1/L_2 regularization, which takes into account the inter-relationships among, both various types of miss-opportunities as well as different clinics; and (2) Presenting a proximal algorithm for converting the non-smooth likelihood function of the multi-way multi-task learning model to a smooth optimization problem solvable via gradient descent algorithm. The model not only provides a single and compact framework for simultaneous estimation of no-show and cancellation across multiple clinics, but also offers better prediction accuracy compared to classical logistic regression models. Additionally, the transfer of information across different miss-opportunities and clinics which made possible by L_1/L_2 regularization enables the proposed approach to alleviate possible cases of data scarcity for one or more types of disruptions and/or clinics.

Meanwhile, the proposed multi-task learning approach implicitly assumes that no-show and cancellation are associated with similar factors. Nonetheless, while initial analysis has verified such assumption in the dataset of the study, no-show and cancellation may not necessarily have same predictors. The proposed approach also requires identification and optimization of two tuning parameters, i.e. $(\lambda_1^*, \lambda_2^*)$, using cross validation in order to achieve appropriate level of sparsity and accurately estimate the model parameters. However, because of large size of the shrinkage penalty terms ($G(B)$), the tuning parameters $(\lambda_1^*, \lambda_2^*)$ can be efficiently searched over a relatively small area. Finally, the computational complexity of the proposed multi-way multi-task learning algorithm is considerably larger than classical and LASSO based multinomial logistic regression, as it involves optimization of non-smooth likelihood functions. However, the use of proposed FISTA algorithm that converts the L_1/L_2 regularized likelihood function into a convex and smooth optimization model can help to reduce the computational efforts and improve the estimated parameters. Besides, global optimization algorithms, such as simulated annealing [66] or pattern search [67], which don't require transformation of non-smooth function like FISTA, can also be considered to further reduce the computational complexity. In our simulation studies, these algorithms provide slightly less accurate estimates, but better computational complexity compared to FISTA, which make them suitable for large scale problems.

6. Conclusion and future work

Various types of miss-opportunities such as no-show and cancellation may happen to medical appointments, with significant negative impact on the revenue, cost and resource utilization. This paper proposes a multi-way multi-task learning model based on multinomial logistic regression and an extension of L_1/L_2 regularization to jointly predict the probability of different types of miss-opportunities across various clinics. It also presents a proximal algorithm to transform the likelihood function of the multi-way multi-task learning model,

into a convex and smooth optimization problem solvable using gradient descent algorithm. Based on real patient dataset, the effectiveness of the proposed approach is demonstrated for estimating no-show and cancellation events at four different clinics of a Veterans Affairs medical center, which includes mental health, ophthalmology, dental care and dermatology. To investigate more general data situations, the performance of the proposed multi-way multi-task learning approach is also compared against a number of common predictive models in the literature using a simulation study. The proposed approach provides an integrated structure to effectively transfer knowledge among different miss-opportunities and clinics to reduce model size, increase estimation efficacy, and more importantly improve predictions results. The proposed framework can be effectively applied to medical centers with multiple clinics, especially those suffering from information scarcity on some type of disruptions and/or clinics.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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<i>Purpose</i>	<i>Joint estimation of no-show, cancellation, and tardiness</i>	<i>Transferring knowledge across miss-opportunities and clinics</i>	<i>Maximum likelihood estimation of parameters</i>
<i>Data Source</i>	<i>Patients' /Miss-opp. info. (Training dataset)</i>	<i>Miss-opp./ Clinic info. (Training and validation datasets)</i>	<i>Patients'/ Clinics/ Miss-opp. info. (Training and validation datasets)</i>
<i>Main Methods</i>	<ul style="list-style-type: none"> • Data preprocessing • Multinomial logistic regression • L_2 regularization 	<ul style="list-style-type: none"> • Multi-task learning • L_1/L_2 regularization 	<ul style="list-style-type: none"> • Fast Iterative Thresholding Algorithm (FISTA) • Cross validation

Fig. 1.
The general scheme of the proposed approach

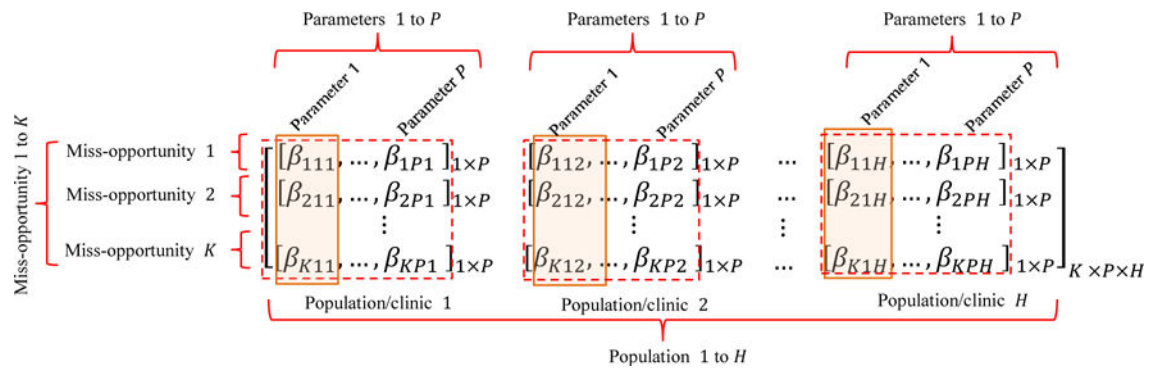


Fig. 2. Illustration of the multinomial logistic regression coefficients $[B]_{K \times P \times H}$ for modeling correlation among different miss-opportunities and different clinics

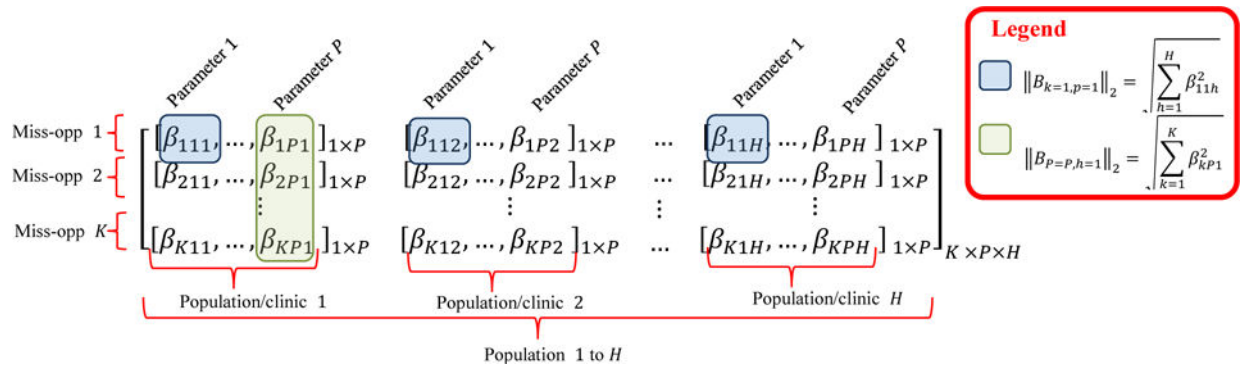


Fig. 3. Illustration of multi-way regularization terms on specific parameters of multinomial logistic regression

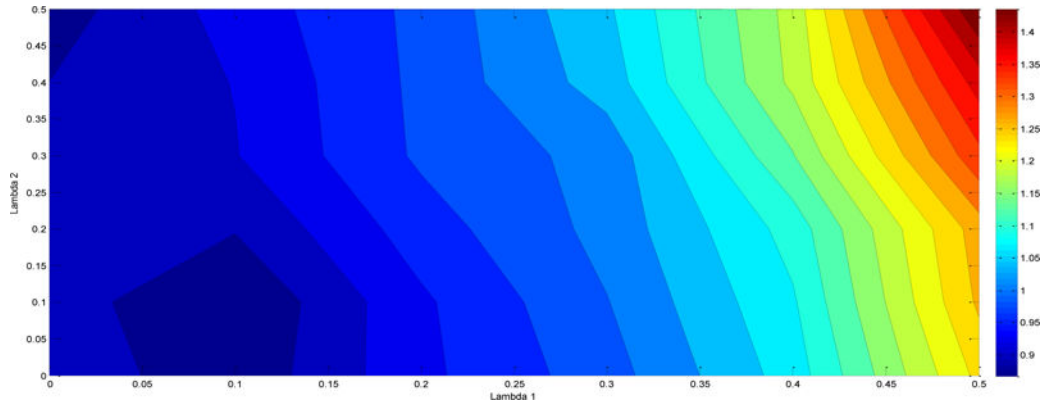


Fig. 4. Contour plot of validation Mean Squared Error (MSE) for the proposed multi-way multi-task learning approach

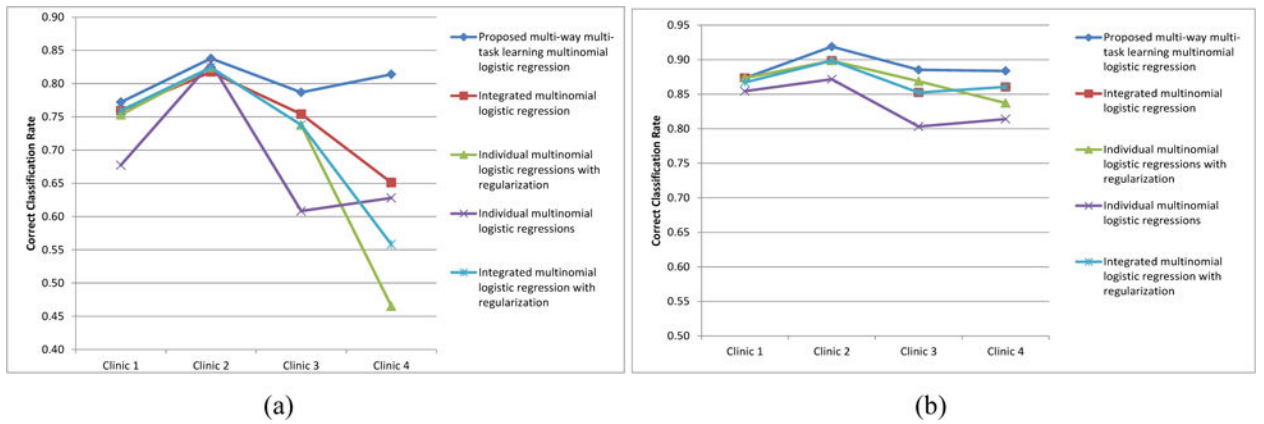


Fig.5. Correct classification rate of comparing methods across different clinics for: (a) no-show prediction, (b) cancellation. The correct classification rates of each method across the four clinics are connected to provide better visual distinction.

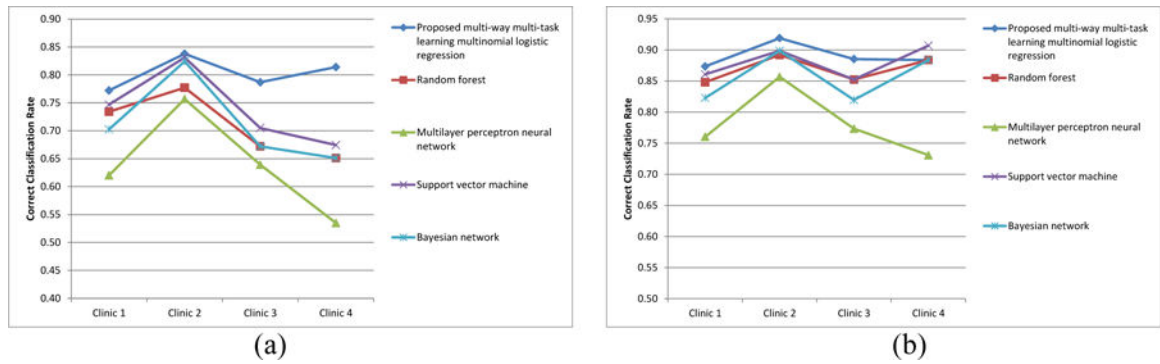


Fig. 6. Correct classification rate of the comparing methods across different clinics for: (a) no-show prediction, (b) cancellation. The correct classification rates of each method across the four clinics are connected to provide better visual distinction.

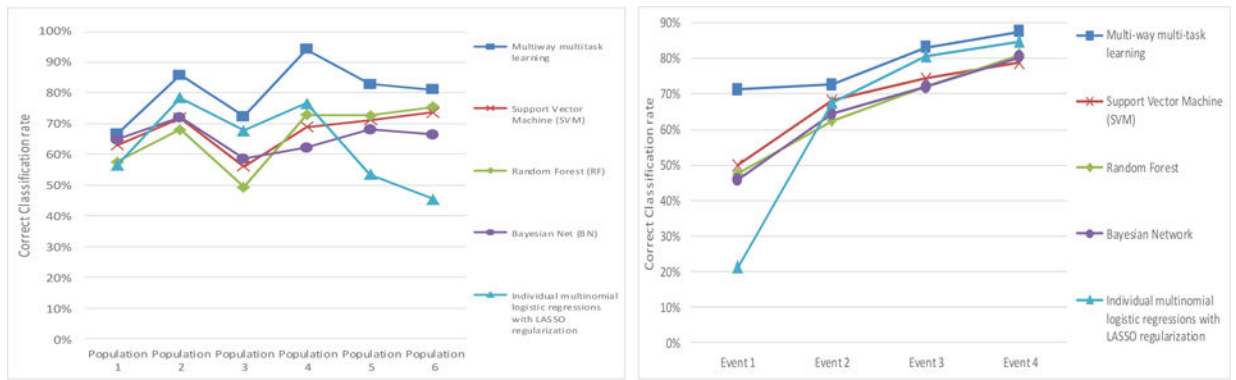


Fig. 7. Correct classification rate of comparing methods in the simulation study across: (a) different populations, and (b) different events. The correct classification rates of each method are connected to provide better visual distinction.

Table 1

Distribution of data across different clinics and risk factors

Clinic	Frequency														
	Miss-opportunity			Mental Health			Ophthalmology			Dental Care			Dermatology		
	No-show	Cancellation	Show-up	No-show	Cancellation	Show-up	No-show	Cancellation	Show-up	No-show	Cancellation	Show-up	No-show	Cancellation	Show-up
Week day															
Mon	10	2	22	7	1	21	3	0	13	4	1	8			
Tues	5	3	15	7	3	25	4	2	6	8	3	9			
Wed	8	2	32	3	4	26	4	4	6	0	0	0			
Thu	7	9	20	6	4	23	1	1	6	1	1	0			
Fri	5	4	11	2	3	12	3	2	6	1	1	6			
Sat	0	0	1	0	0	1	0	0	0	0	0	0			
Sun	0	0	2	0	0	0	0	0	0	0	0	0			
Morning 8-11	15	8	34	15	11	68	7	2	19	2	1	6			
late morning 11-12	4	2	14	3	0	9	1	2	5	3	1	1			
Noon 12-13	2	2	3	0	0	0	0	0	0	0	0	0			
Early afternoon 13-15	10	6	48	5	2	26	4	2	5	5	3	7			
Afternoon 15-16	4	2	4	2	2	5	3	1	6	4	1	9			
Late afternoon 16-17	0	0	0	0	0	0	0	1	0	0	0	0			
Evening >17	0	0	0	0	0	0	0	0	0	0	0	0			
Distance to medical center (Average)	13.49	17.54	25.59	8.03	8.21	8.52	7.88	12.12	9.88	38.99	18.52	19.80			
Sex															
Male	28	13	76	24	15	104	13	8	34	12	5	13			
Female	7	7	27	1	0	4	2	1	3	2	1	10			
Age (Average)	50.82	50.70	50.37	66.8	64.46	67.52	52.66	47.00	58.24	57.42	54.50	57.69			
Marr. status															
Divorced (m2)	13	10	47	4	5	24	4	3	7	7	2	12			
Never married (m3)	6	4	23	9	5	27	3	0	7	5	2	4			
Widowed (m4)	7	3	19	3	2	2	5	1	7	1	2	3			
Married (m1)	9	3	14	9	3	55	3	5	16	1	0	4			
(50-100%) s2	0	0	1	2	0	2	0	0	0	0	0	0			
(<50%) s3	8	9	39	9	3	55	5	3	5	10	2	10			
Poverty (Cov)															
(Non-service con.) s4	1	2	0	0	0	0	0	0	0	1	2	0			
(NSC, pension) s5	4	2	2	1	1	1	0	0	0	0	0	0			

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Clinic	Frequency														
	Miss-opportunity			Mental Health			Ophthalmology			Dental Care			Dermatology		
	No-show	Cancellation	Show-up	No-show	Cancellation	Show-up	No-show	Cancellation	Show-up	No-show	Cancellation	Show-up	No-show	Cancellation	Show-up
(Service con. <6) s6	5	1	19	8	4	29	6	0	11	3	1	5	0	1	5
(Service con. <5) s1	17	6	42	5	7	21	4	6	21	4	6	8	0	1	8

Comparing methods information wherein individual model is indexed by M and individual parameter is indexed by P

Table 2

No.	Approach	No. Initial Parameters	No. of final parameters (non-zero)	Shrinkage ratio	Individual model/par for each clinic	Individual model/par for each miss-opp.
1	Individual multinomial logistic regressions (for each clinic)	192 (24 risk factors \times 2 miss-opp \times 4 clinics)	192	0%	M	M
2	Individual multinomial logistic regressions with LASSO regularization	192 (24 risk factors \times 2 miss-opp \times 4 clinics)	174	9%	M	M
3	Integrated multinomial logistic regression (for all clinics)	54 (27 risk factors \times 2 miss-opp)	54	0%	P	M
4	Integrated multinomial logistic regression with LASSO regularization	54 (27 risk factors \times 2 miss-opp)	45	17%	P	M
5	Multi-way Multi-Task learning Multinomial logistic regression with L_1/L_2 regularization	192 (24 risk factors \times 2 miss-opp \times 4 clinics)	127	34%	M	M

Table 3

Estimated parameters of the proposed multi-way multi-task learning approach for multinomial logistic regression, wherein zero parameters associated with deselected risk factors are shaded

	Clinic		Mental Health		Ophthalmology		Dental Care		Dermatology	
	Miss-opportunity	No-show	Cancellation	No-show	Cancellation	No-show	Cancellation	No-show	Cancellation	No-show
Weekday										
Intercept	0.0	0.0	0.0	0.0	-1.0	0.0	0.0	0.0	0.0	0.0
Mon	0.8	-1.0	-0.4	-1.0	-3.0	-0.5	-2.5	-1.0	-1.5	-1.5
Tues	0.3	-1.0	-0.3	-1.0	-1.4	0.6	0.5	0.0	-0.3	-0.3
Wed	-0.1	-1.8	-1.0	-1.8	-0.8	0.8	1.0	0.0	0.0	0.0
Thu	0.3	-0.9	1.0	-0.9	-0.9	-0.8	0.4	1.0	1.8	1.8
Fri	0.5	-1.5	1.3	-1.5	-1.0	0.0	0.3	-1.8	-0.3	-0.3
Sat	0.0	-0.6	0.0	-0.6	-1.0	0.0	0.0	0.0	0.0	0.0
Daytime										
Morning 8-11	0.0	0.0	-0.5	0.0	0.0	0.3	-1.0	-0.5	-0.3	-0.3
late morning 11-12	-0.5	0.5	-0.8	0.5	-1.6	-0.3	-0.3	0.3	-0.3	-0.3
Noon 12-13	0.3	0.0	0.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Early afternoon 13-15	-1.5	-0.4	-2.0	-0.4	-1.0	1.0	0.3	0.8	0.8	0.8
Afternoon 15-16	0.3	0.5	0.1	0.5	1.0	0.3	-1.0	-0.5	-1.5	-1.5
Late afternoon 16-17	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Distance to medical center (mile)										
	-4.5	-1.8	-0.8	-1.8	-0.5	-2.5	1.3	1.3	-0.3	-0.3
Sex										
	0.3	0.0	-0.3	0.0	0.0	0.0	0.0	0.0	0.3	0.3
Age										
	0.0	0.0	-1.8	0.0	0.0	-1.3	-2.5	0.0	-0.5	-0.5
Marriage status										
Divorced (m2)	0.0	0.0	0.0	0.0	1.3	0.0	-0.5	0.3	0.0	0.0
Never married (m3)	-0.3	0.0	-0.3	0.0	1.3	0.3	-2.8	0.8	1.0	1.0
Widowed (m4)	-1.3	2.1	-0.8	2.1	1.8	0.4	-1.3	-0.8	0.5	0.5
Poverty (Coverage)										
(50-100%) s2	0.0	-0.5	0.0	-0.5	0.8	-1.3	0.6	-4.3	-2.0	-2.0
(<50%) s3	-1.3	1.5	-0.5	1.5	-1.5	0.0	0.0	0.0	0.0	0.0
(Non-service connected) s4	-1.0	0.5	0.5	-0.5	-1.5	0.0	1.8	0.0	-1.3	-1.3
(NSC, pension) s5	2.8	5.8	5.8	0.0	0.0	0.0	0.0	2.8	3.5	3.5
(service connected <6) s6	2.5	3.4	3.4	-0.8	2.1	0.0	0.0	0.0	0.0	0.0

Table 4

Comparing methods information

Row	Method	Parameters (estimated)	Reference	Note
1	Proposed multi-way multi-task learning framework	Regularization: L_1/L_2 Tuning par.: $(\lambda_1^*, \lambda_2^*) = (0.1, 0.1)$	N/A	• Data splitting strategy: Five-fold cross validation
2	Random Forest (RF)	Confidence factor: 0.25	[70]	• Algorithm: J48 • Data splitting strategy: Five-fold cross validation
3	Bayesian Net (BN)	Estimator: Simple ($\alpha=.5$) Search algorithm : K2	[71,72]	• Data splitting strategy: Five-fold cross validation • Search algorithm: hill climbing
4	Multilayer Perceptron Neural Net (MLP)	Hidden layers: a Learning rate: .3 Momentum: 0.2	[73]	• Data splitting strategy: Five-fold cross validation
5	Support Vector Machine (SVM)	Kernel fun.: Polynomial Filter type: Normalize training data Tolerance par: 0.001 Optimization algorithm: John Platt's Sequential Minimal Optimization	[74,75]	• Data splitting strategy: Five-fold cross validation