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## **Enhanced efficacy of the engineered antimicrobial peptide WLBU2 via direct airway delivery in a murine model of P. aeruginosa pneumonia**

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## **Abstract**

**Objectives—***P. aeruginosa* is a common cause of pneumonia in cystic fibrosis patients with the property to generate multidrug resistance against clinically used antibiotics. Antimicrobial peptides (AMPs) are a diverse group of effector molecules of the innate immunity that protect the host against pathogens. However, the lack of activity in common biological matrices has hampered efforts towards clinical development. In this study, we evaluated the therapeutic potential of engineered antimicrobial peptide WLBU2 via direct airway delivery in a murine model of P. aeruginosa infection.

**Methods—**The human AMP LL37 and WLBU2 were compared for (1) antibiofilm activity using P. aeruginosa on polarized human bronchial epithelial cells; (2) efficacy in P. aeruginosa pneumonia in mice using intra-tracheal (i.t.) instillation of bacteria and AMPs.

**Results—**WLBU2 (16µM) prevents biofilm formation by up to 3-log compared to 1-log reduction by LL37. With a single dose of 1µg (0.05mg/kg) delivered i.t., the initial effect of LL37 was moderate and transitory, as bacterial load and inflammatory cytokines increased at 24h with observed signs of disease such as lethargy and hypothermia (L&H), consistent with moribund state requiring euthanasia. In sharp contrast, WLBU2 reduced bacterial burden (by 2 logs) and bacteria-

#### **AUTHORS' CONTRIBUTIONS TO THE MANUSCRIPT**

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**CONFLICT OF INTEREST**

R.C.M.holds stock in Peptilogics and serves on an advisory board for Peptilogics. Although a potential financial conflict of interest was identified based on the authors' relationship with Peptilogics, the research findings included in this publication may not necessarily be related to the interests of Peptilogics. The other authors declare no conflict of interest.

C.C. performed the experiments and analyzed data; R.C.M. discussed data and reviewed the manuscript; B.D. and Y.P.D. designed the experiments, analyzed data, and wrote the manuscript.

**Conclusion—**These promising results now establish a much lower minimum therapeutic dose (mTd) of WLBU2 (a net gain of 80-fold) compared to the previously reported 4mg/kg systemic mTd, with significant implications for clinical development.

## **Graphical abstract**



#### **Keywords**

LL37; pseudomonas aeruginosa; resistance; antimicrobial peptides; cationic peptides; respiratory infection; antibiotic resistance; pneumonia; WLBU2

## **Introduction**

P. aeruginosa is one of the most important opportunistic bacterial pathogens(1). Although it is less frequent in community-acquired pneumonia (CAP), this organism is a common cause of multidrug resistance (MDR)-associated bacterial infections in patients with cystic fibrosis (CF), ultimately resulting in CF-related fatalities(2). It can cause severe hospital-acquired pneumonia (HAP) in immune-compromised patients(3). P. aeruginosa is a member of a group of organisms known as ESKAPE pathogens(4), which typically have a high propensity to develop antibiotic resistance and cause hard-to-treat bacterial infections. In addition, P. aeruginosa has the property to attach to tissues and form sessile communities known as biofilm, which tends to be inherently resistant to standard antibiotic treatment(5). Thus, novel antimicrobial agents with the property to overcome current mechanisms of resistance are urgently needed.

Antimicrobial peptides (AMPs) are a class of agents that may be effective against MDR pathogens, with amphipathicity as a common feature of active AMPs(6). However, natural AMPs have some shortcomings including inhibition of activity in biological matrices and lack of evidence for efficacy in animal models(7), which have influenced clinical development efforts toward topical applications(8). We have postulated that natural AMPs are typically not dedicated antibiotics because, as multifunctional effector molecules of the immune system (e.g., the human AMP LL37)(9), they are mainly responsible for protecting (more preventive than therapeutic) the host from local invasion of pathogens. Therefore, clinical development of AMPs as dedicated antibiotics requires structural optimization or de novo design.

We previously demonstrated that a *de novo*-engineered AMP, modeled to form an idealized amphipathic helix, requires only two or three different amino acids either to be as effective as LL37 (made of 14 different amino acids) or to display activity in biological matrices and in vivo efficacy in animal models(7, 10, 11). Hence, composed of only Arg, Val, and Trp, the engineered AMP WLBU2 displays broad-spectrum antibacterial activity in saline and divalent cation concentrations. In addition, it demonstrates antiviral and antibiofilm properties as well as systemic efficacy in murine models of P. aeruginosa septicemia(5, 10, 12). What remains unclear is whether local delivery of WLBU2 into the airway could attenuate a respiratory infection. As LL37 is one of the AMPs that normally protect the host against airway infections, we reasoned that local airway delivery of AMPs would represent an effective and appropriate model for comparing WLBU2 and LL37. Thus, we report herein the comparative study of efficacy of WLBU2 and LL37 directly delivered into the airway in a murine model of *P. aeruginosa* pneumonia.

## **Materials and Methods**

#### **Materials**

Eagle's minimum essential medium (EMEM), heat-inactivated fetal bovine serum, and penicillin-streptomycin, protease XIV and DNase were purchased from Sigma-Aldrich (St. Louis, MO). All other chemicals were reagent grade.

#### **Human bronchial epithelial (HBE) cells**

Fully differentiated primary human bronchial epithelial (HBE) cells were derived from lungs removed at the time of lung transplantation from the Center for Organ Recovery and Education (Pittsburgh, PA). Cells were prepared using previously described methods approved by the University of Pittsburgh Institutional Review Board (IRB) (13–17) (13–17) (13–17) (13–17). Briefly, bronchi from the 2nd to 6th generations were digested(16, 17) in MEM containing protease XIV and DNase. The epithelial cells were removed and collected by centrifugation prior to resuspension in BronchialLife Epithelial growth medium (Lifeline Technology; Frederick, MD) and plating onto collagen-treated tissue culture flasks. The cultures were then maintained at air-liquid interface (ALI), with basolateral media changed twice weekly.

#### **Peptide synthesis**

#### WLBU2 (RRWVRRVRRVWRRVVRVVRRWVRR) and LL-37

(LLGDFFRKSKEKIGKEFKRIVQRIKDFLRNLVPRTES) were synthesized at the University of Pittsburgh Peptide Synthesis Facility using the previously described standard Fmoc (9-fluorenylmethoxy carbonyl) synthesis protocols(18). For comparison purposes, 1mM peptide represents a concentration of 3.4 mg/mL for WLBU2 and 4.5mg/mL for LL37.

#### **Biotic biofilm assay**

Biotic biofilm assay was performed using co-cultures of polarized HBE cells and P. aeruginosa PAO1 with a starting multiplicity of infection (MOI) of 30 and 500µL MEM on the basolateral side as previously described(14). HBE cells were inoculated with PAO1 in

50µL MEM at the apical side for 1 h to allow attachment of the bacteria to the HBE cells in ALI culture. Each AMP (final 16µM concentration), diluted in 50µL PBS, was added for 5 h. After a total of 6h, the biofilms were disrupted by sonication for 30sec (PRO DPS-20 sonicator), with subsequent serial dilution and enumeration on LB agar plates to determine colony-forming units (CFU).

#### **Transepithelial Electrical Resistance (TEER) assay**

TEER was examined as a measure of Lung epithelial integrity in differentiated primary HBE cells by using an electronic resistance system (Millicell ERS-2, EMD Millipore). HBE cells were grown on an ALI culture system in 24-transwell plates (Corning, Tewksbury, MA) using BronchiaLife Epithelial Airway Medium (Lifeline, Frederick, MD) in the basolateral compartment. Peptides dissolved in PBS at different concentrations were added onto the apical surface of the HBE cells in a final volume of 100µl. A sterile electrode was applied onto the apical side of the transwell insert containing the HBE cells with/without peptide treatments, and TEER was measured three times for comparison at different time intervals.

## **Murine infection model**

All animal experiments were carried out according to a protocol approved by the Institutional Animal Care and Use Committee (IACUC) of the University of Pittsburgh based on the National Institutes of Health guide for the care and use of Laboratory animals. 8-week old female wild-type C57BL/6J mice were anesthetized by isoflurane inhalation and instilled intra-tracheally (i.t.) with  $\sim 3 \times 10^6$  CFU PAO1 (susceptible to WLBU2 and LL37) in 50µl PBS. One hour post-exposure, each peptide was i.t. administered at 0.05 mg/kg (predetermined in a pilot experiment as minimum dose WLBU2 required to rescue mice from a lethal infection) in 50µl of PBS. Control mice were instilled with 50µl of phosphate buffered saline (PBS) without peptide. Mice were monitored for signs of morbidity and euthanized at 6h or 24h after bacterial exposure.

#### **Lung histopathology**

Lung tissues were harvested at 6h or 24 h after bacterial exposure and examined for histopathology. Tissues were fixed *in situ* with 4% paraformaldehyde for 10 minutes with open chest cavity. The right lobe was embedded in paraffin, and 5µm sections were prepared by staining in hematoxylin and eosin and analyzed for pathological severity.

#### **Bronchoalveolar lavage (BAL) and cell differential counts**

Wild-type 8-week old female C57BL/6J mice were anesthetized by isoflurane inhalation prior to peptide administration i.t. in 50 µl of PBS at 0.05mg/kg or 0.35 mg/kg. Control mice were instilled with 50 µl of PBS without peptide. After 24h of treatment, mice were anesthetized with 2.5 % tribromoethanol (Avertin). The trachea was cannulated to allow the lungs to be lavaged twice using 1mL saline, and the BAL samples collected as previously described (19). The number of live immune cells in the BAL was determined using a Vision Cell Analyzer automatic cell counter (Nexcelom, Lawrence, MA). cell differential was determined microscopically using additional aliquots placed on glass microscope slides

(Shanon Cytospin; ThermoFisher, Pittsburgh, PA), stained with Diff-Quick. A total of 400 cells per slide were counted at least twice for inflammatory cell differential counts.

#### **Gene expression analysis (Real-time PCR)**

Expression levels of different inflammation-related genes were determined at 6h or 24 h from peptide administration  $(0.05-0.35 \text{ mg/kg})$  in infected or non-infected mice, as previously described(19–22). Briefly, total mRNA was isolated from the right lung using Trizol reagent. Quantitative PCR was performed using ABI7900HT (Applied Biosystems, Foster City, CA) and primers for all genes specified in Figures 3, 4, and 5. Test and calibrator lung RNAs were reverse transcribed using a High-Capacity cDNA reverse transcription kit (Life Technologies). The cDNA was amplified as follows: 50 °C for 2 min, 95 °C for 10 min, 40 cycles; 95 °C for 1 5s; 60 °C for 1min. Three replicates were used to calculate average cycle threshold for each transcript of interest using (β-glucuronidase for normalization (Assays on Demand; Applied Biosystems). Relative mRNA abundance was calculated using the Ct (cycle threshold) method.

#### **Data analysis**

Data are expressed as mean  $\pm$  SEM. Statistical comparisons between groups of mice were made using ANOVA, followed by Dunnett's multiple comparison test (one way ANOVA) or the Bonferroni multiple comparison test (two way ANOVA). A  $p$  value <0.05 was considered to be statistically significant.

## **Results**

WLBU2 has been extensively characterized *in vitro* in comparison to LL37 (23), and presented in Table 1 are various MICs of these two AMPs against diverse strains of multidrug-resistant (MDR) P. aeruginosa. Importantly, both peptides are active against PAO1 with MICs of 2 $\mu$ M (WLBU2) and 4 $\mu$ M (LL37), as previously shown (18).

## **WLBU2 displays antibiofilm activity with no permanent effects on bronchial epithelial integrity**

Because our goal was to test the in vivo efficacy of WLBU2 in a respiratory infection model, it was important to first determine in vitro activity of AMPs using a biological matrix that closely mimics the airway epithelium. Hence, we used a well-developed model of maintaining polarized HBE cells in ALI culture to compare the two AMPs of distinct origins (WLBU2 and LL37) but of similar structural properties. After allowing the bacterial cells to attach to HBE cells for 1h, AMPs were added at 16µM (WLBU2 concentration not toxic to HBE cells) on the apical side of the ALI culture. LL37 was able to slightly reduce the formation of bacterial biofilm (Figure 1A). However, the antibiofilm activity of WLBU2 was almost one order of magnitude 10-fold) better than that of LL37 (P<0.05). Furthermore, we determined the influence of these AMPs on epithelial integrity by assessing TEER. Surprisingly, LL37 substantially affected epithelial TEER. Although the initially sharp decline in TEER by AMP treatments was expected, LL37-treated HBE cells never completely recovered at 24 hours after administration (Figure 1C and 1D), with a final reduction in TEER by nearly 1/2 at 32µM or 2/3 at 64µM. By contrast, WLBU2-treated

HBE cells completely recovered from the 24h treatment to baseline levels at both concentrations.

## **WLBU2 significantly reduced bacterial burden and inflammation in PAO1-induced pneumonia**

C57BL/6 mice were infected i.t. with PAO1 and treated with AMPs by i.t. instillation (1µg or 0.05mg/kg, based on a pilot experiment in determining minimum WLBU2 dosage protecting mice from a lethal infection) at 1h post-exposure, as described in Materials and Methods. We monitored the animals for either 5h or 23h post-treatment (a total of 6h and 24h post-exposure) with no observed signs of morbidity ( $e.g.,$  impaired mobility) during the first 6h post-exposure. However, at 24h post-exposure, it became evident that the PBS- and LL37-treated mice were lethargic with only a minor difference in mobility between those two groups, progressing towards moribund state or L&H. By contrast, the WLBU2-treated mice appeared unaffected, with similar mobility to uninfected mice. On necropsies, both LL37 and WLBU2 significantly (P<0.001) reduced bacterial burden by to 2 to 10-fold (LL37) and up to 10 to 100-fold for WLBU2 at 6h post-exposure (Figure 2). By 24h postexposure, the reduction in bacterial counts due to LL37 treatment was dissipated to less than 2-fold compared to mock-treated mice in the lung. Remarkably, WLBU2 maintained its efficacy after 23h post-treatment, with a 2-log CFU reduction in the lungs compared to mock-treated animals (Figure 2). This substantial reduction in bacterial burden by WLBU2 is consistent with no observed lethargy in these mice compared to LL37- and the PBStreated animals at 24h post-exposure.

Next, we assessed the effects of AMPs on the levels of PAO1-associated inflammation by examining gene expression of major inflammatory cytokines (IL-6 and IL1-β) and chemokines (Cxcl1 and MIP-1α) in the infected mice treated with PBS or 0.05mg/kg AMPs. At 6h post-exposure, LL37 significantly (P<0.05) decreased the expression level of IL1β and MIP-1 $\alpha$ , whereas WLBU2 had a much more significant effect (P<0.01) on these two inflammatory mediators (Figure 3A). Similar to the effects on bacterial burden after 24h post-exposure (Figure 3B), WLBU2 had a broad effect (40 to 70% reduction, P<0.05) on the expression of both cytokines (IL-6 and IL-1β) and chemokines (Cxcl1 and MIP). LL37- and PBS-treated animals displayed similar levels (exception, lower IL-1β level in LL37-treated mice compared to control) of these inflammatory cytokines and chemokines. WLBU2 treated mice also displayed substantially lower levels of inflammatory infiltrates compared to lung tissues of PBS- and LL37-treated mice, which display moderate (PBS) to mild (LL37) levels of leukocyte infiltrates at 6h (Figure 3C) post-exposure. By 24h post-exposure (Figure 3D), these leucocyte infiltrates already became substantially more prominent in both PBS- and LL37-treated mice, while reaching baseline level in lung tissues of WLBU2 treated mice. A more extensive examination of inflammatory mediators (NF-kb, TNF-α, IL-10, CxCl1, Cxcl2, and Cxcl3) revealed a similar relationship between LL37 and WLBU2 (Figure 4). Finally, we demonstrated at 7µg (7 times the minimum effective dose) delivered i.t., both LL37 and WLBU2 had no effect on cell differential and inflammatory mediators in the lungs of uninfected mice (Figure 5). All of these findings indicate that WLBU2 displayed superiority over LL37 in efficacy via direct delivery into the airway.

## **DISCUSSION**

The current antibiotic armamentarium is revealed insufficient to treat respiratory infections, one of the leading causes of death worldwide(24, 25). To address this urgency, our strategy has been to develop *de novo*-designed AMPs (eCAPs) to overcome the limitations of natural AMPs(26, 27). These eCAPs demonstrate broad-spectrum activity in biologically relevant environments and remain effective against ESKAPE pathogens that are resistant to LL37 and colistin(23). In addition to the previously demonstrated systemic efficacy of WLBU2(10), we showed in this study that: (i) WLBU2 displayed significantly higher antibiofilm activity than LL37 without any permanent effect on the integrity of the epithelial cells; (ii) WLBU2 reduced bacterial burden and P. aeruginosa-associated inflammation. Importantly, these mice showed no physical signs of disease, in sharp contrast to LL37 treated mice. Remarkably, WLBU2 achieved this level of efficacy with just a single dose of 1µg (0.05mg/kg). The significance of the current study is the discovery of a substantial gain (~80-fold) in minimum dose required for therapeutic efficacy over the previously reported minimum systemic dose of 4 mg/kg.

Considering the protective role of LL37 in preventing bacterial colonization of human tissues  $(e.g., \text{skin}, \text{reproductive tract}, \text{gastrointestinal tract}, \text{respiratory tract}),$  it is not surprising that it displays broad antimicrobial activity. Indeed, LL37 reduced biofilm formation and bacterial load in our mice. However, it is important to underscore that our study tested activity in the presence of high bacterial load (infection) consistent with established colonization, which must be distinguished from the typically lower inoculum of bacteria interacting with human epithelia prior to eradication by AMPs (homeostasis), thereby preventing colonization and infection in most cases. As a result, the effects of LL37 were only transitory in our study. By contrast, the effects of WLBU2 on bacterial burden and PAO1-induced inflammation were sustained throughout the 24h post-treatment, with multiple-log reduction in bacterial burden, leucocytic infiltrates, and inflammatory cytokines at both 6h and 24h. Unlike the PBS- and LL37-treated mice, the WLBU2-treated mice never displayed any sign of L&H suggesting that the substantial decrease in bacterial burden and inflammation due to WLBU2 treatment was sufficient to reverse the lethality of the disease. Surprisingly, the LL37-treated HAE cells never fully recovered toward their initial TEER compared to PBS- or WLBU2-treated cells. This does not necessarily mean that LL37 is more toxic to mammalian cells than WLBU2, as we learned from previous toxicity assays(18). Because LL37 displays multiple functional properties in the context of the host immunity, it is possible that the lower TEER of HAE cells is related to the property of LL37 to facilitate the infiltration of other cellular components of the immune system.

With these promising data, an important question is why WLBU2 displays in vivo efficacy while most natural AMPs fail as therapeutics in animal models of infection. The answer lies in the design concept of WLBU2(11). Most mammalian AMPs have evolved in the context of the host innate immunity to perform multiple functions, which is reflective of the diversity in amino acid composition with various degrees of amphipathicity(28). We previously demonstrated that this primary sequence diversity is not required for antimicrobial function(10). In fact, it may explain the lack of structural optimization of natural AMPs necessary to remain active in *in vitro* models of biological matrices and in

animal models. Hence, the design strategy resulting in the structure of WLBU2 is based on the principle of optimal amphipathicity while minimizing the diversity of amino acid composition using only hydrophobic (Val and trp) and cationic (Arg) amino acids. Thus, in contrast to the 14 different amino acids found in LL37, we excluded from the primary sequence the amino acids that may potentially interfere with the structural determinants of optimal antimicrobial function. Other investigators also use such a design principle to develop anticancer AMPs(29, 30). Together, these studies provide strong rationale for further AMP development to help mitigate the problem of drug resistance.

The data highlight the advantage of AMP optimization based on the principle of amphipathicity. The current state of the AMP field combined with the evolutionary capacity of the microbial world requires continuous efforts for enhanced structural optimization. Lessons from previous failures will allow progression towards further increasing safety as well as enhancing therapeutic efficacy and pharmacokinetic properties.

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**Figure 2. WLBU2-treated mice are protected against PAO1-induced respiratory infection** Age- and gender-matched wild-type C57BL/6J mice were intra-tracheally (i.t.) instilled with  $3\times10^6$  CFU PAO1 per mouse. Total lung burden (A) was represented by combining bacterial CFU in BAL (B) and lung homogenate (C) after necropsies at 6h and 24h after PAO1 infection. WLBU2-treated mice showed a significant reduction in their lung bacterial burden compared to LL37- and mock-treated mice. Results are mean ± SEM from two independent experiments; n = 4–6 mice for each treatment group in each experiment; \* $p < 0.05$ , \*\* $p <$ 0.01, \*\*\* $p < 0.001$ .



**Figure 3. WLBU2 was more effective than LL37 at reducing inflammation induced by** *P. aeruginosa* **at 6h after bacterial exposure**

Different inflammatory mediators in the lungs of P. aeruginosa-infected mice after peptide administration (at 0.05 mg/kg) were examined for mRNA levels within 6h (A) or 24h (B) after bacterial exposure. Histologic analysis of lung tissues are shown at the corresponding times of 6h (C) or 24h (D) post-exposure for PBS-, WLBU2-, or LL37-treated mice. Peptides were administered at 0.05 mg/kg 1h after bacterial exposure. Results are mean ± SEM from three independent experiments;  $n = 4$ –6 mice for each treatment group; \*p < 0.05,  $**p < 0.01$ ,  $**p < 0.001$ .

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**Figure 4. Levels of mRNA of different sets of genes in WLBU2- and LL37-treated mice after PAO1 exposure**

Age-matched wild-type C57BL/6J mice were intra-tracheally (i.t.) instilled with  $3\times10^6$  CFU PAO1 per mouse. Expression of inflammation-related genes showed WLBU2 significantly reduced PAO1-induced inflammation-related mRNA levels compared to LL37 at 6h (A, cytokines and C, chemokines) or 24h (B, cytokines and D, chemokines) post-infection. Results are mean  $\pm$  SEM from three independent experiments; n = 4–6 mice for each treatment group.  $\frac{*p}{<}0.05$ ,  $\frac{*p}{<}0.01$ ,  $\frac{**p}{<}0.001$ .

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#### **Figure 5. Instillation of AMPs into mouse lungs does not cause pulmonary toxicity**

Wild-type C57BL/6J mice were intra-tracheally (i.t.) instilled with digested AMPs at a concentration of 0.35 mg/kg (WLBU2, LL37 treatment) or PBS (control). AMP treatment did not result in any noticeable difference in total inflammatory cells and differential cell counts (A) as well as expression of inflammation-associated genes (B). The results indicate that WLBU2, similar to LL37, does not cause pulmonary toxicity. Results are mean  $\pm$  SEM from two independent experiments;  $n = 4–6$  mice for each group.

#### **Table 1**

Activity of WLBU2 and LL37 against MDR strains isolated from Cystic fibrosis patients; PAO1 is included as a control strain susceptible to antibiotics and AMPs

