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The immunogenetics of neurological disease

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Summary

Genes encoding antigen-presenting molecules within the human major histocompatibility complex (MHC) account for the highest component of genetic risk for many neurological diseases, such as multiple sclerosis, neuromyelitis optica, Parkinson's disease, Alzheimer's disease, schizophrenia, myasthenia gravis and amyotrophic lateral sclerosis. Myriad genetic, immunological and environmental factors may contribute to an individual's susceptibility to neurological disease. Here, we review and discuss the decades long research on the influence of genetic variation at the *MHC* locus and the role of immunogenetic killer cell immunoglobulin-like receptor (KIR) loci in neurological diseases, including multiple sclerosis, neuromyelitis optica, Parkinson's disease, Alzheimer's disease, schizophrenia, myasthenia gravis and amyotrophic lateral sclerosis. The findings of immunogenetic association studies are consistent with a polygenic model of inheritance in the heterogeneous and multifactorial nature of complex traits in various neurological diseases. Future investigation is highly recommended to evaluate both coding and non-coding variation in immunogenetic loci using high-throughput high-resolution next-generation sequencing technologies in diverse ethnic groups to fully appreciate their role in neurological diseases.

Keywords: immunogenetics; neurological disease.

Introduction

Rare or common neurological diseases are associated with an impaired central nervous system (CNS) and/or peripheral nervous system (PNS). Neurological disease impacts approximately 1 billion individuals around the world, comprising individuals of all age groups and races, in diverse geographical locations and with diverse socio-economic status.¹ Together, neurological diseases represent 7·1% of the total global burden of disease, evaluated in disability-adjusted life years, across all causes and ages.²

Despite significant progress in the management of many neurological diseases, we are still lacking complete and coherent models of pathogenesis, and as a result the repertoire of available therapies is imperfect. Recent advances in genomic sciences have set in place the foundation for understanding and decoding the rules of inheritable risk for chronic neurological diseases, which may translate into improved prognosis of outcomes and new therapeutic options. The genetic signals associated with susceptibility to the majority of neurological diseases remains inadequately explained due to the heterogeneous and multifactorial nature of these complex traits.³ Myriad genetic, immunological and environmental factors may contribute to an individual's susceptibility to neurological disease. However, the clear implication of genetic factors in the causation of many neurological diseases has been gleaned from heritability studies in families, twins and adopted individuals.³ Familial studies have reported increased incidence of several neurological diseases in offspring or siblings of affected individuals, twin studies have reported higher disease concordance in monozygotic than in dizygotic twins and studies in adopted individuals have suggested a high disease concordance in monozygotic twins raised in diverse environments.

Genes encoding antigen-presenting molecules within the human major histocompatibility complex (MHC) account for the highest component of the genetic risk for many neurological diseases. Risk or protection for a variety of neurological diseases, including multiple sclerosis, neuromyelitis optica, Parkinson's disease, Alzheimer's disease, schizophrenia, myasthenia gravis and amyotrophic lateral sclerosis, has been mapped to this region (Fig. 1). However, the precise mechanisms underpinning these effects in these neurological diseases remain elusive. Here, we aim to review and discuss the decades long research on the influence of genetic variation at immunogenetic loci in neurological disease. We focus primarily on the well-studied loci of the *MHC*, and later turn our attention to the killer immunoglobulin-like receptor (*KIR*) complex, whose protein products functionally interact with some loci of the *MHC*.

The human major histocompatibility complex region and neurological disease

The balance of innate and adaptive immunity is now appreciated as an important component in the determination of neurological disease outcome. The molecules encoded by the major histocompatibility complex (MHC) regions regulate the innate and adaptive arms of human immune response through antigen presentation, inflammation regulation and the complement system and the impact of this region in various immune-mediated conditions, including neurological diseases, has long been recognized.⁴⁻⁹ The human MHC gene family maps to chromosome 6. With a size of nearly 5 Mbp it encodes approximately 165 protein-coding genes, many of them immune-related,¹⁰ and comprises approximately 0.13% of the human genome.⁹ After the first discovery of the mouse MHC in 1936¹¹ the human equivalent, the human leucocyte antigen (HLA), was subsequently mapped and extensively studied for both gene content and allelic variation. Thus, the HLA region became the most investigated region in vertebrate genomes. This region is considered the densest region of the human genome and with the effort of the *MHC* sequencing consortium the complete sequence and gene map of this region was first generated in $1999.^{12}$

The HLA region is characterized by an extreme level of polymorphism and extensive patterns of linkage disequilibrium (LD), which varies among populations. The genes of this region are divided into five subregions: (i) the extended class I, (ii) class I, (iii) class III, (iv) class II and (v) extended class II regions.9 The extended MHC region comprises greater than 400 annotated genes and pseudogenes.¹⁰ The HLA class I region consists of three classical loci, HLA-A, HLA-B and HLA-C, along with three nonclassical loci: HLA-G, HLA-E and HLA-F. The non-classical HLA class I molecules are characterized by a more limited degree of polymorphism compared to the their classical counterparts.9 HLA class I molecules are expressed on all nucleated cells and their main function is presentation of non-self antigens originated from intracellular sources to cytotoxic (CD8⁺) T-cells for killing of the antigen-presenting cells (APCs).¹³ Similarly, the class II region of HLA comprises three classical loci, HLA-DP, HLA-DQ and HLA-DR, along with two non-classical loci, HLA-DO and HLA-DM.9 The genes of classical HLA class II loci are expressed on the surface of professional APCs, which generally present antigens of extracellular origin,¹⁴ such as those derived from food (metabolites) or bacteria for the presentation to helper (CD4⁺) T-cells. The HLA class III region consists of inflammatory regulatory genes,



Figure 1. Genomic discovery in neurological disease mapped to the extended MHC region on chromosome 6.

such as complement (*C2*, *C4*, *CFB*), cytokine genes (e.g. *TNF*, *LTA*, *LTB*) and other genes with non-immune or unknown functions.⁹

The CNS is considered an immune privileged site, and it was long considered that typical neurons did not express HLA class I. However, this notion was rejected following the detection of HLA class I mRNA and/or protein expression in various neuronal populations, comprising motor nuclei, substantia nigra pars compacta.15,16 dorsal root ganglia neurons,¹⁷ dopaminergic nigral cells,¹⁸ developing and adult hippocampal pyramidal cells.^{19,20} sensory neurons of the vomeronasal organ,^{21,22} brainstem,^{15,18} and spinal,^{15,23} motor neurons and cortical pyramidal cells.^{16,20} More recently, a direct link has been established for HLA class I in functional and structural synapse pruning in the CNS.^{24,25} Further, the capacity of microglia, the brain's resident macrophage, to present antigen through the class II MHC to T-cells permits these typically quiescent cells to perform an important role in determining the clinical outcome of various neurological diseases. The roles of microglia in several neurological diseases are well documented.²⁶⁻²⁸

Taken together, the *HLA* loci are vital for shaping cellular adaptive immune responsiveness, and their impact upon human health and disease has long been appreciated. During the course of four decades, the impact of variation in *HLA* has been studied with respect to neurological disease. A time-line of the crucial findings of *MHC* and *KIR* loci in relevance to neurological diseases are presented in Fig. 2. In the following sections, we discuss the role of *HLA* class I and II molecules in these diverse and often debilitating diseases (Table 1).

HLA and multiple sclerosis

The neurological disease most clearly and consistently associated with variation in the HLA region is multiple sclerosis (MS). The first evidence for the association of HLA class I antigens with MS was published in 1972,²⁹ with risk for MS initially reported to be associated with HLA-A*03 and HLA-B* $07^{29,30}$ on the basis of their serological specificity.²⁹⁻³² It later became apparent that these class I alleles were part of an extended class I and class II haplotype, associated with the serological determinant Dw2,³³ later renamed DR2.³⁴ The advancement in HLA genotyping approaches and continuous investigation of this region in MS ultimately revealed that the DR2 specificity has two distinctive molecular allotypes, DR*15 and DR*16, and the correlation with MS was pinpointed to DRB1*15:01,35 a subtype of DRB1*15.36 In illustration of the strength and consistency of this association in individuals with European ancestry, a Human Genome Epidemiology (HuGE) report reviewing 72 published studies from 1993 to 2004 observed a significantly increased frequency of DRB1*15:01 among MS patients in the vast majority.37 Reports of non-association of DRB1*15:01 with MS, in almost every instance, was performed in cohorts of non-European ancestry. Recently, GWAS performed in collaboration with the International Multiple Sclerosis Genetics Consortium (IMSGC) and the



Figure 2. Time-line of the crucial findings in the immunogenetics of neurological disease. CNS, central nervous system; MS, multiple sclerosis; NMO, neuromyelitis optica; PD, Parkinson's disease; AD, Alzheimer's disease; SCZ, schizophrenia; MG, myasthenia gravis; and ALS, amyotrophic lateral sclerosis.

Table 1.	Summary	of HLA	class	I and I	I associated	susceptible	or p	rotective	alleles	in neurological	diseases
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Namelariad	MHC class II		MHC class I		
diseases	Predisposing	Protective	Predisposing	Protective	References
Multiple sclerosis	DRB1*15:01, DRB1*15, DRB1*08:01, DRB1*04:05, DRB1*03:01; DRB1*13:03; DRB1*13 ~ DQA1*05:01 ~ DQB1*03:01	DRB1*14:01, DRB1*11, DRB1*13-DQB1*06:03, DQA1*01:01-DRB1*15:01, DOB1*03:01- DOB1*03:02	A*03, *0301; B*07	A*02:01; B*44:02, *44, *38:01, *55:01; C*07, *05	5,29,30, 35–41, 50-55,57–64
Neuromyelitis optica	DPB1*05:01, DPB1*03:01, DRB1*12, DRB1*16:02, DRB1*03	DRB1*09:01	-	-	66–76
Parkinson	DRA, DRB5, DRB1, DRB1*04, DRB1*04:03, DRB1*03, DRB1*03:01	DRB1*04:06, DRB1*04:04, DQA1*03:01	B*07:02, *17, *18; C*07:02	C*03:04	4,77,78,84, 86,87,89
Alzheimer's	DR1, DR2, DR3, DRB1*03, DPB1, DRB5-DRB1, DRA	DR4, DR6	A*02	B*07:02, A*03:01	8,94–101,104
Schizophrenia	DRB1*01:01, DRB1*03:01:01, DRB1*03:01:02, DQA1	DRB1*03:01, DRB1*04, DRB1*06	B*08:01, C*01:02	A*03, *011, *02; B*27, *51	107,108,111, 114,117,118
Myasthenia gravis	DQB1*05:02, DRB1*03, DRB1*04, DQB1*02, DQB1*03, DRB1*09, DRB1*15:01, DQB1*05:02, DRB1*16, DQA1*03:02/DQB1*03:03:02	DRB1*08, DRB1*13:01, DQA1*05:01	B*08, C*07:01	-	63,121–125, 130,132, 133,138
Amyotrophic lateral sclerosis	-	-	A*03, A*02, A*28; B*40, B*35, C*04	A*09, HLA-F	7,140–142, 145,146

Wellcome Trust Case Control Consortium 2 (WTCCC2) project confirmed that the main susceptibility signal for MS maps to the *DRB1* in the class II region of the *MHC*, and describes up to 10.5% of the genetic variance underlying risk.⁵ *DRB1*15:01* revealed the strongest effect with an average odds ratio (OR) of 3.08, and all additional *DRB1* associations emerge to describe less than 2% of the residual variance.⁵

Similar to other autoimmune diseases, DRB1*15:01 in MS susceptibility adheres to an additive model in a dosedependent manner with zero, one or two copies of the causal allele accounting for increased risk, respectively.^{38,39} Along with the augmented risks for DRB1*15:01 homozygous genotypes, an epistatic effect for MS risk has been reported for carriers of the DRB1*15:01/*08:01 heterozygous genotype, with an augmented risk compared to other heterozygous DRB1*15:01 genotypes,⁴⁰ while DRB1*08:01 alone was not observed to be a risk allele. However, a report in an Ashkenazi Jewish cohort suggested an independent association of DRB1*08:01 when considering clinical subgroups, with a weak significant signal observed only in primary progressive patients.⁴¹ Moreover, DRB1*15:01 is the most consistently reported MS susceptibility marker of disease severity. An effect of age and gender along with DRB1*15:01 has also been reported, and it was suggested that female MS patients carrying the DRB1*15:01 haplotype have an earlier age of disease onset.42,43 In an attempt to correlate DRB1*15:01 with disease progression or severity, this allele was associated with the existence of oligoclonal bands and increased immunoglobulin (Ig)G levels in the cerebrospinal fluid (CSF) of MS cases.^{44,45} In contrast, there has been no consistent reporting of other MS predisposing *DRB1* alleles with respect to disease progression or severity.^{38,46}

DRB1*15:01 is most often observed in European populations as a segment of an extended haplotype with DQA1*01:02 and DQB1*06:02, and therefore it has been considered challenging to discriminate the main casual allele or locus. Imputation of classical HLA alleles from single nucleotide polymorphism (SNP) data demonstrated DRB1 as a primary risk locus in Europeans, and revealed that the majority of the effect attributed to DQB1*06:02 can be elucidated primarily by association with DRB1*15:01.47 As the HLA region displays varied patterns of linkage disequilibrium between populations, crosspopulation analysis can be explanatory in unravelling the predisposing locus from a multilocus association. Examination of the African American MS cohort indicated risk to be strongly attributable to DRB1*15.48 In the same study, the evaluation of alternate DOB1*06:02 haplotypes without DRB1*15 suggested no difference between cases and controls, eliminating DQB1*06:02 as the primary allele of the association signal.48 This observation has been strengthened by a study in a population from Martinique with African ancestry.49

Non-European studies suggested a correlation of DRB1*15 and DRB1*04:05 with MS in Japanese⁵⁰ and Asian populations, respectively.^{50,51} The same studies have reported the association of DRB1*04:05 with a clinically

diverse disease course described by earlier onset age, decreased severity⁵⁰ and a lack of brain lesions.⁵¹ Similarly, in Europeans the detection of a correlation of DRB1*04:05 with MS in Sardinian, 52,53 Sicilian 3 and African American⁵⁴ populations provided a coherent model for DR4 with MS aetiology. Additionally, the correlation of DRB1*03:01 and DRB1*13:03 was first detected in Sardinian⁵⁵ and Israeli Ashkenazi and non-Ashkenazi Jewish MS⁴¹ patients, respectively, but this allele is extremely common throughout Europe, Africa and Asia. In contrast to DRB1*03:01, DRB1*13:03 has been rarely found at population frequencies higher than 3% worldwide, but the correlation with MS shows effect sizes.⁵⁶ A study in Canadian multiplex MS families found overtransmission of the DRB1*13~DQA1*05:01~DQB1*03:01 haplotype;⁵⁷ however, this study did not evaluate the DRB1 locus at high resolution. This haplotype is almost constantly linked with the DRB1*13:03 allele in Europeans, whereas the other common subtypes of DRB1*13 allele, such as of DRB1*13:01 and DRB1*13:02, are usually located on other DQA1~DQB1 haplotypes; these additional DR*13 haplotypes were not observed to be overtransmitted in the Canadian study.

Protective effects for HLA have also been observed in some studies. The protective effect of HLA class II alleles was seen for DRB1*14:01 in the European MS cohort,^{39,40} while DRB1*11 was protective in both a Brazilian⁵⁸ and a Canadian MS cohort.59 Similarly, the DRB1*13~DQB1*06:03 haplotype was protective in Finnish60 and Canadian MS families.57 Another study confirmed interactions involving pairs of HLA class II alleles: DOA1*01:01- DRB1*15:01 and DOB1*03:01- DOB1*03:02, with a protective effect in MS.⁶¹ In the same study, HLA class I-mediated protection has also been observed for HLA-A*02:01, HLA-B*44:02, HLA-B*38:01 and HLA-B*55:01.61 More recently, HLA-B*44-mediated protection was also reported in MS.⁶² Similarly, an imputation study revealed protection by the high-resolution HLA-B*44:02 genotype in MS.63 Finally, HLA-B*44:02 was observed in LD with HLA-C*05, which independently demonstrated protection for MS in the absence of DRB1 risk alleles;⁶⁴ thus, it is challenging to discriminate whether these observations reflect a single effect through strong LD.

HLA and neuromyelitis optica

Neuromyelitis optica (NMO) was initially considered a variant of MS, but the identification of antibodies for aquaporin 4 (AQP4) or NMO IgG considerably transformed clinical discernment of the disease as an independent entity.⁶⁵ This led investigators to evaluate the potential role of the *HLA* region in the aetiology of NMO. Numerous reports in Japanese populations, where the prevalence of NMO is higher than in European populations, suggested *DPB1*05:01* as a predisposing allele and *DRB1*09:01* with a

protective effect.^{66–68} These results were confirmed in a replication study on a southern Han Chinese NMO cohort.⁶⁹ Later, additional HLA class II alleles were found to be predisposing in NMO, including DPB1*03:01,70 DRB1*12⁷¹ and DRB1*16:02.^{68,69} Meanwhile, in contrast to Asian populations,⁶⁹ DPB1*05:01 revealed no association with NMO in a French population, but DRB1*03 was shown to be a susceptibility marker.^{66,67,72} Similarly, DRB1*03 has been also observed with increased risks for NMO among Brazilian mulattos,73 Afro-Caribbeans74 and Mexican Mestizos,⁷⁵ but not in Muslim Arabs.⁷⁶ It is important to consider that as DRB1*03 is comparatively less frequent and DPB1*05:01 is more frequent in Asian population, there may be inadequate power to detect the risk for DRB1*03 in Asian populations and DPB1*05:01 in European populations, yielding these varied results.

HLA and Parkinson's disease

The association of HLA with Parkinson's disease (PD) was first reported more than 4 decades ago.⁷⁷ This study reported an increased risk for PD attributable to the HLA-B*17 and -B*18 antigens.⁷⁷ However, subsequent studies failed to replicate the association of HLA class I antigens with PD.^{4,78} Genomewide association studies (GWAS) provided a new angle for investigating common complex traits such as PD.^{4,78} Evaluation of more than a million SNPs in large sample sizes considerably enhanced the statistical power of the associations. Breakthrough discoveries made by two GWAS recognized SNPs in the HLA-DR region to be associated with PD, confirming the immune component in pathogenesis of PD.4,78 Hamza et al.4 suggested the association of rs3129882, a non-coding variant in HLA-DRA with PD in Americans of European ancestry, while a large-scale imputation-based approach applied in a meta-analysis of five GWAS with data generated from US and European cohorts identified chr6: rs32588205 A/G SNP located in the intronic region of HLA-DRB5 locus with augmented risk for PD under an additive model.⁷⁸ Because the HLA-DRA locus is mostly monomorphic and less often identified in HLA disease association studies, attempts to replicate this observation have generated varied and conflicting results.⁷⁹⁻⁸⁵ Similarly, the HLA-DRB5 locus is in strong LD with HLA-DRB1 and only present in approximately 20% of the population, and thus this association has also been challenging to decipher.

In an attempt to replicate the finding of a GWASreported association of rs3129882 in *HLA-DRA* locus, two studies in different populations used a candidate gene approach and confirmed the association of rs3129882 variants with increased risks of PD. The first was conducted in a small cohort of 284 Chinese Han cases and 258 controls from Mainland China,⁷⁹ and the second in 520 Iranian cases and 520 controls.⁸⁰ Meanwhile, a metaanalysis of five case-control studies with a total of 2230 PD cases and 2262 controls from Mainland China, Taiwan, Singapore and Malaysia reported no association of HLA-DRA rs3129882 variants with PD.85 Subsequently, a study performed in three different European-ancestry cases and controls from the United States, Ireland and Poland in a comparatively larger cohort of 1313 cases and 1305 controls observed no association of rs3129882 variants with PD under an additive or dominant model.⁸¹ However, the same study found a protective effect of GG genotype in the Irish, Polish and combined cohorta under a recessive model.⁸¹ Finally, no association with rs3129882 was reported in two GWAS: the first conducted in a relatively homogeneous Ashkenazi Jewish (AJ) population from New York comprised of 2050 cases and 1836 controls;⁸² and the second in the largest single PD GWAS cohort of 3400 cases and 29 000 controls.⁸³

A French case-control PD study revealed an association of rs660895 within the HLA-DRB1 locus, which is significantly more polymorphic than HLA-DRA and, unlike HLA-DRB5, present in all individuals and is frequently associated with disease.⁸⁴This study used an imputation approach to infer HLA alleles from SNP data, and suggested a protective effect for DRB1*04.84 Another study reported an association of DRB1*03 with increased risks to PD in individuals with European ancestry.⁸⁶ Subsequently, these results were confirmed in another study performed on 567 PD Han Chinese patients and 746 controls from Guangdong province of the China, and suggested the strongest association for PD causation with DRB1*03:01, the most common subtype of DRB1*03 allele.⁸⁷ Meanwhile, the same study has also found a decreased frequency of DRB1*04:06 in PD cases compared to controls, suggesting a protective effect.⁸⁷ Interestingly, the *DRB1*04:06* allele, a subtype of DRB1*04, is rare in European populations; however, it is common in Asian populations (http://www.allelefrequencies.net).⁸⁸ DRB1*04:03, another subtype of DRB1*04, has been reported to be more frequent among PD cases in Han Chinese.⁸⁷ Whether DRB1*04:06 displays a susceptible effect in European ancestry populations still needs to be evaluated.

A more recent and large study implicated structural and regulatory variants in the *HLA* region.⁸⁹ This study suggested that rs3129882 located in intron-1 and the closely linked rs9268515 and rs2395163 SNPs positioned in intergenic region remained significant regardless of *HLA* alleles.⁸⁹ Further, this study used an imputation approach and suggested an increased risk for $B^*07:02 \sim C^*07:02 \sim$ *DRB5*01* ~ *DRB1*15:01* ~ *DQA1*01:02* ~ *DQB1*06:02* haplotype and a protective effect for *C*03:04*, *DRB1*04:04* and *DQA1*03:01* alleles.⁸⁹ However, when they conditioned on the associated SNPs, only *C*03:04* and *DRB1*04:04* alleles remained significant.⁸⁹ Finally, this study concluded that rs3129882 and rs2395163 SNPs are in expression quantitative trait loci (eQTLs) for *HLA-DR* and HLA-DQ, and suggested that HLA gene expression might impact PD. 89

HLA and Alzheimer's disease

Like MS and PD, the first report of a role for *HLA* in Alzheimer's disease (AD) was published in the 1970s.⁹⁰ Since then, multiple studies have evaluated the role of *HLA* class I^{91–94} and class II genes in *AD*.^{95–99} The early findings of an association with *HLA-A*02* in AD were inconsistently replicated. While some studies confirmed a role for this antigen,^{94,100} others failed to replicate any association.⁹¹ Most of these studies suffered from small sample sizes, but two most well-powered studies failed to find any association of *HLA-A*02* with AD.^{92,93} More recently, a trend for association of SNPs in the *HLA-A* locus with atrophy of brain structures has been reported, although the corrected *P*-values in this study would be considered marginal.⁹⁴

The role of *HLA* class II antigens has also been investigated in the pathophysiology of AD. Curran *et al.*⁹⁵ showed that *DR1*, *DR2* and *DR3* antigens, in the absence of apolipoprotein E (APOE) risk alleles, are associated with an increased risk for developing late-onset AD, whereas *DR4* or *DR6* antigens appear to be associated with a decreased risk of AD. Aisen *et al.*⁹⁶ suggested that *DR4* might exert a protective influence in AD via modulation of glial activity. A later study also showed that risk for AD in older late-onset cases is associated with *DRB1*03* in *APOE4*-negative individuals.⁹⁷ However, as is the case for *HLA-A*02*, these studies have suffered from small sample sizes.

Large-scale GWAS have also provided evidence for the involvement of HLA class II in AD. Analysis of genomewide copy number variation (CNV) suggested a susceptible association for DPB1 in AD.98 A subsequent GWAS meta-analysis in 17 008 late-onset cases and 37 154 controls with European ancestry identified a SNP from the DRB5-DRB1 region to be associated with late-onset AD risk.⁹⁹ The association of this SNP was replicated in a Chinese cohort,¹⁰¹ and further work showed that this SNP is associated with cis-gene expression levels of DRB1 in the temporal cortex and cerebellum.¹⁰² Nettiksimmons et al.¹⁰³ showed an association of the DRB5-DRB1 clusters with cognitive decline at the gene-level, and more recently methylation of DRB5 in the brain was associated with pathological AD, with another peak of association in DRA.¹⁰⁴ Yokoyama et al.¹⁰⁵ determined that variants associated with autoimmune disease are also associated with AD and found that a SNP close to DRB5 is associated with AD and psoriasis. The authors also showed that although DRB5 transcript expression is not altered in AD brains, there is an increase in transcript expression for DRA in AD brains compared to control brains.

Finally, an *HLA* imputation-based analysis of 5919 European-ancestry AD Caucasian patients and 5771 controls identified the extended haplotype $A^*03:01 \sim B^*07:02 \sim DRB1^*15:01 \sim DQA1^*01:02 \sim DQB1^*06:02$ as being associated with AD risk ($P = 9.6 \times 10^{-4}$, OR = 1.21)⁸ in individuals who are negative for APOE 4.⁸ The authors also found an association of the class I haplotype $A^*03:01 \sim B^*07:02$, with higher CSF amyloid levels and a dose-dependent association of the *DR15* haplotype with greater rates of cognitive decline and baseline levels of chemokine CC-4.⁸

HLA and schizophrenia

The first evidence for a probable role of *HLA* in schizophrenia (SCZ) was described in 1974.¹⁰⁶ Thereafter, multiple linkage studies provided some evidence for a susceptibility locus on the short arm of chromosome 6.^{107,108} These studies correlated numerous class I and class II alleles with SCZ.^{107,108} However, subsequent studies failed to replicate these initial findings.^{107,108}

More recently, publication of the first GWAS and meta-analysis in SCZ made possible the study of the *HLA* region at higher resolution.⁶ A meta-analysis of three GWAS identified several *MHC* region variants associated with SCZ in individuals with European ancestry.^{6,108–110} Some of these were consistently replicated or found in other populations.^{108,111–113} However, it is interesting to note that most of the significant variants correlated with SCZ in the meta-analysis were located in the extended *MHC* regions, near a cluster of histone genes comprising a position upstream of the class I region, along with a few additional immune genes such as ribonuclease P21 (*RPP21*) located in class I region and neurogenic locus notch homologue 4 (*NOTCH4*) located in the extended class II region.¹⁰⁹

Subsequently, GWAS analysis performed in SCZ cases from Asia replicated the findings of the European GWAS, and additionally recognized a few novel variants in Chinese¹¹² and Japanese populations.¹¹³ Similarly, the rs9272219 and rs9272535 variants in the DQA1 gene revealed a moderate association with SCZ.¹¹¹ An HLA imputation study showed an association of the risk allele HLA-C*01:02 in addition to trends for association of the protective alleles DRB1*03:01 and B*08:01.114 A GWAS in Ashkenazi Jews showed supportive evidence for association of the HLA region with SCZ in this population.¹¹⁵ Finally, an eQTL study strengthened these results by providing evidence that the TRIMP26, RNF5 and DRB3 genes, located within the MHC region, are regulated by the top SNPs recognized by meta-analysis of GWAS data.¹¹⁶ In addition to GWAS results, previous reports suggested an increased frequency of DRB1*01:01 and a decreased frequency of DRB1*04 among SCZ patients.^{117,118} However, it is important to note that all *HLA* association studies performed in SCZ to date have either used low-resolution genotyping methods or GWAS/SNP imputation approaches. The lack of consistent findings suggest that high-resolution *HLA* genotyping approaches will be required to fully appreciate the role of *HLA* variants in SCZ.

More recently, a well-powered study associated SCZ risk with complex variation in complement component 4 (*C4*) genes, also located within the *MHC*.¹¹⁹ This study found that *C4* alleles produced extensively varying levels of *C4A* and *C4B* expression in the brain, with each common *C4* allele correlating with SCZ in proportion to its ability to produce higher expression of *C4A*.¹¹⁹ The findings of this study highlight the role of complement genes in pathophysiology of SCZ, and these observations open new frontiers for future investigations of genetic variation in complement genes with SCZ in other ethnic groups in the quest to find a coherent model for SCZ.

HLA and myasthenia gravis

The first report of an HLA association with myasthenia gravis (MG) was published in 1976.¹²⁰ Thereafter, several studies have reported evidence of association of HLA antigens/alleles with MG. An Italian study identified DQB1*05:02 as being associated with MG,¹²¹ while a Tunisian study identified the DRB1*03, DRB1*04, DOB1*02 and DOB1*03 alleles as possible predisposing factors for MG.¹²² DRB1*03 was then subsequently found to be associated with MG in a Portuguese study.¹²³ Meanwhile, in a northern Han Chinese population, DRB1*09 was associated with risk of MG, while DRB1*08 was protective.¹²⁴ A GWAS published in 2012 on North Europeans identified the class I SNP rs7750641 as the strongest signal in MG, and further imputation analysis identified HLA-B*08 as being the major risk allele.125 Similarly, an imputation study observed a risk association for HLA-C*07:01 with MG.⁶³ There is strong LD between HLA-C*07:01 and HLA-B*08, but the latter revealed a marginally weaker association than HLA-C*07:01 in the same study.63

Examinations of age of onset effects of *HLA* in MG have yielded mixed results. Although multiple studies have reported the extended *HLA* haplotype, namely *A1-B8-DR3-DQ2*, as being associated specifically with early onset of MG (EOMG) in individuals with European ancestry, it is unclear whether the signal maps in class I or class II genes.^{126–128} Interestingly, the A allele of the SNP rs1800629 at position 308 nucleotides upstream from the transcription initiation site of tumour necrosis factor-alpha (*TNF-* α) has been linked to higher expression level and higher serum levels of TNF- α in MG by several studies, and this SNP is known to be in LD with the *HLA A1-B8–DR3* haplotype.¹²⁹ Confounding interpretation of these results, *DRB1*13:01* was found to be protective for EOMG in a Norwegian population,¹³⁰ while a GWAS performed in a European population by Renton *et al.*¹³¹ found a peak of association for EOMG at DQA1.

The Norwegian study identified *DRB1*15:01* as being associated with the risk of late onset of MG (LOMG), while *DRB1*13:01* was also found to be protective in LOMG.¹³⁰ In an Italian cohort, *DQB1*05:02* and *DRB1*16* have been reported as being associated with LOMG.¹³² Renton *et al.*¹³¹ found a peak of association for LOMG at *HLA-DQA1*, which was distinct from that observed in the same GWAS in EOMG. Another GWAS showed three distinct and largely independent association peaks for LOMG corresponding to *MHC* class II, *HLA-A* and *MHC* class III SNPs, while imputation of *HLA* alleles showed a protective effect of *DQA1*05:01.*¹³³

Additional studies have sought to elucidate an association of HLA with specific subtypes of MG. Four studies found an association of DQ5 with the specific subgroup of muscle-specific kinase (MuSK) antibody-positive (Ab⁺) MG patients.^{134–137} A Turkish study also found that DRB1*14 and DRB1*16 were associated with this specific subgroup,¹³⁶ whereas in a Serbian cohort, DRB1*13 seems to be completely absent in this specific patient population.¹³⁷ It has been hypothesized that childhood-onset ocular MG in southern Han Chinese may present a particular subgroup of distinct genetic background, correlating with the haplotype DQA1*03:02/DQB1*03:03:02.138 Later, the haplotype HLA-B*46:01-DRB1*09:01 was found to be associated with juvenile ocular MG in the same population.¹³⁹ However, it is important to note that all studies involved cohorts of, at most, a few hundred individuals, making it difficult to fully elucidate the role of HLA in MG.

HLA and amyotrophic lateral sclerosis

A very limited number of genetic association studies have evaluated the HLA region in amyotrophic lateral sclerosis (ALS). During the 1980s, a few studies with low-resolution genotyping sought to examine HLA in ALS.¹⁴⁰⁻¹⁴² Initial studies found no correlation between HLA antigens and ALS in patients from California¹⁴³ and Guam.¹⁴⁴ Later, a significantly increased frequency of HLA-A*03 was reported in an ALS cohort from the greater Boston area¹⁴⁰ and Israel.¹⁴¹ Similarly, HLA-A*02 and -A*28 have been shown to be more frequent in ALS cases recruited from Glasgow and Scotland,¹⁴⁵ while an increased frequency of HLA-B*40 was found in an ALS cohort from Finland.¹⁴² A study from the greater New York area observed HLA-Bw35 and -Cw4 more frequently in ALS cases, and a trend towards decreased frequency was also found for HLA-A*09.146 These initial findings were marked by substantial inconsistency in identification of a link between a particular HLA antigen and ALS across studv populations, suggesting perhaps that HLA

Thereafter, almost three decades passed without *HLA* association studies conducted in ALS. However, a recent study demonstrating that overexpression of a single nonclassical *HLA* class I molecule, *HLA-F*, resulted in protection of human motor neurons from ALS astrocytemediated toxicity, coupled with a role for the killer cell immunoglobulin-like receptor *KIR3DL2*,⁷ clearly indicated an immune component in ALS pathogenesis. Finally, an association study published in 2017 in a Chinese Han population indicated a role for *HLA* class II in ALS.¹⁴⁷ While inconclusive, these more recent investigations suggest an immunogenetic component to ALS, warranting further study.

The killer-immunoglobulin-like receptor (KIR) complex: a new horizon in the immunogenetics of neurological disease

The KIR complex was first defined in 1986,148 and was initially recognized as KIR inhibitory receptors. The family of the KIR proteins are mainly expressed on natural killer (NK) cells¹⁴⁹ and a small percentage of T-cells.¹⁵⁰ The KIR complex maps on the long arm of human chromosome 19q13.4, and is considered as a crucial component of innate and adaptive immunity. Although KIR and HLA are members of two different gene families, the interaction of KIR with their cognate HLA class I ligands serves as a functional bridge in the regulation of NK cell functions and maintenance of immune homeostasis. KIR are inhibitory and stimulatory surface receptors that regulate NK cell function and responsiveness.¹⁵¹ All these receptors consist of either two (2D) or three (3D) extracellular immunoglobulin domains (D). The transmembrane and cytoplasmic domains govern the functional characteristics of these receptors. The inhibitory receptors consist of long (L) cytoplasmic tails comprising tyrosine-based inhibitory immunoreceptor motifs (ITIMs), whereas stimulating receptors possess short (S) cytoplasmic tails and link to the stimulating adaptor DAP12 through a charged residue in the transmembrane domain. However, KIR2DL4 is an exception, and despite having a long cytoplasmic tail with an ITIM transmits a positive signal through its interaction with the stimulating adaptor Fc_eR1_v.^{152,153} Specific KIR molecules recognize one or more of four epitopes of HLA class I molecules. In contrast to the T-cell receptor, KIR bind to the upper face of the HLA class I molecule, creating contact with the N-terminal part of the $\alpha 1$ helix, the C-terminal part of the al helix, and the bound peptide.¹⁵⁴ Genetic variation in the class I a1 helix governs the three major epitopes perceived by KIR, HLA-C1, -C2 and -Bw4. The inhibitory KIR2DL1 and KIR2DL2/3 and the stimulating KIR2DS1, KIR2DS2 and KIR2DS4 interact divergently with the reciprocally unique *C1* or *C2* epitopes carried by all *HLA-C* allotypes and a small subset of HLA-B molecules.^{155–157} *KIR3DL2*, *KIR2DS2* and *KIR2DS4* recognize a subset of *HLA-A* allotypes transmitting the $A^*03/$ A^*11 epitope (e.g. $A^*11:01$).⁵⁶ Finally, *KIR3DL1/S1* binds subsets of *HLA-A* and -*B* allotypes that carry the *Bw4* epitope (e.g. $A^*24:02$).⁵⁶ In contrast, *HLA-B* alleles with the *Bw6* epitope do not bind with any *KIRs*. Adding further complexity, these receptor interactions are further tuned by allelic variations of *KIR* and *HLA* class I and by the sequence of the bound peptide.^{158–161}

The KIR gene complex exhibits extensive heterogeneity in gene content at both intra- and interpopulation levels. KIR haplotypes comprise from four to 14 genes and, based on their genomic structure, are divided into two groups, termed A and B.¹⁶² The group A haplotype is characterized by a single configuration of seven genes that express predominantly inhibitory KIR, and all remaining configurations are termed B haplotypes. As an indication of probable functional differences between them, B haplotypes typically express more activating KIR than A haplotypes.^{163–165} The haplotypes are formed from combinations of unique centromeric and telomeric genecontent motifs, which also belong to the A or B groups. Although a huge number of unique haplotypes are described, a few comparatively common haplotypes repeatedly account for greater than 90% of the KIR haplotypic variation detected within a specific population, and are observed throughout major ethnic groups.^{166,167} Our recent work and that of others has shown that the prevalence of KIR haplotypes and specific combinations of cognate KIR and HLA allotypes are associated in autoimmune^{162,168–170} and infectious diseases such as human immunodeficiency virus (HIV) and hepatitis C,171-174 cancer,175,176 and are critical to the success of solid organ and haematopoietic stem cell transplant (HCT)¹⁷⁷⁻¹⁸⁰ and pregnancy.¹⁸¹⁻¹⁸⁵

Although the correlation of HLA variation with neurological disease has been well documented, there is a paucity of studies aiming to evaluate the impact of NK cells or their receptors, including KIR in these diseases. As HLA class I molecules function as the primary ligand for several KIRs, it is possible that the class I association signals perceived for various diseases is, in fact, related to KIR function. In various neurological diseases, such as gravis,^{126–128} MS,^{29,30,63,186} mvasthenia schizophrenia,^{107,108,114} Parkinson's disease,^{77,89} Alzheimer's disease^{8,94,100} and amyotrophic lateral sclerosis,^{140,141,145,146} the alleles of HLA-A, -B and -C that are recognized to function as cognate ligands for their respective KIR genes have been linked with disease (Table 2). Here, it is important to note that the majority of the identified HLA class I association with various neurological diseases described used an imputation approach from data obtained through GWAS rather than direct assay.

Meanwhile, a direct link of KIR allele variations with neurological diseases has not been observed in GWAS, very possibly because of a limited number of markers in the KIR region on all common available GWAS platforms. An insufficiency of appropriate reference alignments has traditionally impeded incorporation of KIR exclusive SNPs on the available GWAS platforms, and the large diversification of gene-content in KIR haplotypes is characteristically discordant with standard quality thresholds. Finally, the Immunochip, which is exclusively enriched for markers in the KIR chromosomal region, predominantly recognizes non-coding variants on the common group A haplotype that mainly comprises inhibitory KIRs.¹⁸⁷ To date, therefore, the majority of described KIR correlations with immune diseases,¹⁸⁸ including multiple sclerosis^{189–191} and schizophrenia,¹⁹² used approaches which determine only KIR gene content variation. KIR genotyping approaches that determine gene content are usually impotent to discriminate copy number, but rather assess only presence/absence. As copy number has repercussions on the immune reactions,¹⁹³ this further hinders the capacity to detect any locus level associations with disease. Additionally, strong LD within gene content haplotypes^{166,194} creates another hurdle in the determination of the causative locus.

A limited number of studies has examined the association of KIR gene content variation to date with neurological diseases, the majority of them in multiple sclerosis¹⁸⁹⁻¹⁹¹ and one in schizophrenia.¹⁹² A study conducted on a relatively small sample size of 200 schizophrenia patients and 561 controls in European Polish populations have found no correlation of either KIR gene frequency or KIR gene ligands with disease.¹⁹² There could be two probable reasons for the non-association of KIR variation with SCZ. First, the genotyping method for KIR varied considerably, and the differential accuracy of genotyping approaches due to the strong homology between KIR gene or possible amplification biases contingent upon sample quality makes it difficult to calculate KIR gene frequencies precisely. The second limitation is that this study genotyped only for epitopes HLA-A^{Bw4+}, HLA-B Bw4^{Ile}, Bw4^{Thr}, HLA-C1 and -C2 but did not genotype for particular HLA-A, -B and -C alleles, limiting the ability to analyse the interaction of KIR with specific HLA allotypes. Numerous reports of KIR gene content studies in MS from European populations have suggested a role for KIR loci in disease predisposition. Lack of the inhibitory KIR2DL3 has been suggested in MS susceptibility,195 implicating either KIR2DL2 (which segregates as the alternate allele of the same locus) or the closely associated KIR2DS2 in disease. Subsequently, a study has observed the increased incidence of KIR2DL5 and KIR3DS1 in MS cases compared to controls.¹⁹⁶ Finally, two other reports in Portuguese and Italian MS cohorts determined a diverse telomeric locus, KIR2DS1, as protective. 197,198

Neurological disease	HLA class I associations	Potential KIR receptors	References
Multiple sclerosis	HLA-B*07, *44, *44:02, *37:01, *38:01; HLA-C*07, *05; HLA-A*02:01, *03, *0301	KIR3DL1S1; KIR2DL1, KIR2DL2/3, KIR2DS1, KIR2DS2, KIR2DS4, KIR3DL2	29,30,60–64
Parkinson's disease	HLA-B *17, *07:02, HLA-C*07:02, *03:04	KIR3DL1S1, KIR2DL2/3, KIR2DS2, KIR2DS4, KIR3DL2	77,89
Alzheimer's disease	HLA-B*07:02, HLA-A*03:01, *02	KIR3DL2, KIR2DS4	8,94,100
Schizophrenia	HLA-B*27, *51; HLA-C*01:02, HLA-A*03, *011, *02	KIR3DL1S1; KIR2DL2/3, KIR2DS2, KIR2DS4; KIR3DL2	107,108,114
Myasthenia gravis	HLA-B*08; HLA-C*07:01	KIR2DL2/3, KIR2DS2, KIR2DS4	63,125
Amyotrophic lateral sclerosis	HLA-A*09, *02, *03, HLA-C*04, HLA-F	KIR3DL1S1, KIR2DL1, KIR2DS1, KIR2DS4, KIR3DL2	7,140,141,145,146

Table 2. HLA class I associations and putative KIR receptor involvement in neurological diseases

Similarly, our study in an African American MS cohort revealed a strong protective effect for *KIR3DL1* in combination with *HLA-A* and *-B* alleles bearing the *Bw4* motif.¹⁹¹ Finally, the up-regulated expression of *KIR2-DL5A* was observed in early Alzheimer's disease.¹⁹⁹ Although these initial observations are encouraging, an extensive assessment of *KIR* allele-level variation in a set of established and well-characterized cohorts encompassing a wide range of neurological diseases in several different ethnicities, and their correlation with *KIR* expression, is needed to fully appreciate the role of these critical immune receptors in disease susceptibility and prognosis.

Notably, both immunoregulatory dysfunction and activated inflammatory mediator pathways have been suggested in the pathophysiology of neurological diseases, particularly PD,^{200,201} MS²⁰² and MG,²⁰³ as well as many other neurological diseases.²⁰⁴ The reported disease association of *HLA* variations bolsters this notion. *KIR*, through the NK cell, regulates the production of cytokine and chemokines.²⁰⁵ As cytokine and chemokines regulate neuroinflammation,²⁰⁶ it remains a plausible hypothesis that *KIR* allelic variation may influence the course of various neurological diseases through neuroinflammatory pathways.

Accumulating evidence suggests a role for NK cells in various neurological diseases, such as MS,²⁰⁷⁻²⁰⁹ NMO,²¹⁰ PD,^{211,212} AD,²¹³ SCZ,²¹⁴ myasthenia gravis²¹⁵ and ALS,²¹⁶ strengthening the notion that KIR variation may be important in disease predisposition and/or development. NK cells are a key component of innate immunity and act as a first line of defence in resisting infections, but may also be involved in the induction of neurological diseases, and accumulate in specific neuronal cells or tissues in some diseases.²¹⁵⁻²¹⁹ In the MS murine model, experimental autoimmune encephalomyelitis (EAE), studies suggested a role for NK cells in down-regulation of disease progression.²⁰⁷⁻²⁰⁹ In the meantime, enhanced predisposition and disease severity in EAE has been linked with NK cells in concurrence with individual cytokines.^{218,219} Studies in humans suggested an immunoregulatory role for NK cells in MS, causing an abatement of the inflammatory pathways.^{220,221} In contrast, *in-vitro* studies demonstrated that NK cells can straightforwardly lyse neural tissue, and may consequently contribute to tissue injury in MS.^{222,223} While the immunobiology of NK cells in certain neurological diseases such as MS has been explored, comparatively less is known about the specific role of NK cells in other neurological diseases, such as NMO, PD, AD, SCZ, MG and ALS. The results of NK cell studies in MS continue to be controversial, and fail to point to a coherent model. Thus, understanding the precise role of *KIR* variation in immunopathogenesis of neurological diseases may open new horizons for identification of biomarkers or could pave the way for new therapeutic approaches.

Consideration of *HLA* and *KIR* regulatory region variation in neurological disease

The emergence of next-generation sequencing enhanced our ability to determine the HLA and KIR sequences at a very high-resolution level. This provides the opportunity to determine the role of both coding and non-coding HLA and KIR region variations in a variety of neurological diseases, given that the non-coding regions of the human genome including HLA and KIR regions contain regulatory elements, such as promoters, enhancers and untranslated regions (UTRs); these are the strong candidate regions for pathogenic variation and participate directly in the determination of the abundance of expressed genes. In current laboratory practice almost all the reported HLA alleles, either in the disease association studies or in the databases, have used genotyping approaches that only sequenced through exons 2 (class I and class II) and 3 (class I), and this limits our ability to analyse HLA noncoding variations. HLA non-coding variations such as SNPs or small insertion/deletions (indels), as well as larger-scale copy number variants (CNV) present in regulatory regions, could impact the course of neurological diseases through alteration of gene expression. Non-coding variation in HLA has already been associated clearly with disease. For example, variation in the 3'UTR of HLA-

DPB1 is linked with spontaneous clearance of hepatitis B virus in both Japanese and US populations.^{224,225} The proposed mechanism for enabling viral clearance might be linked to the rs9277534 A/G SNP, which describes HLA-DP cell-surface expression.²²⁵ Similarly, rs2281389 is a non-coding region variant in HLA-DP linked with acute graft-versus-host disease (GVHD).²²⁶ However, rs2281389 variants are not detectable through standard genotyping approaches. Finally, a promoter region SNP of HLA-C has been reported to be linked with control of HIV infection, and cell surface expression of the HLA molecule was identified to be in LD with a 3'UTR variant that regulates binding of micro-RNA, the putative source of the expression variation.²²⁷ Distorted patterns of gene expression are a characteristic of many neurological diseases, such as MS, Alzheimer's disease and schizophrenia, and in various cases these altered gene expressions can be correlated straightforwardly to genomic/pathogenic variations.²²⁸⁻²³⁰ These findings support the hypothesis of a robust association between anomalous gene expression and neurological diseases, suggesting that variants in non-coding regulatory elements are outstanding candidates for some of the observed missing heritability in neurological diseases. The identification of many null or expression variants of common HLA alleles will improve our understanding of their role in immune functions. Recently, a variant of the multiple sclerosis-linked allele HLA-B*44:02 has been determined that produces only a soluble, rather than cell surface, molecule; a point mutation at the end of intron 4 alters the exon 5 splice site.²³¹ Meanwhile, this variant is not appreciable through standard genotyping approaches, and hence these alleles are usually genotyped as $B^{*}44:02$; similarly, the actual population-level frequency of the marginal allele is not recognized. Moreover, if the nonsurface-expressed variant of this allele is common, this might elucidate the link to disease. Taken together, these data recommend that the genotyping of regulatory regions variants may improve our understanding about the role of HLA and KIR in neurological disease.

Concluding remarks and future perspective

Taken together, the findings of *HLA* and *KIR* association studies are consistent with a polygenic model of inheritance in the heterogeneous and multifactorial nature of complex traits in various neurological diseases. The majority of the neurological diseases, such as MS, NMO, PD, AD, SCZ, MG and ALS, are considerably more common among individuals transmitting specific *HLA* alleles. This further strengthens the decades-long contention of a strong immune component in the determination of clinical outcomes of neurological diseases.

Looking to the future of immunogenetics in neurological diseases, we recommend focus upon high-resolution genotyping for both *HLA* and *KIR*. Investigating both coding and non-coding region variation in these immunogenetic loci using high throughput high-resolution technologies in groups with diverse ancestries will almost certainly be required to fully appreciate their role in neurological diseases. There are only limited examinations of HLA and KIR variations at transcriptomics and proteomics levels; therefore, the functional assessment of both allelic and regulatory regional variation is highly desirable. The impact of micro-RNA on diverse HLA and KIR alleles in regulatory regions also needs to be evaluated in neurological diseases in order to recognize the significance of epigenetic factors in disease pathophysiology. Finally, our recent observation, that certain human metabolites occupy the P4 pocket of MS-susceptible DRB1*15:01 haplotype in most populations and could be implicated in autoimmunity,²³² suggest that similar investigations of both HLA class I and class II molecules in an allele-specific manner could be undertaken. This approach might be advantageous to weight or group together various HLA genes and alleles that are involved in predisposition across diseases. The functional assessment of binding of human metabolites with HLA class I and class II molecules, and investigation of their impact upon T-cell proliferation and responsiveness, could pave the way for designing novel therapies, leading to a step closer to reaching the goal of personalized medicine.

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Disclosures

None to declare.

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