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## Rheumatoid arthritis and citrullination

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### Abstract

**Purpose of review**—Dysregulated citrullination is a key element that drives the production and maintenance of antibodies to citrullinated proteins, a hallmark in rheumatoid arthritis (RA). This article reviews recent literature on the origin of citrullinated antigens in RA.

**Recent findings**—The study of synovial fluid (SF) from patients with RA has provide important insights into the identity of citrullinated proteins that accumulate in the RA joint (the RA citrullinome) and mechanisms that control their generation.

**Summary**—Citrullinating enzymes (peptidylarginine deiminases, PADs) are tightly controlled to limit their hyperactivation. Calcium and redox conditions are important regulators of PAD activity. Studies suggest that citrullination is dysregulated both intra- and extracellularly in RA. In neutrophils, host (i.e. perforin and the membrane attack complex) and bacterial (i.e. toxins) pore-forming proteins induce prominent calcium influx, cytolysis and hyperactivation of PADs, which likely maintain hypercitrullination in the RA joint and at extra-articular sites of disease initiation, respectively. Autoantibodies that bind and activate PAD4 have also been identified in the circulation of patients with severe RA. Since the extracellular environment is oxidizing, conditions that are known to inactivate PADs, efficient extracellular citrullination in RA probably requires the constant release of active enzymes from dying cells and may be accelerated by PAD-activating autoantibodies. Understanding how PADs are hyperactivated in patients with RA and the array of citrullinated proteins generated (i.e. the citrullinome), is important to identifying pathways responsible for the development and maintenance of anti-citrullinated protein immune responses.

### Keywords

Rheumatoid arthritis; citrullination; peptidylarginine deiminase; leukotoxic hypercitrullination; ACPA; citrullinome

## INTRODUCTION

The non-essential amino acid citrulline was isolated from the juice of the watermelon, *citrullus vulgaris*, by Koga and Ohtake in 1914 [1]. Wada established the structure of citrulline in 1930, and provided the first evidence that this amino acid can be found in proteins [2,3]. Further studies by Rogers et al. demonstrated that citrulline was

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enzymatically generated by side-chain conversion of peptidylarginine to peptidylcitrulline, in a calcium-dependent process known as deimination or citrullination [4–6]. The enzyme responsible for this reaction was partially purified by Fujisaki and Sugawara in 1981 and named peptidylarginine deiminase (PAD) [7]. Five PADs have since been identified in humans (PAD1-4 and 6) [8–13] and are located in a cluster on chromosome 1p36.1 [12]. While the discovery of citrullination generated interest in different areas of research, the finding by Schellekens and colleagues that citrullinated proteins are major targets of antibodies in patients with rheumatoid arthritis (RA) [14] sparked major interest in understanding the role of citrullination in RA pathogenesis. Here, we discuss the most recent evidence regarding the causes and significance of dysregulated production of citrullinated proteins in RA, collectively referred to as the RA citrullinome.

## MECHANISMS THAT REGULATE PHYSIOLOGIC CITRULLINATION

In order to discuss pathways that may lead to dysregulated protein citrullination in RA, it is important to first review what is known about the physiologic mechanisms regulating protein citrullination and the significant gaps in knowledge that still exist. In contrast to many other posttranslational modification (PTM), citrullination appears to be an irreversible process. “De-citrullinating” enzymes that convert citrullinated proteins back to their native peptidylarginine containing forms have not been discovered. The mechanisms involved in the clearance or turn-over of citrullinated proteins in cells also remain unknown. As citrullination reduces the net charge of proteins through the loss of one positive charge per modified arginine residue, it can increase protein hydrophobicity, lead to protein unfolding, and alter intra- and inter-molecular interactions [15]. These structural changes can lead to either gain or more likely, loss of protein function [15–21]. Given that citrullination can have important and potentially irreversible consequences on protein function, the role of citrullination as a mechanism to control cellular processes must be tightly regulated to avoid excessive citrullination of physiologic targets or citrullination of non-physiologic substrates.

One component that controls PAD activation is calcium [6,7]. Binding to calcium induces conformational changes that generate the active form of the enzymes [22]. While full activation of PADs requires millimolar amounts of calcium *in vitro* [7,23], PAD activation in cells is observed under physiologic conditions where intracellular calcium does not exceed nanomolar concentrations [19,24–27]. It is possible that these suboptimal calcium concentrations induce a PAD conformation that selects for only high efficiency substrates, thereby limiting aberrant citrullination events. Additionally, it is suspected that intracellular protein co-factors may be responsible for modulating calcium sensitivity and specificity of the PAD enzymes, but such binding partners have not been identified. Considering the importance of calcium in PAD activation, pathways that dysregulate calcium binding to PADs (as discussed below) are likely relevant to RA pathogenesis.

Another important component for efficient PAD activity is the presence of a reducing environment [6,7], which is necessary to maintain the active site free thiol cysteine required for catalysis [28]. The oxidizing nature of the extracellular environment, which contrasts with the reducing environment inside cells [29], may provide the conditions needed to protect against aberrant extracellular citrullination by PADs that may leak from activated or

dying cells. The importance of reactive oxygen species (ROS) in controlling PAD activity has been recently underscored by the finding that ROS generated by NADPH oxidase inhibits the catalytic activity of PAD2 and PAD4 [30]. The activation of NADPH oxidase as a mechanism to limit PAD activation may play an important role in preventing hypercitrullination in cells suffering a form of cell death termed NETosis [31], in which citrullination may have deleterious effects on the antimicrobial activity of neutrophil extracellular traps (NETs) [32].

## DEFINING THE RA CITRULLINOME

A key sustaining component in autoimmune rheumatic diseases is the autoantigen, which fuels the ongoing immune response. Synovial fluid (SF) from patients with RA contains a unique pattern of citrullination that includes proteins spanning the range of molecular weights, termed hypercitrullination [33]. Proteomic analysis of the cellular and soluble components in RA SF have identified more than 100 citrullinated proteins [34–36], which include both intra- and extracellular substrates and together comprise the RA citrullinome. The significance of this citrullinome to RA pathogenesis and the generation of anti-citrullinated protein antibodies (ACPAs), however, is not fully understood.

Despite the considerable number of citrullinated proteins found in RA SF, only few have been identified as being targets of ACPAs (e.g. vimentin,  $\alpha$ -enolase and fibrinogen). Whether unique ACPAs exist for each protein in the RA citrullinome or whether only few citrullinated proteins drive the complete ACPA response is still unknown. Given that citrullination is a physiologic process, it is unclear why this PTM becomes a target of an abnormal immune response in RA. Interestingly, while citrullination is clearly an important process for the physiologic function of proteins such as trichohyalin, filaggrin, histones and transcription factors [6,24,26,27,37–44], it is unknown whether the majority of proteins that comprise the RA citrullinome are physiologic or accidental pathologic targets of PADs. In the case of well-defined citrullinated autoantigens like  $\alpha$ -enolase and vimentin, for example, hypercitrullination *in vitro* inactivates their function [16,20]. However, it is unknown whether this modification is part of the normal regulation of these proteins or only occurs in pathologic conditions. If non-selective citrullination occurs accidentally as a consequence of uncontrolled PAD activation, it may lead to the generation of neo-citrullinated proteins not previously tolerized by the immune system and consequently trigger an autoimmune response in susceptible individuals. Alternatively, it is possible that hyperactivation of PADs may accidentally target novel sites in proteins, generating non-tolerized neo-epitopes in abnormally hypercitrullinated molecules. In this regard, recent work demonstrated that while fibrinogen is more extensively citrullinated by PAD2 compared to PAD4 [45], distinct partially citrullinated forms of fibrinogen induced by PAD4, are preferentially recognized by ACPAs [46]. This supports the hypothesis that the generation of unique citrullination sites in proteins may drive their immunogenicity. The production of neo-citrullinated proteins or epitopes may occur and propagate specifically in RA target tissues, such as the joints, due to the establishment of amplification cycles in which damage to PAD-expressing cells by immune components leads to further hypercitrullination (discussed below). This may explain why other tissues highly enriched with physiologically citrullinated proteins, such as the skin, are not pathologic targets for ACPAs.

## THE ORIGIN OF THE RA CITRULLINOME

The RA citrullinome is comprised of intra- and extracellular proteins, suggesting that PADs are dysregulated in both compartments. Any PAD-expressing cell present in the RA joint could contribute to the RA citrullinome, including immune cells as well as resident fibroblast-like synoviocytes (FLSs) [47,48]. Recent studies have revealed neutrophils, the most abundant immune cells in RA SF [49], as major sources of intracellular citrullination and soluble PADs for extracellular citrullination [33,50–52]. FLSs and monocytes have also been shown to generate citrullinated  $\alpha$ -enolase and vimentin, known RA autoantigens, following treatment with specific stimuli [53,54]. Mechanisms implicated in generating the RA citrullinome will be discussed in detail below.

## MEMBRANOLYTIC PATHWAYS AS DRIVERS OF THE INTRACELLULAR RA CITRULLINOME

The finding that cells in RA SF have marked citrullination has focused attention on understanding mechanisms of hypercitrullination that can reproduce the RA citrullinome. Analysis of a broad range of stimuli that induce neutrophil activation and death identified that perforin and the membrane attack complex (MAC), two immune-mediated membranolytic pathways, have the unique capacity to reproduce similar patterns of hypercitrullination observed in RA SF [33]. Perforin and MAC are pore forming cytolytic proteins that induced the influx of ions, particularly calcium, and osmotic lysis [55–57]. The form of cell death induced in neutrophils by these pore-forming mechanisms has recently been named leukotoxic hypercitrullination (LTH), to distinguish it from other forms of neutrophil death that do not induce hypercitrullination [32]. However, even nonlethal amounts of perforin and MAC can lead to significant increases of intracellular calcium to the micromolar range [58,59], so may also support hypercitrullination. The abrupt and prominent influx of calcium resulting from pore-induced membranolytic damage likely overcomes regulatory pathways that control PAD activation in cells, leading to hyperactivation of the enzymes and subsequent hypercitrullination.

The ability to trigger calcium flux-induced LTH is not limited to host immune-pore forming pathways, but also includes bacterial calcium ionophores (i.e. ionomycin and calcimycin from *Streptomyces* species) and pore-forming toxins [32,51]. In this regard, the tantalizing idea that periodontal disease (PD) may initiate RA has been recently strengthened by the finding that the periodontal pathogen *Aggregatibacter actinomycetemcomitans* (*Aa*), activates cellular hypercitrullination in neutrophils [51] via the secretion of the pore-forming protein leukotoxin A (LtxA). Like host pore-forming proteins, LtxA induces target cell death by membrane destabilization, influx of extracellular calcium, and osmotic lysis [60,61]. Importantly, both the citrullinome induced by LtxA as well as the citrullinome present in the periodontium in PD have high similarity to the citrullinome found RA SF [51]. Remarkably, the association of ACPAs with HLA-DRB1 alleles linked to RA appears to be significant only in patients with RA that had evidence of a history of infection with leukotoxic strains of *Aa* [51], as measured by the presence of antibodies to LtxA. This suggests that *Aa* may play a role in ACPA development in individuals with a genetic predisposition to develop RA.

Interestingly, bacteria that colonize and infect other mucosal surfaces implicated in RA, such as the lung, gut and urothelium [62,63], also rely on the production of pore-forming toxins as virulence factors to target neutrophils [64–66]. Initial characterization of some of these toxins has confirmed that other pathogenic bacteria, such as *Staphylococcus aureus* (via Panton-Valentine Leukocidin) and *Streptococcus pyogenes* (via Streptolysin O), also have the capacity to induce neutrophil hypercitrullination [32]. This suggests that membranolytic damage induced by several different bacterial pathobionts may stimulate chronic hypercitrullination in neutrophils, ACPA production, and RA development in susceptible individuals. Once an ACPA response is initiated at an extra-articular site against bacterial toxin-induced hypercitrullination, host pore-forming pathways (i.e. perforin and MAC) may be responsible for sustaining antigen production in the RA joints. In this scenario, bacteria may be necessary for disease initiation, but are not required to sustain ongoing immune-mediated damage in the articular compartment.

## CELL DEATH PATHWAYS AS DRIVERS OF THE INTRA- AND EXTRACELLULAR RA CITRULLINOME

Several mechanisms of cell death have been implicated in generating citrullinated autoantigens in RA, including autophagy, NETosis, necrosis, and more recently LTH (discussed in detail above). These forms of cell death could induce intracellular PAD activation and de novo citrullinated protein generation, as well as the release of transiently active PADs into the extracellular environment [32,52,53,67]. NETosis has gained attention as a mechanism to generate and release citrullinated autoantigens extracellularly, thereby triggering ACPA-associated experimental arthritis [67,68]. However, this antimicrobial form of neutrophil death has not been demonstrated to reproduce the magnitude or breadth of the RA citrullinome that is induced by LTH [33]. While some citrullinated proteins can be detected in NETs by mass spectrometry [52,68], including histones, it is unclear whether this citrullination is greater than the background citrullination found in control unstimulated neutrophils. In this regard, several citrullinated peptides reported to be in NETs (such as actin, actin related protein 2/3 complex subunit 1B, coronin, and leukocyte elastase inhibitor, among others) [52,68] are also found in control unstimulated neutrophils [33], raising the possibility that NETosis is redistributor of an existent steady state citrullinome in neutrophils, rather than a generator of de novo pathogenic citrullination in RA.

Although autophagy does not induce hypercitrullination in neutrophils [33], a recent study demonstrated that this programmed cell death mechanism does lead to the citrullination of  $\alpha$ -enolase and vimentin in monocytes and FLSs [53]. These citrullinated antigens are known targets of ACPAs, and increased autophagy markers were reported to correlate with ACPA titers, suggesting that autophagy may contribute to generation of citrullinated proteins in patients with RA [53].

Although many forms of cell death may be responsible for releasing PADs extracellularly in RA, only NETosis and necrosis in neutrophils have been studied in detail [52]. Spontaneous release of nuclear material, described as NETosis, has been reported to occur in neutrophils from patients with RA, resulting in the extracellular release of PAD4 [69], and increased

nuclear material and PAD activity is present in the SF from patients with RA compared to OA [52]. In *in vitro* studies measuring extracellular PAD activity following cell death, significantly more active PAD enzyme was released following necrosis, compared to NETosis [52]. While the relative contributions of NETosis, necrosis, and other forms of cell death to extracellular PAD enzyme release in RA are unknown, these findings indicate that the release of extracellular PADs in RA is not representative of a single form of cell death.

## **AUTOANTIBODIES AS DRIVERS OF THE EXTRACELLULAR CITRULLINOME IN RA**

Irrespective of the mechanism, increased soluble extracellular PAD2 and PAD4 is observed in the SF from patients with RA [52,70]. Once released, these PADs have the potential to citrullinate extracellular substrates and interact with anti-PAD autoantibodies.

Autoantibodies that enhance the catalytic activity of PAD4 by lowering the amount of calcium required for catalysis were recently described in RA [71]. These antibodies distinguish a unique subgroup of patients with the most erosive disease and pulmonary involvement [71–73], supporting their potentially pathogenic role in RA. Interestingly, a recent study found that SF is unable to sustain PAD activity unless reducing agents, such as dithiothreitol or reduced glutathione were present [74], but the assays that demonstrated the agonistic effect of PAD4-activating autoantibodies were performed in the absence of reducing reagents [71]. Since PADs released from activated neutrophils are transiently active [74], despite these non-permissive conditions, it is possible that PAD4-activating antibodies may act by binding to PAD continually released from activated and dying cells, thus enhancing dysregulated extracellular protein citrullination. Defining the citrullinated proteins generated in the presence of PAD4-activating antibodies will be important for understanding their contribution to the RA citrullinome.

## **CONCLUSION**

The prominent accumulation of intra- and extracellular citrullinated proteins in the rheumatoid joint strongly suggests that citrullination is dysregulated in RA (Figure 1). The experimental replication of the cellular RA citrullinome requires stimuli that produce damage to the cell membrane, a prominent increase in intracellular calcium concentrations, and cytolysis (e.g. LTH). As such, bacterial pore-forming pathways may be important in generating non-tolerized neo-citrullinated epitopes at extra-articular sites of disease initiation (Figure 1B). Once tolerance is broken to the citrullinated products of hypercitrullination, host pore-forming proteins can sustain ongoing citrullinated autoantigen generation in the joints of patients with RA (Figure 1C). The production of the extracellular RA citrullinome likely requires a constant release of PADs from activated and dying cells, as well as the presence of co-factors that increase PAD activity (such as autoantibodies) to maintain efficient citrullination in the inhospitable oxidizing extracellular environment. Thus, inhibiting pathways that lead to PAD enzyme hyperactivation could suppress ongoing generation of the RA citrullinome, and provide therapeutic benefit to patients with RA.



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### Conflicts of interest

ED and FA are authors on issued patent no. 8,975,033, entitled "Human autoantibodies specific for pad3 which are cross-reactive with pad4 and their use in the diagnosis and treatment of rheumatoid arthritis and related diseases". ED previously served on the scientific advisory board for Padlock Therapeutics, Inc. FA and ED received a grant from Medimmune. FA serves as consultant for Bristol-Myers Squibb.

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\* of special interest

\*\* of outstanding interest

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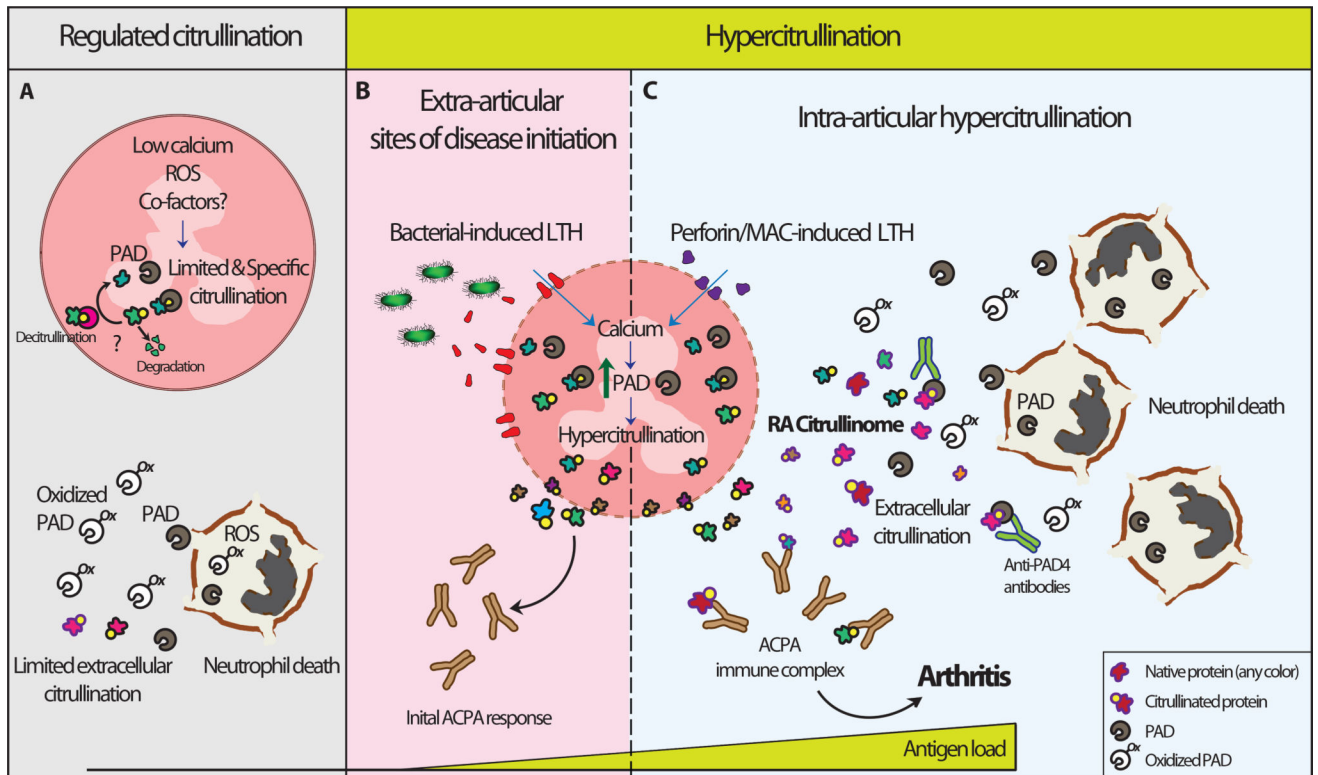
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- A (LtxA), an *Aa* toxin that induces cytolysis, calcium influx, and PAD activation. LtxA-mediated neutrophil lysis is followed by extracellular release of DNA, which is consistent with leukotoxic hypercitrullination that is induced by other host and bacterial pore-forming pathways.
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**KEY POINTS**

- The RA citrullinome comprises a unique set of intra- and extracellular citrullinated proteins that are highly enriched in the rheumatoid joint, and suggests that mechanisms controlling citrullination are dysregulated in RA.
- Calcium and reducing conditions are necessary for efficient PAD activation. Oxidizing environments present extracellular or induced intracellular by ROS inhibit PAD activity.
- Pathways that promote suprathreshold amounts of intracellular calcium, such as host (i.e. perforin and MAC) and bacterial (i.e. toxins) pore-forming proteins, are potent activators of PADs and inducers of hypercitrullination.
- Bacterial and host pore-forming pathways likely sustain citrullinated autoantigen production at extra-articular sites of disease initiation and in the RA joint, respectively.
- Since PADs are inactivated extracellularly, efficient extracellular citrullination in RA likely requires PAD activating co-factors, such as anti-PAD activating antibodies, and the continual release of active PADs enzymes from dying and activated cells.



**Figure 1.**

Normal and dysregulated citrullination in RA. **(A)** PAD function is limited by transient nanomolar fluctuations in intracellular calcium, oxidizing environments and potentially protein co-factors. By maintaining a suboptimal activity of PADs, these components may increase enzyme specificity, avoiding the abnormal citrullination of non-physiological substrates. Moreover, efficient mechanisms of clearance of citrullinated proteins (likely by degradation and less likely by re-conversion of citrulline residues to arginine residues) are important to prevent their abnormal accumulation in cells. During physiologic forms of cell death, such as NETosis, PADs are likely inhibited by ROS to prevent hyperactivation as result of calcium influx in dying cells. Similarly, oxidation appears to protect against extracellular citrullination by PADs released from activated and dying cells. Through regulated citrullination, the load of immunogenic proteins is insufficient to drive an ACPA response under physiologic conditions. **(B, C)** Hypercitrullination results from mechanisms that over-activate the PAD enzymes. Membranolytic damage induced by host and bacterial pore-forming proteins are potent inducers of leukotoxic hypercitrullination (LTH). **(B)** Bacterial pore-forming toxins are potential triggers of LTH and ACPA production in extra-articular sites of diseases initiation (e.g. gums, gut, and lungs, others). **(C)** Immune-mediated membranolytic pathways, such as perforin and MAC, likely sustain hypercitrullination in the rheumatoid joint. The large number of dying neutrophils in the articular compartment in RA likely maintains a constant release of active PADs for extracellular citrullination. The presence of agonistic antibodies to PADs may enhance extracellular citrullination before the enzymes are inactivated by oxidation. Together, citrullinated proteins from intra- and extracellular sources constitute the RA citrullinome. Uncontrolled hypercitrullination

generates suprathreshold amounts of non-tolerized antigens that may initiate an ACPA response and RA in genetically susceptible individuals.

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