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## **Altered Gray Matter in Adolescents with D-Transposition of the Great Arteries**

**Christopher G. Watson, Sc.B.**, **Lisa A. Asaro, M.S.**, **David Wypij, Ph.D.**, **Richard L. Robertson Jr., M.D.**, **Jane W. Newburger, M.D., M.P.H.**, and **Michael J. Rivkin, M.D.** Graduate Program for Neuroscience (C.G.W.), Boston University; the Departments of Neurology (C.G.W., M.J.R.), Cardiology (L.A.A., D.W., J.W.N.), Radiology (R.L.R., M.J.R.), Psychiatry (M.J.R.), Boston Children's Hospital; the Departments of Pediatrics (D.W., J.W.N.), Radiology (R.L.R.), Neurology (M.J.R.), Harvard Medical School; the Department of Biostatistics (D.W.), Harvard T.H. Chan School of Public Health.

## **Abstract**

**Objective—**To investigate the structural brain characteristics of adolescent patients with dtransposition of the great arteries (d-TGA), repaired with the arterial switch operation in early infancy, using quantitative volumetric magnetic resonance imaging (MRI).

**Study design—**Ninety-two patients with d-TGA from the Boston Circulatory Arrest Study (76% male; median age at scan 16.1 years) and 49 control subjects (41% male; median age at scan 15.7 years ) were scanned using a 1.5-Tesla magnetic resonance imaging (MRI) system. Subcortical and cortical gyral volumes and cortical gyral thicknesses were measured using surface-based morphometry. Group differences were assessed with linear regression.

**Results—**Compared with controls, patients with d-TGA demonstrated significantly reduced subcortical volumes bilaterally in the striatum and pallidum. Cortical regions that showed significant volume and thickness differences between groups were distributed throughout parietal, medial frontoparietal, cingulate, and temporal gyri. Among adolescents with d-TGA, volumes and thicknesses correlated with several perioperative variables, including age at surgery, cooling duration, total support time, and days in the cardiac intensive care unit.

**Conclusion—**Adolescents with d-TGA repaired early in life exhibit widespread differences from control adolescents in gray matter volumes and thicknesses, particularly in parietal, midline, and subcortical brain regions, corresponding to white matter regions already known to demonstrate altered microstructure. These findings complement observations made in white matter in this group and suggest that the adolescent d-TGA cognitive profile derives from altered brain development involving both white and gray matter.

The authors declare no conflicts of interest.

Correspondence: Michael J. Rivkin, Department of Neurology, Pavilion 154, Boston Children's Hospital, 300 Longwood Avenue, Boston, MA 02115; (617) 355-2758; (617) 730-0285 (FAX). michael.rivkin@childrens.harvard.edu.

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#### **Keywords**

brain; MRI; congenital heart disease; cortical thickness

Advances in prenatal diagnosis, surgical treatment, and postoperative management of children born with congenital heart disease (CHD) have dramatically improved their survival. Currently, the number of adults with CHD in the United States has been estimated to be as high as 2.9 million.<sup>1</sup> However, survivors often demonstrate neurodevelopmental morbidity for which the neuroanatomic correlates remain unclear.<sup>2</sup>

Ample evidence supports a relationship between CHD and adverse sequelae in the developing brain. Neuropathological evaluation in neonates who died shortly after cardiac surgery has demonstrated both white and gray matter injury, including cerebral cortex, subcortical gray matter, hippocampus, and cerebellum.<sup>3</sup> Interestingly, the pattern of gray matter injury included both infarction and neuronal dropout, suggesting that in surviving children with CHD, not all gray matter injury will be evident as chronic infarction.

Magnetic resonance imaging (MRI) of infants before and after corrective surgery for CHD has revealed evidence of cerebral injury. These studies demonstrate a relationship between injury or diminished gray matter volume, particularly in frontal and parietal lobes, and predisposing risk factors including low preoperative cerebral blood flow, severity of perioperative hypoxia, lower mean systemic blood pressure in the first postoperative day, and type of CHD.<sup>4-7</sup> Preoperatively, neonates with single ventricle defects and dtransposition of the great arteries (d-TGA) have imaging features of delayed cerebral maturation of both white matter and gray matter.<sup>8, 9</sup> We have previously demonstrated alteration of deep white matter microstructure not apparent on conventional clinical MRI in adolescents with d-TGA surgically corrected in early infancy.10 As has been found in the premature infant, white matter injury can adversely affect the development of cortical gray matter, reflected in altered thickness.<sup>11, 12</sup> Evidence for compromised gray matter beyond the perioperative period has been reported. Of note, morphometric study of a group of adolescents with surgically corrected CHD revealed reduction of total cortical gray matter and subcortical gray matter volumes.<sup>13, 14</sup>

Our group has previously reported the cognitive and behavioral deficits of children and adolescents with repaired  $d-TGA$ <sup>15</sup> We have now employed quantitative volumetric analysis of brain MRI data to compare parcellated gray matter volumes and cortical thicknesses in a group of adolescents with d-TGA repaired in early infancy with those of healthy control adolescents. Further, we explored associations between medical covariates and gray matter measures within the group with d-TGA.

## **Methods**

In the Boston Circulatory Arrest Study (BCAS), infants < age 3 months with d-TGA undergoing the arterial switch operation were randomly assigned to two methods of vital organ support during hypothermic cardiopulmonary bypass (predominant deep hypothermic circulatory arrest versus predominant low-flow cardiopulmonary bypass) between April

1988 and February 1992. We have previously published trial methods and neurodevelopmental findings in the perioperative period and at ages 1, 4, 8, and 16 years. 15-19

Adolescents recruited to the control group met criteria adapted from the NIH MRI study of normal brain development.<sup>20, 21</sup> Children with known risk factors for brain disorders (e.g., intrauterine exposure to toxicants; histories of closed head injury with loss of consciousness, language disorder, or Axis 1 psychiatric disorder; first-degree relative with a lifetime history of an Axis 1 psychiatric disorder; or abnormality on neurological examination) were excluded. We also excluded control subjects for whom MRI was contraindicated (eg, pacemaker, metal implants), those with trisomy 21, adolescents with other forms of CHD requiring surgical correction, and subjects whose primary language was not English. This study was approved by the Boston Children's Hospital Institutional Review Board and adhered to institutional guidelines. Parents provided informed consent, and adolescents provided assent.

#### **MRI Acquisition**

Subjects were scanned on identical GE Twin 1.5T systems (General Electric, Milwaukee, WI) at either Boston Children's Hospital or Beth Israel Deaconess Medical Center. Volumetric series for each subject were acquired using a Spoiled Proton Gradient Recalled (SPGR) 3D sequence, with imaging parameters: acquisition matrix =  $256 \times 256$ , FOV = 220mm, slice thickness =  $1.5$ mm, TR/TE =  $35$ ms/6ms, flip angle =  $45$  degrees, resulting in a voxel size of  $0.8594 \times 0.8594 \times 1.5$ mm<sup>3</sup>. Slices were obtained axially, aligned parallel to the anterior commissure-posterior commissure plane.

Structural brain MRIs were blindly interpreted by a neuroradiologist for quality of MRI data and the presence of structural abnormalities. Abnormalities were classified with respect to origin (acquired or developmental), type (infarction, mineralization, iron deposition, myelination delay, ventriculomegaly, abnormal signal characteristics), extent (focal or diffuse), and anatomic location in the brain. These data are a subset of those reported on in a previous manuscript.<sup>15</sup>

#### **MRI Analysis and Anatomic Classification**

Images were processed using the fully-automated tools in Freesurfer v5.0 (A.A. Martinos Center for Biomedical Imaging, Massachusetts General Hospital). The technical details are described elsewhere.22-27 Briefly, this procedure involves partitioning volumetric MRI images into white matter, gray matter, and cerebrospinal fluid. The deep gray matter in each hemisphere is segmented into seven discrete subcortical structures with corresponding calculated volumes: thalamus, caudate, putamen, globus pallidus, hippocampus, amygdala, and nucleus accumbens. Next, the outer pial surface of the brain is delineated, as is the surface comprising the white matter/gray matter junction. Cortical thickness is obtained by taking the distance between these two surfaces. Finally, the cortical surface is parcellated into distinct units based on gyral and sulcal structure. Mean cortical thickness and volume is obtained for 30 gyri in each hemisphere. All images were inspected for image processing errors and manually corrected when necessary.

We classified parcellated regions according to position along their respective arterial trees using a standard atlas of cerebral vasculature.<sup>28, 29</sup> Each region was assigned to one of three groups (proximal, middle, or terminal) based on location in the arterial tree relative to the origin of the main cerebral arterial trunk supplying it blood. Consequently, anterior cingulate cortex (which receives blood flow from branches of the proximal anterior cerebral artery) was classified as a proximal volume, and posterior cingulate cortex was classified as a terminal volume (because it is perfused by distal branches of the anterior cerebral artery). In order to minimize multiple comparisons, clusters were created by averaging adjacent

volumes or thicknesses as well as homologous volumes or thicknesses across hemispheres. This resulted in twenty-four subcortical and cortical volume clusters and twenty cortical thickness clusters (Table I; available at [www.jpeds.com](http://www.jpeds.com)).

#### **Statistical analyses**

Wilcoxon or Fisher exact tests were used to compare d-TGA and control groups with respect to demographic variables and structural MRI findings. For subjects with d-TGA, medical variables measured before or during the arterial switch operation included presence of a ventricular septal defect (VSD), age at surgery (>30 days vs. ≤ 30 days), cooling duration for the first cycle, total duration of deep hypothermic circulatory arrest (DHCA), total time on cardiopulmonary bypass, total support time, and lowest tympanic membrane temperature during surgery. Covariates collected in the postoperative period included history of hospital seizures (electroencephalographic [EEG] or clinical) and number of days in the cardiac intensive care unit (CICU) and hospital. Finally, any cardiac operations after the arterial switch operation were considered.

Linear regression was used to compare volume and thickness between groups. For volume clusters, the regression models included adjustment for age at MRI, sex,, total intracranial volume (TIV), and scanner location (Boston Children's Hospital or Beth Israel Deaconess Medical Center).30 For thickness clusters, TIV was excluded from the models as previous work has shown that correcting for TIV is inappropriate for cortical thickness analyses.<sup>31</sup> In exploratory analyses, partial Spearman correlation coefficients were used to analyze the associations between brain volumes and thicknesses and perioperative medical variables for the patients with d-TGA, adjusting for the same factors as in the regression analyses. The significance level was set at 0.05 for the regression analyses comparing groups and 0.01 for the correlation analyses.

## **Results**

Table II presents the demographic and medical characteristics of the d-TGA and control groups. A total of 111 subjects with d-TGA were scanned; data from 19 were excluded from further analysis due to excessive motion to yield 92 subjects with d-TGA (70 male; mean age 16.2 years, standard deviation 0.7, range 14.9-19.9) in the final analysis. The subjects with d-TGA retained for further analysis had significantly higher median Wechsler Individual Achievement Test Second Edition (WIAT-II), reading composite scores (100.5 vs. 88.0;  $p=0.02$ ), and median executive function summary scores (9.3 vs. 8.3;  $p=0.02$ ) than those excluded.<sup>32, 33</sup> A total of 55 healthy controls were scanned; data from 6 were excluded

due to excessive motion to yield 49 healthy controls (20 male; mean age 15.3 years, standard deviation 1.2, range 13.0-17.0) in the final analysis.

Retained and excluded controls were similar except that the retained subject group comprised 41% males versus 100% males among excluded control subjects (p=0.008).

#### **Gross Structural Imaging Characteristics**

Compared with controls, subjects with d-TGA had more anatomic brain abnormalities (36% vs. 4%; p<0.001). Although focal or multifocal abnormalities were more common among adolescents with d-TGA (26% vs.  $0\%$ ; p<0.001), these abnormalities consisted largely of brain mineralization (23% vs.  $0\%$ ; p<0.001) rather than focal infarction or atrophy (8% vs. 0%; p=0.10). Among the group with d-TGA, only one patient had an area of infarction that involved a region of brain reduced in volume (left inferior parietal). There were no significant between-group differences in diffuse, generalized, or developmental abnormalities.

#### **Subcortical and Cortical Volume Differences**

Total intracranial volume did not differ between groups (median  $1,546 \text{ cm}^3 \text{ vs. } 1,559 \text{ cm}^3$ ; p=0.78). Among the 24 volume clusters tested, four demonstrated significantly smaller volumes in the subjects with d-TGA than in the control group (Figure and Table III). These differences existed bilaterally in caudate ( $p=0.04$ ), superior parietal-paracentral ( $p=0.03$ ), superior frontal-rostral middle frontal ( $p=0.03$ ), and inferior parietal ( $p<0.001$ ) lobules. No volumes were significantly smaller among controls as compared with subjects with d-TGA.

#### **Cortical Thickness Differences**

Among the 20 thickness clusters tested, five regions were significantly different between the d-TGA and control groups in each hemisphere (Figure and Table III). In two regions, the group d-with TGA demonstrated significantly thinner cortex than controls: bilateral pericalcarine (p=0.02) and bilateral entorhinal (p=0.04) cortices. In three regions, significantly thicker cortex was found in the group with d-TGA as compared with controls: bilateral caudal-rostral anterior cingulate cortices (p=0.01), bilateral inferior parietal lobules  $(p=0.002)$ , and bilateral supramarginal cortices  $(p<0.001)$ .

## **Correlations of Gray Matter Volumes and Cortical Thicknesses of Patients with d-TGA with Medical**

**Variables—**We investigated the relation of preoperative medical variables to the parcellated volumetric and thickness measures we obtained. Volume in the bilateral pericalcarine cortex inversely correlated with age at surgery >30 days (r=−0.28, p=0.007). Bilateral parahippocampal gyrus thickness was significantly negatively correlated with a diagnosis of VSD (r=−0.30, p=0.005) and age at surgery >30 days (r=−0.29, p=0.006).

We explored whether volume and thickness measures were associated with intraoperative variables. First, bilateral thalamus-hippocampus volume was significantly and inversely correlated with total support time (r=−0.33, p=0.002). Second, longer cooling durations were associated with smaller volumes in the bilateral superior frontal-rostral middle frontal (r=

−0.28, p=0.009) lobes, bilateral posterior and isthmus of cingulate (r=−0.29, p=0.006), and bilateral thalamus-hippocampus (r=−0.28, p=0.008). Finally, lower tympanic membrane temperature was associated with smaller bilateral amygdala volume  $(r=0.28, p=0.007)$ .

Within the group with d-TGA, we investigated the relationship of the volume and thickness measures to postoperative course. More days in the CICU were correlated with higher bilateral insula volume (r=0.28, p=0.008), but lower bilateral superior temporal gyral thickness (r=−0.35, p<0.001) and bilateral middle temporal gyral thickness (r=−0.30, p=0.005). More days in the hospital were significantly correlated with lower thickness in bilateral superior temporal (r=−0.30, p=0.004), bilateral middle temporal (r=−0.28, p=0.007), bilateral pars opercularis (r=−0.29, p=0.006), and bilateral fusiform-inferior temporal-lateral occipital cortices (r=−0.30, p=0.004).

#### **Discussion**

Using volumetric MRI, we identified parcellated gray matter regions with significant reduction of volumes among a large cohort of adolescents with d-TGA and corrected with the arterial switch operation by 3 months of age compared with a healthy control group of similar age. In addition, the d-TGA and control groups differed significantly in several regions in cortical gyral thickness. Gyral thicknesses of adolescents with d-TGA significantly exceeded those of control subjects for 3 of 5 clusters, and control subjects demonstrated greater thicknesses for the remaining two. Taken together, these regions of volume and thickness differences were distributed across hemispheres and involved basal ganglia, medial fronto-parietal regions, and both parietal and temporal lobes. A varied picture of cortical alteration emerged regarding the relationship between medical features of the patients with d-TGA and the structural features of their gray matter. Older age at surgery (>30 days), as well as longer cooling duration, total support time, lowest tympanic temperature, and longer hospital stay were associated with reduced cortical volume and thickness in discrete regions. Finally, bilateral superior frontal and rostral middle frontal gyri were significantly smaller in the group with d-TGA, and smaller volumes were associated with longer cooling duration.

Few studies have investigated gray matter changes in adolescents with CHD. Schaer et al studied 61 adolescents with 22q11.2 deletion syndrome and compared cerebral volumetric measures in those with (44%) and without (56%) CHD.<sup>34</sup> Children with both this genetic deletion and CHD were found to have striking reduction in parahippocampal, superior frontal, and middle temporal volumes compared with control children as well as children with 22q11.2 deletion but no CHD. This finding suggests that, although some regional brain volumes may be related to the genetic mutation, other regional reductions in volume may be related to the presence of structural heart disease, its hemodynamic consequences, or treatment. Von Rhein et al found significant volume reductions for overall cortical gray matter, cerebellum, and bilateral thalami in an adolescent cohort composed of patients with a variety of types of CHD.<sup>13</sup> Using a surface-based approach to volumetric analyses, the same investigators found that a heterogeneous group of adolescents born with either cyanotic or acyanotic CHD demonstrated significant reduction, compared with control subjects, in whole brain-white matter and cortical gray matter volumes, as well as in summed

bihemispheric surface areas of frontal, temporal, parietal, and limbic lobes. Further, adolescents with cyanotic CHD demonstrated significant reduction in total, bihemispheric volumes of corpus callosum, white matter, thalamic temporal lobe, and hippocampal volumes as compared with adolescents born with acyanotic CHD.<sup>35</sup> Our data extend previously reported observations in several ways.

We employed a surface-based analytic approach with full parcellation that, to the best of our knowledge, has not been employed previously in this clinical population. Analysis of brain structure in this homogeneous group allowed us to examine the relationship of brain structural characteristics to medical variables without confounding by other characteristics such as type of congenital heart disease, consequent fetal hemodynamics, or differences in management. We found several discrete cortical and subcortical gray matter regions of significantly decreased volume in a homogeneous group of adolescents born with and treated for d-TGA, compared with a group of control adolescents. These regions include not only subcortical gray matter in basal ganglia, but also superior frontal gyrus, inferior parietal lobule, and superior parietal lobule.

Cortical thickness reflects the arrangement, size, and density of gray matter components. In particular, it reflects the size of the neuropil composed of axo-dendritic ramifications, which in turn is a reflection of inputs from and outputs to underlying white matter. Thus, cortical thickness constitutes an appealing metric for inter-group comparison. Interestingly, cortical thickness was significantly reduced in medial temporal lobe cortices bilaterally in the adolescents with d-TGA, whereas it was increased in other gyral locations compared with control adolescents.

Throughout typical development, cortical thickness and volume share a pattern of increase early in childhood followed by decline in adolescence, leading to a period of comparative stability in young adulthood.<sup>36-46</sup> Different brain regions may follow this biphasic pattern of development at different time points.<sup>36, 43-45</sup> Indeed, in a cohort of 45 typically developing children, Sowell et al. found that gray matter thickness increases were restricted to languageassociated regions of the frontal, temporal, and parietal lobes, and more widespread thinning was observed elsewhere in right frontal, bilateral parietal, and occipital lobes.<sup>44</sup> We speculate that differences in cortical thickness found between adolescents with d-TGA and controls derive from disruption of the continuous, long-term, biphasic, and regionallyspecific pattern of gray matter development.

Previously, we reported on a subset of the current adolescent cohort with d-TGA studied with diffusion tensor imaging (DTI). The group with d-TGA showed reduced white matter microstructure in a distribution involving deep frontal, parietal, temporal, and peri-basal ganglionic regions corresponding to robust white matter tracts including superior and inferior longitudinal fasciculi, inferior fronto-occipital fasciculus, and uncinate fasciculus.  $10, 47$  These long-range tracts ramify in and broadly interconnect multiple cortical gray matter regions. Interestingly, the regions of gray matter difference that we report here juxtapose the regions of white matter microstructure alteration. Similar white matter injury seen in the premature infant has been demonstrated to exert secondary consequences upon cortical gray matter development reflected in altered thickness.<sup>11, 12</sup> Consequently, the

quantitative differences in regional gray matter features we report now — in conjunction with the previously reported white matter microstructural alterations in this group — may reflect different consequences of the same central nervous system developmental disturbance that began with white matter injury and extended to adjacent and overlying gray matter through Wallerian degeneration as well as injury to subplate neurons and ascending afferent fibers to cortex.48, 49 Such a process could be reflected in adolescence as cortical regions with aberrant thickness.

Infants with CHD have brain immaturity similar to that of preterm infants.<sup>5, 8</sup> Adolescents born prematurely demonstrate significantly lower cortical volumes and thickness bilaterally in the temporal, parietal, central, and prefrontal regions, and lower subcortical volumes in the caudate, hippocampus, and thalamus as compared with healthy controls.<sup>50, 51</sup> Further, a group of adolescents born at very low birth weight had significantly thinner cortex in parietal, temporal, and occipital lobes, but thicker cortex in the frontal lobe, compared with healthy controls.<sup>52</sup> Notably, many of these regions overlap with those we have identified in the group of adolescents with d-TGA that we report here, lending further support for a developmental origin of structural brain differences found in children with congenital heart disease.

Gray matter volumes and thicknesses were significantly related to several perioperative medical variables and risk factors. Gray matter volume in subcortical and midline cortical structures significantly declined as cooling duration and total support time during surgery increased. Additionally, subjects with longer hospital stays tended to have lower cortical thicknesses in temporal and lateral brain regions, likely reflecting the effects of more complicated intra- and post-operative courses. Interestingly, these same variables have been found to correlate significantly with white matter microstructure in adolescents with d-TGA. 10

Our study has some limitations. Our findings may not generalize to children with types of CHD other than d-TGA and arise from a sample obtained at one center that received surgical treatment two decades prior. The group with d-TGA contained a higher percentage of males than the control group. To account for this difference, we included sex as a covariate in the regression analyses, though previous reports showed that males and females demonstrate similar patterns in cortical thickness.<sup>53, 54</sup> The use of two scanners for data acquisition in this study could have introduced bias in brain volume measurements due to intrinsic hardware differences. However, we accounted for this by including a covariate for scan location in our regression analyses, and subjects with d-TGA and controls were similarly balanced across scan location. In addition, previous reports have shown that measurements are similar across scan site, even when using scanners from different manufacturers and different magnetic field strengths.<sup>55-57</sup> Finally, we view our correlation analysis as exploratory, given the large number of associations tested.

In conclusion, adolescents with d-TGA repaired in early infancy, compared with control subjects, demonstrate an altered pattern of subcortical and cortical gray matter volume and thickness in several brain regions known to play important roles in higher cognition. Cortical or subcortical volumes or thicknesses correlated with several demographic and medical

indicators of more prolonged surgical and hospital courses — factors known to be associated with greater neurocognitive impairment. Importantly, the discrete regions of significant cortical and subcortical gray matter volume and thickness alteration appear to coincide with previously documented changes in white matter microstructure. These findings suggest that the cognitive profile of this important clinical group derives from alteration of brain development early in life that affects both white matter and gray matter and evolves into adolescence.<sup>15</sup>

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## **Abbreviations**



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#### **Figure 1.**

Cortical volume and thickness differences between adolescents with d-TGA and control groups. A, Lateral and B, medial views of the brain showing the cortical locations of decreased volume in d-TGA as compared with control adolescents C, Lateral and D, medial views of the brain showing the locations at which cortical thickness is greater in d-TGA as compared with control groups, as well as locations in which cortical thickness is lower in d-TGA as compared with control groups.

**Table 1**

Volume and Thickness Clusters



B: bilateral.

#### **Table 2**

Demographic and Medical Characteristics of d-TGA and Control Subjects from Whom Volumetric Data was Acquired at 16 Years of Age



BCH: Boston Children's Hospital; DHCA: deep hypothermic circulatory arrest; CPB: cardiopulmonary bypass; EEG: electroencephalogram; ASO: arterial switch operation.

Values are median (interquartile range) or percent.

\* Determined by Wilcoxon test or Fisher exact test.

† Score on Hollingshead Four Factor Index of Social Status, with higher scores indicating higher social status.

#### **Table 3**

Subcortical and Cortical Regions of Volume and Thickness Differences Between d-TGA and Control Subjects Measured at 16 Years of Age



B: bilateral; ACC: anterior cingulate cortex.

\* Determined by linear regression adjusting for age at MRI, sex, scanner location, and total intracranial volume (for volumes only).

Values are unadjusted mean (standard deviation).