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Effects of consumption of whole grape powder on basal NF- κ B signaling and inflammatory cytokine secretion in a mouse model of inflammation

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Abstract

Dietary consumption of polyphenol-rich fruits, such as grapes, may reduce inflammation and potentially prevent diseases linked to inflammation. Here, we used a genetically engineered murine model to measure Nuclear Factor kappa-light-chain-enhancer of activated B cells (NF- κ B) activity and pro-inflammatory cytokine secretion to test the hypothesis that oral consumption of whole grape formulation reduces inflammatory signaling in the body. NF- κ B luciferase reporter mice were divided into two groups, one which was fed an experimental diet formulated with 4% (w/w) whole grape powder (WGP) or another which was fed a control diet formulated with 3.6% glucose/fructose (w/w) combination. Simulated inflammation was induced in the mice by intraperitoneal injection of lipopolysaccharide (LPS). *In vivo* imaging was used to determine the effect of each diet on NF- κ B activity. We found that there were no significant differences in weight gain between the WGP and control diet groups. However, there was a statistically significant ($p < 0.0001$) difference in the progression of basal levels of NF- κ B signaling between mice fed on control or WGP diet. There were no significant differences in NF- κ B reporter indices between WGP- and control-diet groups after either acute or repeated inflammatory challenge. However, terminal blood collection revealed significantly ($p < 0.01$) lower serum concentrations of the inflammatory cytokines Interleukin-6 (IL-6) and Tumor Necrosis Factor alpha (TNF α) only among WGP diet mice subjected to acute inflammatory challenge. Overall, these data suggest that while diets supplemented with WGP may suppress steady-state low levels of inflammatory signaling, such a supplementation may not alleviate exogenously induced massive NF- κ B activation.

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Keywords

Whole grape powder; inflammation; NF- κ B; diet; *in vivo*; mouse

1. Introduction

Chronic, persistent inflammation is known to be associated with most chronic diseases such as diabetes, kidney disease, asthma, arthritis, cardiovascular diseases, Alzheimer's disease and cancer [1–4]. These chronic conditions are the leading causes of human and companion animal morbidity and mortality both within the United States (U.S.) and worldwide [2]. The human health and economic consequences of these illnesses are immense. According to the U.S. Centers for Disease Control and Prevention (CDC), 50% of all adults in the U.S. suffer from at least one type of chronic illness, with approximately 75% of all deaths within the U.S. attributed to these chronic diseases [2, 5]. Though dietary and medical interventions may be able to reduce these numbers, with the continued rise in the obesity epidemic in the U.S., there is no indication that these diseases will be eradicated in the near future [6, 7]. Although many efforts have been placed on costly treatments of these chronic conditions, the investment in prevention of these conditions is still below the threshold for health outcome effectiveness. Recently, in recognition of the seriousness of the problem, research on the molecular process of inflammation and the development of preventive and therapeutic strategies has come to the forefront in biomedical research (*NCI provocative questions*, <http://provocativequestions.nci.nih.gov>).

One of the primary molecular drivers of inflammatory signaling in cells is the Nuclear Factor kappa-light-chain-enhancer of activated B cells (NF- κ B), a dimeric protein which, in response to stimuli, translocates from the cytoplasm to the nucleus to initiate the expression of several genes which collectively promote multiple inflammation-associated pathologic processes [8–12]. Studies from our group and others have also shown the pathways and molecular regulation of NF- κ B activation through various regulatory interactions [13–15]. In particular, canonical NF- κ B signaling pathways induced by tumor necrosis factor alpha (TNF- α) and interleukin-1 (IL-1) play an important role in the pathogenesis of multiple chronic inflammatory diseases including inflammatory bowel disease (IBD), asthma, and chronic obstructive pulmonary disease (COPD) [12, 16]. Therefore, inhibition of NF- κ B activity and/or the stimuli that induce NF- κ B activity have become central themes for anti-inflammatory research [17–22]. Supporting evidence for the role of NF- κ B driven inflammation in malignancies also comes from genetic models of diminished NF- κ B signaling [8, 23]. As a result of its role in driving inflammation, the NF- κ B pathway has also been targeted in therapeutic development and in various clinical trials [24–31].

Whole grape powder (WGP) contains several bioactive ingredients, including resveratrol, flavonoids, anthocyanins, catechins, and other compounds. Several studies have documented that these ingredients contained in WGP possess anti-inflammatory and health promoting properties [32–41]. However, less is known about the activity of WGP as a composite entity that possesses a combinatorial activity of its ingredients. Therefore, studies using whole grape powder may help to elucidate and fully exploit the benefits from synergy

among the individual bioactive components. This study was designed to determine the bioactivity of WGP *in vivo* by using a reporter mouse model for NF- κ B-driven inflammatory signaling.

2. Materials and Methods

2.1. Experimental Animals and Groups

Five-week old female BALB/c-Tg(Rela-luc)31Xen (cat. no. 10499-F, n=40) reporter mice were purchased from Taconic Biosciences® (Hudson, NY) and housed in groups of 5 per cage in a 12 h light/12 h dark cycle, temperature-controlled room. After arrival, animals were allowed to acclimatize for 10 days before the start of experiments. At the end of the quarantine period the animals were randomly grouped into WGP (n=20) and control (n=20) diet groups. After 3 weeks on their assigned diets, 2 cages (10 animals) from each group were randomly assigned to either acute or repeat challenge group. Bodyweights of animals were recorded once a week and daily during the repeat challenge period. Animals were housed at the Tuskegee University Comparative Medicine Resource Center animal facility (Tuskegee Institute, AL) and all experiments described herein were reviewed and approved by the Tuskegee University Animal Care and Use Committee.

2.2. Whole Grape Powder (WGP)

Whole Grape Powder formulated from lyophilized red, green, blue-purple grapes was provided in aluminum bags by the California Table Grape Commission (Fresno, CA, USA). The bags were kept frozen at -40°C until use in feed formulation and during the entire study duration. The phytochemical and nutritional compositions of WGP used in this study are shown in Tables 1 and 2. The grape powder contains about 90% sugar in equal proportion of glucose and fructose.

2.3. Feed Formulation

Powdered rodent diet was purchased from (Teklad® T.2018M.15, Harlan Laboratories, Indianapolis, IN) and formulated in-house into mashed feed supplemented by addition of 4% WGP (experimental, w/w) or 3.6% sugar (control, 1:1 w/w mixture of glucose and fructose). The powdered feed was combined with fresh WGP or control supplement every day in the morning, made into paste using deionized water and then molded into 14 g balls which were placed daily on mice cage feeders. Five balls were placed in each cage daily for the entire duration of the study. Any remaining feed material was discarded before the fresh balls were placed.

2.4. Induction of Inflammatory Stimuli

To induce inflammation in the mice, we injected lipopolysaccharide (LPS, L3024, Sigma-Aldrich, Co., St. Louis, MO) intraperitoneally (i.p.). Acute inflammatory challenge was induced by one time administration of 0.5 mg/kg LPS. Repeat challenge inflammation was induced by administration of 0.25 mg/kg LPS every other day during the final week of the study. Luminescence images for both acute and repeat challenges were taken 4 hours after the LPS injections.

2.5. In vivo Imaging and Sera Collection

BALB/c-Tg(Rela-luc)³¹Xen mice are genetically engineered model mice carrying a reporter construct which expresses luciferase enzyme when NF- κ B signaling is activated in the body. Subsequent injection of luciferin, a substrate for luciferase, results in a luminescent signal measured by *in vivo* imaging. Animals were administered luciferin substrate solution (XenoLight D-Luciferin, PerkinElmer, Santa Clara, CA) equivalent to 15 μ g/kg of animal weight via i.p. injection. After 15 minutes, animals were placed in the imager in supine position and imaged two at a time using IVIS Lumina XR *In Vivo* Imaging System (PerkinElmer, Santa Clara, CA). *In vivo* luminescence images were taken before the diet provision, and then once a week for the remainder of the study period except for those animals on repeat challenge schedule, which were imaged on each of the challenge days. Luminescence measurements were collected and analyzed as average radiance (photon/sec/cm²/sr) for regions of interest drawn over the entire body excluding the head, and the abdominal/peritoneal region. Terminal sera were collected and saved for the analysis of TNF α and IL-6 (a model NF- κ B transcriptional target gene) as inflammation marker cytokines.

2.6. Inflammatory Cytokine Analysis

Serum concentration of the inflammatory cytokines TNF α and IL-6 were determined using the Quantikine® ELISA kit for mouse TNF-alpha (Cat#MTA00B) and Quantikine® ELISA kit for mouse IL-6 (Cat#M6000B), both from R&D Systems (Minneapolis, MN), as recommended by the manufacturer. Samples were run in duplicates and results were averaged.

2.7. Statistical Analysis

All results are presented as means \pm standard deviation of the means. Observed differences in bodyweight changes between WGP-fed experimental groups and their respective controls were analyzed using an unpaired two-tailed student's T-test ($\alpha=0.05$). Similarly, changes in baseline NF- κ B luciferase reporter activity over the period in which the animals received experimental diet prior to inflammatory challenge were analyzed using paired two-tailed student's T-test ($\alpha=0.05$). Observed differences in NF- κ B luciferase reporter activity and serum inflammatory cytokine concentrations following inflammatory challenges were determined using an unpaired two-tailed student's T-test with Welch's correction ($\alpha=0.05$). All statistical procedures were performed using Graphpad Prism, version 6.0 (GraphPad Software, Inc., La Jolla, CA).

3. Results

3.1. Body weight changes

Weekly bodyweight measurements were taken to determine if the differential feeding of mice on WGP or control (fructose/glucose) diets would affect body weight gain. Analysis of the measurements for both control diet and WGP diet showed no difference in bodyweight gain during this study. Figure 1 shows the average bodyweight plots for the two groups. The results indicate that both groups followed similar trends under both acute (A) as well as

repeat-challenge (**B**) experimental setups. Mice in acute challenge groups did not lose weight, nor was there any difference in trend between the control and WGP diet groups. However, both control and WGP diet mice in the repeat challenge groups lost body weight during the challenge week. The drop in bodyweight observed was not different between the control and WGP diet groups. Therefore, under these experimental conditions, WGP diet did not affect trends in mice body weight.

3.2. Effect of WGP supplementation on changes in basal endogenous NF- κ B reporter activity in mice

The experimental mice, which are immunocompetent, were housed under conventional husbandry. After the animals were housed, we identified each animal individually and weekly measured the reporter activity by sequential *in vivo* imaging for three weeks. The mean full-body luminescence values from individual mice during the 3 weeks of feeding period were analyzed. We compared the luminescence data from the control diet and WGP diet groups for change in basal reporter activity in unchallenged animals. Paired-sample plots for basal endogenous NF- κ B reporter activity in mice fed control (Figure 2A, n=20) or WGP (Figure 2B, n=20) diet for 3 weeks is shown. Mean values for changes in reporter activity (as the difference in radiance units between week 1 and week 3) over the same period of time are represented by the dot plot in Figure 2C. The data showed significant ($p < 0.0001$) difference in the rate of change in reporter activity (plotted as difference in radiance units on Y-axis) between the two groups over the period of 3 weeks. The control diet groups showed a steep increase (slope) and greater difference (delta values) in radiance units within the 3 weeks period compared to the WGP group. Examples of luminescence images from a non-injected mouse and mice from either control diet group or WGP diet group are shown in Figure 2D. Therefore, the results suggest that WGP diet slows down the rate of steady state endogenous NF- κ B activity *in vivo*.

3.3. Effect of WGP supplementation on changes in NF- κ B reporter activity in mice subjected to acute inflammatory challenge

After the 3-week feeding period and after the basal steady state reporter activity measurements, animals in the acute challenge group (n=10 for control diet and n=10 for WGP diet) were injected i.p. with 0.5 mg/kg LPS and *in vivo* images were taken 4 hours later as post-challenge measurements. We used the pre-challenge week 3 (last time point) measurements as a baseline values to calculate the differences in reporter activity between pre- and post-acute challenge. Box plots in Figure 3A and 3B represent the differences in mean values for reporter activity in the full-body (**panel A**) and abdominal/peritoneal region (**panel B**), respectively, as measured in radiance units. Analysis of the results showed that there were no significant differences between the reporter activity measurements between the two diet groups.

3.4. Effect of WGP supplementation on changes in NF- κ B reporter activity in mice subjected to repeat inflammatory challenge

For repeat challenge, mice were injected i.p. with a lower dose of LPS (0.25 mg/kg) on day 1, day 3 and day 5. *In vivo* imaging was done on each day of injection 4 hours after the

injections. Similarly to the acute challenge experiments, we computed differences in reporter activities between the pre-challenge week 3 and repeat challenge values. Box plots in Figure 4A and 4B represent the mean differences in reporter activity in the full body (**panel A**) and abdomen/peritoneum (**panel B**). Analysis of results from these experiments showed that there were no significant differences between control and WGP groups for days 1 & 3 ($p>0.6$). Significance was reached ($p=0.03$) for day 5 with higher readings for the WGP group, yet very close to the cut off value of $\alpha=0.05$.

3.5. Effect of WGP supplementation on serum levels of the cytokines IL-6 and TNF α

At the end of both acute and repeat-challenge experiments, the mice were sacrificed and terminal blood was collected from each of the animals. Sera were separated from the blood specimen and were analyzed using ELISA for the levels of the inflammatory cytokines IL-6 (NF- κ B transcriptional target gene) and TNF α . Data for measurements of IL-6 and TNF α for the acute challenge group are shown in Figure 5A and B, respectively. Data for IL-6 and TNF α measurements from mice in the repeat challenge group are shown in Figure 5C and D, respectively. Analysis of the results showed that the measurements of both IL-6 and TNF α were significantly lower in the animals within the acute challenge groups fed the WGP diet compared to those animals on the control diet. The measurements did not show significant differences in the concentrations of these cytokines in the repeat challenge groups. Given the short time (about 4 hours) before the mice in acute challenge group were sacrificed, it is possible that the low cytokine measurements in this group may actually reflect the already lower pre-challenge steady state levels of these pro-inflammatory cytokines in this group. The repeat challenge mice continued to be challenged over 5 additional days, time sufficiently long enough for the pre-challenge benefits to wane.

4. Discussion and Conclusion

Chronic inflammation is characterized by adaptive and innate immune cells converging on and interacting with the epithelial and mesenchymal cells of the affected organ(s) [42]. These activated inflammatory cells, subsequently induce elevated concentrations of reactive oxygen species (ROS), growth factors and secretion of inflammatory cytokines including interferon (IFN)- γ , interleukin (IL)-2, IL-6 and tumor necrosis factor (TNF)- α [43]. The resulting chronic inflammation adversely affects tissue physiology and morphology, potentially resulting in fibrosis, necrosis, or tissue destruction. These changes in tissue physiology are observed in conditions such as atherosclerosis, ischemic heart disease, cancer, obesity, inflammatory bowel disease, Crohn's disease, diabetes, and several autoimmune diseases [3, 44–46]. These conditions represent some of the leading causes of death in the United States and worldwide [2].

The purpose of this study was to examine if inclusion of WGP in standard diet would modulate inflammatory signaling *in vivo*. Comparison was made between animals fed with a control diet supplemented with the principal sugars contained within WGP (i.e. fructose and glucose) and those fed a diet supplemented with WGP. Similar work utilizing WGP as a dietary supplement (as 3–10% dry weight) in inflammatory disease models have been reported within the literature [47–49]. WGP has also been tested to determine the effect of

WGP consumption on inflammatory disease markers in human patients [50]. These studies, based upon RNA and protein expression techniques, collectively reported increases in antioxidant enzyme activity and amelioration of disease symptoms when WGP was added to the diet. In our study, we employed a novel approach of using sequential imaging of genetically engineered reporter mice which respond to inflammatory signaling by expressing the enzyme luciferase which can be detected by *in vivo* imaging techniques.

Our results showed that, when compared to the control diet, WGP supplementation had no effect on the weight dynamics of the animals in this study. It also had no effect on the weight loss resulting from repeat challenge during the last week of the study. These results concur with findings by Patel et al. [47] which showed that WGP supplementation had no effect on the body weight of their experimental animals. On the other hand, recent studies have shown that supplementation of WGP and other grape products in the diet could counteract the adverse effects of high fat diet including adiposity, hyperlipidemia, insulin resistance, and oxidative stress [51–53]; and also reduce inflammatory signaling in the context of cardiac dysfunction [49]. These outcomes are usually attributed to the antioxidant activity of the polyphenolic fraction of grapes and grape products [51].

WGP supplementation significantly slowed down the basal endogenous NF- κ B activity in our experimental animals. However, it had minimal or no effect on LPS-induced NF- κ B activity, regardless of whether the inflammatory stimulus was a slow-dose repeat challenge or an acute one. Although the repeat challenge data showed a tendency for higher radiance for the WGP group, the overall difference from the control group did not reach a decisive level of statistical significance. Given the borderline significances, these observations prompt further experiments with a different design. On the other hand, animals on the WGP diet had significantly lower serum concentrations of the inflammatory cytokines IL-6 and TNF α in the acutely challenged group. These results are not surprising because WGP reportedly increases I κ B α mRNA and protein expression, while downregulating several inflammatory cytokines, including TNF α and TGF- β in cardiac tissue [49]. Since we were not able to collect blood samples before the acute challenge, we could not extricate the effect of the LPS challenge on the serum levels of the inflammatory cytokines. Our experimental design to test the primary hypothesis about the effects of WGP on inflammatory exogenous challenges precluded the sacrifice of mice before challenge. Of note, the NF- κ B reporter activity measured as luminescence data did not show significant difference between control and WGP diet groups in the acute challenge group. Therefore, we hypothesize that lower cytokine levels in the acute challenge groups is the result of the low endogenous inflammatory signaling. While reporter activity is an immediate response measurable within the first hours, cytokine response downstream of the NF- κ B activation may occur at a later time point.

These data suggest that WGP supplementation seems to have no effect on exogenously induced NF- κ B activation by injection of lipopolysaccharide. Multiple factors could be considered as limiting the possible effects of WGP diet on exogenous stimuli, including the length of feeding schedule, the proportion of WGP in the diet, the dose of exogenous stimulus, and organ-specific effects that could not be captured in our setup. Nevertheless,

mice fed on WGP-supplemented diets clearly had lower basal levels of inflammatory signaling including reduced cytokines IL-6 and TNF α in the serum.

The overall results from this study suggest that WGP diet reduces basal steady state levels of inflammatory signaling rather than acute or repeat challenges, especially as designed in this study. While persistent low-grade inflammation is a hall mark of many chronic diseases, steady-state basal level of inflammation is also involved in physiological functions such as wound healing. Therefore, further studies that examine the mechanisms and relevance of reduced endogenous inflammatory signaling are recommended.

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List of abbreviations

NF-κB	Nuclear Factor kappa-light-chain-enhancer of activated B cells
WGP	Whole Grape Powder
LPS	Lipopolysaccharide
TNFα	Tumor Necrosis Factor alpha
IL	Interleukin
ELISA	Enzyme linked immunosorbent assay
TGF	Transforming growth factor

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Highlights

- Whole grape powder in diet decreased basal level of inflammatory signaling
- Whole grape powder diet decreased serum TNF-alpha and IL-6 inflammatory cytokine levels
- Inclusion of whole grape powder in diet could not ameliorate exogenous inflammatory challenge

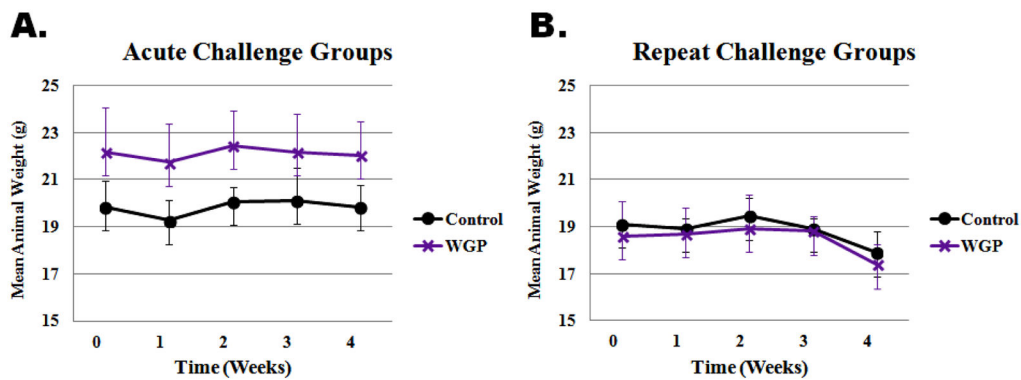


Figure 1. Bodyweight trend of mice on control or whole grape powder (WGP) supplemented diet. Mice were randomly grouped into either acute challenge or repeat challenge group, each of which was further sub-grouped into control or WGP diet. Weekly bodyweight measurements were taken. Plots represent average weight of animals (n=10 per group) versus time in weeks. Panel **A** is shows data plot for animals in the acute challenge group, while panel **B** shows plot for the repeat challenge group. WGP supplementation for 3 weeks did not affect bodyweight trend.

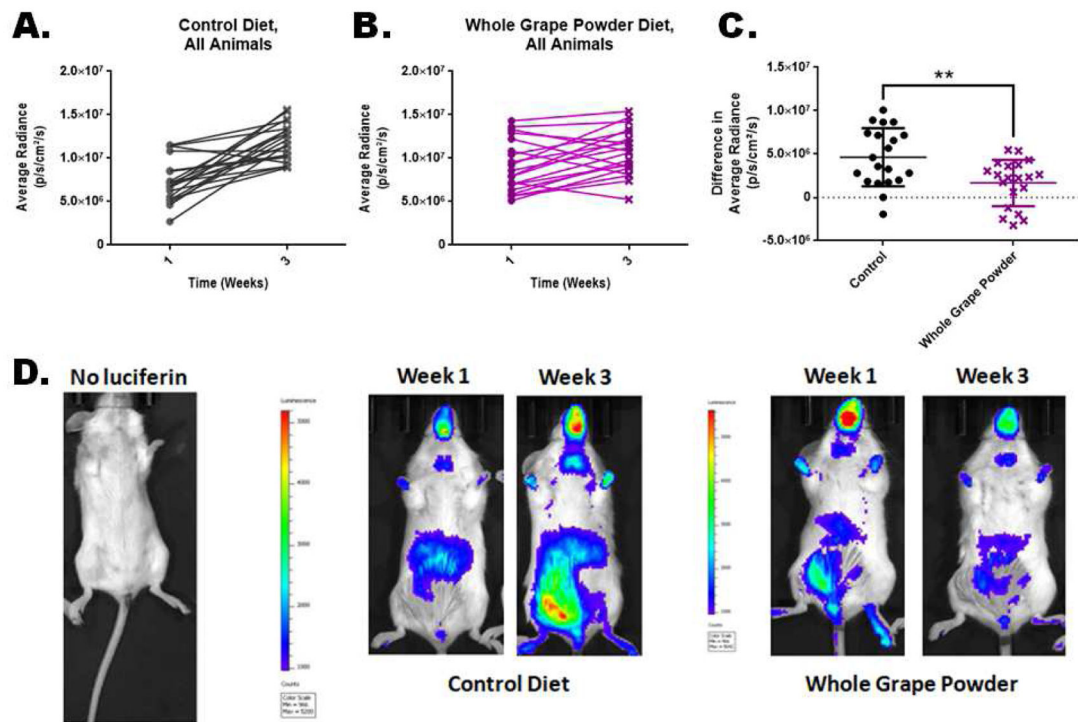


Figure 2.

Effect of WGP supplementation on changes in basal NF- κ B activity in reporter mice.

Paired-sample plots for basal NF- κ B reporter activity in mice fed control (Panel A, $n=20$) or WGP (Panel B, $n=20$) diet for 3 weeks. Changes in reporter activity over the 3 weeks for each of the animals in either control- or WGP-diet group are shown in panel C. Panel D shows luminescence images from mouse with no luciferin injection (left) and from a mouse in control diet group (at week 1 and week 3, middle panels), and from a mouse in WGP diet group (also at week 1 and week 3, right panels). The WGP group had significantly lower rate of increase in reporter activity over the 3 weeks period. ** statistically significant difference ($p<0.0001$).

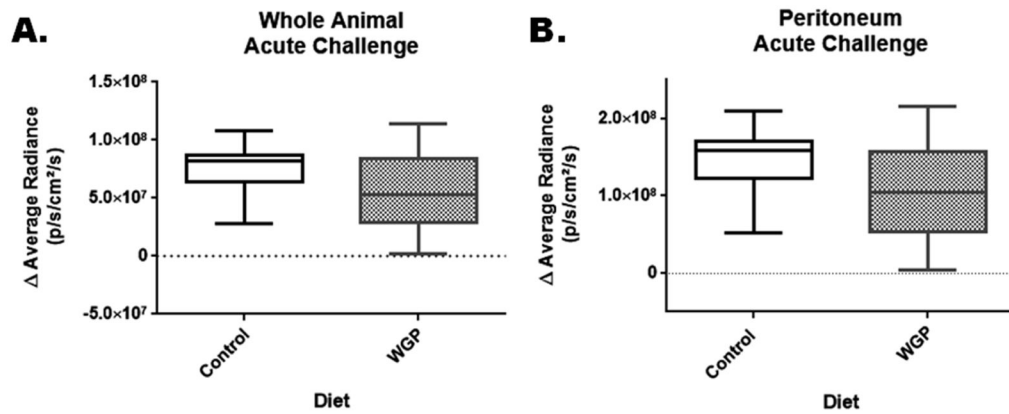


Figure 3. Effect of WGP supplementation on changes in NF- κ B reporter activity in mice subjected to acute inflammatory challenge. After 3 weeks on diet, mice were subjected to an acute inflammatory challenge. Changes in reporter activity were plotted as the difference between the pre-challenge (week 3 readings) and post-acute challenge readings. Box plots represent the differences in reporter activity for the whole body (panel **A**) and abdominal/peritoneal (panel **B**) regions of interest. There was no significant difference between control and WGP groups.

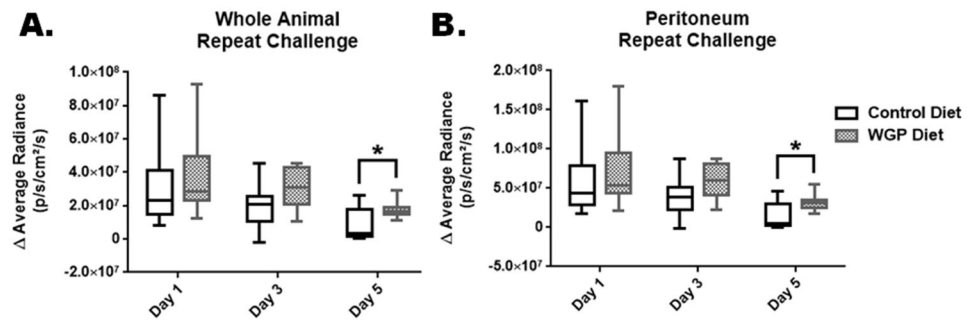


Figure 4. Effect of WGP supplementation on changes in NF- κ B reporter activity in mice subjected to repeat inflammatory challenge (on days 1, 3, and 5). Changes in reporter activity were plotted as the difference between the pre-challenge (week 3 readings) and post-challenge readings on each day of challenge. Box plots represent the differences in reporter activity for the whole body (panel **A**) and abdominal/peritoneal (panel **B**) regions of interest. There were no significant differences between control and WGP groups for days 1 & 3 ($p > 0.06$). Significance was reached (*, $p = 0.03$) for day 5.

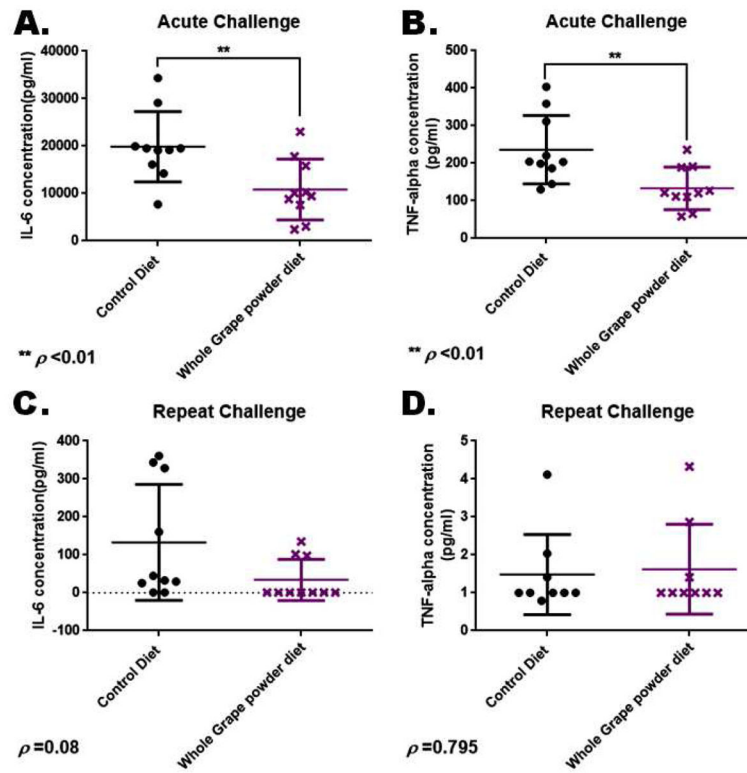


Figure 5. Effect of WGP supplementation on serum levels of the cytokines IL-6 and TNF- α . Terminal sera collected from mice on control or WGP diet were analyzed using ELISA for the levels of IL-6 and TNF α . IL-6 and TNF α data for mice in the acute challenge group are displayed in panels **A** and **B**, respectively. IL-6 and TNF α data for mice in the repeat challenge group are shown in panels **C** and **D**, respectively. ** statistically significant difference.

Table 1

Phytochemical analysis of the WGP powder used in the study*

Compounds	Total	Individual
Catechins	mg/kg	
Catechin		19.59 mg/kg +/- 1.06
Epicatechin		8.77 mg/kg +/- .71
Anthocyanins	mg/kg	
Peonidin		148.75 mg/kg +/- 8.19
Cyanidin		20.1 mg/kg +/- 1.33
Malvidin		127.77 mg/kg +/- 8.33
Flavonols		
Kaempferol		1.03 mg/kg +/- .16
Isorhamnetin		1.06 mg/kg +/- .11
Quercetin		14.44 +/- 1.20
Taxifolin		1.87 mg/kg +/- .10
Stilbenes		
Resveratrol		.85 mg/kg +/- .16
Total Polyphenols in gallic acid equivalents		326 mg/100g

* Data provided by the supplier.

Note: This analysis does not represent the complete phytochemical profile of grapes. Abbreviations: kg = kilogram, g = gram, mg = milligrams, mcg = micrograms, IU = international unit

Table 2

Nutritional analysis of WGP used in this study*

Nutrient	Amount (per 100 g powder)	Units
Calories	371	kcal
Total Fat, acid hydrolysis	0.299	g
Total Carbohydrate	88.6	g
Protein (N x 6.25)	3.58	g
Beta carotene	0.127	mg
Vitamin A from carotene	212	IU
Vitamin C	2.7	mg
Calcium	50	mg
Iron	1.43	mg
Sodium	11.8	mg
Potassium	973	mg
Thiamin HCl	0.17	mg
Folic Acid	49.0	mcg
Phosphorus	104	mg
Magnesium	33.3	mg
Zinc	0.416	mg
Copper	0.450	mg
Manganese	0.379	mg
Moisture	4.52	g
Ash	3.02	g

* Data provided by the supplier.

Abbreviations: g = gram, mg = milligrams, mcg = micrograms, IU = international units, kcal = kilocalories