

SCIENTIFIC REPORTS



OPEN

Zinc ion rapidly induces toxic, off-pathway amyloid- β oligomers distinct from amyloid- β derived diffusible ligands in Alzheimer's disease

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Alzheimer's disease (AD) is the most prevalent neurodegenerative disease in the elderly. Zinc (Zn) ion interacts with the pathogenic hallmark, amyloid- β (A β), and is enriched in senile plaques in brain of AD patients. To understand Zn-chelated A β (ZnA β) species, here we systematically characterized ZnA β aggregates by incubating equimolar A β with Zn. We found ZnA β 40 and ZnA β 42 both form spherical oligomers with a diameter of ~12–14 nm composed of reduced β -sheet content. Oligomer assembly examined by analytical ultracentrifugation, hydrophobic exposure by BisANS spectra, and immunoreactivity of ZnA β and A β derived diffusible ligands (ADDLs) are distinct. The site-specific ¹³C labeled solid-state NMR spectra showed that ZnA β 40 adopts β -sheet structure as in A β 40 fibrils. Interestingly, removal of Zn by EDTA rapidly shifted the equilibrium back to fibrillization pathway with a faster kinetics. Moreover, ZnA β oligomers have stronger toxicity than ADDLs by cell viability and cytotoxicity assays. The *ex vivo* study showed that ZnA β oligomers potently inhibited hippocampal LTP in the wild-type C57BL/6JNarl mice. Finally, we demonstrated that ZnA β oligomers stimulate hippocampal microglia activation in an acute A β -injected model. Overall, our study demonstrates that ZnA β rapidly form toxic and distinct off-pathway oligomers. The finding provides a potential target for AD therapeutic development.

AD is the most common cause of dementia in the elder population after age of 65. All current AD clinical trials have failed due to insignificant beneficial effects or severe adverse effects^{1,2}. The failure of clinical trials suggests that the fundamental molecular mechanism of AD pathogenesis is still not fully understood. A β , a pathogenic hallmark in AD, is cleaved from amyloid precursor protein by β - and γ -secretases^{3,4}. A β 40 and A β 42 are the two major isoforms that differ in two additional amino acids in the C-terminus of A β ^{5,6}. A β is an intrinsically disordered protein that is prone to aggregate into cross- β -rich fibrils via a nucleation-dependent manner⁷. The classic amyloid fibrillization consists of a nucleation state followed by fibril elongation and a plateau for mature fibril formation. The major cause of AD is considered to associate with assemble of A β into oligomers, which impair synaptic function and lead to activation of a cascade of subsequent detrimental events^{8,9}. A β oligomers are previously referred to heterogeneous intermediates in the aggregation, including various types of species, e.g. prefibrillar oligomer, protofibrils, annular protofibrils, paranuclei, globulomers, amylospheroids, ADDLs, and A β 56*^{9–12}. Despite the intrinsic structural heterogeneity of A β oligomeric aggregates, many of their structural features have been unraveled by solid-state NMR^{13–16}. A β fibrillization can be monitored by thioflavin T (ThT) that emits fluorescence upon chelating to cross- β -stands in amyloid fibrils, however, the oligomer intermediates showed no or low binding to ThT¹⁷.

Although A β 40 and A β 42 are the two major A β isoforms, they have distinct properties in structure, aggregation, and toxicity. Freshly prepared A β 40 was reported to be monomer and A β 42 adopts rapid equilibrium of

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monomer and trimer/tetramer¹⁸. A β 40 and A β 42 adopt distinct fibrillization pathways^{19,20}. During the aggregation, A β 42 forms a pentameric/hexameric paranuclei, whereas, A β 40 undergoes monomer addition^{19,20}. Ion mobility mass spectrometry showed A β 40 assembles through tetramer, whereas, A β 42 forms tetramer and further forms hexamer that stacks into dodecamer prior to protofibril/fibril formation²⁰. The fibril structure of A β 40 contains two β -strands formed by amino acids 10 to 22 and 30 to 40^{21–23} and A β 42 fibrils contain multiple β -sheets adopting the so-called LS-shaped structure²⁴. A β 42 is demonstrated more detrimental than A β 40 *in vitro* and *in vivo*^{25,26} despite the amount of A β 42 is 10 times less than A β 40 in cerebrospinal fluids²⁷.

Metal ion dyshomeostasis is an existing concept in the AD research²⁸. Abnormally high content of metal ions including Zn²⁺, Cu²⁺, Fe³⁺ have been found in senile plaques of postmortem AD brains^{29,30}. Many evidences further suggested imbalance of Zn²⁺ or Cu²⁺ homeostasis was linked with AD pathology^{31,32} and association of metal ions with A β , especially Cu²⁺ or Zn²⁺ were reported in a series of studies^{33–36}. A β is known to bind with the metal ions^{31,32}. The metal ions, including Zn²⁺ and Cu²⁺, were identified to interact with histidine residues at N-terminal of A β ^{37,38}. The mechanism of interaction of Zn²⁺ with A β was reported to share similar coordination with Cu²⁺ by three histidines at residue 6, 13, and 14 of A β ^{39,40}. However, how Zn²⁺ modulates A β conformation is still elusive, that may be due to assemblies of ZnA β were variable and sensitive due to changes of pH, temperature, concentration, and buffer environment. The morphology of ZnA β was previously shown as fibrils at 37°C⁴¹, whereas others discovered that ZnA β formed amorphous aggregates⁴² or oligomers at room temperature^{33,35}. Postmortem brain analysis and *in vivo* model of AD both provided evidences to support that Zn²⁺ might play a role in AD pathogenesis^{43,44}. Bush *et al.* further developed a Cu/Zn ion chelator, PBT2, to provide beneficial effect for AD^{45,46}.

To understand the effect of Zn²⁺ to A β 40 and A β 42, here we systematically characterized the oligomer formed by ZnA β complex. We found Zn²⁺ rapidly induced secondary structure changes and retained A β in an oligomer state with higher hydrophobic surface. ZnA β oligomers have distinct immunoreactivity against several anti-A β antibodies and possess higher toxicity than ADDLs. Removal of Zn²⁺ leads to restoration of A β fibrillization with a faster kinetics than A β alone. In addition, solid-state NMR data suggested that ZnA β 40 oligomers possess β -sheet structure. The electrophysiology result showed that ZnA β oligomer inhibited hippocampal LTP in the wild-type mice hippocampus slice. In the acute A β -injected mice model, increasing of hippocampal microglial activation was found followed by ZnA β injection.

Results

Zn²⁺ promotes A β 40 and A β 42 oligomer formation. To systematically examine the effect of Zn²⁺ on A β aggregation, we incubated equal molar ratio of Zn²⁺ ions with A β 40 and A β 42 and examined their fibrillization by ThT assay, the secondary structural changes by far-UV CD, and the epitope changes of the assembly by dot blotting. A β 40 and A β 42 were prepared in ammonium hydroxide, lyophilized, and then dissolved in 10 mM Tris-HCl buffer, pH 7.4. Fifty μ M A β and Zn²⁺ were used in the experiments. In ThT assay, we found that in the absence of Zn²⁺, A β 40 fibrillization adapted a classic nucleation-dependent response. It showed a lag phase of ~64 hr, and reached maximal ThT fluorescence at ~94 hr (Fig. 1A). Upon addition of equal molar concentration of Zn²⁺ during A β 40 aggregation, we found the ThT signal was retained without much increase. The result showed that there is lower incidence, if any, of amyloid fibril formation in the presence of Zn²⁺ ions. In the case of A β 42, A β 42 alone showed a slow growing phase of ~20 hr, then increased to maximal ThT fluorescence intensity at ~33 hr (Fig. 1F). Whereas, in the presence of Zn²⁺, ThT fluorescence was significantly inhibited similar to the result obtained from A β 40. The result demonstrated that Zn²⁺ suppresses both A β 40 and A β 42 fibrillization. We also examined A β 40 and A β 42 fibrillization in various concentrations of Zn²⁺ in ThT assay. Five different concentrations of Zn²⁺ ranging from 10 to 200 μ M were added into the 50 μ M A β solution. The result showed Zn²⁺ suppressed A β 40 and A β 42 fibrillization in a dose-dependent manner (Fig. S1). To examine the possible precipitation, we examined the turbidity of the samples for 7 days of incubation by absorbance at 340 nm and also quantified the protein concentration at 280 nm. The samples were turbid especially for the ZnA β samples indicating large soluble aggregate formation, but no precipitation was observed during the experimental time (Fig. S2). To see whether there is any A β aggregation in the presence of Zn²⁺, we imaged the ZnA β 40 and ZnA β 42 aggregates by TEM (Fig. 1B,G, respectively). TEM images showed that in the absence of Zn²⁺ the end-point products of A β 40 and A β 42 both formed straight or curly amyloid fibrils. In contrast, equal molar ratio of Zn²⁺ promoted formation of spherical A β species, whose diameters in average were ~14 and ~12 nm for ZnA β 40 and ZnA β 42, respectively, as measured from the TEM images (Fig. S3). Furthermore, we added equal amount of Zn²⁺ into preformed A β 40 fibrils and studied whether Zn²⁺ is capable to destabilize preformed fibrils by ThT assay and Fourier transform infrared spectra (FTIR). The results showed that the addition of Zn²⁺ ions cannot decrease ThT intensity of A β fibrils (Fig. S4A) and does not alter β -sheet structure signals at 1,630 cm⁻¹ in FTIR analysis (Fig. S4B). This result suggested that Zn²⁺ only affects A β at the early stage.

Zn²⁺ rapidly changes secondary structures of A β 40 and A β 42 and retains A β in a less β -conformation. To understand how Zn²⁺ affects the conformation of A β , the secondary structure of A β 40 and A β 42 with and without Zn²⁺ was examined by far-UV CD spectroscopy for several days (Fig. 1C–E, H–J). On day 0, freshly-prepared A40 showed a random-coil-like spectrum and the conformation gradually transformed to α -helix-like spectra on day 4 and 5, then finally formed β -sheet-rich structures which minimum wavelength at 217 nm on day 6 (Fig. 1C). For the spectra of A β 42, the random-coil-like conformation on day 0 quickly moved to β -sheet-rich structure after day 1 (Fig. 1H), this result is consistent with the result of ThT assay showing A β 42 forms fibrils much faster than A β 40. When Zn²⁺ was mixed with A β 40 and A β 42, the ellipticity was significantly reduced on and after day 0 (Fig. 1D,I). The result showed that Zn²⁺ affects the secondary structure of A β rapidly and the aggregates contain different secondary structures than A β alone. Previously, this reduction was also found in the presence of Al³⁺ and other metal ions in our previous findings with a different A β preparation method³³.

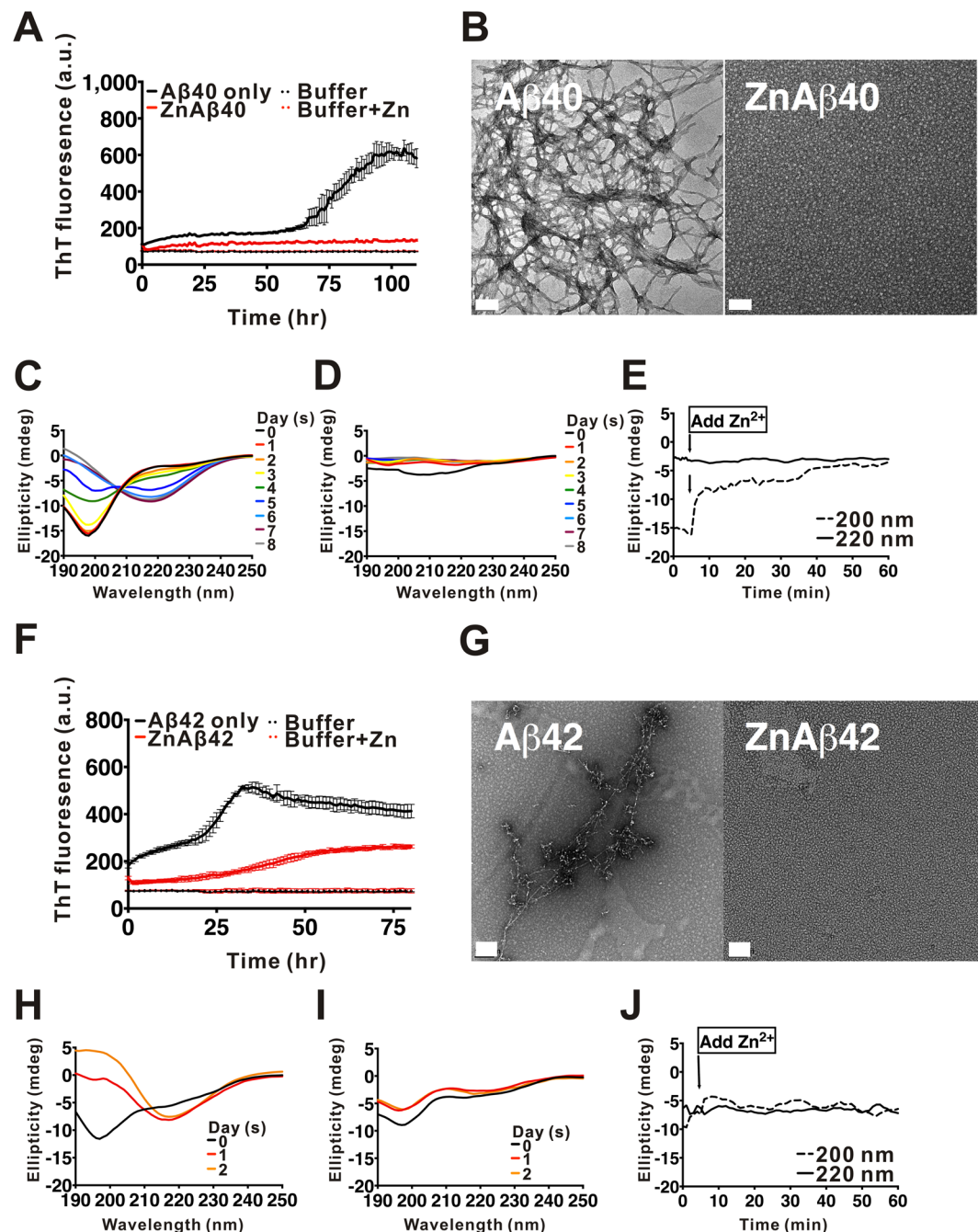


Figure 1. Zn^{2+} promotes $\text{A}\beta$ oligomerization. (A,F) ThT assay of $\text{A}\beta$ in the absence or presence of Zn^{2+} . $\text{A}\beta$ or $\text{A}\beta_{42}$ (F) at $50\ \mu\text{M}$ was incubated with and without equal molar concentration of Zn^{2+} . The final ThT concentration in the working solution is $5\ \mu\text{M}$. ThT fluorescence was monitored at 25°C . (B,G) TEM images of the end-point products of $\text{A}\beta$ alone or $\text{ZnA}\beta$. The scale bars are $100\ \text{nm}$. (C–E) and (H–J) Far-UV CD spectra of $\text{A}\beta_{40}$ and $\text{A}\beta_{42}$. The spectra were scanned from 250 to $190\ \text{nm}$ at the indicated time. $\text{A}\beta_{40}$ in the absence (C) and presence of Zn^{2+} (D) after different incubation time are shown. The single wavelength changes of $\text{A}\beta_{40}$ at 200 and $220\ \text{nm}$ after addition of Zn^{2+} are shown in panel (E). $\text{A}\beta_{42}$ in the absence (H) and presence of Zn^{2+} (I) were also monitored. The single wavelength changes of $\text{A}\beta_{42}$ at 200 and $220\ \text{nm}$ after addition of Zn^{2+} are shown in panel (J).

Interestingly, we found Zn^{2+} affects $\text{A}\beta_{40}$ much more than $\text{A}\beta_{42}$. The CD spectra of $\text{A}\beta_{40}$ with Zn^{2+} did not show much secondary structure from day 1 to even after 6 days of incubation, whereas $\text{A}\beta_{40}$ without Zn^{2+} formed β -sheet fibrils readily. In the presence of Zn^{2+} with $\text{A}\beta_{42}$, the random-coil-like structure was also reduced at day 0 and transformed to mixed spectra after 1 day (Fig. 1I). On day 2, there is no obvious β -strand formation unlike the $\text{A}\beta_{42}$ alone (Fig. 1H). The single wavelength changes of $\text{A}\beta_{40}$ (Fig. 1E) and $\text{A}\beta_{42}$ (Fig. 1J) at 200 and $220\ \text{nm}$

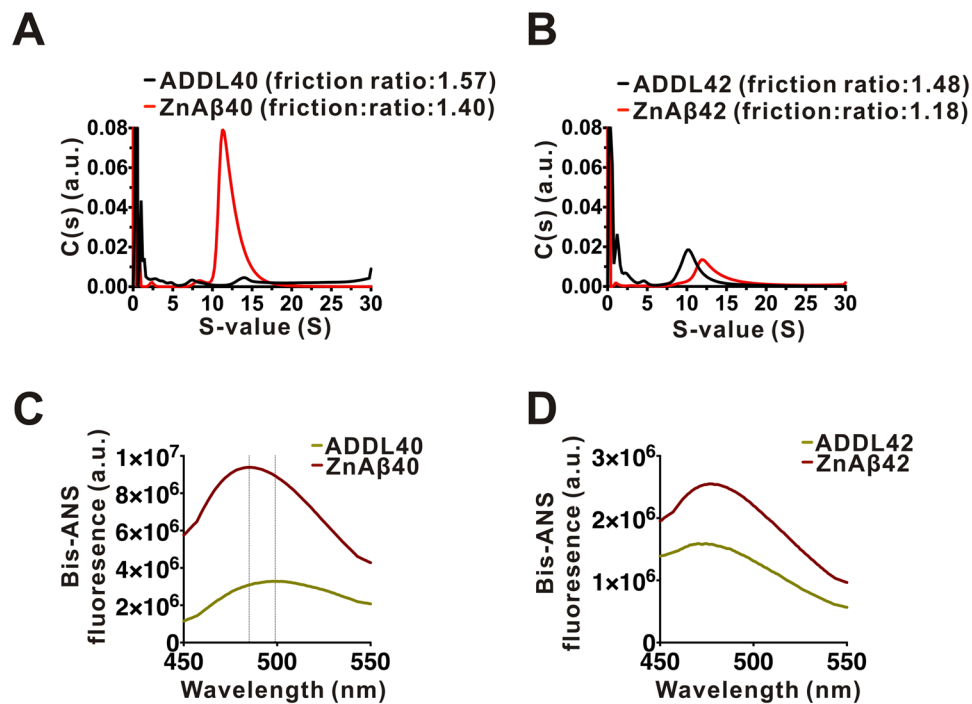


Figure 2. ZnA β 40 or ZnA β 42 assemble into oligomers and contain more exposed hydrophobic surfaces than ADDLs. (A,B) SV in AUC of ZnA β or ADDLs consist of A β 40 or A β 42, respectively. The data were analyzed by a continuous $c(s)$ distribution model and the sedimentation coefficients were calculated and shown. (C,D) Bis-ANS spectra of ZnA β and ADDL. ZnA β 40, ZnA β 42, ADDL-A β 40, and ADDL-A β 42 at 100 μ M were prepared. Before the measurement, all A β solution were diluted to 50 μ M in 10 mM Tris-HCl, pH 7.4, then, mixed with 0.5 μ M Bis-ANS dye. Bis-ANS fluorescence spectra were collected. The spectra were subtracted from the respective buffer control.

are plotted against time after the addition of Zn $^{2+}$. The results showed that Zn $^{2+}$ -induced A β changes were rapid and complete in minutes.

ZnA β 40 and ZnA β 42 form oligomers that are less heterogeneous and possess higher hydrophobic-exposed surfaces than ADDLs. To estimate the size of ZnA β oligomers, we analyzed ZnA β 40 and ZnA β 42 oligomers and ADDLs composed of A β 40 or A β 42 by sedimentation velocity (SV) in analytical ultracentrifugation (AUC). ADDL is a type of A β oligomers commonly reported in the literature that are cytotoxic^{25,47,48}. ADDL was prepared as described in method according to previous literatures^{25,48,49}. The SV result showed that the predominant sedimentation coefficient distribution of ZnA β 40 or ZnA β 42 were similar. They ranged from 10 to 17.5 S corresponding to molecular weight ranging from 152 to 214 kDa (~33 to 49 mer). The peak maxima were situated at 11.3 and 11.9 S, respectively, where the peaks contained ~63% and ~46.2% of total A β (Fig. 2A,B). In the condition to form ADDLs by A β 40, the major distribution were broadly distributed which indicates no distinct oligomer formed in this condition. This result is consistent with the previously report that no A β 40 oligomer was observed under AFM in ADDL preparation²⁵. In ADDL made by A β 42, there is a major peak situated at ~10.27 S which corresponds to molecular weight of 159 kDa (~35 mer), containing ~26.09% of total peptide. There are some other assemblies presented under 5 S which corresponds to molecular weight less than ~95 kDa (~21 mer). The friction ratio of ZnA β 40 and ZnA β 42 are 1.4 and 1.2, whereas, ADDL40 and ADDL42 are 1.57 and 1.48, respectively. Since the perfect sphere has a friction ratio of 1.2, the result indicates that ZnA β complexes are more spherical. Our AUC data demonstrated that ZnA β 40 and ZnA β 42 form oligomers that are less heterogeneous and more spherical than ADDLs.

Besides AUC analysis, we employed Bis-ANS fluorescence to monitor the hydrophobic clusters exposed on A β surface^{18,50,51}. The experiments were performed with 50 μ M ZnA β oligomers or ADDLs. The samples were mixed with Bis-ANS readily within 1 min and subjected to fluorescence measurement. The fluorescence spectra of A β in the presence of Zn $^{2+}$ ion was shown to be ~2.8 and ~1.6 fold higher than that of ADDLs A β 40 or A β 42, respectively (Fig. 2C,D). This enhancement indicated higher level of hydrophobic surface exposed on the protein surface of ZnA β oligomers. Besides increasing of fluorescence intensity, the spectra of ZnA β 40 oligomers also showed blue-shift of maximal wavelength from 499 nm to 485 nm, but the shift in the ZnA β 42 is not that obvious, indicating that the presence of Zn $^{2+}$ altered the Bis-ANS binding environment.

Low immunoreactivity of ZnA β oligomers reveal distinct oligomeric structure. To further elucidate the effect of Zn $^{2+}$ on conformation changes of A β , we collected time-course A β aggregates for dot blotting analysis to monitor epitope changes (Fig. S5). A β 40 and A β 42 samples at different time points of incubation were

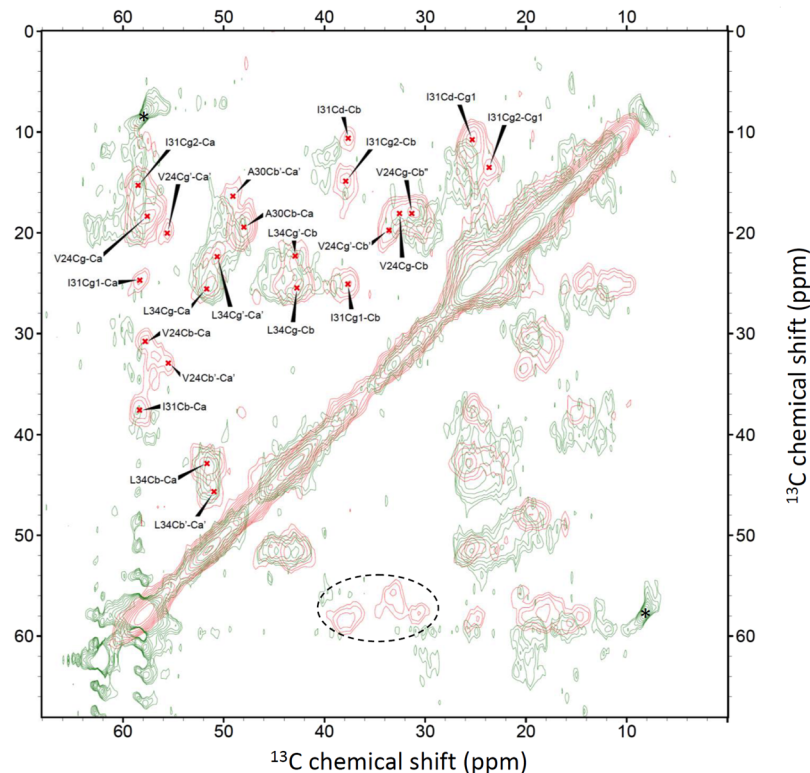


Figure 3. Overlaid ^{13}C homonuclear correlation spectra of ZnA β 40 (green) and A β 40 fibrils (red). The A β 40 peptides were ^{13}C enriched at V24, A30, I31, G33, and L34. Spectral assignments were given for the spectrum of the A β 40 fibrils. The dashed elliptical circle highlighted the region of the $\text{C}^\alpha/\text{C}^\beta$ cross peaks of V24 and I31 expected for ZnA β 40. The peaks denoted by asterisks were spinning sidebands.

dotted on the nitrocellulose membrane with several replicates and probed by several A β antibodies including conformational specific antibodies A11 and OC and sequence specific antibodies like 6E10, 4G8, A3356, and C-terminal antibody. A11 antibody was used to detect common prefibrillar oligomers⁵², whereas OC antibody recognizes fibrils and fibrillar oligomers, which are structurally and immunologically related to fibrils^{53,54}. The sequence specific antibodies used were 6E10 antibody recognizing N-terminal A β residues 1–16, 4G8 recognizing A β residues 17–24, A3356 recognizing the middle terminus of A β residues 22–35, anti-C-terminal of 42 recognizing the last 6 residues of A β 42. The peptide loading control is detected by Direct Blue staining. From the different time points collected during A β 40 and A β 42 aggregation incubated with or without Zn^{2+} (Fig. S3A and S3B), we found A11 signals of A β 40 increased after day 1, and that of ZnA β 40 increased after day 5. Both of the signal saturated after 6 days. In the OC blot, we found the signals of A β 40 potentially increased after day 1, but ZnA β 40 showed almost no OC signal in comparison to A β 40 alone. Similarly, A11 and OC signals were both much weaker in the ZnA β 42 blot compared with A β 42 alone. These evidences suggest that ZnA β oligomers revealed distinct immunological status compared with A β aggregates in the absence of Zn^{2+} . The data are consistent with the results from ThT assay and TEM imaging demonstrating no or little fibrillary structure is formed in ZnA β . Surprisingly, we found that even sequence-dependent antibodies such as 6E10 or 4G8 showed weaker reactivity to recognize ZnA β 40 and ZnA β 42 while we have equal A β loading on the blot as shown by Direct Blue staining. Furthermore, we compared the epitopes in ZnA β oligomers and ADDLs by the different antibodies. We dotted ZnA β incubated for 1 and 7 days with ADDLs that were prepared in media for 1 day as described in the method. We found that both ZnA β 40 and ZnA β 42 incubated for 1 or 7 days showed weaker immunoreactivity compared with the corresponding ADDLs (Fig. S5C and S5D). This result further demonstrated that ZnA β oligomers expose distinct epitopes and maintain a quite different conformation than ADDLs and the intermediates in A β aggregation without Zn^{2+} .

ZnA β 40 oligomers are structurally more disordered than A β 40 fibrils. It is well known that the chemical shifts of C^α , C^β , and C^γ are sensitive to the backbone conformations of polypeptides^{55–57}. To understand the molecular structure of ZnA β , we first examined the ^{13}C uniformly labeled ZnA β 40 by solid-state homonuclear ^{13}C correlation spectrum. In contrast to the highly resolved NMR spectra of A β 40 fibrils⁵⁸, the resolution of the spectrum acquired for our ZnA β 40 sample was very poor (Fig. S6). It implied that ZnA β 40 still exhibited a significant structural heterogeneity at the molecular level. This finding suggested that the formation of ZnA β 40 aggregates is a kinetically controlled event. To tackle the resolution problems, we prepared a selectively labeled ZnA β 40 sample in which only the residues of V24, A30, I31, G33, and L34 were ^{13}C labeled. The corresponding NMR spectrum is shown in Fig. 3. The assignments of the ZnA β 40 spectrum are given in the Supporting

Information (Fig. S7). Accordingly, most of the cross peaks of V24 were significantly attenuated and only the C^{β}/C^{γ} cross peak was barely observed. The C^{α}/C^{β} cross peak of A30 was discernible but that of I31 was not observed. Nonetheless, the cross peaks of the side chain carbons of I31 remained observable. The CO/C^{α} cross peak of G33 were observed but its line width was relatively large, rendering an accurate determination of its chemical shifts difficult. The cross peaks of L34 were the most intense in the ZnA β 40 spectrum and there were at least two sets of resonances. For comparison, the labeled peptides were also incubated under quiescence conditions to form A β 40 fibrils. Figure 3 showed the overlay ^{13}C NMR spectrum of ZnA β 40 and A β 40 fibrils. The chemical shifts and line widths of the backbone carbons of L34 were rather similar between ZnA β 40 and A β 40 fibrils. On the other hand, the chemical shifts of ZnA β 40 revealed that the residue A30 is largely in the β -sheet conformation, but to a lower extent than A β 40 fibrils. In addition, the line widths of the A30 signals of ZnA β 40 were larger than those of A β 40.

Removal of Zn^{2+} restores amyloid fibril formation with a faster kinetics and ZnA β is unable to serve as fibrillization seeds.

Since the presence of Zn^{2+} promoted A β 40 or A β 42 forming stable oligomers, we wonder whether metal ion chelator, such as EDTA, can disrupt the interaction of Zn^{2+} ions and A β . Here, we added three-fold molar concentration of EDTA into the ZnA β or A β solution after plateau phase of ThT intensity at the time point indicated by arrows and monitored the conformation and morphology by far-UV CD and TEM image (Fig. 4). A β 40 or A β 42 in the absence or presence of Zn^{2+} were incubated and monitored by ThT assay (Fig. 4A,E). When the ThT intensity of A β alone reached a plateau phase, EDTA were added to both solution. We found that upon adding EDTA to trap Zn^{2+} ions, ZnA β 40 showed a rapid restoration to form amyloid fibrils with a short lag phase ($< \sim 40$ hr), whereas ThT intensity of A β 40 alone was not changed after EDTA addition (Fig. 4A). We also monitored the secondary structural changes by time-course far-UV CD spectra (Fig. 4B). Interestingly, the result showed that removal of Zn^{2+} ions immediately promoted ZnA β 40 to again show random-coil-like structure (labeled as day 0) similar to the A β 40 monomer solution without Zn^{2+} . The initial spectra of ZnA β before addition of EDTA was flat (labeled as dash line). After EDTA treatment, A β gradually transformed to β -sheet-rich structure after 4 days of incubation. This transition is similar to conformational transition (6 days) in A β alone but faster. We monitored the morphology of the end-point products by TEM (Fig. 4C) and found ZnA β 40 after EDTA treatment has formed mature fibrils similar to the control A β without Zn^{2+} . Dot blotting by A11 and OC antibody of the time course ZnA β 40 samples after EDTA treatment also demonstrated that trapping of Zn^{2+} by EDTA results in restoration of A β 40 to fibrillization pathway (Fig. 4D). In the case of A β 42, ThT assay showed that EDTA treatment also promoted ZnA β 42 to immediate formation of amyloid fibrils without a lag phase (Fig. 4E). However, in far-UV CD analysis, we found the spectra removal of Zn^{2+} ions by EDTA still showed the β -strand content which may be due to unable to monitor the rapid aggregation of A β 42. Dot blotting and TEM further confirmed the restoration of ZnA β 42 into amyloid fibrils and restoration of the immunoreactivity (Fig. 4G,H).

Next, we would like to examine the property of A β -EDTA and ZnA β -EDTA being seeded. We performed seeding experiment by addition of fibril seeds generated from preformed A β fibrils to soluble A β -EDTA and ZnA β -EDTA solution and monitored the fibrillization kinetics by ThT fluorescence (Fig. 5A,B). The preformed A β 40 or A β 42 fibril seeds were sonicated and added in 5% to respective soluble A β solution. The result showed that all A β -EDTA and ZnA β -EDTA can be seeded by fibril seeds showing accelerated fibrillization. There is no difference in initial kinetic rate of fibrillization, but the plateau phase of ThT intensity of ZnA β -EDTA was markedly lower than A β -EDTA. This may indicate a distinct ThT binding environment or fibril structure formed from ZnA β -EDTA fibrillization. Furthermore, we directly compared the fibrillization kinetics of A β and Zn-A β both treated with EDTA (A β -EDTA and ZnA β -EDTA) by ThT assay (Fig. 5C,D). The result showed that the aggregation kinetics of ZnA β 40-EDTA was notably faster than A β 40-EDTA with a shorter lag phase (ZnA β 40-EDTA, lag time = 33 hr; A β 40-EDTA, lag time = 42 hr) (Fig. 5C), whereas, ZnA β 42-EDTA still showed similar kinetic profile as A β 42-EDTA alone (Fig. 5D). The plateau phase of ThT intensity of both ZnA β 40-EDTA and ZnA β 42-EDTA were markedly lower than the respective A β -EDTA. The result is consistent with observing faster aggregation after Zn removal in aforementioned experiments (Fig. 4A,B). It suggests ZnA β oligomer may facilitate formation of an A β conformation that is less heterogeneous and can facilitate the A β fibrillization after removal of Zn^{2+} . However, the effect is not easily seen in A β 42 that may be due to fast aggregation of A β 42 hindering the observation of the difference.

We further seeded preformed A β fibrils and ZnA β oligomers to A β solution to examine the seeding property of ZnA β in comparison to A β fibrils (Fig. 5E,F). A β 40 and A β 42 fibril seeds or ZnA β 40 and ZnA β 42 seeds were add 5% to the A β solution. The corresponding buffers were also added separately as negative controls. We found that A β fibril seeds can greatly accelerate fibrillization as expected. In A β 40, the ThT signal of A β with fibril seeds elongated immediately without a lag phase compared to A β without fibril seeds. Whereas, A β with ZnA β 40 seeds did not show acceleration but adopted a similar aggregation characteristic of A β without seeds (buffer added). Similarly, in A β 42, A β 42 with A β 42 fibril seeds adopted a faster elongation rate in comparison to the A β 42 without seeds. ZnA β 42 oligomer did not seed A β 42 solution. The results demonstrate ZnA β cannot serve as seeds to accelerate fibrillization. Overall, the seeding experiments showed consistent results to indicate off-pathway property of ZnA β .

ZnA β oligomers possess higher cytotoxicity than ADDLs. A β oligomers have been proposed to be the major cause contributed to neurotoxicity in the A β assembly. Here, to understand whether ZnA β oligomers show difference in the biological effects compared with ADDLs, we examined the cell viability and cytotoxicity contributed from ZnA β oligomers and ADDLs. Since high Zn^{2+} ion concentration induces cell death^{59,60}, we exchanged excess Zn^{2+} in the preparation with 10 mM Tris-HCl buffer, pH 7.4 by MWCO 3 KDa centrifugal filter and re-quantify concentration prior to further test. The remaining Zn concentration after exchanged was 2 μ M (data not shown). The cell viability and cytotoxicity of the oligomers were measured in human neuroblastoma

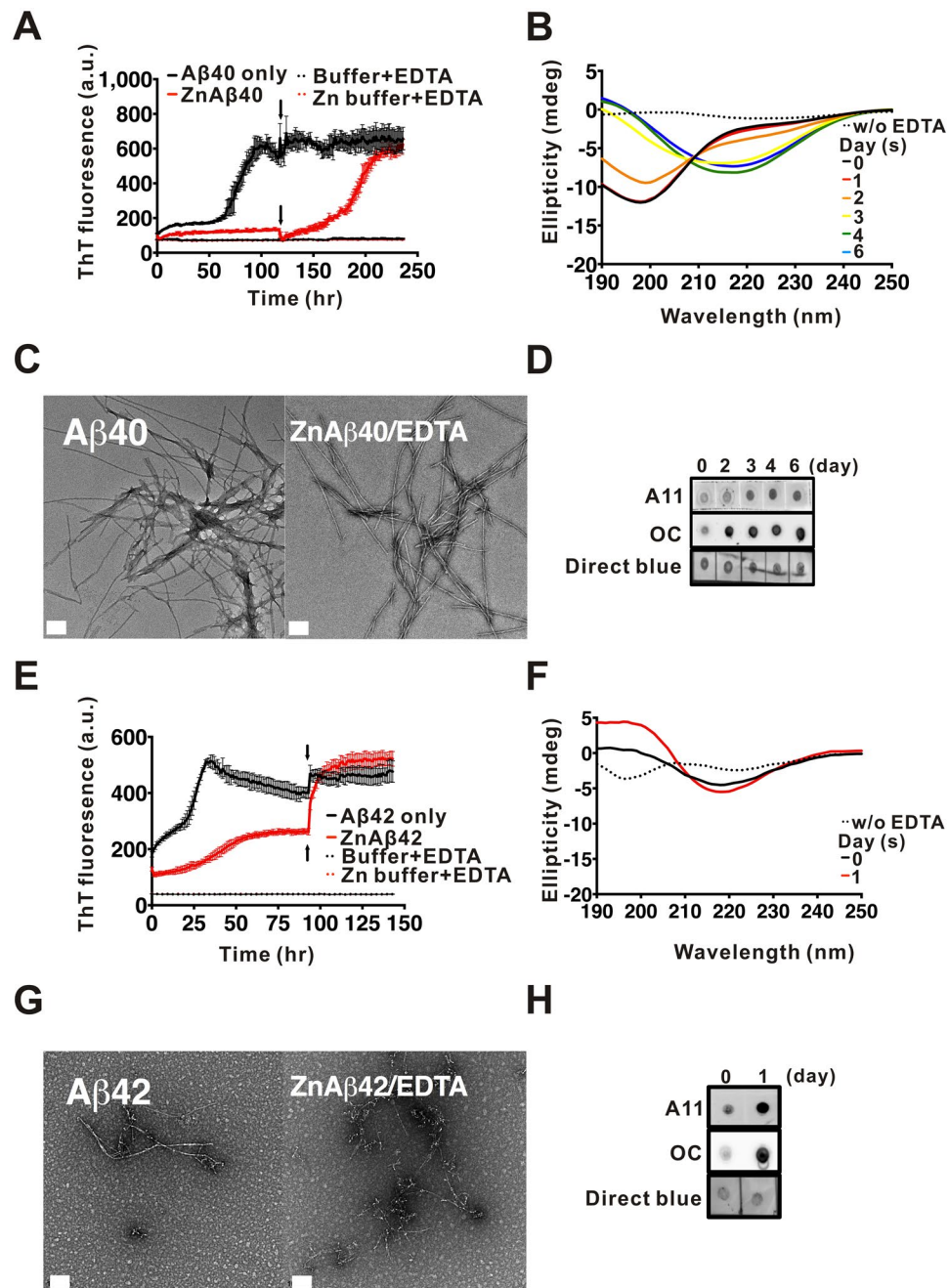


Figure 4. ZnA β 40 oligomer can be restored rapidly back to fibrillization pathway by EDTA. (**A,E**) A β and ZnA β 40 (**A**) or ZnA β 42 (**E**) aggregation monitored by ThT assay. Three folds of EDTA was added when A β fibrillization reached a plateau. The time of addition is indicated by arrows. (**B,F**) Time-course conformation changes of ZnA β 40 or ZnA β 42 after EDTA treatment measured by far-UV CD. (**C,D** and **G,H**) TEM images (**C** and **G**) and dot blotting (**D,H**) of the time course samples in the aggregation. Scale bars in TEM images are 100 nm. ZnA β was first prepared and incubated for 1 day for ZnA β oligomer formation prior to EDTA treatment in the CD and dot blotting experiments. Dot blotted membrane was probed with A11 and OC antibody and stained by Direct blue as a dotting control.

BE(2)-C cells by MTT and LDH assays, respectively. After 24 hr of incubation with ZnA β or ADDL at concentration ranging from 10 to 40 μ M, both ZnA β or ADDL oligomers showed reduction of cell viability. In general, ZnA β was able to induce dose-dependent cytotoxicity. At 40 μ M, ZnA β 40 and ZnA β 42 reduced 54% and 41% of cell survival respectively, whereas, ADDL40 and ADDL42 reduced 15% and 11% of cell survival, respectively (Fig. 6A,B). Besides MTT assay for cell viability, we also used LDH assay to interpret whether these oligomers increased cytotoxicity. The LDH assay showed both ZnA β significantly increased the percentage of cytotoxicity in a dose-dependent manner. At 40 μ M of ZnA β 40 and ZnA β 42 increased cytotoxicity to 71% and 42%, respectively, whereas ADDL40 and ADDL42 increased 15% and 14% of cytotoxicity, respectively (Fig. 6C,D). Besides cell

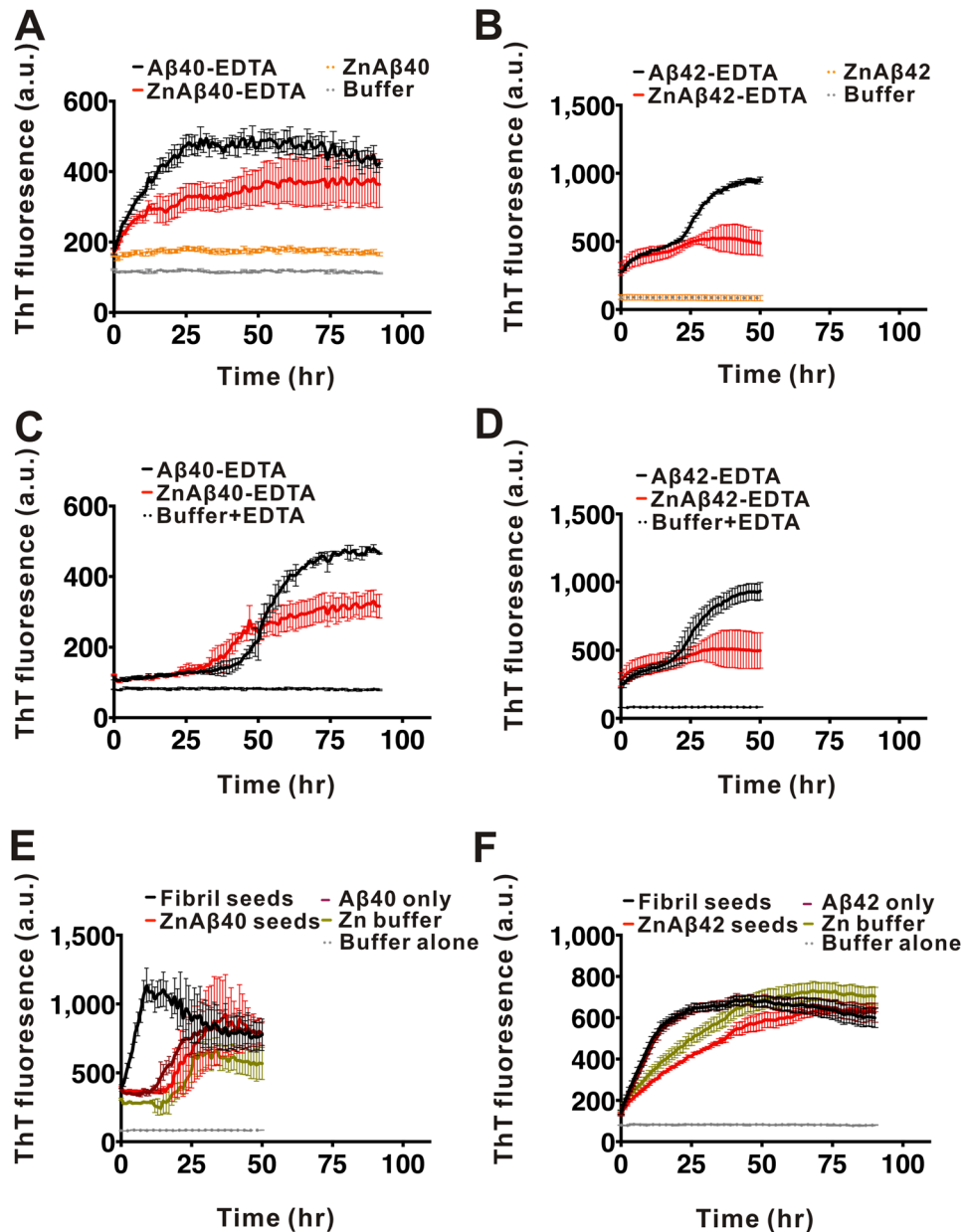


Figure 5. EDTA-treated ZnAβ40 showed faster fibrillization rate and ZnAβ oligomers are unable to seed Aβ. (A,B) Fibrillization kinetics of (A) EDTA-treated ZnAβ40 or Aβ40 and (B) EDTA-treated ZnAβ42 or Aβ42 after seeding. Five % sonicated preformed fibril seeds were added into EDTA-treated ZnAβ and Aβ solution. Fibrillization kinetic was measured by ThT fluorescence. ZnAβ alone and buffer containing 5% fibril seeds were also monitored. (C,D) Fibrillization kinetics of Aβ40 (C) and Aβ42 (D) with or without Zn²⁺ after EDTA treatment. ZnAβ was first prepared and incubate for 1 day for oligomerization, then added EDTA to remove Zn²⁺ ion. Aβ alone solution was also treated with EDTA for comparison. Fibrillization kinetics was measured by ThT fluorescence. (E,F) Seeding experiment were performed by adding Aβ fibrils or ZnAβ40 (E) or ZnAβ42 (F) as seeds. The respective buffer were added to Aβ solution as negative control.

viability and cytotoxicity assays, Ca²⁺ influx is one of the Aβ oligomer-induced adverse effect that promotes apoptosis⁶¹. Here, we employed Ca²⁺ binding dye, Fluo-3 AM, to detect Ca²⁺ influx. Fluo-3 AM dye is cell permeable and emits fluorescence by intracellular esterase activity. The cells were subjected to ZnAβ or ADDLs of Aβ40 or Aβ42 at 40 μM and the fluorescence signals were measured after sample addition (Fig. 6E,F). From the result, we found both ZnAβ40 and ZnAβ42 were able to increase Ca²⁺ influx levels as indicated by the fluorescence intensity and the level are similar to ADDLs. Overall, the result demonstrated that ZnAβ40 and ZnAβ42 are more toxic than ADDLs but they induce similar effect in Ca²⁺ influx.

ZnAβ oligomers inhibit hippocampal LTP and increase microglial activation in wild-type mice. Previous studies have demonstrated toxic effect of ADDLs on synaptic plasticity and long-term potentiation

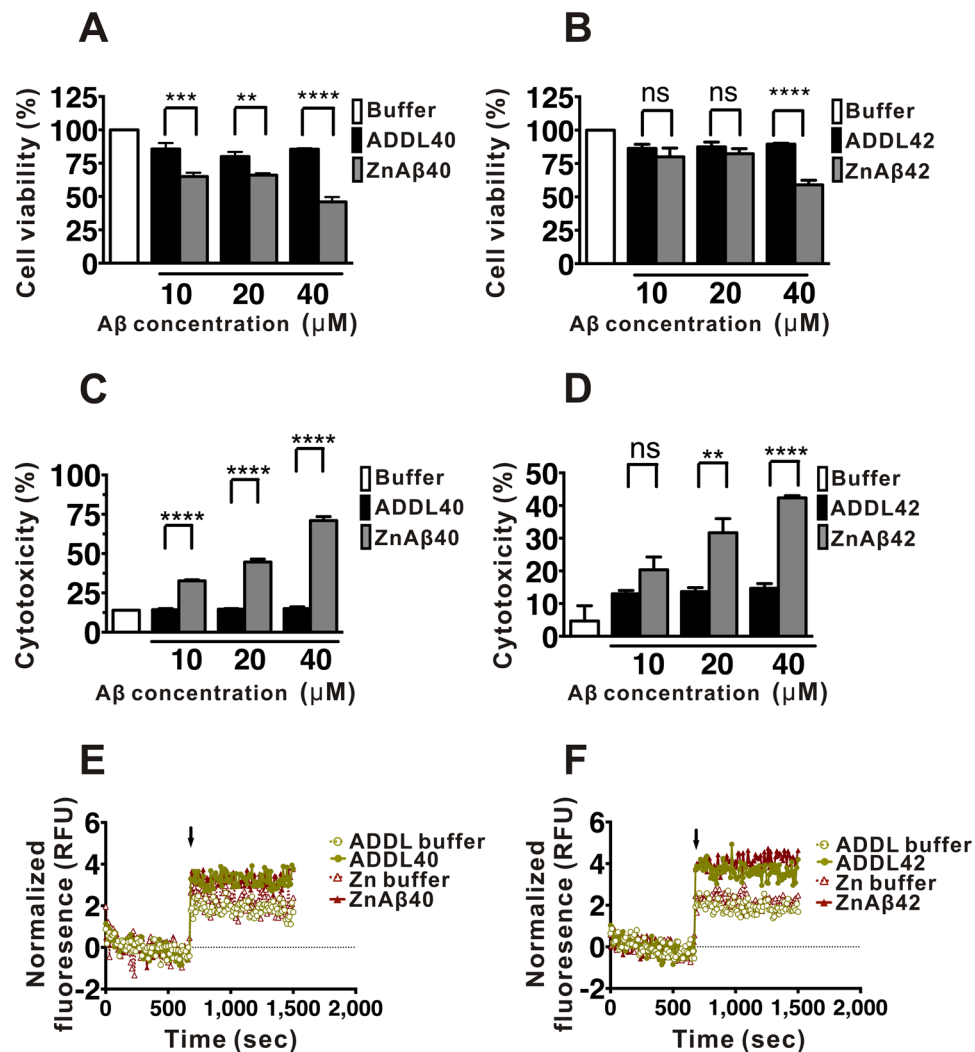


Figure 6. ZnA β oligomers show stronger reduction to cell viability and are more cytotoxic than ADDLs, but they induce similar Ca²⁺ influx. (A,B) Cell viability was examined by MTT assay for ZnA β and ADDLs treatment. ZnA β and ADDLs in different concentrations were treated to neuroblastoma cells. (C,D) Cytotoxicity assay by LDH for ZnA β and ADDLs treatment. The percentage of LDH release was calculated by the slope of fluorescence intensity compared with maximum LDH release control. Triton-X 100 treated cell was served as 100% cytotoxicity. (E,F) Intracellular Ca²⁺ was monitored by Fluo-3 AM dye. ZnA β samples were filtered prior to experiment. Before treatment, cell was first incubated with dye and measured for basal level of fluorescence intensity for 10 mins. A β was added as indicated arrow. The statistical analysis was performed by one-way ANOVA and Turkey Post Hoc Test, where $p < 0.05$ (*), < 0.01 (**), < 0.001 (***), < 0.0001 (****). The averaged values were shown with standard divisions.

(LTP). LTP is a good paradigm to investigate synaptic plasticity and a model of learning and memory^{62–64}. Therefore, to further assess the effect of ZnA β oligomer on synaptic plasticity, we treated 500 nM ZnA β 42 oligomer for 30 mins on the hippocampal slice from wild-type C57BL/6JNarl mice since A β 42 is considered the more toxic A β species. The ZnA β 42 oligomers were filtered before the experiments to remove excessive Zn ions. In LTP results, we found significant LTP impairment generated by ZnA β 42 oligomers compared to the buffer treated and control one. Hippocampal slices treated with ZnA β 42 showed LTP-impairment for 47 mins after tetanic stimulation (mean amplitude $89.44 \pm 13.91\%$), whereas, control and filtered Zn buffer-treated hippocampal slice induced LTP within the amplitude of $147.5 \pm 16.27\%$ and $152 \pm 9.29\%$ (Fig. 7). This result indicated the effect of ZnA β oligomers to interfere synaptic plasticity.

To investigate whether ZnA β oligomers prepared *in vitro* showed neurotoxicity in the mice brain, we injected 40 μ M ZnA β or ADDL42 oligomers into dorsal hippocampus of the WT mice brain as an acute A β -injected model. After 14 days, the mice were sacrificed and the brain slices were subjected to immunohistochemistry stained with Iba1 antibody for microgliosis and GFAP antibody for astrogliosis. The representative Iba1 (Fig. 8A) and GFAP staining (Fig. S8) in the hippocampus were shown and the quantified results were calculated. The results showed that the mice received injection of ZnA β oligomers have $\sim 20\%$ increase of microglial density and $\sim 30\%$ increase of microglial area in the hippocampus region compared with the respective buffer injected group

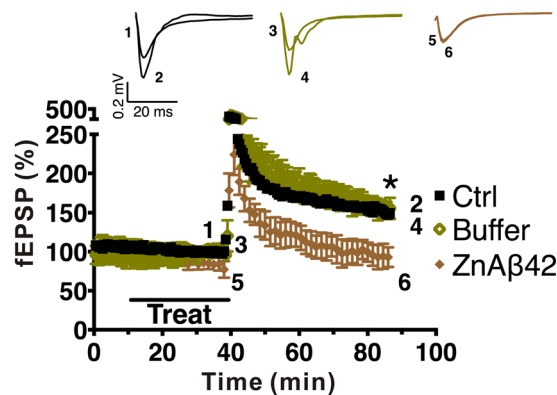


Figure 7. ZnA β 42 oligomers inhibit LTP in wild-type mice hippocampal slice. Filed EPSPs (fEPSP) were first measure for stable base line, then treated with filtered ZnA β 42 or buffer control for 30 min (ctrl, n = 5, buffer, n = 3, ZnA β 42, n = 3). LTP was induced by theta burst stimulation given at baseline intensity after treatment. Insets show example fEPSP traces before and post theta-burst stimulation (stimulus artifact was removed for clarity). The statistical analysis were performed by two-way ANOVA and Turkey Post Hoc Test (* p < 0.05).

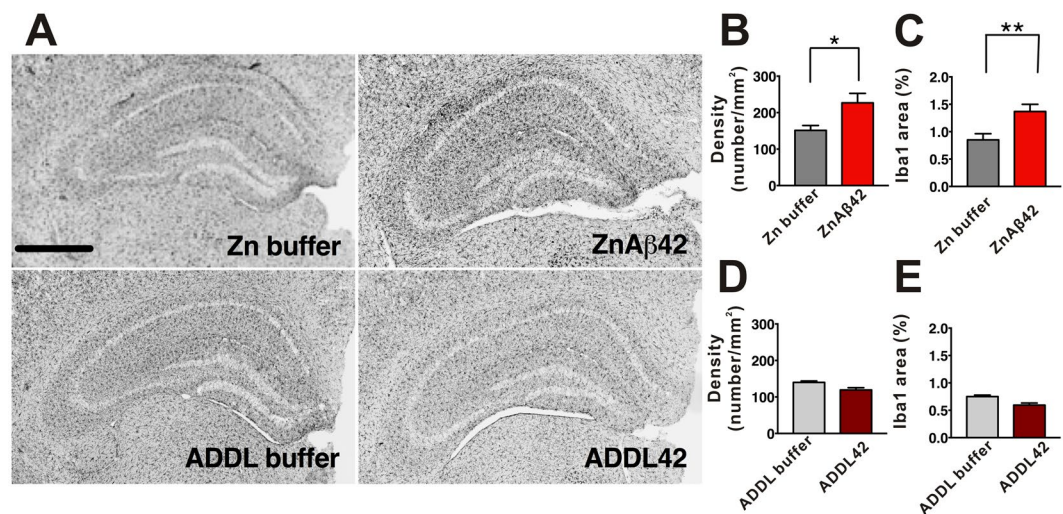


Figure 8. Effect of ZnA β 42 oligomer on hippocampal microglia activation in the wild-type mice. (A) The micrograph represents the Iba1⁺ positive microglia in the hippocampus of the mice after ZnA β 42 or ADDLs injection. The quantitative results of Iba1⁺ microglia are represented as density (B,D) and area (%) (C,E) (ZnA β 42, n = 19, Zn buffer, n = 23, ADDL42, n = 24, ADDL buffer, n = 17, and n values are from the brain slices of 3 mice of each group). The statistical analysis was performed by unpaired Student's t test where p < 0.05 (*), < 0.01 (**). Scale bar = 800 μ m.

(Fig. 8B,C). Relatively, ADDL-injected group did not show obvious microglia activation compared with its buffer injected group (Fig. 8D,E). The extent of astrogliosis was also measured by density and area stained by GFAP antibody, however it seems no increase of density and area in the mice received ZnA β or ADDL42 compared with its respective buffer injected groups (Fig. S8B to S8E).

Discussion

Zn²⁺ homeostasis and synaptic Zn²⁺ levels play crucial role in the AD pathology^{65,66}. In the glutamatergic synapses, storage of Zn²⁺ is concentrated by the ZnT3 transporter as a pool achieved up to ~300 μ M³¹. In the physiological condition, extracellular Zn²⁺ concentration is quite low (<1 μ M), and may be released up to exceed 100 μ M from the synaptic cleft at the peak of neuron activity⁶⁷. Zinc ion has been reported to play both neuroprotective and neurotoxic roles. In previous literature, the neurotoxicity of A β reduces in the presence of Zn²⁺ at sub-stoichiometric concentration^{42,68}, whereas, the neurotoxicity of A β increases *in vitro* and *in vivo* at stoichiometric concentration of Zn²⁺^{68,69} with some exceptions in different experimental conditions⁷⁰. Besides, knockout of ZnT3 transporter in AD mice have marked reduction of amyloid plaque load⁶⁵. In the present study, we focused on characterizing biological and structural concepts of Zn²⁺-induced A β oligomerization. We first showed the influence of equal molar concentration of Zn²⁺ on A β 40 or A β 42 that significantly altered the structure and pathway of A β fibrillization resulting in oligomerization as evidenced by their low ThT and far-UV CD signals, larger

hydrophobic exposed surfaces by Bis-ANS fluorescence, oligomer assembly by AUC, oligomeric morphology in TEM, and altered immunoreactivity. The effect is limited in the initial stage of aggregation but not to the pre-formed fibrils. Interestingly, removal of Zn by EDTA not only rapidly restored A β fibrillization but also adopted a faster kinetics. We also demonstrated the ZnA β oligomers potently inhibited hippocampal LTP and initiate microglia activation in acute A β -injected model. Our result demonstrated that Zn²⁺ plays a key role in the conformation and oligomerization of A β in which the species is highly toxic.

On the basis of the ¹³C solid-state NMR spectrum of uniformly labeled ZnA β 40, we found that the overall structure of ZnA β 40 was highly disordered. Nonetheless, the spectrum acquired for the selectively labeled ZnA β 40 revealed some site-specific structural insights for ZnA β 40. With reference to the published backbone conformation of A β 40 fibrils⁷¹, the fold of the peptides adopts a motif of β -sheet/turn/ β -sheet. The residue V24 is in the turn region, whereas A30 to L34 are in the second β -sheet region. Our chemical shift data of ZnA β 40 suggested that the residue V24 was very structurally disordered and/or the residue might undergo considerable motional dynamics. Interestingly, we found that the residues A30 and L34 of ZnA β 40 largely adopted a β -sheet conformation, although we did not prepare a series of selectively labeled samples to map out the sequence location of the β -sheet structure. Recently, it has been shown by solid-state NMR that Zn²⁺ ions would modulate the structure of the aggregates of ZnA β 40 and ZnA β 42^{16,72}. In comparison, our chemical shift data at A30 and L34 are consistent with the data reported by Madhu and co-workers for ZnA β 40¹⁶, whereas the signal line widths of our data were considerably larger (Fig. 3). Because our ZnA β 40 sample was prepared with a relatively short incubation time, the sample was structurally more heterogeneous than the corresponding fibrillar aggregates, as revealed in the solid-state NMR spectra. At the present stage, it is not clear whether the elevated cytotoxicity of ZnA β 40 is due to the structural flexibility of ZnA β 40, or a small subset of the structural isoform of ZnA β 40 is particularly cytotoxic. In view of the poor spectral resolution for ZnA β 40, we did not attempt to measure the NMR spectrum for ZnA β 42.

A β oligomer among A β aggregates is suggested as the actual toxic species to impair synapse function in AD pathology^{8,9,62}. The aggregation pathway initiated with misfolded monomer can be oligomerized to on-pathway or off-pathway oligomers. For example, fibrillary oligomers with OC antibody-positive signal are suggested as on-pathway oligomer within the ability to directly serve as fibril nuclei or seeds to elongate by adding free monomers to their ends¹¹. However, monomer might aggregate into prefibrillar oligomer, A11-positive, OC-negative signals, as off-pathway oligomer, which cannot directly elongate into form mature fibrils without first form protofibrils and further conformation changes^{52,53}. EGCG interaction with A β promotes the formation of off-pathway non-toxic A β oligomers⁷³. Our immunodotting results showed ZnA β oligomers possess lower affinity with most anti-A β antibodies including A11 and OC. The result suggest novel properties of ZnA β oligomers. As shown in our AUC result for the first time that ZnA β oligomers are less heterogeneous than ADDLs, the reported culprit in AD that are often used in many biological papers^{74–76}. From EDTA experiments, we found EDTA recovered ZnA β fibrillization by restoring ZnA β 40 to random coil-like structure and followed by a faster fibrillization kinetics as evidenced by ThT assay, far-UV CD, and dot blotting. The results suggest ZnA β oligomers are off-pathway species that are trapped by Zn ion. Once Zn is removed, A β rapidly restores its properties to undergo fibrillization. Although we only capture ZnA β 40, but not ZnA β 42, returned to random coil structure after Zn removal, the faster kinetics of A β 42 fibrillization may be the reason hinder the observation. We hypothesized that Zn trapped A β oligomer concentrated local A β that facilitates the faster fibrillization after Zn removal.

Although both ZnA β s and ADDLs form oligomers, they have substantial amount of differences. Firstly, ZnA β oligomers expose larger hydrophobic surface area and show lower immunoreactivity against A β antibodies than ADDLs. Besides, ZnA β oligomers are stable oligomers even incubation at room temperature, whereas, only A β 42 ADDLs but not A β 40 ADDLs form in a special condition at 4°C²⁵. Comparing to our data and previously literature⁷⁴, our AUC result confirmed the narrower distribution of ZnA β oligomers. The higher toxicity of ZnA β compared to ADDL also strengthen the pathogenic role of ZnA β in AD. Zn and A β coordination has been proposed for Zn²⁺ using the three histidines and the N-terminus^{39,40}. Inter-molecular A β -Zn coordination has also been reported via histidine-bridges^{77–80}. Although N-terminal A β is not considered in the current oligomer and fibril models, manipulation of N-terminal A β indeed affected the A β aggregation and induced toxicity. For example, genetic variation in alanine 2 in A β sequence, or alanine 673 in APP, were reported to have either protective⁸¹ or adverse effect^{82,83} on AD. N-terminal A β inhibitor⁸⁴ or antibody against the N-terminal region⁸⁵ have been shown to have beneficial effect.

Synaptic activity has been reported as a critical role to control A β oligomers formation and targeting at synaptic terminals and Zn²⁺ was involved in this activity-dependent regulation⁸⁶. Takeda *et al.* further supported the critical role of Zn²⁺ by demonstrating single A β injection stimulates Zn²⁺ influx and causes a short-term cognitive deficit⁸⁷, while applying Zn²⁺ chelator can rescue the LTP impairment. They further proposed that interaction of Zn²⁺ and A β 42 was essential for the rapid uptake of Zn²⁺ and A β 42 into the rat dentate gyrus⁸⁸. These results support the role of ZnA β in AD pathogenesis. Clinical trials of passive immunization against A β aggregates has been a major therapeutic strategy. Recently, anti-A β antibody aducanumab has successfully shown cognitive improvement in mild AD patients in phase Ib clinical trial⁸⁹. Future A β antibody development can also target ZnA β oligomers. In conclusion, our aggregation and biological studies showed the aggregation mechanism of ZnA β which facilitate the understanding the possible role of ZnA β oligomers in the AD and provide a new insight to understand ZnA β oligomer structure. This study may contribute to identify a potential therapeutic target in AD.

Materials and Methods

A β synthesis and preparation. Synthetic A β 40 or A β 42 peptides were acquired by solid phase peptide synthesis from the Genomics Research Center, Academia Sinica, Taiwan, as previously described. For selective-¹³C labeled A β 40 were synthesized by the department of chemistry, National Taiwan University⁹⁰. A β peptides were

solubilized in 1,1,1,3,3,3-Hexafluoro-2-propanol (HFIP, Sigma-Aldrich, St. Louis, MO, USA) in 1 mg/mL to dissolve preformed aggregates. HFIP was lyophilized and then treated with 10% ammonium hydroxide (NH_4OH) and lyophilized. Finally, lyophilized A β 40 or A β 42 were dissolved in 10 mM Tris-HCl buffer, pH 7.4. The A β solution was quantified by absorbance at 280 nm ($\epsilon = 1280 \text{ cm}^{-1} \text{ M}^{-1}$)⁹¹ to prepare working concentration. To prepare ADDL oligomers, lyophilized HFIP-treated A β 40 or A β 42 were dissolved in DMSO to 5 mM and sonicated for 5 mins. Then the dissolved A β was added to DMEM/F12 (GIBCO, Invitrogen). The concentration was quantified by absorbance at 280 nm to prepare 100 μM stock and incubated at 4 °C for 24 hr^{25,49}.

ThT Assay. Fifty μM A β solution was prepared in the presence of 5 μM ThT as previously described⁹². Briefly, the samples were incubated at 25 °C with agitating 60 sec each hr. Fluorescence of ThT was monitored at 485 nm by an ELISA microplate reader SpectraMax M5 (Molecular Devices, Sunnyvale, CA, USA) and excitation wavelength was at 442 nm. The experiments were repeated at least 3 times and averaged and presented as mean \pm S.D.

Dot blotting. Two μl of the each A β time-course samples were collected at a series of time points and dotted onto nitrocellulose membrane with several duplicates for probing by different antibodies. Membranes were probed with A11 (Invitrogen), OC (Millipore, Temecula, CA, USA) separately. Membrane was also staining with direct blue as a loading control to check equal loading of each dot.

Direct blue staining. The staining solution of Direct blue 71 (Sigma-Aldrich, St. Louis, MO, USA) was prepared with 0.1% (w/v) in the double distilled water containing 40% ethanol, and 10% acetic acid. The nitrocellulose membrane with A β samples dotted was directly incubated in the staining solution and incubated for 10 min, then washed by double distilled water to acquire clear signals.

Far-UV CD spectroscopy. A β samples were measured at a series of time points. A β solution was loaded into a circular quartz cuvette with 1 mm path length (110-QS, Hellma Analytics). Spectra were monitored from 250 to 190 nm by a J-815 CD spectropolarimeter (Jasco Inc., Easton, MD, USA). The data were accumulated 10 times of scans and averaged.

TEM. The samples were dropped onto 400-mesh Formvar carbon-coated copper grids (EMS Electron Microscopy Sciences, Hatfield, PA, USA) and incubated for 5 mins and washed twice by double distilled water, then negatively staining was performed with 2% uranyl acetate for 2 mins and dried at room temperature overnight. Image were observed with a FEG-TEM, FEI Tecnai G2 TF20 Super TWIN transmission electron microscope with an accelerating voltage of 120 kV.

Bis-ANS. A β samples were first mixed with 0.5 μM Bis-ANS solution and measured the fluorescence signal. The emission spectra of Bis-ANS were collected from 450 to 550 nm with excitation at 400 nm. Fluorescence emission spectra were obtained using a FluoroMax-3 spectrofluorometer (Horiba Jobin Yvon). The background from buffer control was subtracted.

AUC. SV of AUC experiments were performed on a Beckman Optima XL-I analytical ultracentrifugation (Beckman Coulter, USA). ADDLs at 100 μM in DMEM/F12 or ZnA β 40 or 42 at 100 μM in 10 mM Tris-HCl (pH 7.4) were centrifuged at 60,000 rpm for 72 hr at 4 °C using an An-60Ti rotor. The moving boundary was monitored continuously by the absorption at 230 nm with scanning recorder every 4 min. Sedimentation velocity data were analyzed using C(S) distribution method by SEDFIT (NIH, Bethesda, MD, USA) and the parameters were calculated using SEDNTERP (NIH, Bethesda, MD, USA).

Solid-state NMR. Uniformly ^{13}C labeled A β 40 peptides were prepared by bacterial expression following our previous literature⁹³. Briefly, the recombinant A β with His tag were prepared in minimal media in the transformed BL21(DE3) *E. coli* cells. The His-A β was purified through two Ni-affinity columns coupled with TEV protease digestion to remove the tag. The selectively ^{13}C labeled peptides were synthesized on an automated Odyssey microwave peptide synthesizer (CEM Corp., Matthews, NC), using a Fmoc-Valine-preloaded CLEAR-Acid resin (Peptide International) with 0.44 mequiv/g substitution level, and Fmoc chemistry with hydroxybenzotriazole/N, N'-diisopropylcarbodiimide activation. The final products were validated by MALDI-TOF mass spectrometry. A β were incubated with equimolar of ZnCl_2 for overnight. All NMR experiments were carried out at ^{13}C and ^1H frequencies of 201.2 and 800.2 MHz, respectively, on a Bruker Avance III spectrometer equipped with a commercial 3.2 mm E-free probe. ^{13}C chemical shifts were externally referenced to tetramethylsilane (TMS) using adamantane as the secondary reference. Spinning frequency at the magic angle was 10 kHz and the sample temperature was maintained at 268 K.

A β seeding assay. Fifty μM A β fibril were prepared after shaking at 750 rpm for 5 days at room temperature. The fibril morphology was confirmed by TEM. The fibrils were sonicated in water bath for 10 mins, ZnA β oligomers (filtered prior to use) and respective buffer were added to A β solution in all experiments was 5% (2.5 μM) of the concentration of the A β solution. The A β solution in the presence of 5 μM ThT were monitored in 384 well plates by ThT assay.

Cytotoxicity assay. MTT assay was aimed to investigate the effect of A β on cell viability. The human neuroblastoma BE(2)-C cells (ATCC #CRL-2268) were cultured at 37 °C, 5% CO_2 in the RPMI medium containing 10% FBS. Twenty thousand cells were seeding in a 96-well plate each well. ZnA β or ADDLs diluted in the RPMI medium were added into the well and incubated for 24 hr. Then, ten μl MTT solution (5 mg/ml) was added and incubated for 3 hr for formation of formazan crystals. After incubation, the medium was carefully discarded and 100 μl DMSO was added to lyse the formazan crystals. Absorbance at 570 and 690 nm (background absorbance)

were monitored by an ELISA microplate reader SpectraMax M5 (Molecular Devices, Sunnyvale, CA, USA). The difference of absorbance between 570 and 690 nm was calculated. For LDH assay, the assay was followed the instructions from the protocol of LDH assay toxicity kit (Promega, Madison, WI, USA). BE(2)-C cells were seeding the same as MTT ZnA β or ADDLs were added and incubated for 24 hr. Next day, LDH assay was performed by monitoring the rate of substrate formation, emission at 590 nm while excitation at 560 nm. The results were replicated for 3 times. The cell lysed with 2% Triton X-100 was served as positive control for 100% cytotoxicity.

Calcium influx assay. The fluorescence probe Fluo-3 AM (Invitrogen) was used to detect the intracellular Ca²⁺ levels. Twenty thousand BE(2)-C cells were seeded in a black 96-well plate with clear bottom. Next day, fluo-3 AM powder dissolved in DMSO was added into culture medium without FBS. The final concentration of 10 μ M Fluo-3 AM was incubated for 1 hr within plated cell. The probe-containing medium was replaced by RPMI medium, then incubated at 37 °C for 10 mins, and fluorescence intensity was started to monitor prior to the addition of A β samples as stable baseline, and the wavelength of the fluorescence of Fluo-3 AM was excited at 480 nm and recorded emission wavelength at 560 nm. Data were averaged (n = 3).

Animal. All experiments were done in accordance with the National Institutes of Health Guideline for Animal Research (Guide for the Care and Use of Laboratory Animals) and Taiwan Animal Protection Law and were approved by the Academia Sinica Institutional Animal Care and Utilization Committee (IACUC 12-03-340). All of the mice were housed (4–5 per cage) at a stable temperature (23 \pm 1 °C), humidity 55 \pm 5%, and unrestricted access to food and water during the experimental period.

In vitro electrophysiology. Eight-week-old C57BL/6JNarl male mice were purchased from the National Laboratorial Animal Center and keep at the Animal Facility of the Genomic Research Center (GRC) at Academia Sinica. The mice were housed in GRC animal facility and following the GRC facility housing rule during the period. Animals were housed in a room maintained on a 12-h/12-h light/dark cycle (light on at 8:00 a.m.). Two to four-month-old C57BL/6J mice were used to examine effect of ZnA β 42 oligomer. Mice were anaesthetized by isoflurane and decapitated. The brain was rapidly removed and immersed in ice-cold ACSF (which contained 119 mM NaCl, 2.5 mM KCl, 1.3 mM MgSO₄, 2.5 mM CaCl₂, 26.2 mM NaHCO₃, 11 mM Glucose and 1.25 mM NaH₂PO₄). Coronal sections (450 μ m) of hippocampal slices were immediately transferred to a chamber containing ACSF and 100 μ M picrotoxin. Circulating ACSF was continuously bubbled with a mixture of 95% O₂ and 5% CO₂ and slices allowed to recover for at least 2 hr at room temperature. For extracellular recordings, the hippocampal regions were placed at the center of an MED-P515A probe (Panasonic International Inc.) with 64 embedded recording electrodes. The slices were randomly assigned to control or ZnA β 42 or Zn buffer treatment and subsequently perfused with ZnA β 42 at 500 nM in oxygenated ACSF for 0.5 hr before LTP induction. fEPSPs were recorded using a MED64 multichannel recording system, and the data were collected from Schaffer collaterals. Test stimuli were given every 30 s (0.033 Hz), and the stimulus intensity was set to give a baseline fEPSP of 10–90% of the maximal response. A stable baseline was recorded for at least 20 min. Filtered ZnA β 42 oligomer (stock solutions were diluted into ACSF to produce concentrations of 500 nM based on the starting weight of A β 42 monomer), the sample was perfused for 30 mins prior to induction of LTP. LTP was induced by theta burst stimulation (10 bursts of 4 stimuli at 100 Hz, with an interburst interval of 200 ms) given at baseline intensity according to previously described⁷⁴. The ACSF was recycled using peristaltic pumps ensuring that the ZnA β 42 was present for the duration of the experiment. LTP is expressed as the mean \pm SEM % of baseline fEPSP slope. Statistical comparisons used two-way ANOVA with post hoc Bonferroni test. In addition, control/ZnA β 42/Zn²⁺ buffer was performed on the same day to avoid any temporal bias.

Acute A β -injected mice models. The experiment procedure of acute A β -injected-models was followed and modified from previous protocols^{94–98}. Eight-week-old C57BL/6 JNarl male mice were first intraperitoneally anesthetized by zoletilTM (100 mg/kg) plus xylazine hydrochloride (10 mg/kg, Sigma-Aldrich, St. Louis, MO, USA). Forty μ M filtered ZnA β 42/ADDLs oligomer or their respective buffer was bilaterally injected into the hippocampus at following stereotaxic coordinated: 2 mm posterior to the bregma, 2.1 mm left/right to the midline, and 1.8 mm ventral to the skull surface. The volume of injection was 2 μ l and lasted for 5 mins, and remain in injected region for 5 mins followed by injection to avoid A β reflux along the needle tract, 14 days were allowed for the development of A β -induced damage.

Immunohistochemistry. Prior to processing immunohistochemistry, mice were anesthetized and perfused with 0.9% ice cold NaCl. After removing the brains, left hemispheres were stored at –80 °C, and the right hemispheres were subjected to fixed in 10% neutral buffered formalin solution (Sigma-Aldrich, St. Louis, MO, USA) at 4 °C for 24 hrs, dehydrated and cyroprotected in 30% sucrose solution then embedded in OCT (Leica, Mannheim, Germany). The brains were further cut-into 25 μ m-thick coronal sections on a cryostat (Leica CM3050S, Mannheim, Germany). The sections were washed in PBS and mounted on poly-L lysine-coated slides (Thermo Fisher Scientific, Waltham, MA, USA), dried overnight. Then, the coronal sections were washed, antigen retrieval heated at 80 °C in sodium citrate buffer for 30 mins, washed, treated with 1% H₂O₂ to inactivate endogenous peroxidase activity, blocking in 3% BSA for 30 mins. The sections were further stained with following primary antibodies: anti-Iba1 (1:1000, Millipore, Temecula, CA, USA) for microglia. To analyze protein levels, images were captured by Aperio AT2 Digital Pathology Scanner (Leica Biosystem, Mannheim, Germany). For microglia activation, we selected coronal sections 360 μ m apart between bregma –1.34 mm to –3.80 mm, which encompassed hippocampal region and further analyzed by Image J (NIH, Bethesda, MD, USA). To quantify density and surface area of microglia and astrocyte, we first optimized brightness and contrast of control group, then manually set the best threshold value. The area of Iba1⁺ was measured with the signal which was higher than

background. For the density, cells with clear and identifiable cell bodies were counted. The densities were represented by dividing cell numbers by the area of the hippocampal region.

Data Availability. The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

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Acknowledgements

We thank peptide synthesis core, Genomics Research Center, Academia Sinica for peptide synthesis, Mr. Yu-Jen Chang for A β peptide purification, Mr. Tai-Lang Lin (Institute of Cellular and Organismic) for assisting TEM, Dr. Sin-Jhong Cheng (Neuroelectrophysiology Core at Neuroscience Program of Academia Sinica, Taiwan) for technique support of electrophysiology.

Author Contributions

M.C.L. conducted the biochemical and cellular experiments. W.C.Y. and Z.H.G. prepared the ¹³C enriched samples, S.J.H. conducted NMR experiments. C.Y.C., performed the AUC experiments. C.Y.C., M.C.L. analyzed the AUC data. M.C.L. and Y.H.S. conducted electrophysiology and animal experiments. J.C.C.C. directed the NMR work and edited the manuscript and figures. M.C.L., and Y.R.C. planned the experiments, managed the works, prepared figures, and wrote the manuscript.

Additional Information

Supplementary information accompanies this paper at <https://doi.org/10.1038/s41598-018-23122-x>.

Competing Interests: The authors declare no competing interests.

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