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Nonsense-mediated mRNA Decay and Cancer

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Abstract

Nonsense-mediated mRNA decay (NMD) is a conserved mRNA surveillance pathway that cells use to ensure the quality of transcripts and to fine-tune transcript abundance. The role of NMD in cancer development is complex. In some cases, tumors have exploited NMD to downregulate gene expression by apparently selecting for mutations causing destruction of key tumor-suppressor mRNAs. In other cases, tumors adjust NMD activity to adapt to their microenvironment. Understanding how particular tumors exploit NMD for their benefit may augment the development of new therapeutic interventions.

Introduction: Nonsense-mediated mRNA Decay (NMD)

The fidelity of genetic information as it is passed from DNA to mRNA to protein is important for the survival of cells and organisms. mRNA is unique in this flow of information since a single gene often gives rise to multiple mRNA species through alternative pre-mRNA splicing or alternative $3'$ -end formation, and each mRNA species may encode a unique protein. Cells therefore tightly control the quality and quantity of mRNAs using various surveillance pathways. Among these is nonsense-mediated mRNA decay (NMD), which inspects mRNAs for premature termination codons (PTCs) introduced through DNA mutations or pre-mRNA processing defects [1].

The most well-studied form of NMD detects PTCs located >50–55-nucleotides upstream of an exon-exon junction—a situation that is usually aberrant since nearly all normal termination codons lie within the final exon. The splicing history of an mRNA is recorded through deposition of an exon-junction complex (EJC) of proteins \sim 20–24-nucleotides upstream of exon-exon junctions [2]. NMD is a cytoplasmic and translation-dependent process. As the ribosome plows through a transcript during translation, it strips off any EJCs until it reaches a PTC or a normal termination codon, leaving any remaining downstream EJCs, which would generally be present only in the case of PTCs. A series of protein complexes, composed of NMD factors that include up-frameshift proteins (UPF1, UPF2,

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and UPF3X) and suppressors with morphological effects on genitalia proteins (SMG1, SMG5, SMG6, SMG7, SMG8, and SMG9), are bound to mRNAs via EJCs either before or after a translation termination event and lead to mRNA degradation should an EJC lie downstream of a termination codon. This prevents the potentially negative consequences of dominant effects from truncated proteins [3]. UPF3X, also called UPF3B, decorates the EJC and anchors UPF2. When an EJC lies downstream of a termination event, the ATPdependent RNA helicase UPF1 becomes part of the translation termination complex. UPF1 interacts with EJC-bound UPF2, undergoing a conformational change that activates its RNA-helicase activity [4]*. EJC-bound UPF1 is phosphorylated by the protein kinase SMG1 committing the mRNA to degradation [5], since phosphorylated UPF1 recruits SMG6 endonuclease and/or the heterodimer SMG5 and SMG7, which further recruits decapping and deadenylating enzymes, promoting mRNA destruction. A closely related paralog of UPF3X, UPF3 (also called UPF3A), inhibits NMD and is regulated by UPF3X expression, possibly allowing for fine-tuning of NMD activity [6].

Endogenous mRNAs that are not the consequence of mutations or aberrant pre-mRNA processing can be degraded by the same set of proteins. Upstream open reading frames (uORFs), unusually long 3′-untranslated regions (3′UTRs), regulated alternative splicing that introduces a PTC, normal termination codons situated >50–55-nucleotides upstream of an exon-exon junction as a result of regulated alternative 3′-end formation, and the recognition of a UGA selenocysteine codon within some selenoprotein-encoding mRNAs as a termination codon, can target a normal transcript for NMD [1], allowing the cell to utilize the NMD apparatus to fine-tune gene expression. Tumors have found ways to exploit both quality-control and fine-tuning aspects of NMD, using the quality-control function to selectively eliminate the expression of genes through PTC acquisition to better promote unconstrained growth, and also adjusting NMD activity to affect the abundance of endogenous transcripts that allow successful adaptation to the growth environment [7].

Nonsense mutations in cancer

Relative to oncogenes, which often contain missense mutations, tumor-suppressor genes are characterized more by NMD-inducing nonsense mutations [8]. Examples include genes encoding E-cadherin in stomach cancers [9], BRCA1 in breast and ovarian cancers [10], BRCA2 in ovarian cancers [11], p53 in breast cancers [12], Rb in lymphoma [13], and WT1 in kidney cancers [14]. In these cases, the cell uses NMD for its protective function, eliminating transcripts that might produce truncated proteins with dominant-negative properties, as has been shown for WT1 [14], leading to tumorigenesis. The downside of this strategy is that, with the gene product from the PTC-bearing allele destroyed, the cell is now one step closer to achieving biallelic tumor-suppressor gene inactivation. Additionally, in some cases, the NMD of an mRNA deriving from a PTC-bearing allele might eliminate production of a protein that does not function in a dominant-negative manner, but is partially functional and could help prevent disease, as has been shown for CFTR mRNA in cystic fibrosis [15].

By interrogating genomes and their matching transcriptomic datasets from human cancer patients, PTCs were found to be enriched in regions of known tumor-suppressor genes

predicted to trigger NMD. Tumors leveraged PTCs to ablate tumor-suppressor gene function in several ways: by combining a PTC-bearing allele with a heterozygous deletion, by selecting for a PTC in haploinsufficient tumor-suppressor genes, or by selecting for PTCs in NMD-insensitive regions that likely generate dominant-negative proteins [16] (Fig. 1A). Another study comparing somatic mutations in The Cancer Genome Atlas (TCGA) with their matching transcriptomic datasets discovered that particular cancers types, including stomach adenocarcinoma, kidney cancer and colon cancer, had higher numbers of NMDcausing mutations relative to other cancer types with similar mutation frequencies [17]. Tumor-suppressor genes were frequently inactivated by NMD in combination with deletion of the remaining wild-type allele. In tumors with hypermutations, non-tumor-suppressor genes with NMD-causing mutations showed a more modest decrease in expression (i.e. likely possessed hypofunction), and these mutated genes clustered in particular pathways such as DNA repair, chromatin remodeling, and RNA binding. Possibly, hypofunction in these pathways facilitated by NMD passively allows the establishment and survival of hypermutated tumor cells [17].

Mutations in the NMD apparatus

Mutations in the NMD machinery have been described in certain cancers. Pancreatic adenosquamous carcinomas (ASC) are more aggressive and metastatic than adenocarcinomas. Somatic UPF1 mutations that disrupt UPF1 pre-mRNA splicing, and thus function, were frequently detected in ASC pancreatic tumors but not in adjacent normal tissue [18]. Somatic UPF1 mutations that cause exon skipping in lung inflammatory myofibroblastic tumors (IMTs), a type of tumor characterized by infiltration of immune cells, reduced NMD activity, allowing upregulated expression of NF-kappa-B-inducing kinase (NIK; encoded by the MAP3K14 gene), an NMD target [19]. NIK stimulates the NFkB pathway, generating chemokines that recruit the immune cells typifying these tumors [19]. Reduced UPF1 expression, attributed to UPF1 promoter methylation, was also noted in hepatocellular carcinoma (HCC) tumor tissue relative to adjacent normal tissue and was correlated with poorer prognosis than patients with normal UPF1 expression [20]. Similarly, UPF1 expression is lower in lung adenocarcinoma (ADC) relative to adjacent normal tissue. This promotes characteristics of the epithelial-to-mesenchymal transition (EMT) since decreased NMD activity allows for upregulation of TGF-β signaling components, which are vital to the EMT [21]. Because of the many distinct NMD targets that could affect cell physiology in diverse ways, further experiments need to be done to prove that the inactivating mutations in UPF1 observed in these cases drive progression of the cancer phenotype rather than merely represent a molecular remnant of a barrier that cancer cells have overcome by selecting for advantageous mutations in other genes.

Inactivating mutations in UPF1 [22], UPF2 [23], SMG1 [24], and SMG6 [25] are not compatible with life in mice. In the case of UPF1, blastocysts undergo cell death via apoptosis after five days in culture, suggesting that NMD plays a key role in development. Lethality in the absence of UPF1 extends to zebrafish, flies, and plants. In *Drosophila*, this is largely due to NMD-mediated control of a single transcript encoding Growth Arrest and DNA Damage 45 (GADD45) [26]. GADD45 is a signaling protein that promotes apoptosis by upregulating the Mitogen-activated protein kinase (MAPK) signaling pathway.

Amazingly, this same regulation of apoptosis occurs in mammalian cells, where depletion of GADD45β (also encoded by an NMD target) partially rescues apoptosis caused by UPF1 depletion [26]. Thus, an intact NMD pathway serves a protective function, preventing cells from undergoing premature apoptosis. Yet another pro-apoptotic NMD target is GAS5 (growth arrest-specific 5) RNA, which is classified as a noncoding RNA despite being translationally active [27–29]. When overexpressed, GAS5 RNA causes cell-cycle arrest and cell death by binding to and antagonizing the glucocorticoid receptor. How are these results, which suggest that experimental disruptions of NMD promote cell death, reconciled with the seemingly contradictory fact that aggressive tumors have a reduced capacity for NMD? The observed inactivation of NMD in some tumors may indicate an unsuccessful attempt at apoptosis, which the remaining cells comprising the tumor were able to avoid in other ways. Varying degrees of NMD down-modulation, as well as the tissue-specific expression of key NMD targets mediating either a pro-growth or pro-apoptotic effect, may also offer an explanation. In fact, the activity of NMD can be modulated to achieve distinct outcomes in cellular responses to stress.

Stress, NMD, and tumorigenesis

The efficiency of cellular NMD can be regulated to achieve a desired cellular outcome. Tumor cells encounter various stresses in the microenvironments where they develop and must adapt to survive. Hypoxia inhibits NMD, stabilizing a suite of NMD-target transcripts [30]. Among those transcripts stabilized are mRNAs encoding components of the integrated stress response (ISR), a pathway used to reestablish homeostasis after acute stress. Stresses, in this case hypoxia, lead to eIF2α phosphorylation, which attenuates general protein synthesis and, paradoxically, promotes translation of the transcription factor ATF4. ATF4 activates the production of other transcription factors, namely CHOP and ATF3, which initiate a transcriptional program aimed at maintaining homeostasis. ATF4, ATF3, and CHOP all derive from direct NMD targets, and thus suppression of NMD during hypoxia serves to augment the ISR. The ability of eIF2α to be phosphorylated is key to NMD suppression, but the detailed molecular mechanism behind how this attenuates NMD is unclear (Fig. 1B).

In situations where the MYC oncogene is constitutively active, reactive oxygen species (ROS) are generated. Here too, eIF2α is phosphorylated, and NMD is suppressed [31]. One of the NMD-target transcripts stabilized encodes the cystine/glutamate exchanger SLC7A11, which is a component of the xCT amino-acid transporter system, the rate-limiting step for the import of cystine into cells for glutathione production. Glutathione is a ROS scavenger, explaining why UPF1-knockdown cells are more tolerant of oxidative stress [32]. Aminoacid deprivation, another stress encountered in the tumor microenvironment, dampens NMD and upregulates a suite of amino-acid transporters in an attempt to maintain homeostasis [33].

In addition to its role in the ISR and blunting NMD activity, eIF2α phosphorylation is required for the induction of autophagy during amino-acid deprivation [34]. Autophagy is a process where cytoplasmic macromolecules and organelles are sequestered in doublemembrane structures termed autophagosomes, which merge with the lysosomal pathway to

recycle proteins into their constituent amino acids. Inhibiting NMD is one way that cells activate autophagy to restore amino-acid homeostasis [35], possibly clearing mutated or misfolded proteins that may result from the attenuation of NMD. This occurs at least partially due to ATF4 transcript stabilization resulting from NMD downregulation. Autophagy has previously been reported to be important for tumor-cell survival and tumorigenesis [36].

Since NMD attenuation promotes the ISR to all of the above cellular stresses encountered during tumor formation, and given that the ISR is required for tumor growth [37], does the inhibition of NMD promote tumor growth? This is the case because in cells where NMD cannot be inhibited due to UPF1 overexpression, tumor formation in nude mice is dramatically reduced, and cells from these tumors form fewer and smaller colonies in soft agar [38]. Inhibiting NMD not only could promote tumor-cell survival but also could allow for the generation of dominant-negative mutated tumor-suppressor proteins (see above) that downregulate the activity of the tumor-suppressor protein produced by the non-mutated allele, further driving tumorigenesis [39]. To illustrate, in the case of pancreatic ASC tumors where UPF1 was mutated and NMD function was attenuated, a dominant-negative PTCbearing p53 tumor-suppressor allele was expressed [18], and this could also be the case in situations where NMD activity is inhibited in response to stresses.

Many of the stresses in the tumor microenvironment described above—e.g. hypoxia, aminoacid deprivation, lack of other nutrients, insufficient vasculature, decreased pH—can activate the unfolded-protein response (UPR), which is centered around the endoplasmic reticulum (ER) [40]. Briefly, three sensors in the ER—PERK, IRE1, and ATF6—discern when the protein-folding load is mismatched relative to protein-folding capacity [1]. PERK phosphorylates eIF2α in an attempt to decrease protein production, also activating ATF4 synthesis. IRE1 activates its own nuclease activity, unconventionally splicing a single substrate, XBP1 RNA, which encodes a protein that coordinates the synthesis of chaperone proteins to assist in folding. Additionally, ATF6 is cleaved, liberating a transcriptional activator that likewise assists in chaperone production. Here again, many of the components involved in the UPR, including ATF4, ATF3, and CHOP [30,33], as well as ATF6, FSD1L, HERP, IRE1a, PERK, PRDG1, TNRC1, and TRAF2 [41], derive from NMD targets, indicating that the blunting of NMD seen in the tumor microenvironment assists in promoting the UPR. The UPR is tightly controlled: innocuous low-level stresses should not trigger the UPR, while transient or moderate stresses should lead to activation followed by termination. Depletion of UPF3X in tissue-culture cells or mice lowers the threshold for UPR activation and also prolongs the UPR response, indicating that NMD normally suppresses the UPR [41]. Suppression of the UPR by NMD is driven largely through control of IRE1α mRNA levels, which has a long 3′UTR [41]. ER stressors that trigger the UPR can themselves inhibit NMD [30,41,42], likely because PERK is able to phosphorylate eIF2α. This symbiotic regulation—NMD inhibits the UPR, and the UPR inhibits NMD creates several desirable characteristics: (i) it allows the cell to achieve a rapid, switch-like response where insults below a certain threshold will not trigger the UPR (because NMD suppresses it); (ii) when appropriate stresses are encountered, the UPR is activated in full (because the UPR attenuates NMD allowing full production of its effectors); and (iii) when stresses cease, the UPR fully shuts down (because NMD presumably resumes) (Fig. 1C).

If the stresses encountered exceed the threshold that the cell can tolerate even with all of its adaptive mechanisms in place, it must terminate itself through programmed cell death, i.e. apoptosis. Here too, NMD plays a role. When cells are treated with apoptosis-inducing small molecules, some of which are clinically used chemotherapeutics, NMD activity is inhibited [43,44]. Caspases, the proteases responsible for dismantling the cell during apoptosis, become active, indicating that the cell cannot adequately adapt to the insult, and cleave UPF1 [43,44] and UPF2 [43]. In the case of UPF1, a dominant-interfering fragment is generated that antagonizes NMD. These events upregulate the production of gene products that derive from endogenous NMD targets and promote apoptosis such as $GADD45\alpha/\beta$ and GAS5 transcripts (discussed in "Mutations in the NMD apparatus"). Thus, much like the UPR, NMD normally inhibits apoptosis. However, when apoptosis is triggered, NMD is attenuated, augmenting the rate and robustness of cell death.

Conclusion

The role that NMD plays in cancer is complex. Disabling mutations in UPF1 are observed in some tumors. A priori, one could think that this allows cells to better respond to stresses encountered in the tumor microenvironment by increasing expression of gene products needed for the ISR. How is this reconciled with the fact that depletion of UPF1 and reduced NMD activity causes cell-cycle arrest [45] and promotes cell death [26]? The answer likely depends on the tissue from which the tumor originates, the evolutionary history of the tumor, and other compensatory mutations present in the tumor, reinforcing the notion that cancers should be viewed as a collection of unique diseases. Although difficult to develop, NMDactivating small molecules may be of clinical utility. More realistic may be oligonucleotide therapies that re-engage NMD in order to degrade PTC-containing but NMD-insensitive transcripts that create dominant-negative truncated proteins such as for BRCA1 [46,47], p53 [48], and WT1 [14,49]. This would only work in situations where the patient has a remaining wild-type allele. In other situations where the NMD pathway is intact and tumorsuppressor genes have acquired PTCs promoting tumorigenesis, read-through therapies may be of utility. These drugs can promote the insertion of an amino acid at the PTC and thus some production of a possibly partially functional protein [50]. Adding further complexity is the finding that NMD inhibition causes the production of neoantigens that aid an immune system attack on tumors [51], indicating that, in some situations, small molecules that inhibit NMD may be of therapeutic value.

It is not surprising that a pathway that controls the stability of the products of \sim 30% of all genes (at least in mouse liver [52]) is itself regulated and exploited to tune cellular responses. Undoubtedly the list of pathways and diseases that NMD affects will grow in the future.

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Fig. 1.

The roles that NMD plays in cancer. **(a)** Tumor-suppressor gene function can be inactivated by NMD. PTC introduction that leads to the loss of tumor-suppressor mRNA via NMD can be combined with either a deletion or chromosomal loss of the wild-type (WT) version, or the remaining wild-type version may be haploinsufficient. Alternatively, PTC acquisition in a region that fails to trigger NMD may lead to production of a dominant-negative allele that interferes with wild-type function. **(b)** NMD is involved in adaptation to the tumor microenvironment. Stresses in the microenvironment such as hypoxia, production of reactive oxygen species (ROS), and amino acid (aa)-deprivation, lead to phosphorylation of eIF2α and the initiation of the integrated stress response (ISR) in an attempt to adapt to these insults. One outcome of eIF2α phosphorylation is the inhibition of NMD by a poorly understood mechanism. Among the endogenous NMD targets upregulated are components of the ISR. **(c)** Mutual regulation by the unfolded-protein response (UPR) and NMD. Endoplasmic reticulum (ER) stress causes activation of three ER sensors—PERK, IRE1α, and ATF6. PERK activation leads to phosphorylation of eIF2α and a decrease in global protein synthesis as well as production of ATF4, which upregulates ATF3 and CHOP. These gene products are necessary for the initiation of the UPR, where the cell attempts to increase its protein-folding capacity. IRE1α activation leads to cytoplasmic splicing of XBP1 RNA and activation of the UPR. ATF6 cleavage likewise leads to activation of the UPR. UPR activation attenuates NMD, upregulating a suite of endogenous NMD targets that include

UPR components (red). This mutual regulation controls the timing and magnitude of the UPR.