



Evaluation of Two Protein Extraction Protocols Based on Freezing and Mechanical Disruption for Identifying Nontuberculous Mycobacteria by Matrix-Assisted Laser Desorption Ionization–Time of Flight Mass Spectrometry from Liquid and Solid Cultures

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ABSTRACT Matrix-assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF MS) has proved to be a useful diagnostic method for identifying conventional bacteria. In the case of mycobacteria, a good protein extraction protocol is essential in order to obtain reliable identification results. To date, no such protocol has been definitively established. The aim of this study was to compare the manufacturer's recommended protein extraction protocol (protocol A) with two novel protocols (protocols B and C), which apply different freezing temperatures and mechanical disruption times using an automatic tissue homogenizer. A total of 302 clinical isolates, comprising 41 nontuberculous mycobacteria (NTM) species, were grown in parallel on solid and liquid media and analyzed: 174 isolates were slowgrowing mycobacteria (SGM) and 128 isolates were rapid-growing mycobacteria (RGM). Overall, MALDI-TOF MS identified a higher number of NTM isolates from solid than from liquid media, especially with protocol C (83.4 and 68.2%, respectively; P <0.05). From solid media, this protein extraction method identified 57.9 and 3.9% more isolates than protocols A (P < 0.001) and B (P < 0.05), respectively. In the case of liquid media, protocol C identified 49.7 and 6.3% more isolates than protocols A and B, respectively (P < 0.001). With regard to the growth rate, MALDI-TOF MS identified more RGM isolates than SGM isolates in all of the protocols studied. In conclusion, the application of freezing and automatic tissue homogenizer improved protein extraction of NTM and boosted identification rates. Consequently, MALDI-TOF MS, which is a cheap and simple method, could be a helpful tool for identifying NTM species in clinical laboratories.

KEYWORDS identification, MALDI-TOF, mass spectrometry, nontuberculous mycobacteria, protein extraction protocol

Currently, there are 186 recognized species in the *Mycobacterium* genus (see the list of mycobacterial names with standing in nomenclature [http://www.bacterio.net/ mycobacterium.html]). Nontuberculous mycobacteria (NTM) account for most of these species, and their isolation has been increasing over recent years. Moreover, many NTM species have been associated with important human infections in immunocompetent and immunocompromised patients (1–4). The American Thoracic Society and the Infectious Disease Society of America (ATS/IDSA) therefore recommend the identification of NTM isolates to the species level when possible (5). This is important given that treatment for NTM can depend on the species isolated (5, 6).

The identification and differentiation of mycobacteria are complicated and can be

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carried out using a range of diagnostic techniques. For many years, conventional identification by phenotypic characteristics was used; however, this method was not only slow and laborious (7) but was also unable to distinguish some species from others. Given this poor accuracy, identification now tends to be performed by commercial molecular techniques based on simple and sensitive PCR-reverse hybridization methods. However, these are limited to a small number of species (8), with the remaining species needing to be identified by genetic sequencing of several genes like partial 16S rRNA, *hsp65*, the internal transcribed spacer (ITS) between 16S and 23S, and *rpoB* (9–11). Unfortunately, although it provides highly reliable results, sequencing requires expertise and a specialized laboratory.

Matrix-assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF MS) has proven to be a rapid, cost-effective, and accurate technique for conventional bacterium and yeast identification (12, 13). Mycobacteria require special processing before analysis by mass spectrometry. First, an inactivation is needed to secure manipulation of the microorganisms. Second, the characteristics of mycobacterial cell walls (high lipid content) mean that protein extraction treatment is necessary, using chemical reagents and mechanical lysis, to achieve high-quality spectra and obtain reliable identification by MALDI-TOF MS (14). Although different approaches to sample processing have been explored, there is no consensus on the best extraction protocol for identifying mycobacteria. Moreover, other possibilities remain unconsidered, such as the application of a freezing-thawing step in the protein extraction protocol. It has also been observed that the analysis of mycobacteria grown on different culture media (liquid or solid) can affect the rates of identification by MALDI-TOF MS, and this also warrants further consideration (15–17).

The aim of this study was to evaluate and compare two protein extraction methods based on freezing-thawing, in comparison with the manufacturer's protocol, for identifying NTM from liquid and solid cultures by MALDI-TOF MS.

MATERIALS AND METHODS

Mycobacterial strains. A total of 302 clinical isolates, obtained from different patients and covering 41 NTM species, were analyzed in the Department of Microbiology of the Hospital Universitari de Bellvitge-IDIBELL (Barcelona, Spain). The species included were as follows: 174 slow-growing mycobacteria (SGM) encompassing 20 different species and 128 rapid-growing mycobacteria (RGM) covering 21 species (Table 1).

Growth conditions. All strains were cultured in liquid medium (MGIT; Becton Dickinson, Towson, MD) and solid medium (Löwenstein-Jensen; bioMérieux, Marcy l'Etoile, France). The liquid medium was incubated at 37°C in the Bactec MGIT 960 system (Becton Dickinson) and analyzed between 3 and 5 days after positivity. The solid medium was incubated at 37°C in a 7.5% CO_2 atmosphere, except for RGM and *M. marinum* (incubated at 30°C) and *M. xenopi* (incubated at 42°C).

PCR-reverse hybridization. All clinical isolates were identified by PCR-reverse hybridization using the commercial system GenoType *Mycobacterium* CM/AS (HAIN Lifescience, Nehren, Germany). This assay consisted of multiplex targeting species-specific DNA regions (23S rRNA) and reverse hybridization with oligonucleotide probes immobilized on a nitrocellulose strip. The GenoType *Mycobacterium* CM permits simultaneous molecular genetic identification of the *Mycobacterium tuberculosis* complex and 13 of the most common NTM species, while the GenoType *Mycobacterium* AS identifies 16 additional NTM species. The assay was performed as recommended by the manufacturer's instructions.

Protein extraction protocols. (i) Protocol A (Bruker MycoEx v3.0). The first MALDI-TOF MS protocol for identifying NTM used the ethanol-formic acid extraction method recommended by the manufacturer (MycoEx v3.0) (Fig. 1). Briefly, for the liquid medium, 1 ml was centrifuged at 13,000 rpm for 2 min, the supernatant was removed, and the pellet was resuspended in 300 μ l of water for high-performance liquid chromatography (HPLC). For the solid medium, several colonies were harvested and suspended in 300 μ l of HPLC water and vortex mixed for a short time. In both cases, the samples were inactivated at 95°C for 30 min. After that step, 900 μ l of absolute ethanol was added into the tube, followed by mixing and centrifugation at 13,000 rpm for 2 min, before the supernatant was discarded. The residual ethanol was evaporated at room temperature. The tip of a small spatula of silica/zirconia beads (0.5-mm-diameter beads; BioSpec Products, Bartlesville, OK) was added with 20 μ l of acetonitrile (Sigma-Aldrich, St. Louis, MO) and intensively vortex mixed for 1 min. Then, 20 μ l of 70% (vol/vol) formic acid (Sigma-Aldrich) was added, and the samples were vortex mixed for 5 s and finally centrifuged at 13,000 rpm for 2 min. The overall time for this procedure was approximately 1 h.

(ii) **Protocol B.** We used a freezing-based protein extraction protocol (Fig. 1). For liquid medium, 1 ml was centrifuged at 13,000 rpm for 2 min, and the supernatant was discarded; later, 400 μ l of Tris-EDTA buffer was added. For solid medium, several colonies were harvested and suspended in 400 μ l of Tris-EDTA buffer and briefly vortex mixed. The samples from both media were inactivated at 95°C for 30

TABLE 1 Comparison of	species identifications	by MALDI-TOF MS,	GenoType, and
sequencing ^a			

Mycobacterium type	Result							
(no. of isolates $[n = 302]$)	GenoType <i>Mycobacterium</i> CM/AS	MALDI-TOF MS	Sequencing					
Slow-growing			1 5					
mycobacteria								
9	Mycobacterium sp.	M. arupense	M. arupense					
30	M. avium	M. avium	NA					
2	M. celatum	M. celatum	NA					
11	M. intracellulare	M. chimaera	M. chimaera					
2	M. intracellulare	M. colombiense	M. colombiense					
1	Mycobacterium sp.	M. conspicuum	M. conspicuum					
23	M. gordonae	M. gordonae	NA					
1	Mycobacterium sp.	NI	M. heraklionense					
1	M. interjectum	NI	NA					
32	M. intracellulare	M. intracellulare	NA					
20	M. kansasii	M. kansasii	NA					
3	Mycobacterium sp.	M. kumamotonense	M. kumamotonense					
1	M. lentiflavum	M. lentiflavum	NA					
10	M. marinum	M. marinum	NA					
1	Mycobacterium sp.	NI	M. paraterrae					
1	M. scrofulaceum	NI	NA					
1	M. shimoidei	NI	NA					
3	M. szulgai	M. szulgai	NA					
21	M. xenopi	M. xenopi	NA					
1	Mycobacterium sp.	NI	M. yongonense					
Rapid-growing								
mycobacteria								
14	M. abscessus	M. abscessus	NA					
1	Mycobacterium sp.	M. algericum	M. algericum					
3	M. mucogenicum	M. aubagnense	M. aubagnense					
2	Mycobacterium sp.	M. canariasense	M. canariasense					
36	M. chelonae	M. chelonae	NA					
1	M. fortuitum	M. conceptionense,	M. conceptionense					
		M. senegalense	·					
2	Mycobacterium sp.	M. elephantis	M. elephantis					
19	M. fortuitum	M. fortuitum	NA					
1	Mycobacterium sp.	NI	M. frederiksbergense					
1	M. goodii	M. qoodii	NA					
1	Mycobacterium sp.	NI	M. madagascariense					
13	M. fortuitum	M. maaeritense	M. maaeritense					
14	M. mucogenicum	M. mucoaenicum	NA					
6	M. perearinum	M. perearinum	NA					
1	M. phlei	M. phlei	NA					
5	M. fortuitum	M. porcinum	M. porcinum					
1	M. perearinum	M. septicum	M. septicum					
3	M. perearinum	M. setense	M. setense					
- 1	M. smeamatis	M. smeamatis	NA					
2	Mycobacterium sp.	M. thermoresistibile	M. thermoresistibile					
1	M. fortuitum	M. wolinskvi	M. wolinskvi					
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^aNA, not applicable; NI, not identified.

min. Protein extraction was performed by freezing samples at -75° C for 30 min. The samples were then thawed at room temperature and centrifuged at 13,000 rpm for 2 min, and the supernatant was discarded. The next step was to add 800 μ l of HPLC water and to repeat centrifugation at 13,000 rpm for 2 min, again discarding the supernatant. Then, 800 μ l of absolute ethanol was added to the tube and centrifuged at 13,000 rpm for 2 min, discarding the supernatant. The residual ethanol was evaporated at room temperature. The tip of a small spatula of 0.5-mm-diameter silica/zirconia beads was added with 20 μ l of acetonitrile. The mycobacterial cells were mechanically disrupted in a Mickle tissue disintegrator (Cavey Laboratory Engineering Co., Ltd., Gomshall, United Kingdom) for 3 min. Finally, 20 μ l of 70% formic acid was added, and the samples were homogenized for 3 min by the Mickle disintegrator. The overall time for this procedure was approximately 90 min.

(iii) Protocol C. The second freezing-based protein extraction method (Fig. 1) followed the same procedure used for protocol B, but with two changes: the samples were frozen at -20° C for 60 min and homogenized with the Mickle tissue disintegrator for 5 min. The overall time for this procedure was approximately 2 h.



FIG 1 Flow chart of the three protein extraction protocols tested. HCCA, α -cyano-4-hydroxycinnamic acid; HPLC, high-performance liquid chromatography.

MALDI-TOF MS analysis. After protein extraction, we deposited 1 μ l of protocol A samples and 2 μ l of protocol B and protocol C samples by duplicate on the MALDI-TOF MS target plate (Bruker Daltonics, Bremen, Germany) and allowed them to air dry at room temperature. Then, 1 μ l of the matrix solution, comprising a saturated solution of α -cyano-4-hydroxycinnamic acid (HCCA; Bruker Daltonics) in 50% acetonitrile and 2.5% trifluoroacetic acid (Sigma-Aldrich), was added to each spot on the MALDI-TOF MS target plate. The plates were again allowed to dry at room temperature. The Bacterial Test Standard (*Escherichia coli* extract; Bruker Daltonics) was used for equipment calibration and as a positive control before each analysis. The target plate was inserted into the MALDI-TOF microflex LT (Bruker Daltonics), and spectra were obtained over a mass/charge (*m*/*z*) ratio of 2,000 to 20,000 Da using FlexControl v3.0 software, which included the Mycobacteria Library v3.0 database. The accelerating voltage of extracted ions was 20 kV. The spots were measured in automatic mode using groups of 40 nitrogen laser shots at 337 nm and 60 Hz, with a total of 240 laser shots collected per spot. The software assigned a score from 0 to 3 and classified results into three categories: reliable (species level; \geq 2), probable (genus level; 1.7 to 1.9), and nonidentifiable (<1.7). The acceptable cutoff used for identification of specimens by MALDI-TOF MS was a score of \geq 1.7.

Sequencing. Partial sequencing of the 16S rRNA was performed in cases of discrepancy between the GenoType *Mycobacterium* CM/AS and MALDI-TOF MS results. When this test was unreliable, we performed additional sequencing of *hsp65* or ITS genes. A sequence similarity of \geq 99% with the database was used as the final identification.

Statistical analysis. The differences in NTM identification rates for all protein extraction protocols in both culture media were analyzed using the two-tailed McNemar test for paired samples. The two growth rate groups were compared by chi-square test. A *P* value below 0.05 was considered statistically significant for all analyses.

RESULTS

Comparison of the protein extraction protocols for NTM identification by MALDI-TOF MS. When protocol C was applied to the solid medium, protocol C identified 252 (83.4%) isolates (57.9% more mycobacterial isolates than protocol A [P <0.001] and 3.9% more than protocol B [P > 0.05]). In liquid medium, protocol C

TABLE 2 MALDI-TOF MS results for each culture medium and protein extraction protocols A, B, and C based on the score cutoff used (\geq 1.7)

Species group (n) and culture	Protocol A			Protocol B		Protocol C		CI ^b (P)				
medium ^a	<1.7	≥1.7	≥1.7 (CI)	<1.7	≥1.7	≥1.7 (CI)	<1.7	≥1.7	≥1.7 (CI)	A vs B	A vs C	B vs C
RGM (128)												
LIQ (%)	93 (72.7)	35 (27.3)	33 (25.8)	30 (23.4)	98 (76.6)	93 (72.6)	24 (18.8)	104 (81.2)	101 (78.9)	< 0.001	< 0.001	0.1814
SOL (%)	85 (66.4)	43 (33.6)	42 (32.8)	22 (17.2)	106 (82.8)	106 (82.8)	15 (11.7)	113 (88.3)	113 (88.3)	< 0.001	< 0.001	0.2109
SGM (174)												
LIQ (%)	153 (87.9)	21 (12.1)	21 (12.1)	85 (48.9)	89 (51.1)	89 (51.1)	72 (41.4)	102 (58.6)	102 (58.6)	< 0.001	< 0.001	< 0.001
SOL (%)	140 (80.5)	34 (19.5)	34 (19.5)	40 (23)	134 (77)	134 (77)	35 (20.1)	139 (79.9)	139 (79.9)	< 0.001	< 0.001	0.4990
Total (302)												
LIQ (%)	246 (81.5)	56 (18.5)	54 (17.9)	115 (38.1)	187 (61.9)	182 (60.3)	96 (31.8)	206 (68.2)	203 (67.2)	< 0.001	< 0.001	0.013
SOL (%)	225 (74.5)	77 (25.5)	76 (25.2)	62 (20.5)	240 (79.5)	240 (79.5)	50 (16.6)	252 (83.4)	252 (83.4)	< 0.001	< 0.001	0.148

^aRGM, rapid-growing mycobacteria; SGM, slow-growing mycobacteria; LIQ, liquid medium; SOL, solid medium.

^bCl, correctly identified according to molecular methods (GenoType and/or sequencing).

identified 206 (68.2%) isolates (49.7% more mycobacterial isolates than protocol A [P < 0.001] and 6.3% more than protocol B [P < 0.001]; Table 2).

Results based on culture media and growth rate group. The mean number of isolates identified by MALDI-TOF MS (score \geq 1.7) for the three protocols was 150 (49.7%) for liquid medium and 190 (62.9%) for solid medium (P < 0.05; Table 2). By growth rate groups of NTM, the mean numbers of isolates identified by mass spectrometry (score \geq 1.7) were 83/128 (64.8%) for RGM and 87/174 (50%) for SGM (P < 0.05; Table 2).

Identification discordances between MALDI-TOF MS and GenoType results. Of the 41 species tested, 20 (48.8%) were identified by PCR-reverse hybridization and 38 (92.7%) by MALDI-TOF MS. From the 38 species, five (13.2%) were assigned to the correct species but had a score of <1.7. Some isolates only identified as *Mycobacterium* genus by GenoType were correctly identified by MALDI-TOF MS to the species level. This was the case for *M. algericum*, *M. arupense*, *M. canariasense*, *M. elephantis*, *M. kumamotonense*, and *M. thermoresistibile*. On the other hand, several species were classified by GenoType inside a group, while MALDI-TOF MS identified them correctly to the species level. This applied to *M. mageritense*, *M. conceptionense*, *M. porcinum*, and *M. wolinskyi*, which were identified as *M. fortuitum* by GenoType. Another example was that of *M. septicum* and *M. setense*, which were classified as *M. peregrinum* by this PCR-reverse hybridization system. In the same way, *M. colombiense* and *M. chimaera*, which were correctly identified by MALDI-TOF MS, were identified as *M. intracellulare* by GenoType. Similarly, *M. aubagnense* was classified as *M. mucogenicum* by this technique.

Conversely, several species were not identified by either GenoType or MALDI-TOF MS, including *M. frederiksbergense*, *M. heraklionense*, *M. madagascariense*, *M. paraterrae*, and *M. yongonense*. Final identification of these strains was confirmed by sequencing. Among the isolates analyzed by MALDI-TOF MS, a total of six from the 302 isolates presented a misidentification in at least one of the three protein extraction protocols (Table 3).

DISCUSSION

The implementation of MALDI-TOF MS in clinical microbiology laboratories has markedly improved bacterial identification by increasing diagnostic accuracy, increasing the speed of diagnosis, and reducing costs. This system proved quite robust for the identification of mycobacteria from solid media. In contrast, identification in liquid media remains a challenge due to the low concentration of biomass; the continued improvement and optimization of protein extraction protocols are necessary in order to obtain better-quality spectra. The two novel extraction methods evaluated (protocol B and protocol C) identified more isolates compared to the standard procedure (protocol

		Identification (score)				
lsolate ^a	Medium	Protocol A	Protocol B	Protocol C		
M. setense	Solid	M. porcinum (1.866)	M. setense (1.668)	M. setense (1.912)		
M. mageritense	Liquid	M. mageritense (1.783)	M. porcinum (1.955)	M. mageritense (2.076)		
M. conceptionense	Liquid	M. conceptionense (1.647)	M. senegalense (2.179)	M. senegalense (2.237)		
M. setense	Liquid	NP ^b	M. porcinum (1.718)	M. porcinum (1.766)		
M. setense	Liquid	M. porcinum (1.790)	M. peregrinum (1.902)	M. setense (1.775)		
M. setense	Liquid	M. porcinum (1.797)	M. peregrinum (1.916)	M. porcinum (1.816)		

TABLE 3 Identification discordances obtained by	MALDI-TOF MS between different culture media and p	protein extraction protocols
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^aNTM isolates identified by reference method (sequencing).

^bNP, no peaks found.

A; Table 2). This can be explained by two main differences in critical steps. First, the freezing of samples suggests that cold application can break the cellular wall without damaging proteins, thereby ensuring that suitable profiles are obtained. Previous reports also support this approach, indicating that freezing of processed samples did not reduce the quality of the obtained spectra (18). Second, the use of an automatic tissue homogenizer could have led to a more efficient rupture of the mycobacterial cell wall than could be achieved by vortex mixing (16, 19); in addition, using silica/zirconia beads may have facilitated the mechanical disruption of clumps (14). Instead of the application of the automatic tissue homogenizer or only the vortex mixing, other studies have evaluated the use of sonication for cell disruption and have reported reliable results (20, 21). It is important to note that protocol C was better than protocol B, suggesting that a longer freezing time and a longer mechanical disruption time may both improve protein extraction.

In this study, the number of isolates identified by MALDI-TOF MS was higher in solid medium than in liquid medium, with statistically significant differences among the three protein extraction methods. This is consistent with previous reports (15, 22, 23) in which these differences were attributed to spectral acquisition failure by low concentrations of available biomass from the liquid medium. This is probably because liquid-culture systems are more sensitive than solid culture to the detection of fewer microorganisms at the time of positivity. In contrast, other studies have reported no significant differences by medium type (16, 24), which could be explained because analyses were performed several days after culture positivity in some isolates. Thus, an extended incubation might increase the mycobacterial biomass and therefore the sensitivity of MALDI-TOF MS. More RGM than SGM strains were also identified by mass spectrometry in this study, an observation consistent with previous research (25).

There were some discrepancies in species identification between MALDI-TOF MS and PCR-reverse hybridization (GenoType; Table 1), and these can be attributed to various factors. First, some species were not included in the test probes of GenoType (*M. algericum, M. arupense, M. canariasense, M. conspicuum, M. elephantis, M. frederiksbergense, M. heraklionense, M. kumamotonense,* and *M. thermoresistibile*), while they were included in the MALDI-TOF MS database. Second, other species were identified inside a group by GenoType because they are phylogenetically too closely related to be discriminated by this method; this includes the *M. fortuitum* complex (which includes *M. mageritense, M. conceptionense, M. porcinum, M. peregrinum, M. septicum* and *M. setense*), the *M. mucogenicum* group (including *M. aubagnense*), and MAC (*M. avium* complex) species related to *M. intracellulare* (including *M. chimaera* and *M. colombiense*). Although *M. wolinskyi* was identified as *M. fortuitum* by GenoType, it actually pertains to *M. smegmatis* group.

The nonidentifiable results (score < 1.7) obtained for some isolates by MALDI-TOF MS can be explained by the low concentration of mycobacteria in cultures or by the loss of material during the washing steps of the protein extraction protocol. Therefore, at the end of the process, the protein concentration will have been too low for detection by mass spectrometry. Another reason is that some species are not included in the current Mycobacteria Library database, such as *M. madagascariense, M. paraterrae*, and

M. yongonense, which precluded identification by MALDI-TOF MS (26). In addition, some species have only one reference or a small number of references in the database, which may have led to low scores when analyzed.

Despite the high accuracy of MALDI-TOF MS for identifying mycobacteria with a cutoff score of \geq 1.7, there were a few misidentifications in this study (Table 3). The misclassification of one *M. mageritense* strain as *M. porcinum* by protocol B (liquid medium) can be explained by the phylogenetically close relationship between the species (27). The same explanation accounts for the misidentification of some *M. setense* strains (three from liquid medium and one from solid medium) as *M. porcinum* and *M. peregrinum* (28). These were classified as probable (score, 1.7 to 1.9) by MALDI-TOF MS. However, *M. conceptionense* was classified (score, \geq 2) as *M. setense* and *M. conceptionense* species had only one reference in the Mycobacteria Library (version v3.0), suggesting that the addition of more references in an upcoming database could allow for higher scores and could prevent misidentifications. With all of these findings, a cutoff score of \geq 1.7 may be acceptable for most species studied here, with the exception of some species related to the *M. fortuitum* group, such as *M. setense* and *M. conceptionense*, in which it might generate confusing results.

In summary, the results observed in this study suggest that freezing and mechanical disruption of samples are essential for improving protein extraction from mycobacteria and yield better identification results with MALDI-TOF MS. Therefore, this simple, reliable, and inexpensive technique could be used to help identify many NTM species in clinical microbiology laboratories.

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