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# Use of Multi-Modality Imaging and Artificial Intelligence for Diagnosis and Prognosis of Early Stages of Alzheimer's Disease

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# Abstract

Alzheimer's disease (AD) is a major neurodegenerative disease and the most common cause of dementia. Currently, no treatment exists to slow down or stop the progression of AD. There is converging belief that disease-modifying treatments should focus on early stages of the disease i.e., the mild cognitive impairment (MCI) and preclinical stages. Making a diagnosis of AD and offering a prognosis (likelihood of converting to AD) at these early stages are challenging tasks, but possible with the help of multi-modality imaging such as MRI, FDG-PET, amyloid-PET, and recently introduced tau-PET, which provide different but complementary information. This paper is a focused review of existing research in the recent decade that used statistical machine learning/ artificial intelligence methods to perform quantitative analysis of multi-modality image data for diagnosis and prognosis of AD at the MCI or preclinical stages. We review the existing work in three sub-areas: diagnosis, prognosis, and methods for handling modality-wise missing data – a commonly encountered problem when using multi-modality imaging for prediction or classification. Factors contributing to missing data include lack of imaging equipment, cost, difficulty of obtaining patient consent, and patient drop off (in longitudinal studies). Finally, we summarize our major findings and provide some recommendations for potential future research directions.

# 1. Introduction

Alzheimer's disease (AD) is the most common cause of dementia and a main cause of death for people over 65 years old. Over 5.4 million Americans presently suffer from AD. By 2050, a growing number of people, estimated up to 13.8 million, will have AD (1). AD has incurred significant health care costs. In 2016, care for AD patients over 65 years old was estimated to be about \$236 million. The Medicare payment for service to AD and other

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dementia patients was on average twice the payment for patients with other diseases. The impact of AD on patients and their families, the health care system, and society is enormous, and growing, which makes finding effective treatments to reduce the emotional, physical, and financial burdens of this disease an extremely important priority in the US and worldwide.

Although significant attention has been paid to the treatment of AD, there has been little success so far. Within the decade of 2002-2012, 244 drugs were tested in clinical trials registered with the National Institutes of Health, but only one trial completed and received FDA approval. Presently, there are only five FDA-approved AD-related drugs (2). However, these drugs only temporally relieve symptoms. No treatment is available thus far to slow down or stop the pathological damage of AD on the brain, so the disease is fatal (1).

According to recommendations from the working groups convened by National Institute of Aging (NIA) and the Alzheimer's Association (AA) in 2011, the staging of AD includes AD dementia, the symptomatic predementia stage called mild cognitive impairment (MCI) due to AD, and the preclinical/presymptomatic stage of AD (3–6). The term "MCI due to AD" was used to denote a subgroup of MCI patients with a high likelihood of underlying AD pathology, because MCI, as a syndrome or clinical/research construct, can have other underlying causes than AD. Today, there is converging belief that effective treatment slowing down or stopping the progression of AD should focus on early stages of the disease, i.e., MCI or even the preclinical stage.

In both the recommendations by NIA-AA (known as the NIA-AA Criteria) and by the International Working Group (known as the IWG Criteria), the use of imaging for diagnosis and prognosis at all stages of AD has been significantly highlighted. It has been recognized that different modalities of imaging, including but not limited to structural MRI, FDG-PET, and amyloid-PET, play different but complementary roles.

While the use of multi-modality imaging for diagnosis and prognosis of AD in memory clinics is primarily based on dementia specialists' trained eyes, researchers have developed and are developing various statistical models and machine learning (ML) algorithms for quantitative imaging data analysis to produce diagnostic and prognostic results. This research area is currently pacing at an unprecedented speed. We envision that in the foreseeable future, memory and aging centers will be empowered by artificial intelligence (AI), employing these automatic, computerized algorithms to assist clinicians' decision making.

This paper focuses on reviewing existing works that perform quantitative analysis of multimodality image data using statistical/ML/AI methods for diagnosis and prognosis of AD at the MCI or preclinical stages. There are numerous papers using a single imaging modality, which do not fall within the scope of this review. There are also many papers focusing on classification between AD, MCI, and normal controls (NC), which are also not within our scope because they do not have an "early" stage focus. We focused on papers published in the recent 10 years, and used PubMed as the search engine. The rest of this article is organized as follows: Section 2 reviews the existing work focusing on diagnosis; Section 3 reviews the existing works focusing on prognosis; Section 4 discusses approaches for handling multi-modality imaging data in which not all the study subjects have all the modalities available, which is a common problem encountered in this type of studies and referred to as the problem of "modality-wise missing data" in this paper. Section 5 provides an overall workflow from image processing to generation of a diagnostic/ prognostic result. Section 6 concludes the article and proposes some future research directions.

# 2. Use of multi-modality imaging for diagnosis of AD at early stages

AD pathology consists of brain amyloid deposition and neurofibrillary tangles, generally associated with significant loss of neurons and deficits in neurotransmitter systems. Diagnosis of AD at early stages requires pathological confirmation according to well-known criteria such as the NIA-AA criteria, which are briefly reviewed as follows with a focus on the role of multi-modality imaging.

In the NIA-AA terminology, "MCI due to AD" and "preclinical AD" are used to describe stages prior to development of AD dementia. MCI due to AD is the symptomatic predementia phase of AD. The NIA-AA Criteria for diagnosing MCI due to AD highlight the incorporation of biomarkers, as shown in Table 1. Preclinical AD describes a phase that individuals have evidence of early AD pathological changes but do not meet clinical criteria for MCI or dementia. NIA-AA proposed three-stage criteria to characterize preclinical AD, as shown in Table 2. These criteria are intended purely for research purposes and have no clinical utility at the present time.

Clearly, the NIA-AA Criteria for diagnosing MCI due to AD (Table 1) and for characterizing preclinical AD (Table 2) involve the use of multi-modality imaging such as amyloid-PET, FDG-PET, MRI, and possibly the recently introduced tau-PET. These imaging modalities can be generally classified into two types: imaging for identifying amyloid positivity and imaging for identifying neuronal injury. Existing research focuses on investigating the relationship between the two types of imaging. Some studies interrogated the relationship between amyloid deposition and glucose metabolism by FDG-PET in cognitively normal individuals. Several groups found hypometabolism in cognitively normal individuals with significant amyloid deposition (7,8). In the study by Yi et al. (9), hypermetabolism was demonstrated in frontal and anterior temporal regions in cognitive normal APOE e4 carriers but hypometabolism in temporoparietal regions. After adjusting for amyloid deposition, most of the hypometabolic regions disappear while the hypermetabolic regions still exist. This implied that while hypometabolism may be amyloid dependent in this patient cohort, hypermetabolism was not. Knopman et al. showed that cognitively normal individuals with significant amyloid deposition at baseline demonstrate significant FDG hypometabolism at follow-up (7,10). Several studies also found that individuals with both markers of amyloid deposition and neurodegeneration were more likely to develop cognitive impairments at follow-up (10,11). On the other hand, several studies found that there were cognitively normal, elderly individuals who had at least one significant neurodegeneration marker including FDG hypometabolism but did not have

detectable amyloid deposition (11–13). This group of individuals were considered to be more likely to have other preclinical pathophysiologic processes than AD, such as cerebrovascular disease, tauopathies, or synucleinopathies (12), and therefore fall into a special category called Suspected Non-Alzheimer Pathology (SNAP).

While  $A\beta$  can be measured by both CSF and PET imaging, the latter allows for cerebral spatial patterns (i.e., topographies) of amyloid deposition to be examined. Brier et al. studied the relationship between  $A\beta$  topography and tau topography measured by amyloid and tau PET imaging, respectively, in a cohort of 36 cognitively normal elderly and 10 with mild AD (14). Singular Vector Decompositions (SVDs) were performed on the tau and  $A\beta$  burdens of originally extracted 42 ROIs, respectively. Each SVD produced two significant components representing two important topography corresponded to the mean of the image. The second PET tau topography was most strongly localized in the temporal lobe including the hippocampus. In contrast, the second PET  $A\beta$  topography was most strongly localized in frontal and parietal regions. This analysis demonstrated that PET imaging data for tau and  $A\beta$  exhibited strong autocorrelation across ROIs but that each had distinct topographies. Furthermore, this study showed that tau  $A\beta$  deposition in the temporal lobe more closely tracked dementia status and was a better predictor of cognitive performance than  $A\beta$  deposition in any region of the brain.

# 3. Use of multi-modality imaging for prognosis of AD at early stages

Equally important to diagnosis is prognosis which concerns quantification of disease progression such as estimation of the time to dementia onset or prediction of conversion within an interested time frame. A significant amount of existing work focuses on predicting MCI conversion to AD. In what follows, we will provide a detailed review of the existing studies. A brief summary can be found in Table 3. Comparison of the pros and cons between the studies is provided in Table 4.

Some studies focused on understanding the roles that different imaging modalities play in predicting MCI conversion. For example, Jack et al. (15) studies the correlation of A $\beta$  load and hippocampal volume with MCI time-to-conversion to AD. To measure A $\beta$  load, they computed a global PiB-PET retention score formed by combining the cerebellum-adjusted standard uptake value ratios (SUVRs) of prefrontal, orbitofrontal, parietal, temporal, anterior cingulate and posterior cingulate/precuneus regions using a weighted average. For patients who did not have PiB-PET, the global scores were imputed using CSF A $\beta_{42}$  and APOE *e*4. Amyloid positivity was defined using a cutoff of 1.5. Then, cox proportional hazards models were fitted to estimate the effect of A $\beta$  load and hippocampal volume on the relative hazard of progression. The major findings from this study include: (i) MCI patients with amyloid positivity were more likely to progress to AD than MCI with amyloid negativity (50% vs. 19% by two years). (ii) Among amyloid positive MCI patients, hippocampal atrophy predicted shorter time-to-conversion while amyloid load did not. (iii) In contrast, in the combined amyloid positive and negative MCI cohort, hippocampal atrophy and brain A $\beta$  load predicted time-to-conversion with comparable power; and (iv) however, the effects of

these two biomarkers differ. The risk profile is linear throughout the range of hippocampal atrophy values whereas the profile reaches a ceiling at higher values of brain A $\beta$  load.

A typical approach adopted by relatively earlier studies for predicting MCI conversion was to concatenate features from multiple modalities into a combined feature set, which was then used to build a classifier. Because of the high dimensionality of the combined feature set, feature selection algorithms were commonly used before building a classifier. For example, Ritter et al. (16) composed a feature set that consisted of features from multiple imaging and non-imaging modalities, including MRI, FDG-PET, CSF, neuropsychological testing, medical history, medical symptoms at baseline, neurological and physical examinations, and demographic information. Feature selection was followed by a support vector machine (SVM) classifier to predict MCI converters and non-converters with three years from the ADNI datasets. Several algorithms were used to impute missing data, such as mean imputation and Expectation-Maximization (EM). Their approach achieved 73% accuracy in classifying 86 MCI converters and 151 non-converters based on 10-fold cross validation. Shaffer et al. (17) considered MRI, FDG-PET, CSF measurements, neuropsychological testing, APOE e4, age, and education. Independent Component Analysis (ICA) was performed to extract four and nine components from MRI and FDG-PET voxel-based measurements, respectively. These components together with other non-imaging features were then used to build a logistic regression model, which achieved 71.6% accuracy in classifying 97 MCI converters and non-converters within four years from ADNI based on 10-fold cross-validation.

Different from the above-reviewed research that concatenated features from multiple modalities into a combined feature set, another line of research chose to "encapsulate" the features of each modality by themselves to better preserve intra-modality integrity and reveal inter-modality difference. Multiple kernel learning (MKL) is a commonly used approach to achieve this, in which features from the same modality were encapsulated into a kernel. The modality-wise kernels were then combined to make a classifier. Zhang et al. (18) used MKL to build a classifier for MCI and NC, which was further used to classify MCI converters and non-converters within 18 months. Two imaging modalities, MRI and FDG-PET, were used together with one non-imaging modality, CSF measurements. MRI volumetric features were extracted from 93 manually labeled ROIs. Regional FDG of these ROIs were computed and used as PET features. Using 10-fold cross validation, the MKL classifier achieved a classification accuracy of 76.4% (with a sensitivity of 81.8% and a specificity of 66%) on the ADNI datasets, while the best single-modality classifier achieved 72% accuracy.

Liu et al. (19) acknowledged that existing studies had shown evidence that combining multimodality information improved the accuracy of AD-related classification. On the other hand, they pointed out that feature selection – an important step that warrants a good classifier – had typically been performed separately for each modality, which ignored the potential intermodality relationship. Therefore, they proposed a multitask learning method to jointly select features from different modalities. The basic idea was to pose an additional constraint to the LASSO-based feature selection algorithm, which demanded the predictions using the features in modality A and B,  $\hat{y}_A$  and  $\hat{y}_B$ , to be similar if the features,  $\mathbf{x}_A$  and  $\mathbf{x}_B$ , are similar. They applied the proposed feature selection method together with MKL to classify

43 MCI converters and 56 non-converters within 18 months from the ADNI datasets, using gray matter volume from MRI and regional FDG of 93 manually labeled ROIs. The proposed method achieved an accuracy of 0.6783 based on 10-fold cross validation, which is better than methods using single modalities alone.

A classic approach for predicting MCI conversion, such as the afore-reviewed papers, is to train a classification model using the data of MCI converters and non-converters and then use the trained classifier to classify new MCI patients. Alternatively, researchers have tried different ways to incorporate "auxiliary data" to improve MCI classification accuracy. Zhang and Shen (20) developed a multi-modal multi-task learning method (M3T) to jointly predict MCI conversion and 2-year changes of MMSE and ADAS-Cog scores, which were treated as three tasks. Here, 2-year changes of MMSE and ADAS-Cog scores are considered "auxiliary data". They used baseline MRI, FDG-PET, and CSF data as three modalities. Gray matter volume and regional FDG of 93 manually labeled ROIs and three CSF measurements were extracted from each modality and used as features. M3T includes a multi-task feature selection as its first step to select common features relevant to all the tasks, followed by building multi-modal SVM classification/regression models using the selected features for each task. M3T was applied to 167 subjects including 40 AD, 80 MCI (38 and 42 converters and non-converters), and 47 NC from ADNI datasets. Using 10-fold cross validation, M3T achieved 0.739 accuracy (0.686 sensitivity and 0.736 specificity) in classifying MCI converters and non-converters, which outperformed individual modality based methods and a simple concatenation method (CONCAT) which concatenated all MRI, FDG, and CSF features into a single feature vector and applied lasso for feature selection and SVM regression/classification.

Cheng et al. (21) pointed out that most existing studies classifying MCI converters and nonconverters used data from MCI patients alone (called the target domain), but ignored data in other related domains such as classification of AD and NC (called the auxiliary domain). They believed that leveraging information from the auxiliary domain can improve MCI conversion prediction accuracy. Therefore, they proposed a domain transfer learning method that included three steps: First, a domain transfer feature selection algorithm was used to select features that are informative to both the target and auxiliary domains. This joint feature selection was achieved by imposing a group-lasso penalty on the weights of features in the two domains. Second, an instance transfer approach was used to select AD and NC subjects who are more separable than MCI converter vs non-converter separation to include in the target domain. Finally, a classifier was built using the features selected in the first step and the samples selected in the second step to predict MCI conversion. The proposed method was applied to 202 subjects from ADNI, including 51 AD patients, 99 MCI patients (43 converters and 56 non-converters with 24 months), and 52 NCs, using gray matter volume from MRI and regional FDG of 93 manually labeled ROIs as well as CSF measurements. Using 10-fold cross validation, the proposed method achieved 79.4% accuracy (83.5% sensitivity and 72.7% specificity), which was higher than methods not using information from the auxiliary domain.

Young et al. (22) proposed to build an AD vs. NC classifier using a Gaussian process (GP), which was then used to classify MCI converters and non-converters. Note that the difference

between the work of Young et al. and the previously reviewed work by Cheng et al. is that the former did not use any MCI data to build the classifier. The proposed method was used to classify 96 MCI non-converters and 47 converters within three years from the ADNI datasets, using gray matter volume from MRI and regional FDG of 27 pre-selected ROIs as well as CSF measurements and APOE. Using leave-one-out cross validation, their model achieved an accuracy of 74%.

Most existing work as reviewed previously focused on using baseline multi-modality imaging to predict MCI conversion. A few researchers explored the use of longitudinal multi-modality image data. Hinrichs et al. (23) used multi-kernel learning (MKL) to build an AD vs. NC classifier, which was then used to compute a Multi-Modality Disease Marker (MMDM) for each MCI patient. The MMDM was used to classify MCI patients as converters, stablers, and reverters within three years. They used MRI and FDG-PET at baseline and roughly 24 months as well as non-imaging data including CSF assays of AB1-42, total Tau, and P-tau 18, NeuroPshychological Status Exam scores (NPSEs), and APOE genotype. For MRI processing, voxel-based morphometry (VBM) was used to process the scans at baseline and 24 months, and voxel intensities were used as features. Also, longitudinal MRI processing was performed using the tensor-based morphometry (TBM) approach in SPM5 to obtain the amount of volume change by taking the determinant of gradient of deformation at a single-voxel level. For FDG-PET processing, voxels of the scan at each time point were scaled to each individual's Pons average FDG uptake value. Also, longitudinal features were calculated as voxel-wise difference and ratio between scans at the two time points. MKL was applied to build a classifier of 46 AD and 66 NC subjects from ADNI using a number of modalities. The MRI modality includes VBM features at baseline and 24 months and TBM-based longitudinal features. The FDG modality includes normalized voxel-level measurements at baseline and 24 months as well as longitudinal features of voxel-wise difference and ratio. Three non-imaging modalities include CSF, NPSE2, and APOE. This AD vs. NC classifier was applied to 119 MCI patients, giving an MMDM for each patient, which was used to predict each patient as a converter, stabler, or reverter within three years. The proposed method was demonstrated using 10-fold cross validation. Results showed that using all the imaging and non-imaging modalities as mentioned above achieved 81.40% accuracy, 79.69% sensitivity and 83.08 specificity, which outperforms separately using imaging data at baseline, longitudinal image data, NIPEs at baseline, longitudinal NIPEs, and biological measures.

Zhang et al. (24) used MRI, PET, MMSE, and ADAS-Cog at multiple time points to predict MCI conversion. The proposed method included two major steps: First, longitudinal feature selection was performed to select common brain regions across the multiple time points for MRI and PET, respectively. This was achieved by imposing a group-lasso penalty on a regression that predicted cognitive test scores using imaging data. Then, an MKL classifier was built using imaging features at each time point, longitudinal imaging features that reflected the rates of change over time, together with cognitive test scores at each time point. The proposed method was applied to 88 MCI subjects (35 converters and 50 non-converters) who had MRI, PET, MMSE, and ADAS-Cog data at five different time points (baseline, 6, 12, 18, and 24 months). MRI images were processed to produce gray matter, white matter, and CSF volumes of 93 ROIs, and PET images were processed to produce regional FDG of

the 93 ROIs. Using 10-fold cross validation, the proposed method achieved a classification accuracy of 78.4%, a sensitivity of 79.0%, a specificity of 78.0%, and an AUC of 0.768, which outperformed methods using baseline data alone and using single modality alone.

In terms of imaging modalities, a vast majority of existing research, including all reviewed previously, used MRI and FDG-PET. The accuracy of classifying MCI converters and nonconverters, even with combining CSF, cognitive scores, demographics, and longitudinal data, is below 80%. We were able to find only one paper that used florbetapir-PET together with MRI and FDG-PET, which achieved significantly improved classification accuracy. This paper is reviewed in more details as follows: Wang et al. (25) proposed two PLS-based approaches to classify MCI converters and non-converters using MRI, FDG-PET, and florbetapir-PET. The first approach, called informed PLS, worked by concatenating features from three modalities into a combined feature set and then using the combined set to train a PLS classifier. The second approach, called agnostic PLS, used PLS as a feature extractor not a classifier. Specifically, it used PLS to extract latent variables between two sets of imaging modalities. PLS is separately performed on MRI and FDG, MRI and florbetapir, FDG and florbetapir, MRI and FDG & florbetapir together, FDG and MRI & FDG and florbetapir together, florbetapir and MRI & FDG together, respectively. The extracted latent variables were used to train a Fisher's LDA classifier. Both approaches were applied to 64 MCI converters and 65 non-converters from ADNI based on voxel-wise gray matter measurements of MRI, voxel-wise FDG normalized to the average FDG of the cerebrum (as the reference region), and voxel-wise standardized uptake value ratio (SUVR) normalized to the cerebellum (as the reference region for florbetapir-PET). Using leave-one-out cross validation, results showed that the informed PLS approach achieved 81.40% classification accuracy (79.69% and 83.08% sensitivity and specificity); agnostic PLS achieved 82.17% classification accuracy (81.25% and 83.03% sensitivity and specificity), both outperforming single-modality models. Moreover, by adding ADAS-cog scores, agnostic PLS achieve a better accuracy of 86.05% classification accuracy (81.25% and 90.77% sensitivity and specificity).

#### 4. Multi-modality models with modality-wise missing data

In using multi-modality data to build a prediction or classification model, a commonly encountered challenge is that not all the subjects in a study cohort have all the modalities available. This is due to various reasons such as cost, availability of imaging equipment, lack of patient consent, and patient drop off (in longitudinal studies). For example, although MRI is used in almost every medical institute/clinic for AD-related diagnosis and prognosis, not many places have FDG-PET. The availability of amyloid-PET imaging is even more limited, especially that Medicare currently does not reimburse the cost of amyloid-PET imaging. Also, due to patient drop off, some patients may only have baseline MRI (or other imaging modalities) but not at later time points. Note that we call this problem "modality-wise missing data", which is different from conventional missing data problems. The latter can typically be handled by imputation algorithms, while the former cannot because 1) there can be a substantial portion of patients who miss at least one modality, 2) it is possible that few patients have all the modalities available, and 3) the mechanism of missing data is clearly

not "missing-at-random" which is a fundamental assumption that most imputation algorithms assume.

All the studies reviewed in the previous sections used datasets containing subjects with all modalities available, or with a small portion of missing data that can be imputed. No paper has been found that handled modality-wise missing data for diagnosis or prognosis at early stages of AD. However, there are a few papers developing methods to handle modality-wise missing data in classifying AD, MCI, and NC. Although this type of classification is outside the scope of this review, we would like to discuss these papers for purpose of raising awareness for the problem of modality-wise missing data and encouraging future research to apply the methods in these papers to the study of early stages of AD. In what follows, we discuss each paper in detail. Comparison of the pros and cons between these papers is provided in Table 5.

Yuan et al. (26) proposed an incomplete multi-source feature learning method (iMSF) to classify AD, MCI, and NC using baseline MRI, FDG-PET, CSF, and proteomics as four modalities. Data of 780 subjects were downloaded from ADNI with 172 AD, 397 MCI, and 211 NC. Each subject had at least one modality. FreeSurfer was used to extract 305 features of MRI falling into five categories: average cortical thickness, standard deviation in cortical thickness, volumes of cortical parcellations, volumes of specific white matter parcellations, and total surface area of the cortex. 116 FDG-PET features were extracted using Automated Anatomical Labeling (AAL) corresponding to 116 ROIs. iMSF worked by first separating study subjects into multiple blocks, with each block having the same available modality/ modalities. Then, one classifier was built for each block. Instead of building the classifiers separately, iMSF adopted an L21 penalty to force blocks sharing the same modality to use a common subset of features in that modality when building block-wise classifiers. iMSF was combined with four other methods to construct a classifier ensemble, which outperformed commonly used imputation methods, methods using single modalities, and the method that threw out missing data. This comparison was based on a training-test split of the dataset with the training set containing from 50% to 75% of the data.

Xiang et al. (27) proposed an Incomplete Source-Feature Selection model (ISFS), which was applied to the same datasets as Yuan et al (26). The advantages of ISFS over iMSF included that the former could select modalities that were most relevant to the classification and could be used to classify new subjects whose modality availability was different from the training set (called "out-of-sample" classification), while iMSF did not have these two capabilities. The basic idea of ISFS was to estimate the weights  $\boldsymbol{\beta}$  that combined features to produce a classification result as well as the weights  $\boldsymbol{\alpha}$  that combined the modalities. By penalizing  $\boldsymbol{\beta}$ and  $\boldsymbol{\alpha}$ , both feature and modality selections could be achieved. Although such a bi-level learning model has been studied in the machine learning literature, Xiang et al. innovated it by further considering modality-wise missing data and allowing  $\boldsymbol{\alpha}$  to vary across different blocks. This paper showed that ISFS outperformed iMSF and other competing methods especially when the training sample size was small. This comparison was based on a training-test split of the dataset with the training set containing 10% or 50% of the data.

Thung et al. (28) developed a matrix completion method for classification of AD, MCI, and NC, and prediction of three cognitive test scores (CDR global, CDR-SB<sup>2</sup> and MMSE). The basic idea of the proposed method is to apply multitask learning twice, one on features and the other on samples, in order to reduce the original matrix composed of samples and features into a much smaller size. The reduced matrix was more "imputation-friendly" as it contained a smaller number of missing values, and therefore can be imputed using existing imputation algorithms. Specifically, in applying multitask learning on features, the original matrix was partitioned into small overlapping sub-matrices, each containing samples having at least one complete modality. Within each sub-matrix, a group-lasso based multitask learning algorithm was used to select a common subset of features across four tasks (one AD/MCI/NC classification task and three prediction tasks for the tree cognitive scores). In combining results from the sub-matrix-wise multitask learnings, features selected for at least one sub-matrix were kept for subsequent analysis. Next, multitask learning was applied to samples similar to the way that it was applied to features, but with samples in the test set treated as multiple output targets. The proposed method was applied to baseline MRI, FDG-PET, and CSF data of 807 subjects from ADNI (186 AD, 395 MCI and 226 NC). All of subjects had MRI, 397 had FDG-PET, and 406 had CSF. Gray matter volumes and regional FDG of 93 ROIs were used as MRI and FDG-PET features, respectively. Compared with conventional imputation algorithms and two state-of-the-art methods (iMSF, Ingalhaiikar's algorithm), the proposed method achieved higher classification accuracy based on 10-fold cross validation.

Liu et al. (29) proposed a view-aligned hypergraph learning method (VAHL), which worked by first dividing the dataset into several views based on the availability of different modalities. Then, they computed the distances between subjects using a sparse representation model and constructed one hypergraph for each view. Coherence among different views was captured by a proposed view-aligned regularizer, which considered that if one subject is represented by two feature vectors in two views, the estimated class labels for such two feature vectors should be similar because they correspond to the same subject. Furthermore, they integrated the view-aligned regularizer into a classification framework. The proposed method was applied to baseline MRI, FDG-PET, and CSF data of 807 subjects from ADNI (186 AD, 169 pMCI, 226 sMCI, and 226 NC). A baseline MRI patient was called pMCI if converting to AD within 24 months and sMCI if not. Gray matter volumes and regional FDG of 90 ROIs were used as MRI and FDG-PET features, respectively. By comparing VAHL with four conventional imputation algorithms as well as a number of state-of-the-art methods (two ensemble based methods and the previously reviewed iMSF, ISFS, and matrix shrinkage completion methods), VAHL outperformed all the other methods in classification of MCI vs. NC and pMCI vs. sMCI based on 10-fold cross validation.

Li et al. (30) proposed a deep learning (DL) framework where the input and output are two imaging modalities, MRI and FDG-PET. A 3-D convolutional neural network (CNN) was built using a training set of patients for whom both MRI and PET were available. The trained 3-D CNN was then used to predict missing FDG-PET using MRI for patients who only have MRI. Furthermore, a classifier was built using MRI and predicted or real FDG-PET whichever is available. In image preprocessing, gray matter density maps from MRI and FDG-PET images rigidly aligned to the respective MRI images were smoothed using

Gaussian kernels. Note that different from classic ML approaches, the 3-D CNN did not need feature extraction from the MRI and FDG-PET images but can directly use the 3-D images. The proposed method was applied to baseline MRI, FDG-PET, and CSF data of 830 subjects from ADNI (198 AD, 167 pMCI, 236 sMCI, and 229 NC). A baseline MRI patient was called pMCI if converting to AD within 18 months and sMCI if not. All the subjects had MRI but more than half did not have PET. Using a half-half training-test split, the proposed method achieved better accuracy in MCI vs. NC, AD vs. NC and sMCI vs. pMCI classifications compared with conventional imputation algorithms.

Finally, we would like to stress that all the aforementioned methods have strengths and limitations, as summarized in Table 5. Despite their respective unique strength, the common advantage of using these methods is to maximally utilize the available data. On the other hand, since each method is based on some assumption that may or may not be true for a real-world dataset, there also exist risks that there may be a mismatch between the assumption of a method and the characteristics of the dataset. Nevertheless, one could always opt for not using any of these methods but eliminating samples with missing modalities and including only samples with all modalities available for training a predictive model. This could be a viable approach if the amounts of samples with missing modalities are not considerably large.

# 5. Overall workflow – from image processing to decision support

The previous sections focus on reviewing statistical models and machine learning algorithms for building a diagnostic or prognostic model with imaging features available. This is only part of the workflow. Another important part of the workflow, upstream to diagnostic/ prognostic model building, is image processing and feature computation. In this section, we summarize the major steps of this upstream building block and provide the entire workflow so that interested researchers and practitioners could follow through with their specific data.

The major steps included in MRI processing include 1) anterior commissure-posterior commissure (AC-PC) correction; 2) skull-striping followed by intensity inhomogeneity correction; 3) segmentation into grey matter (GM), white matter (WM), and CSF; 4) registration to a common anatomical space; 5) parcellation of GM into ROIs using an anatomically defined template. After these steps, volumetric measurement of each ROI is taken and used as features for subsequent machine learning models. PET processing primarily includes rigid transformation with respect to the corresponding MRI from the same subject. Then, the average intensity (e.g., FDG or SUVR depending on the type of PET imaging) within each ROI is computed. Normalization using the whole brain or a reference region is typically done for each PET ROI measurement. The normalized scores are used as features for the subsequent machine learning algorithms. Figure 1 provides a schematic diagram of the overall workflow.

# 6. Conclusion

In this paper, we reviewed research in the past decade focusing on using multi-modality imaging data for diagnosis and prognosis of AD at early stages. Based on the review, we have the following major findings:

- All the works we have found and reviewed focused on MCI, while there is little research on the preclinical stage. It would be of great interest to perform and review studies focusing on the progression from normal aging to MCI, which would provide even earlier alarming and effective preventative strategies.
- In the study of MCI, most existing research focuses on building classifiers that used multi-modality imaging and non-imaging data to predict MCI conversion to AD. The accuracy is generally below or barely above 80% with MRI and FDG-PET, even with inclusion of longitudinal imaging data. There is only one paper that additionally included florbetapir-PET and obtained over 80% classification accuracy. This provides evidence that including pathologic imaging helps the prognosis.
- Almost all the existing research on prognosis formulates the problem into a binary classification problem of MCI conversion by a certain time of interest. Disease progression is indeed on a continuous spectrum. Even for two patients who convert to AD within two years, their paths of progression could be much different. Prognostic models that predict the path of progression would provide great clinical value for properly intervening or managing the disease. This would need new model development that goes beyond binary classification to, for example, multi-class that represents different progression trajectories.
- Modality-wise missing data is a common problem when multi-modality imaging is used to make a prediction. However, little research has been found to address the problem of modality-wise missing data in developing a diagnostic or prognostic models at early stages of AD, though there are several recent studies focusing on classification of AD, MCI, and NC.
- Classic machine learning algorithms are still the mainstream methodologies used in the existing studies. DL-based algorithms have only been limited applied to early AD diagnosis and prognosis using multi-modality imaging, despite their popularity in other areas of computer vision.

Driven by these findings, we provide some recommendations on future research directions:

First, future research can gear more toward using multi-modality imaging for diagnosis and prognosis of AD at the preclinical stage. It has been found that more than one third of cognitively healthy individuals over 65 have moderate to high levels of brain  $\beta$ -amyloidosis, who have a higher risk of developing AD (4). Optimally, treatment trials should target the presymptomatic or preclinical stage, i.e., before significant cognitive impairment, to lower A $\beta$  burden or decrease neurofibrillary tangle in order to prevent subsequent neurodegeneration and eventual cognitive decline.

Second, imaging that provides pathologic biomarkers of AD such as amyloid PET should be combined with imaging modalities providing neuronal injury biomarkers such as MRI and FDG-PET in order to achieve a better prognosis at the early stages. An immediate, related challenge to obtaining amyloid imaging is that the modality is not presently widely available in clinics, which makes it very important to develop prognostic models that can make use of multi-modality images with modality-wise missing data. These models have greater, broader clinical utility than models that have to assume the availability of complete data or that are based on conventional missing data assumptions.

Last but not least, with the rapid growth of DL research in the AI societies and the proven effectiveness of DL applications in a variety of areas of computer vision including medical imaging, early-stage diagnosis and prognosis of AD using multi-modality imaging can benefit from DL development. More research is expected along this line.

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# Abbreviations

AD	Alzheimer's disease
MCI	mild cognitive impairment
MRI	magnetic resonance imaging
FDG	fluorodeoxyglucose
РЕТ	positron emission topography
FDA	food and drug administration
NIA	national institute of aging
AA	Alzheimer's association
IWG	international working group
ML	machine learning
AI	artificial intelligence
NC	normal control
CSF	cerebrospinal fluid
SNAP	suspected non-Alzheimer pathology
SVDs	singular vector decompositions

SUVRs	standard uptake value ratios
SVM	support vector machine
ICA	independent component analysis
MKL	multiple kernel learning
ROI	region of interest
ADNI	Alzheimer's disease Neuroimaging Initiative
MMSE	Mini-Mental State Examination
ADAS-Cog	Alzheimer's disease Assessment Scale-Cognitive subscale
GP	Gaussian Process
NPSEs	Neuropsychological Status Exam Score
VBM	voxel-based morphometry
TBM	tensor-based morphometry
AUC	area under the curve
PLS	partial least square
CDR	clinical dementia rating
CNN	convolutional neural network
DL	deep learning

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#### Figure 1.

Overall workflow from image processing to diagnostic/prognostic decision support (Module with \* has been reviewed in Sections 2-4; Module with \* is combined with feature selection for dimension reduction in some approaches and may also be a separate step.)

# Table 1

# NIA-AA Criteria for diagnosing MCI due to AD (adapted from (3))

Diagnostic category	Aβ(PET or CSF)	Neuronal injury markers (FDG, tau, MRI)	
MCI – core clinical criteria	Conflicting or indeterminant or untested	Conflicting or indeterminant or untested	
MCI due to AD – intermediate likelihood	Positive	Untested	
	Untested	Positive	
MCI due to AD – high likelihood	Positive	Positive	
MCI – unlikely due to AD	Negative	Negative	

# Table 2

# NIA-AA Criteria for preclinical AD research (adapted from (2))

Stages	A β(PET or CSF)	Neuronal injury markers (FDG, tau, MRI)	Subtle cognitive change
Stage 1 (Asymptomatic cerebral amyloidosis)	Positive	Negative	Negative
Stage 2 (Amyloid positivity + synaptic dysfunction and/or neurodegeneration)	Positive	Positive	Negative
Stage 3 (Amyloid positivity + neurodegeneration + subtle cognitive decline)	Positive	Positive	Positive

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Table 3

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Liu et al.

early stage (Acc.= Accuracy; Sens.=Sensitivity; Spec.=Specificity)	s-sectional or longitudinal ML model Data source Sample size Acc. Sens. Spec.	-sectional SVM ADNI MCI-c 0.730 0.405 0.913	-sectional regression ADNI 0.716 0.853 0.862	51 AD, 43 MCI-c, 56 MCI-nc, 52 51 AD, 43 MCI-c, 56 MCI-nc, 52 6 8   -sectional MKL ADNI NC 0.764 0.818 0.660	-sectional LASSO & MKL ADNI 0.678 0.649 0.700	Multi-task 40 AD, 38 MCI-c, 42 MCI-nc, 47 40 AD, 38 MCI-c, 42 MCI-nc, 47 6   ************************************	Transfer 51 AD, 43 MCI-c, 56 learning & MCI-nc, 52 group lasso ADNI NC 0.794 0.845 0.727	GP for AD vs. NC, applied to MCI MCI ADNI ADNI 0.741 0.771 0.787 0.556	MKL for AD vs. NC, applied to MCI ADNI ADNI 48 AD, 119 MCI 0.791 N/A N/A	itudinal MKL ADNI 35 MCI-c 0.784 0.79 0.780	-sectional PLS ADNI 64 MCI-c 0.861 0.813 0.907
y; Sens.=Sensitivity; Spec.=	nodel Data source Samp	86 MC vs. 15 ADNI MCF-	nd logistic ADNI 43 MC vs. 54	51 AD MCT-c MCT-r ADNI NC	0 & MKL ADNI nc	task MCI-c bg & SVM ADNI NC	er 51 AD MCT-c hg & MCT-1 lasso ADNI NC	r AD vs. 47 MC pplied to ADNI nc	for AD vs. pplied to ADNI ADVI 48 AD	ADNI 35 MC vs. 50	64 MC vs. 65 ADNI nc
s at early stage (Acc.= Accuracy	Cross-sectional or longitudinal   ML m	:ross-sectional SVM	ICA al regress-sectional regress	mKL MKL	ross-sectional LASS	Multi- toss-sectional learnin	Transf learnir tross-sectional group	GP for NC, at sross-sectional MCI	MKL J NC, al MCI	ongitudinal MKL	ross-sectional PLS
maging for AD prognosi	Non-imaging data	CSF, neuropsychological testing, medical history, symptoms, neurological & physical exams, demographics	CSF, neuropsychological testing, APOE, age, education	CSF	none	CSF	CSF	CSF, APOE	CSF, APOE, NeuroPshychological Status Exam scores	CSF, MMSE, ADAS-Cog	ADAS-Cog
ies using multi-modality ir	Imaging modalities	MRI, FDG-PET	MRI, FDG-PET	MRI, FDG-PET	MRI, FDG-PET	MRI, FDG-PET	MRI, FDG-PET	MRI, FDG-PET	MRI, FDG-PET	MRI, FDG-PET	MRI, FDG-PET, flobetapir-PET
of stud	Stage	MCI	MCI	MCI	MCI	MCI	MCI	MCI	MCI	MCI	MCI
Summary	Papers	Ritter et al. (16)	Shaffer et al. (17)	Zhang et al. (18)	Liu et al. (19)	Zhang and Shen (20)	Cheng et al. (21)	Young et al. (22)	Hinrichs et al. (23)	Zhang et al. (24)	Wang et al. (25)

Page 20

#### Table 4

### Pros and cons of the studies in Table 3

Papers	Pros	Cons		
Ritter et al. (16)	Use different data imputation and feature selection algorithms	Concatenating features from different modalities does not preserve within-modality feature integrity.		
Shaffer et al. (17)	Use ICA for voxel-based analysis and imaging feature/ component extraction	Same as above		
Zhang et al. (18)	Encapsulate features of each modality to preserve intra- modality integrity by MKL; can handle high-dimensional features	Kernel-based classifier makes interpretation harder.		
Liu et al. (19)	Multitask joint feature selection across different modalities	Same as above		
Zhang and Shen (20)	Use multitask learning to exploit auxiliary data (MMSE and ADAS-Cog scores)	Same as above; lack of theoretical justification of why using auxiliary data would help despite empirically good performance.		
Cheng et al. (21)	Use multitask learning to exploit auxiliary domain (AD vs. NC classification)	Same as above		
Young et al. (22) Use AD vs. NC classifier to classify MCI conversion		Based on an assumption yet to be validated that MCI converters are more like AD an non-converters more like NC		
Hinrichs et al. (23)	Incorporate longitudinal image data	Kernel-based classifier makes interpretation harder.		
Zhang et al. (24)	Incorporate longitudinal image data and perform feature selection	Same as above.		
Wang et al. (25)	Use PLS to interrogate between-modality covariance structure to include as features	Hard to tell if the improved accuracy is due to the PLS method or inclusion of pathological imaging data.		

### Table 5

### Pros and cons of the studies in Section 4

Papers	Pros	Cons		
Yuan et al. (26)	Allow for joint feature selection across cohorts with different missing modality patterns	Assume little correlation between modalities so same features are selected for each cohort; cannot do out-of-sample prediction		
Xiang et al. (27)	Use two separate weights to achieve feature and modality selection; can do out-of-sample prediction	Many parameters to be estimated; assume a product form for modality-wise and feature-wise coefficients		
Thung et al. (28)	Use multitask learning to reduce features and samples making computation easier	Conventional missing data imputation algorithms are used on reduced dataset; same features are selected for each cohort.		
Liu et al. (29)	Exploiting subject relationship by multi-view hypergraph representation and fusion naturally gets around the issue of missing modalities.	Many parameters to be estimated; hard to identify important features; model needs to be re-learned using all the data every time new test data is available.		
Li et al. (30)	Use DL to create "pseudo" PET from MRI; raw images are used for classification not features.	Creating PET from MRI needs justification from imaging physics; Black-box DL model is hard to interpret.		