

New-onset insulin-dependent diabetes due to nivolumab

Ali A Zaied¹, Halis K Akturk², Richard W Joseph³ and Augustine S Lee¹

Divisions of ¹Pulmonary and Critical Care Medicine, ²Endocrinology, and ³Hematology and Oncology, Mayo Clinic, Jacksonville, Florida, USA

Correspondence should be addressed to A S Lee **Email**

lee.augustine@mayo.edu

Summary

Nivolumab, a monoclonal antibody against programmed cell death-1 receptor, is increasingly used in advanced cancers. While nivolumab use enhances cancer therapy, it is associated with increased immune-related adverse events. We describe an elderly man who presented in ketoacidosis after receiving nivolumab for metastatic renal cell carcinoma. On presentation, he was hyperpneic and laboratory analyses showed hyperglycemia and anion-gapped metabolic acidosis consistent with diabetic ketoacidosis. No other precipitating factors, besides nivolumab, were identified. Pre-nivolumab blood glucose levels were normal. The patient responded to treatment with intravenous fluids, insulin and electrolyte replacement. He was diagnosed with insulin-dependent autoimmune diabetes mellitus secondary to nivolumab. Although nivolumab was stopped, he continued to require multiple insulin injection therapy till his last follow-up 7 months after presentation. Clinicians need to be alerted to the development of diabetes mellitus and diabetic ketoacidosis in patients receiving nivolumab.

Learning points:

- Diabetic ketoacidosis should be considered in the differential of patients presenting with metabolic acidosis following treatment with antibodies to programmed cell death-1 receptor (anti-PD-1).
- Autoimmune islet cell damage is the presumed mechanism for how insulin requiring diabetes mellitus can develop de novo following administration of anti-PD-1.
- Because anti-PD-1 works by the activation of T-cells and reduction of 'self-tolerance', other autoimmune disorders are likely to be increasingly recognized with increased use of these agents.

Background

Understanding how cancer escapes host immune regulation has led to the development of cancer 'immunotherapy'. In particular, antibodies such as nivolumab, targeting and inhibiting programmed cell death 1 receptor (PD-1(PDCD1)), can result in the preferential activation of T-cells with specificity for cancer (1). Multiple trials have already demonstrated significant response rates and improved survival with nivolumab in multiple neoplasms including melanoma (2, 3, 4, 5, 6, 7, 8, 9, 10, 11), non-small-cell lung cancer (NSCLC) (2, 3,

4, 12, 13, 14, 15) and renal cell carcinoma (RCC) (2, 3, 4, 16, 17).

However, inhibition of the PD-1 pathway results in a reduction of 'self-tolerance', with an apparent increase in immune-mediated adverse events (AE). Clinical trials investigating the efficacy of nivolumab in cancers have reported increased rates of autoimmune endocrinopathies, including: hypophysitis (5, 7, 8, 10, 11), adrenal insufficiency (4, 5, 7, 10, 12), thyroid disorders (2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 14, 15, 16, 18)







and hyperglycemia (2, 3, 4, 6, 8, 15, 17). We report a patient presenting critically ill with diabetic ketoacidosis (DKA) after receiving nivolumab. In addition, we provide a review of the literature reporting nivolumab-induced diabetes mellitus (DM). Acute care physicians' awareness of the acute complications of these novel therapies is essential for the timely management of these critically ill patients.

Case presentation

A Caucasian man, in his early seventies, reported to our emergency department with 3 days of dyspnea, abdominal pain, fatigue and polyuria. Symptoms were progressive despite drinking a significant amount of fluids to keep up with his subjective sense of dehydration. He denied fever, chest pain, edema and visual disturbances.

One year earlier, he had undergone radical right nephrectomy and retroperitoneal lymph node dissection for stage IVB metastatic RCC (metastases to mesenteric lymph nodes and peritoneum). He had received 3 cycles of nivolumab, 3 mg/kg (300 mg, weight: 90 kg with BMI of 28.4) intravenously every 2 weeks, with his last infusion 10 days prior to his acute presentation. Notably, the patient was not enrolled in a clinical trial.

Other comorbidities were hypertension and chronic kidney disease that did not require renal replacement therapy. He was on lisinopril and aspirin. He had not been on any systemic glucocorticoids. There was no personal or family history of pancreatitis, DM or other autoimmune disorders.

Patient was afebrile and normotensive with a pulse of 88 beats per minute, respiratory rate of 28 breaths per minute and oxygen saturation of 97% while breathing ambient air. On examination, he was in moderate respiratory distress due to hyperpnea. There was absent breath sounds on the left lung base with dullness to percussion and decreased tactile vocal fremitus. The rest of his examination was unremarkable. Chest radiographs showed small bilateral pleural effusions (left greater than right) but otherwise clear lung fields.

Investigation

Laboratory analyses (Table 1) showed severe hyperglycemia (878 mg/dL) and an anion gap metabolic acidosis (anion gap: 21) associated with 'large' serum acetones and urine ketones. Arterial blood gas confirmed a primary metabolic acidosis (pH: 7.23, HCO₃: 12) with partial respiratory compensation (PaCO₂: 18). Multiple pre-admission

outpatient fasting blood glucose levels, as recently as two weeks prior to admission, were normal (86–100 mg/dL), although the HbA1c at admission was increased at 8.4%. Other metabolic derangements (hyponatremia and hyperkalemia) were related to ketoacidosis. Additional workup for possible acute pancreatitis, acute coronary syndrome or infectious process was unrevealing. A random C-peptide level was low (0.4 ng/mL) with concomitant blood glucose of 194 mg/dL. Serum for glutamic acid decarboxylase (GAD65) antibody was drawn at the time of the acute presentation, and when it proved negative on follow-up, testing for other less common autoantibodies (IA-2 and IAA) and human leukocyte antigen typing was considered but deferred by the patient and clinical team given unclear management implications (19).

Treatment

The patient was diagnosed with DKA due to new-onset insulin-dependent autoimmune diabetes secondary to nivolumab. He was treated accordingly with intravenous hydration, insulin drip and electrolyte replacement. Thereafter, all the metabolic disturbances improved with resolution of hyperglycemia and acidemia. However, he continued to require insulin therapy and was subsequently discharged on subcutaneous insulin.

Outcome and follow-up

On follow-up, restaging computed tomography showed significant disease progression without pancreatic involvement. Nivolumab was stopped and changed to pazopanib (tyrosine kinase inhibitor). Despite remaining off PD-1 antagonists, the patient continued to require multiple daily insulin injections with insulin glargine (15 units twice daily) and aspartate (5 units with meals, weight 76 kg) at his last follow-up 7 months after hospital discharge. The patient subsequently died 8 months after his initial presentation due to complications of his metastatic RCC.

Discussion

Even though GAD65 antibodies were negative, the inappropriately low C-peptide and sudden onset and persistent hyperglycemia with presentation of DKA confirmed insulin-dependent DM. The repeatedly normal pre-nivolumab fasting blood glucose levels suggest the absence of diabetes prior to nivolumab, while the increased HbA1c at the time of admission suggests more



 Table 1
 Laboratory data.

Variable	Reference range, adult	Result
Erythrocyte count (×1012/L)	4.32–5.72	3.3
Hematocrit (%)	38.8–50.0	29.5
Hemoglobin (g/dL)	13.5–17.5	9.0
Mean corpuscular volume (fL)	81.2–95.1	89.4
White cell count (×10 ⁹ /L)	3.5–10.5	20.4
Differential count (%)		
Neutrophils	44.4–70.9	95.1
Lymphocytes	17.8–41.5	0.8
Monocytes	4.7–14.8	3.7
Eosinophils	1.0-7.0	0
Platelet count (×10 ⁹ /L)	150–450	522
Sodium (mmol/L)	135–145	125
Potassium (mmol/L)	3.6-5.2	6.6
Chloride (mmol/L)	98–107	92
Bicarbonate (mmol/L)	22–29	12
Glucose (mg/dL)	70–100	878
Blood urea nitrogen (mg/dL)	8–24	41
Creatinine (mg/dL)	0.8–1.23	2.6†
Total protein (g/dL)	6.3–7.9	6.7
Albumin (g/dL)	3.5–5.0	3.3
Bilirubin, total (mg/dL)	≤1.2	0.3
Magnesium (mg/dL)	1.8–2.5	2.7
Calcium	8.9–10.1	8.7
Alkaline phosphatase (U/L)	45–115	108
Alanine aminotransferase (U/L)	7–55	14
Aspartate aminotransferase (U/L)	8–48	84
Lipase (U/L)	7–60	118
Amylase (U/L)	26–102	27
Prothrombin time (s)	11.6–14.7	13.1
International normalized ration	0.8–1.1	1.0
Activated partial thromboplastin time (s)	22.7–36.1	35.4
B-type natriuretic peptide	≤67	206
Troponin T (ng/mL)	0.00-0.10	<0.01
Thyroid-stimulating hormone (IU/L)	0.3–4.2	1.5
Hemoglobin A1C (%)	<6.5	8.4
C-peptide (ng/mL)	1.1–4.4	0.4
Arterial blood gas	1.1 7.7	0.4
pH	7.35–7.45	7.23
PaCO ₂ (mmHg)	35–45	17.6
PaO ₂ (mmHg)	80–100	99
Urine analysis	80-100	99
Specific gravity	1.002–1.030	1.016
Leukocyte esterase	Negative	Negative
Nitrite	Negative	Negative
pH	5.0–8.0	5.0
Protein (mg/dL)	Negative	10
Glucose (g/dL)	Negative	>1
Bilirubin		Negative
Urobilinogen	Negative	Negative
	0–2	
Erythrocyte (cell/hpf)	U-Z	<1
White cell (cell/hpf)	Negativa	1
Acetone blood	Negative	Large
Lactate (mmol/L)	0.9–1.7	1.4
Ammonia (µmol/L)	0–30	18
Glutamic acid decarboxylase (GAD65) antibody (nmol/L)	≤0.02	0.00

 $^{^{\}dagger}$ Estimated glomerular filtration rate (eGFR) was 25 mL/min/1.73 m 2 ; baseline Cr is 1.8–2.2 mg/dL.

Endocrinopathy⁺ n (%)

Hyperglycemia

Thyroid

1 (3)

1 (2.6)

2 (1)‡

10 (3)

3 (1)‡

6 (3)

2 diabetes event rate per 100

6 (7)

person-years of exposure

(12-24 months)

F F F F

7 (21)

6 (5)

Safety outcome CTACE* n (%) 15 AE grade 3 5 in 4 patients in 39 patients Grade 3-4 41 (14) 34 (40) 24 (22) 20 (17) 18 (14) 19 (9) 6 (18) 59 AE in 39 Any grade 207 (70) patients 126 (61) 286 (60) 73 (85) 90 (84) 29 (85) 91 (71) 87 (74) 18 (78) (mg/kg every 2 weeks) 0.1, 0.3, 1, 3, 10 10 Nivolumab dose 10 0.3, 1, 3, 101 0.1, 0.3, 1, 3, 1, 10 1, 3, 10 3, 10 1, 3, 10 0.3, 1, 3, Male n (%) 22 (56) 21 (58) 50 (58) 72 (67) 18 (55) 85 (73) 26 (76) 79 (61) 92 (66) Sample size 86 129 39 296 34 207 117 11/2012-7/2013 1/2008-1/2012 Study period 2008-2012 2008-2012 1/2010 2/2012 2/2012 2/2013 6/2014 Characteristics of observational studies. prostate, NSCLC, RCC prostate, NSCLC, RCC prostate, NSCLC, RCC Hodgkin's lymphoma **NSCLC** (squamous) Melanoma, CRC, Melanoma, CRC, Melanoma, CRC, Melanoma Melanoma Melanoma NSCLC Cancer Phase **Fable 2** Study (12) (16) **7** (4)§ <u>©</u>

*Number of total patients assessed for adverse events may be different from patients included in the study; patients may had more than one adverse events; related adverse events if it was reported; 1 any grade; related adverse events if it was reported; toes not specify if diabetes or not; same patient population; lescalating doses of nivolumab and ipilimumab administered CTCAE, common terminology criteria for adverse events; NR, not reported. concurrently or sequentially; 18 (6%) endocrinopathy (no further details).

proximal post-nivolumab development of hyperglycemia, diabetes and glycation of hemoglobin. In all, this affirms the causal relationship between nivolumab and the new-onset DM presenting as DKA in our patient.

We performed an extensive literature search of Medline database through February 2018 to identify all published case reports of anti-PD-1-induced DM. Search term used was nivolumab, pembrolizumab and ipilimumab. For each report, we extracted age, gender, cancer type, nature and time frame of presentation, HbA1c, presence of autoantibodies, prior or concurrent chemotherapeutics, systemic steroids use and whether anti-PD-1 therapy was resumed. Reports' references were screened and all pertinent case reports were added. Additionally, we had previously performed a comprehensive literature search to identify all published articles that have investigated the impact of nivolumab on patients with cancer. Search term used was nivolumab and limits applied were: human and English. We reviewed the title and abstract of each article for possible inclusion. Articles that explored the effect of nivolumab on patients with cancer were included. For each included study, the information extracted included cancer type, study period, study design, sample size, gender, nivolumab dose, AE including common terminology criteria for adverse events (CTCAE) grade 3 or 4, and specifically, rates of endocrinopathy. Published manuscripts and supplemental materials were reviewed thoroughly for rates of treatment-related AE. Data about AE of any grade and of grade 3 or higher were gathered. Rates of thyroid disease, hypothyroidism and/or hyperthyroidism, were registered. Rates of hyperglycemia and rates of DM diagnosis, if reported, were also assembled and presented in tabular format. Our literature search produced 155 potential literature citations. After reviewing studies' title and/or abstract, a total of 17 studies were included (details are outlined in Tables 2 and 3).

Multiple trials have reported hyperglycemia as a potential AE with estimated risks of 0.5–11% (details are outlined in Tables 2 and 3). However, only three studies have reported on the outcome of formally diagnosed DM. An observational study by Topalian *et al.* (6) reported a rate of 2 cases of DM per 100 person-years of exposure with all cases being diagnosed after the first year of therapy. A randomized controlled trial (RCT) by Robert *et al.* (8) reported 1 case of DM in 206 melanoma patients. Another RCT by Borghaei *et al.* (15) reported 13 cases of hyperglycemia in 287 patients with non-squamous NSCLC but none were diagnosed with DM. None of the studies reported if hyperglycemia cases presented with DKA. There has been a growing number of case reports of

NR 9 (2)⁵ 13¶

NR 23 (8)

9 (7) 76 (19) 30 (10)

Everolimus

Docetaxe

11/2012-12/2013

(non-squamous)

NSCLC

10/2012-3/2013

R

40 (13)

36 (45)

Hyperglycemia

Thyroid

Grade 3-4

1 (0.5)‡

16 (8)

20 (7) 22 (23)

70 (34) 24 (9) 51 (54)

Endocrinopathy[↑] n (%)

Safety outcome (CTACE)* n (%) Any grade 192 (93) 181 (68) 86 (91) 76 (58) 319 (79) 199 (69) 311 (99) dose (mg/kg every 2 weeks) Nivolumab 1,3 m m m m m208 (76) 619 (75) 319 (55) **Male** *n*(%) 261 (64) 95 (67) 610 (65) 246 (59) Nivolumab monotherapy vs Combined with ipilimumab pilimumab vs ipilimumab Standard chemotherapy Design (control group) combined with vs ipilimumab monotherapy monotherapy Dacarbazine Docetaxel Characteristics of randomized controlled trials. 10/2012-12/2013 12/2012-1/2014 1/2013-2/2014 7/2013-3/2014 Study period NSCLC (squamous) Melanoma Melanoma Melanoma Melanoma Cancer Phase **Table 3** Authors **8 6 0 1 0** (14) (17) (15)

*Number of total patients assessed for adverse events may be different from patients included in the study; patients may had more than one adverse events; related adverse events if it was reported; ¹any grade; related adverse events if it was reported; ‡with diabetes; §does not specify if diabetes or not; ¶no cases of diabetes. CTCAE, common terminology criteria for adverse events; NR, not reported. patients diagnosed with autoimmune diabetes following anti-PD-1 therapy. A comprehensive characteristic of these cases is summarized in Table 4. We have identified 42 cases of anti-PD-1-induced DM. The mean age is 61 years. There is no apparent gender or cancer preference though most cases were reported in patients with melanoma and NSCLC. Almost two-thirds of cases presented with DKA and within a time frame ranging from 1 week up to 1 year. About half of the cases had negative autoantibody serologies. Only two cases (20, 21) received systemic steroids specifically for pembrolizumab-induced DM. However, neither showed improvement nor resolution of DM. Half of the cases, resumed anti-PD-1 therapy after resolution of DKA or control of hyperglycaemia without further deterioration in DM control. Interestingly, we found two cases (22, 23) of autoimmune DM in patients with melanoma who received ipilimumab monotherapy (a human cytotoxic T-lymphocyte antigen 4 (CTLA-4)blocking antibody).

Immunotherapy in general, and nivolumab in specific, has revolutionized cancer therapy, and their use is rapidly growing. Consequently, the number of patients exposed to nivolumab will increase and the total number of patients experiencing AE will expectedly increase (24).

AEs during nivolumab treatment are frequent and range from 40% to 98%. Most commonly, they include fatigue, rash, itching, diarrhea and infusion site reactions. They are largely managed by symptomatic and supportive care (25). The severe AEs (CTCAE grade 3 or 4) are estimated to occur between 5% and 72%. They include pneumonitis, hepatitis and cytopenias. They are typically managed by discontinuing nivolumab and administering systemic corticosteroids (2, 25). Limited data noted suggest treating nivolumab-induced autoimmune DM are unlikely to be effective once DM has developed, and better understanding of why some individuals develop this complication is required before potential therapeutic and even preventative interventions might be identified.

The PD-1 pathway plays a central role in the regulation of autoimmune diabetes (26). Blockade of PD-1 can precipitate type 1 diabetes in mice models across all ages (27) and mechanisms may involve both humoral and cellular autoimmunity (19). However, there remain significant gaps in understanding the interaction between PD-1 pathway and autoimmune diabetes. Sparse data are available regarding the time course, dose relationship, effect of concurrent immunotherapeutic or chemotherapeutic agents and management (e.g. immunomodulatory agents). Despite being an uncommon AE, developing irreversible insulin-dependent DM is life

 Table 4
 Characteristics of case reports of patients diagnosed with diabetes after receiving anti-PD-1 therapy.

									Management	ment
Study	Age	Sex	Cancer	Presentation	Time Frame	HbA1c (%)	Autoantibodies	Prior or concurrent chemotherapeutics	Systemic steroid	Resumed anti-PD-1
Nivolumab	2	L		\ \ \	7	0 9	O O	4.00.00.00.00.00.00.00.00.00.00.00.00.00	QN	QN
(<u>6</u> 1)	0 8	. ц	NSCLC	DKA DKA	o month	6.9 7.7	GAD65	None	Z Z	Z Z
	63	. Σ	RCC	Hyperglycemia	4 months	8.2	GAD65, IA-2, IAA	Aldesleukin, bevacizumab,	N R	Z Z Z
	28	Σ	SCLC	DKA‡	1 week	9.7	GAD65	riterierori Carboplatin, etoposide, paclitaxel	N R	N R
(53)	70	Σ	NSCIC	Hyperglycemia	15 weeks	8.6	None	N.	NR	NR
	99	ட	SCC Jaw	DKA	7 weeks	9.4	GAD65	NR	NR	NR
(30)	72	Σ	Hodgkin lymphoma	Hyperglycemia	57 days	7.3	None	ABVD, brentuximab	NR	Yes
(31)	99	ட	Melanoma	DKA	4 months	7.3	None	None	NR	Yes
(32)	20	ட	Melanoma	Hyperglycemia	6 weeks	NR	None	None	NR	Yes
	40	Σ	Melanoma	NR	6 weeks	NR	NR	Dacarbazine, polychemotherapy,		Yes
	78	Ц	Months and a second	# V	2 wooks	aN	אטטעט	Decembering: iniliminah	a	a
(33)	5 F.	. ш	Melanoma	Hyperalycemia	1 year	<u> </u>	None	Data bazine, ipilinanas Ipilimumah datarhazine	ž	/es
)	-		5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	5)			nimustine, cisplatin, tamoxifen	ĺ	3
(34)	73	Σ	Melanoma	DKA	6 weeks	8.8	GAD65, ZnT8A, IA-2	Interferon, vemurafenib, cobimetinib	NR	Yes
(32)	63	ட	Melanoma	DKA	30 weeks	8.9	None	Dacarbazine	NR	No
(36)	24	ட	Melanoma	Hyperglycemia	10 months	7	None	Cisplatin, dacarbazine, nimustine and tamoxifen	NR	Yes
(37)	34	ட	NSCLC	DKA	4 weeks	7.1	GAD65, IA-2, IAA	Carboplatin, pemetrexed	NR	No
(38)	89	ட	RCC	Hyperglycemia	98 days	6.9	None	Interferon, sunitinib, axitinib	NR	Yes
(33)	R	R	NSCFC	NR	NR	NR	NR	NR	NR	NR
(40)	63	Σ	NSCFC	DKA	27 days	7.2	GAD65	Carboplatin, paclitaxel, cisplatin	NR	No
(41)	83	Σ	SCC maxillary sinus	DKA	3 months	7.4	GAD65	None	Yes*	No
(42)	31	Σ	NSCLC	DKA	13 days	6.4	GAD65	NR	NR	Yes
	62	ш	NSCFC	Hyperglycemia	10 weeks	6.5	None	NR	NR	Yes
(43)	24	Σ	Melanoma	DKA	4 months	NR	GAD65	Ipilimumab	Yes*	No
(44)	22	Σ	Pleomorphic carcinoma	DKA	10 days after	8.2	None	Cisplatin, docetaxel, pemetrexed	NR	No
					cycle 9					
(45)	45	Σ	Melanoma	DKA	3 months	6.5	None	lpilimumab	Yes*	Z Z
(46)	74	ш	NSCLC	DKA	25 days	8.7		Pemetrexed	Z	NR
(47)	99	Σ	Melanoma	Hyperglycemia	19 days	NR	GAD65, IA-2	Ipilimumab	Yes*	No
(48)	73	Σ	NSCLC	Hyperglycemia	25 weeks	9.4	None	NR	NR R	No
(49)	40	Σ	Hodgkin lymphoma	Z Z	NR R	N R	GAD65	COPP, brentuximab, gemcitabine, ICE	NR	NR
This	70	Σ	RCC	DKA	6 weeks	8.4	None	None	No	No
case										

65; IAA,

glutamic acid decarboxylase



threatening for the patient who presents unexpectedly with DKA. In addition, it has significant socioeconomic impact (28). As the use of anti-PD1 therapy expands, intensivists and hospitalists need to be alerted to the possibility of DKA presenting *de novo* in patients who are otherwise unlikely to develop type 1 DM.

Declaration of interest

A A Z, H K A, R W J and A S L declare that there is no conflict of interest, proprietary or financial, regarding the publication of this report.

Funding

ifosfamide/carboplatin/etoposide; NR, not reported; NSCLC, non-small cell lung cancer; RCC, renal cell carcinoma; SCC,

DKA, diabetic ketoacidosis; GAD65,

doxorubicin, bleomycin, vinblastine, dacarbazine; COPP, cyclophosphamide/vincristin/prednisone/procarbazine;

phosphatase-related islet antigen 2; ICE, cell lung cancer; ZnT8A, zinc transporter

tyrosine

insulin autoantibodies; IA-2,

ABVD,

carcinoma; SCLC,

no significant improvement or resolution of diabetes; *had diagnosis of DM prior of starting nivolumab.

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Patient consent

Patient is now deceased and next of kin could not be traced.

Author contribution statement

A A Z was responsible for the literature review and in the primary writing of the manuscript. H K A was the endocrinologist who was involved in the care of the patient's new diabetes and contributed expertise on the field of drug-induced autoimmune diabetes. R W J was the patient's primary oncologist and provided expertise on the mechanism of nivolumab and its contribution to autoimmune disorders. A S L was the intensivist in the care of the patient presenting with new-onset diabetic ketoacidosis and provided oversight on the writing and preparation of the manuscript.

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