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IL-4 haploinsufficiency specifically impairs IgE responses against allergens in mice

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Abstract

Polymorphisms in genes involved in IL-4 responses segregate with allergic disease risk and correlate with IgE levels in humans, and IL-4 promotes IgE and IgG1 antibody production against allergens in mice. We report that mice having only one intact *Il4* gene copy are significantly impaired in their ability to make specific IgE responses against allergens, while IgG1 responses to allergens remain unaffected. *Il4*-hemizygoty also resulted in a modest but detectable drop in IL-4 production by CD4⁺ T cells isolated from lymph nodes and prevented IgE-dependent oral allergen-induced diarrhoea. We conclude that a state of haploinsufficiency for the *Il4* gene locus is specifically relevant for IL-4-dependent IgE responses to allergens with the amount of IL-4 produced in the hemizygous condition falling close to the threshold required for switching to IgE production. These results may be relevant for how polymorphisms in genes affecting IL-4 responses influence the risk of IgE mediated allergic disease in humans.

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⁴Abbreviations: ASC: Antibody-secreting cell; CAE: chloroacetate esterase; NP: nitrophenyl; i.g.: intragastric; hCD2: modified human CD2; gMFI: geometric mean fluorescence intensity; mMCP-1: Murine mast cell protease-1; YFP: yellow fluorescent protein; TFH: follicular T helper; i.d.: intradermal

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Introduction

IL-4 is an immunoregulatory cytokine produced by CD4⁺ Th2 cells and TFH cells, and influences numerous cellular and humoral aspects of type 2 immune responses mounted against parasites and allergens. Typically, IL-4 promotes tissue mastocytosis and eosinophilia, alters intestinal fluid flux, enhances smooth muscle cell hypercontractility, and increases vascular permeability in response to the vasoactive mediators of allergies (1-6). IL-4 also regulates B cell activation and class-switch recombination. Most notably, IL-4 is essential for IgE production (7-9), but IL-4 additionally increases naïve B cell MHC-II and CD23 (FcεRII) expression (10), augments germinal centre B cell expansion and promotes IgG1 antibody production (8, 9, 11, 12). IL-4 may also contribute to antibody affinity maturation (12). The influences of IL-4 and an additional Th2 cell-produced cytokine, IL-13, on asthma pathogenesis have led to the development of clinical IL-4-receptor antagonists that are shown to diminish exacerbation frequencies in specific subgroups of asthma sufferers (13-16).

The importance of IL-4 in type 2 immune responses has generated much interest in defining its cellular sources *in vivo*. Tissue-localized CD4⁺ effector Th2 cells, lymphoid CD4⁺ CXCR5⁺PD-1^{hi} TFH cells, invariant NK T cells, basophils and eosinophils have been identified as IL-4 producing cells (10, 12, 17-23). Many of these populations were first identified as IL-4 producers through evaluations of *Il4* mRNA transcript frequencies, or IL-4 production after *ex vivo* restimulation; however, more sensitive studies utilizing IL-4-reporter mice were integral in validating these results. Reporter mice have further permitted sensitive probing of the comparative importance of distinct IL-4-producing populations during type 2 immune responses (21, 24). The two most widely used IL-4 reporter mice are the KN2 and G4 IL-4-substituting reporters (22, 25). Both reporters faithfully reflect commitment to IL-4 production *in vivo*, with the KN2 reporter expressing modified human CD2 (hCD2), and the G4 reporter expressing enhanced GFP, both in place of the native IL-4 protein. A third, more recently developed IL-4 reporter, the BAC transgenic 4C13R IL-4 reporter mouse (17, 26, 27) expresses AmCyan fluorescent protein under control of the *Il4* gene regulatory elements without manipulation of the endogenous *Il4* gene locus, which permits evaluation of commitment to IL-4 production without *ex vivo* restimulation, and leaves the endogenous *Il4* gene locus unmodified.

IL-4-substituting reporter mice provide insight into complex, difficult to monitor features of IL-4 production. However, these mice carrying a single IL-4-producing allele present the challenge of determining whether this accurately reflects normal Th2 immune response biology, and thus the conditions under which it is appropriate to apply these tools. In a previous study in IL-4^{G4/+} hemizygous mice, IgE responses seemed much lower than expected (3), which led us to consider the impact individual *Il4* alleles have on the type 2 immune response to allergens. Here, we use protein/alum immunisations and reporter mice to show that *Il4*-hemizygous mice exhibit substantially diminished IgE levels and curtailed IgE-dependent allergic disease sequelae without significant changes to the IgG responses. Our findings imply that the serum IgE isotype response is disproportionately affected by the loss of one IL-4 producing allele, while other features of the allergic immune response are more resistant to changes in the availability of IL-4.

Materials and Methods

Mice

IL-4^{KN2/KN2} (22) backcrossed for 10 generations to BALB/c background were crossed to BALB/c and BALB/cByJ mice to generate IL-4^{KN2/+} mice. IL-4^{G4/G4} (25) mice crossed to BALB/c and C57BL/6 backgrounds were respectively crossed to BALB/c and BALB/cByJ or C57BL/6J mice to generate IL-4^{G4/+} mice. 4C13R (27) reporter mice were bred and maintained on a C57BL/6 background in the Malaghan Institute of Medical Research Biomedical Research Unit. 4C13R mice were crossed with IL-4^{G4/G4} mice to generate 4C13R x IL-4^{G4/+} mice and 4C13R x IL-4^{G4/+} mice were crossed with IL-4^{G4/G4} mice to generate 4C13R x IL-4^{G4/G4} mice. C57BL/6J background IL-4^{+/+} and IL-4^{KN2/+} Basoph8 (28) mice were maintained in facilities at the University of California, San Francisco, and were used for ASC, basophil and mast cell analysis experiments. All procedures were performed in accordance with institutional guidelines.

Systemic and intestinal anaphylaxis

Mice were i.p. injected on days 0 and 14 with 50 µg grade V OVA. (Sigma, St Louis, MO) plus 1 mg Alu-Gel-S (Serva Electrophoresis GmbH, Heidelberg, Germany). To induce active systemic anaphylaxis, on day 28 following i.p. immunisation (C57BL/6 background) mice were i.v. injected with 100 µg OVA and monitored for temperature changes intrarectally. To induce intestinal anaphylaxis(29), mice on a BALB/c genetic background were i.p. immunised on days 0, 14, 28, and 42 prior to receiving 50 mg OVA intragastrically (i.g.) after a 4 h fast, three times a week, every second day, beginning on day 56. Diarrhoea was monitored 60-90 minutes after challenge.

OVA- and NP-specific ELISAs

For OVA-specific IgE ELISAs, wells of Immunosorp Maxi plates (Nunc) were coated with 100 µL 5 µg/mL anti-mouse IgE (6HD5) overnight at 4°C in pH=9.6 0.1 M carbonate coating buffer. For OVA-specific IgG2α and IgG1, wells were coated with 100 µL 10 µg/mL OVA. For all OVA-specific ELISAs, the next day, wells were washed and blocked with 200 µL 10% FBS in PBS (blocking buffer) for 2 h at room temperature. Blocking buffer was replaced with 100 µL sample, serially diluted in blocking buffer. After 2h at room temperature, or overnight at 4°C, wells were washed and incubated with 100 µL 20 µg/mL biotinylated OVA (for OVA-specific IgE), 1 µg/mL biotinylated anti-mouse IgG2α (for OVA-specific IgG2α; R19-15) or 1 µg/mL biotinylated anti-mouse IgG1 (for OVA-specific IgG1; A85.1) for 60-90 minutes at room temperature. Wells were washed and incubated with 100 µL 1/1000 streptavidin-conjugated horse radish peroxidase (GE Healthcare, Auckland, New Zealand) for 1 h. Colorimetry was performed with TMB substrate (BD Pharmingen) and stopped with 1 M H₂SO₄. Absorbances were read at 450 nm using a Versamax plate reader. IgG1 titre was the inverse serum dilution at the OD₅₀. NP-specific IgE and IgG1 ELISAs were performed as described (30).

Chloroacetate esterase (CAE) staining for mast cells

Excised 1.5 cm jejunal sections were placed in 10% formalin solution (4% weight/volume; Sigma) and stored at 4°C until embedded in paraffin. Tissues were processed into 4 µm sections using standard histological techniques. Sections were stained with chloroacetate esterase and lightly counterstained with hematoxylin. Mast cells were easily identified as bright red cells as described (31).

Murine mast cell protease-1 (mMCP-1) ELISA

mMCP-1 ELISA was performed according to the manufacturer's instructions (eBiosciences).

Ear immunisations

Mice were anaesthetised using xylazine and ketamine (Phoenix, New Zealand). For T cell analyses, 30 µL of a solution containing 50 µg OVA or NP₁₆OVA (Biosearch technologies, Petaluma, CA, USA) with 1 mg Imject Alum (Pierce) was injected into the ear pinnae as described (32). After euthanasia, auricular lymph nodes were isolated and stored in IMDM until cell harvest and isolation. For antibody-secreting cell (ASC) analyses, 25 µL containing 50 µg NP₁₆OVA in a 1:1 PBS:Alhydrogel (Accurate Chemical & Scientific Corporation, Westbury, NY, USA) solution was injected into the ear pinnae as described (32). After euthanasia, auricular lymph nodes were isolated and stored in handling medium (10% FBS, 1% Penicillin-streptomycin-L-glutamine solution (Gibco Life Technologies), in Dulbecco's modification of Eagle's Medium (Corning Mediatech)) until cell isolation.

Cell isolation

For T cell analyses, lymph nodes were disrupted using the rubber bung of a 1 mL tuberculin syringe (BD) and liberated cells were washed through 70 µm cell strainers into complete IMDM (5% FBS (Sigma), 100 U/mL penicillin/100 µg/mL streptomycin (Invitrogen) and 55 µM β-mercaptoethanol (Invitrogen) in IMDM). CD4⁺ T cells were purified by positive selection using FlowComp Mouse CD4 Dynabeads (Invitrogen). Live cell counts were determined using a haemocytometer and trypan blue (Invitrogen) exclusion. For ASC and basophil analyses, processing was as for T cells, except tissues were harvested and cells resuspended in handling medium and counts determined with a Z-series Coulter Particle Counter after treatment with ZAP-OGLOBIN II (Beckman Coulter, Hialeah, FL, USA). Mast cells were isolated by peritoneal lavage with PBS.

FACS analysis

For T cell analyses, cells were resuspended in 0.01% NaN₃ (Sigma) and 2% FBS in PBS then incubated with anti-CD16/32 antibody (clone 2.4G2) before staining with cocktails of fluorophore-conjugated antibodies. For ASC, basophil and mast cell analyses, the staining buffer contained 0.1% NaN₃ (Andwin Scientific), 2% FBS and 2 mM EDTA (Life Technologies), and cells were incubated with anti-CD16/32 (clone 93; Biolegend) before staining. For T cell analyses, lymphoid cells were stained with antibodies against the following molecules (clone, conjugate; source): B220 (RA3-6B2, Horizon V450; BD), CD4 (RM4-5, Qdot605; BD), PD-1 (RMP1-30, PE/Cy7; Biolegend), CXCR5 (2G8, biotin; BD); streptavidin-PE-Texas Red® (Life Technologies) or streptavidin-allophycocyanin

(Invitrogen) were also used. Splenic basophils and peritoneal mast cells were stained with antibodies against IgE (R35-118, biotinylated; BD) cKit (2B8, PE/Cy7; BD) and IgD (1126c.2a, BV510; BD) or CD49b (DX5, PE; BD), FcεR1α (MAR-1, APC; Biolegend) and cKit (2B8, APC/Cy7; Biolegend). Also used were streptavidin Qdot605 (Life Technologies) and NP-allophycocyanin (prepared in house as described(30, 33)). ASC staining was performed as described (30) using purified antibodies against IgE (RME-1 Biolegend), and fluorophore labelled antibodies against IgE (RME-1, Fluorescein; BD), IgG1 (A85.1, Horizon V450; BD), IgD (1126c.2a, BV510; BD), B220 (RA3-6B2, Qdot 655; Life Technologies), CD138 (281-2, BV711; BD), IgM (II/41, PE/Cy7; eBioscience) and CD38 (90, AF700; eBioscience); additional staining reagents were biotinylated peanut agglutinin (Vector laboratories, Burlingame, CA, USA), Qdot605 streptavidin conjugate (Invitrogen), Fixable Viability Dye eFluor780 (eBioscience) and NP-allophycocyanin. T cell data were acquired on a BD LSRII SORP flow cytometer (Becton Dickinson, San Jose, CA); ASC, basophil and mast cell data were acquired on an LSR Fortessa (Becton Dickinson). Gates excluded doublets and DAPI⁺, propidium iodide⁺ or eFluor780⁺ events. CD4⁺ T cells were gated as CD4⁺B220⁻ events; TFH were CXCR5⁺PD-1^{hi} CD4⁺ T cells. NP-binding ASC were gated as CD138⁺B220^{mid/lo}IgD⁻IgM⁻CD38⁻NP_(surface+intracellular)⁺ cells. Basophils were identified in Basoph8 mice as Yellow Fluorescent Protein (YFP)⁺cKit⁻IgD⁻ and peritoneal mast cells as side-scatter^{hi} YFP⁻cKit⁺. Splenic basophils from C57BL/6 background IL-4^{+/+} and IL-4^{G4/+} mice were identified as DX5⁺FcεR1α⁺cKit⁻ and peritoneal mast cells as DX5⁺FcεR1α⁺cKit⁺. Flow data were analysed using FlowJo software (Treestar).

IL-4 ELISA

Wells of Immunosorp Maxi plates (Nunc) were coated with 100 μL 2 μg/mL anti-mouse IL-4 (11B11) overnight at 4°C in pH=9.6 0.1 M carbonate coating buffer. Wells were washed and blocked with 200 μL 1% BSA in PBS (blocking buffer) for 1 h at room temperature. Blocking buffer was replaced with 100 μL sample or IL-4 standard, serially diluted in blocking buffer. After 2h at room temperature wells were washed and incubated with 100 μL 2 μg/mL biotinylated anti-mouse IL-4 (Pharmingen) for 2 h at room temperature. Wells were washed and incubated with 100 μL 1/1000 streptavidin-conjugated horse radish peroxidase (Biolegend) for 1 h. Colorimetry was performed with BD OptEIA substrate reagent set and stopped with 1 M H₂SO₄. Absorbances were read at 450 nm using a Versamax plate reader.

Statistical analysis and graphics

Statistical analyses were performed using Graphpad Prism software (Graphpad Software Inc., San Diego, CA, USA). Statistical comparisons used are specified in figure legends. Data shown on log scales were log-transformed prior to analysis. p 0.05 was considered as significant.

Results

***Il4*-hemizygosity differentially affected OVA-specific IgG1 and IgE antibody production**

We sought to determine whether the IL-4 haploinsufficiency resulting from the *Il4*-hemizygous state affected antigen specific antibody production. Mice that were either IL-4^{+/+}, IL-4^{G4/+}, or IL-4^{G4/G4} were immunised with OVA/Alum and the OVA-specific IgG1, IgE and IgG2α serum antibody titres evaluated by ELISA. Equivalent OVA-specific IgG1 titres of up to 10⁶ were detected in IL-4^{+/+} and IL-4^{G4/+} mice following allergen challenge while the IL-4 deficient, IL-4^{G4/G4} mice had a 4-fold reduced serum titre (Figure 1A). OVA-specific IgE responses were also significantly induced in IL-4^{+/+} mice, reaching serum titres of 10³ (Figure 1B). However, OVA/Alum immunised IL-4^{G4/+} hemizygous mice had 100-fold lower OVA-specific IgE responses. No OVA-specific IgE could be detected in immunised IL-4^{G4/G4} mice, although these mice had elevated serum titres of OVA-specific IgG2α antibody compared with both IL-4^{+/+} and IL-4^{G4/+} mice (Figure 1C). Total IgE levels in mice before and after immunisation of IL-4^{G4/+} mice were also significantly lower than in IL-4^{+/+} mice (Figure 1D).

The reduced IgE levels in *Il4*-hemizygous mice were not caused by the abundance of serum OVA-specific IgG antibodies competing for allergen binding, because the ELISA we employed first captures total IgE and then uses an OVA-biotin conjugate to reveal the OVA-specific IgE serum immunoglobulin.

We next examined hapten-specific antibody responses at the level of responding B cells using NP conjugated OVA (NP-OVA) as the immunising antigen. Seven days after immunisation in the ear with NP-OVA/Alum, draining lymph nodes were excised and numbers of ASC binding the dominant hapten, NP, were evaluated by FACS (Figure 2A). Similar total cell, NP-binding ASC and NP-binding IgG1 ASC numbers were detected in draining auricular lymph nodes of IL-4^{+/+} and *Il4*-hemizygous IL-4^{KN2/+} mice (Figure 2B-2D). In contrast, NP-binding IgE ASC were around six-fold less abundant in IL-4^{KN2/+} mice (Figure 2E). These data demonstrate that the genesis of antigen-specific IgE ASC specifically was impaired in the *Il4*-hemizygous mice.

To determine whether the IgE production deficiency affected the amount of IgE bound by high affinity IgE receptor (FcεRI)-expressing cells, we examined surface IgE expression and NP-binding levels on basophils from NP-OVA immunised IL-4^{+/+} and IL-4^{KN2/+} hemizygous Basoph8 reporter mice, in which basophils can be identified through the expression of YFP(28). As expected, YFP⁺ splenic basophils from IL-4^{KN2/+} *Il4*-hemizygous mice had lower surface IgE levels and bound less NP-allophycocyanin than did basophils from the IL-4^{+/+} strain (Figure 3A-D). The geometric mean fluorescence intensity (gMFI) of IgE- and NP-binding on basophils from the *Il4*-hemizygous mice were 3-10-fold lower than in the IL-4^{+/+} Basoph8 reporter mice (Figure 3B, 3D), similar to the fold reduction in the number of NP-specific IgE ASC that were generated in these mice (Figure 2E). Surface-bound IgE and NP staining were similarly affected on peritoneal mast cells (Figure 3B, 3D). The reduced levels of surface IgE and NP-binding in *Il4*-hemizygous mice was not due to reduced levels of FcεR1 receptor on the surface of these cells, as the gMFI of FcεR1α on basophils (Figure 3E) and mast cells (Figure 3F) was comparable in IL-4^{+/+} and

IL-4^{G4/+} mice. These data demonstrate that basophils and mast cells from *I14* hemizygous mice captured less NP-specific IgE than those from IL-4^{+/+} mice.

These data indicate that immunised *I14* hemizygous mice generate fewer IgE ASC than IL-4^{+/+} mice, resulting in lower levels of IgE both in circulation and bound to the surface of basophils and mast cells.

***I14* hemizygosity affected the outcome of antibody-mediated allergic immune responses**

We next examined the impact of *I14* hemizygosity on antibody-mediated allergic immune responses. To characterize antibody-mediated active systemic anaphylaxis, mice were immunised i.p. with OVA/Alum and then challenged i.v. with OVA. Upon i.v. challenge, IL-4^{+/+}, IL-4^{G4/+} and IL-4^{G4/G4} mice became hypothermic, a characteristic feature of systemic anaphylaxis (Figure 4A). Allergen challenge-induced hypothermia was more severe in IL-4^{+/+} than IL-4^{G4/G4} mice, while IL-4^{G4/+} mice presented intermediate decreases in temperature (Figure 4B). These data indicate that active systemic anaphylaxis was affected by *I14* hemizygosity in relative proportion with *I14* allele dose.

We also investigated whether *I14* hemizygosity affected disease development in a mouse model of IgE dependent oral allergen-induced intestinal anaphylaxis (29). In this model, OVA-sensitised mice exhibit diarrhoea after successive i.g. OVA challenges. Protection from oral allergen-induced diarrhoea occurred in two independently developed strains of *I14* hemizygous mice, as 0/4 IL-4^{G4/+} and 0/3 IL-4^{KN2/+} hemizygous mice exhibited diarrhoea when primed i.p. four times prior to i.g. challenge compared with 4/4 IL-4^{+/+} mice (Figure 4C). Similar observations were made in two additional experiments with mice primed i.p. twice prior to i.g. challenge as is standard in this model (unpublished data). Protection from diarrhoea was associated with reduced frequencies of mast cells in intestinal jejunum and ≈30-fold lower serum mMCP-1 levels in the IL-4^{G4/+} hemizygous mice compared with IL-4^{+/+} mice after ten i.g. challenges (Figure 4D and 4E). These data confirm that *I14* hemizygosity impaired disease development in an IgE dependent model of allergic disease.

***I14* hemizygosity did not affect the frequency of CD4⁺ T cells committed to IL-4 production but impacted on the amount of IL-4 available in allergen immunised mice**

Allergen specific IgE production is dependent on the allergen induced expansion of IL-4-producing CD4⁺ T cells in the draining lymph node (11, 34). We therefore sought to establish the extent to which *I14* hemizygosity affected the frequency and quality of IL-4 producing CD4⁺ T cells in the draining lymph nodes of allergen immunised mice. To determine the effect of *I14* hemizygosity on the *in vivo* genesis of IL-4 producing CD4⁺ T cells in the draining lymph nodes of immunised mice we used BAC transgenic 4C13R reporter mice (17, 27). In these mice, the developing CD4⁺ Th cell that commits to IL-4 production can simultaneously produce IL-4 from its endogenous *I14* gene locus and the AmCyan fluorophore located in the *I14* locus of the BAC transgene. Using this system we were able to evaluate the impact of *I14* hemizygosity on CD4⁺ T cell IL-4 production by manipulating the number of intact wild type *I14* alleles and using the expression of AmCyan from the BAC transgene to identify those T cells that had become committed to IL-4

production. This was determined by comparing the frequencies of AmCyan⁺ CD4⁺ T cells in immunised 4C13R-IL-4^{+/+}, 4C13R-IL-4^{G4/+} and 4C13R-IL-4^{G4/G4} strains of mice.

Firstly, the previously observed effect of *I4*-hemizyosity on OVA induced IgE responses was confirmed in the 4C13R mouse strain using NP-OVA as the immunising allergen. Serum levels of NP-specific IgE antibody were reduced 10-fold in 4C13R-IL-4^{G4/+} mice compared to IL-4 sufficient 4C13R-IL-4^{+/+} mice (Figure 5A). Serum NP-specific IgG1 titres were similar in 4C13R-IL-4^{+/+} and 4C13R-IL-4^{G4/+} mice, but reduced 3-4 fold in IL-4 deficient 4C13R-IL-4^{G4/G4} mice (Figure 5B). When draining lymph node CD4⁺ T cell responses were evaluated in these mice, all three strains (4C13R-IL-4^{+/+}, 4C13R-IL-4^{G4/+} and 4C13R-IL-4^{G4/G4} mice) generated similar numbers of CD4⁺ T cells, AmCyan⁺ CD4⁺ T cells and CXCR5⁺PD-1^{hi} TFH cells (Figure 6A - 6E), indicating that even though *I4*-hemizyosity impaired IgE production, similar numbers of CD4⁺ T cells were genetically committed to the production of IL-4. These AmCyan⁺ CD4⁺ T cells in the lymph node likely represent TFH cells (10, 12). This finding suggests that rather than *I4*-hemizyosity impairing the development of IL-4 producing CD4⁺ TFH cells, it may be the reduced production of IL-4 by these TFH cells that affects IgE levels in the *I4*-hemizygous mice.

To evaluate the ability of lymph node CD4⁺ Th cells to produce IL-4, we examined IL-4 production in NP-OVA/Alum immunised C57BL/6J IL-4^{+/+}, IL-4^{G4/+} and IL-4^{G4/G4} mice (Figure 7A) and OVA/Alum immunised BALB/c-ByJ IL-4^{+/+}, IL-4^{G4/+} and IL-4^{G4/G4} mice (Figure 7B). CD4⁺ T cells were purified by positive selection and cultured on anti-CD3 coated plates, supernatants were harvested and examined for IL-4 production by ELISA. Cultures of CD4⁺ T cells from either NP-OVA/Alum or OVA/Alum immunised IL-4^{G4/+} mice produced between 2 and 6-fold less IL-4 than CD4⁺ T cell cultures from IL-4^{+/+} mice. Since similar numbers of CD4⁺ T cells were shown to become committed to *I4* gene expression in IL-4^{+/+} and IL-4^{G4/+} mice, it would appear that the two fold reduction in the amount of IL-4 produced by *I4*-hemizygous CD4⁺ T cells is sufficient to profoundly affect the subsequent serum IgE response.

Discussion

We report that *I4*-hemizygous mice exhibited severely compromised IgE responses but not IgG responses against OVA or hapten in OVA/Alum or hapten-OVA/Alum immunisation models. Serum OVA or hapten-specific IgE was diminished by 10-100 fold in *I4*-hemizygous mice, six-fold fewer hapten-specific IgE ASC were generated, and hapten-specific IgE levels on mast cells and basophils were reduced 3-10 fold following immunisation of *I4*-hemizygous mice. The reduced levels of IL-4 produced by *in vitro* restimulated IL-4^{G4/+} CD4⁺ T cells from allergen immunised *I4*-hemizygous mice supports the notion that it is the reduced amount of IL-4 produced by the lymph node CD4⁺ T cell compartment that leads to the IgE deficiency.

In addition to reduced IgE production, *I4*-hemizygous mice were also protected from IgE-dependent oral allergen-induced diarrhoea, but remained susceptible to i.v.-induced antibody-mediated active systemic anaphylaxis. Given that both the production of IgE and mastocytosis is a necessary step for diarrhoea development in this model(1, 2, 35), it was not

surprising that the attenuated mastocytosis combined with the deficiency in OVA specific IgE production resulted in the *Il4*-hemizygous mice being protected from disease(31, 36-38). In the i.v. allergen model, *Il4*-hemizygous mice exhibited some signs of active systemic anaphylaxis when challenged i.v. with OVA. However, the allergen induced hypothermia was generally less severe in *Il4* deficient and hemizygous mice. In addition to influences of IgE on these responses, the reduced hypothermia may reflect an influence of *Il4*-hemizygosity on the IL-4 dependent sensitivity of vascular smooth muscle to mediators of anaphylaxis, including platelet-activating factor (6), which plays an important role in systemic anaphylaxis mediated by IgG (40).

The observation that normal levels of activation and development of IgG1 producing ASC occurred in *Il4*-hemizygous mice, while the development of IgE ASC was profoundly reduced, indicated that each response had different requirements for IL-4 and that a lower amount of IL-4 is sufficient for normal IgG1 production to protein/alum immunisation, while IgE responses are very sensitive to reduced levels of IL-4. Consistent with this, anti-IL-4 antibody treatment can ablate the *in vivo* IgE response in mice without significantly impacting the IgG antibody response (7). Further, IgG1 antibody production is also unaffected by hemizygosity for the genes encoding the IL-4 signalling components IL4R α and STAT6, whereas—similar to our findings for IL-4^{+/-} mice—haploinsufficiencies have been described for IgE responses in both *Il4ra*^{+/-} and *Stat6*^{+/-} mice (42, 43). Taken together, these data indicate that there are critical threshold IL-4 and IL-4 signalling requirements for IgE synthesis that cannot be achieved when IL-4 and its signalling pathways are reduced by half.

The IgE-restricted haploinsufficiency we observed implies that some IL-4 dependent features of the immune response against allergens are compromised more significantly than would be predicted for the *Il4*-hemizygous state. Therefore, we sought to determine whether either the commitment of CD4⁺ T cells to IL-4 production or the expansion of TFH was affected by *Il4*-hemizygosity. In our analysis of IL-4 producing CD4⁺ T cell development in immunised *Il4*-hemizygous mice, we observed that there was a normal commitment of CD4⁺ T cells to *Il4* gene expression, suggesting that the IgE deficiency was not caused by the impaired expansion of lymphoid CD4⁺ TFH cells. Instead, it seems likely that the amount of IL-4 that the lymphoid CD4⁺ T cells produce does not reach the threshold required for stimulating the IL-4 dependent signals required for IgE class-switching.

How a threshold IL-4 signal for IgE switching could be so sensitive to the 2-6 fold reduction in IL-4 is not entirely clear. However, as IL-4 is reportedly secreted synaptically (44), the IL-4 concentration to which cognate B cells are exposed may be many times higher than the concentration to which non-cognate B cells in distal parts of the follicle are exposed; high level IL-4 exposure resulting from focused synaptic secretion may be critical for the induction of IgE class-switch recombination. Such “super Th2 cells” that could contribute high levels of IL-4 to intercellular synaptic events, have been demonstrated to occur as part of the normal distribution of T cells expressing the *Il4* gene either biallelically or monoallelically when activated. Although the majority of activated Th2 cells have been reported to follow a monoallelic expression pattern, a variable proportion (10-50%) of cells express IL-4 biallelically (25, 45-47). These biallelic Th2 cells would have the potential for

very high IL-4 production, however they would require expression from both *Il4* alleles, and as such, would not be able to occur in *Il4*-hemizygous mice, perhaps explaining the profound loss of IgE production.

Our finding that IgE production is disproportionately affected by the genetic loss of one IL-4 producing *Il4* gene copy may be relevant for why some, but not all individuals become sensitised to allergens. In humans, numerous polymorphisms and chromatin modifications surrounding IL-4 pathway genes correlate with serum IgE levels and allergic disease risk (for examples, see references (50-55)). It may be that some of the polymorphisms enhance or prolong IL-4/STAT-6 signalling to increase allergic disease risk, as has been suggested previously (56, 57). Minor changes in IL-4 signaling events may also be relevant for the associations observed between some IL-4R α polymorphisms and IL-4R α antagonist efficacy (13, 58). It also follows that more potent Th2 immunogens, such as parasitic hookworms, would generate significantly more IL-4 and make type 2 immune responses against these parasites more stable in the face of minor changes to IL-4 signaling thresholds.

In conclusion our findings suggest that *Il4*-hemizygous mice exhibit significantly attenuated IgE responses. Such observations indicate that agents able to reduce IL-4 to such levels have the potential to significantly attenuate allergen induced allergic disease.

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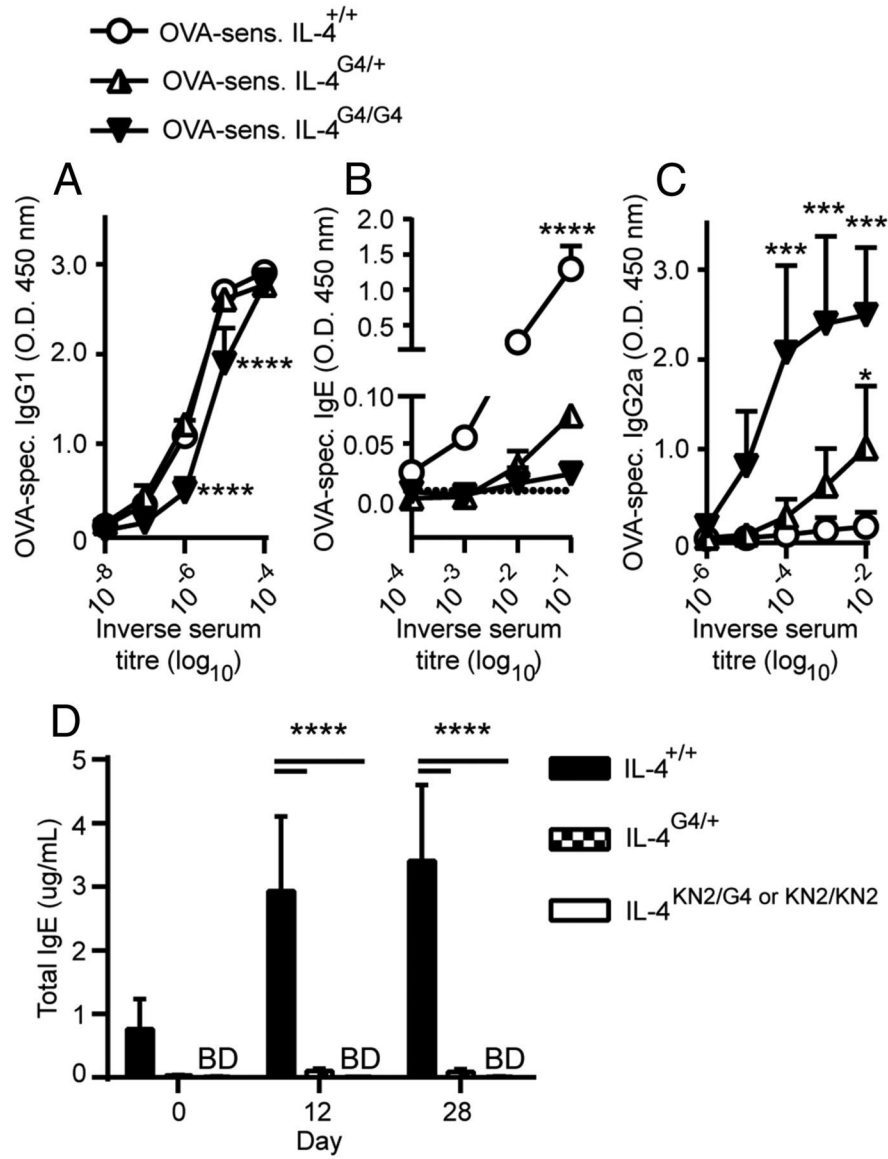


Figure 1. OVA-specific antibody responses in *Il4*-hemizygous mice

Balb/cByJ background mice were immunised twice i.p. with OVA/Alum and two weeks later ELISAs were performed for serum (A) OVA-specific IgG1, (B) OVA-specific IgE and (C) OVA-specific IgG2a. (D) Kinetic analysis of Total IgE production after one (day 12) or two (day 28) fortnightly i.p. immunisations with OVA/Alum. Data shown represent groups of (A-C) n=4 mice/group (IL4^{+/+} and IL-4^{G4/+}) or n=3 mice/group (IL-4^{G4/G4}) from one of two similar experiments or (D) groups of n=3 mice (IL-4^{+/+} and IL-4^{G4/+}) or n=6 mice (IL-4^{KN2/G4} or KN2/KN2) from one of three similar experiments. Data show mean + SD. *p 0.05, ***p 0.001, ****p 0.0001 vs. both other groups by two-way ANOVA with Tukey's post-test. BD = below detection.

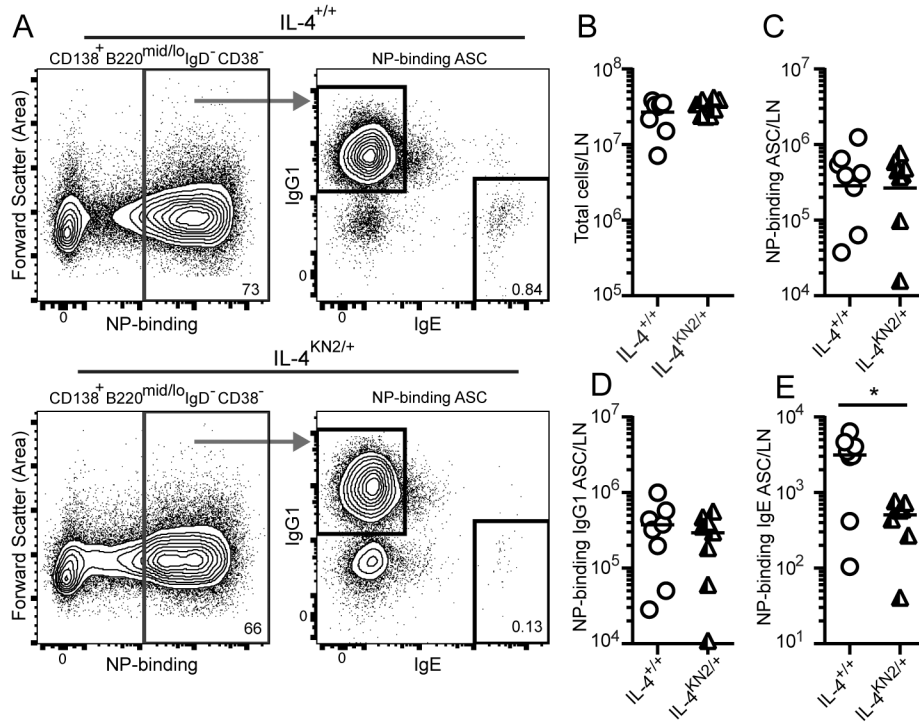


Figure 2. IgE ASC development in *Il4*-hemizygous mice

Basoph8 IL-4^{+/+} and IL-4^{KN2/+} mice were immunised in the ear with NP-OVA/Alum and seven days later auricular lymph nodes were analysed for ASC responses. (A) Total NP-binding ASC (CD138⁺B220^{mid/lo}IgD⁻IgM⁻CD38⁻ NP-binding cells (left) were examined for total IgG1 versus intracellular IgE expression (right). (B) Total cells, (C) total NP-binding ASC, (D) IgG1⁺ NP-binding ASC and (E) IgE⁺ NP-binding ASC were enumerated. Data points show individual mice combined from two similar experiments (n=3-5 mice/group); lines show geometric means. Numbers on FACS plots show percent of parent gate. *p 0.05, two-tailed Student's *t*-test after log-transformation.

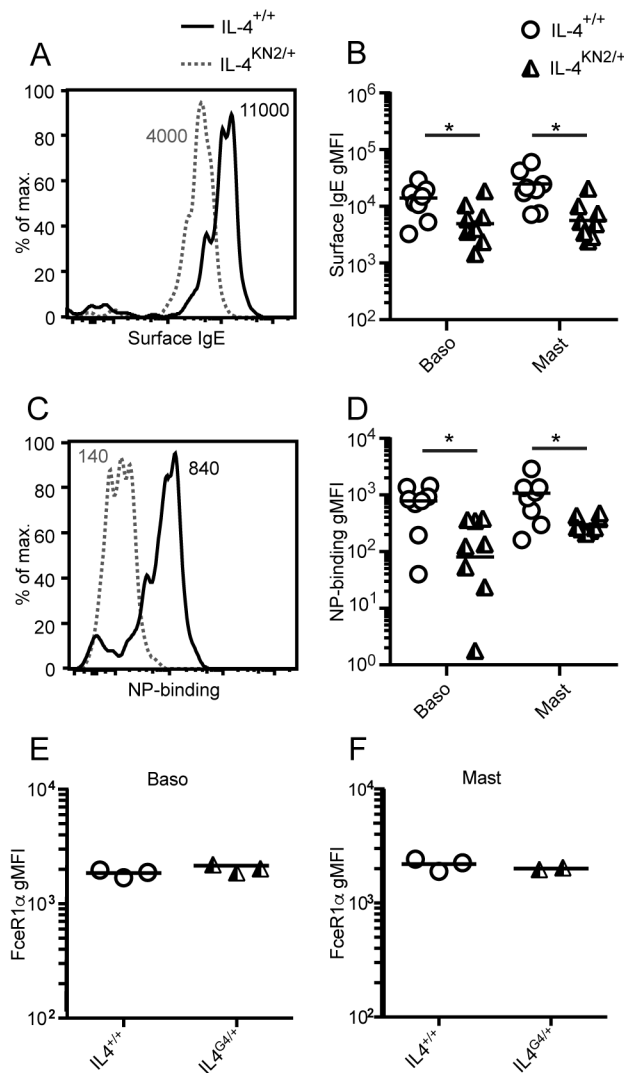


Figure 3. Basophil and mast cell sensitisation in *Il4*-hemizygous mice

Basophils and mast cells were isolated from the immunised Basoph8 mice from Figure 2. A & C show representative flow analysis of basophils, B & D respectively show the geometric mean fluorescence intensity (gMFI) of IgE and NP-APC on both basophils and mast cells. C57BL/6J *IL-4*^{+/+} and *IL-4*^{G4/+} mice were immunised i.d. in the ear pinnae with NP-OVA/ Alum and the gMFI of FcεR1α on splenic basophils (E) and peritoneal mast cells (F) measured 7 days later. Data points show individual mice combined from two similar experiments (n=3-5 mice/group) in B and D and a single experiment (n=2-3 mice/group) in E and F, while lines show geometric means. Numbers on FACS histograms indicate sample gMFI. *p 0.05 two-tailed Student's *t*-test after log transformation.

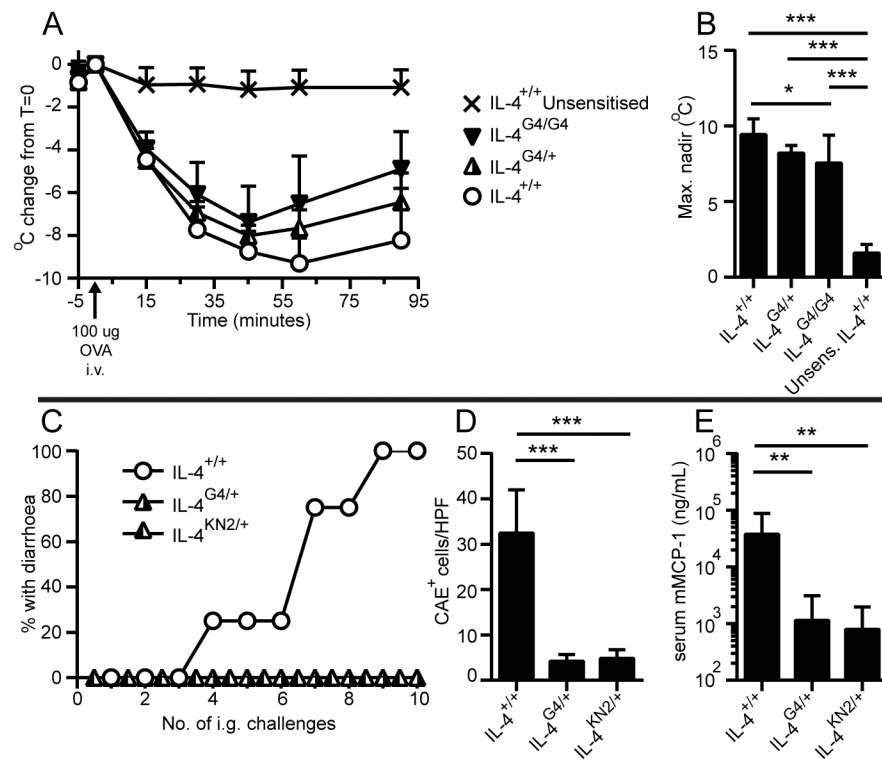


Figure 4. Impact of *Il4*-hemizyosity on systemic versus intestinal allergic immune responses OVA/Alum immunised or naïve (unsensitised) C57BL/6J background mice were i.v. challenged with OVA then monitored for (A) rectal temperature, then (B) the maximum temperature change was determined. (C) BALB/c background mice were immunised i.p. with OVA/Alum four times then i.g. OVA challenged and monitored for diarrhoea. After ten i.g. challenges, (D) jejunal mast cell numbers and (E) serum mMCP-1 levels were determined. Data symbols show (A, B, D) mean + SD (C) group incidence or (E) geometric mean + geometric SD. Data shown (A, B) are combined from 2 experiments (n=4-10 mice/group) or (C-E) are from one experiment (n=3-4 mice/group). In (A, B) one IL-4^{G4/G4} mouse died at T=35. *p 0.05, **p 0.01, ***p 0.001 by One-Way ANOVA with Tukey's post-test. Data in E were log-transformed prior to statistical analysis.

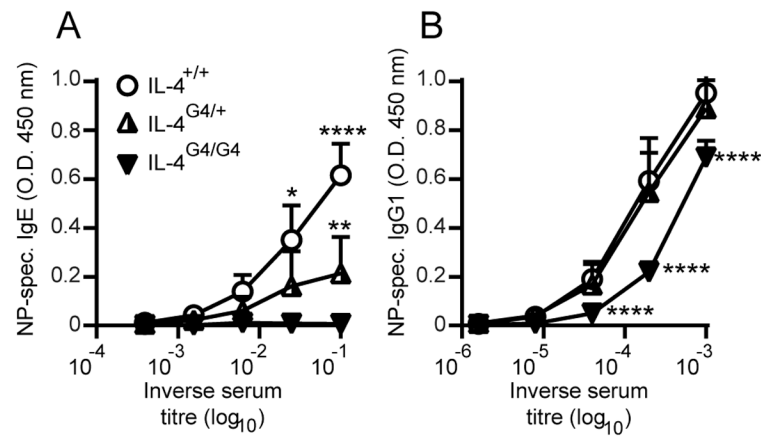


Figure 5. Effect of *Il4*-hemizyosity on antibody responses in 4C13R IL-4 reporter mice
 Seven days after i.d. ear immunisation with NP-OVA/Alum, serum (A) NP-specific IgE and (B) NP-specific IgG1 levels were determined by ELISA. Data are shown from one experiment (n=3 mice/group). Data show mean + SD. *p 0.05, **p 0.01, ****p 0.0001 vs. both other groups by Two-Way ANOVA with Tukey's post-test.

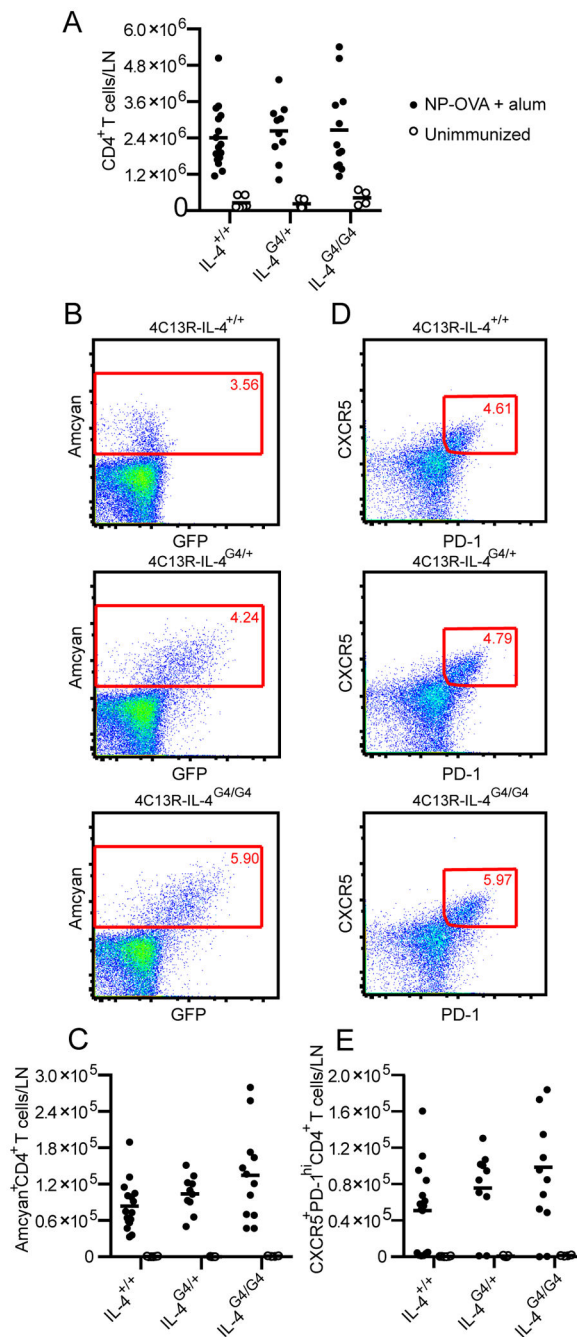


Figure 6. Effect of *Il4*-hemizyosity on the lymphoid CD4⁺ B helper T cell response

Six to seven days after i.d. ear immunisation of C57BL/6J 4C13R mice with NP-OVA/Alum, auricular lymph nodes were analysed by FACS for (A) CD4⁺ T cells, (B, C) AmCyan⁺ CD4⁺ T cells and (D, E) CXCR5⁺PD-1^{hi}CD4⁺ TFH cells. FACS plot show representative staining. Data points represent individual mice and lines show means from n=4-16 lymph nodes combined from three experiments.

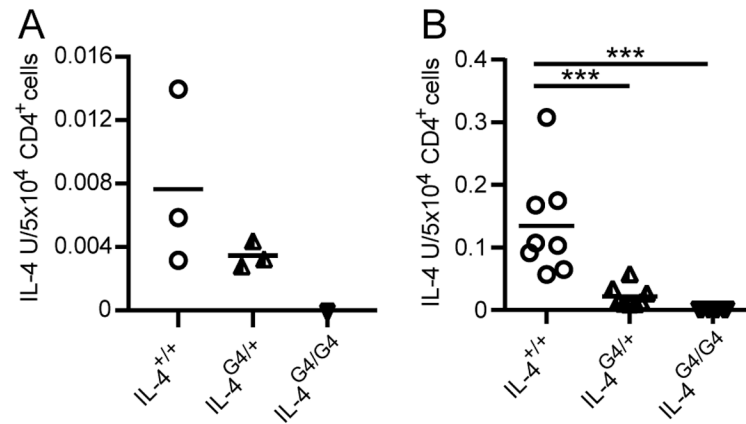


Figure 7. Effect of *I4*-hemizyosity on CD4⁺ T cell IL-4 production

Seven days after i.d. ear immunisation of C57BL/6J background mice with NP-OVA/Alum (A), or of BALB/c-ByJ background mice with OVA/alum (B), auricular lymph node CD4⁺ T cells were purified by positive selection and restimulated on anti-CD3-coated 96-well plates for IL-4 ELISA analysis. Data points show responses from individual mice from a single experiment (n=3 mice/group) in A and pooled from three experiments (n=2-3 mice/group per experiment) in B. ***p<0.01 by One-way ANOVA with Tukey's post-test.