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## Secreted phospholipase A<sub>2</sub> is increased in meconium-stained amniotic fluid of term gestations: potential implications for the genesis of meconium aspiration syndrome

Roberto Romero<sup>1,2,3</sup>, Bo Hyun Yoon<sup>1,4</sup>, Piya Chaemsaihong<sup>1,5</sup>, Josef Cortez<sup>1,6</sup>, Chan-Wook Park<sup>4</sup>, Rogelio Gonzalez<sup>7</sup>, Ernesto Behnke<sup>8</sup>, Sonia S. Hassan<sup>1,5</sup>, Francesca Gotsch<sup>1,9</sup>, Lami Yeo<sup>1,5</sup>, and Tinnakorn Chaiworapongsa<sup>1,5</sup>

<sup>1</sup>Perinatology Research Branch, NICHD/NIH/DHHS, Bethesda, MD and Detroit, MI, USA

<sup>2</sup>Department of Obstetrics and Gynecology, University of Michigan, Ann Arbor, MI

<sup>3</sup>Department of Epidemiology and Biostatistics, Michigan State University, East Lansing, MI

<sup>4</sup>Department of Obstetrics and Gynecology, Seoul National University College of Medicine, Seoul, Republic of Korea

<sup>5</sup>Department of Obstetrics and Gynecology, Wayne State University, Detroit, MI, USA

<sup>6</sup>Department of Pediatrics, Wayne State University, Detroit, MI, USA

<sup>7</sup>Center for Perinatal Diagnosis and Research (CEDIP), Hospital Dr. Sotero del Rio, P. Universidad Catolica de Chile, Puente Alto, Chile

<sup>8</sup>Department of Obstetrics and Gynecology, Center for Perinatal Diagnosis and Research (CEDIP), Sotero del Rio Hospital, Santiago, Chile

<sup>9</sup>Azienda Ospedaliera Universitaria, Integrata Verona, Ostetricia Ginecologia, Verona, Italy

### Abstract

**Background**—Meconium-stained amniotic fluid (MSAF) represents the passage of fetal colonic content into the amniotic cavity. Meconium aspiration syndrome (MAS) is a complication that occurs in a subset of infants with MSAF. Secreted phospholipase A<sub>2</sub> (sPLA<sub>2</sub>) is detected in meconium and is implicated in the development of MAS. The purpose of this study was to determine if sPLA<sub>2</sub> concentrations are increased in the amniotic fluid of women in spontaneous labor at term with MSAF.

**Materials and methods**—This was a cross-sectional study of patients in spontaneous term labor who underwent amniocentesis ( $n = 101$ ). The patients were divided into two study groups: (1) MSAF ( $n = 61$ ) and (2) clear fluid ( $n = 40$ ). The presence of bacteria and endotoxin as well as interleukin-6 (IL-6) and sPLA<sub>2</sub> concentrations in the amniotic fluid were determined. Statistical analyses were performed to test for normality and bivariate analysis. The Spearman correlation coefficient was used to study the relationship between sPLA<sub>2</sub> and IL-6 concentrations in the amniotic fluid.

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**Declaration of interest:** The authors report no conflicts of interest.

**Results**—Patients with MSAF have a higher median sPLA<sub>2</sub> concentration (ng/mL) in amniotic fluid than those with clear fluid [1.7 (0.98–2.89) versus 0.3 (0–0.6),  $p < 0.001$ ]. Among patients with MSAF, those with either microbial invasion of the amniotic cavity (MIAC, defined as presence of bacteria in the amniotic cavity), or bacterial endotoxin had a significantly higher median sPLA<sub>2</sub> concentration (ng/mL) in amniotic fluid than those without MIAC or endotoxin [2.4 (1.7–6.0) versus 1.7 (1.3–2.5),  $p < 0.05$ ]. There was a positive correlation between sPLA<sub>2</sub> and IL-6 concentrations in the amniotic fluid (Spearman Rho=0.3,  $p < 0.05$ ).

**Conclusion**—MSAF that contains bacteria or endotoxin has a higher concentration of sPLA<sub>2</sub>, and this may contribute to induce lung inflammation when meconium is aspirated before birth.

### Keywords

Acute phase protein reactant; interleukin-6; intra-amniotic inflammation/infection; prostaglandins; sPLA<sub>2</sub>

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### Introduction

Meconium-stained amniotic fluid (MSAF) represents the passage of fetal colonic content into the amniotic cavity [1–13]. MSAF is a risk factor for maternal infection-related complications (e.g. chorioamnionitis [8,14–20], puerperal endomyometritis [16,17,20,21]), neonatal sepsis [3,22–25], cerebral palsy [26–29], hypoxic-ischemic encephalopathy [3,30–33], meconium aspiration syndrome (MAS) [3,6,8,12,13,34–54], and fetal death [55–57].

MAS occurs in a subset of infants born to mothers with MSAF [3,6,8,12,13,34–54]. However, why some infants with MSAF develop MAS, and others do not, remains an open question [6,38,41–43,45,51]. Meconium-induced lung injury has been attributed to mechanical obstruction [51,52,58–60], chemical injury [58,61–66], pulmonary cell apoptosis [35,36,60,65,67–70] and an inflammatory response [35,59,67,71–87]. A series of experimental and clinical studies have made a strong case for a role of secreted phospholipase A2 (sPLA<sub>2</sub>) in MAS [67,88–95]. This enzyme can exert deleterious effects by eliciting inflammation [92,93,96–112] and inactivating lung surfactant [89,90,113–115]. The purpose of this study was to determine if sPLA<sub>2</sub> concentration is increased in the amniotic fluid of women in spontaneous labor at term with MSAF.

### Materials and methods

#### Study design and population

A cross-sectional study was conducted which included patients at term with MSAF ( $n = 61$ ) and clear amniotic fluid ( $n = 40$ , controls). Inclusion and exclusion criteria for the study population were similar to a previous report [116]. All women provided written informed consent before collection of the amniotic fluid samples. The collection and utilization of the samples was approved by the Human Investigation Committee of the participating institutions and the IRB of the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD/NIH/ DHHS). The clinical definitions, sample collection, microbiological studies, detection of endotoxin, and statistical analysis have been described

in a previous report [116]. sPLA<sub>2</sub> immunoassay was performed according to the methods defined by Stoner et al. [117,118].

## Results

Among women with spontaneous labor at term, 60.4% (61/101) had MSAF and 39.6% (40/101) had clear amniotic fluid. The median maternal age was significantly higher in patients with MSAF than in those with clear fluid ( $p = 0.03$ ). Otherwise, the clinical characteristics of the two study groups were similar ( $p > 0.05$ ).

Microorganisms in the AF were identified in 16.4% (10/61) of patients in the MSAF group and in 5% (2/40) of those with clear fluid ( $p < 0.05$ ). The most common microorganisms were Gram-negative rods ( $n = 6$ ), followed by *Ureaplasma urealyticum* ( $n = 2$ ), Gram-positive rods ( $n = 2$ ) and *Mycoplasma hominis* ( $n = 1$ ). One patient's amniotic fluid had both a Gram-positive rod and *M. hominis*. Two patients with clear amniotic fluid had positive cultures for bacteria (*U. urealyticum*).

The Limulus amoebocyte lysate (LAL) assay for bacterial endotoxin in the amniotic fluid was positive in 32.8% (20/61) of patients with MSAF, but in only 2.5% (1/40) of those with clear amniotic fluid ( $p < 0.001$ ). After heat treatment to eliminate the effect of trypsin [119], the frequency of a positive LAL assay was still significantly higher in the MSAF group compared to those with clear amniotic fluid, even after heat treatment [19.7% (12/61) versus 2.5% (1/40);  $p < 0.05$ ].

Patients with MSAF had a significantly higher median amniotic fluid sPLA<sub>2</sub> concentration (ng/mL) than those with clear amniotic fluid [1.7 (0.98–2.89) versus 0.3 (0–0.6);  $p < 0.001$ ] (Figure 1). Moreover, in the MSAF group, those with endotoxin or microorganisms (defined by LAL or amniotic fluid Gram stain or positive amniotic fluid culture) had a significantly higher median amniotic fluid sPLA<sub>2</sub> concentration (ng/mL) than those with the absence of endotoxin or microorganisms [2.4 (1.7–6.9) versus 1.7 (1.3–2.5);  $p = 0.049$ ] (Figure 2). Amniotic fluid sPLA<sub>2</sub> concentration had a significant positive correlation with amniotic fluid IL-6 concentration (Spearman Rho = 0.3,  $p = 0.045$ ).

## Discussion

### Principal findings of the study

(1) Patients with MSAF in spontaneous labor at term had a higher median sPLA<sub>2</sub> concentration in amniotic fluid than those with clear amniotic fluid; (2) among patients with MSAF, women with either microbial invasion of the amniotic cavity (MIAC; defined as a positive amniotic fluid culture for microorganisms) or the presence of endotoxin in the amniotic cavity had a higher median sPLA<sub>2</sub> concentration in the amniotic fluid than those without MIAC or bacterial endotoxin; and (3) there was a positive correlation between amniotic fluid sPLA<sub>2</sub> and amniotic fluid IL-6 concentration. Since sPLA<sub>2</sub> is an acute-phase reactant protein induced by IL-6, this observation suggests that an inflammatory response is associated with an increase in sPLA<sub>2</sub>.

**What are phospholipases A<sub>2</sub>?**—Phospholipase A<sub>2</sub> (PLA<sub>2</sub>) is a family of enzymes that hydrolyze the ester bond at the *sn*-2 position of phospholipids to generate arachidonic acid and lysophospholipids, which are precursors of eicosanoids and other lipid mediators (leukotrienes and prostaglandins) [110,112,120–135]. These enzymes are broadly classified into two groups: (1) intracellular or cytosolic PLA<sub>2</sub> (cPLA<sub>2</sub>) and (2) extracellular or secreted PLA<sub>2</sub> (sPLA<sub>2</sub>) [112,128]. PLA<sub>2</sub> participates in the production of prostaglandins, which are major mediators of the onset of spontaneous labor at term [136–164], as well as preterm labor [151,159,161,163,165–168]. cPLA<sub>2</sub> is an intracellular enzyme, while sPLA<sub>2</sub> (in particular, group IIA isoform) is an acute phase reactant protein released in response to tissue damage and infection [169–171]. IL-6 can induce the expression of group II sPLA<sub>2</sub> from hepatic cells in culture [172]. The properties and functions of cPLA<sub>2</sub> and sPLA<sub>2</sub> have been reviewed [112,124,128,130,132–134]. Recently, sPLA<sub>2</sub> has been implicated in the pathophysiology of meconium-induced lung injury (see below).

More than 10 isoforms of sPLA<sub>2</sub> have been described (e.g. groups I, II, III, V, etc.) [110,112,130,132–134]. Individual sPLA<sub>2</sub> enzymes act on both cellular membrane phospholipids and non-cellular phospholipids (e.g. surfactant and lipoproteins) including foreign phospholipids (e.g. bacterial membranes and dietary phospholipids) [133]. The functions of sPLA<sub>2</sub> depend on: (1) specific sPLA<sub>2</sub> isoform; (2) specific target phospholipid or membrane; (3) lipid mediators produced by enzymatic activity; (4) the mechanisms responsible for the activation of sPLA<sub>2</sub>; and (5) the specific circumstances and site at which a particular sPLA<sub>2</sub> isoform is present [133]. For example, the group I sPLA<sub>2</sub> isoform is produced in the pancreas, and its primary function is the catalytic cleavage of dietary lipids [173]. The group II sPLA<sub>2</sub> isoform is largely expressed and stored in inflammatory cells including neutrophils [174], eosinophils [175,176], T-lymphocytes [177,178], monocytes [179,180], macrophages [181], mast cells [182] and platelets [183]. This particular isoform (group II sPLA<sub>2</sub>) is detected in high concentrations in biological fluids in the context of inflammation (e.g. synovial fluid in rheumatoid arthritis [105,184–188], bronchoalveolar lavage (BAL) in patients with acute respiratory distress syndrome (ARDS) [100,114], and serum/plasma of patients with septic shock [189], Crohn's disease [190], ulcerative colitis [191], acute pancreatitis [192–194], and rheumatoid arthritis [195].

The group II sPLA<sub>2</sub> isoform has potent antimicrobial activity [112,171,196–207]. Elsbach et al. purified sPLA<sub>2</sub> from polymorphonuclear leukocytes of rabbits, and reported that sPLA<sub>2</sub> was bactericidal against *Escherichia coli* and *Salmonella typhimurium*, acting in concert with a “bactericidal/permeability increasing protein” [196]. Subsequently, Weinrauch et al. extracted group II sPLA<sub>2</sub> from sterile peritoneal fluid of rabbits, and demonstrated that it had potent antimicrobial activity against *Staphylococcus aureus* [198,208]. Similarly, group II sPLA<sub>2</sub> isolated from the plasma of baboons after a challenge with *E. coli* has potent bactericidal properties against *S. aureus* and *Streptococcus pyogenes* [198,203]. Such activity can be blocked by a monoclonal antibody against the enzyme [198]. Other investigators have shown antimicrobial activity against *Listeria monocytogenes* [197,209] and *Bacillus anthracis* [203,204]. sPLA<sub>2</sub> may also participate in host defense against viruses [210–212] and parasites [213]. The presence of high sPLA<sub>2</sub> concentrations in biological fluids (e.g. tears [214,215], semen [216], intestinal lumen [197,217,218], inflammatory

exudates [105,184–188], bronchoalveolar lavage [100,114], and serum [189,219]) of both animals and humans with bacterial infections has been interpreted as indicating that sPLA<sub>2</sub> is part of the host defense against microbial invasion [112,171].

Group II sPLA<sub>2</sub> can induce activation of human neutrophils [101,104], exocytosis in human lung macrophages [102], neutrophils [104], eosinophils [176], and degranulation of mast cells [99]. Triggiani et al. reported that sPLA<sub>2</sub> [group I sPLA<sub>2</sub> from cobra venom and group II (recombinant synovial fluid) sPLA<sub>2</sub>] can increase the expression of IL-6 mRNA and the rate of secretion of IL-6 from human lung macrophages, as well as the release of β-glucuronidase (a cytosolic enzyme used as a surrogate marker for cellular exocytosis) [102]. Groups I and II sPLA<sub>2</sub> generate an intracellular response that activates both exocytosis and cytokine gene expression in macrophages [92,102,111]. Other investigators have reported that different isoforms of sPLA<sub>2</sub> (group IA, IB, IIA, V and X) induce the production of cytokines (e.g. IL-6, TNFα and IL-10) and chemokines [e.g. monocyte chemotactic protein-1(MCP-1)/chemokine (C-C motif) ligand 2 (CCL2), macrophage inflammatory protein-1 (MIP-1α)/CCL3 and MIP1-β/CCL4] from inflammatory cells such as monocytes [105], neutrophils [108] and eosinophils [176]. These observations collectively suggest that sPLA<sub>2</sub> has an important role in inflammation. The catalytic action of sPLA<sub>2</sub>, cleaving membrane phospholipids to generate eicosanoid precursors (arachidonic acid, leukotrienes and prostaglandins), has been implicated in the generation of an inflammatory state [112,114,170,220].

PLA<sub>2</sub> have been localized in lysosomes of chorioamnion [221], decidua [222,223] and amniotic fluid [224,225]. Moreover, its activity in fetal membranes was increased before the onset of labor [221]. Group II sPLA<sub>2</sub> mRNA expression and immunoreactivity has been demonstrated in amnion, choriondecidua and placenta [226–228]. Rice et al. concluded that this isoenzyme is a major contributor of the net tissue sPLA<sub>2</sub> activity in the human placenta and may contribute to the production of prostaglandins during labor [227]. The expression of this enzyme is increased in placentas of women in labor [228].

**Phospholipase A<sub>2</sub> in meconium and meconium-induced lung injury**—sPLA<sub>2</sub> has been reported in meconium [67,88,90,93]. The administration of meconium into the trachea of neonatal pigs results in severe histologic lung inflammation, increased apoptosis, and increased lung sPLA<sub>2</sub> activity (measured by the concentration of arachidonic acid following incubation of lung homogenates with 1,2-dipalmitoylphosphatidylcholine (DPPC), a substrate that is specific to sPLA<sub>2</sub>) [67].

sPLA<sub>2</sub> activity has been detected in meconium (determined by measuring DPPC metabolites in suspensions of this material before and after mixing with the substrate) [90]. Enzymatic activity is attributed to sPLA<sub>2</sub> (rather than other phospholipases), and has been demonstrated by the formation of lysophosphatidylcholine after samples had been heat-treated (sPLA<sub>2</sub> is heat-stable – other lipolytic enzymes are heat-sensitive). sPLA<sub>2</sub> extracted from meconium inhibits surfactant activity *in vitro* [90].

sPLA<sub>2</sub> activity in lung tissues can be induced by meconium and bile acids [115]. sPLA<sub>2</sub> is locally produced in lung tissue and contributes to the total PLA<sub>2</sub> activity during MAS

[53,93]. Collectively, the evidence suggests that: (1) meconium contains sPLA<sub>2</sub> activity; (2) the lungs of neonates affected with MAS contain higher amounts of sPLA<sub>2</sub>; (3) cPLA<sub>2</sub> was not detected in meconium or alveolar fluid; and (4) there is a correlation between sPLA<sub>2</sub> activity and TNF- $\alpha$  concentrations in bronchoalveolar lavage [53,67,90,92,93,115].

**Phospholipase A<sub>2</sub> in amniotic fluid with MSAF and microbial invasion of the amniotic cavity**—The findings reported herein suggest that the concentration of sPLA<sub>2</sub> is higher in MSAF than in clear amniotic fluid among patients in labor at term. After exclusion of samples with MSAF with either bacteria or endotoxin, the difference between clear amniotic fluid and MSAF disappeared. Moreover, sPLA<sub>2</sub> concentrations in amniotic fluid correlated positively with IL-6 concentrations. These observations suggest that the elevation in sPLA<sub>2</sub> can be attributed to the consequences of MIAC or the resulting inflammatory process.

Our findings and interpretation are consistent with those reported by Koyama et al., indicating that sPLA<sub>2</sub> activity (measured by high-performance liquid chromatography) and group II sPLA<sub>2</sub> concentration in amniotic fluid were higher in patients with preterm labor (with or without chorioamnionitis) than in preterm controls (i.e. pregnant women without labor who underwent amniocentesis for chromosomal studies between 17–30 weeks of gestation) [229].

We recently reported that the frequency of MIAC and bacterial endotoxin in amniotic fluid is higher among women in spontaneous labor at term with MSAF than in those with clear amniotic fluid [116]. We proposed that microorganisms or microbial products, such as endotoxin, present in amniotic fluid can be swallowed by the fetus, resulting in increased fetal peristalsis and intrauterine passage of meconium. Aspiration of meconium with microorganisms and inflammatory mediators during fetal life could predispose to MAS. Since sPLA<sub>2</sub> has been proposed to be a major mediator of lung injury in MAS, our findings suggest that the meconium of patients with MIAC or endotoxin contains higher concentrations of sPLA<sub>2</sub>. Although exposure to sPLA<sub>2</sub> may begin during fetal life, aspirated meconium and microbial products contained in such meconium, as well as inflammatory mediators, may induce further production of sPLA<sub>2</sub> and other inflammatory mediators by the lung that may eventually lead to lung injury and respiratory insufficiency observed in MAS.

## Conclusion

Term meconium-stained amniotic fluid that contains bacteria or endotoxin has a higher concentration of secreted phospholipase A<sub>2</sub>, and this may contribute to induce lung inflammation when meconium is aspirated before birth.

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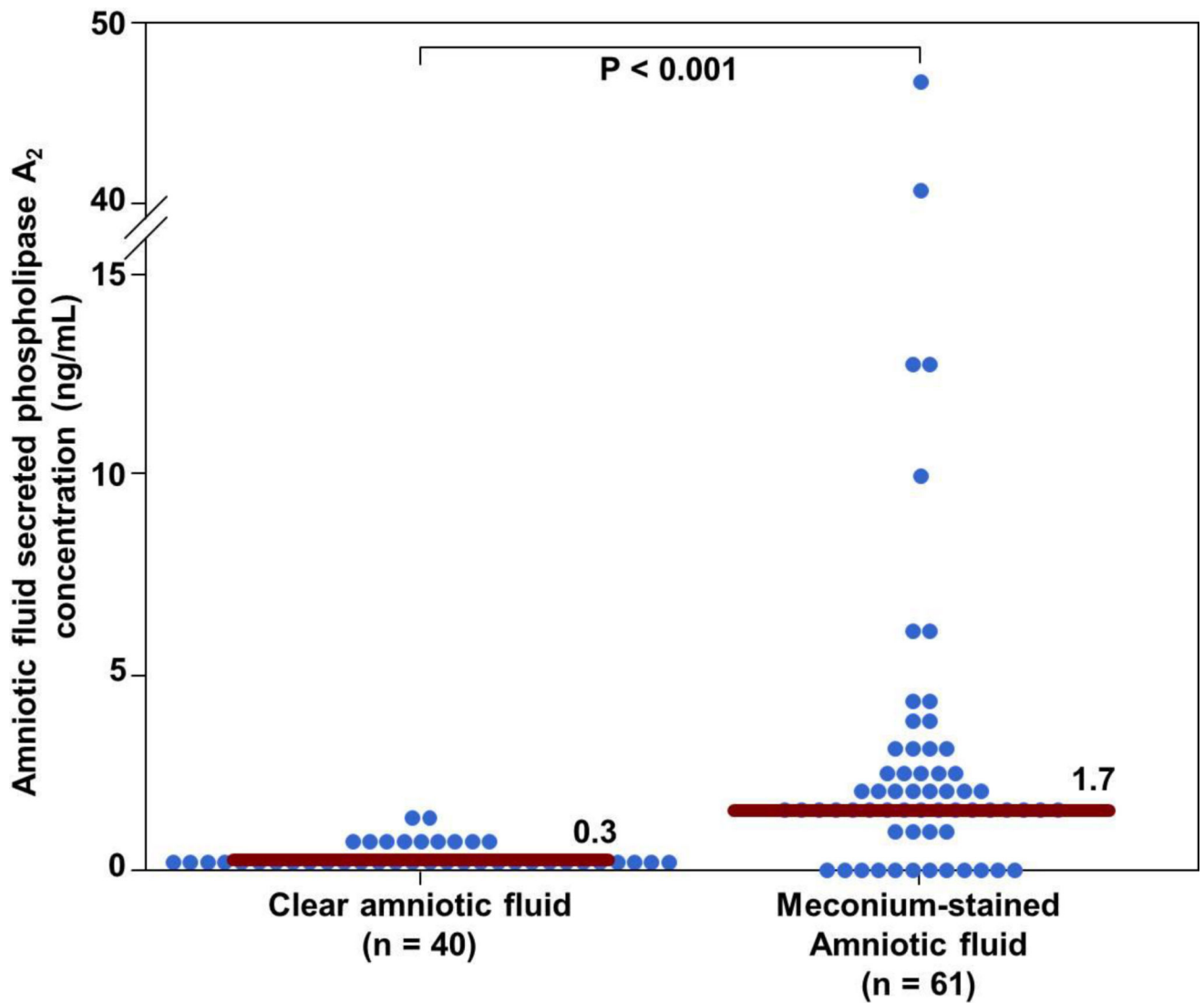
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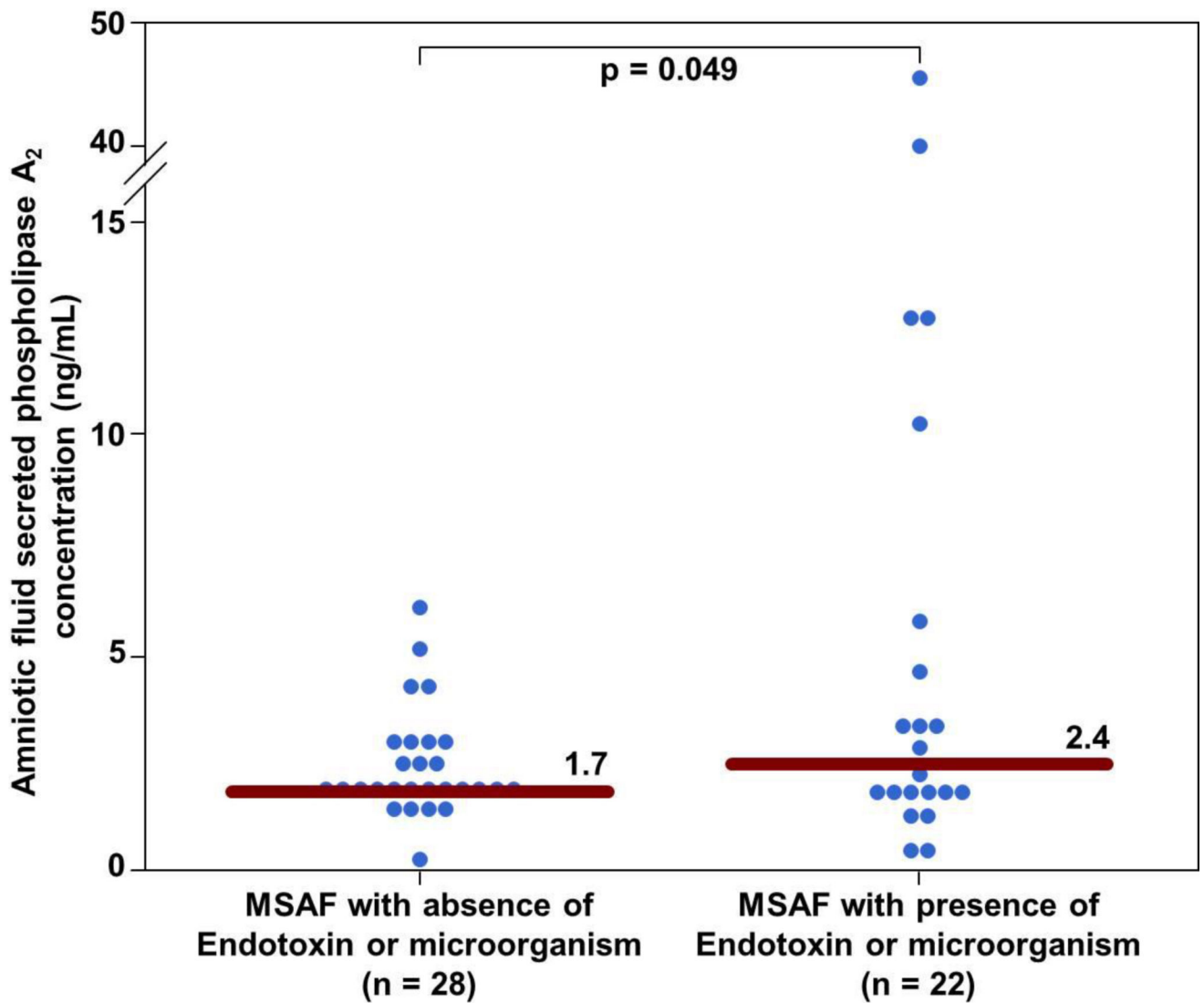
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**Figure 1.** Amniotic fluid secreted phospholipase A<sub>2</sub> concentrations (sPLA<sub>2</sub>) in women at term with clear amniotic fluid and MSAF. Patients with MSAF had a significantly higher median amniotic fluid secreted phospholipase A<sub>2</sub> concentration (ng/mL) than those with clear amniotic fluid [1.7 (1–2.9) versus 0.3 (0–0.6);  $p < 0.001$ ].



**Figure 2.** Amniotic fluid secreted phospholipase A<sub>2</sub> concentration (sPLA<sub>2</sub>) among women with MSAF at term with presence and absence of endotoxin or microorganisms. Patients with MSAF and intra-amniotic inflammation/infection at term had a significantly higher median secreted phospholipase A<sub>2</sub> concentration (ng/mL) than those without intra-amniotic inflammation/infection [2.4 (1.7–6.99) versus 1.7 (1.3–2.5);  $p = 0.049$ ].