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# **Inherited variation in circadian rhythm genes and risks of prostate cancer and three other cancer sites in combined cancer consortia**

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## **Abstract**

Circadian disruption has been linked to carcinogenesis in animal models, but the evidence in humans is inconclusive. Genetic variation in circadian rhythm genes provides a tool to investigate such associations. We examined associations of genetic variation in nine core circadian rhythm genes and six melatonin pathway genes with risk of colorectal, lung, ovarian and prostate cancers using data from the Genetic Associations and Mechanisms in Oncology (GAME-ON) network. The major results for prostate cancer were replicated in the Prostate, Lung, Colorectal and Ovarian (PLCO) cancer screening trial, and for colorectal cancer in the Genetics and Epidemiology of Colorectal Cancer Consortium (GECCO). The total number of cancer cases and controls was 15,838/18,159 for colorectal, 14,818/14,227 for prostate, 12,537/17,285 for lung and 4,369/9,123 for ovary. For each cancer site, we conducted gene-based and pathway-based analyses by applying the summary-based Adaptive Rank Truncated Product method (sARTP) on the summary association statistics for each SNP within the candidate gene regions. Aggregate genetic variation in circadian rhythm and melatonin pathways were significantly associated with the risk of prostate

cancer in data combining GAME-ON and PLCO, after Bonferroni correction ( $P<sub>pathway</sub> < 0.00625$ ). The two most significant genes were  $NPAS2$  ( $P_{\text{gene}}=0.0062$ ) and  $AANAT$  ( $P_{\text{gene}}=0.00078$ ); the latter being significant after Bonferroni correction. For colorectal cancer, we observed a suggestive association with the circadian rhythm pathway in GAME-ON ( $P<sub>pathway</sub>=0.021$ ); this association was not confirmed in GECCO ( $P_{\text{pathway}}=0.76$ ) or the combined data ( $P_{\text{pathway}}=0.17$ ). No association was observed for ovarian and lung cancer. These findings support a potential role for circadian rhythm and melatonin pathways in prostate carcinogenesis. Further functional studies are needed to better understand the underlying biologic mechanisms.

#### **Keywords**

circadian rhythm; melatonin; prostate cancer; cancer

#### **INTRODUCTION**

Circadian rhythm is driven by an internal biological clock, which enables humans to sustain an approximate 24-hour cycle of biological processes<sup>1</sup>, and regulates diverse cancer-related biological functions such as metabolism, immune regulation, DNA repair and cell cycle control<sup>2</sup>. Disruption of circadian rhythm has been linked to carcinogenesis at the system, cell and molecular levels<sup>2</sup>. Based on sufficient evidence in experimental animals for the carcinogenicity of light exposure during the biological night, and limited epidemiological studies showing increased risk of breast cancer among female nightshift workers and flight attendants employed at least ten years, shift work with disrupted circadian rhythm has been categorized as a probable carcinogen to humans by the International Agency for Research on Cancer<sup>3</sup>. However, evidence for cancers other than breast is limited. Increased cancer risks in other organs have been observed in mouse models with ablated circadian rhythm genes, such as the blood<sup>4</sup>, liver<sup>4</sup>, ovary <sup>4</sup>, intestine<sup>5</sup>, colon <sup>5</sup> and skin <sup>6</sup>, possibly due to constitutively elevated cell proliferation  $6$ , impaired DNA repair  $7$  and apoptosis  $8$ , and inefficient immune response  $9, 10$ . There is growing evidence from epidemiologic studies that other types of cancers including prostate  $^{11-14}$ , colon  $^{15}$  and non-Hodgkin lymphoma<sup>16</sup> also may be associated with rotating and night shift work.

A few candidate gene studies have examined associations between genes involved in circadian processes and several cancer sites  $17-29$ , especially breast  $21, 24-26, 29$ . In this study, we examined associations of the core genes involved in the circadian rhythm and melatonin pathways with the risk of prostate, colorectal, lung and ovarian cancer in population of European descent, taking advantage of the large study populations from the Genetic Associations and Mechanisms in Oncology (GAME-ON) GWAS consortia. We conducted a pathway-level analysis, aggregating association evidence across multiple genes. Potentially interesting findings were further replicated in independent populations of European descent.

### **METHODS**

#### **Study populations**

Our initial analyses used data from 20 GWAS studies on four common cancer sites within the National Cancer Institute GAME-ON Network [\(http://epi.grants.cancer.gov/gameon/\)](http://epi.grants.cancer.gov/gameon/)<sup>30</sup>, including 12,537 lung cancer cases and 17,285 controls from the Transdisciplinary Research for Cancer of Lung (TRICL) consortium; 5,100 colorectal cases and 4,831 controls from the ColoRectal Transdisciplinary Study (CORECT); 10,218 prostate cancer cases and 11,286 controls from the Elucidating Loci in Prostate Cancer Susceptibility (ELLIPSE) consortium; as well as 4,369 ovarian cancer cases and 9,123 controls from the Follow-up of Ovarian Cancer Genetic Association and Interaction Studies (FOCI) (Table 1). For colorectal and prostate cancer, potentially interesting findings were carried forward and replicated in additional independent data: 10,738 cases and 13,328 controls from the Genetics and Epidemiology of Colorectal Cancer Consortium for colorectal cancer (GECCO) 31; 4,600 cases and 2,940 controls from the Prostate, Lung, Colorectal and Ovarian (PLCO) cancer screening trial for prostate cancer  $32$ . All participants were of European descent, and most of the studies were conducted using Illumina genotyping platforms (Table 1). Details of the genotyping and quality control steps were published previously  $30-32$ . All participating studies obtained approval from the institutional ethics review board, and informed consents were obtained from each study participant by the individual study coordinating center.

#### **Candidate genes**

For the circadian rhythm pathway, we included nine well-established core circadian rhythm genes that generate the mammalian circadian rhythm<sup>33</sup> and were selected for a previous cancer study to represent the circadian rhythm pathway  $^{24}$ : CLOCK and its paralogue NPAS2 (neuronal PAS domain protein 2); ARNTL (aryl hydrocarbon receptor nuclear translocator-like; a.k.a. *Bmal1*); CKIe (casein kinase Ι ε; a.k.a. CSNKIE); Cryptochrome 1 (CRY1); CRY2; and three Period homologs (PER1, PER2 and PER3).

Due to a close integration of melatonin to the circadian system, we also included four genes involved in melatonin biosynthesis ([http://www.kegg.jp/kegg-bin/show\\_module?M00037\)](http://www.kegg.jp/kegg-bin/show_module?M00037) <sup>34</sup> and two melatonin receptor genes: arylalkylamine N-acetyltransferase (AANAT, a gene encoding the rate limiting enzyme in the melatonin biosynthesis), TPH1 (tryptophan hydroxylase 1), TPH2, and DDC (aromatic-L-amino-acid decarboxylase); MTNR1a (melatonin receptor  $1\alpha$ ), and  $MTNR1\beta$ . Another gene involved in the melatonin biosynthesis, ASMT (Acetylserotonin O-methyltransferase) was not included because we have no access to the data of the x chromosome where this gene is located.

#### **Statistical analyses**

The analytical methods of original studies and the cancer-specific results have been described previously  $31, 32, 35-38$  and summarized in Table 1. Briefly each original study provided log odds ratios and standard errors on each SNP and each cancer risk, mostly adjusting for age, principal components (PCs), and sex (if applicable). For each cancer site, fixed-effect meta-analyses were conducted to combine summary association statistics of participating studies by the cohort consortium. The genotypes were imputed based on data

of European populations from the 1000 Genomes Project (March 2012 reference panel)  $^{39}$ , using either MaCH  $^{40}$  or IMPUTE  $^{41}$ . We extracted both the genotyped and imputed SNPs of the genetic regions from 20 kb upstream to 10 kb downstream of each candidate gene.

We conducted gene- and pathway-based meta-analyses using the summary based adaptive rank truncated product (sARTP) method, which combines SNP-level association evidence across SNPs in a gene or a pathway  $42$ . The sARTP method automatically adjusts for the size of the gene (i.e., number of SNPs in a gene) and the size of the pathway (i.e., number of genes in a pathway) through a resampling procedure. The final gene- and pathway-level pvalues were estimated from the resampled null distribution through one million resampling steps. The sARTP method accounts for the linkage disequilibrium (LD) between SNPs to maintain proper type I error. The LDs between SNPs were estimated from the 503 European subjects (CEU, TSI, FIN, GBR, IBS) in the 1000 Genome Project (phase 3, v5, 2013/05/02)  $39$ . We excluded SNPs with MAF < 5% and applied LD filtering to highly correlated SNP pairs ( $r^2 > 0.95$ ). We also conducted a sensitivity analysis using a more stringent threshold for LD pruning  $(r^2 > 0.8)$ .

For prostate and colorectal cancer that have pathway p-values less than 0.05, we replicated our findings in PLCO and GECCO. We also repeated the gene- and pathway-based analyses on data combing the initial and replication studies.

To eliminate the impact of potential systematic biases in SNP-level association, we adjusted for the genomic control inflation factor (lambda=1.015) for data from the CORECT  $37, 42$ . The genomic control inflation factors for GECCO, ELLIPSE, PLCO, TRICL and FOCI were close to or smaller than 1.0, thus were not adjusted in our analyses. To take potential false-positives from multiple-comparisons into account (two pathways, or 15 genes) for each of the four cancer sites, pathways with p-value  $< 0.00625 (0.05/(2 \times 4))$  and genes with pvalue  $< 0.00083$  (0.05/(15 $\times$ 4)) were considered significant.

For prostate cancer, where we found significant associations with genetic variations of circadian and melatonin pathways after the Bonferroni correction, secondary analyses for aggressive prostate cancer were conducted at the gene and pathway level, using data combining six studies of ELLIPSE and PLCO (4,446 cases and 12,724 controls). For the SNPs with the smallest p-values in the genes with  $P_{\text{gene}}$  0.05 on the risk of overall prostate cancer, we also checked their SNP associations with aggressive prostate cancer.

## **RESULTS**

We found suggestive associations between genetic variation in both circadian rhythm and melatonin pathways and prostate cancer risk based on data of GAME-ON, with  $(P_{\text{pathway}} = 0.014$  and 0.024, respectively (Table 2). These associations were not statistically significant in PLCO alone (Ppathway=0.28 and 0.21), but were enhanced in the combined data of GAME-ON and PLCO ( $P_{\text{pathway}}$ =0.0016 and 0.0060) (Table 2), both being significant after Bonferroni correction. NPAS2 in the circadian rhythm pathway ( $P_{\text{gene}}$ =0.0062) and  $AANAT$  ( $P_{\text{gene}}$ =0.00078) in the melatonin pathway contributed the most to the association with the risk of prostate cancer, with AANAT survived Bonferroni

correction (Table 3). Other genes with the gene-level p-values at borderline significance were  $CLOCK$  (P<sub>gene</sub>=0.021),  $CRY2$  (P<sub>gene</sub>=0.043),  $DDC$  (P<sub>gene</sub>=0.050), PER2 ( $P_{gene}$ =0.060), and *PER1* ( $P_{gene}$ =0.063) (Table 3). A sensitivity analysis with more stringent threshold in LD pruning ( $r^2 > 0.8$ ) produced consistent pathway-level and gene-level results (data not shown). SNPs with p-value  $< 0.01$  in *NPAS2* and *AANAT* are presented in Table 4.

With a much smaller number of aggressive prostate cancer cases  $(4,446 \text{ cases}, 12,724)$ controls), we did not observe significant association of aggressive prostate cancer with either pathway ( $P_{\text{pathway}}$ =0.29 and 0.66), but we observed a suggestive association with *PER3*  $(P_{\text{gene}}=0.03)$  (Supplementary Table 2). For SNPs that have the smallest p-values in genes CLOCK, CRY2, NPAS2, AANAT, and  $DDC(P<sub>gene</sub> = 0.05$  with overall prostate cancer), the log odds ratios (β) estimated for overall and aggressive prostate cancer are comparable and have the same direction (Supplementary Table 3).

For colorectal cancer (Table 2), we observed a suggestive association with circadian rhythm pathway in GAME-ON ( $P_{\text{pathway}}$ =0.021), but not in GECCO ( $P_{\text{pathway}}$ =0.76) or in the combined data ( $P<sub>pathway</sub>=0.17$ ) (Supplementary Table 4). No association was observed for ovarian cancer and lung cancer (Table 2, Supplementary Table 5).

### **DISCUSSION**

We found common genetic variations in the circadian rhythm and melatonin pathways were associated with prostate cancer risk in the population of European descent. These associations were initially identified in the GAME-ON consortium, and further confirmed in the data combining the GAME-ON and PLCO studies. Our findings suggest that the circadian rhythm and melatonin pathways may be involved in prostate carcinogenesis.

Circadian disruption has been suggested as a prostate cancer risk factor based on epidemiological observation of increased prostate cancer risks among shift workers $11-14$ , and countries with more light exposure at night $43$ . In support of this hypothesis, three genetic epidemiology studies found suggestive associations between SNPs in core circadian genes and prostate cancer <sup>19, 23, 27</sup> or aggressive prostate cancer <sup>23</sup> in Caucasian <sup>23, 27</sup> and Asian  $^{19}$  populations, although these studies had limited power (sample sizes  $<$  2600) to adjust for multiple comparisons. By taking advantage of the large study population from cancer consortia and using a novel analytical tool, our study provided further evidence that the circadian rhythm and melatonin pathways may be involved in prostate carcinogenesis in humans.

Although multiple genes are likely to contribute to pathway association signals, the most significant genes were NPAS2 and AANAT. Previous functional studies suggest that NPAS2 plays an important role in DNA damage response, cell cycle control and apoptosis by activating diverse downstream genes<sup>44, 45</sup>, consistent with a role as a tumor suppressor. In line with our finding, the Thr allele of rs23051560 (P=7.5×10−4), a non-synonymous SNP (Ala394Thr) in the NPAS2, has been suggestively associated with lower risks of breast cancer<sup>28</sup>, prostate cancer<sup>19</sup>, and NHL<sup>46</sup>, three tumors that have been linked with circadian disruption in epidemiologic studies. This SNP has also been suggested to modify the

association of night shift work and breast cancer risk, with Thr carriers more vulnerable to shift work effect<sup>24</sup>. AANAT (aka., serotonin N-acetyltransferase) is the rate limiting and originating enzyme for melatonin synthesis, through which the suprachiasmatic nucleus via a sympathetic multisynaptic pathway regulates rhythmic melatonin synthesis 47. Melatonin acts as a chronobiotic molecule, optimizing phase relationships between oscillators in both central nervous system and peripheral organs, reinforcing circadian rhythms of body functions, and entraining body rhythms to the environmental light phase <sup>48, 49</sup>.

A mechanism linking the circadian system, melatonin and prostate cancer may operate through the neuroendocrine gonadal axis. The pineal gland and melatonin have a role in the inhibition of the neuroendocrine gonadal axis<sup>50</sup>; while sex hormones, such as androgen, are essential on prostate development. Androgen has been a prostate cancer inducer in animals  $51$ , and associated with increased prostate cancer risk in humans  $52, 53$ . Therefore, it is possible that an increase in androgen, subsequent to disrupted circadian rhythm and/or suppressed melatonin <sup>54</sup>, may contribute to prostate carcinogenesis. Alternatively, melatonin may have a direct anti-tumor effect, by controlling the p53 pathway, or its antimitotic, antioxidant and immune-modulatory activities<sup>1</sup>. Both in vitro and in vivo studies provide evidence that melatonin inhibits prostate tumor growth<sup>55, 56</sup>, whereas melatonin suppression in rats increases tumor growth in a dose-dependent manner<sup>50</sup>. In agreement with the melatonin hypothesis, lower urinary 6-sulfatoxymelatonin has been associated with an increased risk of advanced prostate cancer in a prospective study <sup>57</sup>.

Apart from mechanisms related to melatonin, the circadian clock may control cell proliferation and apoptosis through regulating the expression of genes involved in these processes at the transcription or translation level, such as c-Myc and Mdm2, Trp53 and Gadd45, cyclins etc. <sup>2</sup>

We did not find any significant association for the risk of aggressive prostate cancer at the gene or pathway level. Given a much smaller number of aggressive prostate cancer cases, and the fact that genetic effects are generally small on cancer risk, the statistical power of gene- and pathway-based analyses was limited. However, we observed a suggestive association with  $PER3$  ( $P_{gene}$ =0.03); a SNP (rs1012477) of this gene has been associated with prostate cancer aggressiveness in a previous report<sup>27</sup>. For SNPs with the smallest pvalues associated with overall prostate cancer within CLOCK, CRY2, NPAS2, AANAT, and DDC, the estimated effect sizes for the risk of overall and aggressive prostate cancer are comparable and have the same direction. Given the poor prognosis and public health impact of aggressive prostate cancer, more focused study is needed for the role of circadian rhythm genes and prostate cancer aggressiveness.

Our study did not find associations in the circadian rhythm or melatonin pathway genes with colorectal, lung or ovarian cancer. Several important factors need to be considered before concluding that circadian rhythm has no effect on these cancer sites. First, gene functions differ by organs and although we studied the core genes in each pathway, there might be other critical circadian-related genes missed in this study. RORα, for example, suggested as an important regulator for homeostasis in intestinal epithelium<sup>58</sup>, as well as newly identified circadian genes 59 are worthwhile to be evaluated in the future. Second, the statistical power

of gene- and pathway-based analyses for studying ovarian cancer may be limited by small sample size compared with other cancer sites considered in this paper. Third, for lung and colorectal cancer, where environmental and life style risk factors play a dominant role, the contribution of disrupted circadian rhythm might be small and/or may be indirectly associated with cancer through modifying the toxicity of environmental carcinogens  $60$ , or altering the DNA damage response<sup>6, 7</sup>. Therefore, incorporating data on environmental carcinogens and measures of toxicity into the study of circadian rhythm and cancer may be important. Fourth, although genetic variation does not suffer from confounding bias by other life style factors, it may have a smaller impact on circadian rhythm disruption than light exposure at night and night shift work. Therefore, future studies of both environmental or life style inducers of circadian disruption coupled with mechanistic or genetic marker studies in circadian rhythm pathways are needed.

In this study, like other candidate pathway-based analyses  $61$ , we assigned SNPs to each of the circadian genes based on genomic location. Approaches that assign SNPs to a gene based on functionality such as a genetic influence on gene expression or expression quantitative risk loci (eQTL) might reveal more signals, but this type of approach relies heavily on the known eQTL function of the SNPs in the tissue of interest and, in fact, the eQTL effects on gene expression are typically tissue-specific  $62$ . We attempted to evaluate the involvement of the top prostate cancer risk SNPs of AANAT and NPAS2 as functional eQTLs using RNA-seq and SNP data from ten normal brain tissues (GTEx). We observed modest eQTL effects on AANAT and NPAS2 mRNA levels by the top risk SNPs, but no risk eQTL survived correction for multiple comparisons (data not shown). Importantly, published data suggest that the target tissue for melatonin synthesis is the pineal gland, while for circadian rhythm it is the superchiasmatic nucleus  $(SCN)^1$ . RNA-seq data for these normal brain tissues are not available in GTEx or to our knowledge from any other publically available database. Thus, whether the observed prostate cancer risk SNPs of AANAT and NPAS2 circadian genes are functional eQTLs, and whether the changes in mRNA levels in the pineal gland and SCN are associated with prostate cancer susceptibility remains to be determined.

Our study has many strengths. Using genetic markers to examine circadian hypotheses minimizes the bias due to potential confounders, and therefore is a valuable complement to traditional epidemiologic studies (e.g., in night shift workers). We used an analytical tool that combines signals across SNPs within genes and pathways, and therefore found significant results that would have been detectable by single SNP analysis. To our knowledge, the sample sizes in our study are the largest to date for colorectal, lung, and prostate cancer. The data quality of the included GWAS studies is well established. To control potential false positive findings, we adjusted for multiple comparisons, and replicated our findings in independent data.

In summary, our study suggests that common genetic variation in and around circadian rhythm and melatonin pathways may be involved in human prostate carcinogenesis, in support of circadian disruption as a potential human carcinogen.

### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### **Novelty & Impact**

We found a significant association of circadian rhythm and melatonin pathway genes with prostate cancer risk, at the gene and pathway level, after taking multiple comparisons into account. The sample size is the largest to our knowledge, with a further replication in an independent data. This study provides evidence in support of a role for circadian rhythm and melatonin pathways in prostate carcinogenesis.



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**Table 1**

**Table 2**

Pathway results for each cancer site Pathway results for each cancer site



Statistically significant after Bonferroni correction (p < 0.05/8=0.00625)

P-value  $<\!\!0.05$  in bold P-value <0.05 in bold

# **Table 3**

Pathway-based and gene-based results between circadian rhythm-melatonin pathway genes and prostate cancer Pathway-based and gene-based results between circadian rhythm-melatonin pathway genes and prostate cancer



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P-value<0.05 in bold

P-value< $0.05$  in bold

**Table 4**

SNPs in AANAT and NPAS2 with prostate cancer with meta-analyses p-value < 0.01 SNPs in  $AAMAT$  and  $NPAS2$  with prostate cancer with meta-analyses p-value  $< 0.01$ 



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 $*$   $-$ Reference allele frequency. The frequencies are calculated from 503 European subjects in the 1000 Genomes data.