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An Eight Generation Family With CMTX: Confirmation Of The Pathogenicity Of A 3['] Untranslated Region Mutation In *GJB1* And Its Clinical Features

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Abstract

Introduction—Mutations in gap junction protein beta 1 (*GJB1*) on the X chromosome represent one of the most common causes of hereditary neuropathy. We assessed manifestations associated with a rare 3' untranslated region mutation (UTR) of *GJB1* in a large family with X-linked Charcot-Marie-Tooth (CMTX).

Methods—Clinical, electrophysiological, and molecular genetic analyses of an eight-generation family with CMTX.

Results—There we 22 affected males and 19 symptomatic females, including an 83-year old woman followed for 40 years. Electrophysiologic studies showed a primarily axonal neuropathy. The c.*15C>T mutation in the *GJB1* 3'UTR was identified in four branches of the family with a log of odds (LOD) of 4.91. This created a BstE-II enzyme recognition site that enabled detection by restriction digestion.

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We confirm that we have read the Journal's position on issues involved in ethical publication and affirm that this report is consistent with those guidelines.

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Discussion—The c.*15C>T mutation in the *GJB1* 3' UTR segregates with CMTX1 in eight generations. Penetrance in males and females is essentially complete. A straightforward genetic method to detect this mutation is described.

Introduction

Charcot-Marie-Tooth hereditary motor and sensory neuropathy (CMT) is primarily an autosomal dominant disease most often caused by a duplication in the peripheral myelin protein-22 gene.¹ Shortly after the first descriptions of CMT, Harringham in England reported an affected family having X-linked inheritance². This X-linked pattern, the second most common type of CMT, is usually caused by mutations in the *GJB1* gene encoding a gap junction protein (connexin-32)³. More than 400 mutations in *GJB1* have been reported, the overwhelming majority of which are missense mutations.^{4–6} Recently, Tomaselli et al reported a variant (c.*15C>T) in the 3'UTR of *GJB1* in two small nuclear families.⁷ We evaluated a large family with this 3'UTR mutation in which we confirmed its pathogenicity and for which we provide details of clinical manifestations.

Methods

The eight-generation family (Figure 1) has been followed for more than 40 years by one author (TDB). With informed consent, under protocols approved by the University of Washington (UW) institutional review board, medical records were reviewed and blood or saliva samples collected from 5 and 11 family members, respectively.

Motor nerve conduction studies (MNCS) were performed on the upper limbs with surface electrodes, recording median and ulnar compound muscle action potentials (CMAPs) from the abductor pollicis brevis and abductor digiti minimi muscles, respectively. Some patients also underwent MNCS of the lower limbs, where fibular and tibial CMAPs were recorded from the extensor digitorum brevis and abductor hallucis muscles, respectively. We did not have consistent records for sensory nerve conduction or needle electromyography data.

DNA was extracted from buffy coat fractionated from blood. DNA from saliva samples collected via the Orange Discover ORG-500 kit (DNAGenotek, Ottawa, Canada) was extracted using prep IT L2P reagent (DNAGenotek). Exome sequencing was obtained from the UW Center for Precision Diagnostics on one subject. Molecular and parametric linkage analyses methods are provided in the Supplement.

Results

Family and Clinical Findings

Descendants of the original couple in this family emigrated from Scotland to the United States in the 19th century. By pedigree analysis individual I-2 was a likely mutation carrier. There are 22 affected males, at least 20 obligate carrier females and no male-to-male transmission of the disorder, highlighted by individuals III-4, 5, and 8. The subtle onset, slow progression and disease manifestations are typical of CMT. The most common findings are pes cavus, bilateral mild to moderate foot drop, hypoactive or absent tendon reflexes, and

Chen et al.

decreased vibratory sensation in the feet. Weakness and atrophy of hand muscles often develops. Several persons require ankle-foot orthoses (AFOs) but no use of a wheelchair. Two individuals have had surgical correction of pes cavus.

Manifestations in carrier females varied greatly. The index subject (V-10) was one of the more severely affected persons. At age 20 she noted "dragging" of her feet. By 28 she had bilateral foot drop, bilateral hand atrophy, mild pes cavus and marked loss of vibatory sensation in the feet and hands. She required AFOs by age 30. At age 39 electrodiagnostic (EDX) studies showed a demyelinating neuropathy (Table). The youngest examined female carrier (VIII-2) was 10 years old and asymptomatic, but showed mild distal muscle weakness of hands and feet and slight difficulty with heel walking. The oldest examined female carrier (IV-12) was 83 years old. At age 8 she had high arches, difficulty running and frequent ankle sprains. At age 43 she showed depressed tendon reflexes, pes cavus, mild atrophy of hand muscles and decreased vibratory sensation in her feet. EDX studies showed an axonal neuropathy. At age 83 she remained ambulatory with a walker, and had mild bilateral footdrop. Hand atrophy was more pronounced and vibration sensation was absent to the knees. Five women (IV-2, V-11, V-12 V-21, VI-5) in their 40s and 50s have had mildly unsteady gait with weakness of ankle dorsiflexion, high arched feet, and atrophy of hand muscles. Two women (V-10, VI-5) have used AFOs. One has had carpal tunnel surgery. Two women (V-12, VI-10) have had symptoms of neuropathic pain in the hands and/or feet. Several females have been asymptomatic, but on examination have had depressed tendon reflexes and mild loss of vibratory sensation. If mild findings on examination are included, the disease is fully penetrant in males and females.

EDX studies were available for 15 persons and showed no consistent difference between males and females (Table). MNCS varied from normal, to mildly slow, to occasionally within the "demyelinating" range. CMAPs were often normal but sometimes reduced. Three females had repeat studies over 4–24 years with relatively little change.

Genetic Analysis

Given the X-linked inheritance pattern in the pedigree, *GJB1* was analyzed by commercial laboratories on two separate occasions but no mutation was identified. With the report of *GJB1**15C>T, we reevaluated the available exome sequence of affected subject VII-8 and found this variant.⁷

Sanger sequencing confirmed the variant and identified it in four other affected relatives. The mutation creates a BstE-II restriction enzyme recognition site making genetic screening for this mutation relatively simple (Figure 2). Using genotypes from eighteen family members (Figure 1), two-point parametric linkage analysis under an X-linked dominant model provided strong evidence of linkage between the *GJB1* c.*15C>T allele and CMTX, with a LOD = 4.91.

We hypothesized the mutation would lead to RNA instability or affect transcript decay rate. Other than fresh blood, no tissues were available from patients. The expression databases lack consensus regarding *GJB1* expression in blood; some show very low expression by RNAseq or RNA microarray (BioGPS, GTEx). Given the high sensitivity of PCR to detect

RNAs present in very low copy number, we tried to amplify the *GJB1* cDNA fragment from isolated blood RNA from a patient and normal controls. Despite using multiple primer sets in different regions of *GJB1*, we were unable to obtain an RT-PCR product.

Discussion

The majority of mutations in *GJB1* are missense but rare ones have been described in the 5' UTR.⁸ Recently, a *GJB1* mutation (c.*15C>T) in the 3'UTR was reported in two nuclear families each with only a single affected male, precluding proof of cosegregation with disease.⁷ The present study documents cosegregation of the c.*15C>T *GJB1* mutation in four branches of a large family, with confirmation by linkage analysis. Affected males have a typical CMT syndrome and female carriers show mild manifestations of the disease with great variability.

Results of EDX studies are also variable typically showing normal or mildly slow motor NCV and sometimes low CMAP. These characteristics are similar to the CMT syndrome associated with other mutations in $GJB1.^{4-6}$ Variability of manifestations in carrier females is presumably the result of random X inactivation although Siskind et al were not able to document this phenomenon.⁹

Prior EDX studies in CMTX have demonstrated motor conduction slowing in the intermediate range (30-40 m/s in the upper limb), which we observed in 2 males and 1 female.¹⁰ Pathological studies have shown both demyelination and axon loss in CMTX. In the present family, we observed a correlation between conduction slowing and CMAP amplitude reduction and in subsequent studies we observed axon loss over time.

Without special attention to the 3 UTR of *GJB1* this mutation would be missed by many commercial genetic tests because it lies outside the normal coding region of the gene. Thus, the frequency of this particular mutation remains unknown. We have shown that the mutation creates a new DNA restriction digest site providing a simple way to screen for the mutation.

GJB1 codes for the gap junction protein connexin-32 (*Cx32*). How mutations in *GJB1* produce peripheral neuropathy in CMTX1 is not entirely clear.^{11–13} Transgenic mouse models indicate that altered synthesis or trafficking and loss of gap junction function is likely most important. Also impaired cytoskeletal organization and axonal transport defects appear to precede demyelination, suggesting the early occurrence of an axonopathy.¹⁴

The biological consequences of this UTR mutation remain unknown. The 3'UTR of other genes plays an important role in gene expression by effects on polyadenylation, translation efficiency, localization, transport and stability of mRNA.¹⁵ Tomeselli et al speculated that this variant may create a 5' donor splice site leading to aberrant splicing within the 3'UTR.⁷ This could affect mRNA stability leading to decreased *GJB1* protein *Cx32*. Patients with UTR mutations (including reported mutations in the 5'UTR) present typical phenotypes of CMTX1 as seen in cases with missense mutations in *GJB1*. In vitro and in vivo models of the disease indicate that most *GJB1* missense mutations likely cause loss of function of *Cx32*.^{14, 16} If the effect of the UTR mutations is mediated through RNA instability, this

would be the equivalent of a loss of function. Because we were unable to identify *GJB1* RNA in peripheral white blood cells in either normal individuals or mutation carriers, further investigation of this question will require additional techniques and other tissues.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Abbreviations

GJB1	gap junction protein beta 1
CMTX	X-linked Charcot-Marie-Tooth
LOD	Log of odds
СМТ	Charcot-Marie-Tooth hereditary motor and sensory neuropathy
MNCS	Motor nerve conduction studies
СМАР	Compound muscle action potentials
AFO	Ankle-foot orthoses
UTR	untranslated region mutation

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Chen et al.

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Chen et al.



Figure 1.

Eight generation pedigree of family with X-linked inheritance of CMT (CMTX). Squares are males. Circles are females. Black indicates affected persons with symptoms by exam, medical record and/or family history. Diagonal line through symbol indicates death. Arrow indicates the index family member. Genotypes within symbols indicate C for wild type and T for mutation as described in Figure 2.

Chen et al.



Figure 2.

RFLP analysis to screen for the 3' UTR non-coding region mutation in *GJB1*. (A) The mutation creates a restriction enzyme digestion site by BstEII that cuts the 243bp PCR amplification products into two Fragments of 123bp and 121bp. (B) shows the digestion results in patients with wild-type (WT, C allele), hemizygous mutation (Mut, T allele) in an affected male or heterozygous mutation (C and T alleles) in a carrier female. The two digested fragments of 123bp and 121bp are unable to be distinguished on the 2% agrose gel and appears as a single line.

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Table 1

Electrophysiologic Studies on an Extended Family with CMTX1

Pedigree #	Sex	Age		Median			Ulnar			Peroneal			Tibial	
			DML (<4.4)	Amp (>5)	CV (>50)	DML (<3.7)	Amp (>8)	CV (>50)	DML (<6.5)	Amp (>2.5)	CV (>40)	DML (<6.1)	Amp (>4)	CV (>40)
IV-2	ц	56	4.8	2	50	3.9	8	58	4.6	0.7				40
IV-12	Ц	43	4.4	8	48	3.9	8	47		Absent		4		34
IV-14	Ц	52			43			49			34			31
V-10	Ц	39	5.3	0.8	28	4	0.7	29	8.5	0.4	26			
V-11	Ц	39	3.9	8	44	2.6	15	55	6.4	9	45	6.3	6	32
V-12	Ц	33	4.2	10	48	3.2	12	49	9	5	35	6.1	12	32
VI-5	Ц	56							7.1	3	28	8.6	2.6	
		56	4.3	7.4	40	3.6	5.3	42						
		60	4.3	3.1	36	3.2	5.1	47						
6-IV	Ц	18			47			42			45			
VI-10	Ц	17	3.9	13	51	2.8	12	64	3.3	4	45			
		46	4.8	11	50	3.6	8	47	5.8	5	42	6.4	8	40
VI-13	Ц	7	2.7	8	50	2	8	45	3.3	8	47			
		12				3.4	8	47	5.1	3.5	34			
VI-14	н	13	3.4	10	44	3	10	42	5.6	10	46			
V-19	Μ	15				5.9	1.2	39		Absent		6	0.25	24
VI-4	М	23	3.4	6	57	3.1	10	55	5.2	8	44			
VI-12	М	13	4.5	2.5	39	3.9	6	45	5.9	1.2	44			
VII-8	X	16				3.2		64	4.9	2	61			

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Normal values listed in parenthesis. Abnormal values in italics. M=male; F=female; DML=distal motor latency; AMP= amplitude; CV=conduction velocity