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## Neuroanatomic, epigenetic, and genetic differences in monozygotic twins discordant for Attention Deficit Hyperactivity Disorder

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### Abstract

The study of monozygotic twins discordant for Attention Deficit Hyperactivity Disorder can elucidate mechanisms that contribute to the disorder, which affects around 7% of children. First, using *in vivo* neuroanatomic imaging on 14 pairs of monozygotic twins (mean age 9.7, standard deviation 1.9 years), we find that discordance for the disorder is mirrored by differing dimensions of deep brain structures (the striatum and cerebellum), but not the cerebral cortex. Next, using whole blood DNA from the same twins, we find a significant enrichment of epigenetic differences in genes expressed in these ‘discordant’ brain structures. Specifically, there is differential methylation of probes lying in the shore and shelf and enhancer regions of striatal and cerebellar genes. Notably, gene sets pertaining to the cerebral cortex (which did not differ in volume between affected and unaffected twins) were not enriched by differentially methylated probes. Genotypic differences between the twin pairs – such as copy number and rare, single nucleotide variants- did not contribute to phenotypic discordance. Pathway analyses of the genes implicated by the most differentially methylated probes implicated GABA, dopamine and serotonin neurotransmitter systems. The study illustrates how neuroimaging can help guide the search for epigenomic mechanisms in neurodevelopmental disorders.

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## Introduction

Attention Deficit Hyperactivity Disorder (ADHD) affects around 7 – 10% of school age children, making it one of the most prevalent behavioral problems of childhood<sup>1</sup>. Although ADHD is highly heritable (twin studies  $h^2 > 0.7$ ), no common single nucleotide variants have emerged with genome-wide significance and few candidate genes have been consistently replicated<sup>2, 3</sup>. Here, we aim to further progress into pathophysiological mechanisms through the study of monozygotic (MZ) twins discordant for ADHD.

How can monozygotic twins be discordant for a disorder that is as highly heritable as ADHD? Such MZ twins have identical demographic characteristics and highly similar genotypes and environments. Nonetheless, in fully discordant pairs, one twin shows the triad of impairing symptoms of inattention, hyperactivity and impulsivity that define ADHD, whereas the co-twin is free of symptoms. Here, we consider epigenetic and genotypic contributors to phenotypic discordance. Epigenetic changes, such as altered DNA methylation, correspond to changes in gene expression without changes in DNA sequence. Such differential methylation has been found in twins discordant for autism, depression, schizophrenia, and bipolar affective disorder<sup>4–8</sup>. The only previous epigenetic study of ADHD used a case-control design in unrelated singletons and found differential methylation of probes lying near *VIPR2*, a gene implicated in neurodevelopment<sup>9</sup>. Here, we extend this work to ask if epigenetic differences contribute to discordance for ADHD among MZ twins.

In addition to epigenetic contributions, genotypic changes may also affect phenotypic discordance. Although MZ twins have highly similar genotypes, they are not identical and can differ with regard to large gene duplications and deletions, i.e. copy number variants (CNVs). CNVs have sometimes, but not always, emerged as a source of discordance between MZ twins for several neuropsychiatric disorders, including autism and schizophrenia<sup>10–13</sup>. Thus, here we also address whether discordance for CNVs is associated with discordance for ADHD. Additional alterations such as functionally deleterious single nucleotide variants (SNVs) have been also recently implicated in neurodevelopmental disorders<sup>14, 15</sup>. Studies examining SNVs have mainly used a case-control rather than a MZ twin design, and none have considered ADHD. Here, we also consider DNA sequence variation as a potential driver of phenotypic discordance in twins.

The search for genetic and epigenetic mechanisms can be guided by brain-based phenotypes. Here, we focus on neuroanatomic differences tied to discordance for ADHD within twin pairs, defined *in vivo* through magnetic resonance imaging (MRI). It has been reported that there is a smaller caudate nucleus in the affected twin of MZ pairs discordant for ADHD<sup>16</sup>. We extend the search for disorder-related changes to other brain regions implicated in ADHD- the cerebellum, cerebral cortex and thalamus. Anatomic anomalies in all of these regions has been reported among those with ADHD<sup>17–20</sup>. Additionally, interconnections between these regions form the basis for the large scale brain networks that support multiple cognitive functions that are disrupted in the disorder<sup>21</sup>.

We expect that some structures will mirror the diagnosis, differing between affected and unaffected twins (i.e., ‘discordant’ brain regions), whereas others will not differ (i.e.,

‘concordant’ brain regions). Different brain regions show developmental differences in gene expression patterns. We hypothesize that epigenetic and/or genetic changes associated with discordance for ADHD will show enrichment in genes whose expression occurs in brain regions tied to discordance for the disorder. Conversely, genes expressed in structures that do not differ between affected and unaffected twins are not predicted to show such enrichment of epigenetic/genetic changes. This approach serves to augment confidence in the biological significance of epigenetic/genetic changes found in peripheral tissue samples by showing that they also mirror *in vivo* neuroanatomic changes in the same participants. Finally, we also conduct hypothesis-free analyses on our genome wide methylation, genotype, and exome sequencing data to define the biological pathways implicated by twin differences in genotype or epigenotype.

## Materials and Methods

### Participants

Discordance was defined by the presence of ADHD in one twin and absence of ADHD in the co-twin. Initially, we identified MZ twins believed by their parents to be discordant for ADHD through national support groups for ADHD and for families with twins. Exclusion criteria included cerebral palsy, psychiatric disorders other than Oppositional Defiant and Conduct Disorder, chronic medical or neurological disorders, pervasive developmental disorders, and Full Scale IQ <80. The parents of 364 MZ pairs were screened via telephone, and 334 pairs did not meet criteria. The reasons for exclusion were most commonly lack of sufficient discordance in ADHD symptoms, another primary diagnosis, lack of pervasive impairment due to ADHD or chronic medical conditions. Thirty pairs proceeded to assessment at the Clinical Center of NIH. Psychiatric diagnoses were based on the Diagnostic Interview for Children and Adolescents-Child, Adolescent, and Parent versions [DICA], revised)<sup>22</sup>. Fifteen of these MZ pairs were determined to be fully discordant for ADHD, the remainder were concordant or only partially discordant for ADHD. All 15 pairs provided DNA for genome wide methylation and genotype analysis. Whole exome sequencing required re-consenting, and this was obtained on eight of these pairs. All procedures were approved by the IRB of the NIH. Parents gave written consent, and children gave assent.

### Brain imaging

T1-weighted neuroanatomic magnetic resonance imaging (MRI) was acquired using three-dimensional spoiled gradient-recalled echo in the steady state on a 1.5-T General Electric Signa scanner (Milwaukee, WI). Imaging parameters are given in the Supplementary Methods 1). Cerebral cortical, cerebellar and deep structure (caudate, putamen, thalamus) reconstruction and volumetric segmentation were performed using FreeSurfer version 5.3.0 (<http://surfer.nmr.mgh.harvard.edu/>). All segmentations were inspected by two raters; images on fourteen pairs of twins passed this quality control. As the brain volumes were correlated, we calculated the effective number of independent tests to which the actual tests performed were equivalent<sup>23</sup> and set significance at  $P < 0.007$  ( $0.05/7.18$ , the number of effective tests).

## Genome wide methylation mapping

Genomic DNA was extracted from whole blood and bisulfite conversion was performed using the EZ DNA Methylation-Gold kit (Zymo Research, Irvine, CA) following the manufacturer's protocol (Supplementary Methods 2). The Illumina Infinium HumanMethylation450 BeadChip array was used to assess genome-wide methylation. The R package ChAMP was then used to convert raw intensity signals to  $\beta$  values, remove low quality probes, and perform BMIQ normalization for type I and II probes.<sup>24</sup> Probes on sex chromosomes were removed, resulting in a final set of 472,685 probes. Hierarchical clustering was applied to these probes and the resulting dendrogram showed a high degree of clustering, confirming monozygosity, within 24 individuals in 12 MZ pairs as would be expected in MZ twins<sup>25, 26</sup>. Six samples, from three MZ twin pairs, were excluded from further analyses. Additional analyses suggest their dissimilarity resulted from quality control issues in DNA methylation assays (Supplementary Methods 2). No batch effects were detected (Supplementary Methods 3).

**Analysis**—We hypothesize that methylation differences are likely to contribute to the pathophysiology of ADHD if either the differences are of a large magnitude or the methylation difference recurs across sets of twins. We implemented this hypothesis by incorporating two key variables ( $\beta$ ,  $n$ ), defined as follows. We calculated the directed within-twin pair difference (affected  $\beta$  – unaffected  $\beta$ ) and summarized in absolute magnitude, noting differences that were consistently positive (hypermethylated affected twin) or negative (hypomethylated in the affected twin) – abbreviated henceforth to  $\beta$ . We binned these  $\beta$  values using increments of 0.01 for  $\beta$  differences between 0.01 and 0.15, and increments of 0.05 for  $\beta$  differences between 0.15 and 0.95, the maximum observed difference. We then tabulated the number of differentially methylated probe sets detected for every combination of observed  $\beta$  and number of twin sets ( $n$ ) showing differences greater or equal to this  $\beta$  (further explanation of the methods is given in Supplementary Methods 4). This provided a matrix with 173 observed probe sets (out of a possible 372), each occurring at a particular  $\beta$ ,  $n$ - see Figure 1. Thus, we conduct our analyses at multiple different thresholds, testing every possible combination of the magnitude of methylation differences and number of twin pairs showing this difference. This approach allows us to integrate these two key variables, without making assumptions about their relative importance and without imposing an arbitrary threshold for consideration.

Using the Illumina 450k methylation array profile we annotated the differentially methylated probes as falling in CpG islands, shores and shelves (4 kb genomic regions flanking CpG islands), or enhancers. We considered these different genomic regions given evidence that methylation of each region may have a different functional impact<sup>27</sup>. We then applied a one-tailed hypergeometric test to determine whether the 173 differentially methylated probe sets were overrepresented in any of these three genomic regions, compared to all probes (Supplementary Methods 5). To correct for testing 173 potentially correlated probe sets, we called significance at FWER<5%. To facilitate comparison with previous studies, we also analyzed data using the 'rank-sum' approach that has been widely used in psychiatric epigenetics<sup>4, 5, 28</sup>. This approach ranks probes according to the sum of the results of a paired

t test (with low p values having a high rank) and the absolute magnitude of the mean methylation difference.

### Identifying and testing of candidate of gene-sets

Our primary hypothesis was that there would be enrichment of differentially methylated probes associated with genes that are expressed in discordant, but not concordant brain regions. We thus formulated lists of genes highly expressed in these regions from the Human Brain Transcriptome<sup>29</sup> (with a ceiling of 100 genes), focusing on genes expressed during early developmental stages, given the early onset of ADHD. We also devised lists of biological pathways implicated by genes associated with ADHD by previous studies<sup>2, 3, 30, 31</sup> (Supplementary Methods 6). Finally, we created three “negative control” gene sets, which were not expected to show differential methylation profiles: gene sets pertaining to neurodegenerative (amyotrophic lateral sclerosis), pulmonary (chronic obstructive pulmonary disorder), and skeletal growth disorders. In total, we analyzed 39 candidate biological pathways or gene-sets.

To test for gene set enrichment, we mapped probes to their nearest gene, based on the genomic distance to the boundary of the protein coding locus (defined in the UCSC browser). We used the hypergeometric distribution to test whether the differentially methylated probes are significantly enriched in a candidate gene set for every given ( $\beta$ ,  $n$ ) combination. A gene set was called significant when  $q < 0.05$ . We repeated the above procedure for every combination of ( $\beta$ ,  $n$ ) and counted the total number of significant calls for each candidate gene set across all combinations. The total number of significant calls required to pass the threshold for significant enrichment was determined through simulation (Supplementary Methods 7). To reach significance, the threshold for shore and shelf differentially methylated probes was 7 and the threshold for enhancer differentially methylated probes was 12 (both  $q = 0.043$ ). A power analysis showed good power for the analyses pertaining to gene sets enriched by shore and shelf probes, and less power for those pertaining to enhancer probes (Supplementary Methods 8). Finally, we found no evidence that the gene set enrichment was confounded by cross-reactive probes, associated SNPs, or cell type heterogeneity in methylation analyses (Supplementary Methods 9 and 10).

### Genes implicated by the probes with greatest differential methylation

We identified the genes implicated by small probe sets (<100 probes) which had either a large  $\beta$ ,  $n$  or both, thus implicating a manageably small number of associated genes for pathway analyses. These genes served as input for core Ingenuity Pathway Analyses. This software maps each gene to a corresponding gene object in the Ingenuity Knowledge Base. Enrichment of specific pathways was determined relative to the database, with Benjamini-Hochberg adjustment for multiple comparisons ( $q < 0.05$ ).

### SNP arrays and CNV detection

Fifteen twin pairs were genotyped using the HumanOmniExpressExome BeadChip platform (964,193 SNPs), following the Illumina Infinium Assay protocol. The data were scanned by iScan and processed with the genotyping module in GenomeStudio v2011.1 (Illumina, San Diego, CA). Samples with a call rate of <0.99 and SNPs with a GenTrain score of <0.7 were

excluded from analysis. Copy number analysis was performed on the remaining 941,932 SNPs using CNVPartition v3.2 (Illumina, San Diego, CA) and Nexus Copy Number v7 (Biodiscovery, Inc, El Segundo, CA). Details of CNV definition are given in Supplementary Methods 11. We focused on CNVs that recurred across either affected or unaffected twins.

### Exome sequencing to detect rare, functionally deleterious SNVs

We isolated exome DNA from whole blood genomic DNA and performed paired-end sequencing on the Illumina HiSeq 2500 (Illumina, San Diego, CA). We aligned sequence data using NovoAlign<sup>32</sup> and removed PCR duplicates using SAMtools<sup>32</sup>. Data quality measures are given in Supplementary Methods 12. We compared the sequence of each pair of twins using programs designed to detect genetic differences between highly similar samples: Shimmer<sup>33</sup>, SomaticSniper<sup>34</sup>, and MuTect<sup>35</sup>. Genetic differences discovered by at least two programs were annotated for functional significance with Annovar<sup>36</sup>. Variants were classified as rare if they had a minor allele frequency of <1% in the 276 ClinSeq exomes with 10× coverage at that position (regardless of allele). We considered those rare, functionally deleterious SNVs which occurred only in affected or only in unaffected individuals.

## Results

### Clinical and neuroanatomic

The fifteen twin pairs who were fully discordant for ADHD had a mean age of 10.9 years (SD = 2.3 years) at first assessment. Twelve pairs (86%) were male, and all were of white, non-Hispanic ancestry. The affected twins had a mean of 7.8 (SD = 1.3) inattentive and 6.9 (SD = 1.6) hyperactive/impulsive symptoms. The unaffected twins had a mean of 1.2 (SD = 1.3) inattentive and 0.9 (SD = 1.4) hyperactive/impulsive symptoms (paired t-test for inattentive  $t(14) = 10.5$ ,  $P < 0.0001$  and for hyperactive/impulsive symptoms  $t(14) = 10.6$ ,  $P < 0.00001$ ). Comorbidity was confined to Oppositional Defiant Disorder, which was present in two affected twins. There was no twin difference in either general intelligence (affected twin mean IQ of 112, [SD = 15]; unaffected mean = 112 [SD = 12];  $t(14) = 0.73$ ,  $P = 0.47$ ) nor in birth weight (unaffected, mean 2257 (SD 525) grams; affected 2196 (SD 455) grams:  $t(12) = 1.11$ ,  $p = 0.29$ ).

Within the 14 MZ twin pairs with neuroanatomic data, the affected twin had a significantly smaller (Bonferroni adjusted) right caudate (paired  $t = 3.31$ ,  $P = 0.0055$ ) and right thalamic nuclei ( $t = 3.2$ ,  $P = 0.007$ ) -Figure 2). By contrast, a larger right cerebellar cortex was associated with ADHD within twin pairs ( $t = 3.0$ ,  $P = 0.01$ ). The volumes of the right and left cerebral cortex did not differ between affected and unaffected twins ( $P > 0.1$ ).

### Epigenetic analyses

Differentially methylated probe sets were significantly enriched in shores and shelves and enhancers, but not in CpG islands (at FWER < 0.05) - see Figure 3. Specifically, 68 of the 173 differentially methylated probe sets were enriched in shore and shelf regions and 67 differentially methylated probe sets were enriched in enhancer regions. We thus confined further analyses to shore/shelf and enhancer probes.



We tested our primary hypothesis by determining whether these differentially methylated probe sets were enriched within genes expressed during early development in the discordant brain structures. Three of the brain gene sets pertaining to the discordant brain regions (striatum, thalamus and cerebellum) showed significant enrichment with differentially methylated shores and shelves, but not enhancer probes (see Methods; Table 1). Notably, we find that the gene sets pertaining to the concordant cerebral cortex were not enriched by differentially methylated probes. In further exploratory analyses, we calculated the Pearson correlations between probe methylation differences and volume differences in the discordant brain structures, and report significant probe-structure correlations (at  $p < 0.001$ ) in Table S8.

We next examined 28 gene sets implicated in ADHD by previous research. Six of these ADHD gene sets showed enrichment of genes implicated by differentially methylated shore and shelf probes, and eight showed enrichment by differentially methylated enhancer probes. None of the ‘negative’ control gene-sets pertaining to non-ADHD related problems showed any enrichment (see Methods).

We repeated the analyses using the ‘rank-sum’ approach. (Supplementary Methods 13). In line with our main analyses, we found that the top ranked probes enriched both shore and shelf and enhancer regions (Supplementary Figure 5), but did not find any candidate gene set enrichment by these top ranked probes (top 100 ranked probes listed in Table S9).

### Genetic variants

No CNVs occurred more than once across the affected twins, and there was no overall excess of CNVs in the affected twins. A comparison of the CNV burden between affected and unaffected twins is given in the Supplementary Table 7, Supplementary Figure 4.

No single nucleotide variants were detected that met our criteria of being (1) present in either only affected or only in unaffected twins; (2) recurrent; (3) designated as rare with adequate coverage by sequence data.

### Pathway analyses

In exploratory, hypothesis free analyses, we mapped the 453 probes with the greatest differential methylation to the nearest gene – see Supplementary Table 10. Several of these genes are expressed in the discordant brain structures. These include neurodevelopmental genes, specifically homeobox genes (*PAX6* and *MEIS2*), neural transcription regulators (*BTB3D*), and neurotrophins (*NGFR*).

### Pathway analyses implicate neurotransmitter signaling

The genes implicated by the most differentially methylated probes were submitted to core pathway analyses. This approach identified significant enrichment (surviving Benjamini-Hochberg multiple testing correction;  $q < 0.05$ ) for signaling pathways within the brain (Table 2). For both shore and shelf and enhancer probes, GABA receptor signaling emerged as the most strongly implicated pathway. Other signaling pathways implicated by enhancer (though not shore and shelf) differentially methylated probes, included *ERK* (extracellular

signal regulated kinase) and monoaminergic (serotonin, dopamine) neurotransmitter pathways.

## Discussion

This study leverages *in vivo* neuroanatomic imaging to inform the search for epigenetic and genetic changes that contribute to discordance for ADHD within MZ twin pairs. At the neuroanatomic level, the affected twin had a significantly smaller right striatum and thalamus, and a trend toward a larger cerebellum. Affected and unaffected twins did not differ in cerebral cortical volume. Among these twin pairs, differential methylation of shore and shelf and enhancer sites was associated with genes expressed during the early development of the striatum, thalamus, and cerebellum. Thus, as hypothesized, differentially methylated probes were enriched among genes expressed in discordant brain structures. Conversely, the cerebral cortex did not differ in volume between twins, and genes expressed in early cerebral cortical development did not show differential methylation. Hypothesis-free approaches using genome wide level methylation data implicated pathways pertaining to neurotransmitter signaling (mainly GABA) and genes expressed in discordant brain structures. Several candidate genes were also identified through our epigenetic analyses, including homeobox gene *MEIS2* and the *VIPR2* gene, implicated by the only other epigenetic study of ADHD<sup>9, 37</sup>. Finally, copy number variants and rare, deleterious SNVs did not emerge as a major driver of discordance in this small sample.

We extend prior reports of striatal volume differences between MZ twins discordant for ADHD by showing similar differences in the putamen, thalamus, and the cerebellum<sup>16</sup>. Each of these structures has been implicated in ADHD by previous studies<sup>38–42</sup>. Similar neuroanatomic divergence has also been reported in MZ twins discordant for other neuropsychiatric disorders, including autism, Alzheimer's, and schizophrenia<sup>43–45</sup>. Of particular relevance are differences in cerebellar but not cerebral cortex volumes in MZ twins discordant for autism (Kates, Burnette et al. 2004). Autistic Spectrum Disorder and ADHD have a strong genetic overlap and share certain clinical features, such as early age of onset and male preponderance<sup>46, 47</sup>. Our finding adds neuroanatomic change in the cerebellum as another shared feature between Autistic Spectrum Disorder and ADHD.

Given that brain tissue is not available from twins with ADHD, nor from singletons, we linked peripheral differential methylation profiles with *in vivo* neuroanatomic changes. Others have more directly examined peripheral blood and brain tissue methylation patterns and found that the profiles are at least partly correlated<sup>48, 49</sup>. Additionally, epigenetic modifications have been linked with neurogenesis, brain development, and neurodevelopmental disorders<sup>50–53</sup>. In combination with data from previous studies, our findings bolster the case for assigning possible biological significance to our epigenetic findings.

### Genes implicated by differential methylation

Notably, some candidate genes in ADHD – such as *MEIS-2*, *BTBD3*, *NGRF*, and *VIPR2* – were also implicated by our differential methylation studies. Homeobox genes, pivotal in neurodevelopment, were strongly implicated by both highly differential methylation profiles



and by expression in discordant brain structures (Table S10). Splice and nonsense mutations of the paired box homeotic gene-6 (*PAX6*), which encodes a transcriptional regulator involved in cerebellum and eye development,<sup>54</sup> have been implicated in syndromes characterized by cerebellar deficits, intellectual disability and aniridia<sup>55</sup>. The *PAX6* gene has rich interactions with another homeobox gene, Homeobox protein *MEIS-2*, which is both expressed in the striatum and differentially methylated in this study. Together, these genes act as transcriptional regulators of several genes (including *EPH8A*) in the developing midbrain<sup>56</sup>. The *MEIS-2* gene has also been nominally associated with the severity of hyperactive-impulsive symptoms in a family-based study of ADHD<sup>37</sup> and we found *MEIS-2* associated probes to be hypermethylated in 10 of the affected twins (with  $\beta \geq 0.02$ ).

Others genes involved in brain development were also implicated by extreme differences in methylation profiles. The, BTB (POZ) domain containing 3 (*BTBD3*) gene acts as a key regulator of dendritic field orientation during development of sensory cortex and is expressed in the fetal cerebellum<sup>57</sup>. The nerve growth factor receptor (*NGRF*) gene is expressed in the cerebellum, and binds several neurotrophic factors. These neurotrophic factors are involved in neuronal survival, myelination, and synapse formation and are thus strong candidates for neuropsychiatric disorders<sup>58</sup>. Although *NGFR* was not associated with ADHD in a case-control study<sup>59</sup> common variants in the gene have been associated with bipolar affective disorder, depression, and suicidality<sup>60-62</sup>.

We also find differential methylation of the *VIPR2* gene, with hypermethylation occurring in three affected twins (with  $\beta \geq 0.15$ ), and this gene formed part of the gene-enriched Gs signaling pathways we report ( $q=0.03$ - see Table 2). A prior study, using salivary DNA, also found the *VIPR2* gene to be differentially methylated<sup>9</sup>. We note however that we found hypermethylation, rather than hypomethylation as in the earlier study, and the probes in each study were at slightly different locations. Nonetheless, some genes implicated by differentially methylated probes are emerging as worthy of further evaluation.

### Pathway analyses

The pathway analyses showed an enrichment of signaling pathways related to neurotransmission. GABA signaling pathways were implicated by both shore and shelf and enhancer differentially methylated probes. The GABA neurotransmitter pathway has rich interactions with dopaminergic systems that have long been thought to play a pivotal role in ADHD, and GABAergic genes appear enriched for CNVs in ADHD<sup>30, 63</sup>. Another implicated pathway, the CDK5 signaling pathway, also acts on dopamine signaling, amplifying signals through a positive feedback loop<sup>64</sup>. The ERK (extracellular signal regulated kinase) pathway is of particular interest, as genetic alterations in the pathways are emerging as a leading cause syndrome characterized by global intellectual impairment and constellations of motor and cognitive delays<sup>65</sup>.

### Strengths and limitations

The MZ twins were ascertained through rigorous clinical assessment, which may have amplified the likelihood of causal events being present in the affected subjects. By the same

token, such an “extreme” twin phenotype is very rare, so we may have failed to detect inherently infrequent genomic events such as rare, deleterious SNVs in such a small cohort.

Could differential methylation reflect discordance for factors other than ADHD, such as medication or comorbid disorders? Eight of the fourteen affected twins had taken psychostimulant medications as treatment for their ADHD; however, no associations between psychostimulants and methylation profiles have been found in prior work<sup>9</sup>. Non-disorder-specific neuropsychological differences are also unlikely to drive discordant methylation, as we did not find general intelligence differences between affected and unaffected twins. Contributions from other psychiatric disorders are unlikely, as the only comorbidity was oppositional defiant disorder, which was present in only two affected twins. Future studies would ideally include MZ twins who were concordant for health or concordant for ADHD, allowing firmer conclusions to be drawn about the specificity of the methylation changes we report.

## Conclusion

The study illustrates how the integration of neuroimaging, genomics and epigenetics can reveal potential new pathophysiological mechanisms involved in the neurodevelopmental disorders.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

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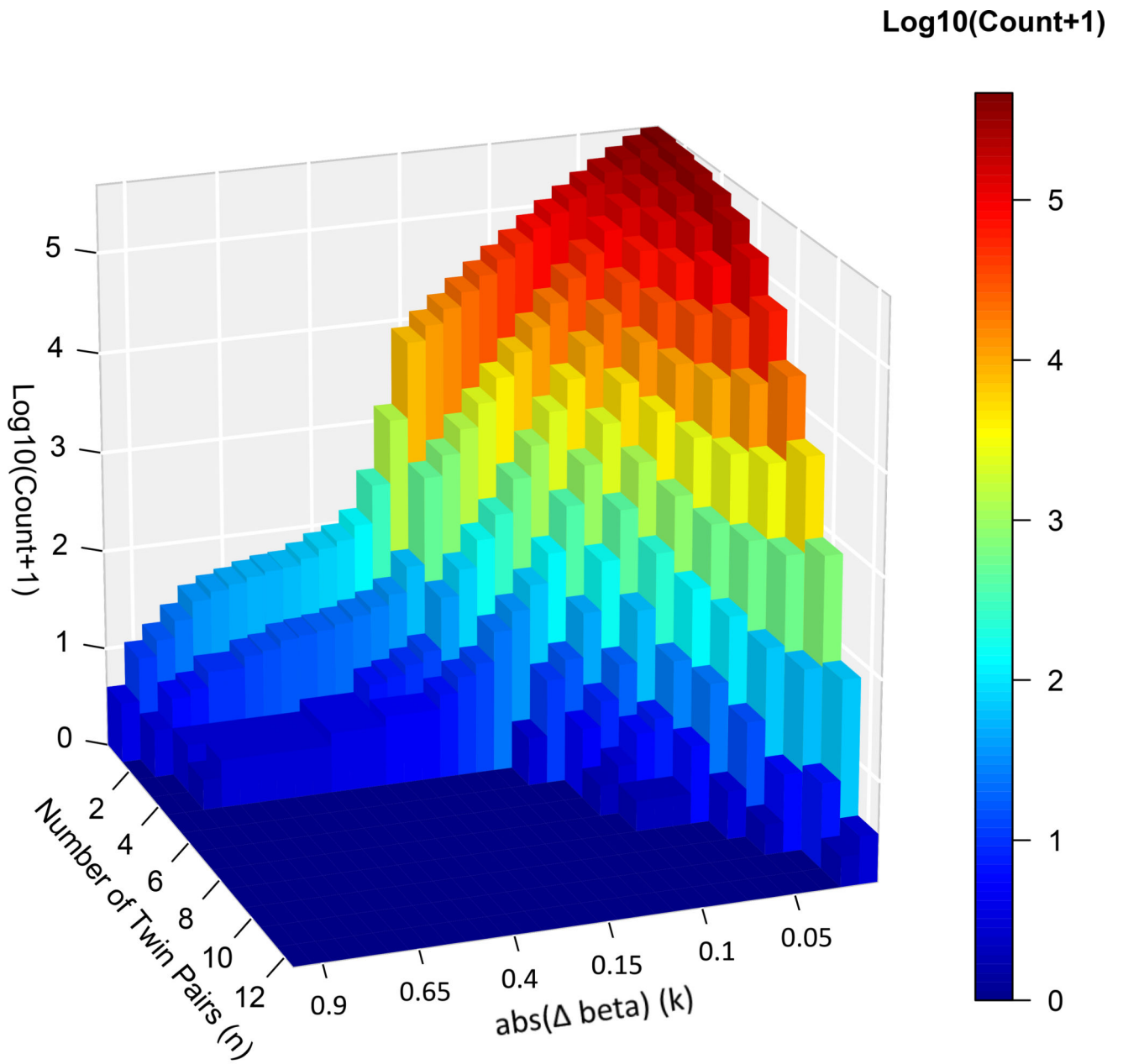
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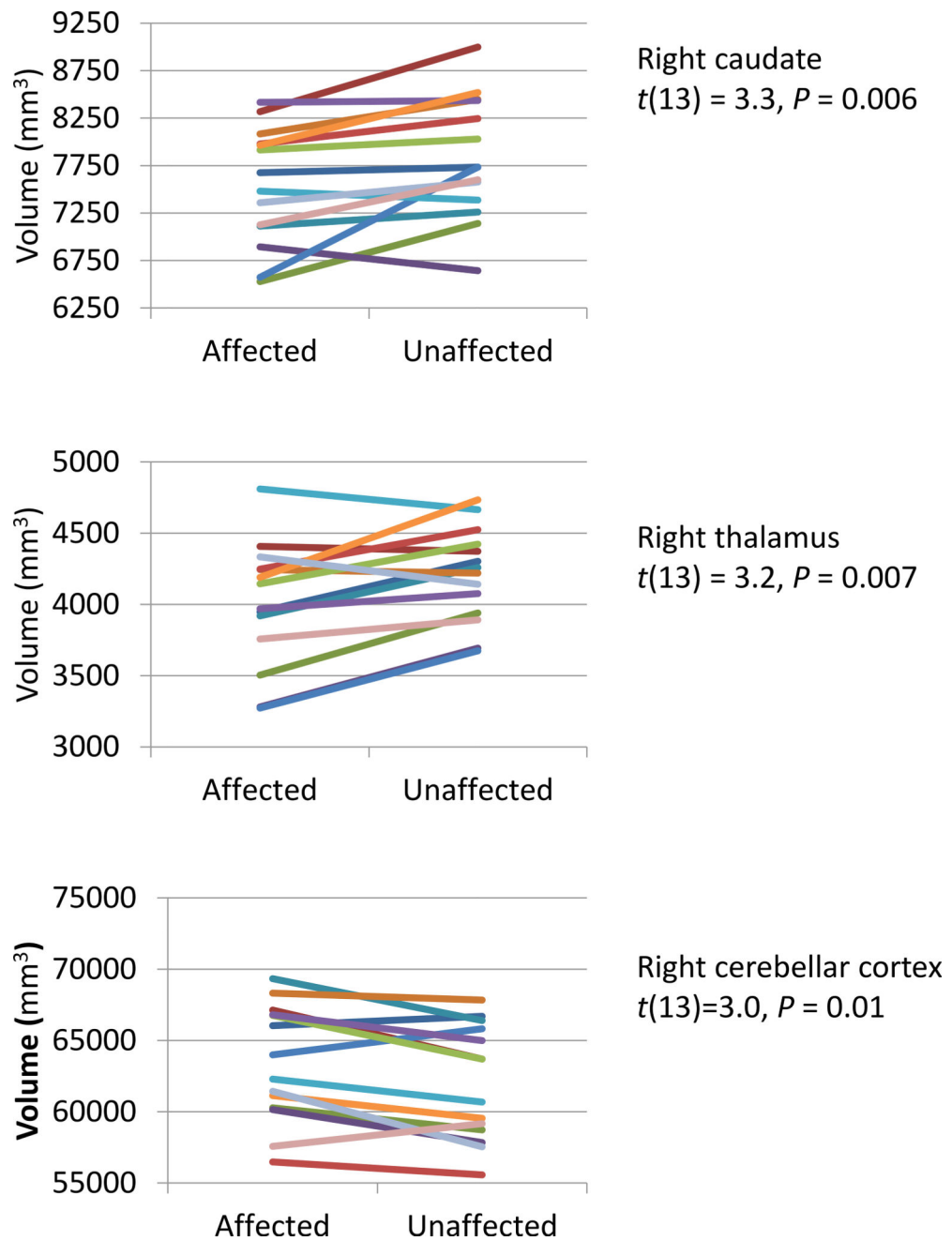
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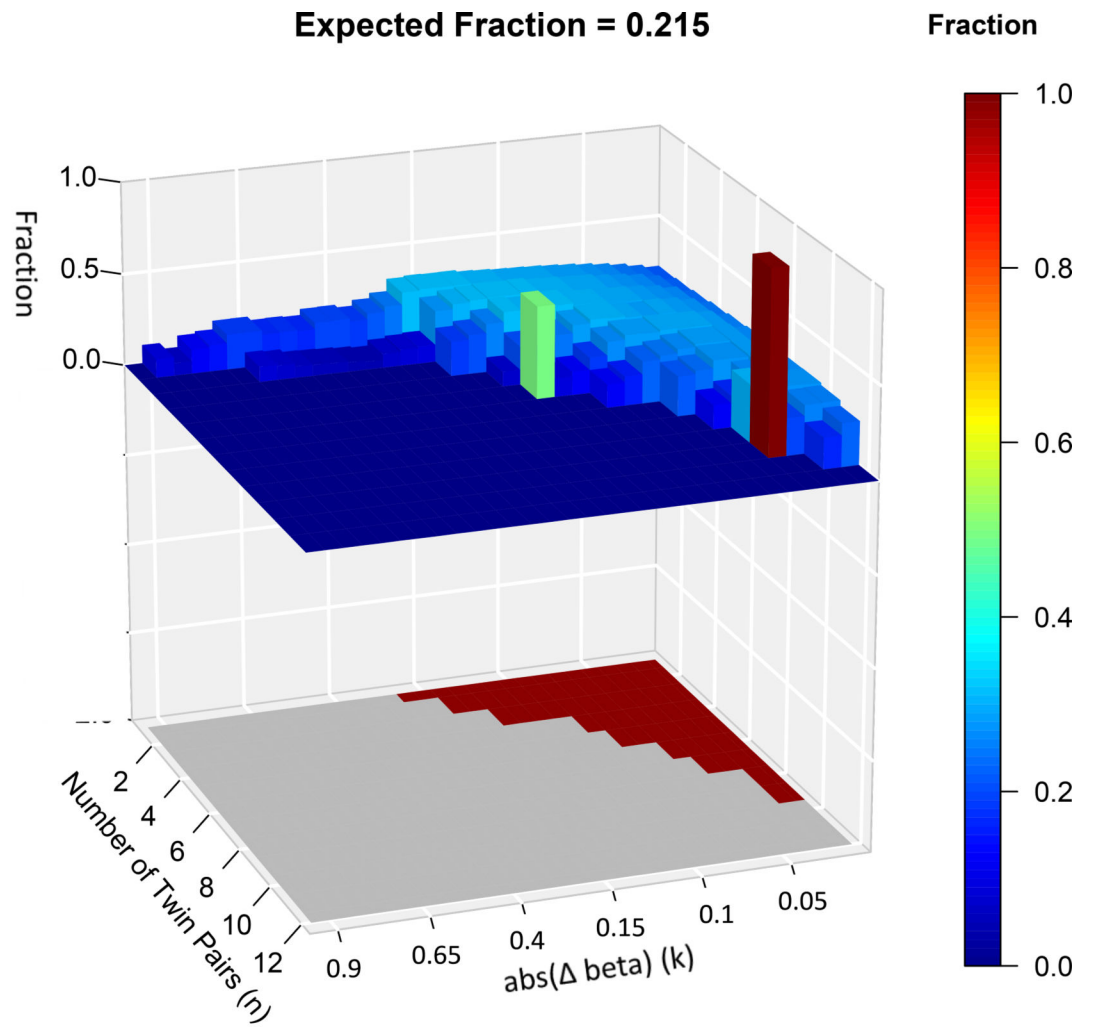


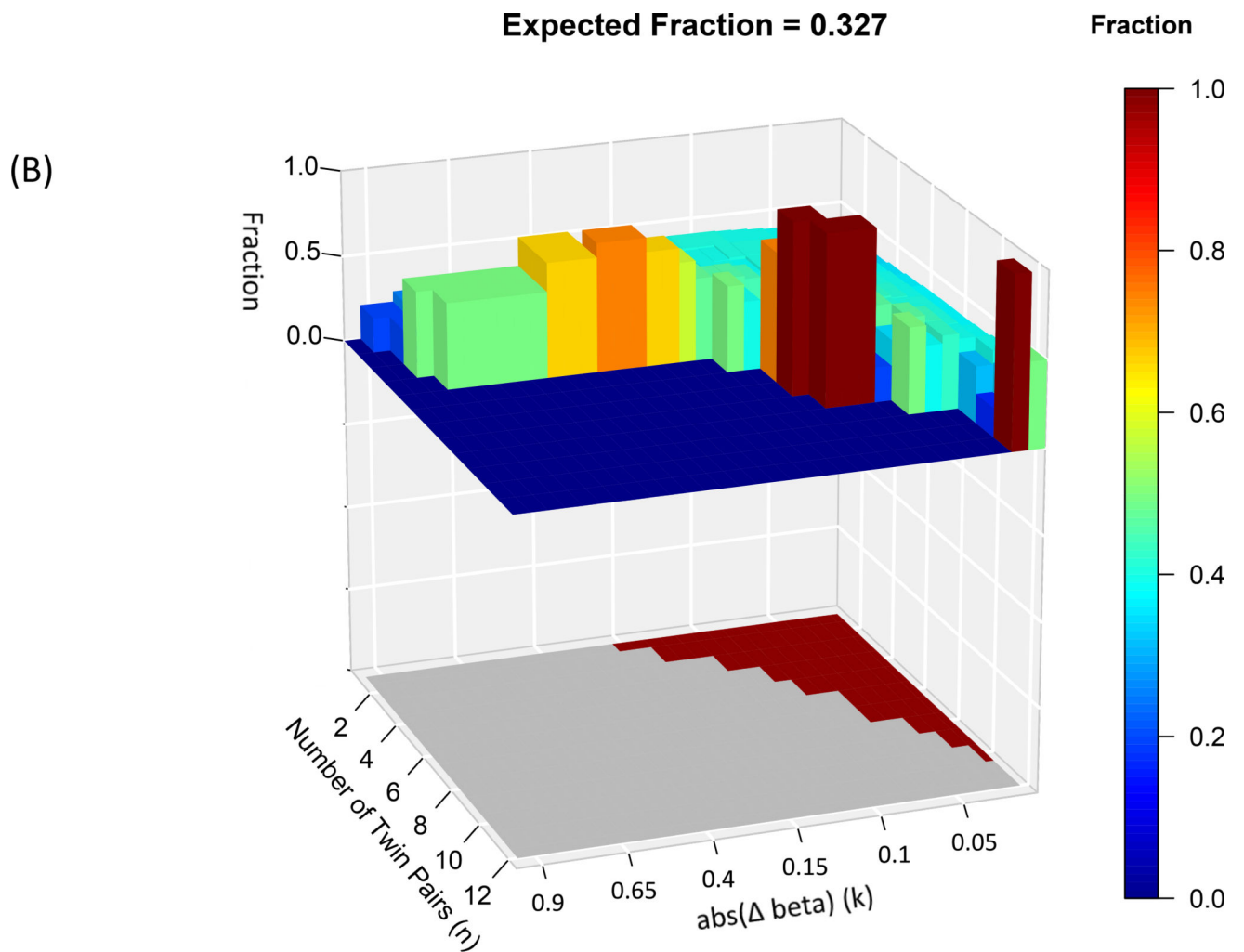
**Figure 1.** Histogram showing the log number of differentially methylated probes observed for every combination of  $\beta$  and number of twin pairs.



**Figure 2.** Brain structures showing neuroanatomic discordance in monozygotic twins. Each line connects the volumes for the brain structure indicated for a twin pair.

(A)





**Figure 3.**

Each graph has an upper 3D histogram showing the fraction of differentially methylated probes at each  $\beta$  and  $N$  that lie in (A) enhancers; (B) shore and shelf; The lower 2D map indicates whether that differentially methylated probe set is significantly enriched (red) or not (grey). There was no significant enrichment of probes in CpG islands. Also note, differentially methylated probe sets with high fraction values may not attain significance due to the small numbers of probes in those sets.

List of candidate gene sets tested, including the number of probes and number of differentially methylated probes associated with enhancer or shore and shelf regions.

**Table 1**

Gene-set name	N of genes	N of probes associated with:		N of significantly differentially methylated probes associated with:	
		Enhancer regions	SS* regions	Enhancer regions	SS* regions
<b>Fetal cerebellum</b>	83	1136	1163	0	<b>12</b>
<b>Neonatal cerebellum</b>	100	1159	1175	0	<b>9</b>
<b>Fetal striatum</b>	59	804	818	1	7
Neonatal striatum	95	984	1378	0	4
<b>Fetal mediodorsal nucleus thalamus</b>	100	949	968	0	<b>10</b>
Neonatal mediodorsal nucleus thalamus	100	976	925	0	0
Fetal neocortex	23	222	212	2	0
Neonatal neocortex	13	109	95	1	0
<b>Developmental growth involved in morphogenesis</b>	6	137	98	11	<b>12</b>
<b>System development</b>	34	742	551	3	<b>9</b>
<b>Developmental growth</b>	8	233	119	13	<b>9</b>
<b>Multicellular organismal development</b>	37	755	577	3	<b>9</b>
<b>Generation of neurons</b>	16	404	244	14	<b>8</b>
<b>Neuron differentiation</b>	15	396	237	14	<b>7</b>
<b>Growth</b>	13	310	180	14	4
<b>Neurological disease</b>	44	889	555	14	3
<b>Neuron projection development</b>	13	381	215	15	2
<b>Cation binding</b>	33	693	414	15	0
<b>Cell projection organization</b>	14	414	230	12	0
Axonogenesis	11	330	178	9	2
Glutamatergic synapse	3	47	33	0	4
Keratinocyte proliferation	3	51	28	0	2

Gene-set name	N of genes	N of probes associated with:		N of significantly differentially methylated probes associated with:	
		Enhancer regions	SS* regions	Enhancer regions	SS* regions
Proteasome	2	7	14	0	0
Ion binding	36	765	648	7	0
Metal ion binding	35	760	634	7	0
Calcium ion binding	14	207	123	9	0
Hexokinase activity	2	19	12	0	0
Microtubule cytoskeleton organization and biogenesis	20	75	138	2	0
Golgi vesicle transport	27	100	165	1	0
Regulation of cytoskeleton organization and biogenesis	19	152	144	2	0
Spliceosome	14	54	102	1	0
Nuclear hormone receptor binding	11	110	166	0	0
Calcium channel activity	22	292	317	3	3
Carboxylesterase activity	13	57	44	1	0
Lipase activity	19	124	91	2	0
ADHD CNV genes	35	318	383	0	5
Skeletal development	103	1303	1041	0	4
Chronic obstructive pulmonary disease up	157	630	1287	0	0
Anytrophic lateral sclerosis ALS	53	292	493	0	0

**Bold numbers indicate gene sets meeting the threshold of significance (at least 12 significant calls for enhancer gene sets and at least seven significant calls for shore and shelf gene sets).**

\* SS= shore and shelf



**Table 2**

Biological pathways that were overrepresented in the gene lists associated with the differentially methylated (A) shores and shelves regions, and (B) enhancer sites.

(A)		
Pathway	-log (BH p value)	Gene names
GABA receptor signaling	1.53	<i>ADCY9, MRAS, GABBR1, ADCY10, KCNH2</i>
Gs signaling	1.53	<i>ADCY9, VIPR2, GLPIR, MRAS, ADD1, ADCY10</i>
ERK/MAPK signaling	1.37	<i>YWHAG, ATF1, PPP2R5D, HIST1H3C, MRAS, RAC1, PIK3R5</i>
Breast cancer regulation by stathmin 1	1.37	<i>ADCY9, PPP2R5D, MRAS, RAC1, PIK3R5, ADCY10, TUBB</i>
Superpathway of inositol phosphate compounds	1.37	<i>SOCS3, ATP1A1, PPP2R5D, PIK3R5, MTMR7, INPP5A, SIRPA</i>
IGF-1 signaling	1.37	<i>SOCS3, YWHAG, NOV, MRAS, PIK3R5</i>
CDK5 signaling	1.37	<i>ADCY9, PPP2R5D, NGFR, MRAS, ADCY10</i>
Gap junction signaling	1.36	<i>ADCY9, NOV, MRAS, PIK3R5, ADCY10, TUBB</i>
3-phosphoinositide biosynthesis	1.36	<i>SOCS3, ATP1A1, PPP2R5D, PIK3R5, MTMR7, SIRPA</i>
Renin-angiotensin signaling	1.34	<i>ADCY9, MRAS, RAC1, PIK3R5, ADCY10</i>

(B)		
Pathway	-log (BH p value)	Gene names
GABA receptor signaling	2.49	<i>ADCY9, ADCY10, KCNH2</i>
Phospholipase C signaling	2.40	<i>ADCY9, HDAC4, FCGR2A, ADCY10, PLD1</i>
Fc receptor-mediated phagocytosis in macrophages and monocytes	2.09	<i>DOCK1, FCGR2A, PLD1</i>
Gs signaling	1.79	<i>ADCY9, ADORA3, ADCY10</i>
Serotonin receptor signaling	1.79	<i>ADCY9, ADCY10</i>
Cellular effects of sildenafil (Viagra)	1.71	<i>ADCY9, ADCY10, KCNH2</i>
G-protein coupled receptor signaling	1.57	<i>ADCY9, ADORA3, ADCY10, ADRA1B</i>
CXCR4 signaling	1.53	<i>DOCK1, ADCY9, ADCY10</i>
Gap junction signaling	1.50	<i>ADCY9, NOV, ADCY10</i>
GPCR-mediated integration of enteroendocrine signaling exemplified by an L cell	1.41	<i>ADCY9, ADCY10</i>
Endothelin-1 signaling	1.39	<i>ADCY9, ADCY10, PLD1</i>
Leptin signaling in obesity	1.37	<i>ADCY9, ADCY10</i>
Role of NFAT in cardiac hypertrophy	1.35	<i>ADCY9, HDAC4, ADCY10</i>
Dopamine receptor signaling	1.33	<i>ADCY9, ADCY10</i>
ERK/MAPK signaling	1.30	<i>DOCK1, ELF2, YWHAG</i>

The minus log of the Benjamini-Hochberg (BH) corrected p value is given (values >1.3 indicate significance at adjusted P<0.05).