



Published in final edited form as:

J Bone Miner Res. 2018 April ; 33(4): 720–731. doi:10.1002/jbmr.3351.

Osteoprotection Through the Deletion of the Transcription Factor Ror β in Mice

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Abstract

There is a clinical need to identify new molecular targets for the treatment of osteoporosis, particularly those that simultaneously inhibit bone resorption while stimulating bone formation. We have previously shown in overexpression studies that retinoic acid receptor-related orphan receptor β (Ror β) suppresses in vitro osteoblast differentiation. In addition, the expression of Ror β is markedly increased in bone marrow–derived mesenchymal stromal cells with aging in both mice and humans. Here we establish a critical role for Ror β in regulating bone metabolism using a combination of in vitro and in vivo studies. We used Clustered Regularly Interspaced Short Palindromic Repeats (CRISPR)/Cas9 gene editing to demonstrate that loss of Ror β in osteoblasts enhances Wnt signaling, specifically through increased recruitment of β -catenin to T-cell factor/lymphoid enhancer factor (Tcf/Lef) DNA binding sites in the promoters of the Wnt target genes *Tcf7* and *Opg*. This resulted in increased osteogenic gene expression and suppressed osteoclast formation through increased osteoprotegerin (OPG) secretion in Ror β -deficient cells. Consistent with our in vitro data, genetic deletion of Ror β in both female and male mice resulted in preserved bone mass and microarchitecture with advancing age due to increased bone formation with a concomitant decrease in resorption. The improved skeletal phenotype in the Ror β ^{-/-} mice was also associated with increased bone protein levels of TCF7 and OPG. These data demonstrate that loss of Ror β has beneficial skeletal effects by increasing bone formation and decreasing bone resorption, at least in part through β -catenin–dependent activation of the Wnt pathway. Thus, inhibition of Ror β represents a novel approach to potentially prevent or reverse osteoporosis.

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Additional Supporting Information may be found in the online version of this article.

Disclosures

All authors state that they have no conflicts of interest.

Keywords

AGING; OSTEOPOROSIS; OSTEOBLASTS; OSTEOCLASTS; TRANSCRIPTION FACTORS

Introduction

Osteoporosis is an enormous, and growing, public health problem.⁽¹⁾ Characterized by low bone mass and defects in bone microarchitecture, osteoporosis leads to increased susceptibility to fracture.⁽²⁾ Proper maintenance of skeletal health throughout life relies on the coordinate and balanced actions of bone-resorbing osteoclasts and bone-forming osteoblasts, which results in net bone balance. However, with aging these actions become unbalanced (or “uncoupled”), whereby osteoclastic bone resorption exceeds osteoblastic bone formation, leading to negative bone balance and eventual bone loss.⁽²⁾ Thus, achieving “positive” bone balance or net bone gain is the primary goal in treating osteoporosis.

The clinically available therapies for osteoporosis can be classified as either antiresorptive (bisphosphonates, denosumab, estrogen, and raloxifene; for a review, see Khosla and Hofbauer⁽³⁾), which target the bone resorbing osteoclasts, or anabolic, which increase bone formation. Currently, the only US Food and Drug Administration (FDA)-approved anabolic therapies are teriparatide (PTH 1-34) and the PTHrP analog, abaloparatide.⁽⁴⁾ However, treatment with these agents is limited to a lifetime maximum duration of 24 months due to the increased risk of osteosarcoma,^(5,6) and consequently following cessation of treatment clinicians must resort to antiresorptive drugs in treating these patients. In addition, each of these drugs either decreases bone resorption or increases bone formation; no currently available drug does both simultaneously. Thus, a more complete understanding of the fundamental molecular mechanisms and cellular pathways that regulate bone resorption and formation is needed to develop novel therapies to prevent or even reverse osteoporosis.

We have recently published evidence indicating that the retinoic acid receptor-related orphan receptor beta (Ror β) is a novel negative regulator of osteoblastic differentiation and that Ror β expression is highly elevated in bone marrow–derived osteoprogenitor cells isolated from old, osteoporotic mice, suggesting a potential role for Ror β in mediating age-related bone loss.⁽⁷⁾ Overexpression studies in the preosteoblastic mouse cell line, MC3T3-E1, demonstrated significant regulation of known osteogenic pathways,⁽⁸⁾ supporting a key role of Ror β for regulating osteogenesis. However, examination of the effects of Ror β deletion in bone, either in vitro or in vivo, has not been described.

To address this issue, we generated a Ror β -deficient MC3T3-E1 preosteoblastic cell line using the Clustered Regularly Interspaced Short Palindromic Repeats (CRISPR)/Cas9 gene editing system.⁽⁹⁾ These cells exhibit a markedly increased osteogenic gene signature during osteoblastic differentiation with specific upregulation of osteoprotegerin (*Opg*, *Tnfrsf11b*), which suppresses osteoclast formation, as well as upregulation of *Tcf7*, which is part of the bone anabolic Wnt pathway. Mechanistically, we found that increased Wnt signaling in these Ror β -deficient cells was due to enhanced β -catenin recruitment to the promoters of both *Tcf7* and *Opg* genes, leading to increased recruitment of RNA polymerase and ultimately increased gene expression. Examination of the in vivo skeletal phenotype of the Ror β -

deficient mouse model ($Ror\beta^{-/-}$) revealed significantly better bone mass and microarchitecture at both the femur and spine with markedly decreased osteoclast numbers and activity as well as increased bone formation rates. Collectively, our data demonstrate that loss of $Ror\beta$ both in vitro and in vivo has beneficial effects on the skeleton by increasing bone formation and decreasing bone resorption. Our findings suggest that inhibition of $Ror\beta$ may represent a novel approach to prevent or treat osteoporosis.

Materials and Methods

Mice

Mice harboring a $Ror\beta$ 1 knockout allele ($Ror\beta^{-/-}$) and wild-type (WT) littermate controls (all in C57/B6 background) were housed in ventilated cages within an accredited facility under a 12-hour light/dark cycle and constant temperature (23°C), and had access to water and food ad libitum. The allele inactivated is the $Ror\beta$ 1 isoform encoded by the $Ror\beta$ genomic locus.⁽¹⁰⁾ There were no adverse events reported in any experimental mouse group. All mice studies were conducted in accordance to NIH guidelines and as approved by the Institutional Animal Care and Use Committee at the Mayo Clinic (#A9715-15).

Cell culture

MC3T3-E1 mouse preosteoblasts were maintained in alpha-minimal essential growth medium (α -MEM) supplemented with $1 \times$ antibiotic/antimycotic (ThermoFisher Scientific, Waltham, MA, USA), $1 \times$ Glutamax, and 10% (vol/vol) fetal bovine serum (FBS; GE Healthcare Life Sciences HyClone Laboratories, Logan, UT, USA). For the osteoblast differentiation assays, growth media was supplemented with 50 mg/L ascorbic acid and 10mM β -glycerophosphate (Sigma-Aldrich, St. Louis, MO, USA). For experiments in which MC3T3-E1 cells were treated with dihydrotestosterone (DHT) or 17- β -estradiol (Sigma-Aldrich), the FBS in the cell culture medium was replaced with triple charcoal-stripped FBS (GE Healthcare Life Sciences HyClone Laboratories).

CRISPR/Cas9 deletion of the mouse $Ror\beta$ gene

Deletion of $Ror\beta$ in MC3T3-E1 cells was accomplished in vitro using the CRISPR/Cas9 system. For a complete description, see the Supporting Materials and Methods.

Transient transfection

The experimental conditions and assay details are described in full in the Supporting Material and Methods.

Lineage negative isolation

The hematopoietic cell lineage negative (lin⁻) population was isolated using magnetic-activated cell sorting (MACS) was performed using the mouse Lineage Cell Depletion Kit (Miltenyi Biotec, San Diego, CA, USA) as described.⁽¹¹⁾

Western blotting

The specific conditions and procedure for the Western blot were performed as described.⁽¹²⁾ Briefly, cytoplasmic and nuclear protein extracts were prepared⁽¹³⁾ and equal amounts of protein were subjected to Western blot analysis. The blots were probed with activated (eg, nonphosphorylated) β -catenin (1:1000), total β -catenin (1:1000), lamin A/C (loading control for the nuclear extract; 1:1000), α -tubulin (loading control for the cytoplasmic extract; 1:100,000), and α -actin (loading control for total protein extracts). All primary antibodies were purchased from Cell Signaling Technology (Danvers, MA, USA) and all species-specific horseradish peroxidase (HRP)-conjugated secondary antibodies (used at 1:5000) were purchased from Sigma-Aldrich. Bands were visualized and quantified using densitometry, following enhanced chemiluminescence, on the LI-COR Odyssey Fc Imaging System (LI-COR Biotechnology, Lincoln, NE, USA).

Isolation of osteocyte-enriched cells

Detailed methods and validation of our osteocyte-enriched cell isolation protocol are presented elsewhere.⁽¹⁴⁾ Briefly, mouse vertebrae were stripped of muscle/connective tissues and minced into small pieces, which subsequently underwent two sequential 30-min collagenase digests (Endotoxin-free Liberase; Roche Diagnostics GmbH, Mannheim, Germany). As shown previously⁽¹⁴⁾ the remaining cell fraction represents a highly enriched population of osteocytes used for quantitative polymerase chain reaction (QPCR) analyses.

QPCR analysis

QPCR analysis was conducted on an ABI Prism 7900HT Real-Time System (Applied Biosystems, Carlsbad, CA, USA) using SYBR Green (QIAGEN, Valencia, CA, USA), as described.⁽¹⁵⁾ The statistical method for data normalization using multiple endogenous reference genes (in this study *Actb*, *Hprt*, and *Tuba1a* were used) and threshold calculations are as described.⁽¹⁵⁾ Primer sequences for the genes analyzed in this study were designed using the Primer Express program (Applied Biosystems) (Supporting Fig. 9).

Chromatin immunoprecipitation assay

The details of the chromatin immunoprecipitation assay (ChIP) assays, including cell lines, assay conditions, and antibodies used, are detailed in the Supporting Materials and Methods.

Skeletal phenotyping and bone histomorphometry

Complete methods for the skeletal phenotyping using peripheral quantitative computed tomography (pQCT), high-resolution micro-computed tomography (μ CT) scanning, ovariectomy (OVX)/orchidectomy (ORX), and bone histomorphometry can be found in the Supporting Materials and Methods.

Osteoclast differentiation assays

The procedures are as described⁽¹⁶⁾ and are described in detail in the Supporting Materials and Methods.

Immunohistochemistry

Following fixation, tibias were decalcified for 2 weeks in 12.5% (vol/vol) EDTA and paraffin embedded. Antigen retrieval was performed with Proteinase K, 20 min at 37°C. Sections were stained overnight with antibodies against mouse TCF7 (1:100, Cat#2203; Cell Signaling Technology) and OPG (15 µg/mL, AF459; R&D Systems, Minneapolis, MN, USA). TCF7 staining was performed with VECTASTAIN Elite ABC HRP Kit, Peroxidase, Rabbit IgG (Vector Laboratories, Burlingame, CA, USA). OPG staining was performed with the Anti-Goat HRP–diaminobenzidine (DAB) Cell & Tissue Staining Kit (R&D Systems). Sections were counterstained with methyl green and mounted with Eukitt Mounting Medium (Sigma). Osteocytes were scored as positive or negative using the OsteoMeasure histomorphometry system (OsteoMetrics, Decatur, GA, USA), and data are expressed as percent of total osteocytes ($n = 4$ per group).

Enzyme-linked immunosorbent assay and bone turnover markers

Conditioned media (CM; diluted 1:5) from MC3T3-Cont and MC3T3- Rorβ was assayed for OPG protein using the Mouse Osteoprotegerin/TNFRSF11B Quantikine Enzyme-Linked Immunosorbent Assay (ELISA) Kit (R&D Systems). The bone formation serum marker amino-terminal propeptide of type I collagen (P1NP) was measured using the Rat/Mouse P1NP enzyme immunoassay (EIA); whereas the bone resorption serum marker cross-linked C-telopeptide of type I collagen (CTX) was measured by the RatLaps Rat/Mouse CTx EIA kit. Both kits were purchased from Immuno Diagnostic Systems (IDS, Scottsdale, AZ, USA). Serum sclerostin levels were measured by the Mouse Sclerostin ELISA (Alpco, Salem, NH, USA) and serum DKK1 levels were measured by the DKK1 Mouse ELISA Kit (ThermoFisher Scientific). Interassay coefficients of variation (CVs) for all kits were <10%.

RNA sequencing, Ingenuity Pathway Analysis, and molecular signatures database analyses

Total RNA was isolated from the day 2 differentiated MC3T3- Cont and MC3T3- Rorβ cell lines ($n = 3$) using the RNeasy Micro Kit (QIAGEN), which included a DNase step to remove contaminating DNA (RNase-free DNase Set; QIAGEN), on a QIAcube instrument (QIAGEN). Whole-transcriptome RNA sequencing (RNAseq) was performed as described⁽¹⁷⁾ using the Medical Genome Facility Genotyping Core (GTC) at the Mayo Clinic. Data were analyzed through the use of QIAGEN's Ingenuity Pathway Analysis (IPA; QIAGEN, Valencia, CA, USA; www.qiagen.com/ingenuity). The RNA sequencing data can be downloaded at Gene Expression Omnibus (GEO Accession Number GSE107849; <https://www.ncbi.nlm.nih.gov/geo/>).

Statistics

Values are expressed as mean ± SE unless otherwise specified. Data were checked for outliers and normality using histograms, and all variables were tested for skewness and kurtosis. Mean values were compared between two groups, as appropriate, using the Student's two-tailed *t* test after determining that the data were normally distributed and exhibited equivalent variances. For experiments involving more than two groups, after determining normality and homogeneity of variances, mean values were compared using

ANOVA models followed by the Fisher's protected least-significant difference (PLSD) post hoc test. Comparisons of QPCR values between the MC3TC-Cont and MC3T3- Ror β cell lines in the longitudinal osteoblast differentiation time course and longitudinal pQCT bone imaging analyses were based on a two-way repeated measures ANOVA model. Testing was performed at a significance level of $p < 0.05$ (two-tailed); analyses were performed using the IBM SPSS Statistics for Windows, Version 22.0 (IBM Corp., Armonk, NY, USA). Figures were created using GraphPad Prism, version 5.03 (GraphPad Software, Inc., La Jolla, CA, USA).

The RNAseq analysis was performed as described.⁽¹⁷⁾ Gene expression data with a p value < 0.05 , q value < 0.10 , and median gene counts where at least one group had >10 counts, were considered significantly altered between the MC3T3-Cont and MC3T3- Ror β . For canonical pathway analysis using IPA, QIAGEN requires a gene list of 100 to 2000 genes for proper pathway identification. Therefore, we needed to increase the q value to 1×10^{15} , which resulted in 1944 differentially expressed genes to perform IPA. We used the Benjamini-Hochberg test for multiple comparisons; pathways with a p value < 0.05 were considered statistically significant. The transcription factor binding site analysis was performed exactly as described⁽¹⁷⁾ using the C3 module (motif gene sets) from the Molecular Signatures Database (MSigDB),⁽¹⁸⁾ which identifies common, statistically enriched cis-regulatory DNA motifs derived from the gene list used in the IPA analysis. These motifs are catalogued and represent known or likely DNA regulatory elements contained within 2-kilobases (kb) of DNA sequence surrounding the particular gene of interest (eg, -2 kb to $+2$ kb relative to the transcriptional start site).⁽¹⁹⁾

Results

Deletion of Ror β in MC3T3 cells enhances osteoblastic gene expression

We have previously shown that constitutive Ror β expression in the MC3T3-E1 mouse preosteoblastic cell model leads to suppressed bone marker gene expression,⁽⁷⁾ suggesting that Ror β inhibits osteogenic differentiation. Thus, to more definitively establish this, we performed the opposite experiment whereby we deleted Ror β in MC3T3-E1 cells using the CRISPR/Cas9 gene editing system.⁽⁹⁾ Figure 1A illustrates the intron/exon structure of the mouse Ror β gene, denoting the two promoters driving expression of the Ror β 1 and Ror β 2 isoforms. We have shown that only the Ror β 1 isoform is expressed in any bone cell population (cycle threshold values for Ror β 2 are undetectable); thus, when using the term Ror β , we are referring to the Ror β 1 isoform. The ATG start codon of Ror β 1 lies immediately at the 3' end of exon 1; therefore, we chose to target exon 2 for CRISPR/Cas9-mediated gene editing. To accomplish this, three independent guide RNA (gRNA) sequences were designed against the DNA sequence of mouse Ror β exon 2 (Supporting Fig. 1A–B), which encodes the N-terminal region of Ror β (amino acids 3–28). After testing the editing efficiency of each gRNA (Supporting Fig. 1C), Ror β gRNA1 was chosen to delete Ror β in MC3T3-E1 cells (henceforth termed MC3T3- Ror β), because of its minimal predicted off-target effects. A control cell line, "MC3T3-Cont," was also produced using a nonspecific gRNA. Cloning and sequence analysis of the MC3T3- Ror β cell line revealed a 1-basepair (bp) and 4-bp CRISPR/Cas9-mediated deletion in the mouse Ror β alleles (Fig. 1B), which

leads to frameshift mutations that ultimately resulted in nonfunctional alleles. In order to evaluate the effects of Ror β deletion on osteoblastic gene expression, the MC3T3-Cont and MC3T3- Ror β cells were differentiated in osteogenic medium for 0 to 10 days and RNA samples were collected at various time points. QPCR analyses revealed significantly increased expression of bone marker genes in MC3T3- Ror β cells throughout the time course, including *Bglap* (Fig. 1C), *Alpl* (Fig. 1D), *Ibsp* (Fig. 1E), and *Sp7* (Fig. 1F); no difference was detected for the bone-specific isoform^(20,21) of *Runx2* (Fig. 1G).

Ror β -deficient osteoblasts display enhanced Wnt signaling through β -catenin–dependent mechanisms

Whole RNA transcriptome sequencing (RNAseq) was performed on RNA samples isolated from MC3T3-Cont and MC3T3- Ror β at day 2 of osteoblast differentiation to identify those genes and pathways that were altered early in the time course, potentially uncovering important mechanistic insights leading to the enhanced osteogenic phenotype. The RNAseq analysis and criteria used for cutoffs are detailed in Materials and Methods. Following RNAseq analysis and in order to identify canonical cellular pathways significantly altered in the MC3T3- Ror β cell line, IPA was performed on a subset of these regulated genes and revealed that several pathways were significantly altered in MC3T3- Ror β cells. Supporting Fig. 2 lists 10 pathways with known functions in bone metabolism or Ror β biology.⁽⁸⁾ Of note, a significant alteration in the Wnt/ β -catenin pathway was observed and expression of several well-known regulators of this pathway were modulated in MC3T3- Ror β cells, including *Tcf7* (5.3-fold), *Lef1* (2.7-fold), *Wnt10a* (1.8-fold), *Wnt10b* (2.3-fold), and *Dkk3* (0.53-fold) (Fig. 2A, B). Examination of the cis-regulatory genomic DNA sequences of the IPA-analyzed gene set using the Molecular Signatures Database (MSigDB)⁽¹⁸⁾ revealed significant enrichment in T-cell factor/lymphoid enhancer factor (Tcf/Lef) DNA binding sites (Supporting Fig. 3). These data show that loss of Ror β in osteoblastic cells leads to alterations in the Wnt/ β -catenin pathway. To better understand the cellular and molecular mechanism of increased Wnt signaling in Ror β -deficient osteoblasts, we first examined whether the subcellular localization of activated β -catenin (eg, hypophosphorylated) was altered in Ror β -deficient osteoblasts. We found no difference in subcellular localization of activated β -catenin or total cellular β -catenin, suggesting loss of Ror β does not affect Wnt activity through altered β -catenin compartmentalization (Supporting Fig. 4A, B).

To continue our analysis of altered Wnt signaling in MC3T3- Ror β cells, our original osteoblast differentiation time course was queried for regulation of two well-known Wnt target genes, *Opg* and *Tcf7*. Consistent with the RNAseq data, *Opg* and *Tcf7* expression was significantly upregulated in Ror β -deficient cells throughout the time course (Fig. 2C, D). To further clarify the role of the Wnt pathway in *Opg* and *Tcf7* upregulation in Ror β -deficient osteoblasts, we performed a series of inhibitor studies using either DKK1 (which binds to Lrp-containing complexes, thereby competing with extracellular Wnt ligand binding⁽²²⁾), or JW55 (a small molecular inhibitor that directly binds to β -catenin and inhibits its transcriptional function⁽²³⁾). Treatment of MC3T3- Ror β cells with either inhibitor alone resulted in significantly reduced *Opg* expression, whereas treatment with both inhibitors reduced *Opg* expression to levels observed in the MC3T3-Cont cell line (Fig. 2E). Virtually

identical changes were also observed for *Tcf7* expression (Fig. 2F). These data indicate that the Wnt pathway is altered by the loss of Rorb.

To further understand the mechanism of β -catenin in regulation of the *Opg* and *Tcf7* genes, we next performed ChIP assays on the MC3T3-Cont and MC3T3- Ror β cells. In both unstimulated as well as Wnt3a-treated cells, we found that β -catenin and RNA polymerase (RNAP) recruitment was increased at Tcf/Lef DNA binding sites located within the promoters of the *Opg* and *Tcf7* genes^(24,25) in the Rorb-deficient cells (Fig. 3 A–D). Conversely, using ChIP assays of transiently transfected, myc-tagged β -catenin and 6x-His-tagged-Ror β constructs, we found that Ror β expression inhibits the recruitment of β -catenin to these DNA same binding sites (Supporting Fig. 5A,B). Because these data demonstrate that under normal physiological conditions Ror β inhibits Wnt transcriptional activity through β -catenin antagonism, we further verified this by showing that Ror β inhibits the transcriptional activity of a constitutively active form of β -catenin (ca- β cat) on the TOP-FLASH Wnt-reporter construct (Fig. 3E).^(12,26) Collectively, these data show that Ror β inhibits Wnt activity through the inhibition of β -catenin recruitment to Tcf/Lef binding sites in the promoters of Wnt- responsive genes in osteoblasts.

To assess the implications of increased OPG on osteoclastogenesis, we first measured secreted *OPG* protein levels using ELISA on the CM isolated from the previously treated MC3T3-Cont and MC3T3- Ror β cells (see Fig. 2E, F). Secreted *OPG* protein followed a pattern nearly identical to the *Opg* mRNA (Fig. 3F). Because increased *OPG* inhibits the development of mature osteoclasts, we hypothesized that CM from these cells would inhibit osteoclast differentiation in vitro. Bone marrow–derived osteoclast precursors were incubated with CM derived from MC3T3-Control or MC3T3- Ror β cells; CM from MC3T3- Ror β cells significantly reduced mature osteoclast formation as compared to control CM (Fig. 3G, black bar). Furthermore, incubation of MC3T3- Ror β –derived CM with an OPG neutralizing antibody reversed this effect to levels observed using MC3T3-Cont–derived CM (Fig. 3G, dark blue bar). These findings show that Rorb-deficient cells are capable of suppressing osteoclastogenesis through increased OPG production and secretion.

Ror β expression increases in mouse bone in vivo throughout the lifespan

We previously found⁽⁸⁾ that the expression of Ror β was increased in bone biopsies obtained from elderly postmenopausal women as compared to young premenopausal women. To corroborate these findings in mice, *Ror β* expression was measured in bone marrow-derived lin[–] cells (an osteoprogenitor-enriched population⁽²⁷⁾) where it was significantly increased (fivefold) in 12-month-old versus 6-month-old WT mice (Supporting Fig. 6A). Ror β expression was also significantly increased (fourfold) in osteocyte-enriched bone samples⁽¹⁴⁾ from 12-month-old versus 6-month-old mice (Supporting Fig. 6B).

Skeletal phenotype of Ror β -knockout (Ror β ^{–/–}) mice

Based on these findings, it was hypothesized that Ror β is a negative regulator of osteogenesis and therefore is causally implicated in age-related bone loss. To test this hypothesis, the skeletal phenotype of a Ror β mouse knockout (Rorb^{–/–}) model that lacked the major Rorb1 isoform encoded by the Ror β gene⁽¹⁰⁾ (Fig. 4A) was examined throughout

the first year of life (Fig. 4B), because previous work has established that normal chronologically aged mice experience substantial trabecular bone loss prior to this period.^(28,29) In vivo pQCT scanning at the tibial metaphysis revealed that trabecular volumetric bone mineral density (Tb.vBMD) was not substantially different at 1 and 3 months of age, but was significantly higher in female $Ror\beta^{-/-}$ mice at 6, 9, and 12 months as compared to age- and sex-matched WT littermate controls (Fig. 4C). High-resolution μ CT scanning of the lumbar spine (Fig. 4D, E) and femoral metaphysis (Fig. 4K–L) at one year of age revealed markedly higher bone mass in female $Ror\beta^{-/-}$ mice as compared to age- and sex-matched WT littermate controls. Further μ CT analysis at the lumbar spine revealed significantly (all $p < 0.05$) better trabecular bone micro-architectural parameters in the female $Ror\beta^{-/-}$ mice as compared to WT controls (ie, increased bone volume fraction [BV/TV; Fig. 4F], increased trabecular number [Tb.N; Fig. 4G], no change in trabecular thickness [Tb.Th; Fig. 4H], decreased trabecular separation [Tb.Sp; Fig. 4I], and a lower [“better/stronger”] structural model index [SMI; Fig. 4J]). Consistent with this, virtually identical findings were observed at the femoral metaphysis of female mice (Fig. 4M–Q). μ CT analyses at the lumbar spine (Fig. 5A–G) and femoral metaphysis (Fig. 5H–N) in males revealed a virtually identical phenotype to that observed in the females, whereby at 1 year of age male $Ror\beta^{-/-}$ mice had substantially improved bone mass and microarchitecture as compared to age/sex-matched WT littermate controls. These data show that deletion of $Ror\beta$ in vivo prevents the natural loss of bone mass and micro-architecture in both sexes with advancing age.

Bone histomorphometric analyses were next performed to examine the underlying cellular mechanisms responsible for the improved skeletal phenotype in the $Ror\beta^{-/-}$ mice. Static osteoblast parameters, including osteoblast number per bone perimeter (N.Ob./B.Pm) and osteoblast surface per bone surface (Ob.S/BS), were not substantially different between the groups (Fig. 5O, P). However, osteoblast activity quantified by the bone formation rate per bone surface (BFR/BS) was significantly increased in the $Ror\beta^{-/-}$ mice (Fig. 5Q). In contrast, osteoclast parameters including osteoclast number per bone perimeter (N. Oc/B.Pm; Fig. 5R) and osteoclast surface per bone surface (Oc.S/BS; Fig. 5S) were markedly decreased in the $Ror\beta^{-/-}$ mice. Consistent with the bone histomorphometry data, the bone resorption serum marker CTx (Fig. 5T) was significantly decreased, while the bone formation serum marker P1NP (Fig. 5U) was unchanged, leading to a significant increase in the P1NP/CTx ratio (Fig. 5V). DKK1 and sclerostin (both well-established circulating Wnt inhibitors) were not substantially affected in $Ror\beta^{-/-}$ mice (Supporting Fig. 7A, B). We also examined the potential role of sex steroid involvement in $Ror\beta$ biology. In vitro studies showed that $Ror\beta$ mRNA levels were not affected by either 17-b-estradiol or DHT treatment in MC3T3-E1 cells (Supporting Fig. 8A, B). In addition, we performed an in vivo OVX and ORX study in females and males, respectively, which showed that loss of $Ror\beta$ did not protect against sex steroid-induced bone loss (Supporting Fig. 8C, D).

TCF7 and OPG protein expression is increased in $Ror\beta^{-/-}$ mice

TCF7 is a major transcriptional effector of the Wnt pathway that is increased in response to Wnt signaling activation.⁽³⁰⁾ Thus, to determine whether Wnt activity was increased in the $Ror\beta^{-/-}$ mice, as observed in the MC3T3- $Ror\beta$ cells (Fig. 2), in vivo TCF7 protein levels

were assessed in osteocytes using immunohistochemistry (IHC) in bone sections from $Rorb^{-/-}$ mice and age-matched littermate controls at 1 year of age. These analyses revealed that compared to WT littermate control mice, TCF7 staining was enhanced in osteocytes of $Rorb^{-/-}$ mice (Fig. 6A, B). Quantification of the percentage of TCF7-positive (+) osteocytes (Fig. 6C) revealed that this parameter was significantly increased in the $Rorb^{-/-}$ mice as compared to WT littermate control mice. Similarly, the percentage of OPG+ osteocytes (Fig. 6D–F) was significantly increased in $Rorb^{-/-}$ mice. These data show that $Rorb^{-/-}$ mice have enhanced in vivo Wnt pathway activation and increased OPG production in bone, which is consistent with our in vitro findings in $Rorb$ -deleted osteoblastic cells.

Discussion

Osteoporosis is a chronic age-associated disease that occurs when the normally coupled processes of osteoblastic bone formation and osteoclastic bone resorption becomes unbalanced, resulting in a net loss of bone over time. Antiresorptive therapies target the osteoclastic lineage and result in decreases in resorption; however, due to coupling between osteoclasts and osteoblasts,⁽³¹⁾ these drugs also result in decreased bone formation, leading to low bone turnover. Currently available anabolic therapies for osteoporosis have limited efficacy as well as higher risk for undesirable secondary outcomes.^(5,6) Therefore, there is an increasing need to identify cellular pathways that increase bone formation and perhaps simultaneously inhibit bone resorption in an effort to develop new therapies to combat age-related osteoporosis. Data from the present study suggest that $Rorb$ may be a novel and viable target.

The regulation of osteoblast differentiation requires the coordinate activities of numerous transcription factors. Although factors such as Runx2 and osterix are essential to the formation of calcified bone,^(32–35) others act to fine-tune the response to specific external cues. In a previous report,⁽⁷⁾ we discovered that the orphan nuclear receptor $Rorb$, was sharply downregulated during the process of osteoblast differentiation, $Rorb$ overexpression inhibited mineralization, and that $Rorb$ was upregulated in osteoblast progenitors during aging. These observations lead us to formulate a preliminary hypothesis that $Rorb$ may be a repressor of bone metabolism, because its expression appeared inversely correlated with osteogenic potential. However, our previous study relied on an in vitro overexpression system, which has the limitation of potentially displaying inherent nonphysiological effects. Another limitation of previous work was the lack of in vivo data. To overcome these limitations in our current study, we used both a novel in vitro cell system (CRISPR/Cas9) to delete $Rorb$ in osteoblasts and an in vivo $Rorb^{-/-}$ mouse model to examine the roles of $Rorb$ in osteogenesis and bone mass acquisition, respectively.

We first examined whether loss of $Rorb$ in an osteoblastic cell model results in an increased osteoblastic phenotype. To accomplish this, we used the CRISPR/Cas9 genome editing system to delete $Rorb$ in the MC3T3-E1 osteoblastic cell line. Our data show that $Rorb$ deletion increased the expression of several bone marker genes during osteoblastic differentiation, which supports our previous work showing that $Rorb$ is an inhibitor of osteoblastic function.⁽⁷⁾ To better understand the underlying mechanism(s) involved in enhanced osteoblastic function in MC3T3- $Rorb$ cells, we performed whole-transcriptome

RNAseq analysis, which revealed that deletion of *Rorβ* led to enhancement of the Wnt pathway, which is a well-established, important regulator of bone formation⁽²²⁾ and resorption.⁽³⁶⁾ Indeed, over the past several decades, the importance of Wnt signaling has become increasingly clear since alterations in Wnt pathway components have profound skeletal effects in humans.^(37–41) Further, numerous mouse models have also demonstrated that loss of various Wnt ligands leads to bone loss.^(42–44) *TCF7* is a known transcriptional effector of the Wnt pathway, complexing with active β -catenin in the nucleus to drive gene expression of Wnt target genes.⁽⁴⁵⁾ The *Tcf7* transcript was markedly upregulated during osteoblast differentiation in the MC3T3- *Rorβ* cells, and this was due to increased Wnt activity because DKK1, a known inhibitor of the Wnt pathway,⁽²²⁾ and the small molecule Wnt-inhibitor JW55⁽²³⁾ significantly attenuated *Tcf7* expression. We further showed that in *Rorb*-deficient cells, the recruitment of β -catenin to both the *Tcf7* and *Opg* promoters is enhanced, providing a plausible explanation for the mechanism of the increased expression of these Wnt-responsive genes observed in these cells. Although the loss of *Rorβ* affects β -catenin recruitment, we cannot rule out the possibility that the noncanonical Wnt pathway may also contribute to the observed phenotype. Further studies will be needed to address the potential contribution of the noncanonical Wnt pathway.

We observed a significant increase in *Opg* gene expression and OPG protein secretion, another important Wnt target,⁽⁴⁶⁾ in differentiating MC3T3- *Rorβ* cells. OPG acts as a decoy receptor, preventing receptor activator of nuclear factor kappa b-ligand (RANKL) from binding RANK on the surface of osteoclast precursors.⁽⁴⁷⁾ Indeed, our data demonstrate that incubation of conditioned media from MC3T3- *Rorβ* cells inhibits the formation of osteoclasts in vitro. This is consistent with the observed skeletal phenotype in the *Rorβ*^{-/-} mice, in which we found markedly decreased osteoclast numbers and osteoclast surfaces. Collectively, these results demonstrate that bone resorption is reduced in these animals. In combination with the observed increase in *Tcf7* mRNA expression in the MC3T3- *Rorβ* cell model and increased TCF7 protein expression in bones of *Rorβ*^{-/-} mice, a significant anabolic bone response was observed. This is an important distinction from currently available antiresorptive therapies (eg, bisphosphonates, denosumab, estrogen, raloxifene) where although bone resorption is decreased, bone formation also decreases due to coupling.⁽³¹⁾

The physiological context for the potential role of *Rorβ* in age-related osteoporosis comes from our observations that *Rorβ* levels are highly elevated in the bone marrow-derived lin- cells and osteocyte-enriched bone samples isolated from 12-month-old WT C57BL/6 mice, as compared to 6-month-old mice. Previous work has clearly established that both female and male C57BL/6 mice lose bone, particularly from trabecular skeletal compartments, between 6 and 12 months of age.^(28,29) This correlation of high *Rorβ* expression at a period in the murine lifespan when trabecular bone mass is declining is clearly suggestive of an important role of *Rorβ* in the etiology of age-related bone loss. Indeed, similar observations were seen in humans, where we found that the expression of *Rorβ* was increased in bone biopsies obtained from elderly postmenopausal women as compared to young premenopausal women, suggesting that our findings in mice may translate to humans.⁽⁸⁾

Another important finding is that Ror β deletion prevents the normal bone loss observed in mice up to 12 months of age. High-resolution μ CT analyses also clearly show an improvement in trabecular bone microarchitecture, suggesting that a proanabolic bone environment is maintained in the absence of the normally increasing Ror β levels during aging in WT mice. We also noted a significant reduction in osteoclasts, yet no difference in osteoblasts, along with the significantly higher bone formation rates, showing that deletion of Ror β in mice leads to a marked reduction in bone resorption but without the “coupled” reduction in bone formation. Collectively, this results in a positive “anabolic” net bone balance, leading to the improved skeletal phenotype in the Ror $\beta^{-/-}$ mice. Thus, high levels of Ror β in the adult skeleton appear to be detrimental to the normal function of osteoblastic cells. Indeed, our data showing that Ror β deletion results in a considerably healthier skeleton with age establishes a potential causal role for Ror β in bone loss with aging. A potential limitation of the current study is the use of a global Ror β knockout model. Thus, future studies are needed to explore the effects of tissue/cell-specific Ror β deletion on bone metabolism.

Figure 7 summarizes our current understanding of the osteoprotective effects of the deletion of Rorb, which triggers a multifaceted response in the bone microenvironment. Deletion of Ror β enhances bone formation through increased Tcf7 and Wnt signaling responses, in both in vitro and in vivo models. Concurrently, Ror β deletion affects bone resorption through increased production and secretion of OPG, which reduces osteoclast numbers and osteoclast activity. Collectively, the increase in bone formation and decrease in bone resorption result in the prevention of bone loss.

Because Ror β expression is highly elevated in bone marrow– derived lin $^{-}$ cells and osteocyte-enriched bone digests isolated from aged mice, therapies involving inhibition of either Ror β expression or ROR β protein in individuals with osteoporosis may represent a novel avenue for treatment. This is supported by our previous work showing that Ror β expression is also increased in bone biopsies obtained from elderly postmenopausal women as compared to young premenopausal women.⁽⁸⁾ Furthermore, Ror β is particularly amenable to small molecule drug targeting, because of the presence of a ligand binding domain, which is capable of binding small molecules.⁽⁴⁸⁾ In fact, all-trans retinoic acid (ATRA) was identified as a functional ligand for Ror β that inhibited Rorb-induced transcriptional activation.⁽⁴⁹⁾ However, ATRA also binds Rora and Rory, as well as all three members of the retinoic acid receptor (RAR) family, and therefore does not display selectivity.⁽⁵⁰⁾ Finally, the expression pattern of Ror β throughout the lifespan is particularly unique in that during development Ror β is highly expressed in the brain and eye⁽⁵⁰⁾; however, with aging Ror β expression appears to be more restricted to bone. Given this restricted expression pattern during aging, direct inhibition of Ror β represents an effective target to induce bone anabolism. Future work is necessary to identify novel Rorb-specific inhibitory compounds that may pave the way toward the development of more diseases.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

This work was supported by NIH grants R01 AR068275 (DGM), P01 AG004875 (SK/DGM), R01 AG048792 (SK/DGM), K01 AR070241 (JNF), K01 AR070281 (MMW), R01 DE14036 (JRH); career development awards (JNF, MMW) from the Mayo Clinic Robert and Arlene Kogod Center on Aging; and by the Intramural Research Program at NIDDK at NIH (HL, DF). We thank Ms. Glenda Evans for technical assistance and data collection, as well as Mr. James Peterson and Ms. Elizabeth Atkinson for RNAseq and data analyses.

Authors' roles: DGM, JNF, and SK conceived and directed the project. DGM, JNF, DF, HL, SK, and MMW designed the experiments and interpreted the data. JNF, MMW, KMN, BAN, JLO, BST, DGF, MR, JRH, and DGM performed the experiments. DGM, JNF, MMW, and SK wrote the manuscript. All authors reviewed the manuscript.

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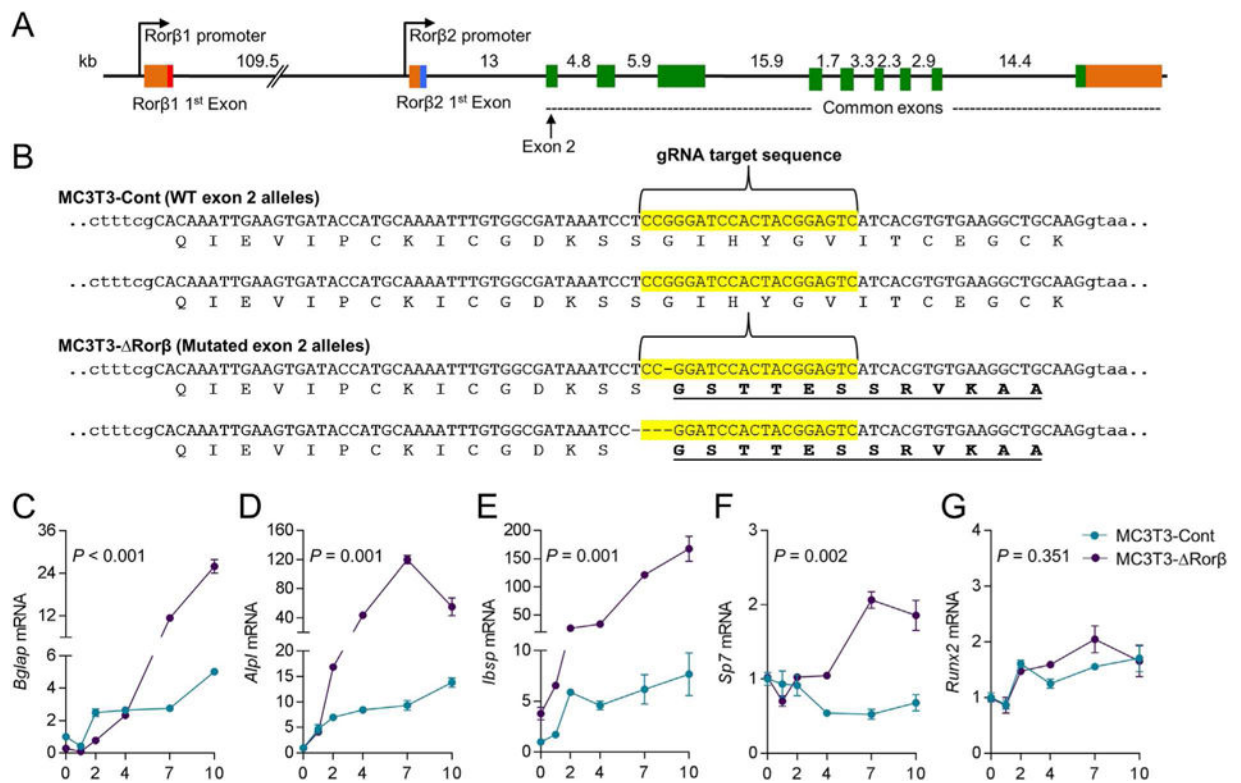


Fig. 1. CRISPR/Cas9 deletion of Rorβ in MC3T3-E1 preosteoblastic cells. (A) The intron/exon structure of the mouse Rorβ gene is shown. (B) Exon 2 (in uppercase) of the mouse Rorβ gene was mutated using CRISPR/Cas9 gene editing methodology. The guide RNA (gRNA) sequence used to target the allele is highlighted in yellow. The translated amino acid sequence for each allele of the MC3T3-Cont and MC3T3- Rorβ cell lines is shown underneath the respective DNA sequence, illustrating the frameshift mutations in the latter cell line. The dashes in the DNA sequence represent single base pair deletions. (C–G) Both cell models were treated with osteogenic medium at confluence and QPCR for the denoted bone markers genes was performed on samples collected at days 0 to 10 ($n = 6$). Values are expressed as fold change (mean \pm SE) relative to day 0. Values of p are shown for repeated-measures ANOVA.

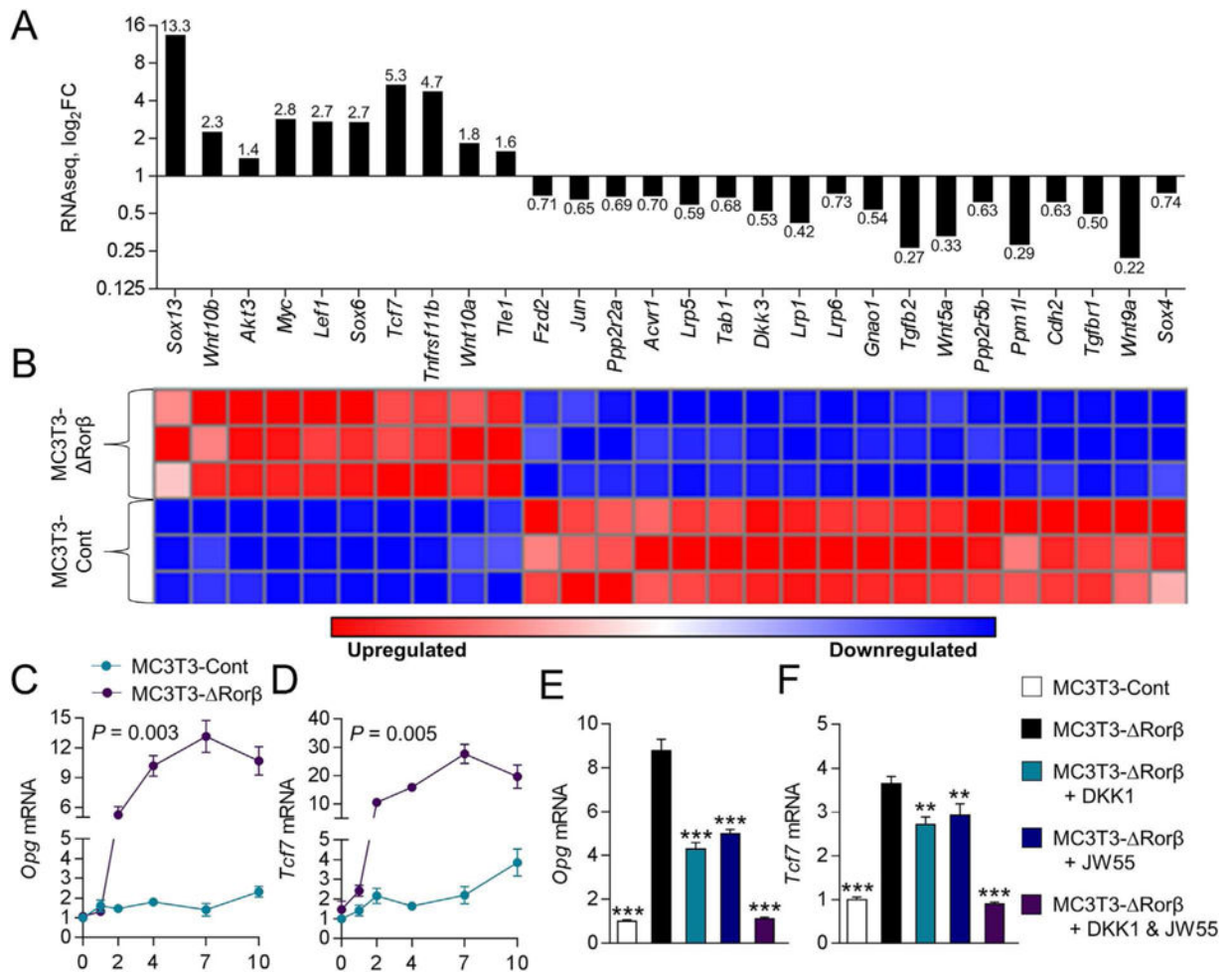
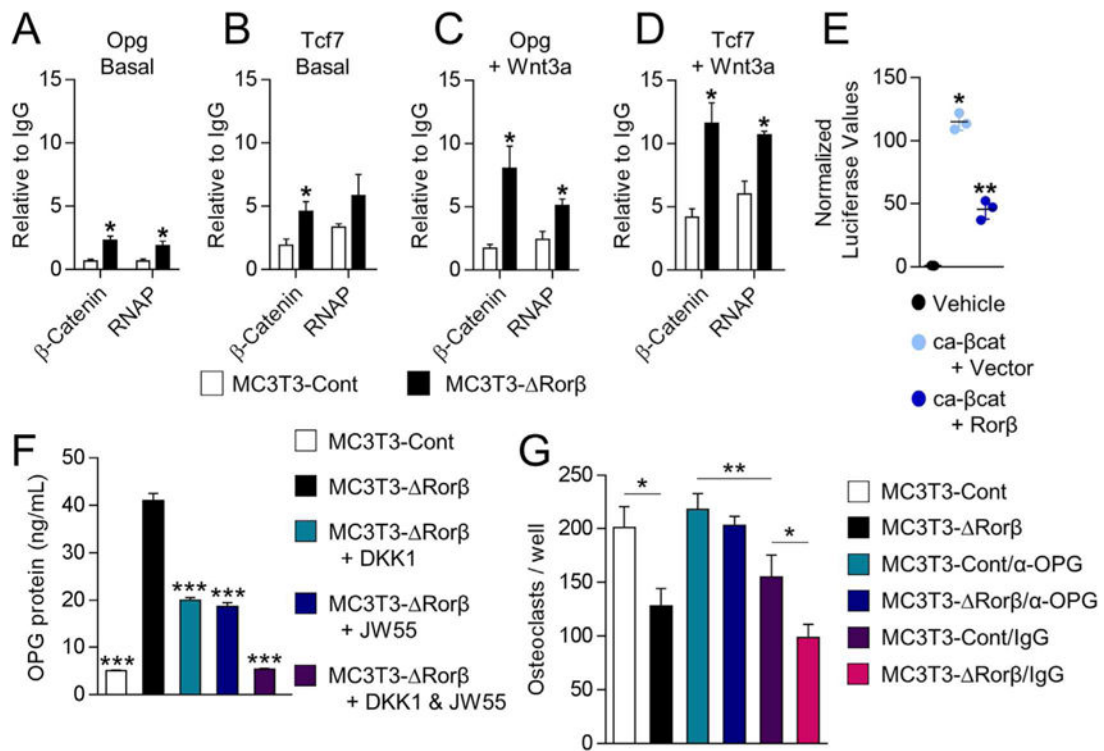


Fig. 2.

Ror β regulates the Wnt/ β -catenin pathway. (A, B) Wnt/ β -catenin-regulated genes identified by RNAseq and IPA analyses are significantly regulated in MC3T3- Ror β cells, and their respective fold changes (log₂FC), are shown as a bar graph and heat map. (C, D) The time course from Fig. 1 was re-queried and analyzed for *Opg* and *Tcf7* expression. Values of *p* are shown for repeated-measures ANOVA. (E, F) The MC3T3-Cont and MC3T3- Ror β cell lines were treated with osteogenic medium at confluence and then supplemented with either Dkk1 (200 ng/mL), JW55 (10 μ M), or both; cells were harvested 48 hours later and QPCR was performed for *Opg* and *Tcf7* ($n = 6$). Data represent mean SE; $p < 0.01$; $p < 0.001$ (ANOVA).

**Fig. 3.**

Rorb-deletion enhances β -catenin recruitment to the promoters of Wnt-responsive genes. (A–D) ChIP assays were performed on the MC3T3-Cont and MC3T3- Δ Ror β cell lines following 6-hour treatment with 10 ng/mL Wnt3a, or untreated (Basal). IPs were performed for β -catenin and RNAP and QPCR specific for the Tcf/Lef DNA binding site in the promoters of the Opg and Tcf7 gene. The data are presented relative to an IgG negative control IP. Data represent mean SE; $p < 0.05$. (E) ca- β cat and TOP-FLASH were co-transfected $-/+$ Ror β and luciferase activity was measured 48 hours later ($n = 6$). Data represent mean SE; $p < 0.001$ (ANOVA), $p < 0.01$ (ANOVA compared to vector + ca- β cat). (F) CM from the treated cells in Fig. 2E, F was collected and OPG protein levels were determined by ELISA ($n = 5$). (G) Bone marrow-derived osteoclast precursors were incubated with osteoclastogenic-supportive medium supplemented with 1% of the same CM described in F ($n = 6$ to 7). In some wells, both cell models were cultured in the presence of either a mouse neutralizing antibody for osteoprotegerin (α -OPG; 1 mg/mL) or a control goat IgG. On day 4 of treatment, cells were fixed, stained for TRAP activity, and counted. Values represent mean \pm SE; $p < 0.05$; $p < 0.01$ (ANOVA). ChIP = chromatin immunoprecipitation; RNAP = RNA polymerase II; CM = conditioned medium; ca- β cat = constitutively active β -catenin; TRAP = tartrate-resistant acid phosphatase.

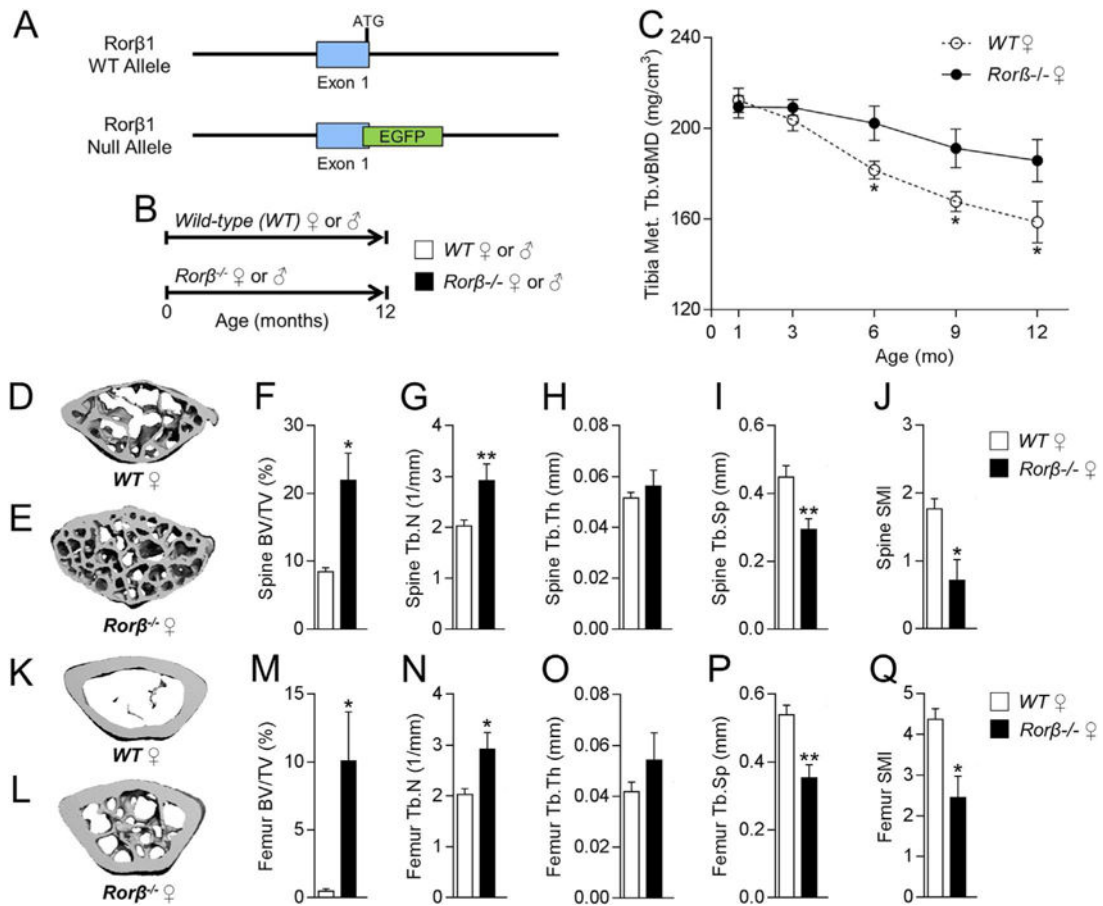


Fig. 4. Female Rorβ^{-/-} mice exhibit high bone mass and improved bone microarchitecture during aging. (A) Strategy for deletion of Rorβ1 in mice by insertion of EGFP at the 3' of exon 1. Both the WT and the null allele are shown. (B) Timeline of the mouse phenotypic studies. (C) Female Rorβ^{-/-} and WT control mice were scanned in vivo using pQCT at 1, 3, 6, 9, and 12 months of age. (D, E) Representative μCT 3D reconstructions of the lumbar spine of 12-month-old female WT and Rorβ^{-/-} mice. (F-J) μCT-derived bone parameters measured at the lumbar spine (n = 5); (F) BV/TV (%), (G) Tb.N (1/mm), (H) Tb.Th (mm), (I) Tb.Sp (mm), and (J) SMI. (K, L) Representative μCT 3D reconstruction of 12-month-old female WT and Rorβ^{-/-} mice at the femoral metaphysis. (M-Q) μCT-derived bone (n = 5), parameters at the femoral metaphysis. Data for all panels represent mean ±SE; *p* < 0.05; *p* < 0.01; *p* < 0.001 (independent samples *t* test). pQCT = peripheral quantitative computed tomography; BV/TV = bone volume/tissue volume; Tb.N = trabecular number; Tb.Th = trabecular thickness; Tb.Sp = trabecular separation; SMI = structure model index.

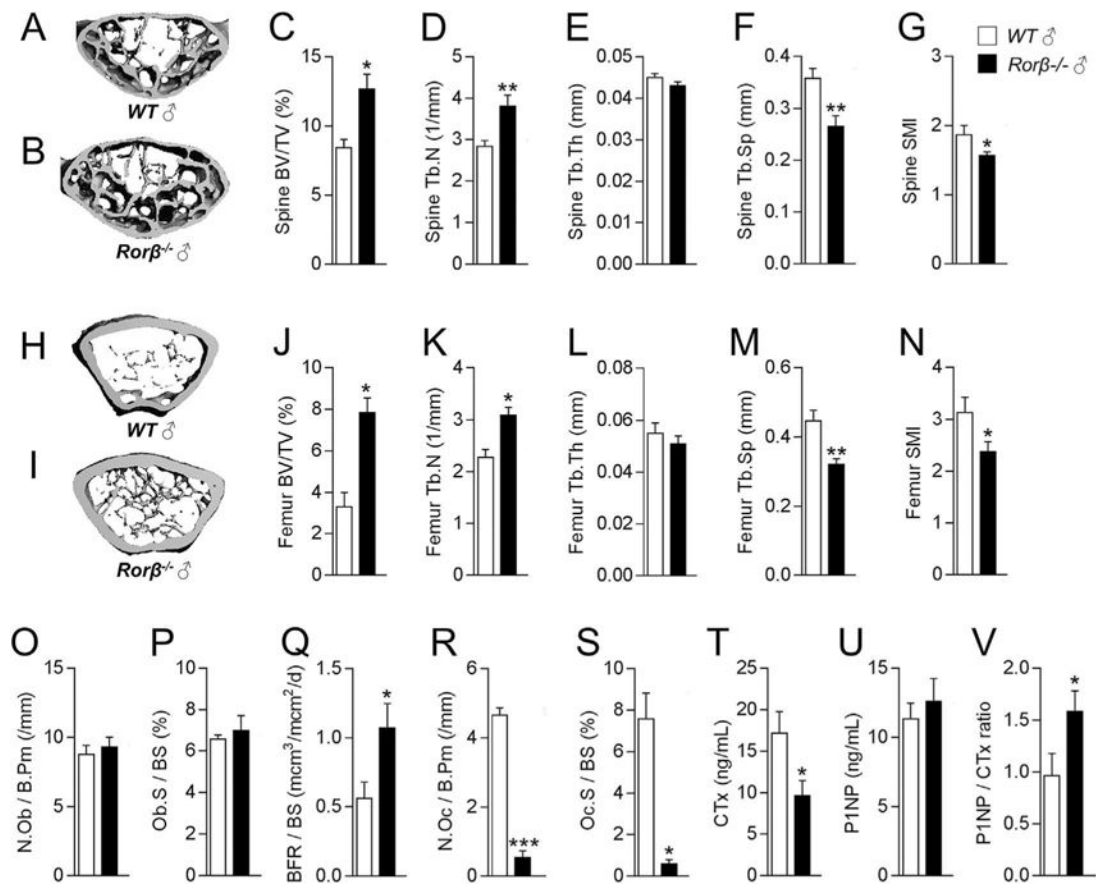


Fig. 5.

Male $Ror\beta^{-/-}$ mice also exhibit high bone mass, and dynamic bone histology reveals bone anabolic effects in $Ror\beta^{-/-}$ mice. (A, B) Representative μ CT 3D reconstructions of the lumbar spine of 12-month-old male WT and $Ror\beta^{-/-}$ mice. (C–G) μ CT-derived bone parameters measured at the lumbar spine ($n = 5$); as described in Fig. 4F–J. (H, I) Representative μ CT 3D reconstruction of 12-month-old male WT and $Ror\beta^{-/-}$ mice at the femoral metaphysis. (J–N) μ CT-derived bone parameters measured at the femoral metaphysis ($n = 5$). (O–S) Femurs from 12-month-old female WT and $Ror\beta^{-/-}$ mice ($n = 3$ to 4) were processed for analyses of static and dynamic bone histomorphometric parameters: (O) N.Ob/B.Pm, (P) Ob.S/BS, (Q) BFR/BS, (R) N.Oc/B.Pm, and (S) Oc.S/BS. The serum bone turnover markers (T) CTx, (U) P1NP, and (V) P1NP/CTx ratio were measured. Data for all panels represent mean \pm SE; $p < 0.05$; $p < 0.01$; $p < 0.001$ (independent samples t test). N.Ob/B.Pm = osteoblast number/bone perimeter; Ob.S/BS = osteoblast surface/bone surface; BFR/BS = bone formation rate/bone surface; N.Oc/B.Pm = osteoclast number/bone perimeter; Oc.S/BS = osteoclast surface/bone surface.

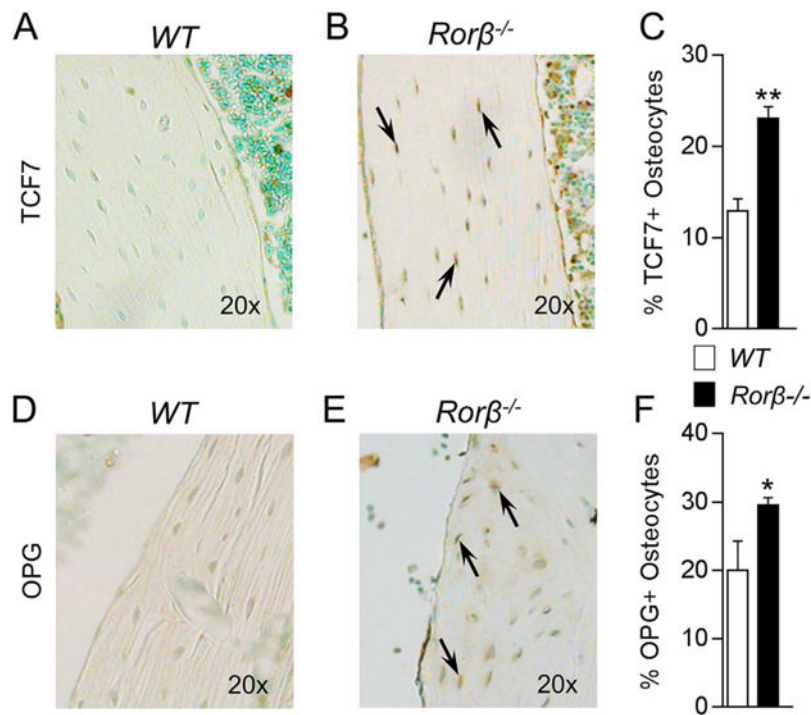


Fig. 6. *Rorβ*^{-/-} mice display increased *TCF7* and *OPG* expression in bone. (A, B) Female WT and *Rorβ*^{-/-} control mice ($n = 4$) were euthanized at 12 months of age and femurs were fixed, embedded, and sectioned. IHC for mouse *TCF7* protein levels was performed. *TCF7*-positive staining (dark brown) is denoted by arrows. (C) *TCF7*-positive (+) cells were counted using OsteoMeasure software and plotted as a percentage of *TCF7*+ cells per total osteocytes. (D–F) These are the same samples and procedures as described in A–C; however, IHC was performed for *OPG* protein levels and plotted in the same manner. Data represent mean SE; $p < 0.05$; $p < 0.01$ (independent samples *t* test).

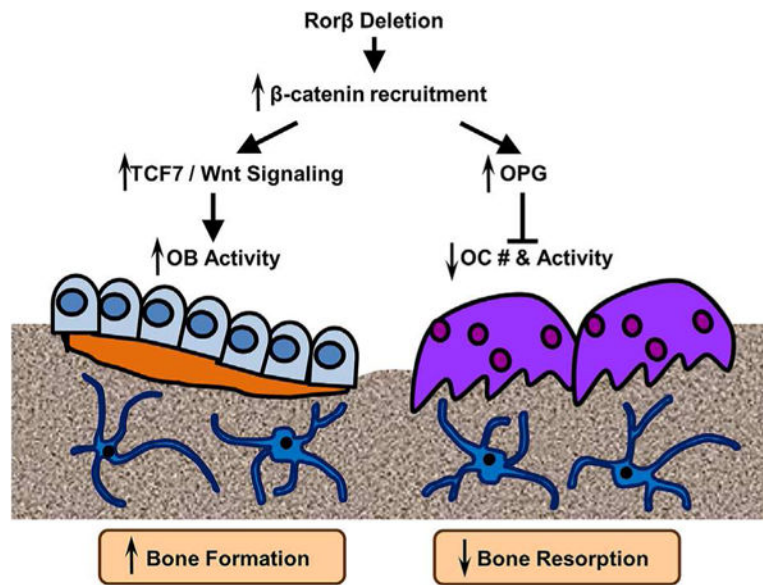


Fig. 7. Model of Ror β action in bone. Ror β deletion leads to increased β -catenin recruitment to Wnt-responsive promoters, which leads to increases in Tcf7 and Wnt activities in bone and increased bone formation and osteoblastic activity (left side of figure). Concomitantly, Ror β deletion also increases expression and secretion of OPG, leading to suppression of osteoclastogenesis (right side of figure). Collectively, these events contribute to increased bone mass.