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## Remodeling of the Mononuclear Phagocyte Network Underlies Chronic Inflammation and Disease Progression in Heart Failure: Critical Importance of the Cardiosplenic Axis

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### Abstract

**Rationale**—The role of mononuclear phagocytes in chronic heart failure (HF) is unknown.

**Objective**—Our aim was to delineate monocyte, macrophage, and dendritic cell trafficking in HF and define the contribution of the spleen to cardiac remodeling.

**Methods and Results**—We evaluated C57Bl/6 mice with chronic HF 8 weeks after coronary ligation. As compared with sham-operated controls, HF mice exhibited: (1) increased proinflammatory CD11b<sup>+</sup>F4/80<sup>+</sup>CD206<sup>−</sup> macrophages and CD11b<sup>+</sup>F4/80<sup>+</sup>Gr-1<sup>hi</sup> monocytes in the heart and peripheral blood, respectively, and reduced CD11b<sup>+</sup>F4/80<sup>+</sup>Gr-1<sup>hi</sup> monocytes in the spleen; (2) significantly increased CD11c<sup>+</sup>B220<sup>−</sup> classical dendritic cells and CD11c<sup>+/low</sup>B220<sup>+</sup> plasmacytoid dendritic cells in both the heart and spleen, and increased classic dendritic cells and plasmacytoid dendritic cells in peripheral blood and bone marrow, respectively; (3) increased CD4<sup>+</sup> helper and CD8<sup>+</sup> cytotoxic T-cells in the spleen; and (4) profound splenic remodeling with abundant white pulp follicles, markedly increased size of the marginal zone and germinal centers, and increased expression of alarmins. Splenectomy in mice with established HF reversed pathological cardiac remodeling and inflammation. Splenocytes adoptively transferred from mice with HF, but not from sham-operated mice, homed to the heart and induced long-term left ventricular dilatation, dysfunction, and fibrosis in naive recipients. Recipient mice also exhibited monocyte activation and splenic remodeling similar to HF mice.

**Conclusions**—Activation of mononuclear phagocytes is central to the progression of cardiac remodeling in HF, and heightened antigen processing in the spleen plays a critical role in this process. Splenocytes (presumably splenic monocytes and dendritic cells) promote immune-mediated injurious responses in the failing heart and retain this memory on adoptive transfer.

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None.

## Keywords

dendritic cells; heart failure; inflammation; monocytes; spleen

Persistent inflammation is a hallmark of chronic heart failure (HF).<sup>1</sup> In humans, augmented levels of circulating and myocardial proinflammatory cytokines correlate with HF disease stage and mortality.<sup>2</sup> Moreover, animal studies support a causal role for inflammatory mediators in many of the pathological responses in the failing heart.<sup>1,3</sup> These observations formed the basis for the cytokine hypothesis of HF<sup>4</sup> and suggested therapeutic promise for cytokine antagonism. Paradoxically, however, clinical trials of antibody-based neutralization of tumor necrosis factor (TNF), a foundation proinflammatory cytokine, failed to show any therapeutic benefit (and was even harmful at high doses).<sup>1,4</sup> This unexpected clinical response alludes to an over-riding and underappreciated complexity of cytokine networks in HF<sup>5</sup> that cannot be effectively targeted in an all-or-none manner. To date, despite a wealth of studies establishing pathological inflammatory activation in HF, no large-scale immunomodulatory therapies have been successfully translated to clinical practice.

The main translational focus of immune modulation in HF has thus far been directed toward protein mediators such as cytokines. In contrast, much less attention has been given to modulating the underlying immune and inflammatory cell network that serves both as an important source and effector target for cytokines. As HF is a systemic disease triggered by cardiac dysfunction, chronic cytokine elaboration suggests global alterations in inflammatory cell populations both within and beyond the failing heart, such as in lymphoid tissue and bone marrow (BM). Prominent among these cell types are monocyte/ macrophage and dendritic cell (DC) populations (mononuclear phagocytes) that are of signal importance in regulating (and generating) immune responses.<sup>6-9</sup> Macrophages and their direct precursor monocytes are central to tissue inflammation and innate immunity, whereas DCs are professional antigen-presenting and antigen-processing cells that are critical for adaptive immune responses and immune memory/tolerance. The functional roles of these cells are complex and heterogeneous, because different subtypes can either promote or suppress a variety of responses, including inflammation, cell clearance, wound healing, and autoimmunity.<sup>6-9</sup>

In acute myocardial infarction, both monocytes and DCs have been shown to contribute importantly to early postinfarction remodeling.<sup>10-14</sup> In contrast, whether and how the myelomonocytic network between lymphoid tissue, BM, and the heart is altered in chronic HF is unknown. Determining this is of utmost importance to understanding inflammatory dysregulation in HF and for targeting potential therapies directed at specific cell populations. Hence, we undertook a comprehensive analysis of the mononuclear phagocyte network in chronic HF and the contribution of the spleen, the largest secondary lymphoid organ in the body, to this network and to pathological left ventricular (LV) remodeling. Our results demonstrate, for the first time to our knowledge, profound alterations in cardiac and splenic mononuclear cells and splenic tissue niches in chronic HF that: (1) promote the circulation and residence of proinflammatory monocytes/macrophages, classical DCs (cDCs), and

plasmacytoid DCs (pDCs); and (2) regulate both chronic inflammation and the progression of pathological LV remodeling.

## Methods

All studies were performed in compliance with the National Institutes of Health (NIH) Guide for the Care and Use of Laboratory Animals (NIH Publication No. 85-23; revised 1996). The University of Alabama at Birmingham Institutional Animal Care and Use Committee gave local approval for these studies. A total of 120 mice were used.

### Mouse Models and Surgical Protocol

Male C57BL/6J mice 10 to 12 weeks of age (Jackson Laboratories; stock #000664) were used. To induce pathological LV remodeling and HF, the mice underwent left thoracotomy and left coronary artery ligation (n=19) as previously described.<sup>3,15,16</sup> Sham-operated mice (n=12) were used as controls. The mice were followed for 8 weeks after operation and evaluated for various readouts.

### Echocardiography

Mouse echocardiography was performed under anesthesia with tribromoethanol (0.25 mg/g IP), and isoflurane ( $\approx$ 1%) as needed, using a VisualSonics Vevo 770 High-Resolution System with a RMV707B scanhead. Mice were imaged on a heated, bench-mounted adjustable rail system (Vevo Imaging Station) that allowed steerable and hands-free manipulation of the ultrasound transducer.

### Isolation of Splenocytes

Eight weeks after coronary ligation or sham operation, the spleen was removed aseptically and placed in a 35-mm tissue culture dish with  $\approx$ 5 mL DMEM culture medium (Gibco; Invitrogen). Splenocytes were isolated according to the protocol of Lavelle et al<sup>17</sup> with slight modifications. Briefly, the spleen was finely minced using a scalpel. Repeated pipetting was used to disperse cells from minced fragments, and single cells were transferred to a fresh tube and kept on ice. For larger tissue pieces, the procedure was repeated several times in the dish with fresh DMEM. The final cell suspension was pipetted through a nylon cell strainer, 100  $\mu$ m (BD Falcon), into a fresh tube and centrifuged at 150g for 5 minutes at 4°C. The supernatant was decanted, and the pellet resuspended in 0.4 mL of RBC lysis buffer (eBiosciences) for 5 minutes at room temperature. The addition of fresh DMEM neutralized the erythrocyte lysis. Pelleted splenocytes were then resuspended in fresh DMEM (0.5–1.0 mL).

### Isolation of BM and Peripheral Blood Cells

After mice were euthanized, femurs and tibiae were dissected from the adherent soft tissue. The tip of each bone was removed with scissors, and the marrow was flushed with DMEM using a 27-gauge needle and aspirated. BM cells were filtered through a 100- $\mu$ m nylon cell strainer (BD Falcon), sedimented at 150g for 5 minutes at 4°C, and resuspended in RBC lysis buffer. After complete erythrocyte lysis, BM cells were resuspended in fresh 1 to 2 mL DMEM.

Peripheral blood ( $\approx 500 \mu\text{L}$ ) was collected in BD Microtainer tubes with EDTA. Erythrocytes were lysed with 2 mL RBC lysis buffer for 5 minutes on ice. Leukocytes were collected by centrifugation ( $380g$  for 10 minutes at  $4^\circ\text{C}$ ) and resuspended in 400  $\mu\text{L}$  ice-cold flow cytometry staining buffer (eBiosciences).

### Isolation of Mononuclear Cells From the Heart

Single mononuclear cells were isolated from sham and failing hearts following the method of Austyn et al.<sup>18</sup> Mouse hearts were excised in toto and placed in heparinized saline. After removal of epicardial fatty tissue and the aorta, the heart was finely minced into  $\approx 1$  to 2 mm pieces and blood was removed by repeated washing in saline (with stepwise reductions in added heparin). The tissue was digested with collagenase (1 mg/mL; Worthington), trypsin (0.1%; Gibco, Invitrogen), and DNase (10  $\mu\text{g}/\text{mL}$ ; 5 Prime) in 10 mL RPMI media (Gibco) for 45 minutes at  $37^\circ\text{C}$  with occasional shaking. Released cells were separated from solid tissue by filtering through a 100- $\mu\text{m}$  nylon cell strainer (BD Falcon), washed with R10 media (RPMI-1640 supplemented with 10% heat-inactivated FCS, 2 mmol/L L-glutamine, 25  $\mu\text{mol}/\text{L}$  2-mercaptoethanol, 1% penicillin/streptomycin), and placed on ice. These steps were repeated 2 to 3 times to digest the remaining tissue. Any residual solid tissue was treated sequentially with EDTA (2 mmol/L) in digestion media for 10 minutes at  $37^\circ\text{C}$ , with collagenase (2 mg/mL) in R10 media for 20 minutes at  $37^\circ\text{C}$ , and released cells filtered through the strainer. All collected cells were pooled and pelleted at  $150g$  for 5 minutes at  $4^\circ\text{C}$ . Single-cell suspensions were layered on Ficoll gradient solution and centrifuged at  $2000g$  for 20 minutes. To reduce myocyte contamination in the mononuclear cell suspension, 75% of the total volume (excepting cell debris) was collected and washed in R10 media. The presence of nucleated cells was confirmed by DAPI staining during flow cytometry analysis. In a separate aliquot, cell viability ( $>80\%$ ) was confirmed using the trypan blue exclusion method.

### Flow Cytometry

Isolated cell suspensions were incubated for 30 minutes at room temperature in a cocktail of fluorophore-labeled monoclonal antibodies as appropriate for the specific study against F4/80-Pacific Blue (BD Biosciences), CD8-FITC (BD Biosciences), CD45R/B220-APC (BD Biosciences), CD11b-605-NC (eBiosciences), Gr-1-APC (eBiosciences), CD11c-PE-Cy7 (BD Biosciences), CD86-PE-Cy5 (BD Biosciences), CD206-FITC (BD Biosciences), Siglec-H-eFluor 660 (eBiosciences), CD45.1-FITC (Miltenyi Biotech), and CD45.2-PE (BD Biosciences). Lineage 1 antibody cocktail was used for DC identification (to exclude thymocytes [CD90.2-PE], natural killer cells [NK1.1-PE], CD49B-PE, and granulocytes [Gr-1-PE]), and Lin2 antibody cocktail was used for macrophage/monocyte subset identification (CD90.2-PE, NK1.1-PE, CD49B-PE, and CD45R/B220-PE for B-cells). In separate assessments of splenic T-cells, cell suspensions were incubated with CD3-FITC, CD4-650 NC, and CD8-605 NC (eBiosciences). Of note, the anti-Gr-1 antibody recognizes both lymphocyte antigens 6C and 6G.<sup>19</sup>

Activated macrophages/monocytes were identified as  $\text{CD11b}^+\text{F4/80}^+$  cells.<sup>20,21</sup> Proinflammatory monocytes were identified as  $\text{Lin2}^-\text{CD11b}^+\text{F4/80}^+\text{Gr-1}^{\text{hi}}$  and anti-inflammatory monocytes as  $\text{Lin2}^-\text{CD11b}^+\text{F4/80}^+\text{Gr-1}^{\text{low}}$  cells.<sup>9,20–22</sup> Proinflammatory M1

and anti-inflammatory M2 macrophages in tissue were subclassified from Lin2<sup>-</sup>CD11b<sup>+</sup>F4/80<sup>+</sup> cells based on the absence or presence of CD206 (mannose receptor) expression.<sup>8</sup> DCs were identified as Lin1<sup>-</sup>CD11c<sup>+</sup> cells.<sup>6,9,22</sup> cDCs were identified as Lin1<sup>-</sup>CD11c<sup>+</sup>B220<sup>-</sup>, whereas nonclassical pDCs were identified as Lin1<sup>-</sup>CD11c<sup>+/low</sup>B220<sup>+</sup>.<sup>6,22-24</sup> In some studies, pDCs were identified as Siglec-H<sup>+</sup> cells.<sup>25</sup> Lymphoid cDCs were further subdivided as CD8<sup>+</sup> or CD8<sup>-</sup>,<sup>6,22</sup> and pDCs as CD86<sup>+</sup> or CD86<sup>-</sup> (classical costimulatory molecule and marker of pDC maturity).<sup>26</sup> Helper and cytotoxic T-cells were characterized as CD3<sup>+</sup>CD4<sup>+</sup> and CD3<sup>+</sup>CD8<sup>+</sup>CD4<sup>-</sup> cells, respectively.<sup>27</sup> For the heart, spleen, and BM, identified cells were normalized for total cell population. For peripheral blood, cell numbers were normalized for the total lymphocyte and monocyte gate. Data were acquired on an LSR II flow cytometer (BD Biosciences) and analyzed with FlowJo software, version 7.6.3.

### Immunohistochemistry and Confocal Microscopy

Formalin-fixed, paraffin-embedded hearts and spleens from sham and HF mice were sectioned at 5  $\mu$ m thickness, deparaffinized, and rehydrated; (immuno)histological staining was performed as previously described.<sup>3,15</sup> Masson trichrome was used to evaluate tissue fibrosis and general histology (heart and spleen), and Alexa Fluor 488– conjugated wheat germ agglutinin (Invitrogen) for myocyte area. Myocardial apoptosis was evaluated using the DeadEnd Fluorometric TUNEL System (Promega) as previously described.<sup>15,28</sup> Sections were also blocked and then incubated with antibodies against CD11b/ ITAM (Epitomics), CD11c (eBiosciences), F4/80 (eBiosciences), CD169 (R&D Systems), high mobility group box-1 (HMGB1; IBL International), and CD45.2-PE (BD Biosciences), and secondary antibodies were conjugated with Alexa 488, 555, or 647 (Invitrogen). Nuclei were stained with DAPI. Myocyte area and cardiac fibrosis were quantified from 5 to 6 high-power fields per section in the remote noninfarcted area of the heart using ImageJ and Metamorph software, respectively. In the spleen, CD11b-positive cells in the subcapsular red pulp (SRP) were counted in 3 to 5 high-power fields per section. Data for each group were calculated from 12 to 15 sections and 4 to 5 mice from each group. The measurements and calculations were conducted in a blinded manner. Confocal microscopy was performed on an LSM710 microscope (Zeiss), and Z-stack images were acquired according to standard protocols.

### Cytometric Bead Array Immunoassay for Serum Cytokines

Peripheral blood was allowed to clot at room temperature for 2 hours. After centrifugation at 2000g for 10 minutes, serum was collected and stored at -20°C until assays were performed. Serum concentrations of TNF, monocyte chemoattractant protein (MCP)-1, interferon (IFN)- $\gamma$ , interleukin (IL)-6, IL-10, and IL-12p70 were measured simultaneously using a Cytometric Bead Array Mouse Inflammation Kit (BD Biosciences). Briefly, 50  $\mu$ L of chemokine capture bead mixture was incubated with 50  $\mu$ L of either recombinant standard or sample and 50  $\mu$ L of R-rhycerythrin (PE)-conjugated detection antibody for 2 hours at room temperature. The mixture was washed to remove unbound PE detection reagent before data acquisition on a BD LSR II flow cytometer. Analysis was performed using FCAP Array software.

### Splenocyte Gene Expression by Quantitative Real-Time PCR

Mononuclear splenocytes were cultured in serum-free DMEM media for 24 hours after isolation ( $2$  to  $3 \times 10^6$  cells/well). The cells were then collected and stored at  $-80^\circ\text{C}$  in TRIzol reagent (Invitrogen) for subsequent RNA isolation. cDNA synthesis and quantitative real-time PCR were performed as previously described.<sup>3,16,28</sup> Relative levels of mRNA transcripts for TNF, IL-1 $\beta$ , IL-2, IL-4, IL-5, IL-6, IL-10, IL-13, IFN- $\gamma$ , inducible nitric oxide synthase (iNOS), C-C chemokine receptor type 2, CCR5, chemokine (C-C motif) ligand 5, chemokine (C-X-C motif) receptor 3, CX3C chemokine receptor 1, toll-like receptor (TLR)1, TLR7, TLR9, TLR12, transforming growth factor- $\beta$ , HMGB1, S100A8, S100A9, and galectin-3 were determined using forward and reverse primer pairs detailed in Online Table I and normalized to 18s rRNA expression using the  $C_T$  comparative method.<sup>3</sup>

### Survival Splenectomy and Splenocyte Adoptive Transfer

In a separate subgroup, male (CD45.2) C57BL/6J mice ( $n=36$ ) underwent coronary ligation or sham operation. Eight weeks later, survival splenectomy (or, in some mice, sham abdominal surgery) was performed using standard surgical techniques.<sup>29</sup> Briefly, mice were anesthetized with tribromoethanol ( $0.25$  mg/g IP), and anesthesia was maintained with 1% isoflurane as needed. After sterilizing the surgical area,  $\approx 1$  cm incision was made in the left subcostal region, and the peritoneum was opened to exteriorize the spleen. The spleen was retracted away from the pancreatic tail, the splenic bundle was ligated at the hilum using 8.0 prolene ligature, and the spleen was removed intact. For sham operations, the splenic bundle and spleen were left intact. The procedure required  $\approx 10$  to 15 minutes to complete; totality of splenectomy was ensured by close examination at the time of operation and confirmed during postmortem examination. Splenocytes from sham-operated and HF mice were used for adoptive transfer studies described below. Splenectomized mice (and sham abdominal surgery controls) were subsequently followed for 8 more weeks with serial echocardiography.

For adoptive transfer studies, splenocytes were prepared as described previously.<sup>30</sup> Briefly, single-cell suspensions were prepared from spleens isolated from sham-operated ( $n=8$ ) and HF mice ( $n=7$ ). The erythrocytes were lysed with RBC lysis buffer (eBiosciences). Single-cell suspensions were then layered on Ficoll-Paque (GE Healthcare) gradient and centrifuged at  $2000g$  for 20 minutes to separate mononuclear cells and exclude granulocytes and residual erythrocytes. Mononuclear cells were collected, washed 3 times with sterile PBS, and resuspended in sterile PBS. Cells were then pooled from either sham or HF mice and resuspended in 5 mL PBS. Mononuclear cells were injected ( $\approx 17 \times 10^6$  cells in 100  $\mu\text{L}$  PBS per animal via tail vein) into naive CD45.1 C57BL/6J mice (7 mice receiving sham splenocytes and 7 mice receiving HF splenocytes).

As an additional control for adoptive transfer, we also isolated splenocytes from CD45.2 C57BL/6J male mice (6–8 weeks) treated with either lipopolysaccharide (LPS) to induce systemic inflammation or PBS control. LPS ( $0.4$  mg/kg) or PBS ( $0.2$  mL) was injected intraperitoneally daily for 2 consecutive days ( $n=5$  per group). Spleens were aseptically harvested 24 hours after the last intraperitoneal dose, and the mononuclear cell population



was isolated and injected via tail vein into naive CD45.1 C57BL/6 recipient mice (n=7 per group receiving either LPS splenocytes or PBS splenocytes) as described above.

### Statistical Analysis

Continuous data are summarized as mean±SD. Statistical comparisons were performed using the unpaired Student *t* test when comparing 2 groups. For comparisons of >2 groups, 2-way ANOVA was used with Bonferroni post-test to adjust for multiple comparisons. A *P* value <0.05 was considered statistically significant.

## Results

### Profound Structural Remodeling in the Heart 8 Weeks After Coronary Ligation

Four weeks after coronary ligation, mice exhibited significant pathological cardiac remodeling and hemodynamic signs of HF.<sup>3,15</sup> Here, we evaluated mice at 8 weeks to ensure the establishment of chronic ischemic HF. Typical M-mode ECGs and ventricular sections from sham-operated and HF mice (Online Figure IA), and histological sections of remote (noninfarcted) myocardium stained with Masson trichrome and wheat germ agglutinin (Online Figure IB), demonstrated substantial myocardial scarring, LV dilatation, LV systolic dysfunction, and increased fibrosis and myocyte size in HF mice. Group data (Online Figure IC) confirmed significantly increased LV end-diastolic and end-systolic volume, reduced LV ejection fraction, and increased (≈2-fold) remote zone fibrosis and myocyte area. Normalized heart and lung weights were also increased. These findings indicated marked LV remodeling and pulmonary edema in HF mice.

### Activated M1 Polarized Macrophages Infiltrate the Failing Heart

Activated macrophages were defined as cells with dual expression of CD11b (Mac-1) and F4/80 surface markers.<sup>20,21</sup> As seen in Figure 1A, as compared with sham, failing hearts exhibited a significant increase in both overall mononuclear cells and infiltrating activated macrophages (19.2±1.9 versus 10.9±2.9%; *P*=0.033). Augmented tissue macrophages were further confirmed by Mac-1 immunostaining (Figure 1B), which revealed a ≈5-fold increase in macrophages in failing hearts compared with sham (*P*<0.001). Lin2 negativity (see Methods section) and CD206 expression were used to subclassify macrophages as either M1 (proinflammatory; Lin2<sup>-</sup> CD11b<sup>+</sup>F4/80<sup>+</sup>CD206<sup>-</sup>) or M2 (anti-inflammatory; Lin2<sup>-</sup>CD11b<sup>+</sup>F4/80<sup>+</sup>CD206<sup>+</sup>) by flow cytometry. As seen in Figure 1C, both sham and failing hearts exhibited a greater abundance of tissue M2 macrophages in relation to M1 macrophages, consistent with previous studies.<sup>31</sup> M1 macrophages significantly increased in the failing heart compared with sham (6.2±0.6 versus 3.8±0.7%; *P*=0.019), whereas there was no change in M2 macrophages (*P*=0.28), thus favoring a proinflammatory milieu. In support of this, HF mice (compared with sham) exhibited significant (or near significant) elevations of circulating proinflammatory IFN-γ, IL-6, and MCP-1 in serum (Online Figure II). No differences among groups were observed for serum levels of IL12p70, TNFα, and IL-10.

### cDCs and pDCs Increase in the Failing Heart

CD11c<sup>+</sup> DCs are antigen-presenting cells categorized as classical and nonclassical DCs.<sup>22</sup> cDCs include migratory DCs (present in most organs, including the heart), which activate

immune responses after detection of danger signals, and lymphoid tissue-resident DCs, which do not migrate but collect and process antigens in 1 lymphoid organ throughout their lifespan.<sup>22</sup> Nonclassical DCs include pDCs that are present in an immature form at steady state, but they mature with dendritic form and costimulatory molecule expression on inflammatory activation.<sup>6,22,26</sup> As seen in Figure 2A, CD11c immunostaining revealed distinctly increased tissue DC infiltration in the interstitium of the failing heart (border and remote zone) as compared with sham. DC subsets in the heart were quantified by flow cytometry using Lin1 negativity (see Methods section), with cDCs identified as Lin1<sup>-</sup>CD11c<sup>+</sup>B220<sup>-</sup>, and pDCs as Lin1<sup>-</sup>CD11c<sup>+/low</sup>B220<sup>+</sup>.<sup>23,24</sup> pDCs were further classified as CD86<sup>low</sup> and CD86<sup>hi</sup>, to indicate immature and mature pDCs, respectively.<sup>26</sup> Both DC populations increased in the failing heart, cDCs by  $\approx 1.4$ -fold ( $P=0.023$ ) and pDCs by  $\approx 4.3$ -fold ( $P=0.012$ ), compared with sham (Figure 2B). Moreover, pDCs over a range of maturation stages were present in the failing heart. As seen in Figure 2C, the number of mature CD86<sup>hi</sup> and immature CD86<sup>low</sup> pDCs in sham hearts was very low. However, both pDC populations were markedly increased in HF hearts as compared with sham ( $\approx 9$ -fold higher CD86<sup>hi</sup> pDCs,  $P=0.009$ ;  $\approx 22$ -fold higher CD86<sup>low</sup> pDCs,  $P<0.001$ ).

### Splenic Remodeling Is Prominent in Chronic HF

Masson trichrome stains of the spleen revealed striking alterations of the splenic architecture in HF. As seen under low power (Figure 3A), the HF spleen exhibited greater numbers of white pulp follicles (primarily composed of lymphocytes), with greater variability and irregularities of follicular size and shape and greater numbers of large germinal centers as compared with spleens from sham-operated mice. Higher-power views revealed a striking increase in size of the marginal zone surrounding the white pulp, a site that plays an important role in antigen screening and processing.<sup>32</sup> The changes in tissue architecture suggested immune activation and heightened antigen processing in the spleen.<sup>32</sup> Additionally, there was reduced mononuclear cell abundance in the red pulp, especially the SRP, in HF spleens.

To quantify monocytes/macrophages and DCs in the spleen, flow cytometry and immunostaining were performed. As seen in Figure 3B, CD11b/Mac-1 and F4/80 immunostains revealed  $\approx 3.4$ -fold fewer activated monocytes in the spleens of HF mice as compared with sham, primarily in the red pulp and SRP. This was confirmed by flow cytometry of the splenic mononuclear cell population (Figure 3C), which revealed a significant ( $P=0.0011$ )  $\approx 2$ -fold reduction in CD11b<sup>+</sup>F4/80<sup>+</sup> cells in HF spleens. These changes were primarily related to proinflammatory (CD11b<sup>+</sup>F4/80<sup>+</sup>Gr-1<sup>hi</sup>) monocytes without significant change in anti-inflammatory (CD11b<sup>+</sup>F4/80<sup>+</sup>Gr-1<sup>low</sup>) monocytes. In contrast to activated monocytes, lymphoid tissue-resident DC populations were markedly increased in the spleens of HF mice. As seen in Figure 4A and 4B, both CD11c<sup>+</sup>B220<sup>-</sup> cDC and CD11c<sup>+/low</sup>B220<sup>+</sup> pDC populations were augmented in HF spleens. Increased splenic pDCs in HF were also observed using Siglec-H as a pDC marker (Online Figure III).

In lymphoid organs, CD8<sup>+</sup> and CD8<sup>-</sup> cDCs differ in their efficiency for antigen cross-presentation to T-cells.<sup>6,22,33</sup> As seen in Figure 4C, there was a significant  $\approx 1.8$ -fold increase in both CD8<sup>+</sup> and CD8<sup>-</sup> cDCs in spleens from HF mice as compared with sham,



together with significantly increased numbers of CD4<sup>+</sup> and CD8<sup>+</sup> T-cells (Online Figure IV). Importantly, although both CD8<sup>+</sup> and CD8<sup>-</sup> cDCs prime T-cell responses, CD8<sup>+</sup> DCs have a greater propensity to stimulate CD8<sup>+</sup> cytotoxic T-cells<sup>6,33</sup> and Th-1 CD4<sup>+</sup> helper T-cells<sup>34</sup> that would promote a proinflammatory milieu. In addition to increased splenic DC abundance in HF, CD11c immunostaining revealed a striking spatial redistribution of DCs (Figure 4D). In sham-operated mice, splenic CD11c<sup>+</sup> DCs were primarily seen in the marginal zone. In contrast, in HF spleens, DCs were localized within the white pulp and often in germinal centers, suggesting a critical role for DCs in the heightened antigen processing occurring in HF.

### Augmented Circulating cDCs and Proinflammatory Monocytes in HF

HF mice exhibited a marked  $\approx$ 2-fold increase in circulating CD11b<sup>+</sup>F4/80<sup>+</sup>-activated monocytes ( $P=0.01$ ) as compared with sham (Figure 5A). These changes were again related to proinflammatory monocytes, analogous to the polarity of tissue macrophages in the failing heart (Figure 1) and consistent with the systemic elaboration of proinflammatory mediators such as MCP-1 (Online Figure II). Notably, circulating anti-inflammatory monocytes decreased substantially in HF mice. cDCs and pDCs were also detected in the circulation of sham and HF mice (Figure 5B). Both circulating CD8<sup>+</sup> and CD8<sup>-</sup> cDCs were increased  $\approx$ 2- to 3-fold in HF mice as compared with sham, whereas circulating pDCs were similar between the groups. In contrast, BM from HF mice exhibited significantly ( $\approx$ 1.4-fold) increased pDCs, but no change in cDCs or activated monocytes when compared with sham BM (Online Figure V).

### Spleen Regulates the Progression of Pathological LV Remodeling in Chronic HF

Our data indicated global proinflammatory alterations of the antigen-presenting cell network in HF. As the largest lymphoid organ in the body, the spleen would be expected to be the critical lynchpin for their pathogenesis and, by analogy, for the progression of cardiac remodeling. To examine this as a proof-of-principle, 2 approaches were used. First, splenectomy (or sham splenectomy) was performed in mice with HF 8 weeks post-coronary ligation, and the effects on LV remodeling were evaluated 8 weeks later (Figure 6A). Splenectomy in sham-operated mice did not induce any changes in LV size or function. Figure 6B depicts representative M-mode ECGs from 1 mouse at baseline, 8 weeks postligation (HF), and 16 weeks postligation/8 weeks postsplenectomy (HF/splenectomy). LV enlargement and dysfunction significantly improved postsplenectomy. Group data (Figure 6C) confirmed that splenectomy in HF, over a period of 8 weeks, induced significant ( $P<0.05$ ) reductions in end-diastolic volume and endsystolic volume and improvement (22% relative change, 8% absolute change) in LV ejection fraction, indicating reversal of pathological remodeling, whereas HF mice with sham abdominal surgery at 8 weeks continued to show progressive LV remodeling and functional decline. Moreover, cardiac CD11b and CD11c immunostaining revealed a profound  $\approx$ 3-fold reduction in tissue macrophages and DCs in the failing heart after splenectomy (Figure 6D). Also, as illustrated in Online Figure VI, splenectomy did not reduce serum levels of TNF, MCP-1, IL-6, IL12p70, and IFN- $\gamma$  in HF mice (IL-6 levels were actually mildly increased after splenectomy). Taken together, this suggests that the improved LV remodeling after

splenectomy was not simply related to changes in circulating cytokines, but rather to loss of splenic mobilization and subsequent diminished tissue infiltration of inflammatory cells.

Second, we performed adoptive transfer of mononuclear splenocytes isolated from either sham-operated or HF (CD45.2) mice into naive (CD45.1) syngeneic C57Bl/6 mice and serially evaluated LV remodeling during an 8-week period (Figure 7A). Flow cytometry revealed persistence of donor splenocytes in the peripheral blood of recipients at a level of  $\approx 15\%$  by 1 week and  $< 1\%$  to  $2\%$  by 2 weeks posttransfer (Online Figure VII). Mice that received splenocytes from sham-operated mice exhibited no appreciable changes in LV size or ejection fraction during an 8-week period after cell transfer (Figure 7B and 7C). However, mice that received splenocytes from HF mice had significant ( $P < 0.05$ ) LV dilatation ( $\approx 30\%$  and  $\approx 60\%$  increase in end-diastolic volume and end-systolic volume, respectively) and LV ejection fraction decline evident by 8 weeks. Analogous to HF mice with splenectomy, serum levels of TNF, MCP-1, IL-6, IL12p70, and IFN- $\gamma$  were similar between mice receiving HF splenocytes and sham splenocytes (Online Figure VIII), suggesting that the remodeling responses were not secondary to high systemic cytokines. Moreover, to exclude a nonspecific response, we performed parallel experiments using splenocytes from mice given intraperitoneal LPS (or PBS control) for 2 days. Although this LPS regimen significantly augmented circulating proinflammatory CD11b<sup>+</sup>F4/80<sup>+</sup>Gr-1<sup>+</sup> cells as compared with PBS-treated mice (Online Figure IXA), adoptive transfer of LPS splenocytes (or PBS splenocytes) had no discernible effects on LV size or systolic function (Online Figure IXB; Figure 7D), suggesting that the HF splenocyte response was specific to the HF disease state itself rather than nonspecific inflammation.

### **HF Splenocytes Express Inflammatory Mediators and Alarmins, and Home to the Heart to Induce Pathological Injury**

Gravimetric analysis (Figure 7E) revealed increased heart and lung weights in HF splenocyte recipient mice, as compared with sham splenocyte recipients, indicative of cardiac hypertrophy and lung edema. Peripheral blood flow cytometry 8 weeks post-transfer also revealed augmented activated CD45.1 monocytes, indicating reproduction of chronic inflammation in recipients (Figure 7F). Moreover, as compared with sham splenocyte recipient mice, the spleens of HF splenocyte mice were hypertrophied and exhibited histological changes indicative of heightened antigen processing similar to that observed in mice with HF (Figure 7G). Histological analysis of HF splenocyte recipient hearts revealed augmented interstitial fibrosis as compared with sham splenocyte recipient hearts (Figure 8A); fibrotic foci often coincided with retained CD45.2<sup>+</sup> donor cells. These hearts also exhibited a  $\approx 10$ -fold increase in cardiomyocyte apoptosis (Figure 8B), suggesting HF splenocyte-induced cell loss as a potential trigger for myocardial fibrosis. To confirm cardiac homing of HF splenocytes, we performed immunostaining for CD169, a marker for splenic metallophilic marginal zone macrophages.<sup>35</sup> HF splenocyte recipient hearts, but not sham splenocyte recipient hearts, harbored multiple foci of CD45.2<sup>+</sup>CD169<sup>+</sup> cells in the perivascular and interstitial regions (Figure 8C). We also observed CD169<sup>+</sup> macrophages in the border zone of failing hearts 8 weeks after coronary ligation, but not in sham-operated hearts (data not shown). Hence, mononuclear splenocytes activated in HF home to the heart

to induce tissue injury and remodeling and retain memory sufficient to induce similar inflammation and long-term pathological remodeling in otherwise naive hearts.

We examined inflammatory gene expression in splenocytes and levels of splenic alarmins as potential mechanisms for immune cell-mediated injury. As illustrated in Online Figure X, as compared with sham, splenocytes from HF mice exhibited significantly increased expression of several proinflammatory cytokines/mediators (eg, TNF, IL-2, IL-5, IL-6, iNOS, IFN- $\gamma$ ), chemokine receptors/ligands (eg, C-C chemokine receptor type 2, CX3C chemokine receptor 1, chemokine [C-C motif] ligand 5, chemokine [C-X-C motif] receptor 3), and pattern recognition receptors (eg, TLR-7, TLR-9, TLR-12) of signal importance in the activation of DCs.<sup>36</sup> In contrast, of the anti-inflammatory mediators examined (IL-4, IL-10, IL-13, transforming growth factor- $\beta$ ), only IL-10 was upregulated. Hence, HF splenocytes are potently activated and serve as sources of inflammatory mediators that can initiate or amplify tissue injury.

Pattern recognition receptor upregulation, cell homing to the heart, and the capacity to reproduce systemic inflammation and cardiac injury and remodeling on HF splenocyte adoptive transfer suggest previous priming of the transferred immune cells by cardiac antigens. Potential candidates for the latter include damage-associated molecular patterns or alarmins and TLR ligands released on cardiac injury that can activate innate immune cells both locally and globally.<sup>37,38</sup> As shown in Online Figure XIA, immunostaining of HF spleens revealed robustly increased levels of both intracellular and extracellular HMGB1, a prototypical alarmin, in the white pulp, marginal zone, and SRP, suggesting ongoing HMGB1 antigen presentation to T-cells. HF splenocytes themselves further exhibited significant upregulation of several alarmins, including HMGB1, S100A8, S100A9, and galectin-3 (Online Figure XIB), which can amplify the inflammatory response.<sup>37</sup> Moreover, adoptively transferred HF splenocytes were also intermittently observed to express HMGB1 robustly in recipient hearts (Online Figure XIC). Taken in totality, the adoptive transfer studies provide direct evidence for activated splenocytes as disease mediators in HF, as part of a pathophysiologically relevant cardio-splenic axis that is both necessary and sufficient for the progression of LV remodeling.

## Discussion

There are several novel findings in this study. First, there are profound alterations of the mononuclear phagocyte network in established ischemic HF that encompass the failing heart, spleen, peripheral blood, and BM and form the foundation for chronic inflammation in this disease. These are comprised of: (1) increased proinflammatory macrophages and monocytes in the failing heart and peripheral blood, together with a reduction in the activated monocyte reservoir in the spleen, (2) augmented cDCs and pDCs in both the failing heart and spleen and increased cDCs and pDCs in the blood and BM, respectively, and (3) increased levels of both CD8<sup>+</sup> and CD8<sup>-</sup> cDC subtypes in the spleen and blood. Augmented circulating levels of IFN- $\gamma$ , MCP-1, and IL-6 accompanied these immune cell profiles. Second, there is profound splenic remodeling in HF, indicative of ongoing, heightened antigen processing. This occurred in concert with robust expression of alarmins and proinflammatory mediators and augmented splenic CD4<sup>+</sup> and CD8<sup>+</sup> T-cell populations,

consistent with heightened T-cell activation and differentiation secondary to antigen–MHC presentation by DCs. Third, the spleen has an obligatory role in the progression of cardiac remodeling and inflammation in chronic HF, because splenectomy reversed remodeling and attenuated tissue macrophage and DC infiltration. Fourth, HF-derived mononuclear splenocytes, not otherwise activated *ex vivo*, home to the heart and induce long-term cardiac remodeling and dysfunction, systemic inflammation, and splenic remodeling akin to HF in previously normal mice. These data indicate that mononuclear splenocytes in chronic HF are highly activated, potentially in response to cardiac-derived alarmins, and traffic to the heart to induce immune cell–mediated injury, and that this capacity is retained on adoptive transfer into naive animals. Taken together, we conclude that activation of mononuclear phagocytes is indispensable for the progression of pathological remodeling and that the splenic microenvironment in HF plays a critical role in this process.

### Altered Inflammatory Cell Network in HF

Recent studies have established a critical role for monocytes/ macrophages<sup>11–14</sup> and DCs<sup>10</sup> in tissue healing early after myocardial infarction. Nahrendorf, Swirski, and coworkers<sup>12–14</sup> have demonstrated that monocyte recruitment to the heart after acute infarction is dynamic and high and is dependent on extramedullary splenic hematopoiesis and mobilization of splenic monocytes (with accompanying loss of the splenic monocyte reservoir). This recruitment followed 2 phases— an initial infiltration of proinflammatory (Ly-6C<sup>hi</sup>) monocytes (days 1–4 postinfarction) that promote tissue digestion, followed by reparative (Ly6C<sup>low</sup>) monocytes that resolve inflammation and promote tissue healing. Wang et al<sup>39</sup> have shown an analogous proinflammatory state in the BM (increased CD11b<sup>+</sup>, Gr-1<sup>+</sup>, or Ly6C<sup>high</sup> cells) early after infarction, which diminishes the reparative efficacy of BM-derived progenitors. This impaired efficacy resolved after the first week, consistent with an acute, time-limited process.

Extending these previous studies, our data reveal that chronic ischemic HF is characterized by Gr-1<sup>hi</sup> monocytes in the blood and CD206<sup>-</sup> macrophages in the failing heart well after the formation of healed infarct scar. Hence, infiltrating monocytes/macrophages in the chronically failing heart reestablish a proinflammatory and injurious phenotype<sup>7,8,21</sup> that promotes ongoing remote (and border) zone tissue remodeling. Importantly, the splenic proinflammatory monocyte reservoir remains depleted in chronic HF, especially in the SRP, similar to that observed early after infarction.<sup>14</sup> Unlike in the spleen, and contrary to the early postinfarct period,<sup>39</sup> we observed no changes in the activated monocyte population in the BM in HF. Therefore, our results suggest that in chronic HF there is persistent splenic mobilization of proinflammatory monocytes to the heart resulting in tissue infiltration by M1 macrophages that promote ongoing tissue remodeling. Persistently elevated serum levels of MCP-1 (C-C chemokine receptor type 2), a C-C chemokine that plays a critical role in the trafficking and tissue recruitment of proinflammatory monocytes after myocardial infarction,<sup>7,11,40</sup> provide further support for this scenario. These data are also consistent with human studies demonstrating increased numbers of activated monocytes in the circulation of patients with advanced HF.<sup>41</sup>

DCs are specialized for the processing and presentation of antigens to T-cells on upregulation of MHC and costimulatory molecules (eg, CD86). Depending on the DC functional subset, activation state, and maturation stage,<sup>42</sup> a variety of immune responses can be engendered, including helper or cytotoxic T-cell activation as well as T-cell immune tolerance.<sup>6,22,26,33,43</sup> DCs infiltrate into the heart early after infarction, peaking at 7 days, and are immunoprotective, because selective DC ablation immediately after infarction worsened remodeling, enhanced inflammatory cytokines, and increased cardiac infiltration of proinflammatory monocytes.<sup>10</sup> Our results demonstrate that in chronic HF, well after the infarct healing period, there is a marked increase in cDC and pDC populations in the spleen and in the failing heart itself, together with increased circulating cDCs and augmented BM pDCs. Moreover, contrary to early postinfarction, this increase in DCs is accompanied by the mobilization and infiltration of proinflammatory monocytes and macrophages to the failing heart, suggesting a chronic and inappropriately activated deleterious immune response. Notably, although cDCs are potent activators of both CD8 and CD4 T-cells that can promote tissue damage,<sup>6</sup> mature pDCs are poorly immunostimulatory and favor the formation of regulatory T-cells and self-tolerance,<sup>26,44</sup> which can mitigate the same. In our study, the failing heart exhibited augmented levels of both immature and mature pDCs (Figure 2), presumably reflecting varying capacities for the induction of self-tolerance in response to tissue injury. Hence, the balance between cDCs and pDCs, as well as the relative abundance of maturing pDCs, may be of considerable importance in the maintenance, or alternatively resolution, of chronic inflammation in the failing heart.

Increased CD4<sup>+</sup> and CD8<sup>+</sup> T-cells in the spleen accompanied the augmented levels of DCs, suggesting ongoing processing and presentation of antigens by DCs to T-cells, thereby leading to T-cell activation and differentiation and subsequent generation of effector or memory immune responses.<sup>45</sup> Although the specific antigens responsible for triggering immune cell activation are not definitively answered by our study, we found marked upregulation of chemokine and TLR pattern recognition receptors, known to be differentially expressed on DCs<sup>36</sup> in HF splenocytes, and augmented extra- and intracellular levels of HMGB1 in HF spleens (Online Figures X–XI). These findings suggest that the ongoing release, collection, and processing of damage-associated molecular patterns, presumably derived from injured myocardium, contribute importantly to sustained activation of immune cells in chronic HF. Among the cDC subsets, CD8<sup>+</sup> DCs are considered more robust stimulators of CD8<sup>+</sup> cytotoxic T-lymphocytes<sup>6,33</sup> and Th-1 CD4<sup>+</sup> helper T-cell responses<sup>34</sup>; they have, however, also been implicated in tolerance induction.<sup>6,43</sup> Dissecting the specific antigen- and cell-mediated determinants of immune activation versus tolerance in HF would be critical for guiding potential therapeutic immunomodulation. In this regard, Eriksson et al<sup>46</sup> demonstrated that BM-derived DCs self-loaded with  $\alpha$ -myosin heavy chain peptide and activated with LPS and a CD40 stimulatory antibody induced CD4<sup>+</sup> T-cell-mediated myocarditis and subsequent HF. We propose that chronic remodeling in HF after myocardial infarction is also driven, at least in part, by sustained DC activation in response to cardiac antigens. HF is generally considered a T helper cell pathway-1 activation state—this would necessarily implicate DCs, regulators of CD4<sup>+</sup> T helper cell polarization, as critical mediators of the inflammatory response.

## Newly Uncovered Robust Cardiosplenic Axis in Chronic HF

Global alterations of the mononuclear phagocyte network suggest significant underlying changes in the spleen, because 2 important functions of the spleen are to filter blood and to remove or initiate immune responses to circulating antigens.<sup>32</sup> Our results demonstrate striking changes in splenic architecture (more follicles, large germinal centers, and prominent marginal zones) and cell populations (augmented CD8<sup>+</sup>/CD8<sup>-</sup> cDCs and pDCc, shift in the spatial distribution of DCs to the white pulp germinal centers, augmented CD4<sup>+</sup> and CD8<sup>+</sup> T-cells) that signify amplified antigen processing in HF. Also, the spleen exhibited depletion of SRP monocytes, connoting a reduced ability of the spleen in HF to remove (by phagocytosis) senescent erythrocytes and circulating particulates.<sup>32</sup> Hence, profound splenic remodeling occurs in chronic HF, which supports immune system activation, on the one hand, and diminished circulating antigenic clearance, on the other.

To evaluate the importance of these splenic abnormalities in HF, we selected 2 approaches to establish both the necessity and the sufficiency of the spleen for pathological cardiac remodeling. To establish necessity, we performed splenectomy in mice with chronic HF and evaluated LV structure and function 8 weeks later. Splenectomy both stabilized and actually reversed cardiac remodeling, with long-term improvement in LV ejection fraction and reduction in chamber size and suppression of CD11b<sup>+</sup> and CD11c<sup>+</sup> cell infiltration in the failing heart. Importantly, splenectomy did not significantly diminish circulating proinflammatory cytokines, suggesting primary effects referable to the cardiac recruitment of splenic immune cell populations rather than global levels of inflammatory mediators. Hence, the spleen exacerbates disease progression and cardiac inflammation in chronic HF. These results are counter to the beneficial role of the spleen early after infarction. Splenectomy at the time of infarction or 3 days later worsened scar formation and subsequent LV remodeling,<sup>12</sup> an effect thought to be because of wound healing responses engendered by the splenic monocyte reservoir. In contrast to this early effect, our data establish that in chronic HF, the spleen, with sustained depletion of SRP monocytes and increased antigenic processing, assumes a much more proinflammatory role and promotes mobilization of immune cell populations to the heart, which exacerbate detrimental LV remodeling.

To establish sufficiency of the spleen, we performed adoptive transfer of mononuclear splenocytes into otherwise normal naive mice. Importantly, our study design did not include additional exogenous mitogenic stimulation of splenocytes as has been reported previously in a study in rats.<sup>47</sup> Transfer of splenocytes from mice with HF, but not from sham-operated mice, recapitulated multiple facets of chronic pathological remodeling in naive mice. Notably, there were no discernible early effects on LV function, indicating a low likelihood of an acute myocarditis after transfer. Although donor splenocytes disappeared from the recipient mouse circulation <2 weeks, pathological changes were manifested in recipient hearts much later, at 8 weeks, and included LV dilatation, hypertrophy (by gravimetric analysis), systolic dysfunction, and myocardial apoptosis and fibrosis. Moreover, we found evidence of donor splenocytes homing to recipient hearts, localized primarily at sites of interstitial fibrosis and in perivascular regions. Intriguingly, systemic changes were also evident, including splenic hypertrophy with architectural changes similar to those seen in HF



and increased levels of circulating activated monocytes consistent with an inflammatory state.

This effect was specific to splenocytes from HF, because there were no substantial changes in systemic cytokine levels and because adoptive transfer of splenocytes from mice treated with LPS had no discernible cardiac effects. Moreover, the high level of expression of cytokine/chemokine mediators, TLRs, and alarmins in HF splenocytes indicates that these cells were potentially activated and suggested that the recapitulation of systemic inflammation and tissue injury/remodeling in naive hearts occurred as a result of previous priming of splenic immune cells to cardiac antigens in HF. Hence, taken together, our results suggest that the spleen is a fundamental mediator of chronic inflammation and remodeling in HF; activated splenocytes (potentially in response to cardiac alarmins) home to the heart to induce tissue injury; and HF splenocytes retain memory sufficient for recreating the injurious immune responses in otherwise normal animals. These data suggest that remodeling progression in chronic HF is an immune cell-mediated phenomenon and that targeting specific mononuclear cell populations within the spleen and heart (eg, monocyte/macrophages and DCs), or the specific antigens responsible for their activation, may comprise a more feasible approach to therapeutic immunomodulation in this disease. The relative importance of each specific cell type in this disease process and the identity and importance of specific antigens and alarmins will require further study.

In summary, we have demonstrated profound remodeling of the mononuclear phagocyte network and the spleen in HF, which forms the basis for chronic inflammation. These changes, which are consistent with ongoing, enhanced antigen processing in the spleen and sustained inflammatory/immune cell-mediated injury in the failing heart, are of pathophysiological importance for the progression of HF, independent of other factors. Hence, we propose the novel paradigm that mononuclear phagocytes are obligatory disease mediators in HF and that progression of pathological cardiac remodeling is dependent, at least in part, on autoimmune injury in the heart induced by these cell populations.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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## Nonstandard Abbreviations and Acronyms

BM	bone marrow
cDC	classical DC

<b>DC</b>	dendritic cell
<b>HF</b>	heart failure
<b>HMGB1</b>	high mobility group box-1
<b>MCP-1</b>	monocyte chemoattractant protein-1
<b>pDC</b>	plasmacytoid DC
<b>SRP</b>	subcapsular red pulp
<b>TNF</b>	tumor necrosis factor

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## Novelty and Significance

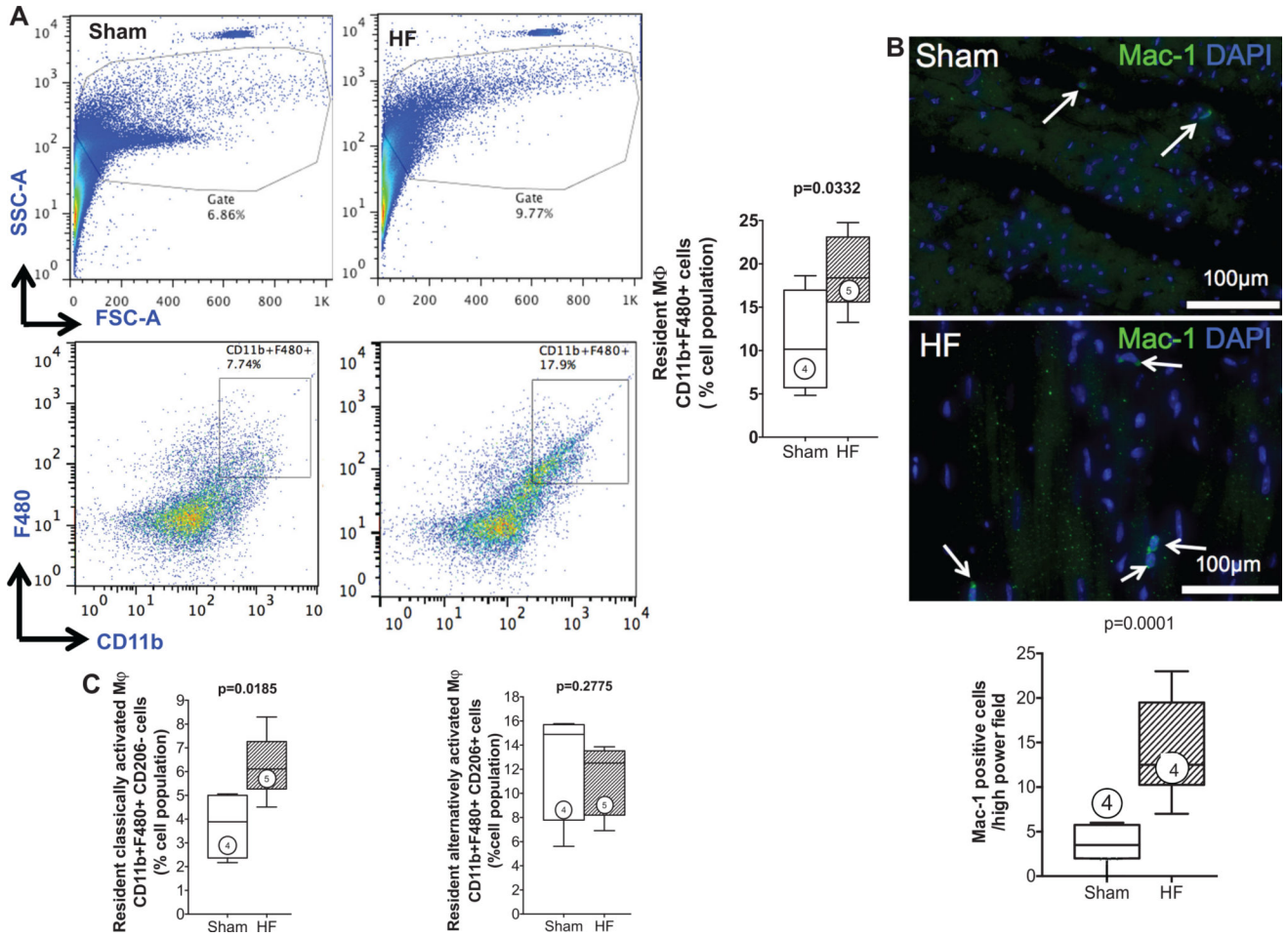
### What Is Known?

- Sustained local and systemic inflammatory activation are hallmarks of chronic heart failure (HF).
- Inflammatory cells such as mononuclear phagocytes, that is, monocytes/macrophages and dendritic cells (DCs), are both important sources and effector targets for proinflammatory cytokines.
- Although monocytes/macrophages and DCs are known to contribute importantly to cardiac remodeling early after myocardial infarction, their role in chronic HF is unknown.

### What New Information Does This Article Contribute?

- Anomalies of the global mononuclear phagocyte network underlie the persistent inflammation in chronic HF and promote the cardiac residence of proinflammatory monocytes/macrophages, classical DCs (cDCs), and plasmacytoid DCs (pDCs).
- In HF, the spleen exhibits heightened antigen processing together with reductions in the splenic monocyte reservoir, but augmentation of cDCs and pDCs and increased expression of alarmins and proinflammatory mediators.
- The cardiosplenic axis plays an obligatory role in the pathogenesis and progression of cardiac remodeling in HF, because splenectomy reversed left ventricular (LV) remodeling and inflammation, whereas adoptive transfer of HF-derived mononuclear splenocytes into naive mice reproduced long-term cardiac remodeling.

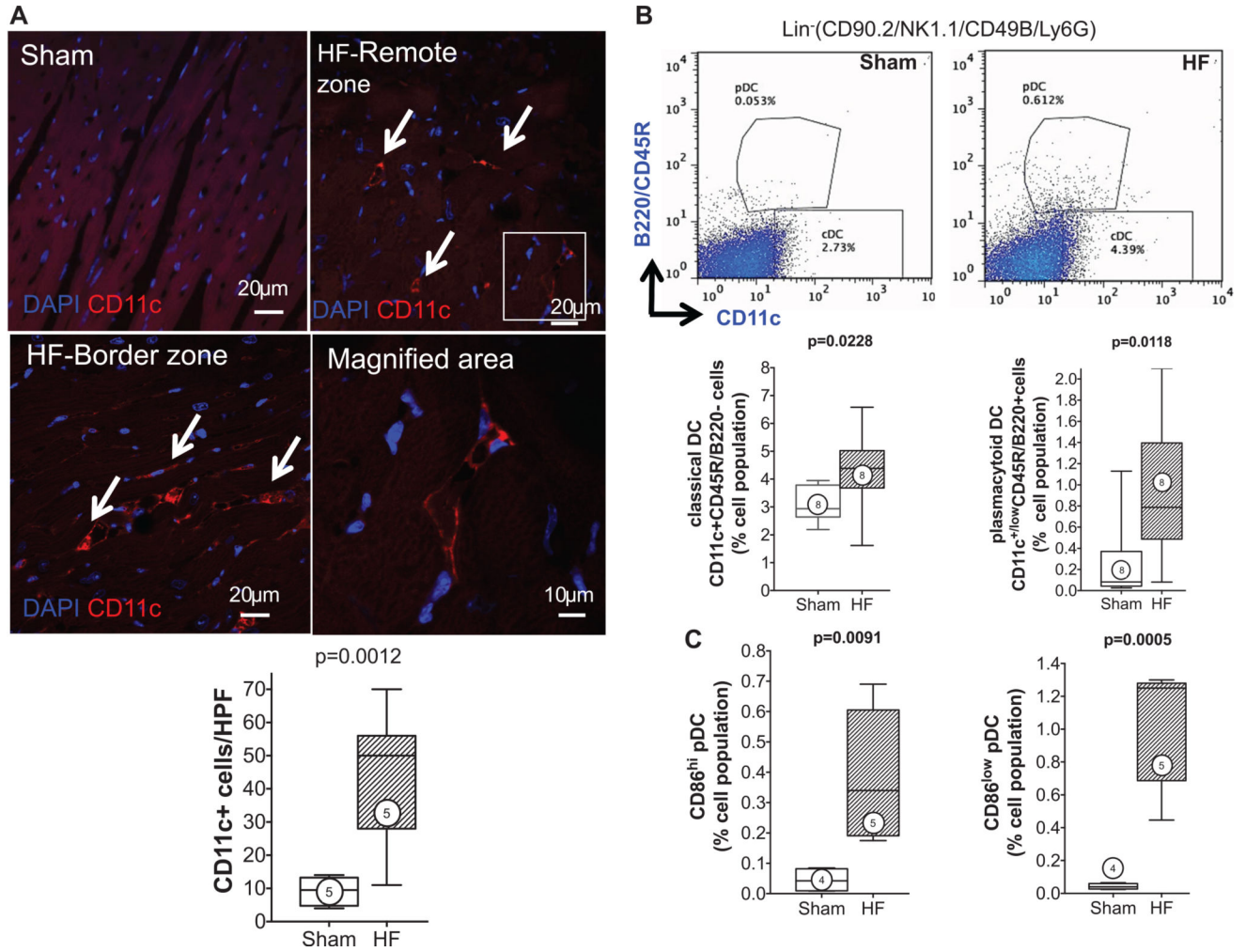
Whether inflammatory cells can be manipulated for therapeutic benefit in HF is unknown. In this study, we show profound alterations in the mononuclear phagocyte network in HF, which include increased proinflammatory macrophages and monocytes in the failing heart and circulation, and augmented cDCs and pDCs in the heart and spleen. We also demonstrate marked splenic remodeling in HF, indicative of heightened antigen processing, in concert with robust splenocyte expression of alarmins and proinflammatory mediators and augmented splenic CD4<sup>+</sup> and CD8<sup>+</sup> T-cells. Finally, we show that the spleen is indispensable for remodeling progression and inflammation in HF, because splenectomy reversed remodeling and attenuated cardiac macrophage and DC infiltration, and mononuclear splenocytes from HF mice homed to the heart and induced long-term cardiac remodeling, apoptosis, fibrosis, dysfunction, and systemic inflammation on adoptive transfer into naive mice. Hence, we propose the novel paradigm that adverse LV remodeling in chronic ischemic HF is in part immune cell-mediated, potentially in response to cardiac-derived alarmins, and that targeting specific monocyte/macrophage and DC populations within the spleen and heart, or the antigens responsible for their activation, may comprise a more feasible approach to therapeutic immunomodulation in this disease.



**Figure 1. Activated macrophages infiltrate the failing heart**

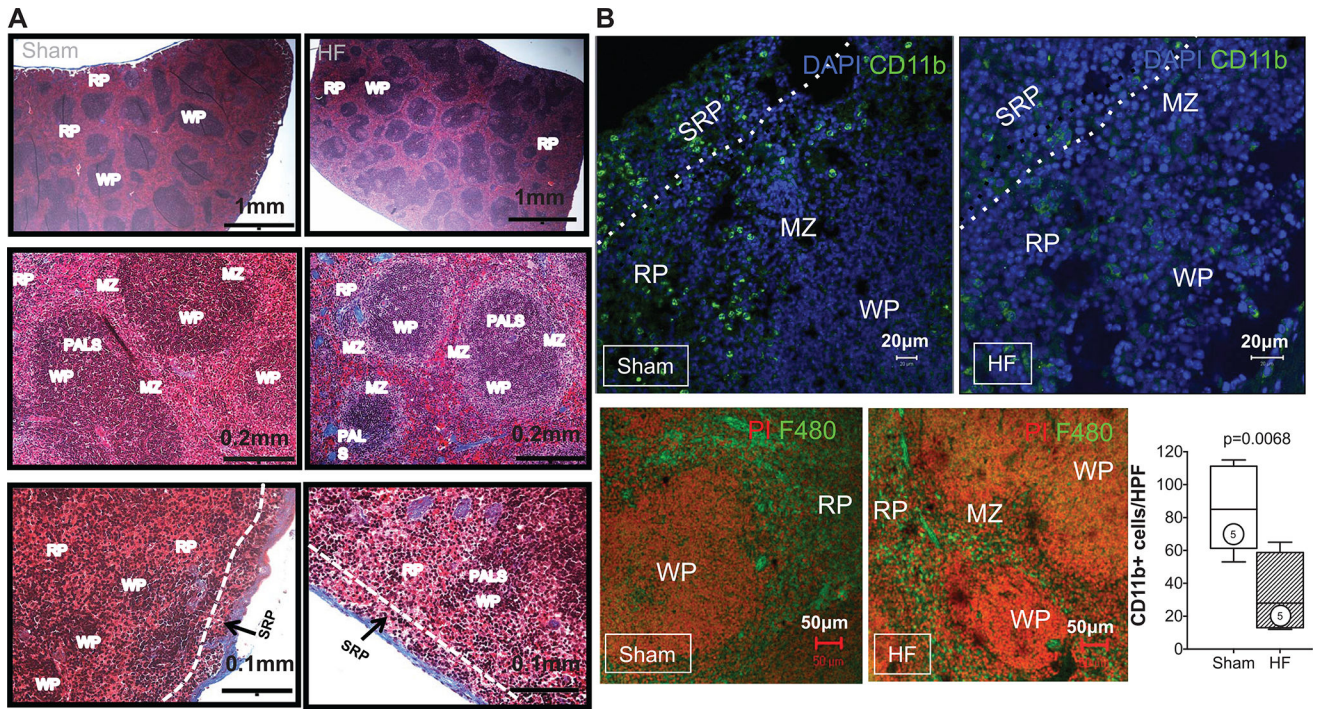
**A**, Cardiac mononuclear cells were isolated on tissue digestion and gradient centrifugation purification. Representative forward and side scatter profiles and live cell gates from a sham and HF heart (**top**). Identification of Lin2<sup>-</sup> (defined in text) CD11b<sup>+</sup>F480<sup>+</sup> cells, expressed as a percentage of total live cells, and corresponding group data from sham and HF hearts (**bottom**). FSC indicates forward scatter; and SSC, side scatter. **B**, Representative Mac-1 immunostains in sham and HF hearts and corresponding quantification of Mac-1<sup>+</sup> cells (arrows). **C**, Flow cytometric quantification of classically activated M1 (Lin2<sup>-</sup>CD11b<sup>+</sup>F4/80<sup>+</sup>CD206<sup>-</sup>) and alternatively activated M2 (Lin2<sup>-</sup>CD11b<sup>+</sup>F4/80<sup>+</sup>CD206<sup>+</sup>) macrophages in sham and HF hearts. Mφ indicates macrophage; n=4 to 5 per group.

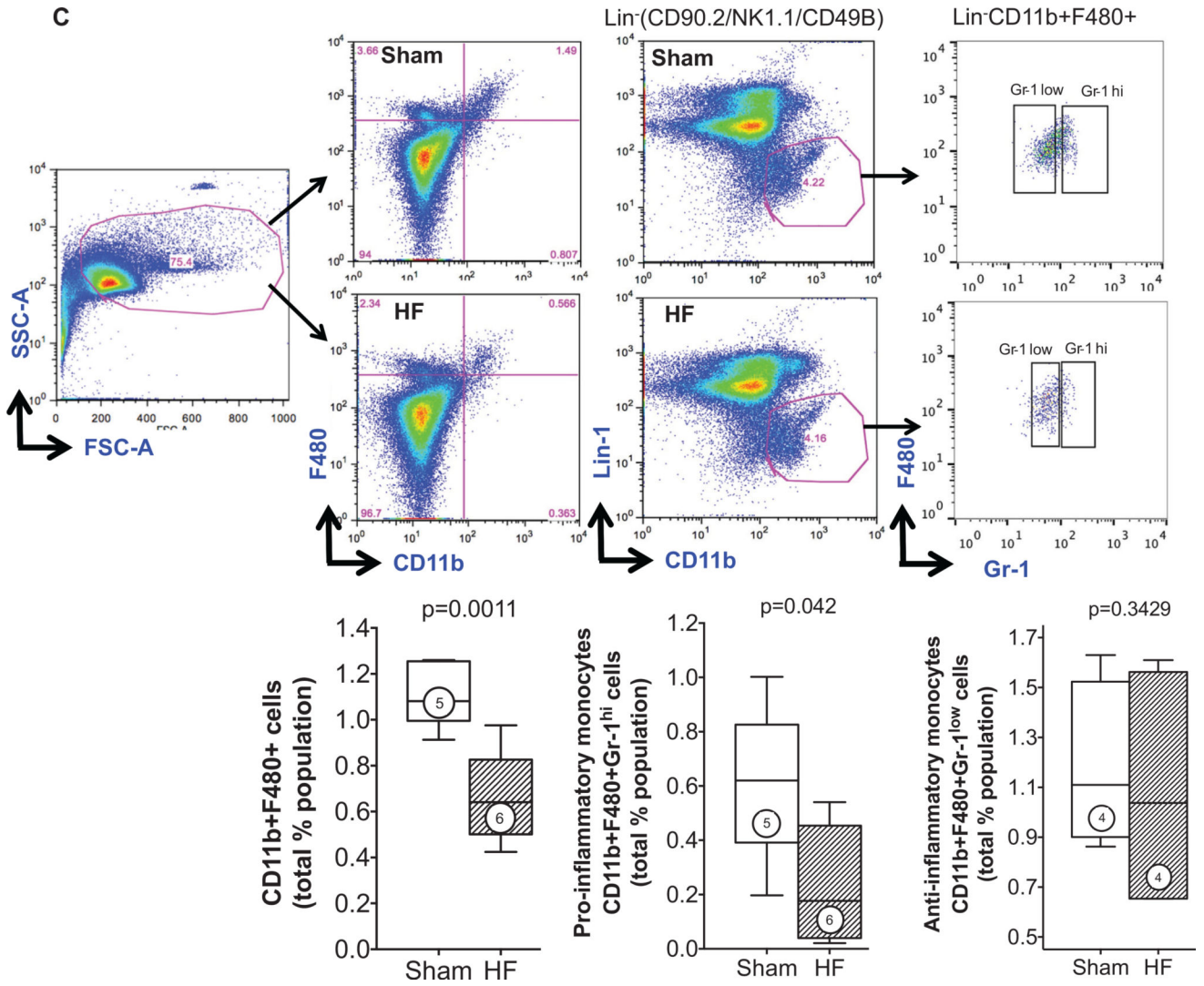




**Figure 2. Infiltrating dendritic cells (DCs) are increased in the failing heart**

**A**, Representative confocal images of CD11c immunostained sections from sham and HF hearts (remote zone) and corresponding group data. The arrows indicate infiltrating CD11c<sup>+</sup> DCs; n=5 per group. **B**, Representative scatter plots for Lin<sup>-</sup> (defined in text) cardiac mononuclear cells further separated into CD11c<sup>+</sup>B220<sup>-</sup> classical DCs (cDCs) and CD11c<sup>+</sup>/lowB220<sup>+</sup> plasmacytoid DCs (pDCs), expressed as a percentage of total live cells, together with quantitative group data for cDC and pDC populations in sham and HF hearts. N=8 per group. **C**, Flow cytometric quantification of CD86<sup>hi</sup> and CD86<sup>low</sup> pDCs in sham and HF hearts. N=4 to 5 per group.

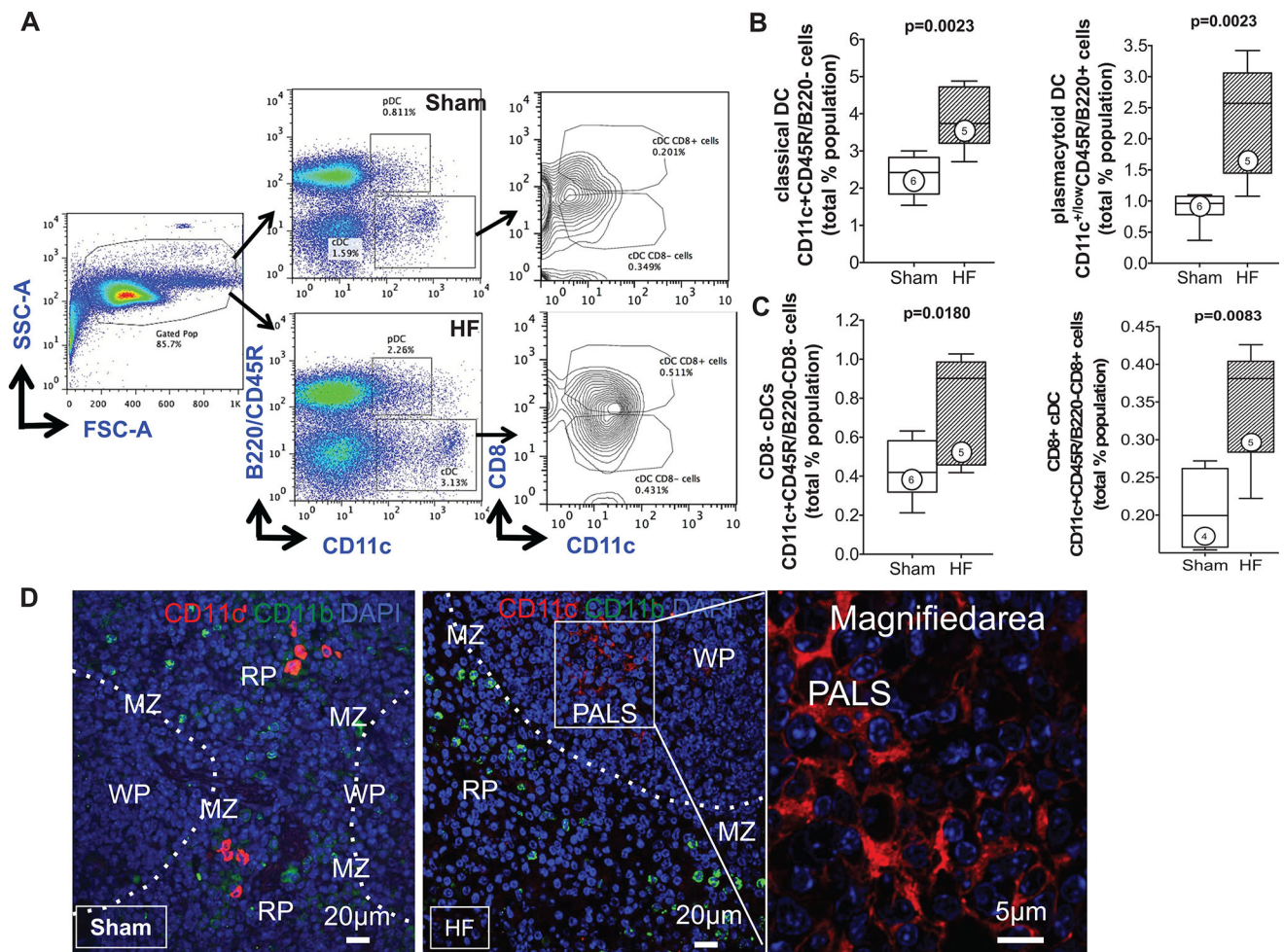




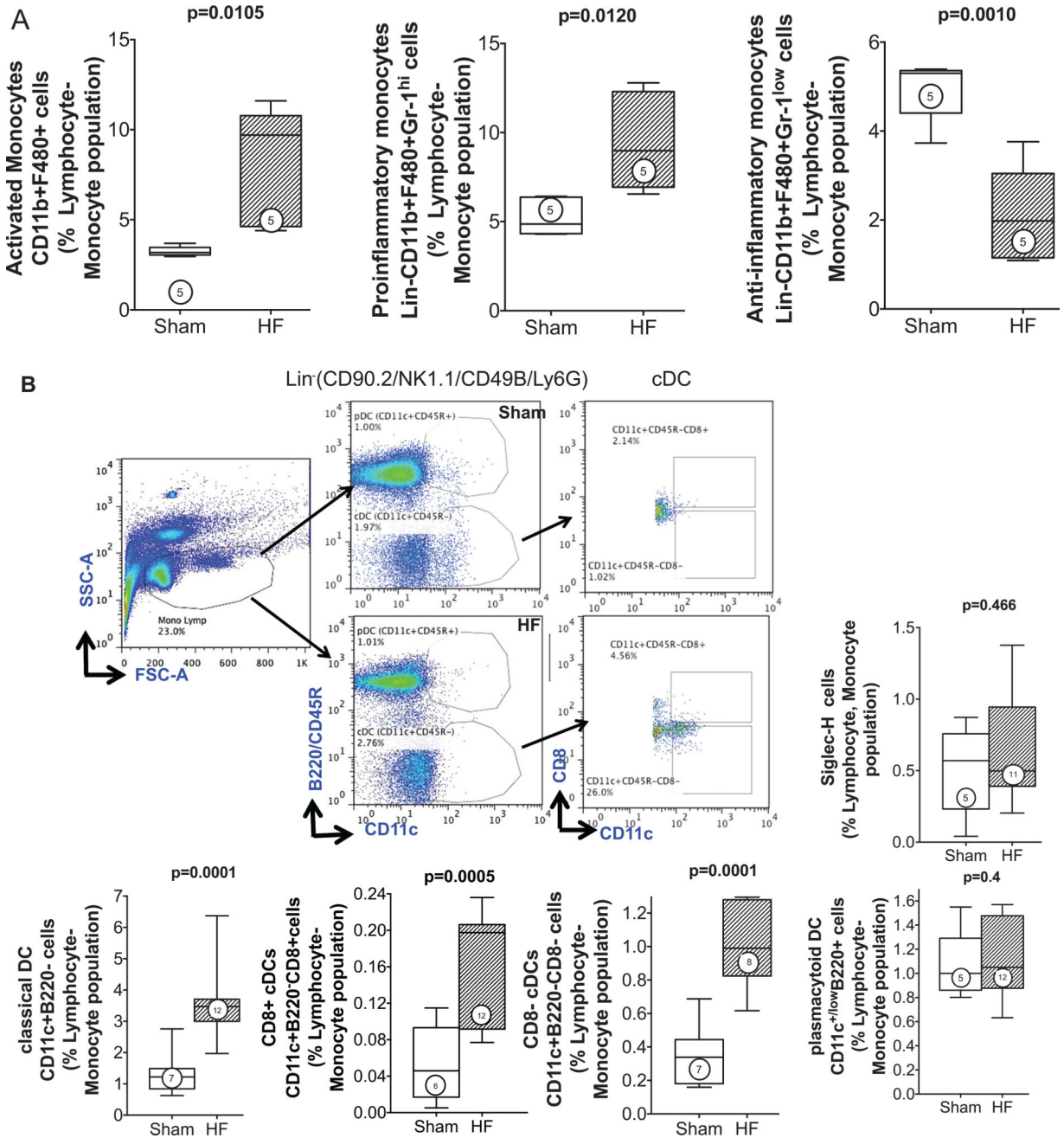
**Figure 3. Splenic remodeling in heart failure**

**A**, Representative Masson trichrome stains of spleens from sham-operated and heart failure (HF) mice. The low-power views (**top**) depict increased white pulp (WP) follicles with greater number of large germinal centers (clear areas in the WP) in the spleen from HF mouse. The higher-power views (**middle**) illustrate the increased size of the marginal zone (MZ) surrounding the WP in the HF spleen. The bottom panels highlight the subcapsular red pulp (SRP), which exhibits fewer mononuclear cells in HF as compared with sham. PALS indicates periarteriolar lymphoid sheath. **B**, Representative confocal images of CD11b<sup>+</sup> SRP monocytes (**top**) and F4/80<sup>+</sup> monocytes (**bottom**) in the red pulp of sham and HF spleens, together with quantitative group data for CD11b<sup>+</sup> cells in the SRP. **C**, Representative live cell gates and scatter plots from sham and HF spleens identifying CD11b<sup>+</sup>F480<sup>+</sup> cells, further subdivided by low or high Gr-1 expression (percentage of total live cells), and corresponding group data. N=4 to 6 per group.





**Figure 4. Remodeling of the splenic dendritic cell (DC) population in heart failure (HF)**  
**A**, Representative scatter plots for splenic mononuclear cells and live cell gates, with subsequent identification of Lin1<sup>-</sup> CD11c<sup>+</sup>B220<sup>-</sup> classical DCs (cDCs) and CD11c<sup>+</sup>B220<sup>+</sup> plasmacytoid DCs (pDCs), and further subdivision of cDCs as CD8<sup>+</sup> or CD8<sup>-</sup> cells. **B** and **C**, Quantitative group data for cDCs and pDCs, and CD8<sup>+</sup> and CD8<sup>-</sup> cDCs, expressed as a percentage of total live cell population in sham and HF spleens. N=4 to 6 per group. **D**, Representative confocal images of CD11c<sup>+</sup> DCs in sham and HF spleens demonstrating prominent spatial redistribution of DCs to the white pulp germinal centers in the HF spleen.



**Figure 5. Altered circulating mononuclear phagocytes in heart failure (HF)**  
**A**, Lin<sup>2</sup>-CD11b<sup>+</sup>F4/80<sup>+</sup> monocytes were identified from the monocyte-lymphocyte gate of peripheral blood leukocytes and further subdivided as high or low Gr-1-expressing cells (pro- and anti-inflammatory monocytes, respectively). Quantitative group data for circulating monocyte subsets in sham and HF mice are shown; n=5 per group. **B**, Schema for flow cytometric identification of circulating Lin<sup>1</sup>-CD11c<sup>+</sup>B220<sup>-</sup> classical DCs (cDCs) and CD11c<sup>+</sup>B220<sup>+</sup> plasmacytoid DCs (pDCs), and CD8<sup>+</sup> and CD8<sup>-</sup> cDCs, expressed as a percentage of the monocyte-lymphocyte gate of peripheral blood cells determined from side and forward scatter (SSC, FSC) plots as shown, together with quantitative group data for the

same in sham and HF mice. In parallel studies, peripheral blood pDCs were alternatively identified as Siglec-H<sup>+</sup> cells and expressed as a percentage of the monocyte–lymphocyte gate. N=5 to 12 per group.

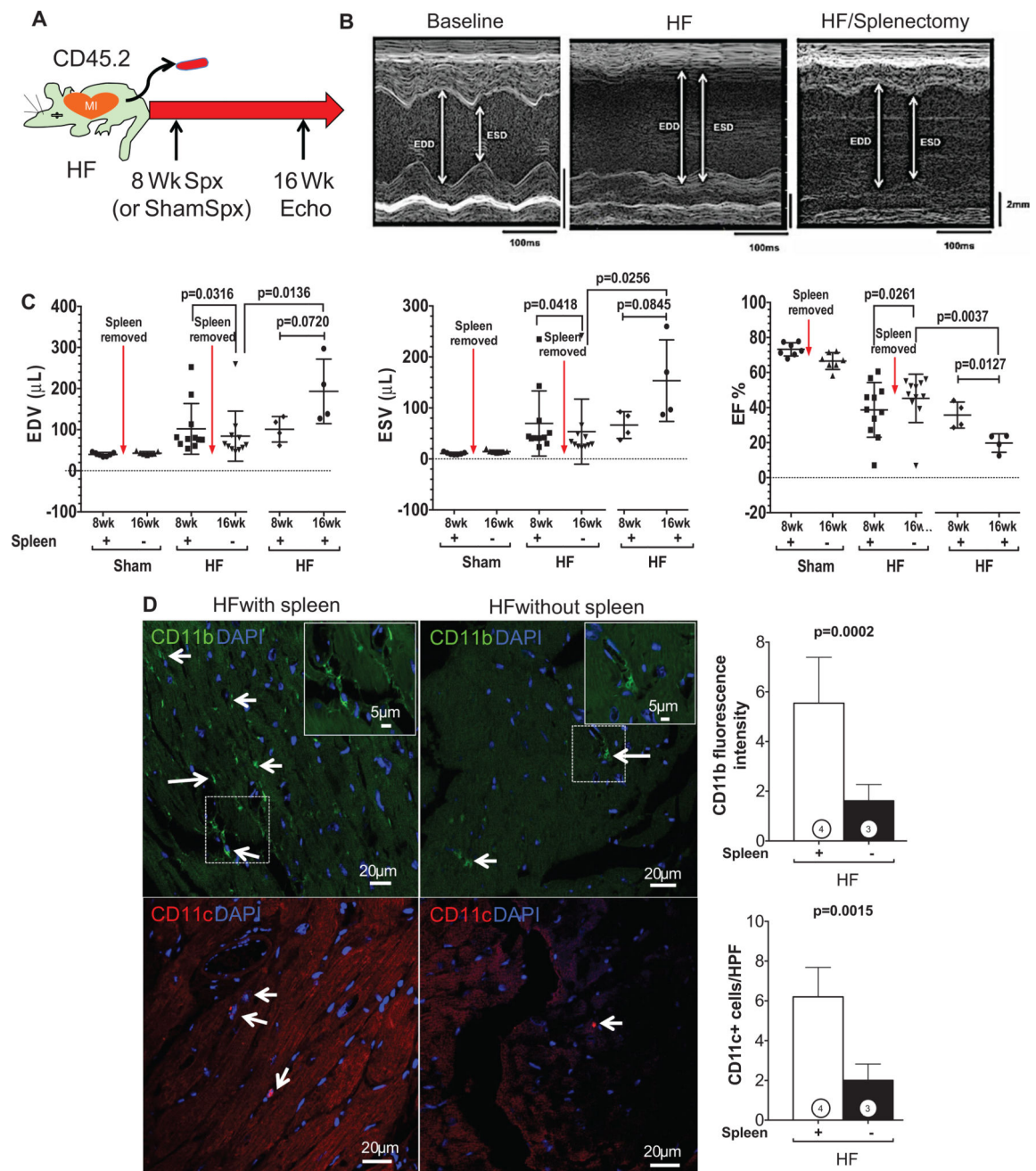
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**Figure 6. The spleen influences pathological cardiac remodeling in heart failure (HF)**  
**A**, Schema for splenectomy studies in mice with chronic HF. Splenectomy (or sham abdominal surgery) was performed in HF mice 8 weeks after coronary ligation (or sham operation), and remodeling was assessed by echocardiography over an additional 8 weeks.  
**B**, M-mode ECGs from 1 mouse at baseline, 8 weeks postligation (HF), and 16 weeks postligation/8 weeks postsplenectomy (HF/splenectomy). **C**, Quantitative group echocardiographic data for left ventricular (LV) end-diastolic and end-systolic volume (EDV and ESV) and LV ejection fraction (EF) in sham operated and ligated HF mice 8 weeks after splenectomy (n=7 sham mice; n=11 HF mice) or sham abdominal surgery (n=4 HF mice).

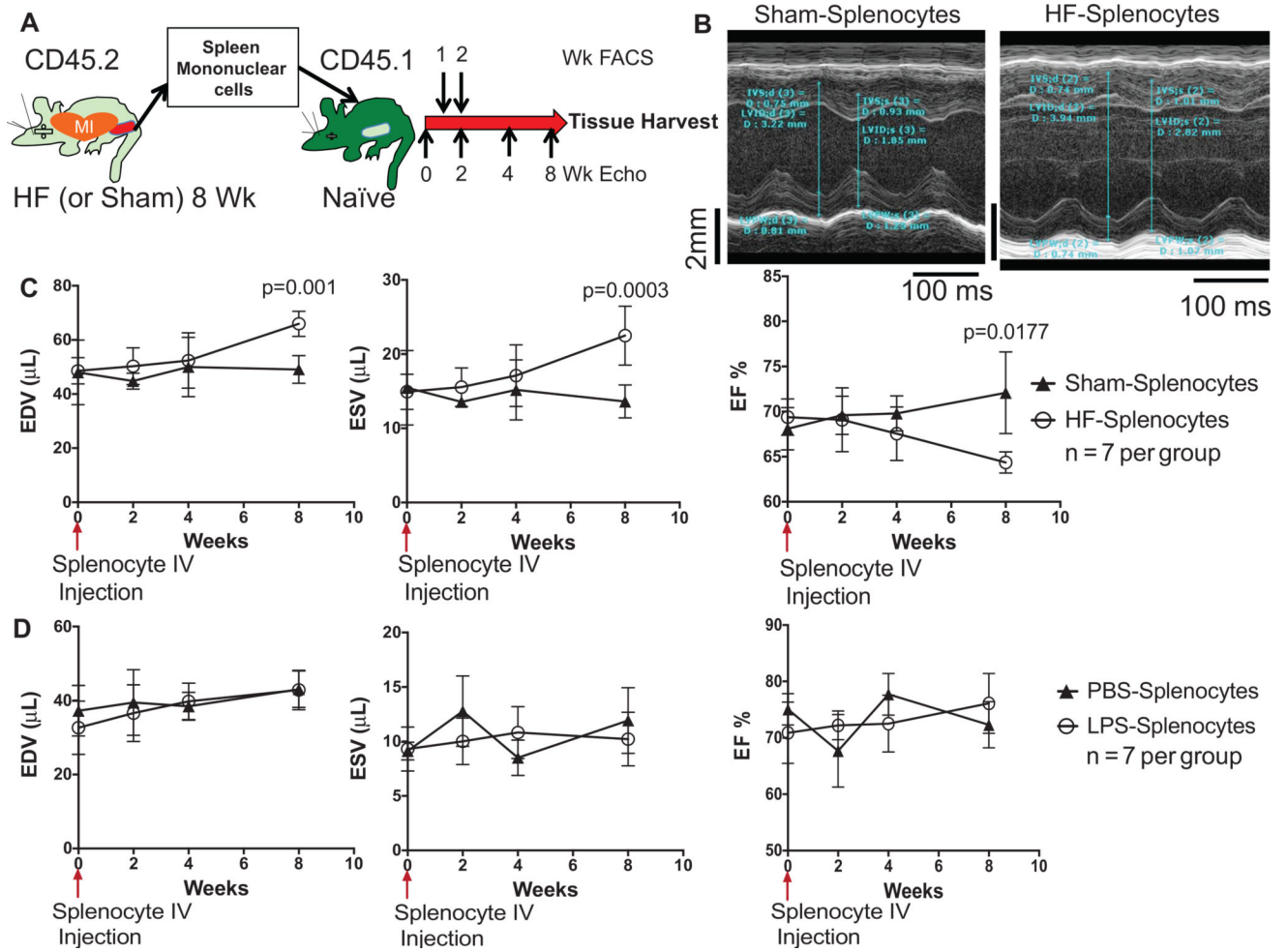
**D.** Representative confocal images of CD11b (for macrophages, arrows) and CD11c (for DCs, arrows) immunostained heart sections from HF mice (16 weeks postligation) with or without splenectomy at 8 weeks and corresponding quantification (n=3–4 per group).

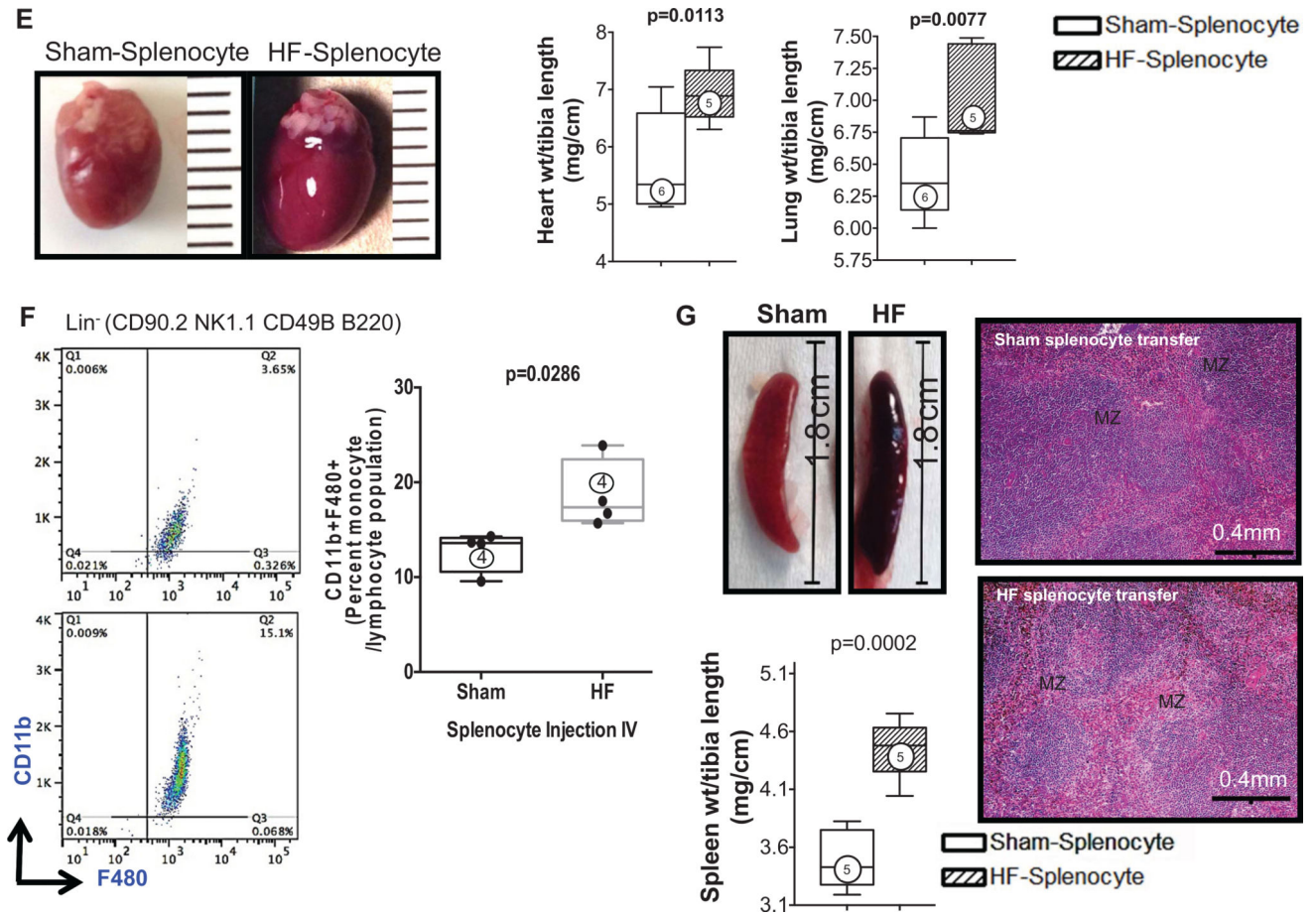
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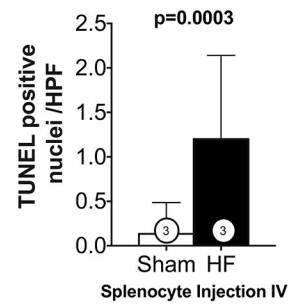
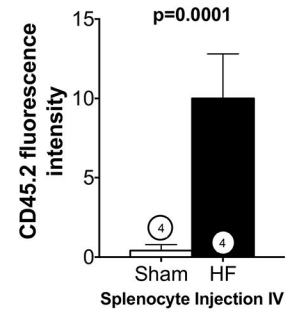
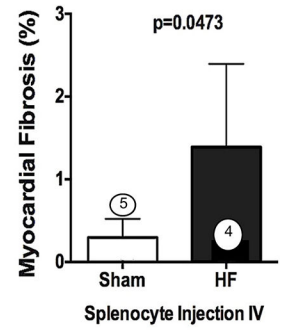
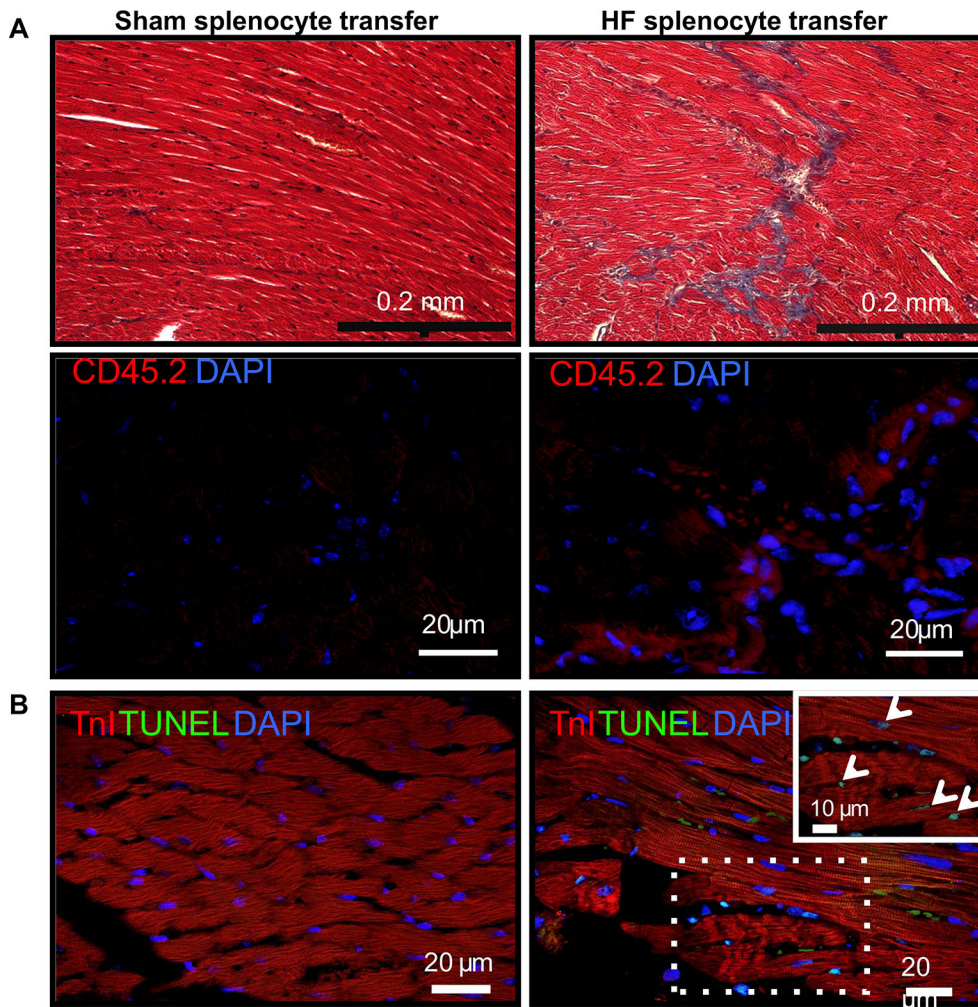


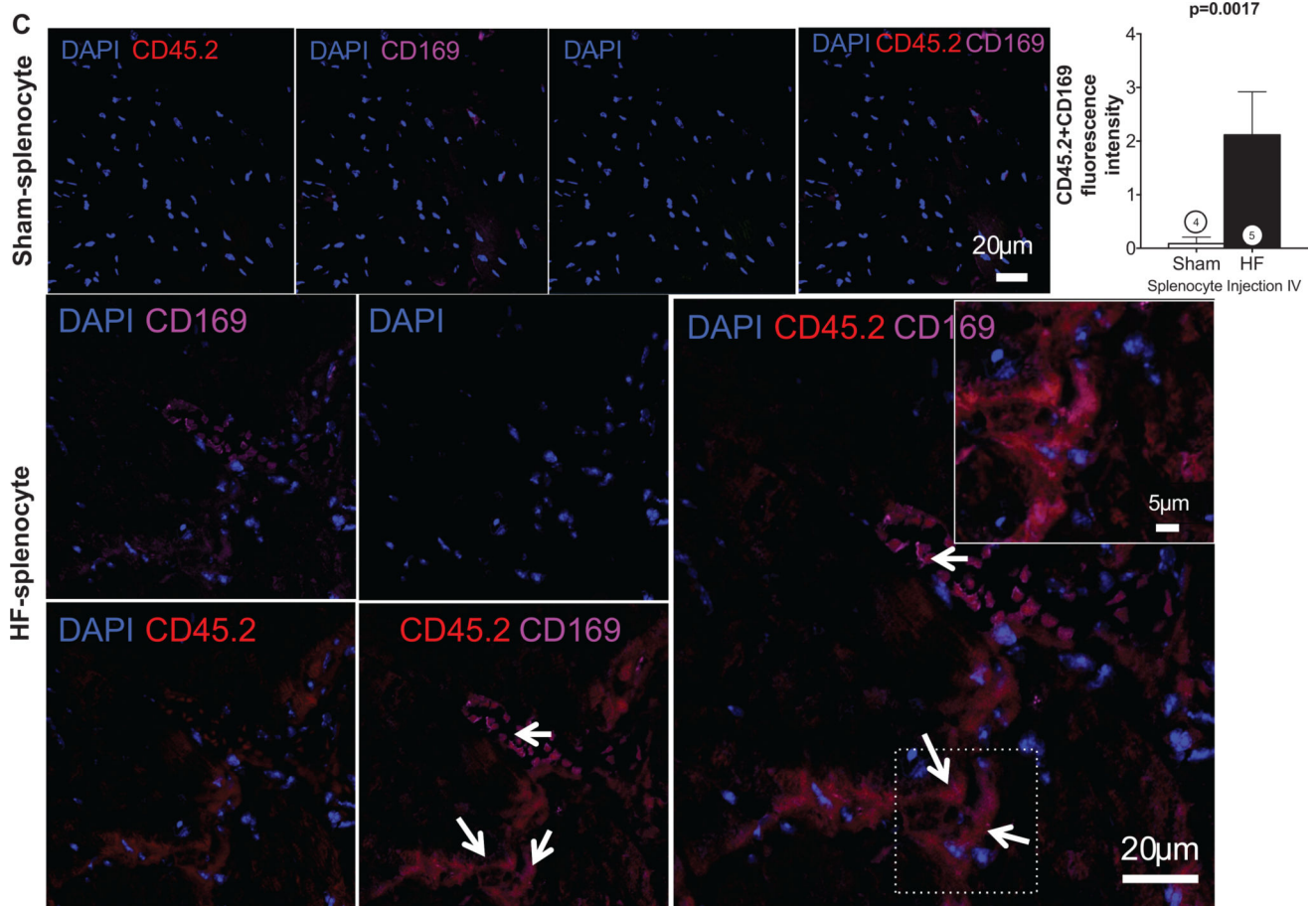


**Figure 7. Heart failure (HF)-derived splenocytes induce pathological cardiac remodeling on adoptive transfer**

**A**, Schema for splenocyte adoptive transfer experiments. Splenocytes were isolated from CD45.2 sham and HF mice 8 weeks after coronary ligation or sham operation and transferred to syngeneic CD45.1 mice. Recipient mice were then followed for an 8-week period. **B**, M-mode ECGs from recipient mice 8 weeks after receiving splenocytes from sham or HF mice. **C**, Serial group echocardiographic data for end-diastolic volume (EDV), end-systolic volume (ESV), and ejection fraction (EF) during the 8-week follow-up period after cell transfer (n=7 per group). **D**, Similar echocardiographic data in parallel groups of mice after adoptive transfer of splenocytes derived from donors treated with either lipopolysaccharide (LPS) or PBS control (n=7 per group). **E**, Representative hearts from mice receiving HF or sham splenocytes and corresponding heart and lung gravimetric group data. **F**, Flow cytometry scatter plots and quantification of circulating CD11b<sup>+</sup>F4/80<sup>+</sup> monocytes in recipient mice 8 weeks after cell transfer. **G**, Examples of spleens harvested from mice receiving HF or sham splenocytes, corresponding spleen gravimetry, and representative trichrome-stained histological sections from the same. N=4 to 6 per group (**E–G**).







**Figure 8. Trichrome and CD45.2 immunostains (A) and TUNEL stains (B) of hearts from heart failure (HF) or sham splenocyte recipient mice with corresponding quantification of myocardial fibrosis and apoptosis**

CD45.2<sup>+</sup> donor cells were frequently observed in interstitial and perivascular regions in HF splenocyte recipient hearts (A). C, Representative confocal images of CD45.2- and CD169-immunostained sections from sham and HF splenocyte recipient hearts and corresponding group data for CD45.2<sup>+</sup>CD169<sup>+</sup> cells (arrows). N=3 to 5 per group (A–C).