

Spatiotemporal Distribution of β -Amyloid in Alzheimer Disease Is the Result of Heterogeneous Regional Carrying Capacities

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β -amyloid (A β) accumulation in the brain is 1 of 2 pathologic hallmarks of Alzheimer disease (AD), and the spatial distribution of A β has been studied extensively *ex vivo*. **Methods:** We applied mathematical modeling to A β in vivo PET imaging data to investigate competing theories of A β spread in AD. **Results:** Our results provided evidence that A β accumulation starts in all brain regions simultaneously and that its spatiotemporal distribution is due to heterogeneous regional carrying capacities (regional maximum possible concentration of A β) for the aggregated protein rather than to longer-term spreading from seed regions. **Conclusion:** The in vivo spatiotemporal distribution of A β in AD can be mathematically modeled using a logistic growth model in which the A β carrying capacity is heterogeneous across the brain but the exponential growth rate and time of half maximal A β concentration are constant.

Key Words: image processing; PET/CT; β -amyloid; Alzheimer disease; mathematical modeling; neuroimaging

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The major constituent of neuritic plaques, which appear to play a key role in the pathogenesis of Alzheimer disease (AD) (1–3), is β -amyloid (A β) (4,5). The spatiotemporal distribution of A β in AD has been extensively characterized *ex vivo* through neuropathologic studies using A β immunostaining (6–8). A consistent spatiotemporal distribution is observed with A β , initially restricted to a small number of brain regions before becoming widespread later in the disease (6,8). There are competing hypotheses for the biologic mechanism causing the evolution of A β pathology. One hypothesis is that A β accumulation is determined by properties of the local tissue environment (9–12). A second hypothesis is that A β originates in a small number of seed regions and, over the duration of the disease, spreads to other brain regions by means such as prion-like self-propagation or transsynaptic spread (7,13–16).

The in vivo regional A β concentration can be measured in humans using PET. Large-cohort cross-sectional studies have

been performed (17,18), but analysis has focused mainly on classifying the distinct clinical phases of the disease. This approach has provided relatively little information about the way A β plaques accumulate over time. Analysis of longitudinal studies has been restricted to either short time windows of no more than 2 years (19–21) or the average deposition across the whole cortex (22). Thus, despite the large amount of in vivo data collected, the spatiotemporal distribution of A β has yet to be fully characterized.

The logistic growth model has been used to model the growth of a wide range of biologic and clinical phenomena, such as the postglacial expansion of forest trees (23), the in vitro pharmacodynamics of bactericidal kinetics (24), and, most interestingly, in vitro A β fibrillation (25). Here, we introduce the logistic growth model to provide a mathematical description of a sigmoidal increase in A β concentration over time (Fig. 1),

$$\begin{aligned} \text{SUVr}(t) &= \text{NS} + \text{A}\beta(t) \\ &= \text{NS} + \frac{K}{1 + e^{-r(t-T_{50})}}, \end{aligned} \quad \text{Eq. 1}$$

where t is the time through the accumulation process (a t of 0 corresponds to a time point at which A β levels are minimal), SUVr(t) is the PET A β SUV ratio at time t , A β (t) is the concentration of A β at time t , NS is the tracer nonspecific binding, r is the exponential uninhibited growth rate, T_{50} is the time of half-maximal A β concentration, and K is the carrying capacity.

It is possible to test between the two competing hypotheses for A β accumulation by considering whether each of the 4 model parameters is constant across different brain regions or whether they are regionally different. A summary of the different logistic growth models is displayed in Figure 2. If T_{50} varies between regions, the model is consistent with longer-term spreading from seed regions because seed regions would have a lower T_{50} than other regions (models shown in gray in Fig. 2). If T_{50} is constant across the brain, the model is consistent with local tissue properties driving the accumulation process (models shown in white in Fig. 2). Application of statistical model selection criteria allows us to test between the competing hypotheses.

We took a novel approach to testing between the competing models of A β accumulation: we used the whole-cortex A β profile derived from the longitudinal study of Jack et al. (in which the patients did not receive any treatment) (26) to transform a large cross-sectional study into a chronological dataset by assigning each subject in the cross-sectional dataset a time through the accumulation process. This dataset enabled full spatiotemporal modeling of the A β

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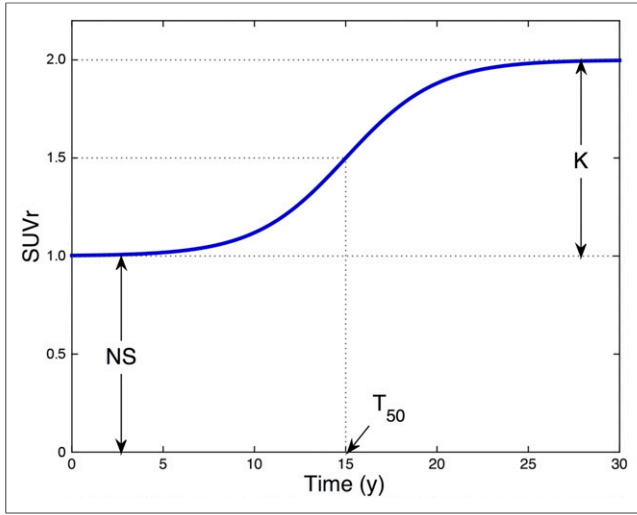


FIGURE 1. Logistic growth model describing A β PET imaging signal over time as function of PET NS, K , T_{50} , and r .

accumulation process in AD, at a population level. Applying the logistic growth model to in vivo A β accumulation in this dataset allowed us to test whether accumulation was best explained by the longer-term spreading of amyloid from seed regions or by heterogeneous regional carrying capacities across brain regions.

MATERIALS AND METHODS

Longitudinal Model of A β Accumulation

We introduce a logistic growth model to describe the accumulation of A β in the human brain. The model assumes that the rate of change of A β concentration is proportional to the product of the current concentration of A β and a term limiting growth due to the K of the local environment. The model is defined by the following differential equation:

$$\frac{dA\beta(t)}{dt} = rA\beta(t) \left(1 - \frac{A\beta(t)}{K} \right). \quad \text{Eq. 2}$$

Solving the differential equation yields a function for the concentration of A β over time:

$$A\beta(t) = \frac{K}{1 + e^{-r(t-T_{50})}}. \quad \text{Eq. 3}$$

In vivo PET amyloid tracers are quantified in terms of the SUVR between a target region containing amyloid and a reference region containing only background NS, and therefore:

$$\text{SUVR}(t) = \text{NS} + A\beta(t). \quad \text{Eq. 4}$$

Substituting Equation 3 for A $\beta(t)$ into equation 4 yields the bottom line of Equation 1, which describes the temporal evolution of the in vivo PET A β signal over time (with the 4 parameters NS, r , T_{50} , and K).

Imaging Data

A chronological A β dataset for the AD disease pathway at the population level was generated by transforming a large cross-sectional A β dataset using a population time course for the mean cortical SUVR obtained in a smaller longitudinal study.

Cross-sectional ^{18}F -AV-45 ((*E*)-4-(2-(6-(2-(2- ^{18}F -fluoroethoxy)ethoxy)ethoxy)pyridin-3-yl)vinyl)-*N*-methyl benzeneamine) human A β PET imaging data and structural MRI data were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (27) for 779 subjects. The ADNI was launched in 2003 as a public-private partnership, led by Principal Investigator Michael W. Weiner. The primary goal of ADNI has been to test whether serial MRI, PET, testing of other biologic markers, and clinical and neuropsychologic assessment can be combined to measure the progression of mild cognitive impairment and early AD. Up-to-date information can be found online at www.adni-info.org.

^{18}F -AV-45 Human A β PET Imaging Data. Each subject underwent a 20-min ^{18}F -AV-45 PET scan 50 min after injection (370 ± 37 MBq) according to the standardized ADNI protocol (28). Three image preprocessing steps were applied to the data before entry into the ADNI imaging database (<http://adni.loni.usc.edu/methods/pet-analysis/>). Briefly, 4 late-time 5-min frames were coregistered and averaged. The resulting image was converted to a $160 \times 160 \times 96$ voxel static image with voxel dimension of $1.5 \times 1.5 \times 1.5$ mm. Finally, a gaussian filter of 8 mm in full width at half maximum (corresponding to the lowest-resolution scanner used in the study) was applied. These primary data were downloaded from the ADNI database and used in the subsequent analyses.

T1-Weighted MRI Data. All subjects underwent T1-weighted 1.5-T structural MRI; the MR images were downloaded from the ADNI imaging database.

Image Processing

Registration of Images into Stereotactic Space. ^{18}F -AV-45 data were nonlinearly registered into Montreal Neurological Institute 152 (MNI152) space (29) using DARTEL (30). Initially, the structural MR images were segmented into gray matter and white matter using SPM12 and registered to a group-average template. The group-average template was then registered to MNI152 space. Each subject's ^{18}F -AV-45 SUVR image was registered to the corresponding MR image using a rigid-body registration. Finally, the individual's DARTEL flow field and template transformation were applied without modulation, resulting in ^{18}F -AV-45 images in MNI152 space. The normalized maps

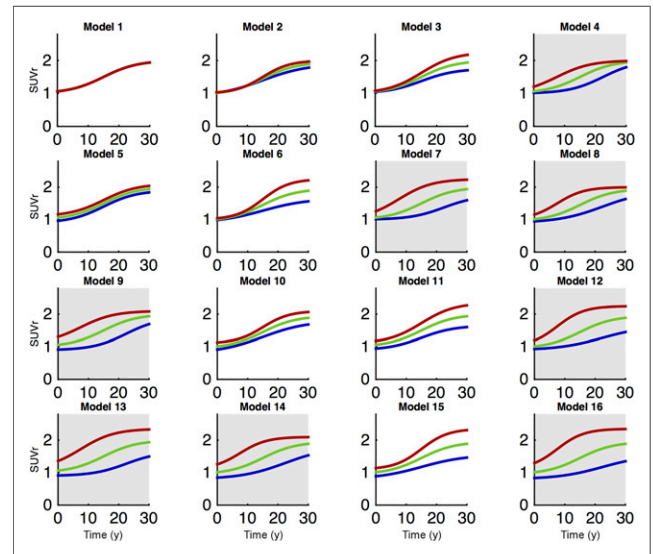


FIGURE 2. Sixteen logistic growth models of A β accumulation with example curves from 3 distinct brain regions. Models in gray have regionally different T_{50} s and are consistent with spreading from seed regions, whereas models in white are consistent with local tissue properties driving A β accumulation process.

TABLE 1
Subject Characteristics

Characteristic	Jack et al. (26)	ADNI
Number	260	769
Median age (y)	79 (range, 70–94)	73 (range, 55–91)
Male patients (n)	162 (62%)	438 (57%)
MCI/AD patients (n)	55 (21%)	558 (73%)
APOE*E4-positive patients (n)	87 (33%)	342 (44%)
Median MMSE score	28 (range, 23–30)	28 (range, 19–30)

MCI = mild cognitive impairment; MMSE = Mini Mental State Examination.

Data from Jack et al. were combined with data from ADNI to create cross-sectional dataset.

were spatially smoothed (gaussian kernel of 8 mm in full width at half maximum). Each registration was visually assessed, with the data of 10 subjects being rejected. Therefore, the final dataset used to construct the chronological data contained 769 subjects.

Calculation of SUVr Data. A neuroanatomic atlas (31) containing 90 cortical and subcortical regions, and a gray matter probability atlas in MNI152 space, were used to calculate SUVr data. SUVr data were quantified using the gray matter cerebellum as the reference region, which was defined as the intersection between voxels that are in the cerebellum region of interest in the neuroanatomic atlas and voxels that have an intensity of over 0.5 in the gray matter probability map. The mean uptake value for the gray matter cerebellum region of interest was obtained, and each image was divided by this mean value to generate an SUVr image for each subject. Finally, the 90 regions of interest were applied to this image to derive regional SUVr data for each subject. Finally, an average cortical SUVr was obtained by calculating the mean SUVr for all 76 cortical regions (weighted by region volume).

Construction of Population-Level Chronological A β Data

Jack et al. (26) presented a functional form describing the time course of mean cortical SUVr in AD by integrating rates of change of SUVr in a longitudinal study. Demographics for the study are summarized in Table 1.

Conversion of Functional Form into $^{18}\text{F-AV-45}$ SUVr Units. The functional form (kindly provided to us by Clifford Jack (26)) was derived from longitudinal A β imaging data using $^{11}\text{C-Pittsburgh}$ compound B rather than $^{18}\text{F-AV-45}$. Previous work scanning the same subjects with both $^{11}\text{C-Pittsburgh}$ compound B and $^{18}\text{F-AV-45}$ showed that a linear equation can appropriately convert between the different PET tracers (32–34): AV-45 SUVr = $a(\text{Pittsburgh compound B SUVr}) + b$. Therefore, the $^{11}\text{C-Pittsburgh}$ compound B–derived functional form was transformed into $^{18}\text{F-AV-45}$ SUVr units so that the resultant function ($\text{Cortex}_{\text{AV45}}^{\text{SUVr}}(t)$) ranged between the mean of the 2.5th and 97.5th cortical $^{18}\text{F-AV-45}$ SUVr percentiles for the cross-sectional ADNI dataset ($a = 0.72$ and $b = 0.02$). $\text{Cortex}_{\text{AV45}}^{\text{SUVr}}(t)$ describes the time course of $^{18}\text{F-AV-45}$ mean cortical SUVr in AD.

Timepoint in Chronology of AD. We used $\text{Cortex}_{\text{AV45}}^{\text{SUVr}}(t)$ to determine a time in the chronology of AD, t , for each of the 769 subjects in the cross-sectional study by calculating their mean cortical SUVr and then finding the value for t from $\text{Cortex}_{\text{AV45}}^{\text{SUVr}}(t)$ to which that SUVr corresponded in the range 0–30 y. This process generated a chronological dataset at the population level for the spatiotemporal accumulation of A β with data at 769 time points over the 30-y disease cascade.

The calculated times were normally distributed, with a mean of 11.8 y and an SD of 5.12 y. It was verified that there was no relationship between the calculated t and SUV in the cerebellum. The test–retest variability of mean cortical $^{18}\text{F-AV-45}$ SUVr has been calculated to be less than 3% (35). This would translate to a variability of 0.68 y in calculated time through the disease process, for a median SUVr of 1.3.

The coherence of the regional curves in the cross-sectional dataset (Fig. 3) shows not only that there is a stereotypic temporal accumulation at a global level but also that—relative to this stereotypic temporal accumulation—each region has an accumulation curve that is consistent across subjects.

Regional Analysis of A β Accumulation

The logistic growth model of A β accumulation (Eq. 1) was then fitted to the chronological data. To determine whether each of the 4 model parameters was constant across the whole brain or varied by region, we investigated 16 different models corresponding to all the permutations of using either global (the parameter is constant across all brain regions) or local (the parameter varies by region) values for each of the 4 model parameters. The full set of models is summarized in Table 2 and contains between 4 and 360 parameters.

Each model was fitted using a nonlinear trust-region reflective algorithm implemented in MATLAB (The MathWorks Inc.) that minimized the residual sum of squared errors subject to an A $\beta(0)$ of less than 0.1 (this constraint did not occur for the optimum model). The Bayesian information criterion (BIC) (36) was used to select the most parsimonious model, and the posterior probability that each model was optimum was ascertained from the weights of each model (37–40).

Parametric Image Analysis of A β Accumulation

Having identified model 11 (global r and T_{50} ; local NS and K) as optimal on the basis of the regional analysis, we fitted this model at the voxel level to generate parametric images for NS and K . Parameter values for r and T_{50} were fixed from the regional analyses, and the

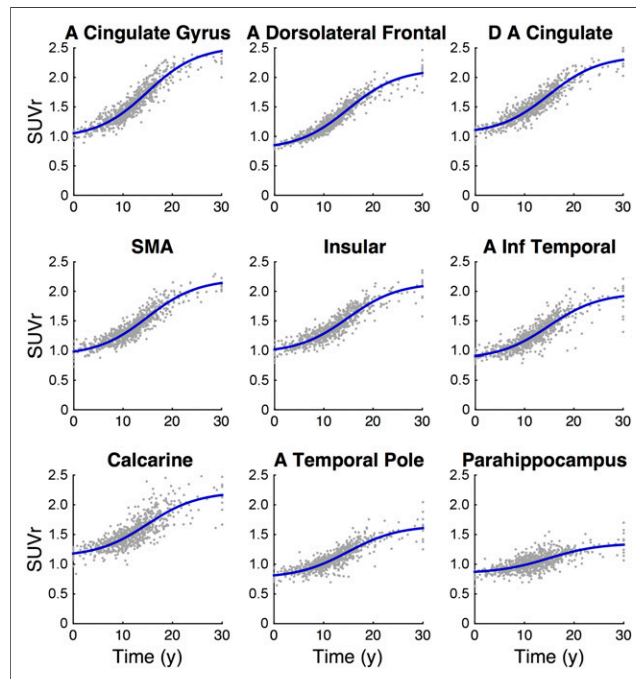


FIGURE 3. Model fitting of most parsimonious logistic growth model (model 11) to chronological $^{18}\text{F-AV-45}$ A β PET data in 9 regions. Model accurately describes data for regions of high (top row), medium (middle row), and low (bottom row) accumulation. A = anterior; D = dorsal; inf = inferior.

TABLE 2
Sixteen Parameterizations of Logistic Growth Model of A β Accumulation Used to Analyze Chronological ¹⁸F-AV-45 SUVR PET Data at Regional Level

Model	<i>K</i> (SUVR)	<i>r</i> (y ⁻¹)	<i>T</i> ₅₀ (y)	NS	Parameters	SSQ	ΔBIC _{<i>i</i>}
1	Global	Global	Global	Global	4	3,073.7	81,500
2	Global	Local	Global	Global	93	2,273.7	61,600
3	Local	Global	Global	Global	93	1,324.0	24,200
4	Global	Global	Local	Global	93	1,245.7	19,900
5	Global	Global	Global	Local	93	1,147.2	14,200
6	Local	Local	Global	Global	182	1,131.4	14,300
7	Local	Global	Local	Global	182	1,079.3	11,000
8	Global	Local	Local	Global	182	1,070.2	10,400
9	Global	Global	Local	Local	182	1,002.6	5,910
10	Global	Local	Global	Local	182	977.0	4,120
11	Local	Global	Global	Local	182	920.6	0
12	Local	Local	Local	Global	271	1,046.9	9,890
13	Local	Global	Local	Local	271	918.9	865
14	Global	Local	Local	Local	271	918.8	861
15	Local	Local	Global	Local	271	911.0	267
16	Local	Local	Local	Local	360	908.7	1,090

SSQ = sum of squared residuals; ΔBIC_{*i*} = difference in BIC between model 11 and all other models.

Ninety cortical and subcortical regions were included, and parameters were either restricted to single value across all regions (global) or fitted individually for each region (local). ΔBIC gives measure of parsimony of each model in relation to smallest BIC value. Model 11 (local *K*, global *r*, global *T*₅₀ and local NS) gives most parsimonious fit to data.

individual voxel time course was fitted using a linearization of the model (supplemental material, available at <http://jnm.snmjournals.org>).

RESULTS

Chronological A β Dataset

A chronological A β ¹⁸F-AV-45 dataset was created in stereotactic space from 769 subjects who ranged from healthy individuals to AD patients. The chronological data exhibited coherent but different trajectories within individual regions, providing evidence of a stereotypic spatiotemporal distribution at the population level (Fig. 3).

Model Selection and Implications

Each of the logistic growth models was fitted to the chronological in vivo PET data at a regional level to investigate the spatiotemporal evolution of the A β signal in the AD process. The 16 logistic growth models were successfully fitted, and model 11 was identified as the most parsimonious description of the data as determined by the BIC model selection criteria (Table 1). The difference in BIC between model 11 and all the other models was at least 267. Evidence is considered strong when the difference in BIC is greater than 10 (41). The posterior probability that model 11 is the best choice was also high ($P > 0.999999$). The model accurately describes the time course of A β accumulation in all regions (Supplemental Figs. 1 and 2). A selection of 9 regions with different levels of A β accumulation is displayed in Figure 3, demonstrating the ability of the model to accurately describe distinct regional time courses.

Model 11 requires that regional values for *K* and tracer NS vary. In contrast, *T*₅₀ and *r* are constant across brain regions in

this model. This suggests that regional variability in A β carrying capacities determines the distribution of A β concentration, because regions with higher carrying capacities will accumulate more amyloid over time. These results support the hypothesis that A β accumulation is limited by properties of the local tissue environment. The observation that the data are best explained by a model with a global *T*₅₀ provides evidence against the spreading hypothesis, as long-term spreading from seed regions would imply a shorter *T*₅₀ for seed regions and therefore require a model (such as model 12) with a local *T*₅₀.

The analysis process was also run on 2 additional sets of regions of interest: a set of 9 regions of interest that are larger and cover the whole brain, and a parcellation that is restricted to cortical regions. Model 11 was the optimum model for both these alternative analyses (Supplemental Tables 2 and 3).

For model 11, the carrying capacity was highest in the anterior cingulate gyrus, precuneus, and frontal operculum cortex (1.55, 1.50, and 1.46 SUVR units, respectively), intermediate in parts of the frontal cortex and insular cortex (1.13 and 1.19), and low in the thalamus and brain stem (0.48 and 0.38). The global *T*₅₀ was 14.9 y, and the global *r* was 0.20 y⁻¹.

Parametric Imaging of *K*

The regional variation normally seen in AD was predicted when model 11 was fitted at the voxel level using the fixed global values of *r* (0.20 y⁻¹) and *T*₅₀ (14.9 y) estimated from the regional analysis. Parametric images were generated for *K* and NS (Fig. 4).

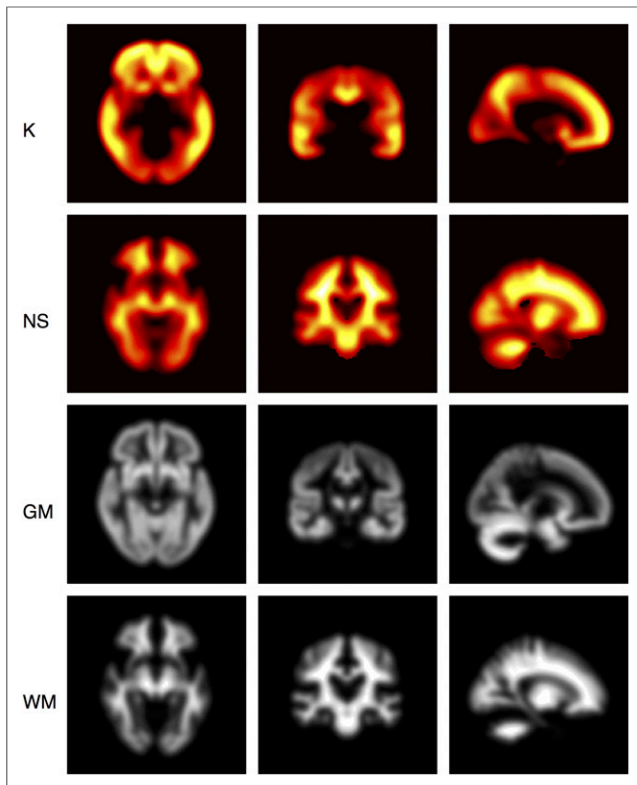


FIGURE 4. Parametric images displayed as orthographic projections for K and NS obtained from fitting model 11 at voxel level. Gray matter (GM) and white matter (WM) probability maps are displayed for reference. Highest carrying capacities were in frontal lobe, and lowest were in cerebellum, occipital lobe, and brain stem. NS image is consistent with known NS of ^{18}F -AV-45 to white matter.

DISCUSSION

Using a logistic growth model, we have mathematically modeled with a high degree of accuracy the spatiotemporal distribution of amyloid in the brain as AD pathology increases. Our results support the hypothesis that regional accumulation of $A\beta$ originates at the same time, and has the same r , in all regions. The implication is that the heterogeneous $A\beta$ distribution observed in AD is caused by a property of the local tissue environment rather than by longer-term spreading from seed regions, as the latter would require different values of r or T_{50} (e.g., for long-term spreading, T_{50} would be expected to be earlier in seed regions). If the T_{50} differed in different regions, it would have been impossible to distinguish whether the onset of accumulation occurs at different times in different regions or whether the rate of accumulation differs in different regions. Both mechanisms would require a heterogeneous T_{50} across regions. Because this heterogeneity was not found, one can infer that accumulation begins at the same time and occurs at the same rate in all regions.

Our analysis shows that the spatiotemporal distribution of $A\beta$ at the population level can be accurately modeled using a 4-parameter logistic growth model, where K and NS vary across the brain but r and T_{50} are constant. A model with these characteristics was clearly identified as the most parsimonious model using the BIC model selection criteria. Interestingly, this model has previously been shown to be capable of characterizing the accumulation of $A\beta$ in vitro (25).

The current work had some limitations. First, to model the accumulation of $A\beta$ in AD at the population level, we assumed

that there is a consistent spatiotemporal distribution for all subjects within the cross-sectional ADNI cohort, which may be an oversimplification. However, the clear coherence of individual trajectories in all brain regions (Supplemental Figs. 1 and 2) and previous postmortem data (6) provide confidence that this assumption is reasonable. Second, when creating the cross-sectional dataset, we assumed that all subjects in the longitudinal data and in the cross-sectional study were following the same accumulation trajectory. Table 1 shows demographics for both studies. Both studies have scans from healthy controls, patients with mild cognitive impairment and AD patients, and the subjects are well matched on all characteristics apart from the number of cognitively impaired subjects, which was lower in the longitudinal study. Third, the outcome measure that we have considered (SUVr) does not account for brain atrophy during the 30-y period and the impact that this factor may have on $A\beta$ signal. Studies have shown that the rate of atrophy is greatest in medial temporal regions: 0.6%/y (SD, 0.7) for healthy controls, increasing to 1.5%/y (SD, 0.7) in AD patients (42). With these atrophy rates, it is unlikely that atrophy would have a significant impact on the model identification and conclusions presented. Further, it has been shown that atrophy occurs after $A\beta$ accumulates in AD (43); therefore, atrophy is not likely to affect our result in this analysis. In the future, it will be important to further investigate the temporal relationship between regional $A\beta$ accumulation and atrophy.

Spatiotemporal modeling of longitudinal data with the logistic growth model introduced here could have much wider utility. The trajectory of $A\beta$ accumulation in dementias and neurodegenerative diseases with different patterns of $A\beta$ needs to be investigated to ascertain whether the temporal process is the same but the topography driven by different regional carrying capacities or whether the accumulation process is actually different.

CONCLUSION

The in vivo spatiotemporal distribution of $A\beta$ in AD can be mathematically modeled using a logistic growth model in which the $A\beta$ K is heterogeneous across the brain but r and T_{50} are constant. This finding suggests that the heterogeneous $A\beta$ accumulation in AD results from different regional carrying capacities rather than from longer-term spreading from a small number of seed regions.

DISCLOSURE

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