

Expression of Interferon γ by Decidual Cells and Natural Killer Cells at the Human Implantation Site: Implications for Preeclampsia, Spontaneous Abortion, and Intrauterine Growth Restriction

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Abstract

Human first-trimester decidual cells (FTDCs) chemoattract CXCR3-expressing circulating CD56^{bright}CD16⁻ natural killer (NK) cells, which increase uteroplacental blood flow by remodeling spiral arteries and arterioles. This recruitment reflects elevated FTDC expression of NK cell-recruiting induced protein 10 and interferon (IFN)-inducible T-cell- α chemoattractant produced in response to the synergistic effects of tumor necrosis factor α (TNF- α) and IFN- γ stimulation. Decidual macrophages express TNF- α , whereas the cellular origin of IFN- γ is unclear. Therefore, this study aims to identify the cell source(s) of IFN- γ in human first trimester decidua. Immunostaining of decidual sections revealed that both FTDCs and decidual NK (dNK) cells express IFN- γ . Although individual dNK cells express higher IFN- γ levels, the more numerous FTDCs account for greater proportion of total IFN- γ immunostaining. Freshly isolated FTDCs express greater IFN- γ staining than dNK cells as measured by flow cytometry, whereas incubation of dNK cells with documented NK cell activators significantly increases IFN- γ above FTDC levels. Confluent FTDCs intrinsically produce, but paradoxically respond to, exogenous IFN- γ .

Keywords

interferon γ , NK cells, decidual cells

Introduction

Human first-trimester blastocyst-derived extravillous trophoblasts (EVTs) invade the underlying decidua comprised primarily of resident decidual cells (50%) and an immune cell population dominated by decidual natural killer (dNK) cells (70%) and macrophages (20%).¹ Endovascular EVT invades the tunica media of spiral arteries via either the vessel lumen or the surrounding decidualized stroma. By either route, upon entering the vessel, the trophoblastic epithelial cell adhesion molecule phenotype is transformed into an endothelial cell-like adhesion molecule phenotype.² The net effect is to produce a low resistance, high capacity conduit that delivers increased uteroplacental blood flow to the developing fetal-placental unit.^{2,3} Decidual invasion occurs via sequential integrin-mediated binding of EVT to specific extracellular matrix (ECM) proteins followed by their degradation.⁴ Shallow EVT invasion elicits incomplete spiral artery remodeling, resulting in reduced uteroplacental blood flow and a hypoxic placenta that secretes elevated levels of soluble antiangiogenic factors into the maternal plasma. The resulting

antiangiogenic milieu promotes endothelial cell activation and dysfunction implicated in the later development of

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preeclampsia (PE).⁵ Immunostaining of decidual sections revealed that in preeclamptic specimens, decidual cells express significantly higher ECM-degrading matrix metalloproteinases (MMPs) 1, 3, and 9 than gestational age-matched control decidual cells.⁶ In primary cultures of human first-trimester decidual cells (FTDCs), the potent proinflammatory cytokine, tumor necrosis factor α (TNF- α), significantly enhances steady-state MMP-1, 3, and 9 messenger RNA (mRNA) levels and protein levels, whereas cocubation with interferon γ (IFN- γ) reverses induction of all 3 MMPs.⁶

Compared with the well-documented requirement for EVT_s to complete spiral artery remodeling,² newer observations indicate that dNK cells mediate an initial trophoblast-independent stage of vascular remodeling by secreting angiogenesis-related factors such as angiopoietin 1 and 2, vascular endothelial growth factor C, and IFN- γ .⁷ Approximately 80% of dNK cells are CD56^{bright}CD16⁻, a surface phenotype shared with 10% of peripheral NK (pNK) cells, with 90% of the remaining circulating natural killer (NK) cells displaying a CD56^{dim}CD16⁺ phenotype.

Our previous study demonstrated that resident decidual cells recruit pNK cells to the decidua. Specifically, incubation of human FTDCs with IFN- γ and either TNF- α or interleukin 1 β (IL-1 β) synergistically enhances expression of 2 key pNK cell recruiting chemokines, IFN- γ -induced protein 10 (IP-10) and IFN-inducible T-cell- α chemoattractant (I-TAC).⁸ The dominant role played by IFN- γ in regulating EVT invasion of⁶ and in recruiting additional pNK cells to the decidua⁸ stimulated a search for local cellular sources of IFN- γ that could serve as autocrine and/or paracrine effectors in both processes. The current study addressed this question by integrating in situ and in vitro observations of IFN- γ expression by decidual cells and dNK cells, which together comprise approximately 80% of the total cell population in human first-trimester decidua.

Materials and Methods

Immunofluorescent Staining of Decidua for IFN- γ

Decidual specimens were obtained under institutional review board (IRB) approval at Mackay Memorial Hospital (Taipei, Taiwan) from elective terminations of pregnancies between 5 and 8 weeks of gestation without uterine contraction, vaginal bleeding, or evidence of fetal demise. Decidua basalis was evacuated, snapped frozen in liquid nitrogen, and stored at -80°C for future use. Serial sections of OCT-embedded decidual sections were (1) immunostained with mouse antihuman CD56 or antivimentin (Dako, Carpinteria, California) followed by rhodamine-conjugated donkey antimouse antibody (EMD Millipore, Billerica, Massachusetts) and (2) then incubated with rabbit antihuman IFN- γ (Sigma-Aldrich, St Louis, Missouri) followed by the corresponding FITC-conjugated secondary antibody and 4',6'-diamidino-2-phenylindole (Sigma-Aldrich). Cell IFN- γ immunofluorescent levels were quantified by TissueQuest software (TissueGnostice GmbH, Vienna, Austria).

Cell Isolation

The FTDCs were isolated and cultured as described previously.⁹ Briefly, uterine decidua was obtained after pregnancy terminations at 6 to 12 weeks gestation under IRB approval at the Beth Israel Medical Center (New York, New York). Cells were purified using Ficoll-Hypaque Plus (GE Healthcare, Piscataway, New Jersey).

Experimental Decidual Cell Incubations

Thawed cells were incubated in basal medium, a phenol red-free 1:1 (v/v) mix of Dulbecco modified Eagle medium (Gibco Life Technologies, Grand Island, New York) and Ham F-12 (Flow Labs, Rockville, Maryland), with 100 U/mL penicillin, 100 $\mu\text{g}/\text{mL}$ streptomycin, and 0.25 $\mu\text{g}/\text{mL}$ fungizone supplemented with 10% charcoal-stripped calf serum (basal medium with serum [BMS]). After 2 additional passages, leukocyte-free confluent cultures were incubated in BMS containing 10^{-8} mol/L estradiol (E₂) + 10^{-7} mol/L medroxyprogesterone (MPA; Sigma-Aldrich) to mimic the pregnant steroid milieu, and MPA was used in place of progesterone because of its greater stability in culture.¹⁰ After 7 days, the cultures were washed twice with Hank balanced salt solution to remove residual serum then switched to a defined medium (DM) consisting of basal medium plus ITS⁺ (Collaborative Research, Waltham, Massachusetts), 5 $\mu\text{mol}/\text{L}$ FeSO₄, 50 $\mu\text{mol}/\text{L}$ ZnSO₄, 1 nmol/L CuSO₄, 20 nmol/L Na₂SeO₃, trace elements (Gibco), 50 $\mu\text{g}/\text{mL}$ ascorbic acid (Sigma-Aldrich), and 50 ng/mL epidermal growth factor (Becton-Dickinson, Bedford, Massachusetts), with either vehicle control (0.1% ethanol) or steroids added with or without 1 ng/mL each of TNF- α or IL-1 β (R&D Systems, Minneapolis, Minnesota). After 24 hours, conditioned medium supernatants (CMSs) were centrifuged and stored at -80°C . Cells were harvested for protein extraction. Total RNA was extracted from cultured cells following incubation with TNF- α or IL-1 β for 6 hours.

Quantitative Reverse Transcription-Polymerase Chain Reaction

Total RNA obtained from FTDCs was extracted using a total RNA purification plus kit (Norgen Bioteck, Ontario, Canada). Reverse transcription used SuperScript III First-Strand Synthesis System from Invitrogen (Grand Island, New York). Specific primer sets for IFN- γ or β -actin (Integrated DNA technologies, Coralville, Iowa; Table 1) were used for quantitative polymerase chain reaction (PCR). Quantitation of unknowns was determined and adjusted to quantitative expression of β -actin in the experimental samples. Melting curve analysis determined the specificity of the amplified products and the absence of primer-dimer formation.

Bio-Plex Assay

Bio-Plex assays (Bio-Rad, Hercules, California) measured IFN- γ levels in CMS from leukocyte-free FTDC monolayer

Table 1. Primer Sets With Predicted PCR Product Sizes for qRT-PCR.

Gene	Forward	Reverse	Product Size, BP
β-Actin	5'-CGTACCACTGGCATCGTGAT-3'	5'-GTGTTGGCGTACAGGTCTTTG-3'	452
IFN-γ	5'-GTCCAACGCAAAGCAATACA-3'	5'-CTCTTCGACCTCGAAACAGC-3'	90

Abbreviations: IFN-γ, interferon γ; qRT-PCR, quantitative reverse transcription-polymerase chain reaction.

cultures according to the manufacturer's instructions. Eight concentrations of IFN-γ were used to generate a standard curve. Data acquisition and analyses were completed with the Bio-Plex 200 system using Bio-Plex Manager Software v6. Bicinchoninic acid protein assay (Thermo Scientific, Rockford, Illinois) measured total cell protein levels.

Flow Cytometry

First-trimester decidua was digested with 0.1% collagenase IV to prepare single-cell suspensions for flow cytometry. The isolated cells were incubated with or without IL-12 (10 ng/mL) + IL-18 (100 ng/mL) for 24 hours followed by addition of 1 μL/mL of GolgiPlug (10⁶ cells/mL; BD Biosciences, San Jose, California). The cells were then stained with antihuman CD3-V450, CD45-Alexa Fluor 700 (CD45-AF700), CD56-Fluorescein Isothiocyanate (CD56-FITC), vimentin-phycoerythrin (vimentin-PE), and IFN-γ-Allophycocyanin (IFN-γ-APC) (BD Biosciences) at 4°C for 20 minutes for flow cytometric analysis using a BD LSRII and FACSDiva8.0 software gating on IFN-γ⁺CD3⁻CD56^{bright} dNK cells and IFN-γ⁺CD45⁻vimentin⁺ decidual cells.

Statistics

The variance and normality of results from immunofluorescent staining, quantitative reverse transcription PCR, Bio-Plex assay, and flow cytometry were first determined. The statistical significance of results with equal variance was then examined by *t* test. Results with unequal variance that passed or failed normality testing were evaluated by *t* test assuming unequal variance or Mann-Whitney rank sum test, respectively, with *P* < .05 considered to be significant.

Results

Expression of IFN-γ by dNK Cells and Decidual Cells in Sections of First-Trimester Human Decidua

First-trimester decidual sections were stained with antihuman IFN-γ and either CD56 or vimentin antibodies. In Figure 1A, colocalization of either CD56 (red) or vimentin (red) with IFN-γ (green) is indicated by yellow–orange immunofluorescence (merge). Figure 1 indicates that both CD56^{bright} dNK cells and vimentin-positive FTDCs express IFN-γ. Compared with individual FTDCs (Figure 1B), each dNK cell displays statistically significantly higher IFN-γ staining than each FTDC. However, reflecting relatively greater numbers of decidual cells than dNK cells per unit area of decidua, total

IFN-γ staining is significantly higher among FTDCs than in dNK cells (Figure 1C).

Interferon γ is Produced by Cultured FTDCs in Response to Proinflammatory Stimuli

Expression of IFN-γ mRNA and protein was evaluated in confluent monolayer cultures of primary leukocyte-free FTDCs in response to either IL-1β or TNF-α. Compared with control incubations, Figure 2A indicates that steady-state levels of IFN-γ mRNA are significantly elevated during incubations with either IL-1β (6.32 ± 2.01-fold, *n* = 8, *P* < .05) or TNF-α (35.14 ± 10.16-fold, *n* = 8, *P* < .01). Corresponding increases in secreted IFN-γ protein levels determined by Bio-Plex assay are displayed in Figure 2B. Specifically, IL-1β and TNF-α induced IFN-γ expression by 89- and 40-fold, respectively.

Interferon γ is Expressed by Freshly Isolated dNK Cells and FTDCs

Expression of IFN-γ in freshly isolated FTDCs and dNK cells from first-trimester decidua obtained from elective terminations was evaluated by flow cytometric analysis. Figure 3A indicates that IFN-γ is expressed by 11.57% of FTDCs compared to 0.6% of dNK cells. However, after stimulation with proinflammatory cytokines, IL-12 and IL-18, previously shown to enhance IFN-γ production by NK cells,¹¹ the percentage of dNK cells expressing IFN-γ is increased to 36.07%.

Discussion

At the human implantation site, the decidua is comprised primarily of resident decidual cells and dNK cells, which account for about 50% and 30% of the total cell population, respectively.¹ The origin of dNK cells has been attributed to (1) in situ differentiation of resident endometrial NK cells^{12,13}; (2) self-renewal from a population of local progenitor stem cells¹⁴; and (3) trafficking of pNK cells.¹⁵ In the circulation, mature NK cells comprise an estimated 5% to 15% of the total lymphocyte population and consist of 2 functionally distinct subsets. A majority CD56^{dim}CD16⁺ pNK subset (90%), which are cytotoxic, express high levels of killer cell immunoglobulin-like receptors (KIRs) as well as CD57 and usually do not secrete cytokines. In contrast, the absence of CD16 expression by the minority (1%–10%), less mature, CD56^{bright}CD16⁻ pNK cells is consistent with an inability to mediate antibody-dependent cell toxicity.¹² These CD56^{bright}CD16⁻ NK cells express low

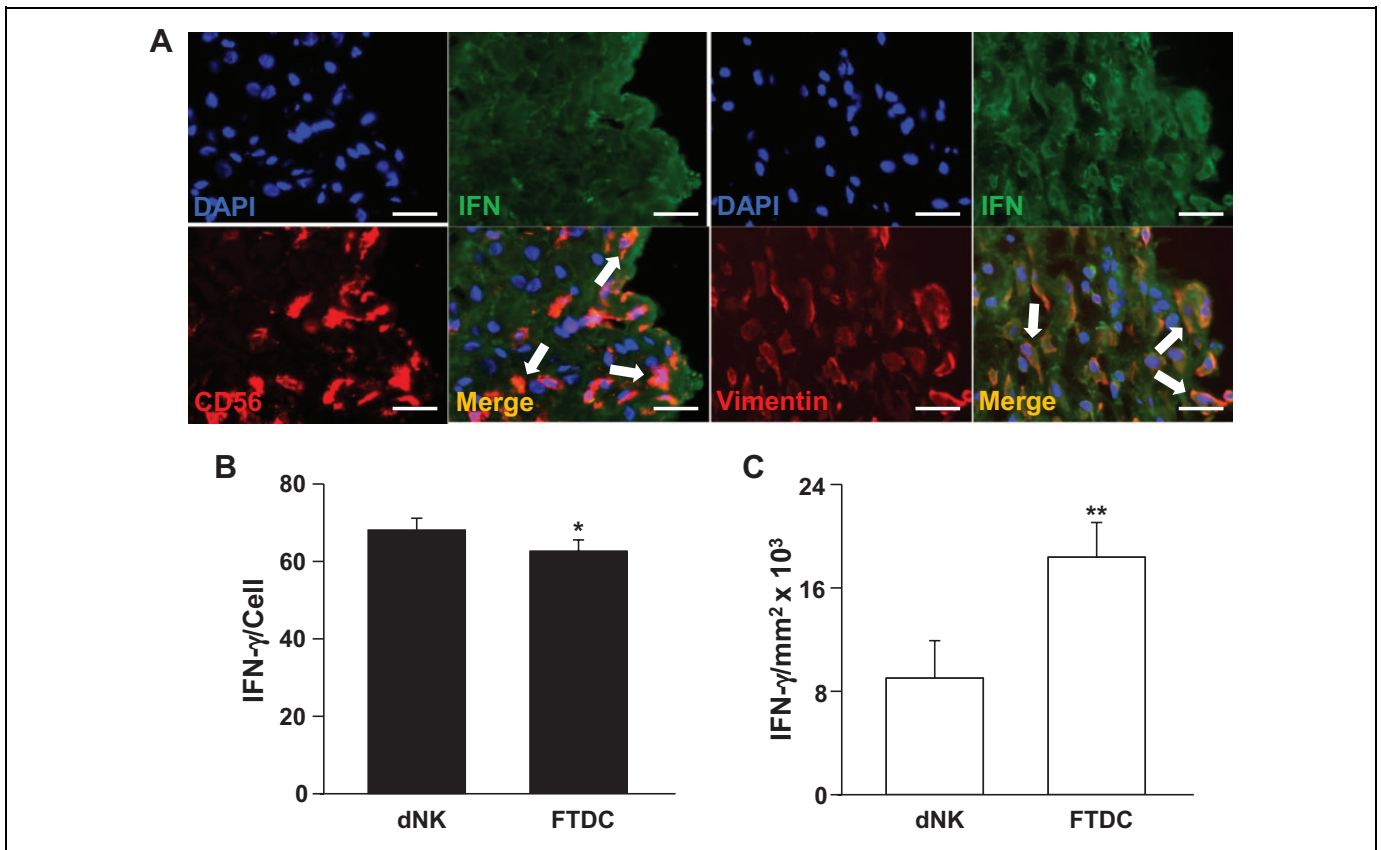


Figure 1. Immunoreactive IFN- γ in decidual natural killer (dNK) cells and first-trimester decidual cells (FTDCs) in human decidua. A, First-trimester decidual sections were stained with either antihuman CD56 (red) or antihuman vimentin (red) antibodies and then incubated with rabbit antihuman IFN- γ (green). Staining with antihuman 4',6'-diamidino-2-phenylindole (DAPI; blue) denotes nuclei. Arrows in merged images indicate yellow-orange immunofluorescence resulting from double staining. B, Ordinate indicates immunoreactive IFN- γ levels/CD56⁺ cell. C, Ordinate indicates IFN- γ levels/decidual mm² \times 10³. The results are reported as mean \pm standard error of the mean (SEM). $n = 18$; * $P < .05$ and ** $P < .01$. Magnification: 400 \times ; scale bar: 50 μ m. IFN- γ indicates interferon γ . (The color version of this figure is available in the online version at <http://rs.sagepub.com/>.)

levels of perforin and high levels of the CD94/NKG2 receptor and adhesion-mediating L-selectin.¹⁶ They are the major pNK cell source of secreted immunoregulatory cytokines as exemplified by IFN- γ , which are expressed in response to IL-12 acting together with other cytokines or after engagement of either the CD16 (Fc γ RIIIa) or the NKG2D pNK cell-activating receptors.¹⁷

In early human decidua, approximately 80% of dNK cells are CD56^{bright} CD16⁻,^{12,13} a unique immune cell subtype that both fosters immune tolerance of the semiallogeneic fetal-placental unit while promoting EVT invasion and spiral artery and arteriole remodeling via expression of vascular endothelial and placental growth factors.^{12,13,18,19} The dominant subtype of circulating NK cells, CD56^{dim}CD16⁺ pNK cells, is reported to traffic to the decidua then differentiate into CD56^{bright}CD16⁻ NK cells in response to decidual cell-derived transforming growth factor β .^{19,20} However, growing evidence now points to the minority circulating CD56^{bright}CD16⁻ pNK cells as the major contributors to the dNK cell population. Their preferential recruitment is suggested by elevated expression of L-selectin, which mediates interactions with vascular

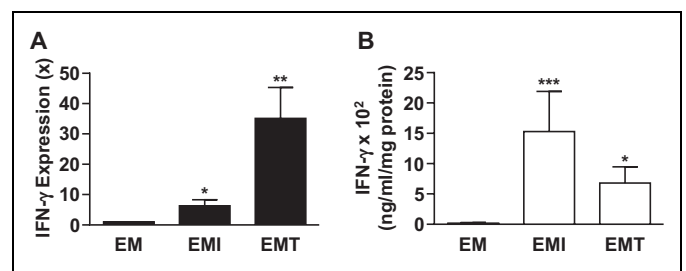


Figure 2. Effects of IL-1 β or TNF- α on IFN- γ mRNA and secreted protein in first-trimester decidual cell (FTDC) monolayers incubated with E₂ + MPA. Confluent, leukocyte-free decidual cells were incubated for 7 days in BMS containing 10⁻⁸ mol/L E₂ + 10⁻⁷ mol/L MPA and then switched to DM with corresponding steroids with or without 1 ng/mL each of IL-1 β (I) or TNF- α (T) for 6 hours (for mRNA) or 24 hours (for protein). A, The IFN- γ mRNA expression was assessed by quantitative reverse transcription-polymerase chain reaction (qRT-PCR; $n = 8$). B, The IFN- γ protein levels were measured by Bio-Plex assay in conditioned DM supernatants and normalized to cell protein ($n = 6$). The results are reported as mean \pm standard error of the mean (SEM). * $P < .05$, ** $P < .01$, and *** $P < .005$. DM indicates defined medium; E₂, estradiol; IFN- γ , interferon γ ; IL, interleukin; MPA, medroxyprogesterone; mRNA, messenger RNA; TNF- α , tumor necrosis factor α .

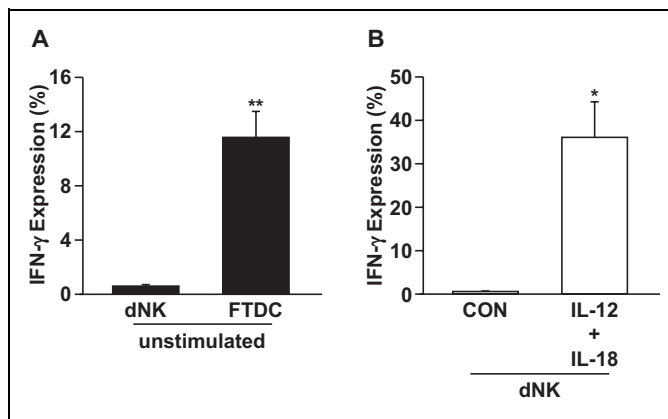


Figure 3. Flow cytometric analysis of IFN- γ expression in freshly isolated FTDCs and dNK cells from first-trimester decidua. Single-cell suspensions prepared from enzyme-digested fresh decidua were stained with antihuman CD3-V450, CD45-AF700, CD56-FITC, vimentin preeclampsia (PE), and IFN- γ -APC antibodies. A, The IFN- γ expression in dNK cells and FTDCs in steady state. B, The IFN- γ expression in dNK cells treated with IL-12 + IL-18. The results are reported as mean \pm standard error of the mean (SEM). $n = 3$; * $P < .05$ and ** $P < .01$. dNK indicates decidual natural killer; FTDC, first-trimester decidual cell; IFN- γ , interferon γ ; IL, interleukin.

endothelium²¹ by CD56^{bright}CD16⁻ but not by CD56^{dim}CD16⁺ pNK cells. Recently, our laboratory confirmed that CD56^{bright}CD16⁻ pNK cells express high levels of CXCR3,⁸ the cognate receptor for both IFN- γ -IP-10 (IP-10/CXCL10) and I-TAC, which are potent NK cell chemoattractants. We also observed that incubation of primary cultures of human decidual cells with IFN- γ and either IL-1 β or TNF- α induced a synergistic enhancement of IP-10 and I-TAC mRNA and protein expression. Moreover, we noted that incubation of pNK cells with either IP-10 or I-TAC produced a concentration-dependent increase in expression of CXCR3 and migration of pNK cells that became inhibitory at high concentrations.

In pregnant mice, dNK cell-secreted IFN- γ plays a key role in spiral artery remodeling. Approximately 90% of IFN- γ found in the mesometrial decidua and a transient myometrial structure, mesometrial lymphoid aggregate of pregnancy, that surrounds blood vessels supplying placentae are derived from dNK cells, whereas systemic IFN- γ administration to NK cell-deficient mice promotes spiral arterial modification.^{22,23} These observations indicate that dNK cell-derived IFN- γ is both necessary and sufficient to mediate normal uterine vascular conversion to low resistance high capacity conduits. As in women, close proximity between dNK cells and blood vessels in mice suggests that dNK cell-derived angiogenic factors augment the effects of IFN- γ to promote normal vascular remodeling.²⁴

Decidualization in women is initiated in the late luteal phase^{25,26} and continues throughout pregnancy,²⁷ whereas decidualization in mice is initiated following implantation and is short lived.²⁴ Moreover, mouse placenta-derived trophoblasts normally display shallow invasion. In contrast, human EVT's exhibit deep invasion of spiral vessels down to the inner

third of the underlying myometrium as they temporarily replace maternal endothelial cells during the process of spiral vascular remodeling to augment uteroplacental blood flow.^{2,28} These differences limit the mouse as a model for the restricted trophoblast invasion that characterizes PE and intrauterine growth restriction in women.

Unlike the in situ presence of IFN- γ expression in mouse dNK cells,²⁴ detection of IFN- γ expression in human dNK cells requires ex vivo stimulation.²⁹ Thus, staining of freshly isolated decidual leukocyte preparations by intracellular flow cytometry detected only small amounts of IFN- γ with significant levels of IFN- γ evident only after 6-hour incubation with the phorbol 12-myristate 13-acetate.²⁹ This low basal IFN- γ expression by human dNK cells viewed within the context of our previous reports that IFN- γ targets FTDCs to regulate expression of MMPs, and NK cell recruiting chemokines⁸ stimulated the current comparison of IFN- γ expression between dNK cells and decidual cells. These new observations indicate that both cell types, which together account for an estimated 80% of the cells at the human implantation site, are major contributors to IFN- γ expression. Specifically, (1) immunostaining of first-trimester decidual sections shows that individual CD56^{bright} dNK cells express significantly higher IFN- γ than vimentin-positive decidual cells. However, consistent with their higher numbers, decidual cells account for greater total IFN- γ expression; (2) flow cytometric analysis of freshly isolated cells indicate that under resting conditions, decidual cells express about 19 times greater IFN- γ levels than dNK cells, whereas coincubation of dNK cells with IL-12 + IL-18, which is documented to enhance IFN- γ expression by human and mouse NK cells,^{11,30} elevated IFN- γ output by these activated dNK cells by more than 60-fold; and (3) in confluent FTDC monolayers incubated with E₂ + MPA to mimic the steroid milieu of pregnancy, addition of IL-1 β or TNF- α markedly increased IFN- γ mRNA and protein expression.

In the current study, immunostaining of decidual sections and flow cytometry of freshly isolated cells reveal that both FTDCs and dNK cells express IFN- γ . Significantly enhanced IFN- γ expression by dNK cells during coincubation with IL-12 + IL-18 is consistent with observations made on other cytokine-primed human NK cells: (1) after direct contact with *Candida albicans* following actin-dependent engulfment of fungal cells that elicits degranulation and release of IFN- γ and other cytokines that induce fungal damage³¹; (2) in *Toxoplasma gondii* infected dNK cells leading to enhanced dNK cell IFN- γ and NKG2D expression accompanied by increased cytotoxicity³²; and (3) identification of IFN- γ as the predominant cytokine produced by activated NK cells involved in antibacterial immune responses.³³ Beyond their well-documented pregnancy-supporting roles in promoting both immune tolerance of the semiallogeneic fetal-placental unit and vascular remodeling,⁸ these observations indicate that activation of the latent cytotoxic machinery in human dNK cells also protects against microbial infections.³⁴

In summary, in the current study immunostaining of first-trimester decidual sections provides the first evidence that

human decidual cells express significant levels of IFN- γ in situ. These observations are augmented by the demonstration that both IL-1 β and TNF- α significantly enhance IFN- γ protein mRNA and protein expression by confluent cultures of primary human FTDCs. The revelation of endogenous IFN- γ protein expression by human FTDCs complement our previous demonstration that coincubation of decidual cells with IFN- γ and TNF- α synergistically enhances NK cell-recruiting chemokine expression⁸ while inhibiting aberrant TNF- α -induced MMP-1, 3, and 9 expression.⁶ Solving the apparent paradox of how FTDCs express endogenous IFN- γ , yet respond to exogenous IFN- γ indicates the importance of future experiments that identify activation of specific signaling pathways resulting from binding of IFN- γ with its membrane-bound IFN- γ receptor 1 leading to heterodimerization with intracellular IFN- γ receptor 2.³⁵

Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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