Altered Genome-Wide Methylation in Endometriosis

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Hanyia Naqvi, MS¹, Ysabel Ilagan¹, Graciela Krikun, PhD¹, and Hugh S. Taylor, MD¹

Abstract

Endometriosis has been associated with aberrant methylation in the eutopic endometrium. Using a genome-wide methylation array, we identified differentially methylated genes in the endometrium from women with or without endometriosis. One hundred and twenty genes were significantly altered by >1.5-fold. In all, 59 genes were significantly hypermethylated and 61 genes were significantly hypomethylated. Changes in gene expression associated with the altered methylation status were validated using quantitative real-time polymerase chain reaction. A limited number of candidate genes are selectively methylated in the endometrium of women with endometriosis. Several genes not previously associated with endometriosis are aberrantly methylated and expressed. These include O-6-methylguanine-DNA methyltransferase, dual specificity phosphatase 22, cell division cycle associated 2, inhibitor of DNA binding 2, retinoblastoma binding protein 7, bone morphogenetic protein receptor, type IB, tumor necrosis factor receptor IB, zinc finger protein receptor 681, immunoglobulin superfamily, member 21, and tumor protein 73. Aberrant DNA methylation and gene expression of these genes may contribute to abnormal regulation of endometrial cell proliferation and function in women.

Keywords

endometriosis, methylation, epigenetic modification

Introduction

Endometriosis is a complex, estrogen-dependent disorder that affects 5% to 15% of the reproductive-age female population. It can lead to pelvic pain, dysmenorrhea, and infertility.¹⁻³ The defining characteristic of endometriosis is the ectopic growth of endometrial stromal and glandular cells outside of the uterine cavity. The lesions typically occur in the peritoneal cavity but occur less frequently in distant sites.^{2,4} Common explanations for the etiology of endometriosis include Sampson's theory of retrograde menstruation, altered immunity, metastatic spread of menstrual tissue to distant sites, and contribution of bone marrow-derived stem cells.⁴⁻⁸ Recent studies describe the role of environmental toxins and hormone exposure as alternate contributors to the development of endometriosis.^{9,10}

The familial predisposition of endometriosis has led to the search for genetic alterations in these women.^{4,11-13} Although multiple candidate genes have been postulated, a mutation that commonly leads to endometriosis has not been identified.^{14,15} It is clear that gene expression is commonly altered in endometriosis and in the eutopic endometrium of women with the disease. Aberrantly expressed genes include those associated with regulation of transcription, proliferation, sex steroid metabolism, apoptosis, cell cycle, and cell adhesion.^{14,16} Epigenetic modification is a possible mechanism by which the expression of genes necessary for the establishment of endometriosis is altered.^{11,12}

Epigenetic modifications include heritable changes to gene expression without changes in the DNA sequence.¹⁷ Examples include DNA methylation, histone modification, and gene regulation by noncoding RNA and micro-RNAs.17 DNA methylation, a widely understood epigenetic modification, occurs at the cytosine bases adjacent to the guanine nucleotide. With the addition of a methyl group, DNA methyltransferases (DNMTs) convert cytosine into 5'-methylcytosine.11,17-19 If a certain sequence contains a large number of CpG dinucleotide repeats, this region is referred to as the CpG island. CpG islands are short (100-200 bp to several kb in size) sequences found in nearly 60% of all genes.¹⁷ DNA methylation regulates gene expression and transcription by altering the chromatin structure. If the CpG islands of the promoter region for a particular gene are methylated, the expression of that gene may be downregulated or transcriptionally silenced; in contrast, if the CpG islands in the promoter region remain unmethylated, the gene

Corresponding Author:

¹ Department of Obstetrics, Gynecology and Reproductive Sciences, Yale University, New Haven, CT, USA

Hugh S. Taylor, Department of Obstetrics, Gynecology and Reproductive Sciences, Yale School of Medicine, 333 Cedar Street, New Haven, CT 06520, USA. Email: hugh.taylor@yale.edu

Gene Name	Forward Primer	Reverse Primer	
MGMT	GCAATGAGAGGCAATCCTGT	TACACGTGTGTGTCGCTCAA	
DUSP22	GTGCTGCCAAAAAGAAAAGC	GGATCCTTACAGGCATCCAA	
CDCA2	TTTGAAGCACCTGCCTTTCT	CAAGATTCTCCCCCTTGTCA	
ID2	CGTGAGGTCCGTTAGGAAAA	ATAGTGGGATGCGAGTCCAG	
RBBP7	TCCCAATGATGATGCACAGT	AGGATTCTGCGGCATGTAAC	
TNFRSFIB	GGATGAAGCCCAGTTAACCA	GCAGAGGCTTTCCACAACTC	
BMPRIB	AAAGGTCGCTATGGGGAAGT	GCAGCAATGAAACCCAAAAT	
ZNF681	TGGTCTCAGCTCACTGCAAC	GGGGTCAGGAGTTCAAGACA	
IGSF21	AAGCGAGAGGACCTGGTGTA	GCCATGACGTTGAGGAAGAT	
ТР73	GGCAGGTCAGCTCACATCT	GAGTGGATGTTTGTGCGTTG	

Table I. Primer Sequences Used for Quantitative Real-Time PCR for Both the Hyper- and Hypomethylated Genes Selected From the Array.

Abbreviations: MGMT, O-6-methylguanine-DNA methyltransferase; DUSP22, dual specificity phosphatase 22; CDCA2, cell division cycle associated 2; ID2, inhibitor of DNA binding 2; RBBP7, retinoblastoma binding protein 7; BMPR1B, bone morphogenetic protein receptor, type IB; TNFRSF1B, tumor necrosis factor receptor 1B; ZNF681, zinc finger protein receptor 681; IGSF21, immunoglobin superfamily, member 21; TP73, tumor protein 73.

is typically more highly expressed.^{20,21} Activation and/or aberrant expression of a gene can contribute to the development of endometriosis, cancers, or other abnormalities.²²

Recent studies have linked endometriosis to alterations in DNA methylation.¹¹ In this study, we used a genome-wide methylation screen to identify methylated genes with the potential to increase the development and progression of endometriosis.

Materials and Methods

Tissue Sampling

Endometrial biopsies were isolated from 13 reproductive-age patients undergoing surgical treatment of endometriosis (n = 7) or endometriosis-free controls (n = 6). The samples were collected from patients who had not used hormonebased therapies for a minimum of 3 months prior to sample collection. Immediately after surgical removal, a portion of the tissue was frozen in RNA later (Qiagen, Carlsbad, California) and used for the methylation array and quantitative polymerase chain reaction (q-PCR), and the remaining tissue was formalin fixed. The diagnosis of endometriosis was confirmed histologically. The Human Investigation Committee at Yale University approved the study protocol.

Genomic DNA Extraction

Genomic DNA was isolated from the eutopic endometrial tissues using the DNeasy Blood & Tissue Kit (Qiagen) according to the manufacturer's instructions.

Illumina Infinium HumanMethylation27 Assay

Genomic DNA of 500 ng was bisulfate converted using the Zymo Bisulfate conversion kit (Zymo Research EZ DNA Methylation Kit, Irvine, California). Methylated and nonmethylated DNA standards were used as positive and negative controls to determine the efficiency of conversion. Illumina Infinium HumanMethylation27 RevB Beadchip (Illumina, San Diego, California) was used to survey the genome-wide methylation profile. Converted DNA of 200 ng was amplified using the Illumina Infinium protocol and hybridized to the microarray for 16 hours. Hybridization was followed by a single-base extension and fluorescent amplification using Tecan Freedom Evo (Tecan, Männedorf, Switzerland). Chips were dried, scanned (Illumina iScan System), and analyzed. GenomeStudio (Illumina) was used for bioinformatics and statistical analysis.

Quantitative Real-Time PCR

To validate the methylation microarray results, total RNA was isolated using Trizol Reagent (Invitrogen, Carlsbad, California) and then purified with the RNeasy MinElute Cleanup Kit (Qiagen, Valencia, California) according to the manufacturer's instructions. To avoid DNA contamination, total RNA was treated with RNase-Free DNase (Qiagen) before purification. Purified RNA (50 ng) was reverse transcribed using iScript complementary DNA synthesis kit (Bio-Rad Laboratories, Hercules, California). Quantitative real-time PCR (qRT-PCR) was performed using SYBR Green (Bio-Rad Laboratories) and optimized in the MyiQ Single Color Real-Time PCR Detection System (Bio-Rad Laboratories). The specificity of the amplified transcript was confirmed by a melting curve analysis. The reactions for each gene were performed in duplicate and repeated 3 times. Expression of O-6-methylguanine-DNA methyltransferase (MGMT), dual specificity phosphatase 22 (DUSP22), cell division cycle associated 2 (CDCA2), inhibitor of DNA binding 2 (ID2), retinoblastoma binding protein 7 (RBBP7), tumor necrosis factor receptor 1B (TNFRSF1B), bone morphogenetic protein receptor, type 1B (BMPR1B), zinc finger protein receptor 681 (ZNF681), Immunoglobulin superfamily, member 21 (IGSF21), and tumor protein 73 (TP73) messenger RNA (mRNA) was quantified and standardized to a reference gene (β -actin). Primer sequences used for each gene are listed in Table 1. The relative amount of transcript generated for each primer was analyzed on the basis of the cycle threshold (Ct) value. The relative gene expression

Methylation Status	Gene Symbol	Gene Name	Fold Change Ratio (Endometriosis/ Control)	P Value	Function
Hypermethylation	MGMT	O-6-methylguanine- DNA methyltransferase	2.220	.0194	DNA repair enzyme
	DUSP22	Dual specificity phosphatase 22	2.108	1.449e ⁻³⁴	Dephosphorylate both phosphotyrosine and phosphoserine/threonine residues within I substrate
	CDCA2	Cell division cycle associated 2	1.686	.0207	Prevent cell cycle arrest and apoptosis
	ID2	Inhibitor of DNA binding 2	1.616	3.259e ⁻⁰⁶	Negative regulator of basic helix-loop-helix transcription factors
	RBBP7	Retinoblastoma binding protein 7	1.648	.007	Histone-binding protein that may target chromatin remodeling factors
Hypomethylation	TNFRSFIB	Tumor necrosis factor receptor IB	-2.375	1.162e ⁻⁰⁵	Proinflammatory cytokine involved in pathogenesis of inflammatory diseases
	BMPRIB	Bone morphogenetic protein receptor, type IB	-2.525	.0271	Growth factors involved in folliculogenesis
	ZNF681	Zinc finger protein receptor 681	- I.645	3.209e ⁻⁰⁹	Regulation of transcription factors
	IGSF21	Immunoglobulin superfamily, member 21	-1.723	.0001	Proinflammatory cytokine involved in pathogenesis of inflammatory diseases
	TP73	Tumor protein 73	-1.893	.0008	Cell cycle arrest and apoptosis induction

Table 2. Methylation Status of the Genes Selected From the Illumina Infinium HumanMethylation27 With a Fold Change of 1.5 (P < .05) or Greater When Comparing Endometriosis to Endometriosis-Free Controls.

ratio was calculated using $2^{-\Delta\Delta CT}$. A *P* value of .05 or less was considered significant.

Results

Of the 27 578 genes on the methylation array, 120 genes were significantly altered by 1.5-fold or greater. Ten genes displaying a 1.5-fold change or higher and significant methylation (P < .05) were selected for the purpose of this study. The 10 genes explored in this study were chosen due to their novel association with endometriosis; these include genes with a role in inflammatory and apoptotic pathways. Examples of hypermethylated genes include MGMT, DUSP22, CDCA2, ID2, and RBBP7. Genes with decreased methylation include BMPR1B, TNFRSF1B, ZNF681, IGSF21, and TP73. The fold change ratio in expression between controls and endometriosis as well as the statistical significance of changes in expression of MGMT, DUSP22, CDCA2, ID2, RBBP7, BMPR1B, TNFRSF1B, ZNF681, IGSF21, and TP73 are listed in Table 2.

Correlation of DNA Methylation Change and mRNA Expression by qRT-PCR

Gene expression associated with altered methylation status was validated using qRT-PCR. Hypermethylation of each gene was correlated with the level of gene expression (Figure 1). Gene expression of MGMT was significantly decreased in samples from women with endometriosis compared to controls (0.3-fold, P = .015). Expression of DUSP22 was decreased by 0.3-fold (P = .039), while expression of CDCA2 was also decreased by 0.06-fold (P = .03). Expression of ID2 was decreased by 0.4-fold (P = .004); however, RBBP7 while decreased by 0.3-fold did not reach significance (P = .069).

Expression was generally increased in genes noted to be hypomethylated; however, this trend was not consistently significant (Figure 2). Hypomethylation of TNFRS1B resulted in increased gene expression, specifically a 1.3-fold change, when comparing the endometriosis to the endometriosis-free controls (P > .05); BMPR1B was highly expressed in the endometrium of females with endometriosis (2.49-fold, P > .05). Expression of ZNF681 was significantly increased by a 4.8fold change (P = .003); in contrast, expression of the hypomethylated gene IGSF21 was decreased by 0.002-fold (P =.03). Gene expression of TP73 was not significantly changed (0.346-fold; P > .05).

Discussion

In this study, we provide a comprehensive survey on the extent of DNA methylation in the endometrium of women with endometriosis. DNA methylation is a mechanism that likely leads to altered gene expression in endometriosis and appears to be selective, limited to a relatively small number of genes. Genome-wide methylation identifies novel genes potentially involved in the development and pathogenesis of endometriosis.



Figure 1. Hypermethylated Genes: Quantitative real-time polymerase chain reaction (qRT-PCR) fold change results. * represents significance (P < .05) between the endometriosis and the control group.

Increased proliferation, invasion, and resistance to apoptosis may potentially explain the pathogenesis of endometriosis; several of these characteristic behaviors of endometriosis have been previously linked to epigenetic alterations.^{23,24} Sex steroid hormones regulate the proliferation of endometriosis, and the expression of steroid hormone receptors vary between normal eutopic endometrium and endometriosis.²⁵ Expression of estrogen receptor β (ER- β) is significantly higher in endometriosis due to the hypermethylation of the CpG islands in the estrogen receptor 2 gene.^{25,26} Higher expression of estrogen receptor amplifies estrogenic effects and the proliferative capacity of endometrial cells.^{26,27} The ER-β regulates genes involved in cell cycle progression, apoptosis, and signal transduction. Ki-67 is a nuclear protein involved in cellular proliferation and highly expressed in endometriosis.²⁴ Bcl-2 is a regulator of the programmed cell death process and inhibits apoptosis in the endometrium and the endometrial lesions.^{28,29} Both Ki-67 and Bcl-2 expression have been closely linked to estrogen receptor level.²⁹ Estrogen signaling is likely epigenetically amplified in endometriosis leading to increased proliferation and resistance to apoptosis.

Previous reports have identified some of the epigenetic regulators responsible for global changes in DNA methylation in endometriosis.³⁰ DNA methyltransferases (DNMT1, DNMT3a, and DNMT3b) are highly expressed in endometrial lesions. High levels of expression of DNMTs can lead to transcriptional activation or silencing of critical genes involved in regulating cell growth and apoptosis, respectively, thereby resulting in the survival of endometrial cells.³⁰ Here, DNMT1 expression was increased and its methylation was altered by 1.13-fold. Expression of DNMT3a and DNMT3b was repressed and methylation altered by 1.04-fold and 1.01-fold, respectively. None of the changes in DNMT methylation met our predetermined threshold or reached statistical significance. In our study, we provide a comprehensive survey of the extent of DNA methylation in endometriosis. DNA methylation leads to altered gene expression in endometriosis; however, methylation appears to be selective, limited to a relatively small number of genes. The mechanism by which DNMTs selectively target individual genes in this disease remains to be determined.

Genome-wide methylation identifies genes potentially involved in the development and pathogenesis of endometriosis. Several genes were identified in this study that can be implicated in the pathophysiology of endometriosis. The MGMT, DUSP22, CDCA2, ID2, TNFRSF1B, ZNF681, and IGSF21 may have a role in the etiology and pathogenesis of this disease.³¹⁻⁴⁰ The hypermethylation of methyltransferase (MGMT) has been reported to decrease apoptotic responses to DNA damage by TP73 and cell proliferation regulation by RBBP7, which in combination with the aberrant expression of HOXA10, increase the susceptibility for endometriosis.^{12,41-48} Zinc finger protein 681 contains a classical C₂H₂ (Kruppel) zinc finger motif and functions as an activator and repressor of transcription, regulating proliferation,



Figure 2. Hypomethylated Genes: Quantitative real-time polymerase chain reaction (qRT-PCR) fold change results. * represents significance (P < .05) between the endometriosis and the control group.

differentiation, and development.^{38,49} The IGSF21, along with other members of the IGSF superfamily, has functions linked to endometriosis. Members of the IGSF superfamily, including intercellular adhesion molecule 1, have been shown to interfere with endometrial cell adhesion, while ALCAM, an activated leukocyte–cell adhesion molecule, has significantly decreased expression in the endometrium of women with endometriosis.^{39,50-52} Aberrant methylation of IGSF21 may lead to altered immune response cell signaling and cell–cell adhesion, resulting in the migration of ectopic endometrial cells and characteristic of endometriosis.

The genes discussed earlier were selected for their relatively large increase in methylation, the potential for involvement in pathways expected to be altered in endometriosis, and their novelty to the field. Numerous genes, where altered methylation in endometriosis has been previously established, were also identified in this array, although some were below our selected threshold. We have previously shown that HOXA10 expression is lower in the endometrium of women with endometriosis and is abnormally methylated.^{44,53,54} Here, HOXA10 expression was repressed and methylation was altered by 1.3fold (P = .008). This level of epigenetic alteration was below our arbitrary threshold, suggesting that other genes may have alterations in methylation that regulate the development of this disease. The threshold selected is likely too restrictive to identify all genes epigenetically altered that may have a significant role in endometriosis.

We did not find significant changes in the methylation of several genes previously reported to display altered methylation in endometriosis; these include PR-B, CYP19A1 (aromatase), SF1, COX2, and ER- β . Although the differences may be due to sampling eutopic versus ectopic endometrium, Borghese et al found similar methylation profiles in the ectopic lesions and the eutopic endometrium obtained from women with disease.⁵⁵ Many of the genes identified by Borghese et al as having significantly altered methylation in endometriosis were also identified in our array; these include MAFB, HOXD10, and HOXD11. Differences between our data and other published studies may be due to the ability of targeted assessment to identify small but meaningful areas of DNA methylation not identified in the array. Patient/disease characteristics, arbitrary cutoff thresholds, and location of targeted loci may have varied between studies.

Typically enhanced methylation was associated with decreased expression of a gene, although diminished methylation correlated with higher levels of gene expression. DNA methylation is thought to interfere with binding of transcriptional regulators. The assembly of a functional transcription initiation complex may be prevented by altered methylation. Alternatively, methylation that prevents the binding of a transcriptional repressor could have an opposite effect. Indeed, most of the methylated genes whose expression we examined were repressed; similarly, most of the genes with diminished methylation showed increased expression. However, in some instances, the opposite was true, suggesting that those methylated bases are sites of transcriptional repression. Future studies will explore the transcriptional regulators that bind to these sites.

Methylation was both increased and decreased at various loci in the genome. It is apparent that the changes in gene expression are context dependent and not simply the result of increased expression of a single methylating enzyme. Altered methylation in either direction implies that the mechanisms responsible may be directed by multiple pathways and vary with the type and stage of disease. More comprehensive surveys of diverse endometriosis variants will be required to categorize the extent and range of epigenetic alteration in endometriosis. After careful characterization, the extent of epigenetic regulation may be a useful marker of disease as it is detectable in eutopic endometrium.

A precise understanding of epigenetics may provide a novel approach to the treatment of endometriosis. Current therapeutic approaches are based on hormonal manipulation or the surgical removal of the endometrial implants. These treatments have limited long-term success with frequent side effects.⁵⁶⁻⁵⁹ Here, we identify epigenetic alterations in endometriosis; however, methylation and demethylation are both common, making the broad use of agents that alter methylation in a single direction impractical. The potential use of targeted therapies to correct epigenetic errors would be advantageous for the treatment of endometriosis.

Declaration of Conflicting Interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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