# Increased Incidence of Post-transplant Lymphoproliferative Disorder in Autoimmune Liver Disease: An Irish National Experience



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Background: Post-Transplant Lymphoproliferative Disorder (PTLD) is a well-recognized complication post solid organs transplant. PTLD represents a broad spectrum of abnormalities ranging from an infectious mononucleosis like illness to malignant lymphoma. Methods: A retrospective study was performed by collecting data of orthotopic liver transplant (OLT) patients in the National Liver Unit in Ireland from December 1993 to December 2014. Data was analyzed to identify PTLD patients and determine their demographic details, the indication for liver transplant, presenting symptoms, immunosuppression regimens, Epstein-Barr virus (EBV) status and PTLD outcome. Results: From a total of 756 liver transplants recipients, 20 patients (2.6%) were diagnosed with PTLD. The median time from OLT to PTLD diagnosis was 83 months. The main primary indication for OLT of the PTLD cohort was Autoimmune Liver Disease (AiLD) (n = 13, 65%, mainly primary sclerosing cholangitis (PSC) n = 8,40%). The combined group of auto-immune hepatitis, PSC and primary biliary cholangitis had a significantly higher incidence of PTLD compared to other etiologies (P < 0.01). In AiLD PTLD subgroup, 61.5% were positive for EBV. Five patients (38.5%) had extra-nodal disease and 3 patients had CNS disease. 61% of PTLD AiLD patients (n = 8) achieved complete response following their treatment. Conclusion: PTLD has high mortality however early diagnosis and complete remission are achievable. Our study suggests that the incidence of PTLD is increased in AiLD and notably PSC patients. (J CLIN EXP HEPATOL 2018;8: 42 - 49)

ost-Transplant Lymphoproliferative (PTLD) is a well recognized complication post solid organ or bone marrow transplantation develops in approximately 3% of patients following liver transplantation. 1-3 It is a serious condition with mortality rates in excess of 50%. 4 PTLD represents a broad heterogeneous spectrum of abnormal lymphoid proliferation. The latest World Health Organization (WHO) classification divided PTLD into early lesions which includes infectious mononucleosis like PTLD and plasmacytic hyperplasia, polymorphic lesions, monomorphic lesions which resemble frank and aggressive lymphomas that includes Diffuse B Cell Lymphoma (DBCL), Burkitts, plasma cell myeloma/ plasmacytoma and T-cell neoplasm and Hodgikin's lymphoma like PTLD.<sup>5</sup> Better outcomes have been reported especially with the early introduction of rituximab when indicated.6,7

*Keywords:* post-transplant lymphoproliferative disorder, orthotopic liver transplant, autoimmune liver disease, primary sclerosing cholangitis Epstein-Barr virus, immunosuppressants

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Abbreviations: AiLD: Autoimmune Liver Disease; OLT: Orthotopic Liver Transplant; PTLD: Post-Transplant Lymphoproliferative Disorder http://dx.doi.org/10.1016/j.jceh.2017.05.209

The incidence of PTLD is related to the organ transplant and hence the duration and doses of immunosuppressants. PTLD occurs in more than 10% of intestinal and multi-organ transplants with less incidence after heart or lung transplant (3–9%) and least with liver or kidney transplant (1–3%).<sup>8,9</sup> Other risk factors include presence of cytomegalovirus, pre-transplant malignancies and younger age.<sup>8,10,11</sup>

It has been suggested that PTLD cases are associated with Epstein-Barr (EBV) virus exposure. During primary EBV infection, T cell lymphocytes play an important role in modulation of infected B cell proliferation. Immunosuppressants, in patients post transplants, inhibit T cell function which in turn leads to lack of control of infected B-cell proliferation. This can result in free proliferation of EBV infected B cells which induce lymphoid hyperplasia and possible frank lymphomas. <sup>12</sup>

Over the last number of years, growing data has indicated a possible association of lymphocyte regulation and the development of autoimmune liver disease. <sup>13–16</sup> More recently, it has been shown that EBV is considered a trigger of autoimmune diseases based on findings indicating high titers of EBV-specific antibodies in patients compared to controls. In addition, a higher proportion of EBV-infected cells with elevated EBV loads are found in peripheral blood lymphocytes of autoimmune patients compared to other pathological or normal controls. <sup>17</sup> Watts et al. suggested

there may be an increased risk of PTLD in patients transplanted for PSC.<sup>2</sup> The current study presents the clinical outcome of the liver transplant cohort who was diagnosed with PTLD. We aimed to determine if the rate of PTLD was increased in autoimmune liver disease compared to patients transplanted for other etiologies.

## PATIENTS AND METHODS

#### **Patients**

This is a retrospective study was performed by collecting data of the liver transplant patients from the National Liver Unit on the island of Ireland. The study was approved by the Ethics and Medical Research Committee ("The EMRC") of St. Vincent's Healthcare Group (SVHG). No patient consent was required. Our study included 20 patients who developed PTLD after OLT from 1993 to the end 2014 and were treated mainly by the Medical Oncology at the same institute. Patients for this study were identified from our database, maintained within the UK NHS Blood and Transplant service (NHSBT). Patient demographics, indication for liver transplant, age at the time of OLT immunosuppression, mode of diagnosis, the time from liver transplantation to PTLD diagnosis, site of PTLD, PTLD stage, and category, EBV status whenever available, PTLD treatment modalities and clinical outcome were recorded. Several treatment modalities were utilitized as the study included patients over different timeframes although patients diagnosed after 2010 were managed as per the British society of Haematology published guidelines in 2010.18 After PTLD diagnosis all patients had initial reduction/withdrawal of immunosuppressants but maintained on steroids. Chemotherapy was started in patients with aggressive PTLD histology, EBV negative disease, CNS disease and patients with no response to reduction of immunosuppressive therapy after 2-4 weeks. Radiotherapy and surgery were used in cases of residual disease.

Response was evaluated into Complete Response (CR), partial response (PR), stable disease (SD) and progressive disease (PD) as per RECIST 1.1 criteria. <sup>19</sup>

#### Methods

The Histological diagnosis was reviewed as per the WHO classification<sup>5</sup> which includes early lesions, polymorphic PTLD, monomorphic PLTD (which includes B and T cell neoplasms) and Hodgkin's lymphoma like PTLD. Clonality was determined by the presence of kappa or lambda light chain restriction in immunohistochemistry. Flow cytometry, in situ hybridization for EBV mRNA and EBV viral loads were performed as indicated. Patients were staged as per the Ann Arbor staging system,<sup>20</sup> computed tomography (CT) of the thorax, abdomen and pelvis was

used as the primary staging modality. Imaging of the brain with CT or MRI was performed in the presence of signs and symptoms of CNS disease. All patients had baseline blood tests including complete blood count, liver function testing, kidney function testing and lactate dehydrogenase (LDH) test.

Data was analyzed using the GraphPad Prism program (GraphPad Software Inc, San Diego, CA, USA).  $\chi^2$  test or the Mann–Whitney test was used as appropriate to assess significance of differences.

## **RESULTS**

Between January 1993 and October 2014 a total of 756 adult patients had a first liver transplant in our unit. Twenty (2.6%) were subsequently diagnosed with PTLD with a median follow up of 17 months. There were more males (n = 17, 85%) than females (n = 3, 15%), with a median age of 54 years (range 22-65) at the time of liver transplant. Median time from transplant to diagnosis of PTLD was 83 months (range 19-173). The age of the patients at the time of PTLD diagnosis ranged between 29 and 75 years old with median age 61 years old. The primary indication for transplant was: PSC (n = 8) 40%, autoimmune hepatitis (AIH) (n = 3) 15%, primary biliary cholangitis (PBC) (n = 2) 10% and alcoholic liver disease (ALD) (n = 2). The total number of liver transplants secondary to AiLD (i.e. PSC, AIH cirrhosis and PBC) was 218 patients (67, 65 and 86 patients respectively). The total number of patients developed PTLD in the AiLD subgroup was thirteen patients. The majority of them were secondary to PSC (n = 8). Other causes of liver transplant are included in Table 1. The combined group of AiLD including PSC, AIH cirrhosis and PBC had a significantly higher incidence of PTLD compared to other aetiologies (13/218 vs 7/538 P < 0.01). The most commonly used immunosuppressant was tacrolimus (n = 15), followed by mycophenolate (n = 11), azathioprine (n = 9), and cyclosporine (n = 5)[used alone or with other agents]. At least 15 patients have taken more than one immunosuppressant at some point till diagnosis of PTLD and just less than half of them (n = 7) were on more than two immunosuppressants. A quarter of the patients (n = 5) of those diagnosed with PTLD were on only one immunosuppressant as per Table 1. All the patients were treated with steroids in the initial transplant period. Steroids were tapered and withdrawn except for patients with auto-immune hepatitis who were maintained on low dose prednisolone (5-10 mg daily) indefinitely.

# **PTLD Characteristics**

Most cases were diagnosed late after transplantation (median = 83 months) with 75% (n = 15) of the cases diagnosed after 5 years. Median age at PTLD diagnosis was

Table 1 PTLD Patients' Clinical Characteristics.

Gender	M:F	17:3	<i>M</i> = 85%
Age at OLT (years)	Median (range)	54 (22–65)	
Age at PTLD Dx (years)	Median (range)	61 (29–75)	
Interval OLT to PTLD diagnosis (months)	Median (range)	77.5 (19–173)	
<b>1ry liver disease</b> (n) and %	Total number of transplant $(n = 756)$	Patients with PTLD (n = 20)	% of PTLD among each transplant pt by 1ry liver disease
PSC	67	8	12%
AIH Cirrhosis	65	3	4.6%
PBC	86	2	2.3%
ALD	208	2	1%
HCC	116	3	2.6%
HBV	19	1	5%
POD	31	1	3%
Others	164	0	0%
Immunosuppressant			
	≥two agents	N = 15	<b>75</b> %
	4 agents	N = 1	5%
	3 agents	N = 6	30%
	2 agents	N = 8	40%
	-Tac+MMF	4	20%
	-Tac+AZA	3	15%
	-Cyc+AZA	1	5%
	One agent		
	-Tac	2	10%
	-Cyc	2	10%
	-MMF	1	5%

MMF: Mycophenolate Mofetil; Tac: Tacrolimus; Cyc: Cyclosporin; AZA: Azathioprine; PSC: Primary Sclerosing Cholangitis; AlH: Autoimmune Hepatitis; PBC: Primary Biliary Cholangitis; ALD: Alcoholic Liver Disease; HCC: Hepatocellular Carcinoma; HBV: Hepatitis B virus; POD: Paracetamol Overdose; CCA: Cholagiocarcinoma; OLT: Orthotopic Liver Transplant; PTLD: Post-Transplant Lymphoproliferative Disorder.

61 years (29-75yrs). Ann Arbor staging at time of diagnosis was Stage I (5 patients, 25%), Stage II (12 patients, 60%), Stage III (1 patient, 5%) and Stage IV (2 patients, 10%). Most common site of disease involvement with intra abdominal (13 patients, 68%), six patients (31%) had extra nodal disease including three patients with CNS involvement (2 patients at initial presentation and 1 patient after disease progression). The majority of patients presented with gastrointestinal symptoms (12/20 patients) and six patients reported B symptoms. PTLD patients' histology consisted of fifteen (75%) monomorphic, three (15%) polymorphic disease and two patients (10%) presented with Hodgkin lymphoma-like PTLD. EBV status was available in seventeen patients with PTLD. The status was checked histologically and by PCR of whom 13/17 (76.5%) were positive for EBV, 3 patients confirmed EBV negative and another patient was indeterminate status for same.

## Treatment and Outcomes

All patients had initial reduction or discontinuation of immunosuppression, 19 patients received chemotherapy or rituximab. Ten patients treated with R-CHOP chemotherapy, two patients with R-CVP chemotherapy, two patients with CHOP, one patient with rituximab alone, two patients with Hodgkin's disease like PTLD had ABVD and CHLVPP chemotherapy and two patients with CNS PTLD had De angelis chemotherapy protocol. One patient was unwell to receive any treatment and died within 4 weeks of his diagnosis. Complete response was obtained in 11 patients (55%). Two patients had surgery for residual disease and two patients had radiotherapy after completion of treatment, one for residual disease and one for CNS disease. At the last database cut-off, 11 patients had died: five were due to treatment-related complications and three were due to progressive disease. Table 2 shows the patients'

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Table 2 Clinical Characteristics of Patients Who Developed Post-transplant Lymphoproliferative Disorder (PTLD).

Panel A							
Age diagnosis PTLD (sex m/f)	IBD	Immuno- suppression	Interval transplant to PTLD (months)	Histology	Treatment	Outcome	Survival post PTLD diagnosis (months)
61 (m)	Previous hemicolectomy (azathioprine)	TAC MMF AZA	106	Monomorphic large B cell	Deangelis protocol for CNS disease	Complete remission	58
67 (m)	Mild colitis salazopyrine	TAC MMF AZA	19	Polymorphic	Rituximab	Complete remission	5
63 (m)	Total colectomy	CYC	173	Hodgkin's disease PTLD like	ABVD	Complete remission	20
36 (m)	Total Colectomy 15 years prior to transplant		72	Monomorphic large B cell	CHOP	Died Progressive disease	7
62 (m)	Mild colitis Salazopyrine	TAC	64	Polymorphic	No chemotherapy	Died Progressive disease + sepsis	0
42 (m)	Crohn's colitis No AZA or anti- TNF	TAC AZA	79	Monomorphic large B cell	RCHOP	Died Progressive disease	3
30 (m)	Ulcerative colitis diagnosed post transplant No AZA or anti- TNF	TAC MMF AZA	63	Monomorphic large B cell	Rituximab then R CVP	Progressive disease	7
69 (m)	Ulcerative colitis AZA	TAC MMF	87	Monomorphic large B cell	Deangelis protocol for CNS disease	Complete remission	19

Р	anel	В

Age diagnosis PTLD (sex m/f)	Etiology	Immuno- Suppression	Interval transplant to PTLD (months)	Histology	Treatment	Outcome	Survival post PTLD diagnosis (months)
58 (f)	Autoimmune hepatitis	CYC AZA	38	Hodgkin's disease PTLD like	CHLVPP	Died fungal pneumonia	55
43 (m)	Autoimmune hepatitis	TAC AZA	22	Monomorphic large B cell	CHOP	Complete remission	152
66 (m)	Auto-immune hepatitis	MMF	76	Monomorphic large B cell	R CHOP	Died Pneumonia	39
54 (f)	Primary biliary cirrhosis	TAC AZA	117	Monomorphic large B cell	R CHOP	Complete remission	64
55 (m)	Primary biliary cirrhosis	TAC MMF	113	Monomorphic large B cell	R CHOP	Complete remission	43
64 (m)	Alcoholic liver disease	MMF TAC	93	Monomorphic large B cell, Burkitts like	R CHOP	Died Neutropenic sepsis	5
75 (m)	Alcoholic liver disease	TAC CYC MMF AZA	121	Monomorphic large B cell	R CHOP	Died Sepsis	2
62 (m)	Alcoholic liver disease & HCC	TAC MMF AZA	58	Monomorphic large B cell	R CHOP	Complete remission	29
			22	Polymorphic	R CVP		4
						(Cor	tinued on next page)

Table 2 (Continued)

Panel B							
Age diagnosis PTLD (sex m/f)	Etiology	Immuno- Suppression	Interval transplant to PTLD (months)	Histology	Treatment	Outcome	Survival post PTLD diagnosis (months)
62 (m)	Alcohol/hepatitis C HCC	TAC MMF				Died Neutropenic sepsis	
64 (m)	Hepatitis C & HCC	TAC MMF AZA	100	Monomorphic large B cell	R CHOP	Died Sepsis	6
36 (m)	Fulminant paracetamol	TAC CYC MMF	166	Monomorphic large B cell	R CHOP	Complete remission	65
29 (m)	Fulminant hepatitis B	TAC	52	Monomorphic large B cell	R CHOP	Died Sepsis	17

Panel A: primary sclerosing cholangitis (PSC) patients.

Panel B: other aetiologies.

Abbreviations: R CHOP: rituximab cyclophosphamide hydroxydaunomycin Oncovin, Prednisolone. CHL VPP: chlorambucil, vinblastine, procarbazine, prednisolone.

ABVD: adriamycin, bleomycin, vinblastine, dacarbazine. CVP: cyclophosphamide, vincristine, Prednisolone, HCC: hepatocellular carcinoma.

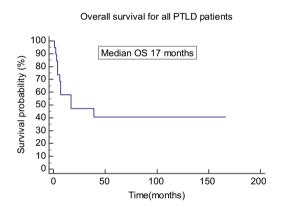


Figure 1 Overall survival of all PTLD patients. PTLD: post transplant lymphoproliferative disease; OS: overall survival.

histological features, treatments and outcomes. The overall median survival was 17 months as shown in the Kaplan Meier curve (Figure 1).

### PTLD in AiLD Patients

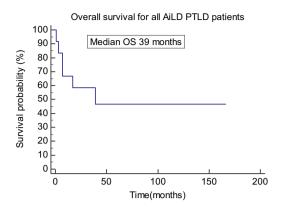
Ten male (87.5%) and three female patients had PTLD post OLT for AiLD. The median age at the time of OLT was 49 years (29–65 years). The rate of occurrence of PTLD in AiLD was significantly higher than the overall OLT patients with *P* value < 0.0001. Median age for the AiLD patients at development of PTLD was 58 years. Median time to diagnosis of PTLD was 74 months (19–173) post liver transplant. All of PTLD PSC patients had inflammatory bowel disease before OLT with ulcerative colitis (UC) in 75% and Crohn's disease (CD) in 25%. Of the PTLD

AiLD patients, 77% were on two immunosuppressants or more either a combination of tacrolimus and mycophenolate mofetil (MMF), tacrolimus and azathioprine or cyclosporine and azathioprine. Only two patients 23% were on one immunosuppressant (one patient on tacrolimus and two on cyclosporine) alone at the time of PTLD diagnosis. Seven/ten (70%) had positive EBV status on histology while the other three patients' statuses were not available. Five patients (38.5%) had extra-nodal disease and 3 patients had CNS disease (2 at diagnosis and 1 after disease progression). Nine patients (70%) had monomorphic PTLD, 2 (15%) had polymorphic PTLD and 2 (15%) had Hodgkin's disease like PTLD. 61% of PTLD AiLD patients (n = 8) achieved complete response following their treatment, of the remaining patients; 2 died due to disease progression, 2 died due to sepsis and one had residual disease/incomplete response. The median overall survival for patients with AiLD who developed PTLD was 39 months (Figure 2).

## DISCUSSION

PTLD is a well established and serious complication after organ transplantation with low incidence and high mortality rate. A number of published studies share our objectives to identify reliable and reproducible pre- and post-transplant factors that may help to identify the cohort of patients who are likely to suffer PTLD. 4-26 In the course of our analysis we made 3 main observations. Firstly, we report a significantly higher rate of PTLD following liver transplant in patients with autoimmune liver disease specially PSC compared to other etiologies.

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**Figure 2** Overall survival of PTLD patients secondary to AiLD. AiLD: Autoimmune Liver Disease; PTLD: post transplant lymphoproliferative disease; OS: overall survival.

Secondly, we studied pre and post OLT PTLD risk factors such as EBV status and immunosuppressants. Finally, the treatment and outcome of PTLD were similar to the published literature with increasing complete responses (CR) with the use of combination chemotherapy.

In our study, PTLD was more prevalent in patients with AiLD. The autoimmune liver disease (AiLD) was the main primary indication for OLT (n = 13, 65%) in our PTLD cohort. Of interest, PTLD was developed in 11.8% of all of our PSC patients post OLT. Our study would support the previous findings of Watt et al.<sup>2</sup> who used prospective database of liver transplant patients maintained by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), including 798 adult patients followed for a median of 10 years. There appeared to be an increased incidence of PTLD in the PSC group, although this did not reach statistical significance. Mumtaz et al. reported 32 cases of PTLD in 1372 patients following liver transplant. Seven patients had PSC and four had PBC but the total numbers of patients with PSC and PBC transplanted were not given.<sup>27</sup>

In non-transplant patients, a possible association between autoimmune liver disease and lymphoma has been described.<sup>28</sup> We hypothesized that this subgroup had low median age that required higher doses of immunosuppressant agents to control their underlying autoimmune disease recurrence. In the mean time, patients with AiLD usually require more than one immunosuppressant agent to avoid a higher incidence of acute and chronic rejection post transplant. 8,29 Eighty five percent of our PTLD patients were on more than one immunosuppressants at the time of diagnosis. If true, this could be a factor causing increased susceptibility to PTLD. In general, PTLD has higher incidence post intestinal or multi-organ transplants with less incidence after heart or lung transplant (3-9%) and least with liver or kidney transplant (1-3%).<sup>8,9</sup> Moreover, data from the Collaborative Transplant Study (CTS) confirmed that the rate of NHL was high during the first year post transplant which is probably secondary to intense immunosuppressive therapy.<sup>30</sup> Furthermore, Melosky et al.<sup>31</sup> have shown that patients who received quadruple immunosuppressants therapy had more incidence of NHL than who received triple therapy for treatment of acute cellular rejection in renal transplant subjects.

The type of immunosuppressive agent can be an associated factor in PTLD development. The majority of our AiLD patients who developed PTLD were on tacrolimus (69%) either alone or combined with another immunosuppressant agent. Of interest, 80% of our PTLD cohort were on tacrolimus at the time of diagnosis. Tacrolimus use is associated with an increase PTLD risk compared with cyclosporine or anti IL-2 antibodies and sirolimus use. <sup>11,32</sup> There was no significant difference in the 5 year incidence of lymphoma between patients who received either Cyclosporine (CsA; with or without AZA and steroid) versus AZA and steroid. <sup>32</sup> On the other hand, patients receiving MMF have reduced risk of PTLD occurrence. <sup>11,33</sup>

Immune related mechanisms in patients with AiLD may lead to auto-reactivation of B lymphocytes. In less than one decade ago, Moritki and colleagues have discussed a possible pathogenic role of autoreactive B lymphocytes in AiLD. They have described a potential contribution of Toll-like Receptor (TLR) signaling which activate the autoimmune B cells and induce defects in regulatory T cell function.<sup>34</sup> This is also supported by a study that described a significant reduction in the total number of circulating T cells in parallel to increased number and percentage of B cells. Moreover, alterations in the percentage of B cells correlated significantly with histologic stage and concentrations of gamma globulin, serum IgG, and bilirubin.<sup>35</sup> Recently, Zhang et al.<sup>36</sup> have shown an ongoing stimulated B lymphocytes which have an auto-antigen specificity in patients with PBC. These observations may link between the development and progression of AiLD and the PTLD development. While our patients did not appear to be exposed to unusually high doses of immunosuppression, a more detailed analysis including evaluation of dosage ranges and serum levels over time would be required to more adequately assess this.

Other possibilities that might explain the high incidences of PTLD among AiLD patients may be related to a possible role of EBV status. In the PTLD secondary to AiLD patients, EBV was positive in eight patients (61.5%) while two patients (15%) were negative for EBV. One of the AiLD patients status was indeterminate and two patients' statuses were not available. A suggested role of EBV triggering AiLD effects was unraveled by few observations. 30,37–40 An established characteristic of several autoimmune diseases is based on CD8+ T-cell deficiency. The impairment of CD8+ T cells results in the inability to control EBV infection and this ensues an accumulation of EBV-infected and

autoreactive B-cells in a variety of target organs. Within a specific organ, clonal expansion of these cells, and the development of ectopic lymphoid follicles can induce pathogenic autoantibodies and provide stimulatory signals for the survival of autoreactive T cells. <sup>41</sup> There is also growing evidence in support of infectious agents mimicking the major autoantigen in PBC, PDC-E2. This can result in loss of immunological tolerance which in turn can lead to the destruction of the bile ducts. <sup>42,43</sup> An increase number of EBV-infected B lymphocytes in intestinal mucosal samples from patients with ulcerative colitis compared to healthy controls has been reported. <sup>44,45</sup> Of interest our results showed that all of the PSC patients suffered from IBD before PTLD diagnosis.

The outcome of the PTLD patients was similar to previous reports. Two studies described overall PTLD incidence similar to ours but they did not mention a higher incidence in AiLD. He majority of AiLD subgroup achieved complete response. Two patients died due to disease progression, two died due to sepsis and one had residual disease/incomplete response. It is worth noting that 3 patients in the AiLD had cerebral PTLD (2 at diagnosis and 1 after disease progression) which is relatively rare. In the non AiLD-PTLD patients, none of them developed CNS disease before or during the course of treatment.

In summary, PTLD has high mortality, however early diagnosis and complete remission are achievable. Our study suggests that there is an associated higher incidence of PTLD in autoimmune liver disease and notably PSC patients. Given the small number of PTLD patients though, this needs to be validated with other centers to avoid type 2 error. This finding may have implications on the management of AiLD patients post liver transplantation. While routine Ebstein Barr virus monitoring is probably not very helpful, targeted monitoring in AiLD patients along with appropriate tailoring of immunosuppressive therapy may help to reduce the incidence of this, frequently lethal, complication.

#### **CONFLICTS OF INTEREST**

The authors have none to declare.

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