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# Epigenetic programming of the germ line: effects of endocrine disruptors on the development of transgenerational disease

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# Abstract

Epigenetic programming of the germ line occurs during embryonic development in a sex-specific manner. The male germ line becomes imprinted following sex determination. Environmental influences can alter this epigenetic programming and affect not only the developing offspring, but also potentially subsequent generations. Exposure to an endocrine disruptor (i.e. vinclozolin) during embryonic gonadal sex determination can alter the male germ-line epigenetics (e.g. DNA methylation). The epigenetic mechanism involves the alteration of DNA methylation in the germ line that appears to transmit transgenerational adult onset disease, including spermatogenic defects, prostate disease, kidney disease and cancer.

#### Keywords

adult onset disease; endocrine disruption; epigenetics; germ line programming; transgenerational

### Introduction

Genomic DNA is the essential building block of all species and is not readily mutated or modified. Epigenetics can be a heritable change in gene expression within the genome that does not directly involve changes to the genomic DNA sequence. Epigenetic regulation of the genome involves factors such as histone modifications (i.e. acetylation and methylation) and DNA methylation that directs chromatin structure and gene transcription. Epigenetic alterations are associated with many human diseases such as cancers (Feinberg, 2004; Schulz and Hatina, 2006), autism (Muhle *et al.*, 2004) and Angelman and Beckwith–Wiedemann syndromes (Jiang *et al.*, 2004). The epigenetic programming of the germ line appears similar in humans and other mammalian species (Beaujean *et al.*, 2004; Fulka *et al.*, 2004), such that alterations in germ-line programming may influence genome activity and disease (Steele *et al.*, 2005; Tarozzi *et al.*, 2007; Yang *et al.*, 2007). These non-genomic epigenetic factors are currently speculated to have an important impact on disease risk and transgenerational inheritance (Gluckman *et al.*, 2007).

The DNA methylation pattern of the genome becomes reprogrammed following demethylation and re-methylation processes after fertilization and during early embryonic

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development. This epigenetic reprogramming during early embryonic cell differentiation transmits a unique DNA methylation pattern to developing organs in the offspring. An additional epigenetic reprogramming event (i.e. DNA methylation) occurs later in development in the germ line during sex determination. A small subset of imprinted genes is transmitted to subsequent generations through the male or female germ line. Imprinted genes have an allele specific DNA methylation pattern and expression that is maternally or paternally transmitted between generations. Clearly a number of different epigenetic mechanisms (e.g. histone modifications, chromatin structure and DNA methylation) will be involved in programming the germ line. Alterations in the epigenetic reprogramming of the germ line can promote heritable changes on transcription and disease.

Prior to sex determination during embryonic development the primordial germ cells migrate down the genital ridge and colonize the indifferent biopotential gonad (Hughes, 2001; Kanai *et al.*, 2005). As the primordial germ cells migrate down the genital ridge their genomic DNA becomes de-methylated such that the genome prior to and during sex determination is not methylated (Yamazaki *et al.*, 2003). Following sex determination, the germ cell DNA is re-methylated in a sex-specific manner (Li *et al.*, 2004). In the male, somatic cells in the developing gonad are required for normal germ-cell development and DNA methylation (Hisano *et al.*, 2003; Nishino *et al.*, 2004). Modification of the methylation pattern of previously identified imprinted genes has been shown to induce disease states (Robertson, 2005). Therefore, alterations in the DNA methylation pattern following sex determination could lead to an epigenetic transgenerational disease state.

Many environmental factors and toxicants have been shown not to directly modify the genomic DNA sequence; however, these factors can cause changes in histone modification or DNA methylation, and this impacts chromatin structure and gene transcription. A consideration of environment–genome interactions requires that epigenetic regulation be considered as one of the components of the molecular basis upon which the environmental factors interact with the genome and result in disease (Herceg, 2007; Weidman *et al.*, 2007).

Environmental toxicants have been found to promote transgenerational disease phenotypes (Anway and Skinner, 2006). The transgenerational phenotype has been induced by the endocrine disruptor vinclozolin, an anti-androgenic compound used as a fungicide in the fruit industry (e.g. wineries) (Kelce et al., 1994). The transient exposure of an F<sub>0</sub> generation gestating rat to vinclozolin at the time of embryonic sex determination promotes an adultonset disease of spermatogenic defects and male subfertility in the offspring. Research has demonstrated that 90% of all male progeny for four generations (F1-F4) developed spermatogenic defects following the direct exposure of the  $F_0$  gestating rat (Anway *et al.*, 2005). This transgenerational phenotype was only transmitted through the male germ line (i.e. spermatozoon) and was not passed through the female germ line (i.e. oocyte). In young adult males, prior to 120 days of age, the primary disease phenotype was a spermatogenic cell defect in the male testis (Anway et al., 2005, 2006b). However, when the animals were allowed to age up to 14 months, additional transgenerational disease phenotypes developed at increased frequencies including 15% tumour development, 50% prostate disease, 35% kidney disease, 30% immune abnormalities and 25% spermatogenic defects in males from F<sub>1</sub>-F<sub>4</sub> generations (Anway et al., 2006a). Female animals were also found to develop

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transgenerational disease including tumours and kidney disease (Anway *et al.*, 2006a). Furthermore, the testis phenotype was also promoted by the transient embryonic exposure to the pesticide methoxychlor, which contains a mixture of metabolites with oestrogenic, antioestrogenic and antiandrogenic activities (Anway *et al.*, 2005).

The ability of endocrine disruptors to promote adult-onset disease has been discussed previously (Gluckman et al., 2004). Endocrine disruptors are a large class of environmental toxicants ranging from plastics to pesticides (Heindel, 2005). These environmental toxicants generally do not promote DNA sequence mutations, which generally occur at a frequency lower than 0.01% (Barber et al., 2002). The frequency of the transgenerational phenotype described above (occurring in 30-90% of the animals) also could not be attributed to DNA sequence mutations. Therefore, the hypothesis was developed that the induced transgenerational phenotype is likely to be epigenetic in origin, resulting from changes in gene function that are not related to a specific DNA sequence mutations (Anway et al., 2005; Anway and Skinner, 2006). Epigenetic or non-genomic inheritance clearly occurs and has impacts on health and disease (Rakyan and Beck, 2006; Gluckman et al., 2007; Jass, 2007). The environment has the ability to regulate the epigenome that subsequently influences genome activity and disease susceptibility (Whitelaw and Whitelaw, 2006; Jirtle and Skinner, 2007). Although observations demonstrate these epigenetic transgenerational phenotypes exist, the impact they have on health and disease remains to be elucidated. The identification of epigenetic biomarkers correlated to disease could provide early stage diagnostic markers to allow preventative medicine strategies to be developed.

This transgenerational phenomenon demonstrates an epigenetic mechanism by which environmental toxicants may promote transgenerational phenotypes and adult-onset disease (Gluckman and Hanson, 2004; Heindel, 2005). A large number of studies have demonstrated that embryonic or post-natal exposures can induce adult-onset disease. The mechanism for this fetal basis of adult-onset disease is unknown, but is likely to involve epigenetic alterations in the genome (Dolinoy *et al.*, 2007; van Vliet *et al.*, 2007). Many adult-onset disease phenotypes are not transgenerational, but manifest in the exposed individuals. These individual disease exposures and phenotypes may also involve epigenetic mechanisms. A recent study demonstrated a neonatal exposure to bisphenol A altered DNA methylation of a number of genes and promoted an increased frequency of prostate disease in the adult (Ho *et al.*, 2006). Therefore, an embryonic, post-natal or adult exposure could cause an epigenetic event that then alters the physiology of a tissue and promotes disease. It is likely that rapidly developing tissues will be more sensitive to environmental exposures and epigenetic modifications.

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## Biography



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