

Accuracy of a CGM Sensor in Pediatric Subjects With Type I Diabetes. Comparison of Three Insertion Sites: Arm, Abdomen, and Gluteus

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Abstract

Background: Patients with diabetes, especially pediatric ones, sometimes use continuous glucose monitoring (CGM) sensor in different positions from the approved ones. Here we compare the accuracy of Dexcom® G5 CGM sensor in three different sites: abdomen, gluteus (both approved) and arm (off-label).

Method: Thirty youths, 5-9 years old, with type I diabetes (T1D) wore the sensor during a clinical trial where frequent self-monitoring of blood glucose (SMBG) measurements were obtained. Sensor was inserted in different sites according to the patient habit. Accuracy metrics include absolute relative difference (ARD) and absolute difference (AD) of CGM with respect to SMBG. The three sites were compared with ANOVA. If the test detected a difference, an additional pair-wise comparison was performed.

Results: Overall, no accuracy difference was detected: the mean ARD was 13.3% (SD = 13.5%) for abdomen, 13.4% (12.9%) for arm and 12.9% (20.2%) for gluteus (P value = .83); the mean AD was 17.0 mg/dl (17.2 mg/dl) for abdomen, 17.2 mg/dl (17.1 mg/dl) for arm and 18.3 mg/dl (18.5 mg/dl) for gluteus (P value = .30). In hypo- and euglycemia ARD (P value = .87 and .15, respectively), and AD (P value = .68 and .37, respectively) were not statistically different. At variance, in hyperglycemia, a significant difference was detected between the two approved sites, abdomen and gluteus (Δ ARD = -2.2% [CI = -4.2%, -0.1%], P value = .04), whereas the comparisons with the off-label location, arm-abdomen, and arm-gluteus were not significant.

Conclusions: These results suggest that the accuracy of the sensor placed on the arm was not significantly different with respect to the two approved insertion sites (abdomen and gluteus). Larger, randomized trials are needed to draw final conclusions.

Keywords

accuracy evaluation, continuous glucose monitoring, insertion sites, type I diabetes, pediatric

This article focuses on the Dexcom® G5 (Dexcom, Inc, San Diego, CA) continuous glucose monitoring (CGM) sensor, one of the most used and accurate system available on the market. This sensor is approved to be inserted only on the abdomen or gluteus area,¹ as clearly stated in the user manual.² Nonetheless, patients with diabetes, especially pediatric ones, sometimes use CGM sensor in different positions from the approved ones, for example on their arm.

A number of studies assessed the accuracy of various CGM systems,³⁻⁵ particularly on prepubertal population with type I diabetes (T1D).⁶⁻⁹ Among them, Laffel⁹ evaluated the accuracy of the CGM system considered in this article in youths. Nevertheless, no comparative analysis between sensor insertion sites has been made yet, not even in adult patients.

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In this article, the accuracy of the CGM sensor under study will be compared in relation to three different insertion sites: abdomen, gluteus and arm.

To do this, we used data available from the Pediatric Artificial Pancreas (PedArPan) project,⁶ where sensor-augmented pump (SAP) therapy was compared with the artificial pancreas (AP) in children during a camp. In this study, youths wore the sensor on buttocks and abdomen as well as on the arm, depending on their habits, thus offering the possibility to perform a comparison between the three insertion sites.

Methods

Dataset

In the PedArPan project,⁶ a total of 30 T1D children, 5 to 9 years old, completed an outpatient, closed-loop trial during a summer camp. Data, collected in the 30 pediatric subjects (19 boys and 11 girls), are reported in Del Favero et al.⁶ age, 7.6 years (SD 1.2 years); body weight, 26.0 kg (6.1 kg); height, 123 cm (8 cm); BMI, 16.9 kg/m² (2.1 kg/m²), BMI z-score, 20.1 (0.9); HbA1c, 7.3% (0.9%) (57 mmol/mol [10 mmol/mol]); duration of diabetes, 4.7 years (1.6 years); pump users for 3.3 years (1.9 years); and total daily insulin, 20.3 units (6.2 units) (0.8 units/kg per day [0.2 units/kg per day]). An average of 38.4 (SD = 11.1) self-monitoring of blood glucose (SMBG) measurements was available for each CGM session. No specific schedule for SMBG sampling was used: they were instead collected according to a protocol designed to mimic the usual clinical practice, that is, before each meal, 2 hours after the meal, before and after physical exercise, and/or to verify any hypo/hyper alarm issued by the AP or by the CGM sensor.

In this study, three days with the AP—based on a children-specific version of the modular model predictive control (MMPC) algorithm^{10,11} and running on the diabetes assistant (DiAs) wearable platform¹²—were compared with 3 days of parent-managed SAP therapy, showing feasibility and safety of the AP. Both interventions lasted 72 hours and were separated by a 24-hour washout period.

Capillary blood glucose (BG) concentration (self-monitoring of blood glucose, SMBG) was frequently measured using the Accu-Chek® Aviva Combo BG meter (Roche Diabetes Care AG, Burgdorf, Switzerland). Patients wore the Dexcom® G4 Platinum Share CGM system equipped with the software 505 (also known as G4AP, Dexcom, Inc, San Diego, CA, USA), that can be considered equivalent to Dexcom® G5 for our purposes (see the Discussion for details).

Per protocol, a sensor was inserted in the afternoon of day 0 (arrival at the camp) and kept for about 3 days, then a new sensor was inserted in the afternoon of day 4 (wash-out) and kept for other 3 days. Data from 08:00 of day 1 to 08:00 of day 4 and from 08:00 of day 5 to 08:00 of day 8 were available for the analysis.

Since no difference in sensor accuracy was found between SAP and AP,⁶ here we considered data from the two different therapies together.

In the two study sessions, patients inserted the CGM sensor in different locations according to their habit. As a result, the 60 sensor sessions (30 patients, two sessions each) were distributed as follow: 11 youth wore the sensor in the abdomen, 19 in the arm and 30 in the gluteus.

Accuracy Outcomes

SMBG measurements and CGM readings were downloaded from the devices, carefully synchronized at the beginning of the experiment. Each available SMBG measurement was matched with the CGM reading at same time.

The metrics used to assess the sensor accuracy were absolute relative difference (ARD) and absolute difference (AD), evaluated on all the available CGM-SMBG data pairs, regardless the patient in which they were collected.

We also computed the percentage of data points falling in zone A of Clarke Error Grid (CEG A), and the percentage of data matching the International Organization for Standardization (ISO) 15197:2013 15/15%, that is, the percentage of data falling within either 15 mg/dl from the SMBG measurement if the SMBG < 100 mg/dl or within 15% of SMBG if SMBG > 100 mg/dl. We considered also other ranges, specifically the 5/5%, 10/10% and 20/20% ranges.

In addition, we also evaluated the accuracy in three glycemie regions: euglycemia (70 mg/dl < SMBG ≤ 180 mg/dl), hypoglycemia (SMBG ≤ 70 mg/dl), and hyperglycemia (SMBG > 180 mg/dl).

To evaluate patient-level variability of the accuracy, for each patient we calculated the mean ARD (MARD), the median ARD (MedARD), the mean AD (MAD), and the median AD (MedAD). Then, we analyzed the distribution of these metrics on the 60 sensor sessions (30 patients, two sessions each). Similarly, for each patient we computed also the other aforementioned metrics (ISO 5/5%, 10/10%, 15/15%, 20/20% and CEG A) and analyzed their distribution on the 60 sensor sessions.

We reported both mean (SD) values and median [25th, 75th] percentile of the AD and ARD distributions, to allow a comparison with other similar works.

All the other normally distributed metrics are reported as mean (SD) values, while nonnormally distributed ones as median [25th, 75th] percentile. Normality was assessed with Lilliefors test.

Statistics

To detect a difference in the accuracy metrics among the different insertion sites a three-arm analysis of variance (ANOVA) was used. The Kruskal-Wallis test was used in place of the ANOVA, whenever one of the analyzed distributions was nonnormal.

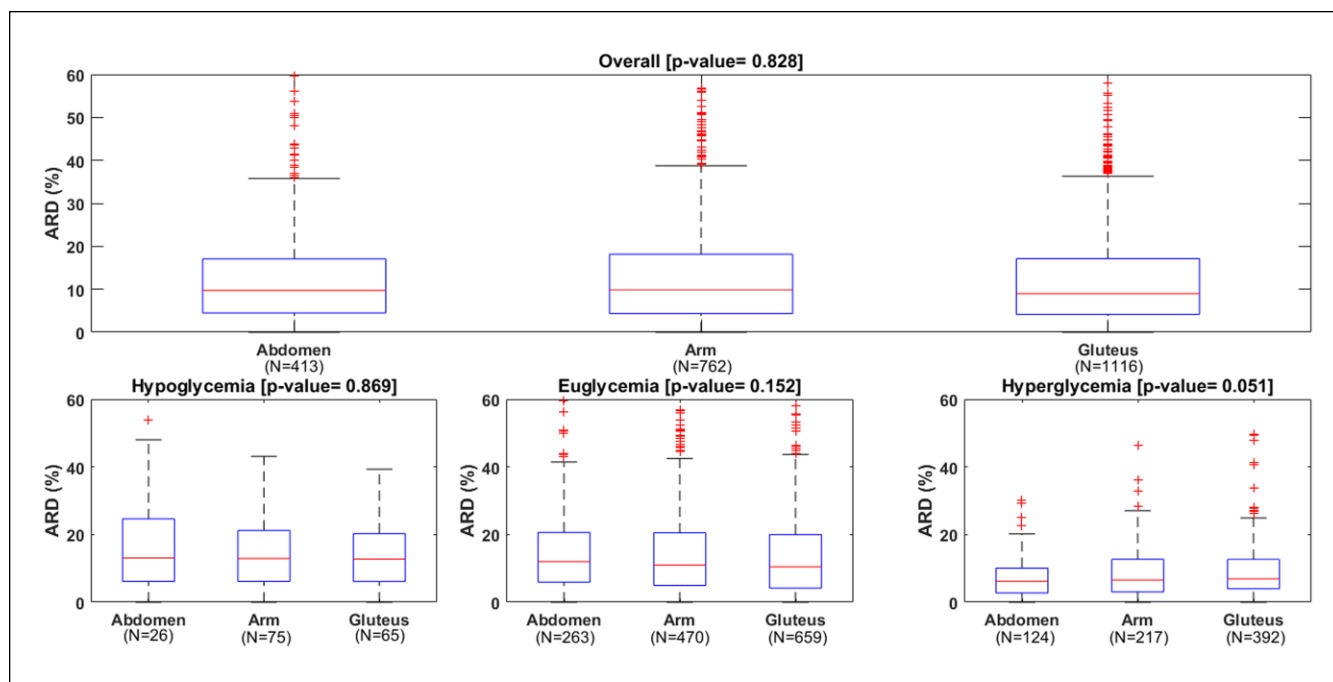


Figure 1. Distributions of absolute relative difference (ARD) of the CGM, overall (upper panel) and in each glycemic range (lower panels).

If ANOVA/Kruskal-Wallis tests detected a difference between the insertion sites, the three pair-wise comparisons (abdomen vs arm, arm vs gluteus, and abdomen vs gluteus) were performed using an unpaired *t*-test or a Wilcoxon rank sum test. A correction procedure for multiple comparisons was considered.

Results of these comparisons are presented as Δ [CI], that is, difference between two mean/median accuracy in the two wearing-positions and [confidence interval boundary at 95%] on the estimated Δ . Furthermore, the *P* values associated to the comparison are reported.

Statistical analysis was performed with Matlab R2015b software (The MathWorks, Inc, Natick, MA, USA) using the Statistics 10.1 toolbox. All *P* values were two-tailed. *P* values $<.05$ were considered statistically significant.

Results

Table 1 reports the accuracy metrics evaluated on all the available original CGM-SMBG data pairs, regardless of the patient in which they were collected.

The overall mean/median of ARD were not significantly different in the three wearing locations: 13.3/9.7% for abdomen, 13.4/9.9% for arm and 12.9/9.0% for gluteus (*P* value = .83). Likewise, the overall mean/median of AD were similar: 17.0/13.0 mg/dl for abdomen, 17.2/12.0 mg/dl for arm and 18.3/13.0 mg/dl for gluteus (*P* value = .30). The boxplots of ARD and AD distribution are reported in Figures 1 and 2 to further illustrate these findings. The number of points matching the ISO criteria were also similar among the three locations.

As detailed in Table 1, in hypo- and euglycemia the absence of statistically significant differences in ARD (*P* value = .87 and *P* value = .15, respectively) and AD (*P* value = .68 and *P* value = .37, respectively) was confirmed. On the contrary, statistical significant differences were found in the hyperglycemia: mean/median ARD was 7.3/6.2% for abdomen, 9.1/6.6% for arm and 9.5/6.9% for gluteus (*P* value = .05); mean/median AD changed from 17.7/14.0 mg/dl for abdomen, to 22.2/16.0 mg/dl for arm and to 23.4/17.0 mg/dl for gluteus (*P* value = .03). Thus, for hyperglycemia the pair-wise comparison was performed, showing no significant difference between arm versus gluteus (*P* = .86 for ARD and *P* = .78 for AD) and between arm versus abdomen (*P* = .16 for ARD and *P* = .14 for AD). The comparison of the two approved sites showed that abdomen was significantly better than gluteus: mean ARD difference was Δ ARD = -2.2% [$-4.2\%/ -0.1\%$] (*P* value = .04); mean AD difference was Δ AD = -5.8 mg/dl [-11.0 mg/dl/ -0.6 mg/dl] (*P* value = .02).

Table 2 reports the patient-level analysis. All metrics were computed for each sensor session and, then, their distribution across the 60 sessions was considered. Overall MARD and MAD were not different among wearing locations: median MARD was 11.1% for abdomen, 11.8% for arm and 11.5% for gluteus (*P* value = .99); median MAD was 16.5 mg/dl for abdomen, 15.4 mg/dl for arm and 17.1 mg/dl for gluteus (*P* value = .96). The boxplots of MARD and MAD distribution among the patients, reported in Figures 3 and 4, confirmed these findings. In the same way, overall MedARD and MedAD were not different among wearing locations: median MedARD was 10.0% for abdomen, 10.2% for arm and 8.6% for gluteus (*P* value = .85); median

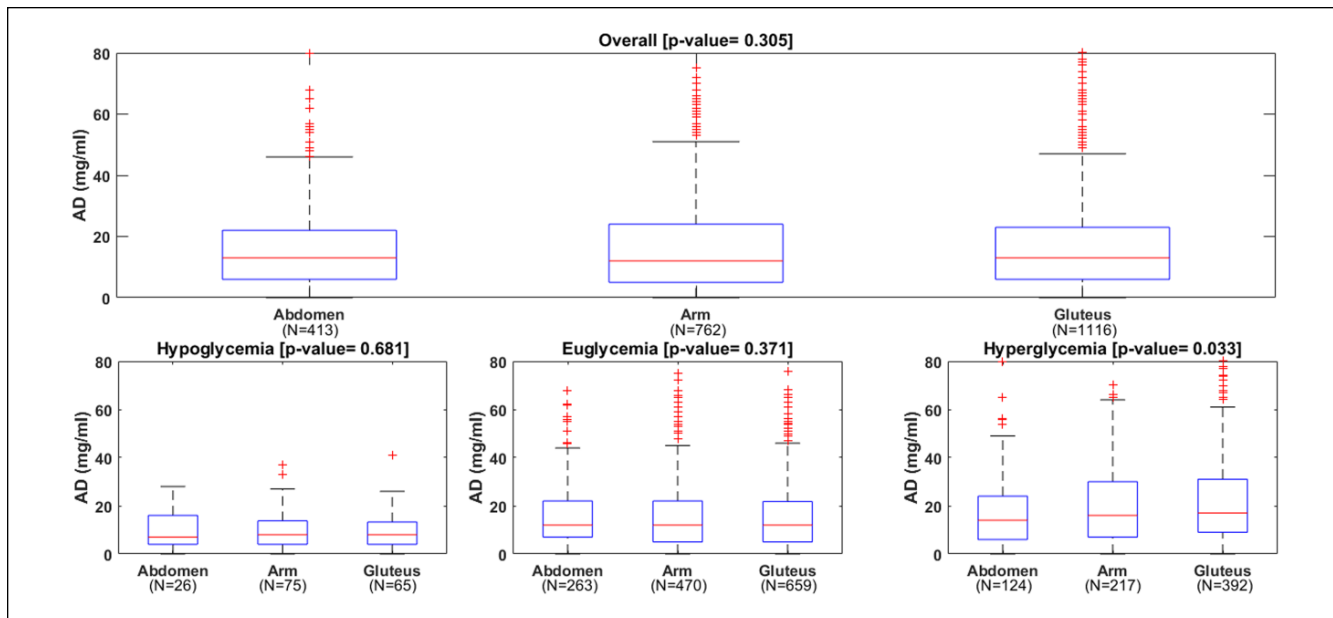


Figure 2. Distributions of absolute difference (AD) of the CGM, overall (upper panel) and in each glycemic range (lower panels).

Table 1. Accuracy Metrics Evaluated on All Available CGM-SMBG Data Pairs, Regardless of the Patient in Which They Were Collected.

							ANOVA	
	Metric	Unit	All	Abdomen	ARM	Gluteus	P value	
Overall	Matched pairs	#	2291	413	762	1116		
	ARD	Mean (SD)	%	13.1 (16.9)	13.3 (13.5)	13.4 (12.9)	12.9 (20.2)	.83
		Median [25-75] percentile	%	9.4 [4.3, 17.5]	9.7 [4.5, 17.1]	9.9 [4.3, 18.1]	9.0 [4.2, 17.1]	
	AD	Mean (SD)	mg/ml	17.7 (17.8)	17.0 (17.2)	17.2 (17.1)	18.3 (18.5)	.30
		Median [25-75] percentile	mg/ml	13.0 [6.0, 23.0]	13.0 [6.0, 22.0]	12.0 [5.0, 24.0]	13.0 [6.0, 23.0]	
		ISO 5/5%	%	30.4 (—)	28.3 (—)	32.2 (—)	30.0 (—)	
		ISO 10/10%	%	55.9 (—)	54.7 (—)	55.0 (—)	56.9 (—)	
		ISO 15/15%	%	72.5 (—)	73.4 (—)	72.6 (—)	72.0 (—)	
		ISO 20/20%	%	82.9 (—)	83.1 (—)	81.8 (—)	83.7 (—)	
		CEG A zone	%	81.2 (—)	81.1 (—)	80.2 (—)	81.9 (—)	
Hypoglycemia	Matched pairs	#	166	26	75	65		
	ARD	Mean (SD)	%	19.2 (45.1)	16.7 (14.0)	16.7 (15.4)	23.2 (69.7)	.87
		Median [25-75] percentile	%	12.9 [6.2, 21.7]	13.1 [6.2, 24.6]	12.9 [6.1, 21.2]	12.7 [6.1, 20.3]	
	AD	Mean (SD)	mg/ml	10.4 (14.6)	9.9 (7.8)	9.5 (7.6)	11.6 (21.4)	.68
		Median [25-75] percentile	mg/ml	8.0 [4.0, 14.0]	7.0 [4.0, 16.0]	8.0 [4.0, 13.7]	8.0 [4.0, 13.3]	
		ISO 5/5%	%	30.1 (—)	30.8 (—)	30.7 (—)	29.2 (—)	
		ISO 10/10%	%	62.0 (—)	53.8 (—)	61.3 (—)	66.2 (—)	
		ISO 15/15%	%	78.9 (—)	69.2 (—)	81.3 (—)	80.0 (—)	
		ISO 20/20%	%	91.0 (—)	92.3 (—)	90.7 (—)	90.8 (—)	
		CEG A zone	%	91.0 (—)	88.5 (—)	90.7 (—)	92.3 (—)	
Euglycemia	Matched pairs	#	1392	263	470	659		
	ARD	Mean (SD)	%	14.6 (13.2)	15.8 (15.0)	14.8 (13.5)	14.0 (12.2)	.15
		Median [25-75] percentile	%	11.0 [4.8, 20.2]	12.0 [5.9, 20.6]	11.0 [4.9, 20.5]	10.5 [4.2, 20.0]	
	AD	Mean (SD)	mg/ml	16.2 (15.3)	17.4 (18.5)	16.1 (14.9)	15.8 (14.2)	.37
		Median [25-75] percentile	mg/ml	12.0 [5.0, 22.0]	12.0 [7.0, 22.0]	12.0 [5.0, 22.0]	12.0 [5.0, 21.7]	
		ISO 5/5%	%	27.4 (—)	22.4 (—)	28.3 (—)	28.7 (—)	
		ISO 10/10%	%	49.1 (—)	45.6 (—)	49.6 (—)	50.1 (—)	
		ISO 15/15%	%	66.2 (—)	66.5 (—)	67.2 (—)	65.3 (—)	
		ISO 20/20%	%	77.2 (—)	76.0 (—)	76.6 (—)	78.0 (—)	
		CEG A zone	%	74.3 (—)	73.4 (—)	74.0 (—)	74.8 (—)	

(continued)

Table 1. (continued)

Metric		Unit	All	Abdomen	ARM	Gluteus	ANOVA P value	
Hyperglycemia	Matched pairs	#	733	124	217	392		
	ARD	Mean (SD)	%	9.0 (8.6)	7.3 (6.0)	9.1 (9.0)	9.5 (9.1)	.05
		Median [25-75] percentile	%	6.8 [3.4, 12.4]	6.2 [2.7, 10.1]	6.6 [3.0, 12.7]	6.9 [4.0, 12.7]	
	AD	Mean (SD)	mg/ml	22.1 (21.5)	17.7 (15.2)	22.2 (21.9)	23.4 (22.8)	.03
		Median [25-75] percentile	mg/ml	16.0 [8.0, 30.0]	14.0 [6.0, 24.0]	16.0 [7.0, 30.0]	17.0 [9.0, 31.0]	
	ISO 5/5%	%	36.3 (—)	40.3 (—)	41.0 (—)	32.4 (—)		
	ISO 10/10%	%	67.4 (—)	74.2 (—)	64.5 (—)	66.8 (—)		
	ISO 15/15%	%	82.9 (—)	88.7 (—)	81.1 (—)	82.1 (—)		
	ISO 20/20%	%	92.1 (—)	96.0 (—)	89.9 (—)	92.1 (—)		
	CEG A zone	%	92.1 (—)	96.0 (—)	89.9 (—)	92.1 (—)		

Table 2. Patient-Level Analysis: The Metrics Are Computed for Each Patient and Then the Distribution of Across the 60 Sensor Sessions (30 Patients, Two Sessions Each) Is Reported.

Metric		Unit	All	Abdomen	Arm	Gluteus	ANOVA P value
Overall	Matched pairs	#	38.2 (11.0)	37.5 (12.1)	40.1 (12.4)	37.2 (9.9)	
	MARD	%	11.5 [10.4, 15.1]	11.1 [9.6, 15.9]	11.8 [10.1, 15.4]	11.5 [10.7, 14.3]	.99
	MedARD	%	9.2 [7.4, 11.8]	10.0 [7.3, 11.9]	10.2 [6.9, 11.9]	8.6 [7.5, 11.0]	.85
	MAD	mg/ml	17.0 [13.8, 19.4]	16.5 [13.1, 20.9]	15.4 [14.5, 19.1]	17.1 [13.6, 19.3]	.96
	MedAD	mg/ml	13.0 [10.0, 15.3]	14.0 [10.0, 16.5]	11.5 [9.1, 14.0]	13.3 [11.0, 15.5]	.40
	ISO 5/5%	%	31.5 [22.6, 38.8]	26.2 [18.3, 39.4]	32.0 [23.1, 39.2]	32.7 [24.0, 36.7]	.65
	ISO 10/10%	%	57.5 [48.8, 63.5]	54.1 [47.1, 62.9]	53.8 [48.3, 66.2]	58.4 [50.0, 63.0]	.74
	ISO 15/15%	%	73.4 [66.7, 81.8]	72.0 [59.4, 84.7]	76.5 [66.7, 84.7]	73.4 [66.7, 78.3]	.93
	ISO 20/20%	%	85.2 [77.4, 91.2]	84.0 [72.7, 95.1]	85.7 [80.2, 91.4]	84.9 [77.8, 90.0]	.97
	CEG A zone	%	84.2 [74.5, 89.0]	84.0 [71.9, 94.2]	85.7 [79.5, 89.9]	84.2 [75.0, 87.5]	.91
Hypoglycemia	Matched pairs	#	3.7 (2.3)	2.9 (1.7)	5.0 (2.7)	3.1 (1.9)	
	MARD	%	14.0 [10.3, 19.3]	11.2 [7.8, 18.3]	16.5 [12.8, 19.8]	12.3 [9.0, 24.4]	.37
	MedARD	%	13.2 [7.7, 17.9]	10.9 [6.5, 18.1]	16.1 [11.1, 17.9]	9.4 [6.1, 18.9]	.38
	MAD	mg/ml	8.4 [6.4, 11.5]	7.5 [5.0, 10.9]	10.2 [7.3, 11.4]	8.0 [5.3, 16.1]	.52
	MedAD	mg/ml	7.5 [4.9, 11.0]	7.5 [4.0, 11.3]	9.0 [6.1, 10.9]	6.0 [4.0, 12.3]	.69
	ISO 5/5%	%	33.3 [0.0, 50.0]	50.0 [25.0, 75.0]	25.0 [14.3, 43.3]	20.0 [0.0, 50.0]	.33
	ISO 10/10%	%	57.1 [50.0, 80.8]	50.0 [47.5, 75.0]	50.0 [50.0, 60.0]	66.7 [25.0, 100.0]	.57
	ISO 15/15%	%	80.0 [65.0, 100.0]	66.7 [57.5, 100.0]	80.0 [71.4, 97.5]	83.3 [62.5, 100.0]	.97
	ISO 20/20%	%	90.9 (19.2)	95.6 (13.3)	89.7 (15.2)	89.7 (23.7)	.72
	CEG A zone	%	90.6 (19.7)	93.7 (13.8)	87.5 (18.3)	91.5 (23.0)	.73
Euglycemia	Matched pairs	#	23.2 (8.7)	23.9 (9.7)	24.7 (9.7)	22.0 (7.8)	
	MARD	%	13.2 [11.1, 17.7]	14.8 [10.6, 18.4]	12.6 [10.1, 16.0]	13.3 [11.6, 17.6]	.78
	MedARD	%	11.0 [7.6, 14.3]	12.7 [9.9, 15.5]	8.9 [6.5, 14.0]	10.7 [8.2, 13.8]	.32
	MAD	mg/ml	14.7 [12.7, 18.9]	15.3 [11.9, 21.0]	14.0 [12.0, 16.7]	14.7 [13.0, 18.7]	.68
	MedAD	mg/ml	11.0 [9.0, 15.0]	13.0 [9.9, 17.2]	10.0 [8.0, 13.7]	11.0 [10.0, 15.5]	.25
	ISO 5/5%	%	27.8 [16.7, 37.3]	19.0 [14.2, 31.0]	23.5 [16.6, 42.0]	29.0 [23.3, 35.0]	.44
	ISO 10/10%	%	50.8 [37.7, 61.6]	42.9 [34.4, 62.1]	54.5 [37.8, 65.9]	51.7 [38.9, 57.1]	.50
	ISO 15/15%	%	68.2 [55.6, 78.0]	69.0 [53.9, 77.8]	74.2 [63.3, 81.8]	64.6 [54.2, 74.1]	.31
	ISO 20/20%	%	80.9 [66.7, 88.2]	82.8 [62.8, 96.0]	83.3 [74.3, 88.1]	79.1 [66.7, 87.0]	.77
	CEG A zone	%	75.3 [65.5, 85.2]	75.9 [62.1, 91.0]	81.8 [73.3, 86.4]	74.3 [65.4, 84.4]	.66
Hyperglycemia	Matched pairs	#	12.2 (8.0)	11.3 (8.5)	11.4 (7.5)	13.1 (8.4)	
	MARD	%	8.2 [6.4, 9.9]	7.4 [5.0, 9.6]	8.4 [6.6, 11.6]	8.2 [7.3, 9.5]	.42
	MedARD	%	7.0 [5.4, 9.1]	6.0 [5.0, 9.1]	8.6 [5.0, 9.8]	6.6 [5.5, 7.9]	.23
	MAD	mg/ml	19.5 [16.0, 24.9]	18.2 [10.6, 23.1]	21.2 [16.5, 28.5]	19.4 [16.5, 24.4]	.44
	MedAD	mg/ml	17.0 [11.5, 21.0]	13.5 [11.0, 18.7]	21.0 [13.5, 24.0]	17.0 [11.5, 18.0]	.13
	ISO 5/5%	%	35.0 [23.8, 50.0]	42.9 [22.8, 50.0]	33.3 [26.3, 56.7]	34.3 [23.5, 48.7]	.82
	ISO 10/10%	%	68.3 [56.9, 81.5]	75.0 [57.5, 85.7]	61.5 [50.0, 82.5]	70.6 [60.0, 76.2]	.35
	ISO 15/15%	%	83.3 [79.3, 100.0]	90.9 [80.0, 100.0]	83.3 [71.7, 96.1]	82.8 [80.0, 100.0]	.70
	ISO 20/20%	%	92.1 (12.5)	94.2 (8.9)	88.8 (17.0)	93.5 (10.1)	.37
	CEG A zone	%	92.1 (12.5)	94.2 (8.9)	88.8 (17.0)	93.5 (10.1)	.37

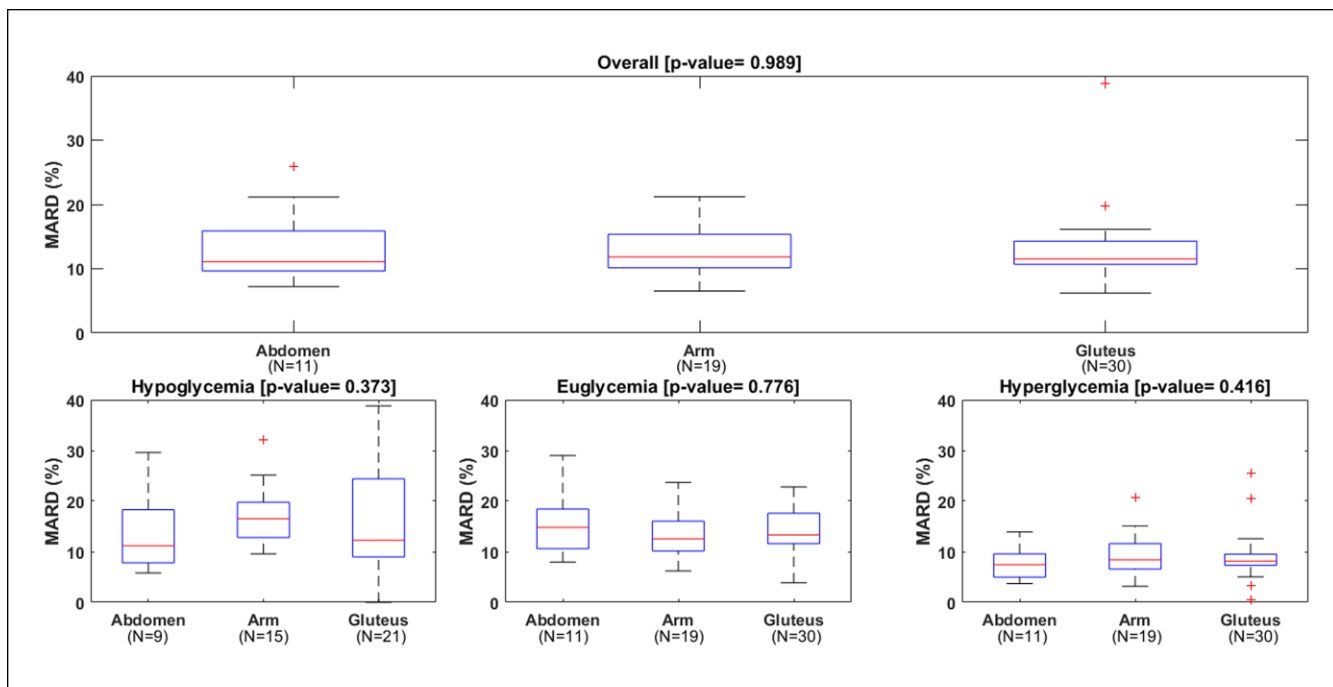


Figure 3. Distributions of mean absolute relative difference (MARD) of the CGM, overall (upper panel) and in each glycemic range (lower panels).

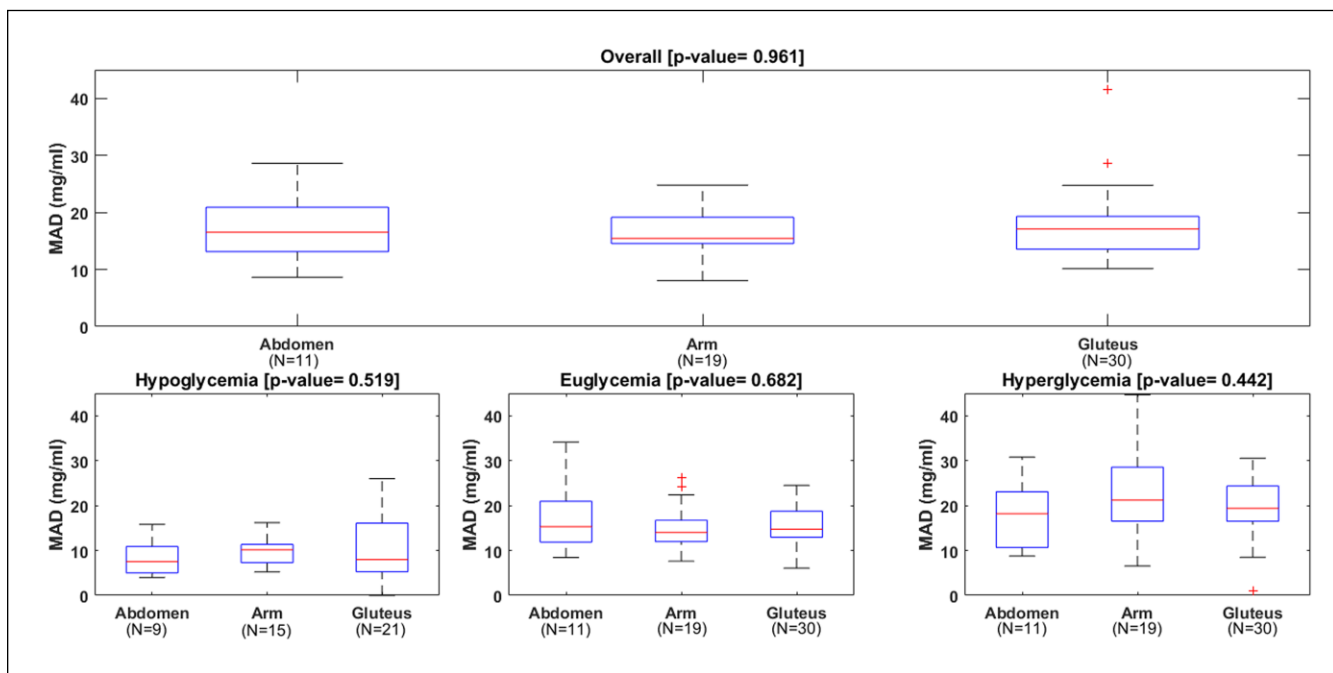


Figure 4. Distributions of mean absolute difference (MAD) of the CGM, overall (upper panel) and in each glycemic range (lower panels).

MedAD was 14.0 mg/dl for abdomen, 11.5 mg/dl for arm and 13.3 mg/dl for gluteus (P value = .40). The number of points matching the ISO criteria was also similar in the three locations.

No statistically significant differences in median MARD, median MAD, median MedARD, and median MedAD were also found for the three glycemic ranges.

Discussion

A clinically relevant question is whether or not wearing a CGM sensor on the arm ensures comparable accuracy with respect to other insertion sites. In fact, although the sensor considered in this paper was approved only to be inserted in

the abdomen or in the gluteus, it is sometimes used on the arm. To the best of our knowledge, this study is the first attempt to investigate this question.

CGM data were collected using the Dexcom® G4 with software 505 that can be considered equivalent to Dexcom® G5 for the purpose of this paper: sensing and signal processing technologies are identical in the two sensor models, while they only differ from data transmission hardware (the first requires an ad hoc receiver, while the latter allows direct data transmission and processing on patient's smartphone).

Overall, no statistically significant difference was found for the three wearing locations. Similarly, no difference was found in hypo- or euglycemia, while statistical difference was found in the hyperglycemic range between the two approved sites, in particular sensors placed in the abdomen performed better than those on gluteus.

Our findings in terms of sensor accuracy are in good agreement with those of Laffel,⁹ the only other available work assessing accuracy of the sensor considered here in pediatric subjects with T1D. Their mean/median ARD were found 13/10% when CGM was compared against SMBG and CEG A was 83%; similarly, here, mean/median ARD were 13.1/9.4% and CEG A was 81.2%.

It should be noted that Laffel⁹ assessed the CGM object of the study, by evaluating its accuracy against both Yellow Springs Instruments (YSI) (YSI BG analyzer; Yellow Springs, OH) and SMBG collected with Bayer [Whippany, NJ] Contour™ Next USB BG meter.

As expected, the evaluation of CGM against SMBG leads to slightly larger MAD and MARD with respect to CGM against YSI, about 30% more in the first case since the uncertainty in the CGM measurement “adds-up” with the uncertainty of the SMBG measurement. Therefore, when comparing our findings with those of Laffel,⁹ it is important to refer to their CGM versus SMBG comparison.

Another difference with the analysis of Laffel⁹ is the definition of the glycemic regions: Laffel defined five glycemic regions based on the CGM values (ie, $40 \text{ mg/dl} \leq \text{CGM} \leq 60 \text{ mg/dl}$, $60 \text{ mg/dl} < \text{CGM} \leq 80 \text{ mg/dl}$, $80 \text{ mg/dl} < \text{CGM} \leq 180 \text{ mg/dl}$, $\text{CGM} > 180 \text{ mg/dl}$ and $\text{CGM} > 250 \text{ mg/dl}$), while here we resorted to a more common segmentation in three glycemic regions based on the SMBG value: $\text{SMBG} \leq 70 \text{ mg/dl}$, $70 \text{ mg/dl} < \text{SMBG} \leq 180 \text{ mg/dl}$, $\text{SMBG} > 180 \text{ mg/dl}$.

This report suffers of a number of limitations, including the lack of randomization, the relative small sample size, the different number of patient using the sensor in the three insertion sites.

Furthermore, the accuracy was evaluated against SMBG instead of YSI. Nonetheless, this issue affects all the arms equally, so that its impact on the conclusions is expected to be limited.

Finally, the small sample size does not allow us to reliably perform other subanalysis of potential interest, for example with respect to day of sensor wear time or day- vs night-time. This interesting investigation should be performed on larger datasets collected using protocols specifically designed to analyze CGM accuracy.

Conclusion

The sensor object of the present work, when placed on the arm exhibits an accuracy that is not statistically significantly different from the accuracy in the two approved insertion sites (abdomen and gluteus). Larger, randomized trials are needed to draw final conclusions.

Abbreviations

AD, absolute difference; ANOVA, analysis of variance; AP, artificial pancreas; ARD, absolute relative difference; BG, blood glucose; CEG A, zone A of Clarke error grid; CGM, continuous glucose monitoring; DiAs, diabetes assistant; ISO, International Organization for Standardization; MAD, mean absolute difference; MARD, mean absolute relative difference; MedAD, median absolute difference; MedARD, median absolute relative difference; MMPC, modular model predictive control; SAP, sensor-augmented pump; SMBG, self-monitoring of blood glucose; T1D, type 1 diabetes; YSI, Yellow Springs Instruments.

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Declaration of Conflicting Interests

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