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Role of Three-Dimensional Architecture of Scar and Surviving Tissue in Ventricular Tachycardia: Insights from High-Resolution *Ex Vivo* Porcine Models

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Abstract

Background—An improved knowledge of the spatial organization of infarct structure and its contribution to ventricular tachycardia (VT) is important for designing optimal treatments. This study explores the relationship between the three-dimensional (3D) structure of the healed infarct and the VT reentrant pathways in high-resolution models of infarcted porcine hearts.

Methods—Structurally-detailed models of infarcted ventricles were reconstructed from *ex vivo* late gadolinium enhancement and diffusion tensor MRI data of eight chronically infarcted porcine hearts at submillimeter resolution ($0.25 \times 0.25 \times 0.5 \text{ mm}^3$). To characterize the 3D structure of surviving tissue in the zone of infarct, a novel scar-mapped thickness metric was introduced. Further, using the ventricular models, electrophysiological simulations were conducted to determine and analyze the 3D VT pathways that were established in each of the complex infarct morphologies.

Results—The scar-mapped thickness metric revealed the heterogeneous organization of infarct and enabled us to systematically characterize the distribution of surviving tissue thickness in eight hearts. Simulation results demonstrated the involvement of a sub-endocardial tissue layer of varying thickness in the majority of VT pathways. Importantly, they revealed that VT pathways are most frequently established within thin surviving tissue structures of thickness $\sim 2.2 \text{ mm}$ (90th percentile) surrounding the scar.

Conclusions—The combination of high-resolution imaging data and ventricular simulations revealed the 3D distribution of surviving tissue surrounding the scar and demonstrated its involvement in VT pathways. The new knowledge obtained in this study contributes toward a better understanding of infarct-related VT.

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Keywords

ventricular tachycardia; arrhythmia (mechanisms); myocardial infarction; late gadolinium enhancement; computer simulations

Journal Subject Terms

Arrhythmias; Electrophysiology; Myocardial Infarction; Mechanisms; Magnetic Resonance Imaging (MRI)

Introduction

Ventricular tachycardia (VT) is a life-threatening rapid heart rhythm disorder that frequently occurs in the presence of myocardial infarction (MI)¹. Structural and electrophysiological (EP) remodeling associated with the infarct causes conduction irregularities that can lead to the formation of reentrant circuits in the heart^{2,3}. Reentry has been identified as a major mechanism underlying VT associated with healed or healing MI in the human⁴. The formation of reentrant circuits associated with MI is a complex phenomenon that depends on factors ranging from the cellular scale to the whole heart³. Of particular importance is the spatial distribution of the scar and the surviving tissue in the zone of infarct because the mixture of the two tissues can form complex tortuous pathways for electrical activation⁵⁻¹⁰. Accurate characterization of the tissue architecture within the zone of infarct is therefore essential for the complete understanding of the mechanisms of infarct-related reentrant arrhythmias.

The current gold-standard for non-invasive imaging of MI in patients is clinical late gadolinium enhancement (LGE) MRI.¹¹ MI signal intensity information from LGE-MRI has been correlated with endocardial voltage maps^{12,13}. It has also been used to identify conducting channels^{14,15} and critical isthmus sites of VT in the infarct¹⁶⁻¹⁸. Moreover, MI signal intensity characteristics in LGE-MRI has been demonstrated to be a strong predictor for global susceptibility to arrhythmia and post-infarction mortality¹⁹⁻²¹. Despite the utility of clinical LGE-MRI in identifying potential substrates for VT and assessing risk for arrhythmias, its limited spatial resolution in human imaging hinders the accurate characterization of the underlying 3D structure and conductive pathways in the zone of infarct involved in VT.

Ex vivo imaging of large animal and human hearts allows data acquisition at high spatial resolution and image quality, which is otherwise impossible to achieve in a beating heart. *Ex vivo* MRI data has been used in many studies to characterize the structure of the human and large animal hearts under normal²² and disease^{23,24} conditions. It has also enabled construction of individualized computational models of such hearts to explore arrhythmia mechanisms²⁵⁻²⁸. A comprehensive investigation of the role of infarct structure on arrhythmias at the whole heart level requires, however, computational models that capture the complex geometry of the infarct; therefore, the images must resolve the intricate features of the scar at a resolution higher than previously achieved, such as sub-millimeter resolution.

Such models could provide new insights on the VT mechanisms and lead to an improved interpretation of clinical recordings of electrical activity in the zone of infarct.

The two primary goals of the current study are: 1) to use high-resolution (sub-millimeter) whole heart *ex vivo* MRI data to characterize the 3D structure of the surviving myocardium within the zone of infarct, and 2) to employ whole ventricular modeling to investigate the VT pathways emerging from the complex architecture of 3D scar and surviving tissue surrounding it. An improved knowledge of the spatial organization of the infarct in high resolution and its contribution to arrhythmia is important for designing optimal treatments for VT.

Methods

The data, analytic methods, and study materials will be made available to other researchers for purposes of reproducing the results or replicating the procedure.

Late gadolinium enhancement and diffusion tensor (DT) MRI data acquisition

The ventricular data used here was acquired in a previous study using high-resolution *ex vivo* LGE and DT-MRI techniques in 8 chronically infarcted porcine hearts with anteroseptal infarction (MI age: 6.9 ± 2.9 months)²⁴, in accordance with the Johns Hopkins University Institutional Animal Care and Use Committee (IACUC). One LGE imaging provided detailed information about ventricular and infarct geometries. Images were obtained using a T1-weighted gradient echo sequence with the following scan parameters: acquired resolution $0.25 \times 0.25 \times 0.50$ mm³, reconstructed voxel size: $0.25 \times 0.25 \times 0.25$ mm³, echo time (TE) = 2.3 ms, repetition time (TR) = 12 ms, flip-angle = 15°, scan duration: 1 hour (see Supplementary Material for a description of specimen preparation prior to *ex vivo* imaging). The DT-MRI acquisition in the same hearts provided data on the subject-specific fiber orientation; it was performed using a customized 3D spin echo sequence²². The acquired and reconstructed voxel dimensions for the diffusion images were $0.6 \times 0.6 \times 1.2$ mm³, and 0.4 mm³ respectively, and the total scan duration was ~ 42 hours per heart. The primary eigenvectors of the diffusion tensors were calculated to determine the local orientation of the myofibers. Detailed methodology, including data acquisition and sample preparation can be found in previous publications^{22,24}.

Ventricular model construction

We used the acquired *ex vivo* data, as described above, to construct, for the first time, detailed models of the intact large animal ventricles with infarction, with image-based fiber orientation and detailed scar geometry obtained at a voxel size of 0.03125 mm³ (~ 400 times smaller than that of clinical MRI). First, the left and right ventricles were segmented using an intensity-based thresholding of the LGE images to suppress the dark background. Then, an Otsu thresholding (n=2 regions) followed by a level-set segmentation algorithm was applied to separate heart tissue into regions of (enhanced) scar and (non-enhanced) myocardium (Figure 1A, left panel). The epicardial fat tissue and other image artifacts were removed from the segmentations using manual contouring and intensity-based thresholding. Further, a 3D finite-element mesh with tetrahedral elements was constructed for each heart

from the segmented myocardial images using ScanIP software (Simpleware Ltd, United Kingdom). This process yielded volumetric meshes with locally adaptive spatial resolution to accurately preserve the fine details of the scar boundary (Figure 1A). A typical generated mesh had ~ 4 million nodes and ~ 20 million tetrahedral elements with an average edge length of ~350 μm . Fiber orientation was mapped onto each ventricular mesh from the corresponding DTMRI dataset²⁴.

Cardiac electrophysiology simulation and in-silico VT induction

The constructed models were employed in whole-heart arrhythmia simulations to study, in high resolution, the reentrant pathways and their relation to the detailed infarct structure. Electrical wave propagation was modeled by the monodomain formulation, and the simulations were performed using the software package CARP (CardioSolv LLC) on a parallel computing platform; numerical details of the finite-element simulations have been described in previous publications^{29–31}. Myocyte membrane kinetics were represented by the Luo-Rudy dynamic model³², a generic mammalian membrane model used in numerous studies of arrhythmia. Given the medium-to-low complexity of the LRd model, it is a reasonable trade-off in large-scale models such as the whole porcine heart. Scar tissue was modeled as an electrical insulator by removing the scar internal nodes from the mesh in the simulations. Additional details on the infarct modeling methodology are presented in the Supplementary Material. Monomorphic VTs were induced in all the hearts using a clinical S1-S2-S3 programmed electrical stimulation protocol³¹ that was applied from 27 pacing sites selected on the basis of a modified AHA segment designation in each heart (Figure 1B, see also Figure S1 in the Supplementary Materials). The large number of pacing locations (relative to a clinical protocol) ensures that we can capture a wide range of possible VT morphologies that could arise from a given infarct morphology, therefore fully exploring the relationship between VT pathways and infarct structure. Finally, pseudo-ECG waveforms were calculated for each VT episode from the difference of the extracellular potentials of two virtual electrodes each positioned 5 cm away from the left and the right base of the heart.

Quantification of the thickness of surviving tissue surrounding the scar

In all hearts, the infarcted sections of the wall were composed of a spatially complex interdigitation of (enhanced) scar and (non-enhanced) surviving tissue surrounding the scar. To characterize the structure of the surviving tissue surrounding the scar, we defined a novel *scar-mapped local thickness* (SMLT) metric. This metric was calculated for each point on the 3D surface of the scar as described below.

At each point on the 3D scar surface, a line was extended in the direction normal to the surface (Figure 1C, middle panel) until it intersected with another surface, either that of scar, or epi- or endocardium. The thickness metric was defined as the minimum of l and $2d_{\text{max}}$, where l is the length of the normal line (shown in red) and d_{max} is the largest distance to the closest surface calculated at each tissue point along the red normal line. Finding d_{max} was needed to account for cases where the normal line is oblique to the surface it intersects, as l would overestimate the thickness (see also Supplementary Figure S2). Next, the 3D scar surface was color-coded at each point with the local value of the thickness metric (Figure

1C, right panel). As illustrated in the figure, the thickness of the surviving myocardium increases towards the edges of the scar (red color in the map). Such maps provide an efficient and systematic way to characterize the local thickness of the myocardium surrounding the patches of scar that would otherwise be difficult to detect and visualize due to the complex architecture. Additional detail on the calculation of the SMLT metric is presented in Supplementary Materials.

Analysis of reentry pathways

The sustained VTs (defined as lasting for at least 2 seconds after the last pacing stimulus) were analyzed to obtain information on VT morphology and cycle length (CL). To identify the 3D morphology of each VT pathway, we connected seed points along the fastest part of the 3D route of each VT as it completes one cycle, thus reducing the reentry, for analysis, to a simplified continuous “string” loop within the 3D ventricle. Within the confines of each loop there is only un-excited tissue, either scar, or excitable tissue in which propagation fails. The reentry path length is defined as the length of this string loop. Next, to characterize the local thickness of the tissue that contributes to reentry, each point along the pathway was assigned the SMLT metric value from the closest scar surface point. To do so, the points along each 3D pathway were first interpolated to obtain a consistent 100 μm distance between them. This enabled us to obtain a distribution of the surviving tissue thickness values along the reentry pathway.

Results

Characterization of surviving tissue surrounding the scar

All the hearts had anteroseptal infarcts with significant wall thinning at each region of infarct. One of the hearts exhibited an additional enhanced area in the lateral wall due to a second infarction (Heart 8). The extent of the infarct across the wall was variable but the scar was preferentially localized in the sub-endocardial half of the wall²⁴. Regions of non-enhanced (viable) tissue interdigitated with scar patches were frequently observed, either adjacent to the scar sub-endocardially or sub-epicardially, or located intramurally traversing the scar. Three representative examples of viable tissue distribution are presented in Figure 2, as delineated in short-axis slices of high-resolution LGE-MRI. In Figure 2A, there is a thin layer of sub-endocardial surviving tissue of varying thickness. In Figure 2B, surviving tissue at the midwall provides a conductive pathway through the distributed scar. In Figure 2C, a region of viable myocardium is observed adjacent to the scar at the sub-epicardium, with a gradual decrease in its thickness from right to left.

Figure 3A presents the SMLT metric in all 8 hearts. These maps demonstrate the complex 3D anatomy of the scar with the color-coding revealing the spatial organization and the extent of surviving tissue surrounding scar patches. The lighter blue and green areas of the map indicate the presence of surviving tissue with thickness range of 0.5-3.0 mm overlaying the scar, while the darker blue regions represent thinner tissues (<0.5 mm) or indicate the absence of viable tissue on the endocardial or epicardial surfaces of the scar (i.e. if the scar extends all the way to the surface). As illustrated by these maps, the surviving tissue surrounding the scar has a complex spatial organization with variable thickness.

Further, the SMLT metric values were aggregated over the scar surface of each heart; figure 3B presents the normalized cumulative histograms in the individual hearts as well as pooled data from all the hearts. These histograms illustrate the frequency of occurrence of surviving tissue with different thickness values at the zone of infarct. The median and [25th,75th] percentile values of the pooled thickness distribution were 1.1 mm and [0.6,2.1] mm, respectively.

VTs induced in ventricular models

In all the heart models, pacing-induced propagation through the infarct zones was heterogeneous, as illustrated by the complex isochrones in two of the heart models in Figure S3, Supplementary Materials. From a total of 216 attempts to induce reentry following the pacing protocol, 72 attempts led to sustained monomorphic VTs. Among those, 23 unique VT morphologies were identified (equivalent to 2.9 ± 1.8 morphologies per heart). The average VT CL was 190 ± 59 ms. This value is consistent with that of experimentally recorded VTs in porcine hearts³³ (average values match within $\pm 5\%$). Eleven out of the 23 VT morphologies were induced from more than one pacing location. Detailed characteristics of the VTs are provided in Supplementary Table S1.

Figures 4-6 present three examples of infarct-related VTs. Figure 4 illustrates a sub-endocardial VT in heart 6 (CL = 145 ms, see Supplementary Movie S1). The infarct spans the septum and the anterior wall (Figure 4A,B). The VT is depicted at different time points using transmembrane voltage maps (Figure 4C-E); the pseudo-ECG shows sustained VT following pacing (Figure 4F). As the voltage maps demonstrate, the reentrant circuit is primarily located on the endocardial side of the scar. The SMLT map in Figure 4B reveals the heterogeneity in the thickness of the surviving sub-endocardial tissue that creates tortuous pathways for the activation during reentry.

Figure 5 presents a sub-epicardial reentry in heart 5 (CL = 230 ms, see Supplementary Movie S2). In this case, the reentry encompasses propagation through a tube-like structure of viable tissue that runs inside the infarct sub-epicardially. The channel has an irregular zig-zag shape with total length of about 30 mm (Figure 5D). The total activation time inside the channel is ~ 120 ms. This channel contributed to one sustained VT (Figure 5E) and 8 unsustained reentries induced from multiple pacing sites.

In addition to the VT circuits in which the reentry pathway is contained within the tissue on one side of the scar (either sub-epicardially or sub-endocardially), as demonstrated in the previous figures, some VTs involved propagation that traversed the scar transmurally and made breakthroughs at the epicardial or endocardial surface. An example of such reentry is presented in Figure 6A (CL = 240 ms, see Supplementary Movie S3). The activation wavefront travels transmurally through a region of surviving tissue in the infarct zone (green in Figure 6B) and makes a breakthrough on the epicardium. This reentry morphology was inducible from 11 pacing locations in this heart. Another example of a transmural VT with breakthroughs both on endo- and epicardium is presented as Supplementary Figure S3.

As presented in Supplementary Tables S1, the majority of the VT pathways were completely or partially sub-endocardial (52% and 78% respectively), while 26% of the simulated VTs

traversed the scar transmurally with breakthroughs at the epicardium and the endocardium. Finally, 22% of the pathways were located entirely at the epicardial side of the scar.

Characterization of VT pathways and the contributing surviving tissue

The average path length for the 23 VT morphologies was 53 ± 14 mm. Figures 7A and 7C present all the VT pathways in hearts 5 and 6. For each heart, the corresponding distribution of the SMLT metric is presented in Figures 7B and 7D. In these plots, the blue histograms represent the frequencies of occurrence of a given thickness value over the entire 3D scar surface in each heart, while the red histograms represent these frequencies for the subset of points belonging to VT pathways.

Further, in Figure 7E, aggregated normalized and cumulative histograms of SMLT are presented for all the 23 VTs in the eight hearts in the study (red). Similarly, in the same figure, SMLT histograms for the entire 3D scar surface in all hearts is plotted in blue. Despite similarities in the shape of the distributions, the red histogram is preferentially localized toward smaller tissue thickness. As the figure demonstrates, a major portion of the VT pathways (90%) is through viable tissue of thickness less than 2.2 mm. The median and the [25th, 75th] percentile values of the distribution were 0.94 mm and [0.6, 1.3] mm respectively, with approximately 7% of the pathways points located in regions with thickness equal or less than 0.25 mm.

Discussion

The goal of this study was to explore the relationship between the complex 3D structure of the healed infarct and the 3D VT pathways in high-resolution models of infarcted porcine hearts. To do so, structurally-detailed models of infarcted ventricles were reconstructed from previously acquired²⁴ *ex vivo* LGE and DT MRI data of eight chronically infarcted porcine hearts at a voxel size more than 400-fold smaller than clinical LGE-MRI. A scar-mapped metric, SMLT, was defined that provided a novel means to quantify the structure of the surviving tissue surrounding the scar. This method revealed the heterogeneous spatial organization of surviving tissue within the infarct, and enabled us to systematically characterize the thickness distribution of surviving tissue in the infarct volumes of eight hearts. Constructing high-resolution ventricular models from the imaging data, we were able to simulate and analyze the VT pathways that are established for each of the complex infarct morphologies. The results demonstrated that the VT pathways are established through surviving tissues (whether channels or layers) with varying thickness. It also showed the involvement of sub-endocardial tissue in 78% of VT pathways. Importantly, the analysis revealed that VT pathways are preferentially established within surviving tissue structures of thickness of 0.25 to 1.75 mm, with the majority of the pathway portions traversing thin tissues of < 2.2 mm (90th percentile) surrounding the scar.

Identification and characterization of viable tissue surrounding the scar

A major contribution of this study is the characterization of the 3D architecture of viable myocardium surrounding the scar in intact hearts. The presence of surviving myocardial fibers in the healed infarct has been previously shown by means of sectioning the heart^{5,34}.

In agreement with these studies, we found complex regions of viable tissue embedded in the infarct; these regions surrounded the scar at the sub-endocardium or sub-epicardium and/or penetrated the scar intramurally. Efficient visualization and quantification of the thickness of such surviving regions is challenging due to their irregular 3D shape. The novel SMLT maps introduced here provide a systematic way to identify and characterize the dimension of these structures. Using the thickness maps, we identified diverse morphologies of viable tissue surrounding the scar including: tube-like channels within sub-epicardial layer, small regions of viable tissue inside the scar connecting the endo- and epicardium and sheets of surviving myocardium at the sub-epicardium or sub-endocardium with varying thickness throughout the infarct. Aggregation of the SMLT values over the surface of all scar patches in each heart and in all hearts combined allowed us to construct, for the first time, distribution plots that revealed the frequency which each surviving-tissue thickness value occurs in these infarcts.

The link between viable tissue structure surrounding the scar and VT pathways

Previous experimental studies have suggested that the viable myocardium surrounding the scar plays a role in ventricular arrhythmias^{33,34}. However, in those studies, VTs were mapped at low resolution and mapping was limited to the endocardial and/or epicardial surfaces, thus the 3D patterns of the VTs within the 3D infarct structure could not be explored. In this study, using image-based simulations, we examined and visualized VT morphologies in three dimensions and correlated the VT pathways to the 3D surviving tissue structure in high resolution. The aggregated histograms for the thickness of the surviving tissue constructed using the SMLT metric, one representing the total amount of surviving tissue surrounding the scar (Figure 7E, blue), and the other representing only surviving tissue part of the VT pathways (Figure 7E, red), show important differences. The red histogram is preferentially located toward smaller thickness (90th percentile of 2.2 mm for the red vs. 90th percentile of 4.5 mm for the blue) suggesting that thinner surviving tissues, whether channels or layers, are more likely to participate in VT pathways. Examining the results of our simulations demonstrated that conduction block was more likely to occur at the exit of thinner tissue layers and channels, where source/sink mismatch is most likely to occur, and hence the subsequent reentries formed after propagation traversed the site of original block. Such behavior is consistent with previous experimental results³⁵.

This study also found that the majority (78%) of the VT pathways were (partially or fully) contained in the sub-endocardial tissue. Such surviving tissue, likely the result of the diffusion of oxygen from the ventricular cavity, has been previously found to provide conducting pathways for reentry^{36,37}. Our simulation results showed that the VT pathways could be established primarily contained within the endocardial side of the scar, i.e. the layer of sub-endocardial tissue surrounding the scar. We further demonstrated that the heterogeneous thickness of the sub-endocardial layer (as revealed by SMLT maps) could create regional heterogeneity in the wave propagation velocity both under pacing activation (Figure S3 in Supplementary Materials) and during arrhythmia (Figure 4). This provides additional evidence on the importance of the role of local complex infarct structure on the activation properties and propensity for arrhythmia^{38,39}.

Implications for clinical MRI and VT substrate detection

The findings from this study could help bridge the gap between the structure and VT pathways at the sub-millimeter scale, and the corresponding clinical-MRI and clinical-resolution VT recordings. The SMLT histograms here demonstrate the presence of a significant amount of thin surviving tissue structures surrounding the scar that are otherwise considered “sub-voxel” in a lower resolution clinical LGE-MRI. For example, more than 70% of the viable tissue surrounding the scar had thickness of less than 2 mm – such structures would not be directly resolved by imaging with the larger voxel dimensions used in clinical MRI. Importantly, VT pathways were preferentially localized within such structures, suggesting that clinical LGE-MRI techniques needs to achieve resolution significantly higher than 2 mm to accurately resolve surviving tissue in the zone of infarct that is part of the VT pathways.

Furthermore, simulations constructed from clinical imaging data are being used to stratify myocardial infarction patients for risk of sudden cardiac death³¹ and to potentially guide ablation procedures⁴⁰. The high-resolution models reconstructed from *ex vivo* data could help further investigate the effect of image resolution on the VT pathways in patient-specific models. This can be done, for example, by retrospective down-sampling the high-resolution images to lower resolution images and simulate and compare VTs in the models constructed at different resolutions²⁷. Such analysis could therefore provide a means to improve the accuracy of the patient-specific models from clinical MRI for the prediction of VT pathways.

Current clinical electrophysiology (EP) practice frequently aims to identify “channels” in the scar, with the notion that terminating propagation through those by ablating tissue will interrupt VT^{41–45}. This study showed that the critical parts of VT reentrant circuit (i.e. the VT pathways, as identified here) do not involve all surviving tissue; rather VT pathways are established mostly through surviving tissues of preferential thickness. Thus, as the results obtained here suggest, even if channels are identified through the scar on the endocardial surface during a clinical EP procedure, these may be passive conduits of propagation during VT rather than critical pathways, and thus not appropriate targets for ablation. Further research will be needed to establish improved strategies for detecting critical VT substrates in cardiac ablation therapy.

Conclusions

In this study, we used a combination of high-resolution ($0.25 \times 0.25 \times 0.5 \text{ mm}^3$) imaging data and ventricular simulations to systematically and non-destructively characterize the 3D structure of viable tissue in the zone of infarct and explore its role in VT maintenance. Our results from eight hearts revealed the presence of complex surviving tissue with a thickness of primarily less than 2 mm in the zone of infarct that provided conducting pathways for VTs. The new knowledge obtained in this study contributes toward a better understanding of infarct-related VTs, and could help toward an improved identification of VT substrates.

Study limitations

The reperfused infarction in porcine, the scans of which were used for model construction, represents the clinical setting in which a coronary occlusion is followed by revascularization, therefore it may not represent accurately the surviving tissue distribution in the zone of infarct in the human population.

In addition, the spatial resolution of the imaging did not allow for accurately resolving viable tissues structures with dimension of less than 0.25 mm. Despite that, our results showed that majority of VT pathways were located within surviving tissue of thickness that was above 0.25 mm. Indeed only 7% of the length of the VT pathways was through surviving tissue of thickness equal or less than 0.25 mm. Finally, the Purkinje system is not represented as it cannot be reconstructed from the *ex vivo* scans – currently the MRI resolution/contrast does not allow imaging such structures. Future studies are needed to explore the additional role that such system may play in infarct-related VTs.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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WHAT IS KNOWN

- Surviving myocardium in the zone of infarct plays an important role in infarct-related ventricular tachycardias (VT) by providing conduction pathways for reentry.
- Knowledge of the spatial organization of scar and surviving tissue and its contribution to infarct-related VT is paramount to designing optimal treatments for VT.

WHAT THE STUDY ADDS

- Using *ex vivo* high-resolution (sub-millimeter) LGE-MRI scans and a new scar-mapped local thickness metric, the study revealed the complex distribution of surviving tissue within the infarct in porcine hearts, and provided systematic quantification of the thickness of surviving tissue in these hearts in a non-destructive way.
- Simulations with the high-resolution models reconstructed from the MRI scans demonstrated that 3D VT pathways were established through surviving tissues (whether channels or layers) with varying thickness, with the involvement of sub-endocardial tissue in the majority of the VTs. The VT pathways were preferentially localized within surviving tissue structures with smaller thickness (90th percentile of <2.2 mm)

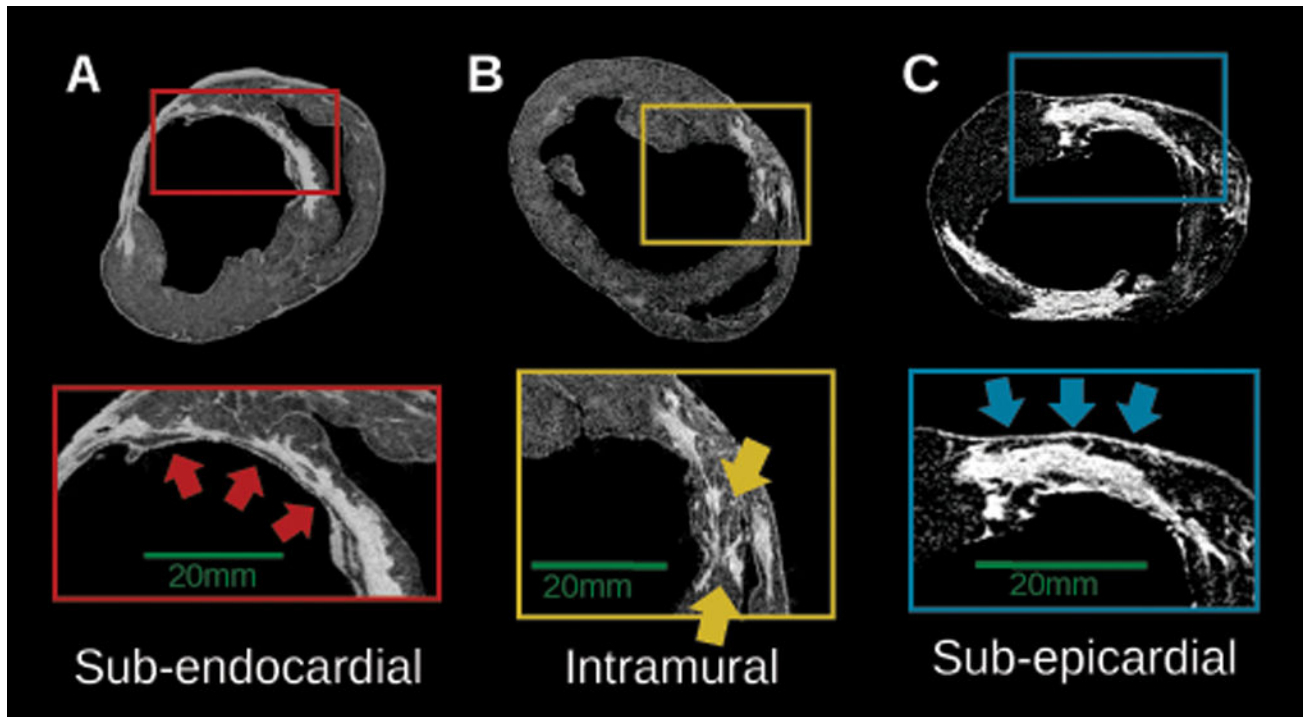


Figure 1.

Workflow of the study including imaging, model construction, VT simulation protocol, and the calculation of scar-mapped local thickness (SMLT) metric. **(A) Left:** A short-axis slice of LGE-MRI acquired at the voxel size of $0.25 \times 0.25 \times 0.5 \text{ mm}^3$. The segmented scar is highlighted in red. **Right:** 3D reconstructed model of the same heart with the scar highlighted in dark gray and myocardium in transparent gray. The red plane shows the location of the short-axis MRI slice that is displayed in the left panel. **(B) Pacing protocol. Top:** 3D distribution of pacing locations, **Bottom:** stimulus train (S1, S2, S3). **(C)** Calculation of surviving tissue thickness surrounding the scar using SMLT metric. The schematic in the middle illustrates a cross section of the wall composed of scar and surviving tissue. The red lines are extended from the scar surface in the direction of the normal vector to the scar surface. The calculated local thickness of the surviving tissue is mapped onto the scar surface and displayed in endocardial and epicardial views on the right panel (see Methods for detailed description).

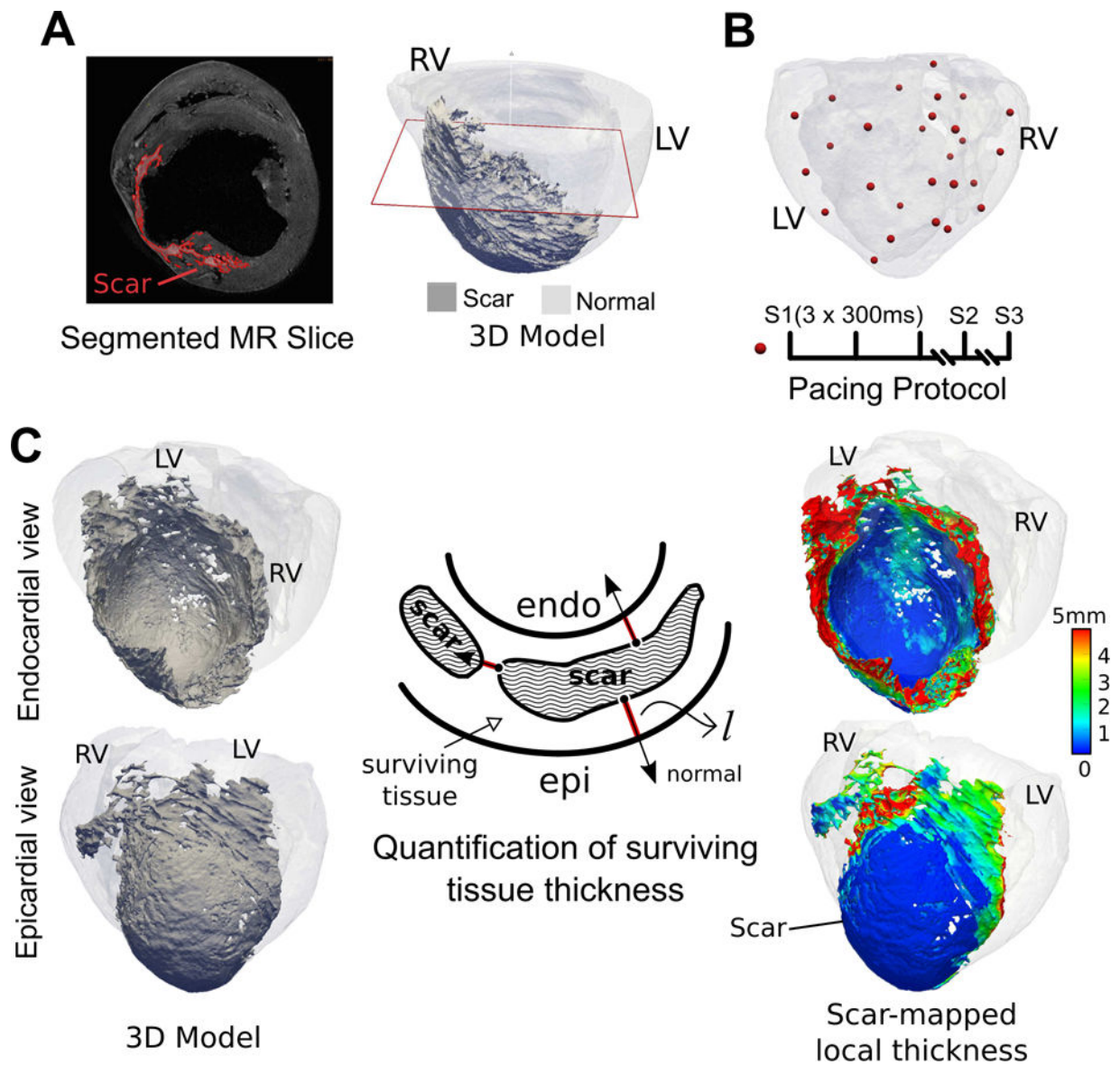


Figure 2. Examples of the distribution of viable tissue in the zone of infarct, as visible from short-axis slices of high-resolution LGE-MRI in three infarcted hearts (5,7,8) (A) Thin sub-endocardial layer of surviving tissue (red arrows), (B) Intramural viable tissue (yellow arrows) (C) sub-epicardial layer of surviving myocardium (blue arrows).

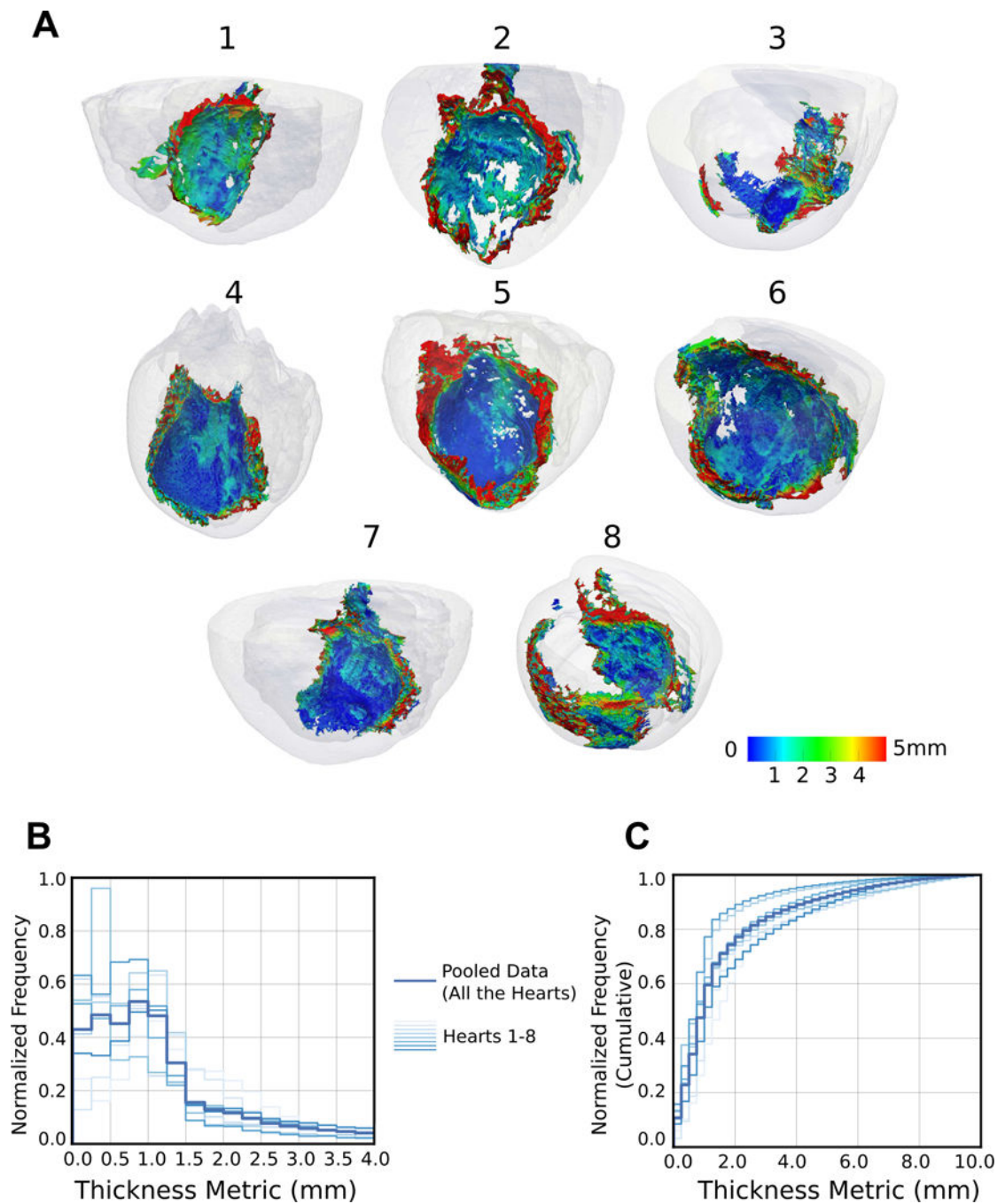


Figure 3.

Visualization and characterization of surviving tissue surrounding the scar. (A) 3D geometries of 8 infarcted hearts with the scar surface color-coded with SMLT metric. The hearts are viewed from the posterolateral side such that the endocardial aspect of the infarct is visible. (B) Histograms of the occurrence of surviving tissue at different SMLT metric values, calculated in all the 8 hearts (left: normalized, and right: cumulative histograms).

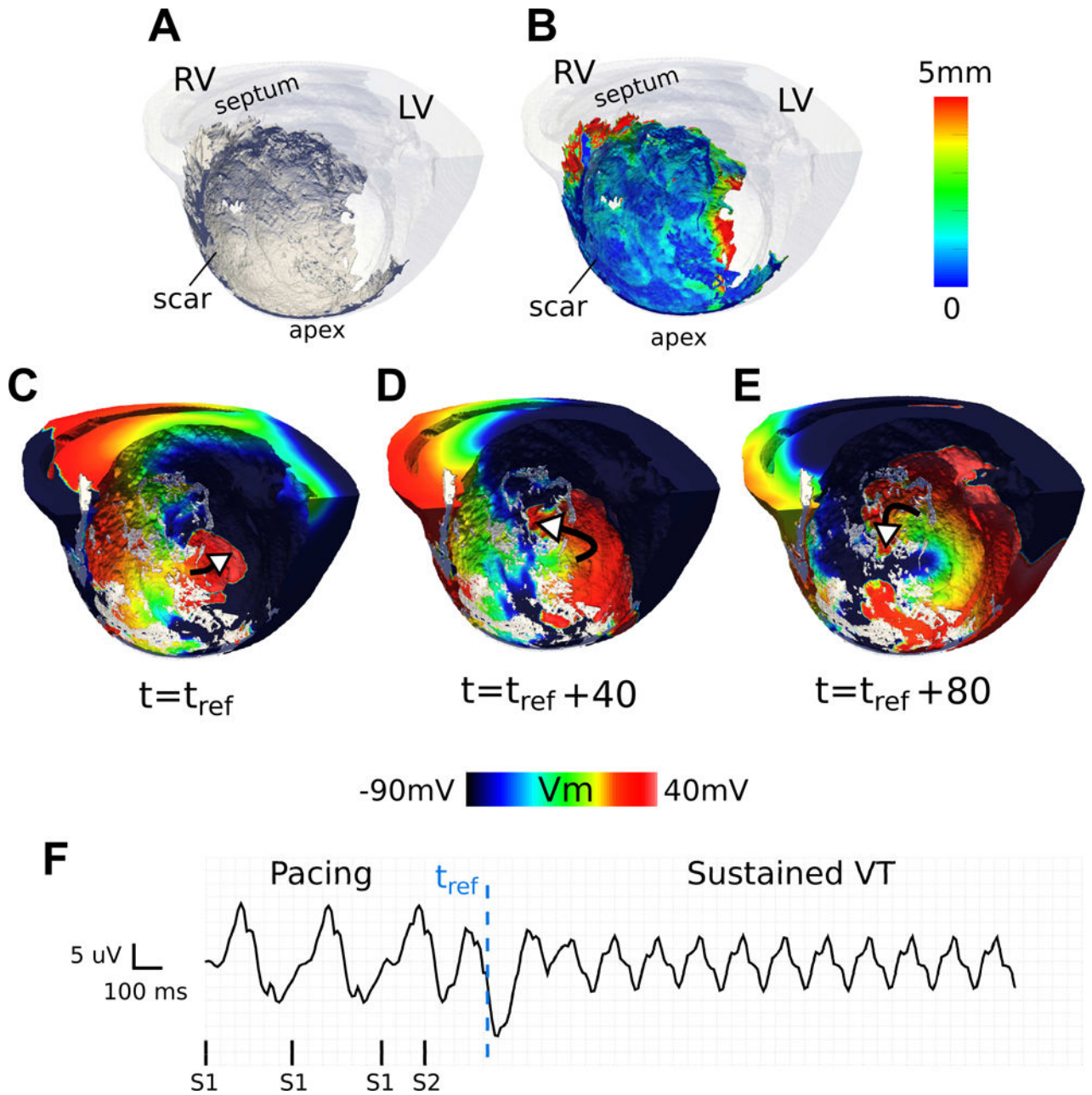


Figure 4.

A representative VT sustained primarily within a heterogeneous layer of sub-endocardial viable tissue (CL = 145 ms) shown in an endocardial view of the septum in heart 6. (A) 3D geometry (scar: dark gray, myocardium: transparent white) (B) 3D geometry with the scar color-coded with the SMLT metric. (C-E) Transmembrane voltage maps demonstrating time snapshots of tortuous wave propagation in one cycle of reentry. White arrows show wave direction. The reentry is primarily located in the subendocardial layer of tissue. (F) Pseudo-ECG. t_{ref} : reference time.

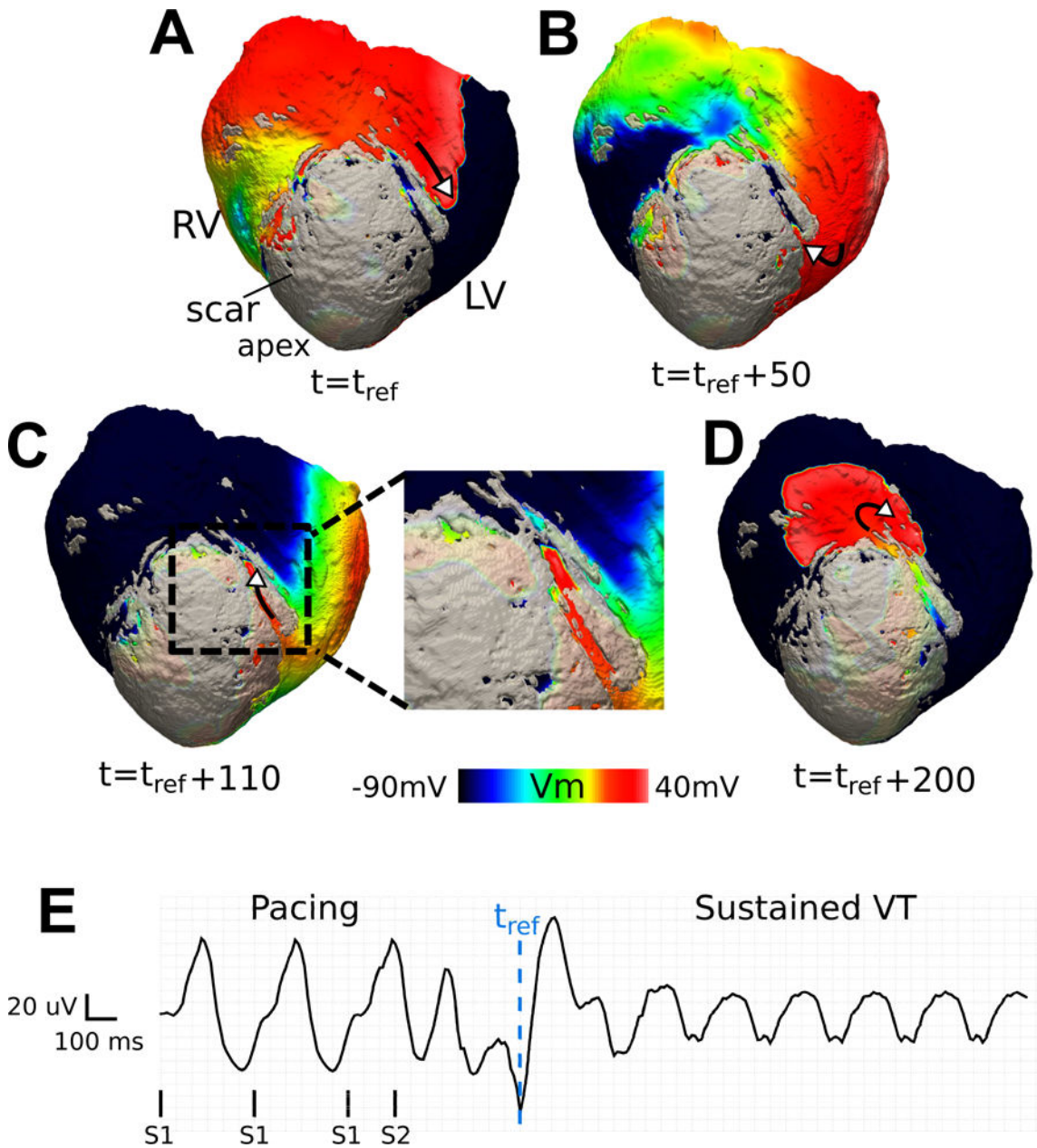


Figure 5.

Reentry involving a sub-epicardial channel of viable tissue in heart 5 (CL = 230 ms). (A-D) Transmembrane voltage maps showing one cycle of reentry. The wave traverses the channel in (B) and (C); its exit from the channel is followed by a centrifugal activation of the tissue outside the scar in (D). The length of the epicardial channel is approximately 30 mm and the VT pathlength is 74 mm. A border layer around the scar has been rendered semi-transparent to visualize channel position. (E) Pseudo-ECG. t_{ref} : reference time.

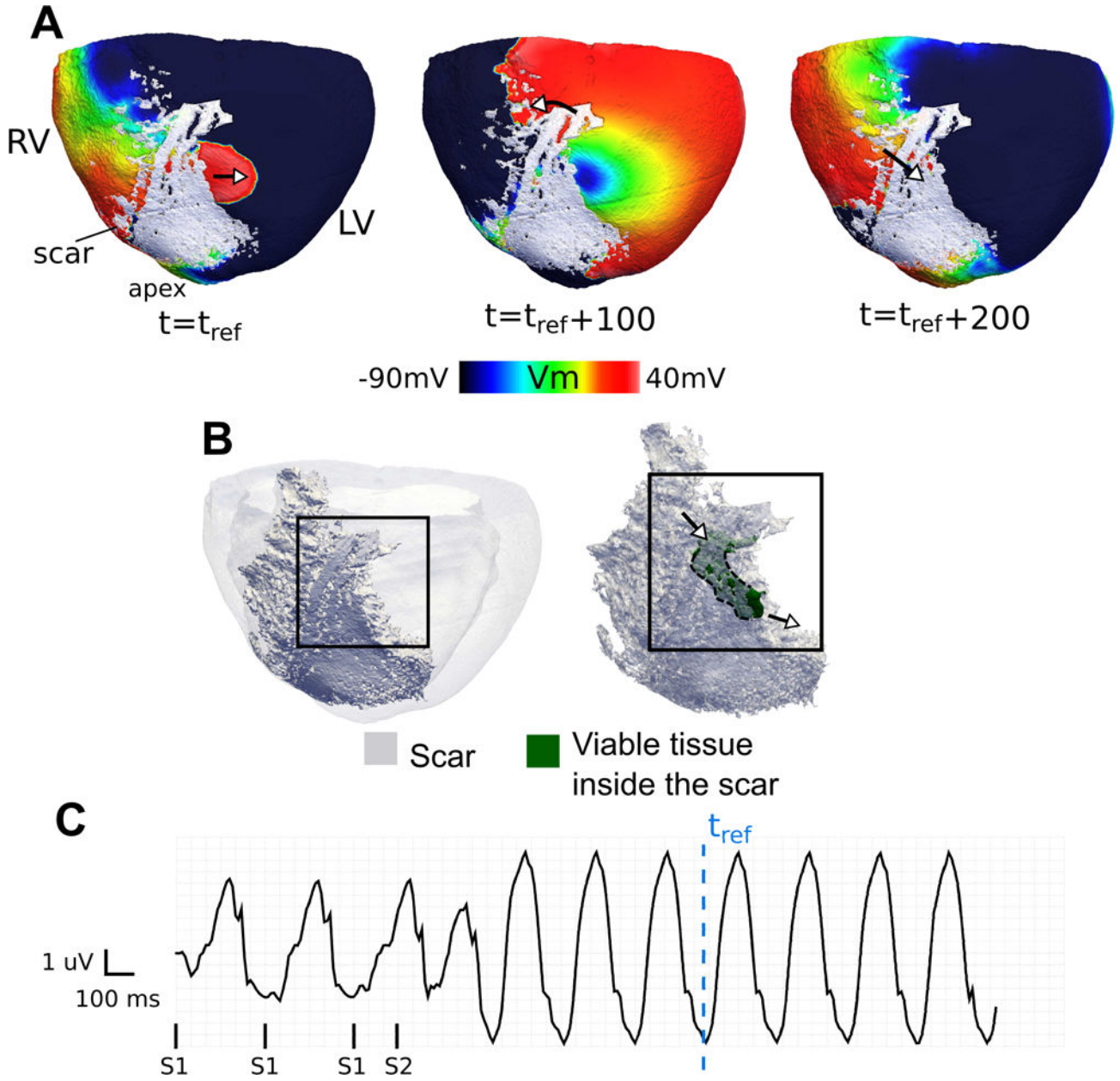


Figure 6.
 An example of a reentry in heart 7 as viewed from the epicardium (CL = 240 ms). **(A)** Transmembrane voltage maps present snapshots during one cycle of reentry with a breakthrough on the epicardium. **(B)** (left) View of 3D model geometry (scar: dark; myocardium: transparent gray), (right) delineation of a portion of an intramural surviving tissue embedded inside the infarct (green) that participates in the reentry. The arrows point to the locations of wave entrance and exit from the surviving tissue. **(C)** Pseudo-ECG. t_{ref} is the reference time in which the voltage maps in (A) are shown with reference to.

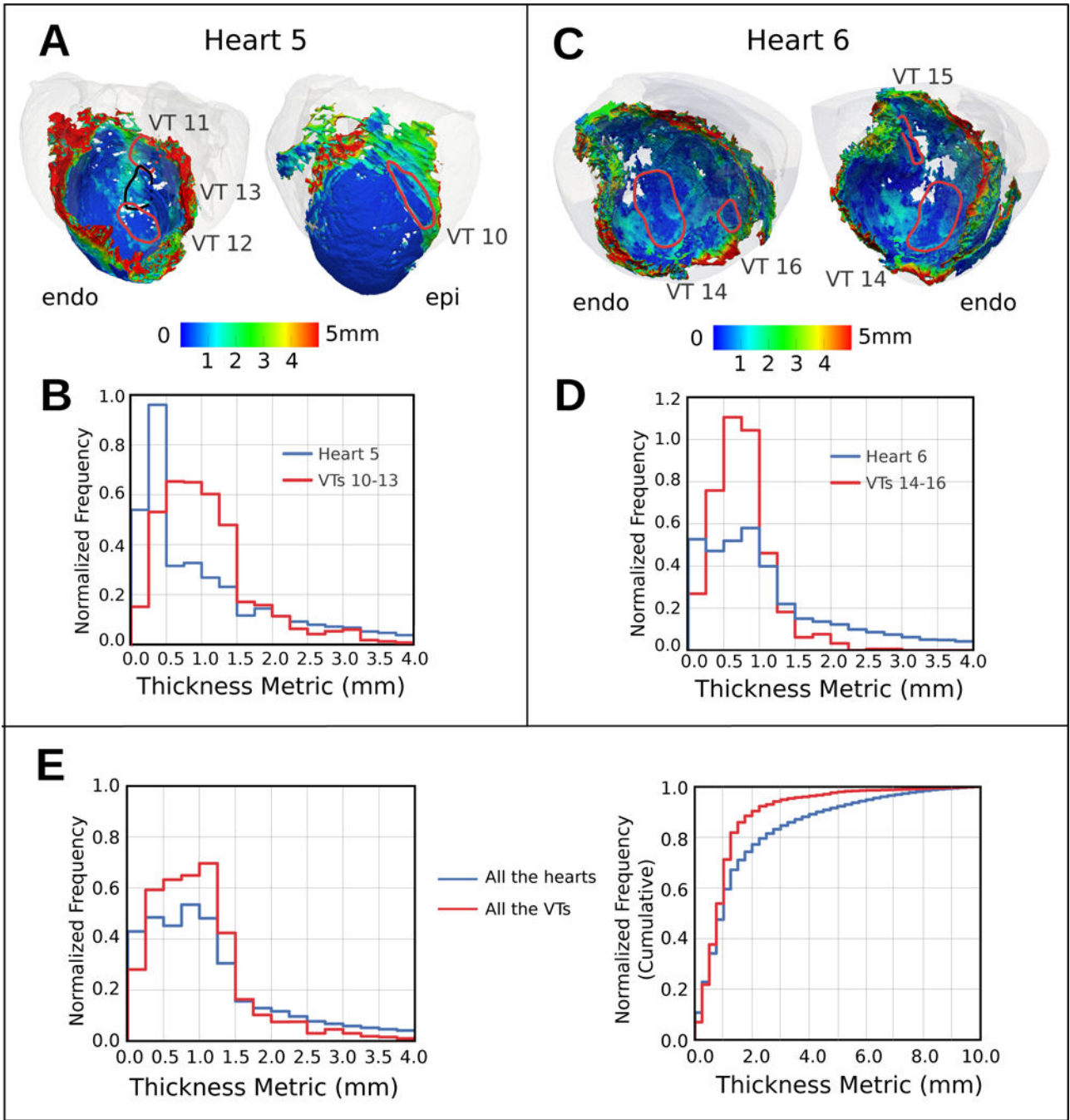


Figure 7. Analysis of the surviving tissue along the VT pathways. **(A,C)** Maps of SMLT in two hearts with the 3D VT pathway loops in each case (myocardium: transparent gray). **(B,D)** Histograms of frequency of occurrence of a given SMLT value over the entire 3D scar surface (blue) and along the VT pathways (red) in each heart. **(E)** The same histograms as **(B)** and **(D)** but aggregated for all the hearts and VTs in this study. Shown are normalized (left) and cumulative (right) histograms.