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Reading skill-fractional anisotropy relationships in visuospatial tracts diverge depending on socioeconomic status

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Abstract

Low socioeconomic status (SES) has been repeatedly linked with decreased academic achievement, including lower reading outcomes. Some lower SES children do show skills and scores commensurate with those of their higher SES peers, but whether their abilities stem from the same systems as high SES children or are based on divergent strategies is unknown. We here investigated a potential interactive relationship between SES and real-word reading skill in the white matter in 42 typically developing children. SES was determined based on parental education; reading skill and age were not significantly related to SES. There was a significant neural interaction: Clusters in the bilateral inferior longitudinal fasciculus (ILF), left superior longitudinal fasciculus, and left corticospinal tract demonstrated interactive skill-SES relationships in fractional anisotropy. Follow-up analyses demonstrated that higher SES children showed a positive relationship between fractional anisotropy, reflecting tract coherence, and reading skill in left hemisphere tract clusters, whereas lower SES children showed a positive relationship in the right hemisphere homologues. Broadly, the ILF has been demonstrated to support orthographic skill on the left and more general visuospatial processing on the right, so high reading achievement in lower SES children may rely on supplementary visuospatial processing more than for higher SES readers. This pattern is consistent with previous work reporting low SES children's environments to include less rich verbal experience, which may lead them to disproportionately draw on visuospatial skills for success. Further, these results indicate that group SES differences may be best described by an adaptive, not a deficit, model.

Introduction

Familial socioeconomic status is an important environmental variable with significant influence on many skills and behaviors, including cognitive control, language development, and academic achievement (Bradley & Corwyn, 2002). Specifically, children from lower

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Supporting Information

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Table S1. Frequencies of years of parental education, averaged between parents, of children included in sample.

SES households have repeatedly been demonstrated to show decreased educational skills and attainment from school entrance, with the achievement gap between higher and lower SES groups widening across years of school (Brooks-Gunn & Duncan, 1997; Panel, 2008; Statistics, 2011). Lower SES children's reading performance may be three grade levels below that of their higher SES peers by the end of fifth grade (Cooper, Borman & Fairchild, 2010). This between-group discrepancy represents a large barrier in lower SES children's ability to improve their societal situation.

A limited number of studies have explored whether there are neural differences between higher and lower SES children commensurate with these noted behavioral achievement differences. Electrophysiological and functional MRI studies have consistently revealed SES-related differences in neural activation patterns during verbal processing, executive function, and reading (for reviews, see Hackman & Farah, 2009; Nelson & Sheridan, 2011; Tomalski & Johnson, 2010). In each case, higher SES children exhibited increased functional specialization in task-relevant regions (Hackman & Farah, 2009; Pakulak, Sanders, Paulsen & Neville, 2005; Raizada, Richards, Meltzoff & Kuhl, 2008; Stevens, Lauinger & Neville, 2009). For example, Raizada *et al.* (2008) showed that SES (defined by parental education and occupation) was positively correlated with the degree of leftlateralization of 5-year-olds' inferior frontal gyrus activity during a rhyming task. Lower SES children's impaired academic performance could thus be related to lessened functional support from the neural systems supporting these skills.

Little work has examined whether there are structural brain differences between SES groups that are related to behavioral performance or are independent of skill. Group differences appear to be most pronounced for regions similar to those reported from functional neuroimaging, i.e. frontal, temporal, and hippocampal areas (for review, see Brito & Noble, 2014; Hanson, Chandra, Wolfe & Pollak, 2011; Hanson, Hair, Shen, Shi, Gilmore et al., 2013; Noble, Houston, Kan & Sowell, 2012), which are central to verbal processing and executive function. SES is positively related to gray matter volume and degree of gyrification in these areas (Hanson et al., 2013; Jednoróg, Altarelli, Monzalvo, Fluss, Dubois et al., 2012; Lawson, Duda, Avants, Wu & Farah, 2013; Noble et al., 2012; Raizada et al., 2008). More recently, Noble, Houston, Brito, Bartsch, Kan et al. (2015) demonstrated that parental education and income were each significantly related to brain surface area, but not cortical thickness, in many bilateral temporal, frontal, limbic, and parietal regions across a large sample of children. Surface area mediated the relationship between parental income and executive function task scores, but not the relationship between income and vocabulary or reading scores. As such, the relationship between brain structure and SES-related differences on language skills cannot be determined from this work alone.

Potential relationships between socioeconomic status and white matter structure during development, though, remain relatively unexplored. Complex, later-developing skills like reading recruit networks of connected regions spread across the brain (Pugh, Mencl, Jenner, Katz, Frost *et al.*, 2001); examination of the white matter supporting these connections may be important for determining potential causes of lower SES children's difficulties. While significant correlations between adults' educational attainment and structural connectivity have been noted (Chiang, McMahon, de Zubicaray, Martin, Hickie *et al.*, 2011; Gianaros,

Marsland, Sheu, Erickson & Verstynen, 2013; Noble, Korgaonkar, Grieve & Brickman, 2013; Piras, Cherubini, Caltagirone & Spalletta, 2011), Jednoróg *et al.* (2012) did not find any association between parental SES (based on maternal education and profession) and children's white matter integrity in a small sample of children ages 9 to 11. In a larger study, Chiang *et al.* (2011) did not see a direct association between their adult (twin) subjects' parental socioeconomic status (defined by occupation) and fractional anisotropy (FA), but did find an interaction between SES and white matter integrity genes. Genetics explained more FA variance in higher than in lower SES individuals in the thalamus, left middle temporal gyrus, and splenium, meaning that environmental influences may have generally had more influence on lower SES individuals' brain structure. To our knowledge, though, no other work has examined the developmental influence of SES on white matter, or its relationship with tracts supporting academic skill.

One reason for this gap in the literature is that the relationship between achievement and brain structure might not be simply magnified in lower SES individuals: it could be different from that seen in higher SES children. Lower SES children may perform tasks using different strategies, potentially building and relying on connections between different neural systems, from their higher SES counterparts. Indeed, presenting lower SES as simply inducing a deficit may be a mischaracterization (see D'Angiulli, Lipina & Olesinska, 2012, for review). In addition, individual variability is an important factor to consider. Some children from low SES homes do demonstrate strong academic skills and positive outcomes commensurate with those of their higher SES peers, indicating resilience to their environment or successful implementation of an alternative strategy. Conversely, not all high SES children show high academic achievement. Thus, contrasts or regressions that collapse across high and low achievers in each group, as in Jednoróg *et al.* (2012), may mask any significant interactive differences within these samples.

One study explored whether the relationship between behavioral skill and task-related brain activity was different in higher versus lower SES children in the domain of reading. Specifically, Noble, Wolmetz, Ochs, Farah and McCandliss (2006b) examined whether the relationship between phonological awareness and reading activity was modulated by SES (based on parental education, income, and profession) in a group of elementary school children. Importantly, the two SES groups were matched on phonological awareness, though the distribution of scores in both groups was relatively low compared to the population average. Higher SES children showed greater overall activity in brain regions typically thought to support reading, specifically the left fusiform gyrus (particularly involved in orthographic recognition and processing, e.g. Cohen, Lehericy, Chochon, Lemer, Rivaud et al., 2002; Dehaene, Le Clec'H, Poline, Le Bihan & Cohen, 2002; McCandliss, Cohen & Dehaene, 2003) and perisylvian cortex (active in phonological and crossmodal processing, e.g. Calvert, 2001; Hickok & Poeppel, 2007). Moreover, children at the lower end of the SES gradient showed a strong positive relationship between phonological awareness skill and activation in these areas, while children at the higher end did not show a significant relationship. The authors suggested that for higher SES children, rich environmental resources and verbal input might serve to buffer low phonological skill, which could result in their weaker correlations between skill and activity. Without this additional buffer, though, lower SES children's reading ability may be more tightly tied to such subskills (see also

Noble, Farah & McCandliss, 2006a), even in nonphonological areas. This evidence of different relationships between behavioral skill and brain function between SES groups indicates that academic achievement may arise through different neural networks in different groups. However, because both groups showed relatively low scores, this study could not examine whether lower SES children use an alternative network to attain reading success.

The mechanisms by which some lower SES children develop strong reading skills thus remain unknown. High achieving low SES children could use the same neural systems in the same manner as their high achieving high SES compatriots, indicating reliance on the same underlying mechanisms. Alternatively, they could employ divergent strategies, either by drawing on typical regions in an atypical manner, as found by Noble *et al.* (2013), or by relying on a different set of regions, avoiding use of relatively weak skills or understimulated areas (see Brito & Noble, 2014). We investigated a potential interactive relationship between SES and real-word reading skill in white matter across the brain in a sample of typically developing children using diffusion tensor imaging (DTI). DTI allows for examination of the strength or coherence of the connections between individual regions. As reading builds on extended networks across the brain, use of this method can allow for examination of the multi-area systems supporting successful reading in children across different levels of SES. Directly testing for such interactive relationships can help better characterize both SES's overall influence on the brain, and also better describe its relationship with academic skill outcomes.

Methods

Participants

Participants were 42 (19 F) children, ages 7;9–13; 8 (*mean* = 10;5 years) recruited from the Chicago metropolitan area. Parents of children were interviewed to ensure that children met the inclusionary criteria of the study. Children were all native English speakers with normal hearing and normal or corrected-to-normal vision. All were right-handed, with no history of attention deficit hyperactivity disorder (ADHD), psychiatric illness, or neurological disorder or damage, and were not taking medication affecting central nervous system function. Informed consent was obtained from participants and their parents, and the Institutional Review Board at Northwestern University approved all procedures.

Parents were asked to complete several initial questionnaires, including reporting the occupation and level of education completed by each parent or guardian. The average education level of both parents was used as the measure of socioeconomic status, given that parental education is more stable than income or occupation, is closely related to parent– child interactions and home learning environment, and is considered to be a stronger predictor of academic achievement than income and occupation (Duncan & Magnuson, 2012; Lewis & Mayes, 2012). SES was used as a continuous variable in all initial analyses; follow-up analyses divided children into lower and higher SES subgroups based on both parents' education. For these analyses, lower SES was defined as 10-14 years of education for both parents (N = 21, mean = 12.5), and higher SES as 16-18 years (N = 21, mean = 16.5) (see Table S1 for frequency distribution of years of education). No sets of parents with 15 years of education were chosen for this sample to allow for flexibility in continuous or

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categorical analyses. The lower SES subgroup thus included children whose parents may have finished high school and some post-secondary education, but had not completed fouryear college programs; higher SES children's parents had both at least completed four-year college programs.

Standardized testing

Children first participated in a comprehensive standardized testing session to ensure that all participants were of at least average IQ and reading ability. Tests included the Wechsler Abbreviated Scale of Intelligence (Wechsler, 1999), using two verbal (vocabulary, similarities) and two performance (block design, matrix reasoning) subtests; the Woodcock-Johnson III Tests of Achievement (Woodcock, McGrew & Mather, 2001), including the word identification subtest; and the Tests of Word Reading Efficiency (TOWRE; Torgesen, Wagner & Raschotte, 1999), including the sight word efficiency subtest. A real-word reading score was calculated from the average of the word identification and sight word efficiency standardized scores. This composite thus captures untimed word identification and fluency, which are both critical for successful reading. All children demonstrated full-scale IQ standardized scores between 81 and 129, and real-word reading standardized scores between 81 and 129, and real-word reading standardized scores between 81 and 129, and real-word reading standardized scores between 81 and 129, and the scores do not exceed 1.5 standard deviations below the mean, scores between 80 and 85 are taken to indicate low-normal participants.

Importantly, the lower and higher SES children selected here did not differ on standardized test performance (real-word reading p = .43; full-scale IQ p = .24), nor on age (p = .86) or gender distribution (chi-squared p = .75). Higher and lower skilled readers were thus distributed across the sampled SES levels, ages, and IQs.

Experimental procedure

Participants were given a standardized test battery and completed a practice MRI session, then completed the experimental MRI sessions.

MRI images were acquired at the Northwestern University Center for Translational Neuroimaging using a 3.0 T Siemens Trio MRI scanner, with a standard 16-channel headcoil. Head position was secured using foam pads. Participants wore sound-attenuating headphones to minimize the effects of the ambient scanner noise. A diffusion-weighted image (echo-planar spin echo imaging) was acquired for each subject (TR = 9512 ms, TE = 89 ms, matrix size = 128×128 mm², field of view = 256×256 mm², slice thickness = 2 mm, *b* = 1000 s/mm², 64 non-collinear diffusion-encoding directions, one image *b* = 0 s/ mm²).

Analysis

DTI analysis—All DTI data analysis was performed using FSL software (http:// www.fmrib.ox.ac.uk/fsl version 5.0.6). All images were first examined for artifact by creating mean, standard deviation, and signal-to-noise maps using the fslmaths command. Between-volume motion was also inspected; all participants demonstrated run motion < 0.5 mm across the scan, indicating minimal movement less than the size of a voxel.

Preprocessing steps for all subjects included eddy current correction, brain extraction (fractional intensity threshold 0.25), and diffusion tensor fitting, using standard FSL parameters. Fractional anisotropy (FA) maps were then calculated for each subject. As participants were at least 8 years of age, their brain sizes were expected to be at least 95% of adult size (Burgund, Kang, Kelly, Buckner, Snyder *et al.*, 2002; Kang, Burgund, Lugar, Petersen & Schlaggar, 2003), allowing for use of an adult-based template for alignment and warping. As such, the adult FMRIB58 1-mm template was used for map normalization, and the FA skeleton generated from this standard template for individual FA map projection and skeletonization.

Tract-based spatial statistics were implemented across the whole brain to determine voxels where FA values were predictive of demographic or behavioral measures. Only voxels with FA greater than 0.25 were included in the analysis (Smith, Jenkinson, Johansen-Berg, Rueckert, Nichols *et al.*, 2006). One regression was run using the randomize tool, which included average parental education for SES, real-word reading score, and their interaction, as well as participant age, as modeled factors. This method allows comparative demonstration of the potential unique effects of each factor while partialling out effects due to simple maturation. Randomize implements Monte Carlo permutation testing to determine significance; all results are reported at n = 5000 iterations, p < .05 corrected for multiple comparisons, k > 5, using the threshold-free cluster enhancement option (Smith *et al.*, 2006). *P*-values were corrected using the FDR tool available in the FSL package (http://fsl.fmrib.ox.ac.uk/fsl/fslwiki/FDR).

Significant clusters were defined by the tract and section of which they were a part, e.g. the temporal section of the right inferior longitudinal fasciculus, using the JHU white-matter tractography atlas (Mori, Kaufmann, Davatzikos, Stieltjes, Amodei *et al.*, 2002; Wakana, Caprihan, Panzenboeck, Fallon, Perry *et al.*, 2007). As the posterior (y < -25) sections of the inferior longitudinal fasciculus (ILF) and inferior fronto-occipital fasciculus (IFOF) cannot be reliably distinguished at this level of analysis, this area was referred to as the 'ILFOF'. Participants' average FAs in significant clusters in a tract section (including multiple significant clusters within a region) were extracted and used in post-hoc correlations with regressor values to describe significant relationships.

Results

The relationships between FA across the whole brain and SES (continuous), real-word reading ability (continuous), and their interaction, controlled for participant age, were examined (see Table 2 for full cluster information). Overlapping and unique clusters between these contrasts were also examined.

First, there was a main effect of SES on FA. SES was positively predictive of FA in clusters in the left corticospinal tract, right anterior inferior fronto-occipital fasciculus (IFOF), left superior longitudinal fasciculus (SLF), and left temporal inferior longitudinal fasciculus (ILF) (see Table 2A). There were no regions where SES was negatively related to FA. Realword reading skill was also positively predictive of FA in clusters in several tracts across the brain. Significant areas included clusters in the bilateral SLF, corticospinal tract, anterior

IFOF, and posterior ILFOF, and the right temporal ILF (see Table 2B). There were no regions where reading skill was negatively related to FA. Two clusters (in the left corticospinal tract and right anterior IFOF) were significant in both main effect analyses; no other voxels were significant in both.

Importantly, some of these main effects may be qualified by the interaction of SES and realword reading. There were significant positive interactions between SES and reading skill in clusters in the medial part of the left corticospinal tract, anterior SLF, and temporal ILF, and right anterior IFOF. In addition, there were significant negative interactions in clusters in the right temporal ILF and posterior ILFOF (see Table 2C for cluster information). Cohen's f^2 was then calculated to determine the size of the relationship between the interaction of SES and reading skill, and FA in each of the tract clusters with significant interaction results (left medial corticospinal tract: 0.437; left anterior SLF: 0.03; left temporal ILF: 0.167; right anterior IFOF: 0.245; right temporal ILF: 0.205; right posterior ILFOF: 0.142). These interaction results overlapped with the SES main effect clusters in the left corticospinal tract, right anterior IFOF, and left temporal ILF (see Figure 1). Thus, the only result unique to the main effect of SES was a left posterior SLF cluster. Further, the clusters in the left corticospinal tract, anterior SLF, and right temporal ILF and ILFOF overlapped with the reading skill main effect results, though the rest of the skill main effects were unique.

Within-SES subgroup analyses

To determine whether these interactive effects were reflective of significant within-group relationships, follow-up analyses examined the relationship between reading skill and FA within each lower and higher SES subgroup. Whole-brain analyses using real-word reading skill as a variable of interest were performed within each subgroup. These results were then compared with the results of the whole-group interaction to determine overlapping and unique clusters between SES subgroups across analyses (see Figure 2 for Venn diagram of unique and overlapping clusters).

In the lower SES subgroup, there was a significant positive reading skill–FA relationship in clusters in the right temporal ILF, left temporal ILF and hippocampal cingulum, bilateral anterior IFOF and right uncinate fasciculus, bilateral ILFOF, left SLF, bilateral parietal SLF, and right thalamic radiations. No significant negative relationships were found (see Table 3A for full cluster information). The right temporal ILF and ILFOF clusters overlapped with the results of the whole-group interaction.

In the higher SES subgroup, there were significant positive relationships between reading skill and FA in clusters in the bilateral corticospinal tract, bilateral anterior SLF, bilateral thalamic radiation, right anterior IFOF, right hippocampal cingulum, left temporal ILF, left ILFOF, and left external capsule (see Table 3B for full cluster information). The left medial corticospinal, anterior SLF, temporal ILF, and right anterior IFOF clusters overlapped with the whole-group interaction results. The left ILFOF cluster was common to the two SES groups, but not the interaction results: higher and lower SES children both demonstrated positive skill–FA relationships in this cluster, and so there was no difference in skill–FA relationship between the groups in this area.

Participants' mean FAs were then extracted from tract clusters which were significant in at least one of the SES subgroup analyses and overlapped with the whole-group interaction (i.e. clusters in the bilateral temporal ILF, right ILFOF, right anterior IFOF, left medial corticospinal tract, and left anterior SLF), and scatterplots between FA and reading skill were visualized for descriptive purposes (see Figure 3). In the left hemisphere regions and the right anterior IFOF, scatterplots demonstrated positive skill–FA relationships for higher SES children, but no relationships for lower SES children. In the right temporal ILF and ILFOF, the relationship was reversed, i.e. scatterplots demonstrated positive skill–FA relationships for lower SES children to be significant across the whole group were driven by opposite skill–FA relationships between the two groups.

Discussion

The goal of the present study was to examine the neural systems supporting better reading skill at different SES levels. While previous work has examined individual differences in skill and SES separately, especially in the gray matter of the brain, to our knowledge no research examining white matter has directly tested for such an interactive effect. We here investigated an interactive relationship between SES and reading skill in white matter fractional anisotropy across the brain.

To this end, we demonstrated an interaction between SES and reading skill in clusters within several tracts, including the bilateral temporal ILF, right ILFOF, right anterior IFOF, left corticospinal tract, and left anterior SLF. Importantly, several of these clusters overlap with those showing significant main effects for SES, suggesting that the SES effects are qualified by the interaction between SES and skill. Independent analyses conducted within each SES subgroup confirmed significant skill–FA relationships in these areas. Lower SES children demonstrated positive relationships between skill and FA in the right hemisphere clusters, meaning that higher FA (i.e. white matter coherence, Pierpaoli & Basser, 1996) in these areas was related to better reading. In contrast, higher SES children showed positive relationships between skill and FA particularly in left-sided clusters and the right anterior IFOF.

Only one previous study has directly compared white matter coherence in higher and lower SES children, and reported no group differences (Jednoróg *et al.*, 2012). However, this study's design differed from ours in two important ways. First, the sample used demonstrated a significant correlation between SES and literacy score, while we specifically determined that SES and reading skill were independent in our sample. Second, we examined interactive effects between SES and skill, while Jednoróg *et al.* (2012) focused on main effects. Thus, the group differences we find are attributable to the interactive SES subgroup–reading skill relationships.

We found additional significant relationships between reading skill and fractional anisotropy. Clusters in the left corticospinal tract and left SLF overlapped with areas showing a significant skill–FA interaction across the whole group, but the other clusters were unique, suggesting that skill effects cannot entirely be captured by their interaction with SES. Our findings are consistent with past research reporting that white matter structure was

significantly related to reading skill in multiple tracts, including the SLF, ILF, IFOF, and corticospinal tract (see Vandermosten, Boets, Wouters & Ghesquiere, 2012b, for review); coherence in these tracts has been previously shown to increase with both age and reading skill (Wandell & Yeatman, 2013; Yeatman, Dougherty, Ben-Shachar & Wandell, 2012). Our results show that these relationships between reading skill and white matter structure are impactful beyond socioeconomic status.

Connectivity along the ILF and IFOF has previously been linked to visual perception and recognition (Ffytche, 2008; Ross, 2008), and in the left hemisphere specifically to orthographic processing skill (Epelbaum, Pinel, Gaillard, Delmaire, Perrin *et al.*, 2008; Vandermosten, Boets, Poelmans, Sunaert *et al.*, 2012a; Vandermosten *et al.*, 2012b; Wandell & Yeatman, 2013). Each of these tracts begins in the occipital lobe and progresses forward, with the ILF including endpoints in the temporal lobe and the IFOF in the inferior frontal lobe, thus connecting regions involved in simple visuospatial responsivities and grapheme and bigram processing. As such, higher reading achievement in lower SES children may be disproportionately reliant on the occipital-based right-sided visuospatial processing supported by these tracts. Indeed, it may be adopted as a supplementary mechanism, in addition to use of the typical reading-related tracts shown in the whole-group reading skill main effect. In contrast, higher SES children may not require such an alternative strategy supported by these tracts, and instead simply use the canonical posterior left hemisphere tracts and left and right anterior tracts.

One reason for such SES differences in relating skill to white matter may be the relative emphases of the instructional strategies. For example, lower SES parents are more likely than their higher SES counterparts to endorse instruction of specific literacy skills which emphasize visual letter features and to value decoding activities to a greater extent than higher SES parents (Lynch, Anderson, Anderson & Shapiro, 2006; Stipek, Milburn, Clements & Daniels, 1992). In contrast, higher SES parents may take a more holistic approach to literacy, where children are exposed to written language in a variety of ways (Lynch *et al.*, 2006). In addition, higher versus lower SES schools could differ in instructional emphases, influencing reading strategies: for example, Duke (2000) noted that first-grade classrooms in high SES school districts had significantly greater levels of print exposure (e.g. larger classroom libraries, more classroom print, more activities involving print), which has been clearly tied to reading skill (Cipielewski & Stanovich, 1992), than classrooms in low SES districts. These environmental differences could lead lower SES children to continue to rely on visuospatial letters features for reading, and higher SES children to transition to verbal skills.

Differential environmental exposure to visuospatial versus verbal information may also influence reading behavior. There are larger SES differences in children's verbal than visuospatial processing (Noble, McCandliss & Farah, 2007). Higher SES children are more likely to have richer verbal experience and input than their lower SES peers (Hart & Risley, 1995; Levine, Ratliff, Huttenlocher & Cannon, 2012). In contrast, the few studies examining group differences in exposure to visuospatial stimulation, such as puzzle play, did not report significant differences according to parental education (Levine *et al.*, 2012). Some did find differences in parental visuospatial language input (Dearing, Casey, Ganley, Tillinger, Laski

et al., 2012), but this result may be more reflective of the established group verbal input differences. Thus, lower SES children may disproportionately draw on their visuospatial skills to achieve strong reading outcomes, an interpretation consistent with the findings of Noble *et al.* (2006a).

SES differences in the nature of verbal input may also underlie the degree of neural lateralization for linguistic processing. Behavioral work using dichotic listening paradigms has demonstrated that lower SES children may not develop strong left hemispheric asymmetries for linguistic information, but may instead show bilateral processing (Boles, 2011; Cai, Lavidor, Brysbaert, Paulignan & Nazir, 2008; Raizada *et al.*, 2008). In the context of our study, lessened verbal input may be related to the association of white matter with skill in the right hemisphere tracts for the lower SES children.

Our findings for the lower SES children are also consistent with studies examining skill differences in reading disabilities. Individuals with dyslexia who develop increased reading proficiency often show a compensatory pattern of increased right hemisphere activity in both anterior (inferior frontal) and posterior (perisylvian, fusiform) regions (Eden, Jones, Cappell, Gareau, Wood *et al.*, 2004; Shaywitz, Shaywitz, Pugh, Mencl, Fulbright *et al.*, 2002). In the present study, the positive relationship found between reading skill and FA in right posterior visuospatial/orthographic fasciculi for higher achieving lower SES children may thus reflect a common strategy adopted in the face of lessened verbal stimulation or decreased verbal processing. However, we note that lower SES should not be understood as a reading impairment itself, but instead a socio-environmental situation which may encourage the development of alternative strategies for success.

This demonstration of visuospatial versus verbal brain system use in lower versus higher SES individuals is also consistent with work from functional neuroimaging of arithmetic processing. Demir, Prado and Booth (2015) demonstrated that lower SES children (based on parental education) showed a positive relationship between math skill and right superior parietal activity during subtraction problem solving, reflecting visuospatial processing; in contrast, higher SES children showed the opposite pattern. The greater reliance on visuospatial rather than verbal brain regions in the lower SES children was interpreted as being due to differences in parental verbal input. Greater engagement of visuospatial mechanisms may therefore be a consistent strategy for higher academic achievement in low SES children across domains.

The present sample of children includes a broad range of ages. Prior work has demonstrated that FA tends to increase with age in most of the brain. SES was not related to participant age in our sample, which should ensure that results from the between-subjects comparisons and the interaction analyses are independent from developmental changes. Further, our inclusion of age as a covariate also allowed us to directly partial out potential variance in FA associated with maturation. As such, the interactive effects found are not likely to be developmentally based or biased.

Parental education was used as a proxy for socioeconomic status in our sample. Previous works have varied in their use of maternal (Stevens *et al.*, 2009), primary caregiver

(Kishiyama, Boyce, Jimenez, Perry & Knight, 2009), and average parental (Noble et al., 2006a) educational attainment for measurement of this aspect of SES. We defined SES based on both parents' educational attainment; as such, participant subgroup membership would not change if reports from only one parent were used instead. By our definitions, lower SES parents had at most two years of post-secondary education, while higher SES parents had completed at least four years of college. While there may be further differences between parents who were able to attain some post-secondary schooling and those who had at most only a high school education, these differences may be more qualitative than quantitative (Duncan & Magnuson, 2003) and we did not have enough lower SES children in this sample to further separate these potential subgroups. As such, the 'lower' SES participants may not completely reflect 'low' SES children, but are still significantly lower than the higher SES children. Further, using a relatively restricted range enabled us to examine the effect of normal SES variation without the confounding influences associated with extremely low SES, such as high stress and poor nutrition (Bradley & Corwyn, 2002). The differences found in our sample indicate that even normative variance in SES is important for academic skills and brain development.

While parental education is only one dimension of SES, it is strongly related to the richness of children's verbal input and thus may be particularly impactful on children's literacy development; in contrast, parental income or environmental stress may have a greater impact on social, emotional, or executive function skill development (Brito & Noble, 2014; Duncan & Magnuson, 2012; Noble *et al.*, 2015). Furthermore, parental education is temporally a more stable measure and has stronger effects on academic development than parental occupation and income (Duncan & Magnuson, 2012; Gottfried, Gottfried, Bathurst, Guerin & Parramore, 2003; Noble *et al.*, 2007). The use of parental education in the current study is thus appropriate as we investigated the neural systems supporting reading, a linguistic academic skill.

Parental IQ may also impact children's reading scores. IQ is in part heritable (Bouchard, Lykken, McGue, Segal & Tellegen, 1990), though potentially less so in lower SES environments (Turkheimer, Haley, Waldron, D'Onofrio & Gottesman, 2003), and may influence both parents' and children's educational achievement (Walberg, 1984). However, our lower and higher SES groups were matched on IQ but differed in level of parental education achieved. As such, our results are independent of participant IQ; parental IQ may have some indirect effects, but these cannot be parsed apart through our study design.

Our results contribute to a newly emerging literature suggesting that SES effects on brain structure and function might not simply be main effects (e.g. D'Angiulli *et al.*, 2012). Instead, depending on their environmental experiences, children might rely on different neural systems to succeed on academic tasks. Thus, our results provide information about the potential mechanisms by which some lower SES children develop strong reading skills. Given their environmental conditions, lower SES children may use both typical left hemisphere language and orthographic tracts for reading achievement, but especially draw on the right homologues of these visuospatial connections. In higher SES children, such a strategy may not be necessary (and indeed, reliance on these posterior right hemisphere tract areas is more indicative of poorer than better reading), and so they use the canonical left

verbal tracts. The current paper focused on single word reading skill; the long-term implications of these early differences on later reading skill and for more complex reading tasks remains an open question for additional correlational work and future experimental manipulations.

In summary, our study is the first to demonstrate unique relationships between academic skill and white matter fractional anisotropy in higher versus lower socioeconomic status children. We showed that higher reading ability is supported by some common tracts across SES levels, but may also involve unique regions for each subgroup, with lower SES children relying more on a visuospatial network for reading. Given the effects of socioeconomic status on academic outcomes, the identification of neural systems supporting individual and group differences in reading achievement is important for the development effective instructional strategies. The identification of brain structure and function underlying skill in lower versus higher SES children could potentially lead to different educational techniques that emphasize visuospatial versus verbal strategies.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Research highlights

- Socioeconomic status has a significant impact on academic achievement, including reading.
- We investigated whether the relation of reading skill to white matter depends on socioeconomic status.
- For lower SES children, higher reading skill was correlated with white matter in right hemisphere visuospatial tracts.
- Lower SES children may rely more on visuospatial orthographic processing strategies for reading success.



Figure 1.

Socioeconomic status and reading skill main effects with socioeconomic status by reading skill interaction effects. (a) Main effect of SES shown in blue, interaction effect in red, clusters significant for both analyses shown in purple. Areas, left to right, include the left temporal inferior longitudinal fasciculus (ILF), left corticospinal tract, and right anterior inferior fronto-occipital fasciculus (IFOF). (b) Main effect of reading skill shown in green, interaction effect in red, clusters significant for both analyses shown in brown. Areas, left to right, include the right temporal inferior longitudinal fasciculus (ILF) and left anterior superior longitudinal fasciculus (SLF).



Figure 2.

Relationships between clusters significant for whole-group interaction, lower SES skill–FA correlation, and higher SES skill–FA correlation. There were overlapping and unique regions between the whole-group interaction and within-subgroup skill–FA analyses. Clusters significant in the interaction and lower SES subgroup listed in orange section (right ILFOF, right temporal ILF); clusters significant in the interaction and higher SES subgroup listed in green section (left anterior SLF, left medial corticospinal tract (mCS), left temporal ILF, right anterior IFOF). Clusters significant in only the lower SES subgroup listed in red section (left SLF, left temporal ILF/hippocampal cingulum, left anterior IFOF, right anterior IFOF/uncinate fasciculus, right parietal SLF, right thalamic radiation); clusters significant in only higher SES subgroup listed in blue section (right corticospinal tract (CS), right anterior SLF, right thalamic radiation, right hippocampal cingulum, left external capsule, left thalamic radiation); clusters significant in both SES subgroup analyses but not in whole-group interaction listed in purple section (left ILFOF, left lateral corticospinal (ICS) tract).

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Figure 3.

Interaction between socioeconomic status group and reading skill for FA. FA was extracted from clusters significant in the whole-group interaction analysis and in one SES subgroup analysis (e.g. in green and orange sections of Figure 2) and plotted against reading skill for visualization purposes. (A) In the left medial corticospinal tract, left anterior SLF, left temporal ILF, and right anterior IFOF, higher reading skill was related to higher FA in higher SES children (blue squares), but was related to lower FA, or was not significantly related to FA, in lower SES children (red diamonds). (B) In the right temporal ILF and right ILFOF, higher reading skill was instead related to higher FA in lower SES children, but lower FA in higher SES subjects.

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Demographic characteristics and standardized reading scores, as shown for lower and higher SES subgroup children

	Lower SES		Higher SES		
	Mean (SD)	Range	Mean (<i>SD</i>)	Range	t-value
Parent education (mean)	12.5 (1.3)	10–14	16.5 (.68)	16–18	12.73
Age	10.4 (1.6)	7.8-13.7	10.6 (1.4)	7.8–12.6	0.17
Real-Word Reading score	95 (7.3)	81.5-110.5	93.2 (6.3)	84-107	0.80
Full-Scale IQ	104.7 (14.3)	81-128	109.4 (10.5)	89–129	1.21

Table 2

	Test	Tract	x	y	z	k
2A.	SES:	L corticospinal tract	-21	7	61	46
	Positive corr.	R anterior IFOF	31	3	-17	17
			34	14	-14	14
		L SLF	-42	-30	29	12
		L temporal ILF	-14	L	-32	11
	SES: Negative corr.	None				
2B.	Reading skill:	L anterior SLF	-35	L	42	123
	Positive corr.		-36	-	35	24
		L corticospinal tract	-18	-3	62	117
			-19	-22	65	31
			-11	-40	52	23
		L anterior IFOF	-24	19	-16	52
			-34	24	-13	42
			-8	43	-18	26
		L ILFOF	-23	-82	8	43
			-8	-85	L	35
			-26	-77	8	27
		R ILFOF	37	-41	-15	40
		R corticospinal tract	15	-51	63	25
		R posterior SLF	32	-30	29	23
			27	-58	42	22
		R anterior IFOF	34	25	-13	20
			28	20	-19	20
		R temporal ILF	48	-16	-28	20
	Reading skill:	None				
	Negative corr.					
2C.	$SES \times Reading:$	L medial corticospinal tract	-5	-15	52	42
	Positive Int.		-17	14	57	×

Test	Tract	x	y	z	k
	R anterior IFOF	6	39	7	31
		35	14	-14	10
	L anterior SLF	-28	4-	37	8
	L temporal ILF	-26	-21	-35	8
$SES \times Reading:$	R temporal ILF	19	-24	-33	66
Negative Int.	R ILFOF	41	-65	11	10

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Table 3

Relationships between reading skill and FA within each SES subgroup

	Test	Tract	х	у	z	k
3A.	Lower SES:	L corticospinal tract	-19	4	62	137
	Positive corr.	R temporal ILF	21	-20	-33	60
		L anterior IFOF, uncinate	-24	18	$^{-18}$	58
			-35	29	L	51
			-12	21	-8	17
			-34	25	-12	15
		L ILFOF	-13	-89	ŝ	33
		R ILFOF	40	-48	-16	32
		R anterior IFOF, uncinate	12	23	6-	29
			35	25	-12	27
			42	26	-5	19
			24	19	-23	19
			42	34	1	18
		R uncinate fasciculus	15	18	6-	17
			6	23	-13	16
		R parietal SLF	43	-53	39	
		L temporal ILF	-26	6-	-33	12
		Hippocampal cingulum	-42	-26	-29	21
			-34	-28	-33	19
			-51	-36	10	17
		L parietal SLF	-28	-60	41	24
		R thalamic radiations	ю	-3	×	19
		L anterior SLF	-36	6	45	15
	Lower SES:	None				
	Negative corr.					
3B.	Higher SES:	L corticospinal tract	-29	-24	46	67
	Positive corr.		Ś	-16	52	12
			-30	0	39	11

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Test	Tract	x	y	z	k
	L anterior SLF	-36	-2	34	47
		-32	-	20	17
	R anterior IFOF, uncinate	17	28	-20	32
		23	20	-16	14
	R SLF	35	-17	35	30
		51	-24	25	19
	L ILFOF	-24	-82	9	29
		-17	-71	13	13
	R hippocampal cingulum	15	9-	-23	18
	R corticospinal tract	11	5	59	16
	L temporal ILF	-56	-12	-19	16
		-25	-19	-33	12
	L external capsule	-32	4	9	13
	R thalamic radiations	11	-29	14	11
	L thalamic radiations	-2	-8	13	10
Higher SES:	None				
Negative corr.					