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# Dynamic duo - FMRP and TDP-43: regulating common targets, causing different diseases

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# Abstract

RNA binding proteins play essential roles during development and aging, and are also involved in disease pathomechanisms. RNA sequencing and omics analyses have provided a window into systems level alterations in neurological disease, and have identified RNA processing defects among notable disease mechanisms. This review focuses on two seemingly distinct neurological disorders, the RNA binding proteins they are linked to, and their newly discovered functional relationship. When deficient, Fragile X Mental Retardation Protein (FMRP) causes developmental deficits and autistic behaviors while TAR-DNA Binding Protein (TDP-43) dysregulation causes age dependent neuronal degeneration. Recent findings that FMRP and TDP-43 associate in ribonuclear protein particles and share mRNA targets in neurons highlight the critical importance of translation regulation in synaptic plasticity and provide new perspectives on neuronal vulnerability during lifespan.

# Keywords

RNA binding proteins; FMRP; TDP-43; mRNA targets; Fragile X syndrome; amyotrophic lateral sclerosis; frontotemporal dementia

# 1. Introduction

A recent census identified 1,542 RNA binding proteins (RBPs) that can associate with coding, non-coding or micro RNAs in the human genome (Gerstberger et al., 2014b). Of these, about a tenth (~150 RBPs) are listed in the Online Mendelian Inheritance in Man (OMIM) database as linked to neurological and neuromuscular disorders (Gerstberger et al., 2014b). Although the life of an mRNA from transcription to protein synthesis involves multiple processing steps, splicing, transport, localization and translation are among the

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most affected aspects of RNA metabolism in disease (reviewed in Conlon and Manley, 2017; Gerstberger et al., 2014a).

In recent years, an avalanche of molecular and phenotypic studies showed that FMRP and TDP-43, two RNA binding proteins with seemingly different roles in the nervous system work together closely and regulate common mRNA targets (Coyne et al., 2014; Coyne et al., 2015; Coyne et al., 2017a; Fallini et al., 2012; Majumder et al., 2016; Wang et al., 2008; Yu et al., 2012). Given their involvement in diseases affecting synaptic function during early development (FMRP, Fragile X Mental Retardation Protein) versus aging neurons (TDP-43, TAR-DNA Binding Protein), these intriguing findings provide an opportunity to uncover common and unique aspects of RNA based mechanisms during lifespan. Here we will briefly review the individual roles of FMRP and TDP-43 in neurons, in the context of the clinical phenotypes linked to dysfunction of these RBPs, and highlight their association, overlapping mRNA targets and contribution to different diseases.

# 2. FMRP and Fragile X syndrome (FXS)

#### 2.1. FXS – Genetic mutations and clinical presentation

Fragile X Syndrome (FXS; OMIM 300624) is a single gene disorder that results from the loss of the fragile X mental retardation gene (FMR1) expression and is characterized by intellectual and other developmental disabilities including cardiac abnormalities, seizures, attention deficit hyperactivity disorder (ADHD), aggression, language, and sleep disturbances (Hagerman et al., 2017; Santoro et al., 2012). Interestingly, approximately 30-54% of FXS patients meet the diagnostic criteria for autism (Clifford et al., 2007; Hall et al., 2008; Kaufmann et al., 2017). FXS is predominantly caused by expansion of CGG repeats located within the 5'UTR. While the average CGG repeat ranges between 22-24 in the general population, expansions >200 repeats cause methylation accompanied by transcriptional silencing of the FMR1 locus and FXS (Nelson et al., 2013). Premutation alleles of FMR1 containing >50 but <200 CGG repeats have also been identified and linked to fragile X premature ovarian insufficiency (FXPOI; OMIM 300624) in females, in their 20's, and fragile X tremor ataxia syndrome (FXTAS; OMIM 300623) in males, after age 50 (Hagerman and Hagerman, 2004; Hagerman and Hagerman, 2016; Nelson et al., 2013). Being an X-linked disorder, FXS affects 1 in 4,000 males and 1 in 8,000 females; additionally, the genetic anticipation observed in some of affected families can be explained by the dynamics of CGG microsatellite length, and the relationship between repeat number and phenotype (Santoro et al., 2012). These phenotypic relationships have been described in multiple models including fruit flies, zebrafish and mice, further substantiating the complexities of FXS and related disorders, and providing candidate therapeutic leads (Borrie et al., 2017; Davis and Broadie, 2017; Hagerman et al., 2017; Santoro et al., 2012; Tropepe and Sive, 2003; Wu et al., 2017; Zarnescu et al., 2005).

# 2.2. The FMR1 gene encodes an RNA-binding protein, FMRP, an established translational regulator

FMRP is an RBP with known roles in RNA localization and translation (Brown et al., 1998; Santoro et al., 2012). Structurally, FMRP harbors three types of RNA binding motifs (a

Tudor motif, two KH domains and an RGG box) that mediate interactions with mRNA targets (Bardoni et al., 2001; Siomi et al., 1993).

FMRP has been shown to be both a repressor and activator of translation, and it can function as a translation inhibitor, both at the level of initiation (Napoli et al., 2008) and elongation (Darnell et al., 2011). FMRP associates with 4% of brain mRNAs (Sung et al., 2000). Systematic evolution of ligands by exponential enrichment (SELEX) experiments show that FMRP can bind to transcripts directly, via G quadruplex forming sequences or "kissing complex" (Darnell et al., 2001; Darnell et al., 2005). Regulation of translation initiation by FMRP involves interactions with the cap-binding translation factor eIF4E via CYFIP, a 4E-BP (Schenck et al., 2001; Schenck et al., 2003). In addition, FMRP has been shown to bind ribosomes directly, which causes translation inhibition by preventing binding of translation factors (Chen et al., 2014).

FMRP's role in mRNA localization and translation is particularly important at post-synaptic sites, as informed by mechanistic studies in animal models as well as dendritic morphology abnormalities described in FXS brains (Nimchinsky et al., 2001). Notable synaptic mRNA targets include mGluR5, GABA<sub>B</sub> receptors and catalytic subunit of PI3K (reviewed recently in Richter et al., 2015). Recently, work in animal models uncovered a role for FMRP in translation of presynaptic sites and homeostasis (reviewed in Turrigiano, 2008). The challenge remains to understand which mRNA targets, in which cells and at what time during development they are responsible for the observed, pleiotropic FXS phenotypes.

# 3. TDP-43 in amyotrophic lateral sclerosis (ALS)/fronto-temporal dementia (FTD)

# 3.1. ALS/ FTD - a spectrum disorder

Frontotemporal dementia (FTD; OMIM: 600274) and amyotrophic lateral sclerosis (ALS; OMIM: 612069) are degenerative syndromes characterized by a certain degree of pathologic and genetic overlap (Hardy and Rogaeva, 2014; Ling et al., 2013). FTD patients are affected by progressive neuronal degeneration and loss in the frontal and temporal cortices, while ALS patients exhibit loss of muscle mass due to the progressive degeneration of the cerebrospinal tracks in both sides of the spinal cord (Hardy and Rogaeva, 2014). In the second half of the 20<sup>th</sup> century, clinicians started to report cases of ALS patients that present FTD-like symptoms, such as a decline in cognitive function, language impairment and progressive aphasia (Hudson, 1981). Moreover, some FTD patients were found to share ALS phenotypes including a progressive weakness and wasting of muscle tissue. These clinical observations suggest a pathologic overlap between the two neurodegenerative disorders, resulting from the genetic and molecular intersection of common mutation and pathways (Achi and Rudnicki, 2012; Ferrari et al., 2011). Substantiating these observations is the discovery of common mutations in ALS and FTD patients, involved in a wide spectrum of molecular pathways that underlie the pathological phenotypes (Ling et al., 2013; Zago et al., 2011). Notable genes commonly mutated in both ALS and FTD patients include chromosome 9 open reading frame 72 (c9orf72), ubiquilin 2 (UBQLN2), valosin-containing protein (VCP), coiled-coil-helix-coiled-coil-helix domain containing 10 (CHCHD10) and

*sequestosome 1 (SQSTM1)* (Guerreiro et al., 2015). Additionally, TAR-DNA binding protein (TDP-43) and fused in sarcoma (FUS) are ALS and FTD associated RNA/DNA binding proteins with overlapping interactomes that co-localize into cytosolic aggregates and contribute to motor neuron degeneration (Blokhuis et al., 2016; Guerreiro et al., 2015; Nolan et al., 2016). Interestingly, mutations in *tardp* and *fus*, two genes encoding RNA binding proteins highlight alterations in RNA metabolism as a key cellular process involved in disease (Ferrari et al., 2011; Ling et al., 2013).

#### 3.2. TDP-43 in ALS/FTD – marker of pathology and mutations

In 2006, TDP-43 has been identified as the major component of the ubiquitin-positive/taunegative inclusions of frontotemporal lobe and motor neurons (Neumann et al., 2006), and since this discovery, TDP-43 pathology has been identified in 97% of ALS and 45% of FTD cases (Ling et al., 2013). The role of cytoplasmic, insoluble TDP-43 accumulation in disease was demonstrated *in vivo* in a wide range of models including worms, flies, zebrafish, mice and *in vitro* in human cell lines (Gendron et al., 2013; Kabashi et al., 2009; Liachko et al., 2010; Wegorzewska et al., 2009; Zhan et al., 2013). With the discovery of causative mutations in its C-terminus domain, and its high association with pathology, TDP-43 has emerged as a common denominator in ALS/FTD, linking TDP-43 to the majority of ALS cases known to date.

In patients, there have been ~ 55 different mutations identified until recently in sporadic (3%) and familial (1.5%) ALS, most of which occur in the C-terminus domain of TDP-43 (Buratti, 2015; Conlon and Manley, 2017; Lattante et al., 2013). Although the mechanism of individual mutations is not known, their presence within the low complexity C terminus domain has been shown to increase the propensity of TDP-43 to aggregate (Johnson et al., 2009). Recently, mutant TDP-43 species derived from ALS tissues have been shown to propagate in a prion-like manner in cultured cells (Nonaka et al., 2013; Smethurst et al., 2016), providing support to the pathological spread theory of disease. Collectively, evidence exists that disease causing mutations alter the cellular localization of TDP-43, and affect protein-protein and protein-RNA interactions in a multitude of ALS/FTD models, under a wide range of experimental conditions (for review see Buratti, 2015).

#### 3.3. TDP-43 structure and function; RNA targets, RBP partners

TDP-43 protein contains two RNA recognition motifs (RRM1 and 2); RNA binding is required for toxicity (Ihara et al., 2013; Voigt et al., 2010). Although the association between TDP-43 and RNA processing defects is widely accepted, the mechanisms remain poorly understood. Global proteomic analyses highlight the association of TDP-43 with splicing and translation factors (Freibaum et al., 2010; Sephton et al., 2011). Immunoprecipitation experiments followed by deep-sequencing show that pathological accumulation of insoluble TDP-43 results in abnormal sequestration of transcripts, which often contain UG repeats, and are involved in synaptic function, RNA metabolism and neuronal development (Polymenidou et al., 2011; Sephton et al., 2011; Tollervey et al., 2011). Moreover, recent studies found evidence that TDP-43 maintains intron integrity by repressing nonconserved cryptic exons, a process that was found to be impaired in patient tissues (Jeong et al., 2017; Ling et al., 2015; Tan et al., 2016). The RNA binding feature of TDP-43 via RRM1 and

RRM2 plays a dual role: it is required for TDP-43 toxicity but it also plays a physiological role in regulating RNA processing. Indeed, under normal conditions, TDP-43 is required for preventing the downregulation of the microtubule stabilizing protein Futsch and maintain synaptic integrity (Godena et al., 2011; Romano et al., 2016). In disease, TDP-43 appears to cause toxicity by sequestering mRNAs and reducing their availability to the translation machinery as shown for futsch and hsc70-4 mRNAs (Coyne et al., 2014; Coyne et al., 2017a). Hsc70-4 is a chaperone required for synaptic vesicle cycling and its downregulation in TDP-43 proteinopathy provides a mechanistic explanation for synaptic dysfunction in ALS (Coyne et al., 2017a). In neuroblastoma cells, TDP-43 interacts directly with ribosomes via RACK1, which impacts translation globally and may have implications in disease (Russo et al., 2017). In summary, evidence is increasingly supporting the notion that TDP-43 proteinopathy results from perturbations in RBP partners interactions (Blokhuis et al., 2016) and RNA processing at multiple steps including RNA splicing, non-coding RNA metabolism, miRNA biogenesis, stress granule formation and translation (recently reviewed in Coyne et al., 2017b). More structural studies are needed to understand how the different domains of TDP-43 may interact with each other and whether the low complexity C terminus domain where the majority of disease associated mutations reside impacts RNA binding and/or interactions with partner proteins.

# 4. FMRP - TDP-43 form a ribonucleoprotein complex and share mRNA

## targets

#### 4.1. Protein-protein interactions

Despite being linked to two seemingly distinct neurological disorders, at least in regards to age of onset and clinical presentation, FMRP and TDP-43 have been recently found to physically associate in a complex and share mRNA targets in neurons (Coyne et al., 2015; Majumder et al., 2016). The first evidence that these two RBPs may interact comes from studies of RNA granule transport in cultured mouse hippocampal neurons. Following KCl mediated depolarization, TDP-43 containing RNA granules show increased colocalization with FMRP and Staufen (Wang et al., 2008). These findings support the notion that similar to FMRP (Antar et al., 2004), TDP-43 may adjust its localization and function in response to synaptic activity. Subsequent studies provided further evidence that TDP-43, when overexpressed, colocalizes with FMRP in transport RNA granules in cultured motor neurons derived from mice or flies (Coyne et al., 2015; Fallini et al., 2012).

As suggested by colocalization studies, human FMRP and TDP-43 were found to coimmunoprecipitate from SH-SY5Y or HEK cells (Coyne et al., 2015; Majumder et al., 2016; Yu et al., 2012). In keeping with these observations, overexpressed human TDP-43 was found to assemble in a complex with endogenous FMRP in fly motor neurons (Coyne et al., 2015). Furthermore, full length, purified FMRP and TDP-43 bind *in vitro* (Coyne et al., 2015). Although additional work is needed to understand the mechanisms and dynamics of binding, co-immunoprecipitation experiments show that the low complexity, Glycine rich, C terminus domain of TDP-43 is required for the interaction with FMRP (Majumder et al., 2016). The C terminus domain of TDP-43 also supports protein interactions with other hnRNPs (Romano et al., 2014) suggesting that it may act as a scaffold for multiple RBP

interactions. This in turn provides opportunities for enhancing the repertoire of RNAs that associate with TDP-43 via diverse RBP partners. Other notable TDP-43 partners include PABP and Ataxin 2 that, when knocked-down mitigate TDP-43 proteinopathy (Becker et al., 2017; Elden et al., 2010). These protein-protein interactions, together with findings that FMRP and TDP-43 co-fractionate in polysomes with known translation factors (*e.g.*, CYFIP, Majumder et al., 2016) suggest that just like FMRP, TDP-43 may regulate translation, most likely at the level of initiation.

#### 4.2. Protein-RNA interactions

These reports of physical association suggest the possibility that FMRP and TDP-43 may share mRNA targets. Indeed, systematic evolution of ligands by exponential enrichment (SELEX) identified G-quadruplexes as ligands of both FMRP (Darnell et al., 2001) and TDP-43 (Ishiguro et al., 2016). Furthermore, RNA immunoprecipitations show that just like FMRP, TDP-43 associates with several mRNAs and regulates their localization and translation in neurons. Among these common targets are *Rac1* and *futsch/MAP1B* mRNAs, which regulate spinogenesis and the microtubule cytoskeleton, respectively (Coyne et al., 2014; Godena et al., 2011; Majumder et al., 2012; Majumder et al., 2016; Romano et al., 2016).

While regulating the same mRNA targets seems plausible for two proteins that bind similar structural motifs (e.g., G-quadruplexes) the question remains whether these protein-RNA interactions occur separately or together, and whether this three way association between FMRP, TDP-43 and mRNA bears physiological significance. To address the interdependence between these factors, Majumder et al used a series of elegant knock-down, structure function and in vitro translation studies in cultured cells (Majumder et al., 2016). These experiments showed that the binding of FMRP to Rac1 mRNA was significantly decreased upon TDP-43 depletion, whereas only marginal or no decrease in the binding of TDP-43 was detected upon FMRP depletion in cultured hippocampal neurons. Together with mutagenesis studies followed by RNA immunoprecipitations these results suggest a scenario whereby TDP-43 binds specific UG repeat sequences followed by recruitment of FMRP to the 3'UTR of Rac1 mRNA. Although these findings show that FMRP regulation of Rac1 mRNA translation is dependent on TDP-43, a more robust inhibition is observed when both TDP-43 and FMRP are overexpressed, consistent with a cooperative repression mechanism (Majumder et al., 2016). Pharmacological inhibition studies suggest that the co-repression of Rac1 mRNA by FMRP and TDP-43 occurs at the level of translation initiation but not elongation. Furthermore, FMRP and TDP-43 knock-down experiments in conjunction with immunoprecipitation of CYFIP, a 4E-BP partner of FMRP suggest a model in which, first, TDP-43 binds mRNA via UG sequences, followed by FMRP-CYFIP recruitment and eIF4E binding that collectively inhibits *Rac1* mRNA translation at the initiation step (Majumder et al., 2016).

Insights into what these complex protein-RNA interactions may mean for the pathomechanism of disease come from a fly model of ALS based on TDP-43 overexpression (Coyne et al., 2014; Coyne et al., 2015; Estes et al., 2011). RNA immunoprecipitations showed that *futsch* mRNA, the *Drosophila* homolog of MAP1B, associates with wild-type

and mutant TDP-43 in motor neurons (Coyne et al., 2014). Expression studies and polysome fractionations showed that Futsch protein is upregulated in motor neuron cell bodies as the combined result of decreased futsch mRNA localization at the neuromuscular junction and translation deficits, and this causes a reduction in synaptic microtubule stability. Remarkably, MAP1B, the human homolog of Futsch is also upregulated in motor neuron cell bodies from ALS spinal cords (Coyne et al., 2014). Other studies confirmed the ability of fly and human TDP-43 to downtranslate futsch/MAP1B and further demonstrated the requirement of UG sequences within the 5'UTR of futsch/MAP1B for this regulation (Romano et al., 2016). Since *futsch* is also a translation target of FMRP, which binds TDP-43, the fly provided an opportunity to study these relationships in vivo. A combination of molecular studies, cellular and polysome fractionations, and genetic interaction experiments suggest a model whereby TDP-43 aggregation and mRNA sequestration in disease are mitigated by FMRP overexpression, via remodeling of RNA granules and release of mRNAs whose translation is restored (Coyne et al., 2015) (see Figure 1). Notably, these molecular changes are accompanied by a rescue of TDP-43 dependent locomotor deficits and an increase in lifespan (Coyne et al., 2015). These findings suggest that remodeling RNA granules, release of sequestered mRNAs and restoring their translation may provide strategies for restoring protein synthesis deficits and mitigating functional phenotypes in ALS/FTD.

# 5. Concluding remarks

In conclusion, similar alterations in RNA processing, specifically at the level of mRNA localization and translation can cause devastating consequences for the nervous system at different times during lifespan (Figure 2). On one hand, FMRP deficiency causes cognitive and behavioral phenotypes in early development while TDP-43 exerts toxicity in middle age or later in life. Yet these two RBPs assemble in the same ribonucleoprotein complex, have the ability to bind each other and even regulate the same mRNA targets, through similar mechanisms, and affect identical cellular processes. How might their effects manifest at strikingly different stages of development? A possible explanation is that FMRP is expressed at higher level than TDP-43 in early development. Although a direct comparison is yet to be done between the two RBPs discussed here, FMRP expression correlates with brain regions affected in disease (Till, 2010; Zangenehpour et al., 2009). At the same time, loss of TDP-43 causes embryonic lethality (Sephton et al., 2010; Wu et al., 2010) therefore expression levels alone cannot provide an explanation for how might TDP-43 dysfunction cause age dependent neurodegeneration. Of note is the fact that although loss of TDP-43 and overexpression models exhibit similar phenotypes (Estes et al., 2011; Feiguin et al., 2009; Kabashi et al., 2009), their mechanisms are likely different (Hazelett et al., 2012). For example, although loss of endogenous TDP-43 and overexpression of human TDP-43 in flies causes comparable phenotypes (Coyne et al., 2015; Estes et al., 2011), FMRP overexpression only mitigates the ALS-like overexpression condition and not the loss of function (Coyne et al., 2015). These findings are consistent with multiple reports that cytoplasmic TDP-43 (whether wild-type, as in sporadic ALS, or disease causing mutant TDP-43) is toxic to motor neurons (Barmada et al., 2010). A plausible explanation is that the accumulation of TDP-43 in the cytoplasm and depletion from its normal location in the

nucleus simply takes time. It remains to be determined whether this is caused by age dependent leaky nuclear pores or other cellular stresses, less robust disassembly of cytoplasmic RNA stress granules or accumulation of free radicals. Recently, it has been shown that nuclear pore components associate with RNA stress granules during cellular stress, bolstering the role of cytoplasmic granules in ALS/FTD (Zhang et al., 2018). Thus it would appear that the presence and persistence of TDP-43 containing granules in the cytoplasm provides opportunities for failure of ribostasis through RNA sequestration and translation inhibition, and proteostasis through aggregate formation, both of which correlate with degeneration and death. Although protein aggregates are a hallmark of pathology, their contribution to neuronal death remains controversial (reviewed in Baloh, 2011; Tsao et al., 2012) therefore more work is needed to understand the different types of aggregates at a structural level. Consistent with the presence of "protective" versus "toxic" aggregates, it was recently shown that SOD1 trimers are toxic while fibrils confer protection (Zhu et al., 2018). Additional work on RBP-RNA complexes is needed to better understand lifespan dependent, neuronal and synaptic vulnerability in the nervous system, that ultimately causes different neurological disorders.

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# Highlights

1. FMRP and TDP-43 assemble in ribonuclear protein particles

- 2. FMRP and TDP-43 share mRNA targets
- **3.** FMRP and TDP-43 dysfunction cause seemingly different neurological disorders



### Figure 1. FMRP interacts with TDP-43 and remodels TDP-43/mRNA complexes

Schematic representation the molecular interactions between TAR binding protein (TDP-43; blue) and fragile X mental retardation protein (FMRP; green) with their effects on mRNA sequestration and the resulting phenotypes. TDP43 and FMRP co-localize in cytosolic complexes in normal and pathological conditions. In patients or animal models of amyotrophic lateral sclerosis (ALS) or/and frontotemporal dementia (FTD), cytoplasmic TDP-43 accumulation sequesters mRNAs, which in turn causes decrease of locomotor function and lifespan. Overexpression of FMRP rescues ALS/FTD phenotypes by remodeling protein-RNA complexes (excess FMRP solubilizes TDP-43) and ultimately releasing mRNA from aggregates. Proteostasis can be restored by translation of the released mRNA.

Lifespan	early developmer	nt	aging
Clinical significance	FMRP		TDP-43
Associated diseases	FXS	FXPOI	ALS FTD FXTAS
Common mRNA targets	FMRP TDP-43	futsch/MAP1 D Rac1 AAAAAAA GluR1	В

### Figure 2. FMRP and TDP-43 cause different clinical syndromes during lifespan

Diseases associated with FMRP: fragile X syndrome (FXS), Fragile X-associated primary ovarian insufficiency (FXPOI), Fragile X-associated tremor/ataxia syndrome (FXTAS). Diseases associated with TDP-43 proteinopathy: amyotrophic lateral sclerosis (ALS) and frontotemporal dementia (FTD). Known mRNA targets known to date, as shown.