

Effect of food on the pharmacokinetic characteristics of a single oral dose of LCB01-0371, a novel oxazolidinone antibiotic

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Background: LCB01-0371 is a novel oxazolidinone antibiotic that blocks protein production by binding to bacterial 23S ribosomes. This antibiotic is active against Gram-positive bacteria. This study aimed to evaluate the effect of food on the pharmacokinetics (PKs) of LCB01-0371 and evaluate its safety profile.

Subjects and methods: A randomized, open-label, two-way crossover study was performed in 18 healthy Korean male subjects. All subjects received a single oral 800 mg dose of LCB01-0371 in each period under fed or fasting condition with a 7-day washout in between. The fed condition was defined as consumption of a meal of 800–1,000 kcal containing ~50% of fat content. Serial blood samples were collected over 24 h after dosing, and the PK parameters were calculated by noncompartment analysis. All available data of the subjects who received LCB01-0371 at least once were included in the safety data summaries.

Results: In the fed condition, both the maximum plasma concentration (C_{max}) and the total systemic exposure (area under the plasma concentration–time curve from time zero to the last observed time point [AUC_{last}]) decreased by ~33% and 10%, respectively. The time to reach C_{max} was delayed by ~1.25 h in the fed condition, whereas the mean elimination half-life remained similar in both conditions. In the fed/fasting condition, the geometric mean ratios and 90% CI of the C_{max} and AUC_{last} were 0.666 (0.470–0.945) and 0.897 (0.761–1.057), respectively. There were no drug-related adverse events (AEs) or serious AEs.

Conclusion: Although the T_{max} after a single oral 800 mg dose of LCB01-0371 was slightly delayed under the fed condition compared to the fasting condition, the total systemic exposure was similar under both conditions. Therefore, LCB01-0371 could be administered regardless of food intake.

Keywords: antibiotic resistance, gram-positive bacteria, clinical trial

Introduction

Over the course of the 21st century, bacterial antibiotic resistance has become a global public health issue.¹ Due to the increasing number of bacteria that are resistant to available conventional antibiotics, there is a need for the development of antibiotics with new mechanisms of action for treating diseases caused by multidrug-resistant bacteria.

The oxazolidinone antibiotics are a relatively new class of drugs developed in response to the increasing antibiotic resistance. This class has strong antimicrobial activity against most Gram-positive bacteria and organisms resistant to other agents, and they work by binding to the V domain of 23S rRNA to block the initiation of complex formation during protein synthesis.² Linezolid and tedizolid, antibiotics of the

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same family with a similar mechanism of action, have already received approval and are currently being marketed.

LCB01-0371 is a new oxazolidinone with a cyclic amidrazone developed by LegoChem Biosciences Inc. (Daejeon, Republic of Korea).^{2,3} A randomized, double-blind, placebo-controlled, multiple-dose ascending study of LCB01-0371 was previously conducted.⁴ For 21 days, the first treatment group received 800 mg once a day, the second group received 800 mg twice a day, and the third group received 1,200 mg twice a day. This study closely monitored the percentage change from baseline of absolute neutrophil count and red blood cell count. It was determined that long-term administration of LCB01-0371 was well tolerated.

The effect of food on the pharmacokinetics (PKs) of oxazolidinone drugs has been investigated in other studies. A slight decrease in C_{\max} and a delay in T_{\max} were observed after the administration of a single 375 mg dose of linezolid.⁵ However, the oral bioavailability of linezolid was not affected by food, indicating that linezolid can be taken with or without food.⁶ After administration of a single 600 mg dose of tedizolid phosphate, C_{\max} was reduced to 27.3% and T_{\max} was delayed under fed conditions compared with fasting conditions. Gastric emptying time was delayed in association with solid meals because tedizolid phosphate has low predicted membrane permeability, and the gastric juice within the stomach does not contain phosphatase enzymes. The geometric mean ratio (GMR) of the area under the plasma concentration–time curve (AUC) was similar between fed and fasting conditions.⁷ Because the AUCs of linezolid and tedizolid were similar under fed and fasting conditions, it is possible to administer them irrespective of diet.

In a similar context to the above study, the present study was performed to evaluate the effect of food on the PK characteristics, safety, and tolerability of a single oral 800 mg dose of LCB01-0371.

Subjects and methods

Subjects and treatments

This study was approved by the Institutional Review Board of Seoul National University Bundang Hospital (no B-1507-307-009) and registered in the clinical trial registry (ClinicalTrials.gov, no NCT02538003). Moreover, this study was conducted on the basis of the ethical principles of the Declaration of Helsinki⁸ and the rules of Korean Good Clinical Practices.⁹

Healthy Korean male adults aged between 20 and 40 years and with a body mass index (BMI) of 19–28 kg/m² were enrolled for the study. Written informed consent was obtained from all subjects before the screening procedure.

To be enrolled, aspartate aminotransferase, alanine aminotransferase, gamma-glutamyl transferase, and total bilirubin levels were required to be below the upper limit of normal. Subjects with clinically significant disease history or with an inability to digest high-fat, high-calorie diets (800–1,000 kcal, ~50% of fat content) were excluded. Those who were scheduled to use selective serotonin reuptake inhibitor, monoamine A and B inhibitors, or drugs with serotonin activity for 2 weeks prior to randomization were also excluded. Those who had hypersensitivities to oxazolidinone (eg, linezolid and tedizolid) or other drugs (eg, aspirin and antibiotics) were excluded; however, subjects with inactive allergic rhinitis were eligible for participation. Furthermore, subjects who were found to be unsuitable for clinical trials at the discretion of the investigators were also restricted from participating in this study.

This study had a randomized, open-label, single-dose, two-by-two crossover design. A total of 18 subjects were randomized, and 9 subjects were enrolled in each group. Subjects in group 1 were administered a single 800 mg dose of LCB01-0371 with 240 mL of water in the fasting condition at period 1 and in the fed condition at period 2. Subjects in group 2 were administered a single 800 mg dose of LCB01-0371 with 240 mL of water in the fed condition in period 1 and in the fasting condition in period 2. The fasting condition meant that at least 10 h of fasting was maintained prior to the administration of the drug. According to the US Food and Drug Administration guidance on food effect studies,¹⁰ subjects who were scheduled for postprandial administration consumed a high-fat diet (800–1,000 kcal containing ~50% of fat) within 20 min. The subjects took 800 mg LCB01-0371 \geq 30 min after the meal start time. The washout period for each group was 7 days.

Blood sample collection

Blood was collected for PK evaluation 15 times for each period up to 24 h after the drug administration, at 0 (predose) and 0.25, 0.5, 0.75, 1, 1.5, 2, 2.5, 3, 4, 6, 8, 10, 12, and 24 h postdose. A volume of 6 mL of blood was collected in heparinized tubes and centrifuged at 1,800 rpm at 4°C for 8 min, from which three aliquots of 0.8 mL of plasma were transferred to Eppendorf tubes and maintained at –70°C until the concentration analysis.

Determination of plasma drug concentration

The plasma concentration of LCB01-0371 was determined using a validated liquid chromatography (LC) coupled with a mass spectrometry (MS) method.

LC was performed using a nanospace SI-2 high-performance liquid chromatography (HPLC) system (Shiseido, Tokyo, Japan) consisting of a binary pump, a vacuum degasser, an autosampler, and a column oven compartment. The analytes were separated on an Atiantis dC18 column (100×2.1 mm, 3 μm) (Waters, Milford, MA, USA) set at 40°C. The mobile phase consisting of 1 mM ammonium formate and acetonitrile (80:20, v/v) was used in an isocratic condition at a flow rate of 0.3 mL/min.

MS was performed using a Quantum Ultra Triple Quadrupole Mass Spectrometer (Thermo Fisher Scientific, Waltham, MA, USA). Xcalibur software (Version 2.1.0) was used for system control and data processing. Electrospray ionization was operated in the positive ionization mode to detect LCB01-0371. The ion spray voltage was set at 4,000 V, and the capillary temperature was set at 300°C. A multiple reaction monitoring scan mode was used in the mass spectrometer.

To simplify the extraction steps and optimize the chromatographic conditions, samples were prepared using protein precipitation from human plasma and target compounds were analyzed using the LC/MS/MS detection. We evaluated selectivity, sensitivity, linearity, accuracy and precision, recovery, carryover, matrix effect, batch size, dilution factor, short-term temperature stability (at room temperature), postpreparative stability, freeze-thaw stability, long-term stability (<-70°C), stock solution stability, and working solution stability.

After validation, no endogenous interference peak was observed at the same retention time as LCB01-0371 and the signal-to-noise ratio at the lower limit of quantification (LLOQ) concentration was >5 ng/mL. The concentration range in plasma was 5–20,000 ng/mL, and the linearity of calibration curve was satisfied with the criteria of determination coefficient (r^2) ≥0.9900. We determined accuracy and precision at four concentrations (LLOQ, low, medium, and high) during inter- and intra-batch. The accuracy was 85%–115% (LLOQ: 80%–120%), and the precision was within 15% (LLOQ: within 20%). The stability results of analyte were in an acceptable change of ±15%. In addition, the change (%) between the reference sample and the test sample was confirmed to be within ±10% for stock solution and working solution stability.

For sample preparation, to a polypropylene tube containing 95 μL of blank plasma, 5 μL of LCB01-0371 working solution and 10 μL of internal standard (IS) were added and vortexed briefly. Thereafter, 1 mL of acetonitrile was added to mixture to precipitate the protein. The mixture was vortexed for 5 min and centrifuged at 13,000 rpm for 5 min. Deionized water (1 mL) was added to the 100 μL upper layer.

The mixtures were collected in a vial, and 5 μL of a sample was injected into the HPLC–MS/MS system for analysis.

PK analysis

PK analysis was performed for those who completed all blood collection schedules. The actual blood sampling time points were used for PK analysis for each subject.

From the obtained data, the following PK parameters were calculated with the noncompartmental method using the Phoenix WinNonlin software, Version 6.4 (Certara, Princeton, NJ, USA). The maximum plasma concentration (C_{max}) and the time to reach C_{max} (T_{max}) were obtained directly from the observed values. If the plasma concentration was below the LLOQ before T_{max} , the plasma concentration was considered zero. If the plasma concentration observed after T_{max} was below the LLOQ, the plasma concentration was considered missing. The AUC from time zero to the last observed time point (AUC_{last}) was determined using the linear trapezoidal method for ascending concentrations and the log trapezoidal method for descending concentrations. Extrapolation beyond the last plasma concentration was performed to determine the AUC from time zero to infinity (AUC_{inf}). The elimination half-life ($t_{1/2}$) was calculated as the natural logarithm of two divided by λ_z , where λ_z was the terminal elimination rate constant estimated from a regression line of log-transformed plasma concentrations versus time over the terminal log-linear portion.

Safety and tolerability assessments

All subjects who received at least one dose were evaluated for safety. Assessment criteria included adverse event (AE) monitoring, physical examination, vital signs, 12-lead electrocardiogram, and clinical laboratory tests. Subjects were instructed to report to the investigator or medical personnel if there were any AEs throughout the entire study. All AEs reported by the subjects were recorded, and the investigators assessed the relationship with the investigational product.

Statistical analyses

Demographic characteristics were obtained using descriptive statistics (mean, SD). All PK parameters are displayed as mean ± SD and coefficient of variation (%), except for T_{max} which was represented as median and range.

The GMRs were calculated from the analysis of variance model, including sequence, period, and fed/fasting condition as fixed effects and the subject nested within sequence as a random effect. All statistical analyses were performed

using the SAS software (Version 9.4; SAS Institute Inc., Cary, NC, USA).

Results

Demographics

The purpose of this study was to compare the PK characteristics of a single oral administration of LCB01-0371 under fed and fasting conditions. For the food effect study, the number of subjects was set to ~20 or more, with the minimum number of subjects being at least 12. The study was conducted with nine healthy subjects, which was slightly more than the minimum number of subjects to determine the effect of food on the PKs of the investigational product.

Nineteen healthy Korean male volunteers were enrolled and randomized. One subject withdrew consent before the dosing at period 1, and another subject withdrew consent before starting period 2. A total of 17 subjects completed the study, and the demographic characteristics are shown in Table 1.

The mean \pm SD of age, height, weight, and BMI of all 19 randomly enrolled subjects were 25.1 \pm 3.3 years, 171.3 \pm 7.3 cm, 69.8 \pm 8.2 kg, and 23.8 \pm 2.6 kg/m², respectively. The demographic characteristics were similar in both groups.

PK

PK analysis was performed in 17 subjects. A summary of the PK parameters after a single administration of LCB01-0371 800 mg under fed and fasting conditions and, also, the GMR and 90% CI of C_{\max} , AUC_{last} , and AUC_{inf} for fed and fasting conditions are shown in Table 2. The mean plasma concentrations of LCB0-0371 versus time profiles under each condition are shown in Figure 1. Individual changes in PK parameters after a single 800 mg dose of LCB01-0371 under each condition are shown in Figure 2.

Table 1 Demographic characteristics of subjects according to groups

Demographic data	LCB01-0371 800 mg ^a		
	Group 1 ^b (N=9) (fasted–fed sequence)	Group 2 ^c (N=10) (fed–fasted sequence)	Total (N=19)
Age (years)	26.0 \pm 3.0	24.3 \pm 3.4	25.1 \pm 3.3
Height (cm)	170.2 \pm 7.3	172.4 \pm 7.4	171.3 \pm 7.3
Weight (kg)	69.9 \pm 9.4	69.6 \pm 7.5	69.8 \pm 8.2
BMI (kg/m ²)	24.2 \pm 3.0	23.4 \pm 2.2	23.8 \pm 2.6

Notes: ^aData presented as mean \pm SD. ^bLCB01-0371 administered under fasting conditions followed by fed conditions. ^cLCB01-0371 administered under fed conditions followed by fasting conditions.

Abbreviation: BMI, body mass index.

The median T_{\max} of LCB01-0371 under fed conditions was delayed from 0.75 to 2 h compared to the median T_{\max} of LCB01-0371 under fasting conditions (P -value < 0.0001), whereas the $t_{1/2}$ was not statistically significantly different between the two groups. Under fed conditions, C_{\max} significantly decreased by ~33.4% from that in fasting conditions. However, AUC_{last} and AUC_{inf} were similar between fed and fasting conditions. GMRs (90% CI) of C_{\max} and AUC_{last} were 0.666 (0.470–0.945) and 0.897 (0.761–1.057), respectively.

Safety and tolerability

The safety and tolerability assessment was performed in 18 subjects.

A total of seven mild AEs in two subjects were reported after an oral single administration of LCB01-0371 under fed or fasting conditions. Four AEs (rhinorrhea, sore throat, headache, and noncardiac chest pain) were reported in two subjects under the fasting condition, and three AEs (cough, fever, and noncardiac chest pain) were reported in two subjects under the fed condition. There were no clinically significant differences between before and after dosing in vital signs, physical examinations, 12-lead electrocardiogram, and clinical laboratory tests.

Discussion

This study was the first to evaluate the effect of food on the PKs of LCB01-0371. Because there were no statistically significant differences in AUC between the fed and fasting conditions, we concluded that food did not significantly influence the PKs of LCB01-0371.

AUC divided by minimum inhibitory concentration (AUC/MIC) is an indicator used to estimate the efficacy of antibiotics according to concentration–time characteristics,¹¹ especially for antibiotics that have a long postantibiotic effect (PAE).¹² For the PK/pharmacodynamics (PD) antibacterial assay for LCB01-0371, a mouse model of bacteria-induced infection in thighs was used. The AUC/MIC parameter was well correlated with efficacy in this experiment. In addition, when the PK/PD study of LCB01-0371 was performed using a neutropenic mouse thigh infection model, the PAE of LCB01-0371 was 16 h at a dose of 40 mg/kg. This PAE is very long compared to the PAE of linezolid, which is ~1–3 h.^{11,13} Because there were no significant differences in AUC_{last} between the fed and fasting conditions in this study, the effect of food on the efficacy of LCB01-0371 is expected to be negligible for bacteria strains with a common MIC causing clinical infection.

Table 2 Summary of LCB01-0371 pharmacokinetic parameters after a single 800 mg dose of LCB01-0371 under fed and fasting conditions

Pharmacokinetic parameter	LCB01-0371 800 mg				GMR ^b (90% CI)
	Fed (N=17)		Fasted (N=17)		
	Mean ± SD ^a	CV (%)	Mean ± SD ^a	CV (%)	
T_{max} (h)	2.00 (1.00–6.00)		0.75 (0.50–3.00)		–
C_{max} (mg/L)	7.26±2.58	35.6	11.74±5.38	45.9	0.666 (0.470–0.945)
AUC_{last} (mg h/L)	18.25±4.51	24.7	20.46±5.23	25.6	0.897 (0.761–1.057)
AUC_{inf} (mg h/L)	18.41±4.51	24.5	20.56±5.24	25.5	0.900 (0.765–1.060)
$t_{1/2}$ (h)	1.53±0.14		1.68±0.44		–

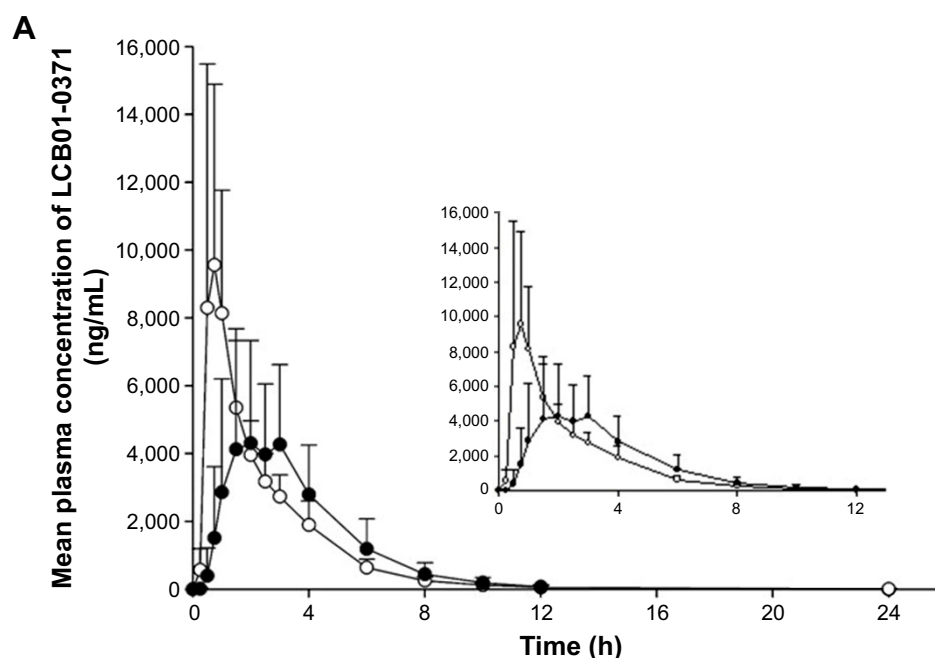
Notes: AUC_{last} , AUC from time zero to the last observed time point; AUC_{inf} , AUC from time zero to infinity; C_{max} , maximum plasma concentration; $t_{1/2}$, terminal elimination half-life; T_{max} , time to reach maximum plasma concentration. ^aData are presented as mean ± SD except for T_{max} , for which median (minimum–maximum) is presented. ^bGMR of pharmacokinetic parameter under fed condition to fasting condition. “–” = not applicable.

Abbreviations: AUC, area under the plasma concentration–time curve; CV, coefficient of variation; GMR, geometric mean ratio.

According to linezolid surveillance results for the USA in 2014 (LEADER Surveillance Program),¹⁴ minimum inhibitory concentration to inhibit the growth of 50% of organisms (MIC_{50}) and minimum inhibitory concentration to inhibit the growth of 90% of organisms (MIC_{90}) values against *Staphylococcus aureus* (47.2% were methicillin-resistant *S. aureus* [MRSA]) for linezolid were both 1 mg/L. In the study in China, MIC_{50} and MIC_{90} against MRSA for tedizolid were both 0.25 mg/L, whereas these two values were 2 mg/L for linezolid. MIC_{50} and MIC_{90} values against methicillin-sensitive *S. aureus* (MSSA) for tedizolid were 0.25 and 0.5 mg/L, respectively, whereas both values were 2 mg/L for linezolid.¹⁵ The static dose PD targets for linezolid and tedizolid were almost identical, with AUC/MIC ratios 19 and 20, respectively.¹⁶ Based on these results, the effective AUC of LCB01-0371 was calculated to be 5–10 mg h/L, assuming a

target AUC/MIC of 20 for LCB01-0371. The nonclinical data for LCB01-0371 indicated a similar MIC to linezolid for MRSA and MSSA, which were 2 mg/L for both. Consequently, the target AUC that satisfied the static effect was 5–10 mg h/L. All subjects reached an AUC that could satisfy the bacteriostatic effect after the oral administration of 800 mg of LCB01-0371. Therefore, the use of 800 mg of LCB01-0371 is considered appropriate. Multiple doses of 800 mg of LCB01-0371 showed good tolerability and safety,¹⁷ and when combined with the above results, it is expected that the 800 mg dose of LCB01-0371 will show the desired efficacy and safety in patients.

Under fed conditions, C_{max} decreased by 26.3% after the administration of tedizolid and AUC was similar to that under the fasting condition.⁷ This is comparable to the results of this study, where the C_{max} decreased and the AUC was

**Figure 1** (Continued)

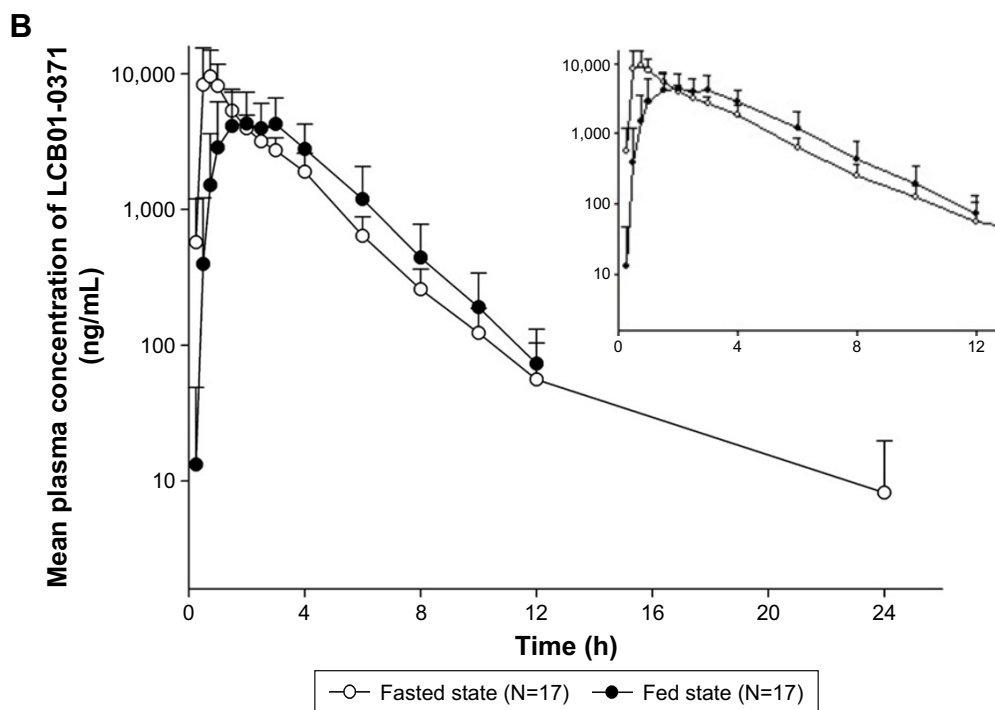


Figure 1 Mean plasma LCB01-0371 concentration–time profiles after a single 800 mg dose of LCB01-0371 under fed and fasting conditions.

Note: Data are presented as mean±SD (A: linear scale and B: log-linear scale; small graph in each panel represents the time of 0–12 h in linear and log-linear scales, respectively).

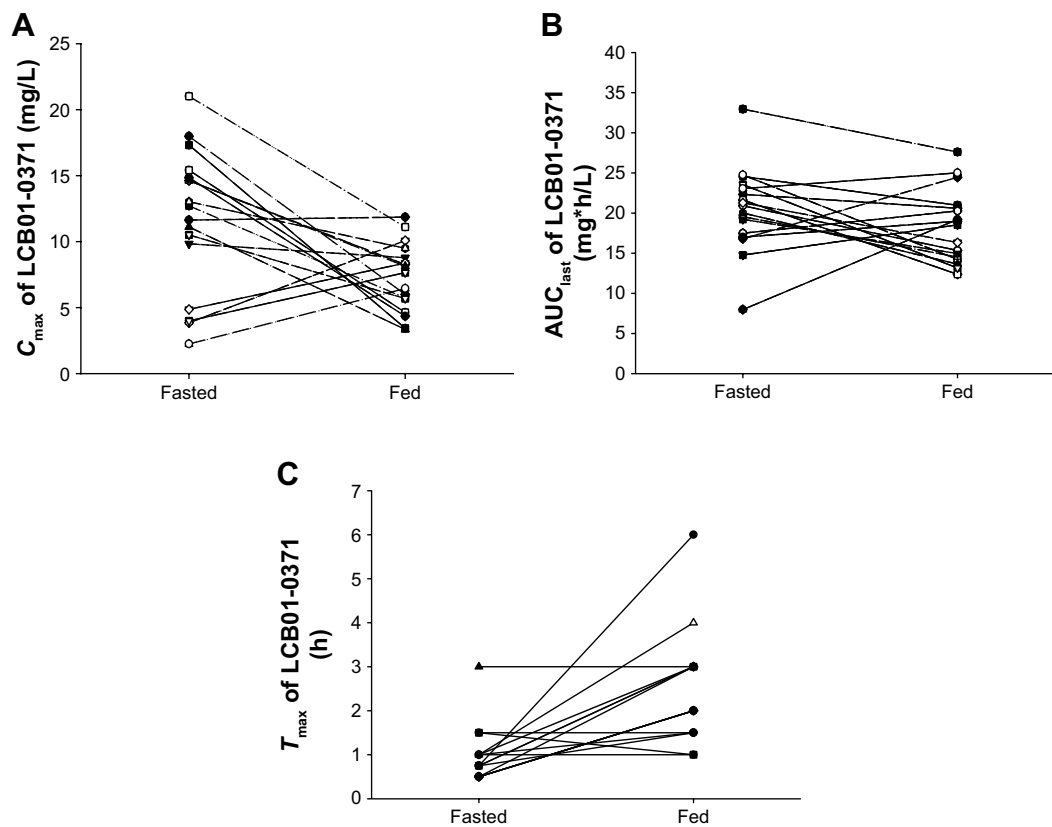


Figure 2 Individual changes in pharmacokinetic parameters after a single 800 mg dose of LCB01-0371 under fed and fasting conditions.

Notes: (A) The changes in C_{max} under fasting and fed conditions. (B) The changes in AUC_{last} and (C) the changes in median T_{max} under fasting and fed conditions. C_{max} : maximum plasma concentration; AUC_{last} : AUC from time zero to the last observed time point; T_{max} : time to reach C_{max} .

Abbreviations: AUC, area under the plasma concentration–time curve; C_{max} : maximum plasma concentration; AUC_{last} : AUC from time zero to the last observed time point; T_{max} : time to reach C_{max} .

similar under fed and fasting conditions. However, the T_{\max} and $t_{1/2}$ of LCB01-0371 and tedizolid were different. Under fasting conditions, the T_{\max} of LCB01-0371 ranged from 0.50 to 3.00 h, whereas that of tedizolid ranged from 1.5 to 3.0 h. Under fed conditions, the T_{\max} of LCB01-0371 ranged from 1.00 to 6.00 h, whereas that of tedizolid ranged from 4.0 to 12.0 h. The $t_{1/2}$ of LCB01-0371 was shorter than that of tedizolid (LCB01-0371: 1.53–1.68 h, tedizolid: 10.4–10.9 h).

Linezolid is available as in both oral and intravenous formulations, and the bioavailability of the oral tablet is ~100%, meaning that the oral and intravenous doses are the same. The T_{\max} of oral linezolid was slightly delayed under fed conditions (1.0–1.7 to 1.5–2.0 h).⁶ The mean C_{\max} was 23% higher in fasting subjects than in high-fat meal recipients. Because the AUC was similar under fed and fasting conditions, the overall extent of absorption was the same.⁵ This is also comparable with the results obtained in the present study.

LCB01-0371 did not easily dissolve in water, but it was soluble in 50% acetonitrile mixed with water. In addition, the permeability of LCB01-0371 was medium grade when measured using the parallel artificial membrane permeability assay (PAMPA), which was developed to determine the degree of permeation across the gastrointestinal tract.¹⁸ The pK_a of LCB01-0371 was ~4.82, indicating that it is a weak acid. Considering these physiochemical characteristics of LCB01-0371, the ionization of LCB01-0371 would be expected to increase when gastric pH increases. A high-fat meal increases gastric pH and gastric emptying time. Ionization of the chemical leads to a lower rate of absorption into the gastrointestinal tract. Therefore, C_{\max} should decrease in fed conditions. AUC under fed and fasting conditions may have been similar, because LCB01-0371 has an amphiphilic nature that results in increased absorption in the small intestine even if the gastric emptying time is delayed.

There were some limitations to this study. Although multiple dosing design studies are not necessary to determine the effect of food on the PKs of a drug, multiple dosing of antibiotics is common in the clinical setting; therefore, further related studies are required. In addition, because LCB01-0371 is currently under development, the expected effective dose is still unknown. Therefore, the time above MIC, which is important for oxazolidinone efficacy,⁶ has yet to be determined. Further studies are required to determine the expected effective dose of LCB01-0371.

Conclusion

The total systemic exposure of 800 mg of LCB01-0371 was similar under fed and fasting conditions. This indicated that the effectiveness of LCB01-0371 is based on AUC; it might be administered irrespective of diet. There was no significant

difference in safety after a single dose of 800 mg of LCB01-0371 under fed and fasting conditions.

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Author contributions

All the authors contributed significantly to the concept, design, implementation, analysis, and interpretation of the data. Each also played an important role in drafting, reviewing, and revising this article and gave final approval of the version to be published. Furthermore, all authors were responsible for properly investigating and resolving issues related to the accuracy and integrity of all parts of this article.

Disclosure

Heesook Nam and Young Lag Cho are LegoChem Biosciences, Inc. employees. The other authors report no conflicts of interest in this work.

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