

Maternal undernutrition in late gestation increases IGF2 signalling molecules and collagen deposition in the right ventricle of the fetal sheep heart

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Key points

- This study investigates the impact of decreased fetal plasma glucose concentrations on the developing heart in late gestation, by subjecting pregnant ewes to a 50% global nutrient restriction.
- Late gestation undernutrition (LGUN) decreased fetal plasma glucose concentrations whilst maintaining a normoxemic blood gas status.
- LGUN increased the mRNA expression of *IGF2* and *IGF2R*. Fetal plasma glucose concentrations, but not fetal blood pressure, were significantly correlated with *IGF2* expression and the activation of CAMKII in the fetal right ventricle.
- LGUN increased interstitial collagen deposition and altered the protein abundance of phospho-PLB and phospho-troponin I, regulators of cardiac contractility and relaxation.
- This study shows that a decrease in fetal plasma glucose concentrations may play a role in the development of detrimental changes in the right ventricle in early life, highlighting CAMKII as a potential target for the development of intervention strategies.

Abstract Exposure of the fetus to a range of environmental stressors, including maternal undernutrition, is associated with an increased risk of death from cardiovascular disease in adult life. This study aimed to determine the effect of maternal nutrient restriction in late gestation on the molecular mechanisms that regulate cardiac growth and development of the fetal heart. Maternal undernutrition resulted in a decrease in fetal glucose concentrations across late gestation, whilst fetal arterial P_{O_2} remained unchanged between the control and late gestation undernutrition (LGUN) groups. There was evidence of an up-regulation of IGF2/IGF2R signalling through the CAMKII pathway in the fetal right ventricle in the LGUN group, suggesting an increase in

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hypertrophic signalling. LGUN also resulted in an increased mRNA expression of *COL1A*, *TIMP1* and *TIMP3* in the right ventricle of the fetal heart. In addition, there was an inverse relationship between fetal glucose concentrations and *COL1A* expression. The presence of interstitial fibrosis in the heart of the LGUN group was confirmed through the quantification of picrosirius red-stained sections of the right ventricle. We have therefore shown that maternal undernutrition in late gestation may drive the onset of myocardial remodelling in the fetal right ventricle and thus has negative implications for right ventricle function and cardiac health in later life.

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Introduction

Epidemiological studies have shown that a suboptimal intrauterine environment is associated with an increased risk of cardiovascular disease in adult life (Barker *et al.* 1989; Barker, 2000). Inadequate fetal substrate supply as a consequence of maternal undernutrition, placental insufficiency or living at high altitude has detrimental long-term consequences for cardiac health (McMillen & Robinson, 2005; Morrison, 2008; Giussani, 2016).

An ovine model of early-onset placental insufficiency resulting in intrauterine growth restriction (IUGR) has been used to determine the impact of restricted oxygen and glucose supply on the development of the fetal heart in late gestation (Morrison *et al.* 2007; Wang *et al.* 2012*b*; Botting *et al.* 2014) and after birth (Wang *et al.* 2011). Placental insufficiency results in a delay in cardiomyocyte maturation, resulting in fewer but larger cardiomyocytes when normalized to fetal heart weight and increased left ventricular (LV) mass after birth in the absence of hypertension (Morrison *et al.* 2007; Wang *et al.* 2011; Botting *et al.* 2014).

During late gestation, cardiac growth is regulated by the insulin-like growth factor (IGF) system (Botting *et al.* 2012). Physiological cardiac growth occurs via activation of the IGF1R/PI3K pathway and cardiomyocyte proliferation (first two-thirds of gestation) and then predominantly by hypertrophy (increase in cardiomyocyte size) in late gestation (Burrell *et al.* 2003). However, in the growth-restricted fetus and low birth weight (LBW) lamb, there is an increase in IGF2 and IGF2R gene and protein expression in the fetal heart (Wang *et al.* 2011). Interestingly, there is evidence that this is a consequence of epigenetic programming through increased histone acetylation in the IGF2/IGF2R promoter region, not methylation (Wang *et al.* 2011), and that increased IGF2R signalling may contribute to pathological cardiomyocyte and cardiac hypertrophy (Wang *et al.* 2015). Activation of IGF2R, a $G\alpha_q$ receptor, induces cardiac hypertrophy, through the activation of downstream effectors such as Ca^{2+} -calmodulin-dependent protein kinase II (CAMKII),

protein kinase C (PKC)- α and protein kinase A (PKA) (Chu *et al.* 2008, 2009; Wang *et al.* 2012*b*). Initially occurring as an adaptive response, the hypertrophy becomes detrimental to cardiac function if prolonged and is often associated with an up-regulation of those molecules involved in myocardial fibrosis such as the two main isoforms of collagen in the heart collagen type 1 (COL1A) and collagen type 3 (COL3A) (Weber, 1989; Weber *et al.* 1993; Cleutjens *et al.* 1995). This interstitial accumulation of collagen and extracellular matrix dysregulation causes the myocardium to become increasingly less compliant (Khan & Sheppard, 2006) and is associated with systolic and diastolic dysfunction (Kitamura *et al.* 2001; Burlew & Weber, 2002).

Models of IUGR that involve placental insufficiency restrict both oxygen and glucose delivery to the fetus. There is a negative correlation between mean gestational P_{O_2} and both the proportion of mononucleated cardiomyocytes and the size of binucleated cardiomyocytes (Morrison *et al.* 2007), suggesting that in the fetal IUGR heart, a low gestational P_{O_2} may result in delayed cardiomyocyte maturation and an increase in cardiomyocyte size. Furthermore, these chronically hypoxemic fetuses have unchanged basal blood pressure in comparison with normoxemic controls (Danielson *et al.* 2005), indicating that the increase in cardiomyocyte size is independent of increased fetal blood pressure.

However, it has also been demonstrated that there blood pressure is increased in the nutrient-restricted offspring in rodent models of total caloric restriction (Woodall *et al.* 1996) and low protein diet (Langley & Jackson, 1994) during pregnancy. As fetal blood pressure was not measured in these studies, we are unable to draw conclusions about the origins of hypertension in these models.

Experimental models of *in utero* programming of cardiovascular disease have generally focused on the impact of adverse intrauterine environments on the developmental changes within the left ventricle. Interestingly, right ventricular dysfunction predicts poorer cardiac outcomes in heart failure patients in the clinical

setting (Polak *et al.* 1983) and pulmonary hypertension is associated with decreased right ventricular contractility (Segers *et al.* 2012). In postnatal life, the right ventricle pumps deoxygenated blood against the lesser pressure of the pulmonary circulation. However, during fetal life, when blood is oxygenated by the placenta, pulmonary resistance is high and blood flows through the ductus arteriosus and foramen ovale to maintain cerebral blood flow and brain growth. Thus, during gestation the right ventricle is the dominant ventricle and pumps blood against systemic arterial pressure.

We have previously shown that maternal nutrient restriction during the rapid fetal growth phase in late gestation results in an increase in fetal arterial blood pressure (Edwards & McMillen, 2001). We hypothesize that exposure to maternal nutrient restriction will therefore result in both molecular and morphological changes within the right ventricle. Herein, we investigated the consequences of maternal nutrient restriction in late gestation on the molecular mechanisms that regulate the growth and development of the right ventricle.

Methods

All procedures were approved by the University of Adelaide Animal Ethics Committee and comply with the Australian code of practice for the care and use of animals for scientific purposes. All investigators understood and followed the ethical principles outlined by Grundy (2015) and the principles of the 3Rs, specifically the reduction of the use of animals in research (Russell & Burch, 1959).

Animals and surgery

Surgery was performed on pregnant Border-Leicester cross Merino ewes ($n = 14$, sourced from Turretfield Research Centre, South Australia) between 110 and 113 days of gestation (term = 147 ± 3 days of gestation) to implant vascular catheters as previously described (Edwards & McMillen, 2001). Briefly, sodium thiopentane (1.25 g IV, Pentothal, Rhone Merieux, Pinkenba, Qld, Australia) was administered to induce general anaesthesia, which was maintained with 2.5–4% halothane in oxygen (Fluothane, ICI, Melbourne, Vic., Australia). Vascular catheters were implanted into the maternal jugular vein, fetal jugular vein and carotid artery as well as the amniotic cavity as previously described (Muhlhausler *et al.* 2005). Ewes received an intramuscular injection of antibiotics (3.5 mL of Norocillin (150 mg mL⁻¹ procaine penicillin and 112.5 mg mL⁻¹ benzathine penicillin; Norbrook Laboratories Ltd., Gisborne, Australia) and 2 mL of 125 mg mL⁻¹ dihydrostreptomycin in sterile saline (Sigma, St Louis, MO, USA) at the time of surgery. After surgery, ewes were administered xylazine (20 µg kg⁻¹; IM) for analgesia. Ewes were housed individually with a 12 h

light–dark cycle and fed once daily at 11.00 h with water provided *ad libitum*. Ewes were allowed to recover from surgery for at least 4 days prior to experimentation.

Nutritional regime

Ewes were weighed once between 110 and 114 days gestation age (GA) and from 115 days GA ewes were fed either 20 g of Lucerne and 3 g oats per kg of body weight (Control, $n = 6$), or a 50% reduction, 10 g of Lucerne and 1.5 g oats per body weight [late gestation undernutrition (LGUN) group; $n = 8$]. To account for the growing fetus, feed allowance was increased by 15% in both groups every 10 days until post-mortem.

Blood sampling regime

Daily fetal blood gas as well as plasma glucose and cortisol concentrations have previously been reported for this cohort (Edwards & McMillen, 2001). Fetal arterial blood samples were collected every day for the first 4 days after surgery and then three times per week thereafter for the measurement of arterial P_{O_2} , P_{CO_2} , pH and oxygen saturation temperature corrected to 39°C (ABL 520, Radiometer, Copenhagen, Denmark). Fetal arterial blood samples and maternal venous blood samples were also collected three times per week between 08.00 and 11.00 h. All details of glucose and cortisol assays and results for this cohort have been published previously (Edwards & McMillen, 2001). Briefly, plasma glucose concentrations were determined using hexokinase and glucose-6-phosphate dehydrogenase, measuring the formation of NADH photometrically at 340 nm (COBAS MIRA automated analysis system, Roche Diagnostic, Basle, Switzerland) and plasma cortisol concentrations were determined by radioimmunoassay using an Orion Diagnostica kit (Orion Diagnostica, Turku, Finland).

Fetal blood pressure measurements

The fetal carotid arterial catheter and amniotic catheters were connected to a MacLab data acquisition system via a MacLab 1050 displacement transducer and quad-bridge amplifier (ADI Instruments, Sydney, NSW, Australia). Arterial blood pressure, corrected for amniotic pressure, was measured using the MacLab Chart software on a Macintosh computer. Responses to blood pressure challenges have been previously reported (Edwards & McMillen, 2001).

Post-mortem and tissue collection

At 144 or 145 days GA, ewes were humanely killed with an overdose of sodium pentobarbitone (Virbac, Peakhurst, NSW, Australia) and fetal sheep were delivered by hysterotomy, weighed and killed by decapitation. Fetal

hearts were weighed, and right ventricles were excised and weighed separately. Samples of the right ventricle were both snap frozen in liquid nitrogen to be stored at -80°C for molecular analysis and fixed in 4% paraformaldehyde for histological analysis.

Quantification of mRNA transcripts within the right ventricle

Total RNA extraction. Total RNA was extracted from ~ 50 – 60 mg of right ventricle tissue (Control, $n = 6$; LGUN, $n = 8$) using Qiagen QIAzol Lysis Reagent and Qiagen RNeasy purification columns (Qiagen Pty Ltd, Doncaster, Vic., Australia) (Soo *et al.* 2012; McGillick *et al.* 2013). All extracted RNA samples were checked for integrity by running them on an agarose gel stained with ethidium bromide. Total RNA was quantified by spectrophotometric measurements at 260 and 280 nm.

cDNA synthesis. The ratio of the optical density at 260 and 280 nm was used to calculate the correct dilutions of extracted RNA used for cDNA synthesis. The cDNA was synthesized according to the manufacturer's guidelines with a Superscript III First Strand Synthesis System (Invitrogen, Carlsbad, CA, USA), using $2 \mu\text{g}$ of total diluted RNA, random hexamers, dNTP, DTT and Superscript III in a final volume of $20 \mu\text{L}$. A no template control (NTC) containing no RNA transcript and a no amplification control (NAC) containing no Superscript III were used to check for reagent contamination and genomic DNA contamination, respectively.

Quantitative real-time RT-PCR. All essential information regarding our procedure is included as per the MIQE guidelines (Bustin *et al.* 2009). The expression of genes regulating IGF signalling [*IGF1*, DQ152962; *IGF1R*, AY162434; *IGF2*, M89789; *IGF2R*, AF327649 (Gentili *et al.* 2009)], glucocorticoid signalling [glucocorticoid receptor (*GR*), NM.001114186.1; *11BHSD1*, NM.001009395.1; *11BHSD2*, NM.001009460.1 (McGillick *et al.* 2014)] and fibrosis (Table 1) were measured by quantitative RT-PCR (qRT-PCR). The expression of these target genes was determined in parallel with and normalized to three housekeeping genes: hypoxanthine phosphoribosyl transferase (*HPRT*; NM.001034035.1), tyrosine 3-monooxygenase (*YWAHZ*; AY970970) and ribosomal protein P0 (*RPPO*; NM.001012682.1). These housekeeping genes were selected (based on their stability across samples in each treatment group) from a panel of eight candidate housekeeping genes using the geNorm component of the qBase relative quantification analysis software (Hellemans *et al.* 2007; Soo *et al.* 2012). Each sample was run in triplicate for each target and housekeeping gene and the mRNA amplification for each sample was determined using Fast SYBR Green Master Mix (Applied Biosystems)

in a final volume of $6 \mu\text{L}$ on a ViiA7 Fast Real-time PCR system (Applied Biosystems). Each well on the qRT-PCR plate contained $1 \mu\text{L}$ of cDNA, $3 \mu\text{L}$ Fast SYBR Green Master Mix ($2\times$), and $2 \mu\text{L}$ of forward and reverse primer mixed with differing amounts of H_2O depending on the required final primer concentrations. NTCs for each primer set were included on each plate to check for non-specific amplification. The threshold was set within the exponential growth phase of the amplification curve and the corresponding C_t values were obtained to quantify each reaction.

Quantification of protein within the right ventricle

Protein extraction. Right ventricle tissue (~ 100 mg; Control, $n = 6$; LGUN, $n = 8$) was sonicated (John Morris Scientific, SA, Australia) in lysis buffer consisting of $1 \text{ mL } 100 \text{ mg}^{-1}$ tissue of 1 mM Tris-HCl ($\text{pH} = 8$, 5 M NaCl , $1\% \text{ NP-40}$, $1 \text{ mM sodium orthovanadate}$, 30 mM NaF , $10 \text{ mM sodium tetrapyrophosphate}$, 10 mM EDTA) and a protease inhibitor tablet (complete Mini; Roche). Samples were then centrifuged at $14,300 \text{ g}$ and 4°C for 14 min (Eppendorf Centrifuge 5415, Crown Scientific, Vic., Australia). A Micro BCA Protein Assay Kit (Pierce, Thermo Fisher Scientific Inc., Rockford, MA, USA) was used to determine the protein content of each sample. Bovine serum albumin (BSA; 2 mg mL^{-1} stock solution) was used to make a standard curve (Wang *et al.* 2012b; Lie *et al.* 2013; Botting *et al.* 2014).

Western blotting. Equal volumes of each sample were subjected to SDS-PAGE (Lie *et al.* 2013, 2014; Wang *et al.* 2013). Proteins in each sample were then transferred onto a nitrocellulose membrane (Hybond ECL, GE Healthcare, NSW, Australia), which was subsequently stained with Ponceau S ($0.5\% \text{ Ponceau}$ in $1\% \text{ acetic acid}$) to determine the efficacy of the transfer. The membranes were briefly washed with $7\% \text{ acetic acid}$ to remove the Ponceau S and then subjected to three 5-min washes in Tris-buffered saline (TBS). The membranes were cut according to the size of the proteins and blocked in $5\% \text{ BSA}$ in TBS with $1\% \text{ Tween}$ (TBS-T) for 1 h at room temperature. The membranes then underwent three 5-min washes in TBS-T and were incubated with their respective primary antibody: Troponin I (ab19615, Abcam, Cambridge, MA, USA), phospho-Troponin I (#4004, Cell Signaling Technology, Danvers, MA, USA), phospho-PLB (#8496, Cell Signaling Technology), CAMKII (#3362, Cell Signaling Technology), phospho-CAMKII (ab22183, Abcam) and β -actin [ATCB, horseradish peroxidase (HRP) conjugate, Cell Signaling Technology].

After incubation with the primary antibody, the blots were washed and incubated with the appropriate HRP-labelled secondary IgG antibody for 1 h at room temperature. Enhanced chemiluminescence using

Table 1. Primer sequences designed and validated for quantitative real-time RT-PCR analysis of fibrosis

Gene	Primer sequence, 5'–3'	Accession number
COL1A	FWD- TACCATGACCGAGACGTGTGGAAA REV- AGTGGTTTCTGGTCCGTGGTTGA	AF129287
COL3A	FWD- AACCAGAACCGTGCCAAATATGCCG REV- TGGGCAAACCTGCACAACATTCTCC	NM_001076831
TIMP1	FWD- ACTCCGAAGTCGCATCAGG REV- CCAGCAGCATAGGTCTTGGT	NM.001009319.2
TIMP2	FWD- AGATGGGCTGTGAGTGCAAGATCA REV- AGAACTTGGCCTGATGTCCGTTGA	NM_001166186
TIMP3	FWD- CCTCTCCAGCGCAAGGGGT REV- GCCACCTTCTGCCGGATGC	NM.001166187.1

FWD, forward; REV, reverse.

SuperSignal West Pico Chemiluminescent Substrate (Thermo Scientific) was used to detect the blots. The Western blot was imaged using ImageQuant LAS 4000 (GE Healthcare) and the protein abundance was quantified by densitometry using Image quant software (GE Healthcare).

Quantification of collagen deposition in the right ventricle

Fixed right ventricle samples (Control, $n = 4$; LGUN, $n = 4$) were embedded in paraffin and sectioned at $6 \mu\text{m}$. Sections were then stained with Picosirius Red and scanned at $40\times$ magnification using a NanoZoomer-XR (Hamamatsu, Japan) to produce whole slide images. The total area of Picosirius Red staining was quantified as a percentage of total tissue area (excluding epicardial surface and intramyocardial vessels) using custom thresholds at $20\times$ magnification (Visiopharm, Hoersholm, Denmark).

Statistical analyses

Data are presented as mean \pm SEM and a probability of 5% ($P \leq 0.05$) was considered significant for all

analyses. To determine the effect of nutritional treatment (Control vs. LGUN) data were analysed using an unpaired t test using STATA (StataCorp, College Station, TX, USA). Linear regression was used to determine the relationship between mean fetal gestational plasma glucose as well as mean arterial blood pressure with mRNA and protein expression (GraphPad Prism version 7.03 for Windows, GraphPad Software, La Jolla, CA, USA). All genes and proteins studied were selected *a priori* based on their known biological role in cardiac development, growth and previously identified roles in the fetal heart (Morrison *et al.* 2007; Wang *et al.* 2011, 2012a, 2012b; Botting *et al.* 2012).

Results

Fetal outcome

Data regarding fetal weight at post-mortem, daily blood gases as well as plasma glucose concentrations and blood pressure regulation have previously been reported (Edwards & McMillen, 2001). There was no effect of nutritional regime on fetal weight at 144–145 days gestation, or mean gestational arterial P_{O_2} , P_{CO_2} and pH

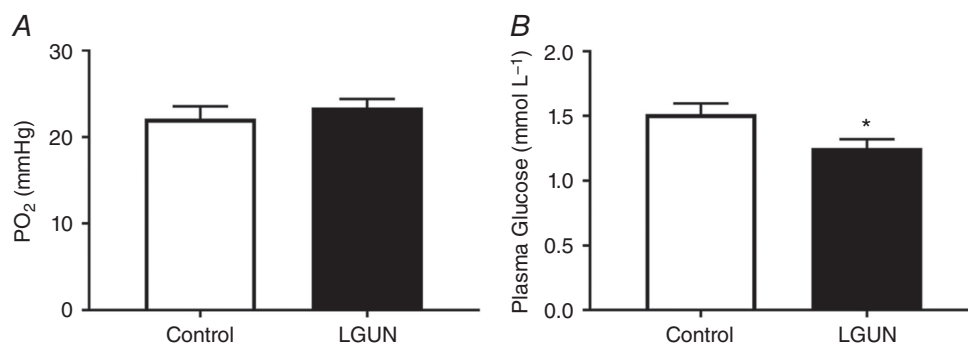


Figure 1. Fetal mean P_{O_2} (A) and plasma glucose concentrations (B) across late gestation

Data are expressed as mean \pm SEM and analysed by unpaired t test. Control ($n = 6$), open bars; LGUN ($n = 8$), filled bars. $*P < 0.05$, effect of LGUN. Figure adapted, with permission, from Edwards & McMillen (2001).

Table 2. Morphometric cardiac measurements in fetuses from Control and LGUN groups

	Control (n = 6)	LGUN (n = 8)
Body weight (kg)	4.85 ± 0.21	4.37 ± 0.19
Heart weight (g kg ⁻¹)	29.83 ± 1.67	27.86 ± 1.10
Heart weight: body weight (g kg ⁻¹)	6.35 ± 0.16	6.15 ± 0.24
Left ventricle weight (mg)	15.71 ± 0.65	14.65 ± 0.67
Left ventricle: heart weight (mg g ⁻¹)	0.53 ± 0.02	0.53 ± 0.01
Right ventricle weight (mg)	7.85 ± 0.73	7.70 ± 0.49
Right ventricle: heart weight (mg g ⁻¹)	0.26 ± 0.01	0.23 ± 0.01

Values are mean ± SEM. $P < 0.05$ was considered significant. Data were analysed by an unpaired t test.

across late gestation; however, maternal undernutrition resulted in lower fetal plasma glucose concentrations (Fig. 1).

Fetal mean arterial blood pressure was measured at two periods during late gestation (115–125 and 135–145 days GA) that were before and after the prepartum surge in fetal plasma cortisol concentration. At both periods, LGUN increased mean arterial blood pressure when compared to Controls (Edwards & McMillen, 2001).

Effect of LGUN on fetal heart development

Maternal undernutrition in late gestation had no effect on absolute or relative heart and ventricle weights (Table 2).

LGUN did not change the expression of glucocorticoid signalling molecules

LGUN had no effect on the mRNA expression of the glucocorticoid receptor (*GR*), *11BHSD1* or *11BHSD2* in the right ventricle (Table 3). There was no significant relationship between mean fetal cortisol concentrations in late gestation and the mRNA expression of *GR*, *11BHSD1* or *11BHSD2* (Table 3).

LGUN increases IGF2R-related signalling molecules

Insulin-like growth factor signalling has previously been implicated in normal fetal cardiac growth as well as in hypertrophic signalling in the fetal heart on the background of reduced substrate supply. LGUN had no effect on cardiac mRNA expression of *IGF1* and *IGF1R* (Fig. 2A, C) but resulted in an increase in cardiac mRNA expression of *IGF2* and *IGF2R* (Fig. 2B, D).

There was no significant relationship between fetal mean arterial pressure and the mRNA expression of *IGF2*

Table 3. mRNA expression of glucocorticoid signalling molecules and their relationship with mean fetal cortisol concentrations in late gestation

	Control (n = 6)	LGUN (n = 8)		
mRNA expression (MNE)				
<i>GR</i>	0.465 ± 0.036	0.482 ± 0.031		
<i>11BHSD1</i>	0.014 ± 0.002	0.020 ± 0.003		
<i>11BHSD2</i>	0.0006 ± 0.0002	0.0008 ± 0.0002		
Relationship between mean fetal cortisol concentrations and mRNA expression (MNE)				
	Equation	r^2	P	
<i>GR</i>	$y = 0.0009x + 0.4931$	0.0005	NS	
<i>11BHSD1</i>	$y = -0.0001x + 0.0181$	0.0024	NS	
<i>11BHSD2</i>	$y = 9.0234E-005x + 0.0003$	0.2403	NS	

Data were analysed by an unpaired t test. Values are mean ± SEM. $P < 0.05$. MNE, mean normalized expression; NS, not significant.

(Fig. 3A, C) or *IGF2R* (Fig. 3B, D) at either age range measured.

The relationship between mean fetal plasma glucose concentrations and *IGF2* mRNA was significantly different between the Control and LGUN groups (Fig. 4A). The slopes of the lines of best fit for each treatment group were significantly different ($P = 0.032$). There was an inverse relationship between fetal cardiac *IGF2* mRNA expression (y) and fetal glucose concentrations (x) within the LGUN group ($P < 0.05$, $R^2 = 0.574$, $y = -1.212x + 1.94$) but there was no significant relationship within the Control group. The relationship between *IGF2R* mRNA expression and fetal mean plasma glucose concentrations was not significant for either treatment group (Fig. 4B).

CAMKII activation

The protein abundance of phosphorylated CAMKII was higher in the right ventricle in the LGUN compared to the Control group (Fig. 5A). The phosphorylation of CAMKII was positively correlated with both *IGF2* (4E) and *IGF2R* (Fig. 5F). There was no difference in the ratio of phosphorylated PKA to total PKA abundance between the Control and LGUN groups (6.54 ± 0.31 vs. 5.84 ± 0.43 au).

Markers of cardiac contractility

The protein abundance of phospho-PLB was higher (Fig. 5B) and phosphorylated Troponin I was lower (Fig. 5C) in the right ventricles of the LGUN compared to the Control group.

Right ventricular fibrosis

There was an increase in the deposition of interstitial collagen in the right ventricle in the LGUN group (Fig. 7). The increased collagen deposition was associated with an increase in the mRNA expression of *COL1A* as well as increases in *TIMP-1* and *TIMP-3* but not in *COL3A* or *TIMP-2* (Fig. 6). *COL1A* mRNA expression was negatively correlated with the mean fetal plasma glucose concentrations across late gestation (Fig. 6C). There was also a higher *COL1A:COL3A* ratio in the LGUN group (Control, 2.242 ± 0.278 ; LGUN, 3.309 ± 0.228 ; $P < 0.05$).

Discussion

Cardiovascular health in adult life is related to nutritional status *in utero*, with a range of studies showing that there is up to a 50% greater risk of cardiovascular disease in adult life if an individual was IUGR (Barker *et al.* 1989, 2002, 2005; Fall *et al.* 1995; McMillen & Robinson, 2005). LBW is a proxy for low substrate supply in fetal life and has been correlated with poorer cardiovascular outcomes in postnatal life (Barker *et al.* 1989, 2000). LBW as a result of IUGR is most commonly caused by either placental insufficiency, where fetal nutrient and oxygen supply are each restricted, or by maternal undernutrition, where fetal nutrient supply alone is decreased. We have previously used a model of placental insufficiency to demonstrate that there is increased hypertrophic signalling in the left

ventricle in the heart of the chronically hypoxaemic fetus and that there is an increase in relative left ventricular mass after birth. The majority of studies investigating the effects of decreased fetal nutrient supply on cardiac development have focused on left ventricle development. Although the left ventricle is dominant in postnatal life, pumping oxygenated blood into systemic circulation, cardiac output and stroke volumes are equal in the left and right ventricle in the fetus (Hamill *et al.* 2011). There have been relatively few studies focusing on the impact of IUGR on the growth and development of the right ventricle of the fetal heart.

Unlike models of early-onset placental insufficiency and moderate maternal undernutrition (15% maternal global nutrient restriction; Hawkins *et al.* 2000), LGUN resulted in increased fetal mean arterial blood pressure at both 115–125 and 135–145 days GA. This is consistent with rodent models of fetal protein (Woodall *et al.* 1996) and global nutrient restriction (Langley & Jackson, 1994) in which offspring had increased blood pressure after birth. The increase in postnatal blood pressure in the rodent model of nutrient restriction is due to increased glucocorticoid signalling or sensitivity because blocking maternal corticosterone biosynthesis in rats exposed to a low-protein diet during gestation prevented the increase in postnatal blood pressure. Although LGUN did not increase fetal plasma cortisol concentrations throughout late gestation, mean arterial blood pressure was positively correlated with fetal plasma cortisol concentrations

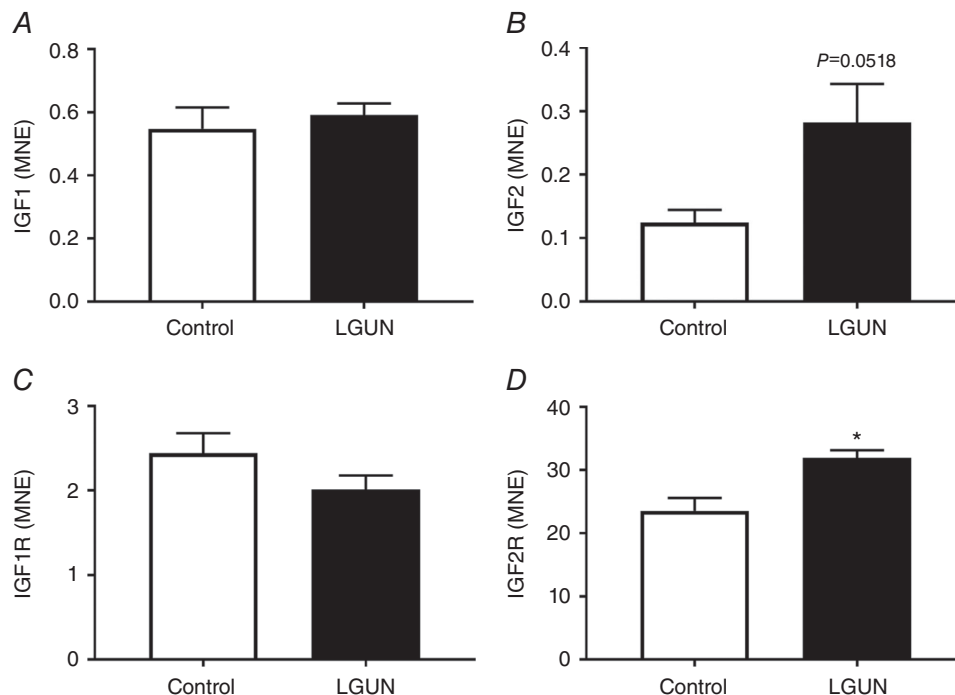


Figure 2. Normalized mRNA expression of IGF1 (A), IGF2 (B), IGF1R (C) and IGF2R (D)

Data were analysed by unpaired *t* test. Data are expressed as mean \pm SEM. Control, unfilled bars ($n = 6$); LGUN, filled bars ($n = 8$). MNE, mean normalized expression; $*P \leq 0.05$.

between 135 and 145 days of gestation, but not from 115 to 125 days of gestation (Edwards & McMillen, 2001).

It has been demonstrated that increased systolic pressure in late gestation causes cardiomyocyte hypertrophy in the right ventricle (Barbera *et al.* 2000). However, in the present study, there was no change in the absolute or

relative weight of the right ventricle, suggesting that either there was no hypertrophy of cardiomyocytes in fetal life or there was an increase in cardiomyocyte size balanced by a decrease in cardiomyocyte number. Future studies would be required to answer this question because we were not able to determine cardiomyocyte size as cardiomyocytes

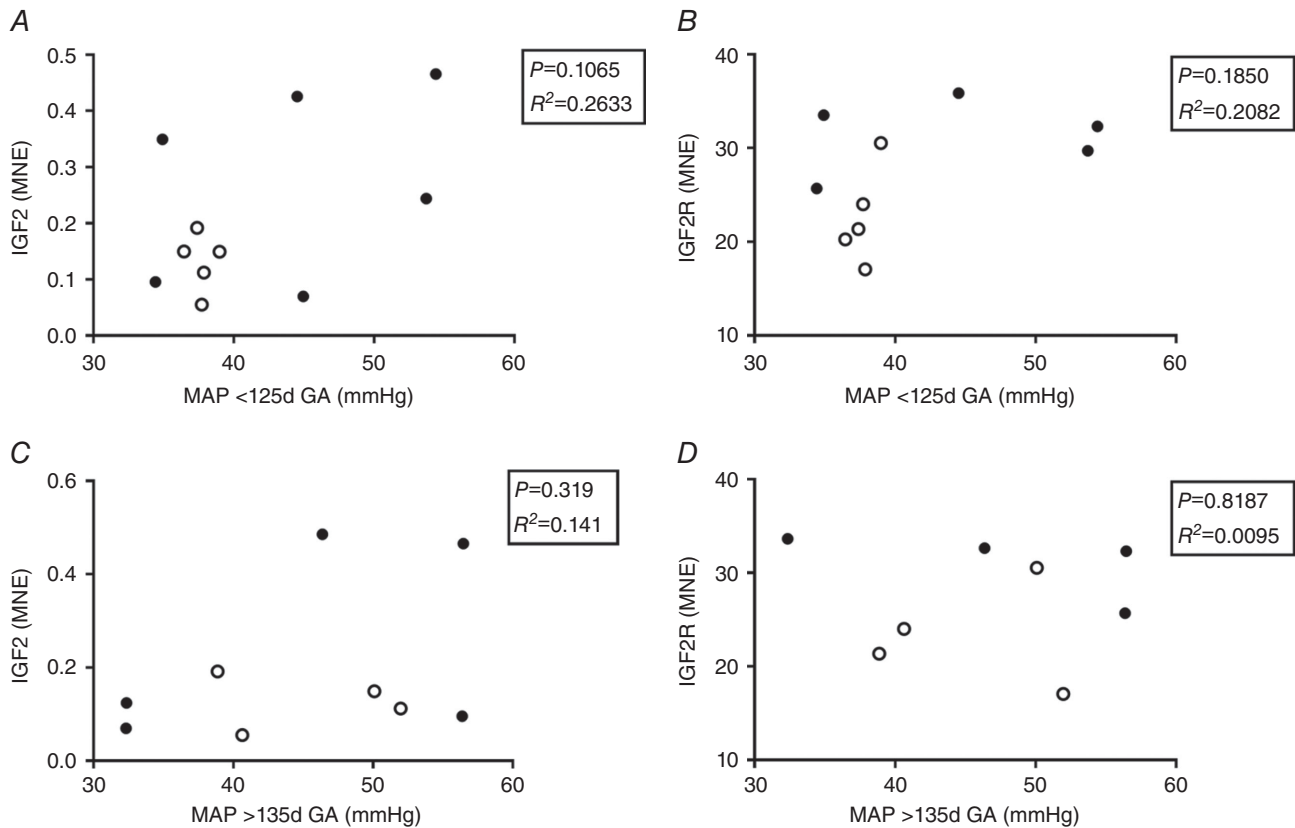


Figure 3. Relationship between fetal mean arterial pressure recorded at 115–125 and 135–145 days GA with mRNA expression of IGF2 (A, C) and IGF2R (B, D)

Each circle represents an individual data point. Control, open circles; LGUN, filled circles; MAP, mean arterial pressure; MNE, mean normalized expression; GA, gestational age.

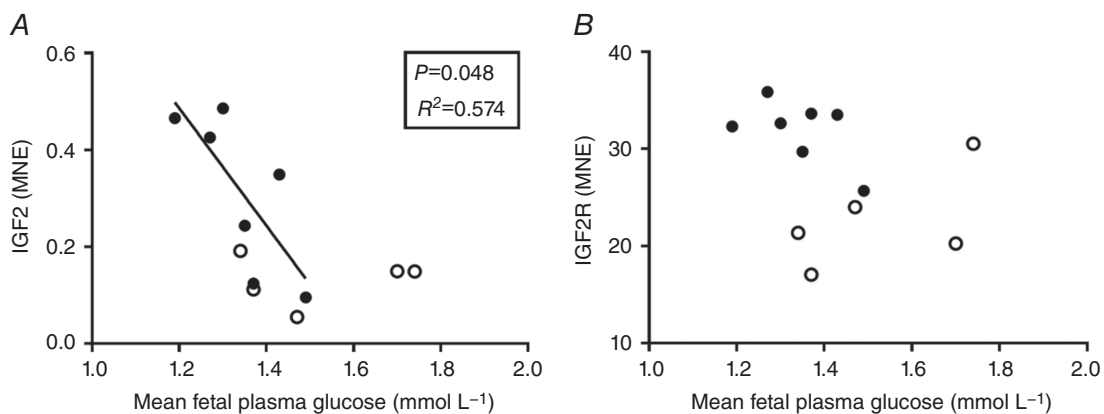


Figure 4. Relationship between mean fetal plasma glucose concentration and the mRNA expression of IGF2 (A) and IGF2R (B)

Each circle represents an individual data point. Control, open circles ($n = 5$); LGUN, filled circles ($n = 7$); MNE, mean normalized expression.

were not isolated during tissue collection and alternative methods for calculating cardiomyocyte size from fixed tissue samples do not account for tissue shrinkage in paraformaldehyde-fixed and paraffin-embedded samples (Bruel & Nyengaard, 2005).

Cortisol can increase both cell cycle entry of cardiomyocytes (Giraud *et al.* 2006), ventricle thickness and weight (Reini *et al.* 2008) of the developing heart in the absence of hypertension. Activation of the glucocorticoid

receptor (GR) by cortisol is regulated by the enzymatic activity of both 11BHSD1 and 11BHSD2. Both GR and 11BHSD1 are abundantly expressed in cardiomyocytes and blood vessels within the fetal heart, whereas 11BHSD2 is localized more predominantly in blood vessels than cardiomyocytes (Reini *et al.* 2006), demonstrating that cortisol has access to the developing heart. However, although LGUN increased maternal plasma cortisol concentrations for the first 10 days of the nutritional

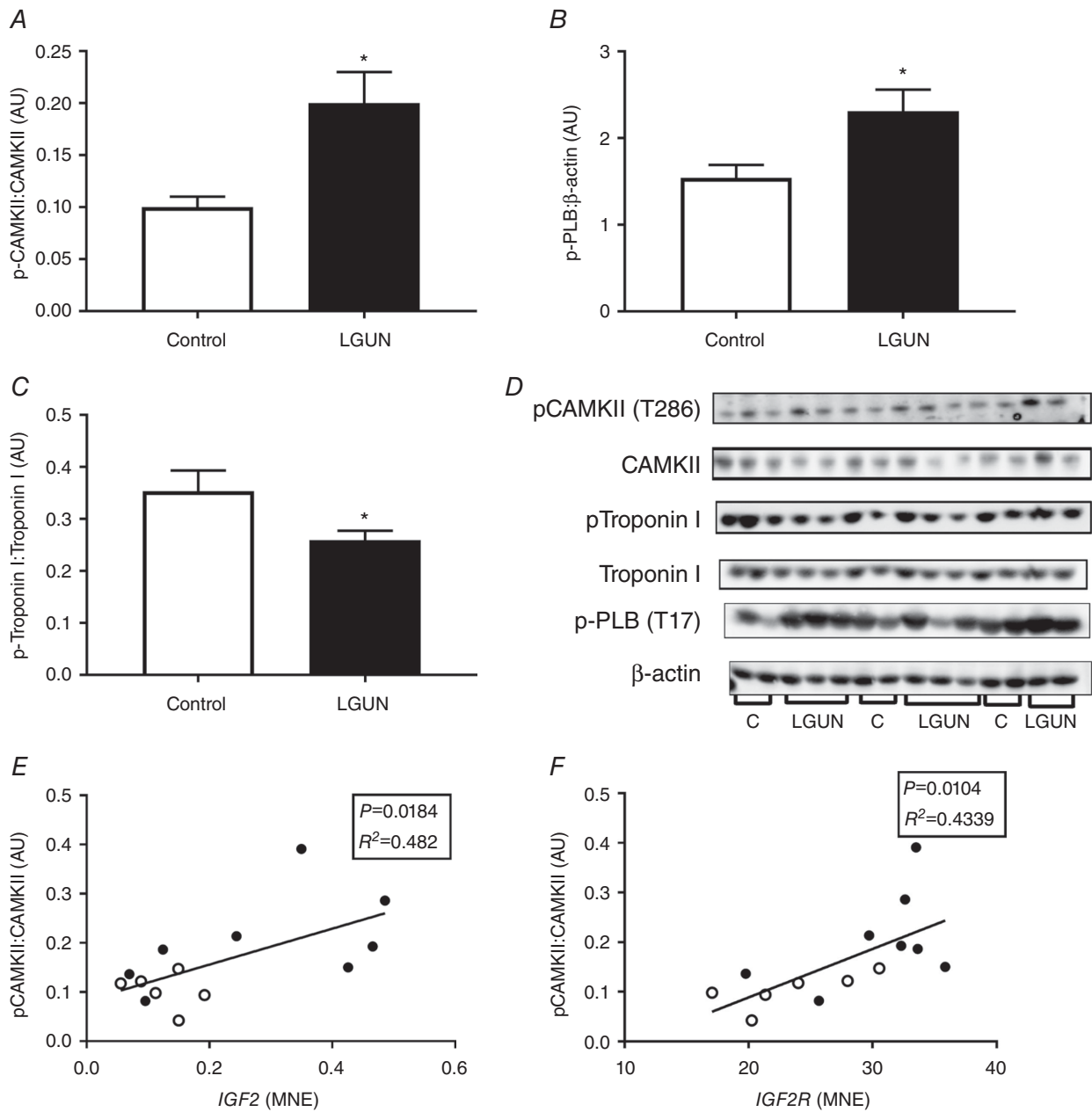


Figure 5. Protein abundance of phosphorylated CAMKII (A) is increased as a result of LGUN and positively correlated to the mRNA expression of both IGF2 (E) and IGF2R (F)
 Protein abundance of phospho-PLB (B) and Troponin I (C) was increased and decreased, respectively, as a result of LGUN. Values are mean \pm SEM. *Significantly different from control fetuses ($P < 0.05$). AU, arbitrary units. Control, open bars/circles ($n = 6$); LGUN, filled bars/circles ($n = 8$); MNE, mean normalized expression.

regime; fetal plasma cortisol concentrations were not increased. Furthermore, we observed no change in the cardiac gene expression of *GR*, *11BHSD1* or *11BHSD2* in the fetal heart, suggesting that systemic cortisol was not having a local effect within the right ventricle.

IGF2R signalling induces cardiac hypertrophy through a plethora of downstream effectors such as CAMKII, PKC- α and p44/42 MAP kinase (ERK) (Chu *et al.* 2008; Wang *et al.* 2012a). Suboptimal intrauterine conditions can result in epigenetic changes to the *IGF2/H19* and *IGF2R* genes (Li *et al.* 2010; Zhang *et al.* 2010a). In a sheep model of early-onset IUGR, in which the fetus is chronically hypoxaemic in late gestation, there is increased IGF2/IGF2R-mediated hypertrophic signalling in the left ventricle and this persists into postnatal life where LBW lambs also have relatively larger left ventricles due to increased CAMKII signalling (Wang *et al.* 2012b, 2015). In a model of maternal nutrient restriction from early to mid-gestation in sheep, ventricular enlargement and thickening were evident along with increased expression of IGF1R and IGF2R in mid-gestation (Dong *et al.* 2005). LGUN had no effect on either absolute or relative heart or ventricle weights, which is consistent with an early-onset model of placental insufficiency in which increased cardiomyocyte size in late gestation was not accompanied by increased ventricular weight (Morrison *et al.* 2007). Increased *IGF2R* mRNA expression and downstream CAMKII activation without increased expression of *IGF1*

or *IGF1R* suggests that LGUN may cause pathological hypertrophic signalling (Chu *et al.* 2008). Indeed, CAMKII activation is involved in both hypertrophy and heart failure (Boknik *et al.* 2001; Zhang *et al.* 2005). Although not entirely similar to the LGUN-induced increase in mean arterial pressure of the present study, transverse aortic constriction in mice resulting in pressure overload and cardiac hypertrophy also increased CAMKII activation (Colomer *et al.* 2003). Increased activation of CAMKII has also been reported in spontaneously hypertensive rats and as a result of increased electrical field stimulation (Zhang *et al.* 2010b). Further to this and similar to our results, pressure overload increased phosphorylation of PLB at the CAMKII phosphorylation site (Thr 17) (Zhang *et al.* 2003). The activation of CAMKII in the present study along with the decreased phosphorylation of Troponin I are consistent with the molecular changes observed in the left ventricle of LBW lambs (Wang *et al.* 2015).

The current study provides evidence that LGUN may alter contractility in the right ventricle. When un-phosphorylated, PLB acts to inhibit sarcoplasmic reticulum Ca^{2+} -ATPase (SERC2A) thereby limiting calcium (Ca^{2+}) uptake by the sarcoplasmic reticulum. However, when phosphorylated either by CAMKII or PKA, the inhibition on SERC2A by PLB is relieved. In the present study, LGUN increased the phosphorylation of PLB. This suggests that LGUN may increase the rate of relaxation (due to decreased cytosolic Ca^{2+}) of the

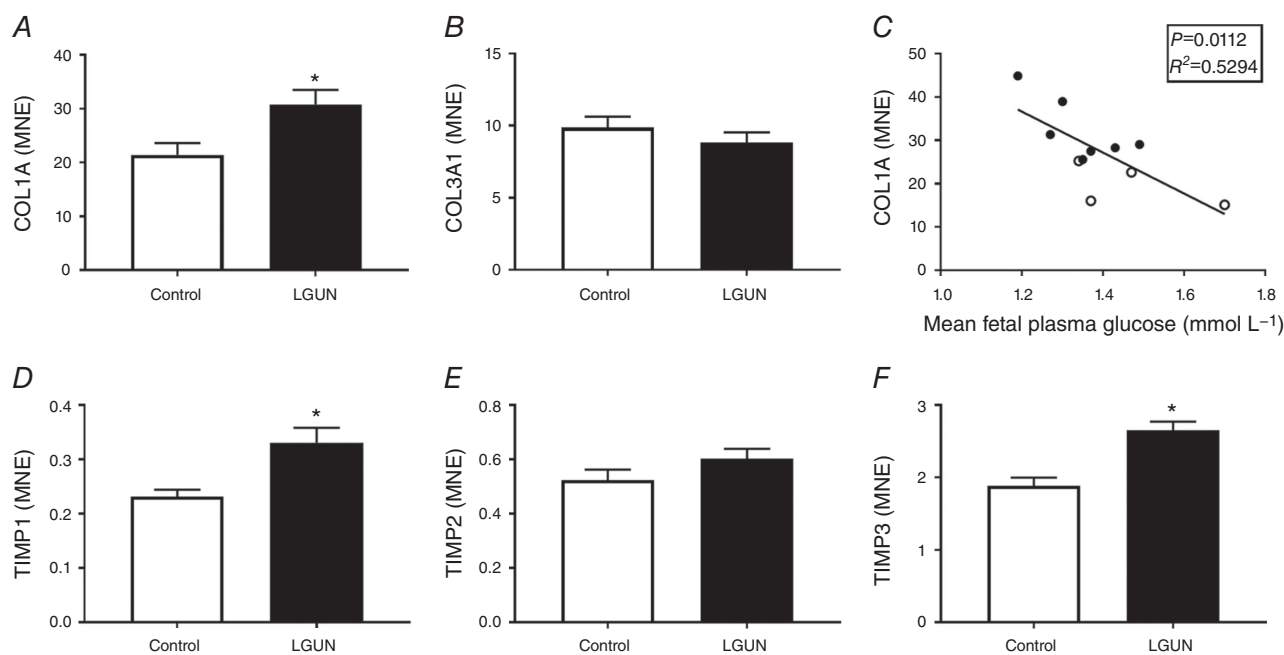


Figure 6. Normalized cardiac mRNA expression of *COL1A* (A), *COL3A1* (B), *TIMP-1*(D), *TIMP-2* (E) and *TIMP-3* (F)

Relationship between cardiac *COL1A* mRNA expression and mean fetal plasma concentrations in late gestation (C). Values are mean \pm SEM. Control, open bars/circles ($n = 6$); LGUN, filled bars/circles ($n = 8$); MNE, mean normalized expression. *Significantly different from control fetuses ($P < 0.05$).

right ventricle through the activation of CAMKII and subsequent phosphorylation of PLB. It should be noted that PLB may also be phosphorylated by PKA. However, in the present study this does not appear to be the case as LGUN did not increase either total PKA or phosphorylated PKA levels. Interestingly, PKA is the downstream mediator of increased IGF-2R hypertrophic signalling in the left ventricle when Leu²⁷IGF-2 (specific for IGF-2R activation) was infused into the left circumflex coronary artery of late-gestation fetal sheep (Wang *et al.* 2012*b*).

A more moderate (30%) maternal nutrient restriction in the non-human primate causes signs of both left and right ventricle dysfunction in the offspring, including a decreased ejection fraction, wall shortening and increased chamber volume as assessed using magnetic resonance imaging (Kuo *et al.* 2017*a, b*). Interestingly, these two partner studies highlighted that right ventricular function was more severely impacted by maternal nutrient restriction than left ventricular function. Consistent with pathological hypertrophy and cardiac dysfunction (Weber *et al.* 1993), we have shown that LGUN increased interstitial collagen deposition in the right ventricle and this was accompanied by increased mRNA expression of *COL1A*, *TIMP1* and *TIMP3*. Notably, the stiffness of collagen type 1 (measured as *COL1A*) is 30 times greater than that of a cardiomyocyte (MacKenna *et al.* 1997), suggesting that the right ventricles of LGUN fetuses may be much stiffer than

those of controls. Furthermore, the expression of *COL1A* was inversely correlated with mean fetal plasma glucose concentrations. Interestingly, there was no difference in *COL3A* mRNA expression between the Control and LGUN groups; however, the increase in *COL1A:COL3A* in the LGUN group suggests decreased cardiac contractility and compliance (Wei *et al.* 1999). Furthermore, despite the previously reported sex effect, our results are consistent with an increased prevalence of myocardial fibrosis in the hearts of IUGR male non-human primates (Muralimanoharan *et al.* 2017). These data along with the changes to contractility proteins (PLB and Troponin I) in the present study may explain the emergence of dysfunction in the right ventricle after birth in the IUGR non-human primate (Kuo *et al.* 2017*a*).

In summary, we have shown that on a background of a normoxemic blood gas status, reduced plasma glucose concentrations may activate the IGF2/IGF2R signalling pathway within the right ventricle of the fetal heart. Activation of the IGF2R pathway in the fetal heart as a result of a reduced fetal substrate supply is well described. However, to the best of our knowledge this study is the first to implicate CAMKII as a downstream mediator of the detrimental effects of reduced fetal glucose supply in the developing fetal heart. Furthermore, LGUN increases interstitial collagen deposition and alters the abundance of contractility proteins in the right ventricle.

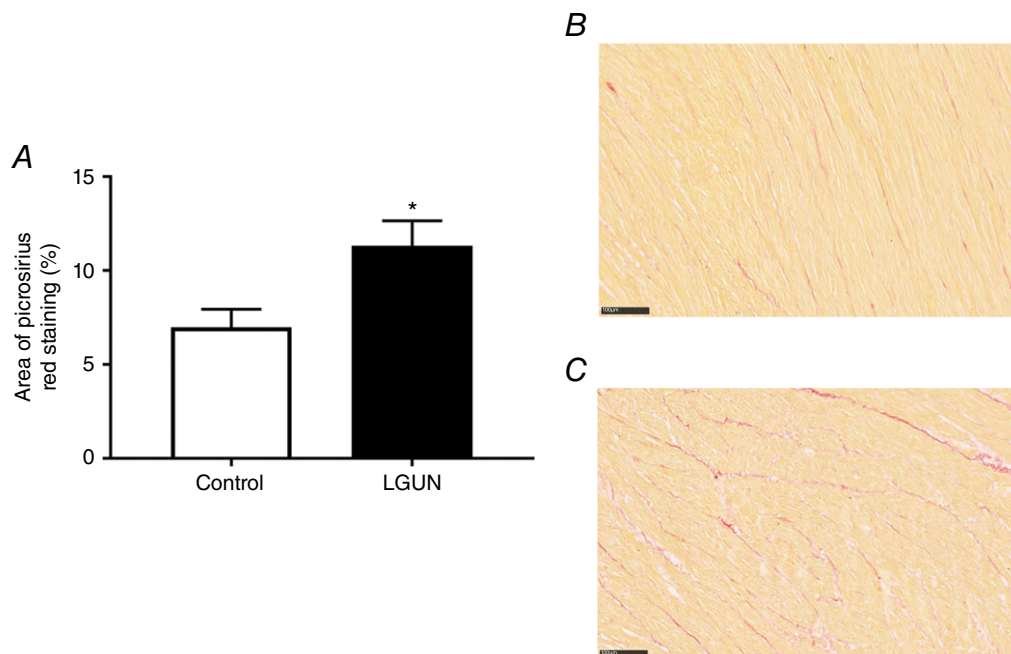


Figure 7. Interstitial collagen deposition (A) determined by picosirius red staining in Control (B) and LGUN fetuses (C)

Stained slides scanned for whole slide images using a Nanozoomer at 40× magnification. Scale bar on representative images = 100 μ m. Data analysed by unpaired *t* test. Data presented as mean \pm SEM. *P* < 0.05 was considered significant. Control, unfilled bars (*n* = 4); LGUN, filled bars (*n* = 4). [Colour figure can be viewed at wileyonlinelibrary.com]

This may predispose the right ventricle to altered contractility and dysfunction in postnatal life. However, the lack of both fetal and maternal *in vivo* or *ex vivo* cardiac functional data is a key limitation of the present study. Indeed, maternal cardiovascular conditions during pregnancy, such as gestational hypertension, have the potential to impact offspring cardiovascular parameters, with offspring born to hypertensive mothers having higher blood pressure (Geelhoed *et al.* 2010). As such, maternal haemodynamic changes during the LGUN regime may influence fetal cardiac development. Future studies would aim to measure maternal blood pressure during the LGUN regime as well as fetal functional cardiac characteristics either by magnetic resonance imaging, ultrasound or *ex vivo* Langendorf.

Placental insufficiency is associated with a decrease in oxygen and glucose supply to the fetus. The results in the current study suggest that a decrease in fetal plasma glucose may play a role in up-regulating IGF2R/CAMKII signalling and fibrosis in the absence of fetal hypoxaemia. It is therefore possible that decreases in fetal glucose and oxygen have separate but additive impacts on the developing heart and hence each contribute to an increased risk of cardiovascular disease in adult life.

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Additional information

Competing interests

The authors have no conflicts of interest.

Author contributions

Conception or design of the work: JRTD, ICM, JM. Acquisition, analysis or interpretation of data for the work: JRTD, ICM, JM. Drafting the work or revising it critically for important intellectual content: JRTD, ICM, JM. Final approval of the version to be published: JRTD, ICM, JM. Agreement to be accountable for all aspects of the work: JRTD, ICM, JM

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