

legislature might take useful lessons from their neighbours, specially with regard to the forms required for conveying lunatics rapidly to the protection of an asylum. The law of Interdiction in Scotland for those who, from "weakness, facility, or profusion," are liable to imposition, is dwelt on also by Dr. Webster, as well worthy the attention of Parliament in reference to its application to England.

ANIMAL DIET.*

MR. BERNARD MONCRIFF'S *Philosophy of the Stomach* is written to show that men could and should live exclusively on an animal diet. The author himself has thus subsisted for eighteen months. Fair readers of the *Journal of Public Health*, here is a good time come for one of you; for thus writes Mr. Moncriff. "I am yet unmarried, and entertain the natural wish to meet with a well educated lady, worthy of my sympathies, and reciprocating them, who should feel inclined"—ah! here's the rub—"to embrace my dietetical principles, or at least be so much in their favour as to allow"—Mr. Moncriff is evidently reckoning without his host at this point—"our children to be brought up in the same principles." Poor Mr. Moncriff! Ladies fair, grant him your smiles, as an overpowering recompense for the stern truth we are going to tell; viz., that this self-written hero has diluted a dozen lines of fact matter in ninety-two pages of egotistical nonsense and half-learned science.

TURNBULL ON DISEASES OF THE STOMACH.†

DR. TURNBULL'S Treatise is a useful work. The chapters on the Chemistry of Fermentation, on Fermentive Disorder, and on Diet, are clearly and carefully written. The author propounds no particular theory or new fact, but attempts a comprehensive review of his subject, in which task he succeeds well.

Reports on the Sanitary Condition of Swansea, by Mr. Michael; of Dudley, by Mr. Houghton; of Shoreditch, by Dr. Barnes; of Hackney, by Dr. Tripe; and of Lambeth, by Dr. Odling, are all valuable documents. They deserve and will receive special attention.

* The *Philosophy of the Stomach*; or an Exclusively Animal Diet is the Most Wholesome and Fit for Man. By BERNARD MONCRIFF. London: Longmans. 1856.

† A Practical Treatise on Disorders of the Stomach with Fermentation. By JAMES TURNBULL, M.D. London: Churchill. 1856.