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## Mortality and functional outcomes after minor urologic surgery among nursing home residents; a national study

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### Abstract

**Background/Objectives**—Surgery is commonly performed in frail older individuals seeking care for urologic conditions. While it is known that major urologic surgery is associated with increased mortality and loss of function among frail older adults, outcomes of minor urologic surgery in this population remain unknown.

**Design**—Retrospective cohort study.

**Setting**—U.S. nursing homes (NHs).

**Participants**—NH residents ages 65 and older undergoing minor inpatient urologic surgery (i.e., cystoscopy, bladder biopsy, transurethral resection of bladder tumor, prostate biopsy, transurethral resection of prostate, removal of ureteral obstruction, and suprapubic tube placement) in the United States between 2004 and 2012 (N=34,605).

**Measurements**—One-year mortality and changes in functional status before and after surgery using the Minimum Data Set-Activities of Daily Living (MDS-ADL) summary scale.

**Results**—Overall 1-year mortality was 50% and, on average, residents experienced a 1.9-point worsening in their MDS-ADL score at 1 year, whereas the most highly functional residents [baseline quartile of MDS-ADL scores (0–12)] experienced a 4.7-point worsening in their MDS-ADL scores at 1 year. Functional decline among residents 1 year after surgery was associated with a decline in function in the 6 months prior to surgery (AHR 2.39, 95% CI 2.29–2.49), emergent

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We certify that the work herein is novel and that this research specifically adds to the literature.

**Conflict of Interest:** None. Dr. Suskind is a consultant for Acoustic Wave Cell Therapy, Inc. This is not related to the work presented here in.

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procedures (AHR 1.37, 95% CI 1.31–1.43), older age (age 85+ v. age 65–74, AHR 1.17, 95% CI 1.11–1.23) and cognitive impairment at baseline (AHR 1.15, 95% CI 1.11–1.20).

**Conclusion**—Despite the lower complexity of minor urologic procedures, nursing home residents experience high mortality and many demonstrate sustained functional decline up to 1-year post operatively.

### Keywords

Medicare; frail; minimum data set (MDS); elderly

## Introduction

Almost two thirds of all urologic surgery is performed in the elderly.<sup>1</sup> The number of older individuals undergoing urologic surgery will increase dramatically in the near future, as the older population is expected to double between 2010 and 2050.<sup>2,3</sup> Nursing home residents represent the frailest of older individuals undergoing surgery and they embody several factors contributing to vulnerability including older age, increased comorbidity, polypharmacy, cognitive deficits, limited social support and poor functional status.<sup>4</sup> The benefits of surgery in the nursing home population, however minor that surgery may be, are uncertain and the extent to which surgery extends life and promotes functionality remains unknown.

Functional status is defined as everyday behaviors necessary to maintain daily life such as the ability to walk, bathe, dress, get out of bed, and use the toilet. Poor functional status has been associated with decreases in quality of life, limited survival, increased hospitalization and is also a determinant of caregiver needs and health care costs.<sup>5–7</sup> In nursing home residents who have limited life expectancy, 43% 1-year mortality in men and 32% 1-year mortality in women,<sup>8</sup> the goal of surgery is often to improve functionality in the final years of life. However, the trajectory of functional status following common, minor urologic surgery has not yet been investigated.

In order to better define the functional outcomes resulting from minor elective urologic surgery in the frail elderly, we performed a retrospective cohort study among nursing home residents undergoing inpatient cystoscopy, bladder biopsy, transurethral resection of bladder tumor (TURBT), transurethral resection of the prostate (TURP), prostate biopsy, removal of ureteral obstruction, and suprapubic tube (SPT) placement using national Medicare claims linked to the Minimum Data Set for Nursing Homes. We expected to find poor outcomes, both in terms of function and mortality, one year after surgery despite the relatively “minor” nature of these surgical procedures. Findings from this study will provide a better understanding of the functional risks associated with these minor procedures in this growing and vulnerable patient population and will be instrumental in counseling patients undergoing these procedures in the future to set realistic expectations.

## Methods

### Subjects and Databases

We identified a cohort of nursing home residents undergoing minor urologic surgery by linking Medicare Inpatient Files (2004–2012) with the Minimum Data Set for Nursing Homes (2003–2013). The Medicare Inpatient File contains data on all fee-for-service inpatient hospitalizations for Medicare beneficiaries. The Minimum Data Set is a mandatory assessment of all nursing home residents receiving Medicare or Medicaid. These assessments include functional, cognitive and health data on residents and are performed by nursing staff on admission, readmission, quarterly, and when there is a change in clinical status.

Nursing home residents undergoing minor urologic procedures were identified in the Medicare Inpatient File using *International Classification of Diseases, Ninth Revision codes*. The following codes were identified: transurethral removal of obstruction from ureter and renal pelvis (56.0), percutaneous cystostomy (57.17), other suprapubic cystostomy (57.18), other cystoscopy (57.32), closed [transurethral] biopsy of bladder (57.33), other transurethral excision or destruction of lesion or tissue of bladder (57.49), closed [percutaneous] [needle] biopsy of prostate (60.11), transurethral (ultrasound) guided laser induced prostatectomy (TULIP) (60.21), and other transurethral prostatectomy (60.29). Nursing home residents were classified as long-term and included in the cohort if they had completed at least two or more consecutive full or quarterly assessments more than 90 days apart during the 6 months prior to their procedure and had a nursing home length of stay at least 90 days after the procedure. This study was approved by our Institutional Review Board.

### Outcome Measures

Our primary outcome measures were functional status and mortality. Functional status was measured using the Minimum Data Set-Activities of Daily Living (MDS-ADL) score. This is a validated measure of function in the minimum data set that measures seven domains including: dressing, personal hygiene, toilet use, transfer, locomotion, bed mobility and eating. Summary scores range from 0 (total independence in all seven domains) to 28 (total dependence on all seven domains)<sup>9</sup> and scores have been validated against other standardized measures of functional independence.<sup>10,11</sup> We defined baseline function using the MDS-ADL summary score reported on the most recent assessment prior to surgery. Changes in functional status were defined as a change of  $\geq 2$  points in the MDS-ADL summary score in either direction, where an increase of  $\geq 2$  points indicated a decline in functional status and a decrease of  $\geq 2$  points indicated an improvement in functional status. Changes of  $< 2$  points on the MDS-ADL summary score indicated no change in functional status, consistent with existing literature.<sup>12–14</sup> MDS-ADL measurements were made in three month increments starting 6 months prior to surgery and up to 12 months after surgery. Mortality was measured using the date of death information from the Medicare Denominator file.

## Covariates

Demographic data on age, gender, race, and type of admission (elective versus emergent) were obtained from the Medicare Inpatient Files. Information on comorbidity was collected both from the Medicare Inpatient Files and from the Minimum Data Set and used to calculate a Charlson Comorbidity Index score.<sup>15</sup> ADL decline at baseline was determined based on a 2 point increase in MDS-ADL summary score in the 6 months prior to surgery and ADL groups at baseline were determined based on quartiles.

Cognitive impairment was calculated using a combination of measures. An individual was determined to have cognitive impairment if they had a disease diagnosis of Alzheimer's Dementia or Dementia in either the Medicare Inpatient File or the Minimum Data set, a score of 3 on the Minimum Data Set Cognitive Performance Scale (MDS-CPS) measured in the Minimum Data Set 2.0 up to year 2010<sup>16,17</sup> or a score of 0–7 on the Brief Interview for Mental Status (BIMS) score measured in the Minimum Data Set 3.0 starting in 2010.<sup>18</sup>

## Statistical Analysis

We fit multivariable Cox regression models to estimate the hazards ratios for mortality at 1 year after surgery and for functional decline among survivors at 1 year after surgery. Both models were adjusted for the following covariates: age group (65–74, 75–84 and 85 years), gender, race (white, black, other), admission status (elective versus emergent), ADL decline at baseline, MDS-ADL score at baseline (0–12, 13–17, 18–21, 22–28), cognitive impairment at baseline, Charlson score, and calendar year that the procedure was performed in.

Dynamic trends of MDS-ADL scores in 3-month increments from baseline were calculated by tabulating the proportion of subjects at 3, 6, 9, and 12 months after surgery with increases of more than 2 points from baseline. In order to accommodate missing outcome data, we used multiple imputation to fill-in missing ADL scores. In order to make the assumption of missing at random more plausible, imputation models also used age, gender, race, type of admission (elective versus emergent), and Charlson score. Results are presented as percentages in stacked bar graphs.

We used mixed-effects spline models to explore MDS-ADL functional trajectories before and after surgery. We chose the cubic spline model to represent the non-linear nature of our data over time, allowing the data to fit separate curves for each segment of time.<sup>19</sup> This method allowed for us to incorporate multiple measurements for each subject spanning from 6 months prior to surgery to 12 months after surgery. More specifically, these were cubic spline models with knots placed at –1, 0, 3, 6 and 9 months, where 0 months represents baseline. Models included fixed and random effects for the coefficients of the spline with each subject's measurements scattered around a subject-specific smooth curve. Fixed effects included age, gender, race and comorbidity, allowing for the population trajectory to shift based on the baseline characteristics. Mortality was graphed using the Kaplan-Meier method to estimate cumulative 1-year mortality from the date of surgery.

In order to contextualize our findings, we compared the outcomes of mortality and functional trajectories between our nursing home resident cohort undergoing minor urologic surgery with a propensity matched cohort of nursing home residents not undergoing these

procedures. These cohorts were matched based on age, gender, race, baseline MDS-ADL score, baseline cognitive impairment and baseline Charlson score. Propensity matching was performed based on caliper matching without replacement (caliper width 0.2 standard deviations of the logit propensity) to derive a matched sample.<sup>20</sup> To ensure effectiveness of the propensity score balancing, we compared standardized differences in each predictor before and after matching. Once an adequate level of matching was achieved, we assessed the association of the outcomes (mortality and functional status) with the predictor of nursing home residents undergoing and not undergoing minor urologic surgery.

## Results

### Resident characteristics

A total of 36,405 residents underwent minor urologic surgery during the study period. Residents had a mean age of  $81.5 \pm 7.4$  years and the majority were male (63.4%) and white (81.2%) (Table 1). The mean MDS-ADL summary score prior to surgery was  $17.4 \pm 7.2$ , reflective of a poorly functioning cohort, and 29.3% of individuals experienced decline in MDS-ADL score (  $\geq 2$  point increase in MDS-ADL score) in the 6 months prior to surgery. The majority of residents (60.9%) demonstrated cognitive impairment at baseline.

### Mortality

Mortality following the procedure was high, at 11.2% and 49.5% at 1 and 12 months after surgery, respectively. (Figure 1A). Survival analysis stratified by quartile of baseline MDS-ADL score demonstrated that one-year mortality increased with increasing functional impairment (Figure 1B). In multivariate analysis (Table 2), there were many factors associated with 1-year mortality including older age (AHR 1.65, 95% CI 1.58–1.72 for oldest age of  $\geq 85$  compared to ages 65–70), functional decline in the 6 months prior to baseline (AHR 1.23, 95% CI 1.19–1.26), worse baseline functional status (AHR 1.14, 95% CI 1.35–1.47 for MDS-ADL score 22–28 compared to score 0–12), higher/worse Charlson score at baseline (AHR 1.42, 95% CI 1.34–1.50 for Charlson score  $\geq 5$  compared to Charlson score 0) and procedures that were performed emergently (AHR 1.41, 95% CI 1.36–1.47). Factors that were protective against 1-year mortality included female gender (AHR 0.88, 95% CI 0.85–0.91) and non-white race (AHR 0.94, 95% CI 0.90–0.98 for black and AHR 0.83, 95% CI 0.76–0.92 for other races). Cognitive impairment was not statistically significantly associated with 1-year mortality.

### Functional status

MDS-ADL scores declined from 6 months prior to surgery to 12 months after surgery (Figure 1A). Average MDS-ADL score was 17.0 (95% CI 16.9–17.1) at baseline, 19.4 (95% CI 19.3–19.5) 3 months after surgery and 18.9 (95% CI 18.7–19.0) at 12 months after surgery, with all values adjusted for age, gender, race, admission status (emergent vs. elective) and Charlson score. Functional trajectories stratified by baseline MDS-ADL score are demonstrated in Figure 1B. Residents in the best quartile of baseline MDS-ADL scores (0–12) experienced the most profound decrease in MDS-ADL score, measured as 7.3 (95% CI 7.0–7.7) at baseline and 12.0 (95% CI 11.7–12.3) measured at 12 months after surgery, representing a decrease of 4.7 points.

The proportion of residents who experienced functional decline was greatest in the 3 months after surgery (29.8%), representing 39.2% of surviving residents (Supplemental Figure 1). The proportion of residents who died rose from 24.0% at 3 months to 49.5% at 12 months after surgery, while the proportion of residents who maintained functional status dropped from 38.4% to 21.1% during the same time period. Only 7.8% and 8.5% of residents demonstrated an improvement in functional status at 3 and 12 months after surgery.

Multivariate analysis demonstrated that functional decline in the 6 months prior to surgery was the strongest predictor of functional decline among survivors at 1 year after surgery (AHR 2.39, 95% CI 2.29–2.49) (Table 3). Other predictors of functional decline among survivors 1 year after surgery include older age (age 85+ vs. age 65–74, AHR 1.17, 95% CI 1.11–1.23), female gender (AHR 1.05, 95% CI 1.01–1.10), procedures that were performed emergently (AHR 1.37, 95% CI 1.31–1.43) and baseline cognitive impairment (AHR 1.15, 95% CI 1.11–1.20). Charlson score did not statistically significantly affect the outcome.

### Propensity matched analysis

Mortality and functional outcomes of propensity matched nursing home residents undergoing and not undergoing minor urologic surgery are shown in Supplemental Figure 2. Residents undergoing the procedures of interest demonstrated higher mortality compared to residents not undergoing these procedures, while functional trajectories were similar between cohorts.

### Discussion

Despite the relatively minor nature of the inpatient procedures examined, nursing home residents demonstrated a high mortality rate (50%) and sustained functional decline in the year following surgery. Residents with better functional status at baseline experienced greater functional decline and predictors of this decline included older age, functional decline in the 6 months prior to surgery, procedures being performed on an emergent basis and cognitive impairment at baseline.

This is one of the first studies to evaluate long-term functional outcomes of minor surgery among nursing home residents. For reference, annual mortality rates among all nursing home residents are high – 43% for men and 32% for women.<sup>8</sup> Prior research among nursing home residents undergoing a much larger surgery for colon cancer demonstrated a cumulative 1-year mortality of 53% and an average worsening of 3.9 points in their MDS-ADL score.<sup>12</sup> These results do not dramatically differ from our findings among patients undergoing procedures of presumed much lower complexity and morbidity, with a 50% 1-year mortality and an average of 1.9 and 4.7 point worsening in MDS-ADL scores among patients from all quartiles and the best quartile of MDS-ADL scores, respectively. Previously, we have published on functional outcomes related specifically to TURP surgery and found that the majority of individuals gained little, if any, improvement in functional status in the year following surgery.<sup>14</sup> We further know that function is an important treatment outcome among older adults with limited life expectancy, as prior research has found that 74% of such individuals would forgo burdens of treatment (such as extended length of hospital stay, extent of testing and invasive interventions) if it resulted in an

outcome of survival with severe functional impairment.<sup>7</sup> These findings underscore the importance of and potential for functional decline and mortality among nursing home residents undergoing any type of procedure, large or small, complex or minor, high or low risk.

Our study found that the magnitude of functional decline was highest among residents with the best quartile of baseline functional status (MDS-ADL 0–12). This could represent “floor effects” related to the outcome measure, whereby the instrument itself has a lower limit to the data values that it can specifically discern. Individuals with better baseline function have more function to lose than their more poorly functioning counterparts, placing them at proportionally higher risk for functional decline. This finding highlights the importance of the potential long-term risks in the more highly functioning nursing home population.

In order to contextualize our findings, we compared 1-year mortality and functional outcomes between nursing home residents undergoing the minor urologic surgery to propensity matched residents not undergoing this type of surgery. We found higher mortality and similar functional trajectories between the two groups. This comparison suggests two important implications: (1) mortality among residents undergoing these procedures is higher than that in the general nursing home population and (2) these procedures, which are often done to improve functionality, may not be fulfilling their intended purpose in this regard. It is important to consider, however, that the comparison group represents a heterogeneous population that is likely experiencing other non-urologic medical and surgical issues that are not accounted for in these analyses.

This study should be interpreted with certain limitations in mind. First, based on the limitations of using Medicare claims data, we are limited in our understanding of the indications that contributed to each surgery. Further research investigating the patient, physician, and system-based factors that influence surgical decision-making among this population is necessary to get a better understanding of the drivers behind this problem. Likewise, important data pertaining to quality of life are lacking in these analyses and may explain some of our findings. For example, if a patient experienced hematuria from a bladder tumor and underwent a TURBT to address this problem, the procedure may have improved their quality of life, but not necessarily their function or longevity. Further, expected improvement in quality of life resulting from surgery may be a strong motivator to perform surgery, however, there are no existing data to either support or refute this claim. Second, it is important to understand that these data only look at nursing home residents undergoing the surgical procedures of interest, and hence, they represent only the numerator and not the denominator of the entire patient population with similar diseases who did not undergo surgery. Furthermore, these findings represent an association, but not causation, between patients undergoing minor urologic surgery and post-operative function and mortality. Third, the high mortality rate in our population makes it somewhat difficult to assess survivors without a survivor bias, whereby those who did not die during the year after surgery may have been healthier than those who did. This bias, however, would only serve to underestimate our findings of functional decline among survivors and further serve to strengthen the study.

The rates of mortality and functional decline after minor urologic surgery are profound among nursing home residents. This is important information to consider when balancing the risks and benefits of any surgical procedure, major or minor, in this vulnerable patient population. Initiatives aimed at improving surgical decision-making and improving functional recovery after surgery in this population are necessary to ensure the best use of surgery in the final years of life.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

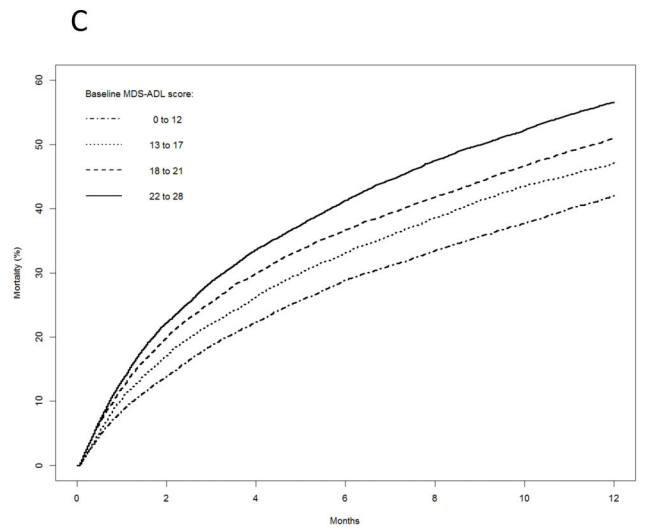
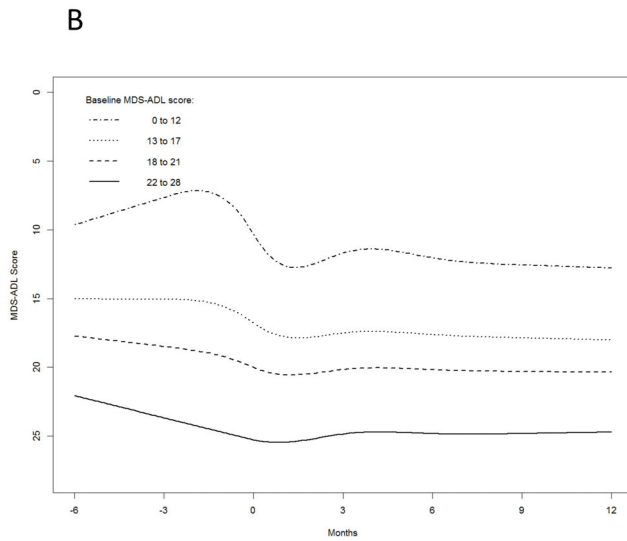
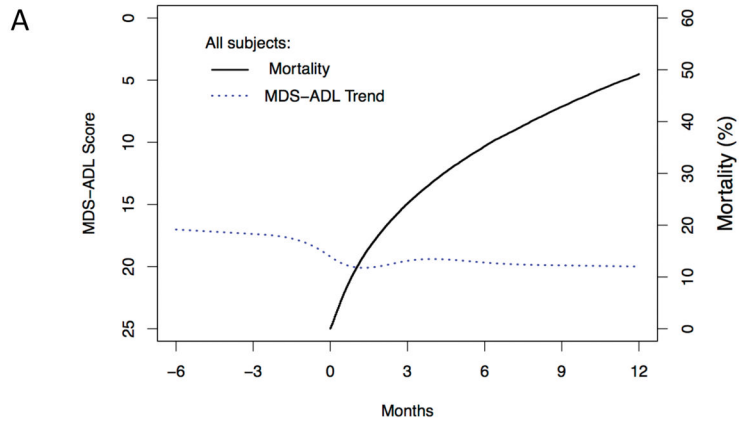
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**Figure 1.** 1-year mortality and functional trajectories before and after surgery, both overall (A) and stratified by baseline MDS-ADL score (B,C). Figures are adjusted for age, gender, race and Charlson score.

**Table 1**

Characteristics of nursing home residents undergoing minor urologic surgery

<b>Characteristic</b>	<b>Total Obs: N (%)</b>
<b>Total N (%)</b>	<b>36405 (100.0)</b>
<b>Age (year):</b>	
Mean $\pm$ SD	81.5 $\pm$ 7.4
<b>Age Group: N (%)</b>	
65 to 74	7331 (20.1)
75 to 84	15619 (42.9)
85 over	13455 (37.0)
<b>Gender: N (%)</b>	
Male	23089 (63.4)
Female	13316 (36.6)
<b>Race: N (%)</b>	
White	29547 (81.2)
Black	5913 (16.2)
Others	945 (2.6)
<b>Admission Status: N (%)</b>	
Elective	7753 (21.3)
Emergent	28652 (78.7)
<b>Baseline ADL score:</b>	
Mean $\pm$ SD	17.4 $\pm$ 7.2
<b>ADL groups at baseline: N (%)</b>	
0 to 12	8393 (23.1)
13 to 17	7204 (19.8)
18 to 21	10059 (27.6)
22 to 28	10749 (29.5)
<b>ADL decline at baseline: N (%)</b>	
No	25741 (70.7)
Yes	10664 (29.3)
<b>Cognitive impairment at baseline: N (%)</b>	
No	14220 (39.1)
Yes	22185 (60.9)
<b>Baseline Charlson score:</b>	
Mean $\pm$ SD	1.3 $\pm$ 1.1
<b>Charlson score groups: N (%)</b>	
0	4408 (12.1)
1	7137 (19.6)
2	7504 (20.6)
3,4	11446 (31.4)
$\geq 5$	5910 (16.2)
<b>Procedure year: N (%)</b>	

Characteristic	Total Obs: N (%)
2004	4952 (13.6)
2005	4266 (11.7)
2006	3957 (10.9)
2007	3680 (10.1)
2008	3896 (10.7)
2009	3700 (10.2)
2010	3696 (10.2)
2011	4231 (11.6)
2012	4027 (11.1)
<b>Mortality after procedure: N (%)</b>	
Death within one month	4073 (11.2)
Death within one year	18019 (49.5)

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**Table 2**

Resident characteristics associated with 1-year mortality. Values are adjusted for calendar year.

Variable Name	Basic Statistics			Univariate Cox Model		Multivariate Cox Model	
	Observed N (%)	Event # (%)	P value	HR & 95% CI	P value	HR & 95% CI	P value
<b>Total N (%)</b>	36405 (100.0)	18019 (49.5)					
<b>Age Group</b>							
65 to 74	7331 (20.1)	2967 (40.5)	<.0001	Ref.		Ref.	
75 to 84	15619 (42.9)	7440 (47.6)		1.25 (1.20 – 1.31)	<.0001	1.26 (1.21 – 1.32)	<.0001
85 over	13455 (37.0)	7612 (56.6)		1.62 (1.55 – 1.69)	<.0001	1.65 (1.58 – 1.72)	<.0001
<b>Gender</b>							
Male	23089 (63.4)	11567 (50.1)	0.0025	Ref.		Ref.	
Female	13316 (36.6)	6452 (48.5)		0.95 (0.92 – 0.98)	0.0014	0.88 (0.85 – 0.91)	<.0001
<b>Race</b>							
White	29547 (81.2)	14686 (49.7)	0.0200	Ref.		Ref.	
Black	5913 (16.2)	2906 (49.1)		0.98 (0.94 – 1.02)	0.3583	0.94 (0.90 – 0.98)	0.0034
Others	945 (2.6)	427 (45.2)		0.86 (0.79 – 0.95)	0.0031	0.83 (0.76 – 0.92)	0.0002
<b>Admission Status</b>							
Elective	7753 (21.3)	3069 (39.6)	<.0001	Ref.		Ref.	
Emergent	28652 (78.7)	14950 (52.2)		1.49 (1.43 – 1.55)	<.0001	1.41 (1.36 – 1.47)	<.0001
<b>ADL decline at baseline</b>							
No	25741 (70.7)	12076 (46.9)	<.0001	Ref.		Ref.	
Yes	10664 (29.3)	5943 (55.7)		1.32 (1.27 – 1.36)	<.0001	1.23 (1.19 – 1.26)	<.0001
<b>ADL groups at baseline</b>							
0 to 12	8393 (23.1)	3504 (41.7)	<.0001	Ref.		Ref.	
13 to 17	7204 (19.8)	3370 (46.8)		1.18 (1.12 – 1.23)	<.0001	1.09 (1.04 – 1.15)	0.0003
18 to 21	10059 (27.6)	5096 (50.7)		1.33 (1.27 – 1.38)	<.0001	1.19 (1.14 – 1.24)	<.0001
22 to 28	10749 (29.5)	6049 (56.3)		1.54 (1.48 – 1.61)	<.0001	1.41 (1.35 – 1.47)	<.0001
<b>Cognitive impairment at baseline</b>							
0	14220 (39.1)	6605 (46.4)	<.0001	Ref.		Ref.	
1	22185 (60.9)	11414 (51.4)		1.15 (1.12 – 1.19)	<.0001	1.02 (0.98 – 1.05)	0.3320

Variable Name	Basic Statistics			Univariate Cox Model		Multivariate Cox Model	
	Observed N (%)	Event # (%)	P value	HR & 95% CI	P value	HR & 95% CI	P value
<b>Charlson score groups</b>							
0	4408 (12.1)	1884 (42.7)	<.0001	Ref.		Ref.	
1	7137 (19.6)	3322 (46.5)		1.12 (1.06 – 1.19)	<.0001	1.12 (1.06 – 1.19)	<.0001
2	7504 (20.6)	3685 (49.1)		1.23 (1.16 – 1.30)	<.0001	1.22 (1.16 – 1.29)	<.0001
3,4	11446 (31.4)	5889 (51.5)		1.31 (1.24 – 1.38)	<.0001	1.30 (1.23 – 1.37)	<.0001
>=5	5910 (16.2)	3239 (54.8)		1.44 (1.36 – 1.52)	<.0001	1.42 (1.34 – 1.50)	<.0001

**Table 3**

Resident characteristics associated with functional decline among 1-year survivors. Values are adjusted for calendar year.

Variable Name	Basic Statistics			Univariate Cox Model		Multivariate Cox Model	
	Observed N (%)	Event N (%)	P value	HR & 95% CI	P value	HR & 95% CI	P value
<b>Total N (%)</b>	18386 (100.0)	11405 (62.0)					
<b>Age Group</b>							
65 to 74	4364 (23.7)	2541 (58.2)	<.0001	Ref.		Ref.	
75 to 84	8179 (44.5)	5013 (61.3)		1.09 (1.04 – 1.15)	0.0002	1.07 (1.02 – 1.12)	0.0058
85 over	5843 (31.8)	3851 (65.9)		1.25 (1.19 – 1.31)	<.0001	1.17 (1.11 – 1.23)	<.0001
<b>Gender</b>							
Male	11522 (62.7)	7167 (62.2)	0.5339	Ref.		Ref.	
Female	6864 (37.3)	4238 (61.7)		0.99 (0.95 – 1.03)	0.5972	1.05 (1.01 – 1.10)	0.0084
<b>Race</b>							
White	14861 (80.8)	9359 (63.0)	<.0001	Ref.		Ref.	
Black	3007 (16.4)	1737 (57.8)		0.87 (0.82 – 0.91)	<.0001	0.94 (0.89 – 0.99)	0.0149
Others	518 (2.8)	309 (59.7)		0.93 (0.83 – 1.04)	0.1977	1.07 (0.95 – 1.20)	0.2588
<b>Admission Status</b>							
Elective	4684 (25.5)	2706 (57.8)	<.0001	Ref.		Ref.	
Emergent	13702 (74.5)	8699 (63.5)		1.21 (1.16 – 1.27)	<.0001	1.37 (1.31 – 1.43)	<.0001
<b>ADL decline at baseline</b>							
No	13665 (74.3)	7655 (56.0)	<.0001	Ref.		Ref.	
Yes	4721 (25.7)	3750 (79.4)		2.14 (2.05 – 2.22)	<.0001	2.39 (2.29 – 2.49)	<.0001
<b>ADL groups at baseline</b>							
0 to 12	4889 (26.6)	3594 (73.5)	<.0001	Ref.		Ref.	
13 to 17	3834 (20.9)	2655 (69.2)		0.89 (0.85 – 0.94)	<.0001	0.79 (0.75 – 0.84)	<.0001
18 to 21	4963 (27.0)	2980 (60.0)		0.71 (0.68 – 0.74)	<.0001	0.57 (0.55 – 0.60)	<.0001
22 to 28	4700 (25.6)	2176 (46.3)		0.50 (0.47 – 0.52)	<.0001	0.38 (0.36 – 0.41)	<.0001
<b>Cognitive impairment at baseline</b>							
0	7615 (41.4)	4703 (61.8)	0.5240	Ref.		Ref.	
1	10771 (58.6)	6702 (62.2)		1.02 (0.99 – 1.06)	0.2388	1.15 (1.11 – 1.20)	<.0001

Variable Name	Basic Statistics			Univariate Cox Model		Multivariate Cox Model	
	Observed N (%)	Event N (%)	P value	HR & 95% CI	P value	HR & 95% CI	P value
<b>Charlson score groups</b>							
0	2524 (13.7)	1553 (61.5)	0.1678	Ref.		Ref.	
1	3815 (20.7)	2384 (62.5)		1.03 (0.96 – 1.10)	0.4084	1.02 (0.96 – 1.09)	0.5650
2	3819 (20.8)	2408 (63.1)		1.05 (0.99 – 1.12)	0.1263	1.01 (0.95 – 1.08)	0.7131
3,4	5557 (30.2)	3454 (62.2)		1.02 (0.96 – 1.08)	0.5844	1.01 (0.95 – 1.08)	0.6923
>=5	2671 (14.5)	1606 (60.1)		0.96 (0.89 – 1.03)	0.2311	0.96 (0.90 – 1.03)	0.2770