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The pleiotropic role of non-coding genes in development and cancer

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Abstract

The expansive dimension of non-coding genes is by now a well-recognized feature of eukaryotes genomes. Over the past decades, in vitro functional studies and in vivo manipulation of noncoding genes through genetically engineered mouse models (GEMMs) have provided compelling evidence that almost every biological phenomenon is regulated, at some level, by non-coding RNA transcripts or by coding RNAs with non-coding functions. In this opinion article, we will discuss how recent discoveries in the field of non-coding RNAs are contributing to advance our understanding of evolution and organismal complexity and its relevance to human diseases.

Introduction

While previously thought to be solely transcriptional noise, evidence has come to light to illustrate the critical functions that non-coding genes can play in cellular homeostasis (1) . In fact, non-coding genes represent the vast majority of the genetic information coded within the DNA, while protein-coding genes encompass only a small portion of the mammalian genome $(1,2)$. Furthermore, comparative genome-wide studies have shown that the complexity and evolution of a species does not necessarily correlate with an increase in protein coding genes, but rather correlates with an increase in non-coding genes $(1,2,3)$. While this alone may not be an indication of functional relevance, it clearly suggests that non-coding RNAs may contribute to differences among species or individuals.

Non-coding genes are generally defined as a class of transcribed but not translated genes $(4-7)$. Through comprehensive analysis of the mammalian transcriptome, the existence of a wide range of non-coding genes from short 19–22 nt RNAs, such as microRNAs^(4,5), to long non-coding RNAs, such as lncRNAs or pseudogenes that can span hundreds of base pairs ^(6,7), has been revealed.

Furthermore, non-coding structural RNAs⁽⁸⁾, such as rRNAs, tRNAs and small nucleolar RNAs (snoRNAs)⁽⁹⁾, traditionally thought to be involved only in fundamental cellular

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processes, such as protein translation and ribosome biogenesis, have been shown to also exert additional unexpected roles and are perturbed in diseases such as cancer ^(10,11). More recently, circular RNAs (circRNAs) are emerging as a new large class of functional noncoding RNAs $(12-17)$, while pseudogenes, copies of coding genes that have lost the ability to code for proteins, are yet other forms of non-coding RNAs with relevant biological functions $(18-20)$ (see Table 1).

Thus, as we uncover the increasing diversity and species of non-coding RNAs that exist within the cell, it is becoming clear that the contribution of the non-coding genome in human development and disease pathogenesis is likely significant, and needs to be systematically studied. For example, many microRNAs and lncRNAs have been already shown to be relevant for tissue development $(21-26)$. On the other end, although the analysis of noncoding RNAs in disease it is still in its infancy, mutations to promoter and other genetic elements regulating the expression of non-coding RNAs have already been identified in cancer, suggesting specific targeting of non-coding RNAs in tumorigenesis $(27,28)$. Therefore, there is a critical need to understand the molecular mechanisms through which these diverse classes of non-coding genes exert their functions, and how they are altered in disease.

Non-coding genes in development

Amongst all classes of non-coding genes, microRNAs are perhaps the most wellcharacterized (Figure 1) of all $(4,5)$. These RNAs function by base pairing with microRNA response elements (MREs) that are preferentially located at the 3'UTR of their target mRNAs, although MREs can be found along the entire mRNA (Figure 1) ^(4,5). This binding results in either degradation of the transcript or inhibition of protein translation. The role of microRNAs in development is supported by the fact that genetic inactivation of a key enzyme towards their maturation, *DICER1*, results in early embryonic lethality ⁽²¹⁾. The conditional deletion of *Dicer1* in mice in a lineage specific manner also results in striking defects in almost every tissue that has been examined to date, including skin (22) , neuronal development (23) , cardiac (24) and muscle tissue (25) . While, it has been long established that developmental choices are regulated by signaling pathways such as Notch, Wnt and Hedgehog, fluctuation in the expression of microRNA families that concomitantly targeting one or more components of these pathways represents a powerful means to finely and rapidly regulate expression of these proteins to achieve tissue patterning ⁽²⁹⁾. Despite the ability of microRNAs to exert such functions, Genetically Engineered Mouse Models (GEMMs) have shown that the loss of single microRNAs is often inconsequential for embryonic development and may result in variable phenotypes due to compensatory mechanisms from other classes of genes or due to redundant functions (30) .

Similar to microRNAs, piRNAs (or piwiRNAs) represent a distinct class of short RNAs with inhibitory function ⁽³¹⁾. piRNAs are mainly are expressed in germline cells and maintain genomic stability by inhibiting retrotransposon elements⁽³¹⁾. While piRNAs have been show to play a critical role in spermatogenesis, whereby loss of PIWI proteins result in male infertility, expression of piRNAs species outside the germline has not been clearly demonstrated to date and is being actively investigated ⁽³²⁾.

The observation that small non-coding RNAs such as microRNAs and piRNAs can play a developmental role suggested that other species of non-coding RNAs could be of important functional relevance during development. As such, long non-coding RNAs (lncRNAs) have recently emerged as major regulators of tissue development in several organisms ⁽³³⁾. Systematic studies coupled with biochemical analysis have shown that lncRNAs expressed by embryonic stem cells (ESCs) and associated with specific cell fate choices are highly regulated, both temporally and spatially and are associated with a distinct epigenetic signature despite limited conservation of sequence or expression $(34,35)$. Notably, more than 40% of lncRNAs are expressed in the brain, possibly pointing to a critical role for lncRNAs in brain function (35,36) .

Mechanistically, lncRNAs facilitate a wide range of functions, and similar to proteins, it is becoming clear that different functional classes of lncRNA exist, each with distinct roles that are highlighted by the type of proteins and RNAs they interact with. Nuclear lncRNAs are known to act both *in-cis* and *in-trans* (Figure 1) $(6,7)$, whereby *in-cis* acting lncRNAs influence the expression of their nearby genes. The most well-known example of such regulation is represented by XIST, a lncRNA transcribed from the X-chromosome and required for X inactivation and silencing (37) . Although the characterization of cell fate choices during development and tissue repair are thought to be mainly orchestrated by master transcription factors that regulate gene expression by binding to specific DNA sequences in the promoter or distal regions (enhancers) of their target genes (38) , it is now evident that many transcription factors exist in complexes that incorporate non-coding lncRNA transcripts as outlined further below. However, additional cis-acting divergent lncRNAs can also influence transcription factor activity. Divergent lncRNAs are transcribed in antisense from nearby coding genes and are often found in close proximity to transcription factor binding sites of nearby genes to regulate expression of the same group of genes⁽³⁹⁾. Additionally, high-throughput genomic studies in differentiated versus undifferentiated cells also identified long non-coding genes specifically transcribed from enhancer regions, namely enhancer associated transcripts (eRNAs)^(40,41). eRNAs facilitate the initiation of a developmental program by the recruitment of the transcriptional machinery and participate in nucleosomes re-arrangements or chromatin looping. Notably, hierarchical transcription of two different eRNAs instructs the correct developmental program of muscle cells ⁽⁴²⁾.

The identification of tissue regeneration enhancer elements (TREEs) has also recently been reported (43) . These regulatory elements of DNA can transiently induce the expression of genes involved in tissue repair following stress or injury. Whether or not these functions are partially mediated by TREE-associated RNAs, and what the RNAs are specifically, are interesting questions that have yet to be addressed.

Several lncRNAs have been shown to be an integral component of the polycomb repressor complex-2 (PRC2) and direct its activity (33) . A classic example of this is represented by the lncRNA HOTTAIR which recruits PRC2 to the HoxD locus, thus affecting its epigenetic status by favoring H3K27 trymetylation. Similarly it has been shown that the lncRNA Braveheart is important for the specification of the cardiac lineage from the nascent mesoderm, contributing to the activation of multiple genes involved in cardiac differentiation

by bringing components of the PRC2 complex in proximity with its promoters ⁽⁴⁴⁾. Thus, the utilization of non-coding RNAs within transcription complexes may represent an important manner by which to prioritize and determine expression of transcription factor target genes, in a cell type and tissue specific manner.

While one of the defining characteristics of lncRNAs is that they lack open reading frames (ORFs) of greater than 100 amino acids, some reports also describe small functional peptides that originate from small ORFs within annotated lncRNAs. For example, Dwarf and Myoregulin are two small peptides encoded by annotated lncRNAs expressed in skeletal muscle and that are involved in the regulation of muscle contraction/relaxation through modulating SERCA activity ^(45,46). Such studies demonstrate that careful analysis of lncRNA are required in order to understand whether this is a feature common to many lncRNAs or rather if it represents an exception to the rule, and whether such RNAs contain both coding and non-coding functions.

Finally, it is important to point out that, similar to coding mRNAs, lncRNAs contain MRE and can compete for binding to miRNAs. This is also relevant as we will discuss later (see competing endogenous RNA (ceRNA) below) in the context of modulating developmental functions.

More recently, the presence and generation of circRNAs, an abundant non coding species of RNA derived from both coding and non-coding linear RNA transcripts through backsplicing events, highlights the diversity of regulatory non-coding RNAs within the cell. These transcripts appear to correlate with the acquisition of distinct developmental stages suggesting a functional role of certain circRNAs in tissue development $(12-16)$. While little is known about the extent to which this class of transcripts is functional, two independent reports have described the isolation and characterization of circRNAs highly enriched in the human and the mouse brain $(12,13)$. In these studies cirS-7 (also known as CDR-1) has been shown to harbor more than 70 MREs for miR-7. Over-expression of cirS-7 resulted in the up-regulation of miR-7 target genes and, vice versa, its down-regulation lead to inhibition of miR-7 targets. A similar mechanism has also been reported for SRY circRNA (see ceRNA below) $(12,13)$. While the initial discovery of circRNAs as microRNAs sponges or ceRNAs may have suggested that circRNAs act through a common mechanism of gene regulation, subsequent reports have also shown that circRNAs may have additional (i.e. ceRNA independent) functions, such as regulation of protein complex stability (17) , and a great number of circRNA transcripts do not harbor MREs in their sequence (47) . As we move forward in the study of this new class of RNAs, a more systematic study of circRNAs in various tissues will help to uncover additional layers of circRNA dependent regulation of gene expression.

Non-coding genes in cancer

Given that much of the molecular machinery that governs early development relates to ability of stem cells to self-renew and the regulation of stem cell fate, it is not surprising that developmental processes are often deregulated in cancer. Hence, understanding the role of non-coding RNA in developmental can inform the pathogenesis of human cancer. Despite the extensive data highlighting important functional roles of non-coding RNAs in regulating

fundamental cellular programs, there is an immense lack of efforts focused on understanding how non-coding RNAs are targeted and altered in cancer. For example, tremendous efforts have focused on cataloging genetic alterations and aberrations across the cancer genome, with international consortium that is The Cancer Genome Atlas (TCGA) analyzing hundreds of cancer genomes across an extensive panel of tumor types. While this represents a critical step in understanding the genetics of cancer and informing its treatment ^(48,49), the majority of these sequencing efforts have focused on identifying specific alterations in protein coding genes. This effort has enabled us establish key driver mutation(s) in the majority of tumors. However, a significant number of tumors do not harbor known driver mutations in protein coding genes. These cancers could indeed harbor mutations or genomic alterations in the non-coding genomic space, when systematically interrogated.

High throughput sequencing of more than 10 different cancer types, including breast, prostate, liver, pancreas and lung carcinoma, has shown that cancer mutations can often occur in regulatory regions governing gene expression. These hotspots for cancer include DNA elements such as promoters, enhancers, or splicing sites amongst others, and can directly impact the expression status of non-coding RNA elements, while in addition the mutation of non-coding genes themselves maybe relevant for cancer initiation and progression ^(50,51). However, to date, the non-coding RNA dimension is still very poorly annotated in human cancer, and systematic sequencing efforts are needed to fully establish if non coding RNA mutations represent driver mutations in this disease. Indeed, a comprehensive study of lncRNAs across more than 5000 tumors samples encompassing 13 different types of cancers has shown that cancer associated lncRNAs identify distinct molecular signatures that can be used to identify novel cancer driver mutations in lncRNA loci (51) .

Similarly, the vast majority of cancer relevant microRNAs, including let-7, miR-19, and the miR-34 family of microRNAs are found within cancer-prone genomic regions or within fragile genomic sites ⁽⁵²⁾. These sites often harbor driver cancer mutations. This non-random distribution of microRNAs has also been instrumental to categorizing human cancers.

It has been further shown that tumorigenesis can result from the specific mis-regulation of single microRNAs, with oncogenic (onco-miRs) or tumor suppressive function ⁽⁵²⁾. Additionally, microRNA dependent inhibition of Dicer (53) , and *Dicer1* germline mutations are associated with tumorigenesis ⁽⁵⁴⁾, strongly suggesting a fundamental role of aberrant microRNA biogenesis in tumor development.

Due to their functional versatility, lncRNAs can also regulate key cellular hallmarks of cancer A non-exhaustive list of lncRNA-mediated functions includes regulation of genomic instability ⁽⁵⁵⁾, cell proliferation/cell cycle ^(56,57), hormone signaling ^(58,59), metastasis and changes in tumor microenvironment (60,61). Mechanistically, lncRNAs act as molecular partners for proteins thereby regulating their function or stability. Multiple lncRNAs are known to regulate chromatin modifications by interacting (directly or indirectly) with PRC2 or its subunit Ezh2, a known oncogenic driver of prostate and other cancer types $(59-62)$ (Figure 1). enhancer-RNAs (eRNAs) have also been reported to both regulate the expression

of p53 dependent cell cycle arrest genes and to be transcriptionally activated by p53 itself (63) .

In addition to each of these RNA species, tRNAs are emerging as important and novel regulators of tumorigenesis (64). In general, cancer cells have higher levels of tRNAs than normal cells. Importantly, preferential or selective expression of certain tRNA pools correlate with distinct cellular states ⁽⁶⁵⁾. Strikingly, a recent paper reports the selective upregulation of two distinct tRNAs (tRNAArg CCG and tRNA^{Glu} UUC) in metastatic breast cells compared to normal cells and further, the authors go on to demonstrate that the specific up-regulation of these tRNAs alone is sufficient to "bias" ribosomes to translate prometastatic mRNAs with the corresponding cognate codons, therefore directly modulating cancer cell behavior (64) . These findings implicate tRNA in the development of malignancies and other human disease (66,67).

With the discovery that cells express a multitude of circRNA, recent work has now uncovered the generation of novel, cancer specific circRNAs through chromosomal translocation. While chromosomal translocation results in the formation of chimeric proteins with acquired oncogenic properties, it has now been established that such fusion events can also lead to the formation of novel fusion circRNAs with pro-oncogenic functions, as reported for the MLL-AF9 fusion circRNA (68) (Figure 1). However, how commonly fusion circRNAs arise from the 2000 or more chromosomal translocations associate to human cancer to date, and their impact on cancer progression remains to be determined. Interestingly though, comprehensive analysis of "non-fusion circRNAs" in breast, cervical, gastric and oral carcinoma has revealed a significant and robust association between their deregulated expression and oncogenic transformation, suggesting that circRNAs may function as predictive biomarkers and perhaps cancer drivers and suppressors (69,70).

The competitive endogenous hypothesis

One unifying hypothesis that may explain, at least in part, the complex influence of noncoding genes on our understanding of biology, hitherto focused on the protein coding dimension, is the competitive endogenous hypothesis (ceRNA) $(71,72)$ (Figure 2). The foundation of this theory is based on the principle that transcripts sharing the same microRNA response elements influence each other's activity by competing for the same pool of microRNAs. Different types of cancers, including prostate cancer ^(19,73), lymphoma (20) , melanoma (74) and glioblastoma (75) , are affected by competition among different species of RNAs. The study of the ceRNA network for the tumor suppressor gene PTEN perfectly illustrates the diverse range by which a single transcript can have both coding and coding independent functions. The 3'UTR of the PTEN mRNA harbors multiple microRNA binding sites, while importantly, the PTENP1 pseudogene shares some of these binding sites, specifically those for miR-17; miR-19, miR-21; miR-26 and miR-214. Overexpression of the 3'UTR of PTENP1 is sufficient to increase the cellular level of PTEN mRNA and protein; and conversely down-regulation of PTENP1 triggers the opposite effects. Importantly, this phenomenon is not observed in Dicer null cells, clearly demonstrating that its biological functions are microRNA dependent and that PTENP1 acts as a molecular decoy for PTEN microRNAs. Importantly, loss of PTENP1 is observed in

prostate cancer and decrease level of PTENP1 in prostate cancer cells increase their proliferation rate and results in tumor burden. A number of other transcripts (VAPA, CNOT6L, ZEB2) have also been show to modulate PTEN activity through common MREs. Therefore, predictions of ceRNA networks could help to identify novel nodes of tumorigenesis (76) . The list of ceRNA that play a role in tumorigenesis includes genes such as pseudogenes of BRAF⁽²⁰⁾, KRAS⁽¹⁹⁾, and key oncogenic drivers⁽¹⁸⁾. Additionally, long non-coding genes can also efficiently function as ceRNAs. One of these lncRNA is lnc-MD-1, which regulates the muscle differentiation program by acting as a molecular decoy for the muscle specific myo-miR-133 and miR-135 (77) .

While these examples of ceRNAs are gene centered, looking forward, we expect to be able to identify networks of ceRNAs that overall regulate different disease states or control the transition of cells into distinct states. Given the proposed role of some circ-RNAs as microRNA sponges (e.g. cirS-7) (12) we also expect to be able to identify additional circcentered ceRNA networks in the near future.

ceRNAs are competitive endogenous transcripts whose function is dependent on microRNA binding. However the mechanism of competition among non-coding genes can also be observed in other contexts. An interesting example of RNA/RNA crosstalk involves tRNA fragments (tRFs) and was recently shown to drive breast cancer metastasis (78) . tRFs are small non coding transcripts derived from the endonucleolytic cleavage of tRNA molecules. tRFs up-regulated in low oxygen conditions modulate the cell response to stress by out competing other mRNAs for the binding to the RNA binding protein YBX1. YBX1 has been shown to promote cancer progression by favoring the translation and stability of oncogenes through preferentially binding their 3'UTR. The up-regulation of distinct hypoxia induced tRFs induces the displacement of YBX1 from its targets therefore acting as a tumor suppressor. Importantly metastatic cells overcome hypoxic stress by down-regulating the expression of hypoxia-induced tRFs and enabling YBX1 dependent up-regulation of oncogenes.

Thus, the ceRNA hypothesis provides the framework to identify and study RNA/RNA crosstalk and to predict which of these interactions may have a role in disease progression by conveniently looking at their shared MREs. Still under study are aspects of this network that evaluate cellular abundance of ceRNAs, microRNAs, and other requirements or cellular constraints that may affect the ability of any given transcript to function as a ceRNA. On the other hand, this hypothesis has propelled a renewed excitement in the field of non-coding biology with many new tools aimed at predicting ceRNA networks for genes of interest, stimulating insightful discussions on the dynamics of such RNA/RNA crosstalk, and initiating the search for novel, microRNA-independent mechanisms of cross-talk among non-coding transcripts.

Conclusions

The existence of a vast genomic space of non-coding RNAs has only recently been fully recognized and systematically explored. High throughput studies have been instrumental in highlighting the pervasive nature of non-coding genes, and an overwhelming body of

evidence now indicates that non-coding genes represent critical regulators of normal cellular homeostasis, with aberrant expression of these genes *in vivo* contributing to the development of human diseases, including cancer.

The development of RNA based medicine represents an exciting and rapidly growing field of research. Because microRNAs have been implicated in the regulation of many diseases, conspicuous research efforts have been aimed at targeting miRNAs. Approaches to modulate miRNA activity (either restoration or inhibition) are diverse, include the development of both non-viral and viral methods and are aimed at increasing cellular uptake to limit toxicity and enhance the pharmacokinetics of the "RNA drug "overall. Clinical studies have rapidly moved from mice to non-human primates ⁽⁷⁹⁾ and human clinical trials are currently ongoing for the treatment of cancer and non-neoplastic conditions $(80, 81)$. Additionally, the list of genes used as cancer biomarkers is becoming increasingly populated with other classes of non-coding RNAs.

The development of novel cancer therapies and the ability to deliver more effectively and selectively these RNA drugs are contingent on the further progressive advancements in RNA medicine. Our hope is that continuous efforts to understanding the biology of RNA at the basic science level will foster and lead to the development of effective RNA based therapies for cancer and other diseases.

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coding genes regulate tumorigenesis. Importantly, modulation of the abundance of tRNAs may be used to revert highly metastatic cells into normal-like cells. [PubMed: 27259150]

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Figure 1. Schematic overview of non-coding genes and their functions

Non-coding genes mainly regulate the expression of other transcripts at the posttranscriptional level. Cytoplasmic microRNAs generally bind to the 3'UTR of mRNAs to inhibit protein translation. lncRNAs have the most diverse role. They contribute to gene regulation both *in-cis* and *in-trans* through multiple mechanisms, such as chromatin remodeling, protein decoys or molecular sponges. lncRNA can be found in both the nucleus and cytoplasm. snoRNAs are mainly localized to the nucleus where they guide RNPs to specific sites of rRNAs for modifications. Circular transcripts have mainly been described in the cytoplasm where they can act as molecular sponges or bind protein complexes. Fusion circRNAs represent a newly described class of non-coding genes. To date they have only been described in cancer cells. tRNA are another highly abundant class of RNA molecules that have been shown to play a role in cancer and other human diseases.

Figure 2. The ceRNA cross-talk in normal and cancer cells. A

Competitive endogenous RNAs are transcripts that share the same microRNA response elements (MREs). ceRNAs compete with each other to bind to the same pool of microRNAs which essentially allows them to regulate each other's expression. This mechanism of gene regulation is coding independent since it is mediated by the 3-UTR of mRNAs or by noncoding genes and represents an additional layer of gene regulation. The ceRNA effect is not observed in Dicer knock out cells. **B-C.** Schematics of ceRNAs role in tumorigenesis. Increasing expression of oncogenic ceRNAs (whether lncRNAs, cirRNAs, pseudogenes or mRNAs) will result in the concomitant increase in the ceRNA target protein level, due to the release of microRNA inhibition. If the ceRNA target is an oncogene, the final output will be an oncogenic transformation. Tumorigenesis may also results from a decrease in tumor suppressive ceRNAs. This will in turn lead to an increase in microRNA inhibition of tumor suppressor genes.

Table 1

Types of non-coding genes

