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## The role of the gut microbiome in health and disease of adult honey bee workers

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### Abstract

The role of the gut microbiome in animal health has become increasingly evident. Unlike most other insects, honey bees possess a highly conserved and specialized core gut microbiome, which consists of nine bacterial species and is acquired mostly through social transmission. Five of these species are ubiquitous in honey bees and are also present in bumble bees. Recent studies have shown that the bee gut microbiome plays a role in metabolism, immune function, growth and development, and protection against pathogens. Disruption of the gut microbiome has also been shown to have detrimental effects on bee health. Overall, evidence suggests that the gut microbiome plays an important role in bee health and disease.

### Introduction

Pathogens make up a small part of the communities of microorganisms associated with animal hosts. The roles of non-pathogenic microbial associates are increasingly appreciated. For example, the human gut microbiome plays a critical role in host physiology, nutrition, development, immune function, behavior, and also protection against pathogenic microorganisms [1]. Honey bees harbor a specialized gut community, consisting of organisms largely restricted to this niche [2<sup>\*\*</sup>]. The honey bee gut microbiome has some similarities to that of mammals: it is mostly socially transmitted, is largely restricted to guts of its hosts, helps to metabolize dietary carbohydrates, and contributes protection against pathogens. The basic biology of the bee gut microbiome was summarized in a recent review paper [2]. This article will focus on recent findings regarding possible roles of the honey bee gut microbiome in protection against disease.

### The gut microbiome of corbiculate bees

The guts of honey bee (*Apis mellifera*) adult workers are dominated by a distinctive set of nine bacterial species (or ‘phylotypes’), largely restricted to the hindgut [2<sup>\*\*</sup>]. Five of these,

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*Snodgrassella alvi*, *Gilliamella apicola*, two species of *Lactobacillus*, and a *Bifidobacterium* species, are ubiquitous and can be found in essentially every adult worker worldwide; these species can be considered as the core gut microbiome. Others (*Bartonella apis*, *Apibacter adven-toris*, *Frischella perrara*, and Acetobacteraceae) are present in guts of many honey bee workers, but sometimes absent. Smaller numbers of bacteria, often representing environmental species, occur in the foregut and midgut [3]. The core species are relatively infrequent in larvae and in adult queens, which contain highly variable communities dominated by environmental bacteria [4, 5]. The mature worker hindgut microbiome is substantial, totaling  $10^8$ – $10^9$  bacterial cells [6] and is established in workers within four days following eclosure, before leaving the hive. Transmission is through a fecal route and facilitated by social interactions and contact with hive surfaces [6]. Each core bacterial species shows a characteristic distribution within the hindgut (Figure 1). *S. alvi* and *G. apicola* dominate the ileum region of the hindgut, where *S. alvi* forms a continuous layer on the lining of the longitudinal folds, and *G. apicola* occurs on top. *F. perrara* forms a melanized scab at the pylorus, near the beginning of the ileum. The others, which are Gram positive species, are most abundant in the rectum region of the hindgut.

Each of these species exists as multiple strains, even within the gut of a single worker adult [7]. Extensive strain diversity of *A. mellifera* core gut bacteria, corresponding to different gene repertoires and metabolic capabilities, has been shown for *G. apicola* [8\*], and for the two *Lactobacillus* clades and *Bifidobacterium* [9]. Accessory genes (genes present in some strains but not others within a species) include many involved in carbohydrate utilization, as well as genes encoding toxins likely targeted to competing bacteria. Strain level variation is even greater when comparing strains present in *Apis* versus *Bombus*, the latter having far fewer genes for using diverse carbohydrates [8\*,10].

Other social corbiculate bees, including other honey bees (genus *Apis*), bumble bees (*Bombus*), and stingless bees (tribe Meliponini), contain distinct strains of the five core species found in *A. mellifera* [11\*\*,12]. Phylogenetic analyses of strains from diverse corbiculate bee species suggest that these five bacterial species colonized a common ancestor of the corbiculate clade, about 80 million years ago, and that strains subsequently diversified, with some host lineages acquiring a few additional bacterial types. Based on phylogenetic analyses for *S. alvi*, *G. apicola*, and *Lactobacillus* ‘Firm-5’, related bacterial strains tend to occur within related hosts, with *Apis* and *Bombus* strains forming separate clades. All of these bees are social and live in colonies consisting of a queen and workers, enabling transmission of a consistent gut microbiome across generations.

The gut microbiome can be studied experimentally, since core species can be grown in culture and inoculated into bees [13]. If bees are manually removed from the comb at an early pupal stage (before the mouthparts harden) using sterile methods, guts of emerging adults will contain few or no bacteria and lack all core species, enabling experiments in which the gut community is inoculated in a controlled manner (e.g. [10,11\*\*,14\*\*,15\*\*,16\*]). Experiments comparing microbiota-free and inoculated bees have revealed some of the functions of the gut microbiome and its members (Table 1). Controlled inoculations have also shown that strains of *S. alvi* from *Apis* cannot inoculate *Bombus* hosts, and vice versa [11\*\*] but that there is some ability of *S. alvi* strains to inoculate other host species within

*Apis* [11\*\*] and within *Bombus* [10]. Strains appear largely host-specific in natural collections, with distinct micro-biomes for each host species, and no evident geographic convergence when bee species co-occur [11\*\*,17].

### Non-core species in the bee microbiome: potential pathogens?

Guts of virtually all honey bee adult workers are dominated by five bacterial species (the core gut microbiome). Worker guts typically also contain low frequencies of other bacteria, which may play important biological roles, through their interactions with other organisms in the gut or through their direct, potentially pathogenic, effects on hosts. Some appear specific to honey bee guts, but are not ubiquitous. For example, *Frischella perrara*, a relative of *G. apicola* within the family Orbaceae, is widespread [18]. It colonizes in a distinctive manner in the pylorus region near the junction of the midgut and the hindgut; experiments involving inoculations of microbiota-free bees show that it causes a characteristic brown 'scab' [16], which has been shown to result from stimulation of immune pathways including the melanization response [14\*\*]. This species also causes disordered cell division in gut epithelial cells and produces a complex polyketide molecule that affects cellular replication in human cell lines [19].

Another common non-core bee gut species is, *Bartonella apis*, a member of a group containing animal pathogens [20\*]; *B. apis* is widespread in honey bee workers, but impacts on hosts are unknown. In a study of associations of microbes with colony collapse symptoms, *B. apis* was relatively abundant in healthy bees relative to bees from collapsing colonies [21], suggesting the possibility of a positive effect on disease resistance. Likewise, effects on hosts are unknown for *Apibacter adventoris*, a Bacteroidetes species sampled repeatedly from bee guts and not elsewhere, but never abundant [22].

Many of the rarer bacterial species in honey bee guts likely represent opportunistic organisms able to invade as pathogens. Commonly sampled groups include species of Enterobacteriaceae, including *Hafnia alvi*, and species of *Enterobacter*, *Klebsiella*, and *Serratia*. *Serratia marcescens* strains can be pathogenic, causing sepsis and death [23\*]. Strains isolated from hives can cause mortality when administered orally to workers in the laboratory [24\*\*]. Potentially, these Enterobacteriaceae pathogens are under-recognized as causes of bee mortality, since infected bees usually leave the hive to die; they are more likely to accumulate in wintering hives [23\*].

### Environmental and developmental factors that can alter the bee gut microbiom

In animals generally, gut microbiome composition is influenced by many factors, including diet, stress, immune responses, stress, aging, and exposure to antibiotics. All of these factors appear to affect the bee microbiome (Figure 2). Some evidence suggests that, as workers age and transition to foraging, the microbiome composition shifts slightly [25,26]. Microbiome composition, particularly the relative numbers of *S. alvi* and *G. apicola*, can also shift through the season, possibly reflecting changes in diet [27\*]. Indeed, poor nutrition has been shown to disrupt the normal gut microbiome, resulting in higher mortality and disease

susceptibility [28\*]. Disruption of the microbiome (dysbiosis) has many consequences for worker development: such disruption during early adult life affects expression of important developmental genes, including vitellogenin [29\*] and is expected to affect immune system function, since the honey bee microbiome stimulates immune pathways [14\*\*,29\*,30\*]. In turn, honey bee innate immune function has been shown to be compromised by stimulation of cellular stress responses [31\*]. Together these findings suggest that dysbiosis may have cascading effects for the ability of bees to respond to environmental stressors such as poor nutrition or temperature stress, and that, conversely, these stressors may impact the microbiome (Figure 2).

Honey bees in some regions are routinely exposed to antibiotics used in beekeeping for preventing outbreaks of American or European Foulbrood caused by *Paeniba-cillus larvae* or *Melissococcus plutonius*, respectively. Oxy-tetracycline has been used for decades in beekeeping in the USA, and strains of bee gut bacterial species have acquired several tetracycline resistance loci, with frequencies highest in colonies exposed more recently [32]. Tetracycline exposure results in severe gut dysbiosis, with drastic and persistent effects on microbiome size and composition [24\*\*]. The treatment also increases mortality in the hive, potentially due to greater susceptibility to opportunistic pathogens, as observed in the lab [24\*\*]. Certain pesticides have also been shown to impact the honey bee microbiome [33].

While a largely consistent microbiome persists throughout the lifespans of honey bee adult workers, adult queens have a strikingly different microbiome composition, with greater variation among individuals, and consisting of bacteria that are also found in the hive environment [4\*,5]. The size of the queen microbiome is highly variable but often smaller than that of workers. The causes of the striking differences in microbiome between queens and workers are not yet known, but may reflect caste-specific differences in immune activities or in physiological conditions within the gut.

A study of microbiome shifts with worker age in the Asian A honey bee, *Apis cerana*, showed that the core gut bacteria peak in young workers and decline in numbers as workers age [34]; such dramatic shifts have not been reported for *A. mellifera*, suggesting that microbiome stability over the lifespan differs between species. In bumble bees, shifts with age, stress and exposure to environmental bacteria are even more pronounced, and many individuals exhibit increased frequencies of Enterobacteriaceae and other non-core, and potentially pathogenic, bacterial species, which sometimes dominate in individual bee guts [35–37].

## Roles of the bee gut microbiome in nutrition and metabolism

Genomic and metabolic studies on bee gut core species, *G. apicola*, *Lactobacillus* species, and *Bifidobacterium*, indicate capabilities to digest and metabolize a diverse array of plant-produced carbohydrates. In experiments comparing microbiota-free bees and bees possessing a conventional gut microbiome, many physiological effects of the gut microbiome were evident, including a major positive effect on gut size, weight gain following eclosure, insulin and vitellogenin signaling, and sucrose sensitivity [15\*\*]. All of these physiological variables are expected to impact bee health, immune responsiveness, and

susceptibility to stress. The gut microbiome has major effects on the profile of short chain fatty acids in the gut and in the hemolymph; for example, butyrate dominates in conventional bees but is entirely absent in microbiota-free bees [15\*\*]. Genomic studies reveal that some core gut bacteria harbor many genes for carbohydrate metabolism [8\*, 10,38], and different strain compositions possess different abilities to metabolize carbohydrates [8\*,9,39\*\*].

## Roles of the bee gut microbiome in protection against pathogens

In both honey bees and bumble bees, the gut microbiome has been shown to play some role in protection against pathogen infection (Table 2). In two separate studies, microbiota-free *B. terrestris* inoculated with the fecal matter of wild-type workers were more resistant to the trypanosomatid gut parasite *Crithidia bombi* than bees that were not inoculated [40,41]. The protective ability of the microbiome transplant was more strongly influenced by the colony source rather than the bees' colony of origin, suggesting that different gut microbiome compositions can be more or less protective [41]. These studies did not identify the strains underlying the protection; thus, the specific community members conferring pathogen protection in bumble bees warrants further investigation.

A few other studies have indirectly assessed the role the bumble bee microbiome plays in pathogen infection, by correlating the presence of pathogens with the abundance of gut community members (Table 2). For example, *B. terrestris* infected with *Crithidia* was shown to possess lower numbers of *G. apicola* and *S. alvi* than uninfected individuals [42]. However, in *B. impatiens*, *B. bimaculatus*, and *B. griseocollis*, only the abundance of *G. apicola* was negatively correlated with the presence of *Crithidia*, and *Parasaccharibacter apium* (Alpha 2.2) was positively correlated with *Crithidia* infection [36]. Correlations between the microbiome composition and *Nosema* infection have been less consistent, with one study showing a positive correlation with the abundance of *S. alvi* [36], and other studies finding no differences in microbiome composition between bees infected or not infected with *Nosema* [40,42]. Although these correlations are interesting, it is not clear if they are the cause or the effect of pathogen infection.

In *A. mellifera*, several studies provide evidence for a role of the adult gut microbiome in protection against bee pathogens (Table 2). Few studies have examined the protective role of individual members of the core gut microbiome. One study investigated whether colonization with *S. alvi*, *G. apicola*, or the whole community could protect against hemolymph infection by *E. coli*. Bees possessing the entire gut community and, to a smaller extent, bees mono-inoculated with *S. alvi* or with *G. apicola* cleared more bacteria from the hemolymph after *E. coli* injection, and contained more antimicrobial peptide than did microbiome-free bees, suggesting immune priming by these core gut community members [30\*]. Immune priming has also been shown for *F. perrara*, which colonizes locally in the ileum region of the hindgut and stimulates a dramatic increase in production of the antimicrobial peptide apidaecin [14\*\*]. Although our focus is on adult workers, some studies have also examined potential interactions of gut microbiomes with larval pathogens. When larvae are given a sterile sugar diet or a sugar diet spiked with different lactic acid bacteria (LAB) and then exposed to *P. larvae* or *M. plutonius*, the LAB cocktails reduced infection by

these larval pathogens [43,44]. However, the LAB strains used in these studies were isolated from adult workers crops [45,46], which mostly contain species that inhabit nectar and hive materials and are not part of the core gut microbiome [26].

Dysbiosis of the *A. mellifera* core gut microbiome can increase susceptibility to pathogens. Treatment with the antibiotic tetracycline, which severely alters the core gut community composition and size, leads to increased infection by the opportunistic pathogen *S. marcescens* within hives [24\*\*]. Likewise, in laboratory experiments, bees treated with tetracycline were more susceptible to *S. marcescens* infection than control bees [24\*\*]. Dysbiosis-induced susceptibility to parasite infection also was found for bees pre-inoculated with *S. alvi* prior to being released into hives [29\*]; pre-inoculation perturbs the core microbiome and increases susceptibility to the protozoan parasite *Lotmaria passim* [29\*].

The presence of various honey bee pathogens of both adult and larval stages sometimes correlates with the presence or abundance of different members of the adult core gut community [28\*,34,47,48]. Some of these studies show negative correlations between the presence of pathogens and the relative abundances of core members of the adult gut community (Table 2). However, it is not clear that lower abundance of core gut species is a cause of increased susceptibility to pathogens. In some cases, increased pathogen loads could be due to general perturbation of metabolism or immune responses, with this perturbation also impacting the gut community. Alternatively, dysbiosis may result from pathogen infection. Some experimental studies do support a causative role of core gut species in protection (Table 2), but more experiments are needed to determine the extent to which specific core gut community members may protect against particular pathogens.

## Conclusions

Substantial evidence now points to a role of the bee gut microbiome in honey bee and bumble bee health. Most experimental work is based on laboratory studies, while most studies under field conditions are based on correlational analyses only. Thus, experimental studies in apiaries under realistic field conditions are needed. Many infectious diseases of adult bees are caused by organisms that are widespread or ubiquitous in colonies but that occasionally undergo outbreaks causing disease. Potentially these outbreaks are triggered by disruption of the normal microbiome. Active management of the worker gut microbiome could be a tool for improving bee health [49].

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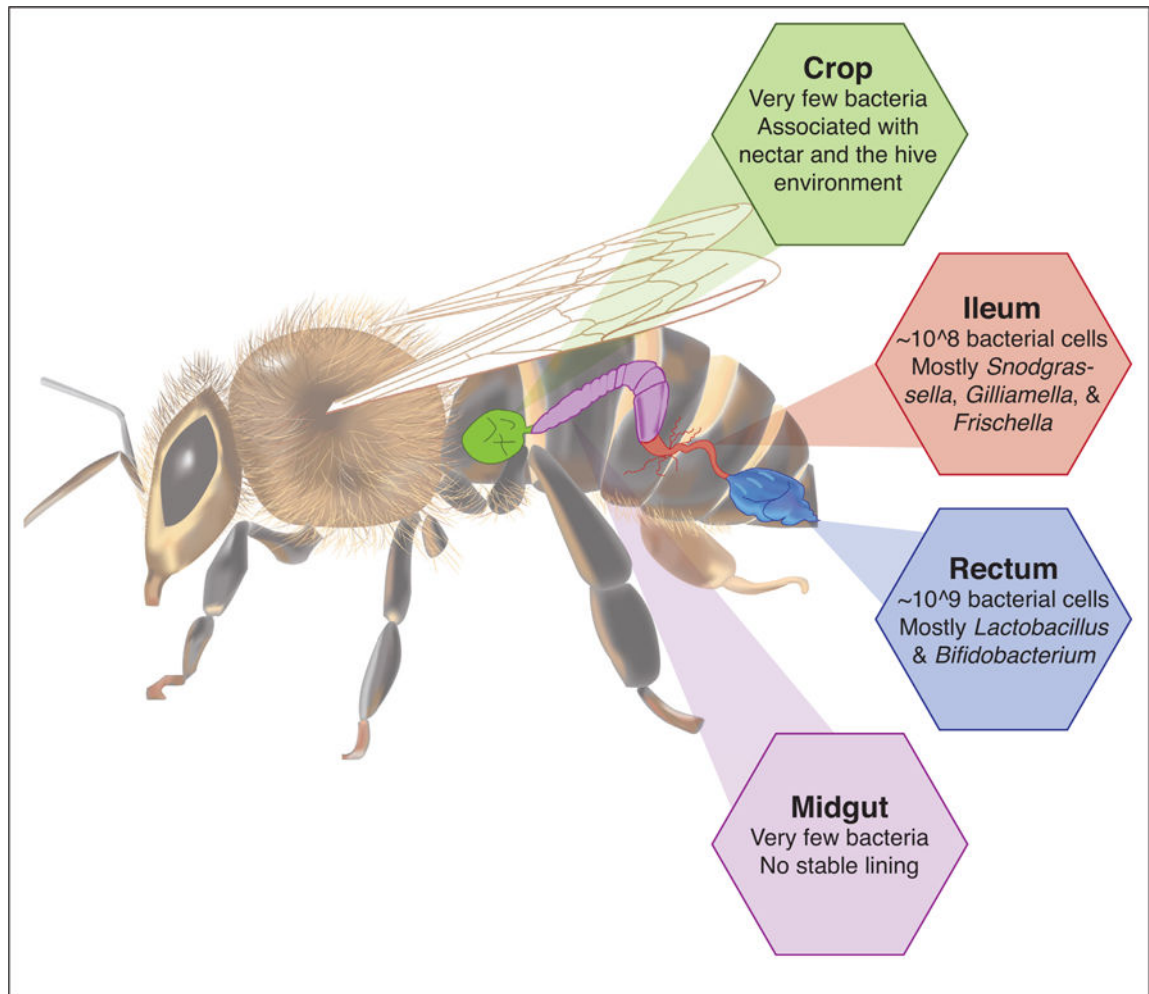
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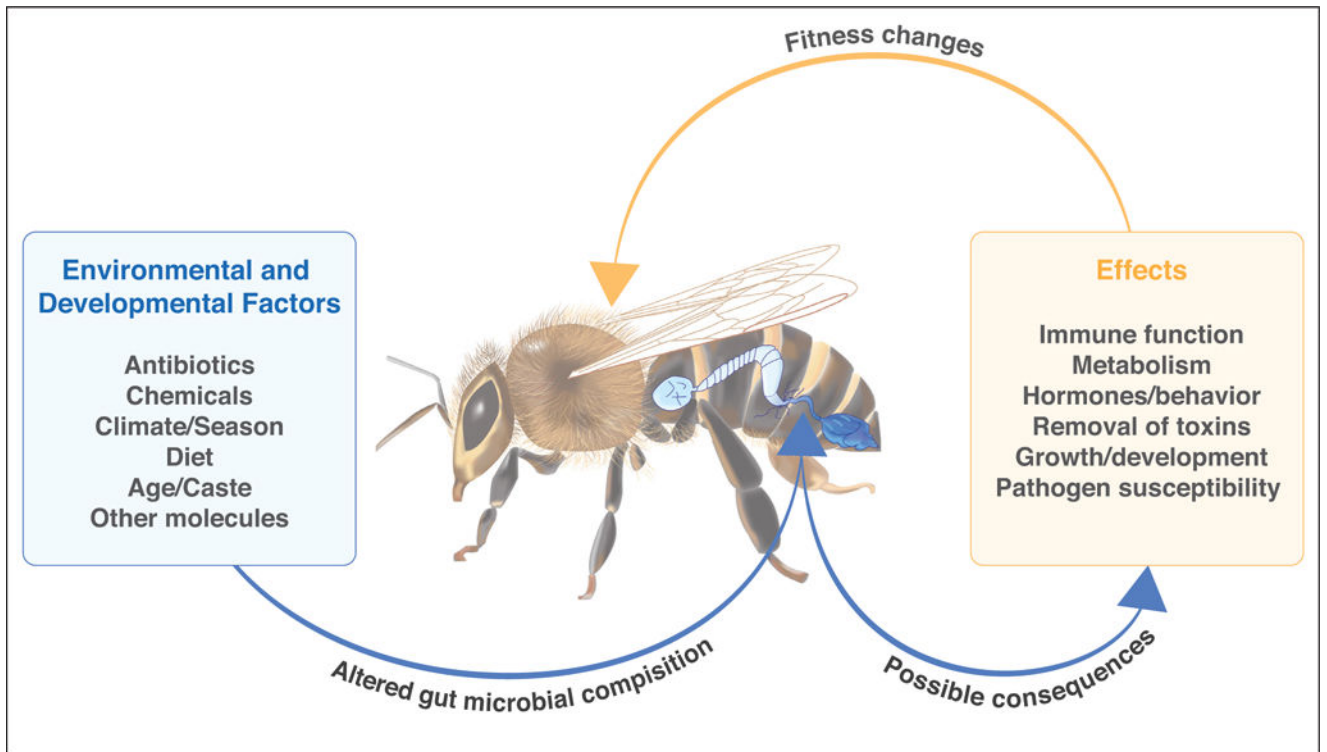


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**Figure 1.** Schematic showing distribution of bacterial communities in the honey bee worker gut. The ileum and rectum are two regions of the hindgut. For detailed overview see Kwong and Moran [2\*\*].



**Figure 2.**  
Overview of roles of the gut microbiome in honey bee health.

**Table 1**

Experiments comparing microbiota-free bees with inoculated bees

<b>Bee species</b>	<b>Inoculation</b>	<b>Trait compared</b>	<b>Citation</b>
<i>A. mellifera</i>	<i>S. alvi</i> , <i>G. apicola</i> , and whole community	Immune gene expression, survival rate following <i>E. coli</i> injection	Kwong <i>et al.</i> [30']
<i>A. mellifera</i>	<i>S. alvi</i>	Susceptibility to <i>Lotmaria</i> infection, immune gene expression, vitellogenin expression	Schwarz <i>et al.</i> [29']
<i>A. mellifera</i>	<i>F. perrara</i>	Pylorus scab formation	Engel <i>et al.</i> [16*]
<i>A. mellifera</i>	<i>F. perrara</i>	Immune gene expression, melanization response, overall gene expression	Emery <i>et al.</i> [14**]
<i>A. mellifera</i>	Whole community	Metabolism, insulin pathway expression, vitellogenin expression, growth	Zheng <i>et al.</i> [15**]
<i>A. mellifera</i>	<i>S. alvi</i>	Host specificity	Kwong <i>et al.</i> [10]
<i>A. mellifera</i>	<i>S. alvi</i>	Host specificity	Kwong <i>et al.</i> [11']
<i>A. mellifera</i>	Whole community	Routes of colonization	Powell <i>et al.</i> [6]
<i>B. terrestris</i>	Whole community	Susceptibility to <i>Crithidia</i> infection	Koch and Schmid-Hempel [39**]
<i>B. terrestris</i>	Whole community	Susceptibility to <i>Crithidia</i> infection	Koch and Schmid-Hempel [40]
<i>A. mellifera</i>	Whole community	Survival following antibiotic exposure	Raymann <i>et al.</i> [24**]

**Table 2**

Experiments demonstrating a role of the microbiome in protection against pathogens

Pathogen	Host	Mode of infection	Protector(s)	Citation
<i>Paenibacillus larvae</i>	<i>A. mellifera</i>	Ingested	LAB* mixture	Forsgren <i>et al.</i> [42]
<i>Crithidia bombi</i>	<i>B. terrestris</i>	Ingested	Entire community	Koch and Schmid-Hempel [39**]
<i>Crithidia bombi</i>	<i>B. terrestris</i>	Ingested	Entire community	Koch and Schmid-Hempel [40]
<i>Melissococcus plutonius</i>	<i>A. mellifera</i>	Ingested	LAB* mixture	Vasquez <i>et al.</i> [43]
<i>Lotmaria passim</i>	<i>A. mellifera</i>	Ingested	<i>Snodgrassella</i>	Schwarz <i>et al.</i> [29*]
<i>Serratia marcescens</i>	<i>A. mellifera</i>	Ingested	Entire community	Raymann <i>et al.</i> [24**]
<i>Escherichia coli</i>	<i>A. mellifera</i>	Injected	<i>S. alvi</i> and <i>G. apicola</i>	Kwong <i>et al.</i> [30*]
Pathogen	Host	(+) Correlations	(-) Correlations	Citation
<i>Crithidia bombi</i>	<i>B. terrestris</i>	None reported	<i>S. alvi</i> , <i>G. apicola</i>	Koch <i>et al.</i> [41]
<i>Crithidia</i>	<i>B. impatiens</i> , <i>B. bimaculatus</i> , <i>B. griseocollis</i>	Alpha 2.2	<i>G. apicola</i>	Cariveau <i>et al.</i> [36]
<i>Nosema</i>	<i>B. impatiens</i> , <i>B. bimaculatus</i> , <i>B. griseocollis</i>	<i>S. alvi</i>	None reported	Cariveau <i>et al.</i> [36]
<i>Sacbrood virus</i>	<i>A. cerana</i>	None reported	<i>S. alvi</i> , <i>Lactobacillus</i>	Guo <i>et al.</i> [34]
<i>Melissococcus plutonius</i>	<i>A. cerana</i>	None reported	<i>S. alvi</i> , <i>Bifidobacterium</i>	Guo <i>et al.</i> [34]
<i>Nosema spp.</i>	<i>A. mellifera</i>	<i>F. perrara</i>	None reported	Maes <i>et al.</i> [28*]
<i>Paenibacillus larvae</i>	<i>A. mellifera</i>	None reported	<i>Bifidobacterium</i> , <i>Lactobacillus</i>	Erban <i>et al.</i> [46]
<i>Melissococcus plutonius</i>	<i>A. mellifera</i>	<i>G. apicola</i> , <i>F. perrara</i>	<i>S. alvi</i> and <i>Lactobacillus</i>	Erban <i>et al.</i> [47]