

# Xanthine Oxidase Inhibitor Allopurinol Prevents Oxidative Stress-Mediated Atrial Remodeling in Alloxan-Induced Diabetes Mellitus Rabbits

Yajuan Yang, BS;\* Jianping Zhao, MS;\* Jiuchun Qiu, MD, PhD; Jian Li, MD, PhD; Xue Liang, PhD; Zhiwei Zhang, BS; Xiaowei Zhang, MD, PhD; Huaying Fu, MD, PhD; Panagiotis Korantzopoulos, MD, PhD; Konstantinos P. Letsas, MD, FEHRA; Gary Tse, MPH, PhD, FESC, FACC, FRCP; Guangping Li, MD, PhD; Tong Liu, MD, PhD

**Background**—There are several mechanisms, including inflammation, oxidative stress and abnormal calcium homeostasis, involved in the pathogenesis of atrial fibrillation. In diabetes mellitus (DM), increased oxidative stress may be attributable to higher xanthine oxidase activity. In this study, we examined the relationship between oxidative stress and atrial electrical and structural remodeling, and calcium handling abnormalities, and the potential beneficial effects of the xanthine oxidase inhibitor allopurinol upon these pathological changes.

**Methods and Results**—Ninety rabbits were randomly and equally divided into 3 groups: control, DM, and allopurinol-treated DM group. Echocardiographic and hemodynamic assessments were performed *in vivo*. Serum and tissue markers of oxidative stress and atrial fibrosis, including the protein expression were examined. Atrial interstitial fibrosis was evaluated by Masson trichrome staining.  $I_{CaL}$  was measured from isolated left atrial cardiomyocytes using voltage-clamp techniques. Confocal microscopy was used to detect intracellular calcium transients. The  $Ca^{2+}$  handling protein expression was analyzed by Western blotting. Mitochondrial-related proteins were analyzed as markers of mitochondrial function. Compared with the control group, rabbits with DM showed left ventricular hypertrophy, increased atrial interstitial fibrosis, oxidative stress and fibrosis markers,  $I_{CaL}$  and intracellular calcium transient, and atrial fibrillation inducibility. These abnormalities were alleviated by allopurinol treatment.

**Conclusions**—Allopurinol, via its antioxidant effects, reduces atrial mechanical, structural, ion channel remodeling and mitochondrial synthesis abnormalities induced by DM-related increases in oxidative stress. (*J Am Heart Assoc.* 2018;7:e008807. DOI: 10.1161/JAHA.118.008807.)

**Key Words:** allopurinol • atrial fibrillation • calcium signaling • Diabetes mellitus • mitochondria • oxidative stress • xanthine oxidase

Atrial fibrillation (AF) is one of the most common arrhythmias observed in medical practice and is responsible for significant cardiovascular morbidity and mortality worldwide.<sup>1,2</sup> Although the pathophysiological mechanisms linking diabetes mellitus (DM) to AF development have not been completely elucidated. Autonomic, electrical and structural remodeling involving activation of proinflammatory

pathways, abnormalities of calcium ( $Ca^{2+}$ ) homeostasis, as well as oxidative stress-mediated damage play important roles.<sup>3–6</sup>

Xanthine oxidase (XO), a key enzyme of purine catabolism, is responsible for the generation of reactive oxygen species (ROS) via several pathways that include nitric oxide (NO) and calcium signaling.<sup>7,8</sup> Intracellular  $Ca^{2+}$  handling is a critical

From the Tianjin Key Laboratory of Ionic-Molecular Function of Cardiovascular Disease, Department of Cardiology, Tianjin Institute of Cardiology, Second Hospital of Tianjin Medical University, Tianjin, China (Y.Y., J.Z., J.Q., J.L., X.L., Z.Z., X.Z., H.F., G.L., T.L.); First Department of Cardiology, University of Ioannina Medical School, Ioannina, Greece (P.K.); Laboratory of Cardiac Electrophysiology, Second Department of Cardiology, Evangelismos General Hospital of Athens, Greece (K.P.L.); Department of Medicine and Therapeutics (G.T.) and Li Ka Shing Institute of Health Sciences (G.T.), Faculty of Medicine, Chinese University of Hong Kong, China.

An accompanying Table S1 is available at <http://jaha.ahajournals.org/content/7/10/e008807/DC1/embed/inline-supplementary-material-1.pdf>

\*Dr Yang and Dr Zhao contributed equally to this work.

**Correspondence to:** Tong Liu, MD, PhD, or Guangping Li, MD, PhD, Department of Cardiology, Tianjin Institute of Cardiology, Second Hospital of Tianjin Medical University, Tianjin 300211, China. E-mails: liutongdoc@126.com, tjcardiol@126.com

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## Clinical Perspective

### What Is New?

- Allopurinol, a xanthine oxidase inhibitor, reduces atrial mechanical, structural, ion-channel remodeling and mitochondrial synthesis abnormalities caused by diabetes mellitus-related oxidative stress.

### What Are the Clinical Implications?

- Xanthine oxidase activation is related to diabetes mellitus-induced atrial fibrillation. Allopurinol may act as a potential upstream therapy for atrial fibrillation in the setting of diabetes.

regulator of action potential duration, and mechanical activity of cardiomyocytes via excitation-contraction coupling.<sup>9</sup> Abnormalities in its homeostasis can therefore reduce cardiac output and potentially leading to mortality but also initiate arrhythmogenic triggers in the atrial or ventricular myocardium.<sup>10–12</sup> Previous studies have reported that XO inhibition has beneficial effects on cardiac remodeling,<sup>13–15</sup> mechano-energetics<sup>16</sup> and endothelial function<sup>17</sup> both in experimental and clinical studies. However, the role of XO inhibition on atrial remodeling in AF remains unclear. Therefore, our study investigated the potential beneficial effects of allopurinol, a XO inhibitor, on atrial remodeling in alloxan-induced diabetic rabbits.

## Materials and Methods

### Data Availability

The authors confirm that the data, analytic methods, and study materials will be made available to other researchers for purposes of reproducing the results or replicating the procedure. Material will be available from Tianjin Institute of Cardiology, Second Hospital of Tianjin Medical University, which is responsible for maintaining availability upon request to the corresponding author.

This study was approved by the Experimental Animal Administration Committee of Tianjin Medical University and Tianjin Municipal Commission for Experimental Animal Control and is fully compliant with National Institutes of Health guidelines from the United States.

### Experimental Animals

A total of 90 male and female Japanese rabbits (weighing 1.7–2.5 kg at the beginning of the study) were obtained from Beijing Medical Animals Research Institute (Beijing, China). They were randomly and equally divided into the control group

(C, n=30), alloxan-induced group with DM (DM, n=30) and allopurinol-treated group with DM (ALLO, n=30). Ten rabbits from each group were used for echocardiographic examination, hemodynamic-, histological- and electrophysiological studies, oxidative stress marker measurements, Western blot analyses,  $I_{CaL}$  recordings, and intracellular  $Ca^{2+}$  imaging. For the induction of diabetes mellitus, alloxan monohydrate (Sigma, Saint Louis, MO, USA) was dissolved to sterile normal saline to achieve a concentration of 5% (w/v), and a dose of 120 mg/kg was immediately administered intravenously via the marginal ear vein. The presence of diabetes mellitus was confirmed 48 hours later by blood glucose levels  $\geq 14$  mmol/L (once) or  $\geq 11$  mmol/L (twice). Subsequently, blood glucose level monitoring was performed weekly using the glucometer Optium Xceed (Abbott, Bedford, MA, USA). Rabbits in the ALLO group received allopurinol (60 mg/kg per day) orally for 8 weeks.

### Echocardiographic Examination

After 8 weeks, rabbits were anesthetized with sodium pentobarbital (3%; 30 mg/kg), and then were placed on the table on the left lateral decubitus position. Echocardiographic parameters were obtained in the parasternal long-axis view using a GE Vingmed machine (Vivid 7/Vingmed General Electric) equipped with a 7.5-MHz standard pediatric probe. Both two-dimensional and M-mode echocardiography were performed in the parasternal long-axis view. The measurements included interventricular septal thickness and left ventricular posterior wall thickness, left ventricular cavity size end-diastolic dimensions, left ventricular cavity size end-systolic dimensions, and left atrial anteroposterior diameter. Measurements of LV ejection fraction were recorded according to international standards. The mean of 3 measurements were used for subsequent analysis.

### Electrophysiological Studies

After echocardiography, median sternotomy was performed, following which the heart was quickly removed and placed in cold perfusion fluid (4°C). The aorta was cannulated and connected to a Langendorff perfusion system filled with warmed (37°C $\pm$ 0.5°C) Tyrode's solution. The perfusion pressure was maintained at 65 to 75 mm Hg, resulting in an initial coronary flow of 50 to 60 mL/min. Tyrode's solution consisted of the following (mmol/L): NaCl 130, KCl 5.6, NaHCO<sub>3</sub> 24.2, CaCl<sub>2</sub> 2.2, MgCl<sub>2</sub> 0.6, NaH<sub>2</sub>PO<sub>4</sub> 1.2, and glucose 12. The solution reservoir was saturated with 95% O<sub>2</sub> and 5% CO<sub>2</sub> and the pH of was set at 7.4.

Four sets of silver bipolar electrodes were placed on the epicardial surface of high right atrium, high left atrium, left atrial appendage, and right ventricular apex. The S2 extra-stimulus was delivered after a drive-train of 8 S1S1 stimuli.

The S1S2 interval was decreased by an interval of 2 ms until atrial refractoriness was reached. The atrial effective refractory period (AERP), which was defined as the longest S1S2 interval that failed to elicit atrial activity. AERP dispersion (AERPD) was defined as the difference between the longest AERP and the shortest AERP from 4 different sites. The Wenckebach cycle length of atrial–ventricular conduction was measured by right atrial incremental pacing. The interatrial conduction time, the duration from the high right atrium pacing stimulus to the beginning of high left atrium stimulus, was measured during high right atrium (at a pacing cycle length of 250 ms) pacing. AF vulnerability was tested by burst pacing (cycle length of 50 ms) for 1 second, 5 times at 30 seconds interval at amplitude of 5 V. AF was defined as rapid, irregular atrial response longer than 1000 ms. All epicardial ECGs were amplified with a custom-made amplifier and recorded with a custom-made computer software program (Electrophysiological Recording System, TOP-2001, HTONG Company, Shanghai, China).

### Hemodynamic Studies

After 8 weeks, rabbits were anesthetized with 3% sodium pentobarbital (30 mg/kg) (n=10 for each group). Bipolar electrodes were placed on four limbs to obtain ECG tracings. The neck was cut in the middle and right carotid artery was isolated with great care. Following blood collection from the carotid artery for serum biochemical tests, a cannula was inserted into the right carotid artery to monitor aortic systolic and diastolic blood pressure (SBP and DBP), which were recorded after a stabilization period of 5 to 10 minutes for 3 times by 20-second interval. Subsequently, the cannula was moved slowly through the aortic valve to left ventricle to measure left ventricle end diastolic pressure (LVEDP). The ECG and BP were continuously monitored using a custom-made computer software program (Electrophysiological Recording System, TOP-2001, HTONG Company).

### Histological Studies

After hemodynamic studies, the hearts were rapidly excised. The wet weight (mg) of the entire heart, left atrium, and left ventricle were measured after washing with cold phosphate–buffered saline (PBS). These were expressed relative to the total body weight (g). Isolated LA tissues were divided into 2 parts, for histological study and for Western blotting. The left atrium (LA) tissue was placed in 4% paraformaldehyde and embedded in paraffin. Tissue samples were sliced at 5- $\mu$ m thickness and stained with Masson's trichrome. The microscopic images were scanned into a personal computer and quantitatively analyzed with Photoshop 7.0 (Adobe, San Jose,

CA, USA). Interstitial fibrosis was quantified on the basis of a color discrimination algorithm and expressed as a percentage of the reference tissue area (the left atrial interstitial collagen volume fraction). Blood vessels were excluded from quantification. The mean value of the 3 fields in each section was used for the analysis. Histological examination was performed by the investigators who were blinded to treatment assignment.

### Serum Biochemical and Oxidative Stress Parameters

Blood samples were collected from the carotid artery of rabbits at the end of the experiment and then centrifuged at 1308 g for 10 minutes. Plasma was separated for later tested. Blood urea nitrogen, creatinine, cholesterol, triglyceride, low-density lipoprotein cholesterol, high-density lipoprotein cholesterol, and fasting insulin levels were measured using automated techniques. Serum levels of oxidative stress markers, including nitric oxide (NO), malondialdehyde (MDA) and superoxide dismutase, were assessed by commercially available kits (Nanjing Jiancheng Bioengineering Institute, Jiangsu Province, China) according to the manufacturer's instructions. Xanthine oxidase (XO) activity in serum was determined using a xanthine oxidase activity quantitative colorimetric/fluorimetric assay kit (Nanjing Jiancheng Bioengineering Institute, Jiangsu Province, China). The principle for measurement of XO activity is that hypoxanthine can transform into xanthine under the catalysis of XO, during which superoxide anion free radicals were generated. The free radicals were combined with electron acceptor and developer to form conjugate, based on which XO activity can be calculated.

### Western Blot Analyses

LA tissue samples of all groups were pulverized in liquid nitrogen and extracted by 1 mL RIPA lysis buffer. The lysates were centrifuged at 12 000g for 15 minutes before the 5 $\times$  SDS-PAGE sample loading buffer was added to each lysate, which was subsequently boiled for 3 minutes and then electrophoresed in SDS-polyacrylamide gels. After transferred into the Polyvinylidene fluoride (PVDF) sheets (Millipore, USA), the proteins were separately incubated with primary antibodies, followed by incubation with appropriate peroxidase-conjugated secondary antibodies. Equal protein loading of the samples was verified by  $\beta$ -actin. The reactions were visualized with Western Lightning™ Chemiluminescence Reagent (Millipore). The blots were exposed to autoradiographic film (Fujifilm Holdings Corp., Japan) according to the manufacturer's instructions. Results were approved by repeating the reactions 3 times. Fibrosis-related factors

included transforming growth factor- $\beta$ 1 (TGF- $\beta$ 1), p38 mitogen-activated protein kinases (p38), phosphorylated p38 mitogen-activated protein kinases (P-p38), c-Jun N-terminal kinase (JNK), phosphorylated c-Jun N-terminal kinase (P-JNK), extracellular signal-regulated kinase (ERK), phosphorylated extracellular signal-regulated kinase (P-ERK) as well as nuclear factor kappa-B (NF- $\kappa$ B) were measured. Xanthine oxidase (XO) and manganese superoxide dismutase (MnSOD) were measured to evaluate oxidative stress in cardiomyocytes. We analyzed alpha 1C subunit of L-type calcium channel (Cav1.2), ryanodine Receptor 2 (RyR2), sarcoplasmic reticulum  $\text{Ca}^{2+}$ -ATPase2a (SERCA2a), Phospholamban (PLB), phosphorylated form of phospholamban (P-PLB) as well as FK506-binding protein 12.6 (FKBP12.6) for purpose of observing the influence of diabetes mellitus on remodeling of proteins involved in calcium homeostasis. Furthermore, we analyzed nuclear respiratory factor-1, mitochondrial transcription factor A, dynamin-related protein 1 (Drp-1) as well as mitofusin 1 (mfn1) to observe the impact of diabetes mellitus on mitochondrial function. Detailed information of primary antibodies are detailed in Table S1.

### Atrial Myocyte Isolation

Atrial cardiomyocytes were isolated enzymatically as previously described.<sup>18</sup> After anesthetized with sodium pentobarbital (3%; 30 mg/kg), the heart was quickly removed from the torso and was placed in cold perfusion fluid (4°C). The heart was then mounted onto Langendorff-perfusion apparatus filled with warmed (37±0.5°C)  $\text{Ca}^{2+}$ -free Tyrode's solution at 30 mL/min for 15 minutes, followed by a perfusion containing collagenase (0.075%, CLS II, Worthington Biochemical, Lakewood, CO, USA) and 0.2% bovine serum albumin (Sigma Chemical Co., St. Louis, MO, USA) for another 20 minutes. The atria were cut into small pieces and maintained at a 37°C high- $\text{K}^+$  storage solution (KB solution). Atrial cardiomyocytes were filtered on gauze and allowed to sediment by gravity for 5 minutes, followed by superfusion with Tyrode's solution (3 mL/min) for 5 minutes, after which cells were suspended in Tyrode's solution with 1 mmol/L  $\text{CaCl}_2$ . Freshly isolated atrial cardiomyocytes were plated in culture dishes and stored at room temperature until use.

### $I_{\text{CaL}}$ Recording

The whole-cell configuration of the patch-clamp technique was used to record  $I_{\text{CaL}}$  at room temperature (24–26°C). The patch pipette resistance was 1.0 to 2.0 M $\Omega$  when filled with pipette solution (composition in mmol/L: CsCl 125, MgATP 5, EGTA 15, TEA-Cl 20 HEPES/Cs+ 10, adjusted with CsOH to pH 7.2).  $I_{\text{CaL}}$  and action potentials (APs) were recorded and filtered at 0.5 kHz using a low pass filter. The sampling

frequency was set at 0.2 Hz for  $I_{\text{CaL}}$ . After seal formation and membrane rupture, a single 10 mV hyperpolarizing pulse (from -50 mV) in the extracellular solution over a voltage range of -40 to +60 mV was applied to determine the current-voltage relation for  $I_{\text{CaL}}$ .

### Intracellular $\text{Ca}^{2+}$ Imaging

$[\text{Ca}^{2+}]_i$  transients were recorded in intact myocytes previously loaded with the fluorescent  $\text{Ca}^{2+}$  dye Fluo-4AM (15  $\mu\text{mol/L}$ , DOJINDO, Japan) for 15 minutes and then rinsed twice in Tyrode's solution to wash away residual dye. Cardiomyocytes were electrically stimulated at 1 and 2 Hz by field stimulation using two parallel platinum electrodes. Confocal microscopy (Olympus FV1000,  $\times 20$  oil immersion objective with a 0.75NA) was used to obtain the images of cardiomyocytes exhibiting  $\text{Ca}^{2+}$  by scanning the cell with argon laser. Fluo-4AM was excited at 488 nm, and emitted fluorescence was collected at >505 nm. The fluorescence values (F) were normalized by the basal fluorescence (F0) to obtain the fluorescence ratio (F/F0). Data analysis was performed with GraphPad Prism (Version 6.0).

### Statistical Analysis

Statistical analysis was performed using SPSS 22.0 statistical software. Data are presented as mean±SD. Comparisons between the groups were analyzed for statistical significance using the chi-squared test and ANOVA followed by Dunnett's test.  $P < 0.05$  were considered statistically significant.

## Results

### Baseline and Echocardiographic Characteristics

The baseline characteristics of the included animals and echocardiographic parameters are shown in Table 1. Compared with controls, rabbits with diabetes showed higher glucose levels (5.55±0.27 mmol/L versus 16.15±8.27 mmol/L,  $P < 0.05$ ) that were partially reduced by allopurinol treatment (16.15±8.27 mmol/L versus 11.63±5.84 mmol/L,  $P > 0.05$ ). There was no significant difference in systolic blood pressure (86.71±14.34, 96.43±11.27, and 110.71±29.05, respectively,  $P > 0.05$ ) or diastolic blood pressure (69.86±15.93, 65.14±31.77, and 91.57±36.66 mm Hg,  $P > 0.05$ ) observed between control, DM, and allopurinol groups. Atrium weight ratio (0.26±0.08 versus 0.31±0.02,  $P < 0.05$ ), LV weight ratio (1.51±0.93 versus 1.74±0.15,  $P < 0.05$ ) and heart weight ratio (2.18±0.69 versus 2.39±0.18,  $P < 0.05$ ) were increased in the DM group compared with the control group, whilst

**Table 1.** Baseline Characteristics and Echocardiographic Parameters in Experimental Groups

	Control Group (n=10)	DM Group (n=10)	ALLO Group (n=10)
Weight, kg	2.56±0.21	2.59±0.28	2.79±0.30
Glucose level at 8 wks, mmol/L	5.55±0.27	16.15±8.27*	11.63±5.84*
HR, bpm	176.40±15.46	168.40±10.83	164.40±15.13
SBP, mm Hg	86.71±14.34	96.43±11.27	110.71±29.05
DBP, mm Hg	69.86±15.93	65.14±31.77	91.57±36.66
LVEDP, mm Hg	8.04±3.33	2.84±2.54	3.88±3.24
LAD, mm	7.26±0.57	8.57±0.95	7.85±1.27
Septal wall thickness, mm	1.71±0.13	2.08±0.23*	1.91±0.19
Posterior wall thickness, mm	1.65±0.15	2.07±0.35*	1.90±0.20
LV end diastolic diameter, mm	12.42±0.84	14.38±1.00*	13.55±1.30
LV end systolic diameter, mm	6.82±0.52	8.61±1.47*	8.06±1.09
LV ejection fraction, %	70.23±7.81	76.25±11.54	69.57±11.88
E, cm/s	55.62±9.03	66.68±7.94	50.08±14.95 <sup>†</sup>
A, cm/s	41.17±13.67	38.40±9.12	39.18±12.93
E/A	1.38±0.27	1.85±0.68	1.37±0.53
Heart weight ratio, 1/1000	2.18±0.69	2.39±0.18*	2.24±0.25
Atrium weight ratio, 1/1000	0.26±0.08	0.31±0.02*	0.29±0.03
LV weight ratio, 1/1000	1.51±0.93	1.74±0.15*	1.61±0.13

Values are mean±SD. ALLO indicates allopurinol; DBP, aortic diastolic blood pressure; HR, heart rate; IVST, interventricular septal wall thickness; LAD, left atrial anteroposterior diameter; LV, left ventricular; LVEDP, left ventricular end-diastolic pressure; LVEF, left ventricular ejection fraction; SBP, aortic systolic blood pressure.

\*Compared with the control group  $P<0.05$ .

<sup>†</sup>Compared with the DM group  $P<0.05$ .

allopurinol restored these changes partially ( $0.31±0.02$  versus  $0.29±0.03$ ,  $1.74±0.15$  versus  $1.61±0.13$ ,  $2.39±0.18$  versus  $2.24±0.25$ ,  $P>0.05$ ).

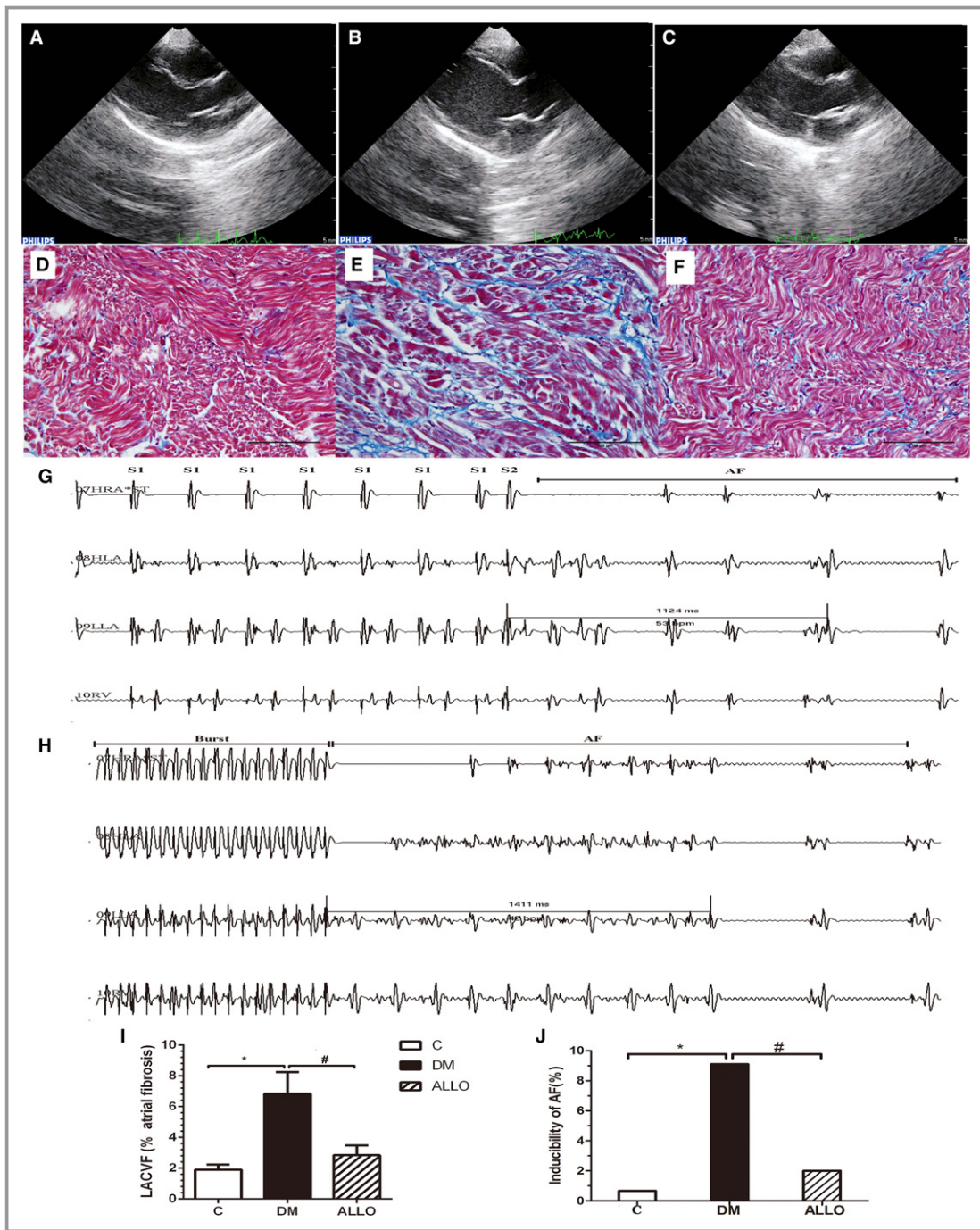
Representative images from echocardiographic studies are shown in Figures 1A through 1C. Interventricular septal wall thickness ( $1.71±0.13$  mm versus  $2.08±0.23$  mm,  $P<0.05$ ), left ventricular posterior wall thickness ( $1.65±0.15$  mm versus  $2.07±0.35$  mm,  $P<0.05$ ), left ventricular cavity size end-diastolic dimensions ( $12.42±0.84$  mm versus  $14.38±1.00$  mm,  $P<0.05$ ) and left ventricular cavity size end-systolic dimensions ( $6.82±0.52$  mm versus  $8.61±1.47$  mm,  $P<0.05$ ) were significantly increased in the DM group compared with the control group, which were partially prevented by allopurinol treatment (interventricular septal thickness,  $2.08±0.23$  mm versus  $1.91±0.19$  mm; left ventricular posterior wall thickness,  $2.07±0.35$  mm versus  $1.90±0.20$  mm; left ventricular cavity size end-diastolic dimensions,  $14.38±1.00$  mm versus  $13.55±1.30$  mm; left ventricular cavity size end-systolic dimensions,  $8.61±1.47$  mm versus  $8.06±1.09$  mm,  $P>0.05$ ). By contrast, no difference in LA diameter ( $7.26±0.57$ ,  $8.57±0.95$ , and  $7.85±1.27$  mm, respectively,  $P>0.05$ ) and LV ejection fraction ( $70.23±7.81\%$ ,  $76.25±11.54\%$  and  $69.57±11.88\%$ , respectively,  $P>0.05$ ) was observed between the 3 groups.

### Left Atrial Interstitial Fibrosis

The findings from Masson's trichrome staining are shown in Figures 1D through 1F. LA interstitial fibrosis and left atrium collagen volume fraction were increased in the DM group compared with the control group ( $1.90\%$  versus  $6.83\%$ ,  $P<0.05$ ), which was attenuated by allopurinol (Figure 1I,  $6.83\%$  versus  $2.85\%$ ,  $P<0.05$ ).

### Electrophysiological Studies

The findings from electrophysiological studies are shown in Table 2. Interatrial conduction time ( $22.10±3.67$  ms versus  $27.30±2.83$  ms,  $P<0.05$ ) and atrial effective refractory period dispersion (AERP,  $21.00±4.35$  ms versus  $26.80±5.67$  ms,  $P<0.05$ ) were significantly prolonged and atrioventricular Wenckebach cycle length (cycle length of atrial-ventricular conduction,  $159.40±16.44$  ms versus  $138.90±18.27$  ms,  $P<0.05$ ) were significantly shorten in diabetic rabbits, which were attenuated by the treatment with allopurinol (interatrial conduction time,  $27.30±2.83$  ms versus  $23.90±2.6$  ms, AERP,  $26.80±5.67$  ms versus  $22.80±5.98$  ms, cycle length of atrial-ventricular conduction,  $138.90±18.27$  ms versus  $153.40±14.34$  ms,  $P<0.05$ ). By contrast, no significant



**Figure 1.** Representative echocardiographic images of the atria (A through C), left atrial interstitial fibrosis (D through F, I) and AF inducibility (G, H, and J) for the 3 groups: Control group (A and D); DM group (B and E); ALLO group (C and F). AF induced by S1S2 pacing (G) and burst pacing (H). I, The percentage of left atrial interstitial fibrosis in each group. J, The inducibility of AF in the 3 groups. \* and # indicate significant difference at  $P < 0.05$  when compared with the control group and DM group, respectively. AF indicates atrial fibrillation; ALLO, allopurinol; DM, diabetes mellitus; LACVF, left atrial interstitial collagen volume fraction; NS, not significant.

differences in AERP values measured from the high left atrium, low left atrium, high right atrium were found between these groups ( $P > 0.05$ ). Results from S1S2 and burst pacing are shown Figures 1G and 1H, respectively, demonstrating episodes of

induced AF. The incidence of induced AF is significantly higher in the DM compared with the control group (41/450 versus 3/450 or 9.11% versus 0.67%. The denominator of 450 indicates 450 the total number of pacing during observation), and

**Table 2.** Hemodynamic and Electrophysiological Studies

	Control Group (n=10)	DM Group (n=10)	ALLO Group (n=10)
IACT, ms	22.10±3.67	27.30±2.83*	23.90±2.6 <sup>†</sup>
AVWCL, ms	159.40±16.44	138.90±18.27*	153.40±14.34 <sup>†</sup>
HRAERP, 250 ms	86.20±12.16	90.00±14.36	84.00±8.60
HRAERP, 200 ms	84.80±7.84	96.00±16.47	86.60±7.49
HLAERP, 250 ms	84.40±7.65	93.40±17.33	88.40±11.27
HLAERP, 200 ms	81.80±7.74	93.80±12.27	89.40±11.08
LLAERP, 250 ms	87.20±9.30	97.80±13.61	90.80±9.94
LLAERP, 200 ms	89.40±7.43	94.20±14.74	87.60±11.99
AERPD, ms	21.00±4.35	26.80±5.67*	22.80±5.98 <sup>†</sup>

Values are mean±SD. AERPD indicates atrial effective refractory periods dispersion; AVWCL, Wenckebach cycle length of A-V conduction; DM, diabetes mellitus; HLAERP, high left atrium effective refractory period; HRAERP, high right atrium effective refractory period; IACT, interatrial conduction time; LLAERP, low left atrium effective refractory period.

\*Compared with the control group  $P<0.05$ .

<sup>†</sup>Compared with the DM group  $P<0.05$ .

significantly lowered by allopurinol treatment (41/450 versus 9/450 or 9.11% versus 2.00%) (Figure 1J).

### Serum Oxidative Stress Markers, Biochemical Parameters, and Western Blot Analyses

Serum biochemical parameters and oxidative stress marker levels are shown in Table 3. No significant differences in blood urea nitrogen, creatinine, TG, TC, high-density lipoprotein cholesterol, and low-density lipoprotein cholesterol were observed among the 3 groups ( $P>0.05$ ). By contrast, the levels of UA (40.46±8.93  $\mu\text{mol/L}$  versus 49.88±18.45  $\mu\text{mol/L}$ ,  $P<0.05$ ), NO (94.99±14.24  $\mu\text{mol/L}$  versus 137.08±25.43  $\mu\text{mol/L}$ ,  $P<0.05$ ), XO (13.40±2.43 U/L versus 48.11±17.01 U/L,  $P<0.05$ ) and MDA (9.61±2.22 nmol/mL versus 14.24±2.69 nmol/mL,  $P<0.05$ ) were elevated in the DM group, attenuated by allopurinol treatment (UA, 49.88±18.45  $\mu\text{mol/L}$  versus 43.4±7.14  $\mu\text{mol/L}$ ; NO, 137.08±25.43  $\mu\text{mol/L}$  versus 113.16±16.87  $\mu\text{mol/L}$ ; XO, 48.11±17.01 U/L versus 29.75±12.64 U/L and MDA nmol/mL, 14.24±2.69 nmol/mL versus 10.51±1.95 nmol/mL,  $P<0.05$ ). Serum superoxide dismutase activity in the DM group was also higher but this did not reach statistical significance (471.30±66.89 U/mL versus 447.32±63.86 U/mL,  $P>0.05$ ).

Western blot analyses were subsequently performed. These revealed increased oxidative stress markers including XO and manganese superoxide dismutase in the DM group

**Table 3.** Serum Biochemical and Oxidative Stress Parameters

	Control Group (n=10)	DM Group (n=10)	ALLO Group (n=10)
BUN, mmol/L	6.45±1.35	7.41±1.27	7.27±1.04
Cr, $\mu\text{mol/L}$	96.64±14.02	104.09±11.77	101.41±16.86
UA, $\mu\text{mol/L}$	40.46±8.93	49.88±18.45*	43.4±7.14 <sup>†</sup>
TG, mmol/L	1.00±0.15	1.33±0.57	1.10±0.56
TC, mmol/L	1.69±0.18	1.81±0.46	1.76±0.56
HDL-c, mmol/L	0.89±0.33	0.87±0.31	0.95±0.20
LDL-c, mmol/L	0.56±0.12	0.69±0.31	0.66±0.37
INS, $\mu\text{IU/mL}$	15.88±2.44	7.27±1.63*	7.04±1.47
NO, $\mu\text{mol/L}$	94.99±14.24	137.08±25.43*	113.16±16.87 <sup>†</sup>
SOD, U/mL	447.32±63.86	471.30±66.89	538.56±64.72 <sup>†</sup>
XOD, U/L	13.40±2.43	48.11±17.01*	29.75±12.64 <sup>†</sup>
MDA, nmol/mL	9.61±2.22	14.24±2.69*	10.51±1.95 <sup>†</sup>

Values are mean±SD. BUN indicates blood urea nitrogen; Cr, creatinine; DM, diabetes mellitus; HDL-c, high density lipoprotein cholesterol; INS, insulin; LDL-c, low-density lipoprotein cholesterol; MDA, malondialdehyde; NO, nitric oxide; SOD, superoxide dismutase; TC, cholesterol; TG, triglyceride; UA, uric acid; XOD, xanthine oxidase.

\*Compared with the control group  $P<0.05$ .

<sup>†</sup>Compared with the DM group  $P<0.05$ .

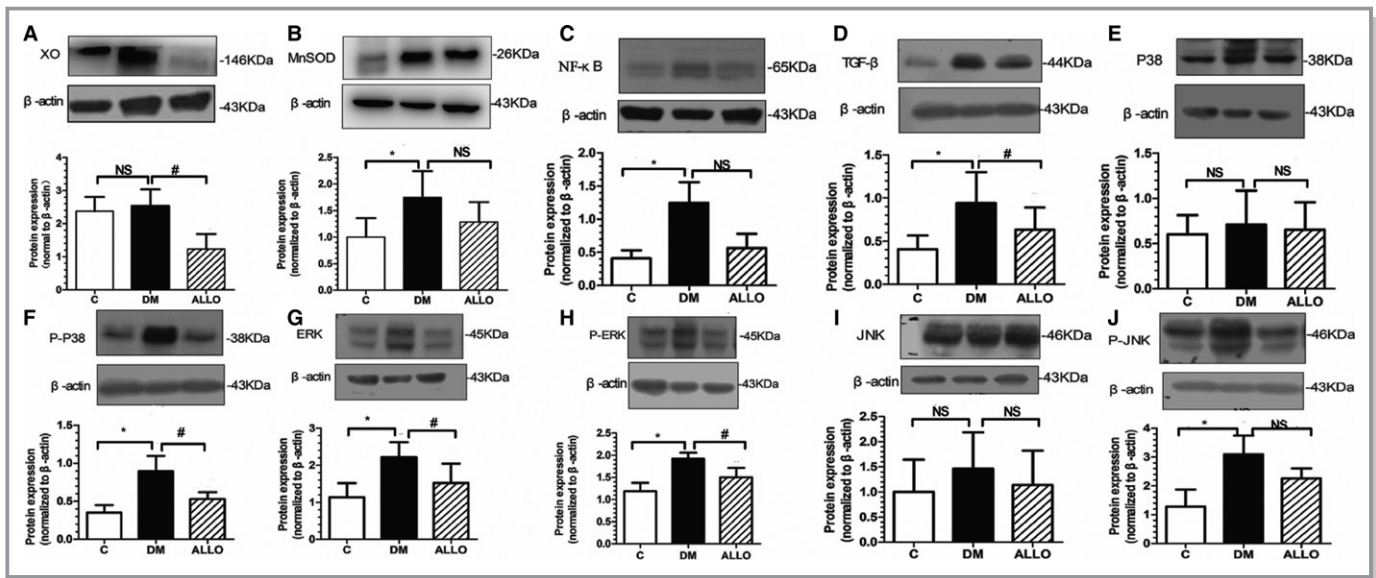
compared with the control group, ameliorated by allopurinol treatment (Figures 2A and 2B). Similar patterns of changes were observed for atrial fibrosis-related proteins, including NF- $\kappa$ b, TGF- $\beta$ , P-p38, P-JNK, ERK and P-ERK. No significant differences in the expression of P38, JNK were found among the 3 groups ( $P>0.05$ ).

### The Expression of Mitochondrial Related Protein in Diabetic Atrium

Figure 3 showed the representative images of mitochondrial related protein. Besides Drp-1, mitochondrial transcription factor A, nuclear respiratory factor-1, and mfn 1 were significantly increased in DM group (Figures 3A, 3B, and 3D), and interestingly all the proteins were downregulated distinctly by allopurinol application compared with the DM group, indicating the xanthine oxidase inhibitor may improve mitochondrial function.

### $I_{\text{CaL}}$ Density, $[\text{Ca}^{2+}]_i$ Transients and Expression of Calcium Handling Proteins

The current-voltage ( $I$ - $V$ ) curves for  $I_{\text{CaL}}$  density were obtained by applying a series of step depolarizing pulses from a holding potential of -50 to 60 mV in 10 mV increments for a 200 ms duration (Figure 4C). The maximum value of  $I_{\text{CaL}}$  density was



**Figure 2.** Oxidative stress and fibrosis related proteins expression in LA tissue. DM indicates diabetes mellitus; LA, left atrium. Protein levels were normalized to  $\beta$ -actin. Xanthine oxidase (XO; A), MnSOD (manganese superoxide dismutase, B), NF- $\kappa$ B (nuclear factor  $\kappa$ -B, C), TGF- $\beta$  (transforming growth factor  $\beta$ , D), P38 (p38 mitogen-activated protein kinases, E), P-p38 (phosphorylated p38 mitogen-activated protein kinases, F), ERK (extracellular signal-regulated kinase, G), P-ERK (phosphorylated extracellular signal-regulated kinase, H), JNK (c-Jun N-terminal kinase, I), P-JNK (phosphorylated c-Jun N-terminal kinase, J). Data are presented as mean  $\pm$  SD. \*Compared with the control group  $P < 0.05$ . #Compared with the DM group  $P < 0.05$ . DM indicates diabetes mellitus; LA, left atrium; NS, not significant.

observed when the voltage was set at 10 mV for all 3 groups. Compared with the control group ( $n=8$ ), the DM group ( $n=8$ ) did not show different morphology in the I-V curve but had larger  $I_{CaL}$  at all voltage steps tested between  $-30$  to  $+65$  mV ( $P < 0.05$ ), attenuated by allopurinol treatment ( $n=8$ ;  $P < 0.05$ ).

Representative images of flat scanning and line scanning as well as curve graph of  $[Ca^{2+}]_i$  transients were shown in Figures 4A and 4B. Peak  $[Ca^{2+}]_i$  transients were assessed at different pacing frequencies. At 1 Hz, significantly higher transients were observed in the DM group compared with the control group ( $F/F_0$ ,  $1.60 \pm 0.17$  versus  $2.08 \pm 0.24$ ,  $P < 0.05$ ), and reduced by allopurinol (Figure 4E,  $2.08 \pm 0.24$  versus  $1.60 \pm 0.12$ ,  $P < 0.05$ ). By contrast, these differences were not observed when the pacing frequency was increased to 2 Hz (Figure 4F,  $1.46 \pm 0.14$ ,  $1.66 \pm 0.24$  and  $1.52 \pm 0.14$ , respectively,  $P > 0.05$ ).

Expression of the major  $Ca^{2+}$ -regulating proteins involved in excitation-contraction coupling was probed by western blot of LA tissue homogenates. As shown in Figure 5A and 5B, the expression of RyR2 and Cav1.2 was increased in DM group and allopurinol ameliorated this alteration, although the change in RyR2 expression did not reach statistical significance, which was in accordance with the changes of  $I_{CaL}$  density and  $[Ca^{2+}]_i$  transients. By contrast, no significant difference in FKBP12.6, the regulatory protein of RyR2, was observed (Figure 5D). The expression of both sarcoplasmic reticulum  $Ca^{2+}$ -ATPase SERCA2a and its regulatory protein PLB tended to be elevated in the ALLO group compared with

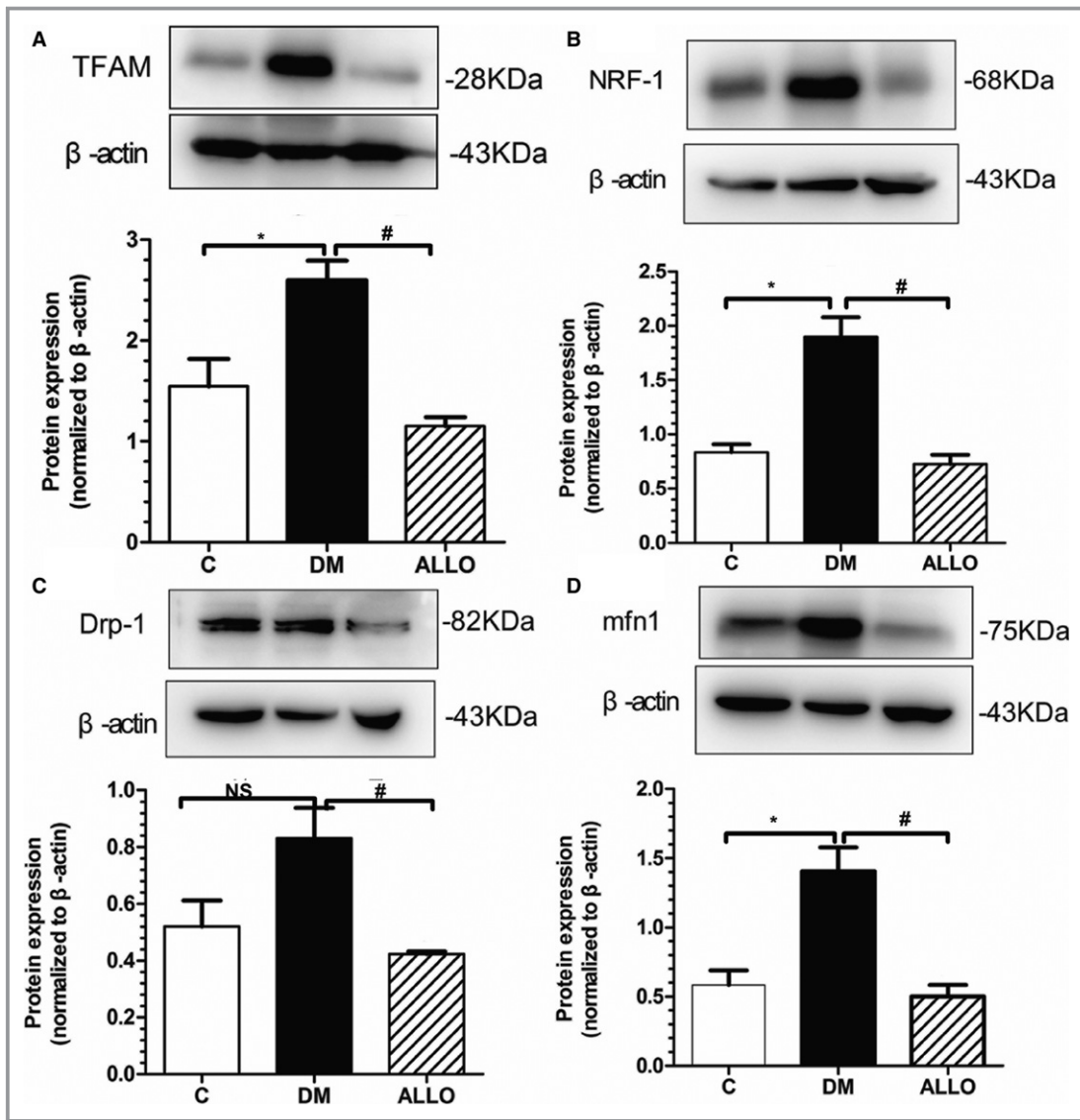
the DM group without reaching statistical significance (Figures 5C and 5E). It is worth mentioning that the phosphorylation of PLB was significantly higher by allopurinol, which was closely related to the activity of SERCA2a (Figure 5F).

## Discussion

In this study, we examined the effects of the xanthine oxidase inhibitor allopurinol on electrical and structural remodeling in rabbit diabetes mellitus model. The major findings are as follow: diabetes mellitus induced (1) structural remodeling of the left ventricle; (2) a higher incidence of AF associated with prolonged IACT, AERP and cycle length of atrial-ventricular conduction; (3) increased left atrial interstitial fibrosis; (4) significantly increased expression of NO, MDA, and XO levels; (5) higher protein expression levels of oxidative stress and atrial fibrosis, including XO, manganese superoxide dismutase, NF- $\kappa$ B, TGF- $\beta$ , P-p38, P-JNK, ERK and P-ERK (6) higher expression of mitochondrial-related protein; (7) higher  $I_{CaL}$  density,  $[Ca^{2+}]_i$  transients and L-type calcium channel protein expression. Most of these abnormalities were attenuated by allopurinol treatment.

Several pathophysiological mechanisms underlying the association between AF and DM have been identified. These include autonomic modulation,<sup>19</sup> electrical and structural remodeling, increased oxidative stress<sup>20-23</sup> and glycemic fluctuations.<sup>24,25</sup> Autonomic dysfunction in DM patients can be caused by hyperglycemia-mediated pathways such as



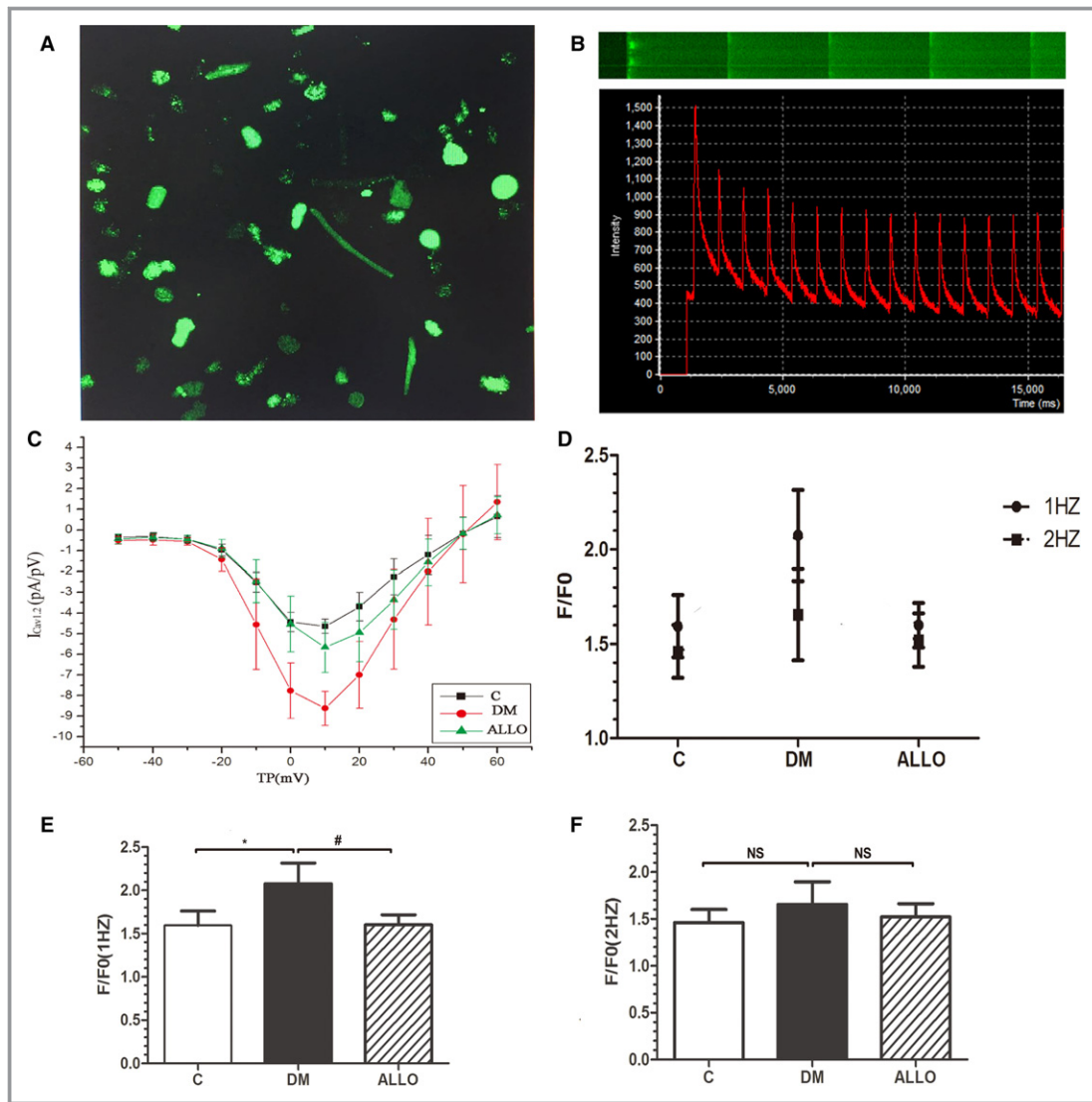


**Figure 3.** Mitochondrial-related protein expression in LA tissue. A through D, Representative Western blot analysis of the protein expression in the 3 groups. (A) TFAM, (B) NRF-1, (C) Drp-1, (D) mfn1. Data are means $\pm$ SD, relative protein level was normalized to  $\beta$ -actin. \*Compared with the control group  $P<0.05$ . #Compared with the DM group  $P<0.05$ . DM indicates diabetes mellitus; NS, not significant; TFAM, mitochondrial transcription factor A.

formation of advanced glycation end products (AGEs), elevated oxidative or nitrosative stress with increased production of free radicals.<sup>19</sup> Our previous work has reported that in the diabetic atria, electrical remodeling took the form of characterized by conduction slowing, increased AERP dispersion and prolonged action potential duration, in an absence of frequency-dependent shortening of action potential duration, and increased amplitude of action potential duration alternans.<sup>21,26</sup> These would be expected to predispose to re-entrant arrhythmias. The common arrhythmogenic mechanism in diabetes mellitus is reentry, which can arise from abnormalities in conduction or repolarization or both. Repolarization abnormalities can result in early or delayed

afterdepolarizations, which can initiate triggered activity when their magnitudes are sufficiently large to reach the threshold potential for sodium channel reactivation. They can also increase the dispersion of repolarization, promoting unidirectional conduction block and reentry.<sup>27,28</sup>

Several oxidative stress mechanisms have been proposed to explain the development and perpetuation of AF in the context of diabetes mellitus.<sup>29</sup> An excellent study demonstrated that maximal capacity for mitochondrial oxidation of palmitoyl-carnitine is decreased while mitochondrial  $H_2O_2$  emission during oxidation of carbohydrate- and lipid-based substrates is increased, corresponding to increased local oxidative stress in the tissue, demonstrating mitochondria to

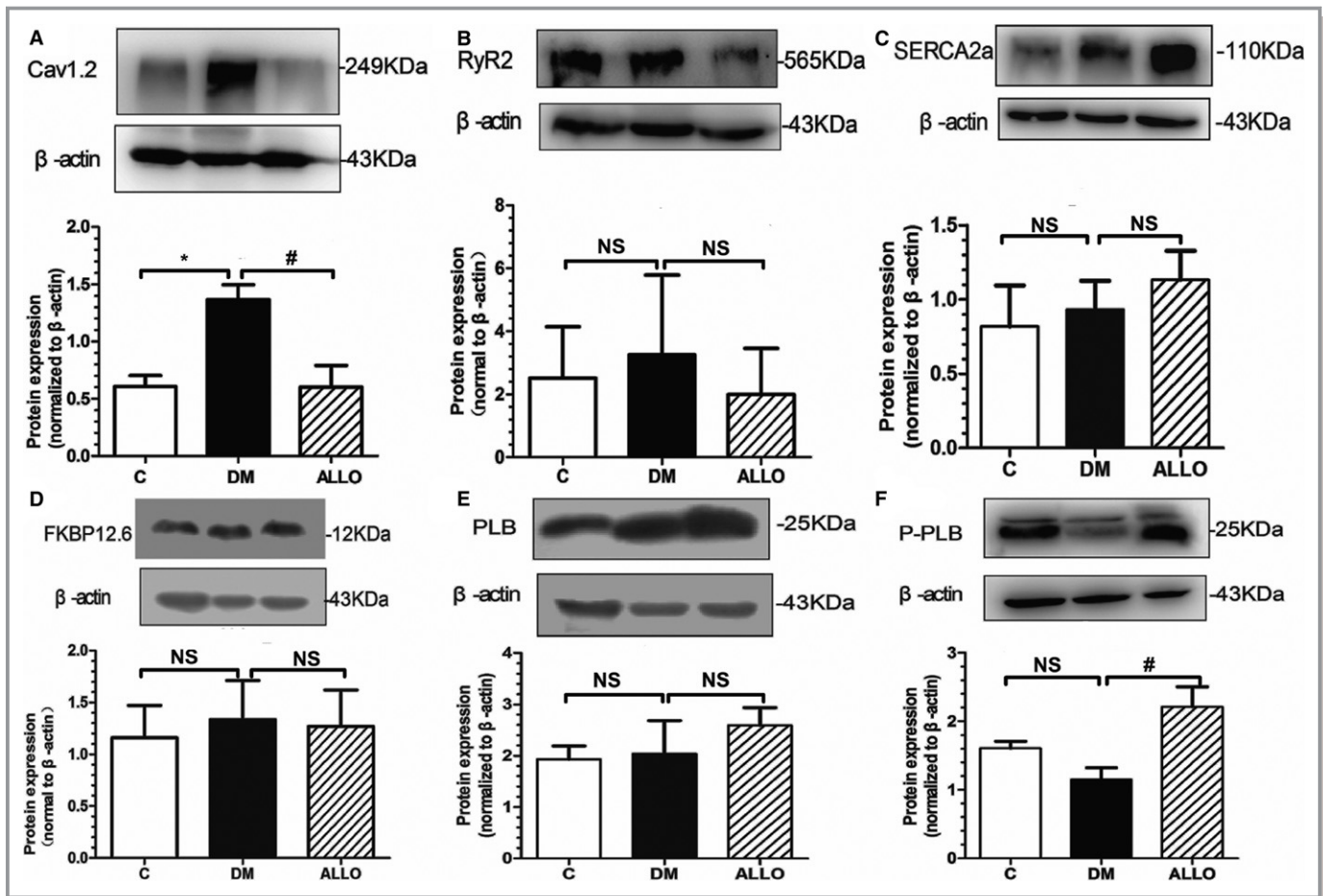


**Figure 4.** Current-voltage ( $I$ - $V$ ) curve for  $I_{CaL}$  density obtained using patch clamping (C).  $[Ca^{2+}]_i$  transients measured by confocal microscopy (A, B, D through F). Representative images by flat scanning (A) and line scanning (B upper) and representative curve graph of  $[Ca^{2+}]_i$  transients (B bottom). The mean magnitudes of  $[Ca^{2+}]_i$  transients during 1 Hz (E) or 2 Hz (F) field stimulation and comparison of them (D). Data are presented as mean  $\pm$  SD. \*Compared with the control group  $P < 0.05$ . #Compared with DM group  $P < 0.05$ . DM indicates diabetes mellitus; NS, not significant.

be the main source of ROS.<sup>23</sup> Mitochondrial transcription factor A and nuclear respiratory factor-1 are key activators of mitochondrial transcription which also function as key genes involved in mitochondrial genome replication. Drp-1 is a GTPase that regulates mitochondrial fission. Drp-1 dysfunction can induce excessive fission, resulting in fragmented mitochondria more capable of producing ROS, thereby disrupting the intracellular regulatory processes.<sup>30</sup> Mfn1 is a mitochondrial membrane protein acting as a mediator of mitochondrial fusion, interacting with mfn2 to facilitate mitochondrial targeting. In our study, all of the mitochondrial proteins mentioned above were increased in the diabetes mellitus group. This was possibly the consequence of stress

response for the hypermetabolic state in diabetes mellitus, which were mitigated by the antioxidation of allopurinol, suggesting improvement in mitochondrial function.

The transcription factor nuclear factor-kappa B (NF- $\kappa$ B), via alterations in angiotensin and redox signaling, enhances heterogeneity in conduction, thereby promoting intra-atrial reentry.<sup>31,32</sup> Diabetic hyperglycemia leads to overproduction of ROS, leading to NF- $\kappa$ B upregulation, in turn promoting the transcription of proinflammatory genes.<sup>33,34</sup> Together, NF- $\kappa$ B-mediated vascular inflammation, oxidative stress, vascular and myocardial dysfunction in diabetes mellitus play a pivotal role in the genesis of AF. Using rabbits with diabetes mellitus, we found that serum oxidative stress parameters including



**Figure 5.** Expression of major  $\text{Ca}^{2+}$ -regulating proteins in left atrial tissue. Representative Western blot analysis of the protein expression in the 3 groups (A through F). Cav1.2 (A), RyR2 (B), SERCA2a (C), FKBP12.6 (D), PLB (E), P-PLB (F). Data are presented as mean $\pm$ SD. \* and # indicate significant difference at  $P < 0.05$  when compared with the control group and the DM group, respectively. DM indicates diabetes mellitus; NS, not significant.

NO, MDA, and XO, as well as protein expression of XO and NF- $\kappa$ B were significantly increased in the DM group.

Ang II mediates atrial fibrosis by provoking mitogen activated protein kinases (MAPKs), promoting endogenous synthesis of TGF- $\beta$ 1 and connective tissue growth factor (CTGF).<sup>35–40</sup> MAPKs are pivotal mediators of the effects of Ang II on tissue structure by increasing TGF- $\beta$ 1 expression, leading to atrial fibrosis.<sup>38–40</sup> TGF- $\beta$ 1 is a cytokine that regulates cell proliferation, apoptosis, migration, and synthesis of ECM, such as fibronectin and collagen in the atrium.<sup>41,42</sup> In our DM rabbit model, we found that hyperglycemia enhanced the activation of MAPKs (p38MAPK, ERK, JNK), expression of TGF- $\beta$ 1 as well as atrial fibrosis, in keeping with findings from our previous study.<sup>26</sup>

Calcium homeostasis is an important determinant of action potential duration, excitation–contraction coupling and the generation of contractile activity. Early and delayed afterdepolarizations, which are secondary depolarization events occurring before the subsequent AP, can initiate arrhythmias. Early after depolarizations are typically generated when the

repolarization phase of the cardiac AP is prolonged, leading to reactivation of the L-type  $\text{Ca}^{2+}$  channels ( $I_{\text{Ca}}$ ) or activation of the  $\text{Na}^{+}$ - $\text{Ca}^{2+}$  exchanger ( $I_{\text{NCX}}$ ) secondary to spontaneous  $\text{Ca}^{2+}$  release from the sarcoplasmic reticulum. Delayed afterdepolarizations are associated with  $\text{Ca}^{2+}$  overload, which activates several  $\text{Ca}^{2+}$ -sensitive currents, which together constitute the transient inward current ( $I_{\text{T}}$ ).<sup>43</sup> In addition,  $\text{Ca}^{2+}$  alternans can be induced in cardiac cells by making sarcoplasmic release of calcium strongly dependent upon the SR  $\text{Ca}^{2+}$  content. Compelling evidence suggests that action potential duration alternans, whether in the atria or the ventricles, are driven by  $\text{Ca}^{2+}$  alternans, which are attributable to ryanodine receptor refractoriness.<sup>44</sup> Moreover, calcium homeostasis is an important regulator of mitochondrial synthesis. Mitochondria are often located adjacent to the junctional SR, and it has therefore been suggested that  $\text{Ca}^{2+}$  release will increase the local  $\text{Ca}^{2+}$  concentration to a high level within the mitochondria. This acts as an important activator signal for different mitochondrial enzymes leading to increased ATP generation.<sup>45</sup> We found higher  $I_{\text{CaL}}$  and  $\text{Ca}^{2+}$  transients were increased in DM

group with an enhanced expression of  $\text{Ca}^{2+}$  handling proteins including Cav1.2 and RyR2, leading to a rise of  $[\text{Ca}^{2+}]_i$  from the extracellular space and the SR. Furthermore, the fact that SERCA2a was slightly decreased in DM group with the reduce of P-PLB expression, which may attenuate its activity, would impair  $\text{Ca}^{2+}$  uptake of SR and lead to intracellular  $\text{Ca}^{2+}$  overload.

The association between hyperuricemia and AF is well-established. Accumulation of uric acid inside atrial cardiomyocytes can induce remodeling by elevating ROS levels. Several previous studies have confirmed that reduction of oxidative stress through inhibition of xanthine oxidase using allopurinol or other similar drug, of NADPH-oxidase using apocynin,<sup>21</sup> or the use of N-acetylcysteine<sup>46</sup> is beneficial to atrial remodeling. Xanthine oxidoreductase (XOR), a key enzyme of purine catabolism, consists of two interconvertible forms, xanthine dehydrogenase (XDH) and xanthine oxidase (XO). It is responsible for the generation of free radicals in the terminal steps in purine metabolism, which have previously been associated with higher vulnerability to developing AF.<sup>14</sup> Allopurinol, a selective XO inhibitor, has been demonstrated to reverse structural remodeling in the failing ventricle.<sup>47,48</sup> Allopurinol prevented hyperglycemia-induced oxidative stress, cardiomyocyte hypertrophy and cardiac fibrosis and attenuated cardiac dysfunction,<sup>15</sup> in which prevention of ROS-induced oxidative stress and reduction of myocardial collagen formation may represent one of the major pathogenic mechanisms. Zhang et al found that DPP-4 inhibitors decreased mitochondrial ROS production rate and ameliorate arrhythmic substrate in a DM rabbit model.<sup>49</sup> In another study, Zou et al illustrated that ranolazine inhibits oxidative stress and improves mitochondrial function in the atrium of acetylcholine- $\text{CaCl}_2$ -induced atrial fibrillation rats partly by increasing the expression of antioxidants such as GSH-Px and manganese superoxide dismutase to reduce ROS levels in mitochondria.<sup>50</sup> Furthermore, in a canine model subjected to atrial tachycardia pacing (ATP, 400 bpm) without atrioventricular block for 4 weeks leading to left ventricular dysfunction, Sakabe et al evaluated the dynamics of atrial-tachycardia remodeling. In placebo-treated control dogs, 4 weeks of ATP significantly increased AF duration and decreased atrial effective refractory period, which were attenuated by allopurinol through preventing atrial electrical and structural remodeling. This is the first report to show the preventive effects of allopurinol on AF.<sup>14</sup> Our results complement these previous findings by demonstrating that allopurinol markedly inhibited atrial structural remodeling, increased vulnerability to AF and the expression of NF- $\kappa$ B, TGF- $\beta$ , P-p38, P-JNK, ERK and P-ERK, serum oxidative stress parameters (NO, XOD and MDA) as well as the abnormality of calcium homeostasis. These findings suggest that the inhibition of ROS formation is a critical step in preventing AF in rabbits with diabetes mellitus.

## Study Limitations

Some limitations of this study should be noted. As the main aim of this study was to examine the relationship between oxidative stress, structural remodeling, and calcium homeostasis; activities of non-calcium-related ion channels were not examined. Further studies are required to elucidate their roles in AF development of our model. Moreover, the potential beneficial effects of allopurinol for preventing AF development in humans should be examined in future studies.

## Conclusions

Our study demonstrates that allopurinol attenuated atrial structural and electrical remodeling and suppresses AF vulnerability in alloxan-induced rabbits with diabetes mellitus. These protective effects were associated with reductions in ROS formation and atrial fibrosis-related factors and abnormal calcium homeostasis. These findings suggest that allopurinol may be useful for treating diabetes mellitus-related AF.

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## Disclosures

None.

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# **SUPPLEMENTAL MATERIAL**

**Table S1. Primary antibodies of proteins.**

Proteins	Companies of primary antibodies	Item No
NF- $\kappa$ B	Abcam, USA	ab90523
TGF- $\beta$	Abcam, USA	ab190503
P38	Abcam, USA	ab131186
P-p38	Abcam, USA	ab4822
ERK	Abcam, USA	Unavailable*
P-ERK	Abcam, USA	Unavailable*
JNK	Abcam, USA	ab10664
P-JNK	Abcam, USA	ab4821
XO	Abcam, USA	ab109235
MnSOD	Abcam, USA	ab13533
TFAM	Novus Biologicals	NBP2-19437
NRF-1	Abcam, USA	ab111746
Drp-1	Abcam, USA	ab140494
Mfn1	Abcam, USA	ab104274
Cav1.2	Abcam, USA	ab58552
RyR2	LifeSpan Biosciences	LS-C93425/61935
SERCA2a	Gene Tex	GTX22817
FKBP12.6	Abcam, USA	ab82316
PLB	Abcam, USA	ab2865
P-PLB	Abcam, USA	Ab15000

\*The antibodies were given as a gift by others and the special details were unavailable.