



Published in final edited form as:

*Gastroenterology*. 2017 September ; 153(3): 657–673.e1. doi:10.1053/j.gastro.2017.07.007.

## The evolving genomic landscape of Barrett's esophagus and esophageal adenocarcinoma

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### Abstract

We have recently gained unprecedented insight into genetic factors that determine risk for Barrett's esophagus (BE) and progression to esophageal adenocarcinoma (EA). Next-generation sequencing technologies have allowed us to identify somatic mutations that initiate BE and track genetic changes during development of tumors and invasive cancer. These technologies led to identification of mechanisms of tumorigenesis that challenge the current multi-step model of progression to EA. Newer, cost-effective technologies create opportunities to rapidly translate the analysis of DNA into tools that can identify patients with BE at high risk for cancer, detect dysplastic lesions at earlier stages, and uncover mechanisms of carcinogenesis.

### Keywords

esophagus; genome-wide association study; mutational signature; chromothripsis; Cytosponge

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Over the last 40 years, the incidence of esophageal adenocarcinoma (EA) has increased more than 6-fold in western countries<sup>1–3</sup>. The overall age-adjusted incidence in the United States is 2.7 cases per 100,000—a figure that reaches 6 and 9.4 per 100,000 among American and British white men respectively<sup>2,3</sup>. Overall 5-year survival is approximately 20% and about half of patients die within a year of diagnosis<sup>1</sup>. However, less than 50% of patients diagnosed early enough for curative treatment (surgery and neoadjuvant chemo or chemoradiotherapy) survive for 5 years<sup>4,5</sup>.

### Conflict of interest

RCF is named on patents pertaining to the Cytosponge and associated assays that have been licensed by the Medical Research Council to Covidien (now Medtronic). All the authors declare no other competing interests.

### Author's contribution

GC and RCF designed the review, GC, TLV, DW and RCF wrote the manuscript, GC designed figures and tables.

Barrett's Esophagus (BE) is a precursor to development of EA is. In the absence of dysplasia (NDBE), the risk for transformation of BE to invasive cancer is 0.3% per year (reviewed in 6). BE, which is found in about 1%–2% of the general population, is a squamocolumnar metaplasia that develops in response to gastroesophageal reflux (GER). BE pathogenesis involves a combination of anatomical (hiatus hernia), genetic, and lifestyle risk factors 6–10. Neoplastic transformation of NDBE usually occurs through progressive grades of dysplasia. Endoscopic treatment is recommended upon identification of dysplasia, which is associated with a risk of progression to cancer of 10% per year or higher<sup>11–15</sup>. Unfortunately, clinical strategies for BE, which focus on endoscopic surveillance and endoscopic therapy, have not reduced the incidence or mortality of EA in the general population<sup>16–18</sup>. This is because most cases of EA present without a prior diagnosis of BE. It has been estimated that 40% of EA cases have no history of GER symptoms and an additional 52% of cases have a history of GER but did not receive a diagnosis or undergo endoscopic surveillance<sup>7</sup>.

Even when diagnosed there are no systems to stratify patients with BE, based on cancer risk, for surveillance and endoscopic therapy. Limited sensitivity of current endoscopic imaging technologies and sampling bias causes many dysplastic lesions to be missed. There is also low inter-observer reproducibility among pathologists in grading dysplasia, leading to overdiagnosis or underdiagnosis. When patients with invasive EA are identified, there are few therapeutic options.

Some of these issues can be improved by increasing our understanding of molecular factors associated with development of EA, including inherited (germline) and acquired (somatic) genetic alterations (Figure 1, Figure 2, Supplementary table 2). Development of massively parallel and less costly sequencing techniques (next-generation sequencing) has led to a number of genome-wide datasets, which can be used to study the genomic features of EA. We review the germline and somatic variants identified in different stages of the NDBE to EA spectrum, and discuss the challenges to translating findings from genomic analyses into screening, diagnostic, and therapeutic strategies (Supplementary Table 1, Figure 1).

## Germline Variations and Susceptibility

### Family studies

Evidence that germline mutations contribute to development of EA originated from reports of familial aggregation of this cancer<sup>19</sup> and BE<sup>20–23</sup>. Orloff et al performed linkage analyses comparing 21 concordant affected sibling pairs (42 siblings with BE and/or EA) and 11 discordant sibling pairs using a 100K SNP set<sup>24</sup>. Subsequent fine-mapping of regions of interest in an independent set of persons with BE or EA and controls, integration with publicly available gene expression data, and mutational analyses revealed 3 candidate genes for validation, performed in an independent set of 58 persons with BE or EA. Variants in *MSRI*, on chromosome 8p22, were significantly associated with BE or EA in the validation sample and in the pooled sample<sup>24</sup>. More recently, analyses of 42 multiplex pedigrees linked BE and EA with 3 chromosome regions (2q31, 4p14 and 12q23), and an additional region (15q26), in 18 female, affected pedigrees.<sup>25</sup> The specific variants that mediate these associations have not been identified.

The extent to which BE or EA (including adenocarcinoma of the gastroesophageal junction) in siblings determines risk of BE or EA was examined using a training set data of 879 BE pedigrees and a validation set of data from 643 pedigrees, obtained from the Barrett's Esophagus Translational Research Network<sup>26</sup>. In male and female individuals, having a sibling with BE or EA associated with increased risk. For example, a 50-year old man with 1 unaffected brother was estimated to have a 3.2% baseline risk for BE or associated cancers. With 1 or 2 affected brothers, his risk increases 2.8-fold (to 9.1%) and 8.3-fold (to 26.6%), respectively. Similar increases in relative risk were estimated for a 50-year old woman, but applied to a much lower baseline risk (0.5%). However, when the discrimination accuracy (determined from area under the curve) of a risk prediction model containing only demographic and clinical risk factors was compared to a model that contained family history, there was only minimal improvement (from 0.803 to 0.806). This likely reflects the relative rarity of a positive history in siblings in the general population, and the strength and higher prevalence of the other established risk factors that were included in the models.

### Heritability

An estimate of heritability (genetic variance explained) of EA and BE among unrelated individuals was calculated using pooled genome-wide association study (GWAS, Supplementary figure 1) data from 1509 patients with EA, 2383 patients with BE, and 2170 control participants, contributed by 14 epidemiologic studies in the Barrett's and Esophageal Adenocarcinoma Consortium (BEACON). Using autosomal markers and genome-wide complex trait analysis, Ek et al estimated that 25% (standard error, 5%; one-sided  $P = 2 \times 10^{-7}$ ) of EA cases and 35% of BE cases (standard error, 6%; one-sided  $P = 1 \times 10^{-9}$ ) were determined by the composite effect of many common mutations of small individual relative risk<sup>27,28</sup>. Furthermore, they demonstrated substantial polygenic overlap between EA and BE, indicating that shared genes influence the development of the 2 disorders. No other studies have reported on the EA genetic variance explained, nor on the overlap between EA and BE. However, Palles et al reported a lower figure for BE (10.0%; standard error, 1.2%) for genetic variance explained. However this was based on the combined contributions of fewer single nucleotide polymorphisms (SNPs; 521,744 compared to 797,518 from the BEACON study)<sup>29</sup>.

A portion of the heritability of EA and BE may be explained by germline variants that affect development and severity of risk factors for these conditions, including symptomatic GER and obesity<sup>30-33</sup>. For example, a study based on self-administered questionnaires found that GER symptoms were substantially more prevalent among first-degree relatives of persons with BE or EA than among first-degree relatives of their spouses<sup>34</sup>. Twin studies of symptomatic GER support the concept of an important susceptibility component, with heritability estimates ranging from 13% to 41%<sup>35-37</sup>. Gharakhani et al estimated heritability based on genotype arrays and reported that 7% of the variance in GER symptoms could be explained by genetic factors<sup>38</sup>. Furthermore, they found evidence for substantial genetic overlap between symptomatic GER and BE and EA. The heritability of obesity, measured by body mass index (BMI), waist circumference, and waist:hip ratio, appears to be even higher than for symptomatic GER, with estimates ranging from 40% to 70% from twin and family studies<sup>39</sup>. GWAS studies have identified close to 100 loci at the genome-wide

level of significance ( $P < 5 \times 10^{-8}$ ), and estimated that more than 20% of variation in body mass index (BMI) can be accounted for by common variants<sup>40</sup>. Using Mendelian randomization methods, researchers associated a risk score based on 29 BMI-associated variants with a 12%–16% increase in risk of BE and EA, respectively, per 1 kg/m<sup>2</sup> increase in BMI<sup>41</sup>.

## GWASs

The first GWAS of BE was based on a discovery dataset of 1852 case and 5172 control participants from the Wellcome Trust Case Control Consortium<sup>42</sup>. After replication, researchers confirmed that 2 SNPs were associated with BE risk. One was located on chromosome 6p21, within the major histocompatibility complex, and the other on chromosome 16q24. A multi-phase extension of this study identified 3 additional loci, on chromosomes 2p24, 12q24, and 15q21 respectively, that were significantly associated with risk of BE<sup>29</sup>.

A larger GWAS, which was the first to include EA cases (n=2390) in addition to BE cases (n=3175), was conducted by the BEACON consortium<sup>43</sup>. This study took advantage of the previous finding of extensive genetic overlap between EA and BE<sup>27</sup>, pooling BE and EA cases in the main analyses to increase statistical power. The researchers found 3 additional novel loci, on chromosomes 3p14, 9q22, and 19p13. They also observed that the previously reported association between BE and a locus on 16q24 also extended to risk of EA. Confirmatory evidence for an association between risk of EA and 3 of the 4 BEACON-reported SNPs (3p14, 9q22 and 16q24) was reported in a study from Germany using targeted genotyping<sup>44</sup>.

A meta-analysis of data from 4 GWASs, performed in 6 countries, included 4112 cases of EA, 6167 cases of BE, and 17,159 control participants of European ancestry<sup>45</sup>. The analysis confirmed associations between BE, EA, and the combined case group, with 7 of the 8 previously reported loci at the traditional level of statistical significance ( $P < 5 \times 10^{-8}$ .) The 8th, on chromosome 9q22, narrowly missed this threshold ( $P = 6.2 \times 10^{-7}$ .) This analysis also identified 9 additional loci, 8 of which were associated with BE and EA, and 1, on chromosome 3q27, which was associated with only EA.

In summary, a total of 17 independent loci associated with the development of BE and/or EA have been identified by traditional GWASs (Figure 2, Supplementary Table 2). One striking finding is that many of the identified SNPs are located in or near genes that regulate development and differentiation of the esophagus, stomach, and intestine (such as *FOXP1*, *FOXF1*, *BARX1*, *GDDFI*, and *ABCC5*)<sup>29,42,43,45–47</sup>. Given the importance of GER in development of BE and EA, and the fact that hiatal hernia substantially predisposes to GER, the findings identify mechanisms by which these variants might affect development of BE and EA. Support for this concept was provided by pathway analyses, which identified processes related to muscle cell differentiation as well as mesenchyme development and differentiation associated with these conditions<sup>45</sup>.

The large meta-analysis identified an intriguing association between a SNP on chromosome 7q31, located within the *CFTR* gene, and risk of BE and EA<sup>45</sup>. This gene is mutated in patients with cystic fibrosis—a condition characterized by severe dysfunction of the respiratory and gastrointestinal tract beginning in childhood, including a high prevalence of GER (in 35%–81% of patients)<sup>48,49</sup>. The incidence of cystic fibrosis is about 6-fold higher in persons of European ancestry vs African ancestry, as are incidences of BE and EA.<sup>50</sup> It was highlighted that *CTFR* and *ABCC5* each encode proteins belonging in the same class of trans-membrane ion transporters (ATP-binding cassette), indicating an interesting area for research into pathogenic mechanisms of these disorders<sup>51</sup>.

## After GWAS

Moving beyond GWAS, investigators have used a variety of analytic approaches to explore the influence of genetic factors on EA pathogenesis, including integrating knowledge of somatic mutation signatures with germline data, performing pathways-based analyses, and using epidemiologic data to examine genetic associations with risk factors. Somatic mutations occur at high frequencies in the *CDKN2A* and *TP53* tumor suppressor genes in EAs (and other malignancies)<sup>52–54</sup>; loss of heterozygosity at these loci has been associated with progression from BE to cancer (see section on somatic mutation analyses).<sup>55–57</sup> Reasoning that these loci may be implicated in susceptibility to cancer, investigators from the BEACON consortium tested 13 SNPs at the *TP53* locus and 24 SNPs in *CDKN2A*, which were within 2-kb flanking regions and satisfied quality control constraints. While none of the SNPs in *TP53* were associated with EA risk, 3 polymorphisms in *CDKN2A* were associated with a 10%–16% reduction in risk for EA ( $p < 0.05$ ) (Figure 2, Supplementary Table 2)<sup>58</sup>. The investigators then tested whether any of the variants predicted neoplastic progression in a separate prospective cohort of 408 patients with BE, and found that 2 of the variants (rs2518720; hazard ratio, 0.57 and rs3088440; hazard ratio, 0.34) were independently significantly associated with reduced risks of progression. Expression of one of the variants (rs3088440) in cell lines indicated that it reduces microRNA-mediated repression of the *CDKN2A* mRNA.

Systemic and local (esophageal) inflammation, caused by factors such as abdominal obesity, GER, and cigarette smoking, may be a common pathway in the development of BE and EA<sup>59</sup>. The role of genetic variation in inflammatory responses was investigated using a principal components-based approach in the BEACON GWAS. Variants in the cyclooxygenase (COX) pathway were significantly associated with risk of BE. Gene-level analyses identified an association with *MGST1* (on chromosome 12p12), and a meta-analysis, which added BE and control participants from the Wellcome Trust GWAS, confirmed associations between 4 SNPs and risk of BE (Figure 2, Supplementary Table 2)<sup>60</sup>. Analyses of GWAS data examining the role of germline variation in other pathways, including the biogenesis and activity of microRNAs<sup>61</sup>, androgens<sup>62</sup>, and the estrogen and oxytocin pathways<sup>63</sup>, also indicated associations, but these have not been replicated.

## Gene–Environment Interactions

Some genetic factors affect susceptibility to BE or EA depending on other factors. Another approach to identifying so-called risk-modifying genes is therefore to test for differences in statistical associations across strata of exposure to those factors (BMI, sex, etc.) Using the well-annotated BEACON GWAS, Dai et al, examined the first 7 SNPs identified as associated with BE or EA at the genome-wide level of significance for interactions with BMI, GER symptoms, and smoking status.<sup>64</sup> They found that the previously identified variant near *FOXP1* (rs2687201) significantly modified the association between GER symptoms occurring at least weekly and risk of BE, such that the association was stronger (odds ratio, 6.2) among persons with 0 minor alleles, compared to those with 1 or 2 (odds ratios, 3.6 and 4.0, respectively,) ( $P_{\text{interaction}}=0.0005$ ; FDR=0.042.)

Dai et al developed a set of constrained testing methods to increase statistical power for tests of gene–environment interactions in settings in which several risk factors may act through a common pathway.<sup>65</sup> Inflammation is a frequently accompanies cigarette smoking, abdominal obesity, and GER. When the constrained score statistics were applied to the BEACON dataset, 3 loci were identified that simultaneously interacted with smoking, obesity, and GER (Supplementary Table 2). Further explorations in this area will likely require much larger datasets that also include accurate annotation of key environmental risk factors.

## Pleiotropic analysis of risk loci

To investigate whether risk-associated loci from GWAS of other cancer sites might also modify risk of BE or EA, Lee et al tested 387 candidate SNPs.<sup>66</sup> None were found to be associated with risk of BE or EA, and there was no evidence for interactions with smoking, obesity, or GER symptoms.

## Somatic Mutations that Affect BE Progression

With the advent of next-generation sequencing, mutations have been reported from hundreds of cases in studies of coding regions (whole-exome sequencing, WES) and the entire genome (whole-genome sequencing, WGS). These data can be obtained from 2 large pan-cancer consortia: the Cancer Genome Atlas (<https://tcga-data.nci.nih.gov>) and the International Cancer Genome Consortium (<http://icgc.org>). New data are being added every day.

## Progression from pre-malignant BE to EA

There was a reasonable expectation that sequencing the genomes of BE or EA tissues would identify somatic alterations required for progression from BE to EA. This was expected to lead to biomarkers that could assist clinicians in identifying preneoplastic lesions at highest risk for progression to invasive cancer. In our current model, dysplasia progresses to invasive EA via early loss of *CDKN2A*, emergence of dysplastic clones with mutations in *TP53* and/or additional somatic alterations, and increases in copy number<sup>55,57,67–73</sup>. Although the basics of this model, largely characterized before the advent of NGS techniques, appear to

hold true, sequencing studies have shown the BE genome to be highly complex—even when non-dysplastic for many years—and that progression can be non-linear<sup>74,75</sup>

It is now apparent that point mutations accumulate during early stages of disease and BE lesions often have a higher rate of mutation rate than many common, invasive cancers<sup>52,70,75</sup>. At the time BE becomes dysplastic, the tissue has a mutation rate comparable to that of EA<sup>52,75</sup>. Mutations are found in a number of tumor suppressor genes important in chromatin remodeling, such as *ARID1A* and *SMARCA4*<sup>75</sup> (Supplementary table 3). Mutations in *TP53* and *SMAD4* are usually found only in tissues with high-grade dysplasia and EA, respectively. In contrast to patients with NDBE with no history of disease progression, mutations in *TP53* are found in NDBE tissues adjacent to EA<sup>67,70</sup>. This observation is consistent with the high allele fraction of *TP53* mutations in many different cancer types, indicating that either this mutation appears early during tumorigenesis or it is able to promote expansion of a dominating clone<sup>76</sup>.

Mutations in *PIK3A* and *CTNNB1* have also been found in BE, although accumulation of activating mutations and amplifications in oncogenes is a marker of invasive EA<sup>70</sup>. Similarities in mutation patterns provide evidence for the common origin of BE and EA (see Figure 3)<sup>53,70</sup>. However, fewer than 20% of specific variants overlap between adjacent BE and EA, so either the cancer clone diverged at an early stage or originated separately<sup>53,70</sup>. Analysis BE patients suggested that the genetic diversity of different clones did not change significantly over time, but the extent of divergence of clones at baseline was the strongest predictor of progression<sup>77</sup>.

The mutational landscape found in BE and EA differs more dramatically at a chromosomal scale. For example, compared to BE epithelium, EAs have marked differences in genomic copy number profiles. Genomes of BE tissues are relatively stable compared to those of invasive tumors, in which almost 40% of the genome is non-diploid (median, range 2%–97%). The only common copy number alteration found in BE is 9p loss of heterozygosity (*CDKN2A*)<sup>53,70,71</sup>. Invasive tumors have an increased number copy numbers of several oncogenes (*GATA4*, *KLF5*, *MYB*, *PRKCI*, *CCND1*, *FGF3*, *FGF4*, *FGF19*, and *VEGFA*) and loss of common fragile sites (*FHIT*, *WWOX*, *PDE4D*, *PTPRD*, and *PARK2*)<sup>53,70,78–80</sup>

The stochastic and gradual accrual of copy number alterations fits into the linear multistep process of BE progression, but does not entirely account for the frequent whole-genome doubling observed by Stachler et al—particularly in EA tissues with *TP53* mutations. The authors propose that following *TP53* loss, whole-genome doubling occurs, which accelerates tumor progression and requires few other mutations<sup>70</sup>. It is also observed that BE can progress to cancer via multiple different pathways, and suddenly accelerate, due to crises involving large regions of the genome (genomic catastrophes). Tumors with unstable genomes are more likely to progress rapidly<sup>55,59,81</sup>, so the frequency of copy number changes is a good biomarker for development of EA. In the 24 months before a patient is diagnosed with esophageal cancer, biopsies from BE tissues show a marked increase in DNA content<sup>69</sup>. These findings indicate that the time course and pathways to tumor development vary to a greater extent than previously appreciated (Figure 4).

On a practical note, it is a challenge to predict the lifetime course of a patient's BE progression. In the past, when esophagectomy was the only therapy available, patients were followed until it was clear they had invasive cancer. Now, intervention is appropriate earlier in the disease course<sup>11,12</sup>, due to the availability of outpatient-based endoscopic techniques such as endoscopic mucosal resection and radiofrequency ablation. The agenda has therefore shifted towards identifying early genomic events that distinctly mark the presence of dysplasia, awaiting for more refined risk models for NDBE. The modality of tissue sampling is critical, because BE is a polyclonal disease and endoscopic biopsies have inherent sampling bias. Fortunately, several new modes of sample collection have been developed, which could overcome some of these limitations.

One of these approaches, the Cytosponge sampling device, collects cells from the entire length of the esophagus; it is simple to perform and inexpensive, allowing for repeated sample collection in a primary care setting<sup>82,83</sup>. The diagnostic yield of the Cytosponge for new cases of BE in individuals with a history of reflux is being compared with standard of care in a cluster randomised clinical trial of 9,000 patients in primary care (registration number: REC 16-EE-0546). As well as diagnosing BE as noted previously risk stratification is essential. Analysis of a single Cytosponge sample was able to recapitulate the same sequencing results as samples collected from polyclonal lesions in multiple biopsies<sup>53,75</sup>. Furthermore, a panel of biomarkers can be applied to BE cells from the same sample (identified as Trefoil Factor 3 (TFF3) positive cells at immunostaining), in order to stratify patients into three risk groups according to the following criteria: presence of glandular atypia, p53 abnormality and a ploidy measure (Aurora kinase A positivity), along with joint effects of major risk factors such as age, obesity and length of the Barrett's segment (if known). Using this algorithm 35% patients fell into the low-risk category, and were eligible for a less-intense surveillance regimen and this was reliable in a validation cohort<sup>84</sup>. (Figure 5).

In summary, it seems that regardless of the sampling method, more informative assays are required to identify genomic instability and increasing copy number in patients requiring endoscopic therapy; this would avoid reliance on detection of dysplasia as the basis for clinical decision making<sup>55,69,77</sup>.

## Whole-exome and whole-genome analyses of EA

### Point mutations and indels

Based on sequencing studies, EAs have a high degree of inter-sample genomic heterogeneity and a high mutation burden. Each tumor genome has a median 8 mutations/Mb (range, 1.5–35 mutations/Mb)—one of the highest mutation rates observed in tumors, along with bladder, colorectal, and lung tumors and melanoma<sup>85</sup>. Other tumor types, such as breast and ovarian tumors, have fewer than 2 mutations/MB respectively<sup>76</sup>. EAs might have a high mutation rate depending on the exposure to environmental mutagens, the efficiency in DNA repair, the rate of proliferation, and their inflammatory response. Although no mutagen has been convincingly proven to cause esophageal adenocarcinoma (EA), carcinogenesis is believed to involve acid and bile reflux. Little is known about the mechanisms by which



these luminal constituents might cause DNA damage, inherited mismatch repair gene deficiencies are not commonly observed<sup>78</sup>.

One method to identify and classify mutational processes is through the statistical analysis of the frequency of base-changes (A>C, T>G etc.) throughout the entire genome (mutational portrait) (Figure 3). This can be carried out by analysis of 1 base at a time or in the context of the base either side (so-called tri-nucleotide context). Analyses of a large number of normal and cancer tissue genomes have identified mutation signatures. These have, in some cases, be associated with mutagens such as ultraviolet radiation, cigarette smoke, or aging<sup>86</sup> (Figure 3). Alexandrov et al created catalogue of these signatures, using a non-negative matrix factorization algorithm. Tumors can therefore be characterized according to the most commonly occurring signatures (S,number),<sup>87</sup> (Figure 3).

One interesting aspect of EA is the frequency of T>G substitutions in a CTT context, called the S17 signature. This mutation signature has been associated with gastric acid reflux and often referred to as an acid-signature<sup>78,85</sup>. Other signatures include one associated with aging (S1)—a complex pattern caused by defects in the BRCA1/2-regulated homologous recombination pathway (S3); C>T mutations in a TCA/TCT context, due to apolipoprotein B mRNA editing enzyme catalytic polypeptide-like(APOBEC)-mutations (S2); and C>A/T dominant in a GCA/TCT context (S18), also found in gastric carcinoma and neuroblastoma<sup>78,85</sup>. The APOBEC signature has been associated with characteristic clusters of localized hypermutation named kataegis, in which a single strand accumulates a high burden of C>T and C>G mutations<sup>88</sup>. Further analysis of these signatures may help to elucidate mechanisms of carcinogenesis and to aid in classification and treatment<sup>78</sup> (Figure 3).

For a cancer to occur it is estimated that at least 3 driver genes mutations are required<sup>89</sup>. Despite the large number of mutations found in EA tissues, they contain an average of 1.7 driver mutations per case. Bioinformatic tools can be used to identify driver mutations, such as MutSig and more recently MutSigCV. These have identified only 8 genes that are consistently mutated (in more than 10% of cases)<sup>54,75,78,90,91</sup> (Figure 2, Supplementary Table 2, Supplementary Table 3). *TP53* is by far the most frequently mutated gene—more than 70% of samples contain loss of function mutations in *TP53*. Studies are needed to determine the combination of mutations required for EA tumorigenesis.

### Copy number alterations and structural variants

Two WGS studies have highlighted that EA genomes are predominantly characterized by large scale genomic rearrangements (i.e. structural variants) and gain or losses of genomic regions (copy number alterations)<sup>78,85</sup> (Figure 1). Chromosome instability stands out as a hallmark of EA when compared to squamous esophageal cancer and gastric adenocarcinoma<sup>10,91</sup>. Copy number alterations of genes encoding EGFR, ERBB2, MET, and FGFR2 and other receptor tyrosine kinases are also common in EA and show a high degree of redundancy with downstream targets<sup>79,92,93</sup> (Figure 2, Figure 4, Supplementary Table 2).

Rearrangements are variably distributed in the genomes of EA samples. Nones et al proposed a classification of EA genomes unstable (with 450 or more structural variations),

scattered (fewer than 450 structural variations, evenly distributed across the genome) and complex localized (with a concentration of clustered structural variations in a single or few chromosomes), based on the pattern of structural variations distribution<sup>85</sup>.

Highly recurrent rearrangements have been mainly reported in common fragile sites but their biological significance is unclear. For instance, the fragile histidine triad gene (*FHIT* or *FRA3B*) and WW domain containing oxidoreductase gene (*WWOX* or *FRA16D*) contain rearrangements in up to 95% of cases. Despite evidence that these are tumor suppressor genes<sup>94,95,94</sup>, their loci are frequently rearranged following perturbation of DNA replication and replication stress<sup>96,97</sup>. Beside common fragile sites, structural variations could be a common mechanism of recurrent mutation in EA. *RUNX1*, a gene translocated in acute myeloid leukemia, and *SMYD3*, are rearranged in 39% and 27% of cases of EA<sup>78</sup>. Although functional studies are needed to confirm a driver role in EA, these alterations are possibly the most common after *TP53* mutations.

In addition, a peculiar class of structural variations is represented by mobile element insertions that occur as a consequence of the excision and re-insertion of repeated L1 and Alu sequences that are transposed as DNA or through the reverse transcription of an mRNA intermediate. In EA, L1 insertions have been reported in the coding sequence of several genes (*ERBB4*, *CTNNA3*, *CTNNA2*, *CDH18*, and *SOX5*). Mobile element activity represent the most relevant contributor to the total SV burden in several EA genomes but further work is required to clarify their functional consequences<sup>78,98,99</sup>.

WGS has revealed that many EA samples have evidence of genomic catastrophes, which result in the accumulation of structural variants in specific areas of the genome. These can be single events (chromothripsis) or repeated breakage–fusion–bridge cycles<sup>100,101</sup> (Figure 1B). There is evidence for chromothripsis in about 30% of EAs and breakage–fusion–bridge events in 25% of EAs. Genomic catastrophes could be a common mechanism through which preneoplastic lesions rapidly progress to invasive tumors<sup>78,85,102–104</sup> (Figure 1 and Figure 4). Crises or punctuated equilibria (as opposed to gradual mutational accrual) can alter cell phenotypes and overcome the oncogene stress (cell cycle arrest or cellular senescence due to activation of an oncogene).

Furthermore, shattered chromosome segments not incorporated into the derivative chromosome can be linked to form a double-minute (circular) chromosome<sup>104</sup>. For example, *MYC*-containing double minutes have been convincingly described in chromothriptic EAs<sup>85,105</sup>. The second type of genomic catastrophes, breakage–fusion–bridge cycles, are related to telomere shortening, observed in advanced EAs<sup>85</sup>. Unprotected telomere ends and sister chromatids fuses and are subsequently torn apart during anaphase. This process can be repeated for several cell cycles resulting in inverted duplications increase copy numbers of genes including *KRAS*, *MDM2*, and *VEGFA*<sup>85</sup>.

## Application to Therapy

Most cases of EAs present *de novo* without any prior diagnosis of BE. Standard treatment for EA remains chemo-radiotherapy followed by surgery and only incremental gains in

survival have been made in the last 20 years. Since loss of *TP53* is the most common mutation, it would make sense to try to restore its function as a therapeutic strategy. Several agents designed to increase P53 activity are in development, but their clinical efficacy has not yet been demonstrated (reviewed in <sup>106</sup>).

Most trials of patients with EA have targeted receptor tyrosine kinases. However, trials are often performed without information on the expression level of the targeted receptor within the tumor. Recent sequencing data indicate that tumors from each patient have dysregulations in multiple receptor tyrosine kinases and their signaling pathways, so multiple agents could be required <sup>78,79,93</sup>. An approach to overcome the genomic heterogeneity of EA could be to identify broader pathways that may emerge by a combined analysis of low frequency somatic variants and transcriptome. The clinical translation of such an approach is an open challenge due to the exponential complexity of cross talks and primary or secondary resistance <sup>107,108</sup>. Mutational signature analysis is an alternative method for identifying therapeutic vulnerability in subgroups of patients. EA genomes can be grouped into 3 categories according to their dominant mutation signatures: C>A/T dominant (associated with age, S18-like), DNA damage repair impaired (BRCA), and mutagenic (predominantly S17A or S17B) <sup>78</sup>. EAs with a DNA-damage repair defect signature have significantly more defects in homologous recombination and chromosome segregation pathways and may therefore respond better to DNA-damaging agents or photon irradiation in combination with inhibitors of PARP. On the other hand, EAs with a mutagenic signature have a higher neoantigen load and are characterized by infiltration of CD8+ T cells; these are more likely to respond to blockade of PDL1 and CTLA4, as observed in studies of patients with non small-cell lung cancer and melanoma <sup>109</sup>. More pre-clinical studies are needed to test these strategies.

An area of active investigation is whether genomic alterations detected in endoscopic biopsies, cytosponge or peripheral blood samples can be used as a tool to monitor disease during treatment or surveillance. In peripheral blood samples, circulating tumor DNA has been used successfully to monitor response to therapy, as well as to identify the emergence of novel alterations conferring secondary resistance to targeted therapies <sup>110,111</sup> (Figure 5). In addition, genomic alterations indicating locoregional recurrence might be detected in biopsies and Cytosponge samples earlier than currently available diagnostic tests. Clinical trials are evaluating close follow-up as an alternative to surgery in patients with complete pathological response to neoadjuvant radio-chemotherapy<sup>112</sup>. Early detection of recurrence could offer further margins for salvage surgery in those patients.

## Future Directions

In the past few years there have been intense international collaborative efforts to increase our understanding of genetic factors associated with BE and EA. These have produced many important and exciting findings. Genome-wide susceptibility scans have been performed on more than 6000 patients with BE and more than 4000 patients with EA. Although such sample sizes might seem large from the perspective of gastroenterology, they are dwarfed by patient collections for other human traits such as obesity (~300,000)<sup>40</sup> and breast cancer

(~62,000 cases)<sup>113</sup>. Experience gained from studying those other conditions has shown that increasing study size brings greater ability to detect associations with rare genetic variants.

For now, however, several conclusions seem reasonable. BE and EA each have sizable heritable components, estimated at around 35% and 25% respectively; heritability is conferred by a combination of many genetic factors that each increase risk by a small amount. Almost all of the genetic variants discovered have been associated with BE and EA, indicating that EA arises via a metaplasia–dysplasia–carcinoma pathway.

Annotations of the genes indicate that aberrations in the musculature of the foregut, perhaps during embryogenesis, that likely contribute to GER. GER is associated with development of BE and EA. Understanding the underlying functional mechanisms through which these variants act to increase risk will be necessary for these discoveries to yield practical utility.

The value of exploring genomic data using a variety of approaches beyond straightforward association testing has been demonstrated already, but much work remains to be done. More powerful methods for analyzing pathways and detecting gene-environment interactions need to be explored for germline as well as somatic variants. Well-annotated epidemiologic datasets with careful measurement of environmental and phenotypic factors will be essential to achieve these aims. For example, exploring the possible role of DNA repair genes in esophageal carcinogenesis would be enhanced by analyzing associations with genotype separately among ever smokers and never smokers. Functional studies will be needed to characterize the downstream effects of genetic variants identified through the association studies currently underway. In the absence of valid animal models for BE or EA, mechanistic data will be crucial for identifying potential targets for treatment or chemoprevention.

Genomes of BE and EA cells are both highly mutated and heterogeneous and contain well-defined mutational signatures. Analyses of germline and somatic mutations indicate that these disorders have a common etiology. Several pathways are involved in the progression from BE to EA but the final common feature is that of an abnormal copy number profile with large-scale structural variants, and with amplifications and complex rearrangements occurring to a variable extent. In some instances, disease progression can be very slow with a cumulative number of point mutations in tumor suppressor genes; other tumors have punctuated evolution resulting in rapid progression.

To generate a coherent picture of genomic alterations that accumulate during progression of EA, genomes of EA must be integrated with analyses of the epigenome, transcriptome, and proteome and compared with other cancers. Significant effort will be required to investigate the causes and consequences of mutations—especially with respect to rearrangements and the functional consequences of putative driver mutations.

There are many opportunities to translate the findings from genetic susceptibility and somatic sequencing studies to the clinic (Figure 5)<sup>114</sup>. Functional studies of susceptibility loci, to identify causal variants and the carcinogenic mechanisms, may eventually lead to the discovery of biomarkers of risk and targeted approaches to prevention and treatment. Data on susceptibility loci could be combined with clinico-demographic factors to generate a risk

score, to identify individuals who might benefit from targeted screening for BE. Screening tests for BE could use newer non-invasive sampling methods more suitable for primary care. However, rather than relying solely on histopathological assessment, inclusion of biomarkers emerging from genome wide data could help objectively determine whether the epithelium is genomically unstable.

The most important criterion for determining the success of such tools is whether they accurately predict cancer risk; this needs to be assessed in large prospective studies. Ideally the term dysplasia would be superceded by a molecular readout detailing *TP53* mutations and copy number alterations, so that a risk:benefit profile for endoscopic therapy can be determined. For patients with invasive cancer, increasing our understanding of the genomic landscape could improve tumor sub-classification and lead to personalized therapy. Tests might soon be available to detect DNA shed from tumors into blood; these could be used to monitor response to therapy or identify emergent clones for therapeutic targeting<sup>110</sup>. With the advent of affordable and rapid sequencing technologies, we can move from discovery science into the clinic.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

### Funding sources

G.C. is a National Institute for Health Research Lecturer as part of a NIHR professorship grant to R.C.F. TLV supported in part by NIH K05CA124911 and NIH R21 CA197502, DCW is supported by a Research Fellowship (APP1058522) from the National Health and Medical Research Council of Australia. R.C.F. is funded by an NIHR Professorship (RG67258), the Medical Research Council (RG74187), the Biomedical Research Centre and the Experimental Cancer Medicine Centre, and a programme grant from Cancer Research UK (RG66287).

## Abbreviations

<b>EA</b>	Esophageal adenocarcinoma
<b>BE</b>	Barrett's esophagus
<b>NDBE</b>	Non-dysplastic Barrett's esophagus
<b>GWAS</b>	Genome wide association study
<b>GER</b>	Gastro-esophageal reflux
<b>WGS</b>	Whole genome sequencing

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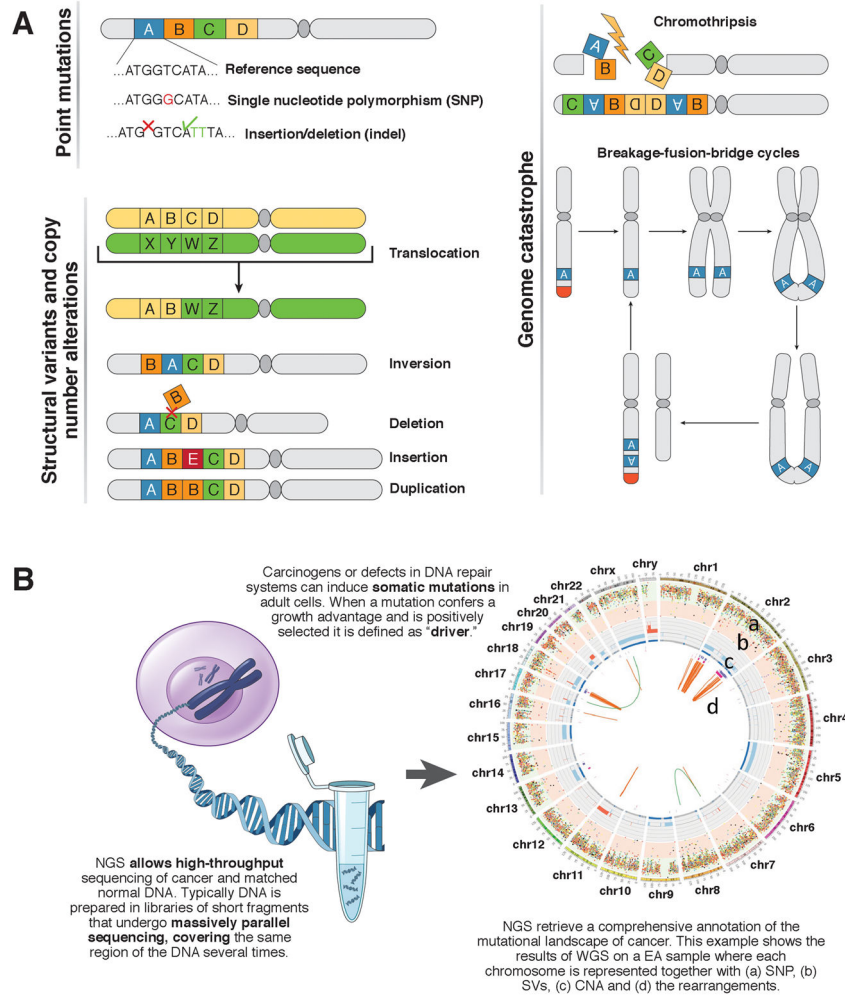
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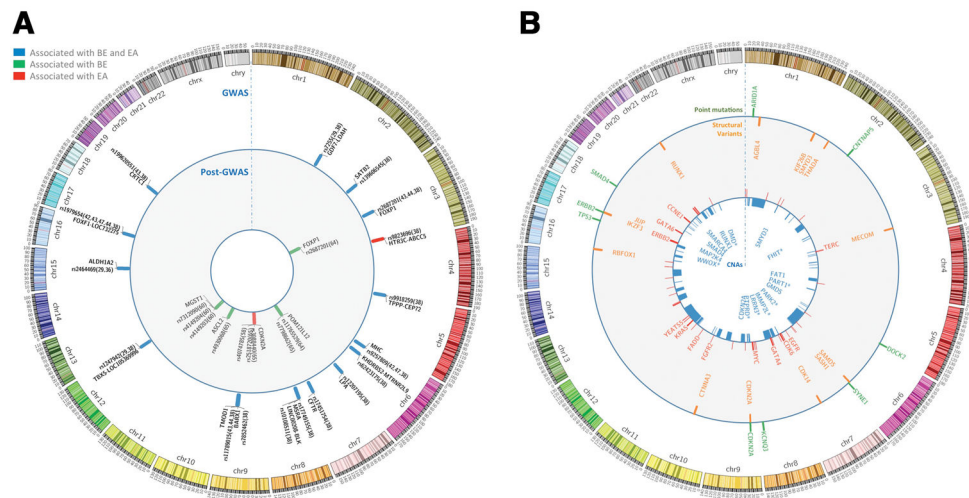
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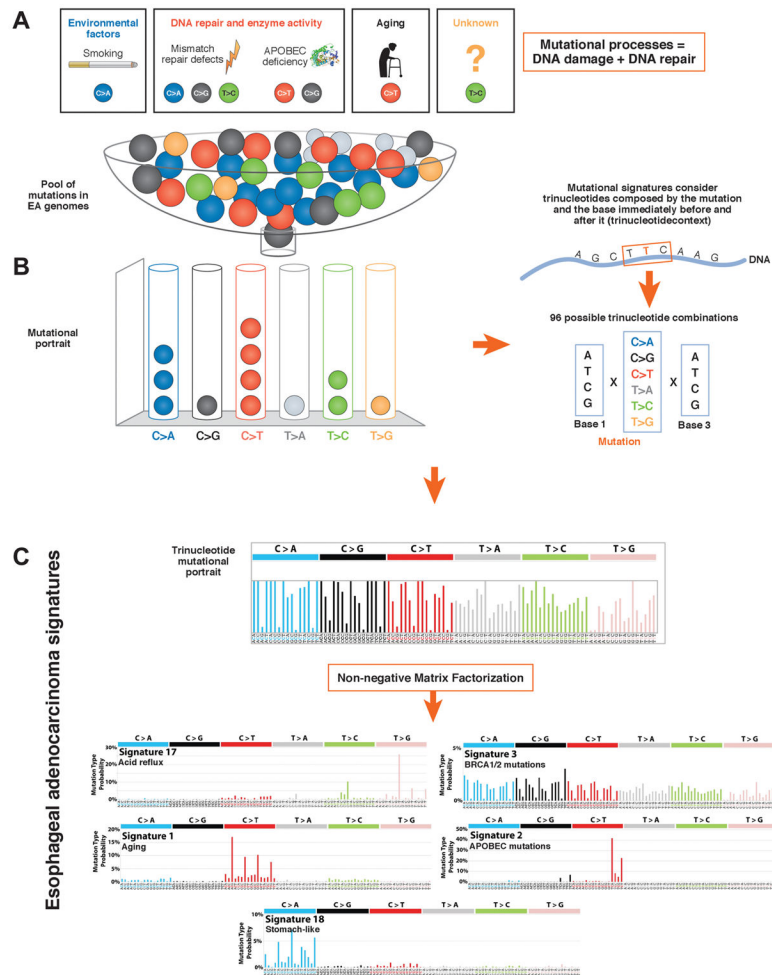
**Figure 1. Somatic mutations and next-generation sequencing of cancer**

A) Tumor tissues can have point mutations, structural variations, copy number alterations, and genome catastrophes. Possible mechanisms of mutation are shown in a chromosome (2 arms linked by a dark gray centromere); these can involve a large segment of genome (lettered rectangles) or single DNA base pairs. Structural variations can cause loss or gain of genetic material and result in copy number changes. Complex structural variations occur in regions of genome catastrophes such as chromothripsis and breakage fusion bridge cycles<sup>100,101,103,115</sup>. In cycles of breakage fusion bridge, an unprotected DNA end is generated following the loss of the telomeres (red) or a double-strand break<sup>115</sup>. During anaphase the broken chromatids can fuse (anaphase bridge) and then tear unevenly when the 2 chromatids are pulled apart. This event can be repeated through several cycles, leading to amplification of oncogenes. B) Next-generation sequencing of DNA extracted from cancer cells can identify somatic mutations that arise during carcinogenesis.



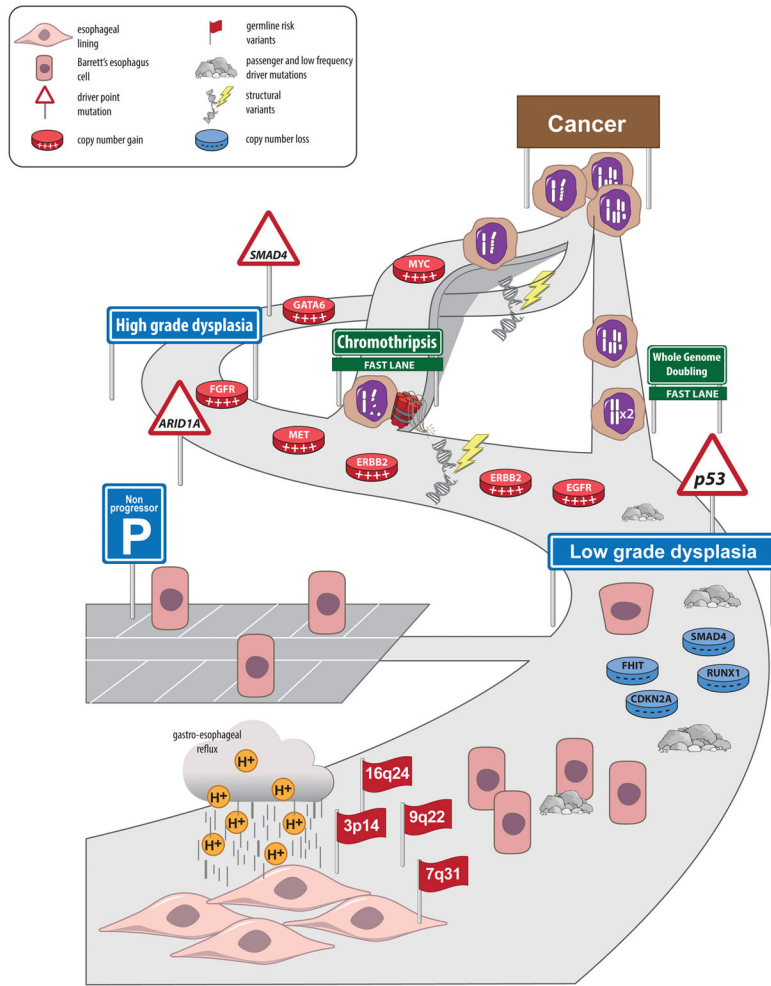
**Figure 2. Variants that Increase Risk for BE and EA and Genomic Alterations Frequently Detected in EAs**

A) Circos plot of the loci associated with BE or EA risk in GWASs and in post-GWASs studies, reference to the first report followed by reference to confirmatory reports is shown in brackets. B) Circos plot of genomic alterations frequently detected in EAs. From the center of the circos to the outer ring: a) Significant regions of copy number losses (blue) according to the Gistic analysis (a tool to identify somatic copy number alterations; Broad Institute, US) reported by <sup>78,85,91</sup> on their respective cohorts; b) Copy number gains (red) according to the criteria above; c) Most frequent recurrent gene hits by SVs reported by <sup>78</sup>, fragile sites were excluded; d) Recurrent point mutations in driver genes according to Mutsig and MutsigCV (bioinformatic tools to identify driver mutations; Broad Institute, US) in  $\geq 10\%$  of cases by <sup>54,78,91</sup>. \* Common Fragile Site Genes. For an extended annotation of the data shown, see Supplementary Table 2.



**Figure 3. Mutational Signatures of Tumors**

**A)** Mutational processes are biological activities (e.g.: aging, smoking, UV light exposure, unknown carcinogens) that generate pattern of mutations (mutational signatures) through a damage of the DNA sequence and its attempt to repair it by DNA repair mechanisms. **B)** The mutational portrait is the total pattern of genetic changes in cancer cell that derive from the sum of all the mutational signatures occurring in a lifetime<sup>86</sup>. **C)** Mathematical approaches, such as non-negative matrix factorization (NMF), can be used to extract mutational signatures from the mutational portraits of groups of patient's cancer genomes. The pattern includes all base substitutions and flanking nucleotides (96 possible combinations shown in bar charts). NMF estimates the relative contribution of each signature to the mutational portrait and can highlight cancers that are predominantly driven by some mutational signatures. A comprehensive catalogue of the signatures identified by Alexandrov et al is available on the catalogue of somatic mutations in cancer (COSMIC, [www.cancer.sanger.ac.uk](http://www.cancer.sanger.ac.uk)). Mutation signatures associated with EA include a) S17, also called an acid signature—there are 2 forms, S17A and B; b) S3, associated with defects in the BRCA1/2-led homologous recombination pathway; c) S1, associated with aging; d) S2, caused by APOBEC mutations, and e) S18, detected in gastric cancer and neuroblastoma, arises via an unknown mechanism<sup>78,85</sup>.



**Figure 4. Paths of BE Progression to EA**  
 Findings from next-generation sequencing studies indicate BE progression can accelerate via genome doubling, genome catastrophes, and other unknown mechanisms—even at early stages of tumor progression. The main path represent the multistep progression of BE to EA through dysplasia. BE and EA pathogenesis include genetic risk factors (each flag indicate GWAS identified regions), exposure to environmental risk factors (e.g. acid reflux) and the accumulation of different types of driver and passenger mutations. Genomic catastrophes such as chromothripsis and whole genome doubling can occur at any stage and dramatically accelerate progression of BE.

	Group	Primary care			Secondary care	Tertiary care	
		Questionnaire	Peripheral blood	Non-endoscopic devices	Endoscopy	Surgical specimen	Circulating DNA/tumor cells
	General population (40+)	Family history and risk factors e.g., GERD, obesity, ethnicity	Predisposing gene variants, e.g.: SNP panel, FOXP1 or CDKN2A variants				
	Barrett's esophagus			Immunostaining for TFF3	Pathology, intestinal metaplasia		
	High risk Barrett's esophagus			Genetic markers of dysplasia in TFF3+ patients, e.g.: TP53, Aurora Kinase A, glandular atypia	Genetic markers of dysplasia, e.g. clonal diversity, TP53, ploidy		
	Adenocarcinoma				Pathology Actionable mutations for targeted therapy Mutational signatures to predict TX response Prognostic markers		
	Adjuvant/follow-up			Anticipate local recurrence in resected patients or after complete pathological response to neoadjuvant therapy		Monitor response, e.g., track TP53 mutations, secondary resistance Anticipate recurrence	
NGS techniques	• SNP arrays • Targeted sequencing/digital PCR • Shallow WGS • WES/WGS		✓ ✓	✓ ✓	✓ ✓	✓ ✓	✓ ✓

	Screening
	Diagnosis
	Prognosis
	Therapy

**Figure 5. Translating Findings from Genetic Studies Into Clinical Practice**  
 Genetic data can be used to determine an individual’s risk for developing BE or EA, and to manage patients at different stages of disease progression. Test are available for use in primary (pink) secondary (light blue), and tertiary (orange) care settings. For each group (left), we provide example of clinical applications. The most suitable technology for each test is presented in the bottom row. The left column indicates the group size relative to the general population.



Table 1

## Whole-exome and Whole-genome Studies of EAC.

Consortium	Sequencing technique	Cohort (Number of cases)	Sample Type	Main findings	Study
N/A	WES + sanger sequencing	11 Chemonaive EAs, 12 Chemonaive esophageal squamous cell carcinoma, 2 Matched BE	Frozen biopsies	<ul style="list-style-type: none"> <li>when compared EA have more A&gt;T&gt;C&gt;G transversions, squamous carcinomas have more C&gt;G&gt;G&gt;C</li> <li>NOTCH1 mutations are frequent in esophageal squamous carcinoma (21%) but not in EAs</li> <li>The majority of mutations in EAs are already present in matched BEs</li> </ul>	(Agrawal et al. 2012)
TCGA	WES + WGS on selected samples	Chemonaive EAs(149)	Frozen biopsies	<ul style="list-style-type: none"> <li>26 significantly mutated genes (5 genes in more than 10% of cases)</li> <li>3 bp mutational signature reveal prevalence of A&gt;C transversions at AA dinucleotides</li> <li>ELMO1 and DOCK2 mutation suggest potential activation of RAC1 pathway, involved in cell invasion</li> </ul>	(Dulak et al. 2013)
ICGC	WGS + Targeted sequencing	Chemonaive EAs (112), BE (84), HGDS (61)	Frozen biopsies, Cytosponge®	<ul style="list-style-type: none"> <li>Similar mutation burden between BE and EAs, mostly shared mutations</li> <li>Only TP53 and SMAD4 mutations occur at stage specific manner (EA and HGD respectively)</li> <li>Mutations can be identified in a Cytosponge® samples</li> </ul>	(Weaver et al. 2014)
ICGC	WGS +targeted sequencing	Paired BE and chemonaive EAs samples (23), longitudinal sampling of BE (1)	Frozen biopsies, paraffin, Cytosponge®	<ul style="list-style-type: none"> <li>BE is polyclonal and highly mutated even in the absence of dysplasia</li> <li>EAs development is mainly driven copy number increases</li> <li>the mutational context suggests a common causative insult for BE and EAs</li> </ul>	(Ross-Innes et al. 2015)
TCGA	WGS + targeted sequencing	Paired BEs and chemonaive EA samples (25), multiple sampling of BE and EAs (5)	Frozen biopsies, paraffin	<ul style="list-style-type: none"> <li>62.5% of EA emerges following genome doubling</li> <li>genome doubling follows TP53 mutations and lead to the acquisition of oncogenic amplification, providing an alternative model to gradual accumulation of tumor suppressor alterations</li> </ul>	(Stachler et al. 2015)
N/A	WGS	Chemonaive EAs (22)	Frozen biopsies	<ul style="list-style-type: none"> <li>High frequency of genomic catastrophes (32% of cases with chromothriptic and 27% with Bridge</li> </ul>	(Nones et al. 2015)

Consortium	Sequencing technique	Cohort (Number of cases)	Sample Type	Main findings	Study
N/A	WES	Multiregion, paired pre+post chemotherapy (8)	Frozen biopsies	<ul style="list-style-type: none"> <li>Fusion Breakages leading to oncogene amplification (<i>MYC</i>, <i>MDM2</i>, <i>KRAS</i> and <i>RRC3</i>)</li> <li>Extreme genomic instability may be driven by somatic BRCA2 mutations</li> <li>Heterogeneity of driver mutation, parallel evolution and early genome doubling</li> <li>Poor response to platinum containing neoadjuvant chemotherapy correlates with tumor heterogeneity</li> <li>Platinum containing neoadjuvant chemotherapy is associated to increase of C&gt;A mutations in CpC context</li> </ul>	(Munigaesu et al., 2015)
ICGC	WGS	Chemonaive EAs (129)	Frozen biopsies	<ul style="list-style-type: none"> <li>High heterogeneity with few recurrent point mutation and many large scale events (Copy Number alterations and Rearrangements)</li> <li>Co-amplification of receptor tyrosine kinases</li> <li>Three distinct mutational signature combinations that define molecular subtypes with potential therapeutic relevance</li> </ul>	(Secrier et al. 2016)
TCGA	WES + SNParrays integrated with DNAmethylation and mRNA-sequencing	gastroesophageal samples (592) of which 171 Chemonaive EAs and 90 Chemonaive esophageal squamous cell carcinoma	Frozen biopsies	<ul style="list-style-type: none"> <li>EA is similar to chromosomally unstable gastric adenocarcinoma</li> <li>Hypermethylation is present in 70% of EAs</li> <li>EA is molecularly distinct from esophageal squamous cell carcinoma</li> </ul>	(Kim et al. 2017)
ICGC	WGS	Chemonaive EAs (62), and chemotherapy treated EAs (58) and comparison of matched pre and post chemo EAs (10)	Frozen biopsies	<ul style="list-style-type: none"> <li>In matched pre and post chemotherapy, analysis of SNVs in relation to allele-specific copy-number changes pinpoints the common ancestor to a point prior to chemotherapy.</li> <li>no significant differences in the overall mutation rate, mutation signatures, specific recurrent point mutations, or copy-number events in respect to chemotherapy status</li> <li>whole-genome sequencing of samples obtained following neoadjuvant chemotherapy is representative of the genomic landscape of esophageal adenocarcinoma</li> </ul>	(Noorani et al., 2017)

TSG, tumor suppressor gene.