



# Effect of Carbon Nanotubes on Direct Electron Transfer and Electrocatalytic Activity of Immobilized Glucose Oxidase

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ABSTRACT: Carbon nanotubes (CNTs) are excellent supports for electrocatalysts because of their large surface area, excellent electronic conductivity, and high chemical and structural stability. In the present study, the activity of CNTs on direct electron transfer (DET) and on immobilized glucose oxidase  $(GO_x)$  is studied as a function of number of walls of CNTs. The results indicate that the GO<sub>x</sub> immobilized by the CNTs maintains its electrocatalytic activity toward glucose; however, the DET and electrocatalytic activity of GO<sub>x</sub> depend strongly on the number of inner tubes of CNTs. The GO<sub>X</sub> immobilized on triple-walled CNTs (TWNTs) has the highest electron-transfer rate constant,  $1.22 \text{ s}^{-1}$ , for DET, the highest sensitivity toward glucose detection, 66.11  $\pm$  5.06  $\mu$ A mM<sup>-1</sup> cm<sup>-2</sup>, and the lowest apparent Michaelis–Menten constant,  $6.53 \pm 0.58$  mM, as compared to GO<sub>x</sub> immobilized on single-walled and multiwalled CNTs. The promotion effect of CNTs on the GO<sub>x</sub> electrocatalytic activity and DET is most likely due to the electron-tunneling effect between the outer wall and inner tubes



of TWNTs. The results of this study have general implications for the fundamental understanding of the role of CNT supports in DET processes and can be used for the better design of more effective electrocatalysts for biological processes including biofuel cells and biosensors.

# 1. INTRODUCTION

Direct electrochemistry of redox enzymes/proteins such as glucose oxidase  $(GO_x)$  plays an important role in the glucose oxidation reactions in enzyme-immobilized electrodes in microbial and enzymatic fuel cells<sup>1-5</sup> and in glucose biosensors.<sup>5-7</sup> In enzymatic/microbial fuel cells and electrochemical biosensors, enzymes or microbes are generally immobilized on electrode material surfaces; however, a key issue in such systems is the efficient electron transfer (ET) between the active centers and the supporting substrate or electrode.<sup>3,8,9</sup> In the case of  $GO_{x_1}$ direct ET (DET) with the bare electrode is difficult because of the fact that the redox active flavin adenine dinucleotide (FAD) cofactors, that is, small nonproteinaceous electroactive species, of  $\mathrm{GO}_{\mathrm{X}}$  are deeply buried within electrically well-insulated prosthetic shells.<sup>10,11</sup> Thus, considerable efforts have been made to enhance the DET of GO<sub>x</sub> via the redox mediators and the selected matrix and to develop new and highperformance biofuel cells and enzymatic electrochemical biosensors.<sup>3,8,12,13</sup>

Mediators such as 2-hydroxy-1,4-naphthoquinone, thionin, ferrocene monocarboxylic acid, and methylene blue offer advantages for immobilization of enzymes and enhancement of DET capacity and power output of biofuel cells.<sup>14–17</sup> In mediated ET using electroactive molecules or mediators to shuttle electrons between the enzyme and the electrode, the maximum cell voltage of biofuel cells is determined by the thermodynamic redox potential of mediators. A more positive

redox potential is required to provide the driving force for the ET between the enzyme active center and the electrode for the oxidation biocatalysts, which contributes to cell voltage loss. Another area of intensive research is to use advanced smart carbon materials such as carbon nanotubes (CNTs),<sup>18–21</sup> carbon black,<sup>22,23</sup> carbon nanoparticles (NPs),<sup>24</sup> vertically aligned CNTs,<sup>25</sup> and graphene,<sup>13,26</sup> in immobilization and growth of enzymes/proteins and living cells for various biological processes and for electrochemical biosensors and biofuel cells. Among them, CNTs have attracted considerable attention for potential applications such as supporting materials for enzymes owing to their unique electrical conductivity, high chemical stability, biocompatibility, and large surface area.<sup>18–20,27</sup> However, it has been shown that the physical and chemical properties of CNTs can influence the adsorption and activity of immobilized enzymes.<sup>28,29</sup> Pang et al. studied the effect of various carbon materials on the enzyme loading and laccase activity, including fullerene (C-60), multiwalled CNTs (MWNTs), oxidized MWNTs, and graphene oxide and found that the immobilized enzymes have significantly reduced reaction rates as compared to free laccase.<sup>30</sup> This has been attributed to the nanomatrixinduced diffusional limitation on the enzyme activity.

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Recently, we have found that pristine CNTs composed of 2-3concentric tubes or walls have significantly higher electrochemical activities for O<sub>2</sub> evolution reactions (OERs) as compared with typical single-walled CNTs (SWNTs) and MWNTs.<sup>31</sup> The electrocatalytic activity of CNTs shows a distinct volcano-type curve as a function of the number of walls of CNTs. Similar volcano curves were also observed on Pt and Pd NP-supported CNTs for methanol, ethylene glycol, ethanol, and formic acid oxidation in alkaline solutions and on dyefunctionalized CNTs for photoelectrochemical (PEC) water splitting.<sup>32–35</sup> This indicates that the number of walls or inner tubes of CNTs plays an important role in promoting the ET of the electrochemical redox reaction on the surface of CNTs, and such a promotion effect could be beneficial to the DET of the redox reactions of enzymes/proteins. Here, the effects of quantum properties of CNTs on the DET and electrocatalytic activity of GO<sub>x</sub> toward glucose oxidation were studied. The results indicate that triple-walled CNTs (TWNTs) facilitate fast DET of GO<sub>x</sub> and enhance the electrocatalytic activity for glucose sensing, as compared to that on SWNTs and MWNTs.

#### 2. RESULTS AND DISCUSSION

2.1. CNTs and Direct Electrochemistry of  $GO_X/CNT$ -Modified Glassy Carbon Electrodes. Figure 1 shows the



Figure 1. TEM micrographs of (A) CNT-1, (B) CNT-2, (C) CNT-3, and (D) CNT-4.

transmission electron microscopy (TEM) micrographs of the CNTs used in this study. CNTs were divided into four groups, depending on the number of walls. CNT-1 mainly consists of SWNTs (79%) with an outer diameter (OD) of 1.97 nm. CNT-2 is dominated by TWNTs (52%) and double-walled CNTs (DWNTs, 25%) with an OD of 3.80 nm. The average number of walls of CNT-3 is seven with an OD of 7.45 nm, whereas CNT-4 is a typical MWNT with an average of 12 walls and an OD of 13.9 nm. CNTs with a small OD prefer to form bundles because of the van der Waals interactions;<sup>36</sup> however, CNTs with a large OD, CNT-3 and CNT-4, are well-dispersed without bundles. After purification, the amount of Fe, Co, Mo, and Ni elements are substantially reduced to less than 100 ppm as confirmed by the inductively coupled plasmaoptical emission spectroscopy analysis. The details of CNTs used in this study can be found

elsewhere.<sup>32</sup> The Brunauer–Emmett–Teller (BET) surface area of CNTs is in the range of 271–577 m<sup>2</sup> g<sup>-1</sup>. Table 1 summarizes the average number of walls and surface areas of CNTs.

# Table 1. Average OD, Average Wall Numbers (n), and the BET Surface Area $(S_{BET})$ of CNTs

sample	OD/nm	n	$S_{\rm BET}/{\rm m}^2~{\rm g}^{-1}$
CNT-1	1.97	1	577
CNT-2	3.80	3	523
CNT-3	6.90	7	539
CNT-4	13.8	12	271

Figure 2A shows the cyclic voltammograms (CVs) of the bare glassy carbon (GC) and CNT-modified GC electrodes in an N<sub>2</sub>saturated 0.1 M phosphate-buffered saline (PBS) solution at a scan rate of 50 mV s<sup>-1</sup>. No reduction or oxidation peaks were observed in the CVs of both bare GC and CNT-modified electrodes. However, the CNT-modified GC electrodes show substantially high background current as compared to bare GC electrodes, indicating the high active sites of CNTs and the formation of well-integrated CNT-modified GC electrodes. In the case of  $GO_x/CNT$ -modified electrodes, a pair of well-defined and symmetrical redox peaks with equal oxidation and reduction peak heights at about -0.48 V appears (Figure 2B). It is wellknown that the cofactor of  $GO_{X}$ , existing in two different states, FAD (oxidized form) and FADH<sub>2</sub> (reduced form), can work as an electron acceptor and donor alternatively in redox reactions.<sup>3</sup> The observed redox peaks indicate that FAD from GO<sub>x</sub> can undergo reversible direct electrochemical oxidation and reduction on the GO<sub>x</sub>/CNT-modified GC electrodes without the help of the electron-transfer mediators. On the other hand, the CV obtained from the electrode modified with GO<sub>x</sub> only is featureless, indicating that the DET between the GC electrode and FAD, the active redox center of  $GO_x$ , is very weak without CNT modification. CNTs have the excellent electron-transport property and high special surface area, which promotes significantly the ET and facilitates the DET process between the redox center of  $GO_x$  and the GC electrode substrate as shown in this study and also by others.  $^{18-20,37}$  The distinct differences of the electrochemical behavior of CNTs, GO<sub>x</sub>, and GO<sub>x</sub>/CNTs as shown in Figure 2 also clearly indicate the immobilization of GO<sub>x</sub> on CNTs. The immobilization of GO<sub>x</sub> on CNTs is most likely due to the  $\pi = \pi$  and  $\sigma - \pi$  stacking, similar to that observed in the case of polyelectrolyte-functionalized CNTs.<sup>38-41</sup>

The oxidation and reduction peak potentials are located in the potential range between -0.431 and -0.473 V (vs Ag/AgCl). The formal potential  $(E^{\circ})$  of the electrodes, calculated by averaging the cathodic and anodic peak potential, is in the range of 0.449-0.458 V, which is close to the standard potential of FAD/FADH<sub>2</sub> (i.e., -0.460 V in pH 7.0 at 25.8 °C). Similar values were also reported for other  $GO_X$ -modified GC electrodes.<sup>42,43</sup> The separation potential of the cathodic and anodic peaks,  $\Delta E_{n}$ , depends on the CNTs. The  $\Delta E_{\rm p}$  values of GO<sub>X</sub>/CNT-1, GO<sub>X</sub>/ CNT-2, GO<sub>X</sub>/CNT-3, and GO<sub>X</sub>/CNT-4 are 35, 24, 31, and 34 mV, respectively. For the redox reaction on  $GO_X/CNTs$ , the  $\Delta E_p$ value shows the lowest value at the GO<sub>x</sub>/CNT-2-modified GC electrode, 0.024 V, proving a fast electron-transfer process on GO<sub>x</sub>-immobilized CNT-2. Periasamy et al. studied the direct electrochemistry of GO<sub>X</sub> at gelatin- and N<sub>i</sub>N-dimethylformamide (DMF)-dispersed MWNTs and GMWNT- and DMWNTmodified GC electrodes, and observed that the difference of  $\Delta E_{\rm p}$ 



Figure 2. CVs recorded at (A) bare GC electrode and CNT-modified electrodes and (B)  $GO_X$  and  $GO_X/CNT$ -modified GC electrodes in an  $N_2$ -saturated 0.1 M PBS solution at a scan rate of 50 mV s<sup>-1</sup>.

## Table 2. Electrochemical Parameters for the Direct Electrochemistry of GO<sub>X</sub> on Different GO<sub>X</sub>/CNT-Modified GC Electrodes

	peak current ( $\mu$ A cm <sup>-2</sup> )			peak potential (V)			
electrode	anode $(I_{pa})$	cathode $(I_{\rm pc})$	$E^{\circ}$ (V)	anode $(E_{pa})$	cathode $(E_{\rm pc})$	peak separation ( $\Delta E_{ m p}$ , V)	$k_{\rm s}  ({\rm s}^{-1})$
GO <sub>X</sub> /CNT-1	158.1	-173.3	-0.449	-0.431	-0.466	0.035	0.984
GO <sub>X</sub> /CNT-2	125.3	-136.9	-0.458	-0.446	-0.470	0.024	1.22
GO <sub>X</sub> /CNT-3	233.7	-246.4	-0.458	-0.442	-0.473	0.031	1.064
$GO_X/CNT-4$	104.7	-128.6	-0.456	-0.439	-0.473	0.034	1.004



**Figure 3.** CVs recorded at (A)  $GO_X/CNT$ -1, (B)  $GO_X/CNT$ -2, (C)  $GO_X/CNT$ -3, and (D)  $GO_X/CNT$ -4-modified GC electrodes in an N<sub>2</sub>-saturated 0.1 M PBS solution at different scan rates from inner to outer curves: 10, 25, 50, 100, 150, 200, 250, 300, 350, and 400 mV s<sup>-1</sup>. Inset shows the linear dependence of  $I_{pa}$  and  $I_{pc}$  on the scan rate.

for GO<sub>X</sub>/GMWNT and GO<sub>X</sub>/DMWNT is 14 mV ( $\Delta E_p$  was 47 mV for GO<sub>X</sub>/GMWNT and 33 mV for GO<sub>X</sub>/DMWNT).<sup>44</sup> This is close to the difference of ~10 mV of the  $\Delta E_p$  values between GO<sub>X</sub>/CNT-2 and GO<sub>X</sub>/CNT-1 and between GO<sub>X</sub>/CNT-2 and GO<sub>X</sub>/CNT-4. The experiments were repeated several times, and the peak potentials were generally reproducible with an SD of

~7%. The electrochemical parameters for the DET of  $GO_X$  at different CNT-modified GC electrodes are given in Table 2.

The reversibility of DET of  $GO_X$  on CNT-modified GC electrodes was investigated by CVs at different scan rates under N<sub>2</sub>-saturated conditions (Figure 3). With the increase of the scan rates, the anodic peak potentials are shifted to a more positive potential, whereas the cathodic peaks are shifted towards more

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Figure 4. CVs recorded at (A)  $GO_X/CNT$ -1-, (B)  $GO_X/CNT$ -2-, (C)  $GO_X/CNT$ -3-, and (D)  $GO_X/CNT$ -4-modified GC electrodes in an N<sub>2</sub>- and O<sub>2</sub>- saturated 0.1 M PBS solution at a scan rate of 50 mV s<sup>-1</sup>.

negative potential with no change in the formal potential,  $E^{\circ}$ . The linear increase in the peak current with scan rates (the insets of Figure 3) demonstrates that the redox reaction of  $FAD/FADH_2$ involved in the GO<sub>x</sub> adsorbed on the CNT supports is a surfacecontrolled process but not a diffusion-controlled process.<sup>7,43</sup> The ET rate constant  $(k_s)$  can be calculated from  $\Delta E_p$  using the Laviron equation for a surface-controlled electrochemical system<sup>45</sup> with a charge transfer coefficient ( $\alpha$ ) of 0.5. The  $k_s$ values of GOx/CNT-modified GC electrodes were determined to be 0.984 s<sup>-1</sup> for  $GO_X/CNT$ -1, 1.22 s<sup>-1</sup> for  $GO_X/CNT$ -2, 1.064  $s^{-1}$  for GO\_X/CNT-3, and 1.004  $s^{-1}$  for GO\_X/CNT-4. The  $k_{\rm s}$  value obtained on the GO<sub>x</sub>/CNT-2-modified electrode is also higher than 1.16 cm s<sup>-1</sup> reported by Deng et al. for the redox reaction of  $GO_X$  on the undoped CNTs but lower than 1.56 s<sup>-1</sup> on boron-doped CNTs.<sup>7</sup> The high  $k_s$  values mean faster electrontransfer rate between the electrode and the redox-active center of the enzyme.<sup>7</sup> The significant dependence of the  $k_s$  on CNT supports indicates that the DET of GO<sub>x</sub> depends on the number of walls of CNT supports, similar to that observed for alcohol oxidation and OERs in alkaline solutions.<sup>31,32</sup>

**2.2. Electrocatalytic Activity of GO<sub>x</sub>/CNT-Modified GC Electrodes.** Figure 4 shows the electrochemical behavior of the  $GO_x/CNT$ -modified GC electrodes in N<sub>2</sub>- and O<sub>2</sub>-saturated PBS solutions. There are two clearly separated reduction peaks for the reaction on the  $GO_x/CNT$ -modified GC electrodes in O<sub>2</sub>-saturated PBS solutions, except that on  $GO_x/CNT$ -4. The first one around -0.35 V is most likely associated with the reduction reaction of O<sub>2</sub> by CNTs. This is consistent with an early study that except MWNTs, pristine CNTs have a considerable electrochemical activity for the O<sub>2</sub> reduction reaction (ORR).<sup>46</sup> This appears to be supported by the observation of a broad reduction peak at -0.4 V for the reaction on  $GO_x/CNT$ -4-modified GC electrodes, which is consistent with the observed oxygen reduction shoulder near -0.4 V on gelatin- and DMF-dispersed MWNT-modified GC electrodes.<sup>44</sup>

The second one around -0.45 V is the O<sub>2</sub> reduction peak by GO<sub>X</sub>. However, the reduction peak current of the GO<sub>X</sub>/CNTmodified GC electrodes increases significantly in O<sub>2</sub>-saturated PBS solution, as compared with that recorded under N<sub>2</sub>saturated conditions, with subsequently reduced oxidation current. This implies that GO<sub>X</sub> immobilized on CNTs catalyzes O<sub>2</sub> reduction effectively because of the fact that O<sub>2</sub> is a cosubstrate of GO<sub>X</sub>. The direct electrochemistry of GO<sub>X</sub> is a twoelectron two-proton process and undergoes a redox reaction between GO<sub>X</sub>(FAD) and GO<sub>X</sub>(FADH<sub>2</sub>). FADH<sub>2</sub> could be oxidized by O<sub>2</sub> at the GO<sub>X</sub>/CNT-modified GC electrodes, which causes the increase of the reduction peak current of GO<sub>X</sub> (FAD)

$$GO_{x}(FAD) + 2e + 2H^{+} \leftrightarrow GO_{x}(FADH_{2})$$

$$(1)$$

$$GO_{x}(FADH_{2}) + O_{2} \rightarrow GO_{x}(FAD) + H_{2}O_{2}$$

This is consistent with other studies on different  $GO_{X}$ -immobilized electrodes.<sup>6,7</sup>

The reduction peak currents at the  $GO_X/CNT$ -modified GC electrodes decrease gradually with the addition of glucose in an  $O_2$ -saturated PBS solution (Figure 5). This indicates that  $GO_X$  immobilized on CNTs retains its bioelectrocatalytic activity to glucose because of the fact that glucose is the natural substrate of  $GO_X$ .<sup>6</sup> The presence of glucose will lead to an enzyme-catalyzed reaction and decrease the concentration of the oxidized form of  $GO_X$ , that is,  $GO_X(FAD)$ , and thus the decrease of the reduction current.

$$GO_X(FAD) + glucose$$
  
 $\rightarrow GO_X(FADH_2) + gluconolactone$  (2)

To further investigate the effect of different CNT supports on the current response of the  $GO_X/CNT$ -based glucose biosensor,

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Figure 5. CVs of (A)  $GO_X/CNT$ -1, (B)  $GO_X/CNT$ -2, (C)  $GO_X/CNT$ -3, and (D)  $GO_X/CNT$ -4-modified GC electrodes in an  $O_2$ -saturated 0.1 M PBS solution at different concentrations of glucose (with 0, 100, 200, 300, 400, 600, 800, 1000, 1200, 1400, 1600, 1800, 2000, 2200, 2400, and 2600  $\mu$ L of 0.1 M glucose solution into 40 mL of PBS solution from outer to inner curves).



Figure 6. Amperometric responses of (A)  $GO_X/CNT$ -1-, (B)  $GO_X/CNT$ -2-, (C)  $GO_X/CNT$ -3-, and (D)  $GO_X/CNT$ -4-modified GC electrodes to successive additions of 100  $\mu$ L of 0.1 M glucose to 40 mL of 0.1 M PBS solution. Solution was stirred at 150 rpm. Applied potential: -0.48 V vs Ag/AgCl.

the amperometric responses of  $GO_X/CNT$ -modified GC electrodes have been determined on successive injections of glucose to an O<sub>2</sub>-saturated 0.1 M PBS solution under an applied potential of -0.48 V versus Ag/AgCl. As shown in Figure 6, the reduction currents decrease with the increase of the glucose concentration. On the basis of the decrease of the reduction current, the concentration of glucose can be detected. Therefore,

the  $GO_X/CNT$ -modified GC electrode can be used as a glucose biosensor. Figure 7 shows the corresponding plots of the reduction current measured at -0.48 V at  $GO_X/CNT$ -modified GC electrodes versus the glucose concentration. The reduction currents of  $GO_X/CNT$ -modified GC electrodes change linearly with the concentration of glucose up to 4.31-5.44 mM, with a correlation coefficient greater than 0.994. The sensitivity of the



Figure 7. Current changes obtained from the amperometric curves of about the four electrodes in the different glucose concentrations in 0.1 M PBS solution. Solution was stirred at 150 rpm. Applied potential: -0.48 V vs Ag/AgCl.

 $GO_x/CNT$ -modified GC electrodes is calculated to be 37.38 ± 5.75, 66.11 ± 5.06, 35.75 ± 2.23, and 36.77 ± 4.88  $\mu$ A mM<sup>-1</sup> cm<sup>-2</sup> on GO<sub>x</sub>-immobilized CNT-1-, CNT-2-, CNT-3-, and CNT-4-modified GC electrodes, respectively. The sensitivity obtained on GO<sub>x</sub>/CNT-4 is close to 40.14  $\mu$ A mM<sup>-1</sup> cm<sup>-2</sup>, which is reported on GO<sub>x</sub> immobilized on undoped MWNTs.<sup>7</sup> Similar to  $k_s$ , the highest sensitivity is obtained on GO<sub>x</sub> immobilized O<sub>y</sub> CNT-2.

The apparent Michaelis–Menten constant  $(K_{\rm M}^{\rm app})$  is an indicator of the enzymatic activity of the immobilized GO<sub>X</sub> and can be estimated by the Lineweaver–Burk equation<sup>8</sup>

$$\frac{1}{i_{\rm SS}} = \frac{1}{i_{\rm max}} + \frac{K_{\rm M}^{\rm app}}{i_{\rm max}} \times \frac{1}{C_{\rm glucose}}$$
(3)

where  $i_{\rm SS}$  is the steady-state response current after the addition of the substrate,  $i_{\rm max}$  is the maximum current under saturated substrate conditions, and  $C_{\rm glucose}$  is the bulk glucose concentration. Under the conditions of this study, and  $K_{\rm M}^{\rm app}$  of GO<sub>X</sub>/ CNT-modified GC electrodes is estimated to be in the range of 6.53-11.49 mM. The low  $K_{\rm M}^{\rm app}$  value implies a strong ability of substrate binding and high enzymatic activity of the immobilized GO<sub>X</sub>. Consistent with the high transfer rate and high sensitivity, the GO<sub>X</sub>/CNT-2-modified GC electrode exhibits the smallest  $K_{\rm M}^{\rm app}$  value,  $6.53 \pm 0.58$  mM, indicating that the GO<sub>X</sub> immobilized on the TWNTs maintains an excellent catalyst activity and exhibits fabulous affinity toward glucose. Table 3 summarizes the sensitivity and  $K_{\rm M}^{\rm app}$  values of GO<sub>X</sub>/CNT-modified GC electrodes.

**2.3.** Role of the Number of Walls of CNT Supports. Before the discussion of the role of the number of inner tubes on the electrochemical behavior of  $GO_X$  immobilized on CNTs, it is necessary to clarify the effect of the surface areas and residual metal impurities of CNTs used in this study. In catalysis, the electrocatalytic activity of catalysts is generally normalized with the surface area of the catalytic NPs to eliminate or avoid the

effect of the size of the catalysts. It is well-known that the size of supported catalytic NPs plays a determining role in their activity and stability, and the catalytic specific activity usually increases with the decreasing NP size because of the rising number of lowcoordinated metal atoms and/or defects as the catalytically active sites.<sup>47,48</sup> In this study, the BET surface area of CNTs is close for CNTs with the number of layers from 1 to 7: 577, 523, and 539  $m^2$  g<sup>-1</sup> for CNT-1, CNT-2, and CNT-3 (see Table 1), respectively. Only in the case of CNTs with 12 layers (CNT-4, MWNTs), the surface area decreased significantly to  $271 \text{ m}^2 \text{ g}^{-1}$ . This indicates that if the surface area of CNT substrates is a dominant fact in the electrochemical behavior of GO<sub>x</sub>/CNTs, the electrochemical activity of GO<sub>x</sub>/CNTs should be similar at least for GO<sub>x</sub> immobilized on CNT-1, CNT-2, and CNT-3. However, this is not the case, as shown in this study, and the electrocatalytic activity of GO<sub>X</sub>/CNTs depends strongly on CNT-1, CNT-2, and CNT-3, and the best results were obtained on GO<sub>x</sub>/CNT-2, even though the surface area of CNT-2 is actually slightly lower than that of CNT-1. Despite the fact that the surface area of CNT-1 is much higher than that of CNT-4, their  $k_{st}$  sensitivities, and  $K_{M}^{app}$  values are very close (Tables 2 and 3). Therefore, the surface area is not a dominant factor in the DET and electrocatalytic activity of GO<sub>x</sub>/CNT-modified GC electrodes. The amounts of metallic impurities of CNT supports after purification are less than 100 ppm.<sup>32</sup> As shown in Figure 2A, pristine CNTs show no redox peaks in 0.1 M PBS solution, indicating that such low levels of metallic impurities in CNTs do not contribute to the electrochemical properties of GO<sub>x</sub>.

As shown by Marcus and Sutin, the ET rate exponentially depends on the distance of the closest approach between an electron donor and acceptor and is negligible for distances beyond 2 nm.<sup>49</sup> This indicates that the DET of FAD active sites deeply embedded ( $\sim$ 1.5 nm) within the protein to the electrode surfaces would be very difficult. This is supported by the featurelessness of the CV curves of GO<sub>x</sub>-modified GC electrodes without immobilization of CNTs (Figure 2B). It has been wellknown that CNTs promote the DET to  $GO_X$ .<sup>3,7,18-20,22,50</sup> However, the results of the current study demonstrate for the first time that the direct electrochemistry and DET of redox centers of GO<sub>X</sub> immobilized on CNTs also depend critically on the nature of CNT supports, that is, the number of walls or inner tubes. Among the CNTs studied, CNT-2 shows the best results to enhance the DET and the biocatalytic activity of GO<sub>x</sub> toward glucose, showing the highest  $k_{s}$ , highest sensitivity, and lowest  $K_{\rm M}^{\rm app}$  value.

As shown early, pristine CNTs are inherently electrocatalytically active for the OER, ORR, and  $H_2$  evolution reaction (HER) in alkaline solutions, showing a distinct volcano-type curve as a function of the number of inner tubes or walls.<sup>31,46</sup> The intrinsic activity of pristine CNTs has been evidently demonstrated by the KCN blockage experiments, in which cyanide ions,  $CN^{-1}$ , strongly coordinate with transition metals such as Co, Fe, and Ni in the axial position,<sup>51,52</sup> thus completely blocking and poisoning

Table 3. Parameters Estimated from the Amperometric Response for the Different  $GO_X/CNT$ -Modified GC Electrodes in Glucose Solutions

electrode	$K_{\rm M}^{ m app}~({ m mM})$	sensitivity ( $\mu A m M^{-1} cm^{-2}$ )	linear range (mM)	linear regression equations
GO <sub>X</sub> /CNT-1	$9.24 \pm 1.5$	$37.38 \pm 5.73$	0.25-5.44	$y = 4.8828x + 0.6025 \ (R^2 = 0.9971)$
GO <sub>X</sub> /CNT-2	$6.53 \pm 0.58$	$66.11 \pm 5.06$	0.25-4.99	$y = 8.5424x + 0.7412 \ (R^2 = 0.9948)$
GO <sub>X</sub> /CNT-3	$9.01 \pm 1.45$	$35.75 \pm 2.23$	0.25-4.31	$y = 4.5977x + 0.2929 \ (R^2 = 0.9973)$
GO <sub>X</sub> /CNT-4	$11.49 \pm 3.01$	$36.77 \pm 4.88$	0.25-4.99	$y = 4.5751 + 1.6219 (R^2 = 0.9936)$

the metallic impurities on the side walls of CNTs. In the presence of KCN, CNTs show distinctive activity volcano curves, which are identical to those observed on the pristine CNTs in the absence of KCN.<sup>46</sup> This evidently demonstrates that the inner tubes of CNTs play a significant role in the enhancement of the charge transfer of the reactions such as OER, ORR, and HER via the electron-tunneling effect between the outer and inner walls.<sup>46</sup>

The strong promotion effect of inner tubes on the electrocatalytic activity of CNTs has also demonstrated the electrooxidation of alcohols on Pt and Pd NPs supported on CNTs, with highest activities observed on Pt and Pd NPs supported on CNTs with 2–3 walls.<sup>32–34</sup> As shown in Figure 8, the  $k_s$  and



Figure 8. Plots of electrocatalytic activity of  $GO_X/CNT$ -modified GC electrodes as a function of the number of inner tubes of CNT substrates.

sensitivity values show distinctive volcano curves, whereas the  $K_{\rm M}^{\rm app}$  values exhibit a reversed volcano curve as a function of the number of walls, identical to that observed for alcohol oxidation and OERs in alkaline solutions.<sup>31–33</sup> A high  $k_s$  value of 1.22 s<sup>-1</sup> obtained for the DET of GO<sub>x</sub>/CNT-2 indicates the fast ET for the direct electrochemistry of GO<sub>x</sub> immobilized on TWNTs, as compared to that immobilized on conventional SWNTs and MWNTs. The observation of the distinguished volcano-type curves of the electrocatalytic activity of GO<sub>x</sub>/CNTs in this study and that of pristine CNTs and Pt and Pd NPs supported on CNTs as a function of number of inner tubes or walls, despite the significant differences in the electrochemical systems, clearly indicates the existence of the inherent electrocatalytic activities of CNTs. The promotion effect of inner tubes has also been demonstrated most recently on the dve-functionalized CNTs for PEC water splitting, in which the dye-functionalized DWNTs and TWNTs show a much higher PEC activity for water splitting as compared to that of SWNTs and MWNTs.<sup>35</sup> In other words, the promotion effect of CNTs via the electron-tunneling mechanism is an intrinsic property of CNTs with a defined number of walls. Thus, the reason for the observation of the highest DET and electrocatalytic activity of GO<sub>x</sub> immobilized on CNT-2, a mixture of TWNTs and DWNTs, is most likely the facile charge-transfer process via the electron tunneling between the outer wall and inner tubes of CNT-2 under the influence of an electrochemical driving force, which is consistent with previous studies.<sup>31–34,46</sup> Figure 9 shows schematically the DET of the redox-active center of GO<sub>x</sub> and CNTs facilitated by the electron tunneling between the outer wall and inner tubes of CNTs.

Similar to the electrochemical reactions of OER on  $\text{CNTs}_{s}^{31,46}$  such effective charge or ET as described above would not be possible for the GO<sub>X</sub> supported on SWNTs and GO<sub>X</sub>/CNT-1 and diminishes as the number of walls increases because of the significantly reduced polarization driving force or dc bias across the walls or layers of CNTs for the ET between the outer wall and



Figure 9. Scheme of the DET and electrocatalytic activity of  $GO_X$  immobilized on TWNTs via the electron-tunneling mechanism between the outer wall and inner tubes of TWNTs.

inner tubes. Thus, the ET efficiency of the redox reaction of  $GO_X$  immobilized on CNT-2, a mixture of DWNTs and TWNTs, is much higher when the ET is between the outer wall and inner tubes as compared to that on SWNTs and MWNTs,  $GO_X/CNT$ -1, and  $GO_X/CNT$ -4.

As pointed out by Chen et al., the structural factors such as the number of layers, size, and chirality, and layer stacking modes can significantly alter the heterogeneous electron-transfer efficiency at sp<sup>2</sup> nanocarbons such as graphene and CNTs.<sup>53,54</sup> CNTs act as electrical conducting nanowires for the fast DET between the active sites in  $GO_X$  and substrate electrodes. The electron tunneling or transfer efficiency between CNTs and the GO<sub>x</sub> active sites depends on the density of states (DOS) and the layers of CNTs. For SWNTs, the DOS is rather low near their Fermi levels, and therefore, the ET efficiency is very low. Increasing the wall numbers would increase the DOS near the Fermi level, which would increase the ET efficiency. On the other hand, however, the increase of wall numbers (thickness) of CNTs could increase the ET distance, which could lower the ET efficiency. Thus, CNTs with 2-3 walls may provide an optimized balance between these two effects. This also explains the observed high electrocatalytic activity of CNT-2 toward glucose.

## 3. CONCLUSIONS

In the present study, we studied in detail the effect of CNT supports on the DET and electrocataytic activities of GO<sub>x</sub> in 0.1 M PBS solution. A pair of well-defined and fundamentally reversible redox peaks was observed, indicating an excellent DET between the redox centers of  $GO_X$  and GC electrodes without the help of the electron-transfer mediators or metallic NPs to contact the FAD active centers. Furthermore, the GO<sub>x</sub> immobilized by the CNTs still maintained its biocatalytic activity toward glucose. However, the direct electrochemistry and electrocatalytic activity of GO<sub>x</sub> depend strongly on the nature of CNT supports, showing distinct volcano curves as a function of the number of walls. GO<sub>x</sub> immobilized on CNT-2, a mixture of TWNTs and DWNTs, is most effective in promoting the DET and electrocatalytic activity toward glucose, showing the highest  $k_{\rm s}$  value and sensitivity and the lowest  $K_{\rm M}^{\rm app}$ . The excellent promotion effect of CNT-2 is ascribed to the fast DET via the efficient electron tunneling between the outer wall and inner tubes of CNTs. The results demonstrate that the DET and electrocatalytic activities of GO<sub>x</sub> immobilized on CNTs can be manipulated by the quantum properties of CNT supports. This has general implications for the fundamental understanding of the role of CNT supports in the DET or ET processes, and the results can be used for the better design of biocatalysts for biofuel cell and biosensor applications. For the development of practical biocatalysts, the addition of electrocatalysts would be beneficial to further increase the activity and sensitivity. However, as shown in the present study, the use of CNT supports with 2-3 inner tubes would significantly enhance the activity and sensitivity of the electrocatalysts in applications such as biofuel cells and glucose biosensors.

#### 4. EXPERIMENTAL SECTION

**4.1. Materials and Solutions.** Glucose oxidase (GO<sub>X</sub>, EC 1.1.3.4, 100–250 U/mg, type X-S from *Aspergillus niger*), D-(+)-glucose, DMF, sodium phosphate monobasic, and sodium phosphate dibasic were purchased from Sigma Aldrich. Nafion solution (5 wt % in isopropanol and water) was purchased from DuPont Inc. Four CNTs with different number of walls were purchased from Nanostructured & Amorphous Materials Inc., USA. Deionized double-distilled water (18.6 M $\Omega$ , Millipore) was used throughout the experiment.

CNTs were purified using ultrasonic treatment in 32 wt % HCl solution (Ajax Finechem) for 6 h and then stirred at room temperature for 48 h. CNTs were characterized by TEM (JEOL 3000F) with an operation voltage of 200 kV, and the BET surface area of CNTs was measured by Micromeritics TriStar II. PBS solutions (0.1 M, pH 7.4) were prepared by mixing 0.1 M NaH<sub>2</sub>PO<sub>4</sub> and 0.1 M Na<sub>2</sub>HPO<sub>4</sub>, and the pH of the solution was adjusted by adding H<sub>3</sub>PO<sub>4</sub> or NaOH. Glucose stock solution was prepared by PBS solution and stored for at least 24 h at room temperature before use. CNTs (~2 mg) were dispersed into 5 mL DMF and then ultrasonicated for 1 h to form a stable CNT suspension. GO<sub>X</sub> solution (10 mg mL<sup>-1</sup>) was stored in -4 °C. All aqueous solutions were prepared with double-distilled deionized water.

**4.2. Preparation of GO<sub>x</sub>/CNT-Modified Electrodes.** The 4.0 mm diameter GC electrode was polished with 3  $\mu$ m alumina powder and sonicated in deionized water for 5 min, and it served as the working electrode. After drying, the GO<sub>x</sub>/CNT film electrodes were prepared by successively casting 5  $\mu$ L of CNT suspensions and GO<sub>x</sub> solution on the electrode surface. After CNTs and GO<sub>x</sub> solution deposition, the solvent was allowed to evaporate at room temperature. To protect the working electrode, 5  $\mu$ L of Nafion solution was dropped on the surface of the cast electrode films and dried at room temperature.

4.3. Characterization. Electrochemical measurements were performed in a conventional three-electrode cell with an Ag/ AgCl reference electrode and a Pt counter electrode in N2- or O2saturated 0.1 M PBS solution, using a CHI6044D electrochemical work station. The Ag/AgCl reference electrode was kept in saturated KCl solution. CVs of the bare GC and GO<sub>x</sub>/ CNT-modified GC electrodes were generally obtained at a scan rate of 50 mV s<sup>-1</sup>. The amperometric measurements were performed at a fixed potential (-0.48 V vs Ag/AgCl). Glucose (100  $\mu$ L, 0.1 M) was directly added to 40 mL of 0.1 M PBS solution at 0 s with the successive increase of the glucose concentration (100  $\mu$ L, 0.1 M glucose). The reason for performing the amperometric measurements at this fixed potential is to maximize the activity and sensitivity of measurements, as -0.48 V is close to the cathodic peak potential of direct electrochemistry of GO<sub>X</sub>/CNT-modified GC, as shown in the results section. The experiments were repeated at least three times, and the results were presented as the average values.

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#### Notes

The authors declare no competing financial interest.

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