

# Metabolism of Bupropion by Carbonyl Reductases in Liver and Intestine

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## ABSTRACT

Bupropion's metabolism and the formation of hydroxybupropion in the liver by cytochrome P450 2B6 (CYP2B6) has been extensively studied; however, the metabolism and formation of erythro/threohydrobupropion in the liver and intestine by carbonyl reductases (CR) has not been well characterized. The purpose of this investigation was to compare the relative contribution of the two metabolism pathways of bupropion (by CYP2B6 and CR) in the subcellular fractions of liver and intestine and to identify the CRs responsible for erythro/threohydrobupropion formation in the liver and the intestine. The results showed that the liver microsomes generated the highest amount of hydroxybupropion ( $V_{\max} = 131$  pmol/min per milligram,  $K_m = 87$   $\mu$ M). In addition, liver microsomes and S9 fractions formed similar levels of threohydrobupropion by CR ( $V_{\max} = 98$ – $99$  pmol/min per milligram and  $K_m = 186$ – $265$   $\mu$ M).

Interestingly, the liver has similar capability to form hydroxybupropion (by CYP2B6) and threohydrobupropion (by CR). In contrast, none of the intestinal fractions generate hydroxybupropion, suggesting that the intestine does not have CYP2B6 available for metabolism of bupropion. However, intestinal S9 fraction formed threohydrobupropion to the extent of 25% of the amount of threohydrobupropion formed by liver S9 fraction. Enzyme inhibition and Western blots identified that 11 $\beta$ -dehydrogenase isozyme 1 in the liver microsomes fraction is mainly responsible for the formation of threohydrobupropion, and in the intestine AKR7 may be responsible for the same metabolite formation. These quantitative comparisons of bupropion metabolism by CR in the liver and intestine may provide new insight into its efficacy and side effects with respect to these metabolites.

## Introduction

Bupropion is a norepinephrine/dopamine reuptake inhibitor (Stahl et al., 2004) clinically used for treatment of major depressive disorder (MDD) and smoking cessation (Fava et al., 2005). Currently, over 11 million prescriptions annually of bupropion have been issued to more than 40 million patients (Reese et al., 2008; Desmarais et al., 2011). Bupropion hydrochloride (HCl) extended release (ER) tablets, which is marketed as Wellbutrin XL by Biovail, has many generic manufacturers, such as Teva Pharmaceutical Industries/Impax Laboratories, Mylan, Actavis, and Par Pharmaceuticals, which use a current bioequivalence (BE) standard based on  $C_{\max}$  and AUC. The original approvals of the 300-mg generic bupropion HCl ER tablets were made on the basis of the demonstration of in vivo BE of the 150-mg generic bupropion HCl ER tablets compared to the brand name product, as well as other in vitro criteria. However, a follow up in vivo BE study on 300-mg Budeprion (bupropion HCl) ER tablets manufactured by Impax Laboratories and distributed by Teva Pharmaceuticals showed that the 300-mg strength failed to demonstrate BE (Woodcock et al., 2012). It is not clear if the failure of extrapolating the BE conclusion from 150-mg to 300-mg tablets was related to changes in metabolism of bupropion in

the liver and intestine between different formulations and different strengths of bupropion. Therefore, it is important to study in detail the mechanisms of bupropion metabolism in the liver and intestine.

Bupropion is rapidly absorbed ( $T_{\max}$  1.3–1.9 hours) and extensively distributed throughout the body ( $V_d = 19$  l/kg), and less than 1% of the parent compound is eliminated in urine (Schroeder, 1983; Jefferson et al., 2005). The majority of bupropion is eliminated by metabolism. It is well known that bupropion forms three primary metabolites: hydroxybupropion (by CYP2B6) and the diastereoisomers threohydrobupropion and erythrohydrobupropion [by carbonyl reductase (CR)] (Loboz et al., 2005) (Fig. 1). Different metabolites of bupropion have significant impact on its efficacy, since these metabolites have 25–50% potency compared with bupropion on the basis of antidepressant screening tests in an animal model (Bondarev et al., 2003; Damaj et al., 2004). In addition, the plasma levels of hydroxybupropion are 5- to 10-fold higher than the parent drug bupropion after oral administration of bupropion HCl (Bondarev et al., 2003; Damaj et al., 2004; Jefferson et al., 2005; Damaj et al., 2010; Zhu et al., 2012).

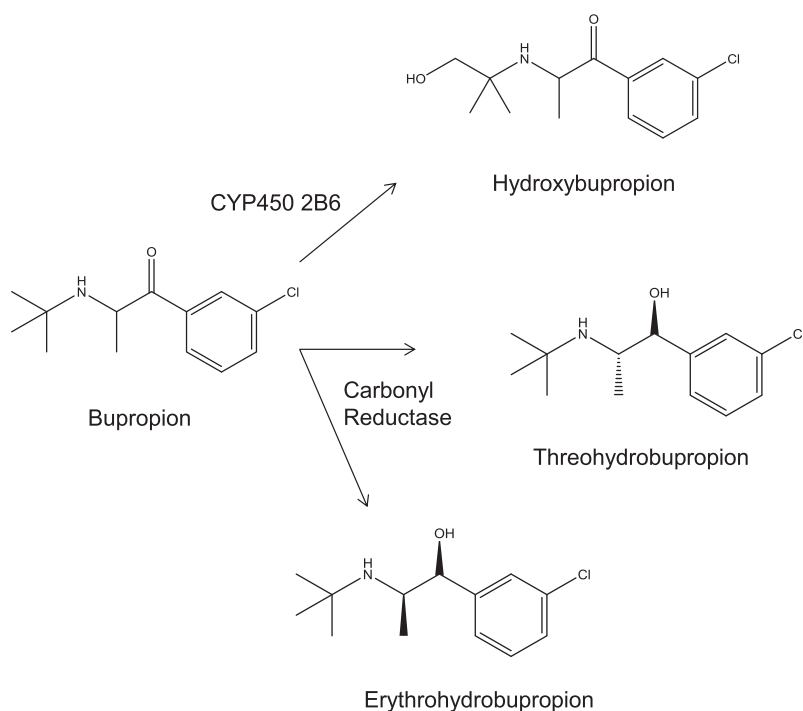
The metabolism of bupropion by CYP2B6 in the liver to form hydroxybupropion, the major metabolite of bupropion, has been extensively studied. Studies have shown that the kinetic formation of hydroxybupropion in liver microsomes occurs to a high extent, with  $V_{\max}$  ranging from 85–254 pmol/mg per minute and  $K_m$  ranging from 103 to 198  $\mu$ M (Coles and Kharasch, 2008; Molnari and Myers, 2012; Skarydova et al., 2014). However, the metabolism of bupropion by CR has not been well characterized. For example, what metabolic pathways

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**ABBREVIATIONS:** ARK, aldo-keto reductase; BE, bioequivalence; CR, carbonyl reductase; ER, extended release; HPLC, high-performance liquid chromatography; 11 $\beta$ -HSD, 11  $\beta$ -dehydrogenase isozyme 1; LC-MS/MS, liquid chromatography–tandem mass spectrometry; MRM, multiple reaction monitoring; P450, cytochrome P450; PBS, phosphate-buffered saline; TBST, Tris-buffered saline and Tween-20.



**Fig. 1.** Bupropion and metabolism. Bupropion is metabolized by CYP2B6 to form hydroxybupropion and by carbonyl reductase to form the diastereoisomers threohydrobupropion and erythrohydrobupropion.

(CYP2B6 and CR) play a more important role in the liver and intestine for bupropion metabolism? Which subcellular fraction in the liver and intestine are responsible for metabolism of bupropion? Are there any differences in how bupropion is metabolized in the liver and in the intestines? Which CR is responsible for bupropion metabolism in the liver and the intestine?

To date, 11 CR enzymes are known, and they are categorized into two superfamilies: short-chain dehydrogenase/reductase (SDR) and aldo-keto reductase (AKR) (Rosemond and Walsh, 2004; Matsunaga et al., 2006). The SDR family has five CR enzymes: CBR1, CBR3, 11 $\beta$ -dehydrogenase isozyme 1 (11 $\beta$ -HSD), DHRS4, and L-xylulose reductase. AKR family has six CR enzymes: AKR7A2, AKR7A3, AKR1C1, AKR1C2, AKR1C3, and AKR1C4. The subcellular locations of most CR enzymes are in the cytoplasm, except for 11 $\beta$ -HSD, which is localized in the microsomes (Matsunaga et al., 2006).

In this study we investigated the metabolism of bupropion in subcellular fractions (microsome, cytosolic, and S9 fractions) of the liver and intestine to compare the extent of formation of all three metabolites in the different subcellular fractions. In addition, we conducted inhibition studies with these subcellular fractions to determine which CR enzymes are important for bupropion metabolism. These results confirm that CYP2B6 in microsome is mainly responsible for hydroxybupropion. In comparison, in the liver microsome and S9 fractions, levels of threohydrobupropion formed by CR were similar to those for hydroxybupropion's formation. This suggests that the metabolism of bupropion by CYP2B6 and its metabolism by CR in the liver are equally important. In contrast, in none of the intestinal fractions was hydroxybupropion detected, which suggests that the intestines do not contribute to the CYP2B6 metabolism of bupropion. Intestinal S9 fraction indeed generated threohydrobupropion; in fact, the amount was 25% of that formed from liver S9 fraction. Furthermore, the enzyme inhibition studies and Western blotting assay suggest that 11 $\beta$ -HSD is responsible for the formation of threohydrobupropion in the liver microsome, and aldo-keto reductase 7 may be responsible for the same metabolite in the intestine. These results quantitatively compare bupropion's metabolism by CR in liver and intestine, which

may provide new insight into the contribution of the metabolites to bupropion's efficacy.

## Materials and Methods

**Chemicals and Reagents.** Bupropion HCl and venlafaxine HCl (internal standard) were purchased from Sigma-Aldrich (St. Louis, MO). Hydroxybupropion was purchased from Caymen Chemicals (Ann Arbor, MI) and a racemic mixture of both erythrohydrobupropion and threohydrobupropion were purchased from Toronto Research Chemicals (Toronto, Canada).  $\beta$ -Nicotinamide adenine dinucleotide 2'-phosphate (NADPH) was also purchased from Sigma-Aldrich. Acetonitrile [high-performance liquid chromatography (HPLC) grade] and methanol (HPLC grade) were purchased from Fisher Scientific (Pittsburgh, PA). Water was purified with a Milli-Q water system (Bedford, MA). Mixed Gender Pooled Human Live Microsomes and cytosolic and S9 fractions for both liver and intestines (duodenum and jejunum) were purchased from Xenotech (Lenexa, KS). The following CR inhibitors were purchased from Sigma-Aldrich: rutin, flufenamic acid, and carbenozolone. The following antibodies were used in the Western blot; AKR1C1/2 (Abcam, Cambridge, England; cat. no. ab131375), carbonyl reductase 1/2/3 (Santa Cruz Biotechnology, Dallas, TX; cat. no. sc-292143), 11 $\beta$ -hydroxysteroid dehydrogenase (Type I; Cayman Chemical, Ann Arbor, MI; cat. no. 10004303), AKR7A antibody (Santa Cruz Biotechnology; cat. no. sc-32944), CYP2B6 antibody (Santa Cruz Biotechnology; cat. no. sc-67224), goat anti-mouse secondary antibody (Santa Cruz Biotechnology; cat. no. sc2005), and anti-rabbit IgG antibody (Cell Signaling Technology, Danvers, MA; cat. no. 7074).

**Liquid Chromatography–Tandem Mass Spectrometry Method.** The liquid chromatography–tandem mass spectrometry (LC-MS/MS) analysis was conducted using an Agilent 1200 HPLC system coupled to an API 3200 mass spectrometer (Applied Biosystems/MDS Sciex, Toronto, Canada) equipped with an API electrospray ionization (ESI) source. Quantitative analysis was accomplished on a Supelco C18 (150  $\times$  4.6 mm i.d., 5  $\mu$ m). The mobile phases used were purified water + 0.04% formic acid (A) and methanol + 0.04% formic acid (B). The LC was run isocratic at 35% methanol + 0.04% and a flow rate of 0.8 ml/min. The LC-MS/MS was operated at positive ESI. The multiple reaction monitoring (MRM) transitions and collision energies were determined for bupropion, hydroxybupropion, threohydrobupropion, erythrohydrobupropion, and venlafaxine. The analytical data were processed by Analyst software (version 1.2; Applied Biosystems, Foster City, CA). The quantitation of

bupropion, hydroxybupropion, threohydrobupropion, and erythrohydrobupropion in these in vitro assay were performed by MRM of the  $[M-H]^+$  ion, using an internal standard to establish peak area ratios. The method development was derived and optimized from previous studies that monitored bupropion and metabolites by HPLC or LC-MS/MS (Cooper et al., Glassman, 1984; Borges et al., 2004; Loboz et al., 2005; Wang et al., 2012).

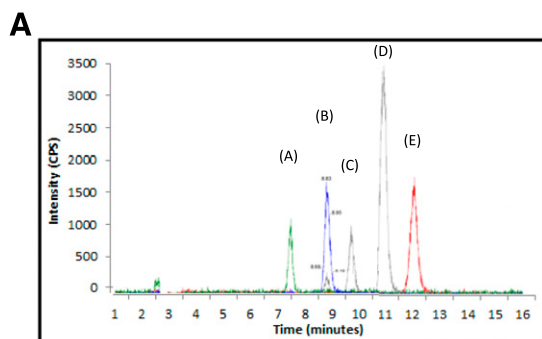
**Subcellular Kinetic Assay.** Liver and intestinal microsome, cytosolic, and S9 fractions were conducted with concentrations of bupropion as the substrate from 1 to 4000  $\mu\text{M}$  dissolved in phosphate-buffered saline (PBS; 3.3 mM  $\text{MgCl}_2$  + 100 mM  $\text{K}_2\text{HPO}_4$  + 100 mM  $\text{KH}_2\text{HPO}_4$  buffer pH 7.4) (no organic solvent was used in this system). The master mix consisted of microsome, cytosolic, or S9 fractions at a final concentration of 1 mg/ml, 4  $\mu\text{l}$  of corresponding substrate, and PBS (3.3 mM  $\text{MgCl}_2$  + 100 mM  $\text{K}_2\text{HPO}_4$  + 100 mM  $\text{KH}_2\text{HPO}_4$  buffer pH 7.4). A fresh sample of the cofactor nicotinamide adenine dinucleotide phosphate (NADPH) was prepared at 16.7 mg/ml in PBS buffer. Both master mix and NADPH were heated for 3 minutes at 37°C. Following, NADPH was added to master mix to initiate reaction. Sample was collected at 30 minutes; sample was spiked into ice-cold methanol containing 500 nM of internal standard (venlafaxine).

**Carbonyl Reductase Inhibition Study.** For inhibition studies, bupropion substrate was used at the corresponding  $K_m$  for threohydrobupropion (since this was the dominant metabolite formed by CR) determined from the subcellular kinetic analysis (liver microsome = 186  $\mu\text{M}$ , liver S9 = 265  $\mu\text{M}$ , liver cytosolic = 90  $\mu\text{M}$ , intestinal microsome = 150  $\mu\text{M}$ , intestinal cytosolic = 5.6  $\mu\text{M}$ , and intestinal S9 = 573  $\mu\text{M}$ ). The master mix consisted of microsome, cytosolic, or S9 at a final concentration of 1 mg/ml, bupropion, PBS (3.3 mM  $\text{MgCl}_2$  + 100 mM potassium phosphate buffer pH 7.4), and CR inhibitor at 3-fold higher than the  $\text{IC}_{50}$  (the 3-fold  $\text{IC}_{50}$  values were: rutin 6.1  $\mu\text{M}$ , flufenamic acid 60  $\mu\text{M}$ , and carbenoxolone 250 nM). A fresh sample of the cofactor NADPH was prepared at 16.7 mg/ml in PBS buffer. Both master mix and NADPH was heated for 3 minutes at 37°C. Following, NADPH was added to master mix to

initiate reaction. Samples were collected at 0, 30, 60, and 90 minutes; samples were spiked into ice-cold methanol containing 500 nM of internal standard (venlafaxine).

**Standards and Sample Preparation.** Stock solutions of bupropion, hydroxybupropion, threohydrobupropion, or erythrohydrobupropion at 2 mg/ml were prepared in methanol to generate a working solution of 100  $\mu\text{g}/\text{ml}$ . An aliquot of this solution was diluted in 1:1 MeOH/Milli-Q water to get a series of working standard solutions of 5, 10, 25, 50, 100, 250, 500, 1000, 2500, and 5000 ng/ml. Internal standard solution was prepared by diluting the stock solution of venlafaxine to yield a final concentration of 500 nM in 1:1 MeOH/Milli-Q water. After preparation of working standards, 50  $\mu\text{l}$  of the appropriate concentrations of analyte was added to 150  $\mu\text{l}$  of internal standard solution (500 nM of venlafaxine in 1:1 MeOH/Milli-Q water), and 50  $\mu\text{l}$  of PBS. Fifty  $\mu\text{l}$  of sample from microsome, cytosolic, or S9 reaction at each time point was spiked into 150  $\mu\text{l}$  of internal standard solution (500 nM of venlafaxine in 1:1 MeOH/Milli-Q water and 50  $\mu\text{l}$  1:1 MeOH/Milli-Q water). Samples were vortexed for 1 minute, followed by centrifugation for 15 minutes at 14,000 rpm in an Eppendorf centrifuge. The supernatant was transferred to vials and 5  $\mu\text{l}$  was injected for LC-MS/MS analysis.

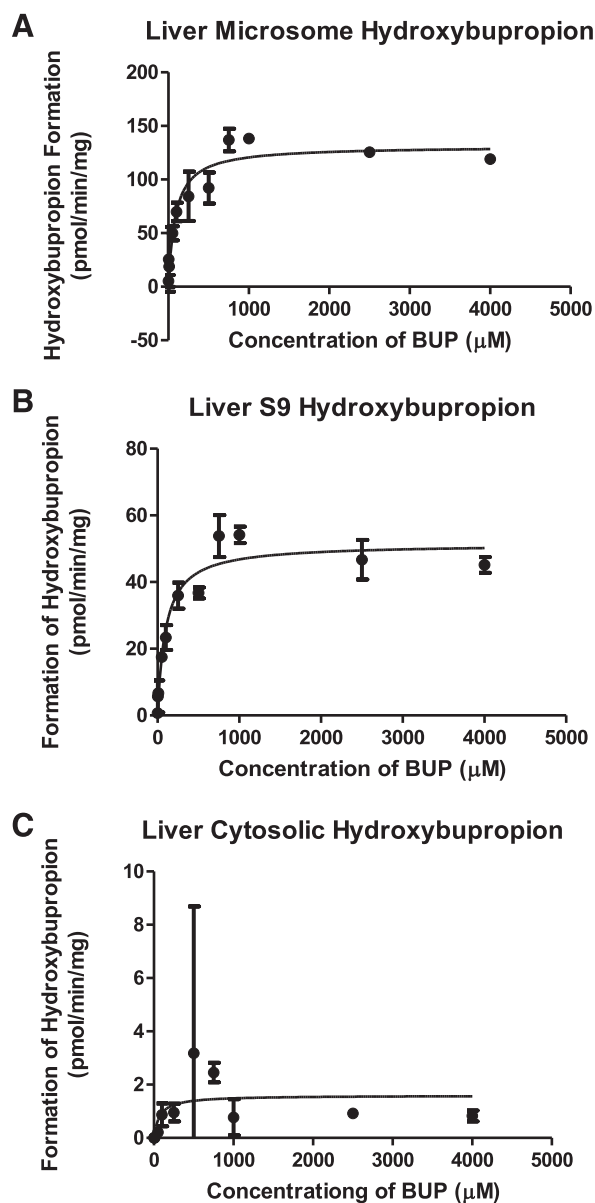
**Western Blot.** Subcellular fractions—liver and intestinal microsome, S9, and cytosolic fractions—were lysed using radioimmunoprecipitation assay buffer (RIPA; 50 mM Tris-HCL, 150 mM NaCl, 1% NP-40, 0.5% sodium deoxycholate, and 0.1% SDS, pH 7.4  $\pm$  0.2; Boston BioProducts, Ashland, MA; BP-115) with 1% protease inhibitor and 1% EDTA. Approximately 200  $\mu\text{l}$  of RIPA buffer was used to resuspend each subcellular fraction, which was incubated on ice for 30 minutes. Each sample was then centrifuged at 14,000 rpm for 15 minutes at 4°C. The protein concentration of the supernatant of each sample was quantified using Pierce BCA Protein Assay Kit (23225). All samples were diluted to have a protein concentration of 750  $\mu\text{g}/\text{ml}$ . Laemmli sample buffer (Bio-Rad, Hercules, CA; 161-0737) was used according to protocol: Mix 950  $\mu\text{l}$  of sample buffer with 50  $\mu\text{l}$  of  $\beta$ -mercaptoethanol. Each



Peaks	Compound	Retention time (minutes)	Q1 Mass	Q3 Mass	CE	DP	EP	CXP
(B)	Bupropion	8.8	240.1	184	10	50	10	3
(A)	Hydroxybupropion	7.3	256	238	12	50	10	3
(D)/(C)	Threo/Erythrohydrobupropion	9.96/11.2	242	168.1	5	50	10	3
(E)	Venlafaxine	12.5	278	260	10	50	10	3

Analyte	Linear Range	Linear equation	R <sup>2</sup>	LLOQ
Bupropion	5-5000 ng/mL	Y=0.0136X+0.0194	0.9975	5 ng/mL
Hydroxybupropion	10-5000 ng/mL	Y=0.0085X+0.0975	0.9900	10 ng/mL
Threohydrobupropion	5-5000 ng/mL	Y=0.0546X+0.0012	0.9948	5 ng/mL
Erythrohydrobupropion	10-5000 ng/mL	Y=0.0286+0.0652	0.9966	10 ng/mL

**Fig. 2.** Method development for bupropion and metabolites. (A) Separation of bupropion and metabolite for detection using LC-MS/MS. (B) LC/MS parameters for bupropion and metabolites. (C) Validation with standards for bupropion and metabolites. All analytes had a good linear range with acceptable coefficient of determination.



**Fig. 3.** Hydroxybupropion metabolite formation in liver subcellular fractions. Hydroxybupropion formation is indicated in (A) liver microsome, (B) liver S9, and (C) liver cytosolic fractions. Data are presented as mean  $\pm$  S.D. ( $n = 3$ ).

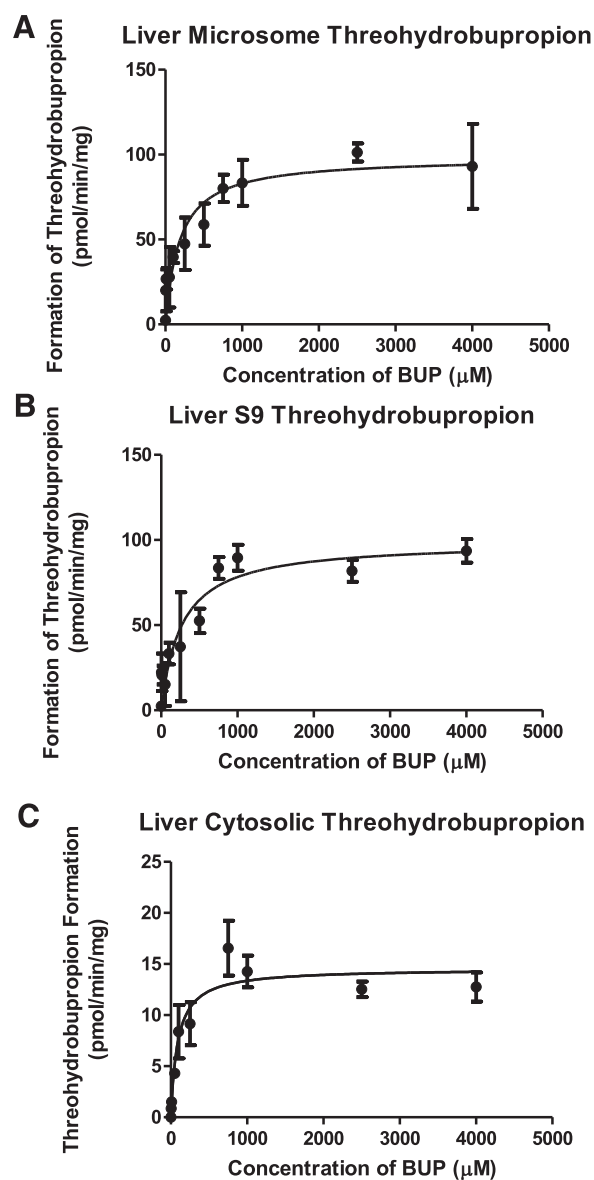
sample was prepared by using 50  $\mu$ l of protein sample with 25  $\mu$ l of sample buffer and boiled at 95°C for 10 minutes. All samples were loaded on an SDS-PAGE gel (25  $\mu$ l) and run at 200 V for about 2 hours. The SeeBlue Pre-Stained Protein Standard (Life Technologies, Grand Island, NY; LC5625) was used to determine protein molecular weights. The running buffer for the SDS-PAGE gel consisted of 3.0 g of Tris base, 14.4 g of glycine, and 1 g of SDS with ddH<sub>2</sub>O to 1 liter. A wet transfer was performed using transfer buffer (3.03 g of Tris base, glycine 14.4 g, 200  $\mu$ l of methanol, and ddH<sub>2</sub>O to 1 liter). The transfer was done using a polyvinylidene fluoride immune-blot membrane (Bio-Rad; 162-0177) at 250 mV for 3 hours. The membrane was blocked for 1.5 hours using 5% of milk in Tris-buffered saline and Tween-20 [TBST buffer: 2.4 g of Tris, 8 g of NaCl, pH adjusted to 7.6 with HCl, 0.1% Tween-20 (v/v), and 1 liter of ddH<sub>2</sub>O]. Primary antibody was added to membrane at various dilutions according to manufacturer's protocol: AKR1C1/2 antibody (1:500), CRB1/2/3 (1:500), 11 $\beta$ -hydroxysteroid dehydrogenase (1:200), AKR7 (1:200), and CYP2B6 (1:200) and incubated at 4°C overnight. Membrane was washed with TBST (3 $\times$ ) before the corresponding secondary antibody was added: AKR1C1/2 (dilution 1:2000), CRB1/2/3 (1:2000), 11 $\beta$ -hydroxysteroid

dehydrogenase (1:5000), AKR7 (1:5000), and CYP2B6 (1:5000) for 1.5 hours at room temperature. The membrane was washed again with TBST (3 $\times$ ). Stripping buffer (Thermo Scientific, Sunnyvale, CA; cat. no. 21059) was used to remove previous antibody; we confirmed that the antibody was washed out each time. Proteins were detected using X-ray development; 5 ml of substrate (2.5 ml of reagent 1 and 2.5 ml of reagent 2) was added to the membrane before detection (Thermo Scientific; cat. nos. 1859701 and 1859698).

**Data Analysis.** For microsome, cytosolic, and S9 kinetics, all data were converted into pmol/min per milligram and plotted against concentration of bupropion. Graphpad Prism 5 was used to simulate the  $K_m$  and  $V_{max}$  with the Michaelis-Menten model using the following equation.

$$Y = \frac{V_{max} * [substrate]}{(K_m + [substrate])} \quad (1)$$

The intrinsic clearance for S9 formation of each metabolite was calculated using the following equation.



**Fig. 4.** Threohydrobupropion metabolite formation in liver subcellular fractions. Threohydrobupropion formation is indicated in (A) liver microsome, (B) liver S9, and (C) liver cytosolic fractions. Data are presented as mean  $\pm$  S.D. ( $n = 3$ ).

$$CL_{int} = \left( \frac{V_{max}}{K_m} \right) \quad (2)$$

For statistical analysis, R version 3.0.3 was run with a *t* test.

## Results

### LC-MS/MS Development for Bupropion and Metabolites

An LC-MS/MS method was developed to quantify bupropion, hydroxybupropion, erythrohydrobupropion, and threo hydrobupropion. Since the fragmentations of the diastereoisomers (threo hydrobupropion and erythrohydrobupropion) were the same and bupropion also had very similar fragmentation, it was necessary for all analytes to be separated by LC. Figure 2A shows the MRM chromatograms of the successful separation of all analytes. The MS parameters are highlighted in Fig. 2B for each analyte.

Calibration curves for each analyte were performed to quantify samples in later studies. A wide linear range was achieved for each analyte (Fig. 2C). In addition, the coefficient of determination for each analyte was greater than or equal to 0.99. The lower limit of detection was either 5 or 10 ng/ml (noted in Fig. 2C) depending on which analyte was being monitored.

### Metabolism in Liver Subcellular Fractions

To begin with, we used liver microsome, cytosolic, and S9 fractions to look at bupropion's metabolism. Bupropion was used as the substrate at concentrations ranging from 1 to 4000  $\mu\text{M}$ . Samples were analyzed by LC-MS/MS to establish the kinetics, and bupropion, hydroxybupropion, threo hydrobupropion, and erythrohydrobupropion were monitored. Figure 3, A–C shows the formation of hydroxybupropion in liver microsome, S9 fraction, and cytosolic fraction respectively. Hydroxybupropion was formed to the highest extent in liver microsome ( $K_m = 87.98 \pm 20.2 \mu\text{M}$  and  $V_{max} = 131.2 \pm 5.6 \text{ pmol/min per milligram}$ ), which was expected since microsomes typically contain concentrated amounts of P450s. In the S9 fraction, hydroxybupropion formation was still apparent but the formation occurred to a lower extent ( $K_m = 99.53 \pm 18.91 \mu\text{M}$  and  $V_{max} = 51.45 \pm 1.9 \text{ pmol/min per milligram}$ ). Hydroxybupropion formation in the cytosolic fraction was almost negligible ( $K_m = 71.35 \pm 127 \mu\text{M}$  and  $V_{max} = 1.594 \pm 0.52 \text{ pmol/min per milligram}$ ). These results suggest that P450 enzymes that are subcellularly localized in microsomes are responsible for the formation of hydroxybupropion in the liver.

Threo hydrobupropion was also formed in all subcellular liver fractions (Fig. 4, A–C). The extent of formation in both microsome and S9 fractions were about the same; however, the affinity differed slightly (microsome:  $K_m = 186.3 \pm 53.48 \mu\text{M}$  and  $V_{max} = 98.37 \pm 6.6 \text{ pmol/min per milligram}$ ; S9:  $K_m = 265.7 \pm 77.79 \mu\text{M}$  and  $V_{max} = 99 \pm 7.5 \text{ pmol/min per milligram}$ ). In the cytosolic fraction, threo hydrobupropion was formed to a lesser extent ( $V_{max}: 14.56 \pm 0.714 \text{ pmol/min per milligram}$  and  $K_m: 89.82 \pm 22 \mu\text{M}$ ). These results suggested that the CR enzyme that is localized subcellularly in the microsomes,  $11\beta$ -hydroxysteroid dehydrogenase, plays a major role in the conversion of bupropion to threo hydrobupropion. In addition, since the cytosolic fraction still forms threo hydrobupropion to some extent, this suggested there may be multiple CR enzymes responsible for this metabolism.

Finally, we saw that erythrohydrobupropion was also formed in liver microsome, S9, and cytosolic fractions (Fig. 5, A–C, respectively); however, the extent of formation was very small in all subcellular fractions (microsome:  $K_m = 41.45 \pm 26.62 \mu\text{M}$  and  $V_{max} = 2.649 \pm 0.3 \text{ pmol/min per milligram}$ ; cytosolic:  $K_m = 274.4 \pm 254 \mu\text{M}$  and  $V_{max} = 3.654 \pm 1.2 \text{ pmol/min per milligram}$ ; S9:  $K_m = 107 \pm 32.14 \mu\text{M}$  and  $V_{max} = 4.23 \pm 0.286 \text{ pmol/min per milligram}$ ). These results

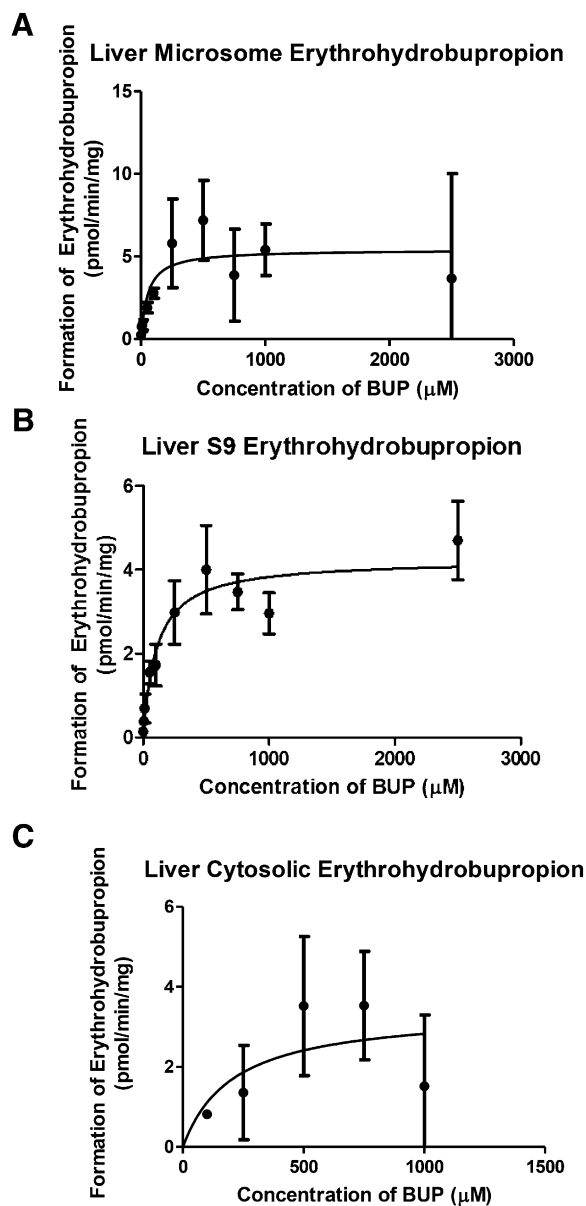


Fig. 5. Erythrohydrobupropion metabolite formation in liver subcellular fractions. Erythrohydrobupropion formation is indicated in (A) liver microsome, (B) liver S9, and (C) liver cytosolic fractions. Data are presented as mean  $\pm$  S.D. ( $n = 3$ ).

suggest that hydroxybupropion and threo hydrobupropion are the dominant metabolites in the liver subcellular fraction. Yet, as with threo hydrobupropion, since formation of erythrohydrobupropion occurred in both the microsome and cytosolic fractions, this again suggested that multiple CR enzymes may be involved in erythrohydrobupropion's formation. Liver kinetics are summarized in Table 1.

Using the Michaelis-Menten kinetic parameters ( $V_{max}$  and  $K_m$ ) we were able to calculate the intrinsic clearance for each metabolite using the S9 fraction (since this contains both microsome and cytosolic fractions) in the liver (Table 3). After adding each metabolite, intrinsic clearance, we calculated that the liver contributes a  $CL_{int}$  of  $931.8 \mu\text{l/min per milligram}$ .

### Metabolism in Intestinal Subcellular Fractions

We continued to evaluate the metabolism of bupropion using intestinal microsome, cytosolic, and S9 fractions. As in liver metabolism, we used

TABLE 1  
Summary of subcellular kinetics:  $V_{\max}$  and  $K_m$  for each metabolite in liver microsome, S9, and cytosolic fractions

	Liver Microsome		Liver S9		Liver Cytosolic	
	$V_{\max}$ pmol/min per milligram	$K_m$ $\mu\text{M}$	$V_{\max}$ pmol/min per milligram	$K_m$ $\mu\text{M}$	$V_{\max}$ pmol/min per milligram	$K_m$ $\mu\text{M}$
HBUP	131.2 $\pm$ 5.8	87.9 $\pm$ 20.2	51.4 $\pm$ 1.9	99.5 $\pm$ 18.9	1.5 $\pm$ 0.5	71.3 $\pm$ 127
TBUP	98.4 $\pm$ 6.6	186.3 $\pm$ 53.5	99 $\pm$ 7.5	265.7 $\pm$ 77.7	14.5 $\pm$ 0.7	89.8 $\pm$ 22
EBUP	2.6 $\pm$ 0.3	41.4 $\pm$ 26.6	4.2 $\pm$ 0.28	107 $\pm$ 32.1	3.65 $\pm$ 1.2	274 $\pm$ 254

HBUP, hydroxybupropion; TBUP, threohydrobupropion; EBUP, erythrohydrobupropion.

bupropion at concentrations from 1 to 4000  $\mu\text{M}$  and analyzed samples by LC-MS/MS to establish the kinetics of hydroxybupropion, erythrohydrobupropion, and threohydrobupropion. However, unlike the liver fractions, where all metabolites were detected, the only metabolite that formed through the intestinal metabolism was threohydrobupropion. Both hydroxybupropion and erythrohydrobupropion were undetectable in both intestinal microsome, cytosolic, and S9 fractions. This suggested that CYP2B6 metabolism does not occur in the intestines since hydroxybupropion was unable to form.

The extent in which threohydrobupropion was formed was less than its formation in the liver (Fig. 6, A–C) (microsome:  $K_m = 149.9 \pm 28.8 \mu\text{M}$  and  $V_{\max} = 5.55 \pm 0.4$  pmol/min per milligram; cytosolic:  $K_m = 569 \pm 64.89 \mu\text{M}$  and  $V_{\max} = 5.649 \pm 0.214$  pmol/min per milligram and S9:  $K_m = 573.4 \pm 188.9 \mu\text{M}$  and  $V_{\max} = 25.87 \pm 2.8$  pmol/min per milligram). The formation of threohydrobupropion was 25% of the formation in the liver S9 fraction. Similar to results for the liver, these data suggest that multiple CR enzymes are involved in the formation of this metabolite. The intestinal S9 kinetics formation of each metabolite are summarized in Table 2.

As with the liver, Michaelis-Menten kinetic parameters ( $V_{\max}$  and  $K_m$ ) enabled us to calculate the intrinsic clearance for threohydrobupropion using the S9 fraction in the intestines (Table 3). This was about 20-fold lower than the liver  $CL_{\text{int}}$  clearance since two of the metabolites did not form in the intestines and threohydrobupropion formation was 25% of the formation in the liver S9 fraction. Nevertheless, the  $CL_{\text{int}}$  in the intestinal S9 fraction was estimated to be 45  $\mu\text{l}/\text{min}$  per milligram.

#### Metabolite Inhibition by Carbonyl Reductase Inhibitors

Next we went on to evaluate which CR enzymes are important for the reduction of bupropion and whether there might be multiple enzymes involved in this process. Using the microsome, cytosolic, and S9 fractions assay, we added various CR inhibitors and analyzed the reduction of metabolite formation. The inhibitors that were chosen were the following: rutin, which has been shown to target the CRB family of CR at an  $\text{IC}_{50}$  of 2.1  $\mu\text{M}$ ; flufenamic acid, which has been reported to inhibit AKR family 67% at concentrations of 20  $\mu\text{M}$ ; and carbenoxolone, which targets the microsomal CR 11 $\beta$ -hydroxysteroid dehydrogenase at  $\text{IC}_{50}$  values in the nanomolar range (Rosemond et al., 2004; Su et al., 2007; Carlquist et al., 2008). We monitored all metabolite formation with each inhibitor and compared these results to a control with no inhibitor.

For the formation of hydroxybupropion, none of the three inhibitors had a significant effect compared with control on any liver subcellular fraction (Fig. 7A), as expected since formation of this metabolite occurs via CYP2B6. In addition, this metabolite was again not detected in any intestinal fraction. These results suggested no CRs are involved in formation of hydroxybupropion.

However, for threohydrobupropion formation, inhibition was observed in both the liver and intestinal subcellular fractions. In the liver, carbenoxolone, the inhibitor of 11 $\beta$ -hydroxysteroid dehydrogenase, showed as much as 82.4% inhibition compared with control in the liver microsome. Flufenamic acid was shown to have about a 40% inhibition on threohydrobupropion formation in liver cytosolic fraction (Fig. 7B). These results suggested that in the liver, 11 $\beta$ -hydroxysteroid dehydrogenase was the dominant enzyme in the liver for reduction of bupropion to threohydrobupropion.

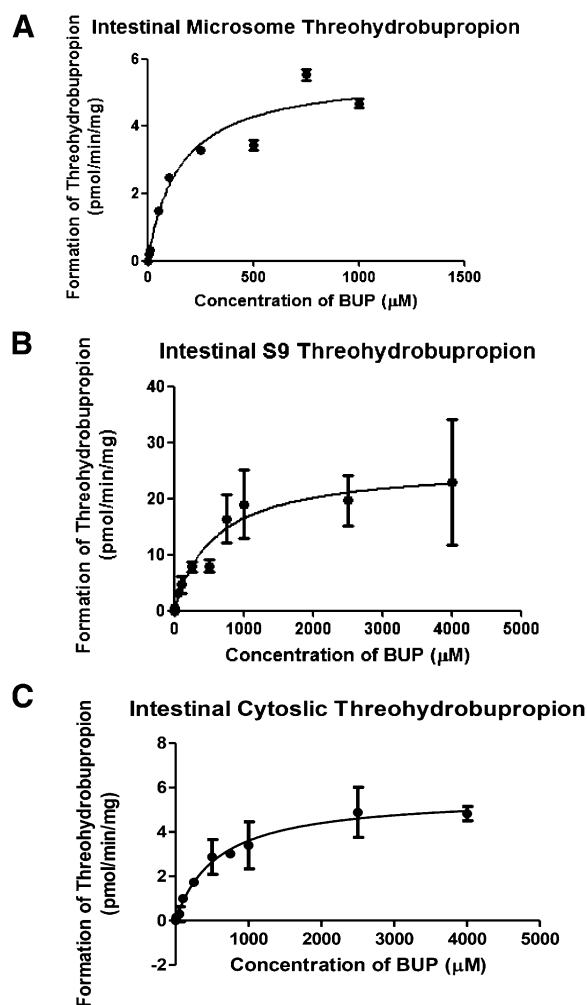


Fig. 6. Threohydrobupropion metabolite formation in intestinal subcellular fractions. Threohydrobupropion formation is indicated in (A) intestinal microsome, (B) intestinal S9, and (C) intestinal cytosolic fractions. Data are presented as mean  $\pm$  S.D. ( $n = 3$ ).

TABLE 2

Summary of subcellular kinetics:  $V_{\max}$  and  $K_m$  for threohydrobupropion metabolite in intestinal microsome, S9, and cytosolic fractions

	Intestinal Microsome		Intestinal S9		Intestinal Cytosolic	
	$V_{\max}$	$K_m$	$V_{\max}$	$K_m$	$V_{\max}$	$K_m$
	pmol/min per milligram	$\mu\text{M}$	pmol/min per milligram	$\mu\text{M}$	pmol/min per milligram	$\mu\text{M}$
HBUP	NF	NF	NF	NF	NF	NF
TBUP	$5.55 \pm 0.3$	$149.9 \pm 28.8$	$25.87 \pm 2.8$	$573.4 \pm 188$	$5.6 \pm 0.2$	$569 \pm 64.8$
EBUP	NF	NF	NF	NF	NF	NF

HBUP, hydroxybupropion; TBUP, threohydrobupropion; EBUP, erythrohydrobupropion; NF, no metabolite formation occurred.

However, in the intestinal subcellular fractions, carboxolone seemed to have no significant effect on inhibiting threohydrobupropion formation. Furthermore, flufenamic acid showed inhibition on intestinal fractions ranging from 57.8 to 78.7% of threohydrobupropion formation (Fig. 7B). Minor inhibition was seen with rutin, implicating minor involvement of the CRB family of CR enzymes in the formation of threohydrobupropion. Altogether, the liver and intestinal data for the formation of threohydrobupropion suggest that both  $11\beta$ -hydroxysteroid dehydrogenase and the AKR family of CR enzymes are the major CR enzymes responsible for threohydrobupropion formation.

In the same way, erythrohydrobupropion formation was inhibited by both carboxolone and flufenamic acid (Fig. 7C). Carboxolone inhibited the formation of erythrohydrobupropion by 95% in liver microsome and 91.6% in liver S9 fraction yet had no effect on liver cytosolic fraction. Flufenamic acid showed about 67–88% inhibition in the liver S9 and cytosolic fractions. These results suggested that  $11\beta$ -hydroxysteroid dehydrogenase and AKR family are the dominant enzymes that form erythrohydrobupropion in the liver.

**Western Blot.** Finally, we went on to confirm whether these various CR enzymes are expressed in different subcellular fractions. Analysis of protein expression was performed using an immunoblot after separation by SDS-PAGE gel (Fig. 8). Microsome, cytosolic, and S9 fractions of both liver and intestines were examined for CYP2B6,  $11\beta$ -hydroxysteroid dehydrogenase, CRB1/2/3, AKR7 family, and AKR1A family.

It was observed that CYP2B6 was primarily expressed in liver microsome with minor expression in the liver S9 fraction (lane 1 and 2). CYP2B6 was absent in liver cytosolic (lane 3) and all intestinal fractions (Fig. 8, lane 4–6). This is consistent with the metabolite formation data suggesting that hydroxybupropion is formed predominantly in liver microsome and S9 fractions and does not participate in intestinal metabolism of bupropion.  $11\beta$  Hydroxysteroid dehydrogenase was highly expressed in liver microsome and S9 fractions (lanes 1 and 2);

its expression in the intestines was almost nonexistent, supporting our results with the inhibition data that  $11\beta$ -hydroxysteroid dehydrogenase activity is dominant in the liver. The CRB1/2/3 enzymes were primarily found to be expressed in both liver and intestinal S9 and cytosolic fractions (lanes 2, 3, 5, 6); however, these enzymes may not be important in bupropion's metabolism, as suggested by the inhibition data. The AKR1A family had very little expression in any of the subcellular fractions except minor expression in liver S9 and liver cytosolic (Fig. 8, lanes 2 and 3). Finally, the AKR7 family enzymes were found to be expressed in all subcellular fractions. This supported the CR inhibition data seen with flufenamic acid in both liver and intestines. Altogether, the enzyme expression data verified the results seen in the formation and inhibition studies as those enzymes were expressed in the corresponding subcellular fraction.

## Discussion

In our studies, we show that the formation of hydroxybupropion and threohydrobupropion in the liver (microsome and S9 fractions) occur to a similar extent. In addition, we show that no CYP2B6 expression or metabolism to form hydroxybupropion occurs in the intestines. However, the only metabolite that forms in the intestines is threohydrobupropion. Its formation in the intestinal S9 fraction is 25% of that seen in the liver S9 fraction. Furthermore, inhibition studies prove that there are multiple CR enzymes involved in the metabolism of bupropion to threohydrobupropion; and the CR activity may have a gastrointestinal-region dependency that influences the metabolism of the parent compound. Western blots confirmed that the CR enzymes important for metabolizing bupropion are consistent with the expression in subcellular fractions.

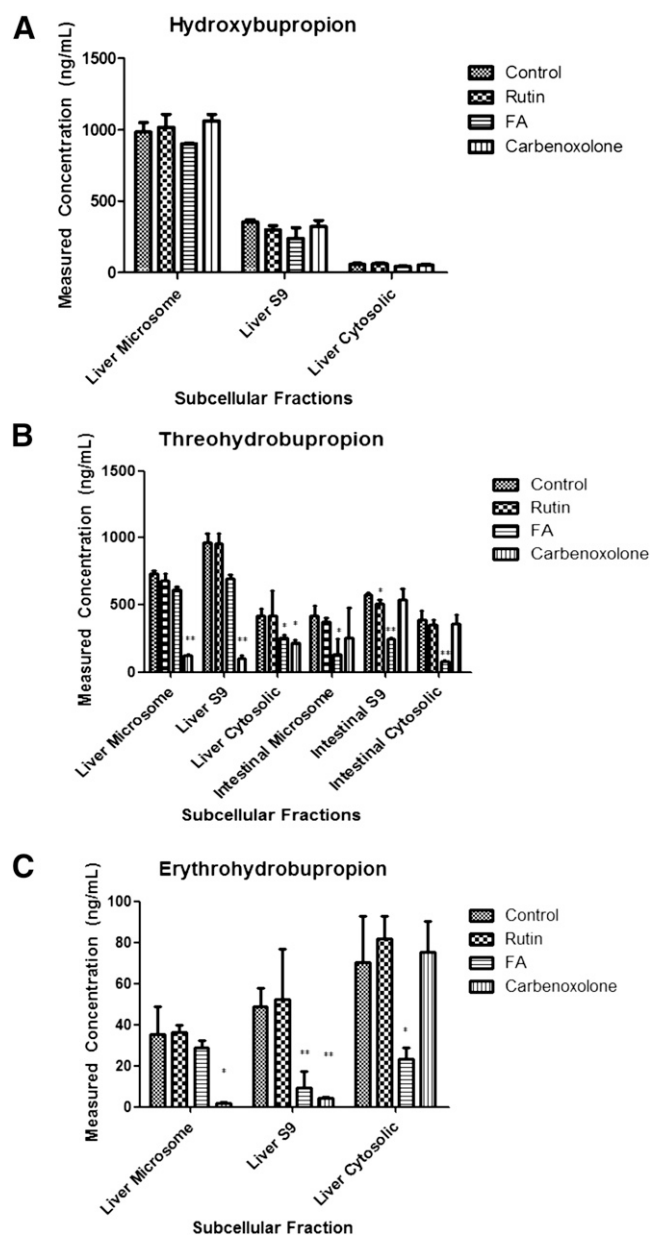
Previous studies have shown that CYP2B6 metabolism of bupropion forms hydroxybupropion (Kirchheiner et al., 2003; Coles and Kharasch, 2008; Kharasch et al., 2008; Benowitz et al., 2013; Ilic et al., 2013). In addition, studies have also suggested that other P450s, such as

TABLE 3

Estimated intrinsic clearance

Using eq. (2) the intrinsic clearance for both liver and intestinal S9 fractions was calculated on the basis of the Michaelis Menten equation, assuming the linear portion of the curve. The relative contribution for each metabolite in S9 liver or intestines is indicated in the table.

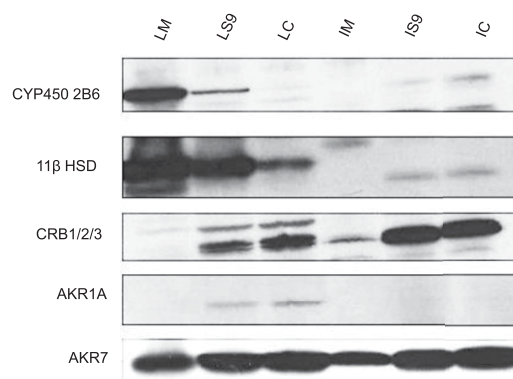
Subcellular Fraction	Metabolite	$Cl_{\text{int}}$
Liver S9 fraction	Hydroxybupropion	519 $\mu\text{l}/\text{min}$ per milligram
	Threohydrobupropion	372 $\mu\text{l}/\text{min}$ per milligram
	Erythrohydrobupropion	39 $\mu\text{l}/\text{min}$ per milligram
	Total $Cl_{\text{int}}$ from liver	931.8 $\mu\text{l}/\text{min}$ per milligram
Intestinal S9 fraction	Hydroxybupropion	N/A
	Threohydrobupropion	45 $\mu\text{l}/\text{min}$ per milligram
	Erythrohydrobupropion	N/A
	Total $Cl_{\text{int}}$ from intestines	45 $\mu\text{l}/\text{min}$ per milligram
Total contribution from liver and intestinal S9 fractions		976 $\mu\text{l}/\text{min}$ per milligram



**Fig. 7.** Metabolite inhibition by carbonyl reductase inhibitors. (A) Hydroxybupropion's direct measured concentration. (B) Threohydrobupropion's direct measured concentration. (C) Erythrohydrobupropion's direct measured concentration. FA, flufenamic acid. Data are presented as mean  $\pm$  S.D. ( $n = 3$ ). \* $P < 0.05$ , \*\* $P < 0.01$ .

CYP2C19, CYP2E1, and CYP3A4, might have minor roles in the hydroxybupropion formation, but this still needs to be confirmed (Chen et al., 2010). Therefore, on the basis of liver microsome stability assays, it was thought that hydroxybupropion was the major metabolite. Several studies failed to realize that the CR pathway to form threohydrobupropion and erythrohydrobupropion may not occur extensively in liver microsomes since most of the CR enzymes involved are located subcellularly within the cytosol (Coles and Kharasch, 2008; Meyer et al., 2013).

Therefore, examining all subcellular fractions—microsome, cytosolic, and S9 fractions—will help explain more broadly which enzymes are responsible for bupropion's metabolism and at what rate its metabolites are formed. Typically, P450 enzymes are located in microsomes. On the other hand, most CRs are located subcellularly



**Fig. 8.** Enzyme expression in human subcellular fractions. Subcellular fractions were run on an SDS-polyacrylamide gradient (4–12% w/v) gel to detect various carbonyl reductase enzymes and CYP2B6. Lane 1: liver microsome (LM). Lane 2: liver S9 (LS9). Lane 3: liver cytosolic (LC). Lane 4: intestinal microsome (IM). Lane 5: intestinal S9 (IS9). Lane 6: intestinal cytosolic (IC).

in cytosolic fractions, except for 11 $\beta$ -HSD, one of the few CR enzymes located subcellularly in microsomes. Using an S9 fraction, which contains both cytosol and microsomes, allowed us to compare metabolite formations across the three metabolites. We found that in the S9 fractions threohydrobupropion has a 2-fold higher formation compared with hydroxybupropion, suggesting that many CR enzymes have been overlooked as contributors to bupropion's metabolism. Although hydroxybupropion formation in microsomes is slightly higher than that in S9 fractions, this difference in activity between microsome and S9 fractions is normal, P450 enzymes are concentrated in microsomes, whereas S9 fraction contains both P450s and cytosolic fraction (Brandon et al., 2003; Jia and Liu, 2007).

In Molnari et al. (2012), the authors found that threohydrobupropion was the major metabolite in liver microsome, which disagrees with the results presented here and many previous studies that identified hydroxybupropion as the major metabolite. Although in our studies threohydrobupropion was the major metabolite formed in liver S9 fraction, hydroxybupropion still forms to the highest extent in liver microsomes. Moreover, Molnari et al. saw no change with flufenamic acid in inhibition studies in the liver, whereas we did. However, this inhibitor seemed to have a greater effect in intestinal fractions, which was not pursued in the Molnari study. Likewise in Meyer et al. (2013) the authors showed that 11  $\beta$ -HSD was the CR enzyme important for metabolizing bupropion to form threohydrobupropion. Although our data agrees with this, a broader analysis of subcellular fractions was possible. In the Meyer study, the authors examined only liver microsomes, so only 11  $\beta$ -HSD activity could have been observed. Instead, cytosolic fractions also needed examination in order to determine if multiple CR enzymes were contributing to bupropion metabolism.

Our results suggest that both hydroxybupropion and threohydrobupropion are important metabolites for elucidating the metabolism of bupropion. This is consistent with in vivo studies that looked at the pharmacokinetic levels of bupropion and metabolites and showed plasma concentrations of both hydroxybupropion and threohydrobupropion higher than that of the parent drug bupropion (erythrohydrobupropion concentration was minor or undetectable) (Laizure et al., 1985).

To the best of our knowledge, no authors have studied the formation of bupropion's metabolites in any intestinal fractions. The intestines have been shown to be involved in both phase I and phase II metabolism, which might influence the metabolism of bupropion. Although P450 enzyme expression is typically lower in the intestines



than in liver (20 pmol/mg of microsome compared with 300 pmol/mg of microsome) (Peters and Kremers, 1989), metabolism in this region of the gastrointestinal tract should still be investigated. Likewise, the expression of CR enzymes has been found to be highly concentrated in both liver and small intestines (Peters and Kremers, 1989; Gervot et al., 1999). We did not observe any hydroxybupropion (CYP2B6 metabolism) in the intestines, and our finding is consistent with another study that looked for various P450 expression in intestinal microsomes and likewise saw no CYP2B6 (Paine et al., 2006). However, in this study threohydrobupropion metabolized by CR was able to form in all three subcellular intestinal fractions (microsome, S9, and cytosolic), again showing how previous studies have discounted the CR pathway for metabolism of bupropion. The intestinal subcellular fractions used in these studies were taken from the duodenum and jejunum. The intestinal metabolism is an important concept to understand since these metabolites are active. However, a more thorough analysis would be needed to disprove or prove the hypothesis, and this would also be true in vivo.

In conclusion, these results suggest that bupropion metabolism can differ depending on the subcellular localization and tissue type, and that different metabolites are formed by multiple enzymes (both P450s and CRs).

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#### Authorship Contributions

Participated in research design: Connarn, Zhang, Babiskin, Sun.

Conducted experiments: Connarn.

Performed data analysis: Connarn.

Wrote or contributed to the writing of the manuscript: Connarn.

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