

## EFFECTS OF DEXTRAN-70 AND ALBUMIN ON COAGULATION IN EXPERIMENTAL HEMORRHAGE IN THE GUINEA PIG

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**ABSTRACT—Background:** Dextran-70 is a more potent plasma volume expander than albumin but use has been hampered because of its antithrombotic properties. However, also albumin has antithrombotic properties and little is known about relative effects of these two colloids on coagulation *in vivo* when controlling for differences in efficacy as plasma volume expanders. **Aim:** Compare effects of dextran-70 and albumin on coagulation at a dose resulting in equal plasma volume expansion. **Methods:** Guinea pigs were subjected to a 25 mL/kg hemorrhage during 20 min and randomized to resuscitation with either 6% dextran-70 at a dose of 15 mL/kg or 5% albumin at a dose of 25 mL/kg (n = 14 in each group) during 30 min starting 1 h of shock. Blood samples were collected at the completion of resuscitation and at 4 h. Plasma volume was measured using <sup>125</sup>I-albumin and the effect on coagulation was evaluated using whole blood thrombelastography (TEG), measurement of plasma fibrinogen and von Willebrand factor (vWF) concentrations and vWF glycoprotein 1b (GP1b) A activity. **Results:** Plasma volumes after resuscitation were similar in the groups at both time points. Dextran-70 resulted in a transient prolongation of TEG clot amplification time (K) at the completion of resuscitation compared with albumin. TEG clot initiation (R) and strength (MA) did not differ between the treatments at any of the time points. Albumin reduced vWF concentrations to a larger extent than dextran at both time points, whereas no difference in vWF GP1bA activity or in plasma fibrinogen and could be detected. **Conclusion:** In equipotent doses with regard to plasma volume expansion, dextran-70 transiently prolongs clot amplification time more than albumin whereas dextran-70 reduces plasma vWF concentrations less than albumin.

**KEYWORDS—**Fibrinogen, plasma volume, thrombelastography, von Willebrand factor, whole blood

### INTRODUCTION

Fluid resuscitation in the critically ill patient is a controversial topic. Given that colloids are more efficacious plasma volume expanders than crystalloids, use of colloids may improve outcome by reducing harmful effects of fluid overload (1, 2). Studies showing that the use of albumin in subgroups of critically ill patients may improve outcome align with this hypothesis (3, 4). However, albumin is expensive and availability is limited meaning that the study of alternatives to albumin is of considerable interest.

After several reports of detrimental effects of hydroxyethyl starches in critically ill patients (5, 6) dextran-70 has emerged as a potential alternative to albumin. Dextrans are a group of naturally occurring polysaccharides produced by bacteria and may be found for example in human dental plaques (7). Dextran-70 has been used as a plasma volume expander since the forties and is a more efficacious plasma volume expander than albumin (8–10). If administered after the injection of

small sized (1 kD) dextran molecules, dextran-70 has an incidence of allergic reactions similar to that of albumin (11).

Dextran-70 has antithrombotic effects that may be attributed both to dilution of coagulation factors secondary to plasma volume expansion, and to specific effects on coagulation such as decreased activity of the von Willebrand factor (vWF) and factor VIII (12). Additionally, dextran is suggested to affect fibrin polymerization and stability (13–15). The antithrombotic effects have hampered use dextran-70 as plasma volume expander because of fear of bleeding. While some support for this concern may be inferred from two small retrospective studies in septic patients (16, 17), a recent larger study could not demonstrate an association between dextran-70 and clinically relevant bleeding in sepsis (18).

Resuscitation with albumin is also suggested to affect coagulation (19–23) and to our knowledge only one *in-vivo* study has compared the anticoagulant effect of albumin with dextran-70 (24). In the latter study it was shown dextran-70 impairs coagulation more than albumin if administered in the same volumes for resuscitation in a rabbit model of hemorrhage. However, given that dextran-70 is a more potent plasma volume expander than albumin, plasma volumes after resuscitation are likely to have differed. Therefore, it is unknown to what extent effects of albumin and dextran-70 can be referred to dilution of coagulation factors and to what extent they can be referred to intrinsic effects of respective colloid on coagulation.

Based on these considerations we hypothesized that the proposed larger effects of dextran-70 on coagulation, relative

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TABLE 1. Laboratory and hemodynamic data

	Dextran-70 15 mL/kg (n = 8)	Dextran-70 25 mL/kg (n = 6)	Albumin 25 mL/kg (n = 8)
Baseline			
MAP (mm Hg)	34 ± 4	34 ± 5	34 ± 7
Heart rate	239 ± 22	228 ± 16	241 ± 20
Hct	39 ± 3	40 ± 2	39 ± 3
pH	7.4 ± 0.02	7.4 ± 0.03	7.4 ± 0.11
pCO <sub>2</sub> (kPa)	4.7 ± 0.26	4.7 ± 0.3	4.9 ± 0.27
pO <sub>2</sub> (kPa)	11 ± 1.9	10.7 ± 1.8	11.8 ± 1.3
Na (mmol/L)	135 ± 1	134 ± 1	135 ± 2
K (mmol/L)	4.4 ± 0.4	4.5 ± 0.8	4.5 ± 0.5
Before resuscitation			
MAP, mm Hg	29 ± 4	28 ± 2	26 ± 4
Heart rate	241 ± 21	238 ± 20	245 ± 22
Hct	24 ± 3	26 ± 2	25 ± 3
pH	7.5 ± 0.07	7.5 ± 0.06	7.5 ± 0.05
pCO <sub>2</sub> (kPa)	4.7 ± 0.5	4.6 ± 0.4	4.7 ± 0.29
pO <sub>2</sub> (kPa)	11.9 ± 0.8	12 ± 1.4	12.1 ± 0.8
Na (mmol/L)	135 ± 2	135 ± 2	136 ± 2
K (mmol/L)	4.9 ± 0.6	5 ± 0.8	4.7 ± 0.2
At completion of resuscitation			
MAP (mm Hg)	45 ± 8	53 ± 7	44 ± 6
Heart rate	261 ± 30	279 ± 22	255 ± 30
Hct	16 ± 1	14 ± 2	16 ± 2
pH	7.6 ± 0.05	7.5 ± 0.03	7.5 ± 0.05
pCO <sub>2</sub> (kPa)	45 ± 0.38	4.7 ± 0.5	4.7 ± 0.49
pO <sub>2</sub> (kPa)	11.3 ± 1.1	11.9 ± 1.2	11.7 ± 1.4
Na (mmol/L)	136 ± 1	138 ± 1	137 ± 2
K (mmol/L)	4.4 ± 0.2	4.4 ± 0.7	4.3 ± 0.4
At 240 min after resuscitation			
MAP (mm Hg)	37 ± 4	40 ± 4	36 ± 4
Heart rate	261 ± 29	244 ± 24	252 ± 18
Hct	15 ± 1	14 ± 1	15 ± 1
pH	7.5 ± 0.05	7.5 ± 0.06	7.5 ± 0.06
pCO <sub>2</sub> (kPa)	4.4 ± 0.4	4.0 ± 0.5	4.4 ± 0.4
pO <sub>2</sub> (kPa)	10.5 ± 3.2	12.3 ± 1.9	9.8 ± 3.4
Na (mmol/L)	135 ± 1	137 ± 2	135 ± 1
K (mmol/L)	4.6 ± 0.4	4.6 ± 1	4.7 ± 0.4

Data are expressed as mean ± standard deviation.

Hct indicates hematocrit; MAP, mean arterial pressure; PaCO<sub>2</sub>, partial pressure of carbon dioxide in arterial blood; PaO<sub>2</sub>, partial pressure of carbon dioxide in arterial blood.

considered to be negligible. Based on a standard deviation of 3 mL/kg it could be calculated that a sample size of 8 was required for a power of 80% (29). Plasma volumes, hemodynamic, and laboratory data between groups at the different time points were analyzed using one-way ANOVA followed by Turkey multiple comparison test or Student *t* test as appropriate. A *P* value < 0.05 was considered statistically significant. Data are presented as mean ± SD. Prism software version 6.0d for Mac OS was used for the analysis (GraphPad Software, San Diego, Calif).

## RESULTS

### Laboratory and hemodynamic data

One animal died 1 h after resuscitation with dextran-70 at a dose of 15 mL/kg and this animal was not included in the analysis. Hemodynamic and laboratory data are presented in Table 1. No differences in laboratory and hemodynamic data could be detected prior to resuscitation. At the completion of resuscitation and at 240 min after the completion of resuscitation hematocrit was lower and mean arterial pressure higher in the group resuscitated with dextran-70 at a dose of 25 mL/kg than in the other groups.

### Plasma volumes

Average plasma volume at baseline was 51.1 ± 5.3 mL/kg. After the completion of resuscitation plasma volume in the

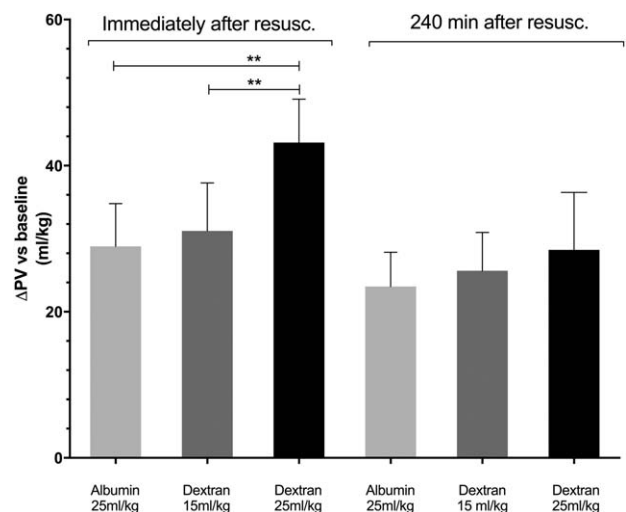


FIG. 2. Change in plasma volume relative baseline (before the start of hemorrhage) at the completion of resuscitation and 4 h after the completion of resuscitation in animal resuscitated with albumin at a dose of 25 mL/kg (n = 8) or dextran at a dose of 15 mL/kg (n = 8) or 25 mL/kg (n = 6). \*\* = *P* < 0.01 (one-way ANOVA followed by Turkey's adjustment for multiple comparisons).

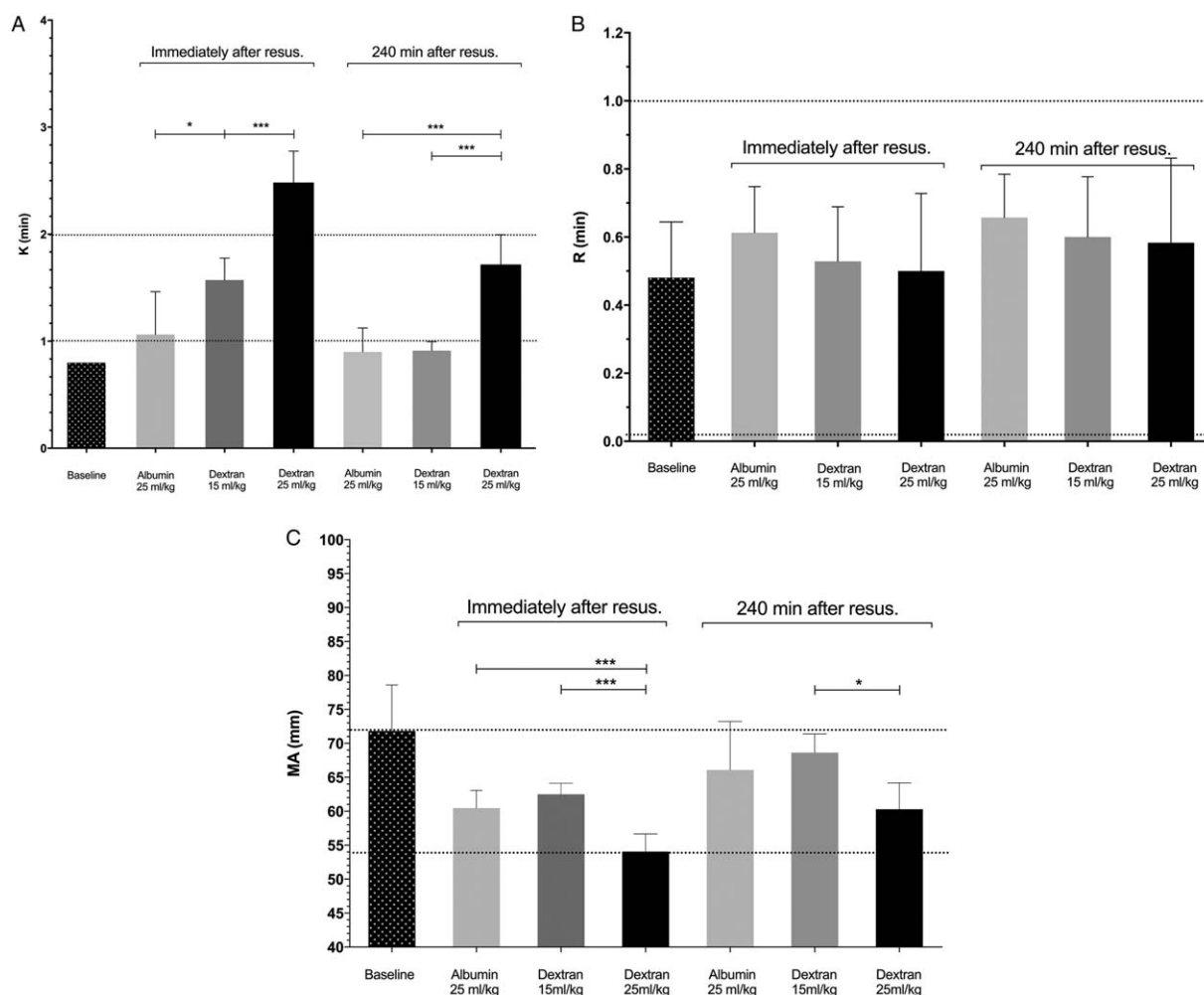


FIG. 3. Reaction time (K, A), speed of clot amplification (R, B) and maximal amplitude (MA, C) as measured using thrombelastography in the albumin and dextran groups at baseline (before the start of hemorrhage) and at the completion of resuscitation and 4 h after the completion of resuscitation with albumin at a dose of 25 mL/kg ( $n = 8$ ) or dextran at a dose of 15 mL/kg ( $n = 7$ ) or 25 mL/kg ( $n = 6$ ). Normal human limits for respective parameter are indicated with the dotted lines (36). \* =  $P < 0.05$ , \*\* =  $P < 0.01$ , \*\*\* =  $P < 0.001$  (one-way ANOVA followed by Turkey's adjustment for multiple comparisons).

group resuscitated with dextran-70 at a dose of 25 mL/kg had increased more than in the groups resuscitated with dextran-70 at a dose of 15 mL/kg or the albumin group (Fig. 2). No difference in plasma volume expansion between the group resuscitated with dextran-70 at a dose of 15 mL/kg and the albumin group could be detected (difference between means, 2.1 (95% CI [-4.5 to 8.7])). No difference in plasma volumes between any of the groups could be demonstrated at 240 min after resuscitation. At this time point difference in means between the group resuscitated with dextran-70 at a dose of 15 mL/kg and the albumin group was 2.1: (95% CI [-3.2 to 7.5]).

### Thrombelastography

Baseline TEG parameters were similar in all groups and average R, K, and MA values were  $0.48 \pm 0.16$  min,  $0.8 \pm 0.0$  min, and  $71.8 \pm 6.8$  mm respectively (Fig. 3). No differences in R time could be detected between the groups after resuscitation. Immediately after resuscitation clotting time (K) was longer in the dextran groups. At 240 min after resuscitation K time was longer in the dextran 25 mL/kg group

compared with the other groups. No difference between the dextran 15 mL/kg group and the albumin group could be detected at this time point. MA after hemorrhage and resuscitation was decreased compared with baseline in all the groups and was lower in the dextran 25 mL/kg group than in the other groups. The relative reduction in MA at this time point was  $13 \pm 6.3\%$ ,  $13 \pm 3.2\%$ , and  $25 \pm 7.7\%$  in the albumin and the dextran 15 mL/kg and 25 mL/kg groups, respectively. At 240 min MA had increased in all groups and at this time point only the dextran 25 mL/kg group differed from the dextran 15 mL/kg group. The relative reduction in MA at this time point was  $4.3 \pm 8.9\%$ ,  $5.6 \pm 6.4\%$ , and  $17 \pm 8.1\%$  in the albumin and the dextran 15 mL/kg and 25 mL/kg groups, respectively. Clot lysis could only be detected in 17% of the samples and no differences in lysis could be detected between dextran and albumin resuscitations (data not shown).

### Fibrinogen and von Willebrand factor

After hemorrhage and resuscitation, fibrinogen and vWF Ag plasma concentrations and vWF GPIb activity had decreased compared with baseline in both the dextran 15 mL/kg group and

TABLE 2. Fibrinogen, von Willebrand factor function and concentration

	Dextran-70 15 mL/kg (n = 6)	Albumin 25 mL/kg (n = 6)
Baseline		
Fibrinogen (g/L)	0.85 ± 0.10	0.88 ± 0.17
vWF GP1b (kE/L)	0.70 ± 0.07	0.73 ± 0.03
vWF Ag (kE/L)	0.64 ± 0.05	0.71 ± 0.10
At completion of resuscitation		
Fibrinogen delta (%)	-46 ± 4	-45 ± 4
vWF GP1b delta (%)	-22 ± 3	-21 ± 4
vWF Ag delta (%)	-25 ± 2 <sup>†</sup>	-30 ± 5
At 240 min after resuscitation		
Fibrinogen delta (%)	-46 ± 6	-40 ± 6
vWF GP1b delta (%)	-10 ± 5	-15 ± 8
vWF Ag delta (%)	-20 ± 3 <sup>†</sup>	-28 ± 5

Reference intervals using the presently used methods in healthy humans are 2 g/L to 4 g/L for fibrinogen, 0.5 kE/L to 2.0 kE/L for vWF GP1b, and 0.60 kE/L to 2.73 kE/L for vWF Ag.

<sup>\*</sup>P < 0.05.

<sup>†</sup>P < 0.01 versus Alb. (Student *t* test) Data are expressed as mean ± standard deviation.

GP1b indicates glycoprotein 1b; vWF Ag = von Willebrand factor antigen.

the albumin group (Table 2). No difference in the plasma concentration of fibrinogen or in vWF GP1b activity could be detected between the dextran 15 mL/kg group and albumin group at any of the time points, whereas the vWF Ag plasma concentration was less decreased in dextran 15 mL/kg group compared with the albumin group at both time points.

## DISCUSSION

Resuscitation with dextran-70 at a dose of 15 mL/kg resulted in a similar plasma volume as 5% albumin at a dose of 25 mL/kg. At these equipotent doses, albumin and dextran had a similar effect on all TEG coagulation parameters except for the clot amplification time (K), which was longer in the dextran group immediately after the completion of resuscitation. The plasma vWF Ag concentration was higher in the dextran group compared with the albumin group, whereas plasma fibrinogen concentration and vWF GP1b activity did not differ between the groups.

Plasma volume measurement using radiolabeled albumin is considered to be gold standard and potential sources of error have been discussed in detail previously and have been found to be small (28). Our finding of similar plasma volumes and a similar precision at baseline as reported previously may further support the reliability of our methodology (29). The finding that the 15 mL/kg dose of dextran-70 resulted in a similar plasma volume expansion as albumin at a dose of 25 mL/kg aligns with previous experimental and human data (10, 28). The result suggests that we reached our objective to compare groups in which dilution of coagulation factors was similar. The higher potency of 6% dextran-70 as a plasma volume expander compared with 5% albumin may be explained both by dextran-70 being a more potent plasma volume expander than albumin and by the higher concentration of the dextran-70 solution.

A dose of dextran-70 in the range of 10 mL/kg to 30 mL/kg is suggested for the treatment of hypovolemic shock in humans. Thus, the dose of dextran-70 in the present study appears to be

clinically relevant for the acute treatment of hypovolemia. However, it should be recognized that cumulative doses may be higher in critically ill patients in whom plasma leak occurs over days (16, 17). Our results suggest that the duration of colloid effects on coagulation persists for at least 4 h. At present it is unclear when coagulation is fully normalized. Given that dextran-70 is polydisperse, i.e., consists of molecules with a wide range of sizes, and the long plasma half-life of the larger dextran molecules, it is possible that cumulative dose could influence severity and duration of coagulation effects of dextran-70.

While the present study is the first to compare effects of equipotent doses of albumin and dextran-70 *in vivo*, several *in-vitro* studies have diluted human blood with equal volumes of dextran and albumin (30). Most of the *in-vitro* studies address colloid effects on plasmatic coagulation: as an acquired von Willebrand syndrome and factor VIII decrease, impaired thrombus generation, impaired thrombin–fibrinogen interactions, impaired factor XIII–fibrin polymer interactions, and an enhanced fibrinolytic response (31). The decreased platelet reactivity is referred to a reduced glycoprotein IIb–IIIa availability, decreased platelet aggregability, and adhesion (31).

However as mentioned above, synthetic colloids are polydisperse and the smaller dextran molecules rapidly leave the circulation. In addition, the effects of infused fluids on release and elimination of vWF from the endothelium are not accounted for *in-vitro* dilution models (32). This means that *in-vitro* data may not reliably reflect net effects of a synthetic colloid on coagulation (33) and highlights the importance of *in-vivo* studies. In the present *in-vivo* study we have shown that the only TEG parameter that differed between the groups after equipotent doses of dextran and albumin was prolonged clot amplification time, also named clot kinetics (K) in TEG terminology in the dextran group. K is a TEG parameter that describes the speed of the initial clot formation with an unclear clinical significance concerning anti-thrombotic effects, whereas the TEG MA, a robust visco-hemostatic parameter, demonstrated a clear dose-dependent decrease. Thus, the present study for the first time suggests that the immediate effects of dextran-70 on coagulation measured with TEG, relative to those of albumin to a large extent, may be referred to differences in dilution of plasma proteins. However, while no differences in TEG parameters could be detected between the lower dextran group and the albumin groups at 4 h it should be noted that both clot amplification and clot strength were reduced at this time point in the high dose dextran group despite similar plasma volumes in all groups. This finding suggests that mechanisms other than plasma dilution are important for coagulation effects of dextran. Our TEG data align with recently published studies on intraoperative effects of dextran-70 or albumin (23, 34) relative to those of lactated Ringers solution showing that both colloids mainly affect clot amplification and clot strength.

It has been suggested that fibrinolysis may be enhanced after dextran infusion by increased plasma concentrations of tissue-type plasminogen activator and decreased concentrations of the physiologic inhibitor of fibrinolysis plasminogen activator inhibitor-1 (13–15). No evidence to support increased fibrinolysis was found in our study and fibrinogen concentrations were similar in the dextran group compared with the albumin group.

As described above, dextran administration has been associated with an acquired von Willebrand syndrome (35). Our result showing a 20% to 25% decrease in both vWF Ag concentration and vWF GPIb activity aligns with these findings. Interestingly, our results suggest that albumin impairs vWF GPIb activity to a similar extent as dextran and decrease vWF Ag effect even more than dextran. Studies in human have suggested that effects of dextran on ristocetin cofactor levels (a measure that corresponds to vWF GPIb activity) progressively increase and peak at 6 h after infusion of dextran (35), while our data suggest a peak effect early after resuscitation in our model, possibly reflecting species differences in metabolism of dextran.

Little clinical data is available with regard to potential adverse effects of dextran-70 on bleeding. Two small retrospective studies investigating effects of a change in resuscitation guidelines, which lead to decreased use of dextran, suggested a reduction in serious bleeding episodes (16, 17). In contrast, no effect on number of bleeding episodes could be demonstrated in a larger study, in which sepsis patients resuscitated with dextran-70 at a median dose of 17 mL/kg were propensity score matched to those that received albumin (18). Perioperative effects on coagulation have also been investigated in a small randomized controlled trial, comparing patients resuscitated with dextran to a maximal dose of 25 mL/kg and crystalloids to patients resuscitated with mainly crystalloids. While no significant effect on the primary outcome, blood loss could be detected, more patients in the dextran groups suffered severe bleeding episodes (34). Interestingly, the study suggested that cloth strength is the TEG parameter that best predicts perioperative blood loss and derived a cutoff for a reduction in MA by about 21% to predict significant blood loss. The results raise the question if cloth firmness could be used to tailor resuscitation with colloids to avoid adverse effects on coagulation by colloids in a clinical setting? This may be particularly relevant in patients presenting with acquired coagulation deficits in which the “safe” volume of colloid from a coagulation perspective may be lowered.

### Limitations

Based on the rationale that we wanted to avoid hypervolemia while maximizing dose of dextran, transfusion of erythrocytes was withheld although hematocrit after resuscitation was below commonly accepted trigger levels for transfusion and we cannot exclude that this may have influenced our results. Also, even though male guinea pigs have been suggested to have a similar platelet function as humans (25), and that baseline TEG parameters were within or close to normal limits for humans we cannot exclude that species or sex differences may have influenced our results. Moreover, it is unclear to what extent the observed differences in laboratory parameters reflect clinically relevant endpoints such as transfusion requirements.

### CONCLUSIONS

In equipotent doses with regard to plasma volume expansion dextran-70 transiently affect clot amplification time more than albumin. The plasma vWF Ag concentration was higher in the

dextran group compared with the albumin group, whereas plasma fibrinogen concentration and vWF GPIb activity did not differ between the groups. If confirmed in humans these results indicate that from a coagulation perspective dextran-70 may be a safe alternative albumin at doses up to 15 mL/kg.

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