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## Functional genomics and assays of regulatory activity detect mechanisms at loci for lipid traits and coronary artery disease

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### Abstract

Many genome-wide association studies (GWAS) have identified signals located in non-coding regions, and an increasing number of functional genomics annotations of regulatory elements and assays of regulatory activity have been used to investigate mechanisms. Genome-wide datasets that characterize chromatin structure help detect potential regulatory elements. Assays to experimentally assess candidate variants include transcriptional reporter assays, and recently, massively parallel reporter assays (MPRAs). Additionally, the effect of candidate regulatory elements and variants on gene expression and function can be evaluated using genomic editing with the CRISPR-Cas9 technology. We highlight some recent studies that employed these strategies to identify variant effects and elucidate molecular and/or biological mechanisms at GWAS loci for lipid traits and coronary artery disease.

### Introduction

Human genome-wide association studies (GWAS) have identified hundreds of DNA variants associated with blood lipid levels and coronary artery disease. Blood lipid levels are a risk factor for cardiovascular disease, including increased low-density lipoprotein cholesterol (LDL-C), and increased triglycerides [1,2]. GWAS have been very successful at identifying genetic variants associated with these complex metabolic diseases [3,4] however, characterizing the molecular mechanisms responsible for these associations has been challenging.

Most variants identified by GWAS are located within non-coding regions of the genome [5], suggesting that these variants do not alter the structure or function of the encoded proteins. Variants located within regulatory elements, such as enhancer or silencer regions, may act to enhance or reduce gene expression. These regulatory regions may affect multiple genes and may regulate genes located hundreds of kilobases away [6,7]. Current challenges are to identify which GWAS variants have regulatory functions and to characterize the molecular mechanisms by which allelic differences affect gene activity and disease risk. Recently,

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identification of regulatory elements and variants has been facilitated by technological development of genome-wide functional assays.

Experimental assays are necessary to determine which of the variants located in regulatory regions have allelic effects on regulatory activity. For example, transcriptional reporter assays are used to identify variants that alter promoter or enhancer/silencer activity, and recently, high-throughput approaches have been used to test dozens to thousands of candidate variants in a massively parallel fashion. Notably, GWAS studies identify lead variants that are most strongly associated with a trait or disease; however, these lead variants are not necessarily the functional regulatory variants due to sampling variation, technical, or stochastic reasons. Variants that are strongly linked, or inherited together (in strong linkage disequilibrium) with the lead variants may have regulatory effects, which highlights the need to test a number of variants in experimental assays. Reporter assays are often performed by cloning variant-containing regions into vectors containing a reporter gene and transfecting biologically-relevant cell types including induced pluripotent stem cells (iPSCs) that can be differentiated into several target cell types [8]. Another recent strategy for experimental evaluation of regulatory elements and variants uses CRISPR-Cas9-mediated genome editing. Cells or organisms can be edited to delete or alter the effect of a regulatory element or to create specific allelic substitutions.

Functional genomics regulatory annotation data can be used to help guide the selection of candidate regulatory elements and variants for experimental testing. These data are generated through the use of high-throughput methods, including open chromatin, chromatin conformation, and chromatin immunoprecipitation assays followed by high-throughput sequencing. These assays can be helpful at detecting candidate regulatory elements, including enhancer or silencer regions, which may ultimately aid in elucidating the mechanisms underlying the relationships between the GWAS variants and trait [9–11]. In this review, we discuss some recent approaches used to identify functional variants and mechanisms at lipid or coronary artery disease GWAS loci.

## High-throughput functional genomics assays

High-throughput functional genomics assays of chromatin structure identify genomic regions characteristic of regulatory elements. Several consortia, including the Encyclopedia of DNA elements (ENCODE) consortium, the National Institutes of Health (NIH) Roadmap Epigenomics Mapping Consortium, and others in the International Human Epigenome Consortium [9,10,12] have generated genome-wide maps in hundreds of cell types and tissues. Maps of open, or accessible, chromatin denote DNA regions devoid of histones and more accessible to transcription factors, as detected by DNase hypersensitivity (DNase HS) [13] formaldehyde-assisted isolation of regulatory elements (FAIRE) [14] or assays for transposase-accessible chromatin (ATAC)-sequencing [15,16] (Table 1). Maps of histone modifications, detected through chromatin immunoprecipitation (ChIP)-sequencing [17,18]), can be integrated to predict chromatin state, including promoter, enhancer, and silencer regions [19], and regions bound by transcription factors can be further annotated with sequence binding motifs and to detect transcription factor footprints [17,20]. Maps of chromatin interactions, higher-order chromatin structure, topologically associated domains

(TADs), and frequently interacting regions (FIREs) are based on chromosome conformation capture methods, including Hi-C and chromatin interaction analysis by paired-end tag sequencing (ChIA-PET) [21–23].

Integrating these data and maps from trait-relevant cell types can be used to guide the identification of trait-associated variants located in regulatory regions. Data sets of chromatin accessibility and histone marks have differing signal strength compared to background and may be influenced by cellular environment, so multiple lines of evidence (i.e. peaks) can provide greater evidence of a regulatory element. Specific histone marks tend to be observed at different types of elements, such as H3K27ac marks at active enhancers. However, neither individual marks nor the absence of regulatory evidence from an assay is definitive, and mere presence of a variant in a region of histone marks does not indicate that the variant alleles alter regulatory activity [24]. While evidence of chromatin interactions between variant positions and a transcription start site supports the potential for a regulatory effect of variants on a gene, the interaction alone is not definitive, and absence of interactions may be due to assay resolution or cellular environment. Therefore, combining one or more pieces of evidence from high-throughput regulatory assay data with other functional genomics experiments, such as reporter assays and genomic editing, enhances the likelihood of identifying candidate regulatory variants.

### Allelic differences in transcriptional activity

A common approach to examine variants for effects on transcriptional activity is a reporter assay. DNA segments of tens to thousands of base pairs containing individual allele(s) of a variant or haplotype are cloned into a vector containing a reporter gene, such as luciferase, whose activity is easily measured, and transfected into cells expected to express relevant transcription factors. The relative luciferase activity is compared between alleles and to a control lacking the inserted DNA segment (Figure 1).

Recently, individual or multiple regulatory variants have been shown to influence allelic differences in transcriptional activity at GWAS loci for lipid traits or coronary artery disease. At an association signal for triglycerides near *TMEM241*, the rs17259126-A allele showed higher transcriptional activity than the rs17259126-G allele and also stronger HNF4A protein binding [25]. The authors proposed that the rs17259126-G allele is associated with lower *TMEM241* expression, leading to higher triglyceride levels. At an association signal for high density lipoprotein cholesterol (HDL-C) near *ANGPTL8*, the rs12463177-C allele was associated with lower *ANGPTL8* expression, showed lower transcriptional activity in reporter assays, and decreased protein binding in electrophoretic mobility shift assays (EMSAs) [26]. At an association signal for coronary artery disease near *GUCY1A3*, the rs7692387-A allele showed higher transcriptional activity than the rs7692387-G coronary artery disease risk allele. Individuals homozygous for the risk allele showed lower expression of *GUCY1A3* (encoding [alpha]1 subunit of soluble guanylyl cyclase (sGC)) in whole blood. In addition, human platelet-rich plasma samples homozygous for the risk allele showed a reduced effect on inhibition of both sGC stimulation and induced platelet aggregation [27]. Finally, at an association signal for coronary artery disease near *PPAP2B* (also known as *PLPP3*, encoding LPP3 protein), stimulating primary human macrophages

with oxidized LDL led to more strongly increased transcriptional enhancer activity for the rs72664324-A allele compared to the rs72664324-G allele [28]. In addition, the rs72664324-G risk allele was associated with lower *PPA2B* expression (induced by oxidized LDL) in primary human macrophages. The authors hypothesized that lower expression results in reduced enzymatic function, which affects pro-inflammatory signaling in atherosclerotic plaques. For all of these examples, one or more chromatin annotations were used to select variants to test for regulatory activity, and further studies of regulatory and biological mechanisms would increase the rigor of the conclusions.

Transcriptional activity assays have also shown that more than one variant on the same haplotype can have allelic effects. At an HDL-C association signal near *GALNT2*, candidate variants were tested for allelic or haplotype differences in transcriptional activity regardless of chromatin annotation [24]. Two variants, rs2281721 and rs4846913, that are in strong linkage disequilibrium with each other ( $r^2=0.96$ ) and located ~2 kb apart, showed strong allelic differences in transcriptional enhancer activity that matched the direction of variant association with *GALNT2* expression level in adipose and liver. The alleles associated with increased HDL-C levels were associated with increased *GALNT2* expression level and increased transcriptional enhancer activity. These data are consistent with subsequent evidence in rodents, non-human primates and humans that loss of the glycoprotein modifications by *GALNT2* on target proteins, including phospholipid transfer protein (PLTP), led to lower HDL-C levels [29]. These variants also showed differential binding to USF1 and CEBPB in EMSA and ChIP assays. These findings suggest that multiple variants may act together to contribute to transcriptional activity and the underlying molecular mechanism(s) at GWAS lipid loci.

Overall, transcriptional reporter assays are valuable to demonstrate that specific nucleotides can increase or decrease transcriptional activity, especially in enhancer regions. At some loci, including a stimulus can better capture allelic differences in regulatory activity and simulate how variants act *in vivo*. Transcriptional reporter assays for individual variants are feasible to implement in a research laboratory with moderate cost and minimal computational requirements. However, these assays examine DNA segments and variants subcloned into vectors, removing the region from its natural chromatin conformation and cellular context. In addition, these assays are low-throughput, allowing only a few DNA variants to be analyzed concurrently.

## High-throughput screens for regulatory variants

The advent of high-throughput, massively parallel reporter assays (MPRAs) have enabled multiple variants and regulatory regions to be analyzed more rapidly and efficiently. These methods typically use a barcode or tag at the end of the reporter gene to facilitate high-throughput sequencing and quantification of expressed sequence reads [30–33]. In another design, expression level of the regulatory region itself is assayed [34,35].

Recent studies have applied MPRA methods to lipid and coronary artery disease loci. Tewhey and colleagues used MPRA in lymphoblastoid cell lines to test variants associated with gene expression levels. Tested variants included 9,664 variants at 163 GWAS loci for a

wide range of traits; of these, 248 variants (2.6%) exhibited allelic differences. For example, at an association signal for coronary artery disease near *UBE2Z*, a screen of 105 variants in MPRA detected eight variants that showed allelic differences, one of which, rs4378658, is also located in an ENCODE-annotated regulatory region [36]. This study also reported allelic differences in MPRA for rs342468 near *AFF1* at a triglycerides locus. In another study, Pashos and colleagues used MPRA in NIH 3T3 fibroblasts to screen candidate functional variants at lipid GWAS loci that were also associated with gene expression levels in hepatocyte-like cells. They screened 525 variants across three loci and reported the single variant at each locus that showed the strongest evidence of allelic differences [37]. Among the variants at the three loci, rs10872142 also overlapped regulatory chromatin annotations in human liver and adipose cells (Figure 2). rs10872142 is in strong linkage disequilibrium ( $r^2=0.97$ , Europeans) with a lead variant associated with LDL-C, rs11153594, and the rs11153594-C allele associated with increased LDL-C pairs with the rs10872142-C allele. Induced pluripotent stem cells homozygous for the rs10872142-C allele showed higher *FRK* expression compared to cells heterozygous (A/C) at rs10872142. Variants detected by MPRA screens still require further experimental validation.

Taken together, MPRA can be useful at narrowing down and identifying GWAS regulatory variants. These assays can be especially beneficial if there are numerous candidate functional variants at an association signal, because they enable a large number of variants to be screened in an experiment. MPRA requires a greater cost per experiment but cost substantially less per variant than assays of individual variants. However, limitations to MPRA remain, as study designs may not successfully capture all potential regulatory variants, leading to false negatives, and the assays still remove putative regulatory regions from their natural chromatin conformation and cellular context, which may be necessary to observe functional consequences. MPRA has a larger computational requirement to design reagents and to analyze high-throughput sequencing reads compared to individual transcriptional reporter assays. Additionally, while MPRA can help detect regulatory variants that affect transcriptional activity, they would not identify variants that affect integrated processes such as mRNA splicing.

## Genomic editing to characterize regulatory variants and elements

Another exciting method to examine the effect of regulatory elements and variants at GWAS loci is genomic editing followed by assays of gene expression and/or gene function (Figure 1). Genomic editing can be achieved through using clustered regularly interspaced short palindromic repeats (CRISPR) technology, guide RNAs, and Cas9 nuclease protein to create double-stranded breaks at target DNA sequences [38–40]. The double-stranded breaks can be repaired by non-homologous end-joining (NHEJ), which is more error-prone and often results in insertions or deletions of the targeted sequence, or by homology-directed repair, which repairs the break using template DNA, yet is less efficient [41]. Using the CRISPR-Cas9 system, one can disrupt or delete a regulatory element or substitute variant allele(s). Isolated clones of cells containing heterozygous or homozygous edits, or in some cases, pools of edited cells or organisms, can be analyzed to assess the effects on gene expression and/or gene function [42,43].

Genome editing has been used recently to delete regulatory elements at GWAS signals for lipid traits and coronary artery disease. At *ANGPTL3/DOCK7*, a well-established locus that alters blood cholesterol and triglyceride levels [44,45], Pashos and colleagues deleted ~40 bp spanning candidate regulatory variant rs10889356 in pluripotent stem cell lines. In undifferentiated cells, deletion of the putative regulatory element reduced expression of *DOCK7*, and after differentiation into hepatocyte-like cells, deletion-containing cells showed both decreased *DOCK7* expression and increased *ANGPTL3* expression [37]. Nonsense mutations in *ANGPTL3* have been found in individuals with combined hypolipidemia [44]. At an association signal for multiple traits including coronary artery disease, Gupta and colleagues deleted ~90 bp spanning rs9349379 in pluripotent stem cells. After differentiation into endothelial and vascular smooth muscle cells, deletion-containing cells showed increased expression of *EDNI* compared to wild-type cells [46]. Both experiments served to validate the target gene and direction of effect of the predicted regulatory element.

Editing cells or organisms to create allele substitutions can provide an unambiguous test of a variant's effect. Pashos and colleagues replaced the rs10872142-C allele with the rs10872142-A allele in an induced pluripotent stem cell line and observed decreased *FRK* expression [37]. Gupta and colleagues performed two steps of genome editing to create stem cell lines homozygous for either the rs9349379-A or G allele to further validate the variant effect on *EDNI* gene and protein levels. The authors found that endothelial cells homozygous for the coronary artery disease risk allele rs9349379-G showed higher *EDNI* expression and higher levels of the encoded vasoconstrictor protein, which they hypothesize results in the increased disease risk [46].

Overall, genome editing provides a valuable and precise tool to elucidate effects of genetic variation on genes. Generating deletions and/or allelic substitutions allows variant or element effects to be evaluated in their genomic and cellular context, in contrast to approaches that employ transient transfection or transduction of exogenous DNA and reporter gene vectors. The ability to create deletions and substitutions allows multiple types of variants, including splicing variants, to be examined. Despite the utility of studying variant substitutions, the relatively inefficient homology-directed repair pathway still presents challenges in evaluating allelic effects of individual or multiple variants.

## Conclusions and perspective

The discovery of hundreds of GWAS loci has provided an unparalleled opportunity to better understand the molecular basis of complex disease, yet for many loci, the underlying genes and mechanisms remain unknown. The many noncoding disease risk variants may not necessarily affect expression of the nearest gene, may act on more than one gene, and may increase or decrease gene expression. These points highlight the value of functional assays to investigate the molecular mechanisms responsible for GWAS associations. Functional genomics regulatory annotation data combined with experimental assays, such as transcriptional reporter assays in a cellular context and genome editing, can pinpoint regulatory regions and/or variants at GWAS signals.

Recent functional studies have demonstrated the complexity of regulatory variant contributions to GWAS loci. Transcriptional reporter assays, especially MPRA, have demonstrated that many variants located in annotated regulatory elements do not exhibit effects on transcriptional activity and that variants outside annotated elements can show effects on activity [36]. These results suggest that many potential regulatory variants do not have functional consequences and/or transcriptional assays may be imperfect. While chromatin annotations can be useful in guiding the selection of candidate regulatory variants to test in experimental assays, these annotations shouldn't be used exclusively to define which variants are regulatory. In addition, while single functional variants have been implicated at some loci, MPRA often detect multiple variants that exhibit significant allelic or haplotype differences in transcriptional activity [35,36], and rigorous functional studies have demonstrated that more than one variant on the same haplotype can affect gene regulation [26,24]. Furthermore, variants on different haplotypes, often detected as different association signals, can affect regulation or function of the same or potentially different genes.

An important study design consideration for functional assays to characterize GWAS loci is cell type. Cell lines are readily available, relatively straight-forward to maintain, and proliferate, enabling large-scale and repeatable studies. However, some regulatory elements and variants may only act in a specific cell or tissue, or under specific environmental conditions or stimuli [28,37,47], neither of which might be apparent from the phenotype or expression pattern of candidate genes. Testing candidate regulatory variants in pluripotent stem cells that can be differentiated into appropriate cell types is becoming more routine. Cell type may also be important for measuring the effects of altered gene expression on biological function such as cholesterol synthesis or atherosclerotic plaque formation.

Although we are starting to understand the roles of individual variant and genes at GWAS loci, many loci remain poorly understood. Additional and improved high-throughput methods are needed to more efficiently screen thorough sets of candidate variants, yet screens alone will likely remain insufficient, and rigorous validation of variant and gene effects will be required. Due to the limitations of each individual assay, a combination of assays will be especially valuable to provide more lines of evidence and a clearer picture into the molecular and biological mechanisms responsible for lipid traits and coronary artery disease.

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Papers of particular interest, published within the period of review, have been highlighted as:

\*of special interest

\*\*of outstanding interest

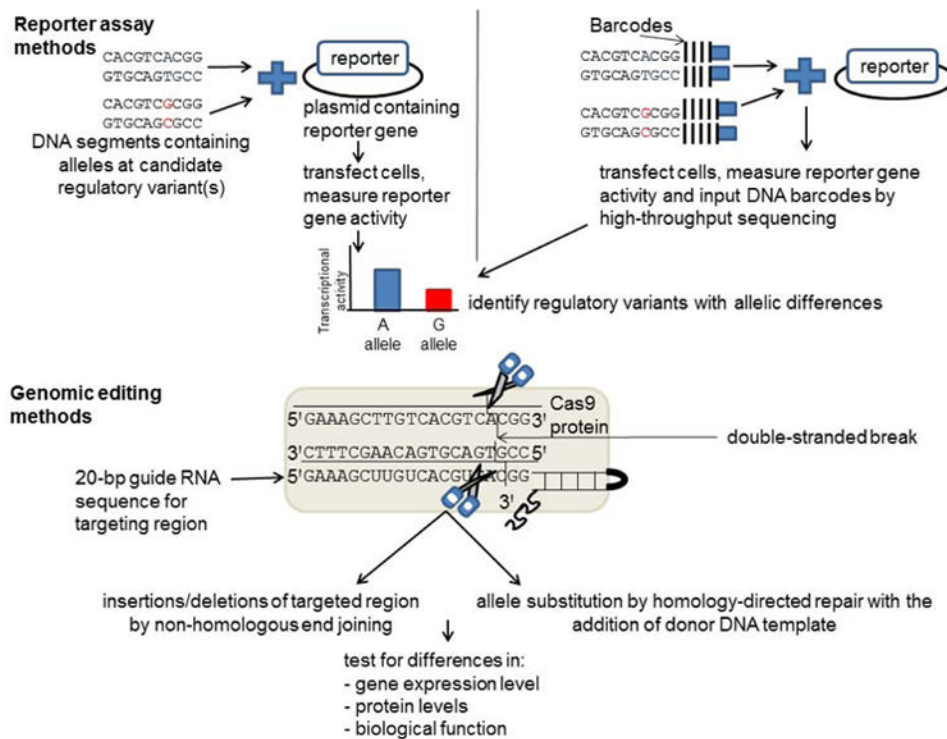
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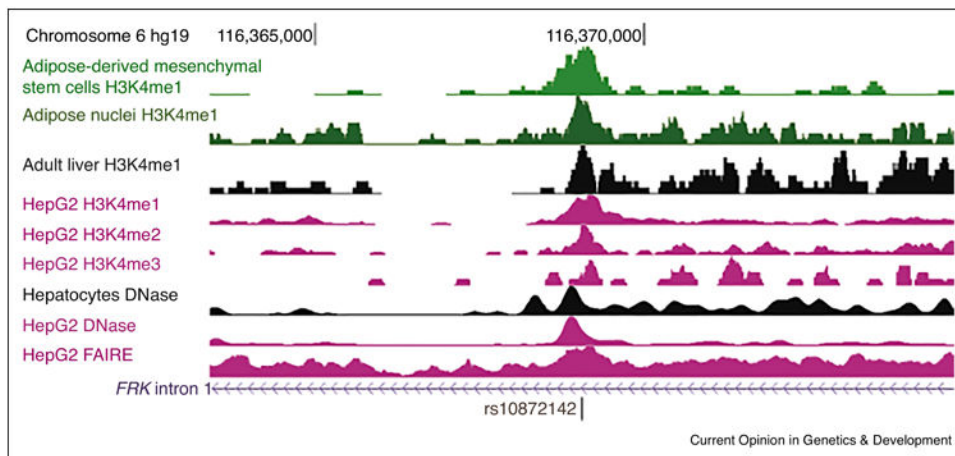
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**Figure 1. Recent strategies for identifying regulatory variants and elements using functional genomics assays**

DNA segments can be cloned into a vector containing a reporter gene, one at a time or in a library. Reporter activity is then measured and compared to the reporter activity of a control vector or input DNA. These assays can be used to identify variants that show allelic differences in transcriptional activity. Candidate regulatory variants and their effect on gene expression and function can be further investigated by genomic editing methods. The DNA segment containing the candidate regulatory variant(s) can be targeted using CRISPR-Cas9 methods and a guide RNA to generate double-stranded breaks. Insertions or deletions can be generated by non-homologous end joining, or allelic substitutions can be generated by homology-directed repair with the addition of a donor DNA template. The effects of these edits can be tested by evaluating gene expression levels, protein levels, and biological function.



**Figure 2. Chromatin regulatory annotations predict rs10872142 is located within an enhancer**, rs10872142 is strongly linked with LDL-C-associated lead GWAS variant rs11153594 and was reported as a regulatory variant associated with *FRK* gene expression in liver [37]. H3K4me1 ChIP-seq peaks are shown for adipose-derived mesenchymal stem cells and primary adipose nuclei (top green tracks) from the NIH Epigenomics Roadmap Consortium's Human Epigenome Atlas [10]. H3K4me1, H3K4me2, or H3K4me3 represent mono-, di- or tri-methylation of lysine 4 of histone H3, and are modifications commonly observed in regulatory enhancer or promoter regions [18,19]. ENCODE H3K4me1,2,3 ChIP-seq, DNase, and FAIRE peaks are shown for HepG2 hepatocellular carcinoma cells (purple tracks), and H3K4me1 ChIP-seq and DNase peaks are shown for human adult liver and hepatocytes (black tracks) [9]. The DNase and FAIRE peaks represent open, accessible chromatin regions devoid of histones, and the peaks corresponding to H3K4me1, H3K4me2 and H3K4me3 marks on the adjacent histones are commonly observed at regulatory enhancer and/or promoter regions. The multiple tracks provide greater evidence that the variant is located within a regulatory region.

**Table 1**  
**Acronyms for terms and assays used to study noncoding, regulatory regions**

| Acronym                   | Full name  | Description  |
|---------------------------|--|--|
| DNase                     | DNase I hypersensitivity   | assay used to detect open, accessible chromatin regions                                |
| FAIRE                     | Formaldehyde-assisted isolation of regulatory elements   | assay used to detect open, accessible chromatin regions                                |
| ATAC-seq                  | Assay for transposase-accessible chromatin with high-throughput sequencing   | assay used to detect open, accessible chromatin regions                                |
| ChIP                      | Chromatin immunoprecipitation  | assay used to detect protein binding or histone modifications                          |
| TAD                       | Topologically associated domain  | term used to describe three-dimensional chromatin organization and interacting regions |
| FIRE                      | Frequently interacting regions   | term used to describe three-dimensional chromatin organization                         |
| 3C, 4C, 5C, HiC, ChIA-PET | Chromosome conformation capture, “-on-chip,” -carbon copy, chromatin interaction analysis by paired-end tag sequencing | assays used to detect chromatin contacts, chromatin organization                       |
| EMSA                      | Electrophoretic mobility shift assay   | assay used to detect proteins bound to a nucleotide sequence                           |
| MPRA                      | Massively parallel reporter assay  | assay used to test candidates for effects on transcriptional activity                  |
| CRISPR                    | Clustered regularly interspaced short palindromic repeats  | used typically with Cas9 protein and guide RNAs for genomic editing                    |