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## Kavain Reduces *Porphyromonas gingivalis*-induced Adipocytes Inflammation: role of PGC1 $\alpha$ Signaling

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### Abstract

A link between obesity and periodontitis has been suggested due to compromised immune response and chronic inflammation in obese patients. Here, we evaluated the anti-inflammatory properties of Kavain, an extract from *Piper methysticum*, on *Porphyromonas gingivalis* (*P.gingivalis*)-induced inflammation in adipocytes with special focus on peroxisome proliferation-activated receptor  $\gamma$  coactivator  $\alpha$  (PGC-1 $\alpha$ ) and related pathways. 3T3-L1 mouse preadipocytes and primary adipocytes harvested from mouse adipose tissue were infected with *P.gingivalis*, and inflammation (TNF- $\alpha$ ; adiponectin/adipokines), oxidative stress, adipogenic markers (FAS, CEBP $\alpha$  and PPAR $\gamma$ ) expression were measured. Furthermore, effect of PGC-1 $\alpha$  knockdown on Kavain action was evaluated. Results showed that *P.gingivalis* worsens adipocyte dysfunction through increase of TNF- $\alpha$ , IL-6, iNOS and decrease of PGC-1 $\alpha$  and adiponectin. Interestingly, while Kavain obliterated *P.gingivalis*-induced pro-inflammatory effects in wild-type cells, Kavain did not affect PGC-1 $\alpha$ -deficient cells strongly advocating for Kavain effects being mediated by PGC-1 $\alpha$ . *In vivo* Adipocytes challenged with intraperitoneal injection of *P.gingivalis* alone or *P.gingivalis* and Kavain displayed the same phenotype as *in vitro* adipocytes. Altogether, our findings established anti-inflammatory and antioxidant effects of Kavain on adipocytes and emphasized protective action against *P.gingivalis*-induced adipogenesis. The use of compounds such as Kavain offer a portal to potential therapeutic approaches to counter chronic inflammation in obesity-related diseases.

### INTRODUCTION

Periodontitis is an inflammatory disease of infectious origin adversely affecting tooth supporting tissues that may lead to tooth loss. Such disease is common and severe forms affect about 10% of the world population (1). Several risk factors have been described including smoking and systemic conditions. Among them, the role for overweight and obesity has been suggested as increased body mass index (BMI) and waist circumference are

associated to periodontal disease worsening (2) and also to a reduced response to periodontal treatment in these individuals (3).

Several studies have explored the biological mechanisms underlying this association that may explain the aggravated periodontal destruction. Monocyte dysregulation, alteration of pro-inflammatory and anti-inflammatory cytokine secretion and impaired clearance of keystone periodontal pathogens such as *Porphyromonas gingivalis* (*P.gingivalis*) have been demonstrated (4). Bacterial spreading from the periodontal pocket to the bloodstream occurs and sustained links between periodontitis and several systemic diseases including atherosclerosis, rheumatoid arthritis and diabetes have been demonstrated (5, 6). For instance, *P.gingivalis* has been detected in vascular walls (7) and in inducing dysbiosis of gut microbiota (8).

In adipose tissue, impaired function of adipocytes is a key factor of obesity and type-2 diabetes and is sustained by an increased number of activated (M1) macrophages (9). Free fatty acid (FFA) deposition within the adipose tissue alters adipose cell secretory functions, induces oxidative stress and reactive oxygen species (ROS) production, causes hypertrophy and produces many vicious cytokines including tumor necrosis factor alpha (TNF- $\alpha$ ), interleukin-6 (IL-6) and chemokines resulting in sustained chronic inflammation (10). Several exogenous stimuli, including infection and endotoxemia, contribute to this chronic inflammatory state as demonstrated by *Mycobacterium tuberculosis*, *Escherichia coli* and *P.gingivalis* (11–13) through the activation of Toll-Like-Receptor (TLR)-related pathways, NOD-Like-Receptor Platforms (NLRP) and a concomitant reduction in adiponectin secretion (12, 14).

Kavain, an extract from the root of the Kava plant, *Piper methysticum*, exhibits anti-inflammatory properties by reducing TNF- $\alpha$ -induced pathophysiological conditions via down regulation of inflammatory factors such as nuclear factor kappa-light-chain-enhancer of activated B cells (NFkB) (15,16). Kavain has been evaluated in the management of several inflammatory diseases, including periodontitis, where Kavain and its derivative compound Kava-241 effectively reduced inflammatory cell infiltrate and alveolar bone loss in a *P.gingivalis*-induced periodontitis mouse model (17, 18). Anti-inflammatory properties were also observed *in vitro* in primary macrophages stimulated by *E.Coli* lipopolysaccharide (LPS) (17) suggesting that Kavain has therapeutic potential in the management of chronic inflammatory disease. In the context of obesity, no data are actually available regarding the putative effect of Kavain on adipocyte maturation/differentiation and release of anti-inflammatory adiponectin and pro-inflammatory adipokines in such cells.

PGC-1 $\alpha$  is a major regulator of several key components of the adipocyte functions and adaptive thermogenesis program, including the stimulation of energy uptake, and fatty acid oxidation (19, 20). It is also considered as a major regulator of adipocyte browning and of thermogenic activation of brown fat after reduction of adipocyte hypertrophy, inflammation and generation of ROS (21). Furthermore, mice lacking PGC-1 $\alpha$  in adipose tissue fed a high-fat diet develop insulin resistance and increased circulating lipid levels (22). These data suggest that PGC-1 $\alpha$  is a key moderator of energy metabolism and prevents the development

of metabolic syndrome or type-2 diabetes mellitus (DM2) (23–25). Interestingly, impact of *P.gingivalis* on PGC-1 $\alpha$  is not described yet.

This study was designed to evaluate, *in vitro and in vivo*, the role of Kavain on key immunological mediator molecules associated with inflammation, oxidative stress and lipid accumulation in adipocytes infected with *P.gingivalis* and the mechanisms involved with the ultimate goal of reducing the periodontal disease and its social and financial costs. Furthermore, in the present study, we examined whether the Kavain-mediated attenuation of inflammatory adipokines after *P.gingivalis* infection is PGC-1 $\alpha$ -dependent.

## MATERIALS AND METHODS

### Bacterial culture

Bacterial strain *P.gingivalis* ATCC 33277 (American Type Culture Collection (ATCC), Manassas, VA, USA) was cultured and maintained on enriched tryptic soy agar plates containing a mixture of defibrinated sheep blood, 5 mg/ml hemin, and 1 mg/ml menadione at 37°C under anaerobic conditions. Bacterial colonies were then transferred into brain heart infusion medium (Becton, Dickinson and Company, Sparks, MD) supplemented with the same materials. On the day of infection, bacteria were centrifuged, washed with phosphate-buffered saline (PBS) and the number of bacteria was determined by measuring the optical density at 600 nm as previously described (26).

### 3T3L1 derived adipocyte cells culture

3T3-L1 mouse preadipocytes were obtained from ATCC. The culture medium Dulbecco's modified Eagle's medium (Pan Biotech) contained 4.5 g/L glucose, 10% heat inactivated fetal bovine serum (Pan Biotech), 5mM-glutamin (Pan Biotech). The cells were cultured in a humidified 5% CO<sub>2</sub> atmosphere at 37°C. For cell differentiation assay, preadipocytes were plated in 6-well plates at a density of 125×10<sup>3</sup> cells/well and allowed to grow until confluence. One day after confluence (day 0), preadipocytes were exposed to the culture medium supplemented with insulin (1 mg/mL, Sigma-Aldrich), isobutyl-1-methylxanthine (500 mM, Sigma-Aldrich) and dexamethasone (0.25 mM, Sigma-Aldrich) until day 2. Then, insulin-containing medium was replaced every two days (23, 24). Adipocytes were infected with *P.gingivalis* at a multiplicity of infection (MOI) of 25. Cells were collected at day 8 for analysis.

### Primary adipocyte isolation and preparation for experiments

Mice adipose tissue were surgically removed and placed in sterile box. Isolation of primary adipocytes was performed according to Abcam Preadipocyte Isolation kit (ab196988). Adipose tissue was minced with dissecting scissors in a sterile vessel for at least 5 minutes and placed into 1 mL of collagenase/0.5 g of tissue and incubated in a heated orbital shaker at 37°C for 30 minutes at 160 rpm and then transferred to fresh preadipocyte medium (DMEM/F12, 10% FBS, P/S, amphotericin B). Preadipocytes were kept for differentiation using a 3T3-L1 differentiation media. Cells were exposed to *P.gingivalis* as described above and cells were collected at day 8 for analysis.

### Kavain treatment

*P.gingivalis* infected cells were treated on the day of infection with Kavain (Millipore-Sigma) (25 to 150 ug/ml). Cells were collected at day 8 for analysis.

### Generation of lentiviral vector-mediated PGC-1 $\alpha$ deficient 3T3-L1 derived adipocytes

SMART vector lentiviral shRNA-PPARGC1A or scrambled RNA (Dharmacon, Lafayette, CO) was applied to 3T3-L1 cells to establish a stably transduced cell line. Briefly,  $1 \times 10^6$  cells were seeded in 6-well plates 1 day prior to transduction. On the day of transduction, the transduction medium was made by  $1 \times 10^6$  transducing units (TU) of lentiviral particles with 0.5ml  $\alpha$ -MEM growth medium, applied to each well and incubated for 3h to maximize the contact between each cell and lentiviral particles. Cells were also treated with the transduction medium without lentiviral particles which served as un-transduced control. Growth Medium (1.5 ml) was then added to each well in the presence of 8  $\mu$ g/ml polybrene (final concentration). After 48 h incubation, antibiotic selection medium ( $\alpha$ -MEM growth medium with 10  $\mu$ g/ml puromycin) was used to kill all the un-transduced cells. Cells were then cultured and maintained as outlined above (24, 27).

### Analysis of intracellular ROS level

Intracellular ROS levels were measured by staining with 2',7'-dichlorofluorescein diacetate (DCFH-DA; Sigma-Aldrich), which is a cell permeable, no fluorescent agent that can be deacetylated by intracellular esterases to form non-fluorescent DCFH. In the presence of ROS, DCFH is highly fluorescent DCF. At day 8 following infection, cells were incubated with 25  $\mu$ M DCFH-DA for 30 min at 37°C and fluorescence was observed at 200 $\times$  magnification via fluorescence microscopy (28).

### Real-time qPCR

Total RNA was extracted from 3T3-L1 cells after 8 days of differentiation and exposure to *P.gingivalis* with TRIzol® (Ambion, Austin, TX). A Biotek™ plate reader and the Take3™ plate (Biotek Winooski, VT) were used to determine RNA at an absorbance of 260nm (A260). RNA measurements were subsequently evaluated by the A260/A280 ratio. A High Capacity cDNA Reverse Transcription Kit (Applied Bio Systems) was used to synthesize cDNA from total RNA (Applied Bio Systems). TaqMan® Fast Universal Master Mix (2x) on a 7500 HT Fast Real-Time PCR System (Applied Bio Systems) was used to perform real-time PCR. Specific TaqMan® Gene Expression Assay probes for mouse CEBPa, FAS, PPRY, TLR2, TLR4, TNF $\alpha$ , CCL2, CCN3/NOV, MYD44, NRLP3, NFkB, iNOS, PGC-1 $\alpha$ , HO-1, MnSOD, IL-6, adiponectin, NRLP2, NOD2 and GAPDH were used as previously described (25)(27, 29, 30).

### Oil red O staining

Staining was performed using 0.21% Oil Red O in 100 % isopropanol (Sigma-Aldrich). Briefly, cells were fixed in 10 % formaldehyde for an hour, stained with Oil Red O for 10 minutes and rinsed with 60 % isopropanol (Sigma-Aldrich). The Oil Red O was then eluted by adding 100 % isopropanol for 10 minutes and the absorbance (OD) was measured at 490 nm. Lipid droplet accumulation was examined by using inverted multichannel (24).

### Immunocytochemistry

Cells were fixed with 4% paraformaldehyde at room temperature for 10 min and washed 3 times with phosphate-buffered saline (PBS). Samples were blocked and permeabilized in PBS containing 1% BSA and 0.5% Triton X-100 (Sigma-Aldrich) for 30 min at room temperature and incubated with the primary antibody diluted in PBS containing 1% bovine serum albumin (BSA) and 0.1% Triton X-100 overnight at 4°C in a moist chamber. Slides were washed 3 times with PBS, incubated with the secondary antibody diluted in PBS containing 1% BSA and 0.1% Triton X-100 at room temperature for 1h, and washed with PBS for three times (31).

### Western blot analysis

For Western blot, primary adipocyte cells were first lysed in RIPA buffer supplemented with protease and phosphatase inhibitors (Complete™ Mini and PhosSTOP™, Roche Diagnostics, Indianapolis, IA) and total protein content was analyzed by the Bradford method (BIO-RAD, Hercules, CA). Immunoblotting was performed for selected Anti-phospho-Insulin Receptor (IRp-Tyr972 Cat no. I1783 Sigma), total IR (Cat no. ab95231 abcam), pAKT (S473) (Cat no. 9271 cell signaling) and total AKT (Cat no. 9272 cell signaling) proteins as previously described (23, 25, 27, 48).

### Animal model

All animal experiments followed an NYMC IACUC institutionally approved protocol in accordance with the NIH Guidelines. DIO-B6 mice from Taconic Biosciences, Inc. were used in this study. Mice were divided into 3 groups: [1] WT (untreated control), [2] PG (infected with *P.gingivalis*), [3] PG+Kavain (infected with *P.gingivalis* and treated with Kavain). A total of  $5.10^8$  CFU's of live *P.gingivalis* suspended in 100 µl of PBS was injected intraperitoneally 3 times a week for 1 week. Kavain was given at the same time at the dose of 40mg/kg. Mice were anesthetized with sodium pentobarbital (65 mg/Kg, i.p.) and, at the time of sacrifice, adipose tissue was collected. Adipose tissue was surgically removed and placed in sterile box. Isolation of primary adipocytes was performed according to Abcam Preadipocyte Isolation kit (ab196988).

### Statistical analysis

Statistical significance between experimental groups was determined by Student's t-test for pairwise comparison between groups or by ANOVA with Tukey-Kramer post-hoc analysis for comparison between multiple groups. The data are presented as means ± SEM and the null hypothesis was rejected at  $p < 0.05$ .

## RESULTS

### Kavain counteracted increase of mRNA inflammatory gene expression induced by *P.gingivalis* in 3T3L1 derived adipocyte cells and primary adipocytes

To evaluate the anti-inflammatory properties of Kavain on pro-inflammatory cytokines, RT-qPCR was performed to examine mRNA expression levels of inflammatory cytokines. As expected, *P.gingivalis* infection increased significantly TNF-α expression in 3T3L1-derived

adipocyte cells (Figure 1A). Treatment with Kavain reduced such increase for each dose tested (25 to 150 µg/ml), reaching a plateau at 50 µg/ml (Figure 1A). Accordingly, the dose of 50 µg/ml was then selected for further experiments.

*P.gingivalis* also increased significantly mRNA expression levels of NFκB, IL-6, CCL2 and CCN3/NOV (nephroblastoma overexpressed) compared to control ( $p<0.05$ ) (Figure 1A–E). Treatment with Kavain prevented the induced inflammatory effects ( $p<0.05$ ) and reduced the expression of all markers (Figure 1A–E). Such results were also confirmed in *P.gingivalis*-infected primary adipocytes harvested from mice and treated with Kavain (Figure 2).

### **Kavain reduced the expression of adipogenic markers, oil droplet formation and insulin resistance induced by *P. gingivalis***

*P.gingivalis* enhanced ( $p<0.05$ ) mRNA expression of adipogenic genes encoding CEBPα, FAS and PPARγ in 3T3L1-derived adipocyte cells. Kavain reduced the effects induced by the infection ( $p<0.05$ ) (Figure 3A–C). Oil Red O staining demonstrated the increase of lipid droplet formation after exposure with *P. gingivalis* and treatment with Kavain significantly ( $p<0.05$ ) prevented the lipid droplet formation after 8 days of differentiation (Figure 3D–H).

It has been established that insulin receptor phosphorylation at tyrosine 972 activates and phosphorylates AKT at serine 473 thereby regulating metabolism and insulin-dependent gene expression. Interestingly, in isolated primary adipocytes, infection with *P.gingivalis* significantly decreased phosphorylation of both IRp972 and pAKT levels ( $p<0.05$ ), markers of insulin resistance. Kavain treatment was effective to overcome this effect and significantly ( $p<0.05$ ) induced expression of IRp972 and pAKT proteins (Figure 2F and 2G).

### **Kavain reduced TLRs and NOD receptors mRNA expression in 3T3L1 derived adipocyte cells**

TLRs are well-described membrane receptors for pathogens. In adipocytes, *P.gingivalis* significantly increased mRNA expression of TLR2, TLR4 and adapter Myeloid differentiation primary response 88 (MyD88) ( $p<0.05$ ) (Figure 1G–I). TLR activation was also associated with an increase of mRNA expression encoding for inflammasome platforms NOD2 and NLRP3 (Figure 1J–K). Interestingly, Kavain reduced TLR2 and -4 expressions as well as NOD2 and NLRP3 ( $p<0.05$ ) (Figure 1G–K) in infected cells highlighting the ability of such compounds to reduce *P.gingivalis*-induced innate immune response.

### **Anti-oxidative properties of Kavain in 3T3L1 derived adipocyte cells**

Oxidative stress is a key component of obesity-associated tissue inflammation. *P.gingivalis* increased iNOS mRNA expression resulting in increased intracellular ROS production (2.5 fold vs untreated cells;  $p<0.05$ ) (Figure 4A–B). Kavain treatment reduced iNOS expression in infected cells but also displayed anti-oxidative properties by inducing a significant decrease in ROS production ( $p<0.05$ ) (Figure 4A–B), confirming the beneficial effect of these compounds.

### Kavain increased expression of PGC-1 $\alpha$ , MnSOD, HO-1 and adiponectin

In *3T3L1*- derived adipocyte cells, *P.gingivalis* reduced significantly mRNA expression of PGC-1 $\alpha$ , MnSOD, adiponectin and HO-1, all involved in anti-inflammatory response (Figure 5). Interestingly, Kavain counteracted effects associated with the infection and increased significantly PGC-1 $\alpha$  expression ( $p<0.05$ ) (6-fold for Kavain) (Figure 5B). Same beneficial effects of Kavain were also observed for MnSOD, HO-1 and adiponectin mRNA expression ( $p<0.05$ ) (Figure 5C–E). Furthermore, the increase in adiponectin level was confirmed by immunofluorescence (Figure 6). Same results were observed in primary adipocytes harvested from mouse adipose tissue (Figure 2).

### PGC-1 $\alpha$ knockdown prevented Kavain mediated anti-oxidative and anti-inflammatory properties

To evaluate the impact of PGC-1 $\alpha$  in oxidative stress and inflammatory response in 3T3L1-derived adipocyte cells, MnSOD, HO-1 and TNF- $\alpha$  mRNA levels were measured in cells in which PGC-1 $\alpha$  was knockdown (Figure 5). The knockdown of PGC-1 $\alpha$  decreased MnSOD and HO-1 mRNA, and increased TNF- $\alpha$  ( $p<0.05$ ). Interestingly, in PGC-1 $\alpha$ -inhibited adipocytes, Kavain did not rescue MnSOD, HO-1 mRNA expression levels but also did not reduce TNF- $\alpha$  expression (Figure 5). These results demonstrated that PGC-1 $\alpha$ -related pathways are key elements in anti-inflammatory effects displayed by Kavain.

### Kavain treatment reduced inflammation induced by *P.gingivalis* injection in mouse

To assess the inflammatory effect induced by systemic injection of *P.gingivalis* on adipocytes, intraperitoneal injection was performed. Isolated primary adipocytes from infected mice exhibited an increased expression of inflammatory markers such as TNF- $\alpha$ , IL-6, NOV and NF $\kappa$ B while PGC-1 $\alpha$  expression was decreased (Figure 7). As observed *in vitro*, treatment with Kavain decreased significantly inflammatory response and restored PGC-1 $\alpha$  expression.

## DISCUSSION

In this study, the pro-inflammatory and pro-oxidative role of *P.gingivalis* on adipocytes were studied in an attempt to determine more precisely the relationship between periodontitis and obesity. Moreover, the anti-inflammatory properties of Kavain counteracted such effects and appeared to improve adipogenesis by the disruption of cytokine production and an increase of mitochondrial genes, PGC-1 $\alpha$  and adiponectin levels. This is the first study to demonstrate a direct effect of *P.gingivalis* infection on adipocyte inflammation *in vivo* and that Kavain targets PGC-1 $\alpha$  signaling cascade. Furthermore, this process was also related to an increase of antioxidant genes MnSOD and HO-1 expression and inhibition of the progression towards terminal adipocyte differentiation as evidenced by the increase of adiponectin level. These novel findings highlighting Kavain-mediated PGC-1 $\alpha$ -adiponectin interplay suggest a prominent role for the modulation of adipocyte maturation in the decrease of *P.gingivalis* induced inflammation in adipocytes and in adipose tissues.

The role of infection, mainly associated with bacterial byproducts such as LPS manifested in sustained low chronic inflammation, is considered an important factor in the development of

obesity (32). For instance, specific profiles of gut microbiota are associated with increased obesity-related clinical parameters due to activation of specific molecular pathways resulting in a dysregulated inflammatory response (33). Due to a reported relationship between periodontitis and obesity, several studies focused on *P.gingivalis* due to its frequent occurrence in obese patients (34). *P.gingivalis*, as well as other pathogens from periodontal biofilms, is able to bypass the epithelial barrier of the periodontal pocket, to spread within connective tissues, to disseminate through blood flow and to overcome the innate immune response allowing its persistence within cells contributing to low-chronic inflammation at a distance from the source of infection (35). We show here that *P.gingivalis* infection was able to change the inflammatory phenotype of adipocytes characterized by increased TNF- $\alpha$  and IL-6 levels through modulation of NF $\kappa$ B. This is, to our knowledge, the first demonstration of a direct effect induced by such bacteria *in vivo*. Such inflammatory response has already been observed in adipocytes stimulated with *P.gingivalis* LPS (12) (14) and in other cellular models such as macrophages, epithelial cells and fibroblasts (26, 36). The secretion of TNF- $\alpha$  and IL-6 is of importance in the context of obesity as TNF- $\alpha$  is considered an important paracrine factor contributing to adipocyte insulin resistance through modulation of the NF $\kappa$ B and JNK signaling pathway, and IL-6 is an important determinant of increased obesity-associated cardiovascular risk through CRP induction and endothelial cell activation resulting in increased expression of endothelial adhesion molecules and therefore vascular inflammation (37).

We reported that *P.gingivalis* induced upregulation of adipogenic markers including FAS, CEBP $\alpha$  and PPAR- $\gamma$ , resulting in increased inflammation and oxidative stress in adipocytes. Adipokines are key molecules of adipose tissue homeostasis and their secretion is regulated by infection-related parameters (38). Bacterial infection can modulate their physiology and alter their function as observed for *Mycobacterium tuberculosis* (11). The decreased level of PGC-1 $\alpha$  in response to *P.gingivalis* infection may be a bacterial mechanism to subvert the innate immune response as we observed that the inhibition of PGC-1 $\alpha$  increased significantly TNF- $\alpha$ .

Several pharmacological strategies aimed to reduce low-chronic inflammation exist that are associated with obesity. Here, Kavain effects were evaluated with promising results in counteracting the deleterious effects of *P.gingivalis* infection. This compound reversed adipogenesis and oil droplet formation and decreased proinflammatory cytokine levels, specifically TNF- $\alpha$ , and oxidative stress associated with ROS formation. These anti-inflammatory properties are already well established in different cell types including primary macrophages where their use was associated with a decrease of LPS-mediated TNF- $\alpha$  release (16)(17, 18). Regarding the reduction of oxidative stress, Kavain induced MnSOD and HO-1 expression, both primary defense mechanisms to counter the adverse effects of oxidative stress. Due to involvement of MnSOD on ROS level in obesity, several therapeutics have already been proposed to restore or enhance SOD activity (39)(40). Then, we can argue that Kavain offers potential as therapeutic approaches to reduce ROS levels in the treatment of obesity and obesity-related disease. Nevertheless, it also improved phosphorylation of IRp972 a marker of insulin sensitivity (23, 25, 27, 48). Such effect should be investigated in the future to determine which pathways are involved. In this aspect, a specific focus should be done specifically on PPAR- $\gamma$  and Akt as these molecules have



been described to modulate localization and activity of glucose transporters (GLUT 1 and 3) (42) and as Akt is an already described target for Kavain (43).

We report for the first time that *P.gingivalis* induces CCN3/NOV, which is reversed by Kavain. Ablation of NOV decreased fat mass, improved glucose tolerance, insulin sensitivity, and decreased proinflammatory cytokines and chemokines in adipose tissues of obese mice (25, 44). Elevated NOV is associated with increased obesity, plasma triglycerides and CRP (45). It has also recently been associated with obstructive sleep apnea (46), a clinical syndrome that is strongly associated with obesity, insulin resistance and cardio-metabolic disease.

Prominently, we found that *P.gingivalis* reduces PGC-1 $\alpha$ , MnSOD, HO-1 and adiponectin expression but increased TNF- $\alpha$  generation in adipocyte cells, which is reversed by Kavain. We postulated that Kavain mediated these beneficial effects via increase of PGC-1 $\alpha$  signaling pathway. One key finding corroborates this conclusion. When PGC-1 $\alpha$  was inhibited, treatment with Kavain induced reduced effects emphasizing that PGC-1 $\alpha$ - related pathways mediated anti-inflammatory and antioxidant effects of Kavain. Recent studies reported that the decrease in PGC-1 $\alpha$  levels increased adipocyte hypertrophy contributing to increased levels of adiposity, inflammation and generation of ROS which is also associated with development of metabolic syndrome (25, 29). PGC-1 $\alpha$  induction improves inflammation and ROS via induction of HO-1 (47) and improves adipocyte functions and dynamics (20)(33). This is key to the development of new approaches with the treatment of obesity, diabetes, metabolic syndrome and other obesity- related diseases. Furthermore, the PGC-1 $\alpha$ -adiponectin-HO1 module increases MnSOD, which is a critical component to attenuate superoxide induced damage. PGC-1 $\alpha$ -mediated increase of HO-1 and Mn-SOD was efficiently reduced in PGC-1 $\alpha$ -deficient mice corroborating that HO-1 and Mn-SOD levels are impaired in PGC-1 $\alpha$  deficient 3T3-L1-derived adipocytes. Lack of PGC-1 $\alpha$  and HO-1-Mn-SOD contributed to the increase of mitochondrial-derived superoxide formation and ROS (24, 48). As depicted in Figure 8, exposure of *P. gingivalis* increased adipogenic FAS, CEBP $\alpha$  and PPAR- $\gamma$  expression and decreased expression of PGC- $\alpha$ , HO-1, MnSOD and adiponectin secretion contributing to adipocytes dysfunction. The Kavain-mediated stimulation of PGC-1 $\alpha$  signaling induced reduction of ROS and pro-inflammatory molecules TNF- $\alpha$ , NF-kB and iNOS induction. The findings that Kavain activates PGC-1 $\alpha$  and inhibits TNF- $\alpha$  levels that control adipocytes function emphasized these molecules as potential novel pharmacologic targets to attenuate and perhaps reverse adipocyte remodeling induced by *P.gingivalis*. Hence, Kavain offers a multifactorial clinical approach to the treatment of adiposity and concomitant metabolic disorders (Figure 8).

This study confirmed the detrimental role of *P.gingivalis* on adipocyte homeostasis through increased levels of inflammation (TNF- $\alpha$ ) and oxidative stress as a result of decreased levels of PGC-1 $\alpha$  and adiponectin. Interestingly, anti-inflammatory and anti-oxidative effects of Kavain are partially dependent of the activation of PGC-1 $\alpha$ . Future studies should be expanded to evaluate *in vivo* the impact of such drug on obesity-related inflammation as it will result in improved health for the patient. Fewer physician and dentist visits manifested as major savings in healthcare costs.

## Acknowledgments

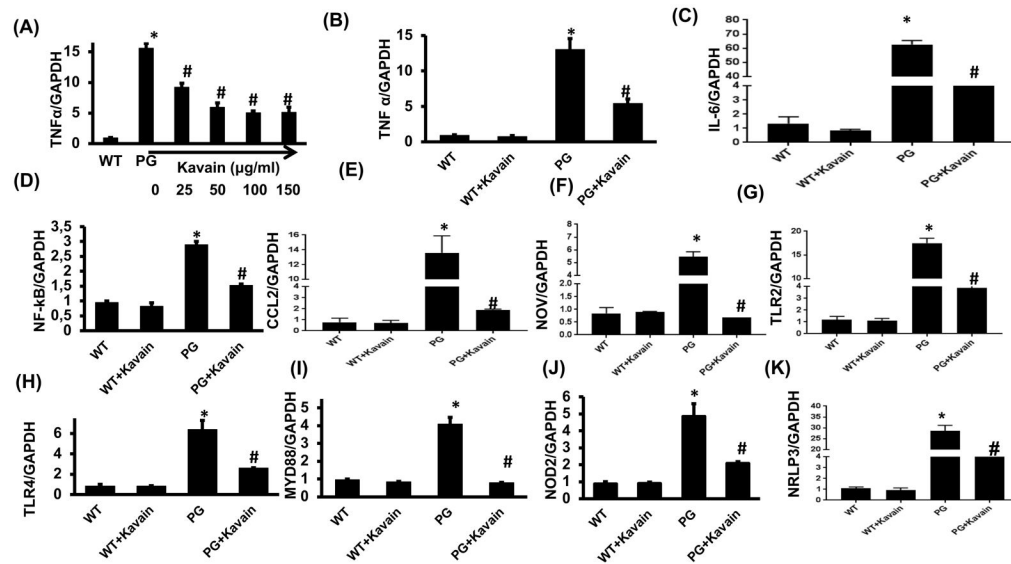
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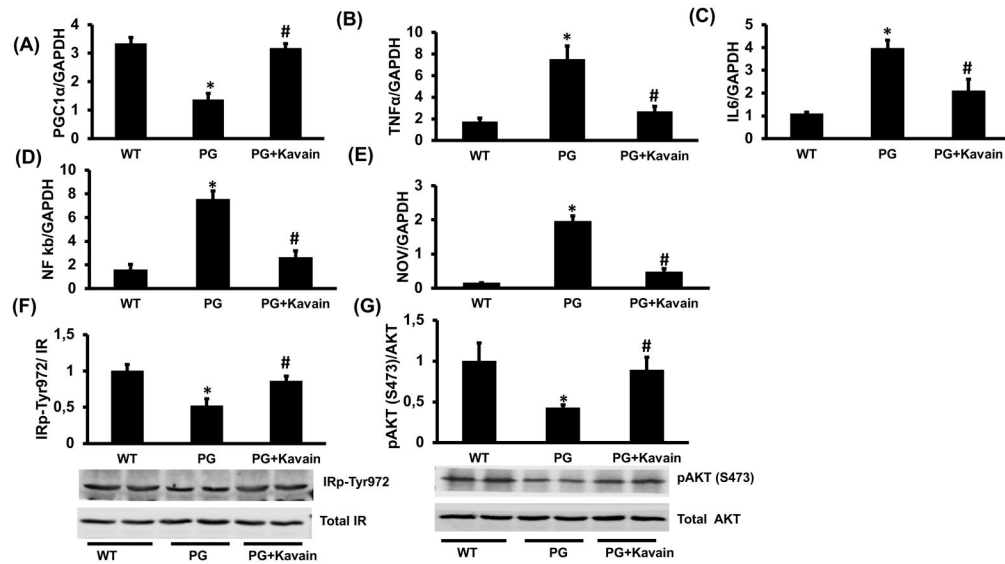
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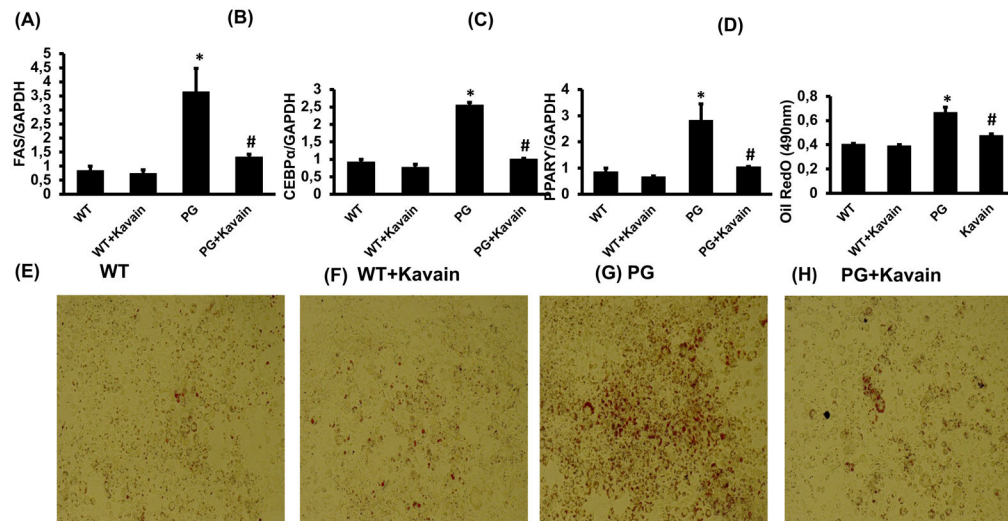
**Figure 1.**

Effect of Kavain treatment on 3T3-L1 derived adipocytes cells with and without exposure to *P.gingivalis*. RT-PCR analysis demonstrated mRNA expression of proinflammatory markers. (A) TNF-α expression in response to *P.gingivalis* infection and dose-response to Kavain (0–150 µg/ml) (B) TNF α, (C) IL-6, (D) NF-κβ, (E) CCL2, (F) CCN3/NOV, (G) TLR2, (H) TLR4, (I) Myd 88, (J)NOD2 and (K) NRLP3 in WT-control, WT+Kavain, *P.gingivalis* exposed adipocytes and *P.gingivalis* + Kavain exposed cells. Results are mean±SE, n=3–4, \* $p < 0.05$  vs. WT, # $p < 0.05$  vs. *P.gingivalis*.



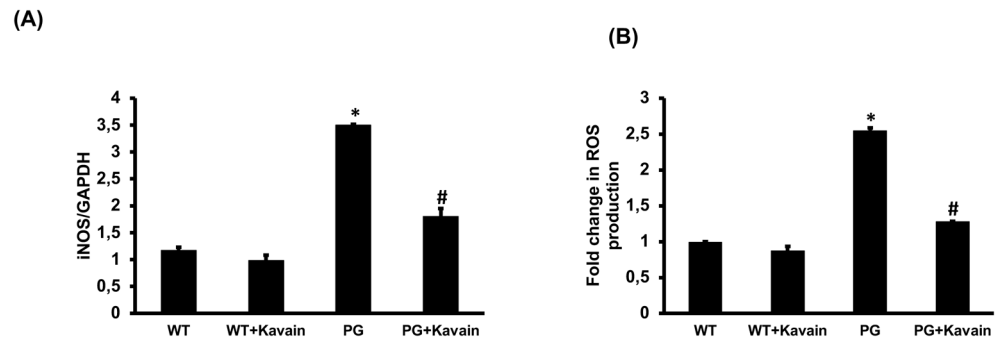
**Figure 2.**

Effect of Kavain treatment on PGC-1 $\alpha$  and inflammatory markers in primary adipocytes after *P.gingivalis* exposure. RT-PCR investigation showed mRNA expression of (A) PGC-1 $\alpha$ , (B) TNF- $\alpha$ , (C) IL-6, (D) NF- $\kappa$ B, (E) NOV. Representative western blots, densitometry analysis of (F) pIR972 and (G) pAKT in *P.gingivalis* exposed adipocytes and *P.gingivalis* + Kavain exposed adipocyte cells. Results are mean $\pm$ SE, n=3-4, \* $p$ <0.05 vs. WT, # $p$ < 0.05 vs. *P.gingivalis*.



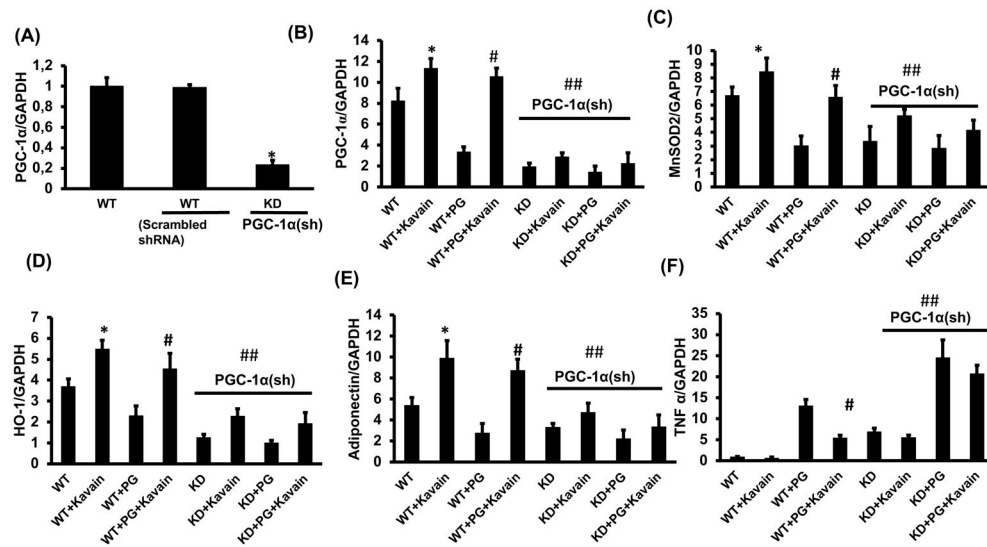
**Figure 3.**

Effect of Kavain treatment on 3T3-L1 derived adipocytes cells with and without exposure of *P. gingivalis*. mRNA expression of adipogenic markers (A) FAS, (B) CEBP $\alpha$ , (C) PPAR- $\gamma$ , (D) Oil Red O absorbance measured at 490nm and lipid droplets formation (E, F, G&H) pictures presented lipid accumulation after Oil Red O staining in WT-control, WT+Kavain, *P.gingivalis* exposed adipocytes and *P.gingivalis* + Kavain exposed cells. Results are mean  $\pm$ SE, n=3-4, \* $p$ <0.05 vs. WT, # $p$ < 0.05 vs. *P.gingivalis*.



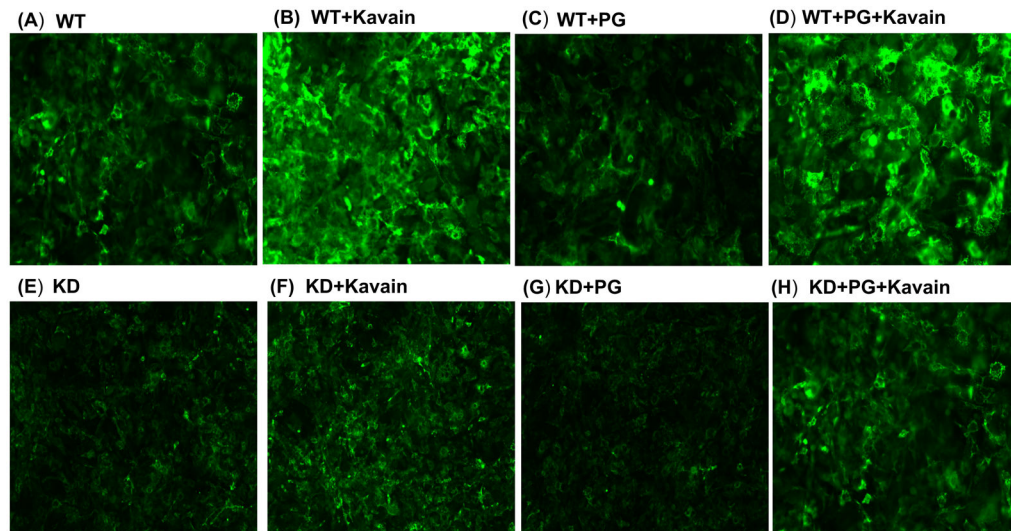
**Figure 4.** Effect of Kavain treatment on 3T3-L1 derived adipocytes cells with and without exposure of *P. gingivalis*. RT-PCR analysis revealed mRNA expression of (A) iNOS, (B) ROS production measured by staining with 2',7'-dichlorofluorescein diacetate; DCFH-DA, in WT-control, WT+Kavain, *P.gingivalis* exposed adipocytes and *P.gingivalis* + Kavain exposed cells. Results are mean±SE, n=3-4, \* $p < 0.05$  vs. WT, # $p < 0.05$  vs. *P.gingivalis*.





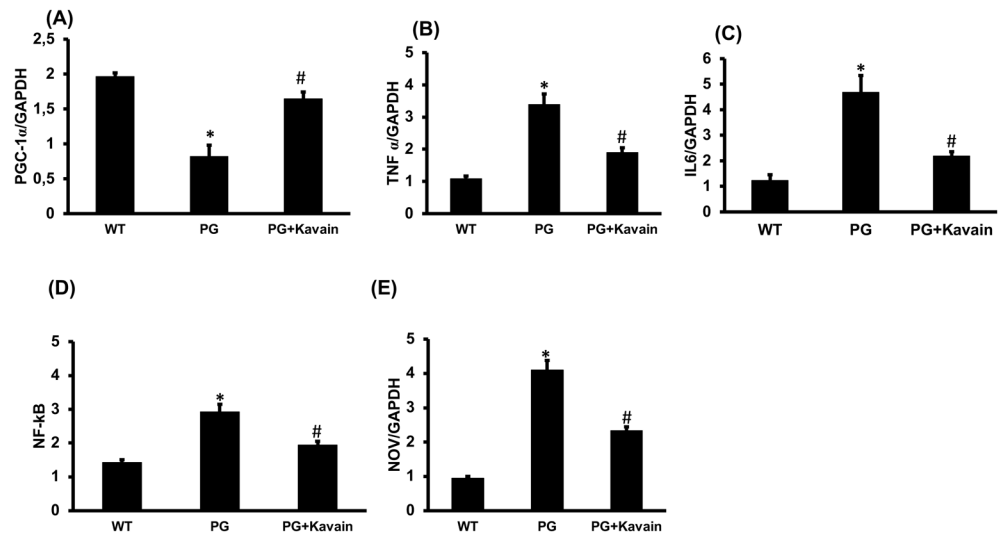
**Figure 5.**

Effect of Kavain treatment on WT and PGC-1α deficient 3T3-L1 derived adipocyte cells, with and without exposure of *P. gingivalis*. RT-PCR assay showed mRNA expression of (A) PGC-1α in WT, Scrambled and PGC-1α deficient cells, (B) PGC-1α, (C) MnSOD2, (D) HO-1, (E) adiponectin and (F) TNF α, in WT, WT+Kavain, WT+ *P.gingivalis*, WT+ *P.gingivalis* +Kavain, PGC-1α KD, PGC-1α KD+Kavain, PGC-1α KD+ *P.gingivalis*, and PGC-1α KD+ *P.gingivalis*+ Kavain treated adipocyte cells. Results are mean ± SE, n=3–4, \* $p < 0.05$  vs. WT, # $p < 0.05$  vs. WT+ *P.gingivalis* and ## vs WT or WT+ *P.gingivalis*.

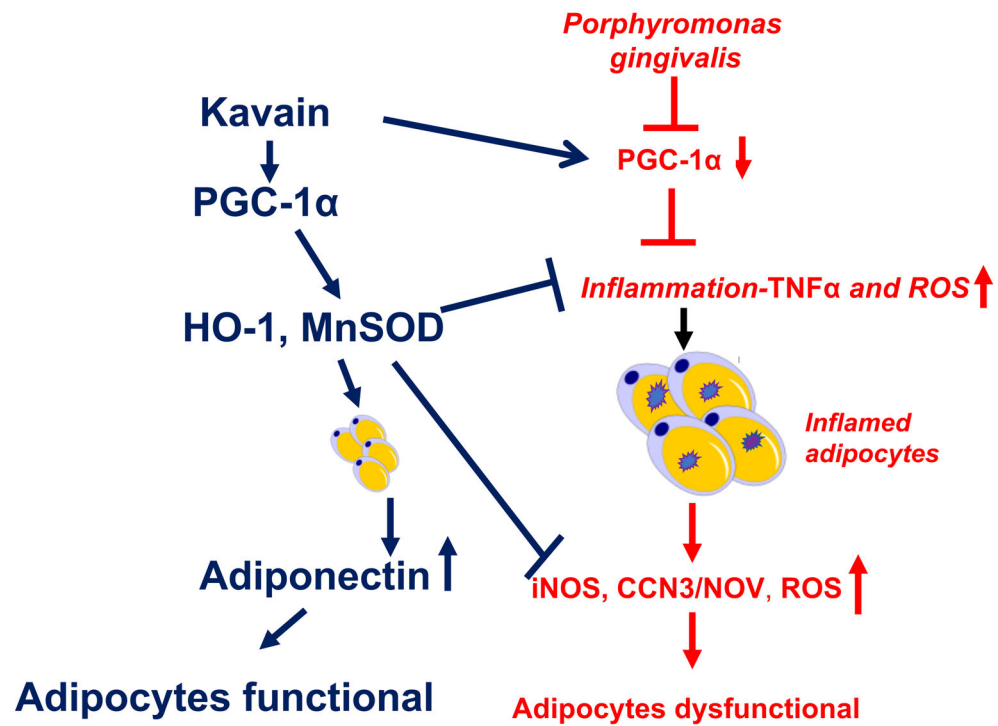


**Figure 6.**

Effect of Kavain treatment on WT and PGC-1 $\alpha$  deficient 3T3-L1 derived adipocytes with and without exposure of *P.gingivalis*. Adiponectin is a protein produced by adipocytes and acts as a hormone. It has an important role in modulating glucose and lipid metabolism in insulin sensitive tissues. Immunofluorescence was performed to detect the presence of adiponectin (A) WT, (B) WT+Kavain, (C) WT+ *P.gingivalis*, (D) WT+ *P.gingivalis* +Kavain, (E) PGC-1 $\alpha$  KD, (F) PGC-1 $\alpha$  KD+Kavain, (G) PGC-1 $\alpha$  KD+ *P.gingivalis*, (H) PGC-1 $\alpha$  KD + *P.gingivalis*+Kavain.



**Figure 7.** Effect of Kavain treatment on PGC-1 $\alpha$  and inflammatory markers on primary adipocytes isolated from adipose tissue of mice after intraperitoneal injection of *P.gingivalis*. RT-PCR investigation showed mRNA expression of (A) PGC-1 $\alpha$ , (B) TNF- $\alpha$ , (C) IL-6, (D) NF- $\kappa$ B, (E) NOV, in WT-control, *P.gingivalis* and *P.gingivalis* + Kavain exposed mice. Results are mean $\pm$ SE, n=3-4, \* $p$ <0.05 vs. WT, # $p$ < 0.05 vs. *P.gingivalis*.

**Figure 8.**

Schematic description of the Kavain mediated PGC-1 $\alpha$ -adiponectin-HO-1-MnSOD in adipocyte infected with *P.gingivalis*. *P. gingivalis* induces adipocytes expansion and remodeling evidenced by an increase in adipocyte hyperplasia and hypertrophy leading to pro-inflammatory molecules TNF- $\alpha$ , NF $\kappa$ B and iNOS pathway induction, which are associated with a decrease of PGC-1 $\alpha$  and adiponectin. On the other hand, Kavain-mediated stimulation of PGC-1 $\alpha$  signaling increases HO-1-adiponectin that is associated with the reduction of ROS and pro-inflammatory molecules TNF- $\alpha$ , NF $\kappa$ B and iNOS and normalization of adipocyte function.