

PDE4 and mAKAP β are nodal organizers of β_2 -ARs nuclear PKA signalling in cardiac myocytes

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Aims

β_1 - and β_2 -adrenergic receptors (β -ARs) produce different acute contractile effects on the heart partly because they impact on different cytosolic pools of cAMP-dependent protein kinase (PKA). They also exert different effects on gene expression but the underlying mechanisms remain unknown. The aim of this study was to understand the mechanisms by which β_1 - and β_2 -ARs regulate nuclear PKA activity in cardiomyocytes.

Methods and results

We used cytoplasmic and nuclear targeted biosensors to examine cAMP signals and PKA activity in adult rat ventricular myocytes upon selective β_1 - or β_2 -ARs stimulation. Both β_1 - and β_2 -AR stimulation increased cAMP and activated PKA in the cytoplasm. Although the two receptors also increased cAMP in the nucleus, only β_1 -ARs increased nuclear PKA activity and up-regulated the PKA target gene and pro-apoptotic factor, inducible cAMP early repressor (ICER). Inhibition of phosphodiesterase (PDE)4, but not G_i , PDE3, GRK2 nor caveolae disruption disclosed nuclear PKA activation and ICER induction by β_2 -ARs. Both nuclear and cytoplasmic PKI prevented nuclear PKA activation and ICER induction by β_1 -ARs, indicating that PKA activation outside the nucleus is required for subsequent nuclear PKA activation and ICER mRNA expression. Cytoplasmic PKI also blocked ICER induction by β_2 -AR stimulation (with concomitant PDE4 inhibition). However, in this case nuclear PKI decreased ICER up-regulation by only 30%, indicating that other mechanisms are involved. Down-regulation of mAKAP β partially inhibited nuclear PKA activation upon β_1 -AR stimulation, and drastically decreased nuclear PKA activation upon β_2 -AR stimulation in the presence of PDE4 inhibition.

Conclusions

β_1 - and β_2 -ARs differentially regulate nuclear PKA activity and ICER expression in cardiomyocytes. PDE4 insulates a mAKAP β -targeted PKA pool at the nuclear envelope that prevents nuclear PKA activation upon β_2 -AR stimulation.

Keywords

Adrenergic receptors • cAMP-dependent protein kinase • Compartmentation • Nucleus

1. Introduction

Acute stimulation of β -adrenergic receptors (β -ARs) is essential for the adaptation of cardiac performance to physiological needs, but persistent activation exerts deleterious effects that ultimately result in heart failure (HF). The normal heart mainly expresses β_1 - and β_2 -AR subtypes, and although both couple to the G_s /cAMP/protein kinase (PKA) cascade, their functional effects differ markedly. β_1 - but not β_2 -ARs elicit strong inotropic and lusitropic responses associated with concerted phosphorylation of excitation–contraction

coupling (ECC) proteins,¹ induce HF upon moderate expression,^{2,3} and promote cardiomyocyte apoptosis.⁴

These diverse effects are explained by a functional compartmentation model which integrates alternative coupling of β_2 -ARs to G_i ,^{4,5} distinct location of receptors in specialized microdomains of the plasma membrane,^{6–10} differential coupling of β_1 - and β_2 -ARs to adenylyl cyclases Types V and VI,¹¹ and differential regulation by cyclic-nucleotide phosphodiesterases (PDEs) Types 3 and 4.¹² Additional differences between β_1 - and β_2 -ARs include receptor desensitization, with β_2 -ARs being more rapidly internalized than β_1 -ARs.¹³

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Another critical organizer of β -AR signalling integration is constituted by A-kinase anchoring proteins (AKAPs). In cardiomyocytes, AKAPs target PKA to the plasma membrane, the sarcoplasmic reticulum and the myofilaments for local regulation of major ECC proteins.¹⁴ AKAPs also target PKA to other intracellular organelles such as the nucleus to regulate gene expression.^{14,15} In cardiomyocytes, the scaffold protein muscle AKAP β (mAKAP β) organizes a complete cAMP signalling module including PKA and PDE4D3 at the nuclear envelope. Because PDE4D3 is phosphorylated and activated by PKA¹⁶ this constitutes a negative feedback loop modulating local cAMP level and PKA activity.¹⁷ Several subsequent studies showed that mAKAP β assemble a much larger signalosome which major function is to modulate pathological hypertrophy.^{18–20} Upon β -AR stimulation and cAMP elevation, PKA activation also drives CREB-dependent transcriptional activation of inducible cAMP early repressor (ICER), a potent pro-apoptotic factor in cardiomyocytes.^{21,22} In addition, PKA regulates Class II histone deacetylases 4 and 5 in the nucleus.^{23–25} However, thus far the mechanisms that control the dynamics of nuclear PKA activity in cardiomyocytes remain poorly understood. We and others have used genetically-encoded PKA biosensors targeted to the cytoplasm and the nucleus to show temporal segregation of PKA responses in both compartments in neonatal and adult cardiomyocytes.^{26,27} Such organization provides a mechanism by which acute β -AR stimulation may regulate contractility independently of gene expression. Our previous results also identified PDE4 as an important upstream regulator of nuclear PKA activity upon β -AR stimulation. However, how cAMP/PKA signalling generated by β_1 - and β_2 -ARs are integrated in the nucleus of cardiomyocytes and whether this participates in functional differences observed upon stimulation of these receptors remains elusive. Here, we reveal that β_1 - and β_2 -ARs differentially regulate nuclear PKA activity and ICER expression in adult cardiomyocytes. We provide evidence that PDE4 prevents activation by β_2 -ARs of a mAKAP β -targeted PKA pool at the nuclear envelope which is required for PKA activation inside the nucleus and contributes to ICER induction.

2. Methods

An expanded methods section is provided in the Data [Supplementary material online](#).

2.1 Experimental animals

All procedures were performed in accordance with the European Community guiding principles in the Care and Use of Animals (2010/63/UE), the local Ethics Committee (CREEA Ile-de-France Sud) guidelines and the French decree no. 2013-118 on the protection of animals used for scientific purposes. Male Wistar rats were anaesthetized by intraperitoneal injection of pentobarbital (0.1 mg/g).

2.2 FRET-based cAMP and PKA measurements in adult rat ventricular myocytes

After transduction of freshly isolated adult rat ventricular myocytes (ARVMs) with the appropriate adenoviruses, cells were subjected to Förster resonance energy transfer (FRET) measurements as described in.²⁶

3. Results

3.1 β_1 - and β_2 -ARs differentially regulate nuclear PKA activity in adult cardiomyocytes

To analyse the dynamics of PKA activity in the bulk cytoplasm and in the nucleus, we used genetically encoded A-kinase activity reporters (AKAR3) targeted to these compartments by the addition of a nuclear export sequence (NES), and a nuclear localizing sequence (NLS), respectively.²⁸ As shown previously in²⁶ and in the pseudocolour images of [Figure 1](#), adenoviral transfer allowed robust and compartment-specific expression of these biosensors after 24 h in ARVMs.

To determine how β_1 - and β_2 -ARs regulate cytoplasmic and nuclear PKA activities in ARVMs, we selectively stimulated these two receptors using a combination of isoprenaline (Iso) and either the β_2 -AR antagonist ICI 118,551 (ICI, 10 nM) or the β_1 -AR antagonist CGP 20712 A (CGP, 100 nM), respectively. Stimulation of cytoplasmic PKA activity by β_1 - and β_2 -ARs were completely abolished by 100 nM CGP and 10 nM ICI, respectively, indicating that the chosen concentrations of ICI and CGP in combination with Iso were appropriate for selective stimulation of β -AR subtypes (see [Supplementary material online, Figure S1](#)). β_1 -AR stimulation led to a fast increase in cytoplasmic PKA activity and a robust, but slower increase in nuclear PKA activity ([Figure 1A and B](#)). In contrast, β_2 -AR stimulation increased cytoplasmic PKA activity but had negligible effects on nuclear PKA activity ([Figure 1C and D](#)). As shown in [Figure 1E](#), β_1 -AR stimulation increased PKA activity in a concentration-dependent manner in both compartments, whereas this occurred only in the cytoplasm with β_2 -AR stimulation ([Figure 1F](#)). In [Figure 1G](#), nuclear PKA activation was plotted as a function of cytoplasmic PKA activation for the two receptors. The steeper slope of the linear regression further illustrates that β_1 -ARs are more efficient than β_2 -ARs to increase nuclear PKA activity, even when cytoplasmic PKA is activated at the same level.

3.2 β_1 - and β_2 -ARs elevate cAMP in the nucleus

Because cAMP generated by β_2 -ARs was reported to be locally confined,²⁹ we hypothesized that cAMP may not reach the nucleus upon β_2 -AR stimulation, hence explaining the lack of PKA activation in this compartment. To test this hypothesis, we generated a nuclear-targeted version of the cytoplasmic cAMP sensor Epac-S^{H187} by addition of 3 NLS at the C-terminus (Epac-S^{H187}-3NLS).³⁰ Adenoviral vectors allowed robust and compartment-specific expression of Epac-S^{H187} and Epac-S^{H187}-3NLS in ARVMs at 24 h (see [Supplementary material online, Figure S2A](#)). As shown by the individual traces in [Figure 2A–D](#) and summarized in [Figure 2E and F](#), stimulation of both β_1 - and β_2 -ARs increased cAMP in a concentration-dependent manner in the two compartments. Regardless of the receptor type or the Iso concentration employed, the FRET responses recorded in the nucleus were systematically higher than in the cytoplasm. This difference apparently reflected a greater sensitivity of the 3NLS version of the sensor to cAMP and not higher cAMP levels in the nucleus. When the changes in FRET induced by Iso in the cytoplasm were determined for both sensors following expression for 48 h, a condition for which the Epac-S^{H187}-3NLS sensor became expressed not only in the nucleus, but also in the cytoplasm (see [Supplementary material online, Figure S2B](#)), the cytoplasmic response of the mislocalized Epac-S^{H187}-3NLS sensor to Iso was higher than that measured with Epac-S^{H187} (see [Supplementary material online, Figure S2C](#)). Regardless of the difference in sensitivity of the Epac-S^{H187} and Epac-S^{H187}-3NLS

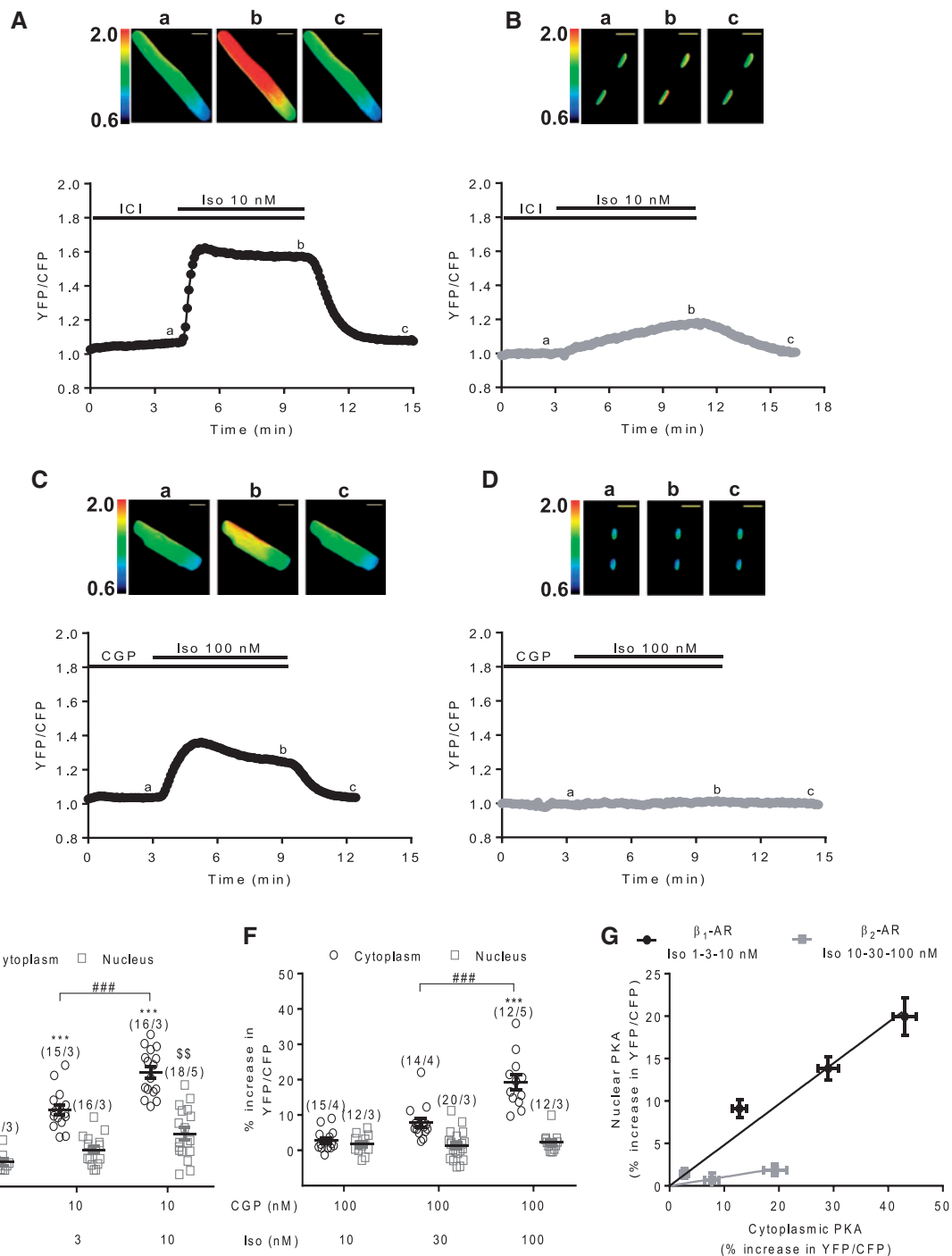


Figure 1 Stimulation of β_1 - and β_2 -ARs induce differential activation of cytoplasmic and nuclear PKA activity in ARVMs. A–D Representative time course of cytoplasmic and nuclear PKA activities reported by the normalized yellow fluorescent protein (YFP)/cyan fluorescent protein (CFP) ratio in ARVMs transduced with Ad.AKAR3-NES (A and C) or Ad.AKAR3-NLS (B and D) for 24 h at a multiplicity of infection (MOI) of 1000 active viral particles/cell. β_1 -AR stimulation was achieved using a combination of 10 nM Iso and 10 nM ICI 118, 551 (ICI) (A and B); β_2 -AR stimulation using 100 nM Iso in combination with 100 nM CGP 20712A (CGP) (C and D). Pseudo-colour images of the YFP/CFP ratio were recorded at the times indicated by the letters on the graphs. Scale bars represent 20 μ m. (E and F) Mean variation (\pm S.E.M.) of the YFP/CFP ratio in ARVMs expressing either AKAR3-NES or AKAR3-NLS upon β_1 -AR stimulation using 1, 3 and 10 nM Iso in combination with 10 nM ICI (E) or β_2 -AR stimulation using 10, 30, and 100 nM Iso in combination with 100 nM CGP (F). Number of cells/animals is indicated in brackets. Statistical significance is indicated as *** P < 0.001 vs. ICI+Iso 1 nM or CGP+Iso 10 nM in the cytoplasm, \$\$ P < 0.01 vs. ICI+Iso 1 nM in the nucleus, ### P < 0.001 by nested ANOVA with Tukey's *post hoc* test. (G) Nuclear PKA activation (% increase in YFP/CFP ratio) in ARVMs expressing AKAR3-NLS) is plotted as a function of cytoplasmic PKA activation (% increase in YFP/CFP ratio) in ARVMs expressing AKAR3-NES) for β_1 - and β_2 -AR stimulations. Values (\pm S.E.M.) of (E and F) were used for this graph.

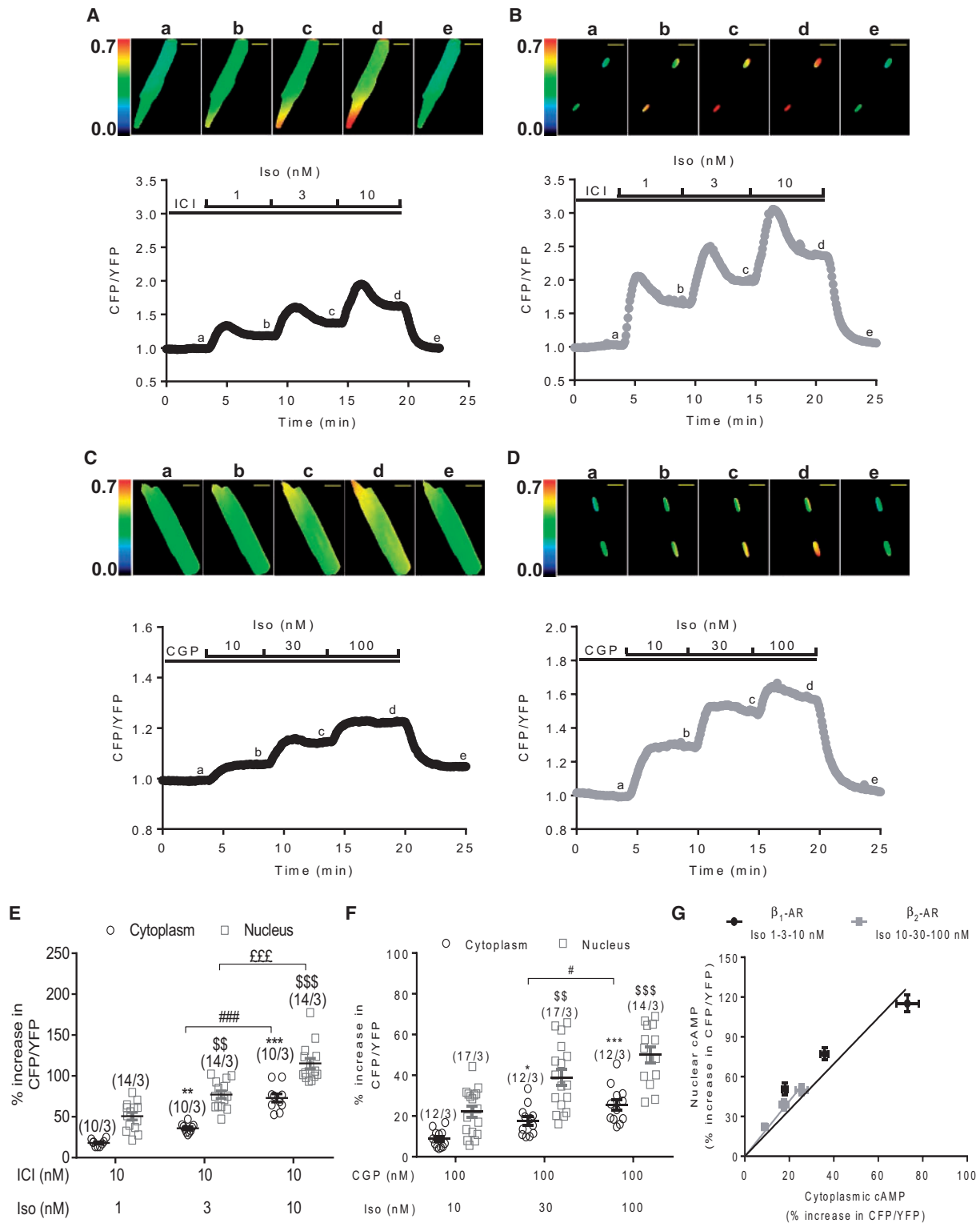


Figure 2 Both β_1 - and β_2 -AR increase cytoplasmic and nuclear cAMP levels in ARVMs. Representative time course of the normalized CFP/YFP ratio upon selective β_1 -AR stimulation with Iso (1, 3, and 10 nM) in combination with 10 nM ICI (A and B) or β_2 -AR stimulation with Iso (10, 30 and 100 nM) in combination with 100 nM CGP (C and D) in ARVMs transduced with Ad.Epac-S^{H187} (A and C) or Ad.Epac-S^{H187}-3NLS (B and D) for 24 h at a MOI of 1000 active viral particles/cell. Pseudo-colour images of the CFP/YFP ratio were recorded at the times indicated by the letters on the graphs. Scale bars represent 20 μ m. (E and F) Mean variation (\pm S.E.M.) of the CFP/YFP ratio in ARVMs expressing either Epac-S^{H187} or Epac-S^{H187}-3NLS upon β_1 -AR stimulation (E) or β_2 -AR stimulation (F). Number of cells/animals is indicated in brackets. Statistical significance is indicated as * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$ vs. ICI+Iso 1 nM or CGP+Iso 10 nM in the cytoplasm, \$\$\$ $P < 0.01$, \$\$\$ $P < 0.001$ vs. ICI+Iso 1 nM or CGP+Iso 10 nM in the nucleus, # $P < 0.05$, ### $P < 0.001$, \$\$\$ $P < 0.001$ by nested ANOVA with Tukey's *post-hoc* test. (G) Nuclear cAMP elevation (% increase in CFP/YFP ratio in ARVMs expressing Epac-S^{H187}-3NLS) is plotted as a function of cytoplasmic cAMP elevation (% increase in CFP/YFP ratio in ARVMs expressing Epac-S^{H187}) in response to either β_1 - or β_2 -AR stimulation. Values (\pm S.E.M.) of (E and F) were used for this graph.

sensors, the relative response in the cytoplasmic and nuclear compartments did not differ between β_1 - and β_2 -ARs (Figure 2G), in contrast to what was observed with the PKA sensors (Figure 1G). Thus the lack of nuclear PKA activation cannot be attributed to the absence of a global nuclear cAMP elevation upon β_2 -AR stimulation.

3.3 Mechanisms that prevent nuclear PKA activation by β_2 -ARs

Multiple mechanisms have been proposed to compartmentalize β_2 -AR activation of PKA, by acting not only on cAMP generation and propagation but also downstream. In particular, receptor coupling to G_i may not only temper cAMP synthesis, but also activate alternative signalling pathways through $\beta\gamma$ to circumvent the concurrent PKA activation.^{31,32} To test this hypothesis, we inhibited G_i with *pertussis toxin* (PTX, 1.5 μ g/ml, 2 h). As a control, we verified that PTX effectively blocked the antiadrenergic effect of acetylcholine on the β_1 -AR-induced cytoplasmic PKA activation (see [Supplementary material online, Figure S3A and B](#)). Under β_2 -AR stimulation, PTX-treated cells exhibited higher cytoplasmic PKA activity but no difference in nuclear PKA activation (Figure 3A and B). Similarly, co-expression of AKAR3-NES or AKAR3-NLS with a C-terminal fragment of GRK2 (β ARK-ct, see [Supplementary material online, Figure S3C](#)), that scavenges $\beta\gamma$ subunits of heterotrimeric G proteins and prevents GRK2 phosphorylation and desensitization of the receptor, led to a potentiation of cytoplasmic PKA activity, but was without effect on nuclear PKA activity (Figure 3C and D).

Another related mechanism for β_2 -AR compartmentalization is receptor localization to caveolae.^{6,8,10} To address this possibility, caveolae were disrupted by treating the cells with methyl- β -cyclodextrin (M β CD, 2 mM, 1 h) to deplete cholesterol, or by co-expressing a dominant negative caveolin-3 mutant (Cav3DN) together with AKAR3-NES or AKAR3-NLS.¹⁰ The efficiency of M β CD to deplete cholesterol was verified by filipin staining, whereas expression of Cav3DN was demonstrated by immunocytochemistry and western blot (see [Supplementary material online, Figure S4A–C](#)). In both cases, caveolae-disrupted cells showed potentiation of cytoplasmic but not nuclear PKA activity upon β_2 -AR stimulation (Figure 3E–H). Conversely, overexpression of wild type Cav3 induced a small decrease in β_2 -AR-stimulated cytoplasmic PKA activity, consistent with its previously reported effect on β_2 -AR-generated cytoplasmic cAMP (see [Supplementary material online, Figure S4D](#)).¹⁰

Thus, inhibition of G_i , of GRK2, and caveolae disruption potentiated β_2 -AR stimulation of PKA activity in the cell cytoplasm as expected, but did not confer PKA activation in the nucleus. Because recent studies emphasized the role of PDE3 and PDE4 in controlling the activation of discrete PKA pools by β_1 - and β_2 -ARs in cardiomyocytes,³³ we investigated the contribution of these enzymes to the regulation of cytoplasmic and nuclear PKA. We have shown previously in²⁶ that neither the PDE3 inhibitor cilostamide (Cil, 1 μ M) alone nor the PDE4 inhibitor Ro-201724 (Ro, 10 μ M) alone has an effect on basal PKA activity. Under β_1 -AR stimulation, PDE4 inhibition potentiated both cytoplasmic and nuclear PKA activities whereas PDE3 inhibition had no significant effect (Figure 4A and B). In comparison, under β_2 -AR stimulation PDE3 inhibition led to a large potentiation of cytoplasmic PKA activity but was without effect on nuclear PKA activity (Figure 4C and D). Interestingly, PDE4 inhibition had a similar potentiating effect on cytoplasmic PKA activity under β_2 -AR stimulation but in this case it generated a strong nuclear PKA activation (Figure 4C and D). These results unveiled a critical role of PDE4 in controlling nuclear PKA activation.

3.4 β_1 - and β_2 -ARs differentially regulate the PKA target gene and pro-apoptotic factor, ICER

Although β -AR stimulation may regulate the expression of a considerable number of genes in cardiomyocytes, their identity and the mechanisms that couple receptor activation to gene expression remain, in most cases, poorly characterized. However, ICER, a splice variant of the CREM gene, stands as one of the few exceptions to this statement. Indeed, it was shown that ICER is up-regulated by β -AR stimulation in a PKA and CREB-dependent manner in cardiomyocytes.^{21,22,34} Thus, in the following, we investigated the regulation of ICER by β_1 -ARs and β_2 -ARs in ARVMs. As shown in Figure 4E, β_1 -AR stimulation of isolated ARVMs led to a strong induction of ICER mRNA. This effect was potentiated by concomitant PDE4 inhibition, but not by PDE3 inhibition (Figure 4E). In comparison, β_2 -AR stimulation alone had no significant effect on ICER expression, but concomitant PDE4 inhibition resulted in ICER induction (Figure 4F). In the absence of β -AR stimulation, neither PDE3 nor PDE4 inhibition had effect on ICER mRNA expression (see [Supplementary material online, Figure S5A](#)). β_1 -AR stimulation of ICER mRNA expression was not observed in cells transduced with an adenovirus encoding the selective PKA inhibitor peptide (PKI) (see [Supplementary material online, Figure S5B](#)). To examine the specific contribution of nuclear vs. cytoplasmic PKA in ICER regulation, we fused the first 25 amino acids of PKI with the red fluorescent protein mCherry and appended either a 3 NLS or a NES at the C-terminus for nuclear or cytoplasmic targeting, respectively. As shown in the images and intensity profiles of [Supplementary material online, Figure S6A and B](#), the resulting constructs localized specifically in the compartment of interest in ARVMs. In cardiomyocytes co-expressing nuclear PKI with AKAR3-NLS, nuclear PKA activation by β_1 -ARs was abolished as expected (see [Supplementary material online, Figure 6 C](#)). To verify the efficiency of PKA inhibition by cytoplasmic PKI, β -AR stimulation of Ca^{2+} transients was compared in Fura2-loaded and electrically paced ARVMs expressing cytoplasmic PKI, nuclear PKI or β -Gal. As shown in [Supplementary Fig. 7](#), β -AR stimulation with 10 nM Iso increased Ca^{2+} transient amplitude to a similar extent in ARVMs expressing β -Gal or PKI-3NLS, whereas these effects were absent in ARVMs expressing PKI-NES. Interestingly, the cytoplasmic PKI completely blocked nuclear PKA activation in response to β_1 -ARs stimulation (see [Supplementary material online, Figure S6D](#)). Both cytoplasmic and nuclear PKI also blocked ICER mRNA induction by β_1 -ARs (Figure 5A). These results show that upon β_1 -AR stimulation, PKA activation outside the nucleus is a prerequisite to enhanced nuclear PKA activity and ICER induction. The augmentation of ICER mRNA by β_1 -AR stimulation in combination with PDE4 inhibition was also suppressed by nuclear PKI expression (Figure 5B). Similarly, nuclear PKI completely blocked nuclear PKA activation by β_2 -ARs with concomitant PDE4 inhibition (see [Supplementary material online, Figure S6E](#)). However, ICER mRNA induction by β_2 -ARs with concomitant PDE4 inhibition was only partially blocked by nuclear PKI, suggesting that alternative mechanisms contribute to this effect (see [Supplementary material online, Figure 5C](#)).^{35,36} Because Epac1 was localized in the perinuclear region in cardiomyocytes,^{18,37} similar experiments were conducted in cells pre-incubated with 10 μ M of the Epac1 inhibitor, CE3F4.³⁸ However, as shown in Figure 5D, CE3F4 did not modify the stimulatory effect of β_2 -ARs + Ro on ICER mRNA expression. In contrast, overexpression of PKI-NES abrogated ICER induction by β_2 -ARs with concomitant PDE4 inhibition, indicating that cytoplasmic PKA is required for ICER regulation by this receptor (Figure 5E).

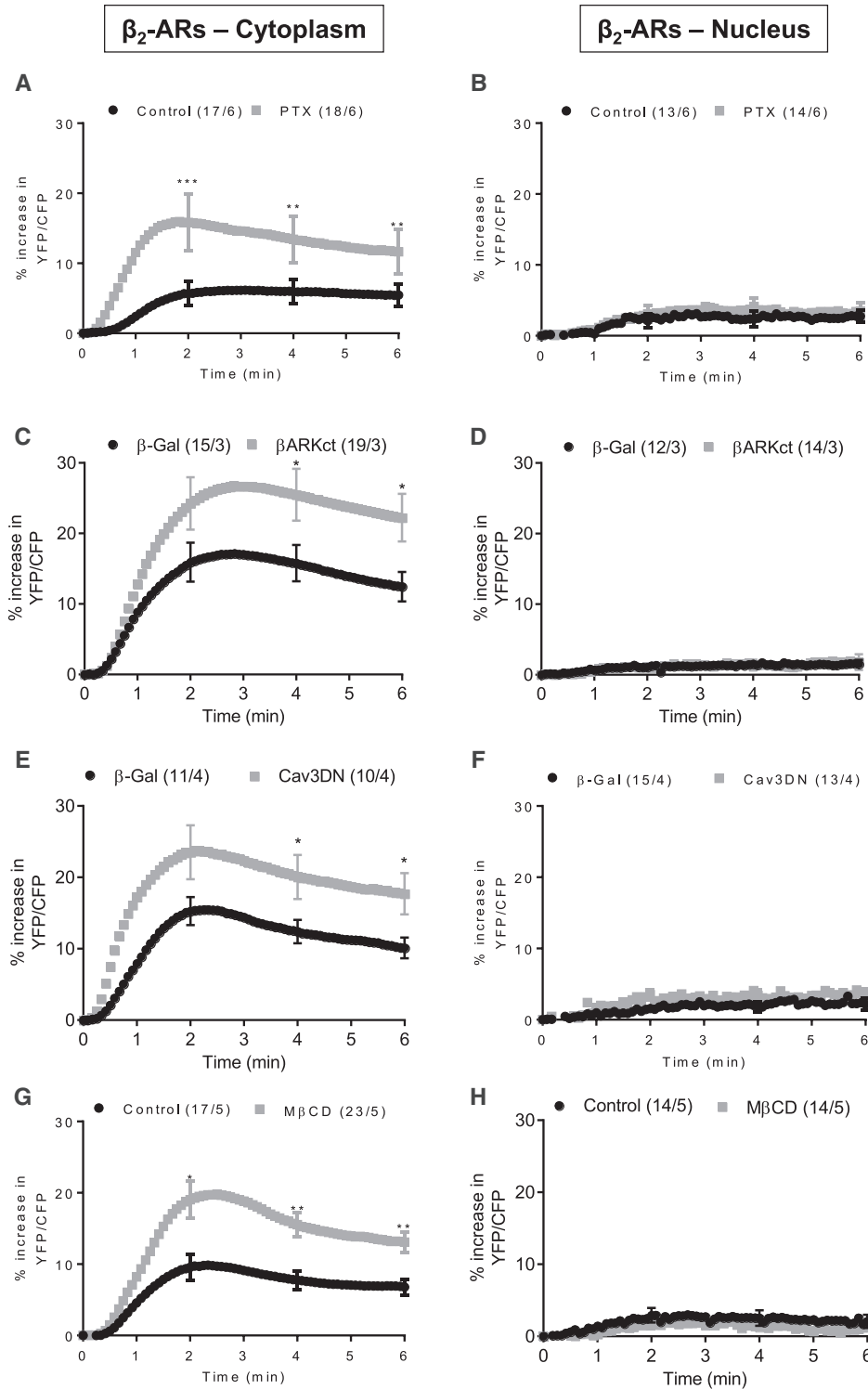


Figure 3 G_i proteins, caveolae and GRK2 regulate cytoplasmic but not nuclear PKA activation in response to β₂-ARs stimulation. Average time course of the YFP/CFP ratio upon β₂-AR stimulation in ARVMs expressing AKAR3-NES (A, C, E, and G) or AKAR3-NLS (B, D, F, and H). (A and B) ARVMs treated or not with PTX (1.5 μg/ml, 2 h) were exposed to 10 nM Iso plus 100 nM CGP to stimulate β₂-ARs. In all other protocols, β₂-ARs were stimulated with 30 nM Iso plus 100 nM CGP. (C and D) ARVMs were treated or not with 2 mM MβCD for 1 h. (E) ARVMs were co-transduced with Ad.AKAR3-NES (MOI 200) and Ad.β-Galactosidase (β-Gal, MOI 2000) or Ad.AKAR3-NES and an adenovirus encoding a dominant-negative Cav3 mutant (Ad.Cav3DN, MOI 2000) for 48 h. (F) ARVMs were co-transduced with Ad.AKAR3-NLS and Ad.β-Gal or Ad.AKAR3-NLS and Ad.Cav3DN for 48 h. (G) ARVMs were co-transduced with Ad.AKAR3-NES (MOI 200) and Ad.β-Gal (MOI 1000) or Ad.AKAR3-NES (MOI 200) and Ad.βARK-ct (MOI 1000) for 48 h. (H) ARVMs were co-transduced with Ad.AKAR3-NLS (MOI 200) and Ad.β-Gal (MOI 1000) or Ad.AKAR3-NLS (MOI 200) and Ad.βARK-ct (MOI 1000) for 48 h. In each panel, the number of cells/animals is indicated in brackets for the different experimental conditions. Statistical significance is indicated as **P* < 0.05; ***P*, 0.01; ****P* < 0.001 by nested ANOVA with Tukey's *post-hoc* test.

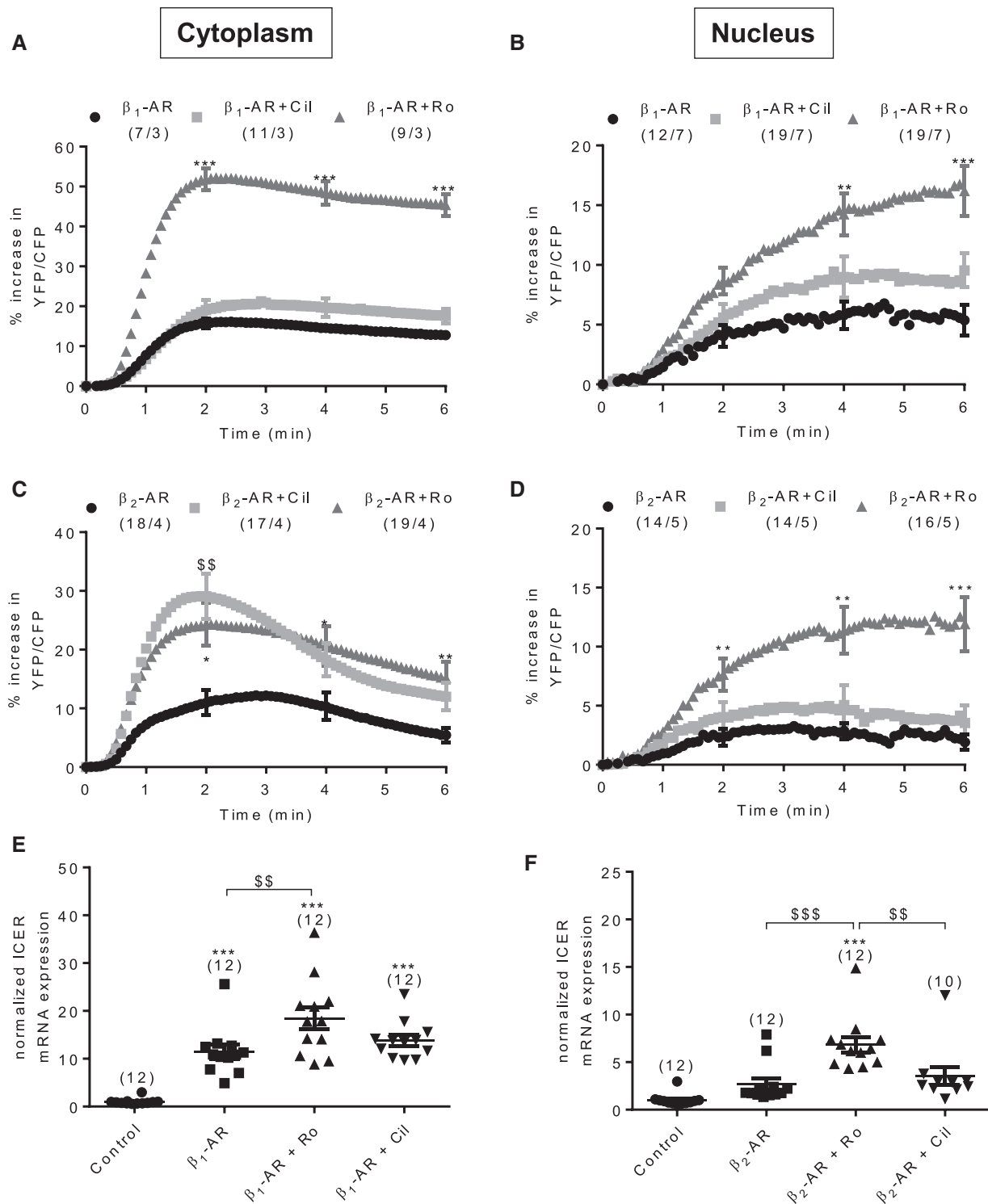


Figure 4 PDE4 is predominant for regulation of β_1 - and β_2 -AR induced cytoplasmic and nuclear PKA activation. (A and B) Average variation of the YFP/CFP ratio upon β_1 -AR stimulation using 1 nM Iso plus 10 nM ICI alone or in the presence of 1 μ M cilostamide (Cil), a PDE3 inhibitor, or 10 μ M Ro-201724 (Ro) a PDE4 inhibitor in ARVMs transduced with Ad.AKAR3-NES (A) or Ad.AKAR3-NLS (B) at MOI 1000 for 24 h. (C and D) Average variation of the YFP/CFP ratio upon β_2 -AR stimulation using 30 nM Iso plus 100 nM CGP alone or in the presence of 1 μ M Cil or 10 μ M Ro in ARVMs transduced with Ad.AKAR3-NES (C) or Ad.AKAR3-NLS (D) at MOI 1000 for 24 h. Number of cells/animals is indicated in brackets. Statistical significance is indicated as * P < 0.05; ** P < 0.01; *** P < 0.001; \$\$\$ P < 0.01 vs. β_1 - or β_2 -AR by nested ANOVA with Tukey's *post-hoc* test. (E and F) ICER mRNA expression in ARVMs in primary culture for 24 h and stimulated or not by β_1 -ARs (100 nM Iso plus 10 nM ICI during 2 h) or β_2 -ARs (100 nM Iso plus 100 nM CGP during 2 h) alone or in combination with 10 μ M Ro or 1 μ M Cil. Number of animals is indicated in brackets. Statistical significance is indicated as *** P < 0.001 vs. control; \$\$ P < 0.01, \$\$\$ P < 0.001 by Kruskal-Wallis test with Dunn's *post-hoc* test (E) or one-way ANOVA with Tukey's *post-hoc* test (F).

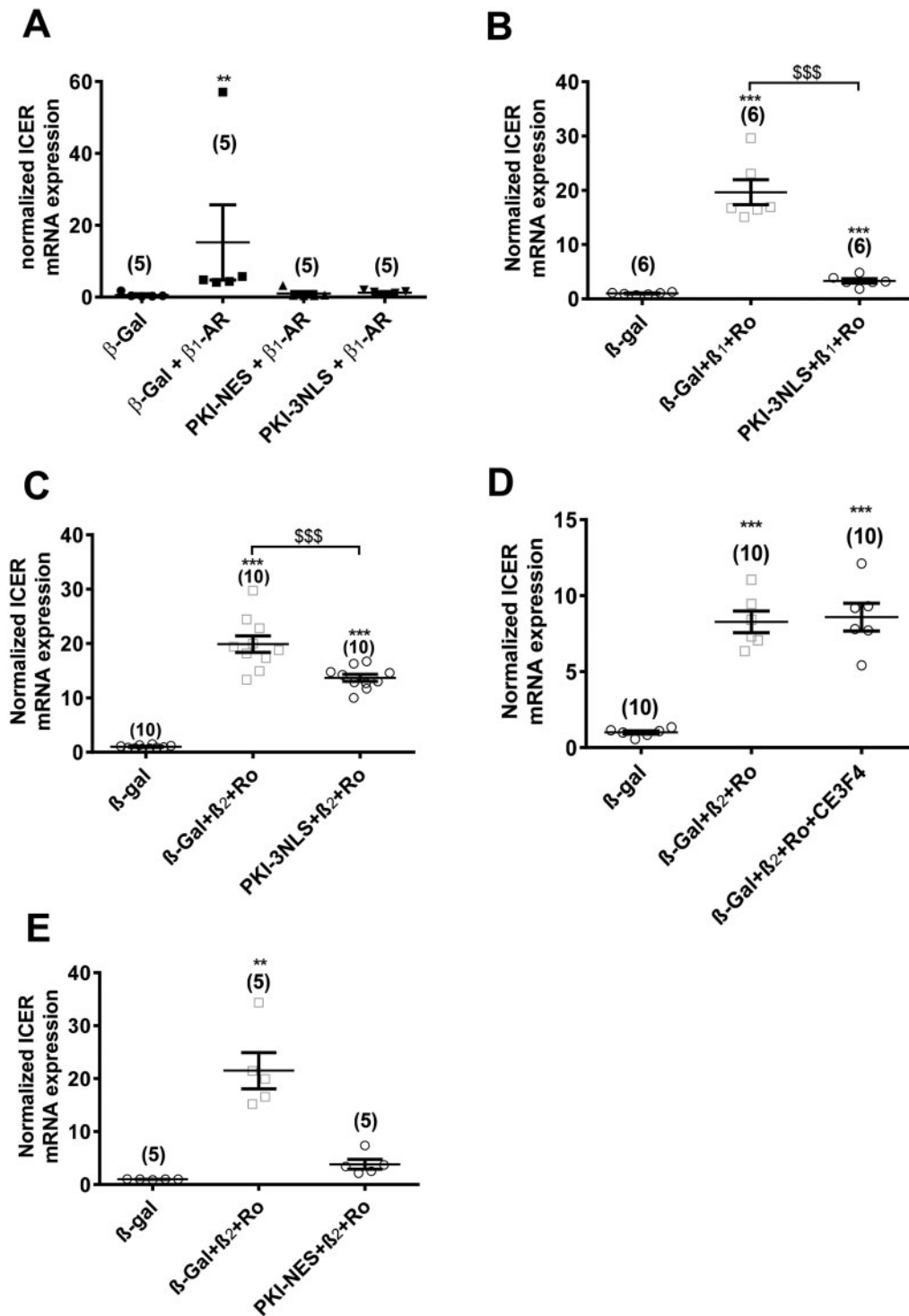


Figure 5 β_1 -ARs and β_2 -ARs differentially regulate the PKA target gene, ICER in cardiomyocytes. (A) ICER mRNA expression in ARVMs transduced during 24 h with Ad. β -Gal (MOI 250) with or without β_1 -AR stimulation (100 nM Iso plus 10 nM ICI during 2 h), Ad.PKI-NES (MOI 250) with β_1 -AR stimulation (100 nM Iso plus 10 nM ICI during 2 h) and Ad.PKI-3NLS (MOI 250) with β_1 -AR stimulation (100 nM Iso plus 10 nM ICI during 2 h). (B) Effects of β_1 -AR stimulation (100 nM Iso plus 10 nM ICI during 2 h) with concomitant PDE4 inhibition (Ro, 10 μ M) on ICER mRNA expression in ARVMs transduced during 24 h with Ad. β -Gal (MOI 250) or Ad.PKI-3NLS (MOI 250). (C) Effects of β_2 -AR stimulation (100 nM Iso plus 100 nM CGP during 2 h) with concomitant PDE4 inhibition (Ro, 10 μ M) on ICER mRNA expression in ARVMs transduced during 24 h with Ad. β -Gal (MOI 250) or Ad.PKI-3NLS (MOI 250). (D) Effects of β_2 -AR stimulation (100 nM Iso plus 100 nM CGP during 2 h) with concomitant PDE4 inhibition (Ro, 10 μ M) on ICER mRNA expression in ARVMs transduced during 24 h with Ad. β -Gal (MOI 250) and pre-treated or not with 10 μ M CE3F4 during 15 min at 37°C. (E) Effects of β_2 -AR stimulation (100 nM Iso plus 100 nM CGP during 2 h) with concomitant PDE4 inhibition (Ro, 10 μ M) on ICER mRNA expression in ARVMs transduced during 24 h with Ad. β -Gal (MOI 250) or Ad.PKI-NES (MOI 250). Number of rats is indicated in the respective panels. Statistical significance is indicated as ** P < 0.01; *** P < 0.001 vs. β -Gal; \$\$\$ P < 0.001 by Kruskal-Wallis test with Dunn's *post-hoc* test.

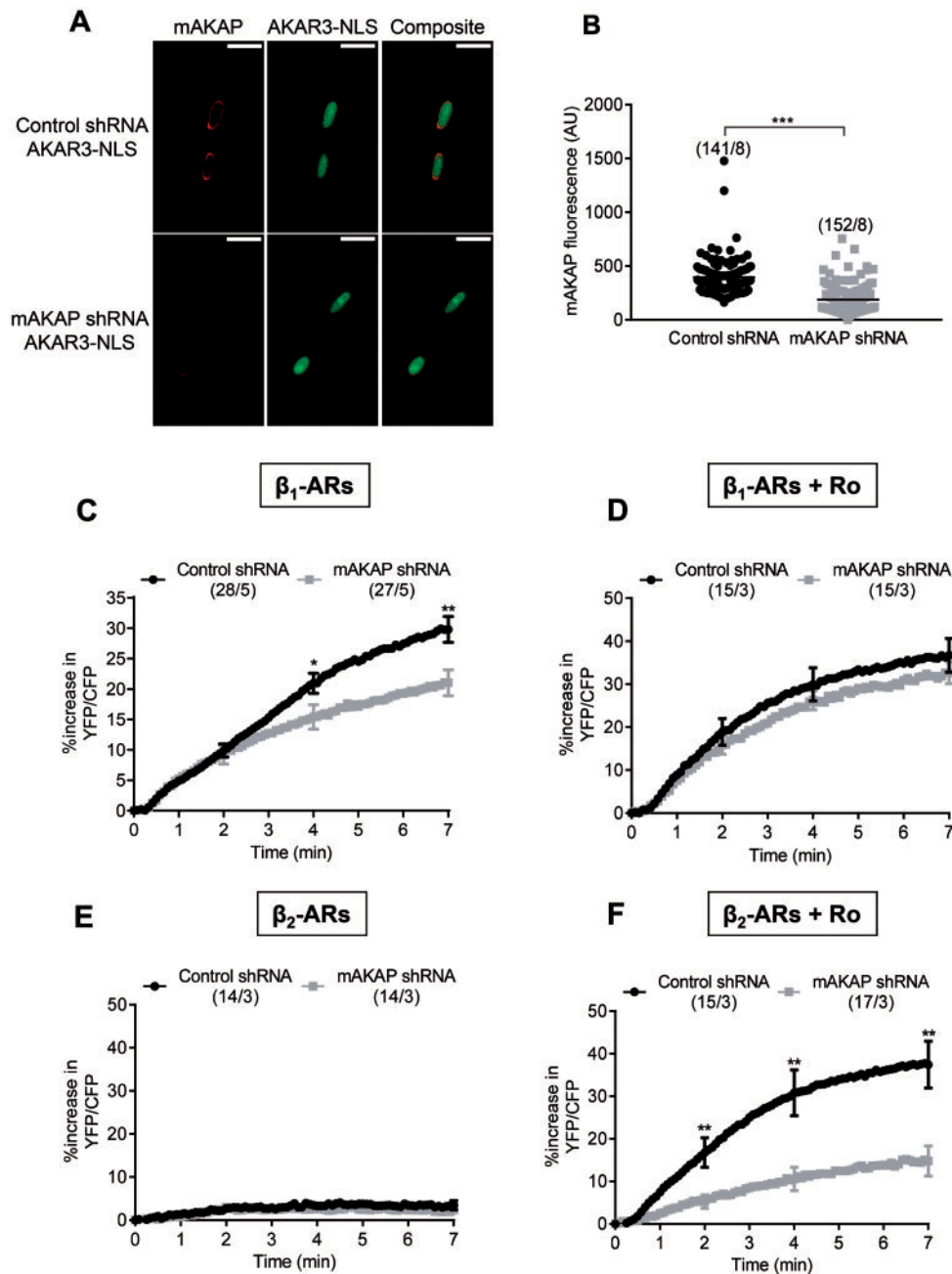


Figure 6 The scaffold protein mAKAP β controls β_2 -AR induced nuclear PKA activity when PDE4 is inhibited. (A) Immunocytochemical detection of mAKAP β in ARVMs 72 h after sequential infection with adenoviruses encoding either a scrambled shRNA (Ad.Control shRNA MOI 2000) or a shRNA against mAKAP β (Ad-mAKAP β shRNA MOI 2000) for 48 h followed by infection with Ad.AKAR3-NLS (MOI 1000) for 24 h. Scale bars represent 20 μ m. (B) Quantification of mAKAP β fluorescence in ARVMs co-transduced with Ad.AKAR3-NLS and Ad.Control shRNA or Ad-mAKAP β shRNA at 72 h. (C) Mean variation of the YFP/CFP ratio upon β_1 -AR stimulation with 3 nM Iso plus 10 nM ICI in ARVMs co-transduced with Ad.AKAR3-NLS and Ad.Control shRNA or Ad.AKAR3-NLS and Ad-mAKAP β shRNA. (D) Mean variation of the YFP/CFP ratio upon β_1 -AR stimulation with 1 nM Iso plus 10 nM ICI in the presence of 10 μ M Ro 201724 (Ro) to block PDE4. ARVMs were co-transduced with Ad.AKAR3-NLS and Ad.Control shRNA or with Ad.AKAR3-NLS and Ad-mAKAP β shRNA. Mean variation of the YFP/CFP ratio upon β_2 -AR stimulation (using 30 nM Iso plus 100 nM CGP) alone (E) or in the presence of 10 μ M Ro (F) in ARVMs co-transduced with Ad.AKAR3-NLS and Ad.Control shRNA or with Ad.AKAR3-NLS Ad-mAKAP β shRNA. Number of cells/rats is indicated in brackets. Statistical significance is indicated as * $P < 0.05$; ** $P < 0.01$ by nested ANOVA with Tukey's *post-hoc* test.

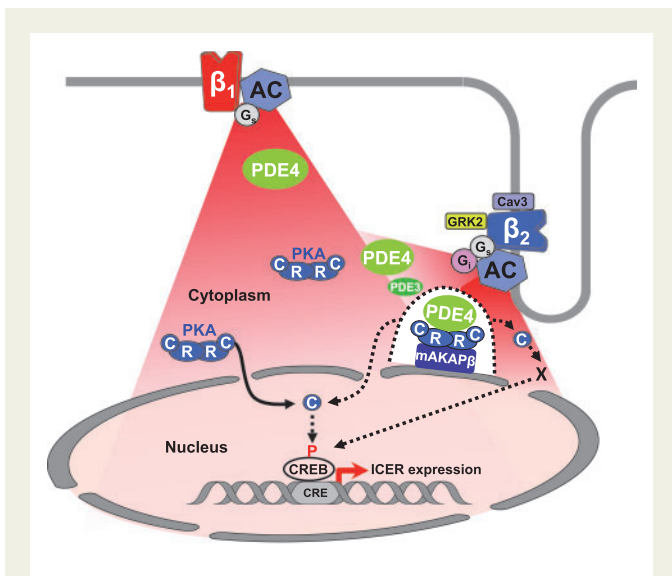


Figure 7 Proposed model for β_1 - and β_2 -AR regulation of cytoplasmic and nuclear PKA activity and ICER expression in adult cardiac myocytes. Stimulation of β_1 -ARs generate cAMP signals (in red) diffusing in the cytoplasm and the nucleus. Upon β_1 -ARs stimulation, PDE4 (in green) regulates cAMP levels to control PKA activity in the cytoplasm. A fraction of catalytic subunits (C) of PKA dissociate from regulatory subunits (R) and translocate inside the nucleus to increase nuclear PKA activity. Elevation of nuclear PKA activity allows induction of ICER transcription, presumably through CREB phosphorylation, which may be direct or indirect (dotted arrow between C and CREB). Stimulation of β_2 -ARs also generates cAMP elevation in the cytoplasm and the nucleus resulting in activation of cytoplasmic PKA. Cytoplasmic PKA activation upon β_2 -AR stimulation is restricted by caveolin3, $G_{\alpha 3}$, GRK2, PDE3, and PDE4. In addition, PDE4 prevents activation by β_2 -ARs of a specific pool of PKA tethered by mAKAP β at the perinuclear membrane (illustrated by the dotted line surrounding the mAKAP β -PKA-PDE4 complex) which controls access of C subunits to the nucleus (dotted arrow) and nuclear PKA activation by β_2 -ARs. When PDE4 is inhibited, nuclear PKA activation contributes to ICER up-regulation by β_2 -ARs, although other mechanisms depending on cytoplasmic PKA activity are involved.

3.5 Role of mAKAP in the activation of nuclear PKA by β_1 - and β_2 -ARs

In cardiomyocytes, mAKAP β has been shown to organize a cAMP-responsive network containing PKA and PDE4 at the perinuclear membrane.¹⁷ To study the contribution of mAKAP β in shaping nuclear PKA responses under β_1 - or β_2 -AR stimulation, we used adenoviruses expressing a short hairpin RNA (shRNA) to reduce its expression.³⁹ As shown in *Figure 6A and B*, this led to $\sim 50\%$ decrease in mAKAP β perinuclear staining 72 h post-transduction. Downregulation of mAKAP β had no effect on the bulk cytoplasmic PKA activity under either β_1 - or β_2 -AR stimulation in the presence of Ro (see *Supplementary material online, Figure S8*). However, mAKAP β silencing induced a small decrease in β_1 -ARs stimulation of nuclear PKA activity (*Figure 6C*) which was not observed when PDE4 was inhibited (*Figure 6D*). Decreasing mAKAP β failed to unmask a nuclear PKA response to β_2 -AR stimulation (*Figure 6E*) but induced a $\sim 60\%$ reduction of β_2 -AR + Ro stimulation (*Figure 6F*). These results indicate that when PDE4 is inhibited, stimulation of β_2 -ARs

activates a specific pool of PKA maintained by mAKAP β at the nuclear envelope to increase PKA activity inside the nucleus. This specific mAKAP β -dependent PKA pool may also be mobilized upon β_1 -AR stimulation, albeit contributing to total nuclear PKA activity to a much lesser extent.

4. Discussion

Numerous studies have emphasized the importance of spatiotemporal control of cAMP/PKA pools in specific subcellular compartments for physiological regulation of cardiomyocyte contractile function. By comparison, the mechanisms that control nuclear PKA activity are less well understood, despite their critical importance for modulation of gene expression and long term modification of cell growth and apoptosis by β -ARs. Here, we provide the first evidence that β_1 - and β_2 -ARs differentially activate nuclear PKA and gene expression in adult cardiomyocytes. As illustrated in *Figure 7*, we show that β_1 -AR stimulation engages PKA pools located outside the nucleus to enhance nuclear PKA activity and ICER expression, and that PDE4 is an important modulator of these responses. In the case of β_2 -ARs, our results are consistent with a model in which PDE4 insulates a mAKAP β -targeted PKA pool at the nuclear envelope that prevents nuclear PKA activation and ICER induction upon β_2 -AR stimulation. However, even if PDE4 inhibition unmasks an activation of PKA in the nucleus upon β_2 -AR stimulation, other mechanisms that depend on cytoplasmic PKA contributes to ICER regulation by β_2 -AR stimulation when PDE4 is inhibited.

In this study we found that under selective β_1 -AR stimulation, PKA was activated in both the cytoplasmic and nuclear compartments, whereas β_2 -AR stimulation was less efficient to activate cytoplasmic PKA and failed to activate nuclear PKA. The slower kinetics of nuclear vs. cytoplasmic PKA activation observed upon β_1 -AR stimulation are consistent with previous observations using Iso in cardiomyocytes^{26,27} and suggest that the PKA holoenzyme is first activated outside the nucleus and then the catalytic subunits translocate inside the nucleus by diffusion, which is a slow process.⁴⁰ The fact that cytoplasmic PKI abolished PKA phosphorylation of the nuclear-targeted PKA biosensor and induction of ICER upon β_1 -AR stimulation supports this model and argues against the contribution of a nuclear resident pool of PKA as demonstrated in HEK293 cells.¹⁵ These results also offer a complementary view to the local-activation/local-action of PKA signalling which prevails in other subcellular compartments of cardiomyocytes.

The robust increase in cytoplasmic PKA activity observed here for β_1 -ARs compared with the smaller β_2 -AR effect is consistent with previous real-time monitoring of PKA activity in mouse ventricular myocytes.⁴¹ However, this difference is not sufficient to explain the lack of nuclear PKA activation by β_2 -ARs since for a similar increase in cytoplasmic PKA activity, β_1 - but not β_2 -ARs activate nuclear PKA (*Figure 1G*). Thus, compartmentalization rather than intensity of β_2 -AR signals must explain their inability to induce nuclear PKA activation. However, our cAMP measurements with a fourth-generation cAMP FRET sensor harboring a superior dynamic range³⁰ clearly showed that β_2 -AR stimulation elevated cAMP in the nucleus. This result was not expected given a previous report that β_2 -AR stimulation generates locally confined cAMP signals.²⁹ However, a recent study using the same biosensor suggests that cAMP diffusivity is equivalent upon non-selective β -AR or selective β_2 -AR stimulation.⁴² Thus, one possibility is that the cAMP generated by β_2 -AR stimulation is able to diffuse to the nucleus even if the receptor and organelle are located at some distance from each other. But alternatively,

β_2 -ARs could be localized in close proximity to the nucleus in ARVMs. Indeed, β_2 -ARs were shown to be located in T-tubules,⁹ and T-tubules are known to extend from the cell surface to the nuclear envelope, where they establish close contacts with the nucleus.^{43,44}

Previous studies have proposed that alternative coupling of β_2 -ARs to G_i and their localization to caveolae circumvent β_2 -AR signalling by acting not only at the level of cAMP, but also downstream, by activating phosphatases.^{8,31,32} Accordingly, inhibition of G_i or disruption of caveolae potentiated β_2 -AR responses in the cytoplasm. However, these manoeuvres failed to unmask an effect of β_2 -AR stimulation on nuclear PKA activity, making it unlikely that phosphatase activation would explain the lack of β_2 -AR response in this compartment. Similarly, we show that β ARK-ct overexpression potentiates β_2 -AR-induced cytoplasmic but not nuclear PKA activity. The former is consistent with inhibition of β_2 -AR desensitization, and consequent increased G_s signalling, but could also be explained by a decrease in G_i signalling, since it has been shown that GRK2-mediated phosphorylation of β_2 -ARs is important for β_2 -AR coupling to G_i .^{45,46} In addition, β ARK-ct should also prevent the recruitment of PDE4D5 to β_2 -ARs⁴⁷ as recently demonstrated.⁴⁸ Based on our results, failure of β_2 -ARs to increase nuclear PKA activity was not due to coupling of β_2 -ARs to PDE4D5. Altogether, these data demonstrate that nuclear PKA activity can be dissociated from the bulk cytoplasmic PKA activity upon β_2 -AR stimulation, and that none of the above mechanisms is sufficient to explain the lack of nuclear PKA activation upon β_2 -AR stimulation.

It is undisputed that higher rates of local cAMP degradation by PDEs participate in curtailing cAMP signal.⁴⁹ For this reason, we investigated the role of PDE3 and PDE4, the two major cAMP-hydrolyzing PDEs expressed in rat cardiomyocytes,¹² in tuning cytoplasmic and nuclear PKA responses to β -AR stimulation. Our findings show that PDE3 plays a minor role in regulating β_1 -AR stimulation, but controls cytoplasmic PKA activity in response to β_2 -AR stimulation, whereas PDE4 acts as the main modulator of PKA activity under both β_1 - and β_2 -AR stimulation. These data are consistent with earlier work showing that PDE4 regulates cAMP levels under both β_1 - and β_2 -AR stimulation, whereas PDE3 preferentially regulates cAMP generated under β_2 -AR stimulation.²⁹ Strikingly, PDE4 inhibition unmasked nuclear PKA activation under β_2 -AR stimulation. Although several PDE4 isoforms were shown to be associated with β_2 -ARs,^{47,50} our cAMP measurements are not compatible with PDE4 preventing cAMP generated by β_2 -AR stimulation to access the nucleus. Hence, we reasoned that PDE4 may act as a sink, isolating a discrete PKA pool from cAMP influx generated upon β_2 -AR stimulation.⁵¹ In cardiomyocytes, a perinuclear pool of PKA is maintained together with PDE4D3 by the scaffolding protein mAKAP β , localized at the external membrane of the nuclear envelope,¹⁷ a strategic position for nuclear regulation. Our results show that disrupting this PKA pool by mAKAP β knockdown drastically reduced nuclear PKA activation by β_2 -ARs with concomitant PDE4 inhibition. This identifies mAKAP β -associated PKA as the main route for β_2 -AR control of nuclear PKA. The co-localization of PDE4D3 and PKA within the mAKAP complex allows efficient activation of PDE4D3 by PKA, rapid degradation of cAMP and restoration of basal PKA activity.¹⁷ In line with recent studies suggesting that PKA activation within an AKAP complex does not involve dissociation of the catalytic subunits,^{52,53} PDE4D3 within the mAKAP complex may prevent catalytic subunit dissociation and their translocation inside the nucleus, hence explaining the lack of nuclear PKA activation by β_2 -ARs. Upon PDE4 inhibition, abnormally elevated cAMP levels are reached in the complex, allowing PKA catalytic subunit dissociation and transfer to the nucleus. We have previously demonstrated that

mAKAP β selectively binds Type 5 AC (AC5) in cardiomyocytes⁵⁴ and others have shown that this AC5 is localized in T-tubules and is critical for β_2 -AR enhancement of $I_{Ca,L}$ which is revealed by application of PDE3 and PDE4 inhibitors.¹¹ This parallel with our results further supports the existence of a pool of β_2 -ARs localized at the interface between the T-tubular membrane and the nuclear envelope (Figure 7). The small impact of mAKAP β silencing on β_1 -AR stimulation of nuclear PKA activity suggests that other PKA pools are involved, which may be controlled by distinct AKAPs. One possible candidate is AKAP-Lbc, which is localized in a relatively broad perinuclear region in neonatal myocytes.⁵⁵ Indeed, AKAP-Lbc was recently shown to bind a PDE4 long isoform, the activation of which led to reduced forskolin-induced nuclear PKA activation and attenuated hypertrophic response to β -AR stimulation.⁵⁶

Recent studies have emphasized the critical role of PKA in the proapoptotic effects of β -ARs.⁵⁷ We have shown that nuclear PKA activation by β_1 -ARs is concentration-dependent (Figure 1), requires sustained receptor stimulation,²⁶ and induces ICER expression (Figures 4E and 5A), which is a strong mediator of apoptosis by decreasing Bcl-2 in cardiomyocytes.²¹ In contrast, β_2 -ARs do not increase nuclear PKA activity (Figure 1) and fail to increase ICER expression (Figure 4F). These results are consistent with a previous study showing that cardiomyocyte fate is switched from survival to death depending on the strength of β -AR stimulation and the balance between a β_2 -AR/ G_i -mediated ERK1/2 pathway leading to Bcl-2 induction at a low concentration range of Iso, and a β_1 -AR-mediated PKA/CREB/ICER pathway leading to Bcl-2 repression at higher concentrations of Iso.³⁴ Thus, segregated PKA activation between the cytoplasm and the nucleus, together with activation of surviving signalling such as ERK1/2 is likely to contribute to the differential effects of low vs. high levels of β -AR stimulation as well as subtype-specific effects. However, we further show that β_2 -ARs can increase ICER expression when PDE4 is inhibited (Figure 4F). At variance with β_1 -ARs, this effect was only partially inhibited by nuclear PKI. It was not modified by the Epac1 inhibitor CE3F4 (Figure 5D), but could be almost completely abrogated by cytoplasmic PKI (Figure 5E). These results suggest that an alternative pathway depending on cytoplasmic but not nuclear PKA activity contributes to ICER induction by β_2 -ARs when PDE4 is inhibited. In neurons, PKA is required for nuclear translocation of ERK and ribosomal S6 kinase 2 and subsequent stimulation of CREB-dependent transcription.⁵⁸ Further studies are needed to determine if a similar cross talk exists in cardiomyocytes. Nevertheless, the present results underline the fact that β_1 -ARs and β_2 -ARs trigger divergent signalling mechanisms to regulate gene expression in cardiomyocytes.

In a previous study, it was shown that in neonatal cardiomyocytes, PDE3 but not PDE4 inhibition increased CREB phosphorylation and ICER expression and thus induced Bcl-2 downregulation.²² These results contrast with the lack of effect of the PDE3 inhibitor cilostamide on basal ICER expression observed here (see Supplementary material online, Figure S5A). This might be explained by differences in experimental conditions or the cell type used (adult vs. neonatal myocytes).

In conclusion, our study unveils the molecular mechanisms by which β_1 - and β_2 -ARs differentially regulate nuclear PKA activity and ICER expression in terminally differentiated adult cardiomyocytes, and identify mAKAP β and PDE4 as critical organizers of β_2 -AR nuclear signalling. Many questions remain, however, that will need to be addressed in future studies. The extent to which the findings obtained here for ICER can be generalized to the β -AR transcriptome, and the place of PKA in the control of gene expression by β -ARs vs. other cAMP effectors will deserve further investigations. The contribution of intracellular β -ARs located at the nuclear envelope,^{59,60} in endosomes,⁶¹ and at the Golgi^{61,62}

should be evaluated in intact adult cardiac myocytes. In a translational perspective, it will also be important to determine whether the signalling routes linking β -ARs to nuclear PKA activation identified here in rat are conserved in larger mammals and humans. Finally, in hypertrophy and HF, there is a profound remodelling of the β -AR/cAMP/PKA pathway. Interestingly, while the expression of β_1 -ARs is reduced,⁶³ β_2 -ARs and PDEs are redistributed, leading to enhanced β_2 -ARs signalling and loss of compartmentation.^{9,33,64} Future studies should aim to elucidate how nuclear PKA activity is controlled by β -ARs in diseased cardiomyocytes, which may be important for identification of new therapeutic targets in HF.

Supplementary material

Supplementary material is available at *Cardiovascular Research* online.

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