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In vitro examination of microglia-neuron crosstalk with BV2 cells, and primary cultures of glia and hypothalamic neurons

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Abstract

Microglia respond to environmental changes by releasing cytokines that beneficially or detrimentally affect surrounding cells in addition to functioning as the resident CNS macrophages. Interactions between glia and neurons participate in many critical brain functions and diseases. We previously demonstrated that activation of microglia facilitates hypothalamic CRF neuronal activity and pain precipitation in rats. The intricate CNS environment complicates studying crosstalk between microglia and hypothalamic neurons *in vivo*. BV2 cells derived from raf/myc-immortalised murine neonatal microglia are the most frequently used substitute for primary cultures of microglia. In this study, we used BV2 cells and primary cultures of glia from neonatal rats to explore the interaction between microglia and hypothalamic neurons *in vitro*. Lipopolysaccharide (LPS) stimulated BV2 cells to adopt a microglia-like phenotype including an amoeba-like shape, Iba-1 positive staining and IL-1 β secretion. Primary cultures of hypothalamic neurons treated with culture medium from LPS-treated BV2 cells

increased CRF, CRFR, pCREB and cAMP levels compared to untreated neurons. Primary cultures of hypothalamic neurons incubated with culture medium from LPS-treated primary cultures of glia or exogenous IL-1 β also increased CRF levels. Importantly, this increase in protein expression appeared to be IL-1 β mediated and treatment with an anti-IL-1 β antibody blocked the increased expression. Our data provide direct evidence that microglia can modulate hypothalamic neuronal activity and IL-1 β may play a critical role in bridging the communication between microglia and neurons.

Keyword: Neuroscience

1. Introduction

Microglial activation plays a broad role in the brain's innate immunity and in inflammatory neuropathologies and has served as a causative factor for a range of neurological disorders (Gehrmann et al., 1995). In addition to their role as the resident macrophages in the central nervous system, microglia can also detect changes in the local environment and release pro-inflammatory cytokines that affect the surrounding cells in positive or negative ways (Eyo and Wu, 2013; Kettenmann et al., 2011). A growing body of evidence suggests that microglia-to-neuron signaling is implicated in a plethora of neurological diseases and psychological disorders (Eyo and Wu, 2013). Inflammatory cytokines released from microglia have been found to be mediators of neurodegeneration and neuropathic pain (Milligan and Watkins, 2009; Sommer, 2003). We previously demonstrated that visceral hypersensitivity was associated with microglial activation and accumulation of cytokine IL-1 β and TNF- α in the spinal cord (Chen et al., 2015) and hypothalamus (Zhang et al., 2016) of rats.

The hypothalamus integrates multiple sources of afferent inputs and sculpts integrated autonomic outputs for metabolic homeostasis and modulates autonomic output. Corticotrophin-releasing factor (CRF) originating from the hypothalamic paraventricular nucleus (PVN) elevates adrenocorticotropin hormone (ACTH) and corticosteroid levels via the hypothalamic-pituitary-adrenal (HPA) axis. CRF signaling and HPA axis activation regulate neuronal development, stress response, autonomic functions and pain sensitivity (Zhang et al., 2016). *In vivo* rodent studies suggest that microglia facilitate stress and visceral pain by upregulating CRFR expression in neighboring CRF neurons (Du et al., 2010).

Microglial activation has served as a causative factor for a range of neurological disorders (Watkins et al., 2001). Microglia release a number of effectors to modulate CRF release in the PVN including proinflammatory factors (e.g. IL-1 β , TNF- α), growth factors, NO and its reactive oxygen species (ROS) derivatives (Zhang

et al., 2016). The intricate central nervous system (CNS) environment complicates studying crosstalk between microglia and hypothalamic neurons *in vivo*. BV2 cells derived from raf/myc-immortalised murine neonatal microglia are the most frequently used substitute for microglia due to their high fidelity and suitability (Henn et al., 2009). In this study, we stimulated BV2 cells with lipopolysaccharide (LPS) and explored the crosstalk between microglia and hypothalamic neurons. The interaction between cultured hypothalamic neurons and microglia was further validated with primary cultures of glia. Our data indicate that microglia release IL-1 β , which activates hypothalamic neurons *in vitro*.

2. Materials and methods

2.1. Animals

Adult male and female Sprague-Dawley rats were provided by the Experimental Animal Center of the Southern Medical University of China [license #: SCXK (Su) 2011-0003] for breeding. Rats were housed in a vivarium maintained on a standard 12 h light–dark cycle (lights on at 07:00 AM), with constant temperature and humidity (22 °C and 50%) and *ad libitum* access to food and water. After vivarium habituation for 7 days after delivery, 1 male and 2 female rats were mated to produce the litters. All procedures were conducted in accordance with the guidelines as described in the National Institutes of Health's Guide for the Care and Use of Laboratory Animals (NIH Publication No. 8023, revised 1978) and were approved by the Institutional Animal Care and Use Committee at Anhui University of Science and Technology and Xuzhou Medical University.

2.2. Reagents

Polymyxin B sulfate (PMBS) and LPS were purchased from Sigma Aldrich (P1004, L2880, St Louis, MO). Recombinant rat IL-1 β and anti-rat IL-1 β were bought from Peprotech (400-01B, 500-P80, Rocky Hill, NJ). Primary antibody for NeuN came from Millipore (MAB377, Burlington, MA). Primary antibodies for CRF (ab8901), Iba-1 (ab5076) and p-CREB (ab32096) were purchased from Abcam (Cambridge, United Kingdom). Primary antibody for CRFR came from Santa Cruz Biotechnology (sc-12383, Dallas, TX). Alkaline phosphatase-conjugated rabbit anti-goat IgG (2B-2311) and horse anti-mouse second antibody (2B-2310) came from ZSGB-BIO (Beijing, China). Secondary antibody TRITC-conjugated donkey anti-goat IgG H&L (ab6882), donkey anti-rabbit IgG H&L (ab6799), donkey anti-mouse IgG H&L (ab6817) were purchased from Abcam (Cambridge, United Kingdom). IL-1 β , CRF and cAMP ELISA kits were purchased from R&D (RLB00, MBS703710, KGE012B, Minneapolis, MN).

2.3. BV2 cell culture, primary cultures of microglia and hypothalamic neuron culture

BV2 cells were cultured as described previously (Dai et al., 2015). Briefly, BV2 cells were cultured in DMEM-HG media containing 10% fetal bovine serum, 100 IU/mL penicillin, and 100 mg/mL streptomycin. Plates were incubated at 5% CO₂, 37 °C incubator. Microglia isolation and purification follows Tamashiro's report (Tamashiro et al., 2012) with minor optimization. Briefly, rat pups aged 1–2-days were used for primary cultures of microglia. Whole brain was removed and transferred into a new Petri dish with 5 mL of L-15 solution (Leibowitz L-15 + 0.1% Bovine serum albumin (BSA) + 1% Pen/Strep, Gibco) on ice. Mixed glial cultures were prepared from cortex. Brain tissues were pipetted up and down 10 times following soft and mechanical dissociation before cells were treated with 0.05% trypsin for 30 min at 37 °C. The reaction was stopped with 10% fetal bovine serum (FBS). Mixed glia cells in the supernatant were collected and cultured in high glucose DMEM supplemented with 10% FBS, 1% penicillin/streptomycin, and 2 mM of L-glutamine (D-10 medium). Mixed glia become confluence after 14–21 days in culture media. Loosely attached primary cultures of microglia were obtained after shaking at 100 rps (Dragon Lab, #SK-D 1807-E, China) for 2 hours at 37 °C. The cell pellet was re-suspended and re-plated with D-10 medium for the following experiment.

Primary cultures of hypothalamic cells were derived from the hypothalamus of 3-day-old pups. All plates and chamber slides were coated with 150 µg/mL poly-D-lysine (Sigma-Aldrich) and rinsed with sterile distilled water 2 days before plating. The border of excised hypothalamuses was delineated by the optic chiasm and the mammillary bodies, and laterally by the hypothalamic sulci, approximately 2 mm deep. Hypothalamus from 10–12 neonatal rats were pooled in one 15 mL tube. 0.05% trypsin was added to the tissue, and tissue/trypsin mixture was incubated in a 37 °C water bath for 15 minutes. The tissue/trypsin was inverted 3 times every 5 minutes. Digestion was stopped by adding DMEM containing 10% FBS, followed by triturating the tissue with a 10 mL pipette up and down (10 times). The tissue was allowed to settle for 5 minutes and the supernatant was collected and transferred to a new conical tube. The supernatant was centrifuged at 1000 rpm for 5 minutes. The supernatant was then removed and the cell pellet was re-suspended in D-10 medium. Cells were diluted to 5×10^5 cells/mL, and 500 µL was plated in 24-well plates or 400 µL 8-well chamber slides. The culture medium was changed (serum free SM1 neuronal culture kit, 05712, StemCell Technologies) completely and carefully without disturbing the cells after 6 hours. Half of the culture media was removed and replaced with fresh media every 3 days. The cells were cultured for 14 days before treatment.

Anti-Rat IL-1 β was used to block IL-1 β in the conditional medium (CM) or recombinant rat IL-1 β . Anti-rat IL-1 β was added to CM at 1.25 μ g/mL and recombinant rat IL-1 β was added at 250 pg/ml.

2.4. Immunofluorescent staining

Immunofluorescent staining was performed to verify the cell types. Cultured cells were fixed in 4% paraformaldehyde for 30 min at room temperature and washed with PBS 3 times. The cells were treated with 0.3% Triton X-100 for 15 min, blocking serum for 30 min and incubated with primary polyclonal rabbit anti-CRF (1:200), and mouse anti-NeuN antibody (1:200), rabbit anti-Iba-1 (1:1000) or rabbit anti-GFAP (1:400) overnight. The cells were then washed and incubated with TRITC-conjugated donkey anti-rabbit IgG (1:200, bright orange) and FITC-conjugated donkey anti-mouse IgG (1:200, green) for 1 h. 4',6-diamidino-2-phenylindole (DAPI) was used to stain the nucleus of cells (blue). The slide was mounted for fluorescence microscope examination.

2.5. Western blot

Hypothalamic cell lysates were prepared as described previously (Dai et al., 2015). Briefly, cell lysates were collected from cultured hypothalamic cells that had been treated for 24 hours. Cultured hypothalamic neurons were homogenized in buffer A (5 mM HEPES, 5 mM EDTA, 1 mM DTT, 2 μ g/mL aprotinin, 1 mM NaF, 10 mM KCl, 5 mM EGTA, 1 mM PMSF, 2 μ g/mL leupeptin, and 1 mM Na₃VO₄) on ice and centrifuged at 12,000 rpm for 15 min at 4 °C. The pellet was resuspended in 50 μ L of cold buffer C (5 mM HEPES, 5 mM EDTA, 1 mM DTT, 2 μ g/mL aprotinin, 1 mM NaF, 50 mM NaCl, 5 mM EGTA, 1 mM PMSF, 1 mM leupeptin, and 1 mM Na₃VO₄), homogenized for 1 min, and incubated on ice for 50 min to allow for high salt extraction. Cellular debris was removed by centrifugation for 15 min at 4 °C. The supernatant containing nuclear proteins was collected and stored in aliquots at -80 °C for further immunoblotting analysis.

Equal amounts of protein were separated with SDS-PAGE, and transferred to a PVDF membrane. After BSA blocking, the membrane was incubated with p-CREB (1:500), CRFR (1:500), Tubulin (1:500) or β -actin (1:1000) antibodies at 4 °C overnight. Membranes were washed and probed with alkaline phosphatase conjugated secondary antibody for 2 hours at room temperature. Proteins were visualized by BCIP/NBT Alkaline Phosphatase Color Development Kit (Beyotime Biotechnology, Shanghai, China). Image Proplus (Media Cybernetics, Rockville, MD) was used for analysis of protein bands.

2.6. Enzyme-linked immunosorbent assay (ELISA) and Ca²⁺ imaging

IL-1 β , cAMP, and CRF levels were determined by ELISA following the manufacturer's instructions. Intracellular Ca²⁺ levels were determined with a Ca²⁺-sensitive fluorochrome (Fluo-3 AM, Beyotime Biotechnology, Shanghai China). After treatment, cells were collected in serum-free DMEM and incubated at 37 °C for 1 h in the dark. Ca²⁺ signals were determined by Becton Dickinson FACS Calibur flow cytometer (for Fluo-3).

2.7. Statistical analysis

All data are presented as means \pm SEM. Statistical analyses were performed using one-way analysis of variance followed by *Post hoc* Bonferroni's multiple comparison (SPSS 13.0 for Windows). $p < 0.05$ was considered statistically significant.

3. Results

3.1. Primary cultures of microglia and hypothalamic neurons from rat brain

Primary cultures of microglia were obtained from rat cortex. Immunofluorescence staining showed that 94.2% of cells stained positive for Iba-1, suggesting that they are microglia, and 5.5% stained positive for GFAP (an astrocyte marker). No NeuN (a neuronal marker) positive staining was observed in the cell culture (Fig. 1A and B). Fig. 1C shows phase contrast views of the primary cultures of hypothalamic neurons on days 1, 3, 5 and 7 post-plating. Immunocytochemistry staining revealed extensive CRF- and NeuN-positive staining in the primary cultures of hypothalamic neurons on day 7 (Fig. 1D). High resolution cultured neurons can be observed in Fig. 1F. A very low density of Iba-1 positive cells presented in cultured hypothalamic neurons (Fig. 1E). The percentage of cells staining positively for NeuN, Iba-1 and GFAP was 73%, 6.7% and 14.3%, respectively. Six percent of cells did not show any positive staining (Fig. 1G). Hypothalamic neurons were predominated in culture dish and could survive for at least 3 weeks.

3.2. LPS induces morphological change, increases cellular Iba-1 expression and IL-1 β level in culture medium in cultured BV2 cells

BV2 cells without LPS treatment presented ramified cell morphology with fine processes extending tens of microns away from the soma (Fig. 2A, left). BV2 cells treated with LPS (10 μ g/mL) presented a rounded amoeboid-like appearance with fine processes extending from the soma (Fig. 2A, right). LPS-treated BV2 cells had increased Iba-1 staining compared with those without LPS treatment (Fig. 2B,

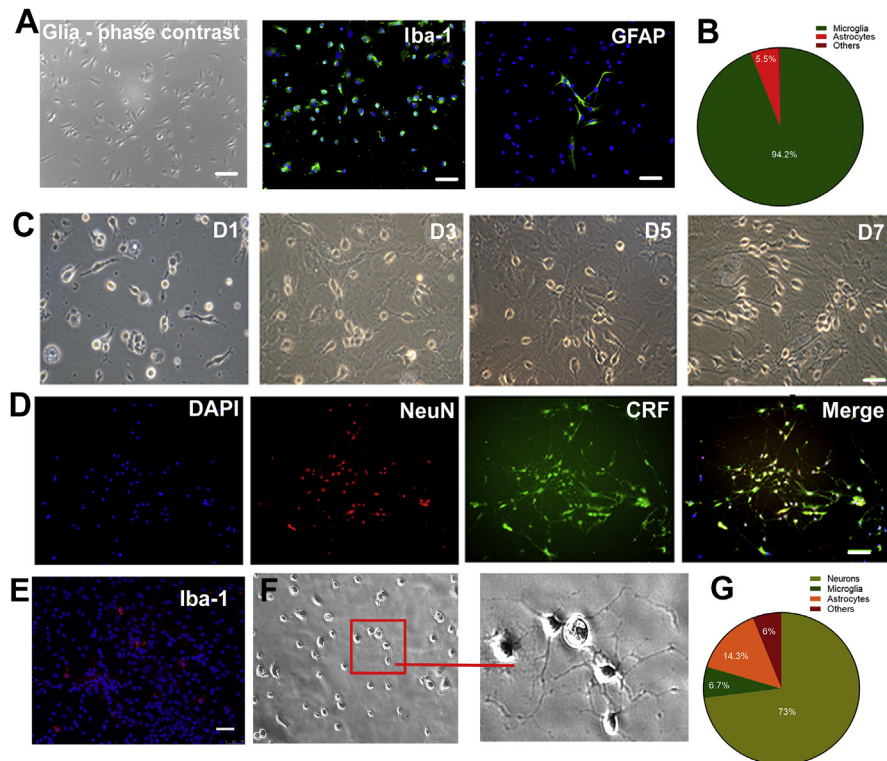


Fig. 1. Primary cultures of microglia and hypothalamic neurons from rat brain. Primary cultures of microglia were obtained from rat cortex. (A) Cultured cells presented a high density of Iba-1 positive staining and very few GFAP positive staining. (B) Immunofluorescent stain analysis on that 94.2% cells presents Iba-1 positive staining, 5.5% of cells presents GFAP staining, and no NeuN positive staining was visualized. (C) Phase contrast views of the primary cultures of hypothalamic neuron culture on days 1, 3, 5 and 7 post-plating. (D) Immunocytochemistry staining revealed extensive CRF- and NeuN-positive staining in the primary cultured hypothalamic neurons on day 7. (E) A very low density of Iba-1 positive cells presented in cultured hypothalamic neurons. (F) Low and high resolution of cultured neurons. (G) Percentage of NeuN, Iba-1 and GFAP positive stainings was 73%, 6.7% and 14.3%, respectively. 6% cells did not show any positive staining. Scale bar = 100 μ m.

low magnification, and Fig. 2C, high magnification). BV2 cells were treated with LPS (10 μ g/mL) for 30 min. IL-1 β level in the supernatant elevated in treated cultures ($t(4) = 13.42$, $p = 0.0002$).

3.3. LPS-treated BV2 culture medium increases the levels of CRF, CRFR, p-CREB and cAMP in primary cultures of hypothalamic neurons

Cultured rat hypothalamic neurons incubated with supernatant from BV2 cells treated with LPS (conditioned medium, CM) had increased CRF levels compared to cultured hypothalamic neurons incubated with LPS, PMBS, or both ($p < 0.01$). Treatment with LPS, PMBS (a LPS antagonist), or both did not affect the CRF level in culture media of primary cultures of hypothalamic neurons ($F(3,8) = 1.89$, $p = 0.209$) (Fig. 3A).

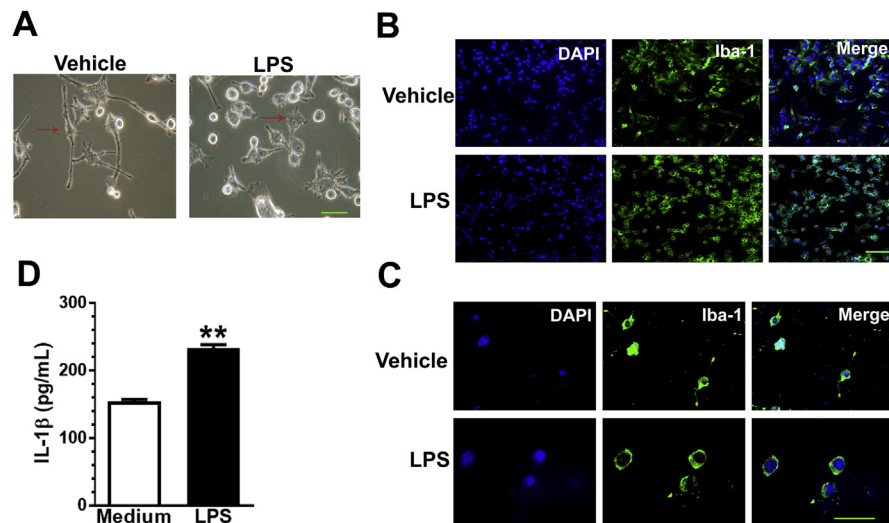


Fig. 2. LPS induces morphological change, increases cellular Iba-1 expression and IL-1 β level in culture medium of BV2 cells. (A) BV2 cells without LPS treatment presented ramified cell morphology with fine processes extending tens of microns away from the soma (left). BV2 cells treated with LPS (10 μ g/mL) presented a rounded amoeboid-like appearance with fine processes from soma (right). (B and C) LPS-treated BV2 cells present higher Iba-1-positive staining compared with the non LPS-treated BV2 cells (B, low magnification, and C, high magnification). LPS incubation induced IL-1 β level in culture medium compare with non-LPS treated group (D). All data are presented as means \pm SEM; ** p < 0.01; Scale bar = 100 μ m.

To assess the effect of activated BV2 cells on the CRFR and p-CREB expression in cultured hypothalamic cells, we cultured of rat hypothalamic cells for 24 h in CM and analyzed cell nuclear lysates for CRFR and p-CREB expression. Even though LPS and PMBS treatment did not alter CRFR levels ($F(3,8) = 0.194$, $p = 0.898$), CM treatment increased CRFR levels compared to LPS, PMBS or both ($p < 0.01$; Fig. 3B). LPS and PMBS treatment altered p-CREB levels ($F(3,8) = 4.38$, $p = 0.042$). CM treatment increased the p-CREB level compared to LPS, PMBS or both ($p < 0.05$; Fig. 3C). Consistently, CM treatment increased the cAMP level compared to LPS, PMBS or both ($P < 0.01$, Fig. 3D), but not the intracellular Ca²⁺ level ($F(4,10) = 0.645$, $p = 0.643$; Fig. 3E). CP-154526, a selective antagonist of CRFR, prevented CM-induced increase in CRF level at 0.1, 0.2, and 0.3 mg/mL, ($F(4,10) = 85.31$, $p < 0.01$; Fig. 3F). The calcium Fluo 3 reading is shown in Figure G while a representative example of experimental flow is shown in Fig. 3H.

3.4. LPS stimulates primary cultures of glia to release IL-1 β and facilitates CRF release from primary cultures of hypothalamic neurons

Primary cultures of hypothalamic neurons incubated with CM from cultures of glial cells had an increase in CRF levels when compared to regular medium ($t(4) = -5.29$, $p = 0.006$), which can be forestalled by pretreatment with an anti-IL-1 β antibody

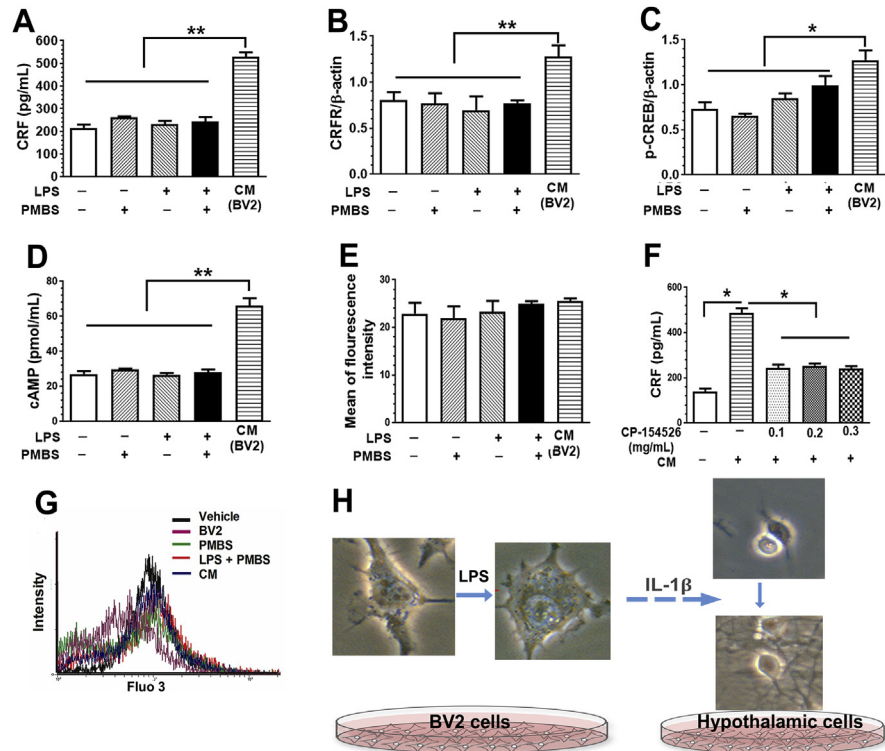


Fig. 3. LPS-treated BV2 culture medium increase the level of CRF, CRFR1, CREB and cAMP in cultured hypothalamic cells. Culture media (CM) from LPS-treated increased the levels of CRF (A), CRFR (B), p-CREB (C) and intracellular cAMP (D) in primary cultures of hypothalamic neurons. LPS, PMBS, or their combination did not present any effect. (E) There was no difference in intracellular Ca^{2+} level. G is the intracellular Ca^{2+} measurement. (F) CP-154526, a selective antagonist of the CRFR, at 0.1, 0.2, and 0.3 mg/mL, prevented CM-induced increase in CRF level. H is experimental flow chart. Data were presented as means \pm SEM; *, $p < 0.05$; **, $p < 0.01$.

(5 $\mu\text{g/mL}$) (regular medium + CM vs. anti-IL-1 β + CM; $t(4) = 3.438$, $p = 0.026$). Consistently, cultured hypothalamic neurons incubated with IL-1 β (250 $\mu\text{g/mL}$) displayed an increase in CRF levels when compared to regular medium ($t(4) = -9.94$, $p = 0.001$), which can also be prevented by pretreatment with an anti-IL-1 β antibody (regular medium + IL-1 β vs. anti-IL-1 β + IL-1 β ; $t(4) = 4.08$, $p = 0.02$). LPS alone did not affect the CRF release from cultured hypothalamic neurons. Exogenous IL-1 β also induced CRF release from cultured hypothalamic neurons. The effect of CM and IL-1 β on CRF release can be preempted by pretreatment with anti-IL-1 β antibody (Fig. 4). Preliminary experiments did not reveal effect of the antibody against IL-1 β on CRF protein levels in cells incubated with culture medium (data not shown).

4. Discussion

In this study, we evaluated microglia-neuron crosstalk *in vitro* with BV2 cells, primary cultures of microglia and hypothalamic neurons. Our data demonstrate that

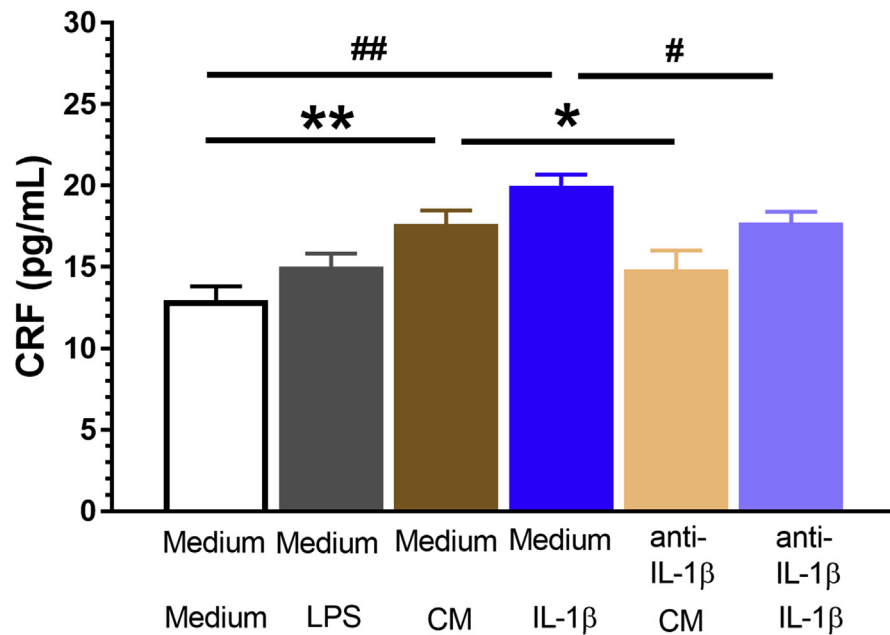


Fig. 4. LPS stimulates primary cultured glial cells to release IL-1 β and facilitates CRF release by primary cultured hypothalamic neurons. Primary cultures of hypothalamic neurons incubated with CM from cultured glial cells presented an increase in CRF level as compared to regular medium, which can be prevented by anti-IL-1 β antibody (5 μ g/mL) pretreatment (regular medium + CM vs. anti-IL-1 β + CM). Consistently, cultured hypothalamic neurons incubated with exogenous IL-1 β (250 pg/mL) presented an increase in CRF level as compared to regular medium, which can be neutralized by anti-IL-1 β antibody pretreatment (regular medium + IL-1 β vs. anti-IL-1 β + IL-1 β). Data were presented as means \pm SEM; *, # $p < 0.05$; **, ## $p < 0.01$.

BV2 cells and cultured glial cells treated with LPS can release IL-1 β into the culture medium and that this media stimulates cultured hypothalamic neurons. Moreover, activated hypothalamic cells presented an increase in CRF, CRFR, p-CREB and cAMP, but not intracellular Ca²⁺ signaling. These findings provide direct evidence of microglia-neuron communication connected by IL-1 β .

The *in vivo* study of microglia in neurology, toxicology and immunology may need a large number of animals. Using a microglia-like cell line can simulate an *in vivo* context at a lower cost and higher efficiency. The immortalised murine microglial cell line BV2 has been used frequently as a substitute for primary cultures of microglia due to its high fidelity and suitability (Henn et al., 2009). As described previously (Henn et al., 2009), we demonstrated that LPS can stimulate BV2 cells into microglia-like state demonstrated by characteristic morphological changes and increase in Iba-1 expression. Morphological change indicates the cell motility for microglia activation, and increase in Iba-1 expression evidences the microglia differentiation and activation. LPS is a specific activator of the TLR4 receptor. TLR4 signaling in microglia plays an important role in sensing environmental change (Akira et al., 2006). Converging evidence suggests that LPS-treated BV2 microglia constitutively release

various neurotrophic factors and pro-inflammatory cytokines, which can modulate neighboring neuronal function (Kettenmann et al., 2013).

As reported previously (Schmidt et al., 1995; Tilders and Schmidt, 1998), we found LPS treatment increased the level of IL-1 β in the BV2 cell and primacy glia culture medium. IL-1 β is a critical pro-inflammatory factor that bridges the communication between glia and neurons. The hypothalamus receives information from many sources, then processes this information and generates output to control metabolism, homeostasis, and autonomic system. CRF originating from the hypothalamic PVN elevates ACTH and corticosteroid levels via the HPA axis (Ferguson et al., 2008). Microglia facilitate stress and visceral pain by upregulating CRFR expression in neighboring CRF neurons (Du et al., 2010). In this study, we examined the communication between microglia and neurons with BV2 cells and primary cultures of hypothalamic cells.

We successfully isolated and cultured rat glia and hypothalamic neurons. Primary cultures of hypothalamic neurons were positively stained for NeuN⁺ and CRF⁺. LPS, PMBS or both did not alter the levels of CRF, CRFR, p-CREB, cAMP, or intracellular Ca²⁺ in cultured hypothalamic cells. However, conditioned medium from the LPS treated BV2 cells or cultured glial cells significantly increased the levels of CRF, CRFR, p-CREB and cAMP in cultured hypothalamic cells. These suggest that chemicals released from LPS-treated BV2 cells modulate the activities of hypothalamic cells.

Our data revealed that the IL-1 β level was elevated in LPS-treated BV2 cells. Pro-inflammatory cytokine IL-1 β , released from activated BV2 microglia, can enhance the activity of the HPA axis (Bale and Vale, 2004). Schmidt et al. (1995) reported that IL-1 β (5 pg/kg, i.p.) could induce a long lasting increase in hypothalamic CRF in adult male rats. Microglia is the major resource of brain IL-1 β (Dheen et al., 2007), and IL-1 β stimulates CRF and ACTH Release (Mazzocchi et al., 1993). Consistently, we found that CRF levels were elevated in hypothalamic cells treated with conditioned medium from BV2 cells. LPS treated primary cultures of glia can release IL-1 β , which could be simulated by exogenous IL-1 β and neutralized by anti-IL-1 β antibody, which further demonstrated the participation of IL-1 β in glia-neuron crosstalk.

Our data also indicated that LPS-treated BV2 cell culture media promoted CRFR and p-CREB expression in cultured hypothalamic cells. CRF is a key factor in the stress response and regulates the development of acute and chronic pain, including visceral pain (Zhang et al., 2016). CRFR, a class B/secretin-like GPCR, has five different subunits (Gs, Gi, Gq, Go, and Gz). Discrete microdomains within the cell mediate precise spatiotemporal signaling and regulate cAMP production by using nine G protein—regulated transmembrane adenylyl cyclases. Upon IL-1 β stimulation, CRF binds to CRFR, and in turn increases CRFR expression. This short, positive feedback stimulates more CRF release into the hypophyseal portal system,

which causes ACTH release, initiates HPA axis, and maintains homeostasis. Gs is the main coupling subunit of CRFR, leading to an increase in cyclic AMP (cAMP) production and activation of multiple signaling cascades, such as PKA and pCREB (Bonfiglio et al., 2011). CRF, a key modulator in stress response, takes part in various kinds of acute and chronic pain and contributes the development of functional visceralgia. Moreover, You et al. (2012) found that CRF acted on CRFR1, activating Gq and Gi. Gq and Gi activation leads to IP3 production and a subsequent increase of Ca²⁺ in human pregnant myometrium at term (37–42 weeks) labor. In line with this, we found that CRF, CRFR, p-CREB and cAMP levels were elevated with conditioned medium stimulation.

In this study, we used an *in vitro* approach to evaluate microglia-neuron crosstalk. Our data revealed that LPS-treated BV2 cells and primary cultures of microglia could release IL-1 β into culture medium that had a stimulatory effect on primary cultures of hypothalamic neurons. These findings provide direct evidence of microglia-neuron communication in the hypothalamus.

Declarations

Author contribution statement

Xinrong Tao, Na Li, Fei Liu, Yuting Hu, Jing Liu: Performed the experiments; Analyzed and interpreted the data.

Zhang Ym: Conceived and designed the experiments; Wrote the paper.

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Competing interest statement

The authors declare no conflict of interest.

Additional information

No additional information is available for this paper.

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