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Sink into the Epigenome: Histones as repositories that influence cellular metabolism

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Summary

Epigenetic modifications on chromatin are most commonly thought to be involved in the transcriptional regulation of gene expression. Due to their dependency on small molecule metabolites, these modifications can relay information about cellular metabolic state to the genome for the activation or repression of particular sets of genes. In this review, we discuss emerging evidence that these modifications might also have a metabolic purpose. Due to their abundance, the histones have the capacity to store substantial amounts of useful metabolites, or to enable important metabolic transformations. Such metabolic functions for histones could help explain the widespread occurrence of particular modifications that may not always be strongly correlated with transcriptional activity.

Keywords

Epigenetics; acetyl-CoA; SAM; histone acetylation; histone methylation; acetate

Introduction

The eukaryotic genome is packaged into chromatin by histone proteins that are subject to a wide range of posttranslational modifications (PTMs) including methylation, acetylation, phosphorylation, and ubiquitylation. These histone PTMs contribute to the transcriptional regulation of gene expression by influencing chromatin states. These modifications can regulate compaction between DNA and histones, as well as the recruitment of transcriptional activators, repressors, and their associated protein complexes [1, 2]. The underlying functional roles and regulation of histone modifications in gene expression remain an active area of investigation.

In parallel to this prevailing view, increasing evidence suggests that histone modifications are significantly influenced by the metabolic states of a cell. Many chromatin-modifying enzymes are dependent on intermediary metabolites that function as their substrates or

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cofactors, such as S-adenosylmethionine (SAM) or acetyl-Coenzyme A (acetyl-CoA), thereby rendering them sensitive to their intracellular availability. As a result, fluctuation of these metabolites can be reflected on the histones via the abundance of such modifications, while enabling the reprogramming of gene expression in tune with cellular metabolism. Therefore, such collaborative communication between chromatin and small molecule metabolites may have a specific purpose in relaying metabolic signals to the genome during organismal growth, survival, or development.

In this review, we will focus on reciprocal relationships between the epigenome and metabolism, mainly using histone methylation and acetylation as examples, and discuss how cellular SAM and acetyl-CoA levels affect chromatin states. While histone PTMs can function in the transcriptional regulation of metabolism, what has been often overlooked is that the biochemical reactions involving the deposition and removal of histone PTMs directly influence metabolism. Because histones are so abundant, their post-translational modification can consume substantial amounts of intermediary metabolites. As such, these intermediary metabolites are transformed to facilitate metabolism or deposited as small chemical units on chromatin that can be metabolically useful. Here, we propose and discuss the concept that the histones can function as repositories that facilitate cellular metabolic functions.

SAM and acetyl-CoA, representative intermediary metabolites linking metabolic states to the epigenome

Hundreds to thousands of biochemical reactions occur within a membrane-enclosed living cell, which collectively define cellular metabolism. Among more than 8000 stable small metabolites (MW < 1500 Da), there are a select few "sentinel metabolites" that have been proposed to power major metabolic pathways [3]. These include SAM and acetyl-CoA, both of which are kinetically stable but thermodynamically activated for transfer of carbon units [3]. Pathways that generate and utilize SAM and acetyl-CoA span nearly every aspect of biological processes, including lipid synthesis and breakdown, glycolysis and the tricarboxylic acid (TCA) cycle, and protein PTMs. Therefore, the spatial and temporal regulation of SAM and acetyl-CoA abundance will be imposed by metabolism and can influence chromatin states through methylation and acetylation.

Just as SAM and acetyl-CoA serve as donors to provide methyl and acetyl units for histone modification, nicotinamide adenine dinucleotide (NAD+), flavin adenine dinucleotide (FAD), and α-ketoglutarate, among others, are co-factors required for many reversal reactions to remove these groups from histones. In principle, the dependency on each of these intermediary metabolites provides an avenue to link the placement or removal of particular marks to the metabolic state. Here, we focus discussion on emerging, fundamental links between SAM and acetyl-CoA and epigenetic modifications on chromatin, which have revealed a metabolic purpose for both histone methylation and acetylation.

SAM metabolism and histone methylation

Biochemical basis of SAM

As the major methyl donor in the cell, SAM is considered the second most widely used metabolite by enzymes after ATP [4]. The estimated intracellular concentration of SAM (~10 μ M) is only a small fraction of the ATP pool (1–3%) under steady state conditions, but SAM amounts can vary ~10–100 fold under physiological conditions [5–7]. Such fluctuations can potentially render SAM itself a key modulator of many cellular transmethylation reactions, such as for histone methylation. As shown in Figure 1, methionine and SAM metabolism are central to many metabolic pathways, including all SAM-dependent methylation processes, the transsulfuration reaction for cysteine and glutathione synthesis, folate metabolism, purine biosynthesis, and the methionine salvage pathway, also known as the 5[′]-methylthioadenosine (MTA) cycle.

Metabolic function for SAM-dependent methylation

Approximately 1% of eukaryotic proteins encode SAM-dependent methyltransferases [8, 9]. These enzymes catalyze methyl group transfer from SAM to a variety of cellular substrates, including lipids, proteins, nucleic acids, and small metabolites. In addition to a broad range of biological functions performed by each transmethylation reaction, methylation itself is important for metabolism. This is because consumption of the methyl donor SAM is accompanied by the release of the reaction co-product, S-adenosylhomocysteine (SAH) (Figure 1). SAH is further hydrolyzed to homocysteine, the sole precursor for the biosynthesis of cysteine and glutathione in higher eukaryotes (Figure 1). Therefore, SAM turnover by methylation reactions in a cell can be essential to fuel the synthesis of cysteine, in the absence of other sources of this amino acid. In light of this, any methylation reaction that consumes substantial amounts of SAM can account for a considerable proportion of this methylation-based metabolic function. Several major SAM consumers have been postulated [Box 1], and an outstanding question pertains to how cells might employ SAM consumption as a mechanism for metabolic functions.

Box 1

Suggested major SAM consumers

The syntheses of phosphatidylcholine by phosphatidylethanolamine (PE) methyltransferase, sarcosine by glycine N-methyltransferase (GNMT), and creatine by guanidinoacetate methyltransferase have been suggested to be three major SAMconsuming reactions. Loss of PE methyltransferase in mice resulted in a ~50% decrease in plasma homocysteine, suggesting that PE methylation accounts for a substantial portion of whole-body SAM [10]. GNMT deficiency led to very high levels of methionine and SAM in the plasma of children and in the mouse liver [11–13], underscoring a link between methionine and one-carbon metabolism by this methyltransferase. Creatine synthesis was thought to consume a significant amount of SAM-derived methyl groups in humans, which was later considered to be overestimated as dietary creatine is a major source of creatine [14, 15]. Nevertheless, given the dynamic nature of metabolism and distinct metabolic requirements, SAM-consuming capacities of

A recent study in yeast and cultured mammalian cells demonstrates that phospholipid methylation, an alternative pathway for phosphatidylcholine (PC) synthesis from methylation of phosphatidylethanolamine (PE), is the major consumer of SAM among methyltransferase enzymes [7]. Cells lacking an enzyme required for PE methylation accumulate SAM, leading to inefficient synthesis of cysteine and glutathione, sensitivity to oxidative stress, and hypermethylation of histones and a major protein phosphatase PP2A [7]. Therefore, the PE methyltransferase enzyme is entitled to two additional functions, beyond the synthesis of PC: 1) production of glutathione to defend against oxidative stress and 2) maintenance of methylation potential to sustain other critical methylation events. Indeed, it is possible that other SAM-consuming methylation reactions might be employed for a similar purpose if they become a major SAM consumer in particular settings.

SAM links metabolism to histone methylation

The K_m values for SAM for various histone methyltransferases are in the low μ M range [16, 17], suggesting that fluctuations of SAM concentrations can directly influence the rate of histone methylation. When dietary methionine enters cells, it is first and primarily utilized for the synthesis of SAM [4, 18]. Therefore, it is not surprising that the availability of dietary methionine can regulate histone methylation by impacting the rates of SAM synthesis [6, 7, 19–21]. SAM-consuming pathways, however, may act as a rheostat to regulate SAM levels, thereby influencing histone methylation. For example, during methionine restriction, PE methylation quickly depletes cellular SAM, which is accompanied by decreases in histone methylation [7]. In the absence of PE methylation, cellular SAM accumulates since methionine cannot be sufficiently metabolized towards the synthesis of cysteine and glutathione [7]. Therefore, a SAM-consuming pathway can affect sensitivity of histone methylation to nutritional methionine. This mechanism may be particularly important in the liver, where PE methyltransferase is most active [22]. PE methylation and one-carbon folate metabolism are coordinated to regulate SAM homeostasis and lipid biogenesis in liver cells [23, 24], and their deficiencies are often associated with conditions such as nonalcoholic fatty liver disease [18, 25]. Hereafter, we define the recipient of methyl groups during a methylation reaction (such as the phospholipid PE) as a methyl sink.

Interestingly, deficiency in nicotinamide N-methyltransferase (NNMT) in adipose tissue increases SAM amounts and methylation of H3K4 [26], suggesting nicotinamide can serve as an adipose-specific methyl sink linking SAM and NAD⁺ metabolism to chromatin regulation. Conversely, overexpression of NNMT in cancer cells can promote the hypomethylation of histones [27]. This further emphasizes the possibility that a methyl sink can be cell type-, disease-, or developmental stage-specific. In addition to SAM-consuming pathways, metabolic processes intersecting with SAM metabolism can also impact on histone methylation. Deficiency in folate, which provides methyl groups to re-methylate homocysteine for the synthesis of methionine, leads to aberrant histone methylation in both

yeast and human cells [28] as well as in mouse liver [29]. Another example is a metabolic crosstalk between threonine and methionine in pluripotent stem cells. Metabolism of both amino acids is enhanced during acquisition of the pluripotent state [30], and threonine is catabolized and required for maintaining SAM and 5mTHF synthesis by generating glycine and acetyl-CoA [31]. Thus, depletion of threonine potently inhibits SAM synthesis, leading to a decrease in trimethylation of H3K4 [31].

Histones as a sink for methyl groups

While metabolic state and histone methylation are intrinsically linked through SAM abundance, how histone methylation is exploited for metabolic regulation remains an open question. Histone methylation occurs extensively on lysine and arginine residues throughout the histone proteins H1, H2A, H2B, H3 and H4, and more than 150 residues have been identified as methylated by mass spectrometry [32]. Among them, the most studied methylation sites are H3K4, H3K9, H3K27, H3K36, and H3K79 [Box 2]. Changes in global levels of histone methylation have been observed and linked to cancer aggressiveness [33]. Numerous genome-wide and locus-specific chromatin immunoprecipitation studies have shown both positive and negative association between histone methylation can have negligible, or even opposite effects on transcriptional activities [Box 2], leaving the role of histone methylation in gene expression obscure and complex. Considering that methylation of specific histone residues can have distinct functions depending on the gene locus, it is curious why cells might regulate histone methylation at the bulk level for modulating gene expression, if at all.

Box 2

Histone marks and transcription

A popular view within the field of histone methylation research has been that histone methylation marks correlate with either positive or negative transcriptional states. For example, lysine methylation at H3K4, H3K36, and H3K79 and arginine methylation are often associated with transcriptional activation, while methylated H3K9, H3K27, and H4K20 are associated with transcriptional repression [2]. However, it remains difficult to predict transcriptional activity of specific gene loci based on the occupancy profiles of their methylation marks. At times, the marks associated with transcriptional activation can also be associated with transcriptional repression [50, 51]. Such examples are often seen for H3K4me3 [52–54] and H3K36me3 [55, 56].

Positively charged histone amino-terminal tails are thought to bind to DNA through electrostatic interactions or interactions between nucleosomes. Unlike methylation, acetylation neutralizes the charge of histone tails and weakens histone-DNA or nucleosome-nucleosome interactions, making the DNA of genes and their regulatory regions more accessible to nuclear protein factors, such as the transcriptional machinery [57, 58]. Therefore, histone acetylation is generally associated with active transcription.

However, histone proteins are so abundant that alterations in bulk amounts of methylated amino acid residues may impact metabolism, underlying a possible function beyond transcriptional regulation. As estimated in Table 1, each nucleosome in a mammalian cell, if fully methylated, can consume up to ~400 molecules of SAM. In theory, by this calculation, the methylation of only ~0.1% of all histone residues throughout the genome is able to deplete the entire SAM pool of the cell. Therefore, one might predict that the inhibition of histone methylation can cause SAM to accumulate, if this process does consume significant amounts of SAM. A recent study demonstrates that SAM amounts are boosted by ~100- to 200- fold by preventing single or combinatorial methylation of H3K4, H3K36, and H3K79 in cells deficient in phospholipid methylation, whose deficiency alone exhibits ~20-fold increase in SAM [7]. Underlying these marked increases in SAM in histone methylation.

What metabolic functions might the nucleus employ the histones for? Because of the nature of the methylation reaction discussed above, histone methylation serves at least two metabolic functions: 1) Maintaining nuclear SAM homeostasis and methylation potential. In case of a high influx of SAM into the nucleus from the cytoplasm, increasing the rate of histone methylation can buffer against perturbations and minimize aberrant methylation of other substrates. In support of this idea, the absence of methylation at a particular histone residue can promote the hypermethylation of another in a compensatory-like manner [7]. Based on epistasis analysis, there appears to be a preference of particular sites on the histones for such a "sink" function: H3K36 > H3K79 > H3K4 [7]. 2) Fueling the nuclear synthesis of glutathione. All methylation reactions (including histone methylation) are accompanied by the conversion of SAM to SAH. SAH is hydrolyzed to homocysteine, the precursor for cysteine and glutathione synthesis. It is possible that histone methylation can facilitate the nuclear synthesis of glutathione, because nuclear glutathione synthesis is active [34] and a nuclear pool of related metabolic enzymes has been identified [35, 36]. It might also be necessary because reactive oxygen species that cause DNA damage are constantly generated in living cells [37], and histone demethylation reactions locally produce reactive byproducts, including formaldehyde and hydrogen peroxide (Figure 3) [38]. Intriguingly, an increase in H3K36 methylation is associated with enhanced DNA repair [39, 40] although it remains unknown whether glutathione production contributes to such a phenotype. Overall, the methylation of histones is integrated with cellular metabolism and has the capacity to significantly influence the nuclear metabolic environment.

Acetyl-CoA metabolism and histone acetylation

Biochemical basis of acetyl-CoA

Acetyl-CoA is composed of an acetyl moiety linked to Coenzyme A (CoA) through an energy-rich thioester bond [3], providing the chemical basis for the involvement of this metabolite in many primary anabolic processes, including fatty acid synthesis and steroidogenesis, as well as in modification of various proteins such as histones through acetyl group transfer [41–43]. The synthesis of acetyl-CoA, on the other hand, involves the central catabolic pathways that break down carbohydrates, fatty acids, and branched-chain amino acids [41–43]. Because homeostatic regulation of acetyl-CoA abundance is integral to

primary metabolic processes, fluctuation of cellular acetyl-CoA levels becomes a key indicator of metabolic state for cellular physiology during growth and development. Importantly, these fluctuations have the capacity to modulate histone acetylation, resulting in epigenetic adaptation to nutrient and environmental states. Changes in histone acetylation have been implicated in many disease states, including many types of cancers [44–46].

Metabolic basis for acetyl-CoA in histone acetylation

Histone acetyltransferase enzymes have a K_m for acetyl-CoA in the low μ M range [47, 48], which is close to estimated intracellular acetyl-CoA concentrations [49]. Just as in the case for SAM and histone methyltransferases, acetyl-CoA fluctuations can likewise modulate histone acetyltransferase activity. However, in contrast to SAM, most metabolic processes producing acetyl-CoA are central to bioenergetics that power cell growth and survival (Figure 2). During the metabolism of glucose, glycolysis breaks down glucose to pyruvate in the cytosol, which is imported into mitochondria. Mitochondrial pyruvate is then converted to acetyl-CoA by the pyruvate dehydrogenase complex. This is the canonical route through which acetyl-CoA is formed and subsequently funneled into the tricarboxylic acid (TCA) cycle. Under conditions of excess glucose, citrate generated from acetyl-CoA and oxaloacetate via the TCA cycle can be transported to the cytosol for the synthesis of cytosolic acetyl-CoA by ATP citrate lyase. This process supplies the cytosolic pool of acetyl-CoA for fatty acid biosynthesis and histone acetylation [43]. By contrast, during starvation when cells demand mitochondrial acetyl-CoA for ATP synthesis, free fatty acids are converted to acyl-CoAs in the cytosol, which are then transported into mitochondria via the carnitine shuttle and broken down to produce acetyl-CoA through β -oxidation. Parallel to these routes that are highly dependent on the fed or fasted state, acetyl-CoA can be synthesized alternatively in an ATP-dependent manner from acetate by acetyl-CoA synthetase enzymes found in the cytoplasm, nucleus, and mitochondria. Overall, acetyl-CoA metabolism is tightly orchestrated with cellular bioenergetics. This coordination necessitates compartmentalized metabolic processes to govern the spatial and temporal oscillation of acetyl-CoA levels, and a resulting nucleocytosolic acetyl-CoA pool modulates histone acetylation for genetic reconfiguration [Box 2].

Acetyl-CoA regulates histone acetylation for the control of cell growth and survival

The role of acetyl-CoA in regulating the control of cell growth and survival is explicitly illustrated by studies of the yeast metabolic cycle (YMC) [59], during which prototrophic cells oscillate between three distinct metabolic phases [60]. Acetyl-CoA is among the most dynamic metabolites across the cycle and peaks during the oxidative phase, a growth period that is accompanied by a burst of mitochondrial respiration that culminates with entry into the cell division cycle. Bulk acetylation of histones was observed to increase periodically during this phase, perfectly coinciding with measurable increases in intracellular acetyl-CoA levels [59]. Interestingly, acetylated histones were present predominantly at growth genes during this oxidative phase [59, 61]. In addition to histones, several non-histone proteins, including components of transcriptional coactivator and chromatin remodeling complexes, are also acetylated during this phase [59], which underlies a concerted program driven by acetyl-CoA to promote expression of growth genes. Following the high acetyl-CoA oxidative phase are two reductive phases (the reductive building and reductive charging)

when nucleocytosolic acetyl-CoA remains relatively low [59]. Although bulk histone acetylation is greatly reduced during both phases, acetylation of histones can be observed to increase at specific genomic loci. In this manner, particular genes associated with cell survival can be expressed. However, it remains unexplored how histones are selectively acetylated at particular DNA regions when nucleocytosolic acetyl-CoA is limiting. Consistent with the function of acetyl-CoA in determining the fate of cell growth and survival, depletion of nucleocytosolic acetyl-CoA stimulates autophagy [62, 63] and extends lifespan [62]. Mechanistically, histone hyperacetylation leads to transcriptional repression of essential autophagy genes [62]. The tight association between acetyl-CoA production and global histone acetylation has also been observed in various types of normal cells [64–66] as

Histone acetylation is regulated by locally-produced acetyl-CoA in the nucleus

well as tumor cells [67, 68].

As an electrophilic molecule, acetyl-CoA is biochemically reactive enough that spontaneous acetylation of lysine residues on proteins can occur where acetyl-CoA is enriched [69–71]. This also suggests that a given molecule of acetyl-CoA may have a short half-time. As such, the local production of acetyl-CoA could be a mechanism to enable targeted protein acetylation. In particular, such spatial regulation of acetyl-CoA synthesis might be important for acetylation of histones, which can impose specific regulation of transcription at genespecific loci. While acetyl-CoA metabolism is compartmentalized (Figure 2), many metabolic enzymes producing acetyl-CoA have been reported to be present in the nucleus, including ACSS2, ACLY, and PDC. In post-mitotic neurons, ACSS2 is recruited to chromatin and promotes expression of neuronal genes by increasing histone acetylation, which is implicated in memory formation [72]. Nuclear ACSS2 is also found in adipocytes and contributes to histone acetylation [68]. Nuclear translocation of ACSS2 has also been suggested to be regulated by AMPK in response to glucose deprivation [73]. Similar to ACSS2, ACLY is also present in both the cytosol and nucleus. Interestingly, in response to ionizing radiation-induced DNA damage, nuclear ACLY is phosphorylated at S455 that facilitates histone acetylation at double-strand break sites for DNA repair [74]. PDC, which is normally mitochondrial, can also be found in the nucleus, and the abundance of this pool is regulated by cell cycle, epidermal growth factor stimulation, and mitochondrial stress [75]. It is surprising that a variety of different metabolic enzymes can enter the nucleus to produce acetyl-CoA for histone acetylation under different physiological conditions. Nevertheless, these disparate mechanisms for generating acetyl-CoA in the nucleus underscores the importance of acetyl-CoA as means to link metabolism and chromatin regulation.

Histones as a reservoir for acetate

Because histones are abundant cellular components, a substantial number of acetyl group units can be deposited on histones by acetylation, as much as methyl groups deposited by methylation (Figure 3). As estimated in Table 1, each histone octamer for every ~146 bp of DNA can harbor up to 100 acetyl groups, which translates to 4 billion acetyl units across the human genome. Even if only ~0.1% of histone residues are active for acetylation and deacetylation, this can contribute a net of ~3 μ M acetyl-CoA, compared to a total ~20 μ M

estimated present in the entire cell, which can again vary depending on the metabolic state [76].

There are two major differences between histone methylation and acetylation. First, acetylated histones are turned over very quickly within minutes (the half-life of acetylation is about 2–3 min [77]), whereas histone methylation displays a much slower turnover rate (estimated half-lives of methylated histone is about 0.3–4 days) [78, 79]. Second, deacetylation of histones generates acetate, which can be directly converted back to acetyl-CoA, whereas the methyl group detached from histones via demethylation is in the form of formaldehyde, which cannot be immediately utilized for SAM synthesis (Figure 1).

Due to such differences in the turnover rates and regenerative capacity between methyl and acetyl groups installed on histones, methylation forces the histones to consume SAM and thus function as a methyl **sink**, while acetylation enables the histones to serve as a **reservoir** for acetate [44, 80]. This pool of acetate can be used to regenerate acetyl-CoA, or to drive transport of protons to buffer against changes in intracellular pH [81]. Therefore, high nucleocytosolic concentrations of acetyl-CoA can promote the "bulk" acetylation of histones, which might not always be closely coupled to actual transcriptional activity. Moreover, we speculate that this reservoir of acetate can subsequently be retrieved and directed towards appropriate metabolic functions depending on the metabolic state of the cell.

Concluding Remarks

Highly sensitive protein mass spectrometry techniques have revealed that the histones are decorated by a variety of post-translational modifications, while next-generation sequencing technologies have provided a broad view of potential associations between chromatin states and gene regulation. Despite the prevalence of the "histone code" hypothesis, many of these modifications are often not well-correlated with gene transcription, causing their precise functional roles to be debated, and many unconventional functions have been proposed. Often overlooked are both the dependency of these modifications on small molecule metabolites that are indicators of the metabolic state and the direct metabolic consequences accompanying the biochemical reactions required for modifying the histones. As discussed above, we propose that due to their abundance, the histones themselves play a very underappreciated role in absorbing key intermediary metabolites for metabolic transformations, or as a readily accessible repository. In fact, an ancestral function of histone modifications could have been to enable such metabolic functions, which perhaps coevolved with their roles in genome regulation. A proper consideration of the histones in such a role could be vital to understanding the function of these pervasive modifications in both the normal and diseased states.

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Outstanding Questions Box

- What other small molecule metabolites might exhibit such intimate connections with histones and chromatin?
- What information can be gleaned from bulk measurements of histone methylation or acetylation?
- Could there be specialized functions for histone methylation and acetylation when SAM and acetyl-CoA are low?
- How are chromatin-modifying enzymes regulated in response to metabolic cues in order to necessitate proper histone modifications?
- How does this metabolism-to-histone communication impose regulation on other cellular activities, such as energy metabolism, membrane biogenesis, and inter-organelle communication?
- How important are such metabolic functions of histones in human disease?

Highlights

• Histone methylation and acetylation are sensitive to metabolic states.

- Histone methylation consumes SAM and functions as a methyl sink.
- Histone acetylation deposits acetyl units as a source of acetate.
- "Bulk" histone methylation and acetylation might reflect these metabolic functions



Figure 1. Pathways for methionine and SAM metabolism

SAM synthesized from methionine donates methyl groups to various methyl recipients. Alternatively, SAM can be decarboxylated for the synthesis of polyamines, and the recycling of the byproduct methylthioadenosine is known as the methionine salvage pathway. SAMdependent methylation generates SAH, and the subsequent hydrolysis of SAH produces adenosine and homocysteine, which can feed purine metabolism and transsulfuration for cysteine and glutathione synthesis, respectively. Homocysteine can also be recycled for methionine synthesis. Folate and choline are metabolized to provide necessary methyl groups for remethylating homocysteine.



Figure 2. Pathways for acetyl-CoA metabolism

Acetyl-CoA can be synthesized via at least four routes: 1) decarboxylation of pyruvate by the pyruvate dehydrogenase complex (PDC); 2) cleavage of citrate by ATP citrate lyase (ACLY); 3) fatty acid β -oxidation; and 4) synthesis from acetate by acetyl-CoA synthetase enzymes (ACSS).

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Figure 3. Dynamics of methylation and acetylation of histones

The methylation status of histones is determined by opposing methylation and demethylation reactions. Histone methyltransferases (HMTs) catalyze the methylation of histones using SAM as the methyl donor, while histone demethylases catalyze the removal of methyl groups. Jumonji-domain containing demethylases (JHDM) consume α-KG in the demethylation reaction, while the LSD1 family of demethylases utilize FAD as a cofactor. The histones serve as a methyl sink and take methyl groups from SAM to facilitate its conversion to cysteine and glutathione through the transsulfuration pathway. The acetylation status of histones is determined by opposing acetylation and deacetylation reactions. Histone acetyltransferases (HATs) catalyze the acetylation of histones using acetyl-CoA as the acetyl donor, while histone deacetylases catalyze the removal of acetyl groups to release free acetate (HDACs) or as O-acetyl-ADP-ribose (sirtuins). The released acetate can be converted back to acetyl-CoA to elicit metabolic or signaling functions.

Table 1

Estimate of SAM and acetyl-CoA consumption by histones in yeast and human cells.

		Yeast (haploid)	Human
Genome size (bp)		1.2×10 ⁷	6.4×10 ⁹
Nucleosome + linker DNA (bp)		200	200
Nucleosome units		6.1×10 ⁴	3.2×10 ⁷
Volume of cell (L)		3.7×10 ⁻¹⁴	2.0×10 ⁻¹²
SAM	Estimated total methylation sites per histone octamer	12 (K)	96 (K) + 58 (R)
	Molecules of SAM consumable per histone octamer	36	404
	Number/moles of SAM consumed per genome	2.2×10 ⁶ /3.6×10 ⁻¹⁸	$1.3 \times 10^{10}/2.1 \times 10^{-14}$
	Consumable SAM by histones (µM)	98	11000
	Cellular SAM concentration (µM)	10	10
Acetyl-CoA	Estimated total acetylation sites per histone octamer	30	123
	Number/moles of acetyl-CoA consumed per genome	1.8×10 ⁶ /3.0×10 ⁻¹⁸	3.9×10 ⁹ /6.5×10 ⁻¹⁵
	Consumable acetyl-CoA by histones (µM)	82	3000
	Cellular acetyl-CoA concentration (µM)	20	20