

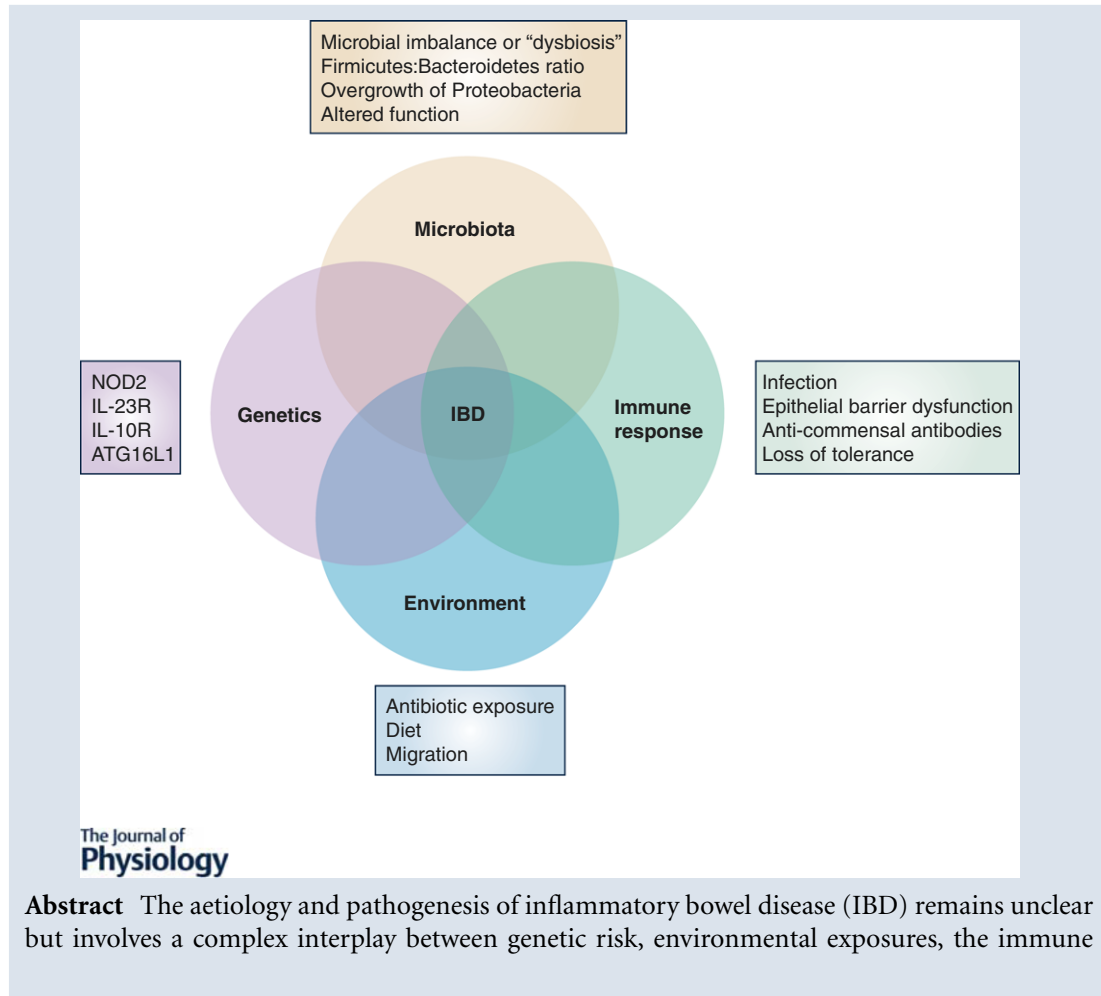
SYMPOSIUM REVIEW

The interplay between microbes and the immune response in inflammatory bowel disease

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Ashleigh Goethel obtained her PhD in immunology from the University of Toronto, where she studied the effects of antibiotic exposure on host immune–microbiota crosstalk and the development of colitis in the laboratories of Dr Ken Croitoru and Dr Dana Philpott. **Dana Philpott** is a Professor in the Department of Immunology and co-director of the Host-Microbiome Research Network at the University of Toronto. Her research employs animal models of inflammatory bowel disease and considers how innate immunity and the microbiome shape immune homeostasis within the intestine.



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system and the gut microbiota. Nearly two decades ago, the first susceptibility gene for Crohn's disease, *NOD2*, was identified within the IBD 1 locus. Since then, over 230 genetic risk loci have been associated with IBD and yet *NOD2* remains the strongest association to date. As an intracellular innate immune sensor of bacteria, investigations into host–microbe interactions, involving both innate and adaptive immune responses, have become of particular interest in understanding the pathogenesis of IBD. Advancements in sequencing technology have led to the groundbreaking characterization of the gut microbiota and its role in health and disease. While an altered microbiome has been described for IBD, whether it is a cause or an effect of the intestinal inflammation has yet to be determined. Moreover, the bidirectional relationship between the gut microbiota and the mucosal immune system adds to the multifaceted complexity of intestinal homeostasis. A better understanding of how host genetics, including *NOD2*, influence immune–microbe interactions and alter susceptibility to IBD is necessary in order to develop therapeutic and preventative treatments.

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Abstract figure legend The multi-factorial etiology of IBD. Genetically susceptible individuals may experience some form of environmental trigger that induces an immune response against gut microbiota. The uncontrolled immune activation is thought to initiate disease or result in a flare.

Introduction

The nucleotide-binding oligomerization domain (NOD)-like receptors (NLRs) are a family of evolutionarily conserved, intracellular sensors that recognize a wide range of microbial- and damage-associated signals during infection and inflammation. Upon activation, these innate immune receptors can lead to nuclear factor κ B (NF- κ B) and mitogen-activated protein kinase (MAPK) signalling or inflammasome cascades (Rubino *et al.* 2012). There are currently 22 human and 34 mouse NLR proteins that are classified based on their structure (Franchi *et al.* 2009). NLRs contain an N-terminal protein-binding domain responsible for downstream signalling, a central nucleotide-binding domain responsible for oligomerization, and a leucine-rich repeat domain located at the C-terminal, responsible for ligand sensing and binding. Identification of the NLR, *NOD2*, as the strongest genetic risk factor for the inflammatory bowel disease (IBD), Crohn's disease, has paved the way for nearly 20 years of research into the role it plays in immunity, host–microbe interactions and, ultimately, intestinal disease. Here, we will review the genetic, immune and microbial associations with IBD, with a focus on the role for *NOD2* in the pathogenesis of Crohn's disease.

Overview of IBD

Inflammatory bowel diseases encompass illnesses characterized by chronic, relapsing inflammation of the gastrointestinal tract. The highest prevalence of IBD is in western countries in Europe, Oceania and North America, with prevalence exceeding 0.3% in most (Ng *et al.* 2018).

Interestingly, IBD incidence seems to be stabilizing in the western countries, whereas newly industrialized countries are experiencing rapid increases in IBD incidence (Kaplan, 2015). Canada continues to have one of the highest rates of IBD in the world, with 1 in every 150 Canadians (~0.6% prevalence) living with either Crohn's disease (CD) or ulcerative colitis (UC), the two main types of IBD (Crohn's and Colitis Foundation of Canada, 2012). CD can cause inflammation at any point along the alimentary canal, from mouth to anus, whereas inflammation is localized to the colon and rectum in UC. Disease onset typically begins in late teens to early adulthood, and symptoms include severe diarrhoea, abdominal pain, bloating, fatigue and weight loss. With disease induction occurring during the most productive years and symptoms severely impacting the patient's quality of life, IBD is a huge burden to the patient, their families, society and the health care system.

While the aetiology of IBD remains unclear, it is currently hypothesized to be a multi-hit, multi-factorial auto-inflammatory disease. The most widely accepted hypothesis is that a genetically susceptible person experiences an environmental trigger that leads to an inappropriate immune response against the commensal gut microbiota, resulting in chronic immune activation, inflammation, epithelial damage, bacterial translocation and further amplification of the inflammatory response (Sartor, 2006). Despite significant efforts, the environmental trigger(s) leading to this chronic inflammatory cycle remains unknown. The search for a “cure” for IBD requires understanding the fundamental principles governing the interaction between the intestinal immune system and gut microbes and in particular, mechanisms that control responses

to “normal” commensal bacteria. Indeed, the challenge to the mucosal immune system is to maintain a controlled and appropriate response to the trillions of gut microbes that make up the gut microbiota. One can imagine that loss of this regulation could lead to chronic intestinal inflammation and play a key role in the pathogenesis of IBD.

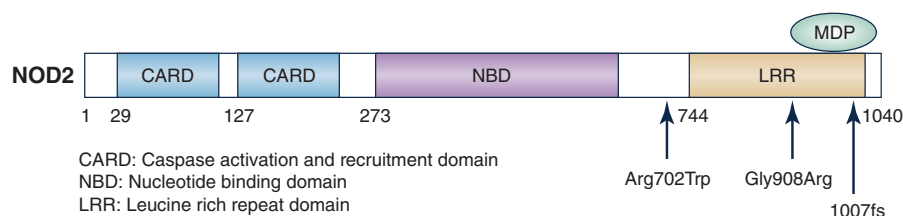
Genetic risk in IBD

The genetic influence on IBD development has been well studied. Some of the first studies looking at IBD occurrence in twins identified a higher concordance in monozygotic twins than dizygotic twins, 58.3% *versus* 0%, respectively, for CD (Orholm *et al.* 2000). Moreover, a study of Swedish monozygotic twins identified a concordance of 18% in UC and 50% in CD (Halfvarson *et al.* 2003). This indicated that IBD development, particularly CD, is influenced by genetics. To date over 230 genetic loci have been identified that are associated with an increased risk of developing IBD, 30 of which are specific to CD (Jostins *et al.* 2012; Liu *et al.* 2015; de Lange *et al.* 2017). The majority of IBD susceptibility genes are linked to pathways involved in immune–microbe interactions. Pathways highlighted by these IBD-linked genes include: microbial detection, immune activation and suppression, and fucosylation of the mucosal epithelium. Some of these genes include the interleukin (IL)-23 receptor (IL-23R), the autophagy-related protein 16-1 (ATG16L1) and the IL-10 receptor (IL-10R) (Jostins *et al.* 2012). The strongest genetic association with CD is nucleotide-binding oligomerization domain-containing protein 2 (NOD2) mutations, with the largest odds ratio of 3.1 (Hugot *et al.* 2001; Ogura *et al.* 2001; Jostins *et al.* 2012).

NOD2. NOD2 is a cytosolic pattern recognition receptor that senses muramyl dipeptide (MDP), a component of peptidoglycan found in the cell wall of Gram-positive and -negative bacteria (Girardin *et al.* 2003). Located

within the leucine rich repeat (LRR) domain responsible for microbial sensing are the three main IBD-associated *NOD2* mutations: Arg702Trp and Gly908Arg, which result in amino acid substitutions, and the 1007fs frameshift, which results in a premature stop codon and a truncated protein (Hugot *et al.* 2001; Ogura *et al.* 2001) (Fig. 1). These mutations are thought to result in “loss of function” and cause defective bacterial sensing. Up to 40% of CD patients have at least one allele mutated in *NOD2*, while mutations in both *NOD2* alleles are found in ~10% of CD patients (Lesage *et al.* 2002). Upon activation, NOD2 signalling is mediated by Rip2 kinase, which activates NF- κ B and MAPKs leading to increased immune gene expression and inflammation. These observations suggest that innate immune responses to bacteria are a key element in the pathogenesis of CD; however, the mechanism by which this occurs is still unclear (Girardin *et al.* 2003; Watanabe *et al.* 2004; Kobayashi *et al.* 2005; Fritz *et al.* 2006).

NOD2 is expressed in numerous cell types, including T and B cells (Shaw *et al.* 2009; Petterson *et al.* 2011), macrophages and dendritic cells (Hedl *et al.* 2007; Cooney *et al.* 2010), plus epithelial cells, goblet cells and Paneth cells (Rosenstiel *et al.* 2003; Ogura *et al.* 2003a; Ramanan *et al.* 2014). Each of these cell subsets are located within the intestine and are involved in either maintaining the epithelial barrier thus limiting bacterial translocation into the tissue, or bacterial sensing and clearance. Indeed, a study showed that NOD2 is constitutively expressed within Lgr5⁺ stem cells within intestinal crypts, and sensing of MDP resulted in increased stem cell survival and epithelial restitution (Nigro *et al.* 2014). Therefore, it is clear that defects in the bacterial sensor NOD2 could impair any or all of the mechanisms available for protecting the host from bacterial-induced inflammation in the gut. Indeed, polymorphisms in *NOD2* lead to defective NF- κ B activation resulting in inefficient epithelial and macrophage clearance of invasive bacteria (Sartor, 2004). Furthermore, patients with *NOD2* mutations have reduced defensin production



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Figure 1. NOD2 gene and IBD associated mutations

NOD2 has three functioning domains: CARD, responsible for NF- κ B activation through interactions with receptor interacting protein-2 (RIP2); NBD, responsible for oligomerization; and the LRR domain, responsible for bacterial sensing via binding of muramyl dipeptide (MDP). The three main mutations in *NOD2* are all located near or in the LRR domain and arrows indicate their locations.

and secretion by Paneth cells, increased T cell and humoral immune responses and a proposed loss of tolerance to the commensal gut microbiota (Kobayashi *et al.* 2005).

NOD2 is also involved in other cellular defence mechanisms, such as autophagy, where MDP sensing by NOD2 induces recruitment of the autophagy protein ATG16L1 to the bacterial entry site in the plasma membrane (Travassos *et al.* 2010). Indeed, the CD-associated frameshift mutation of NOD2 fails to induce ATG16L1 recruitment and results in incomplete autophagosome formation. Additionally, there is evidence suggesting a role for NOD2 in antiviral immune responses; however, the exact mechanism and cells involved remain unclear (Sabbah *et al.* 2009; Lin *et al.* 2013). Together, this suggests that NOD2 mutations not only impair bacterial sensing but also influence other defence pathways that could be associated with CD.

Involvement of the immune system in IBD

Multiple components of the immune system are involved in the pathogenesis of IBD, from innate sensing of bacteria to adaptive anti-commensal responses. The gut is home to the largest number of immune cells in the body and only a single layer of columnar epithelial cells physically separates the numerous luminal antigens from the primed mucosal immune system. The mucosal immune system exists to protect against invading pathogens, while at same time it must remain tolerant to food antigens and commensal microbes.

Structure and function of the intestine. In order to understand the role of the gut microbiota on mucosal immune development and disease, the structure of the intestine must be considered. The alimentary tract runs from mouth to anus, and while microbial colonization does exist in the mouth and stomach, the majority of the gut microbiota live in the small and large intestine (Sender *et al.* 2016). The small intestine can be considered as three functionally distinct sections: the proximal duodenum, responsible for enzymatic breakdown of ingested food, the medial jejunum and the distal ileum, which are responsible for nutrient absorption. Function dictates the structure of the epithelial barrier along the small intestine, from long villi and crypts in the duodenum and jejunum to increase surface area necessary for absorption, to shorter villi in the ileum (Mowat & Agace, 2014). Multipotent stem cells inhabit the base of the crypt alongside Paneth cells, and give rise to new epithelial cells to replace the constant turnover of the barrier every 4–5 days (Barker *et al.* 2008). As the epithelial cells migrate up the crypt and villi, they mature into one of the various cell types within the barrier: absorptive enterocytes (the most common), tuft cells, enteroendocrine cells, or mucus-producing goblet cells. Tuft cells have come into the spotlight for their recently

discovered ability to initiate type 2 immune responses in the gut, and involvement in the complex network between immune cells and the intestinal epithelium (Gerbe & Jay, 2016; Middelhoff *et al.* 2017). Together, these cell subsets maintain a secure barrier along the small intestine, a barrier between the microbes in the lumen and the immune cells in the mucosa. Some of the mechanisms used to protect the barrier include expression of tight junction proteins to reduce the permeability of the epithelium, release of anti-microbial peptides including defensins from Paneth cells, and mucus production by goblet cells (Peterson & Artis, 2014). Furthermore, expression of pattern recognition receptors, such as NOD2, by epithelial cells provides another protective checkpoint. Indeed, NOD2 expression is particularly high in Paneth cells within the ileum, and *NOD2* mutations have been associated with ileal inflammation in Crohn's disease patients (Hugot *et al.* 2001).

In contrast, the large intestine has no villi, only crypts, and its main physiological function is the reabsorption of water (Mowat & Agace, 2014). The crypts still maintain a base of regenerating stem cells (but lack Paneth cells), which populate the colonic epithelium with enterocytes, enteroendocrine cells and goblet cells. Goblet cells produce a protective mucus composed of two layers: a thin inner layer that is firmly attached to the colonic epithelium and impervious to bacterial translocation during homeostasis, and an outer layer which is significantly thicker but looser, allowing bacterial habitation (Hansson & Johansson, 2010). Mucins, such as Muc2, are the structural components of the mucus layer, which can be quantified and used as a measure of the host's response to microbes (Johansson *et al.* 2011). Moreover, immune mediators, such as IL-9 and IL-13, stimulate mucus production (Steenwinckel *et al.* 2009).

Immune response in IBD. The gut represents the largest and most diverse site of interaction between the host and the environment. As such, patients with IBD can experience a flare in response to numerous triggers of inflammation. As described above, the lumen is physically separated from the immune cells by highly specialized epithelial cells. IBD patients have altered intestinal permeability (i.e. leaky gut due to reduced intercellular adhesion), possibly allowing for bacterial translocation into the lamina propria (Peeters *et al.* 1997; Soderholm *et al.* 1999; Buhner *et al.* 2006), although it remains to be determined if this is due to the inflammation, alterations of the gut microbiota, or represents an underlying genetic defect. Recent work from our laboratory failed to show a genetic association with abnormal intestinal permeability in healthy subjects (Kevans *et al.* 2015).

Paneth cells, located in the base of the crypts, are secretory cells that specialize in host defence by secreting potent anti-microbial α -defensins. NOD2 is highly

expressed in Paneth cells, suggesting that polymorphisms in *NOD2* could result in defective anti-microbial defence (Ogura *et al.* 2003a). Indeed, CD patients have a reduction in anti-microbial peptide production and morphologically abnormal Paneth cells (Cadwell *et al.* 2008; VanDussen *et al.* 2014). A thick layer of mucus lines the gut epithelium acting as a chemo-physical barrier limiting bacterial adherence and translocation (Duerkop *et al.* 2009). IBD is associated with a thinner mucus layer that may enhance bacterial invasion of the mucus (Pullan *et al.* 1994). Collectively, epithelial barrier defects are a characteristic feature in IBD patients and may represent a key feature in the breakdown of host–microbe interactions as it is the main contact point between luminal microbes and mucosal immune cells.

IBD patients have elevated levels of many pro-inflammatory cytokines such as IL-1 β , tumour necrosis factor α (TNF α), IL-6 and IL-12 in serum and mucosal tissue compared to healthy controls. It has been postulated that this elevation is due primarily to the inability to control the immune response to commensal bacterial antigens. Indeed, several groups have identified increased anti-microbial responses in IBD patients (Round & Mazmanian, 2009; Manichanh *et al.* 2012). Specifically, one team identified an increase in highly IgA-coated microbes in the stool of IBD patients, indicating an increased adaptive immune response against commensals (Palm *et al.* 2014). Another group investigated the reactivity of serum antibodies to microbial antigens and found that CD patients have elevated serum IgG reactive to bacterial flagellin (Lodes *et al.* 2004). Tissue specific responses also indicate an inability to control inflammation in IBD patients. For example, the alarmin, IL-33, is increased in inflamed tissue of IBD patients (Kobori *et al.* 2010). Moreover, increases in neutrophils and monocytes within the tissue result in increased reactive oxygen species and further tissue damage (Brown & Mayer, 2007). Mucosal T cells in IBD patients survive longer than normal T cells and remain within the mucosa (Neurath *et al.* 2001). This latter finding has resulted in a new avenue of therapeutics targeted against gut homing receptors, including the integrin $\alpha 4\beta 7$ (Ghosh *et al.* 2003). Another effective treatment of CD is anti-TNF α therapy, which suppresses immune activation by binding to and neutralizing TNF α produced by immune cells. Limiting the inflammatory response in this way allows for the epithelial barrier to heal thus preventing further microbial translocation into the lamina propria and continuous immune stimulation. Alternatively, some patients respond to oral antibiotic therapy, which reduces the total microbial load in the gut lumen and limits bacterial invasion into the tissue; however, the mechanism by which antibiotics mediate remission are likely due to alterations of the gut microbiota (Sartor, 2004).

Gut microbiota

The human body is truly an ecosystem, colonized by a wide variety of microbes, including Archaea, bacteria, protists, viruses and bacteriophages, and some not so “micro” organisms, such as worms and fungi. The “microbiota” collectively refers to all of these components but more specifically relates to the bacterial community both on and in the body, whereas the “microbiome” denotes the genes and genetics of this community (Hooper & Gordon, 2001). While the existence and influence of the “virome” and “mycobiome” have been established, much less is known about their role in health and disease, or the co-evolution with gut bacteria (Cui *et al.* 2013; Minot *et al.* 2013; Lim *et al.* 2015). Symbiosis between the host and its resident microbiota has important consequences for human health and physiology. These interactions may have beneficial nutritional, immunological and developmental effects or pathogenic effects for the host (Penders *et al.* 2006). Research characterizing which bacteria are present at various anatomical locations, their abundance and function has exploded over the last decade as we have come to appreciate their essential role in both health and disease.

Quantification and assessment of the microbiota. The community of microbes varies by anatomical location, from skin to vagina, mouth to gut (Costello *et al.* 2009; Cho & Blaser, 2012). While many microbes are found on the skin, the highest concentration of bacteria is located within the gastrointestinal tract. Bacteria live in the mouth (10^9), stomach (10^3) and small intestine (10^4 – 10^8) but the majority are located in the colon, with nearly 10^{11} bacteria per gram of intestinal content or 3.8×10^{13} bacteria in total (Sender *et al.* 2016). The complexity of the community makes it difficult to ascertain exactly how many bacterial species are represented but it is estimated that 500–1000 species colonize the average human colon, the majority of which are obligate anaerobes (Claesson *et al.* 2009; Human Microbiome Project Consortium, 2012). Actual biodiversity and community structure, particularly how the microbes co-habitat and interact with each other, are difficult to ascertain since many organisms cannot yet be cultured *ex vivo*. Some researchers are developing new ways to culture commensal bacteria in physiologically relevant conditions and in ways that attempt to address the community structure, including invention of the “robogut” and other novel culturing techniques (Petrof *et al.* 2013; Lau *et al.* 2016). Advancement of these methodologies will allow for significant advancement of microbial manipulation experiments and testing of potential therapeutics that could alter the microbiota to prevent or eliminate disease. However, until then, molecular methods for investigating the microbial population primarily involve

genetic analysis via sequencing variable regions of the 16S ribosomal RNA (rRNA) genes. High throughput sequencing of selected variable regions of the 16S rRNA gene is currently the most common method for taxonomic identification and assessing community structure (Case *et al.* 2007; Caporaso *et al.* 2010). In this way, sequencing data provide insight into the presence or absence of bacterial taxa and their abundance relative to the entire population, and as such are used to discern the community structure of the microbiota at a given time. Specific measures of the community include α -diversity, which evaluates species richness or the presence of taxa (e.g. Chao1 or Shannon diversity index), and β -diversity, which determines the presence and abundance of taxa and how it relates to the community (e.g. Unifrac, Bray-Curtis dissimilarity) (Human Microbiome Project Consortium, 2012). Longitudinal sampling of the same subjects allows for both inter- and intra-individual comparisons of the microbial composition, providing insight into how environmental cues (e.g. diet, drugs) can influence the community over time within an individual and if the same patterns can be observed across individuals.

Microbiota in IBD. The gut microbiota in IBD has been characterized as increased abundance of Bacteroidetes and Proteobacteria, with loss of Firmicutes (Oyri *et al.* 2015). Moreover, IBD patients exhibit a reduction in total bacterial diversity (Manichanh *et al.* 2006). Loss of certain beneficial microbes in IBD patients, such as *Faecalibacterium prausnitzii*, has also been associated with “dysbiosis” (Sokol *et al.* 2008, 2009). The term ‘dysbiosis’ refers to a state of imbalance or altered composition or altered function (and not necessarily composition) of the microbiota, leading to altered host–microbe interactions. It has been proposed that a state of dysbiosis occurs when harmful microbes overtake the beneficial ones, which is particularly observed during diseased states, such as IBD, obesity, metabolic disorders and infections (Carding *et al.* 2015). The issue with dysbiosis in IBD is that it is nearly impossible to ascribe causation since microbial community functional or structural alterations observed during disease are likely linked to treatment regimens and/or the on-going inflammatory state within the gut. Indeed, few studies have identified that an altered microbiome precedes disease onset or causes inflammation. One study attempted to more accurately address this issue by looking at the microbiome of newly diagnosed, treatment naive paediatric patients (Gevers *et al.* 2014). They found CD patients exhibited increased abundance of Enterobacteriaceae, Pasteurellaceae and Fusobacteriaceae, and decreased abundance of Erysipelotrichaceae, Bacteroidales and Clostridiales compared with unaffected controls. These differences were observed in mucosal samples (from the terminal ileum and rectum), but were not well

reflected in the stool. Moreover, antibiotic treatment further exacerbated this phenotype with further loss of Erysipelotrichaceae and Clostridiales. Others have also identified a reduction in Clostridiales in IBD, particularly members of Clostridium clusters XIVa and IV, which are taxa thought to promote immune regulation (Frank *et al.* 2007, 2011). Another study investigated the microbial and metabolic profiles of healthy first-degree relatives of paediatric IBD patients; the authors identified that some healthy relatives displayed microbial dysbiosis, which in some cases was also associated with a perturbed metabolome and increased fecal calprotectin indicating a possible pre-disease, sub-clinical state of inflammation (Jacobs *et al.* 2016). Clearly, there is a need for prospective studies in healthy susceptible first-degree relatives of IBD patients, such as the Genetics, Environment, Microbial (GEM) project, to help resolve whether changes in the microbial communities precede disease onset in IBD.

In summary, IBD implicates a significant role for the gut microbiota, either in driving or perpetuating chronic relapsing inflammation (Huttenhower *et al.* 2014). While an altered microbiota certainly exists in patients with active IBD, whether a “dysbiotic” microbiome is a cause or an effect of IBD is yet to be determined.

Immune–microbe interactions in IBD

The mucosal immune system develops and/or matures in response to the presence of a gut microbiome (Shroff & Cebra, 1995; Duerkop *et al.* 2009; Tlaskalova-Hogenova *et al.* 2011). From birth, the newly colonizing gut microbiota interacts with the gut epithelium and host immune system, influencing development, maturation and regulation, which, in turn, influence the development of the microbiota (Tomas *et al.* 2013; Francino, 2014). Indeed, IBD can be viewed as an imbalance in the bidirectional interactions between immune responses and the gut microbiome in genetically susceptible individuals; however, it is not clear if this is due to an abnormal gut microbiome or an abnormal immune response or both. A better understanding of the mechanisms involved in this bidirectional relationship is essential.

Role of microbes in host immune development. The mucosal immune system functions to distinguish between friend (non-threatening symbiotic bacteria) and foe (pathogenic microbe). The latter requires a protective, often inflammatory response while the former, either no response or a controlled response with minimal collateral damage from inflammation. A major challenge to the mucosal immune system is ensuring an “appropriate” response to the large and diverse population of the commensal gut microbiota (Littman & Pamer, 2011).

The critical window for immune development is immediately following birth and during the first year of

life (Holt & Jones, 2000; Arrieta *et al.* 2014; Bokulich *et al.* 2016; Tamburini *et al.* 2016). From birth, microorganisms, including bacteria, viruses and fungi, colonize humans and animals. These microorganisms stimulate the development of the local and systemic immune system, which, in turn, influences the development of the microbiota.

Innate receptors detect microbe-associated molecular patterns (MAMPs) by germline-encoded pattern-recognition receptors (PRRs), e.g. Toll-like receptors (TLRs) (Iwasaki & Medzhitov, 2004) and NOD-like receptors (NLRs) (Fritz *et al.* 2006). These PRRs regulate first-line host responses but also influence the antigen-specific or adaptive immune responses. Tolerance developed in early life during immune and microbiota co-development is essential for maintaining a homeostatic mucosal environment throughout life (Sartor, 2004). The concept of a mucosal “firewall” elegantly describes the multiple layers of protection involved in maintaining tolerance and limiting inflammation within the mucosa (Macpherson *et al.* 2009). Physically, the epithelial barrier and the mucus layer(s), along with secretory IgA and anti-microbial peptides, limit contact of bacteria to underlying immune cells. If bacteria are able to get close to or through the epithelial layer, intestinal macrophages engulf and kill them; alternatively, dendritic cells phagocytose and transport live bacteria to mesenteric lymph nodes to initiate a local, targeted immune response (Belkaid & Hand, 2014). Thus, it is not surprising that perturbation of the gut microbiota can affect immune health. Bacteria interact with the immune system via numerous ligands, including: capsular polysaccharide (CPS), lipopolysaccharide, peptidoglycan, muramic acid, flagellin and unmethylated CpG motifs of bacterial DNA (Platt & Mowat, 2008). In response to these bacterial ligands, cytokines are produced that shape the differentiation of the adaptive immune system, including T cells. Indeed, gut immune maturation depends on colonization, as germ-free mice possess severely depleted mucosal immune development (Shroff & Cebra, 1995; Hooper *et al.* 2012). Studies of germ-free mice have highlighted the essential roles microbes play in immune, epithelial and metabolic development of the host (Backhed *et al.* 2004; Macpherson & Harris, 2004; Sommer & Backhed, 2013).

Using gnotobiotic mice, researchers have begun to understand the profound effects of microbial stimulation on immune development (Tlaskalova-Hogenova *et al.* 2011). Specifically, studies have determined that IgA and germinal centre formation are strongly linked to gut colonization with a diverse microbiota (Macpherson *et al.* 2000; Fagarasan, 2006; Mora *et al.* 2006; Macpherson & Slack, 2007). Phenotypic differentiation of T cells is also coordinated through microbial sensing, demonstrated, for example, by development of Th17 cells in response to

segmented filamentous bacteria (SFB) in mice (Ivanov *et al.* 2008). Moreover, microbial components, such as polysaccharide A (PSA) or cocktails of *Clostridia* species are potent inducers of regulatory T cells (Mazmanian *et al.* 2008; Round & Mazmanian, 2010; Atarashi *et al.* 2011, 2013). Chung *et al.* colonized germ-free mice with either human- or mouse-derived microbiota (Chung *et al.* 2012). Human *versus* mouse colonization results in different recipient microbial community profiles, which induces different numbers and transcriptomic profiles of mucosal T cells (Chung *et al.* 2012). Furthermore, gut bacteria heavily influence T_{reg} cell development and may be of particular importance in preventing bacterial driven mouse models of colitis (Thorstenson & Khoruts, 2001). We are just beginning to appreciate the influence of microbial colonization on the modulation of mucosal B and T cell development and function. Understanding the mechanisms involved and the impact of host genetics on this process will provide opportunities for personalized treatment of IBD patients.

Animal models of IBD. The constant exposure of the intestinal tissue to gut microorganisms maintains the mucosa in a state of minimal “physiological inflammation”, which balances tolerogenic and pro-inflammatory responses to maintain homeostasis. IBD is thought to result from an imbalance in this response to commensal microbes causing mucosal damage. Mouse models of intestinal inflammation have facilitated investigations of the role of host–microorganism interactions on the development and regulation of disease. These include pathways involved in the maintenance of intestinal epithelial barrier integrity, the promotion of protective and tolerant immune responses within the intestinal mucosa and regulation of the microbiota (Philpott *et al.* 2014).

Over 100 animal models of colitis exist (Strober *et al.* 2002; Jimenez *et al.* 2015), including those that are genetically driven, chemically induced or immune mediated, all of which are represented in mouse models of colitis. Genetically driven models include the interleukin-10 (IL-10) deficient mouse, whose inability to produce IL-10 results in uncontrolled inflammation in the gut (Kuhn *et al.* 1993; Sellon *et al.* 1998), the SAMP1/YitFc mouse, which develops spontaneous ileitis (Pizarro *et al.* 2011), the TRUC mouse, whose deficiency in both *T-bet* and *Rag2* results in exacerbated TNF α responses and a colitogenic microbiota (Garrett *et al.* 2007), and the *Mdr1a*^{-/-} mouse, which lacks P-glycoprotein 170, resulting in increased gut permeability, microbial translocation and colitis development (Panwala *et al.* 1998). Chemically induced models involve oral or rectal administration of a compound that induces epithelial damage, allowing for microbial translocation and immune

activation. These include administration of dextran sulfate sodium (DSS), piroxicam or 2,4,6-trinitrobenzene sulfonic acid. Models that are driven primarily by immune activation include the T cell transfer model, where transfer of naive T cells into a lymphopenic recipient results in wasting disease that can be prevented by co-transfer of regulatory T cells (Powrie *et al.* 1993, 1994) and anti-CD3 ϵ monoclonal antibody model, which induces acute small intestinal mucosal damage through T cell activation and a cytokine storm (Merger *et al.* 2002; Zhou *et al.* 2004). Infections that drive intestinal inflammation, including *Citrobacter rodentium* or rotavirus, are also models used to study the inflammatory response in the gut (Little & Shadduck, 1982; Higgins *et al.* 1999; Franco *et al.* 2006; Collins *et al.* 2014). Interestingly, many mouse models of colitis fail to develop disease under germ-free conditions, including *IL-10*^{-/-} mice (Sellon *et al.* 1998), *IL-2*^{-/-} mice (Schultz *et al.* 1999), T cell receptor- α deficient mice (Dianda *et al.* 1997) and T cell transfer colitis (Aranda *et al.* 1997). This indicates that the inflammatory response or perpetuation of the inflammation is driven in large part by the microbes (Kuhn *et al.* 1993; Simpson *et al.* 1998; Macpherson & Harris, 2004).

Recently, the use of gnotobiotic mice colonized with human-derived microbiota has become a popular way to explore the role of specific human microbes on immune modulation and host-microbe interactions (Geva-Zatorsky *et al.* 2017). Human microbiota-associated mice have been used to model recurrent *Clostridium difficile* infections (Collins *et al.* 2015), asthma (Arrieta *et al.* 2015) and, most famously, obesity (Ridaura *et al.* 2013). A study investigating the effect of UC-derived microbiota in humanized mice found expansion of Th17 cells and related gene expression, and increased sensitivity to DSS colitis compared to mice colonized with healthy donor micro-

biota (Natividad *et al.* 2015). Similar findings were observed in mice colonized with CD-derived microbiota, where the microbes increased pro-inflammatory immune responses but did not induce overt pathology in gnotobiotic wild-type mice (Nagao-Kitamoto *et al.* 2016). However, CD-microbiota did induce severe colitis when used to colonize germ-free *IL-10*^{-/-} mice. Thus, while colonization of germ-free mice with IBD-derived microbiota does not result in spontaneous inflammation, it increases susceptibility to induced colitis, possibly through increasing the pro-inflammatory status of mucosal immune cells.

Although mutations in the *NOD2* gene represent the strongest genetic link to Crohn's disease, *Nod2*-deficient mice do not spontaneously develop colitis (Ogura *et al.* 2003b). Work in our laboratory has shown that *Nod2*^{-/-} T cells show no overt functional defect in terms of proliferative and suppressive function and cytokine production (Zanello *et al.* 2013). However, there are conflicting results on whether *Nod2*^{-/-} mice are more or less susceptible to various models of intestinal inflammation (Table 1). Ramanan *et al.* suggested that *Nod2*^{-/-} mice harbouring *Bacteroides vulgatus* had increased piroxicam-induced small intestinal damage (Ramanan *et al.* 2014). This correlates with our laboratory's recent finding that *Nod2*^{-/-} mice had delayed epithelial recovery and prolonged small intestinal mucosal damage following intraperitoneal injection of anti-CD3 ϵ monoclonal antibody (mAb) (Zanello *et al.* 2016). Conversely, we were unable to identify a difference in susceptibility to T cell transfer colitis using *Nod2*^{-/-} T cells (Zanello *et al.* 2013), and Amendola *et al.* identified a protective effect of *Nod2* deficiency in 2,4,6-trinitrobenzene sulfonic acid induced colitis (Amendola *et al.* 2014). These findings suggest that *Nod2* may play a more significant role in modulating small

Table 1. Susceptibility of *Nod2*-deficient mice to models of intestinal inflammation

Model of intestinal inflammation	Susceptibility in <i>Nod2</i> -deficient mice	Inflammatory response	Location of inflammation	Use of littermates	Reference
Anti-CD3 ϵ mAb	Increased	Increased IL-17A and myeloperoxidase (MPO)	Small intestine	Yes	(Zanello <i>et al.</i> 2016)
Piroxicam	Increased	Increased interferon gamma (IFN- γ)	Small intestine	No	(Ramanan <i>et al.</i> 2014)
<i>Citrobacter rodentium</i>	Increased	Decreased IL-17A	Caecum	No	(Geddes <i>et al.</i> 2011)
T cell transfer	No difference or reduced	None or decreased IFN- γ	Colon	No	(Shaw <i>et al.</i> 2009; Zanello <i>et al.</i> 2013)
Dextran sulfate sodium (DSS)	Increased	Increased IL-6	Colon	No	(Natividad <i>et al.</i> 2012; Couturier-Maillard <i>et al.</i> 2013)
2,4,6-Trinitrobenzene sulfonic acid (TNBS)	Reduced	Decreased IL-17A	Colon	No	(Amendola <i>et al.</i> 2014)

intestinal rather than colonic inflammation. On the other hand, Natividad *et al.* showed that *Nod1*^{-/-};*Nod2*^{-/-} (NOD-DKO) mice have increased epithelial permeability, which leads to an exacerbated response to DSS colitis (Natividad *et al.* 2012). The response to infection by bacteria, viruses and parasites also varies significantly in *Nod2*-deficient mice (Al Nabhani *et al.* 2017). Therefore, under the appropriate conditions, there could be a perpetuated inflammatory response in the gut related to the *Nod2* mutation. Proper control of environmental variables, including the use of heterozygous-derived littermate mice to equalize the microbiota and early life environmental exposures between wild-type and *Nod2*-deficient mice, will help to better elucidate the role of *Nod2* in intestinal homeostasis and inflammation.

Concluding remarks

IBD is complex, multifactorial and likely no one causative agent will be identified. Instead, a combination of genetic predisposition, environmental exposures and the gut microbiota will culminate in an unfortunate perfect storm for some individuals, resulting in disease development. In order to identify new therapeutic targets and develop preventative and therapeutic strategies, a better understanding of how these factors influence each other and come together to initiate IBD pathogenesis is required. *NOD2* has remained the strongest genetic risk factor associated with CD development for nearly two decades, although exactly how it is related to disease onset remains elusive. Its involvement in microbial sensing, innate and adaptive immune activation, plus its role in autophagy, the gut epithelial barrier and shaping the gut microbiota suggest that it is a versatile protein with many roles in IBD pathogenesis. To this end, further investigation into the multi-faceted roles of *NOD2* is required, at both the basic science and clinical level.

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Additional information

Competing interests

None declared.

Author contributions

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