

U.S. Department of Veterans Affairs

Public Access Author manuscript

Am J Physiol Renal Physiol. Author manuscript; available in PMC 2018 September 04.

Published in final edited form as:

Am J Physiol Renal Physiol. 2016 November 01; 311(5): F831–F843. doi:10.1152/ajprenal.00313.2016.

Rethinking glomerular basement membrane thickening in diabetic nephropathy: adaptive or pathogenic?

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Abstract

Diabetic nephropathy (DN) is the leading cause of chronic kidney disease in the United States and is a major cause of cardiovascular disease and death. DN develops insidiously over a span of years before clinical manifestations, including microalbuminuria and declining glomerular filtration rate (GFR), are evident. During the clinically silent period, structural lesions develop, including glomerular basement membrane (GBM) thickening, mesangial expansion, and glomerulosclerosis. Once microalbuminuria is clinically apparent, structural lesions are often considerably advanced, and GFR decline may then proceed rapidly toward end-stage kidney disease. Given the current lack of sensitive biomarkers for detecting early DN, a shift in focus toward examining the cellular and molecular basis for the earliest structural change in DN, i.e., GBM thickening, may be warranted. Observed within one to two years following the onset of diabetes, GBM thickening precedes clinically evident albuminuria. In the mature glomerulus, the podocyte is likely key in modifying the GBM, synthesizing and assembling matrix components, both in physiological and pathological states. Podocytes also secrete matrix metalloproteinases, crucial mediators in extracellular matrix turnover. Studies have shown that the critical podocyte-GBM interface is disrupted in the diabetic milieu. Just as healthy podocytes are essential for maintaining the normal GBM structure and function, injured podocytes likely have a fundamental role in upsetting the balance between the GBM's synthetic and degradative pathways. This article will explore the biological significance of GBM thickening in DN by reviewing what is known about the GBM's formation, its maintenance during health, and its disruption in DN.

Keywords

podocyte; glomerular filtration barrier; podocyte- glomerular basement membrane interface

DIABETIC NEPHROPATHY (DN) is a common complication of diabetes mellitus and is the leading cause of chronic kidney disease (CKD) in the United States (40). Considered a

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C.B.M. conception and design of research; C.B.M. prepared figures; C.B.M. drafted manuscript; C.B.M. edited and revised manuscript; C.B.M. approved final version of manuscript.

DISCLOSURES

No conflicts of interest, financial or otherwise, are declared by the author. The contents do not represent the views of the U.S. Department of Veterans Affairs or the United States Government.

glomerulopathy, DN is characterized by extracellular matrix (ECM) accumulation in glomeruli, the highly sophisticated organelles that selectively filter circulating blood. Despite widespread use of targeted therapies to lower glucose and to antagonize the renin-angiotensin system (RAS), the prevalence of DN has remained stable (42). As demonstrated by clinical trials, multifactorial interventions can slow, but not stop, the progression of DN (56). Even mild disease is correlated with markedly increased risks of cardiovascular disease and death (5). Defining the mechanisms that underlie development and progression of DN is critical to improving outcomes of diabetic patients and to reducing the societal burden of CKD.

The natural history of DN, as defined in the 1980s based on longitudinal studies of type 1 and type 2 diabetic patients, begins with an initial long clinically silent period during which the patient remains normoalbuminuric with a normal or high glomerular filtration rate (GFR). During this clinically silent phase, structural lesions develop, including glomerular basement membrane (GBM) thickening, mesangial expansion, and glomerulosclerosis. Once microalbuminuria is clinically apparent, structural lesions are often considerably advanced, and GFR decline may then proceed rapidly toward end-stage renal disease (ESRD) (117, 118, 124). Indeed, treatment initiated after the onset of overt DN typically cannot arrest progression.

Because albuminuria and declining kidney function are insensitive biomarkers for detecting early DN (124), we have sought to examine the molecular basis for a structural lesion that occurs early in the natural history of DN, GBM thickening. GBM thickening is the earliest detectable feature of DN (132), observed within one to two years following the onset of diabetes, and precedes clinically evident albuminuria (133). Primarily due to expansion of the lamina densa, GBM thickening in diabetes is diffuse and quite uniform (Fig. 1B) (142). Thought to result from an imbalance between the synthesis and degradation of mostly normal ECM constituents, GBM thickening has been reported in patients in the preclinical stage of diabetes, so-called "prediabetes" (99). This phenomenon has also been found in experimental models: GBM thickening in the rhesus monkey is apparent before development of clinically overt diabetes, correlating this lesion with hyperinsulinemia or the prediabetic state (41).

In an effort to identify predictors of DN risk, Caramori et al. analyzed kidney biopsies from 94 normoalbuminuric patients with long-standing type 1 diabetes. In the normoalbuminuric cohort, greater GBM width was the only renal structural parameter that independently predicted progression. GBM width in the range of the "progressors" (567.3 \pm 104.1 nm compared with 459.5 \pm 85.7 nm for the "nonprogressors") increased the risk of progression from 17 to 33.3%. Despite long-standing diabetes, none of the type 1 diabetic patients with GBM width within the normal range progressed to proteinuria and/or ESRD (28).

We posit that alterations in normal GBM structure and function constitute a critical pathogenic feature of progressive DN. Expanding our understanding of the cellular and molecular events that lead to GBM thickening may aid in devising early intervention strategies to prevent the progression to irreversible DN. To that end, in this review, we will consider what is known about the GBM's formation during development, maintenance in

health, and disruption in DN. We will end with exploring the possible biological significance of GBM thickening in early DN.

THE GBM: FORMATION AND STRUCTURE

The GBM is a specialized gel-like extracellular network within the glomerulus that lies between and supports two cell types: glomerular endothelial cells (GEnCs) on the inner capillary wall and visceral glomerular epithelial cells or "podocytes" on the outer surface (Fig. 1A) (25). The typical width of the GBM (~300–350 nm) is more than two times the thickness of most other human basement membranes due to fusion of two discrete basement membranes made by GEnCs and podocytes. Ultrastructurally, when examined using conventional tissue preparative methods, the highly cross-linked network of the GBM is organized into three layers: a central electron-dense lamina densa sandwiched between two layers of lower electron density, the lamina rara interna on the endothelial side, and the lamina rara externa on the epithelial side (150). Similar to all basement membranes, the GBM is composed of glycoproteins (laminins, type IV collagen, nidogen) and proteoglycans (agrin, perlecan, type XVIII collagen) (49, 136, 179). However, functionally, the GBM is distinct in that it facilitates continuous flow across the glomerular filtration barrier (GFB) while bearing hemodynamic stresses and supporting glomerular cells (75). Any alterations in its structure are due to changes in the cells it supports, i.e., GEnCs and podocytes.

GBM Formation During Development

The GBM is built via a collective effort of the underlying GEnCs and overlying podocytes (3). Coculture studies have shown that assembly and organization of the GBM's ECM require cross talk between GEnCs and podocytes, likely mediated by a soluble factor released by podocytes (25). In the developing glomerular capillary loop, ultrastructural studies have identified a quadrilaminar organization of the GBM, with both a subendothelial and subepithelial basement membrane, each composed of its uniquely associated lamina rara and lamina densa, separated by a space between the two basal laminae (2, 107). As development progresses, the quadrilaminar structure matures into a trilaminar basement membrane, thought to occur by fusion of closely apposed basement membrane layers (2, 107). Some studies have suggested that the observed laminae rarae may be artifacts of the fixation and rapid dehydration steps used in conventional processing of tissues for electron microscopy. In these studies, when the GBM is examined after fixation with glutaraldehyde followed by freeze substitution, the laminae rarae are not seen (31, 149). This remains an area of controversy (106), and applying newer techniques to this question may finally clarify the true in vivo substructure of the GBM.

The immature GBM consists of $\alpha_1\alpha_2\alpha_1(IV)$ -collagen, synthesized by both podocytes and GEnCs in early comma and S-shaped stages of glomerulogenesis (113). As the GBM matures, there is protein isoform switching. Beginning at the capillary loop stage, podocytes alone appear to synthesize mature $\alpha_3\alpha_4\alpha_5(IV)$ -collagen, replacing the $\alpha_1\alpha_2\alpha_1(IV)$ -collagen network (4). Both cell types may be responsible for removal and replacement of the immature laminin- $\alpha_1\beta_1\gamma_1$ by the mature laminin- $\alpha_5\beta_2\gamma_1$ (160). After the mature GBM is fully assembled, the biosynthetic programs are downregulated (3).

GBM: A Complex Scaffold of Structural and Regulatory Proteins

Nine major proteins have been found in the GBM. Similar to all basement membranes, the GBM is composed of networks of laminin and type IV collagen, nidogens, and heparan sulfate proteoglycans (HSPGs) (Fig. 2). Distinct from most basement membranes, including the contiguous Bowman's capsule and tubular basement membranes (112), there is laminin and type IV collagen isoform switching in the GBM during glomerular development and maturation and, possibly, in specific glomerular diseases (3). The GBM's unusual composition is due, presumably, to its unique functional properties (112).

The matrix of the GBM is a highly structured composite of interacting protein networks (169), recently reviewed in detail (3, 110). Laminin and type IV collagen self-polymerize into networks that are connected to each other and/or to cell-surface receptors by HSPGs and nidogen (196). In addition to structural proteins, the GBM contains regulators (e.g., proteases, growth factors). In a recent proteomic analysis of human glomerular ECM, 144 structural and regulatory proteins were identified, with >50% of them expressed in the GBM (95). Overall, the matrix of the GBM is a unique, highly dynamic, and intricate scaffold of networking proteins (96).

Laminins—Laminin is a large (~800-kDa) heterotrimer of α -, β -, and γ -glycoprotein chains organized into a cruciform structure. Laminin- $\alpha_5\beta_2\gamma_1$ is the major isoform in the normal adult GBM, interacting with type IV collagen via nidogen (3). Mice lacking laminin- β_2 exhibit massive proteinuria and die at three to five weeks. Ultrastructurally, in the absence of laminin- β_2 , the GBM appears disorganized (129). Patients with laminin- β_2 gene mutations develop Pierson's syndrome, characterized by congenital nephrotic syndrome with variable ocular and neurological manifestations (103, 140, 197). In mice lacking laminin- α_5 , the GBM disintegrates, podocytes become clustered, and GEnCs and mesangial cells fail to establish capillary loops (114). Thus, laminin is an absolute requirement for basement membrane formation.

Collagens—Type IV collagen, the most abundant protein in the GBM, is secreted as a heterotrimer composed of three coiled a-chains. In the mature GBM, the composition of type IV collagen chains is $\alpha_3\alpha_4\alpha_5$. Grafting experiments, in vivo, have shown that podocytes, but not GEnCs, synthesize the $\alpha_3\alpha_4\alpha_5$ (IV) network (4). Unlike the laminin network, the type IV collagen network is dispensable for basement membrane formation. In the absence of the $\alpha_3\alpha_4\alpha_5$ (IV) network, there is a compensatory increase in the $\alpha_1\alpha_2\alpha_1$ (IV) network. However, the compensation is incomplete, resulting in ultrastructural abnormalities, glomerular scarring, and kidney dysfunction (96). Compared with the $\alpha_1\alpha_2\alpha_1$ (IV) network, the $\alpha_3\alpha_4\alpha_5$ (IV) network may be more highly cross-linked and, therefore, more resistant to proteases, producing greater strength and stability in the GBM architecture (110).

Nidogens—Nidogen-1 and -2 (also known as entactin-1 and -2) were originally considered integral basement membrane proteins that bridged laminin and type IV collagen networks. However, in mice with knockout of either isoform, basement membrane formation and organ development are normal (123, 157). The double-knockout mice appear to develop functioning kidneys, with well-defined GBMs, suggesting that nidogen is dispensable for

GBM formation. However, simultaneous deletion of both nidogen-1 and -2 causes perinatal lethality due to pulmonary and cardiac failure (11). Nidogen may function to provide extra stability under situations of extreme stress (110).

Heparan Sulfate Proteoglycans—Proteoglycans consist of protein cores with covalently linked glycosaminoglycan (GAG) side chains. Frequently, these side chains are modified by sulfation, which, along with carboxyl residues (20), imparts a negative charge. Proteoglycans are thought to stabilize the basement membrane by binding laminin, type IV collagen, and nidogen (113) and to contribute to the gel-like properties of the ECM, potentially acting as "anticlogging" agents (81). The two most prominent HSPGs within the GBM are agrin and perlecan. Agrin, derived primarily from podocytes, is the most abundant HSPG at maturity (59, 60) and is present throughout the width of the adult GBM. Perlecan is exclusively present on the endothelial side of the GBM and in the mesangial matrix (61).

A third basement membrane HSPG is type XVIII collagen, a hybrid collagen-proteoglycan (158), which harbors a globular COOH-terminal noncollagenous (NC)-1 domain that contains the fragment endostatin (131). Endostatin, best known for strongly inhibiting angiogenesis and tumor growth by restricting endothelial cell proliferation (131) and migration (192), may be involved in diverse physiological processes (47). By immunogold labeling, type XVIII collagen has been localized to both the endothelial and epithelial sides of the GBM (179). A recent study suggests that type XVIII collagen has a polarized orientation in the GBM: the NH2-terminal collagen XVIII antibody shows staining on both the podocyte and endothelial edges, whereas the COOH-terminal antiendostatin antibody shows gold particle localization within the GBM (87). Indeed, the type XVIII collagen NC1 domain has been shown to bind to perlecan in vivo (115, 156). Following type XVIII collagen total knockout or knockout of the epithelial promoter 2-derived longer variant, there is podocyte foot process effacement, suggesting that type XVIII collagen may play an important role in podocyte-GBM interaction (87).

Based on their known characteristics, HSPGs would be predicted to impede filtration of macromolecules by electrostatic repulsion and steric hindrance (127). Indeed, HSPGs originally were thought to provide the basis for charge selectivity in the GFB. More recently, this concept has been challenged (108, 111). A GBM lacking HSPGs may be more susceptible to increased transcapillary filtration pressure (155). In addition to providing mechanical stability, heparan sulfate moieties sequester heparin-binding growth factors, cytokines, and chemokines, thereby controlling their release and function (181).

THE GBM AND ITS ROLE IN THE GLOMERULAR FILTRATION BARRIER

The GFB, a highly specialized unit responsible for the selective ultrafiltration of blood, is composed of three layers: a fenestrated endothelium with its associated glycocalyx, the GBM, and the filtration slits formed by the interdigitating foot processes of podocytes (Fig. 1A) (119). The GFB allows free permeability to water and small solutes, but prevents the loss of macromolecules and cells from the blood, producing a virtually protein-free primary filtrate. In humans, ~180 liters of primary urine are produced each day at capillary pressures far exceeding those of other organs. Because the interdependent layers of the GFB

continuously interact with each other, both mechanically and biochemically, changes in any of them can alter glomerular permeability (172).

The GBM's Contribution to Size Selectivity

By scanning electron microscopy, the GBM is a highly ordered labyrinth of intersecting polygonal fibrils of varying thickness (4–10 nm), most tightly packed within the core (67, 92). Although the GBM appears to be less selective than the cellular components (64), it is likely that the GBM plays an essential role in the size-selective properties of the GFB. In laminin- β_2 knockout mice, the GBM's disorganization precedes the onset of proteinuria, at a time when the podocytes ultrastructurally appear normal. Furthermore, in tracer studies, laminin- β_2 -deficient mice show increased GBM permeability, emphasizing that a correctly assembled GBM is vital for establishing the permselectivity of the GFB (75). Behaving more like a gel than a simple filter, the GBM's size-selective characteristics may be determined by its diffusion properties (159), with the proteoglycan-containing layer acting as a viscous negatively charged screen in front of the lamina densa (127).

The GBM'S Contribution to Charge Selectivity

The charge selectivity of the GFB is highly controversial. For decades, the GFB had been considered to include both size- and charge-selective components (79, 80). Classic studies using tracers of comparable composition and size, but with varying degrees of positive or negative charge, led to the theory of "charge selectivity." These studies showed that, with decreasing negative charge, the tracers penetrated into, or across, the GFB to a greater degree (22, 32). With their highly sulfated GAG side chains, HSPGs were thought to provide the negative charge that could function as the "charge-selective barrier" (121). However, recent genetic studies have challenged this long-accepted view. Podocyte-specific deletion of agrin results in a significant reduction in the GBM's negative charge. However, alone or combined with knockout of perlecan, agrin deletion is not associated with permeability defects (57, 65). Similarly, podocyte-specific knockout of Ext1, a gene that encodes an enzyme subunit required for heparan sulfate biosynthesis, yields mild albuminuria that is not statistically different from that seen in control mice (35). Finally, in transgenic mice that widely express human heparanase, an endoglycosidase that strips heparan sulfate side chains from proteoglycans, there is a significant reduction in anionic charge in the GBM without accompanying permselectivity defects (182). These data challenge the premise that heparan sulfate plays a primary role in charge-selective filtration.

THE CRITICAL PODOCYTE-GBM INTERFACE

Podocyte-GBM adhesion is crucial for establishing and maintaining the structural and functional integrity of the GFB. The podocyte-GBM interface (Fig. 2) forms a signaling platform that greatly impacts multiple cell fate decisions, including shape, growth, differentiation, and survival. In addition, the ECM regulates cell-cell signaling by sequestering secreted growth factors and cytokines, acting as a reservoir for controlled release (96). In podocytes, the key cell-matrix adhesion receptor is integrin- $\alpha_3\beta_1$, which connects laminin- $\alpha_5\beta_2\gamma_1$ in the GBM, via various adaptor proteins, to the intracellular actin cytoskeleton. Podocytes also express other cell-matrix adhesion receptors, including

integrins- $\alpha_2\beta_1$ and $-\alpha_v\beta_3$, dystroglycan, syndecans-1 and -4 (146, 155), and type XVII collagen (69).

Integrins

The ECM communicates with cells through transmembrane cell-surface receptors termed integrins (71). Acting as more than simple anchoring points for cell attachment, integrins are crucially involved in the cellular control of ECM deposition (62). Integrins, heterodimeric glycoproteins composed of α - and β -subunits, lack kinase activity and rely on scaffolding proteins and downstream kinases for signal transduction, all of which interact within an adhesion complex (146). Interactions with other transmembrane proteins (e.g., tetraspanins) allow further refinement. Based on cell type and context, over 200 proteins may be recruited to adhesion complexes, highlighting that adhesion signaling may possibly affect many cell fate decisions (96).

Integrin- $\alpha_3\beta_{,1}$ shows the greatest versatility, binding to collagen, laminin, fibronectin, nidogen, and epiligrin. In human glomeruli, $\alpha_3\beta_1$ has been found on podocytes, mesangial cells, and GEnCs (151). As the most highly expressed integrin on the podocyte's cell surface (6, 89), $\alpha_3\beta_1$ is found on the basolateral aspect of foot processes and is likely key in mediating the podocyte's binding to the underlying GBM via laminin- $\alpha_5\beta_2\gamma_1$ (14, 15, 88, 162). In fact, integrin- $\alpha_3\beta_1$ and its associated molecules form the podocyte's principal adhesion complex, coupling GBM molecules to the podocyte's actin cytoskeleton (155). This integration of the ECM and cytoskeleton provides physical reinforcement, enabling podocytes to withstand considerable mechanical stress (155).

Gene targeting studies have emphasized the importance of integrins in establishing and maintaining the glomerular capillary wall (3). Integrin- α_3 knockout mice die shortly after birth with defects in kidney and lung branching morphogenesis. Glomeruli from these mice have abnormally large capillary loops, thickened and irregular GBMs, and absent podocyte foot processes (90). Similarly, podocyte-specific deletion of integrin- α_3 causes severe proteinuria, massive edema, and ESRD by 6 wk of age, with ultrastructural changes including foot process effacement and GBM abnormalities (154). Likewise, children carrying deletion or homozygous missense mutations in integrin- α_3 have proteinuria and atrophic glomeruli on biopsy (128). Podocyte-specific knockout of integrin- β_1 results in proteinuria at birth, associated with morphological changes (GBM splitting, foot process effacement, podocyte depletion), followed by death at one to three weeks of age from ESRD (78,144). Thus, integrins appear to exert an active role in ECM assembly, regulating the GBM's structure and permselectivity (168).

Dystroglycan

Dystroglycan is a heavily glycosylated cell receptor comprised of an extracellular a-subunit connected to a transmembrane α -subunit. Expressed at high levels, it is immunolocalized to the apical and basolateral surfaces of podocytes and their foot processes and acts as a receptor for laminin and agrin in the GBM (183). When dystroglycan is deleted from podocytes, or from the entire kidney, there are no discernible glomerular structural or functional phenotypes, and these mice do not exhibit an increased susceptibility to injury

(76). These findings suggest that integrins are likely the chief laminin-binding proteins in glomeruli or that integrins can fully substitute for the loss of dystroglycan (3).

Tetraspanins

On plasma membranes, tetraspanins form multimolecular complexes, called tetraspaninenriched microdomains, which incorporate other transmembrane proteins (e.g., integrins) (19, 66). In vivo, tetraspanin CD151 strongly binds integrin- $\alpha_3\beta_1$ (195) at the base of podocyte foot processes (153, 163). Mutation of CD151 causes hereditary nephritis, characterized by focal GBM thickening and splitting (83). Global, and podocyte-specific, CD151-knockout mice develop GBM abnormalities, foot process effacement, proteinuria, and glomerulosclerosis (13, 153, 154). Likely, CD151 is involved in maintaining and/or reinforcing podocyte adhesion to laminin via integrin- $\alpha_3\beta_1$. In vitro, podocytes without CD151 lose resistance to shear stress (153). Thus, the integrin- $\alpha_3\beta_1$ -CD151 complex promotes strong linkage of podocytes to the GBM, maintaining the GFB in high-pressure states (145).

Cell-Surface Proteoglycans

Podocytes express at least three types of cell-surface proteoglycans under physiological conditions: syndecan-1, syndecan-4, and glypican-1 (21, 30, 148). Syndecans are type 1 transmembrane HSPGs that are important in modulating podocyte adhesion to the GBM. When podocytes are unable to assemble heparan sulfate to cell-surface proteoglycan core proteins, cell-matrix interactions are compromised (34, 35). A recent study by Sugar et al. found that podocyte-specific deletion of Wdeacetylase/Wsulfotransferase 1 (NDST1), a key enzyme in the sulfation of heparan sulfate GAGs, disrupts the podocyte's ability to adhere and properly organize on the underlying GBM. The authors conclude that the lack of *N*-sulfation negatively affects the lateral aggregation of syndecan-4 (167). Further supporting syndecan-4's role in podocyte- GBM interactions, syndecan-4 knockout mice develop GBM thickening and FSGS following unilateral nephrectomy (30).

Collagen Type XVII: A Collagenous Transmembrane Protein

Type XVII collagen (also known as BP180 or BPAG2) is best characterized as a hemidesmosomal adhesion component in skin and mucosa (55) and has been identified as an autoantigen in blistering skin diseases, most notably bullous pemphigoid (180). In skin and mucosa, collagen XVII is present at sites of cell-matrix and cell-cell interactions (10, 109, 180). Bullous pemphigoid has been reported to occur in association with glomerular diseases, including anti-GBM disease and membranous nephropathy (68, 141, 152). Ultrastructurally, in normal human glomeruli, collagen XVII can be seen in podocyte foot processes and the adjacent lamina rara externa of the GBM (69). Interestingly, deletion of collagen XVII is associated with podocyte effacement and GBM splitting (69). Although the glomerular binding partners of collagen XVII are not known, its localization at the podocyte-GBM interface suggests that it indeed may also serve a function in cell-matrix interactions (69).

BALANCING GBM MATRIX SYNTHESIS AND DEGRADATION: THE ESSENTIAL ROLE OF THE PODOCYTE

During glomerulogenesis, as glomerular capillaries expand to their final dimensions, newly synthesized segments of basement membrane material emerge underneath developing podocyte foot processes and are somehow integrated in the fused GBM (1). Once fully developed, the mature GBM appears to be a strikingly stable structure. Price and Spiro demonstrated that the in vivo loss of basement membrane protein radioactivity from adult rat GBM collagen occurs at a similar rate as that from tail tendon collagen, with a half-life of >100 days (147). Nevertheless, the mature GBM's dense network of secreted extracellular constituents requires ongoing turnover, actively remodeling during times of injury and repair (137). In the mature glomerulus, the podocyte is likely key in modifying the GBM, synthesizing and assembling basement membrane components, both in physiological and pathological states (102). By tracking silver deposits, Walker showed that the GBM is generated, slowly but continuously, on the epithelial (podocyte) surface of the glomerular capillary and migrates inward toward the endothelial surface (184). In contrast to the very slow turnover rate of GBM collagen, GBM HSPGs turn over rapidly, with a half-life of hours (17). In fact, in normal rats, the half-life of GBM perlecan is less than three hours. It is suggested that the HSPGs may require continued renewal to prevent clogging of the GFB (8). An increased understanding of the cellular and molecular events that occur during early formation of the glomerular capillary wall may provide important clues into how postdevelopment active remodeling of the GBM takes place, especially as it relates to injury responses and activation of repair pathways.

In addition to their role in the synthesis and assembly of basement membrane components, podocytes also secrete matrix metalloproteinases (MMPs), zinc endopeptidases widely recognized as crucial mediators in ECM turnover (164). Thus, the ability of the podocyte to maintain normal GBM structure and function depends on a delicate balance between synthesizing and degrading pathways. In diabetes mellitus, the podocyte is an early target of injury. Given the vital role of the podocyte in maintaining the GBM, diabetes-induced podocyte injury or "podocytopathy" has the capacity seriously to threaten the integrity of the GBM.

DIABETIC PODOCYTOPATHY: AN EARLY FEATURE OF DN

Far from being fully understood, the mechanisms leading to diabetic podocyte injury are complex and involve interplay between hemodynamic and metabolic factors, including systemic and intraglomerular hypertension, vasoactive hormones, and inflammatory and prosclerotic cytokines. Recent reviews detailing the candidate pathways in the pathogenesis of diabetic podocytopathy (46, 165, 166, 198) underscore that diabetes may activate pathways involving cellular energy production, advanced glycation end products (AGEs), reactive oxygen species, cell cycle regulatory proteins, and ECM homeostasis (54, 82).

An extensive body of work supports the role of the local intrarenal RAS in disrupting normal glomerular autoregulation. Other mediators of defective autoregulation include prostanoids, nitric oxide, atrial natriuretic factor, growth hormone, glucagon, and insulin. The impaired

autoregulation leads to glomerular hyperperfusion and hyperfiltration, resulting in elevated intraglomerular pressure (82) and, ultimately, podocyte injury (198). In addition, the locally produced angiotensin II has nonhemodynamic actions, including activation of signaling pathways that lead to ECM remodeling, podocyte apoptosis, and local inflammatory response (46).

At the molecular level, the mammalian target of rapamycin (mTOR) has been recognized as an important mediator of diabetic podocyte injury. Podocyte-specific activation of mTOR complex 1, a kinase that senses nutrient availability, replicates many DN features, including podocyte injury/loss, GBM thickening, and proteinuria, in the absence of hyperglycemia (73). Similarly, podocyte-specific insulin receptor knockout produces DN-like lesions, including GBM thickening, again without systemic hyperglycemia (185). These models emphasize that diabetes is a generalized metabolic disorder, not just a state of chronic hyperglycemia, affecting multiple pathways activated by nutrient excess (172).

It is generally believed that podocytes are terminally differentiated and quiescent cells, with limited regenerative capacity in the face of injury (9, 101). Numerous studies support that podocyte injury, manifested as cell hypertrophy, foot process widening/effacement, and decreased podocyte number (i.e., podocytopenia), is an early feature of DN (133,161,165). Foot process widening/effacement is detectable early in DN, when patients are still normoalbuminuric (138). Furthermore, urinary excretion of nephrin, an important slit diaphragm protein, can be detected in $\sim 1/3$ of normoalbuminuric diabetic patients, indicating that early podocyte injury precedes the onset of microalbuminuria (135). Finally, podocytopenia contributes to the progression of DN in patients with both type 1 (161, 187) and type 2 (133) diabetes. Although the cellular and molecular mechanisms of podocytopenia have only been partially characterized (9), podocyte detachment represents one of the earliest features of DN and is a key pathogenic pathway underlying podocyte depletion and progression to glomerulosclerosis. Indeed, podocytes may detach from the GBM due to decreased expression of $\alpha_3\beta_1$ -integrin (33), and viable urinary podocytes have been detected in human and experimental DN (125, 126, 139). In addition to detachment, other mechanisms of podocytopenia include apoptosis, with glucose-induced oxidative stress being implicated as an important mediator (171), and hyperglycemia-induced autophagy (9).

GBM DISRUPTION IN DIABETES: THE ROLE OF THE INJURED PODOCYTE

In diabetes, an imbalance between synthesis, controlled by transcription and translation, and degradation, regulated by the interplay between MMPs and their inhibitors [tissue inhibitors of matrix metalloproteinases (TIMPs)], influences the accumulation of ECM proteins in the GBM (100). Regulating the majority of podocyte-expressed genes, the zinc fingers and homeoboxes family of transcriptional factors are likely of major importance in the pathogenesis of GBM thickening in DN (98). Furthermore, podocytes are not just passive targets but, instead, actively mediate continuing glomerular injury (36). Just as healthy podocytes are critical for maintaining the normal GBM structure and function, injured podocytes likely have a key role in upsetting the balance between the synthetic and degradative pathways of the GBM.

Increased Matrix Production in DN

Podocytes synthesize GBM matrix molecules, including type IV collagen, laminin, nidogen, and agrin, and hyperglycemia is known to stimulate the transcription of matrix genes. In cell culture, upon exposure to high glucose, injured podocytes adopt a "promatrix phenotype," with increased synthesis of new type IV collagen chains (12, 58, 72). In addition, there is strong in vivo evidence that GBM matrix production increases early after the onset of persistent hyperglycemia (24, 37, 105). Furthermore, hyperglycemia may induce expression of transforming growth factor- β (TGF- β). This increase in TGF- β can stimulate ECM synthesis by the podocyte itself in an autocrine manner. Other pathways implicated in hyperglycemia-induced ECM production by podocytes include the mitogen-activated protein kinase pathway and the 12-lipoxygenase pathway of arachidonic acid metabolism (198).

Dysregulated Matrix Turnover in DN

The GBM is continuously remodeled through the enzymatic actions of secreted proteases (155). The balance of MMPs and TIMPs determines ECM integrity. In the kidney, the spatial expression of MMPs and TIMPs is complex and has not been completely characterized. MMP-2, -3, -9, -13, and -14 and TIMP-1 are expressed in glomeruli (29). There is accumulating evidence that hyperglycemia and/or other metabolic derangements in diabetes not only enhance the synthesis of ECM proteins but also suppress ECM degradation. A number of animal studies have demonstrated a link between aberrant MMP expression and DN progression (29). Because podocytes both produce GBM components and secrete matrix-degrading proteinases, podocyte injury resulting in abnormal MMP expression may also critically play a role in GBM thickening in DN.

Matrix Metalloproteinases

The MMPs, synthesized as inactive zymogens, are activated via proteolytic cleavage of the propeptides by trypsin, plasmin, or other MMPs. Traditionally, MMPs are classified according to their structures and/or ECM substrate specificities. For example, the gelatinases (MMP2, MMP9) cleave denatured collagen (gelatin) and type IV collagen in basement membranes (175).

As recently reviewed (29, 177, 191), the evidence supporting a role for MMPs in the pathogenesis of DN is conflicting. Initially, MMPs were thought to be globally protective through their proteolytic potential. However, growing evidence indicates that MMPs are also involved in inflammation and tissue fibrosis in kidney disease. It is increasingly clear that MMPs cleave a wide variety of substrates, ranging from cell-surface receptors and adhesion molecules (e.g., cadherins, integrins) to growth factors and cytokines (e.g., TGF- β , fibroblast growth factor receptor 1). This extensive array of substrates enables MMPs not only to regulate ECM remodeling but also many cell behaviors, including proliferation, migration, differentiation, and apoptosis (175). Indeed, MMPs can both promote and inhibit inflammation. Degrading ECM proteins may be valuable to reduce matrix accumulation; however, degraded products of the ECM may not be biologically inactive. Thus, greater ECM degradation by MMPs may not always translate into diminished fibrosis in DN (175).

Role of the gelatinases MMP2 and MMP9 in DN.

As a MMP subfamily, gelatinases MMP2 and MMP9 play an important role in ECM homeostasis and remodeling. However, conflicting results have been reported regarding their expression level and activity in DN. There are reports that MMP2 expression and activity are decreased in human and experimental DN (43, 63,170,190). Because MMP2 is responsible for degradation of type IV collagen and laminin, this reported decrease has been suggested to contribute to ECM accumulation and eventual glomerulosclerosis. However, more recently, studies indicate that the converse may be true: that MMP2 activity is higher in the serum and urine of type 1 diabetic patients, accompanied by increased expression and activity in kidneys (45, 176). MMP2 upregulation has also been reported in experimental DN (143). Whether this upregulation is protective or detrimental has been debated. A study using chronic blockade with a nonspecific MMP2 inhibitor in a diabetic rat model reported reduced proteinuria and attenuated structural changes. The authors concluded that blocking MMP2 may also block the downstream release of TGF- β from the large latent form bound to the ECM (188). However, others have proposed that MMP2 may play a protective role against progressive diabetic kidney injury. Diabetic MMP2 knockout mice exhibit increased serum blood urea nitrogen/creatinine, albuminuria, and renal structural injury, with enhanced ECM accumulation in glomeruli (173). Further studies are needed clearly to define the role of MMP2 in DN.

Despite earlier studies suggesting otherwise, there is increasing evidence that glomerular MMP9 expression and activity are enhanced in DN and that MMP9 suppression, either by genetic defect (97) or via pharmacological means (193, 194), results in attenuation of albuminuria, glomerular hyperfiltration, and structural abnormalities, including GBM thickening. Likewise, when podocytes in culture are incubated with diabetes-related cytokines (e.g., TGF-β1, tumor necrosis factor-a, vascular endothelial growth factor), MMP9 activity is upregulated. This increased MMP9 activity is associated with podocyte dedifferentiation and enhanced synthesis of new ECM. Finally, DN patients have higher urinary MMP9 concentrations than healthy controls, and an upregulation of plasma MMP9 is observed in diabetic patients before the onset of microalbuminuria (29). MMP9 may be key in self-propagating inflammation by producing collagen fragments that attract and stimulate neutrophils to release more MMP9. In addition, neutrophils coexpress MMP9 with neutrophil gelatinase-associated lipocalin (NGAL) (178), a factor recently hailed as a biomarker of kidney injury (116). Urinary excretion of NGAL increases in parallel with MMP9, and the interaction between NGAL and MMP9 may further prolong the activity of MMP9 (178). Thus, MMP9 has a pivotal, and likely maladaptive, role in the development of DN. Chronic MMP9 activation creates a less compact and progressively thickened GBM (97).

Interestingly, endostatin, the antiangiogenic type XVIII collagen fragment, directly inhibits the activation of pro-MMP2 and pro-MMP9 in vitro (86, 93, 130). Furthermore, the regulatory pathways between endostatin and MMPs appear to be bidirectional. In addition to the inhibitory role endostatin may play in the regulation of MMPs, MMPs may also be involved in the in vivo production of endostatin, generating endostatin fragments from proteolysis of type XVIII collagen (47, 51). Thus, it has become increasingly clear that

further studies are needed to define how the actions of endostatin and MMPs may intersect at the podocyte-GBM interface in the diabetic milieu.

Tissue Inhibitors of Matrix Metalloproteinases

MMPs are regulated by a family of endogenous inhibitors known as TIMPs. The four known TIMPs (1–4) have varying specificities for different MMPs but together can inhibit all of them (175). In diabetic patients, studies have found increased expression and activity of TIMP-1, -2, and -3, with urinary TIMP1 levels correlating with increased albuminuria (29). Suggesting an early compensatory role, TIMP3, the most highly expressed TIMP in the kidney (84), is upregulated in both experimental (16) and human (48, 189) DN. In diabetic mouse models, TIMP3 knockout results in significantly increased mean glomerular area, GBM thickening, and albuminuria (16, 52). Thus, loss of TIMP3 leads to exacerbation of diabetic kidney injury.

Other Mediators That Contribute to Decreased Matrix Turnover

Hyperglycemia can trigger AGE generation. These modified proteins may accumulate because of their decreased susceptibility to enzymatic hydrolysis by MMPs (122). Furthermore, glycation of ECM proteins stiffens the GBM (113). The podocyte appears to be a specific target of AGE actions, since receptors for AGE (RAGE) are highly expressed on podocytes (186). RAGE null mice have no kidney phenotype. However, diabetic RAGE null mice have decreased proteinuria and less GBM thickening and mesangial matrix expansion compared with that seen in diabetic wild-type mice (94). These results suggest that AGE/RAGE signaling contributes to diabetic podocyte injury (120).

GBM THICKENING AS A MANIFESTATION OF DIABETIC PODOCYTE INJURY

Since 1959, when Farquhar et al. described a biopsy series of seven diabetic patients with thickening of the basement membrane proper as one of the earliest manifestations of DN (50), the significance of GBM thickening in the pathogenesis of DN has been appreciated and investigated. Several quantitative and qualitative biochemical alterations of the GBM occur in DN. The GBM's structure may be markedly altered by an imbalance between ECM synthesis and degradation, nonenzymatic glycosylation, change in spatial distribution of some components (e.g., type IV collagen) across the GBM (18, 44, 74), and nonspecific trapping of serum proteins (7). In the early stages of DN, there are also obvious changes in the podocyte-GBM interface. In experimental and human DN, decreased podocyte expression of $\alpha_3\beta_1$ -integrin has been described. Experimentally, loss of $\alpha_3\beta_1$ -integrin occurs within 1 mo of diabetes induction and is persistent (33, 85, 151). A significant alteration of the podocyte's most important integrin, and particularly in the domain facing the GBM, likely interferes with normal ECM deposition, leading to marked changes in GBM structure and function (151).

There are conflicting data on the alterations of HSPGs by diabetes. Some studies have described increased enzymatic degradation of heparan sulfate in diabetic kidneys from patients and experimental models (134, 174). Furthermore, high ambient glucose increases

the expression of heparanase in podocytes (77). Studies have also shown decreases in the extent of sulfation in diabetic kidneys (23, 38, 39). A recent study proposes that undersulfation of heparan sulfate in diabetic kidneys may be due to changes in NDST1 level and/or activity (167). However, in other studies examining renal biopsies from patients with microalbuminuria and type 1 diabetes, glomerular staining for heparan sulfate was not different between control and diabetic specimens. Whether changes in heparan sulfate expression, structure, or sulfation play a role in the pathogenesis of DN remains unclear (198).

GBM THICKENING IN DIABETES: ADAPTIVE OR MALADAPTIVE?

Although metabolic perturbations are clear prerequisites of GBM thickening in diabetes, the pathogenesis of this process is incompletely understood (105). GBM thickening can occur in long-standing diabetes without concomitant albuminuria, suggesting that GBM structural changes are not the primary mechanism of albuminuria (26, 27, 53). In fact, in patients who develop DN, GBM thickening may precede the onset of albuminuria (133). Moreover, following pancreas transplantation in diabetic rats, the urinary excretion of albumin returns to normal.(104) This supports that the GBM, thickened by diabetes, may function normally in the animal "cured of hyperglycemia" (105) Thus, at the early stages of experimental and human DN, increased GFB permeability to protein cannot be explained by GBM thickening alone. In fact, it remains unclear what role GBM thickening plays in renal functional abnormalities. One could argue that GBM thickening in diabetes may be the injured podocyte's response to stress, aimed at ensuring that the kidney meets its essential function of producing a relatively protein-free ultrafiltrate.

When podocytes are injured in diabetes, a primary component of the GFB, the podocyte, is structurally altered and functionally compromised. In response to the threat of filtration barrier malfunction, the podocyte may adapt by activating a series of cell signaling pathways that ultimately will increase synthesis of GBM components and lead to GBM thickening, thus preventing widespread leakiness of the filtration barrier. In the short term, the trade off for decreasing albumin leak via GBM thickening may be a loss of filtration capacity. Over time, with continued exposure to injurious stimuli, a process that began as adaptive may become maladaptive. Mechanical properties of the GBM matrix (i.e., stiffness, deformability) provide inputs into podocyte cell behavior (70). An undamaged GBM is necessary for proper adhesion and function of podocytes (119). Thus, GBM structural changes may reduce cell binding and promote podocyte detachment (91). Eventually, conditions that weaken the GBM or increase the transcapillary filtration pressure intensify the mechanical stress experienced by podocytes. Podocytes then respond by depositing additional GBM matrix in an attempt to resist the applied force and prevent further detachment. Inevitably, a vicious cycle ensues whereby the GBM becomes progressively disorganized, with subsequent barrier function failure, leading to disease progression (155).

CONCLUSION

GBM thickening is the earliest detectable morphological feature of DN and may be observed within one to two years following the onset of diabetes, preceding clinically evident

albuminuria. Affixed to the underlying GBM via transmembrane cell receptors, the podocyte is likely a key culprit in GBM thickening in diabetes, responsible for both increased matrix production and dysregulated degradation/turnover. Thus, GBM thickening in diabetes may be a manifestation of subtle podocyte injury, representing the injured cell's response to stress and appearing even before cell detachment, apoptosis, and albuminuria. A more complete understanding of the signaling events that underlie GBM thickening in diabetes will permit intervention before GBM thickening becomes maladaptive, thereby blocking progression to clinically overt DN.

ACKNOWLEDGMENTS

I thank Drs. Paul W. Sanders, Anupam Agarwal, and Sumant S. Chugh for helpful suggestions during the preparation of the manuscript and Dr. Huma Fatima for providing the electron microscopy images.

GRANTS

This work was supported by Career Development Award-2 No. 5IK2BX001942 from the U.S. Department of Veterans Affairs, the Biomedical Laboratory Research and Development Program, to C. B. Marshall.

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Fig. 1.

Ultrastructural images of the glomerular filtration barrier (GFB), normal vs. diabetic. *A*: electron micrograph of the normal GFB at maturity. The micrograph shows the capillary lumen supported by the fenestrated endothelium, glomerular basement membrane (GBM) proper, and interdigitating foot processes of the visceral glomerular epithelial cells or "podocytes." *B*: electron micrograph of the diseased GFB in diabetes mellitus. There is a thickened GBM due to marked widening of the lamina densa, with prominent podocyte foot process effacement. Expansion of the mesangial matrix is also present.

Marshall



Fig. 2.

Schematic representation of the critical podocyte-GBM interface. The podocyte-GBM interface forms a signaling platform that controls many cell fate decisions. The GBM matrix is composed of networks of laminin- $\alpha_5\beta_2\gamma_1$, $\alpha_3\alpha_4\alpha_5$ (IV)-collagen, nidogens, and heparan sulfate proteoglycans, including agrin and perlecan. The key cell-matrix adhesion receptor is integrin- $\alpha_3\beta_1$, which connects laminin- $\alpha_5\beta_2\gamma_1$ in the GBM, via various adaptor proteins, to the intracellular actin cytoskeleton. Tetraspanin CD151 strongly binds to integrin- $\alpha_3\beta_1$, promoting strong linkage of podocytes to the GBM. Podocytes also express other cell-matrix adhesion receptors that modulate podocyte adhesion to the GBM, including integrin- $\alpha_v\beta_3$, dystroglycan, syndecan-1, and syndecan-4. Cell-matrix adhesion receptors on the endothelial surface of the GBM include syndecan-1, syndecan-4, integrin- $\alpha_v\beta_3$, and integrin- $\alpha_v\beta_5$.