

Figure 1. **A:** X-ray of the abdomen, with the patient standing, showing an air-fluid level in the stomach (black arrow) and intrahepatic pneumobilia (white arrows). **B:** Abdominal ultrasound showing the pyloric-duodenal region with a calculus impacted in its interior (arrow). **C:** Oral contrast-enhanced computed tomography of the abdomen, showing an air-fluid level in the stomach (vertical arrow) and gaseous content in intrahepatic biliary tracts/pneumobilia (horizontal arrows). **D:** Oral contrast-enhanced computed tomography of the abdomen, showing a mixed-density calculus in the pyloric region (arrow), causing upstream obstruction and dilation (i.e., of the stomach).

diagnosis can promote the rapid extraction of a gallstone, mortality remains relatively high, especially among elderly patients and patients with comorbidities, because the extraction requires surgical intervention^(6,7).

Although Bouveret syndrome is a relatively rare disease, the diagnosis can be made on the basis of the imaging findings, thus allowing early endoscopic and surgical intervention⁽¹⁻⁸⁾.

REFERENCES


1. Torres J, Costa Almeida CE, Ferreira M, et al. Ileus biliar – complicação rara de litíase vesicular. *J Port Gastroenterol.* 2009;16:159–62.
2. Rodríguez Hermosa JI, Codina Cazador A, Gironès Vilà J, et al. Íleo biliar: resultados del análisis de una serie de 40 casos. *Gastroenterol Hepatol.* 2001;24:489–94.
3. Guniganti P, Bradenham CH, Raptis C, et al. CT of gastric emergencies. *Radiographics.* 2015;35:1909–21.

4. Patel NB, Oto A, Thomas S. Multidetector CT of emergent biliary pathologic conditions. *Radiographics.* 2013;33:1867–88.
5. Brennan GB, Rosenberg RD, Arora S. Bouveret syndrome. *Radiographics.* 2004;24:1171–5.
6. Rodríguez-Hermosa JI, Roig J, Gironès J, et al. Síndrome de Bouveret: descripción de 5 casos. *Cir Esp.* 2004;76:256–60.
7. Jukemura J, Machado MAC, Salem MZ, et al. Síndrome de Bouveret: relato de caso. *Rev Hosp Clin Fac Med Univ São Paulo.* 1994;49:250–2.
8. Carmo JWC. Complicação da colecistite calculosa com obstrução duodenal: síndrome de Bouveret. Relato de caso. *Rev Med Res.* 2008;10:127–30.

Isabela Lemos Murelli Rodrigues¹

1. Conjunto Hospitalar do Mandaqui, São Paulo, SP, Brazil. Mailing address: Dra. Isabela Lemos Murelli Rodrigues. Conjunto Hospitalar do Mardaqui. Rua Voluntários da Pátria, 4110, Santana. São Paulo, SP, Brazil, 02401-400. E-mail: isalemos.m@gmail.com.

<http://dx.doi.org/10.1590/0100-3984.2016.0220>

 This is an open-access article distributed under the terms of the Creative Commons Attribution License.

Stress fracture and osteomyelitis in a patient with systemic lupus erythematosus

Dear Editor,

A 38-year-old woman who had been diagnosed with severe systemic lupus erythematosus (SLE) 15 years prior, had refractory nephritis, and had been treated with high-dose corticosteroids and immunosuppressive drugs (cyclophosphamide, mycophenolate mofetil, and rituximab), presented with a several-week history of pain and edema on the dorsum of the left foot after wearing tight shoes. She had extremely low bone density, which had been treated with bisphosphonate and teriparatide. Magnetic resonance imaging (MRI) of the left foot showed a diaphyseal fracture of the second metatarsal with extensive fluid collection and peripheral contrast enhancement of the surrounding tissue, indicating an abscess (Figure 1). In addition,

bone marrow edema of the second metatarsal with gadolinium enhancement suggested osteomyelitis.

Stress fractures may occur in SLE patients treated with corticosteroids, most commonly in the femoral head but also in the foot⁽¹⁾. Atraumatic metatarsal stress fractures typically occur in association with antiphospholipid syndrome. Although the pathogenesis remains uncertain, it likely involves high bone strain and repetitive submaximal stress, causing microfractures and microinfarcts⁽²⁻⁵⁾. Other possible contributory factors include vasculopathy of the vessels supplying the bones and osteoporosis. Osteoporosis is usually observed in SLE patients, increasing the risk of fractures, and its pathogenesis is multifactorial. High disease activity and immobility are also common factors that substantially increase fracture risk in these patients, as do other factors such as age, body mass index, and gender.

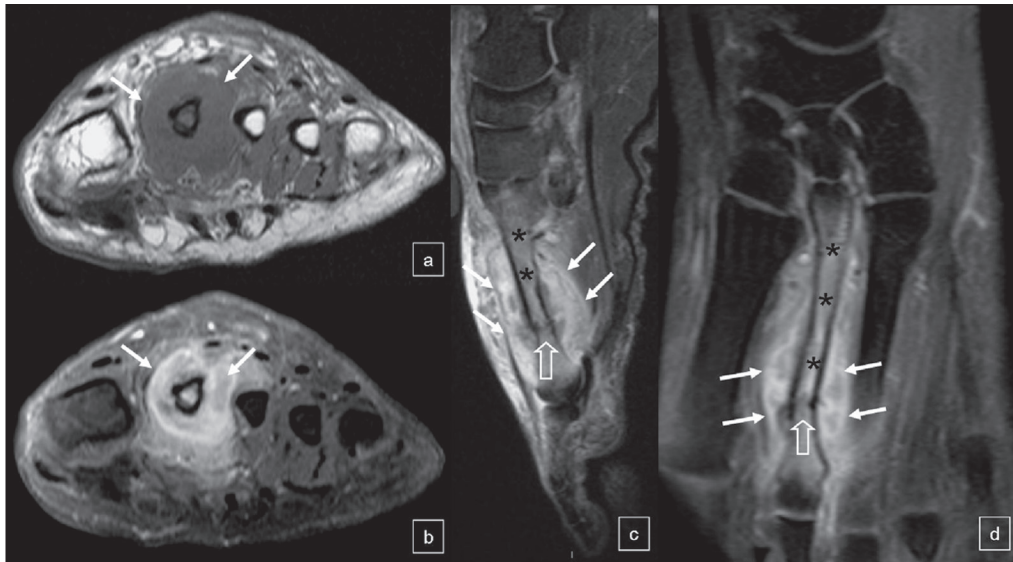


Figure 1. MRI of the left foot. Gadolinium contrast-enhanced axial T1-weighted MRI sequence (a), together with axial, sagittal, and coronal T1-weighted MRI sequences with fat suppression (b, c, and d, respectively), showing a diaphyseal fracture of the second metatarsal (open arrows) and extensive fluid collection with peripheral contrast enhancement of the surrounding tissue, indicating an abscess (arrows). Note the bone marrow enhancement, suggestive of osteomyelitis, in the second metatarsal (asterisks).

Complications of stress fractures, including osteonecrosis, septic arthritis, and osteomyelitis, have also been described and can be associated with SLE. Patients with SLE are more prone to bacterial infection due to factors such as quantitative or qualitative deficiencies of complement proteins, renal dysfunction, impaired phagocytosis, impaired chemotaxis, and the use of immunosuppressants. Apart from appropriate imaging studies, patients suspected of having osteomyelitis should always undergo a complete sepsis workup, including blood, urine, and stool cultures. *Staphylococcus aureus* infection and opportunistic infections such as those caused by *Salmonella* spp. should be considered, as should tuberculosis in regions where it is prevalent. In the majority of cases, osteonecrosis is asymptomatic and occurs early in the course of the disease⁽⁴⁾. MRI is an excellent method for evaluating and diagnosing musculoskeletal disorders^(6–10), particularly complications related to bone fractures and osteonecrosis, thus allowing major sequelae to be avoided^(2–5). T1-weighted sequences with fat suppression after gadolinium administration, demonstrating soft tissue fluid collection with peripheral contrast enhancement, are essential for the diagnosis of abscess and osteomyelitis.

Treatment usually involves proper antimicrobial therapy, immobilization, and appropriate surgical treatment of infectious complications. For silent osteonecrosis involving a small area, conservative treatment is usually adequate. However, for lesions that are symptomatic, surgical interventions (core decompression or free vascularized bone grafting) are required. When the lesion involves a weight-bearing area, there can be bone collapse, which requires total joint replacement.

REFERENCES

1. Yamamoto T, Schneider R, Iwamoto Y, et al. Subchondral insufficiency fracture of the femoral head in a patient with systemic lupus erythematosus. *Ann Rheum Dis.* 2006;65:837–8.

2. Sangle S, D'Cruz DP, Khamashta MA, et al. Antiphospholipid antibodies, systemic lupus erythematosus, and non-traumatic metatarsal fractures. *Ann Rheum Dis.* 2004;63:1241–3.
3. Nagasawa K, Ishii Y, Mayumi T, et al. Avascular necrosis of bone in systemic lupus erythematosus: possible role of haemostatic abnormalities. *Ann Rheum Dis.* 1989;48:672–6.
4. Bultink IE, Vis M, van der Horst-Bruinsma IE, et al. Inflammatory rheumatic disorders and bone. *Curr Rheumatol Rep.* 2012;14:224–30.
5. Caramaschi P, Biasi D, Dal Forno I, et al. Osteonecrosis in systemic lupus erythematosus: an early, frequent, and not always symptomatic complication. *Autoimmune Dis.* 2012;2012:725249.
6. Fernandes ARC. Are 3D FSE MRI sequences of the knee at 1.5 T effective in the detection of meniscal and ligament tears? How useful are they? *Radiol Bras.* 2016;49(2):v–vi.
7. Chagas-Neto FA, Nogueira-Barbosa MH, Lorenzato MM, et al. Diagnostic performance of 3D TSE MRI versus 2D TSE MRI of the knee at 1.5 T, with prompt arthroscopic correlation, in the detection of meniscal and cruciate ligament tears. *Radiol Bras.* 2016;49:69–74.
8. Simão MN, Vinson EN, Spritzer CE. Magnetic resonance imaging evaluation of meniscoid superior labrum: normal variant or superior labral tear. *Radiol Bras.* 2016;49:220–4.
9. Loures FB, Carrara RJ, Góes RFA, et al. Anthropometric study of the knee in patients with osteoarthritis: intraoperative measurement versus magnetic resonance imaging. *Radiol Bras.* 2017;50:170–5.
10. Sá Neto JL, Simão MN, Crema MD, et al. Diagnostic performance of magnetic resonance imaging in the assessment of periosteal reactions in bone sarcomas using conventional radiography as the reference. *Radiol Bras.* 2017;50:176–81.

Clarissa Canella¹, Flavia Costa², Adriana Danowisk³, Alessandro Severo Alves de Melo⁴, Edson Marchiori⁵

1. Clínica de Diagnóstico Por Imagem (CDPI), Rio de Janeiro, RJ, e Universidade Federal Fluminense (UFF), Niterói, RJ, Brazil. 2. Clínica de Diagnóstico Por Imagem (CDPI), Rio de Janeiro, RJ, Brazil. 3. Hospital dos Servidores do Estado, Rio de Janeiro, RJ, Brazil. 4. Universidade Federal Fluminense (UFF), Niterói, RJ, Brazil. 5. Universidade Federal do Rio de Janeiro (UFRJ), Rio de Janeiro, RJ, Brazil. Mailing address: Dra. Clarissa Canella. Avenida das Américas, 4666, sala 325, Barra da Tijuca. Rio de Janeiro, RS, Brazil, 22640-102. E-mail: clacanella@yahoo.com.br.

<http://dx.doi.org/10.1590/0100-3984.2017.0035>



This is an open-access article distributed under the terms of the Creative Commons Attribution License.