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# **OVERCOMING MULTIPLE MYELOMA DRUG RESISTANCE IN THE ERA OF CANCER "OMICS"**

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### **Abstract**

Multiple myeloma (MM) is amongst the most compelling examples of cancer in which research has markedly improved the length and quality of lives of those afflicted. Research efforts have led to 18 newly approved treatments over the last 12 years, including 7 in 2015. However, despite significant improvement in overall survival, MM remains incurable as most patients inevitably, yet unpredictably, develop refractory disease. Recent advances in high-throughput "omics" techniques afford us an unprecedented opportunity to (1) understand drug resistance at the genomic, transcriptomic, and proteomic level; (2) discover novel diagnostic, prognostic, and therapeutic biomarkers; (3) develop novel therapeutic targets and rational drug combinations; and (4) optimize risk-adapted strategies to circumvent drug resistance, thus bringing us closer to a cure for MM. In this review, we provide an overview of "omics" technologies in MM biomarker and drug discovery, highlighting recent insights into MM drug resistance gleaned from the use of "omics" techniques. Moving from the bench to bedside, we also highlight future trends in MM, with a focus on the potential use of "omics" technologies as diagnostic, prognostic, or response/relapse monitoring tools to guide therapeutic decisions anchored upon highly individualized, targeted, durable, and rationally informed combination therapies with curative potential.

### **Keywords**

multiple myeloma, drug resistance; omics; genomics; proteomics; transcriptomics; metabolomics; immunomics; translational medicine; bench to bedside; immunotherapy

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### **INTRODUCTION**

Multiple Myeloma (MM) is a plasma cell neoplasm that accounts for 1.3% of all malignancies and 15% of hematological cancers, making MM the second most commonly diagnosed blood cancer (after non-Hodgkin lymphoma) [1]. Once considered an incurable disease with a short overall survival (OS), major progress in the understanding of MM biology and the development of highly active therapeutics has led to a distinct change in the natural history of MM. Indeed, MM is becoming a chronic illness for many patients, in which median OS has increased over 3 folds in the past 15 years. Therapeutic advancements have led to evolving treatment paradigms focusing on (1) autologous stem cell transplantation (ASCT), (2) therapies targeting MM in the context of the bone marrow (BM) microenvironment (e.g. proteasome inhibitors, immunomodulatory drugs, histone deacetylase inhibitors), and (3) immunotherapy (e.g. monoclonal antibodies, checkpoint inhibitors and T-cell immunotherapy) [2]. However, despite significant improvement in OS, MM remains incurable in the long-term as most patients inevitably, yet unpredictably, develop refractory disease (i.e. disease that fails to respond to induction or salvage therapy, or progresses within 60 days of last therapy) [3]. This is the product of genomic instability, clonal diversity, and MM's unique relationship with the BM microenvironment [4]. The treatment of relapsed/refractory disease poses a special challenge due to significant heterogeneity in relapsed disease, clonal tiding, and the lack of clear biological-based recommendations on the choice of salvage therapies at different stages of disease progression [5]. A study by *Kumar et al.*, has reported that patients who are double refractory to both proteasome inhibitors (PIs) and immunomodulatory drugs (IMiDs) do poorly, with a median OS and progression-free survival (PFS) of 9 and 5 months, respectively [6]. As such, there is an urgent need to decipher the underlying mechanisms of intrinsic and acquired drug resistance in MM.

"Omics" is the non-targeted, unbiased, and comprehensive study of genes (genomics), mRNA (transcriptomics), proteins (proteomics), lipids (lipidomics), and metabolites (metabolomics) in specific biological samples (Table 1) [7,8]. The success of genetic research in the discovery of therapeutic targets is exemplified by the use of the tyrosine kinase inhibitor Imatinib for the treatment of Philadelphia positive  $(Ph<sup>+</sup>)$  hematologic neoplasia [9]. In the decade following the discovery of the Philadelphia chromosome, the advent of next generation sequencing (NGS) has led to revolutionary advances in the diagnosis and management of hematologic (and solid) cancers with findings such as the BRAF V600E mutation in Hairy Cell Leukemia, the MYD88 265P mutation in Waldenstrom's Macroglobulinemia, and the CALR mutation in JAK2 and MPL double negative myeloproliferative neoplasms [10–12]. In the field of MM, NGS has improved our understanding of the heterogeneous landscape of genetic alterations and facilitated the identification of multiple deregulated core signaling pathways and mutations of diagnostic and therapeutic significance [13]. A massive parallel sequencing study of samples from 203 patients diagnosed with MM reported frequent mutations in KRAS, NRAS, FAM46C, TP53, and *DIS3* and less frequently in *BRAF, TRAF3, CYLD, RB1*, and *PRDM1*, which hold biological and therapeutic potential in MM [14]. NGS efforts have also been instrumental in uncovering clonal heterogeneity and evolution in MM patients [15,16]. Furthermore, the use

of gene expression profiling has identified 20 different types of myeloma, each phenotypically different in treatment response and clinical behavior [17]. By using molecular profiles to understand disease mechanisms, predict drug response and patient relapse, "omics" data can be used to guide pre-clinical drug development and tailor personalized treatments for each individual patient and disease.

Indeed, recent advances in high-throughput "omics" techniques afford us an unprecedented opportunity to understand drug resistance at the genomic, transcriptomic, and proteomic level. The use of multi-"omics" has proven invaluable for investigating the genetic and molecular mechanisms of drug resistance in refractory MM in both clinical and pre-clinical studies. Specifically, a literature review of studies on "*myeloma"* "resistance", published between 2010 and 2016, revealed 52, 9, and 3 papers that utilized genomics, proteomics, and metabolomics, respectively, to interrogate the mechanisms underlying drug resistance. In this review, we provide an overview of "omics" technologies in (1) developing MM clinical diagnostic and risk stratification tools, (2) understanding MM drug resistance in the era of conventional and targeted therapies, (3) developing new biomarkers and therapies in the era of targeted cancer immunotherapy. We also propose a model for the application of "omics" technologies in preclinical research (bench) and clinical practice (bedside) (Fig 1).

# **CLINICAL APPLICATION OF "OMICS": MOVING "OMICS"-BASED DIAGNOSTICS AND PROGNOSTICS FROM BENCH TO BEDSIDE**

#### **Potential of genomics in the identification of high-risk MM**

Standard cytogenetics and FISH are key to risk stratify newly diagnosed multiple myeloma patients. However, there may be further heterogeneity even within groups with these genetic prognostic factors. From this perspective, standard karyotype and FISH only have limited value in guiding treatment decisions and aid in personalized therapeutic strategies [18–23].

On the other hand, gene expression profiling (GEP) has given rise to several genetic signatures that have been successfully implemented in MM to improve risk stratification [24–27]. The "Mayo stratification of myeloma and risk-adapted therapy model" (mSMART) put forward by the Mayo clinic Dysproteinemia group is an example of a model that integrates gene expression profiling (GEP) with conventional cytogenetics and fluorescent in-situ hybridization (FISH) [28]. Indeed, a study using GEP identified 70 genes that are associated with shorter durations of remission, event-free survival (EFS) and OS; 30% of which were found to be either upregulated or downregulated on chromosome 1. By utilizing a ratio of mean upregulated to downregulated gene expression, a high-risk score was formulated and shown to be an independent predictor of outcome in a multivariate analysis that included the International Staging System. The study further identified a 17-gene signature (subset of the original 70 genes) that could accurately define high-risk disease [24]. Another study identified 15 survival-associated genes through GEP. A risk score based on the expression level of these genes was calculated and used to stratify patients into a high-risk group (overexpression of cell cycle-related genes) and a low-risk group (heterogeneous GEP pattern with a hyperdiploid signature). This genetic signature was validated in three independent myeloma cohorts (n=853), with the low and high-risk groups

reporting a three-year OS of 90.5% and 47.4%, respectively; hence attesting to the potential of GEP in myeloma risk stratification [29].

However, limitations to GEP do exist as the gene signatures used to stratify risk may not always be specific for a given clinical outcome, thus potentially leading to over- or undertreatment. Additionally, GEP cannot assay certain important prognostic factors, such as the presence of del(17p), and should therefore be combined with FISH analysis. Moreover, there still needs to be standardization in gene expression profiling methods, analysis techniques, and consensus and validation of the best genes to be used universally. Given these limitations, coupled with the fact that GEP is still largely experimental and not widely available, there are several issues that need to be addressed prior to clinical application [30]. Furthermore, while GEP has proven utility in tumor classification and survival risk prediction [29,31–40], gene expression alone may not be adequate in predicting complete response in MM, highlighting the need to adopt integrated omics approaches in the development of more accurate and comprehensive predictive models [41].

### **Treatment response and relapse monitoring using a genoproteomic approach**

The early detection of MM relapse has been challenging due to a historical lack of sufficiently sensitive monitoring strategies [42]. Presently, however, a better understanding of disease biology coupled with progress in science and technology has enabled us to measure MRD in the bone marrow with sensitivities in the range of  $10^{-5}$ – $10^{-6}$  cells through the development of cellular techniques such as next generation flow cytometry and "omics" based approaches such as qASO-PCR (quantitative allele-specific oligonucleotide polymerase chain reaction) and next generation sequencing [43]. Specifically, NGS can be used to track clonal rearrangements in one or more of three Ig genes (IgH, IgL $\kappa$ , IgL $\lambda$ ) unique to the malignant plasma cell over the course of disease and treatment to guide and further refine therapeutic decisions. Ultimately, the question today is no longer "can we detect MRD with sufficient sensitivity?" but rather "what is the practical value of minimal residual disease (MRD) monitoring and how can it be utilized to improve patient outcomes?"; a question that is thoroughly discussed in a current perspective piece by Anderson et al [44].

Researchers at the Mayo clinic have devised a new proteomics-based approach to monitor clonotypic peptides from M-protein heavy chain variable regions [45]. Compared with current analytical methods (e.g. protein electrophoresis/PEL, immune-fixation electrophoresis/IFE, and free light chain nephelometry/FLC), proteomics can detect clonotypic peptides in PEL-, IFE-, and FLC-negative samples. Thus, the use of proteomics to monitor myeloma progression and relapse has the capability to redefine clinical residual disease due to its superior sensitivity and specificity [45]. As tumor heterogeneity and evolution make myeloma a 'moving' molecular target, myeloma (M)-protein monitoring could be complimented by ongoing molecular profiling to evaluate how the genetic architecture of myeloma changes over time or in response to treatment. The proposed genoproteomic-based drug-repurposing program could be more effective than the current therapeutic approach (i.e. to treat empirically based on clinical trial evidence or to re-

challenge with prior active agent or ASCT) adopted in patients who may be refractory to standard therapies [46].

# **PRE-CLINICAL APPLICATION OF "OMICS" IN THE ERA OF CONVENTIONAL AND TARGETED CHEMOTHERAPY: UNCOVERING AND OVERCOMING MECHANISMS OF MM DRUG RESISTANCE**

As alluded to previously, a search of the published literature from 2010 to 2016 identified 62 studies (25 clinical; 37 pre-clinical) that utilized "omics" technologies to screen for genes, proteins, and metabolites dysregulated in drug-resistant MM (Table 2). These studies identified many deregulated pathways (e.g. survival, apoptosis, proliferation, cell-cycle regulation, DNA repair, epigenetic regulation, redox homeostasis, protein handling, drugefflux, autophagy, inflammation, and plasma cell maturation) that could contribute to resistance to conventional chemotherapy, proteasome inhibitors, IMiDs, and small molecule inhibitors. In particular, decreased XBP1 splicing was recently found to be a marker of bortezomib resistance in MM [47]. By suppressing XBP1s, MM cells de-commit to plasma cell maturation and decrease immunoglobulin production, proteasome load, and ER stress, resulting in acquired resistance to PI [47,48]. Low cereblon (CRBN) expression on the other hand was discovered to be implicated in Lenalidomide and Pomalidomide resistance [49]. The next step would then be to validate and translate this data into (1) novel diagnostic, prognostic, and therapeutic biomarkers and (2) novel therapeutic targets and rational drug combinations, to optimize risk-adapted strategies to circumvent drug resistance and bring us closer to a potential cure for MM.

### **Genomic identification of biomarkers predicting drug resistance**

The use of gene expression profiling to identify novel biomarkers of drug response in MM has already been extensively reviewed [50–52]. As such, we will only briefly highlight a few studies that employed genomic evaluation to identify potential biomarkers associated with drug resistant MM. A recent study identified a 23-gene expression signature, by comparing the baseline gene expression of bortezomib-resistant (BzR) vs bortezomib-sensitive (BzS) mouse MM cell lines, that could significantly predict patient outcomes in the MMTT3 human drug trial [53]. Additionally, an RNAi screen identified 37 genes that could potentially be targeted to sensitize MM cells to proteasome inhibitors [54]. Current genes in the biomarker translational pipeline include CXCR4; a gene linked with bortezomibresistance and a potential diagnostic biomarker that can predict patient response to borterzomib [55].

### **Proteomic identification of biomarkers predicting drug resistance**

Apart from gene expression profiling, mass spectrometric (MS) exploration of early biomarkers of bortezomib resistance has yielded some promising results. Apolipoprotein C-I and C-I' were recently found to be significantly increased in the serum of treatmentrefractory patients compared to treatment-responsive patients 24-hours post bortezomib administration [56]. In a separate study, an 'isobaric tags for relative and absolute quantification' (ITRAQ)-based approach implicated drug-resistance in the BzR

RPMI-8226/R5 MM cell line with the overexpression of the MARCKs protein [57]. MS profiling of dexamethasone (dex)-sensitive MM.1S revealed FKBP5 overexpression following dex treatment which was not seen in the dex-resistant MM.1R cell line [58].

Membrane proteins play a significant role in chemoresistance [59–61]. Membrane proteomics represents a highly efficient way of identifying membrane proteins with unusual properties that can potentially lead to the discovery of novel therapeutic targets as well as important modulators of drug resistance. However, despite constituting 30% of the total genome, membrane proteins are under-represented in many proteome profiles. The underrepresentation of membrane proteins from proteome studies is attributed mainly due to the heterogeneous, hydrophobic, and low abundance nature of these proteins. Lately there have been significant developments made in the areas of membrane protein analysis due to the availability of superior solubilisation methods and the production of new mass spectrometers that can detect and quantify low abundant proteins such as those found in or associated with the membrane.

Apart from the regulation of protein expression, post-translational modifications (e.g. phosphorylation, glycosylation, ubiquitination, methylation, acetylation) provide an additional layer of control over protein function. Emerging evidence is showing that cancer progression is largely regulated by epigenetic alterations such as post-translational modifications (PTMs). PTMs play critical roles in gene regulation, cellular functions, tissue development, diseases, malignant progression and drug resistance. Mass spectrometry is now sensitive enough to reliably identify PTMs thus allowing us to further interrogate how PTMs, and not simply expression, of proteins underlie drug-resistance. Chemoresistance in MM has been associated with aberrant activation of FGFR3, through tyrosine phosphorylation, in 15–20% of MM due to a  $t(4;14)(p16.3;q32)$  translocation [62–64]. Phosphoproteomic profiling of proteins associated with FGFR3 expression, ligand activation, and drug inhibition was recently performed and several phosphotyrosine sites downstream of FGFR3 activation that could potentially serve as biomarkers of drug resistance were identified and quantified [65]. While the function of phosphorylation has been extensively studied over the last 20 years and is now relatively well-characterized, much less is understood about the role other PTMs (e.g. ubiquitination) play in MM drug resistance. Interestingly, multi-monoubiquitination can mark transmembrane proteins (for example, receptors) for removal from membranes (internalization) and fulfill several signaling roles within the cell. When cell-surface transmembrane molecules are tagged with ubiquitin, the subcellular localization of the protein is altered, often targeting the protein for destruction in the lysosomes. The conditions in the bone marrow microenvironment in MM and, in particular, the presence of growth factors (interleukin 6, insulin-like growth factor-1, and vascular endothelial growth factor) and their interaction with corresponding membrane receptors, can promote drug-resistance and plasma cell survival. Understanding how ubiquitination contributes to this phenotype, especially in presenting and internalizing membrane proteins may present opportunities to develop novel targeted therapies and biomarkers for monitoring patients.

MS analysis is a powerful and proven research tool to explore MM biology. However, its clinical implementation has several limitations. Firstly, high-abundant proteins such as

albumin can mask low-abundant proteins while sample purification may result in the loss of low-abundant proteins through interactions with high-abundant proteins. Thus, careful analyses need to be performed at every purification step [57]. Furthermore, variables such as age differences, gender, ethnicity, menopause, and nutrition could confound biomarker discovery [57].

#### **"Omics" identification of novel drug targets in MM**

Significant sequencing efforts in MM have identified driver mutations (e.g. KRAS, NRAS, BRAF, FAM46C, TP53, DIS3, SP140, LTB, ROBO1) that can guide the development of novel targeted therapies exploiting oncogene addiction [14,66,67]. A recent study showed that whole genome sequencing (WGS) could detect BRAF mutations otherwise missed by FISH, thereby identifying a subset of patients that might benefit from BRAF inhibition [68]. However, the caveat here is that not only might some of these mutations only be present in a fraction of cells but, in addition, fluctuations of MM subclonal architecture make it difficult to predict the clinical efficacy of such a strategy. Nonetheless, "omics" approaches have led to the clinical development of potential drugs against drug resistant MM, some of which are highlighted in Table 3.

Targeted genome editing technologies (RNAi and CRISPR/Cas9) can also be harnessed to screen for novel "druggable" targets to overcome drug resistance. As a proof of concept, a CRISPR/Cas9 screen of protein domains in murine acute myeloma leukemia (AML) cells revealed six known drug targets and 19 additional dependencies [69]. Cell-based drug screening assays have also been used to screen compounds for their effects on cell viability in BzR MM cells [70]. Cancer researchers at the University of Helsinki's Institute for Molecular Medicine Finland, in collaboration with the pharmaceutical company Pfizer, have developed cutting edge high-throughput systems biological platforms to functionally profile patient cells to develop new targeted cancer drugs in personalized and precision medicine projects [71]. A pilot screen using the NCI Diversity Set II (NCI Developmental Therapeutics Program) of  $\sim$ 1600 small molecules identified 4 compounds that either had greater single-agent activity against BzR cells or restored sensitivity to bortezomib in BzR cells co-treated with bortezomib [70]. These compounds were then validated and further downstream mechanistic studies were performed using next-generation "omics" approaches (e.g. gene expression profiling, chemical genomics) [70]. Therefore, the use of HTS approaches has utility not only in drug discovery, but also in helping us understand the molecular mechanisms for targeting drug-resistant MM.

# **PRE-CLINICAL APPLICATION OF "OMICS" IN THE ERA OF CANCER IMMUNOTHERAPY: EXPLOITING IMMUNOMICS AND "CHO"-OMICS**

It has become apparent in recent years that conventional and targeted chemotherapy, while highly effective in lowering tumor burden, unfortunately lacks long-term durability as MM will evolve, recur, and become refractory to any conventional or targeted therapies. The observation that selected MM cases can be de facto cured with allogeneic hematopoietic stem cell transplant (HSCT) suggests that active cancer immunotherapy plays a fundamental role in inducing lasting disease remission due to its ability to target the malignant phenotype

of MM cells rather than specific dysregulated pathways [72]. However, HSCT-related mortality remains an obstacle to the widespread implementation of this therapeutic avenue for most MM patients, necessitating the exploration of other immunotherapeutic strategies. Currently, three broad approaches exist to enhance anti-myeloma immunity and stimulate a "host-versus-myeloma" effect: (1) immunomodulation using IMiDs, checkpoint inhibitors, and cytokines; (2) stimulation of myeloma specific T cell immunity using MM vaccines (dendritic cell based, peptide based) and adoptive T cell transfer (CAR T cells); and (3) monoclonal antibodies (anti-CD38 daratumumab, isatuximab, and MOR202, and anti-SLAMF7/CS1 elotuzumab) [72]. Immunomics aims to characterize the tumor-host interface through integration of immunology, genomics, proteomics, transcriptomics, and bioinformatics [73]. The relevance of "omics" in IMiDs research has already been covered in Table 2. Herein, we will discuss the enormous potential of immunomics in the development of highly effective and and specific anti-myeloma immunotherapeutic strategies.

#### **An immunomics approach to vaccine and CAR-T cell development**

Enhancing myeloma-specific T cell immunity through vaccination against cancer-specific antigens holds great promise, particularly in the clinical setting of early-stage or minimal residual disease. A multi-peptide vaccine (PVX-410) consisting of a cocktail of four HLA-A2-specific peptides (XBP1u, XBP1s, CD138, SLAMF7) is currently being evaluated in a phase I/IIa trial in patients with smoldering MM with the goal of delaying their progression to active disease (NCT01718899) [74]. Chimeric antigen receptor (CAR)-T cells are engineered by cloning antigen-specific T cell receptors onto T cells collected from patients. After ex vivo engineering, these cancer-specific CAR-T cells are expanded and then infused back into the patient in a process known as adoptive cell transfer. Encouraged by the remarkable results of CD19-directed CAR-T cell therapy in relapsed and refractory chronic lymphocytic leukemia, non-Hodgkin lymphoma, and acute lymphoblastic leukemia, researchers are now looking to develop CAR-T cells against myeloma-specific antigens [75,76]. Specifically, CD138 and BCMA-directed CAR-T cells are currently undergoing phase I clinical trial (NCT01886976, NCT02215967) while CD38 and SLAMF7-directed CAR-T cells are still in preclinical development [77].

The success of MM vaccination and CAR-T cell development hinges on the identification of MHC class I-restricted myeloma peptides that can generate highly avid, myeloma-specific memory cytotoxic T lymphocytes (CTLs) to provide a long-lasting immune response. The main challenges to this approach are the complex tumor-host interaction and the molecular and phenotypic heterogeneity of MM [73]. Immunomics provides a systematic framework for the identification of cancer-specific antigens and epitopes that interact with the host immune system. Gene expression analysis and reverse vaccinology has led to the discovery of a wide array of myeloma-associated T-cell antigens (e.g. CD138, XBP1, SLAMF7, WT1, RHAMM, hTERT, Survivin) [78–94]. Tumor exome sequencing and cDNA libraries can be used to screen for myeloma-specific mutated proteins in patient tumors. These neoepitopes (positive hits) can then be further characterized using an MHC binding algorithm to identify candidate mutated T cell epitopes. Next generation immunosequencing can be used to profile T-cell receptor sequences to determine the mature T-cell repertoire of MM-specific T

cells which can then guide development of CAR-T cells and ImmTACs (immune mobilizing monoclonal TCRs Against Cancer). Mass spectrometric analysis of the HLA-presented peptidome can also be used to the screen for novel, non-mutated, myeloma-specific T-cell epitopes [95].

A promising strategy that utilizes next-generation platforms to discover novel T-cell epitopes has been described [96]. Firstly, MHC-prediction algorithms are used to identify possible myeloma peptides with high binding affinity to the MHC I-complex [96]. Each candidate peptide-MHC tetramer is then labelled with a distinct three-metal staining code; each metal selected from a pool of 10 different metal tags. This system, which utilizes only 10 of the  $\sim$  40 currently available cytometry by time of flight (CyTOF) heavy-isotope channels for three-dimensional antigen-specificity encoding (assignment of a distinct three metal tag to each antigen specificity), provides us with 120 unique combinations of three metals to label up to 120 different tetramers simultaneously [96]. CD8+ T cell-enriched MM patient samples are then stained with the metal-labelled tetramers and sorted using magnetized columns to further enrich for "tetramer-positive" T cells. Subsequent analysis of both sorted and pre-sorted samples using mass cytometry gives an objective readout of the frequency of pre-sorted antigen-specific T-cell in each donor sample, by fusing a back-calculation approach [96]. Metal-tagged antibodies specific for phenotypic markers of interest (e.g. cell surface markers, memory cell markers, functional markers, co-stimulatory/inhibitory markers) can also be added to further characterize the peptide-specific  $CD8<sup>+</sup> T$  cells. Multiparameter analyses would then enable a more stringent selection of peptides that preferentially induce the expansion of highly functional memory T cells against MM [96].

### **"Omics" approaches to streamline monoclonal antibody development and production**

Monoclonal antibodies (mAbs) bind against specific antigens expressed on the surface of cells. They can then induce cell death through a number of mechanisms: (1) antibodydependent cell-mediated cytotoxicity, (2) complement-dependent cytotoxicity, (3) antibodydependent cellular phagocytosis, and (4) direct cytotoxicity via alterations in intracellular signaling, inhibition of function of growth factor receptors and adhesion molecules or induction of apoptosis by crosslinking receptors [72,97]. Two FDA approved mAbs, daratumumab and elotuzumab, have proven to be highly efficacious in MM. In particular, three-drug regimens incorporating daratumumab, with either bortezomib and dexamethasone or lenalidomide and dexamethasone showed unprecedented results in phase III trials in RR MM with circa 60% reduction in risk of death or progression compared to the control arm [98,99]. Antibody-drug conjugates (ADCs) utilize mAbs to selectively deliver cytotoxins to target cells, with the goal of increasing specificity and limiting side effects. Indatuximab ravtansine (chimeric anti-CD138-conjugated maytansinoid DM4) and J6M0-mcMMAF (humanized and afucosylated anti-BCMA-conjugated monomethyl auristatin F) are examples of ADCs undergoing clinical trials for use in RR MM [100]. Another area of mAb research focuses on bispecific T cell engagers (BiTEs). These molecules bind on one arm to a specific antigen and on the other to CD3, thus redirecting the activity of cytotoxic T cells against a specific target cell. BI 836909 is a novel BiTE in phase I clinical development that targets BCMA; a highly expressed protein in most MM cells (NCT02514239).

The design of novel cytotoxic mAb therapies (mAbs, ADCs, BiTEs) is challenging due to the limited availability of suitable tumor-associated antigens (TAA) that are: (1) specifically overexpressed on MM and not on normal tissue surfaces (to allow for the effective induction of anti-tumor immunity with as little side effects as possible), (2) involved in oncogenesis or MM survival, (to limit the chances of downregulation upon treatment pressure), and (3) highly immunogenic [101]. The use of genome-wide microarray analysis which gives us unbiased and comprehensive gene expression profiles of both normal and cancer tissues can be used to guide the selection of ideal TAAs [101]. Proteomic-based approaches can also be utilized to screen and identify potential TAAs. One such study utilized a polyclonal antibody, generated by immunizing rabbits with ARH-77 MM cells, to probe for potential TAAs, which were then identified by mass spectrometric analysis [102].

Commercial production wise, Chinese Hamster Ovarian (CHO) cells are used in large scale mAb manufacturing [103]. The process involves the transfection and expression of the mAb transgene followed by subsequent purification of recombinant mAb from the CHO cell culture supernatant. While improvements in recombinant DNA technology have significantly enhanced production yield by more than 100-fold over the last 20 years, there still exists considerable, and unpredictable, variation in yield between different production cell lines as the factors controlling protein (and gene) expression have yet to be uncovered [104]. Application of "omics" techniques have enabled us to decode the CHO cell genome, transcriptome, proteome, glycome, and metabolome, allowing us to better understand and exploit the molecular basis of high productivity [103,104]. For example, "omics" can be used to identify key markers of good production lines and optimize CHO-cell engineering [104]. Complete sequencing of the CHO cell provides us with numerous opportunities and possibilities for strategies to increase production yield and consistency, and reduce both costs and process-development time to ultimately expedite delivery of products into the clinic.

# **CONCLUSION AND FUTURE DIRECTIONS: PROPOSED MODEL FOR THE APPLICATION OF "OMICS" TECHNOLOGIES IN PRECLINICAL RESEARCH (BENCH) AND CLINICAL PRACTICE (BEDSIDE)**

Remarkable progress in our understanding of MM biology has led to significant refinements in how we diagnose, prognosticate, treat, and monitor MM. The expanding repertoire of novel therapeutics, designed to exploit MM's three Achilles' heels, fall largely into three hierarchical categories: drugs that target the (1) molecular aberrations of MM (e.g. MAPK and PI3K-Akt pathway inhibitors), (2) unique phenotype of MM resulting from these molecular aberrations and ongoing DNA damage (e.g. blocking stress responses, immunotherapy), and (3) mechanisms underlying genomic instability in plasma cells (e.g. APOBEC, APEX1). 20 years ago, there were not enough therapeutic options available to our patients. Today, clinicians face a different but welcomed challenge: one that involves having to figure out the right drugs to use, in the appropriate combination, at the correct time, and in the right sequence [105]. Bearing in mind that every cancer is as unique as the person fighting it, the goal would likewise be to have treatment regimens specifically tailored to the individual patient. Integrative personal "omics" profiling (iPOP) provides clinicians with a

powerful tool to meet this challenge as we move forward into the era of precision medicine [106].

Rapid advances in science and technology offer huge potential for innovation at the crossroads of medicine, biotechnology, and Big Data. Indeed, the use of "omics" technologies has significantly advanced our understanding of the molecular biology of MM which has greatly advanced preclinical drug development. However, as Einstein famously puts it: "the more (we) learn, the more (we) realize how much (we do not) know"; the same can be said of our ongoing battle to decode MM. As we push the boundaries of science, it is important not to become lost in the multitude of data but to instead focus on making the research count for the patients. The use of "omics" technologies in pre-clinical research has and will continue to facilitate the development of (1) better risk stratification systems, (2) biomarker discovery, (3) rational drug combinations to overcome resistance, and (4) novel targeted and immunotherapies for use in the diagnostic workup and treatment of patients with MM (Fig 1). Although at present, "omics" technologies are not ready for immediate clinical use as diagnostic, prognostic, or response/relapse monitoring tools, they can be envisaged as simple, rapid, robust, portable, and cost-effective clinical diagnosis, prognosis, and disease monitoring systems that could be available soon, which would not only improve clinical decisions but also guide the design of more clinically pertinent, bench to bedside research.

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### **Figure 1. Application of "omics" technologies in preclinical research (bench) and clinical practice (bedside)***Bench***:**

The use of "omics" technologies in pre-clinical research has and will continue to facilitate the development of (1) better risk stratification systems, (2) biomarker discovery, (3) rational drug combinations to overcome resistance, and (4) novel targeted and immunotherapies for use in the diagnostic workup and treatment of patients with MM. *Bedside*: Although at present, "omics" technologies are not ready for immediate clinical use as diagnostic, prognostic, or response/relapse monitoring tools, it can be envisaged that simple, rapid, robust, portable, and cost-effective clinical diagnosis, prognosis, and disease monitoring systems could be available in near future, which would not only improve clinical decisions but also guide the design of more clinically pertinent, bench to bedside research. Bench to bedside research, Beside to bench research, Application of "omics" technologies, TAA: tumor-associated antigens, GEP: gene expression profiling

### **Table 1.**

"Omics" technologies used in preclinical and clinical studies



WGS: whole genome sequencing; WES: whole exome sequencing; SNP: single nucleotide polymorphism; CNV: copy number variant; LC-MS/MS: liquid chromatography-tandem mass spectrometry; miRNA: microRNA; NMR: nuclear magnetic resonance; shRNA: short hairpin RNA; CRISPR: clustered regularly interspaced short palindromic repeats



**Table 2:**

Literature review of "omics" studies on "myeloma" "resistance" published between 2010 and 2016

Literature review of "omics" studies on "myeloma" "resistance" published between 2010 and 2016



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NA: not available; CL: cell line; HDACi: histone deacetylase inhibitors; CST: corticosteroid; PRD: prednisolone; VICE: vincristine; ATO: arsenic rioxide; ETP: etoposide; STA: staturosporin; tm: tunicamycin; DOX: doxorubici immunomodulatory drugs; THAL: thalidomide; LEN: lenalidomide; POM: pomalidomide, BTZ: bortezomib; CFZ: carfilzomib; VAD: vincristine, adrianycin, dexamethasone; CNA: copy number abnormalities; PI: proteasome inhibitor; CR: NA: not available; CL: cell line; HDAC: histone deacetylase inhibitors; CST: corticosteroid; PRD: prednisolone; VICE: vincristine; ATO: arsenic trioxide; ETP: etoposide; STA: staturosporin; tm: tunicamycin; DOX: dosorubici immunomodulatory drugs; THAL: thalidomide; EOM: pomalidomide; BTZ: bortezomide; BTZ: bortezomide; BTZ: carfilzomib; VAD: vincristine, adriamycin, dexamethasone; CNA: copy number abnormalities; PI: proteasome inhibitor; CR: disease; MRD: minimal disease; VMP: bortezomib, melphalan, prednisone; RD: lenalidomide, dexamethasone; PAD: bortezomib, doxorubicin, dexamethasone; TXN; thioredoxin; TXNDC5: thioredoxin domain-containing protein 5; rmhTRA tumor necrosis factor-related apoptosis-inducing ligand; GSH: Glutathione; GPx-1: Glutathione prooxidant production; TrxR1: Thioredoxin reductase 1; CAF: cancer associated fibroblasts tumor necrosis factor-related apoptosis-inducing ligand; GSH: Glutathione; GPx-1: Glutathione; GPx-1: Glutathione production; TrxR1: Thioredoxin reductase 1; CAF: cancer associated fibroblasts

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### **Table 3.**

### MM drugs in clinical development against pathways identified in "omics" studies



