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Live and let die: hydrogen peroxide production by the commensal flora and its role in maintaining a symbiotic microbiome

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Summary

The majority of commensal oral streptococci are able to generate hydrogen peroxide (H_2O_2) during aerobic growth, which can diffuse through the cell membrane and inhibit competing species in close proximity. Competing H_2O_2 production is mainly dependent upon the pyruvate oxidase, SpxB and to a lesser extent the lactate oxidase LctO, both of which are important for energy generation in aerobic environments. Several studies point to a broad impact of H_2O_2 production in the oral environment, including a potential role in biofilm homeostasis, signaling, and interspecies interactions. Here, we summarize the current research regarding oral streptococcal H_2O_2 generation, resistance mechanisms, and the ecological impact of H_2O_2 production. We also discuss the potential therapeutic utility of H_2O_2 for the prevention/treatment of dysbiotic diseases as well as its potential role as a biomarker of oral health.

Introduction

The human host is closely associated with complex microbial communities consisting primarily of bacteria, but also of viruses, fungi, archaea, and certain protozoa¹. The colonization of oral mucosal and hard tissue surfaces by microorganisms is accompanied by the vigorous intra- and interspecies exchange of information among diverse microbial communities as well as cross-kingdom communication between the microbes and host 2.3 . The ideal outcome of microbial colonization is to create a host-protective environment characterized by a consortium of commensal and mutualistic flora species. The protection

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CONFLICTS OF INTEREST

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afforded by the resident commensal flora can be viewed both temporally as well as spatially: temporally, since the initial colonization after birth can contribute to a lifetime of proper host immune system function ⁴ and spatially, since community interactions amongst the flora as well as flora-host interactions both yield mostly local effects⁵. To receive these protective benefits from the flora, it is critical to maintain microbial symbiosis ⁶. There are various recognized mechanisms that promote a symbiotic relationship with the flora, including the production of hydrogen peroxide (H_2O_2) by the commensal oral streptococci.

The oral cavity has several surfaces covered with microbes dwelling in biofilms and the composition of the biofilm community is determined by the respective environment $7-9$. For example, the process of dental biofilm formation has been the center of several *in vivo* oral microbial ecology studies $10-13$. Distinctive patterns of colonization sequences have been described, which can develop into a mature biofilm community with enormous complexity and structure. Initial colonization of the saliva bathed tooth surface in the first 4 to 8 hours is dominated by oral streptococci and *Corynebacterium* ssp. as recently shown ^{12,14}. This dominance extended up to 16 hours into biofilm development and Streptococcus accounted for about 20% of the taxa 14. Incidentally, oral streptococci are also the main source for ecologically relevant H_2O_2 production ¹⁵. The growth of initial colonizers during biofilm development in the first 16 hours seemed to be exponential, suggesting ideal conditions for facultative anaerobic and aerotolerant species. Further biofilm development favors the integration of Gram-negative anaerobic species including Fusobacterium, Prevotella and Porphyromonas, but growth of the biofilm population seemed to slow down after 16 hours 14 .

Initial biofilm development requires the formation of saliva-derived macromolecular complexes on the tooth surface leading to the formation of the acquired enamel pellicle. This process takes place within seconds after a clean enamel surface is exposed to saliva ¹⁶. Mechanistically, the abundance of streptococci as initial colonizers can be explained by surface adhesins specifically recognizing salivary proteins that are part of the acquired enamel pellicle. Integration of other species, including later colonizers, occurs via specific cell-surface receptors also displayed by streptococci 17 , thus streptococci together with a few other species are able to determine the spatial and temporal development of oral biofilms and are important for biofilm homeostasis. Several synergistic and antagonistic mechanisms have been described that contribute to oral biofilm dynamics 18 , and H_2O_2 production seems to play a significant role 15 .

In the time since our previous review about the role of H_2O_2 in oral biofilm ecology ¹⁵, there have been important advances in our understanding of oral microbial ecology and species composition in health and disease. One of the key outcomes of those studies is that polymicrobial diseases such as caries and periodontal disease are the ecological consequences of dysbiosis. For example, caries is triggered by overgrowth of a subset of the oral flora that are inherently aciduric and acidogenic ¹⁹. We have previously suggested that the conserved ability of commensal oral streptococci to produce H_2O_2 is important for oral health ²⁰. Here we review the latest evidence detailing our current knowledge of the biology of streptococcal H_2O_2 production as well as the role of H_2O_2 as key component of oral ecology.

Relevant Chemistry of hydrogen peroxide and reactive oxygen species (ROS) production

i) Oxygen redox pathways generate H2O2 as an intermediate

The generation of H_2O_2 during cellular redox reactions occurs due to the sequential univalent reduction of molecular oxygen 21 . H₂O₂ is the second intermediate formed by the addition of one electron and two protons to the highly unstable superoxide anion. H_2O_2 is relatively stable and unreactive in an abiotic environment $22,23$. Pure solutions of macromolecules like nucleic acids, proteins (metal-free), lipids, and polysaccharides are typically resistant to H_2O_2 oxidation. However, this is not the case in a biological environment, which is replete with transition metals such as Fe(ii) or Cu^{2+} that act as reducing agents for H_2O_2 ^{22,24}. The further reduction of H_2O_2 results in the addition of an electron and a proton to generate H_2O and the extremely reactive and short-lived hydroxyl radical, which is the major reactive oxygen species (ROS) reacting with biomolecules 21 . The half-life of the hydroxyl radical in a biological system is only about 1 ns. Its reaction with biomolecules is non-selective and is only limited by diffusion 25 .

ii) H2O2 involvement in the production of hydroxyl radicals via Fenton chemistry

In a cellular context, the generation of hydroxyl radicals is primarily catalyzed by Fenton chemistry via the transition metal ion pool inside the cell, especially soluble Fe(II) 26 . Fe(II) donates one electron to one H_2O_2 molecule to generate a hydroxyl radical, a hydroxide ion, and oxidized Fe(III). The hydroxyl radical will subsequently react rapidly with any organic cellular compound in the immediate vicinity ²⁷

iii) Cytotoxicity of H₂O₂

Much of the cytotoxicity of H_2O_2 is the result of oxidative DNA damage induced by hydroxyl radicals generated through Fenton chemistry 27,28. Hydroxyl radicals can trigger direct strand breakage through the oxidation of the ribose moieties of the DNA backbone 27,29,30. In addition, the nucleobases can be oxidized, with guanine being one of the major targets of oxidation 31 . Interestingly, two kinetically distinguishable modes of killing by H_2O_2 seem to exist as shown with the model organism *Escherichia coli* 32,33. Cells treated with H_2O_2 concentrations lower than 3 mM were more susceptible compared to H_2O_2 concentrations between 5 to 20 mM. Above 20 mM H_2O_2 , the survival rate is inversely proportional to the H_2O_2 concentration, as would be expected. The dual range of H_2O_2 susceptibility is attributed to separate killing mechanisms. Lower concentrations of H_2O_2 will mostly damage DNA due to Fenton reaction hydroxyl radicals inducing a lethal mutation rate $27,34$. The ability of Fe to bind to DNA is a key feature of this mechanism 35 . The second mode of killing at higher H_2O_2 concentrations seems to be the result of damage to other target(s) $33,34$, including proteins and lipids. However, the biologically relevant H_2O_2 concentration bacteria normally encounter is usually in the nM to lower mM range $36-39$. Hydrogen peroxide concentrations up to 7 mM have been reported for streptococci 37 , although those measurements were mostly performed in batch cultures that may not be reflective of the normal H_2O_2 production capacity of streptococcal biofilms. Regardless, it seems unlikely that E. coli would encounter >20 mM H_2O_2 during growth in bacterial

communities. A similar dual susceptibility to H_2O_2 has also been reported for *Streptococcus*

*thermophilus*⁴⁰, which is intriguing since both organisms utilize distinct mechanisms to detoxify H₂O₂. E. coli directly degrades H₂O₂ via the catalase enzyme ⁴¹, whereas streptococci typically lack catalase and rely on other mechanisms $42,43$. It is worth noting that S. mutans is equally susceptible to killing when treated with 1 to 5 mM H_2O_2 ⁴⁴. Thus, the dual susceptibility to H_2O_2 killing might not be generalizable for all species and/or growth conditions.

 $H₂O₂$ mediated damage can also occur to enzymes with iron-sulfur clusters abolishing enzyme activity, as well as enzymes that require a single Fe^{2+} ion as cofactor for enzymatic activity 31. Other potential targets are lipids in the cell membrane of bacterial cells. However, this has not been studied with oral biofilm bacteria and the lack of the main target for lipid peroxidation, polyunsaturated fatty acid chains in most bacterial membranes, makes it unlikely that this mode of killing action occurs ^{27,38}.

Sources of microbial hydrogen peroxide production in the oral biofilm

In the oral biofilm, naturally produced H_2O_2 crosses the bacterial membrane of producer cells and is released into the environment where it can influence neighboring cells and ultimately oral biofilm ecology. Our group and others have demonstrated that abundant H_2O_2 production in the pioneer colonizer S. sanguinis is critically dependent upon the activity of the pyruvate oxidase, SpxB. SpxB knock-out mutants do not produce sufficient extracellular H_2O_2 to inhibit competing H_2O_2 -susceptible species like *Streptococcus mutans* ⁴⁵. SpxB-dependent H₂O₂ production has also been shown experimentally for S. gordonii⁴⁵ and Streptococcus parasanguinis⁴⁶ as well as Streptococcus infantis, Streptococcus oralis, Streptococcus cristatus and Streptococcus mitis as shown on Prussian Blue H_2O_2 indicator plates 47,48 (Fig. 1, unpublished).

i) Pyruvate oxidase, SpxB

The initial characterization of the pyruvate oxidase from S. sanguinis was reported by Jan Carlsson and colleagues. Permeabilized cells exhibited pyruvate oxidase activity dependent upon thiamine pyrophosphate (TPP), flavin adenine dinucleotide (FAD), Mg^{2+} , and orthophosphate 49. Catalytic activity was also significantly increased in cells grown aerobically 49 , while the reaction itself is oxygen-dependent 50 . SpxB catalyzes the oxidative decarboxylation of pyruvate to the high energy metabolite acetyl-phosphate in addition to $CO₂$, $H₂O₂$, and ATP. Thus, the reaction provides an energetic growth advantage for the producer 15. Our group confirmed the presence of SpxB under anaerobic conditions, suggesting that the enzyme is present in cells even when H_2O_2 production is not detectable 51 . Consistent with the results from Carlsson, we observed *S. sanguinis spxB* expression to increase about 25-fold in aerobically grown cultures with the highest $spxB$ expression occurring in late log phase 51 . Even so, *S. sanguinis* still produces small amounts of SpxB under anaerobic conditions when pyruvate is primarily metabolized via the pyruvate formate lyase 49. The reason for this is not entirely clear, but it could potentially provide a growth advantage once oxygen becomes available. Alternatively, SpxB might have additional moonlighting functions that have yet to be discovered.

The biochemical mechanism of SpxB catalysis has not been elucidated in oral streptococci, but this has been investigated using the *Lactobacillus plantarum* pyruvate oxidase $(LpPox)$ ortholog. Several characteristics between LpPox and S. sanguinis SpxB are conserved and they share 49% identity (Table 1) 52 . Molecular modeling using the automated protein structure homology-modelling server SWISS-MODEL [\(https://swissmodel.expasy.org\)](https://swissmodel.expasy.org/) ⁵³ predicted a high conservation of the S. sanguinis SpxB protein structure compared to the known structures of the pyruvate oxidases from L. plantarum⁵⁴ and Aerococcus viridans⁵⁵ (Fig. 2).

From the LpPox crystal structure, several aspects of the catalytic process have been revealed, including the roles of the enzyme-bound co-factors TPP and FAD 56,57. The reaction occurs in several steps beginning with a nucleophilic attack on the bound pyruvate molecule by TPP leading to acetyl-TPP and FADH₂. In a subsequent oxygen-dependent mechanism, FADH₂ is oxidized to FAD generating H_2O_2 , the acetyl-TPP reacts with inorganic phosphate to create acetyl-phosphate, and TPP is regenerated $57,58$ (Fig. 3). A similar catalytic mechanism would be expected for *S. sanguinis* SpxB. However, *LpPox can substitute any of the divalent* metal ions Mg^{2+} , Mn^{2+} , and Ca^{2+} to fix the di-phosphate moiety of TPP, while the S. sanguinis SpxB seems to favor Mg^{2+52} .

i.i) Distribution and chromosomal location of spxB in oral streptococci—

SpxB-dependent H_2O_2 generation is conserved among most of the oral streptococci. Using the amino acid sequence of SpxB from S. sanguinis SK36 as a reference, we performed a BlastP search of the entire Human Oral Microbiome Database [\(http://www.homd.org/\)](http://www.homd.org/) 59. A surprisingly high conservation of the amino acid composition (95 identity/ 98% similarity) and protein length (591 amino acids) was observed among oral streptococci (Table 1).

Among streptococci, $spxB$ is typically expressed as a single gene controlled by its own promoter (Fig. 4). In several species, the immediate upstream open reading frame encodes a P-type ATPase copper transporter. Copper is a trace metal that can participate in the Fenton reaction and is also able to disrupt the iron sulfur clusters of various proteins, several of which participate in a variety of cellular processes influenced by H_2O_2 . Accordingly, exposure of *Streptococcus pyogenes* to H_2O_2 leads to the induction of genes with predicted roles in iron sulfur cluster assembly ⁶⁰. Therefore, a coordinated regulation of copper homeostasis and hydrogen peroxide production could be one mechanism employed as a strategy to mitigate the potential toxicity triggered by iron-sulfur cluster protein oxidation.

i.ii) Evidence of in vivo expression—In an effort to demonstrate the *in vivo* relevance of pyruvate oxidase, $spxB$ gene expression was quantified in clinical plaque samples from different individuals 61 . Universal spxB primers were developed for streptococci and could readily amplify $spxB$ from isolates identified as H_2O_2 producers on Prussian Blue agar plates ^{47,48}. Conversely, isolates exhibiting no H_2O_2 production also failed to yield spxB PCR amplicons 61 . The expression characteristics of $spxB$ was also determined in these clinical plaque samples. While $spxB$ transcript levels were quite variable between the 9 subjects, the day to day variability was quite low and seemed relatively constant over time for one selected subject 61 . The ability to detect spxB expression in oral plaque samples points to its active role in oral streptococcal physiology. Moreover, $spxB$ is expected to play

a particularly important role in early biofilm development, since SpxB-positive streptococci comprise significant fractions of newly formed oral biofilms 62 and these biofilms also contain significantly higher oxygen concentrations compared to older, mature biofilms ⁶³.

ii) Other sources of streptococcal hydrogen peroxide production

Another commonly encoded H_2O_2 -producing enzyme of oral streptococci is the FMN (Flavin mononucleotide)-dependent lactate oxidase (LctO; sometimes referred to as Lox) ⁶⁴¹⁵. The metabolic function of LctO is the aerobic oxidation of L-lactate to generate pyruvate. Since pyruvate is also the substrate for SpxB, both LctO and SpxB are linked in the central metabolism of oral streptococci during aerobic growth. The catalytic mechanisms of SpxB and LctO are different, since no TPP is involved in LctO oxidation of L-lactate. However, for both enzymes the cofactor FMN is initially reduced to FMM_2 and then subsequently oxidized to regenerate FMN and produce H_2O_2 ⁶⁵.

The LctO-dependent inhibitory ability of *Streptococcus oligofermentans* toward S. mutans has been studied in detail ^{66–68}. (Note: *Streptococcus oligofermentans* has been recently reclassified as *Streptococcus cristatus*⁶⁹, but for the reminder of the review we adhere to its old designation). Overall, the H_2O_2 -dependent inhibition of S. mutans by S. oligofermentans seems to be a coordinated event between SpxB and LctO, with SpxB producing the majority of H_2O_2 during early and logarithmic growth and LctO dominating during stationary phase. This might be partially due to the fact that the lactate concentration is initially limited, thus precluding LctO from producing much H_2O_2 . However, lactate will accumulate during growth and can later be used by LctO to produce pyruvate and H_2O_2 . Interestingly, inactivation of SpxB in S. oligofermentans has a negative effect on the activity of LctO, further suggesting these two enzymes are coordinately controlled. Furthermore, in the context of a multispecies biofilm, LctO activity would presumably play an important ecological role in the presence of copious lactate producers like S. mutans. It has been suggested that this lactate-dependent oxidase activity ensures successful competition with S. mutans and may partially explain the high prevalence of S. oligofermentans in certain cariesfree individuals $68,70$. Other than *S. oligofermentans*, the role of LctO has only been studied in S. pyogenes⁷¹ and S. pneumoniae⁷². Therefore, it remains to be determined whether other oral streptococci can exploit LctO activity to inhibit cariogenic species.

In addition to SpxB and LctO, S. oligofermentans may utilize another oxidase to produce competitive, *S. mutans*-inhibiting quantities of H_2O_2 ^{73–75}. This enzyme was initially classified as an L-amino acid oxidase (LAAO) because of its ability to use peptone and amino acids such as L-aspartic acid, L-tryptophan, L-lysine, L-isoleucine, L-arginine, Lasparagine and L-glutamine to produce significant amounts of H_2O_2 . Tong and colleagues suggested LAAO activity could be important under specific growth conditions 74 . For example, when saliva is used as sole nutrient source, polypeptides might be catabolized into free amino acids that could serve as LAAO substrates to yield α-keto acids, ammonia, and H_2O_2 . However, the activity of the enzyme was later revised and aminoacetone was reported to be the preferred substrate for purified LAAO ⁷⁵. This was independently confirmed and the structure of the enzyme solved. Thus, the enzyme was renamed to aminoacetone oxidase or AAO. Its activity previously measured using amino acids substrates is therefore likely the

result of either promiscuous catalysis on non-preferred substrates or an artifact of the in vitro reaction conditions 73 . Nonetheless, AAO seems to be a unique enzyme in oral streptococci and there is strong evidence to suggest that *S. oligofermentans* acquired this gene via horizontal gene transfer 76 . Although LctO-mediated inhibition of *S. mutans* is ten-fold stronger as compared to AAO 74 , it might still provide a selective advantage for S. oligofermentans under certain ecological conditions. Unlike SpxB and LctO, AAO also has the added advantage of producing ammonia as a byproduct 73 , which, like the arginine deiminases of other commensal oral streptococci, might similarly provide protection against plaque acidification 77.

Other fundamental redox reactions in the cell can also yield modest amounts of H_2O_2 . For example, the regeneration of NAD⁺ via NADH oxidase can yield H_2O_2 ⁷⁸. In general, NADH oxidases reduce molecular oxygen to either H_2O_2 (via Nox-1) or H_2O (via Nox-2) using NADH as a substrate 78 . Among streptococci, differences exist on the distribution of the nox-1/2 genes. S. mutans encodes nox-1 and nox-2⁷⁹, while S. sanguinis only encodes nox-2⁷⁸. The H₂O₂ production capacity of nox-1 is apparently limited, since *S. mutans* does not produce inhibiting amounts of H_2O_2 ⁴⁵. In a recent study, Ge *et al.* demonstrated that a nox-2 knock-out mutant in S. sanguinis loses its ability to compete with S. mutans due to a decrease in extracellular H_2O_2 production ⁷⁸. Interestingly, this effect on H_2O_2 production was suggested to be indirect since the intracellular concentration of H_2O_2 was actually slightly increased and no deleterious impacts were observed upon SpxB activity. The authors also reported that the nox-2 deletion affects membrane fluidity, which has led to the speculation that the observed lack of S. mutans inhibition might result from a decrease in $H₂O₂$ diffusion across the membrane ⁷⁸.

Self-compatibility and the response to hydrogen peroxide stress

When comparing the aerobic growth of H_2O_2 -producing streptococci in the presence and absence of externally added catalase, it is evident that H_2O_2 production yields self-toxicity ⁸⁰. Typically, streptococci do not encode catalase, suggesting that the benefit from excreting relatively large amounts of H_2O_2 outweighs the potential negative effects its production might pose on the producer itself. The absence of catalase or other commonly employed H2O2-detoxifying enzymes in oral streptococci also suggests that other important, perhaps uncharacterized mechanisms are involved in protection from H_2O_2 toxicity. Certainly, it is also possible that in the oral cavity H_2O_2 toxicity might not be as pronounced as under laboratory conditions. Saliva has an inherent capacity to deplete H_2O_2 via the salivary lactoperoxidase system, which catalyzes the oxidation of thiocyanate by H_2O_2 to produce the antimicrobial compound hypothiocyanite $81-83$. It is currently unclear to what extent, if any, that lactoperoxidase might influence the local H_2O_2 concentrations in oral biofilms. Furthermore, saliva flow aides in the dilution of H_2O_2 ⁸⁴. However, saliva flow can be limited, for example, in biofilms or interproximal spaces. The actual concentration of H_2O_2 in saliva or at the biofilm-tooth interface has not been determined in vivo. The detection is hindered by several problems, including the presence of the salivary lactoperoxidase system which can eliminate H_2O_2 before its reliable detection. The lactoperoxidase substrates (thiocyanate) and products (hypothiocyanite) can be measured in saliva however, and this allows salivary H_2O_2 concentrations to be extrapolated to approximately 10 μ M ⁸⁵. We

currently lack the sensor technologies required to directly measure H_2O_2 at the biofilm interface of patients, but one would expect this value to be significantly higher than the 10 μ M value estimated for saliva. Recent real-time measurements of the H₂O₂ concentration 100 μm above an *in vitro* polymicrobial biofilm found up to 1.4 mM of H_2O_2 can be generated 86. This suggests that during early biofilm development, in which there is an abundance of SpxB positive streptococci, considerable amounts of H_2O_2 can be produced that presumably requires efficient cellular defense mechanisms to avoid H_2O_2 -dependent toxicity.

A key bacterial mechanism to prevent H_2O_2 toxicity is through the avoidance of the Fenton reaction. We have previously demonstrated in S. sanguinis and S. gordonii that mutants lacking Dps, a ferritin-like protein involved in iron sequestration from DNA, are about $10⁴$ fold more susceptible to exogenous H_2O_2 compared to their respective wild types ⁴³. A similar hypersensitivity was also reported for S. mutans as well as other streptococci, suggesting that Dps is a broadly conserved and critical protein for the defense against H_2O_2 $87,88$. In *S. mutans*, superoxide dismutase (Sod) mutants exhibit a similar hypersensitivity as Dps mutants 89 , while the same Sod mutations in S. sanguinis and S. gordonii only result in about two to three-fold increases in H_2O_2 sensitivity ⁴³. TrxB mutants of S. sanguinis and S. *gordonii* also exhibit dramatically different H_2O_2 sensitivity phenotypes. TrxB is a thioredoxin reductase that catalyzes the reduction of thioredoxin and plays important role in the formation of disulfide bonds in oxidized proteins. An S. sanguinis TrxB mutant is severely impaired in its H_2O_2 resistance, whereas the *S. gordonii* TrxB mutant exhibits no obvious survival defects after H_2O_2 challenge ⁴³.

Studies of the S. pneumoniae pyruvate oxidase SpxB demonstrated an unexpected direct role for SpxB in the protection against H_2O_2 toxicity. S. pneumoniae SpxB deletion mutants are 10^2 to 10^3 -fold more susceptible to exogenously added H_2O_2 ⁹⁰. The source of this change in H_2O_2 susceptibility was determined to be dependent upon post translational modifications of SpxB itself, in which sulfenylation of SpxB occurs during endogenous H_2O_2 production as part of a reactive oxygen species adaptation mechanism 91 . Although not entirely understood, the sulfenylation of SpxB is postulated to serve as an " H_2O_2 sink" that scavenges intracellular H_2O_2 ⁹¹. Thus, S. pneumoniae has apparently evolved an intriguing mechanism to use SpxB to mitigate the oxidative stress that is created through its own catalytic activity. However, this mechanism does not appear to be a conserved characteristic of SpxB orthologs, as $spxB$ mutations do not impact H_2O_2 sensitivity for either S. sanguinis or S. gordonii⁴³. Based upon our current knowledge of oxidative stress tolerance, it would appear that the basic machinery employed by oral streptococci are part of a common toolbox. Yet, the observed differences among streptococci for proteins like SpxB, Sod, and TrxB suggest that there are significant aspects of H_2O_2 resistance that have yet to be discovered in these species. This is particularly evident from a recent publication illustrating a wide variety of oxidative stress tolerance phenotypes among different strains of S. mutans that all exhibit similar expression patterns for known components of the ROS response machinery 92. For further information about streptococcal ROS response mechanisms, see 93 .

Hydrogen peroxide production and biofilm ecology

Our view of oral disease development has evolved in the last two decades due to advances in our understanding of the ecology within oral biofilms 94 . It is now widely accepted that caries and periodontal disease are byproducts of oral dysbiosis 95. However, due to a historical focus upon pathogenic bacteria, a major aspect of oral health has been relatively understudied: the protective abilities of the commensal flora. Currently, there is a paucity of studies revealing the biological mechanisms that support symbiosis, a research area that we refer to as molecular commensalism 20 . A better understanding of such mechanisms could provide valuable new strategies to prevent dysbiotic diseases. In fact, there is already evidence that such an approach is feasible. By promoting the growth of alkali-producing oral streptococci via arginine supplementation, it is possible to achieve a net increase in dental plaque pH and lower caries scores 77,96 . H₂O₂ production is another aspect that could be exploited, as H_2O_2 is specifically associated with the commensal flora. Cariogenic species like S. mutans and most periodontopathogens are all exquisitely sensitive to H_2O_2 toxicity 15,97 .

i) H2O2 and interspecies competition in the oral biofilm

To better understand how H_2O_2 production is influenced by the immediate biofilm environment, scanning electrochemical microscopy (SECM) has been used to monitor H_2O_2 production in real-time at the surface of an *S. gordonii-S. mutans* dual species biofilm 98 . In combination with a pH probe, Joshi and colleagues identified the Achilles heel of S. gordonii H_2O_2 production. In an in vitro dual species biofilm assay grown in artificial saliva, S. gordonii is able to produce a considerable amount of H_2O_2 at a neutral pH. In fact, S. gordonii can slow the process of biofilm acidification by increasing $spxB$ expression and H2O2 production once the environmental pH starts to fall due to sugar fermentation. This adjustment in H_2O_2 production provides a temporary check on S. mutans growth. However, once the environmental pH falls below the physiological buffering capacity of saliva, both $spxB$ expression and H_2O_2 production diminish, which allows S. mutans to eventually dominate 98. This clearly shows that a prolonged reduction of the salivary pH not only promotes the growth of aciduric species, but also impairs the ability of some commensal species to effectively antagonize H_2O_2 -sensitive pathobionts like *S. mutans* ⁹⁸.

The effect of the environmental pH on the H_2O_2 production capability of oral streptococci seems to be a key issue in their competitive abilities. Contrary to the observation with S. gordonii, S. sanguinis exhibited no change in the production of H_2O_2 when growing at pH6, demonstrating that the response to a lower pH is not a universal decrease in H_2O_2 production 99. Although the observed phenotypic response showed consistency among different strains, the authors would like to emphasize that the ability of streptococci to adjust to environmental perturbations needs to be assessed on the species and sometimes strain level and should not be generalized $92,99$. Interestingly, the observed reduction of $spxB$ expression and H_2O_2 production in S. gordonii leads to a redirection of the metabolic flux at the pyruvate node 99. Since less pyruvate is metabolized through SpxB catalytic activity, an increase in lactic acid production was observed, which is also reflected in an increased expression of the lactate dehydrogenase gene ldh. The increase in lactic acid production

itself is an adaptation mechanism improving the survival of S. gordonii at lower pH 99 . S. sanguinis in general produces less H_2O_2 than S. gordonii and is more susceptible towards lower pH. Furthermore, the reduced H_2O_2 production at lower pH observed in S. gordonii still exceeds S. sanguinis production ability ⁹⁹. Perhaps, the production of H_2O_2 serves a slightly different ecological purpose since *S. sanguinis* is one of the most-abundant early colonizers 20 and biofilm mediated protection mechanisms may protect the *S. sanguinis* population against low pH^{100} . At the same time, higher abundance means less energy needs to be channeled towards H_2O_2 production in general, while *S. gordonii* as a species with lower abundance needs to be more aggressive to ensure competitiveness.

The impact of environmental pH upon competitive H_2O_2 production has also been examined in other species ^{99,101,102}. S. oligofermentans, a potent H_2O_2 producer, is able to inhibit the growth of S. mutans at pH6 in deferred antagonism assays, which is quite surprising, since S. oligofermentans growth at pH6 is compromised to a much greater degree compared to S. mutans. Even with its impaired growth at pH6, S. oligofermentans still produces up to 1.5fold more H_2O_2 compared to pH7 ¹⁰¹. At a pH of 5.5, S. oligofermentans growth defects are too severe to remain competitive with S. mutans, despite its aggressive H_2O_2 production. The inhibitory spectrum of commensal oral streptococcal H_2O_2 -production was also confirmed for periodontopathogens like Aggregatibacter actinomycetemcomitans, Prevotella intermedia, and Porphyromonas gingivalis $97,103$, suggesting that H_2O_2 production might similarly influence the composition of subgingival biofilms.

ii) Tipping the balance – influencing the production of H2O²

A key outcome for studies of molecular commensalism would be to develop new approaches to sustain a symbiotic biofilm community, even under conditions that otherwise would lead to dysbiosis. Conceivably, this could be achieved either by increasing the number of healthassociated bacteria, such as $SpxB$ -encoding streptococci, and/or by increasing the H_2O_2 output of producer species. Clinically, it has been shown that S. sanguinis isolates from caries-free individuals have increased H_2O_2 production relative to high caries individuals, which further supports the health-protective role of H_2O_2 ¹⁰⁴. In addition, our previous studies of an S. gordonii CcpA mutant have demonstrated the conceptual utility of exogenously manipulating H_2O_2 production to achieve a desired ecological outcome. CcpA is a transcriptional regulator of spxB and its deletion increases spxB expression and H_2O_2 production 105. Consequently, CcpA mutants also exhibit an enhanced ability to antagonize the growth of S. mutans. Similarly, in vitro studies of a 3-species S. gordonii, S. mutans, and A. naeslundii biofilm model have demonstrated that L-arginine supplementation can prevent S. mutans dominance and favor S. gordonii growth even in the presence of sucrose 106 , a carbohydrate that strongly promotes the dysbiotic overgrowth of S . mutans 107 . In this system, L-arginine was able to increase the pH of the biofilm, as expected, but it had the added benefit of increasing the production of H_2O_2 by S. gordonii as well. Conversely, in a 14-species biofilm model containing both H_2O_2 -producing streptococci and periodontopathogens, the addition of clinically relevant concentrations of the H_2O_2 inactivating enzymes myeloperoxidase, lactoperoxidase, and erythrocyte catalase strongly favored the growth of the periodontopathogens at the expense of the commensals 108 . Overall, there is ample clinical and experimental evidence establishing a clear inverse

correlation between the abundance of H_2O_2 produced in an oral biofilm community and the prevalence of pathobionts.

When comparing the oral biofilms of different people, it is evident that considerable variability exists not only at the species level, but even among different strains of the same species 109 . This has important ecological implications for one's individual likelihood of developing oral dysbiosis. For example, differences in the H_2O_2 susceptibility of an individual's pathobionts can influence how much H_2O_2 production is required to sustain symbiosis. This is evident from a recent study of S. mutans clinical isolates, which demonstrated how variability among the oxidative stress tolerance phenotypes of these strains has a dramatic influence upon their competitiveness in a multispecies biofilm setting 92 . S. mutans clinical isolates were mixed with S. oralis and A. naeslundii and grown as biofilms for up to 91 hours. One particular S. mutans strain (Smu81) that was isolated from subgingival plaque ¹¹⁰ exhibited poor competitive abilities after 67 and 91 hours of incubation in the presence of sucrose, while all other S. mutans strains eventually became the dominant biofilm species under the same growth conditions 92 . In a deferred antagonism assay, S. oralis was able to severely inhibit the growth of Smu81, but this effect was completely abolished in the presence of catalase 92 . It is still a mystery why different strains of S. mutans can exhibit such a wide range of oxidative stress tolerance.

Similarly, clinical isolates of H_2O_2 -producing streptococci also exhibit a range of H_2O_2 production phenotypes. Thus far, we have identified three distinct groups of H_2O_2 producers: group I – high-level H_2O_2 production, carbon catabolite repression (CCR) insensitive; group II – low-level H_2O_2 production, CCR insensitive; and group III – CCRsensitive H_2O_2 production (Fig. 5). Importantly, like S. mutans oxidative stress tolerance, the H_2O_2 -production phenotypes of these isolates were largely determined at the strain level 121 . Further details regarding the role of CCR-dependent regulation of H_2O_2 -production will be described later.

As mentioned previously, environmental pH is another factor that can have a profound impact upon H_2O_2 production. In a recent study by Huang and colleagues, alkali-generating arginolytic species were isolated from subjects with and without caries 111 . Overall, 6 different Streptococcus species were detected with S. sanguinis being predominant (67.9%) followed by S. gordonii (8.9%), S. intermedius (8.9%), Streptococcus cristatus (8.9%), S. australis (3.6%), and S. parasanguinis (1.8%) ¹¹¹. Each of these species also encodes spxB (see Table 1) and further analysis determined H_2O_2 production to be their principal mechanism of S. mutans antagonism 112 . While H₂O₂ production is negatively impacted by acidic growth conditions for some streptococci 99 , the arginine deiminase system is highly acid tolerant 113,114 and could serve to bolster SpxB activity to prolong competitive H₂O₂ production.

iii) Beyond competition – H2O2 signaling, biofilm formation, and community development

Another emerging aspect of H_2O_2 production is its influence on bacterial synergistic interactions, potentially functioning as a signal molecule. The role of streptococcal H_2O_2 in interspecies interactions with A. actinomycetemcomitans has been the subject of several excellent publications $115-117$. Initial investigations with *S. gordonii* and *A.*

actinomycetemcomitans revealed that the latter is able to utilize the lactic acid produced by S. gordonii as a carbon source, thus providing metabolic complementation and potentially promoting virulence 116 . The dilemma for A. actinomycetemcomitans is its susceptibility to the H₂O₂ produced by *S. gordonii*. To minimize its H₂O₂ exposure, *A*. actinomycetemcomitans increases the production of its catalase gene katA as well as a novel gene $dspB$ ¹¹⁵. DspB is an extracellular enzyme that promotes the dispersal of A. actinomycetemcomitans biofilms by hydrolyzing the major component of its extracellular matrix, poly-N-acetylglucosamine. This allows A. actinomycetemcomitans to keep a "safe" distance from *S. gordonii* in mixed species murine abscesses. Normally, *A.* actinomycetemcomitans and S. gordonii both form small aggregates of about 250–1000 cells in experimental abscesses, while those aggregates increased about two-fold in an A. *actinomycetemcomitans* DspB mutant 115 . Moreover, the DspB mutant aggregates were either contiguous to or within 4 μ m of those of *S. gordonii*, while the wild type maintained a distance between 4 and 13 μ m from the *S. gordonii* aggregates. Presumably, this distance provides the optimal balance between the benefits provided by carbon source acquisition and the limitations of its catalase activity 115 . In a separate mixed species study of A. $actionmycetemcomitans$ and $S.$ parasanguinis, it was demonstrated that a close proximity between both species can be maintained by triggering a decrease in $spxB$ expression 118 . In fact, dual species biofilms exhibited a significant increase in bio-volume and biofilm thickness as compared to mono-species biofilms, while both species remained intimately associated. Interestingly, A. actinomycetemcomitans catalase did not play an important role in this assay, presumably because the down regulation of $spxB$ limited H_2O_2 production to a level at which katA expression is unnecessary.

A similar phenomenon has been reported for mixed species biofilms of S. gordonii and A. naeslundii ¹¹⁹. Like A. actinomycetemcomitans, A. naeslundii is very susceptible to inhibition by H_2O_2 and encodes catalase. Interestingly, in co-cultures with A. naeslundii, S. gordonii exhibits reduced oxidative damage to its surface proteins, which is likely a benefit provided in trans from A. naeslundii catalase 119 . Thus, certain combinations of species might prove beneficial to H_2O_2 producers by minimizing the self-toxicity associated with their H_2O_2 production. Taken together, multiple lines of evidence support the role of H_2O_2 in shaping the ecology within the polymicrobial dental biofilm through both pathobiont inhibition and interspecies interactions. Further knowledge of the biogeographical landscape of the numerous polymicrobial physical 12 and chemical interactions 120 will be required to fully understand the dynamics of these interactions and how they may influence the balance between symbiosis and dysbiosis.

Genetic regulation of streptococcal spxB expression

The expression of $spxB$ is under the control of several transcriptional regulators that are conserved in oral streptococci and respond to either metabolic or environmental stimuli. Some species- and strain-specific variations exist in their mode of control and it is currently unknown how these different control elements are coordinated in a hierarchy of transcriptional regulation. In addition, a specific regulatory mechanism has yet to be established for the decreased $spxB$ expression observed during the switch from aerobic to anaerobic growth conditions. Likewise, it is currently unclear whether the previously

described pH dependence of H_2O_2 production is the result of transcriptional regulation, posttranscriptional regulation, or an indirect consequence of a metabolic adjustment.

i) CcpA

Oral streptococci have access to and metabolize a large variety of carbohydrates. Glucose is the most important and preferred carbon source, but its concentration in the oral cavity fluctuates as a consequence of the host diet. In the presence of glucose, most streptococci will suppress the expression of genes involved in the utilization of other carbon sources, a process referred to as carbon catabolite repression $(CCR)^{121}$. We previously identified distinct spxB transcriptional responses to glucose from S. sanguinis and S. gordonii. S. gordonii follows the classic carbon catabolite repression response and decreases $spxB$ expression in the presence of glucose, while $spxB$ expression remains unchanged in S. sanguinis, although its expression is consistently lower than in S. gordonii overall 105,122,123 . Given this difference in regulation, it was surprising to find a consensus sequence for the catabolite control protein A (CcpA) (*cre*) in both species. CcpA is the main global regulator for carbohydrate metabolism in Gram-positives 121 . Interestingly, S. pneumoniae spxB expression is also controlled by CcpA, but is not affected by glucose similar to S . sanguinis ¹²⁴. The regulatory role of CcpA has been confirmed by mutagenesis, and as expected, $spxB$ expression is increased in the CcpA mutants of both S. sanguinis and S. gordonii, suggesting that *S. sanguinis* CcpA-dependent control of $spxB$ expression is glucose independent ¹²³. To further explore the regulatory role of CcpA in both species, promoter binding studies were performed and confirmed to depend upon the two *cre* sites for both species 123 . Despite this, it is still not clear why the two species differ in their CCR response for $spxB$, but we have some evidence indicating that a regulatory mechanism upstream of CcpA is most likely responsible. Furthermore, we observed similar carbohydrate-dependent and carbohydrateindependent spxB control mechanisms from a variety of clinical isolates of different oral streptococci, which indicates that the distinctions between S . gordonii and S . sanguinis are commonly found in other species as well 123.The ecological implications of this differential regulation of $spxB$ are still unclear and this is a subject of active investigation.

ii) SpxR

One of the first $spxB$ transcriptional regulators identified in S. pneumoniae is SpxR. Mutational studies confirmed the role of $SpxR$ as a transcription activator of $spxB$ gene expression. SpxR mutants exhibit decreased H_2O_2 production and are severely impaired for virulence in a murine infection model 124. The regulatory role of SpxR was also demonstrated in S. sanguinis 125 . The domain architecture of SpxR contains a helix-turnhelix motif for DNA binding as well as CBS and HotDog domains. CBS and HotDog domains seem to be ancient and ubiquitous motifs with potential sensory functions monitoring the cellular energy status by binding to AMP, ATP, or S-adenosyl methionine ¹²⁶. Thus, it has been suggested that $SpxR$ connects $spxB$ expression to the energy and metabolic status of the cell $124,125$, but this prediction has yet to be experimentally confirmed and the signal sensed by SpxR remains unknown.

iii) SpxA1 and SpxA2

SpxA1 and SpxA2 are both transcriptional regulators implicated in the control of $\wp xB$ expression. Both regulators appear conserved among streptococci and fulfill several important functions in oxidative stress tolerance as well as biofilm and competence development. A detailed analysis in S . sanguinis demonstrated that a deletion of $spxA1$ decreased the production of H_2O_2 threefold along with a similar reduction in $spxB$ expression. In the $\frac{spxA2}{\text{deletion background}}, H_2O_2$ production was not found to be significantly affected 127 , but this result has been recently challenged 128 . Interestingly, SpxA1/2 exhibit significant homology, including a Cys-X-X-Cys motif that has previously been shown to sense the intracellular redox state ¹²⁹. Further studies are required to better understand the mechanistic role of both transcriptional regulators for $spxB$ regulation.

iv) Two-Component Systems (TCS) VicRK and SptRS

Environmental information is commonly transmitted via TCS signaling in bacteria ^{130,131}. Two *S. sanguinis* TCS have been previously demonstrated to influence *spxB* gene expression $132,133$. The initial discovery that the TCS VicRK positively regulates $spxB$ expression as well as biofilm formation and the release of extracellular DNA demonstrates that H_2O_2 production is involved in important cellular developmental processes 133. This is consistent with our previous studies of the connection between $spxB$ expression, H_2O_2 production, and the induction of extracellular DNA release 134 . More recently, the *S. sanguinis* SptSR TCS has also been demonstrated to control $spxB$ expression ¹³². In contrast to the VicRK TCS, a deletion of either sptS or sptR increases the production of eDNA and H_2O_2 . While VicR was shown to bind the $spxB$ promoter 133 , this was not possible for SptR, although a putative consensus binding site was identified in the $spxB$ promoter 132 . Therefore, it is currently unknown whether the regulatory effect of the SptRS TCS is direct or indirect. The latter is a distinct possibility, since the $sptR$ and $sptS$ mutations trigger significant transcriptional changes in the regulatory genes *vicR* and $spxR$ ¹³².

Streptococcal H2O2 production at extra-oral locations

The reservoir of oral streptococci is not confined to the oral cavity, as S. dentisani, S. tigurinus, S. oralis, S. oligofermentans, S. mitis, S. infantis, and S. gordonii have all been isolated from a various areas of nasopharynx from healthy adults 135. In addition, it has been suggested that streptococci are generally protective for paranasal sinuses to certain diseases such as chronic rhinosinusitis 136 . Although there is currently no experimental evidence of $H₂O₂$ production as a key facet of this protection, the availability of oxygen in the nasopharynx would certainly allow for its production.

Oral streptococci are also commonly associated with the lung microbiome, and their presence in patients with either chronic obstructive pulmonary disease (COPD) or cystic fibrosis (CF) has been shown 137,138. For COPD patients, the streptococcal community in the lungs was shown to originate primarily from the oral cavity through aspiration based upon comparisons of the overall similarity of the bronchial, peripheral lung, nasal, and oral microbiomes ¹³⁸. This suggests that aspiration and colonization by oral streptococci is likely a common occurrence. A recent clinical study found that a pediatric control cohort had a

higher percentage of *Streptococcus* in their broncho-alveolar lavage fluid compared to an age-matched cohort of pediatric CF patients, while the study failed to detect any Streptococcus in adult CF patients ¹³⁷. Over time, the non-traditional CF taxa like the streptococci seem to be replaced by the traditional CF taxa including *Pseudomonas*, Staphylococcus, and Stenotrophomonas¹³⁷. This observation may indicate that the nontraditional taxa including *Streptococcus* can colonize better and initially provide some level of protection. It has also been hypothesized that oral streptococci may play an important role in increasing the diversity of the cystic fibrosis microbiome, thus promoting patient stability ¹³⁹. Mechanistically, this is consistent with the findings by Scoffield and Wu, which demonstrated that oral streptococci successfully interfere with Pseudomonas aeruginosa through H_2O_2 production ⁴⁶. Surprisingly, multiple streptococci including S. parasanguinis, S. sanguinis and S. gordonii all failed to inhibit the growth of P. aeruginosa in antagonism assays when using regular growth medium, but exhibited inhibition when nitrite was supplemented. This effect was also SpxB-dependent. In a *Drosophila melanogaster* infection model, the authors demonstrated that H_2O_2 -producing oral streptococci are similarly protective against P. aeruginosa in the presence of nitrite 46 . Nitrite concentrations seem to be elevated in the sputum of CF patients ¹⁴⁰ and can be converted to peroxynitrite in the presence of H_2O_2 . It has been suggested that peroxynitrite is potentially internalized through a permease to exert its antimicrobial effect upon *P. aeruginosa* 46 . It is also worth noting that multiple CF studies have detected oral streptococci from the *Streptococcus anginosus* group (formerly Milleri group) as being strongly associated with CF pathogenesis, namely S. intermedius and *S. constellatus* $141,142$. Coincidently, after searching the annotated genomes available in the Human Oral microbiome Database (HOMD), both S. intermedius and S. constellatus were not found to encode $spxB$ and are thus not expected to be significant H_2O_2 producers.

In conclusion, oral streptococci are present in multiple sites of the human host. Most likely, their dissemination originates from the oral cavity. In future studies, it would be interesting to determine whether commensal oral streptococci exert similar health protective benefits outside of the oral cavity via their H_2O_2 production.

Outlook

Hydrogen peroxide production plays an important role in the metabolism of oral streptococci and effects the ecology of dental biofilms. Experimental evidence over the last decade supports a critical role for H_2O_2 in maintaining oral symbiotic homeostasis. With our deeper understanding of the ecological aspects of oral diseases, it has been suggested that future treatments are likely to remodel dysbiotic communities back to a state of symbiosis with the host ^{19,20,143}. This concept is a promising alternative to conventional therapies, but its translation is only likely to occur with a more thorough understanding of molecular commensalism ²⁰. The manipulation of H_2O_2 production among the commensal flora is certainly one conceivable strategy to prevent and/or reverse dysbiosis.

Furthermore, a recent systematic review about the diagnostic accuracy of current Caries Risk Assessment (CRA) methods concluded "the analyzed methods may lead to patients with increased risk not being identified" ¹⁴⁴. Clinical CRA guidelines approved by the American

Dental Association fail to consider the polymicrobial nature of caries and lack any molecular markers sampled directly at the tooth surface where caries occurs 145 . The identification of such microbial biomarkers to monitor changes at the tooth surface before the clinical manifestation of caries is detectable would greatly improve early interventions. Currently, the caries disease process cannot be accurately determined in the absence of observable demineralization. Therefore, predictive preclinical biomarkers are clearly desirable and much needed. H_2O_2 production might prove to be a useful biomarker of the underlying ecology within the oral cavity.

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Fig. 1:

Comparison of H_2O_2 production by S. oralis ssp. tigurinus J22, S. infantis LZ2, S. mitis 12261, and S. cristatus wild type strains and their respective isogenic $spxB$ mutants. H_2O_2 production from all strains was assessed on H_2O_2 indicator plates after overnight incubation at 37°C aerobically. H_2O_2 production leads to the precipitation of Prussian blue during aerobic growth, which forms a blue halo around the producer $47,48$.

Fig. 2:

Protein structure homology modeling of SpxB from S. sanguinis using the automated protein structure homology-modelling server SWISS-MODEL. The reference proteins used were from Aerococcus viridans and Lactobacillus plantarum. The quaternary structure quality estimate (QSQE) based upon the modeling with Aerococcus viridans SpxB is 0.78. This protein has 69% sequence identity to the S. sanguinis SpxB. The QSQE score ranges from 0 to 1 with higher numbers indicating higher reliability.

Fig. 3:

Generalized overview of pyruvate oxidase mechanism, Fenton reaction, and DNA damage. The pyruvate oxidase catalyzes the oxidative decarboxylation of pyruvate and requires the cofactors TPP and FAD. During the multistep reaction, two reducing equivalents are transferred from TPP to FAD, yielding 2-acetyl-thiamine pyrophosphate and FADH2. FADH₂ is re-oxidized by O_2 which generates H₂O₂ and FAD. Ac-TPP is then cleaved phosphorolytically to yield acetyl phosphate and TPP 146 . Fe²⁺ is able to non-specifically bind to DNA and react with the generated H_2O_2 in the Fenton reaction to cause DNA damage in the form of DNA strand breakage (as shown here) or base alterations in the DNA.

Fig. 4:

Chromosomal context of $spxB$ in multiple oral streptococci. The sequences of the given species and strains as well as the displayed gene names and functions were obtained from NCBI. Species were sorted with respect to their analogy in gene assortment. Related or functionally connected genes are shown in matching colors. In case the gene function was not already given in the NCBI database ("conserved hypothetical protein" or "hypothetical protein"), related or functionally connected genes were identified by BLAST sequence comparison. Figures were manually generated using Microsoft Powerpoint. Catabolite

responsive elements (cre boxes) are indicated (♦) and were predicted as previously described 121 . The respective *cre* boxes of *S. sanguinis* and *S. gordonii* were experimental validated 123 .

Fig. 5:

Representative species for the three identified H_2O_2 -production groups and their ability to inhibit $S.$ mutans \pm glucose.

Table 1:

Comparison of SpxB among different species

% identity: identity on the amino acid level to the query sequence of $spxB$ from $S.$ sanguinis.

% positives: amino acids with a conservative exchange were physiochemical properties are preserved when compared to the query sequence of spxB from S. sanguinis.

*
The second pyruvate oxidase gene in *S. acidominimus* possesses an internal stop codon.

** L. plantarum encodes several pyruvate oxidases, shown here is the relevant pyruvate oxidase used for molecular modeling.