

### FORUM REVIEW ARTICLE

# Dual Role of Nitric Oxide in Regulating the Response of $\beta$ Cells to DNA Damage

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#### **Abstract**

**Significance:** Cytokines released in and around pancreatic islets during islet inflammation are believed to contribute to impaired  $\beta$  cell function and  $\beta$  cell death during the development of diabetes. Nitric oxide, produced by  $\beta$  cells in response to cytokine exposure, controls many of the responses of  $\beta$  cells during islet inflammation.

**Recent Advances:** Although nitric oxide has been shown to inhibit insulin secretion and oxidative metabolism and induce DNA damage in  $\beta$  cells, it also activates protective pathways that promote recovery of insulin secretion and oxidative metabolism and repair of damaged DNA. Recent studies have identified a novel role for nitric oxide in selectively regulating the DNA damage response in  $\beta$  cells.

*Critical Issues:* Does nitric oxide mediate cytokine-induced  $\beta$  cell damage, or is nitric oxide produced by  $\beta$  cells in response to cytokines to protect  $\beta$  cells from damage?

**Future Directions:**  $\beta$  cells appear to be the only islet endocrine cell type capable of responding to proinflammatory cytokines with the production of nitric oxide, and these terminally differentiated cells have a limited capacity to regenerate. It is likely that there is a physiological purpose for this response, and understanding this could open new areas of study regarding the loss of functional  $\beta$  cell mass during diabetes development. *Antioxid. Redox Signal.* 29, 1432–1445.

**Keywords:** nitric oxide, diabetes, DNA/RNA damage and repair, cell survival and death

#### Introduction

In most cases, type-1 diabetes (T1D) is the result of autoimmune-mediated progressive destruction of the insulin-producing  $\beta$  cells found in the pancreatic islets of Langerhans and this results in a chronic deficiency of insulin in afflicted individuals (55). While genetic predisposition can contribute to the susceptibility for the development of T1D, it is not solely responsible for disease penetrance, as the concordance rate of diabetes development between monozygotic twins is only  $\sim 40$ –60% (106, 107, 114). Because of this low concordance rate, environmental factors (such as viral infection) are hypothesized to initiate and contribute to disease onset (104). Viral infection is one of the most effective mechanisms to activate the immune system, and cytokines produced in response to infection may contribute to  $\beta$  cell damage (104). Nitric oxide is one effector molecule produced by  $\beta$  cells in

response to proinflammatory cytokines (interleukin-1 [IL-1], tumor necrosis factor [TNF], and interferon [IFN]- $\gamma$ ) that has been shown to damage  $\beta$  cells (79, 105). Nitric oxide modifies a number of physiological  $\beta$  cell processes, including the inhibition of oxidative metabolism, inhibition of glucose-stimulated insulin secretion, changes in target gene expression, induction of endoplasmic reticulum (ER) stress, damage to DNA, and activation of a variety of signaling cascades that culminates in  $\beta$  cell death if exposure to nitric oxide is prolonged (14).

This review focuses on the mechanisms by which nitric oxide modulates signaling pathways that control  $\beta$  cell fate during cytokine exposure. Specific focus is placed on the ability of nitric oxide to regulate intracellular signaling cascades activated in response to DNA damage, such as the DNA damage response (DDR) of the double-strand break (DSB) repair pathway, and how nitric oxide plays a dual role in the regulation of this pathway.

### Nitric Oxide Is the Mediator of Cytokine-Induced Damage

IL-1 and β cell damage

In 1985, Mandrup-Poulsen et al. found that the exposure of islets to cytokine-rich supernatants derived from activated monocytes resulted in an inhibition of insulin secretion and islet cell death (92). The cytokine IL-1 was identified as the primary damaging component of this conditioned supernatant (11, 91). IL-1 induces a time-dependent inhibition of insulin secretion that is maximal following 18 h of exposure (67). It is the ability of IL-1 to decrease oxidative metabolism that results in reduced levels of adenosine triphosphate (ATP) that are responsible for the inhibition of insulin secretion (40, 48). Macrophages have been identified as one potential intraislet source of IL-1. The activation of resident islet macrophages results in the generation of IL-1 in islets to levels sufficient to inhibit  $\beta$  cell function and cause islet destruction (9, 36, 79). While most studies support macrophages as the primary source of IL-1 in the islet,  $\alpha$  cells and  $\beta$  cells have also been reported to be a potential source of this cytokine and may contribute to intraislet IL-1 during diabetes development (6, 22, 62). In support of local IL-1 release as a mediator of  $\beta$  cell damage, we have shown that the IL-1 receptor antagonist attenuates the damaging actions of intraislet macrophage action on the function and viability of human, rat, and mouse islets (8, 9, 36).

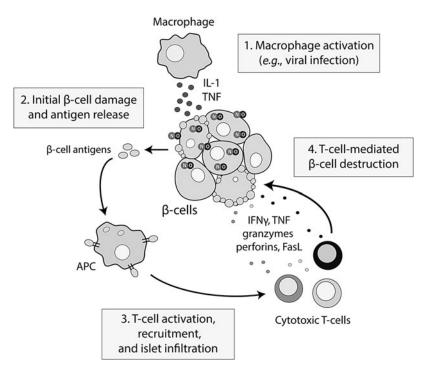
#### Nitric oxide as a mediator of IL-1-induced damage

Nitric oxide was first implicated in the pathogenesis of T1D in the early 1990s, when three groups discovered that the inhibitory effects of IL-1 on  $\beta$  cell function were dependent on the formation of this free radical (34, 129, 140) (Fig. 1). The stable metabolite of nitric oxide, nitrite, was detected in

the supernatant of cytokine-treated islets, and inhibitors of nitric oxide synthase (NOS) attenuate the inhibitory actions of IL-1 on insulin secretion (34, 129, 140). Direct evidence to support nitric oxide production in islets came from the demonstration of iron-dinitrosyl complex formation in cytokine-treated rodent and human islets by electron paramagnetic resonance (34, 38). Three NOS isoforms can be found in islets (endothelial, neuronal, and inducible (10, 112), and in response to IL-1, it is the inducible isoform of NOS (iNOS) that is responsible for generating micromolar levels of nitric oxide (39, 40, 129, 140). Activation of the transcription factor nuclear factor kappa B (NF- $\kappa$ B) is required for the expression of iNOS in IL-1-treated rat islets (52, 76, 78, 119). While IL-1 alone is capable of stimulating iNOS expression in rat  $\beta$  cells, mouse and human  $\beta$  cells require IFN $\gamma$  in addition to IL-1 for iNOS expression (38). In rat  $\beta$ cells, IFNy primes the response to IL-1 and potentiates the response by decreasing the concentration of IL-1 required to stimulate iNOS expression and nitric oxide production by 10-fold (24, 63).

Nitric oxide is the mediator of the inhibitory actions of IL-1 on insulin secretion. Inhibitors of NOS prevent the impairment in insulin secretion in cytokine-treated islets and purified  $\beta$  cells (34, 40, 129, 140), and nitric oxide donors inhibit insulin secretion from rat islets and insulinoma cell lines (43). The mechanism by which nitric oxide inhibits insulin secretion is through impairment of mitochondrial respiration (34, 40, 48, 129, 140). Nitric oxide inhibits mitochondrial aconitase through displacement of iron from the 4Fe-4S center contained in this enzyme (54). Nitric oxide also targets the electron transport chain by inhibiting complex I through Fe-S disruption or S-nitrosation (16) and reversibly inhibits complex IV by occupying the oxygen binding site in this complex (17, 29). The net effect is a fivefold decrease in cellular ATP levels (39) and a loss in the

FIG. 1. The role of IL-1 and nitric oxide in the precipitation of  $\beta$  cell destruction in type-1 diabetes. In response to an environmental trigger such as viral infection, activated macrophages release proinflammatory cytokines, including IL-1, leading to the stimulation of nitric oxide production within the  $\beta$  cell. Nitric oxide mediates the damaging effects of IL-1, and if IL-1 exposure persists,  $\beta$  cell death occurs, causing the release of  $\beta$  cell antigens, antigen presentation, T cell recruitment, and T cell-mediated destruction of remaining  $\beta$  cells. IFN $\gamma$ , interferon- $\gamma$ ; IL-1, interleukin-1; TNF $\alpha$ , tumor necrosis factor- $\alpha$ .



ability of glucose to stimulate the closure of ATP-sensitive potassium channels, membrane depolarization, calcium entry, and calcium-dependent secretion of insulin. The damaging effects of IL-1 are not limited to inhibition of insulin secretion, as  $\beta$  cells and islets exposed to IL-1 also experience an inhibition of protein synthesis and induction of DNA damage that occurs in a nitric oxide-dependent manner (105).

#### Reversibility of nitric oxide-induced damage

The cellular damage induced by nitric oxide during cytokine exposure is reversible, as  $\beta$  cells have a temporally limited capacity to recover from this damage (Fig. 2). Comens et al. first showed that the inhibitory actions of a 15-h incubation with IL-1 on insulin secretion can be reversed if the cytokine is removed and the islets are cultured in the absence of cytokine for 4 days (32). The time required to recover can be reduced from 4 days to 8 h by inhibiting iNOS (37). The addition of an NOS inhibitor to islets treated for 18 h with IL-1, followed by continued culture in the presence of IL-1 and the NOS inhibitor, results in the time-dependent recovery of islet secretory function that is maximal and complete after 8 h (32, 37). The recovery is not limited to insulin secretion, as oxidative metabolism and protein synthesis recover, and DNA is repaired, in a time-dependent manner that is similar to the recovery of insulin secretion (37, 68, 117, 122). The ability of  $\beta$  cells to recover from cytokineinduced damage is temporally limited, as exposures to IL-1 for 36 h or longer lead to an irreversible inhibition of insulin secretion, mitochondrial aconitase activity, protein synthesis, and DNA damage (37, 68, 122) (Fig. 2), and this irreversible damage correlates with a commitment of islets to degeneration (37, 68, 122). Caspase-3 cleavage and upregulation of several proapoptotic factors, such as p53 upregulated modulator of apoptosis (PUMA), death protein 5, the BH3-only sensitizer Bad, Bcl-2-interacting mediator of cell death (Bim),

are associated with prolonged exposures to cytokines, suggesting that when recovery is no longer possible, apoptotic pathways are initiated (3, 58–60, 68, 87, 110) (Fig. 2).

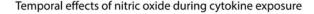
#### Nitric oxide as the mediator of IL-1-induced cell death

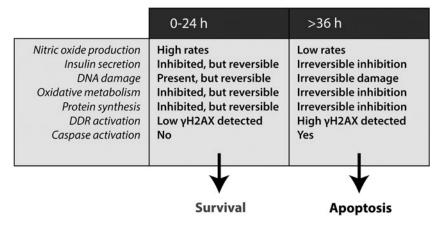
Multiple studies suggest that nitric oxide production can lead to  $\beta$  cell death during cytokine exposure (2, 35, 37, 45, 49, 72, 86, 94, 122, 130, 133). A 6-day treatment of mouse islets with IL-1, IFN $\gamma$ , and TNF $\alpha$  leads to an 88% decrease in viability in wild-type islets, yet iNOS<sup>-/-</sup> islets are completely protected from cytokine-induced cell death (86). Expression of iNOS under control of the insulin promoter leads to spontaneous insulin-dependent diabetes development in mice, and disease progression is delayed or prevented by administration of the NOS inhibitor aminoguanidine (133). Although the precise molecular events that trigger nitric oxide-induced  $\beta$  cell death are unknown, it is likely mediated by a combination of factors, including nitric oxidedependent inhibition of mitochondrial metabolism and ATP generation, DNA damage, inhibition of protein synthesis, and the induction of ER stress (31, 47, 50, 68, 90, 103, 105, 117, 122). While there are a number of pathways involved in the  $\beta$  cell response to cytokines, the remainder of this review focuses on DNA damage and the pathways activated in response to this DNA damage that contribute to the regulation on  $\beta$  cell fate in response to cytokine treatment.

#### Nitric Oxide-Induced DNA Damage in β Cells

Nitric oxide-induced DNA damage and the role of DNA damage in cytokine-induced β cell death

Cytokines were first shown to induce islet cell DNA damage in a study by Delaney *et al.*, who found that exposure of rat islets to IL-1 leads to the induction of DNA damage detected using the comet assay (47, 50). The DNA damage





**FIG. 2.** Temporal effects of cytokines on function and viability of  $\beta$  cells. Cytokines (IL-1 in rat, IL-1 + IFN $\gamma$  in mouse and human) cause nitric oxide-dependent inhibition of insulin secretion, mitochondrial oxidative metabolism, protein synthesis, and damage to DNA. Cytokine-induced damage is reversible for up to 24 h of exposure if nitric oxide generation is prevented and  $\beta$  cells are allowed to repair and recover from this damage. After prolonged exposures of 36 h and longer, cytokine-induced damage becomes irreversible and  $\beta$  cells are committed to cell death by apoptosis. The molecular events that occur between 24 and 36 h of cytokine exposure and are responsible for "switch" from reversible to irreversible damage are currently unknown. H2AX, histone H2A.X.

induced by IL-1 was completely prevented by inhibition of NOS (47, 50). Nitric oxide-induced DNA damage also takes place in human and rodent islet cells treated with cytokines or with nitric oxide donor compounds (46, 49, 50). Nitric oxideinduced DNA damage occurs in the form of oxidation and deamination of DNA bases, DNA strand breaks, or interstrand crosslinks (21, 134). Evidence suggests that DNA damage contributes to  $\beta$  cell death during IL-1 exposure (47, 50, 68, 103), as the induction of DNA damage in cytokineand nitric oxide-treated  $\beta$  cells precedes cell lysis (50). While DNA damage contributes to  $\beta$  cell death,  $\beta$  cells also have a limited capacity to repair this damage (68, 117). Hughes et al. found that rat and human islets could repair cytokine-induced DNA damage for up to 24 h of exposure if nitric oxide production was inhibited using L-NG-monomethyl arginine, and the islets were cultured for 8 additional hours in the presence of the NOS inhibitor without removal of the cytokines (68). After 36 h of cytokine exposure, DNA damage becomes irreversible and apoptosis ensues, as evidenced by the activation of caspases (68, 125). Thus, when IL-1-induced DNA damage can no longer be repaired and  $\beta$  cells cannot recover, apoptotic pathways are activated (68).

#### Mechanisms by which β cells repair damaged DNA

Base excision repair (BER) appears to be a primary pathway used to repair cytokine- and nitric oxide-induced DNA damage in  $\beta$  cells (69, 125). In this pathway, growth arrest and DNA damage (GADD) 45α interacts with proliferating cell nuclear antigen, p21, polymerase beta, and apurinic/ apyrimidinic endonuclease 1/redox factor 1 (69, 71). This complex then binds to damaged chromatin to facilitate BER (71). We have shown that GADD45 $\alpha$  plays an essential role in the repair of damaged  $\beta$  cell DNA (69). In a nitric oxidedependent manner, cytokines stimulate GADD45α mRNA accumulation, and siRNA knockdown of this factor inhibits the repair of nitric oxide-induced DNA damage in  $\beta$  cells (69). The signaling cascade by which nitric oxide induces GADD45α expression requires c-Jun N-terminal kinase (JNK) activation, as pharmacological inhibition of JNK prevents both GADD45α expression and DNA repair following nitric oxide exposure (69). These findings describe a protective role for JNK, contrary to several reports, suggesting that this mitogen-activated protein kinase promotes  $\beta$ cell apoptosis during cytokine exposure (1, 4, 18, 19, 60). JNK may play a dual role in the response to cytokines, regulating the induction of pathways leading to the repair of nitric oxide-induced damage, and, when this damage is no longer repairable, stimulating apoptosis.

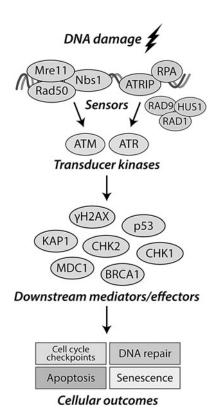
The transcription factor forkhead box O1 (FOXO1) also participates in the repair of nitric oxide-induced DNA damage through regulation of GADD45 $\alpha$  expression (70). Under basal conditions, FOXO1 is phosphorylated by Akt and sequestered in the cytosol (66). Nitric oxide decreases Akt activity as evidenced by decreased Akt and FOXO1 phosphorylation, allowing FOXO1 to translocate to the nucleus to control gene expression in  $\beta$  cells (70). Overexpression of nonfunctional mutants of FOXO1 results in an inhibition in nitric oxide-stimulated GADD45 $\alpha$  expression and DNA repair in INS832/13 cells (70). The transcriptional activity of FOXO1 is controlled by the actions of sirtuins, a family of NAD<sup>+</sup>-dependent deacetylases. Inhibitors of SIRT1 attenuate

the repair of damaged DNA, while the sirtuin activator resveratrol accelerates DNA repair in  $\beta$  cells (70). Consistent with the role of sirtuins in  $\beta$  cell protection, Lee *et al.* have shown that cytokine-induced RINm5F insulinoma cell and rat islet death is attenuated by SIRT1 overexpression and resveratrol treatment (82). While it is yet to be fully elucidated, it is likely that sirtuin activity regulates DNA repair in  $\beta$  cells by controlling the acetylation status of FOXO1 (70). When deacetylated, FOXO1 directs a transcriptional program that is associated with enhanced expression of free radical scavenging enzymes and DNA repair genes such as GADD45 $\alpha$  (70). When in the acetylated state, FOXO1 instead directs a proapoptotic program that results in the expression of PUMA, phorbol-12-myristate-13-acetate-induced protein 1, and other factors that contribute to apoptotic cell death (70).

In addition to the pathways known to participate in the  $\beta$ cell response to nitric oxide-induced DNA damage, a number of known DNA repair pathways do not participate in the repair of cytokine-induced DNA damage in  $\beta$  cells. The tumor suppressor p53 is known to regulate GADD45α expression and stimulate BER pathways (111, 127), but in response to cytokines or nitric oxide, p53 expression is not stimulated (69). Furthermore, knockdown of p53 does not modify the  $\beta$  cell responses to cytokines nor does it affect DNA repair (69). Early studies suggested that cytokine-induced  $\beta$  cell death is mediated by protein poly(ADP-ribose) polymerase (PARP) overactivation due to peroxynitrite production in islets (20, 53). PARP is a component of the BER that is activated in response to DNA damage (88). Once active, PARP catalyzes the NAD<sup>+</sup>-dependent ADP-ribosylation of proteins near DNA damage to facilitate opening of damaged chromatin for repair (88). Overactivation of PARP results in the depletion of cellular levels of NAD<sup>+</sup> and ATP leading to PARP-dependent necrosis (61). This process was proposed by Okamato in the 1980s to explain how  $\beta$  cells might be killed during T1D development (27, 141). However, PARP overactivation does not occur in cytokine-treated  $\beta$  cells and does not play a role in  $\beta$  cell death following exposure to nitric oxide (5, 97).

### The DDR

The DDR is the collective network of signaling cascades that coordinate cellular responses to DNA damage (Fig. 3) (28). DSBs are the most severe type of DNA lesion and can arise from overlapping single-strand breaks, strand breaks generated during DNA repair or cell division, and can be induced by genotoxic agents (64). Following formation of a DSB, chromatin remodeling allows access of DDR sensor complexes, such as Mre11-Rad50-Nbs1 (MRN), ataxia telangiectasia, and Rad3-related protein (ATR)-interacting protein, or Ku70/80 heterodimers, to the site of the DNA lesion (23). Active sensor complexes recruit apical DDR kinases [e.g., ataxia telangiectasia mutated (ATM) by the MRN complex (81)] leading to DDR kinase autophosphorylation and activation (126). ATM is a primary DDR kinase that, when active, phosphorylates an array of substrates, estimated to include more than 1000 proteins (126). The fundamental objective of the DDR is to arrest cell cycle and promote pathways responsible for DNA repair (28). Under conditions where DNA repair fails or DNA damage is too extensive for repair, pathways that result in cellular senescence or programmed cell death are activated (116). Histone variant H2A.X (H2AX) is



**FIG. 3.** The DDR. DNA damage is detected by the DNA damage sensor complexes MRN (double-strand break detection) or by a complex comprising ATRIP and RPA (ssDNA associated with replication stress). The transducer kinases ATM, ATR, and DNA-PK are activated and localize to the site of the assembled sensor complexes. Activated ATM, ATR, and DNA-PK then phosphorylate many downstream mediators to promote a variety of cellular outcomes, including cell cycle arrest and activation of DNA repair mechanisms. If DNA damage is not able to be repaired, the DDR initiates programs promoting cell senescence or apoptosis. 53BP1, p53-binding protein 1; ATM, ataxia telangiectasia mutated; ATR, ataxia telangiectasia and Rad3-related protein; ATRIP, ataxia-telangiectasia-and-RAD3-related-ATR-interacting-protein; BRCA1, breast cancer type 1 susceptibility protein; CHK1/2, checkpoint kinase-1/2; DDR, DNA damage response; DNA-PK, DNA-dependent protein kinase; KAP1, KRAB-associated protein-1; MDC1, mediator of DNA damage checkpoint 1; MRN, MRE11-Rad50-Nbs1; RPA, replication protein A.

one DDR substrate that undergoes rapid phosphorylation within minutes of DSB lesion formation (109, 115). H2AX is phosphorylated by ATM (and by related kinases, ataxia telangiectasia and Rad3-related protein [ATR] or DNA-dependent protein kinase [DNA-PK]) on Ser139, and when H2AX is phosphorylated on this residue it is termed  $\gamma$ H2AX (115). The phosphorylation of H2AX initiates a positive feedback loop, leading to the spreading and amplification of the  $\gamma$ H2AX signal to promote recruitment and retention of downstream repair factors to the site of DNA strand breaks and to facilitate DNA repair (108, 115). It is due to the rapid and amplifying nature of  $\gamma$ H2AX formation that this signaling event is regarded as one of the most sensitive markers of DDR activation and thus is commonly used as experimental evidence to indicate DDR activation and DSB formation (115, 118).

#### Potential significance of DDR proteins in diabetes

While few studies have examined the role of DDR in  $\beta$ cell, there is evidence from animal models suggesting that defects in DDR signaling may contribute to diabetes development. There is an increased incidence of diabetes in patients with ataxia telangiectasia, a disease caused by mutation in and subsequent loss of function of ATM (100). Miles et al. found that young ATM<sup>-/-</sup> mice had impaired insulin secretion before the onset of spontaneous diabetes, suggesting that ATM may be important for proper regulation of  $\beta$  cell insulin secretion (98). Schneider et al. found that a number of features of metabolic syndrome are more severe in mice heterozygous or deficient in ATM, although  $\beta$  cell function specifically was not examined in this study (124). Defects in ATM substrates have been associated with diabetes as well. Mice with a p53 Ser15 mutation, a site phosphorylated by multiple kinases, including ATM, were found to have impaired glucose tolerance and insulin resistance (7). Accumulation of DNA damage has been shown to lead to  $\beta$  cell death and spontaneous induction of diabetes due to the loss of insulin-producing  $\beta$  cells (136). Islets from mice deficient in DNA ligase IV, a crucial component of the nonhomologous end-joining pathway, show a progressive accumulation of DNA damage and accumulation of p53 and p21 (136). When these mice also contain a hypomorphic mutation in p53 that selectively prevents p53-dependent apoptosis, the accumulated DNA damage drives  $\beta$  cells into senescence, ultimately leading to a decrease in  $\beta$  cell mass and induction of diabetes (136).

#### Dual Role of Nitric Oxide in the Regulation of DDR

Nitric oxide-induced DNA damage and activation of DDR

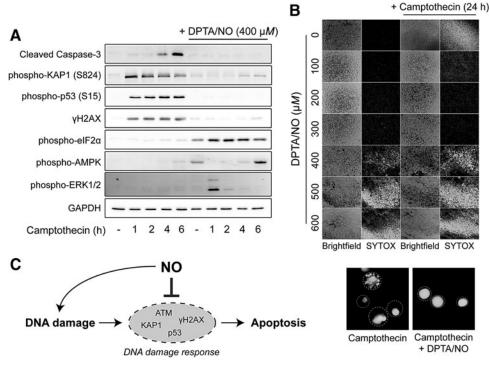
While nitric oxide is not considered a direct inducer of DSBs, it is likely that single-strand breaks induced by nitric oxide accumulate over time and eventually lead to DSB formation when they are in close proximity to one another (21). Indeed, accumulation of yH2AX has been documented in several cell types exposed to nitric oxide (30, 101, 135, 142). In rat islets, IL-1 and IFNy exposure leads to formation of yH2AX that is prevented by inhibitors of NOS, indicating that cytokines stimulate DSB formation in a nitric oxide-dependent manner (103). Cytokine-induced yH2AX formation occurs exclusively in insulin-containing cells and is not observed in other islet endocrine or nonendocrine cells (103), a finding consistent with  $\beta$  cells as the islet cellular source of iNOS in response to cytokine treatment (36, 40). In addition, nitric oxide donor compounds Diethylamine NONOate (DEA/NO) and Dipropylenetriamine NONOate (DPTA/NO) stimulate γH2AX in rat islets and insulinoma cell lines (103). ATM appears to be the primary kinase responsible for the formation of  $\gamma$ H2AX in nitric oxide-treated  $\beta$  cells (103). Pharmacological inhibition and siRNA knockdown of ATM attenuate nitric oxide-induced yH2AX (103), and islets isolated from ATM<sup>-/-</sup>mice do not accumulate  $\gamma$ H2AX in response to a nitric oxide donor (103). These findings are consistent with other studies reporting ATM activation following nitric oxide exposure (56, 65, 95, 135, 137). Despite the classical role for ATM in DNA repair,  $\beta$  cells do not require this kinase for the repair of nitric oxide-induced DNA damage (103). Cytokine-induced

DNA damage in rat islets is repaired in the presence of an ATM inhibitor, and ATM inhibition does not modify JNK activation or GADD45 $\alpha$  expression in response to nitric oxide (103). As described above, JNK and GADD45 $\alpha$  are two factors required for the repair of nitric oxide-induced DNA damage in  $\beta$  cell (69).

Several observations indicate that the primary role of ATM in cytokine-treated  $\beta$  cells is the activation of apoptotic pathways. In cytokine-treated islets, ATM activation (as measured by yH2AX formation) is a late event with maximal activation occurring following exposure lengths of 36 h or longer (103). Incubation of islets for 36 h or longer with IL-1 results in the irreversible inhibition of oxidative metabolism, insulin secretion, and DNA damage, correlating with caspase-3 cleavage activation (103). ATM inhibitors prevent cytokine-induced caspase-3 cleavage following this 36-h exposure to IL-1 (103). Furthermore, the pan-nuclear localization pattern of  $\gamma$ H2AX, observed in cytokine-treated  $\beta$ cells following 36-h exposure (103), has been reported to occur during apoptosis and functions as a preapoptotic signal (44). These findings suggest that DSB formation in cytokinetreated  $\beta$  cells may function as an initiating event committing  $\beta$  cells to apoptotic cell death. Temporally,  $\gamma$ H2AX formation is a late event that occurs when the inhibition of islet function and DNA damage become irreversible (Fig. 2) (103). While these findings describe a role for ATM in the regulation of cytokine-induced apoptosis, the pathways activated downstream of ATM that mediate this apoptotic signaling are unknown. The tumor suppressor protein p53 has been shown to mediate ATM-regulated apoptosis p53 (116); however, it is not likely that the p53-dependent pathway participates in cytokine-induced  $\beta$  cell apoptosis. The ATM-dependent phosphorylation of p53 at Ser15 in response to DNA damage (26) is considered a priming modification that promotes the proapoptotic signaling of p53 (138). Despite the presence of DNA damage and stabilization of total p53, Ser15 is not phosphorylated in insulinoma cell lines or rat islets during cytokine exposure (69). Also, cytokine-induced caspase-3 cleavage and  $\beta$  cell death can occur under these conditions in the absence of p53 phosphorylation (69). Thus, ATM-dependent apoptosis in a cytokine-treated  $\beta$  cell likely occurs via a process independent of p53 activation.

#### Nitric oxide as an inhibitor of the DDR

Although DNA damage in response to nitric oxide is sufficient to lead to DSB formation and DDR activation in  $\beta$  cells, we have recently shown that nitric oxide, when present at micromolar levels, is an effective inhibitor of the DDR (Fig. 4) (102). The phosphorylation of H2AX, p53, and the ATM substrate KRAB-associated protein-1 (KAP1) in rat islets and  $\beta$  cell lines treated with genotoxic agents such as camptothecin or hydrogen peroxide is prevented by nitric



**FIG. 4. Nitric oxide prevents camptothecin-induced cell death.** (**A**) Camptothecin-treatment of INS 832/13 cells leads to the rapid phosphorylation of DDR substrates KAP1, p53, and H2AX and caspase-3 cleavage at later time points. In the presence of the nitric oxide donor DPTA/NO, the activation of these signaling processes is prevented. (**B**) Camptothecin-induced cell death (measured by SYTOX fluorescence) following camptothecin treatment is prevented by DPTA/NO in a concentration-dependent manner, with maximal protection afforded at 300 μM. Nitric oxide alone becomes toxic at higher donor concentrations. Morphology of SYTOX-positive cells in camptothecin  $\pm$  DPTA/NO (400 μM) conditions is shown in 40×fluorescent images in the lower portion of (**B**), showing the loss of morphological changes consistent with apoptosis in the presence of DPTA/NO. Cell borders are denoted by the *dashed circles*. (**C**). Schematic depicting the dual role of nitric oxide in the regulation of DDR in β cells. Reprinted with permission from Oleson *et al.* (102). AMPK, AMP-activated protein kinase; DPTA/NO, Dipropylenetriamine NONOate.

oxide supplied by chemical donors or produced endogenously following cytokine-induced iNOS expression (102). These findings temporally dissociate nitric oxide-induced DNA damage from DDR activation, raising the possibility that the production of nitric oxide by  $\beta$  cells may serve to inhibit DDR signaling and attenuate DDR-induced apoptosis (102). This interpretation is consistent with our observations that there is a sixfold decrease in the rates of IL-1-induced nitric oxide production by  $\beta$  cells between 24 and 36 h of incubation, such that when  $\beta$  cells are making micromolar levels of nitric oxide (24-h IL-1 exposure), the damaging actions of this free radical are reversible (68). In contrast, when nitric oxide production is diminished (after 36-h IL-1 exposure), islet function is irreversibly damage and the  $\beta$ cells are committed to death by apoptosis (68). Even though DDR signaling is inhibited by nitric oxide, the extent of DNA damage is unaffected, indicating that nitric oxide does not prevent induction of DNA damage but uncouples the signaling response from the damage (102).

The inhibitory actions of nitric oxide on DDR signaling appear to be restricted to the DSB response. Under conditions in which nitric oxide attenuates the phosphorylation of multiple ATM substrates, including H2AX, p53, and KAP1, nitric oxide-stimulated phosphorylation of eukaryotic translation initiation factor 2 alpha, AMP-activated protein kinase (AMPK), and extracellular signal-regulated kinases 1/2 is not effected (102). These findings suggest that the inhibitory actions of nitric oxide are selective for DDR signaling, and are not a consequence of reduced cell viability or global attenuation in cell signaling (102). In addition to ATM substrates, nitric oxide also inhibits signaling from other phosphatidylinositol 3-kinase-related kinase signaling cascades that include Akt phosphorylation in  $\beta$  cells (70), and the ATR substrate checkpoint kinase 1 in  $\beta$  cells treated with the replication stress inducer hydroxyurea (BJO and JAC, unpublished observations). In addition, the ability of nitric oxide, but not ATM inhibitors, to completely prevent H2AX phosphorylation in response to camptothecin indicates that kinases in addition to ATM are activated under these conditions, and that nitric oxide can suppress signaling from these kinases (BJO and JAC, unpublished observation). These findings indicate that nitric oxide has broad inhibitory effects on signaling from ATM, ATR, and DNA-PK in the DSB response.

Inhibition of the DDR by nitric oxide is a protective response that attenuates DNA damage-dependent apoptotic signaling in  $\beta$  cells (102). Camptothecin, a topoisomerase inhibitor that induces apoptotic cell death through the induction of DSBs (113, 128), induces a rapid activation of the DDR that is followed by caspase activation and  $\beta$  cell death after 6–12h of exposure. Nitric oxide not only inhibits the rapid, initial DDR signaling but also attenuates downstream caspase-3 cleavage and  $\beta$  cell death resulting from DNA damage [Fig. 4, (102)]. Importantly, camptothecin induces morphological changes that are consistent with  $\beta$  cell apoptosis, including condensation of nuclei and formation of apoptotic bodies (77). While nitric oxide attenuates the development of these morphological changes consistent with apoptosis, DNA damage remains and the morphology of these cells appears to be more consistent with necrosis [(77), Fig. 4B, *lower*]. This protective action of nitric oxide appears to be selective for apoptosis resulting from DNA damage, as PARP-dependent  $\beta$  cell death in response to hydrogen peroxide exposure is not modified in the presence of nitric oxide (102). In addition to other antiapoptotic actions of nitric oxide, such as direct suppression of caspase activity by *S*-nitrosation (75, 85, 99), these exciting findings describe a new mechanism by which nitric oxide can attenuate apoptosis through inhibition of DDR activation (102).

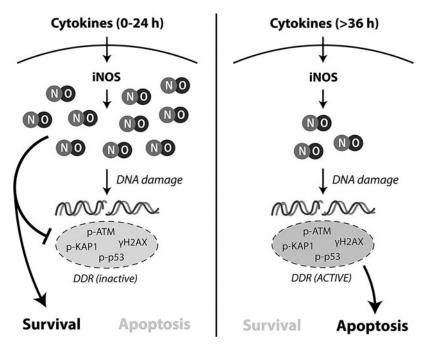
#### β cell selectivity of nitric oxide-induced DDR inhibition

The ability of nitric oxide to suppress DDR signaling does not occur in all cell types, and to date has only been observed in pancreatic  $\beta$  cells (102). Nitric oxide does not inhibit camptothecin-induced p53, KAP1, and H2AX phosphorylation in RAW264.7 macrophages, mouse embryonic fibroblasts, HepG2 hepatocytes, HEK293 cells, or SH-SY5Y neuroblastoma cells [(102) and unpublished observations]. Given that  $\beta$  cells are terminally differentiated with a limited capacity to divide (41), it is tempting to speculate that DNA damage may be an ideal mechanism to control the  $\beta$ cell response to inflammation, such that when DNA damage is too extensive and DSB formation occurs, DDR-dependent apoptosis is triggered. Under these conditions, nitric oxide affords protection to  $\beta$  cells by activating pathways that promote repair of damage (e.g., GADD45 $\alpha$  for damaged DNA) and to limit DDR activation and thereby attenuate induction of an ATM- and caspase-dependent proapoptotic cascade (103). If DNA damage is too extensive and nitric oxide production diminishes, ATM becomes active and triggers an apoptotic cascade. In this context, the response of  $\beta$  cells to cytokines in vivo may be protective. Similar to DNA damage, nitric oxide inhibits insulin secretion and oxidative metabolism, while also activating protective pathways to repair this damage. However, when damage is too extensive and nitric oxide is no longer produced at levels sufficient to attenuate apoptotic signaling via the DDR, the DDR-induced apoptotic cascade is activated to remove the damaged  $\beta$  cell by apoptosis, potentially avoiding islet inflammation and thereby protecting remaining  $\beta$  cells in islet from further damage (Fig. 5).

#### β cell resistance to peroxynitrite

While the damaging effects of cytokines are clearly dependent on iNOS activity and nitric oxide production, there has been much debate on the identity, or chemical form, of the reactive nitrogen species responsible for cytokine-induced  $\beta$ cell damage (13, 15, 57, 80, 83, 131). Many consider peroxynitrite, a highly reactive product of the diffusion-controlled reaction of nitric oxide and superoxide, to be the reactive species responsible for mediating the damage in cells generating nitric oxide, including  $\beta$  cells (21, 80, 131, 132). Furthermore,  $\beta$  cells have been regarded as being particularly susceptible to reactive oxygen and nitrogen species due to the relatively low levels of antioxidant enzymes superoxide dismutase, glutathione peroxidase, and catalase when compared with the levels expressed in the liver (83,84). Recently, we have shown that  $\beta$  cells are markedly resistant to peroxynitrite, and instead of inducing damage through the production of peroxynitrite, superoxide scavenges nitric oxide and protects against nitric oxide-mediated damage [Fig. 6, (13)]. Broniowska et al. showed that peroxynitrite is not generated in cytokine-treated  $\beta$  cells due to an absence of

FIG. 5. Proposed model for the dual regulation of DDR by nitric oxide during cytokine exposure. During short exposure to cytokines (0–24 h), the high rates of nitric oxide production suppress DDR signaling despite causing DNA damage. Under these conditions, the DDR cannot initiate apoptosis and  $\beta$  cells are able to recover and survive. When cytokine exposure lengthens (>36 h) and cellular damage increases, the rates of nitric oxide production decrease by sixfold and allow for DDR activation and DDR-dependent apoptosis. iNOS, isoform of nitric oxide synthase.



superoxide production (13, 15). When chemically produced in  $\beta$  cells, using nitric oxide and superoxide generating systems, or when supplied using the donor SIN-1, peroxynitrite does not induce  $\beta$  cell damage (13, 15), even though the same conditions are highly toxic to other cell types such as endothelial cells (12). In  $\beta$  cells, superoxide effectively neutralizes nitric oxide and thereby prevents the inhibitory effects of nitric oxide on aconitase activity, the reductions in ATP levels, and the loss of cell viability (13, 15). Superoxide also attenuates the inhibitory actions of nitric oxide on the DDR and the protective actions of nitric oxide on DNA damageinduced apoptosis (102). Collectively, these findings challenge a number of hypotheses regarding reactive oxygen and nitrogen species and cytokine-induced  $\beta$  cell damage. First,  $\beta$ cells do not produce superoxide when treated with cytokines and as such cytokine induced damage cannot be attributed to the formation of this radical (13). Second,  $\beta$  cells are resistant

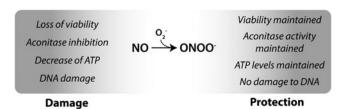


FIG. 6. Peroxynitrite formation in  $\beta$  cells and protection from nitric oxide.  $\beta$  cells do not generate superoxide ( $O_2^-$ ) and thus peroxynitrite (ONOO $^-$ ) during cytokine treatment. Chemical generation of superoxide leads to the scavenging of nitric oxide, formation of peroxynitrite, and loss of nitric oxide-dependent effects. Thus,  $\beta$  cells are resistant to peroxynitrite, and under conditions where peroxynitrite is formed,  $\beta$  cells are protected from nitric oxide-induced damage. ATP, adenosine triphosphate.

to peroxynitrite, and peroxynitrite formation in  $\beta$  cells is associated with a loss of the inhibitory effects of nitric oxide (13, 15). Third, while nitric oxide inhibits oxidative metabolism and induces DNA damage, it also stimulates repair pathways that are associated with reconstitution of oxidative metabolism (AMPK) and repair of DNA damage (JNK and GADD45 $\alpha$ ) (69, 96). Taken together, the resistance to peroxynitrite, the lack of superoxide production, and the ability of superoxide to scavenge nitric oxide and modify nitric oxide signaling suggest that  $\beta$  cells have developed pathways to limit toxicity to reactive species other than nitric oxide.

# Is It Time to Reconsider the Role of Nitric Oxide in Cytokine-Mediated $\beta$ Cell Damage?

Protective actions of nitric oxide in  $\beta$  cells

Since the initial studies showing that nitric oxide mediates cytokine-induced  $\beta$  cell damage, the generation of this free radical during cytokine exposure has been thought of as a pathway that causes  $\beta$  cell damage (Fig. 2). Conversely, nitric oxide has many protective functions that promote  $\beta$  cell health and survival. These pathways include the following: (i) AMPK, which functions to augment mitochondrial oxidative metabolism (69, 96), (ii) JNK, which is required for the recovery of aconitase activity and the expression of DNA repair gene GADD45α (69, 123), (iii) peroxisome proliferator-activated receptor gamma coactivator-1α expression, which promotes the expression of enzymes involved in mitochondrial oxidative metabolism (74, 96), (iv) unfolded protein response activation, a protective pathway designed to resolve and limit ER stress (25), and (v) the induction of the heat shock response, which limits cytokine signaling when active (89, 121, 139). Nitric oxide is also an effective inhibitor of caspase activity through direct S-nitrosation of the active site cysteine (75, 85, 99), and

suppresses ATM activation and thereby limits ATM-dependent  $\beta$  cell apoptosis in response to DNA damage (68, 102). These findings suggest that nitric oxide functions to enhance protective pathways leading to restoration of metabolic function and insulin secretion, while at the same time opposing apoptotic signaling to delay and attenuate  $\beta$  cell death during cytokine exposure.

## Why do $\beta$ cells respond to cytokines with the production of nitric oxide?

When considering that the actions of cytokines on islets are selective for  $\beta$  cells (8, 36), and that the product of IL-1 (or IL-1 + IFN $\gamma$  in mouse and human islets) actions includes iNOS expression and nitric oxide production, it is tempting to speculate on why  $\beta$  cells produce nitric oxide in response to cytokines. Indeed, other endocrine cells in islets do not respond to IL-1 and do not generate nitric oxide; it is only the  $\beta$ cell that responds to cytokines such as IL-1 and this results in the generation of micromolar levels of nitric oxide (33). Since  $\beta$  cells are terminally differentiated with a limited capacity to regenerate (41), the ability of  $\beta$  cells to respond to IL-1 and produce high levels of nitric oxide likely serves a physiological purpose. Could it be that the damage associated with the generation of nitric oxide following cytokine stimulation is collateral and a consequence of the activation of protective pathways that are designed to limit damage from more serious threats, such as infection with a pathogen? Indeed, several studies have shown that nitric oxide attenuates the ability of pathogens, such as viruses, to replicate (42, 51, 73, 93, 120). Few studies have examined the role of IL-1 and nitric oxide in the response of  $\beta$  cells to a viral infection where IL-1 production in islet would be anticipated. However, under this type of condition, nitric oxide produced in islets may cause temporary inhibition of  $\beta$  cell function and cellular damage, but may also provide a beneficial and protective function by maintaining the viability of  $\beta$  cells in the infected islet. It is possible that prolonged elevation of IL-1 levels for multiple days may result in direct  $\beta$  cell damage due to extended production of nitric oxide and diabetes could develop [as evidenced in mice expressing iNOS under control of the insulin promoter, (133)], although this is an extreme case. Under most infection conditions, the ability of  $\beta$  cells to respond to cytokines likely plays a physiologically relevant role in host defense and metabolic control.

#### **Conclusions**

This review highlights the damaging and protective actions of nitric oxide in the  $\beta$  cell. This free radical is produced by cytokine-treated  $\beta$  cells in all species tested to date (105). While there has been speculation that human  $\beta$  cells respond differently to cytokines than rodent islets, many reports have shown similar response with the only difference being the concentrations of cytokines required to stimulate iNOS by  $\beta$  cells (105). Nitric oxide is the primary mediator of cytokine-induced changes in gene expression, protein synthesis, oxidative metabolism, DNA damage, and ER stress in  $\beta$  cells (14). While many of these responses have been described as damaging, nitric oxide plays numerous protective roles, and the ability of nitric oxide to inhibit DDR-dependent apoptotic pathways in response to DNA damage highlighted in this

review is one example. Based on these protective responses, it may be time to rethink the role of cytokines as potential mediators of  $\beta$  cell damage in the context of diabetes development, and begin to consider the physiological roles played by  $\beta$  cells when they respond to cytokines to produce nitric oxide. We look forward to continuing to identify and characterize the mechanisms by which nitric oxide controls pathways that limit damage and protect  $\beta$  cells from damaging insults.

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#### **Abbreviations Used**

AMPK = AMP-activated protein kinase

ATM = ataxia telangiectasia mutated

ATP = adenosine triphosphate

ATR = ataxia telangiectasia and Rad3-related protein

ATRIP = ataxia telangiectasia-and-RAD3-related-ATR-interacting protein

Bad = Bcl-2-associated death promoter

BER = base excision repair

Bim = Bcl-2-like protein 11

CHK1 = checkpoint kinase-1

DDR = DNA damage response

DEA/NO = Diethylamine NONOate

DNA-PK = DNA-dependent protein kinase

DPTA/NO = Dipropylenetriamine NONOate

DSB = double-strand break

ER = endoplasmic reticulum

FOXO1 = forkhead box O1

GADD45 $\alpha$  = growth arrest and DNA damage 45 $\alpha$ 

H2AX = histone H2A.X

IFN $\gamma$  = interferon- $\gamma$ 

IL-1 = interleukin-1

iNOS = isoform of nitric oxide synthase

JNK = c-Jun N-terminal kinase

KAP1 = KRAB-associated protein-1

MRN = MRE11-Rad50-Nbs1

 $NF-\kappa B$  = nuclear factor kappa B

NOS = nitric oxide synthase

PARP = poly ADP-ribose polymerase

PUMA = p53-upregulated modulator of apoptosis

RPA = replication protein A

T1D = type-1 diabetes

 $TNF\alpha = tumor necrosis factor-\alpha$